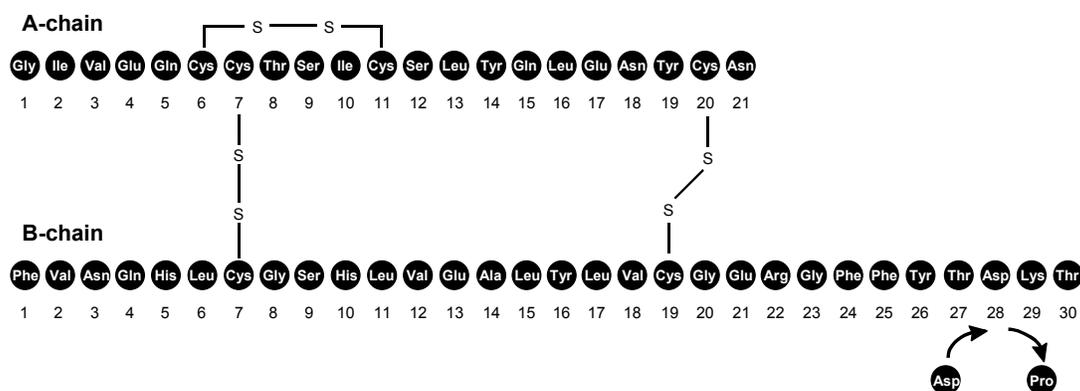


1 **NovoLog[®]**
2 **Insulin aspart (rDNA origin) Injection**

3
4
5 **DESCRIPTION**

6 NovoLog[®] (insulin aspart [rDNA origin] injection) is a human insulin analog that is a rapid-
7 acting, parenteral blood glucose-lowering agent. NovoLog is homologous with regular human
8 insulin with the exception of a single substitution of the amino acid proline by aspartic acid in
9 position B28, and is produced by recombinant DNA technology utilizing *Saccharomyces*
10 *cerevisiae* (baker's yeast) as the production organism. Insulin aspart has the empirical formula
11 C₂₅₆H₃₈₁N₆₅O₇₉S₆ and a molecular weight of 5825.8.



13
14 Figure 1. Structural formula of insulin aspart.

15
16 NovoLog is a sterile, aqueous, clear, and colorless solution, that contains insulin aspart (B28
17 asp regular human insulin analog) 100 Units/mL, glycerin 16 mg/mL, phenol 1.50 mg/mL,
18 metacresol 1.72 mg/mL, zinc 19.6 µg/mL, disodium hydrogen phosphate dihydrate 1.25
19 mg/mL, and sodium chloride 0.58 mg/mL. NovoLog has a pH of 7.2-to 7.6. Hydrochloric
20 acid 10% and/or sodium hydroxide 10% may be added to adjust pH.

21
22 **CLINICAL PHARMACOLOGY**

23 **Mechanism of Action**

24 The primary activity of NovoLog is the regulation of glucose metabolism. Insulins, including
25 NovoLog, bind to the insulin receptors on muscle and fat cells and lower blood glucose by
26 facilitating the cellular uptake of glucose and simultaneously inhibiting the output of glucose
27 from the liver.

28
29 In standard biological assays in mice and rabbits, one unit of NovoLog has the same glucose-
30 lowering effect as one unit of regular human insulin. In humans, the effect of NovoLog is
31 more rapid in onset and of shorter duration, compared to regular human insulin, due to its
32 faster absorption after subcutaneous injection (see Figure 2 and Figure 3).

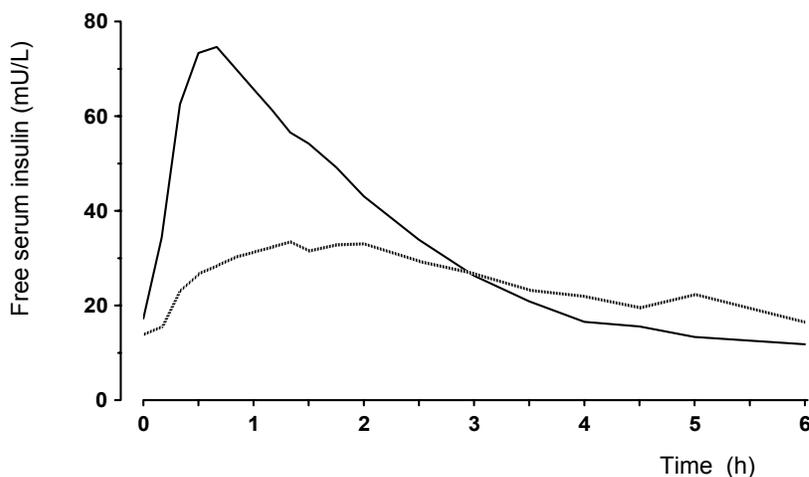
34 **Pharmacokinetics**

35 The single substitution of the amino acid proline with aspartic acid at position B28 in
36 NovoLog reduces the molecule's tendency to form hexamers as observed with regular human
37 insulin. NovoLog is, therefore, more rapidly absorbed after subcutaneous injection compared
38 to regular human insulin.

39

40 *Bioavailability and Absorption* - NovoLog has a faster absorption, a faster onset of action, and
41 a shorter duration of action than regular human insulin after subcutaneous injection (see
42 Figure 2 and Figure 3). The relative bioavailability of NovoLog compared to regular human
43 insulin indicates that the two insulins are absorbed to a similar extent.

44



45

46

47 Figure 2. Serial mean serum free insulin concentration collected up to 6 hours following a
48 single pre-meal dose of NovoLog (solid curve) or regular human insulin (hatched curve)
49 injected immediately before a meal in 22 patients with Type 1 diabetes.

50

51 In studies in healthy volunteers (total n=107) and patients with Type 1 diabetes (total n=40),
52 NovoLog consistently reached peak serum concentrations approximately twice as fast as
53 regular human insulin. The median time to maximum concentration in these trials was 40 to
54 50 minutes for NovoLog versus 80 to 120 minutes for regular human insulin. In a clinical trial
55 in patients with Type 1 diabetes, NovoLog and regular human insulin, both administered
56 subcutaneously at a dose of 0.15 U/kg body weight, reached mean maximum concentrations of
57 82.1 and 35.9 mU/L, respectively. Pharmacokinetic/pharmacodynamic characteristics of
58 insulin aspart have not been established in patients with Type 2 diabetes.

59 The intra-individual variability in time to maximum serum insulin concentration for healthy
60 male volunteers was significantly less for NovoLog than for regular human insulin. The
61 clinical significance of this observation has not been established.

62 In a clinical study in healthy non-obese subjects, the pharmacokinetic differences between
63 NovoLog and regular human insulin described above, were observed independent of the
64 injection site (abdomen, thigh, or upper arm). Differences in pharmacokinetics between
65 NovoLog and regular human insulin are not associated with differences in overall glycemic
66 control.

67

68 *Distribution and Elimination* - NovoLog has a low binding to plasma proteins, 0-9%, similar
69 to regular human insulin. After subcutaneous administration in normal male volunteers
70 (n=24), NovoLog was more rapidly eliminated than regular human insulin with an average
71 apparent half-life of 81 minutes compared to 141 minutes for regular human insulin.

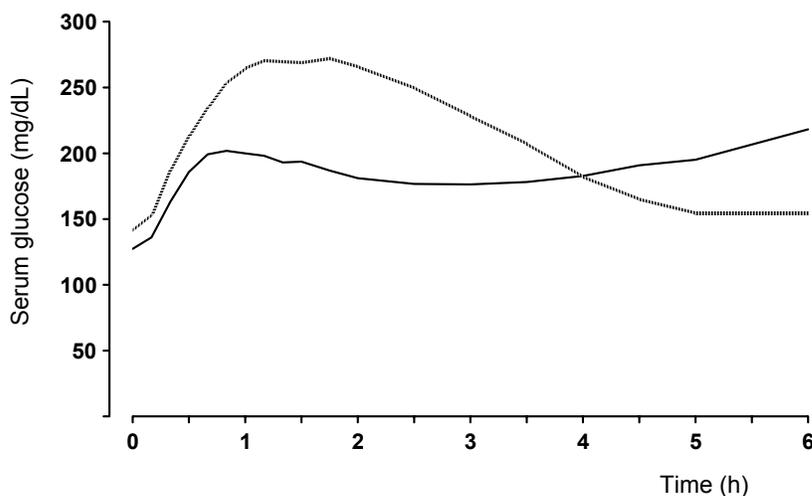
72

73 **Pharmacodynamics**

74 Studies in normal volunteers and patients with diabetes demonstrated that NovoLog has a
75 more rapid onset of action than regular human insulin.

76 In a 6-hour study in patients with Type 1 diabetes (n=22), the maximum glucose-lowering
77 effect of NovoLog occurred between 1 and 3 hours after subcutaneous injection (see Figure 3).
78 The duration of action for NovoLog is 3 to 5 hours compared to 5 to 8 hours for regular human
79 insulin. The time course of action of insulin and insulin analogs such as NovoLog may vary
80 considerably in different individuals or within the same individual. The parameters of
81 NovoLog activity (time of onset, peak time and duration) as designated in Figure 3 should be
82 considered only as general guidelines. The rate of insulin absorption and consequently the
83 onset of activity is known to be affected by the site of injection, exercise, and other variables
84 (see PRECAUTIONS, General). Differences in pharmacodynamics between NovoLog and
85 regular human insulin are not associated with differences in overall glycemic control.

86



87

88

89 Figure 3. Serial mean serum glucose collected up to 6 hours following a single pre-meal dose
90 of NovoLog (solid curve) or regular human insulin (hatched curve) injected immediately
91 before a meal in 22 patients with Type 1 diabetes.

92

93 **Special Populations**

94 *Children and Adolescents* - The pharmacokinetic and pharmacodynamic properties of
95 NovoLog and regular human insulin were evaluated in a single dose study in 18 children (6-12
96 years, n=9) and adolescents (13-17 years [Tanner grade ≥ 2], n=9) with Type 1 diabetes. The
97 relative differences in pharmacokinetics and pharmacodynamics in children and adolescents
98 with Type 1 diabetes between NovoLog and regular human insulin were similar to those in
99 healthy adult subjects and adults with Type 1 diabetes.

100

101 *Geriatrics* - The effect of age on the pharmacokinetics and pharmacodynamics of NovoLog
102 has not been studied.

103

104 *Gender* - In healthy volunteers, no difference in insulin aspart levels was seen between men
105 and women when body weight differences were taken into account. There was no significant
106 difference in efficacy noted (as assessed by HbA1c) between genders in a trial in patients with
107 Type 1 diabetes.

108

109 *Obesity* - In a study of 23 patients with type 1 diabetes and a wide range of body mass index
110 (BMI, 22-39 kg/m²), the pharmacokinetic parameters, AUC and C_{max}, of NovoLog were
111 generally unaffected by BMI. Clearance of NovoLog was reduced by 28% in patients with
112 BMI >32 compared to patients with BMI <23 when a single dose of 0.1 U/kg NovoLog was
113 administered. However, only 3 patients with BMI <23 were studied.

114

115 *Ethnic Origin* - The effect of ethnic origin on the pharmacokinetics of NovoLog has not been
116 studied.

117

118 *Renal Impairment* - Some studies with human insulin have shown increased circulating levels
119 of insulin in patients with renal failure. A single subcutaneous dose of NovoLog was
120 administered in a study of 18 patients with creatinine clearance values ranging from normal to
121 <30 mL/min and not requiring hemodialysis. No apparent effect of creatinine clearance values
122 on AUC and C_{max} of NovoLog was found. However, only 2 patients with severe renal
123 impairment were studied (<30 mL/min). Careful glucose monitoring and dose adjustments of
124 insulin, including NovoLog, may be necessary in patients with renal dysfunction (see
125 PRECAUTIONS, Renal Impairment).

126

127 *Hepatic Impairment* - Some studies with human insulin have shown increased circulating
128 levels of insulin in patients with liver failure. In an open-label, single-dose study of 24
129 patients with Child-Pugh Scores ranging from 0 (healthy volunteers) to 12 (severe hepatic
130 impairment), no correlation was found between the degree of hepatic failure and any NovoLog
131 pharmacokinetic parameter. Careful glucose monitoring and dose adjustments of insulin,
132 including NovoLog, may be necessary in patients with hepatic dysfunction (see
133 PRECAUTIONS, Hepatic Impairment).

134

135 *Pregnancy* - The effect of pregnancy on the pharmacokinetics and pharmacodynamics of
136 NovoLog has not been studied (see PRECAUTIONS, Pregnancy).

137

138 *Smoking* - The effect of smoking on the pharmacokinetics/pharmacodynamics of NovoLog has
139 not been studied.

140

141 **CLINICAL STUDIES**

142 To evaluate the safety and efficacy of NovoLog in patients with Type 1 diabetes, two
143 six-month, open-label, active-control (NovoLog vs. Novolin[®] R) studies were conducted (see
144 Table 1). NovoLog was administered by subcutaneous injection immediately prior to meals

145 and regular human insulin was administered by subcutaneous injection 30 minutes before
146 meals. NPH insulin was administered as the basal insulin in either single or divided daily
147 doses. Changes in HbA1c, the rates of hypoglycemia (as determined from the number of
148 events requiring intervention from a third party), and the incidence of ketosis were clinically
149 comparable for the two treatment regimens. The mean total daily doses of insulin were greater
150 (1-3 U/day) in the NovoLog-treated patients compared to patients who received regular human
151 insulin. This difference was primarily due to basal insulin requirements. To achieve
152 improved glycemic control, some patients required more than three doses of meal-related
153 insulin and/or more than one dose of basal insulin (see Table 1). No serum glucose
154 measurements were obtained in these studies.

155
156 To evaluate the safety and efficacy of NovoLog in patients with Type 2 diabetes, one six-
157 month, open-label, active-control (NovoLog vs. Novolin R) study was conducted (see Table
158 1). NovoLog was administered by subcutaneous injection immediately prior to meals and
159 regular human insulin was administered by subcutaneous injection 30 minutes before meals.
160 NPH insulin was administered as the basal insulin in either single or divided daily doses.
161 Changes in HbA1c and the rates of hypoglycemia (as determined from the number of events
162 requiring intervention from a third party) were clinically comparable for the two treatment
163 regimens. The mean total daily dose of insulin was greater (2 U/day) in the NovoLog-treated
164 patients compared to patients who received regular human insulin. This difference was
165 primarily due to basal insulin requirements. To achieve improved glycemic control, some
166 patients required more than three doses of meal-related insulin and/or more than one dose of
167 basal insulin (see Table 1).

168
169 Table 1. Results of two six-month, active-control, open-label trials in patients with Type 1
170 diabetes (Studies A and B) and one six-month, active-control, open-label trial in patients with
171 Type 2 diabetes (Study C).

172

Study	Treatment (n)	Mean HbA1c (%)		Hypoglycemia ¹ (events / month / patient)	% of Patients Using Various Numbers of Insulin Injections / Day ²				
		Baseline	Month 6		Rapid-acting			Basal	
					1 - 2	3	4 - 5	1	2
A	NovoLog (n=694)	8.0	7.9	0.06	3	75	22	54	46
	Novolin R (n=346)	8.0	8.0	0.06	6	75	19	63	37
B	NovoLog (n=573)	7.9	7.8	0.08	4	90	6	94	6
	Novolin R (n=272)	8.0	7.9	0.06	4	91	4	93	7
C	NovoLog (n=90)	8.1	7.7	0.02	4	93	4	97	4
	Novolin R (n=86)	7.8	7.8	0.01	2	93	5	93	7

173 ¹ Events requiring intervention from a third party during the last three months of treatment

174 ² Percentages are rounded to the nearest whole number

175

176 To evaluate the use of NovoLog by subcutaneous infusion with an external pump, two open-
177 label, parallel design studies (6 weeks [n=29] and 16 weeks [n=118]) compared NovoLog

178 versus Velosulin (buffered regular human insulin) in patients with Type 1 diabetes. Changes in
179 HbA1c and rates of hypoglycemia were comparable. Patients with Type 2 diabetes were also
180 studied in an open-label, parallel design trial (16 weeks [n=127]) using NovoLog by
181 subcutaneous infusion compared to pre-prandial injection (in conjunction with basal NPH
182 injections). Reductions in HbA1c and rates of hypoglycemia were comparable (see
183 INDICATIONS AND USAGE, WARNINGS, PRECAUTIONS, Mixing of Insulins,
184 Information for Patients, DOSAGE AND ADMINISTRATION, and RECOMMENDED
185 STORAGE).

186 187 **INDICATIONS AND USAGE**

188 NovoLog is indicated for the treatment of adult patients with diabetes mellitus, for the control
189 of hyperglycemia. Because NovoLog has a more rapid onset and a shorter duration of activity
190 than human regular insulin, NovoLog given by injection should normally be used in regimens
191 with an intermediate or long-acting insulin. NovoLog may also be infused subcutaneously by
192 external insulin pumps (see WARNINGS, PRECAUTIONS [especially Usage in Pumps],
193 Information for Patients [especially For Patients Using Pumps], Mixing of Insulins, DOSAGE
194 AND ADMINISTRATION, RECOMMENDED STORAGE).

195 196 **CONTRAINDICATIONS**

197 NovoLog is contraindicated during episodes of hypoglycemia and in patients hypersensitive to
198 NovoLog or one of its excipients.

199 200 **WARNINGS**

201 **NovoLog differs from regular human insulin by a more rapid onset and a shorter**
202 **duration of activity. Because of the fast onset of action, the injection of NovoLog should**
203 **immediately be followed by a meal. Because of the short duration of action of NovoLog,**
204 **patients with diabetes also require a longer-acting insulin to maintain adequate glucose**
205 **control. Glucose monitoring is recommended for all patients with diabetes and is**
206 **particularly important for patients using external pump infusion therapy.**

207
208 **Hypoglycemia is the most common adverse effect of insulin therapy, including NovoLog.**
209 **As with all insulins, the timing of hypoglycemia may differ among various insulin**
210 **formulations.**

211
212 **Any change of insulin dose should be made cautiously and only under medical**
213 **supervision. Changes in insulin strength, manufacturer, type (e.g., regular, NPH,**
214 **analog), species (animal, human), or method of manufacture (rDNA versus animal-**
215 **source insulin) may result in the need for a change in dosage.**

216
217 **Insulin Pumps: When used in an external insulin pump for subcutaneous infusion,**
218 **NovoLog should not be diluted or mixed with any other insulin. Physicians and patients**
219 **should carefully evaluate information on pump use in the NovoLog physician and patient**
220 **package inserts and in the pump manufacturer's manual (e.g. NovoLog-specific**
221 **information should be followed for in-use time, frequency of changing infusion sets, or**
222 **other details specific to NovoLog usage, because NovoLog-specific information may**

223 **differ from general pump manual instructions). Pump or infusion set malfunctions or**
224 **insulin degradation can lead to hyperglycemia and ketosis in a short time because of the**
225 **small subcutaneous depot of insulin. This is especially pertinent for rapid-acting insulin**
226 **analogs that are more rapidly absorbed through skin and have shorter duration of**
227 **action. These differences may be particularly relevant when patients are switched from**
228 **multiple injection therapy or infusion with buffered regular insulin. Prompt**
229 **identification and correction of the cause of hyperglycemia or ketosis is necessary.**
230 **Interim therapy with subcutaneous injection may be required (see PRECAUTIONS,**
231 **Mixing of Insulins, Information for Patients, DOSAGE AND ADMINISTRATION, and**
232 **RECOMMENDED STORAGE).**

233 234 **PRECAUTIONS**

235 **General**

236 Hypoglycemia and hypokalemia are among the potential clinical adverse effects associated
237 with the use of all insulins. Because of differences in the action of NovoLog and other
238 insulins, care should be taken in patients in whom such potential side effects might be
239 clinically relevant (e.g., patients who are fasting, have autonomic neuropathy, or are using
240 potassium-lowering drugs or patients taking drugs sensitive to serum potassium level).
241 Lipodystrophy and hypersensitivity are among other potential clinical adverse effects
242 associated with the use of all insulins.

243 As with all insulin preparations, the time course of NovoLog action may vary in different
244 individuals or at different times in the same individual and is dependent on site of injection,
245 blood supply, temperature, and physical activity.

246 Adjustment of dosage of any insulin may be necessary if patients change their physical
247 activity or their usual meal plan. Insulin requirements may be altered during illness,
248 emotional disturbances, or other stresses.

249
250 *Hypoglycemia* - As with all insulin preparations, hypoglycemic reactions may be associated
251 with the administration of NovoLog. Rapid changes in serum glucose levels may induce
252 symptoms of hypoglycemia in persons with diabetes, regardless of the glucose value. Early
253 warning symptoms of hypoglycemia may be different or less pronounced under certain
254 conditions, such as long duration of diabetes, diabetic nerve disease, use of medications such
255 as beta-blockers, or intensified diabetes control (see PRECAUTIONS, Drug Interactions).
256 Such situations may result in severe hypoglycemia (and, possibly, loss of consciousness) prior
257 to patients' awareness of hypoglycemia.

258
259 *Renal Impairment* - As with other insulins, the dose requirements for NovoLog may be
260 reduced in patients with renal impairment (see CLINICAL PHARMACOLOGY,
261 Pharmacokinetics).

262
263 *Hepatic Impairment* - As with other insulins, the dose requirements for NovoLog may be
264 reduced in patients with hepatic impairment (see CLINICAL PHARMACOLOGY,
265 Pharmacokinetics).

267 *Allergy - Local Allergy* - As with other insulin therapy, patients may experience redness,
268 swelling, or itching at the site of injection. These minor reactions usually resolve in a few
269 days to a few weeks, but in some occasions, may require discontinuation of NovoLog. In
270 some instances, these reactions may be related to factors other than insulin, such as irritants in
271 a skin cleansing agent or poor injection technique.

272 *Systemic Allergy* - Less common, but potentially more serious, is generalized allergy to
273 insulin, which may cause rash (including pruritus) over the whole body, shortness of breath,
274 wheezing, reduction in blood pressure, rapid pulse, or sweating. Severe cases of generalized
275 allergy, including anaphylactic reaction, may be life threatening.

276 Localized reactions and generalized myalgias have been reported with the use of cresol as an
277 injectable excipient.

278 In controlled clinical trials using injection therapy, allergic reactions were reported in 3 of 735
279 patients (0.4%) who received regular human insulin and 10 of 1394 patients (0.7%) who
280 received NovoLog. During these and other trials, 3 of 2341 patients treated with NovoLog
281 were discontinued due to allergic reactions.

282
283 *Antibody Production* - Increases in levels of anti-insulin antibodies that react with both human
284 insulin and insulin aspart have been observed in patients treated with NovoLog. The number
285 of patients treated with insulin aspart experiencing these increases is greater than the number
286 among those treated with human regular insulin. Data from a 12-month controlled trial in
287 patients with Type 1 diabetes suggest that the increase in these antibodies is transient. The
288 differences in antibody levels between the human regular insulin and insulin aspart treatment
289 groups observed at 3 and 6 months were no longer evident at 12 months. The clinical
290 significance of these antibodies is not known. They do not appear to cause deterioration in
291 HbA1c or to necessitate increases in insulin dose.

292
293 *Pregnancy and Lactation*

294 Female patients should be advised to tell their physician if they intend to become, or if they
295 become pregnant. Information is not available on the use of NovoLog during pregnancy or
296 lactation.

297
298 *Usage in Pumps*

299 NovoLog is recommended for use in Disetronic H-TRON[®] plus V100 with Disetronic 3.15
300 plastic cartridges and Classic or Tender infusion sets; MiniMed Models 505, 506, or 507 with
301 MiniMed 3 mL syringes and Polyfin[®] or Sof-set[®] infusion sets.

302
303 In-vitro studies have shown that pump malfunction, loss of cresol, and insulin degradation,
304 may occur with the use of NovoLog for more than two days at 37°C (98.6°F) in infusion sets
305 and reservoirs. NovoLog in clinical use should not be exposed to temperatures greater than
306 37°C (98.6°F). **NovoLog should not be mixed with other insulins or with a diluent when it**
307 **is used in the pump** (see WARNINGS, PRECAUTIONS, Mixing of Insulins, Information for
308 Patients, DOSAGE AND ADMINISTRATION, and RECOMMENDED STORAGE).

309
310
311 **Information for Patients**

312

313 ***For all patients:***

314 Patients should be informed about potential risks and advantages of NovoLog therapy
315 including the possible side effects. Patients should also be offered continued education and
316 advice on insulin therapies, injection technique, life-style management, regular glucose
317 monitoring, periodic glycosylated hemoglobin testing, recognition and management of hypo-
318 and hyperglycemia, adherence to meal planning, complications of insulin therapy, timing of
319 dose, instruction in the use of injection or subcutaneous infusion devices, and proper storage
320 of insulin. Patients should be informed that frequent, patient-performed blood glucose
321 measurements are needed to achieve optimal glycemic control and avoid both hyper- and
322 hypoglycemia.

323

324 Female patients should be advised to tell their physician if they intend to become, or if they
325 become pregnant. Information is not available on the use of NovoLog during pregnancy or
326 lactation (see PRECAUTIONS, Pregnancy).

327

328 ***For patients using pumps***

329 Patients using external pump infusion therapy should be trained in intensive insulin therapy
330 with multiple injections and in the function of their pump and pump accessories. NovoLog is
331 recommended for use with Disetronic H-TRON plus V100 with Disetronic 3.15 plastic
332 cartridges and Classic or Tender infusion sets; MiniMed Models 505, 506, and 507 with
333 MiniMed 3 mL syringes and Polyfin or Sof-set infusion sets. The use of NovoLog in quick-
334 release infusion sets and cartridge adapters has not been assessed.

335

336 **To avoid insulin degradation, infusion set occlusion, and loss of the preservative**
337 **([metacresol](#)), the infusion sets (reservoir syringe, tubing, and catheter) and the NovoLog**
338 **in the reservoir should be replaced, and a new infusion site selected every 48 hours or**
339 **less. Insulin exposed to temperatures higher than 37°C (98.6°F) should be discarded.** The
340 temperature of the insulin may exceed ambient temperature when the pump housing, cover,
341 tubing, or sport case is exposed to sunlight or radiant heat. Infusion sites that are
342 erythematous, pruritic, or thickened should be reported to medical personnel, and a new site
343 selected because continued infusion may increase the skin reaction and/or alter the absorption
344 of NovoLog.

345

346 Pump or infusion set malfunctions or insulin degradation can lead to hyperglycemia and
347 ketosis in a short time because of the small subcutaneous depot of insulin. This is especially
348 pertinent for rapid-acting insulin analogs that are more rapidly absorbed through skin and have
349 shorter duration of action. These differences are particularly relevant when patients are
350 switched from infused buffered regular insulin or multiple injection therapy. Prompt
351 identification and correction of the cause of hyperglycemia or ketosis is necessary. Problems
352 include pump malfunction, infusion set occlusion, leakage, disconnection or kinking, and
353 degraded insulin. Less commonly, hypoglycemia from pump malfunction may occur. If these
354 problems cannot be promptly corrected, patients should resume therapy with subcutaneous
355 insulin injection and contact their physician (see WARNINGS, PRECAUTIONS, Mixing of
356 Insulins, DOSAGE AND ADMINISTRATION, and RECOMMENDED STORAGE).

357

358 **Laboratory Tests**

359 As with all insulin therapy, the therapeutic response to NovoLog should be monitored by
360 periodic blood glucose tests. Periodic measurement of glycosylated hemoglobin is
361 recommended for the monitoring of long-term glycemic control.

362

363 **Drug Interactions**

364 A number of substances affect glucose metabolism and may require insulin dose adjustment
365 and particularly close monitoring.

- 366 • The following are examples of substances that may increase the blood-glucose-lowering
367 effect and susceptibility to hypoglycemia: oral antidiabetic products, ACE inhibitors,
368 disopyramide, fibrates, fluoxetine, monoamine oxidase (MAO) inhibitors, propoxyphene,
369 salicylates, somatostatin analog (e.g., octreotide), sulfonamide antibiotics.
- 370 • The following are examples of substances that may reduce the blood-glucose-lowering
371 effect: corticosteroids, niacin, danazol, diuretics, sympathomimetic agents (e.g.,
372 epinephrine, salbutamol, terbutaline), isoniazid, phenothiazine derivatives, somatropin,
373 thyroid hormones, estrogens, progestogens (e.g., in oral contraceptives).
- 374 • Beta-blockers, clonidine, lithium salts, and alcohol may either potentiate or weaken the
375 blood-glucose-lowering effect of insulin. Pentamidine may cause hypoglycemia, which
376 may sometimes be followed by hyperglycemia.
- 377 • In addition, under the influence of sympatholytic medicinal products such as beta-
378 blockers, clonidine, guanethidine, and reserpine, the signs of hypoglycemia may be
379 reduced or absent (see CLINICAL PHARMACOLOGY).

380

381 **Mixing of Insulins**

- 382 • A clinical study in healthy male volunteers (n=24) demonstrated that mixing NovoLog
383 with NPH human insulin immediately before injection produced some attenuation in the
384 peak concentration of NovoLog, but that the time to peak and the total bioavailability of
385 NovoLog were not significantly affected. If NovoLog is mixed with NPH human insulin,
386 NovoLog should be drawn into the syringe first. The injection should be made
387 immediately after mixing. Because there are no data on the compatibility of NovoLog and
388 crystalline zinc insulin preparations, NovoLog should not be mixed with these
389 preparations.
- 390 • The effects of mixing NovoLog with insulins of animal source or insulin preparations
391 produced by other manufacturers have not been studied (see WARNINGS).
- 392 • Mixtures should not be administered intravenously.
- 393 • When used in external subcutaneous infusion pumps for insulin, NovoLog should not be
394 mixed with any other insulins or diluent.

395

396 **Carcinogenicity, Mutagenicity, Impairment of Fertility**

397 Standard 2-year carcinogenicity studies in animals have not been performed to evaluate the
398 carcinogenic potential of NovoLog. In 52-week studies, Sprague-Dawley rats were dosed
399 subcutaneously with NovoLog at 10, 50, and 200 U/kg/day (approximately 2, 8, and 32 times
400 the human subcutaneous dose of 1.0 U/kg/day, based on U/body surface area, respectively).
401 At a dose of 200 U/kg/day, NovoLog increased the incidence of mammary gland tumors in

402 females when compared to untreated controls. The incidence of mammary tumors for
403 NovoLog was not significantly different than for regular human insulin. The relevance of
404 these findings to humans is not known. NovoLog was not genotoxic in the following tests:
405 Ames test, mouse lymphoma cell forward gene mutation test, human peripheral blood
406 lymphocyte chromosome aberration test, in vivo micronucleus test in mice, and in *ex vivo*
407 UDS test in rat liver hepatocytes. In fertility studies in male and female rats, at subcutaneous
408 doses up to 200 U/kg/day (approximately 32 times the human subcutaneous dose, based on
409 U/body surface area), no direct adverse effects on male and female fertility, or general
410 reproductive performance of animals was observed.

411

412 **Pregnancy - Teratogenic Effects - Pregnancy Category C**

413 There are no adequate well-controlled clinical studies of the use of NovoLog in pregnant
414 women. NovoLog should be used during pregnancy only if the potential benefit justifies the
415 potential risk to the fetus.

416

417 It is essential for patients with diabetes or history of gestational diabetes to maintain good
418 metabolic control before conception and throughout pregnancy. Insulin requirements may
419 decrease during the first trimester, generally increase during the second and third trimesters,
420 and rapidly decline after delivery. Careful monitoring of glucose control is essential in such
421 patients.

422

423 Subcutaneous reproduction and teratology studies have been performed with NovoLog and
424 regular human insulin in rats and rabbits. In these studies, NovoLog was given to female rats
425 before mating, during mating, and throughout pregnancy, and to rabbits during organogenesis.
426 The effects of NovoLog did not differ from those observed with subcutaneous regular human
427 insulin. NovoLog, like human insulin, caused pre- and post-implantation losses and
428 visceral/skeletal abnormalities in rats at a dose of 200 U/kg/day (approximately 32 times the
429 human subcutaneous dose of 1.0 U/kg/day, based on U/body surface area) and in rabbits at a
430 dose of 10 U/kg/day (approximately three times the human subcutaneous dose of 1.0
431 U/kg/day, based on U/body surface area). The effects are probably secondary to maternal
432 hypoglycemia at high doses. No significant effects were observed in rats at a dose of 50
433 U/kg/day and rabbits at a dose of 3 U/kg/day. These doses are approximately 8 times the
434 human subcutaneous dose of 1.0 U/kg/day for rats and equal to the human subcutaneous dose
435 of 1.0 U/kg/day for rabbits, based on U/body surface area.

436

437 **Nursing Mothers**

438 It is unknown whether insulin aspart is excreted in human milk. Many drugs, including
439 human insulin, are excreted in human milk. For this reason, caution should be exercised when
440 NovoLog is administered to a nursing mother.

441

442 **Pediatric Use**

443 Safety and effectiveness of NovoLog in children have not been studied.

444

445 **Geriatric Use**

446 Of the total number of patients (n= 1,375) treated with NovoLog in 3 human insulin-controlled
447 clinical studies, 2.6% (n=36) were 65 years of age or over. Half of these patients had Type 1
448 diabetes (18/1285) and half had Type 2 (18/90) diabetes. The HbA1c response to NovoLog,
449 as compared to human insulin, did not differ by age, particularly in patients with Type 2
450 diabetes. Additional studies in larger populations of patients 65 years of age or over are
451 needed to permit conclusions regarding the safety of NovoLog in elderly compared to younger
452 patients. Pharmacokinetic/pharmacodynamic studies to assess the effect of age on the onset of
453 NovoLog action have not been performed.

454
455

456 **ADVERSE REACTIONS**

457 Clinical trials comparing NovoLog with regular human insulin did not demonstrate a
458 difference in frequency of adverse events between the two treatments.

459 Adverse events commonly associated with human insulin therapy include the following:

460 **Body as Whole** - *Allergic reactions* (see PRECAUTIONS, Allergy).

461 **Skin and Appendages** - *Injection site reaction, lipodystrophy, pruritus, rash* (see
462 PRECAUTIONS, Allergy; Information for Patients, Usage in Pumps).

463 **Other** – *Hypoglycemia, Hyperglycemia and ketosis* (see WARNINGS and PRECAUTIONS).

464 In controlled clinical trials, small, but persistent elevations in alkaline phosphatase result were
465 observed in some patients treated with NovoLog. The clinical significance of this finding is
466 unknown.

467
468

468 **OVERDOSAGE**

469 Hypoglycemia may occur as a result of an excess of insulin relative to food intake, energy
470 expenditure, or both. Mild episodes of hypoglycemia usually can be treated with oral glucose.
471 Adjustments in drug dosage, meal patterns, or exercise, may be needed. More severe episodes
472 with coma, seizure, or neurologic impairment may be treated with intramuscular/subcutaneous
473 glucagon or concentrated intravenous glucose. Sustained carbohydrate intake and observation
474 may be necessary because hypoglycemia may recur after apparent clinical recovery.

475
476

476 **DOSAGE AND ADMINISTRATION**

477 NovoLog should generally be given immediately before a meal (start of meal within 5- to 10
478 minutes after injection) because of its fast onset of action. The dosage of
479 NovoLog should be individualized and determined, based on the physician's advice, in
480 accordance with the needs of the patient. The total daily individual insulin requirement is
481 usually between 0.5- to 1.0 units/kg/day. When used in a meal-related subcutaneous injection
482 treatment regimen, 50- to 70% of total insulin requirements may be provided by NovoLog and
483 the remainder provided by an intermediate-acting or long-acting insulin. When used in
484 external insulin infusion pumps, the initial programming of the pump is based on the total
485 daily insulin dose of the previous regimen. Although there is significant interpatient
486 variability, approximately 50% of the total dose is given as meal-related boluses of NovoLog
487 and the remainder as basal infusion. Because of NovoLog's comparatively rapid onset and
488 short duration of glucose lowering activity, some patients may require more basal insulin and
489 more total insulin to prevent pre-meal hyperglycemia when using NovoLog than when using
490 human regular insulin. Additional basal insulin injections, or higher basal rates in external

491 subcutaneous infusion pumps may be necessary. **Infusion sets and the insulin in the infusion**
492 **sets must be changed every 48 hours or sooner to assure the activity of NovoLog and**
493 **proper pump function** (see WARNINGS, PRECAUTIONS, Information for Patients).
494

495 NovoLog should be administered by subcutaneous injection in the abdominal wall, the thigh,
496 or the upper arm, or by continuous subcutaneous infusion in the abdominal wall. Injection
497 sites and infusion sites should be rotated within the same region. As with all insulins, the
498 duration of action will vary according to the dose, injection site, blood flow, temperature, and
499 level of physical activity.

500 Parenteral drug products should be inspected visually for particulate matter and discoloration
501 prior to administration, whenever solution and container permit. Never use any NovoLog if it
502 has become viscous (thickened) or cloudy; use it only if it is clear and colorless. NovoLog
503 should not be used after the printed expiration date.

504

505 **HOW SUPPLIED**

506 NovoLog is available in the following package sizes: each presentation containing 100 Units
507 of insulin aspart per mL (U-100).

508 10 mL vials NDC 0169-7501-11

509 3 mL PenFill® cartridges* NDC 0169-3303-12

510 3 mL NovoLog FlexPen® Prefilled syringe NDC 0169-6339-10

511 3 mL NovoLog InnoLet® Prefilled syringe NDC 0169-xxxx-xx

512

513 * NovoLog PenFill cartridges are for use with NovoFine® disposable needles and the
514 following 3 mL PenFill cartridge compatible delivery devices: NovoPen 3, NovoPen Junior,
515 Inno® and InDuo®.

516 NovoLog FlexPen and NovoLog InnoLet Prefilled syringes are for use with NovoFine
517 disposable needles.

518

519 **RECOMMENDED STORAGE**

520 NovoLog in unopened vials, cartridges, and NovoLog FlexPen and NovoLog InnoLet
521 Prefilled syringes should be stored between 2° and 8°C (36° to 46°F). *Do not freeze. Do not*
522 **use NovoLog if it has been frozen or exposed to temperatures that exceed 37°C (98.6°F).**

523 After a vial, cartridge, or Prefilled syringe has been punctured, it may be kept at temperatures
524 below 30°C (86°F) for up to 28 days, but should not be exposed to excessive heat or sunlight.

525 Opened vials may be refrigerated. Cartridges should not be refrigerated after insertion into the
526 Novo Nordisk 3 mL PenFill cartridge compatible insulin delivery devices.

527

	Not in-use (unopened) Room Temperature (below 30°C)	Not in-use (unopened) Refrigerated	In-use (opened) Room Temperature (below 30°C)
10 mL vial	28 days	Until expiration date	28 days (refrigerated/room temperature)
3 mL PenFill cartridges	28 days	Until expiration date	28 days (Do not refrigerate)

3 mL NovoLog Flex Pen	28 days	Until expiration date	28 days (Do not refrigerate)
3 mL NovoLog InnoLet	28 days	Until expiration date	28 days (Do not refrigerate)

528

529

530

531 Infusion sets (reservoirs, tubing, and catheters) and the NovoLog in the reservoir should be
532 discarded after no more than 48 hours of use or after exposure to temperatures that exceed
533 37°C (98.6°F).

534

535 Rx only

536

537 Date of Issue: [insert date]

538 8-XXXX-XX-XXX-X

539

540 Manufactured For Novo Nordisk Pharmaceuticals Inc., Princeton, New Jersey 08540

541 www.novonordisk-us.com

542 Manufactured By Novo Nordisk A/S, 2880 Bagsvaerd, Denmark

543

544 NovoLog[®], NovoPen[®] 3, PenFill[®], Novolin[®], FlexPen[®], Innovo[®], InnoLet[®], and NovoFine[®]
545 are trademarks of Novo Nordisk A/S

546 InDuo[®] is a trademark of LifeScan, Inc., a Johnson & Johnson company.

547 Polyfin[®] and Sof-set[®] are trademarks of Medtronic MiniMed, Inc.

548 H-TRON[®] is a trademark of Disetronic Medical Systems, Inc.

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Information For The Patient
NovoLog[®] InnoLet[®] (Insulin aspart [rDNA origin] Injection) 3 mL Prefilled Syringe
100 units/mL (U-100)

- What is the most important information I should know about NovoLog?
- What is NovoLog?
- Who should not use NovoLog?
- What should I know about using insulin?
- What should I know about using NovoLog?
- What should I avoid when using NovoLog?
- What are the possible side effects of NovoLog?
- How should I store NovoLog?
- General advice
- How do I prepare NovoLog InnoLet before I give an injection?
- How do I give an injection using NovoLog InnoLet?

Read this information carefully before you begin treatment. Read the information you get whenever you get more medicine. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment. If you have any questions about NovoLog[®] (NO-voe-log), ask your doctor. Only your doctor can determine if NovoLog[®] is right for you.

What is the most important information I should know about NovoLog?

- Because NovoLog starts lowering blood glucose more quickly and will not work as long as human regular insulin, you should give NovoLog injection 5 to 10 minutes before you eat.
- Because NovoLog does not work as long as human regular insulin, you may need to add an intermediate-acting or longer-acting insulin (basal insulin) to give the best glucose control.
- Glucose monitoring is recommended for all patients who use insulin.

Age and exposure to heat affect the stability of NovoLog and its preservative. Also, NovoLog does not work after it has been frozen. Therefore, do not use old insulin or insulin that has been exposed to high temperature (greater than 37°C [98.6°F]) or frozen. Hyperglycemia may be a sign that the insulin is no longer working and needs to be replaced.

For your safety, read the section “What are the possible side effects of NovoLog?” to review the symptoms of low blood sugar (hypoglycemia) and high blood sugar (hyperglycemia).

What is NovoLog?

46 NovoLog is a clear, colorless, sterile solution for injection under the skin
47 (subcutaneously). Because NovoLog is made by recombinant DNA (rDNA) technology
48 and is chemically different from the insulin made by the human body, it is called an
49 insulin analog. The active ingredient in NovoLog is insulin aspart. The concentration of
50 insulin aspart is 100 units per milliliter, or U100. NovoLog also contains: glycerin,
51 phenol, metacresol, zinc, disodium hydrogen phosphate dihydrate, and sodium chloride.
52 Hydrochloric acid and/or sodium hydroxide may be added to adjust the pH. These
53 ingredients help to preserve or stabilize NovoLog. The pH (balance between acid and
54 alkaline conditions) is important to the stability of NovoLog.

55

56 **Who should not use NovoLog?**

57 Do not use NovoLog if:

- 58 • your blood sugar (glucose) is too low (hypoglycemia).
- 59 • you do not plan to eat right after your injection.
- 60 • you are allergic to insulin aspart or any of the ingredients mentioned above in “What
61 is NovoLog?”. Check with your doctor if you are not sure.

62

63 The effects of NovoLog on an unborn child or on a nursing baby are unknown.
64 Therefore, tell your doctor if you plan to become pregnant or breast feed, or if you
65 become pregnant.

66 Tell your doctor about all medicines and supplements that you are using. Some
67 medicines, including non-prescription medicines and dietary supplements, may affect
68 your diabetes.

69

70 **What should I know about using insulin?**

- 71 • Any change of insulin should be made cautiously and only under medical
72 supervision. Changes in the strength, manufacturer, type (for example: Regular, NPH,
73 Lente[®]), species (beef, pork, beef-pork, human) or method of manufacture
74 (recombinant [rDNA] or animal source insulin) may result in the need for a change in
75 the timing or dosage of the new insulin.
- 76 • Glucose monitoring will help you and your health care provider adjust the dosages.
- 77 • Always carry a quick source of sugar, such as candy or glucose tablets, to treat low
78 blood sugars (hypoglycemia).
- 79 • Always carry identification that states that you have diabetes.

80

81 **What should I know about using NovoLog?**

82 **See the end of this Information For The Patient for instructions about preparing
83 and giving the injection.**

84

- 85 • NovoLog starts working 10-to 20 minutes after injection. The greatest blood sugar
86 lowering effect is between 1 and 3 hours after injection. This blood sugar lowering
87 lasts for 3 to 5 hours. (The time periods are only general guidelines.)

88

- 89 • If you switch to NovoLog from a different insulin product, you may require a change
90 in dosage from that used with other insulin products. If an adjustment is needed, it
91 may occur with the first dose or during the first several weeks or months.
92
- 93 • Do not inject in skin that has become reddened or bumpy or thickened after injection.
94 Insulin absorption in these areas may not be the same as that in normal skin, and may
95 change the onset and duration of insulin action.
96
- 97 • Use NovoLog only if it appears clear and colorless. Do not use NovoLog if it appears
98 cloudy, thickened, or colored, or if it contains solid particles.
99

100 **What should I avoid while using NovoLog?**

- 101 • Drinking alcohol may lead to hypoglycemia.
102 • Do not miss meals after injections of NovoLog.
103

104 **What are the possible side effects of NovoLog?**

105 NovoLog, like other insulin products, can cause hypoglycemia (low blood sugar),
106 hyperglycemia (high blood sugar), allergy, and skin reactions.
107

108 **Hypoglycemia** (low blood sugar) is the most common side effect. Hypoglycemia occurs
109 when there is too much insulin, or not enough food in your body, or the amount and
110 timing of insulin dosing is incorrect. Therefore, **hypoglycemia can occur with:**

- 111 • **Excessive (too much) insulin.** This can happen if too much insulin is injected.
112 • **Medicines that directly lower glucose or increase sensitivity to insulin.** This can
113 happen with oral (taken by mouth) antidiabetes drugs, sulfa antibiotics (for
114 infections), ACE inhibitors (for blood pressure and heart failure), salicylates,
115 including aspirin and NSAIDS (for pain), some antidepressants, and with other
116 medicines.
117 • **Medical conditions that limit the body's glucose reserve, lengthen the time**
118 **insulin stays in the body, or that increase sensitivity to insulin.** These conditions
119 include diseases of the adrenal glands, the pituitary, the thyroid gland, the liver, and
120 the kidney.
121 • **Not enough carbohydrate (sugar or starch) intake.** This can happen if:
122 • a meal or snack is missed or delayed
123 • you have vomiting or diarrhea that decreases the amount of glucose absorbed by
124 your body
125 • alcohol interferes with carbohydrate metabolism
126 • **Too much glucose use by the body.** This can happen from:
127 • too much exercise
128 • higher than normal metabolism rates due to fever or an overactive thyroid
129

130 Hypoglycemia can be mild or severe. Its onset may be rapid. Patients with very good
131 (tight) glucose control, patients with diabetic neuropathy (nerve problems), or patients
132 using some Beta-blockers (used for high blood pressure and heart conditions) may have

133 few warning symptoms before severe hypoglycemia develops. Hypoglycemia may reduce
134 your ability to drive a car or use mechanical equipment without risk of injury to yourself
135 or others. Severe hypoglycemia can cause temporary or permanent harm to your heart or
136 brain. **It may cause unconsciousness, seizures, or death. Symptoms of hypoglycemia**
137 **include:**

- 138 • anxiety, irritability, restlessness, trouble concentrating, personality changes, mood
139 changes, or other abnormal behavior
- 140 • tingling in your hands, feet, lips, or tongue
- 141 • dizziness, light-headedness, or drowsiness
- 142 • nightmares or trouble sleeping
- 143 • headache
- 144 • blurred vision or slurred speech
- 145 • palpitations (rapid heart beat)
- 146 • sweating
- 147 • tremor (shaking) or unsteady gait (walking)

148
149 Mild to moderate hypoglycemia is treated by eating or drinking carbohydrates (milk,
150 orange juice, sugar candies, or glucose tablets). More severe or continuing hypoglycemia
151 may require the help of another person or emergency medical personnel. Patients who are
152 unable to take sugar by mouth or who are unconscious may need treatment with a
153 glucagon injection or glucose given intravenously (in the vein).

154
155 Talk with your doctor about severe, continuing, or frequent hypoglycemia, and
156 hypoglycemia for which you had few warning symptoms.

157
158 **Hyperglycemia** (high blood sugar) is another common side effect. Hyperglycemia also
159 occurs when there is too little insulin, or too much food in your body, or the amount and
160 timing of insulin dosing is incorrect. Therefore, **hyperglycemia can occur with:**

- 161 • **Insufficient (too little) insulin.** This can happen from any of the following:
 - 162 • too little or no insulin is injected.
 - 163 • the insulin's ability to lower glucose is changed by incorrect storage (freezing,
164 excessive heat), or usage after the expiration date.
- 165 • **Medicines that directly increase glucose or decrease sensitivity to insulin.** This
166 can happen, for example, with thiazide diuretics (water pills used for blood pressure),
167 corticosteroids, birth control pills, and protease inhibitors (used for AIDS).
- 168 • **Medical conditions that increase the body's production of glucose or decrease**
169 **sensitivity to insulin.** These medical conditions include surgery, fevers, infections,
170 heart attacks, and stress.
- 171 • **Too much carbohydrate intake.** This can happen if you
 - 172 • eat larger meals
 - 173 • eat more often
 - 174 • increase the proportion of carbohydrate in your meals

175

176 Hyperglycemia can be mild or severe. Hyperglycemia can **progress to diabetic**
177 **ketoacidosis (DKA) or very high glucose levels (hyperosmolar coma) and result in**
178 **unconsciousness and death.** Although diabetic acidosis occurs most often in patients
179 with Type 1 diabetes, it can occur in patients with Type 2 diabetes who become severely
180 ill. Urine or blood tests will show acetone, ketones, and high levels of glucose.

181 Hyperosmolar coma occurs most often in patients with Type 2 diabetes. Urine and blood
182 tests will show very high levels of glucose.

183 Because some patients experience few symptoms of hyperglycemia and ketosis, it is
184 important to monitor your glucose several times a day. **Symptoms of hyperglycemia**
185 **include:**

- 186 • confusion or drowsiness
- 187 • fruity smelling breath
- 188 • rapid, deep breathing
- 189 • increased thirst
- 190 • decreased appetite, nausea, or vomiting
- 191 • abdominal (stomach area) pain
- 192 • rapid heart rate
- 193 • increased urination and dehydration (too little fluid in your body)

194

195 Mild hyperglycemia is treated by drinking fluids (rehydration) and taking extra doses of
196 insulin. Glucose and acetone-ketone levels should be monitored more often until they
197 return to normal. **More severe or continuing hyperglycemia requires prompt**
198 **evaluation and treatment by your health care provider.**

199

200 **Allergy can be serious.** Generalized allergy is an uncommon, but possibly life-
201 threatening, reaction to insulin products. **Symptoms include:**

- 202 • itchy rash over the entire body
- 203 • shortness of breath or wheezing
- 204 • confusion
- 205 • low blood pressure
- 206 • rapid heart beat
- 207 • sweating

208 **If you think you are having a generalized allergic reaction, get emergency medical**
209 **help right away.**

210

211 Allergic reactions at the injection site (itching, redness, hardness, or swelling) are more
212 common than generalized allergy. They may need several days or weeks to clear up.
213 Avoid injection of insulin into skin areas that have reactions. Tell your doctor about such
214 reactions, because they can become more severe, or they may change the absorption of
215 insulin.

216

217 **Lipodystrophy** is a common change in the fat below the injection site. These changes
218 include loss of fat (depressions in the skin called lipoatrophy) or thickening of the tissue
219 under the skin (lipohypertrophy). Avoid injection or infusion of insulin into skin areas

220 that have these reactions. Tell your doctor about such reactions because they can become
221 more severe, or they may change the absorption of insulin.

222

223 **How should I store NovoLog?**

224 • **NovoLog can be damaged by high temperatures.** Therefore, be sure to protect it
225 from high temperatures, heat from the sun, saunas, long showers, and other heat
226 sources. This is especially important if you use NovoLog InnoLet because you carry
227 this device with you and it may be exposed to different temperatures as you go about
228 your daily activities. **Throw away NovoLog InnoLet if it has been exposed to
229 temperatures greater than 37°C (98.6°F).**

230

231 • **Unopened NovoLog** should be stored in a refrigerator but not in the freezer. Do not
232 use NovoLog if it has been frozen. Keep unused NovoLog InnoLet in the carton so
233 that they will stay clean and protected from light. If unopened NovoLog InnoLet is
234 stored at room temperature below 30°C (86°F) and protected from direct heat and
235 sunlight, you can use it for up to 28 days.

236

237 • **After starting to use insulin,** do not refrigerate NovoLog InnoLet in use (the rubber
238 stopper has been punctured). However, keep it as cool as possible at room
239 temperature (below 30°C [86°F]) and away from direct heat and sunlight for up to 28
240 days.

241

242 • Never use NovoLog InnoLet if it has been stored improperly.

243

244 • Never use NovoLog InnoLet after the expiration date printed on the label or carton.

245

246 • **Throw away unrefrigerated NovoLog InnoLet after 28 days, even if they still
247 contain insulin.**

248

	Not in-use (unopened) Room Temperature (below 30°C)	Not in-use (unopened) Refrigerated	In-use (opened) Room Temperature (below 30°C)
10 mL vial	28 days	Until expiration date	28 days (refrigerated/room temperature)
3 mL PenFill cartridges	28 days	Until expiration date	28 days (Do not refrigerate)
3 mL NovoLog Flex Pen	28 days	Until expiration date	28 days (Do not refrigerate)
3 mL NovoLog InnoLet	28 days	Until expiration date	28 days (Do not refrigerate)

249

250

251 **General advice**

252 • NovoLog is available in:

- 253 i. 10 mL vials
- 254 ii. 3 mL PenFill cartridges for use with insulin Pen
- 255 iii. 3 mL NovoLog FlexPen Prefilled syringes
- 256 iv. 3 mL NovoLog InnoLet Prefilled syringes
- 257 v. For use with external insulin infusion pump

258

- 259 • This leaflet summarizes the most important information about NovoLog. If you
- 260 would like more information, talk with your doctor. You can ask your pharmacist
- 261 or doctor for additional information about NovoLog.

262

263 **How do I prepare NovoLog InnoLet before I give an injection?**

264

- 265 • Never attach a disposable needle on your **NovoLog InnoLet** Prefilled syringe
- 266 until you are ready to give an injection. Remove it immediately after each
- 267 injection. Follow the directions for use of this syringe on the reverse side of this
- 268 insert.
- 269 • **NovoLog InnoLet** Prefilled syringes may contain a small amount of air. To
- 270 prevent an injection of air and to make sure correct dose of insulin is given, an air
- 271 shot must be done before each injection. See **Using the disposable NovoLog**
- 272 **InnoLet Prefilled Syringe** for the instructions on how to do an air shot.

273

274 **How do I give an injection using NovoLog InnoLet?**

275

- 276 1. Thighs, upper arms, buttocks, abdomen are acceptable areas for an insulin injection.
- 277 Do not change the injection areas without consulting your physician. Do not inject
- 278 into a muscle unless your physician has advised it. You should never inject insulin
- 279 into a vein.
- 280 2. The actual point of injection should be changed each time. Injection sites should be
- 281 about an inch apart. The injection site should be clean and dry. Pinch up skin area
- 282 to be injected and hold it firmly.
- 283 3. Hold the device upright and push the needle quickly and firmly into the pinched-up
- 284 area. Release the skin and push the push-button all the way in to inject insulin
- 285 beneath the skin. To ensure that all the insulin is injected, keep the needle in the skin
- 286 for at least 6 seconds after injection with your thumb on the push-button. If slight
- 287 bleeding occurs, press lightly with a dry cotton swab for a few seconds – **DO NOT**
- 288 **RUB.**
- 289 4. After the injection, remove the needle without replacing the cap. Hold the NovoLog
- 290 InnoLet firmly while you unscrew the NovoFine disposable needle. **The NovoFine**
- 291 **disposable needle must be removed immediately after each injection without**
- 292 **replacing the cap.** If the NovoFine disposable needle is not removed, some liquid
- 293 may leak out of the NovoLog InnoLet.
- 294 5. Used NovoFine disposable needles should be placed in sharps containers (such as red
- 295 biohazard containers), hard plastic containers (such as detergent bottles), or metal

296 containers (such as an empty coffee can). Such containers should be sealed and
297 disposed of properly.

298

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302

303

304 Helpful information is published by The American Diabetes Association, 1660 Duke
305 Street, Alexandria, VA 22314, for people with diabetes.

306

307 For information contact:

308 Novo Nordisk Pharmaceuticals Inc.,

309 100 College Road West

310 Princeton, New Jersey 08540

311 1-800-727-6500

312 www.novonordisk-us.com

313

314 Manufactured by

315 Novo Nordisk A/S

316 2880 Bagsvaerd, Denmark

317

318 License under U.S. Patent No. xxx and Des. xxx

319

320 NovoLog[®], InnoLet[®], NovoFine[®], and PenFill[®] are trademarks of Novo Nordisk A/S.

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322 Date of Issue: [tbd]

323

324 8-XXXX-XX-XXX-X

325

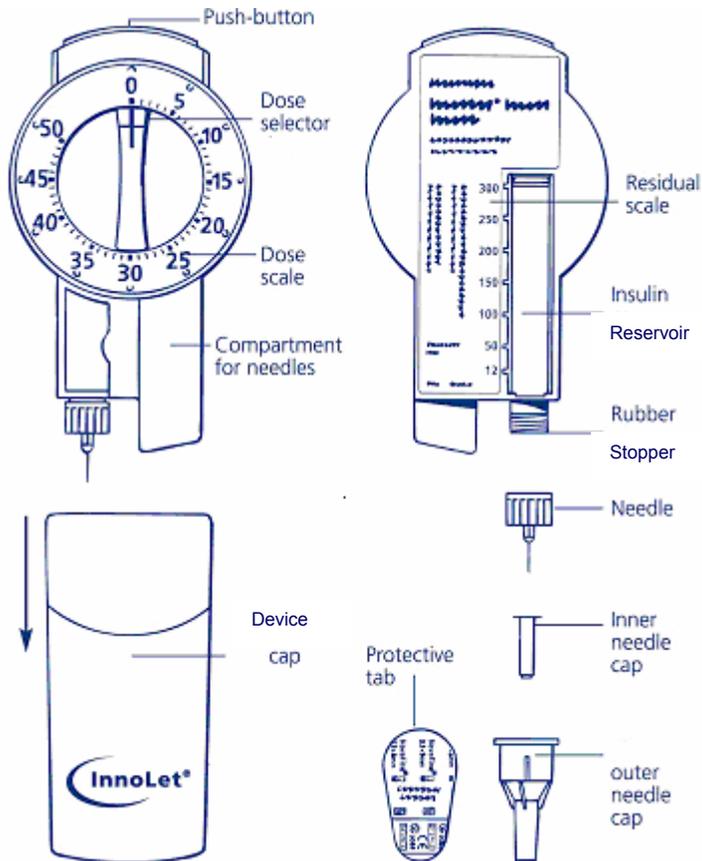
326 Printed in Denmark

327

328 **Using the disposable NovoLog InnoLet Prefilled Syringe**

329 NovoLog InnoLet is a disposable dial-a-dose insulin delivery system able to deliver 1 to a
330 maximum of 50 units. The dose can be adjusted in increments of 1 unit. NovoLog
331 InnoLet is designed for use with NovoFine® single-use needles. NovoLog InnoLet is not
332 recommended for the blind or visually impaired patients without the assistance of a
333 sighted individual trained in the proper use of the product.
334

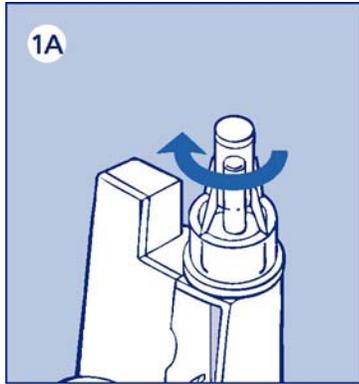
335 **Please read these instructions completely before using this device.**
336



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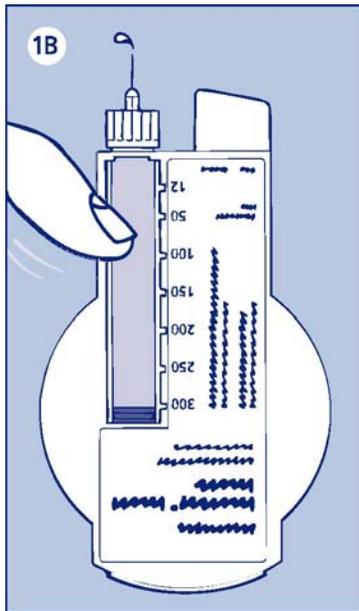
PREPARING THE NOVOLOG INNOLET:

- a. Pull off the cap.
- b. Wipe the rubber stopper with an alcohol swab.



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1A. Remove the protective tab from the disposable needle and screw the needle onto the NovoLog InnoLet (see diagram 1A). Never place a disposable needle on your NovoLog InnoLet until you are ready to give an injection. Remove the needle immediately after use. If the needle is not removed, some liquid may leak from the NovoLog InnoLet.



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1B. Giving the air shot before each injection:

Small amounts of air may collect in the needle and insulin reservoir during normal use. **To avoid injecting air and to ensure proper dosing, dial 2 units by turning the dose selector clockwise.** Hold the NovoLog InnoLet with the needle pointing up and tap the insulin reservoir gently with your finger so any air bubbles collect in the top of the reservoir. Remove both the plastic outer and inner needle cap.

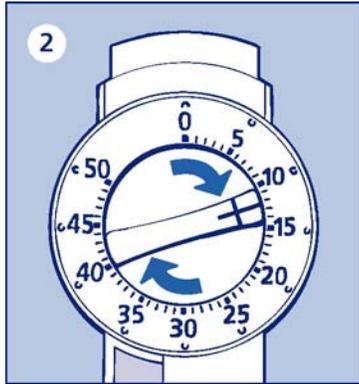
With the needle pointing up, press the push button as far as it will go and the dose selector returns to zero. See if a drop of insulin appears at the needle tip (see diagram 1B). If not, repeat the procedure until insulin appears. Before the first use of NovoLog InnoLet, you may need to perform up to 6 air shots to get a droplet of insulin at the

365 needle tip. If you need to make more than 6 air shots, do not use the syringe, and contact
366 Novo Nordisk at 1-800-727-6500. A small air bubble may remain but it will not be
367 injected because the operating mechanism prevents the reservoir from being completely
368 emptied.

369

370 2. SETTING THE DOSE

371



372

373

374 Always check that the push button is fully depressed and the dose selector is set at 0.
375 Hold the NovoLog InnoLet in front of you and dial the dose selector clockwise to set the
376 required dose. Do not put your hand over the push button when dialing the dose. If the
377 button is not allowed to rise freely, insulin will be pushed out of the needle. You will
378 hear a click for every single unit dialed. Do not rely on this click for setting your dose. If
379 you have set a wrong dose, simply dial the dose selector forward or backwards until the
380 right number of units has been set. You cannot set a dose larger than the number of units
381 left in the reservoir. **50 units is the maximum dose.**

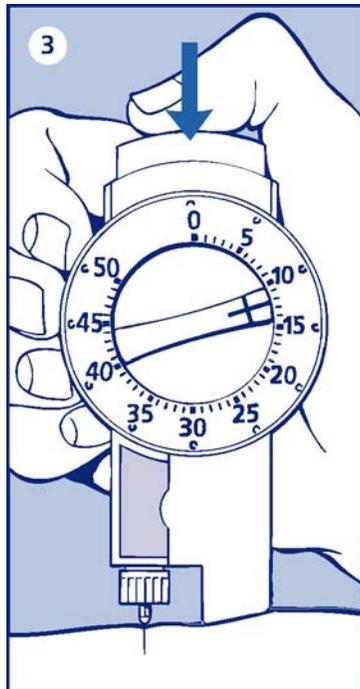
382

383 3. GIVING THE INJECTION

384

385 Use the injection technique recommended by your doctor or health care professionals.

386



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390 Check that you have set the proper dose and depress the push button as far as it will go.
391 Make sure not to block the dose selector while injecting, as the dose selector must be
392 allowed to return to zero when you press the push button. When depressing the push
393 button you may hear a clicking sound. Do not rely on this clicking sound as a means of
394 confirming your dose.

395

396 **After the injection, the needle should remain under the skin for at least 6 seconds.**
397 Keep the push button fully depressed until the needle is withdrawn from the skin. This
398 will ensure that the full dose has been delivered. If blood appears after you pull the
399 needle from your skin, press the injection site lightly with a finger. **Do not rub the area.**

400

401 **Do not recap** the needle. Remove the used needle and dispose of it in a puncture-
402 resistant container. Used syringes, needles, or lancets should be placed in sharps
403 containers (such as red biohazard containers), hard plastic containers (such as detergent
404 bottles), or metal containers (such as an empty coffee can). Such containers should be
405 sealed and disposed of properly.

406

407 **It is important that you use a new needle for each injection. Health care**
408 **professionals, relatives, and other caregivers, should follow general precautionary**
409 **measures for removal and disposal of needles to eliminate the risk of unintended**
410 **needle penetration.**

411

412 **LATER (SUBSEQUENT) INJECTIONS**

413

414 **It is important that you use a new needle for each injection.**

415 Always check that the push button is fully depressed and the dose selector is at zero
416 before using the NovoLog InnoLet again. If not, turn the dose selector until the push
417 button is completely down. Then proceed as stated in steps 1-3.

418

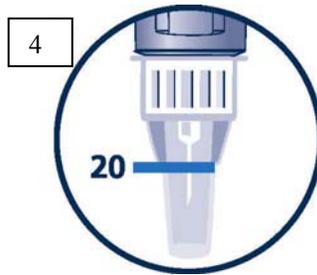
419 The numbers on the insulin reservoir can be used to estimate the amount of insulin left in
420 the NovoLog InnoLet. Do not use these numbers to measure the insulin dose. You
421 cannot set a dose greater than the number of units remaining in the reservoir.

422

423

424 4. FUNCTION CHECK

425



426

427

428 If your disposable NovoLog InnoLet is not working properly, follow this procedure:

429

- 430 - Screw on a new NovoFine needle
- 431 - Give an air shot as described in section 1B
- 432 - Put the outer needle cap onto the needle
- 433 - Dispense 20 units into the outer needle cap, holding the NovoLog InnoLet with the
434 needle pointing down.

435

436 The insulin should fill the lower part of the cap (as shown in diagram 4). If the
437 disposable NovoLog InnoLet has released too much, or too little insulin, repeat the test.
438 If it happens again, do not use your disposable NovoLog InnoLet and contact Novo
439 Nordisk® at 1-800-727-6500.

440 Dispose of the used NovoLog InnoLet carefully without the needle attached.

441

442

443 5. IMPORTANT NOTES

- 444 • If you need to perform more than 6 air shots before the first use of the NovoLog
445 InnoLet to get a droplet of insulin at the needle tip, do not use it.
- 446 • Remember to perform an air shot before each injection. See diagram 1B.
- 447 • Care should be taken not to drop your NovoLog InnoLet or subject it to impact.
- 448 • Remember to keep the NovoLog InnoLet with you. Don't leave it in a car or other
449 location where it can get too hot or too cold.
- 450 • NovoLog InnoLet is designed for use with NovoFine disposable needles.
- 451 • **Do NOT** attach a disposable needle on the NovoLog InnoLet until you are ready to
452 use it. Remove the needle right after use without recapping.
- 453 • **Throw away used needles properly, so other people will not be harmed.** Used
454 NovoFine disposable needles should be placed in sharps containers (such as red

- 455 biohazard containers), hard plastic containers (such as detergent bottles), or metal
456 containers (such as an empty coffee can). Such containers should be sealed and
457 disposed of properly.
- 458 • Throw away the used NovoLog InnoLet carefully, without the needle attached.
 - 459 • Always carry a spare NovoLog InnoLet with you in case your NovoLog InnoLet is
460 damaged or lost.
 - 461 • To avoid possible transmission of disease, do not let anyone else use your NovoLog
462 InnoLet, even if they attach a new needle.
 - 463 • Novo Nordisk is not responsible for harm due to using this insulin delivery system
464 with products not recommended by Novo Nordisk.
 - 465 • Keep this NovoLog InnoLet out of the reach of children.
 - 466