

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use VERAMYST Nasal Spray safely and effectively. See full prescribing information for VERAMYST Nasal Spray.

VERAMYST® (fluticasone furoate) Nasal Spray

Initial U.S. Approval: 2007

RECENT MAJOR CHANGES

Contraindications (4) Month Year

Warnings and Precautions (5.3)

INDICATIONS AND USAGE

VERAMYST Nasal Spray is a corticosteroid indicated for treatment of symptoms of seasonal and perennial allergic rhinitis in adults and children ≥2 years. (1.1)

DOSAGE AND ADMINISTRATION

For intranasal use only. Usual starting dosages:

- Adults and adolescents ≥12 years: 110 mcg (2 sprays per nostril) once daily. (2.1)
- Children 2-11 years: 55 mcg (1 spray per nostril) once daily. (2.2)
- Priming Information: Prime VERAMYST Nasal Spray before using for the first time, when not used for more than 30 days, or if the cap has been left off the bottle for 5 days or longer. (2)

DOSAGE FORMS AND STRENGTHS

Nasal spray: 27.5 mcg of fluticasone furoate in each 50-microliter spray. (3)
Supplied in 10-g bottle containing 120 sprays. (16)

CONTRAINDICATIONS

Hypersensitivity to ingredients. (4)

WARNINGS AND PRECAUTIONS

- Epistaxis, nasal ulceration, *Candida albicans* infection, nasal septal perforation, impaired wound healing. Monitor patients periodically for signs of adverse effects on the nasal mucosa. Avoid use in patients with recent nasal ulcers, nasal surgery, or nasal trauma. (5.1)
- Development of glaucoma or posterior subcapsular cataracts. Monitor patients closely with a change in vision or with a history of increased intraocular pressure, glaucoma, and/or cataracts. (5.2)
- [Hypersensitivity reactions including anaphylaxis, angioedema, rash, and](#)

[urticaria -may occur after administration of VERAMYST Nasal Spray \(5.3\)](#)

- Potential worsening of existing tuberculosis; fungal, bacterial, viral, or parasitic infections; or ocular herpes simplex. More serious or even fatal course of chickenpox or measles in susceptible patients. Use caution in patients with the above because of the potential for worsening of these infections. (5.4)
- Hypercorticism and adrenal suppression with very high dosages or at the regular dosage in susceptible individuals. If such changes occur, discontinue VERAMYST Nasal Spray slowly. (5.5)
- Potential reduction in growth velocity in children. Monitor growth routinely in pediatric patients receiving VERAMYST Nasal Spray. (5.7, 8.4)

ADVERSE REACTIONS

The most common adverse reactions (>1% incidence) included headache, epistaxis, pharyngolaryngeal pain, nasal ulceration, back pain, pyrexia, and cough. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact GlaxoSmithKline at 1-888-825-5249 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

DRUG INTERACTIONS

Potent inhibitors of cytochrome P450 3A4 (CYP 3A4) may increase exposure to fluticasone furoate.

- Co-administration of ritonavir is not recommended. (5.5, 7)
- Use caution with co-administration of other potent CYP 3A4 inhibitors, such as ketoconazole. (5.5, 7)

USE IN SPECIFIC POPULATIONS

Hepatic impairment may increase exposure to fluticasone furoate. Use with caution in patients with severe hepatic impairment. (8.6)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.

Month Year
VRM:PI

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*Sections or subsections omitted from the full prescribing information are not listed.

1 FULL PRESCRIBING INFORMATION

2 1 INDICATIONS AND USAGE

3 **1.1 Treatment of Allergic Rhinitis**

4 VERAMYST Nasal Spray is indicated for the treatment of the symptoms of seasonal and
5 perennial allergic rhinitis in patients 2 years and older.

6 **2 DOSAGE AND ADMINISTRATION**

7 Administer VERAMYST Nasal Spray by the intranasal route only. Prime VERAMYST
8 Nasal Spray before using for the first time by shaking the contents well and releasing 6 sprays
9 into the air away from the face. When VERAMYST Nasal Spray has not been used for more
10 than 30 days or if the cap has been left off the bottle for 5 days or longer, prime the pump again
11 until a fine mist appears. Shake VERAMYST Nasal Spray well before each use.

12 **2.1 Adults and Adolescents 12 Years and Older**

13 The recommended starting dosage is 110 mcg once daily administered as 2 sprays (27.5
14 mcg/spray) in each nostril. Titrate an individual patient to the minimum effective dosage to
15 reduce the possibility of side effects. When the maximum benefit has been achieved and
16 symptoms have been controlled, reducing the dosage to 55 mcg (1 spray in each nostril) once
17 daily may be effective in maintaining control of allergic rhinitis symptoms.

18 **2.2 Children Aged 2 to 11 Years**

19 The recommended starting dosage in children is 55 mcg once daily administered as 1
20 spray (27.5 mcg/spray) in each nostril. Children not adequately responding to 55 mcg may use
21 110 mcg (2 sprays in each nostril) once daily. Once symptoms have been controlled, the dosage
22 may be decreased to 55 mcg once daily.

23 **3 DOSAGE FORMS AND STRENGTHS**

24 VERAMYST Nasal Spray is a nasal spray suspension. Each spray (50 microliters)
25 delivers 27.5 mcg of fluticasone furoate.

26 **4 CONTRAINDICATIONS**

27 VERAMYST Nasal Spray is contraindicated in patients with hypersensitivity to any of its
28 ingredients [see *Warnings and Precautions (5.3)*]. ~~*Adverse Reactions (6.2)*~~.

29 **5 WARNINGS AND PRECAUTIONS**

30 **5.1 Local Nasal Effects**

31 Epistaxis and Nasal Ulceration: In clinical studies of 2 to 52 weeks' duration, epistaxis
32 and nasal ulcerations were observed more frequently and some epistaxis events were more
33 severe in patients treated with VERAMYST Nasal Spray than those who received placebo [see
34 *Adverse Reactions (6)*].

35 Candida Infection: Evidence of localized infections of the nose with *Candida albicans*
36 was seen on nasal exams in 7 of 2,745 patients treated with VERAMYST Nasal Spray during
37 clinical trials and was reported as an adverse event in 3 patients. When such an infection
38 develops, it may require treatment with appropriate local therapy and discontinuation of
39 VERAMYST Nasal Spray. Therefore, patients using VERAMYST Nasal Spray over several

40 months or longer should be examined periodically for evidence of *Candida* infection or other
41 signs of adverse effects on the nasal mucosa.

42 **Nasal Septal Perforation:** Instances of nasal septal perforation have been reported in
43 patients following the intranasal application of corticosteroids. There were no instances of nasal
44 septal perforation observed in clinical studies with VERAMYST Nasal Spray.

45 **Impaired Wound Healing:** Because of the inhibitory effect of corticosteroids on wound
46 healing, patients who have experienced recent nasal ulcers, nasal surgery, or nasal trauma should
47 not use VERAMYST Nasal Spray until healing has occurred.

48 **5.2 Glaucoma and Cataracts**

49 Nasal and inhaled corticosteroids may result in the development of glaucoma and/or
50 cataracts. Therefore, close monitoring is warranted in patients with a change in vision or with a
51 history of increased intraocular pressure, glaucoma, and/or cataracts.

52 Glaucoma and cataract formation was evaluated with intraocular pressure measurements
53 and slit lamp examinations in 1 controlled 12-month study in 806 adolescent and adult patients
54 12 years and older and in 1 controlled 12-week study in 558 children aged 2 to 11 years. The
55 patients had perennial allergic rhinitis and were treated with either VERAMYST Nasal Spray
56 (110 mcg once daily in adult and adolescent patients and 55 or 110 mcg once daily in pediatric
57 patients) or placebo. Intraocular pressure remained within the normal range (<21 mmHg) in
58 ≥98% of the patients in any treatment group in both studies. However, in the 12-month study in
59 adolescents and adults, 12 patients, all treated with VERAMYST Nasal Spray 110 mcg once
60 daily, had intraocular pressure measurements that increased above normal levels (≥21 mmHg). In
61 the same study, 7 patients (6 treated with VERAMYST Nasal Spray 110 mcg once daily and 1
62 patient treated with placebo) had cataracts identified during the study that were not present at
63 baseline.

64 **5.3 Hypersensitivity Reactions Including AnaphylaxisImmunosuppression**

65 Hypersensitivity reactions including anaphylaxis, angioedema, rash, and urticaria, may
66 occur after administration of VERAMYST Nasal Spray. Discontinue VERAMYST Nasal Spray
67 if such reactions occur [see Contraindications (4)].

68 **5.4 Immunosuppression**

69 Persons who are using drugs that suppress the immune system are more susceptible to
70 infections than healthy individuals. Chickenpox and measles, for example, can have a more
71 serious or even fatal course in susceptible children or adults using corticosteroids. In children or
72 adults who have not had these diseases or have not been properly immunized, particular care
73 should be taken to avoid exposure. How the dose, route, and duration of corticosteroid
74 administration affect the risk of developing a disseminated infection is not known. The
75 contribution of the underlying disease and/or prior corticosteroid treatment to the risk is also not
76 known. If a patient is exposed to chickenpox, prophylaxis with varicella zoster immune globulin
77 (VZIG) may be indicated. If a patient is exposed to measles, prophylaxis with pooled
78 intramuscular immunoglobulin (IG) may be indicated. (See the respective package inserts for
79 complete VZIG and IG prescribing information.) If chickenpox or measles develops, treatment

80 | with antiviral agents may be considered.

81

82 Corticosteroids should be used with caution, if at all, in patients with active or quiescent
83 tuberculous infections of the respiratory tract; untreated local or systemic fungal or bacterial
84 infections; systemic viral or parasitic infections; or ocular herpes simplex because of the
85 potential for worsening of these infections.

86 | **5.54 Hypothalamic-Pituitary-Adrenal Axis Effects**

87 Hypercorticism and Adrenal Suppression: When intranasal steroids are used at higher
88 than recommended dosages or in susceptible individuals at recommended dosages, systemic
89 corticosteroid effects such as hypercorticism and adrenal suppression may appear. If such
90 changes occur, the dosage of VERAMYST Nasal Spray should be discontinued slowly,
91 consistent with accepted procedures for discontinuing oral corticosteroid therapy.

92 The replacement of a systemic corticosteroid with a topical corticosteroid can be
93 accompanied by signs of adrenal insufficiency. In addition, some patients may experience
94 symptoms of corticosteroid withdrawal, e.g., joint and/or muscular pain, lassitude, and
95 depression. Patients previously treated for prolonged periods with systemic corticosteroids and
96 transferred to topical corticosteroids should be carefully monitored for acute adrenal
97 insufficiency in response to stress. In those patients who have asthma or other clinical conditions
98 requiring long-term systemic corticosteroid treatment, rapid decreases in systemic corticosteroid
99 dosages may cause a severe exacerbation of their symptoms.

100 | **5.65 Use of Cytochrome P450 3A4 Inhibitors**

101 Co-administration with ritonavir is not recommended because of the risk of systemic
102 effects secondary to increased exposure to fluticasone furoate. Use caution with the
103 co-administration of VERAMYST Nasal Spray and other potent cytochrome P450 (CYP) 3A4
104 inhibitors, such as ketoconazole [*see Drug Interactions (7)*].

105 | **5.76 Effect on Growth**

106 Corticosteroids may cause a reduction in growth velocity when administered to pediatric
107 patients. Monitor the growth routinely of pediatric patients receiving VERAMYST Nasal Spray.
108 To minimize the systemic effects of intranasal corticosteroids, including VERAMYST Nasal
109 Spray, titrate each patient's dose to the lowest dosage that effectively controls his/her symptoms
110 [*see Use in Specific Populations (8.4)*].

111 | **6 ADVERSE REACTIONS**

112 Systemic and local corticosteroid use may result in the following:

- 113 • Epistaxis, ulcerations, *Candida albicans* infection, impaired wound healing [*see Warnings*
114 *and Precautions (5.1)*]
- 115 • Cataracts and glaucoma [*see Warnings and Precautions (5.2)*]
- 116 | • Immunosuppression [*see Warnings and Precautions (5.4~~3~~)*]
- 117 • Hypothalamic-pituitary-adrenal (HPA) axis effects, including growth reduction [*see*
118 *Warnings and Precautions (5.4, 5.6), Use in Specific Populations (8.4)*]

119 **6.1 Clinical Trials Experience**

120 The safety data described below reflect exposure to VERAMYST Nasal Spray in
 121 1,563 patients with seasonal or perennial allergic rhinitis in 9 controlled clinical trials of 2 to
 122 12 weeks' duration. The data from adults and adolescents are based upon 6 clinical trials in
 123 which 768 patients with seasonal or perennial allergic rhinitis (473 females and 295 males
 124 12 years and older) were treated with VERAMYST Nasal Spray 110 mcg once daily for 2 to
 125 6 weeks. The racial distribution of adult and adolescent patients receiving VERAMYST Nasal
 126 Spray was 82% white, 5% black, and 13% other. The data from pediatric patients are based upon
 127 3 clinical trials in which 795 children with seasonal or perennial rhinitis (352 females and
 128 443 males aged 2 to 11 years) were treated with VERAMYST Nasal Spray 55 or 110 mcg once
 129 daily for 2 to 12 weeks. The racial distribution of pediatric patients receiving VERAMYST
 130 Nasal Spray was 75% white, 11% black, and 14% other.

131 Because clinical trials are conducted under widely varying conditions, adverse reaction
 132 rates observed in the clinical trials of a drug cannot be directly compared with rates in the
 133 clinical trials of another drug and may not reflect the rates observed in practice.

134 Adults and Adolescents 12 Years and Older: Overall adverse reactions were reported
 135 with approximately the same frequency by patients treated with VERAMYST Nasal Spray and
 136 those receiving placebo. Less than 3% of patients in clinical trials discontinued treatment
 137 because of adverse reactions. The rate of withdrawal among patients receiving VERAMYST
 138 Nasal Spray was similar or lower than the rate among patients receiving placebo.

139 Table 1 displays the common adverse reactions (>1% in any patient group receiving
 140 VERAMYST Nasal Spray) that occurred more frequently in patients 12 years and older treated
 141 with VERAMYST Nasal Spray compared with placebo-treated patients.

142
 143 **Table 1. Adverse Reactions With >1% Incidence in Controlled Clinical Trials of**
 144 **2 to 6 Weeks' Duration ~~With~~with VERAMYST Nasal Spray in Adult and**
 145 **Adolescent Patients ~~With~~with Seasonal or Perennial Allergic Rhinitis**

Adverse Event	Adult and Adolescent Patients 12 Years and Older	
	Vehicle Placebo (n = 774)	VERAMYST Nasal Spray 110 mcg Once Daily (n = 768)
Headache	54 (7%)	72 (9%)
Epistaxis	32 (4%)	45 (6%)
Pharyngolaryngeal pain	8 (1%)	15 (2%)
Nasal ulceration	3 (<1%)	11 (1%)
Back pain	7 (<1%)	9 (1%)

146
 147 There were no differences in the incidence of adverse reactions based on gender or race.
 148 Clinical trials did not include sufficient numbers of patients 65 years and older to determine

149 whether they respond differently from younger subjects.

150 Pediatric Patients Aged 2 to 11 Years: In the 3 clinical trials in pediatric patients aged
151 2 to <12 years, overall adverse reactions were reported with approximately the same frequency
152 by patients treated with VERAMYST Nasal Spray and those receiving placebo. Table 2 displays
153 the common adverse reactions (>3% in any patient group receiving VERAMYST Nasal Spray),
154 that occurred more frequently in patients aged 2 to 11 years treated with VERAMYST Nasal
155 Spray compared with placebo-treated patients.

156

157 **Table 2. Adverse Reactions With >3% Incidence in Controlled Clinical Trials of 2 to**
158 **12 Weeks' Duration Withwith VERAMYST Nasal Spray in Pediatric Patients Withwith**
159 **Seasonal or Perennial Allergic Rhinitis**

Adverse Event	Pediatric Patients Aged 2 to <12 Years		
	Vehicle Placebo (n = 429)	VERAMYST Nasal Spray 55 mcg Once Daily (n = 369)	VERAMYST Nasal Spray 110 mcg Once Daily (n = 426)
Headache	31 (7%)	28 (8%)	33 (8%)
Nasopharyngitis	21 (5%)	20 (5%)	21 (5%)
Epistaxis	19 (4%)	17 (5%)	17 (4%)
Pyrexia	7 (2%)	17 (5%)	19 (4%)
Pharyngolaryngeal pain	14 (3%)	16 (4%)	12 (3%)
Cough	12 (3%)	12 (3%)	16 (4%)

160

161 There were no differences in the incidence of adverse reactions based on gender or race.
162 Pyrexia occurred more frequently in children aged 2 to <6 years compared with children aged 6
163 to <12 years.

164 Long-Term (52-Week) Safety Trial: In a 52-week, placebo-controlled, long-term safety
165 trial, 605 patients (307 females and 298 males 12 years and older) with perennial allergic rhinitis
166 were treated with VERAMYST Nasal Spray 110 mcg once daily for 12 months and 201 were
167 treated with placebo nasal spray. While most adverse reactions were similar in type and rate
168 between the treatment groups, epistaxis occurred more frequently in patients who received
169 VERAMYST Nasal Spray (123/605, 20%) than in patients who received placebo (17/201, 8%).
170 Epistaxis tended to be more severe in patients treated with VERAMYST Nasal Spray. All
171 17 reports of epistaxis that occurred in patients who received placebo were of mild intensity,
172 while 83, 39, and 1 of the total 123 epistaxis events in patients treated with VERAMYST Nasal
173 Spray were of mild, moderate, and severe intensity, respectively. No patient experienced a nasal
174 septal perforation during this trial.

175 **6.2 Postmarketing Experience**

176 In addition to adverse reactions reported from clinical trials, the following adverse

177 reactions have been identified during postmarketing use of VERAMYST Nasal Spray. Because
178 these reactions are reported voluntarily from a population of uncertain size, it is not always
179 possible to reliably estimate their frequency or establish a causal relationship to drug exposure.
180 These events have been chosen for inclusion due to either their seriousness, frequency of
181 reporting, or causal connection to fluticasone ~~furoate~~propionate or a combination of these
182 factors.

183 Immune System Disorders: Hypersensitivity reactions including anaphylaxis,
184 angioedema, rash, and urticaria.

185 **7 DRUG INTERACTIONS**

186 Fluticasone furoate is cleared by extensive first-pass metabolism mediated by CYP 3A4.
187 In a drug interaction study of intranasal fluticasone furoate and the CYP 3A4 inhibitor
188 ketoconazole given as a 200-mg once-daily dose for 7 days, 6 of 20 subjects receiving
189 fluticasone furoate and ketoconazole had measurable but low levels of fluticasone furoate
190 compared with 1 of 20 receiving fluticasone furoate and placebo. Based on this study and the
191 low systemic exposure, there was a 5% reduction in 24-hour serum cortisol levels with
192 ketoconazole compared with placebo. The data from this study should be carefully interpreted
193 because the study was conducted with ketoconazole 200 mg once daily rather than 400 mg,
194 which is the maximum recommended dosage. Therefore, caution is required with the
195 co-administration of VERAMYST Nasal Spray and ketoconazole or other potent CYP 3A4
196 inhibitors.

197 Based on data with another glucocorticoid, fluticasone propionate, metabolized by CYP
198 3A4, co-administration of VERAMYST Nasal Spray with the potent CYP 3A4 inhibitor
199 ritonavir is not recommended because of the risk of systemic effects secondary to increased
200 exposure to fluticasone furoate. High exposure to corticosteroids increases the potential for
201 systemic side effects, such as cortisol suppression.

202 Enzyme induction and inhibition data suggest that fluticasone furoate is unlikely to
203 significantly alter the cytochrome P450-mediated metabolism of other compounds at clinically
204 relevant intranasal dosages.

205 **8 USE IN SPECIFIC POPULATIONS**

206 **8.1 Pregnancy**

207 Teratogenic Effects: Pregnancy Category C. Corticosteroids have been shown to be
208 teratogenic in laboratory animals when administered systemically at relatively low dosage levels.

209 There were no teratogenic effects in rats and rabbits at inhaled fluticasone furoate
210 dosages of up to 91 and 8 mcg/kg/day, respectively (approximately 7 and 1 times, respectively,
211 the maximum recommended daily intranasal dose in adults on a mcg/m² basis). There was also
212 no effect on pre- or post-natal development in rats treated with up to 27 mcg/kg/day by
213 inhalation during gestation and lactation (approximately 2 times the maximum recommended
214 daily intranasal dose in adults on a mcg/m² basis).

215 There are no adequate and well-controlled studies in pregnant women. VERAMYST

216 Nasal Spray should be used during pregnancy only if the potential benefit justifies the potential
217 risk to the fetus.

218 **Nonteratogenic Effects:** Hypoadrenalism may occur in infants born of mothers
219 receiving corticosteroids during pregnancy. Such infants should be carefully monitored.

220 **8.3 Nursing Mothers**

221 It is not known whether fluticasone furoate is excreted in human breast milk. However,
222 other corticosteroids have been detected in human milk. Since there are no data from controlled
223 trials on the use of intranasal fluticasone furoate by nursing mothers, caution should be exercised
224 when VERAMYST Nasal Spray is administered to a nursing woman.

225 **8.4 Pediatric Use**

226 Controlled clinical trials with VERAMYST Nasal Spray included 1,224 patients aged 2
227 to 11 years and 344 adolescent patients aged 12 to 17 years [*see Clinical Studies (14)*]. The
228 safety and effectiveness of VERAMYST Nasal Spray in children younger than 2 years have not
229 been established.

230 Controlled clinical studies have shown that intranasal corticosteroids may cause a
231 reduction in growth velocity in pediatric patients. This effect has been observed in the absence of
232 laboratory evidence of HPA axis suppression, suggesting that growth velocity is a more sensitive
233 indicator of systemic corticosteroid exposure in pediatric patients than some commonly used
234 tests of HPA axis function. The long-term effects of reduction in growth velocity associated with
235 intranasal corticosteroids, including the impact on final adult height, are unknown. The potential
236 for “catch-up” growth following discontinuation of treatment with intranasal corticosteroids has
237 not been adequately studied. The growth of pediatric patients receiving intranasal corticosteroids,
238 including VERAMYST Nasal Spray, should be monitored routinely (e.g., via stadiometry). The
239 potential growth effects of prolonged treatment should be weighed against the clinical benefits
240 obtained and the risks/benefits of treatment alternatives. To minimize the systemic effects of
241 intranasal corticosteroids, including VERAMYST Nasal Spray, each patient’s dose should be
242 titrated to the lowest dosage that effectively controls his/her symptoms.

243 The potential for VERAMYST Nasal Spray to cause growth suppression in susceptible
244 patients or when given at higher than recommended dosages cannot be ruled out.

245 **8.5 Geriatric Use**

246 Clinical studies of VERAMYST Nasal Spray did not include sufficient numbers of
247 subjects 65 years and older to determine whether they respond differently from younger subjects.
248 Other reported clinical experience has not identified differences in responses between the elderly
249 and younger patients. In general, dose selection for an elderly patient should be cautious, usually
250 starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic,
251 renal, or cardiac function, and of concomitant disease or other drug therapy.

252 **8.6 Hepatic Impairment**

253 Use VERAMYST Nasal Spray with caution in patients with severe hepatic impairment
254 [*see Pharmacokinetics (12.3)*].

255 **8.7 Renal Impairment**

256 No dosage adjustment is required in patients with renal impairment [see
257 *Pharmacokinetics (12.3)*].

258 **10 OVERDOSAGE**

259 Chronic overdosage may result in signs/symptoms of hypercorticism [see *Warnings and*
260 *Precautions (5.4)*]. There are no data on the effects of acute or chronic overdosage with
261 VERAMYST Nasal Spray. Because of low systemic bioavailability and an absence of acute
262 drug-related systemic findings in clinical studies (with dosages of up to 440 mcg/day for 2 weeks
263 [4 times the maximum recommended daily dose]), overdose is unlikely to require any therapy
264 other than observation.

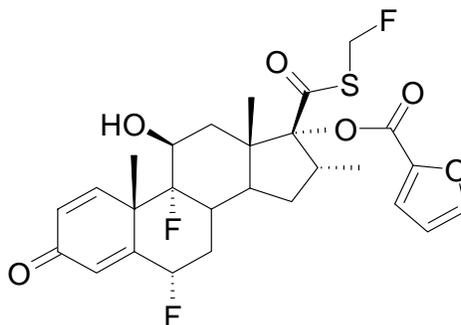
265 Intranasal administration of up to 2,640 mcg/day (24 times the recommended adult dose)
266 of fluticasone furoate was administered to healthy human volunteers for 3 days. Single- and
267 repeat-dose studies with orally inhaled fluticasone furoate doses of 50 to 4,000 mcg have shown
268 decreased mean serum cortisol at doses of 500 mcg or higher. The oral median lethal dose in
269 mice and rats was >2,000 mg/kg (approximately 74,000 and 147,000 times, respectively, the
270 maximum recommended daily intranasal dose in adults and 52,000 and 105,000 times,
271 respectively, the maximum recommended daily intranasal dose in children, on a mcg/m² basis).

272 Acute overdosage with the intranasal dosage form is unlikely since 1 bottle of
273 VERAMYST Nasal Spray contains approximately 3 mg of fluticasone furoate, and the
274 bioavailability of fluticasone furoate is <1% for 2.64 mg/day given intranasally and 1% for
275 2 mg/day given as an oral solution.

276 **11 DESCRIPTION**

277 Fluticasone furoate, the active component of VERAMYST Nasal Spray, is a synthetic
278 fluorinated corticosteroid having the chemical name (6 α ,11 β ,16 α ,17 α)-6,9-difluoro-17-
279 {[(fluoro-methyl)thio]carbonyl}-11-hydroxy-16-methyl-3-oxoandrosta-1,4-dien-17-yl 2-
280 furancarboxylate and the following chemical structure:

281



282
283

284 Fluticasone furoate is a white powder with a molecular weight of 538.6, and the empirical
285 formula is C₂₇H₂₉F₃O₆S. It is practically insoluble in water.

286 VERAMYST Nasal Spray is an aqueous suspension of micronized fluticasone furoate for
287 topical administration to the nasal mucosa by means of a metering (50 microliters), atomizing

288 spray pump. After initial priming [see Dosage and Administration (2)], each actuation delivers
289 27.5 mcg of fluticasone furoate in a volume of 50 microliters of nasal spray suspension.
290 VERAMYST Nasal Spray also contains 0.015% w/w benzalkonium chloride, dextrose
291 anhydrous, edetate disodium, microcrystalline cellulose and carboxymethylcellulose sodium,
292 polysorbate 80, and purified water. It has a pH of approximately 6.

293 **12 CLINICAL PHARMACOLOGY**

294 **12.1 Mechanism of Action**

295 Fluticasone furoate is a synthetic trifluorinated corticosteroid with potent
296 anti-inflammatory activity. The precise mechanism through which fluticasone furoate affects
297 rhinitis symptoms is not known. Corticosteroids have been shown to have a wide range of
298 actions on multiple cell types (e.g., mast cells, eosinophils, neutrophils, macrophages,
299 lymphocytes) and mediators (e.g., histamine, eicosanoids, leukotrienes, cytokines) involved in
300 inflammation. Specific effects of fluticasone furoate demonstrated in in vitro and in vivo models
301 included activation of the glucocorticoid response element, inhibition of pro-inflammatory
302 transcription factors such as NFκB, and inhibition of antigen-induced lung eosinophilia in
303 sensitized rats.

304 Fluticasone furoate has been shown in vitro to exhibit a binding affinity for the human
305 glucocorticoid receptor that is approximately 29.9 times that of dexamethasone and 1.7 times
306 that of fluticasone propionate. The clinical relevance of these findings is unknown.

307 **12.2 Pharmacodynamics**

308 Adrenal Function: The effects of VERAMYST Nasal Spray on adrenal function have
309 been evaluated in 4 controlled clinical trials in patients with perennial allergic rhinitis. Two
310 6-week clinical trials were designed specifically to assess the effect of VERAMYST Nasal Spray
311 on the HPA axis with assessments of both 24-hour urinary cortisol excretion and serum cortisol
312 levels in domiciled patients. In addition, one 52-week safety study and one 12-week safety and
313 efficacy study included assessments of 24-hour urinary cortisol excretion. Details of the studies
314 and results are described below. In all 4 studies, since serum fluticasone determinations were
315 generally below the limit of quantification, compliance was assured by efficacy assessments.

316 *Clinical Trials Specifically Designed to Assess Hypothalamic-Pituitary-Adrenal*
317 *Axis Effect:* In a 6-week randomized, double-blind, parallel-group study in adult and adolescent
318 patients 12 years and older with perennial allergic rhinitis, VERAMYST Nasal Spray 110 mcg
319 was compared with both placebo nasal spray and prednisone as a positive-control group that
320 received prednisone 10 mg orally once daily for the final 7 days of the treatment period. Adrenal
321 function was assessed by 24-hour urinary cortisol excretion before and after 6 weeks of treatment
322 and by serial serum cortisol levels. Patients were domiciled for collection of 24-hour urinary
323 cortisol. After 6 weeks of treatment, there was a change from baseline in the mean 24-hour
324 urinary cortisol excretion in the group treated with VERAMYST Nasal Spray (n = 43) of
325 -1.16 mcg/day compared with -3.48 mcg/day in the placebo group (n = 42). The difference from
326 placebo in the group treated with VERAMYST Nasal Spray was 2.32 mcg/day (95% CI: -6.76,

327 11.39). Urinary cortisol data were not available for the positive-control (prednisone) treatment
328 group. For serum cortisol levels, after 6 weeks of treatment there was a change from baseline in
329 the mean (0-24 hours) of -0.38 and 0.08 mcg/dL for the group treated with VERAMYST Nasal
330 Spray (n = 43) and the placebo group (n = 44), respectively, with a difference between the group
331 treated with VERAMYST Nasal Spray and the placebo group of -0.47 mcg/dL (95% CI: -1.31,
332 0.37). For comparison, in the positive-control (prednisone, n = 12) treatment group, there was a
333 change in mean serum cortisol (0-24 hours) from baseline of -4.49 mcg/dL with a difference
334 between the prednisone and placebo group of -4.57 mcg/dL (95% CI: -5.83, -3.31).

335 The second 6-week study conducted in children aged 2 to 11 years was of similar design
336 to the adult study, including adrenal function assessments, but did not include a prednisone
337 positive-control arm. Patients were treated once daily with VERAMYST Nasal Spray 110 mcg
338 or placebo nasal spray. After 6 weeks of treatment, there was a change in the mean 24-hour
339 urinary cortisol excretion in the group treated with VERAMYST Nasal Spray (n = 43) of
340 0.49 mcg/day compared with 1.92 mcg/day in the placebo group (n = 41), with a difference
341 between the group treated with VERAMYST Nasal Spray and the placebo group of
342 -1.43 mcg/day (95% CI: -5.21, 2.35). For serum cortisol levels, after 6 weeks, there was a change
343 from baseline in mean (0-24 hours) of -0.34 and -0.23 mcg/dL for the group treated with
344 VERAMYST Nasal Spray (n = 48) and for the placebo group (n = 47), respectively, with a
345 difference between the group treated with VERAMYST Nasal Spray and the placebo group of
346 -0.11 mcg/dL (95% CI: -0.88, 0.66).

347 Additional Hypothalamic-Pituitary-Adrenal Axis Assessments: In the 52-week
348 safety trial in adolescents and adults 12 years and older with perennial allergic rhinitis,
349 VERAMYST Nasal Spray 110 mcg (n = 605) was compared with placebo nasal spray (n = 201).
350 Adrenal function was assessed by 24-hour urinary cortisol excretion in a subset of patients who
351 received VERAMYST Nasal Spray (n = 370) or placebo (n = 120) before and after 52 weeks of
352 treatment. After 52 weeks of treatment, the mean change from baseline 24-hour urinary cortisol
353 excretion was 5.84 mcg/day in the group treated with VERAMYST Nasal Spray and
354 3.34 mcg/day in the placebo group. The difference from placebo in mean change from baseline
355 24-hour urinary cortisol excretion was 2.50 mcg/day (95% CI: -5.49, 10.49).

356 In the 12-week safety and efficacy trial in children aged 2 to 11 years with perennial
357 allergic rhinitis, VERAMYST Nasal Spray 55 mcg (n = 185) and VERAMYST Nasal Spray
358 110 mcg (n = 185) were compared with placebo nasal spray (n = 188). Adrenal function was
359 assessed by measurement of 24-hour urinary free cortisol in a subset of patients who were aged 6
360 to 11 years (103 to 109 patients per group) before and after 12 weeks of treatment. After
361 12 weeks of treatment, there was a decrease in mean 24-hour urinary cortisol excretion from
362 baseline in the group treated with VERAMYST Nasal Spray 55 mcg (n = 109) of -2.93 mcg/day
363 and in the group treated with VERAMYST Nasal Spray 110 mcg (n = 103) of -2.07 mcg/day
364 compared with an increase in the placebo group (n = 107) of 0.08 mcg/day. The difference from
365 placebo in mean change from baseline in 24-hour urinary cortisol excretion for the group treated
366 with VERAMYST Nasal Spray 55 mcg was -3.01 mcg/day (95% CI: -6.16, 0.13) and

367 -2.14 mcg/day (95% CI: -5.33, 1.04) for the group treated with VERAMYST Nasal Spray
368 110 mcg.

369 When the results of the HPA axis assessments described above are taken as a whole, an
370 effect of intranasal fluticasone furoate on adrenal function cannot be ruled out, especially in
371 pediatric patients.

372 **Cardiac Effects:** A QT/QTc study did not demonstrate an effect of fluticasone furoate
373 administration on the QTc interval. The effect of a single dose of 4,000 mcg of orally inhaled
374 fluticasone furoate on the QTc interval was evaluated over 24 hours in 40 healthy male and
375 female subjects in a placebo and positive (a single dose of 400 mg oral moxifloxacin) controlled
376 cross-over study. The QTcF maximal mean change from baseline following fluticasone furoate
377 was similar to that observed with placebo with a treatment difference of 0.788 msec, 90% CI:
378 -1.802, 3.378. In contrast, moxifloxacin given as a 400-mg tablet resulted in prolongation of the
379 QTcF maximal mean change from baseline compared with placebo with a treatment difference
380 of 9.929 msec, 90% CI: 7.339, 12.520. While a single dose of fluticasone furoate had no effect
381 on the QTc interval, the effects of fluticasone furoate may not be at steady state following single
382 dose. The effect of fluticasone furoate on the QTc interval following multiple dose
383 administration is unknown.

384 **12.3 Pharmacokinetics**

385 **Absorption:** Following intranasal administration of fluticasone furoate, most of the dose
386 is eventually swallowed and undergoes incomplete absorption and extensive first-pass
387 metabolism in the liver and gut, resulting in negligible systemic exposure. At the highest
388 recommended intranasal dosage of 110 mcg once daily for up to 12 months in adults and up to
389 12 weeks in children, plasma concentrations of fluticasone furoate are typically not quantifiable
390 despite the use of a sensitive HPLC-MS/MS assay with a lower limit of quantification (LOQ) of
391 10 pg/mL. However, in a few isolated cases (<0.3%) fluticasone furoate was detected in high
392 concentrations above 500 pg/mL, and in a single case the concentration was as high as
393 1,430 pg/mL in the 52-week study. There was no relationship between these concentrations and
394 cortisol levels in these subjects. The reasons for these high concentrations are unknown.

395 Absolute bioavailability was evaluated in 16 male and female subjects following
396 suprathreshold dosages of fluticasone furoate (880 mcg given intranasally at 8-hour intervals
397 for 10 doses, or 2,640 mcg/day). The average absolute bioavailability was 0.50% (90% CI:
398 0.34%, 0.74%).

399 Due to the low bioavailability by the intranasal route, the majority of the pharmacokinetic
400 data was obtained via other routes of administration. Studies using oral solution and intravenous
401 dosing of radiolabeled drug have demonstrated that at least 30% of fluticasone furoate is
402 absorbed and then rapidly cleared from plasma. Oral bioavailability is on average 1.26%, and the
403 majority of the circulating radioactivity is due to inactive metabolites.

404 **Distribution:** Following intravenous administration, the mean volume of distribution at
405 steady state is 608 L.

406 Binding of fluticasone furoate to human plasma proteins is greater than 99%.

407 Metabolism: In vivo studies have revealed no evidence of cleavage of the furoate moiety
408 to form fluticasone. Fluticasone furoate is cleared (total plasma clearance of 58.7 L/h) from
409 systemic circulation principally by hepatic metabolism via CYP 3A4. The principal route of
410 metabolism is hydrolysis of the S-fluoromethyl carbothioate function to form the inactive
411 17 β -carboxylic acid metabolite.

412 Elimination: Fluticasone furoate and its metabolites are eliminated primarily in the feces,
413 accounting for approximately 101% and 90% of the orally and intravenously administered dose,
414 respectively. Urinary excretion accounted for approximately 1% and 2% of the orally and
415 intravenously administered dose, respectively. The elimination phase half-life averaged
416 15.1 hours following intravenous administration.

417 Population Pharmacokinetics: Fluticasone furoate is typically not quantifiable in
418 plasma following intranasal dosing of 110 mcg once daily with the exception of isolated cases of
419 very high plasma levels (see Absorption). Overall, quantifiable levels (>10 pg/mL) were
420 observed in <31% of patients 12 years and older and in <16% of children (aged 2 to 11 years)
421 following intranasal dosing of 110 mcg once daily and in <7% of children following intranasal
422 dosing of 55 mcg once daily. There was no evidence to suggest that the presence or absence of
423 detectable levels of fluticasone furoate was related to gender, age, or race.

424 Hepatic Impairment: Reduced liver function may affect the elimination of
425 corticosteroids. Since fluticasone furoate undergoes extensive first-pass metabolism by the
426 hepatic CYP 3A4, the pharmacokinetics of fluticasone furoate may be altered in patients with
427 hepatic impairment. A study of a single 400-mcg dose of orally inhaled fluticasone furoate in
428 patients with moderate hepatic impairment (Child-Pugh Class B) resulted in increased C_{max}
429 (42%) and AUC_(0- ∞) (172%), resulting in an approximately 20% reduction in serum cortisol level
430 in patients with hepatic impairment compared with healthy subjects. The systemic exposure
431 would be expected to be higher than that observed had the study been conducted after multiple
432 doses and/or in patients with severe hepatic impairment. Therefore, use VERAMYST Nasal
433 Spray with caution in patients with severe hepatic impairment.

434 Renal Impairment: Fluticasone furoate is not detectable in urine from healthy subjects
435 following intranasal dosing. Less than 1% of dose-related material is excreted in urine. No
436 dosage adjustment is required in patients with renal impairment.

437 **13 NONCLINICAL TOXICOLOGY**

438 **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

439 Fluticasone furoate produced no treatment-related increases in the incidence of tumors in
440 2-year inhalation studies in rats and mice at doses of up to 9 and 19 mcg/kg/day, respectively
441 (less than the maximum recommended daily intranasal dose in adults and children on a mcg/m²
442 basis).

443 Fluticasone furoate did not induce gene mutation in bacteria or chromosomal damage in a
444 mammalian cell mutation test in mouse lymphoma L5178Y cells in vitro. There was also no
445 evidence of genotoxicity in the in vivo micronucleus test in rats.

446 No evidence of impairment of fertility was observed in reproductive studies conducted in
447 male and female rats at inhaled fluticasone furoate doses of up to 24 and 91 mcg/kg/day,
448 respectively (approximately 2 and 7 times, respectively, the maximum recommended daily
449 intranasal dose in adults on a mcg/m² basis).

450 **14 CLINICAL STUDIES**

451 **14.1 Seasonal and Perennial Allergic Rhinitis**

452 Adult and Adolescent Patients 12 Years and Older: The efficacy and safety of
453 VERAMYST Nasal Spray was evaluated in 5 randomized, double-blind, parallel-group,
454 multicenter, placebo-controlled clinical trials of 2 to 4 weeks' duration in adult and adolescent
455 patients 12 years and older with symptoms of seasonal or perennial allergic rhinitis. The
456 5 clinical trials included one 2-week dose-ranging trial in patients with seasonal allergic rhinitis,
457 three 2-week confirmatory efficacy trials in patients with seasonal allergic rhinitis, and one
458 4-week efficacy trial in patients with perennial allergic rhinitis. These trials included
459 1,829 patients (697 males and 1,132 females). About 75% of patients were Caucasian, and the
460 mean age was 36 years. Of these patients, 722 received VERAMYST Nasal Spray 110 mcg once
461 daily administered as 2 sprays in each nostril.

462 Assessment of efficacy was based on total nasal symptom score (TNSS). TNSS is
463 calculated as the sum of the patients' scoring of the 4 individual nasal symptoms (rhinorrhea,
464 nasal congestion, sneezing, and nasal itching) on a 0 to 3 categorical severity scale (0 = absent,
465 1 = mild, 2 = moderate, 3 = severe) as reflective (rTNSS) or instantaneous (iTNS). rTNSS
466 required the patients to record symptom severity over the previous 12 hours; iTNS required
467 patients to record symptom severity at the time immediately prior to the next dose. Morning and
468 evening rTNSS scores were averaged over the treatment period and the difference from placebo
469 in the change from baseline rTNSS was the primary efficacy endpoint. The morning iTNS (AM
470 iTNS) reflects the TNSS at the end of the 24-hour dosing interval and is an indication of
471 whether the effect was maintained over the 24-hour dosing interval.

472 Additional secondary efficacy variables were assessed, including the total ocular
473 symptom score (TOSS) and the Rhinoconjunctivitis Quality of Life Questionnaire (RQLQ).
474 TOSS is calculated as the sum of the patients' scoring of the 3 individual ocular symptoms
475 (itching/burning, tearing/watering, and redness) on a 0 to 3 categorical severity scale (0 = absent,
476 1 = mild, 2 = moderate, 3 = severe) as reflective (rTOSS) or instantaneous scores (iTOSS). To
477 assess efficacy, rTOSS and AM iTOSS were evaluated as described above for the TNSS.
478 Patients' perceptions of disease-specific quality of life were evaluated through use of the RQLQ,
479 which assesses the impact of allergic rhinitis treatment through 28 items in 7 domains (activities,
480 sleep, non-nose/eye symptoms, practical problems, nasal symptoms, eye symptoms, and
481 emotional) on a 7-point scale where 0 = no impairment and 6 = maximum impairment. An
482 overall RQLQ score is calculated from the mean of all items in the instrument. An absolute
483 difference of ≥ 0.5 in mean change from baseline over placebo is considered the minimally
484 important difference (MID) for the RQLQ.

485 *Dose-Ranging Trial:* The dose-ranging trial was a 2-week trial that evaluated the
 486 efficacy of 4 dosages of fluticasone furoate nasal spray (440, 220, 110, and 55 mcg) in patients
 487 with seasonal allergic rhinitis. In this trial, each of the 4 dosages of fluticasone furoate nasal
 488 spray demonstrated greater decreases in the rTNSS than placebo, and the difference was
 489 statistically significant (Table 3).

490

491 **Table 3. Mean Change From Baseline in Reflective Total Nasal Symptom Score Over 2**
 492 **Weeks in Patients With Seasonal Allergic Rhinitis**

Treatment	n	Baseline (AM + PM)	Change From Baseline	Difference From Placebo		
				LS Mean	95% CI	P Value
Fluticasone furoate 440 mcg	130	9.6	-4.02	-2.19	-2.75, -1.62	<0.001
Fluticasone furoate 220 mcg	129	9.5	-3.19	-1.36	-1.93, -0.79	<0.001
Fluticasone furoate 110 mcg	127	9.5	-3.84	-2.01	-2.58, -1.44	<0.001
Fluticasone furoate 55 mcg	125	9.6	-3.50	-1.68	-2.25, -1.10	<0.001
Placebo	128	9.6	-1.83			

493

494 Each of the 4 dosages of fluticasone furoate nasal spray also demonstrated greater
 495 decreases in the AM iTNSS than placebo, and the difference between each of the 4 fluticasone
 496 furoate treatment groups and placebo was statistically significant, indicating that the effect was
 497 maintained over the 24-hour dosing interval.

498 *Seasonal Allergic Rhinitis Trials:* Three clinical trials were designed to evaluate the
 499 efficacy of VERAMYST Nasal Spray 110 mcg once daily compared with placebo in patients
 500 with seasonal allergic rhinitis over a 2-week treatment period. In all 3 trials, VERAMYST Nasal
 501 Spray 110 mcg demonstrated a greater decrease from baseline in the rTNSS and AM iTNSS than
 502 placebo, and the difference from placebo was statistically significant. In terms of ocular
 503 symptoms, in all 3 seasonal allergic rhinitis trials, VERAMYST Nasal Spray 110 mcg
 504 demonstrated a greater decrease from baseline in the rTOSS than placebo and the difference
 505 from placebo was statistically significant. For the RQLQ in all 3 seasonal allergic rhinitis trials,
 506 VERAMYST Nasal Spray 110 mcg demonstrated greater decrease from baseline in the overall
 507 RQLQ than placebo, and the difference from placebo was statistically significant. The difference
 508 in the overall RQLQ score mean change from baseline between the groups treated with
 509 VERAMYST Nasal Spray and placebo ranged from -0.60 to -0.70 in the 3 trials, meeting the
 510 minimally important difference criterion. Table 4 displays the efficacy results from a
 511 representative trial in patients with seasonal allergic rhinitis.

512 *Perennial Allergic Rhinitis Trials:* One clinical trial was designed to evaluate the
 513 efficacy of VERAMYST Nasal Spray 110 mcg once daily compared with placebo in patients
 514 with perennial allergic rhinitis over a 4-week treatment period. VERAMYST Nasal Spray
 515 110 mcg demonstrated a greater decrease from baseline in the rTNSS and AM iTNSS than
 516 placebo, and the difference from placebo was statistically significant. Similar to patients with

517 seasonal allergic rhinitis, the improvement of nasal symptoms with VERAMYST Nasal Spray in
 518 patients with perennial allergic rhinitis persisted for a full 24 hours, as evaluated by AM iTNSS
 519 immediately prior to the next dose. However, unlike the trials in patients with seasonal allergic
 520 rhinitis, patients with perennial allergic rhinitis who were treated with VERAMYST Nasal Spray
 521 110 mcg did not demonstrate statistically significant improvement from baseline in rTOSS or in
 522 disease-specific quality of life as measured by the RQLQ compared with placebo. In addition,
 523 the overall RQLQ score mean change from baseline difference between the group treated with
 524 VERAMYST Nasal Spray and the placebo group was -0.23, which did not meet the minimally
 525 important difference of ≥ 0.5 . Table 4 displays the efficacy results from the clinical trial in
 526 patients with perennial allergic rhinitis.

527

528 **Table 4. Mean Changes in Efficacy Variables in Adult and Adolescent Patients With**
 529 **Seasonal or Perennial Allergic Rhinitis**

Treatment	n	Baseline	Change From Baseline – LS Mean	Difference From Placebo		
				LS Mean	95% CI	P Value
Reflective Total Nasal Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 110 mcg	151	9.6	-3.55	-1.47	-2.01, -0.94	<0.001
Placebo	147	9.9	-2.07			
Perennial allergic rhinitis trial						
Fluticasone furoate 110 mcg	149	8.6	-2.78	-0.71	-1.20, -0.21	0.005
Placebo	153	8.7	-2.08			
Instantaneous Total Nasal Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 110 mcg	151	9.4	-2.90	-1.38	-1.90, -0.85	<0.001
Placebo	147	9.3	-1.53			
Perennial allergic rhinitis trial						
Fluticasone furoate 110 mcg	149	8.2	-2.45	-0.71	-1.20, -0.21	0.006
Placebo	153	8.3	-1.75			
Reflective Total Ocular Symptom Scores						
Seasonal allergic						

rhinitis trial						
Fluticasone furoate 110 mcg	151	6.6	-2.23	-0.60	-1.01, -0.19	0.004
Placebo	147	6.5	-1.63			
Perennial allergic rhinitis trial						
Fluticasone furoate 110 mcg	149	4.8	-1.39	-0.15	-0.52, 0.22	0.428
Placebo	153	5.0	-1.24			
Rhinoconjunctivitis Quality of Life Questionnaire						
Seasonal allergic rhinitis trial						
Fluticasone furoate 110 mcg	144	3.9	-1.77	-0.60	-0.93, -0.28	<0.001
Placebo	144	3.9	-1.16			
Perennial allergic rhinitis trial						
Fluticasone furoate 110 mcg	143	3.5	-1.41	-0.23	-0.59, 0.13	0.214
Placebo	151	3.4	-1.18			

530

531 Onset of action was evaluated by frequent instantaneous TNSS assessments after the first
532 dose in the clinical trials in patients with seasonal allergic rhinitis and perennial allergic rhinitis.
533 Onset of action was generally observed within 24 hours in patients with seasonal allergic rhinitis.
534 In patients with perennial rhinitis, onset of action was observed after 4 days of treatment.
535 Continued improvement in symptoms was observed over approximately 1 and 3 weeks in
536 patients with seasonal or perennial allergic rhinitis, respectively.

537 Pediatric Patients Aged 2 to 11 Years: The efficacy and safety of VERAMYST Nasal
538 Spray were evaluated in 1,112 children (633 boys and 479 girls), mean age of 8 years with
539 seasonal or perennial allergic rhinitis in 2 controlled clinical trials. The pediatric patients were
540 treated with VERAMYST Nasal Spray 55 or 110 mcg once daily for 2 to 12 weeks (n = 369 for
541 each dose). The trials were similar in design to the trials conducted in adolescents and adults;
542 however, the efficacy determination was made from patient- or parent/guardian-reported TNSS
543 for children aged 6 to <12 years. Children treated with VERAMYST Nasal Spray generally
544 exhibited greater decreases in nasal symptoms than placebo-treated patients. In seasonal allergic
545 rhinitis, the difference in rTNSS was statistically significant only for the 110-mcg dose. In
546 perennial allergic rhinitis, the difference in rTNSS was statistically significant only for the 55-
547 mcg dose. Changes in rTOSS in the seasonal allergic rhinitis trial were not statistically
548 significant compared with placebo for either dose. rTOSS was not assessed in the perennial
549 allergic rhinitis trial. Table 5 displays the efficacy results from the clinical trials in patients with

550 perennial allergic rhinitis and seasonal allergic rhinitis in children aged 6 to <12 years. Efficacy
 551 in children aged 2 to <6 years was supported by a numerical decrease in the rTNSS.

552

553 **Table 5. Mean Changes in Efficacy Variables in Pediatric Patients Aged 6 to <12 Years**
 554 **With Seasonal or Perennial Allergic Rhinitis**

Treatment	n	Baseline	Change From Baseline – LS Mean	Difference From Placebo		
				LS Mean	95% CI	P Value
Reflective Total Nasal Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 55 mcg	151	8.6	-2.71	-0.16	-0.69, 0.37	0.553
Fluticasone furoate 110 mcg	146	8.5	-3.16	-0.62	-1.15, -0.08	0.025
Placebo	149	8.4	-2.54			
Perennial allergic rhinitis trial						
Fluticasone furoate 55 mcg	144	8.5	-4.16	-0.75	-1.24, -0.27	0.003
Fluticasone furoate 110 mcg	140	8.6	-3.86	-0.45	-0.95, 0.04	0.073
Placebo	147	8.5	-3.41			
Instantaneous Total Nasal Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 55 mcg	151	8.4	-2.37	-0.23	-0.77, 0.30	0.389
Fluticasone furoate 110 mcg	146	8.3	-2.80	-0.67	-1.21, -0.13	0.015
Placebo	149	8.4	-2.13			
Perennial allergic rhinitis trial						
Fluticasone furoate 55 mcg	144	8.3	-3.62	-0.75	-1.24, -0.27	0.002
Fluticasone furoate 110 mcg	140	8.3	-3.52	-0.65	-1.14, -0.16	0.009
Placebo	147	8.3	-2.87			
Reflective Total Ocular Symptom Scores						
Seasonal allergic						

rhinitis trial						
Fluticasone furoate 55 mcg	151	4.4	-1.26	0.04	-0.33, 0.41	0.826
Fluticasone furoate 110 mcg	146	4.1	-1.45	-0.15	-0.52, 0.22	0.426
Placebo	149	3.8	-1.30			

555 **16 HOW SUPPLIED/STORAGE AND HANDLING**

556 VERAMYST Nasal Spray, 27.5 mcg per spray, is supplied in a brown glass bottle
557 enclosed in a nasal device with a nozzle and a mist-release button to actuate the spray in a box of
558 1 (NDC 0173-0753-00) with FDA-Approved Patient Labeling (see Patient Instructions for Use
559 for proper actuation of the device). Each bottle contains a net fill weight of 10 g of white, liquid
560 suspension and will provide 120 metered sprays. After priming [see Dosage and Administration
561 (2)], each spray delivers a fine mist containing 27.5 mcg of fluticasone furoate in 50 microliters
562 of formulation through the nozzle. The contents of the bottle can be viewed through an indicator
563 window. Shake the contents well before each use. The correct amount of medication in each
564 spray cannot be assured before the initial priming and after 120 sprays have been used, even
565 though the bottle is not completely empty. The nasal device should be discarded after 120 sprays
566 have been used.

567 **Store the device in the upright position with the cap in place between 15° and 30°C**
568 **(59° and 86°F). Do not freeze or refrigerate.**

569 **17 PATIENT COUNSELING INFORMATION**

570 See FDA-Approved Patient Labeling ~~accompanying the product.~~

571 **17.1 Local Nasal Effects**

572 Patients should be informed that treatment with VERAMYST Nasal Spray may lead to
573 adverse reactions, which include epistaxis and nasal ulceration. *Candida* infection may also
574 occur with treatment with VERAMYST Nasal Spray. In addition, nasal corticosteroids are
575 associated with nasal septal perforation and impaired wound healing. Patients who have
576 experienced recent nasal ulcers, nasal surgery, or nasal trauma should not use VERAMYST
577 Nasal Spray until healing has occurred [see Warnings and Precautions (5.1)].

578 **17.2 Cataracts and Glaucoma**

579 Patients should be informed that glaucoma and cataracts are associated with nasal and
580 inhaled corticosteroid use. Patients should inform his/her health care provider if a change in
581 vision is noted while using VERAMYST Nasal Spray [see Warnings and Precautions (5.2)].

582 **17.3 Hypersensitivity Reactions Including Anaphylaxis**

583 Patients should be aware that hypersensitivity reactions including anaphylaxis,
584 angioedema, rash, and urticaria may occur after administration of VERAMYST Nasal Spray. If
585 such reactions occur patients should discontinue use of VERAMYST Nasal Spray [see
586 Warnings and Precautions (5.3)].

587 | **17.43 Immunosuppression**

588 Patients who are on immunosuppressant doses of corticosteroids should be warned to
589 avoid exposure to chickenpox or measles and, if exposed, to consult their physician without
590 delay. Patients should be informed of potential worsening of existing tuberculosis, fungal,
591 bacterial, viral or parasitic infections, or ocular herpes simplex [*see Warnings and Precautions*
592 (*5.43*)].

593 | **17.54 Use Daily for Best Effect**

594 Patients should use VERAMYST Nasal Spray on a regular once-daily basis for optimal
595 effect. VERAMYST Nasal Spray, like other corticosteroids, does not have an immediate effect
596 on rhinitis symptoms. Although significant improvement is usually achieved within 24 hours in
597 patients with seasonal allergic rhinitis and 4 days in patients with perennial allergic rhinitis,
598 maximum benefit may not be reached for several days. The patient should not increase the
599 prescribed dosage but should contact the physician if symptoms do not improve or if the
600 condition worsens.

601 | **17.65 Keep Spray Out of Eyes**

602 Patients should be informed to avoid spraying VERAMYST Nasal Spray in their eyes.

603 | **17.76 Potential Drug Interactions**

604 Patients should be advised that co-administration of VERAMYST Nasal Spray and
605 ritonavir is not recommended and to be cautious if co-administrating with ketoconazole.
606
607



608
609 GlaxoSmithKline
610 Research Triangle Park, NC 27709

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PATIENT INFORMATION

VERAMYST[®] [VAIR-uh-mist]
(fluticasone furoate)

Nasal Spray

FOR INTRANASAL USE ONLY

Read the Patient Information that comes with VERAMYST Nasal Spray carefully before you start using it and each time you get a refill. There may be new information. Keep the leaflet for reference because it gives you a summary of important information about VERAMYST Nasal Spray. This leaflet does not take the place of talking to your healthcare provider about your medical condition or your treatment.

What is VERAMYST Nasal Spray?

VERAMYST is a medicine that treats seasonal and year-round allergy symptoms in adults and children 2 years old and older. VERAMYST contains fluticasone furoate, which is a man-made (synthetic) corticosteroid. Corticosteroids are natural substances found in the body that reduce inflammation. When you spray VERAMYST into your nose, it helps reduce the nasal symptoms of allergic rhinitis (inflammation of the lining of the nose), such as stuffy nose, runny nose, itching, and sneezing. VERAMYST may also help red, itchy, and watery eyes in adults and teenagers with seasonal allergic rhinitis.

Your healthcare provider has prescribed VERAMYST to treat your symptoms of allergic rhinitis.

What should I tell my healthcare provider before taking VERAMYST Nasal Spray?

Tell your healthcare provider about all of your medical conditions, including if you are:

- pregnant (or planning to become pregnant).
- breastfeeding a baby.
- allergic to any of the ingredients in VERAMYST or any other nasal corticosteroid. See **“What are the ingredients in VERAMYST Nasal Spray?”** below for a complete list of ingredients.
- exposed to chickenpox or measles.
- feeling unwell or have any symptoms that you do not understand.

Tell your healthcare provider about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal products. VERAMYST and other medicines may affect each other, causing side effects. Be certain to tell your healthcare provider if you are taking a medicine that contains ritonavir (commonly used to treat HIV infection or AIDS).

How should I use VERAMYST Nasal Spray?

- This medicine is for use in the nose only. Do not spray it in your eyes or mouth.
- An adult should help a young child use this medicine.
- This medicine has been prescribed for you by your healthcare provider. **DO NOT** give this medicine to anyone else.

- Use VERAMYST exactly as your healthcare provider tells you to. **DO NOT** take more of your medicine or take it more often than your healthcare provider tells you. The prescription label will usually tell you how many sprays to take and how often. If it does not or if you are not sure, ask your healthcare provider or pharmacist.
- **For people aged 12 years and older**, the usual starting dosage is *2 sprays in each nostril, once a day*. After you begin to feel better, your healthcare provider may tell you that 1 spray in each nostril once a day may be enough for you.
- **For children aged 2 to 11 years**, the usual starting dosage is *1 spray in each nostril, once a day*. Your healthcare provider may tell you to take 2 sprays in each nostril once a day. After you begin to feel better, your healthcare provider may change the dosage to 1 spray in each nostril once a day. An adult should help a young child use this medicine.
- Do not use VERAMYST after 120 sprays (plus the initial priming sprays) have been used or after the expiration date, whichever comes first. (The sample bottle contains 30 sprays.) The bottle may not be completely empty. The expiration date is printed as “EXP” on the product label and box. Before you throw away VERAMYST, talk to your healthcare provider to see if you need a refill of your prescription. If your healthcare provider tells you to continue using VERAMYST, throw away the empty or expired bottle and use a new bottle of VERAMYST. Follow the **Patient Instructions for Use** below.
- Do not take extra doses or stop taking VERAMYST without telling your healthcare provider.
- VERAMYST may begin to work within 24 hours after you take your first dose. It may take several days before it has its greatest effect.
- You will get the best results if you keep using VERAMYST regularly each day without missing a dose. If you miss a dose by several hours, just take your next dose at the usual time. **DO NOT** take an extra dose.

What are the possible side effects of VERAMYST Nasal Spray?

Some patients taking VERAMYST had nosebleeds or nasal sores. These are not all of the possible side effects of VERAMYST. For more information, ask your healthcare provider or pharmacist.

What are other risks of using VERAMYST?

- Some patients may get a nasal fungal infection. This happened in about 1 out of 1,000 patients in clinical studies with VERAMYST.
- Corticosteroids can slow the healing of wounds. Do not use VERAMYST until your nose has healed if you have a sore in your nose, if you have surgery on your nose, or if your nose has been injured.
- Some patients may have eye problems, including glaucoma and cataracts. You should have regular eye exams.
- Immune system effects may increase the risk of infections.
- Corticosteroids may slow growth in children. A child taking VERAMYST should have his/her growth checked regularly.

What should I know about allergic rhinitis?

“Rhinitis” means inflammation of the lining of the nose. It is sometimes called “hay fever.” Allergic rhinitis can be caused by allergies to pollen, animal dander, house dust mite, and mold spores. If you have allergic rhinitis, your nose becomes stuffy, runny, and itchy. You may also sneeze a lot. You may also have red, itchy, watery eyes; itchy throat; or blocked, itchy ears.

What are the ingredients in VERAMYST Nasal Spray?

Active ingredient: fluticasone furoate.

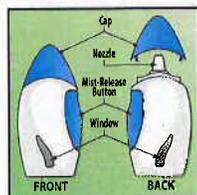
Inactive ingredients: 0.015% w/w benzalkonium chloride, dextrose anhydrous, edetate disodium, microcrystalline cellulose, carboxymethylcellulose sodium, polysorbate 80, and purified water.

Patient Instructions for Use

Read this leaflet carefully before you start to use VERAMYST Nasal Spray. If you have any questions, ask your healthcare provider.

The parts of the VERAMYST Nasal Spray

VERAMYST Nasal Spray comes in a brown glass bottle inside a nasal device. Be careful not to drop it. If you accidentally drop the device, check it for damage. If the device is damaged, return it to your pharmacist.



The **Cap** has a tab that keeps the **Mist-Release Button** from being pressed accidentally. It also helps keep the nozzle clean. Do not throw the cap away. Always keep the cap on the device when you are not using it.

The **Nozzle** is small and short, so it will fit inside your nose. The medicine comes out of the nozzle.

Pressing the **Mist-Release Button** sprays a measured amount of medicine from the nozzle as a gentle, fine mist. Because the button is on the side of the device, you can keep the nozzle in the right place in your nose while you press the button.

The **Window** lets you see if there is medicine left in the bottle.

How to prime your VERAMYST Nasal Spray

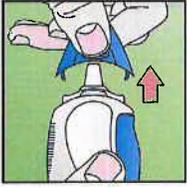


Figure 1

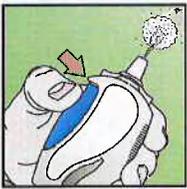


Figure 2

Priming helps to make sure you always get the same full dose of medicine. You need to prime VERAMYST Nasal Spray:

- before you use a new bottle for the first time.
- if you have not used your VERAMYST Nasal Spray for 30 days or longer.
- if the cap has been left off the bottle for 5 days or longer.

To prime VERAMYST Nasal Spray:

1. With the cap on, shake the device well.
2. Take the cap off by **squeezing** the finger grips and pulling it straight off (Figure 1). Do not press the button while you take off the cap.
3. Hold the device with the nozzle pointing up and away from you. Place your thumb on the button. Then **firmly press** and release the button 6 times or until a fine mist is sprayed from the nozzle (Figure 2). Your VERAMYST Nasal Spray is now ready to use.

How to use your VERAMYST Nasal Spray

Follow the instructions below. If you have any questions, ask your healthcare provider or pharmacist.

Before taking a dose of VERAMYST Nasal Spray, gently blow your nose to clear your nostrils. Then do these 3 simple steps: **Place, Press, Repeat.**



Figure 3



Figure 4

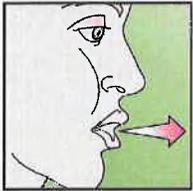


Figure 5

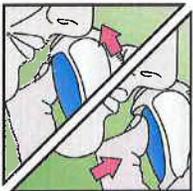


Figure 6

1. PLACE

Tilt your head forward a little bit. Hold the device upright. **PLACE** the nozzle in one of your nostrils (Figure 3).

Point the end of the nozzle toward the side of your nose, away from the center of your nose (septum). This helps get the medicine to the right part of your nose.

2. PRESS

Firmly PRESS the button 1 time to spray the medicine in your nose while you are breathing in (Figure 4).

Do not get any spray in your eyes. If you do, rinse your eyes well with water.

Take the nozzle out of your nose. Breathe out through your mouth (Figure 5).

3. REPEAT

To deliver the medicine to the other nostril, **REPEAT** Steps 1 and 2 in the other nostril (Figure 6).

If your healthcare provider has told you to take 2 sprays in each nostril, do Steps 1-3 again.

Put the cap back on the device after you have finished taking your dose.

How to clean your VERAMYST Nasal Spray



Figure 7

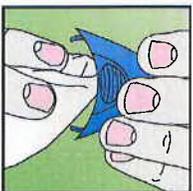


Figure 8

After each use: wipe the nozzle with a clean, dry tissue (Figure 7). Never try to clean the nozzle with a pin or anything sharp because this may damage the nozzle.

Once a week: clean the inside of the cap with a clean, dry tissue (Figure 8). This will help keep the nozzle from getting blocked.

How to store your VERAMYST Nasal Spray

- Keep your VERAMYST Nasal Spray and all medicines out of the reach of children.
- Store between 59° and 86°F (15° and 30°C). Do not refrigerate or freeze.
- Store with the cap on.
- Store in an upright position.

GlaxoSmithKline
Five Moore Drive
Research Triangle Park, NC 27709
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