

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use VIREAD safely and effectively. See full prescribing information for VIREAD.

VIREAD® (tenofovir disoproxil fumarate) tablets

Initial U.S. Approval: 2001

### WARNINGS: LACTIC ACIDOSIS/SEVERE HEPATOMEGALY WITH STEATOSIS and POST TREATMENT EXACERBATION OF HEPATITIS

See full prescribing information for complete boxed warning.

- Lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported with the use of nucleoside analogs, including VIREAD. (5.1)
- Severe acute exacerbations of hepatitis have been reported in HBV-infected patients who have discontinued anti-hepatitis B therapy, including VIREAD. Hepatic function should be monitored closely in these patients. If appropriate, resumption of anti-hepatitis B therapy may be warranted. (5.2)

### RECENT MAJOR CHANGES

Indications and Usage (1.2)	10/2010
Dosage and Administration (2.1, 2.2, 2.3)	10/2010
Warnings and Precautions	
New Onset or Worsening Renal Impairment (5.3)	10/2009
Decreases in Bone Mineral Density (5.6)	03/2010

### INDICATIONS AND USAGE

VIREAD is a nucleotide analog HIV-1 reverse transcriptase inhibitor and an HBV reverse transcriptase inhibitor.

VIREAD is indicated in combination with other antiretroviral agents for the treatment of HIV-1 infection in adults and pediatric patients 12 years of age and older. (1)

VIREAD is indicated for the treatment of chronic hepatitis B in adults. (1)

### DOSAGE AND ADMINISTRATION

- Recommended dose for the treatment of HIV-1 or chronic hepatitis B in adults: 300 mg once daily taken orally without regard to food. (2.1)
- Recommended dose for the treatment of HIV-1 in pediatric patients (≥12 years of age and ≥35 kg): 300 mg once daily taken orally without regard to food. (2.2)
- Dose recommended in renal impairment in adults:  
Creatinine clearance 30-49 mL/min: 300 mg every 48 hours. (2.3)  
Creatinine clearance 10-29 mL/min: 300 mg every 72 to 96 hours. (2.3)  
Hemodialysis: 300 mg every 7 days or after approximately 12 hours of dialysis. (2.3)

### DOSAGE FORMS AND STRENGTHS

Tablets: 300 mg. (3)

### CONTRAINDICATIONS

None. (4)

### WARNINGS AND PRECAUTIONS

- New onset or worsening renal impairment: Can include acute renal failure and Fanconi syndrome. Assess creatinine clearance (CrCl) before initiating treatment with VIREAD. Monitor CrCl and serum phosphorus in patients at risk. Avoid administering VIREAD with concurrent or recent use of nephrotoxic drugs. (5.3)
- Coadministration with Other Products: Do not use with other tenofovir-containing products (e.g., ATRIPLA and TRUVADA). Do not administer in combination with HEPSERA. (5.4)

- HIV testing: HIV antibody testing should be offered to all HBV-infected patients before initiating therapy with VIREAD. VIREAD should only be used as part of an appropriate antiretroviral combination regimen in HIV-infected patients with or without HBV coinfection. (5.5)
- Decreases in bone mineral density (BMD): Observed in HIV-infected patients. Consider assessment of BMD in patients with a history of pathologic fracture or other risk factors for osteoporosis or bone loss. (5.6)
- Redistribution/accumulation of body fat: Observed in HIV-infected patients receiving antiretroviral combination therapy. (5.7)
- Immune reconstitution syndrome: Observed in HIV-infected patients. May necessitate further evaluation and treatment. (5.8)
- Triple nucleoside-only regimens: Early virologic failure has been reported in HIV-infected patients. Monitor carefully and consider treatment modification. (5.9)

### ADVERSE REACTIONS

In HIV-infected subjects: Most common adverse reactions (incidence ≥10%, Grades 2 - 4) are rash, diarrhea, headache, pain, depression, asthenia, and nausea. (6)

In HBV-infected subjects with compensated liver disease: most common adverse reaction (all grades) was nausea (9%). (6)

In HBV-infected subjects with decompensated liver disease: most common adverse reactions (incidence ≥10%, all grades) were abdominal pain, nausea, insomnia, pruritus, vomiting, dizziness, and pyrexia. (6)

To report SUSPECTED ADVERSE REACTIONS, contact Gilead Sciences, Inc. at 1-800-GILEAD-5 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch)

### DRUG INTERACTIONS

- Didanosine: Coadministration increases didanosine concentrations. Use with caution and monitor for evidence of didanosine toxicity (e.g., pancreatitis, neuropathy). Consider dose reductions or discontinuations of didanosine if warranted. (7.1)
- Atazanavir: Coadministration decreases atazanavir concentrations and increases tenofovir concentrations. Use atazanavir with VIREAD only with additional ritonavir; monitor for evidence of tenofovir toxicity. (7.2)
- Lopinavir/ritonavir: Coadministration increases tenofovir concentrations. Monitor for evidence of tenofovir toxicity. (7.3)

### USE IN SPECIFIC POPULATIONS

- Pregnancy: There is a registry available. Enroll patients by calling 1-800-258-4263.
- Nursing mothers: Women infected with HIV should be instructed not to breast feed. (8.3)
- Safety and efficacy not established in patients less than 12 years of age. (8.4)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling

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### **WARNINGS: LACTIC ACIDOSIS/SEVERE HEPATOMEGALY WITH STEATOSIS and POST TREATMENT EXACERBATION OF HEPATITIS**

Lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported with the use of nucleoside analogs, including VIREAD, in combination with other antiretrovirals [See *Warnings and Precautions (5.1)*].

Severe acute exacerbations of hepatitis have been reported in HBV-infected patients who have discontinued anti-hepatitis B therapy, including VIREAD. Hepatic function should be monitored closely with both clinical and laboratory follow-up for at least several months in patients who discontinue anti-hepatitis B therapy, including VIREAD. If appropriate, resumption of anti-hepatitis B therapy may be warranted [See *Warnings and Precautions (5.2)*].

## **1 INDICATIONS AND USAGE**

### **1.1 HIV-1 Infection**

VIREAD<sup>®</sup> is indicated in combination with other antiretroviral agents for the treatment of HIV-1 infection in adults and pediatric patients 12 years of age and older.

The following points should be considered when initiating therapy with VIREAD for the treatment of HIV-1 infection:

- VIREAD should not be used in combination with TRUVADA<sup>®</sup> or ATRIPLA<sup>®</sup> [See *Warnings and Precautions (5.4)*].

### **1.2 Chronic Hepatitis B**

VIREAD is indicated for the treatment of chronic hepatitis B in adults.

The following points should be considered when initiating therapy with VIREAD for the treatment of HBV infection:

- This indication is based primarily on data from treatment of subjects who were nucleoside-treatment-naïve and a smaller number of subjects who had previously received lamivudine or adefovir dipivoxil. Subjects were adults with HBeAg-positive and HBeAg-negative chronic hepatitis B with compensated liver disease [See *Clinical Studies (14.2)*].
- VIREAD was evaluated in a limited number of subjects with chronic hepatitis B and decompensated liver disease. [See *Adverse Reactions (6.1)*, *Clinical Studies (14.2)*]

- The numbers of subjects in clinical trials who had lamivudine- or adefovir-associated substitutions at baseline were too small to reach conclusions of efficacy [See *Microbiology (12.4)*, *Clinical Studies (14.2)*].

## 2 DOSAGE AND ADMINISTRATION

### 2.1 Recommended Dose in Adults

For the treatment of HIV-1 or chronic hepatitis B: The dose is one 300 mg VIREAD tablet once daily taken orally, without regard to food.

In the treatment of chronic hepatitis B, the optimal duration of treatment is unknown.

### 2.2 Recommended Dose in Pediatric Patients (≥12 Years of Age and ≥35 kg)

For the treatment of HIV-1 in pediatric patients 12 years of age and older with body weight ≥35 kg (≥77 lb): The dose is one 300 mg VIREAD tablet once daily taken orally, without regard to food.

### 2.3 Dose Adjustment for Renal Impairment in Adults

Significantly increased drug exposures occurred when VIREAD was administered to subjects with moderate to severe renal impairment [See *Clinical Pharmacology (12.3)*]. Therefore, the dosing interval of VIREAD should be adjusted in patients with baseline creatinine clearance <50 mL/min using the recommendations in Table 1. These dosing interval recommendations are based on modeling of single-dose pharmacokinetic data in non-HIV and non-HBV infected subjects with varying degrees of renal impairment, including end-stage renal disease requiring hemodialysis. The safety and effectiveness of these dosing interval adjustment recommendations have not been clinically evaluated in patients with moderate or severe renal impairment, therefore clinical response to treatment and renal function should be closely monitored in these patients [See *Warnings and Precautions (5.3)*].

No dose adjustment is necessary for patients with mild renal impairment (creatinine clearance 50–80 mL/min). Routine monitoring of calculated creatinine clearance and serum phosphorus should be performed in patients with mild renal impairment [See *Warnings and Precautions (5.3)*].

**Table 1 Dosage Adjustment for Patients with Altered Creatinine Clearance**

	Creatinine Clearance (mL/min) <sup>a</sup>			Hemodialysis Patients
	≥50	30–49	10–29	
<b>Recommended 300 mg Dosing Interval</b>	Every 24 hours	Every 48 hours	Every 72 to 96 hours	Every 7 days or after a total of approximately 12 hours of dialysis <sup>b</sup>

- a. Calculated using ideal (lean) body weight.
- b. Generally once weekly assuming three hemodialysis sessions a week of approximately 4 hours duration. VIREAD should be administered following completion of dialysis.

The pharmacokinetics of tenofovir have not been evaluated in non-hemodialysis patients with creatinine clearance <10 mL/min; therefore, no dosing recommendation is available for these patients.

No data are available to make dose recommendations in pediatric patients 12 years of age and older with renal impairment.

### **3 DOSAGE FORMS AND STRENGTHS**

VIREAD is available as tablets. Each tablet contains 300 mg of tenofovir disoproxil fumarate, which is equivalent to 245 mg of tenofovir disoproxil. The tablets are almond-shaped, light blue, film-coated, and debossed with “GILEAD” and “4331” on one side and with “300” on the other side.

### **4 CONTRAINDICATIONS**

None.

### **5 WARNINGS AND PRECAUTIONS**

#### **5.1 Lactic Acidosis/Severe Hepatomegaly with Steatosis**

Lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported with the use of nucleoside analogs, including VIREAD, in combination with other antiretrovirals. A majority of these cases have been in women. Obesity and prolonged nucleoside exposure may be risk factors. Particular caution should be exercised when administering nucleoside analogs to any patient with known risk factors for liver disease; however, cases have also been reported in patients with no known risk factors. Treatment with VIREAD should be suspended in any patient who develops clinical or laboratory findings suggestive of lactic acidosis or pronounced hepatotoxicity (which may include hepatomegaly and steatosis even in the absence of marked transaminase elevations).

#### **5.2 Exacerbation of Hepatitis after Discontinuation of Treatment**

Discontinuation of anti-HBV therapy, including VIREAD, may be associated with severe acute exacerbations of hepatitis. Patients infected with HBV who discontinue VIREAD should be closely monitored with both clinical and laboratory follow-up for at least several months after stopping treatment. If appropriate, resumption of anti-hepatitis B therapy may be warranted.

#### **5.3 New Onset or Worsening Renal Impairment**

Tenofovir is principally eliminated by the kidney. Renal impairment, including cases of acute renal failure and Fanconi syndrome (renal tubular injury with severe hypophosphatemia), has been reported with the use of VIREAD [See *Adverse Reactions (6.2)*].

It is recommended that creatinine clearance be calculated in all patients prior to initiating therapy and as clinically appropriate during therapy with VIREAD. Routine monitoring of calculated creatinine clearance and serum phosphorus should be performed in patients at risk for renal impairment, including patients who have previously experienced renal events while receiving HEPSERA.

Dosing interval adjustment of VIREAD and close monitoring of renal function are recommended in all patients with creatinine clearance <50 mL/min [See *Dosage and Administration* (2.3)]. No safety or efficacy data are available in patients with renal impairment who received VIREAD using these dosing guidelines, so the potential benefit of VIREAD therapy should be assessed against the potential risk of renal toxicity.

VIREAD should be avoided with concurrent or recent use of a nephrotoxic agent.

#### **5.4 Coadministration with Other Products**

VIREAD should not be used in combination with the fixed-dose combination products TRUVADA or ATRIPLA since tenofovir disoproxil fumarate is a component of these products.

VIREAD should not be administered in combination with HEPSERA® (adefovir dipivoxil) [See *Drug Interactions* (7.4)].

#### **5.5 Patients Coinfected with HIV-1 and HBV**

Due to the risk of development of HIV-1 resistance, VIREAD should only be used in HIV-1 and HBV coinfecting patients as part of an appropriate antiretroviral combination regimen.

HIV-1 antibody testing should be offered to all HBV-infected patients before initiating therapy with VIREAD. It is also recommended that all patients with HIV-1 be tested for the presence of chronic hepatitis B before initiating treatment with VIREAD.

#### **5.6 Decreases in Bone Mineral Density**

Assessment of bone mineral density (BMD) should be considered for adults and pediatric patients 12 years of age and older who have a history of pathologic bone fracture or other risk factors for osteoporosis or bone loss. Although the effect of supplementation with calcium and vitamin D was not studied, such supplementation may be beneficial for all patients. If bone abnormalities are suspected then appropriate consultation should be obtained.

In HIV-1 infected adult subjects treated with VIREAD in Study 903 through 144 weeks, decreases from baseline in BMD were seen at the lumbar spine and hip in both arms of the study. At Week 144, there was a significantly greater mean percentage decrease from baseline in BMD at the lumbar spine in subjects receiving VIREAD + lamivudine + efavirenz (-2.2% ± 3.9) compared with subjects receiving stavudine + lamivudine + efavirenz (-1.0% ± 4.6). Changes in BMD at the hip were similar between the two treatment groups (-2.8% ± 3.5 in the VIREAD group vs. -2.4% ± 4.5 in the stavudine group). In both groups, the majority of the reduction in BMD occurred in the first 24–48 weeks of the study and this reduction was sustained through Week 144. Twenty-eight

percent of VIREAD-treated subjects vs. 21% of the stavudine-treated subjects lost at least 5% of BMD at the spine or 7% of BMD at the hip. Clinically relevant fractures (excluding fingers and toes) were reported in 4 subjects in the VIREAD group and 6 subjects in the stavudine group. In addition, there were significant increases in biochemical markers of bone metabolism (serum bone-specific alkaline phosphatase, serum osteocalcin, serum C-telopeptide, and urinary N-telopeptide) in the VIREAD group relative to the stavudine group, suggesting increased bone turnover. Serum parathyroid hormone levels and 1,25 Vitamin D levels were also higher in the VIREAD group. Except for bone specific alkaline phosphatase, these changes resulted in values that remained within the normal range.

In a clinical study of HIV-1 infected pediatric subjects 12 years of age and older (Study 321), bone effects were similar to adult subjects. Under normal circumstances BMD increases rapidly in this age group. In this study, the mean rate of bone gain was less in the VIREAD-treated group compared to the placebo group. Six VIREAD treated subjects and one placebo treated subject had significant (>4%) lumbar spine BMD loss in 48 weeks. Among 28 subjects receiving 96 weeks of VIREAD, Z-scores declined by -0.341 for lumbar spine and -0.458 for total body. Skeletal growth (height) appeared to be unaffected. Markers of bone turnover in VIREAD-treated pediatric subjects 12 years of age and older suggest increased bone turnover, consistent with the effects observed in adults.

The effects of VIREAD-associated changes in BMD and biochemical markers on long-term bone health and future fracture risk are unknown.

Cases of osteomalacia (associated with proximal renal tubulopathy and which may contribute to fractures) have been reported in association with the use of VIREAD [See *Adverse Reactions (6.2)*].

The bone effects of VIREAD have not been studied in patients with chronic HBV infection.

## **5.7 Fat Redistribution**

In HIV-infected patients redistribution/accumulation of body fat including central obesity, dorsocervical fat enlargement (buffalo hump), peripheral wasting, facial wasting, breast enlargement, and "cushingoid appearance" have been observed in patients receiving combination antiretroviral therapy. The mechanism and long-term consequences of these events are currently unknown. A causal relationship has not been established.

## **5.8 Immune Reconstitution Syndrome**

Immune reconstitution syndrome has been reported in HIV-infected patients treated with combination antiretroviral therapy, including VIREAD. During the initial phase of combination antiretroviral treatment, patients whose immune system responds may develop an inflammatory response to indolent or residual opportunistic infections [such as *Mycobacterium avium* infection, cytomegalovirus, *Pneumocystis jirovecii* pneumonia (PCP), or tuberculosis], which may necessitate further evaluation and treatment.

## 5.9 Early Virologic Failure

Clinical studies in HIV-infected subjects have demonstrated that certain regimens that only contain three nucleoside reverse transcriptase inhibitors (NRTI) are generally less effective than triple drug regimens containing two NRTIs in combination with either a non-nucleoside reverse transcriptase inhibitor or a HIV-1 protease inhibitor. In particular, early virological failure and high rates of resistance substitutions have been reported. Triple nucleoside regimens should therefore be used with caution. Patients on a therapy utilizing a triple nucleoside-only regimen should be carefully monitored and considered for treatment modification.

## 6 ADVERSE REACTIONS

The following adverse reactions are discussed in other sections of the labeling:

- Lactic Acidosis/Severe Hepatomegaly with Steatosis [*See Boxed Warning, Warnings and Precautions (5.1)*].
- Severe Acute Exacerbation of Hepatitis [*See Boxed Warning, Warnings and Precautions (5.2)*].
- New Onset or Worsening Renal Impairment [*See Warnings and Precautions (5.3)*].
- Decreases in Bone Mineral Density [*See Warnings and Precautions (5.6)*].
- Immune Reconstitution Syndrome [*See Warnings and Precautions (5.8)*].

### 6.1 Adverse Reactions from Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

#### Clinical Trials in Adult Patients with HIV-1 Infection

More than 12,000 subjects have been treated with VIREAD alone or in combination with other antiretroviral medicinal products for periods of 28 days to 215 weeks in clinical trials and expanded access studies. A total of 1,544 subjects have received VIREAD 300 mg once daily in clinical trials; over 11,000 subjects have received VIREAD in expanded access studies.

The most common adverse reactions (incidence  $\geq 10\%$ , Grades 2–4) identified from any of the 3 large controlled clinical trials include rash, diarrhea, headache, pain, depression, asthenia, and nausea.

#### *Treatment-Naïve Patients*

*Study 903 - Treatment-Emergent Adverse-Reactions:* The most common adverse reactions seen in a double-blind comparative controlled study in which 600 treatment-naïve subjects received VIREAD (N=299) or stavudine (N=301) in combination with lamivudine and efavirenz for 144 weeks (Study 903) were mild to moderate gastrointestinal events and dizziness.

Mild adverse reactions (Grade 1) were common with a similar incidence in both arms, and included dizziness, diarrhea, and nausea. Selected treatment-emergent moderate to severe adverse reactions are summarized in Table 2.

**Table 2 Selected Treatment-Emergent Adverse Reactions<sup>a</sup> (Grades 2–4) Reported in ≥5% in Any Treatment Group in Study 903 (0–144 Weeks)**

	VIREAD + 3TC + EFV	d4T + 3TC + EFV
	N=299	N=301
Body as a Whole		
Headache	14%	17%
Pain	13%	12%
Fever	8%	7%
Abdominal pain	7%	12%
Back pain	9%	8%
Asthenia	6%	7%
Digestive System		
Diarrhea	11%	13%
Nausea	8%	9%
Dyspepsia	4%	5%
Vomiting	5%	9%
Metabolic Disorders		
Lipodystrophy <sup>b</sup>	1%	8%
Musculoskeletal		
Arthralgia	5%	7%
Myalgia	3%	5%
Nervous System		
Depression	11%	10%
Insomnia	5%	8%
Dizziness	3%	6%
Peripheral neuropathy <sup>c</sup>	1%	5%
Anxiety	6%	6%
Respiratory		
Pneumonia	5%	5%
Skin and Appendages		
Rash event <sup>d</sup>	18%	12%

a. Frequencies of adverse reactions are based on all treatment-emergent adverse events, regardless of relationship to study drug.

b. Lipodystrophy represents a variety of investigator-described adverse events not a protocol-defined syndrome.

c. Peripheral neuropathy includes peripheral neuritis and neuropathy.

d. Rash event includes rash, pruritus, maculopapular rash, urticaria, vesicubullous rash, and pustular rash.

*Laboratory Abnormalities:* With the exception of fasting cholesterol and fasting triglyceride elevations that were more common in the stavudine group (40% and 9%) compared with VIREAD (19% and 1%) respectively, laboratory abnormalities observed in this study occurred with similar frequency in the VIREAD and stavudine treatment arms. A summary of Grade 3 and 4 laboratory abnormalities is provided in Table 3.

**Table 3      Grade 3/4 Laboratory Abnormalities Reported in ≥1% of VIREAD-Treated Subjects in Study 903 (0–144 Weeks)**

	VIREAD + 3TC + EFV	d4T + 3TC + EFV
	N=299	N=301
Any ≥ Grade 3 Laboratory Abnormality	36%	42%
Fasting Cholesterol (>240 mg/dL)	19%	40%
Creatine Kinase (M: >990 U/L; F: >845 U/L)	12%	12%
Serum Amylase (>175 U/L)	9%	8%
AST (M: >180 U/L; F: >170 U/L)	5%	7%
ALT (M: >215 U/L; F: >170 U/L)	4%	5%
Hematuria (>100 RBC/HPF)	7%	7%
Neutrophils (<750/mm <sup>3</sup> )	3%	1%
Fasting Triglycerides (>750 mg/dL)	1%	9%

*Study 934 - Treatment Emergent Adverse Reactions:* In Study 934, 511 antiretroviral-naïve subjects received either VIREAD + EMTRIVA<sup>®</sup> administered in combination with efavirenz (N=257) or zidovudine/lamivudine administered in combination with efavirenz (N=254). Adverse reactions observed in this study were generally consistent with those seen in previous studies in treatment-experienced or treatment-naïve subjects (Table 4).

**Table 4 Selected Treatment-Emergent Adverse Reactions<sup>a</sup> (Grades 2–4) Reported in ≥5% in Any Treatment Group in Study 934 (0–144 Weeks)**

	VIREAD <sup>b</sup> + FTC + EFV	AZT/3TC + EFV
	N=257	N=254
Gastrointestinal Disorder		
Diarrhea	9%	5%
Nausea	9%	7%
Vomiting	2%	5%
General Disorders and Administration Site Condition		
Fatigue	9%	8%
Infections and Infestations		
Sinusitis	8%	4%
Upper respiratory tract infections	8%	5%
Nasopharyngitis	5%	3%
Nervous System Disorders		
Headache	6%	5%
Dizziness	8%	7%
Psychiatric Disorders		
Depression	9%	7%
Insomnia	5%	7%
Skin and Subcutaneous Tissue Disorders		
Rash event <sup>c</sup>	7%	9%

- Frequencies of adverse reactions are based on all treatment-emergent adverse events, regardless of relationship to study drug.
- From Weeks 96 to 144 of the study, subjects received TRUVADA with efavirenz in place of VIREAD + EMTRIVA with efavirenz.
- Rash event includes rash, exfoliative rash, rash generalized, rash macular, rash maculo-papular, rash pruritic, and rash vesicular.

**Laboratory Abnormalities:** Laboratory abnormalities observed in this study were generally consistent with those seen in previous studies (Table 5).

**Table 5 Significant Laboratory Abnormalities Reported in ≥1% of Subjects in Any Treatment Group in Study 934 (0–144 Weeks)**

	VIREAD <sup>a</sup> + FTC + EFV	AZT/3TC + EFV
	N=257	N=254
Any ≥ Grade 3 Laboratory Abnormality	30%	26%
Fasting Cholesterol (>240 mg/dL)	22%	24%
Creatine Kinase (M: >990 U/L; F: >845 U/L)	9%	7%
Serum Amylase (>175 U/L)	8%	4%
Alkaline Phosphatase (>550 U/L)	1%	0%
AST (M: >180 U/L; F: >170 U/L)	3%	3%
ALT (M: >215 U/L; F: >170 U/L)	2%	3%
Hemoglobin (<8.0 mg/dL)	0%	4%
Hyperglycemia (>250 mg/dL)	2%	1%
Hematuria (>75 RBC/HPF)	3%	2%
Glycosuria (≥3+)	<1%	1%
Neutrophils (<750/mm <sup>3</sup> )	3%	5%
Fasting Triglycerides (>750 mg/dL)	4%	2%

a. From Weeks 96 to 144 of the study, subjects received TRUVADA with efavirenz in place of VIREAD + EMTRIVA with efavirenz.

### *Treatment-Experienced Patients*

*Treatment-Emergent Adverse Reactions:* The adverse reactions seen in treatment experienced subjects were generally consistent with those seen in treatment naïve subjects including mild to moderate gastrointestinal events, such as nausea, diarrhea, vomiting, and flatulence. Less than 1% of subjects discontinued participation in the clinical studies due to gastrointestinal adverse reactions (Study 907).

A summary of moderate to severe, treatment-emergent adverse reactions that occurred during the first 48 weeks of Study 907 is provided in Table 6.

**Table 6 Selected Treatment-Emergent Adverse Reactions<sup>a</sup> (Grades 2–4) Reported in ≥3% in Any Treatment Group in Study 907 (0–48 Weeks)**

	VIREAD (N=368) (Week 0–24)	Placebo (N=182) (Week 0–24)	VIREAD (N=368) (Week 0–48)	Placebo Crossover to VIREAD (N=170) (Week 24–48)
Body as a Whole				
Asthenia	7%	6%	11%	1%
Pain	7%	7%	12%	4%
Headache	5%	5%	8%	2%
Abdominal pain	4%	3%	7%	6%
Back pain	3%	3%	4%	2%
Chest pain	3%	1%	3%	2%
Fever	2%	2%	4%	2%
Digestive System				
Diarrhea	11%	10%	16%	11%
Nausea	8%	5%	11%	7%
Vomiting	4%	1%	7%	5%
Anorexia	3%	2%	4%	1%
Dyspepsia	3%	2%	4%	2%
Flatulence	3%	1%	4%	1%
Respiratory				
Pneumonia	2%	0%	3%	2%
Nervous System				
Depression	4%	3%	8%	4%
Insomnia	3%	2%	4%	4%
Peripheral neuropathy <sup>b</sup>	3%	3%	5%	2%
Dizziness	1%	3%	3%	1%
Skin and Appendage				
Rash event <sup>c</sup>	5%	4%	7%	1%
Sweating	3%	2%	3%	1%
Musculoskeletal				
Myalgia	3%	3%	4%	1%
Metabolic				
Weight loss	2%	1%	4%	2%

a. Frequencies of adverse reactions are based on all treatment-emergent adverse events, regardless of relationship to study drug.

b. Peripheral neuropathy includes peripheral neuritis and neuropathy.

c. Rash event includes rash, pruritus, maculopapular rash, urticaria, vesiculobullous rash, and pustular rash.

**Laboratory Abnormalities:** Laboratory abnormalities observed in this study occurred with similar frequency in the VIREAD and placebo-treated groups. A summary of Grade 3 and 4 laboratory abnormalities is provided in Table 7.

**Table 7 Grade 3/4 Laboratory Abnormalities Reported in  $\geq 1\%$  of VIREAD-Treated Subjects in Study 907 (0–48 Weeks)**

	VIREAD (N=368) (Week 0–24)	Placebo (N=182) (Week 0–24)	VIREAD (N=368) (Week 0–48)	Placebo Crossover to VIREAD (N=170) (Week 24–48)
Any $\geq$ Grade 3 Laboratory Abnormality	25%	38%	35%	34%
Triglycerides (>750 mg/dL)	8%	13%	11%	9%
Creatine Kinase (M: >990U/L; F: >845 U/L)	7%	14%	12%	12%
Serum Amylase (>175 U/L)	6%	7%	7%	6%
Glycosuria ( $\geq 3+$ )	3%	3%	3%	2%
AST (M: >180 U/L; F: >170 U/L)	3%	3%	4%	5%
ALT (M: >215 U/L; F: >170 U/L)	2%	2%	4%	5%
Serum Glucose (>250 U/L)	2%	4%	3%	3%
Neutrophils (<750/mm <sup>3</sup> )	1%	1%	2%	1%

**Clinical Trials in Pediatric Subjects 12 Years of Age and Older with HIV-1 Infection**

Assessment of adverse reactions is based on one randomized trial (Study 321) in 87 HIV-1 infected pediatric subjects (12 to <18 years of age) who received treatment with VIREAD (N=45) or placebo (N=42) in combination with other antiretroviral agents for 48 weeks. The adverse reactions observed in subjects who received treatment with VIREAD were consistent with those observed in clinical trials in adults.

Bone effects observed in pediatric subjects 12 years of age and older were consistent with those observed in adult clinical trials [See *Warnings and Precautions*(5.6)].

**Clinical Trials in Adult Subjects with Chronic Hepatitis B and Compensated Liver Disease**

**Treatment-Emergent Adverse Reactions:** In controlled clinical trials in subjects with chronic hepatitis B (0102 and 0103), more subjects treated with VIREAD during the 48-week double-blind period experienced nausea: 9% with VIREAD versus 2% with HEPSERA. Other treatment-emergent adverse reactions reported in >5% of subjects treated with VIREAD included: abdominal pain, diarrhea, headache, dizziness, fatigue, nasopharyngitis, back pain and skin rash.

No significant change in the tolerability profile (frequency, nature, or severity of adverse reactions) was observed in subjects continuing treatment with VIREAD for up to 96 weeks in these studies.

*Laboratory Abnormalities:* A summary of Grade 3 and 4 laboratory abnormalities is provided in Table 8.

**Table 8. Grade 3/4 Laboratory Abnormalities Reported in  $\geq 1\%$  of VIREAD-Treated Subjects in Studies 0102 and 0103 (0-48 Weeks)**

	<b>VIREAD (N=426)</b>	<b>HEPSERA (N=215)</b>
Any $\geq$ Grade 3 Laboratory Abnormality	19%	13%
Creatine Kinase (M: $>990$ U/L; F: $>845$ U/L)	2%	3%
Serum Amylase ( $>175$ U/L)	4%	1%
Glycosuria ( $\geq 3+$ )	3%	$<1\%$
AST (M: $>180$ U/L; F: $>170$ U/L)	4%	4%
ALT (M: $>215$ U/L; F: $>170$ U/L)	10%	6%

The overall incidence of on-treatment ALT flares (defined as serum ALT  $>2 \times$  baseline and  $>10 \times$  ULN, with or without associated symptoms) was similar between VIREAD (2.6%) and HEPSERA (2%). ALT flares generally occurred within the first 4–8 weeks of treatment and were accompanied by decreases in HBV DNA levels. No subject had evidence of decompensation. ALT flares typically resolved within 4 to 8 weeks without changes in study medication.

Grade 3/4 laboratory abnormalities were similar in nature and frequency in subjects continuing treatment for up to 96 weeks in these studies.

*Clinical Trial in Adult Subjects with Chronic Hepatitis B and Decompensated Liver Disease*

In a small randomized, double-blind, active-controlled trial (0108), subjects with CHB and decompensated liver disease received treatment with VIREAD or other antiviral drugs for up to 48 weeks [see *Clinical Studies (14.2)*]. Among the 45 subjects receiving VIREAD, the most frequently reported treatment-emergent adverse reactions of any severity were abdominal pain (22%), nausea (20%), insomnia (18%), pruritus (16%), vomiting (13%), dizziness (13%), and pyrexia (11%). Two of 45 (4%) subjects died through Week 48 of the study due to progression of liver disease. Three of 45 (7%) subjects discontinued treatment due to an adverse event. Four of 45 (9%) subjects experienced a confirmed increase in serum creatinine of 0.5 mg/dL (1 subject also had a confirmed serum phosphorus  $< 2$ mg/dL through Week 48). Three of these subjects (each of whom had a Child-Pugh score  $\geq 10$  and MELD score  $\geq 14$  at entry) developed renal failure. Because both VIREAD and decompensated liver disease may have an impact on renal function, the contribution of VIREAD to renal impairment in this population is difficult to ascertain.

One of 45 subjects experienced an on-treatment hepatic flare during the 48 Week study.

## **6.2 Postmarketing Experience**

The following adverse reactions have been identified during postapproval use of VIREAD. Because postmarketing reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

### *Immune System Disorders*

allergic reaction, including angioedema

### *Metabolism and Nutrition Disorders*

lactic acidosis, hypokalemia, hypophosphatemia

### *Respiratory, Thoracic, and Mediastinal Disorders*

dyspnea

### *Gastrointestinal Disorders*

pancreatitis, increased amylase, abdominal pain

### *Hepatobiliary Disorders*

hepatic steatosis, hepatitis, increased liver enzymes (most commonly AST, ALT gamma GT)

### *Skin and Subcutaneous Tissue Disorders*

rash

### *Musculoskeletal and Connective Tissue Disorders*

rhabdomyolysis, osteomalacia (manifested as bone pain and which may contribute to fractures), muscular weakness, myopathy

### *Renal and Urinary Disorders*

acute renal failure, renal failure, acute tubular necrosis, Fanconi syndrome, proximal renal tubulopathy, interstitial nephritis (including acute cases), nephrogenic diabetes insipidus, renal insufficiency, increased creatinine, proteinuria, polyuria

### *General Disorders and Administration Site Conditions*

asthenia

The following adverse reactions, listed under the body system headings above, may occur as a consequence of proximal renal tubulopathy: rhabdomyolysis, osteomalacia, hypokalemia, muscular weakness, myopathy, hypophosphatemia.

## **7 DRUG INTERACTIONS**

This section describes clinically relevant drug interactions with VIREAD. Drug interactions studies are described elsewhere in the labeling [See *Clinical Pharmacology* (12.3)].

### **7.1 Didanosine**

Coadministration of VIREAD and didanosine should be undertaken with caution and patients receiving this combination should be monitored closely for didanosine-

associated adverse reactions. Didanosine should be discontinued in patients who develop didanosine-associated adverse reactions.

When administered with VIREAD,  $C_{max}$  and AUC of didanosine (administered as either the buffered or enteric-coated formulation) increased significantly [See *Clinical Pharmacology (12.3)*]. The mechanism of this interaction is unknown. Higher didanosine concentrations could potentiate didanosine-associated adverse reactions, including pancreatitis and neuropathy. Suppression of CD4<sup>+</sup> cell counts has been observed in patients receiving tenofovir disoproxil fumarate (tenofovir DF) with didanosine 400 mg daily.

In patients weighing >60 kg, the didanosine dose should be reduced to 250 mg when it is coadministered with VIREAD. Data are not available to recommend a dose adjustment of didanosine for adult or pediatric patients weighing <60 kg. When coadministered, VIREAD and didanosine EC may be taken under fasted conditions or with a light meal (<400 kcal, 20% fat). Coadministration of didanosine buffered tablet formulation with VIREAD should be under fasted conditions.

## **7.2 Atazanavir**

Atazanavir has been shown to increase tenofovir concentrations [See *Clinical Pharmacology (12.3)*]. The mechanism of this interaction is unknown. Patients receiving atazanavir and VIREAD should be monitored for VIREAD-associated adverse reactions. VIREAD should be discontinued in patients who develop VIREAD-associated adverse reactions.

VIREAD decreases the AUC and  $C_{min}$  of atazanavir [See *Clinical Pharmacology (12.3)*]. When coadministered with VIREAD, it is recommended that atazanavir 300 mg is given with ritonavir 100 mg. Atazanavir without ritonavir should not be coadministered with VIREAD.

## **7.3 Lopinavir/Ritonavir**

Lopinavir/ritonavir has been shown to increase tenofovir concentrations [See *Clinical Pharmacology (12.3)*]. The mechanism of this interaction is unknown. Patients receiving lopinavir/ritonavir and VIREAD should be monitored for VIREAD-associated adverse reactions. VIREAD should be discontinued in patients who develop VIREAD-associated adverse reactions.

## **7.4 Drugs Affecting Renal Function**

Since tenofovir is primarily eliminated by the kidneys [See *Clinical Pharmacology (12.3)*], coadministration of VIREAD with drugs that reduce renal function or compete for active tubular secretion may increase serum concentrations of tenofovir and/or increase the concentrations of other renally eliminated drugs. Some examples include, but are not limited to, cidofovir, acyclovir, valacyclovir, ganciclovir, and valganciclovir. Drugs that decrease renal function may also increase serum concentrations of tenofovir.

In the treatment of chronic hepatitis B, VIREAD should not be administered in combination with HEPSERA (adefovir dipivoxil).

## 8 USE IN SPECIFIC POPULATIONS

### 8.1 Pregnancy

#### *Pregnancy Category B*

Reproduction studies have been performed in rats and rabbits at doses up to 14 and 19 times the human dose based on body surface area comparisons and revealed no evidence of impaired fertility or harm to the fetus due to tenofovir. There are, however, no adequate and well-controlled studies in pregnant women. Because animal reproduction studies are not always predictive of human response, VIREAD should be used during pregnancy only if clearly needed.

*Antiretroviral Pregnancy Registry:* To monitor fetal outcomes of pregnant women exposed to VIREAD, an Antiretroviral Pregnancy Registry has been established. Healthcare providers are encouraged to register patients by calling 1-800-258-4263.

### 8.3 Nursing Mothers

**Nursing Mothers: The Centers for Disease Control and Prevention recommend that HIV-1-infected mothers not breast-feed their infants to avoid risking postnatal transmission of HIV-1.** Studies in rats have demonstrated that tenofovir is secreted in milk. It is not known whether tenofovir is excreted in human milk. Because of both the potential for HIV-1 transmission and the potential for serious adverse reactions in nursing infants, **mothers should be instructed not to breast-feed if they are receiving VIREAD.**

### 8.4 Pediatric Use

#### Pediatric Patients 12 Years of Age and Older

The safety of VIREAD in pediatric patients aged 12 to <18 years is supported by data from one randomized study in which VIREAD was administered to HIV-1 infected treatment-experienced subjects. In this study, the pharmacokinetic profile of VIREAD was similar to that found to be safe and effective in adult clinical trials.

In Study 321, 87 treatment-experienced subjects 12 to <18 years of age were treated with VIREAD (N=45) or placebo (N=42) in combination with an optimized background regimen (OBR) for 48 weeks. The mean baseline CD4 cell count was 374 cells/mm<sup>3</sup> and the mean baseline plasma HIV-1 RNA was 4.6 log<sub>10</sub> copies/mL. At baseline, 90% of subjects harbored NRTI resistance-associated substitutions in their HIV-1 isolates. Overall, the trial failed to show a difference in virologic response between the VIREAD and placebo treatment groups. Subgroup analyses suggest the lack of difference in virologic response may be attributable to imbalances between treatment arms in baseline viral susceptibility to VIREAD and OBR.

Although changes in HIV-1 RNA in these highly treatment-experienced subjects were less than anticipated, the comparability of the pharmacokinetic and safety data to that observed in adults supports the use of VIREAD in pediatric patients ≥12 years of age who weigh ≥35 kg and whose HIV-1 isolate is expected to be sensitive to VIREAD. [See *Warnings and Precautions (5.6)*, *Adverse Reactions (6.1)*, and *Clinical Pharmacology (12.3)*].

Safety and effectiveness in pediatric patients less than 12 years of age have not been established.

### **8.5 Geriatric Use**

Clinical studies of VIREAD did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. In general, dose selection for the elderly patient should be cautious, keeping in mind the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

### **8.6 Patients with Impaired Renal Function**

It is recommended that the dosing interval for VIREAD be modified in patients with creatinine clearance <50 mL/min or in patients with ESRD who require dialysis [See *Dosage and Administration* (2.3), *Clinical Pharmacology* (12.3)].

## **10 OVERDOSAGE**

Limited clinical experience at doses higher than the therapeutic dose of VIREAD 300 mg is available. In Study 901, 600 mg tenofovir disoproxil fumarate was administered to 8 subjects orally for 28 days. No severe adverse reactions were reported. The effects of higher doses are not known.

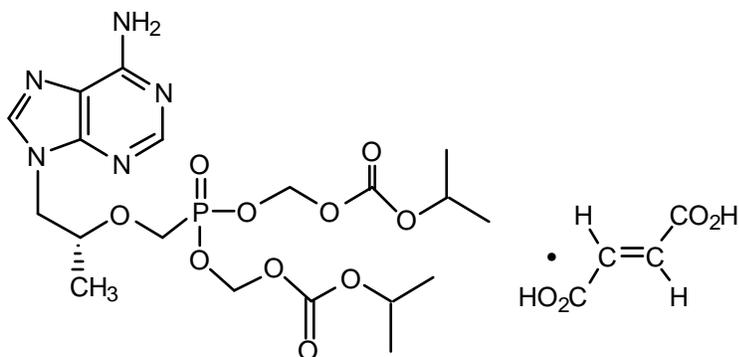
If overdose occurs the patient must be monitored for evidence of toxicity, and standard supportive treatment applied as necessary.

Tenofovir is efficiently removed by hemodialysis with an extraction coefficient of approximately 54%. Following a single 300 mg dose of VIREAD, a four-hour hemodialysis session removed approximately 10% of the administered tenofovir dose.

## **11 DESCRIPTION**

VIREAD is the brand name for tenofovir disoproxil fumarate (a prodrug of tenofovir) which is a fumaric acid salt of bis-isopropoxycarbonyloxymethyl ester derivative of tenofovir. In vivo tenofovir disoproxil fumarate is converted to tenofovir, an acyclic nucleoside phosphonate (nucleotide) analog of adenosine 5'-monophosphate. Tenofovir exhibits activity against HIV-1 reverse transcriptase.

The chemical name of tenofovir disoproxil fumarate is 9-[(R)-2-[[[bis[[[(isopropoxycarbonyl)oxy]methoxy]phosphinyl]methoxy]propyl]adenine fumarate (1:1). It has a molecular formula of  $C_{19}H_{30}N_5O_{10}P \cdot C_4H_4O_4$  and a molecular weight of 635.52. It has the following structural formula:



Tenofovir disoproxil fumarate is a white to off-white crystalline powder with a solubility of 13.4 mg/mL in distilled water at 25 °C. It has an octanol/phosphate buffer (pH 6.5) partition coefficient (log p) of 1.25 at 25 °C.

VIREAD tablets are for oral administration. Each tablet contains 300 mg of tenofovir disoproxil fumarate, which is equivalent to 245 mg of tenofovir disoproxil, and the following inactive ingredients: croscarmellose sodium, lactose monohydrate, magnesium stearate, microcrystalline cellulose, and pregelatinized starch. The tablets are coated with Opadry II Y-30-10671-A, which contains FD&C blue #2 aluminum lake, hydroxypropyl methylcellulose 2910, lactose monohydrate, titanium dioxide, and triacetin.

In this insert, all dosages are expressed in terms of tenofovir disoproxil fumarate except where otherwise noted.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

Tenofovir disoproxil fumarate is an antiviral drug [See *Clinical Pharmacology (12.4)*].

### 12.3 Pharmacokinetics

The pharmacokinetics of tenofovir disoproxil fumarate have been evaluated in healthy volunteers and HIV-1 infected individuals. Tenofovir pharmacokinetics are similar between these populations.

#### *Absorption*

VIREAD is a water soluble diester prodrug of the active ingredient tenofovir. The oral bioavailability of tenofovir from VIREAD in fasted subjects is approximately 25%. Following oral administration of a single dose of VIREAD 300 mg to HIV-1 infected subjects in the fasted state, maximum serum concentrations ( $C_{max}$ ) are achieved in  $1.0 \pm 0.4$  hrs.  $C_{max}$  and AUC values are  $0.30 \pm 0.09$   $\mu\text{g/mL}$  and  $2.29 \pm 0.69$   $\mu\text{g}\cdot\text{hr/mL}$ , respectively.

The pharmacokinetics of tenofovir are dose proportional over a VIREAD dose range of 75 to 600 mg and are not affected by repeated dosing.

### *Distribution*

In vitro binding of tenofovir to human plasma or serum proteins is less than 0.7 and 7.2%, respectively, over the tenofovir concentration range 0.01 to 25 µg/mL. The volume of distribution at steady-state is  $1.3 \pm 0.6$  L/kg and  $1.2 \pm 0.4$  L/kg, following intravenous administration of tenofovir 1.0 mg/kg and 3.0 mg/kg.

### *Metabolism and Elimination*

In vitro studies indicate that neither tenofovir disoproxil nor tenofovir are substrates of CYP enzymes.

Following IV administration of tenofovir, approximately 70–80% of the dose is recovered in the urine as unchanged tenofovir within 72 hours of dosing. Following single dose, oral administration of VIREAD, the terminal elimination half-life of tenofovir is approximately 17 hours. After multiple oral doses of VIREAD 300 mg once daily (under fed conditions),  $32 \pm 10\%$  of the administered dose is recovered in urine over 24 hours.

Tenofovir is eliminated by a combination of glomerular filtration and active tubular secretion. There may be competition for elimination with other compounds that are also renally eliminated.

### *Effects of Food on Oral Absorption*

Administration of VIREAD following a high-fat meal (~700 to 1000 kcal containing 40 to 50% fat) increases the oral bioavailability, with an increase in tenofovir  $AUC_{0-\infty}$  of approximately 40% and an increase in  $C_{max}$  of approximately 14%. However, administration of VIREAD with a light meal did not have a significant effect on the pharmacokinetics of tenofovir when compared to fasted administration of the drug. Food delays the time to tenofovir  $C_{max}$  by approximately 1 hour.  $C_{max}$  and  $AUC$  of tenofovir are  $0.33 \pm 0.12$  µg/mL and  $3.32 \pm 1.37$  µg·hr/mL following multiple doses of VIREAD 300 mg once daily in the fed state, when meal content was not controlled.

### *Special Populations*

**Race:** There were insufficient numbers from racial and ethnic groups other than Caucasian to adequately determine potential pharmacokinetic differences among these populations.

**Gender:** Tenofovir pharmacokinetics are similar in male and female subjects.

**Pediatric Patients 12 Years of Age and Older:** Steady-state pharmacokinetics of tenofovir were evaluated in 8 HIV-1 infected pediatric subjects (12 to <18 years). Mean ( $\pm$  SD)  $C_{max}$  and  $AUC_{tau}$  are  $0.38 \pm 0.13$  µg/mL and  $3.39 \pm 1.22$  µg·hr/mL, respectively. Tenofovir exposure achieved in these pediatric subjects receiving oral daily doses of VIREAD 300 mg was similar to exposures achieved in adults receiving once-daily doses of VIREAD 300 mg.

Pharmacokinetic studies have not been performed in pediatric subjects <12 years of age.

**Geriatric Patients:** Pharmacokinetic studies have not been performed in the elderly (>65 years).

*Patients with Impaired Renal Function:* The pharmacokinetics of tenofovir are altered in subjects with renal impairment [See *Warnings and Precautions (5.3)*]. In subjects with creatinine clearance <50 mL/min or with end-stage renal disease (ESRD) requiring dialysis,  $C_{max}$ , and  $AUC_{0-\infty}$  of tenofovir were increased (Table 9). It is recommended that the dosing interval for VIREAD be modified in patients with creatinine clearance <50 mL/min or in patients with ESRD who require dialysis [See *Dosage and Administration (2.3)*].

**Table 9 Pharmacokinetic Parameters (Mean  $\pm$  SD) of Tenofovir<sup>a</sup> in Subjects with Varying Degrees of Renal Function**

Baseline Creatinine Clearance (mL/min)	>80 (N=3)	50–80 (N=10)	30–49 (N=8)	12–29 (N=11)
$C_{max}$ ( $\mu$ g/mL)	0.34 $\pm$ 0.03	0.33 $\pm$ 0.06	0.37 $\pm$ 0.16	0.60 $\pm$ 0.19
$AUC_{0-\infty}$ ( $\mu$ g·hr/mL)	2.18 $\pm$ 0.26	3.06 $\pm$ 0.93	6.01 $\pm$ 2.50	15.98 $\pm$ 7.22
CL/F (mL/min)	1043.7 $\pm$ 115.4	807.7 $\pm$ 279.2	444.4 $\pm$ 209.8	177.0 $\pm$ 97.1
CL <sub>renal</sub> (mL/min)	243.5 $\pm$ 33.3	168.6 $\pm$ 27.5	100.6 $\pm$ 27.5	43.0 $\pm$ 31.2

a. 300 mg, single dose of VIREAD

Tenofovir is efficiently removed by hemodialysis with an extraction coefficient of approximately 54%. Following a single 300 mg dose of VIREAD, a four-hour hemodialysis session removed approximately 10% of the administered tenofovir dose.

*Patients with Hepatic Impairment:* The pharmacokinetics of tenofovir following a 300 mg single dose of VIREAD have been studied in non-HIV infected subjects with moderate to severe hepatic impairment. There were no substantial alterations in tenofovir pharmacokinetics in subjects with hepatic impairment compared with unimpaired subjects. No change in VIREAD dosing is required in patients with hepatic impairment.

#### *Assessment of Drug Interactions*

At concentrations substantially higher (~300-fold) than those observed in vivo, tenofovir did not inhibit in vitro drug metabolism mediated by any of the following human CYP isoforms: CYP3A4, CYP2D6, CYP2C9, or CYP2E1. However, a small (6%) but statistically significant reduction in metabolism of CYP1A substrate was observed. Based on the results of in vitro experiments and the known elimination pathway of tenofovir, the potential for CYP mediated interactions involving tenofovir with other medicinal products is low [See *Clinical Pharmacology (12.3)*].

VIREAD has been evaluated in healthy volunteers in combination with abacavir, atazanavir, didanosine, efavirenz, emtricitabine, entecavir, indinavir, lamivudine, lopinavir/ritonavir, methadone, nelfinavir, oral contraceptives, ribavirin, saquinavir/ritonavir, and tacrolimus. Tables 10 and 11 summarize pharmacokinetic effects of coadministered drug on tenofovir pharmacokinetics and effects of VIREAD on the pharmacokinetics of coadministered drug.

**Table 10 Drug Interactions: Changes in Pharmacokinetic Parameters for Tenofovir<sup>a</sup> in the Presence of the Coadministered Drug**

Coadministered Drug	Dose of Coadministered Drug (mg)	N	% Change of Tenofovir Pharmacokinetic Parameters <sup>b</sup> (90% CI)		
			C <sub>max</sub>	AUC	C <sub>min</sub>
Abacavir	300 once	8	↔	↔	NC
Atazanavir <sup>c</sup>	400 once daily × 14 days	33	↑ 14 (↑ 8 to ↑ 20)	↑ 24 (↑ 21 to ↑ 28)	↑ 22 (↑ 15 to ↑ 30)
Didanosine (enteric-coated)	400 once	25	↔	↔	↔
Didanosine (buffered)	250 or 400 once daily × 7 days	14	↔	↔	↔
Efavirenz	600 once daily × 14 days	29	↔	↔	↔
Emtricitabine	200 once daily × 7 days	17	↔	↔	↔
Entecavir	1 mg once daily × 10 days	28	↔	↔	↔
Indinavir	800 three times daily × 7 days	13	↑ 14 (↓ 3 to ↑ 33)	↔	↔
Lamivudine	150 twice daily × 7 days	15	↔	↔	↔
Lopinavir/Ritonavir	400/100 twice daily × 14 days	24	↔	↑ 32 (↑ 25 to ↑ 38)	↑ 51 (↑ 37 to ↑ 66)
Nelfinavir	1250 twice daily × 14 days	29	↔	↔	↔
Saquinavir/Ritonavir	1000/100 twice daily × 14 days	35	↔	↔	↑ 23 (↑ 16 to ↑ 30)
Tacrolimus	0.05 mg/kg twice daily × 7 days	21	↑ 13 (↑ 1 to ↑ 27)	↔	↔

a. Subjects received VIREAD 300 mg once daily.

b. Increase = ↑; Decrease = ↓; No Effect = ↔; NC = Not Calculated

c. Reyataz Prescribing Information

Following multiple dosing to HIV- and HBV-negative subjects receiving either chronic methadone maintenance therapy or oral contraceptives, or single doses of ribavirin, steady state tenofovir pharmacokinetics were similar to those observed in previous studies, indicating lack of clinically significant drug interactions between these agents and VIREAD.

**Table 11 Drug Interactions: Changes in Pharmacokinetic Parameters for Coadministered Drug in the Presence of VIREAD**

Coadministered Drug	Dose of Coadministered Drug (mg)	N	% Change of Coadministered Drug Pharmacokinetic Parameters <sup>a</sup> (90% CI)		
			C <sub>max</sub>	AUC	C <sub>min</sub>
Abacavir	300 once	8	↑ 12 (↓ 1 to ↑ 26)	↔	NA
Atazanavir <sup>b</sup>	400 once daily × 14 days	34	↓ 21 (↓ 27 to ↓ 14)	↓ 25 (↓ 30 to ↓ 19)	↓ 40 (↓ 48 to ↓ 32)
Atazanavir <sup>b</sup>	Atazanavir/ Ritonavir 300/100 once daily × 42 days	10	↓ 28 (↓ 50 to ↑ 5)	↓ 25 <sup>c</sup> (↓ 42 to ↓ 3)	↓ 23 <sup>c</sup> (↓ 46 to ↑ 10)
Efavirenz	600 once daily × 14 days	30	↔	↔	↔
Emtricitabine	200 once daily × 7 days	17	↔	↔	↑ 20 (↑ 12 to ↑ 29)
Entecavir	1 mg once daily × 10 days	28	↔	↑ 13 (↑ 11 to ↑ 15)	↔
Indinavir	800 three times daily × 7 days	12	↓ 11 (↓ 30 to ↑ 12)	↔	↔
Lamivudine	150 twice daily × 7 days	15	↓ 24 (↓ 34 to ↓ 12)	↔	↔
Lopinavir Ritonavir	Lopinavir/Ritonavir 400/100 twice daily × 14 days	24	↔ ↔	↔ ↔	↔ ↔
Methadone <sup>d</sup>	40–110 once daily × 14 days <sup>e</sup>	13	↔	↔	↔
Nelfinavir M8 metabolite	1250 twice daily × 14 days	29	↔ ↔	↔ ↔	↔ ↔
Oral Contraceptives <sup>f</sup>	Ethinyl Estradiol/ Norgestimate (Ortho- Tricyclen) once daily × 7 days	20	↔	↔	↔
Ribavirin	600 once	22	↔	↔	NA
Saquinavir Ritonavir	Saquinavir/Ritonavir 1000/100 twice daily × 14 days	32	↑ 22 (↑ 6 to ↑ 41) ↔	↑ 29 <sup>g</sup> (↑ 12 to ↑ 48) ↔	↑ 47 <sup>g</sup> (↑ 23 to ↑ 76) ↑ 23 (↑ 3 to ↑ 46)
Tacrolimus	0.05 mg/kg twice daily × 7 days	21	↔	↔	↔

a. Increase = ↑; Decrease = ↓; No Effect = ↔; NA = Not Applicable

b. Reyataz Prescribing Information

c. In HIV-infected subjects, addition of tenofovir DF to atazanavir 300 mg plus ritonavir 100 mg, resulted in AUC and C<sub>min</sub> values of atazanavir that were 2.3- and 4-fold higher than the respective values observed for atazanavir 400 mg when given alone.

- d. R-(active), S- and total methadone exposures were equivalent when dosed alone or with VIREAD.
- e. Individual subjects were maintained on their stable methadone dose. No pharmacodynamic alterations (opiate toxicity or withdrawal signs or symptoms) were reported.
- f. Ethinyl estradiol and 17-deacetyl norgestimate (pharmacologically active metabolite) exposures were equivalent when dosed alone or with VIREAD.
- g. Increases in AUC and  $C_{min}$  are not expected to be clinically relevant; hence no dose adjustments are required when tenofovir DF and ritonavir-boosted saquinavir are coadministered.

Table 12 summarizes the drug interaction between VIREAD and didanosine. Coadministration of VIREAD and didanosine should be undertaken with caution [See *Drug Interactions (7.1)*]. When administered with multiple doses of VIREAD, the  $C_{max}$  and AUC of didanosine 400 mg increased significantly. The mechanism of this interaction is unknown. When didanosine 250 mg enteric-coated capsules were administered with VIREAD, systemic exposures to didanosine were similar to those seen with the 400 mg enteric-coated capsules alone under fasted conditions.

**Table 12 Drug Interactions: Pharmacokinetic Parameters for Didanosine in the Presence of VIREAD**

Didanosine Dose (mg)/ Method of Administration	VIREAD Method of Administration <sup>a</sup>	N	% Difference (90% CI) vs. Didanosine 400 mg Alone, Fasted <sup>b</sup>	
			$C_{max}$	AUC
<b>Buffered tablets</b>				
400 once daily <sup>c</sup> × 7 days	Fasted 1 hour after didanosine	14	↑ 28 (↑ 11 to ↑ 48)	↑ 44 (↑ 31 to ↑ 59)
<b>Enteric coated capsules</b>				
400 once, fasted	With food, 2 hours after didanosine	26	↑ 48 (↑ 25 to ↑ 76)	↑ 48 (↑ 31 to ↑ 67)
400 once, with food	Simultaneously with didanosine	26	↑ 64 (↑ 41 to ↑ 89)	↑ 60 (↑ 44 to ↑ 79)
250 once, fasted	With food, 2 hours after didanosine	28	↓ 10 (↓ 22 to ↑ 3)	↔
250 once, fasted	Simultaneously with didanosine	28	↔	↑ 14 (0 to ↑ 31)
250 once, with food	Simultaneously with didanosine	28	↓ 29 (↓ 39 to ↓ 18)	↓ 11 (↓ 23 to ↑ 2)

a. Administration with food was with a light meal (~373 kcal, 20% fat).

b. Increase = ↑; Decrease = ↓; No Effect = ↔

c. Includes 4 subjects weighing <60 kg receiving ddl 250 mg.

## 12.4 Microbiology

### *Mechanism of Action*

Tenofovir disoproxil fumarate is an acyclic nucleoside phosphonate diester analog of adenosine monophosphate. Tenofovir disoproxil fumarate requires initial diester hydrolysis for conversion to tenofovir and subsequent phosphorylations by cellular enzymes to form tenofovir diphosphate, an obligate chain terminator. Tenofovir

diphosphate inhibits the activity of HIV-1 reverse transcriptase and HBV reverse transcriptase by competing with the natural substrate deoxyadenosine 5'-triphosphate and, after incorporation into DNA, by DNA chain termination. Tenofovir diphosphate is a weak inhibitor of mammalian DNA polymerases  $\alpha$ ,  $\beta$ , and mitochondrial DNA polymerase  $\gamma$ .

### Activity against HIV

#### *Antiviral Activity*

The antiviral activity of tenofovir against laboratory and clinical isolates of HIV-1 was assessed in lymphoblastoid cell lines, primary monocyte/macrophage cells and peripheral blood lymphocytes. The EC<sub>50</sub> (50% effective concentration) values for tenofovir were in the range of 0.04  $\mu$ M to 8.5  $\mu$ M. In drug combination studies of tenofovir with nucleoside reverse transcriptase inhibitors (abacavir, didanosine, lamivudine, stavudine, zalcitabine, zidovudine), non-nucleoside reverse transcriptase inhibitors (delavirdine, efavirenz, nevirapine), and protease inhibitors (amprenavir, indinavir, nelfinavir, ritonavir, saquinavir), additive to synergistic effects were observed. Tenofovir displayed antiviral activity in cell culture against HIV-1 clades A, B, C, D, E, F, G, and O (EC<sub>50</sub> values ranged from 0.5  $\mu$ M to 2.2  $\mu$ M) and strain specific activity against HIV-2 (EC<sub>50</sub> values ranged from 1.6  $\mu$ M to 5.5  $\mu$ M).

#### *Resistance*

HIV-1 isolates with reduced susceptibility to tenofovir have been selected in cell culture. These viruses expressed a K65R substitution in reverse transcriptase and showed a 2–4 fold reduction in susceptibility to tenofovir.

In Study 903 of treatment-naïve subjects (VIREAD + lamivudine + efavirenz versus stavudine + lamivudine + efavirenz) [See *Clinical Studies (14.1)*], genotypic analyses of isolates from subjects with virologic failure through Week 144 showed development of efavirenz and lamivudine resistance-associated substitutions to occur most frequently and with no difference between the treatment arms. The K65R substitution occurred in 8/47 (17%) analyzed patient isolates on the VIREAD arm and in 2/49 (4%) analyzed patient isolates on the stavudine arm. Of the 8 subjects whose virus developed K65R in the VIREAD arm through 144 weeks, 7 of these occurred in the first 48 weeks of treatment and one at Week 96. Other substitutions resulting in resistance to VIREAD were not identified in this study.

In Study 934 of treatment-naïve subjects (VIREAD + EMTRIVA + efavirenz versus zidovudine (AZT)/lamivudine (3TC) + efavirenz) [See *Clinical Studies (14.1)*], genotypic analysis performed on HIV-1 isolates from all confirmed virologic failure subjects with >400 copies/mL of HIV-1 RNA at Week 144 or early discontinuation showed development of efavirenz resistance-associated substitutions occurred most frequently and was similar between the two treatment arms. The M184V substitution, associated with resistance to EMTRIVA and lamivudine, was observed in 2/19 analyzed subject isolates in the VIREAD + EMTRIVA group and in 10/29 analyzed subject isolates in the zidovudine/lamivudine group. Through 144 weeks of Study 934, no subjects have developed a detectable K65R substitution in their HIV-1 as analyzed through standard genotypic analysis.

### *Cross Resistance*

Cross-resistance among certain reverse transcriptase inhibitors has been recognized. The K65R substitution selected by tenofovir is also selected in some HIV-1 infected subjects treated with abacavir, didanosine, or zalcitabine. HIV-1 isolates with this mutation also show reduced susceptibility to emtricitabine and lamivudine. Therefore, cross-resistance among these drugs may occur in patients whose virus harbors the K65R substitution. HIV-1 isolates from subjects (N=20) whose HIV-1 expressed a mean of 3 zidovudine-associated reverse transcriptase substitutions (M41L, D67N, K70R, L210W, T215Y/F, or K219Q/E/N), showed a 3.1-fold decrease in the susceptibility to tenofovir.

In Studies 902 and 907 conducted in treatment-experienced subjects (VIREAD + Standard Background Therapy (SBT) compared to Placebo + SBT) [See *Clinical Studies (14.1)*], 14/304 (5%) of the VIREAD-treated subjects with virologic failure through Week 96 had >1.4-fold (median 2.7-fold) reduced susceptibility to tenofovir. Genotypic analysis of the baseline and failure isolates showed the development of the K65R substitution in the HIV-1 reverse transcriptase gene.

The virologic response to VIREAD therapy has been evaluated with respect to baseline viral genotype (N=222) in treatment-experienced subjects participating in Studies 902 and 907. In these clinical studies, 94% of the participants evaluated had baseline HIV-1 isolates expressing at least one NRTI mutation. Virologic responses for subjects in the genotype substudy were similar to the overall study results.

Several exploratory analyses were conducted to evaluate the effect of specific substitutions and substitutional patterns on virologic outcome. Because of the large number of potential comparisons, statistical testing was not conducted. Varying degrees of cross-resistance of VIREAD to pre-existing zidovudine resistance-associated substitutions (M41L, D67N, K70R, L210W, T215Y/F, or K219Q/E/N) were observed and appeared to depend on the type and number of specific substitutions. VIREAD-treated subjects whose HIV-1 expressed 3 or more zidovudine resistance-associated substitutions that included either the M41L or L210W reverse transcriptase substitution showed reduced responses to VIREAD therapy; however, these responses were still improved compared with placebo. The presence of the D67N, K70R, T215Y/F, or K219Q/E/N substitution did not appear to affect responses to VIREAD therapy. Subjects whose virus expressed an L74V substitution without zidovudine resistance associated substitutions (N=8) had reduced response to VIREAD. Limited data are available for subjects whose virus expressed a Y115F substitution (N=3), Q151M substitution (N=2), or T69 insertion (N=4), all of whom had a reduced response.

In the protocol defined analyses, virologic response to VIREAD was not reduced in subjects with HIV-1 that expressed the abacavir/emtricitabine/lamivudine resistance-associated M184V substitution. HIV-1 RNA responses among these subjects were durable through Week 48.

### *Studies 902 and 907 Phenotypic Analyses*

Phenotypic analysis of baseline HIV-1 from treatment-experienced subjects (N=100) demonstrated a correlation between baseline susceptibility to VIREAD and response to

VIREAD therapy. Table 13 summarizes the HIV-1 RNA response by baseline VIREAD susceptibility.

**Table 13 HIV-1 RNA Response at Week 24 by Baseline VIREAD Susceptibility (Intent-To-Treat)<sup>a</sup>**

Baseline VIREAD Susceptibility <sup>b</sup>	Change in HIV-1 RNA <sup>c</sup> (N)
<1	-0.74 (35)
>1 and ≤3	-0.56 (49)
>3 and ≤4	-0.3 (7)
>4	-0.12 (9)

a. Tenofovir susceptibility was determined by recombinant phenotypic Antivirogram assay (Virco).

b. Fold change in susceptibility from wild-type.

c. Average HIV-1 RNA change from baseline through Week 24 (DAVG<sub>24</sub>) in log<sub>10</sub> copies/mL.

### Activity against HBV

#### *Antiviral Activity*

The antiviral activity of tenofovir against HBV was assessed in the HepG2 2.2.15 cell line. The EC<sub>50</sub> values for tenofovir ranged from 0.14 to 1.5 μM, with CC<sub>50</sub> (50% cytotoxicity concentration) values >100 μM. In cell culture combination antiviral activity studies of tenofovir with the nucleoside anti-HBV reverse transcriptase inhibitors emtricitabine, entecavir, lamivudine and telbivudine, no antagonistic activity was observed.

#### *Resistance*

Cumulative VIREAD genotypic resistance analysis of paired pre-treatment and on-treatment isolates was performed using an as-treated analysis. Subjects remaining viremic with HBV DNA >400 copies/mL at the last evaluable study visit after 96 weeks of cumulative treatment (16%[26/160] of HBeAg positive subjects in Study 103 and 3% [8/234] of HBeAg negative subjects in Study 102) were evaluated for genotypic resistance. These 34 subjects with viremia were primarily treatment-naïve and received VIREAD for up to 96 weeks; of these, 65% (17/26) of HBeAg-positive and 13% (1/8) of HBeAg-negative subjects had a baseline viral load of >9 log<sub>10</sub> copies/mL.

In addition, 16 of the 84 HBeAg-positive subjects who received 48 weeks of HEPSERA and then switched to VIREAD for up to 48 weeks, and 18 of 53 Hepsera treatment-experienced subjects from an ongoing Phase 2 study who received up to 48 weeks of VIREAD monotherapy and who had plasma HBV DNA >400 copies/mL, were included in the resistance analysis. Subjects in the Phase 2 study were previously treated for 24 to 96 weeks with HEPSERA for chronic HBV infection and had plasma HBV DNA levels ≥ 1,000 copies/mL at screening.

In the three VIREAD-treatment studies, paired genotypic data were obtained for 55 of 68 viremic subjects. No specific amino acid substitutions in the HBV reverse transcriptase domain occurred at a sufficient frequency to be associated with resistance to VIREAD (genotypic or phenotypic analyses).

In the three VIREAD-treatment studies, prior to treatment with VIREAD, 13 and 10 subjects had HBV harboring adefovir resistance-associated substitutions (rtA181T/V and/or rtN236T) or lamivudine resistance-associated substitution (rtM204I/V), respectively. Following up to 96 weeks of VIREAD treatment, 11 of the 13 subjects with adefovir-resistant HBV and 8 of the 10 subjects with lamivudine-resistant HBV achieved virologic suppression (HBV DNA <400 copies/mL). Two of the 4 subjects harboring both the rtA181T/V and rtN236T substitutions remained viremic following 24 weeks of VIREAD monotherapy.

In Study 108, 45 subjects with decompensated liver disease (including 9 subjects with lamivudine and/or adefovir-resistance associated substitutions at baseline) received VIREAD for up to 48 weeks. Genotypic data from paired baseline and on-treatment HBV isolates were available for 6 of the 8 subjects with plasma HBV DNA > 400 copies/mL at Week 48 (or at discontinuation of VIREAD monotherapy after Week 24). No specific amino acid substitutions in the HBV reverse transcriptase domain occurred at a sufficient frequency to be associated with resistance to VIREAD.

### *Cross Resistance*

Cross-resistance has been observed among HBV reverse transcriptase inhibitors.

In cell based assays, HBV strains expressing the rtV173L, rtL180M, and rtM204I/V substitutions associated with resistance to lamivudine and telbivudine showed a susceptibility to tenofovir ranging from 0.7 to 3.4-fold that of wild type virus. The rtL180M and rtM204I/V double substitutions conferred 3.4-fold reduced susceptibility to tenofovir.

HBV strains expressing the rtL180M, rtT184G, rtS202G/I, rtM204V, and rtM250V substitutions associated with resistance to entecavir showed a susceptibility to tenofovir ranging from 0.6 to 6.9-fold that of wild type virus. An HBV strain expressing rtL180M, rtT184G, rtS202I and rtM204V together had a 6.9-fold reduction in susceptibility to tenofovir.

HBV strains expressing the adefovir resistance-associated substitutions rtA181V and/or rtN236T showed reductions in susceptibility to tenofovir ranging from 2.9 to 10-fold that of wild type virus.

Strains containing the rtA181T substitution showed changes in susceptibility to tenofovir ranging from 0.9 to 1.5-fold that of wild type virus.

## **13 NONCLINICAL TOXICOLOGY**

### **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

Long-term oral carcinogenicity studies of tenofovir disoproxil fumarate in mice and rats were carried out at exposures up to approximately 16 times (mice) and 5 times (rats) those observed in humans at the therapeutic dose for HIV-1 infection. At the high dose in female mice, liver adenomas were increased at exposures 16 times that in humans. In rats, the study was negative for carcinogenic findings at exposures up to 5 times that observed in humans at the therapeutic dose.

Tenofovir disoproxil fumarate was mutagenic in the in vitro mouse lymphoma assay and negative in an in vitro bacterial mutagenicity test (Ames test). In an in vivo mouse micronucleus assay, tenofovir disoproxil fumarate was negative when administered to male mice.

There were no effects on fertility, mating performance or early embryonic development when tenofovir disoproxil fumarate was administered to male rats at a dose equivalent to 10 times the human dose based on body surface area comparisons for 28 days prior to mating and to female rats for 15 days prior to mating through day seven of gestation. There was, however, an alteration of the estrous cycle in female rats.

### **13.2 Animal Toxicology and/or Pharmacology**

Tenofovir and tenofovir disoproxil fumarate administered in toxicology studies to rats, dogs, and monkeys at exposures (based on AUCs) greater than or equal to 6 fold those observed in humans caused bone toxicity. In monkeys the bone toxicity was diagnosed as osteomalacia. Osteomalacia observed in monkeys appeared to be reversible upon dose reduction or discontinuation of tenofovir. In rats and dogs, the bone toxicity manifested as reduced bone mineral density. The mechanism(s) underlying bone toxicity is unknown.

Evidence of renal toxicity was noted in 4 animal species. Increases in serum creatinine, BUN, glycosuria, proteinuria, phosphaturia, and/or calciuria and decreases in serum phosphate were observed to varying degrees in these animals. These toxicities were noted at exposures (based on AUCs) 2–20 times higher than those observed in humans. The relationship of the renal abnormalities, particularly the phosphaturia, to the bone toxicity is not known.

## **14 CLINICAL STUDIES**

### **14.1 Clinical Efficacy in Patients with HIV-1 Infection**

#### *Treatment-Naïve Adult Patients*

##### *Study 903*

Data through 144 weeks are reported for Study 903, a double-blind, active-controlled multicenter study comparing VIREAD (300 mg once daily) administered in combination with lamivudine and efavirenz versus stavudine (d4T), lamivudine, and efavirenz in 600 antiretroviral-naïve subjects. Subjects had a mean age of 36 years (range 18–64), 74% were male, 64% were Caucasian and 20% were Black. The mean baseline CD4<sup>+</sup> cell count was 279 cells/mm<sup>3</sup> (range 3–956) and median baseline plasma HIV-1 RNA was 77,600 copies/mL (range 417–5,130,000). Subjects were stratified by baseline HIV-1 RNA and CD4<sup>+</sup> cell count. Forty-three percent of subjects had baseline viral loads >100,000 copies/mL and 39% had CD4<sup>+</sup> cell counts <200 cells/mm<sup>3</sup>. Treatment outcomes through 48 and 144 weeks are presented in Table 14.

**Table 14 Outcomes of Randomized Treatment at Week 48 and 144 (Study 903)**

Outcomes	At Week 48		At Week 144	
	VIREAD+3TC +EFV (N=299)	d4T+3TC +EFV (N=301)	VIREAD+3TC +EFV (N=299)	d4T+3TC +EFV (N=301)
Responder <sup>a</sup>	79%	82%	68%	62%
Virologic failure <sup>b</sup>	6%	4%	10%	8%
Rebound	5%	3%	8%	7%
Never suppressed	0%	1%	0%	0%
Added an antiretroviral agent	1%	1%	2%	1%
Death	<1%	1%	<1%	2%
Discontinued due to adverse event	6%	6%	8%	13%
Discontinued for other reasons <sup>c</sup>	8%	7%	14%	15%

a. Subjects achieved and maintained confirmed HIV-1 RNA <400 copies/mL through Week 48 and 144.

b. Includes confirmed viral rebound and failure to achieve confirmed <400 copies/mL through Week 48 and 144.

c. Includes lost to follow-up, subject's withdrawal, noncompliance, protocol violation and other reasons.

Achievement of plasma HIV-1 RNA concentrations of less than 400 copies/mL at Week 144 was similar between the two treatment groups for the population stratified at baseline on the basis of HIV-1 RNA concentration (> or ≤100,000 copies/mL) and CD4<sup>+</sup> cell count (< or ≥200 cells/mm<sup>3</sup>). Through 144 weeks of therapy, 62% and 58% of subjects in the VIREAD and stavudine arms, respectively achieved and maintained confirmed HIV-1 RNA <50 copies/mL. The mean increase from baseline in CD4<sup>+</sup> cell count was 263 cells/mm<sup>3</sup> for the VIREAD arm and 283 cells/mm<sup>3</sup> for the stavudine arm.

Through 144 weeks, 11 subjects in the VIREAD group and 9 subjects in the stavudine group experienced a new CDC Class C event.

### Study 934

Data through 144 weeks are reported for Study 934, a randomized, open-label, active-controlled multicenter study comparing emtricitabine + VIREAD administered in combination with efavirenz versus zidovudine/lamivudine fixed-dose combination administered in combination with efavirenz in 511 antiretroviral-naïve subjects. From Weeks 96 to 144 of the study, subjects received a fixed-dose combination of emtricitabine and tenofovir DF with efavirenz in place of emtricitabine + VIREAD with efavirenz. Subjects had a mean age of 38 years (range 18–80), 86% were male, 59% were Caucasian and 23% were Black. The mean baseline CD4<sup>+</sup> cell count was 245 cells/mm<sup>3</sup> (range 2–1191) and median baseline plasma HIV-1 RNA was 5.01 log<sub>10</sub> copies/mL (range 3.56–6.54). Subjects were stratified by baseline CD4<sup>+</sup> cell count (< or ≥200 cells/mm<sup>3</sup>); 41% had CD4<sup>+</sup> cell counts <200 cells/mm<sup>3</sup> and 51% of subjects had baseline viral loads >100,000 copies/mL. Treatment outcomes through 48 and

144 weeks for those subjects who did not have efavirenz resistance at baseline are presented in Table 15.

**Table 15 Outcomes of Randomized Treatment at Week 48 and 144 (Study 934)**

Outcomes	At Week 48		At Week 144	
	FTC +VIREAD +EFV (N=244)	AZT/3TC +EFV (N=243)	FTC +VIREAD +EFV (N=227) <sup>a</sup>	AZT/3TC +EFV (N=229) <sup>a</sup>
Responder <sup>b</sup>	84%	73%	71%	58%
Virologic failure <sup>c</sup>	2%	4%	3%	6%
Rebound	1%	3%	2%	5%
Never suppressed	0%	0%	0%	0%
Change in antiretroviral regimen	1%	1%	1%	1%
Death	<1%	1%	1%	1%
Discontinued due to adverse event	4%	9%	5%	12%
Discontinued for other reasons <sup>d</sup>	10%	14%	20%	22%

- a. Subjects who were responders at Week 48 or Week 96 (HIV-1 RNA <400 copies/mL) but did not consent to continue study after Week 48 or Week 96 were excluded from analysis.
- b. Subjects achieved and maintained confirmed HIV-1 RNA <400 copies/mL through Weeks 48 and 144.
- c. Includes confirmed viral rebound and failure to achieve confirmed <400 copies/mL through Weeks 48 and 144.
- d. Includes lost to follow-up, subject withdrawal, noncompliance, protocol violation and other reasons.

Through Week 48, 84% and 73% of subjects in the emtricitabine + VIREAD group and the zidovudine/lamivudine group, respectively, achieved and maintained HIV-1 RNA <400 copies/mL (71% and 58% through Week 144). The difference in the proportion of subjects who achieved and maintained HIV-1 RNA <400 copies/mL through 48 weeks largely results from the higher number of discontinuations due to adverse events and other reasons in the zidovudine/lamivudine group in this open-label study. In addition, 80% and 70% of subjects in the emtricitabine + VIREAD group and the zidovudine/lamivudine group, respectively, achieved and maintained HIV-1 RNA <50 copies/mL through Week 48 (64% and 56% through Week 144). The mean increase from baseline in CD4<sup>+</sup> cell count was 190 cells/mm<sup>3</sup> in the EMTRIVA + VIREAD group and 158 cells/mm<sup>3</sup> in the zidovudine/lamivudine group at Week 48 (312 and 271 cells/mm<sup>3</sup> at Week 144).

Through 48 weeks, 7 subjects in the emtricitabine + VIREAD group and 5 subjects in the zidovudine/lamivudine group experienced a new CDC Class C event (10 and 6 subjects through 144 weeks).

#### *Treatment-Experienced Adult Patients*

##### *Study 907*

Study 907 was a 24-week, double-blind placebo-controlled multicenter study of VIREAD added to a stable background regimen of antiretroviral agents in 550 treatment-

experienced subjects. After 24 weeks of blinded study treatment, all subjects continuing on study were offered open-label VIREAD for an additional 24 weeks. Subjects had a mean baseline CD4<sup>+</sup> cell count of 427 cells/mm<sup>3</sup> (range 23–1385), median baseline plasma HIV-1 RNA of 2340 (range 50–75,000) copies/mL, and mean duration of prior HIV-1 treatment was 5.4 years. Mean age of the subjects was 42 years, 85% were male and 69% were Caucasian, 17% Black and 12% Hispanic.

The percent of subjects with HIV-1 RNA <400 copies/mL and outcomes of subjects through 48 weeks are summarized in Table 16.

**Table 16 Outcomes of Randomized Treatment (Study 907)**

Outcomes	0–24 weeks		0–48 weeks	24–48 weeks
	VIREAD (N=368)	Placebo (N=182)	VIREAD (N=368)	Placebo Crossover to VIREAD (N=170)
HIV-1 RNA <400 copies/mL <sup>a</sup>	40%	11%	28%	30%
Virologic failure <sup>b</sup>	53%	84%	61%	64%
Discontinued due to adverse event	3%	3%	5%	5%
Discontinued for other reasons <sup>c</sup>	3%	3%	5%	1%

a. Subjects with HIV-1 RNA <400 copies/mL and no prior study drug discontinuation at Week 24 and 48 respectively.

b. Subjects with HIV-1 RNA ≥400 copies/mL efficacy failure or missing HIV-1 RNA at Week 24 and 48 respectively.

c. Includes lost to follow-up, subject withdrawal, noncompliance, protocol violation and other reasons.

At 24 weeks of therapy, there was a higher proportion of subjects in the VIREAD arm compared to the placebo arm with HIV-1 RNA <50 copies/mL (19% and 1%, respectively). Mean change in absolute CD4<sup>+</sup> cell counts by Week 24 was +11 cells/mm<sup>3</sup> for the VIREAD group and -5 cells/mm<sup>3</sup> for the placebo group. Mean change in absolute CD4<sup>+</sup> cell counts by Week 48 was +4 cells/mm<sup>3</sup> for the VIREAD group.

Through Week 24, one subject in the VIREAD group and no subjects in the placebo arm experienced a new CDC Class C event.

## 14.2 Clinical Efficacy in Patients with Chronic Hepatitis B

### *HBeAg-Negative Chronic Hepatitis B*

Study 0102 was a Phase 3, randomized, double-blind, active-controlled study of VIREAD 300 mg compared to HEPSERA 10 mg in 375 HBeAg- (anti-HBe+) subjects with compensated liver function, the majority of whom were nucleoside-naïve. The mean age of subjects was 44 years, 77% were male, 25% were Asian, 65% were Caucasian, 17% had previously received alpha-interferon therapy and 18% were nucleoside-experienced (16% had prior lamivudine experience). At baseline, subjects

had a mean Knodell necroinflammatory score of 7.8; mean plasma HBV DNA was 6.9 log<sub>10</sub> copies/mL; and mean serum ALT was 140 U/L.

#### *HBeAg-Positive Chronic Hepatitis B*

Study 0103 was a Phase 3, randomized, double-blind, active-controlled study of VIREAD 300 mg compared to HEPSERA 10 mg in 266 HBeAg+ nucleoside-naïve subjects with compensated liver function. The mean age of subjects was 34 years, 69% were male, 36% were Asian, 52% were Caucasian, 16% had previously received alpha-interferon therapy, and <5% were nucleoside experienced. At baseline, subjects had a mean Knodell necroinflammatory score of 8.4; mean plasma HBV DNA was 8.7 log<sub>10</sub> copies /mL; and mean serum ALT was 147 U/L.

The primary data analysis was conducted after all subjects reached 48 weeks of treatment and results are summarized below.

The primary efficacy endpoint in both studies was complete response to treatment defined as HBV DNA <400 copies/mL and Knodell necroinflammatory score improvement of at least 2 points, without worsening in Knodell fibrosis at Week 48 (Table 17).

**Table 17      Histological, Virological, Biochemical, and Serological Response at Week 48**

	0102 (HBeAg-)		0103 (HBeAg+)	
	VIREAD (N=250)	HEPSERA (N=125)	VIREAD (N=176)	HEPSERA (N=90)
<b>Complete Response</b>	71%	49%	67%	12%
<b>Histology</b> Histological Response <sup>a</sup>	72%	69%	74%	68%
<b>HBV DNA</b> <400 copies/mL (<69 IU/mL)	93%	63%	76%	13%
<b>ALT</b> Normalized ALT <sup>b</sup>	76%	77%	68%	54%
<b>Serology</b> HBeAg Loss/ Seroconversion	NA <sup>c</sup>	NA <sup>c</sup>	20%/19%	16%/16%
HBsAg Loss/ Seroconversion	0/0	0/0	3%/1%	0/0

a. Knodell necroinflammatory score improvement of at least 2 points without worsening in Knodell fibrosis.

b. The population used for analysis of ALT normalization included only subjects with ALT above ULN at baseline.

c. NA = Not Applicable

### *Treatment beyond 48 Weeks*

In Studies 0102 (HBeAg-negative) and 0103 (HBeAg-positive), subjects rolled over with no interruption in treatment to open-label VIREAD through Week 96 after receiving double-blind treatment for 48 weeks (either VIREAD or HEPSERA). At Week 72 or thereafter, emtricitabine could be added to VIREAD in subjects who had detectable HBV DNA.

In Study 0102, 90% of subjects who were randomized to VIREAD completed 96 weeks of treatment. Among subjects randomized to VIREAD followed by open-label treatment with VIREAD, 89% had undetectable HBV DNA (< 400 copies/mL), and 71% had ALT normalization at Week 96. In the group of subjects randomized to HEPSERA followed by open-label treatment with VIREAD, 88% completed 96 weeks of treatment; 96% of this cohort had undetectable HBV DNA (< 400 copies/mL) and 71% had ALT normalization at Week 96. Emtricitabine was added to VIREAD in 2 (<1%) subjects initially randomized to VIREAD and none of those randomized to HEPSERA. No subject in either treatment group experienced HBsAg loss/seroconversion through Week 96.

In Study 0103, 82% of subjects randomized to VIREAD completed 96 weeks of treatment. Among subjects randomized to VIREAD, 81% had undetectable HBV DNA (< 400 copies/mL), 64% had ALT normalization, 27% had HBeAg loss (23% seroconversion to anti-HBe antibody), and 5% had HBsAg loss (4% seroconversion to anti-HBs antibody) through Week 96. Among subjects randomized to HEPSERA followed by up to 48 weeks of open-label treatment with VIREAD, 92% of subjects completed 96 weeks of treatment; 76% had undetectable HBV DNA (< 400 copies/mL), 67% had ALT normalization, 24% had HBeAg loss (21% seroconversion to anti-HBe antibody), and 6% experienced HBsAg loss (5% seroconversion to anti-HBs antibody) through Week 96. Emtricitabine was added to VIREAD in 15 (9%) subjects randomized to VIREAD, and in 13 (14%) subjects randomized to HEPSERA.

Across the combined HBV treatment studies, the number of subjects with lamivudine- or adefovir-resistance associated substitutions at baseline was too small to establish efficacy in this subgroup.

### *Patients with Chronic Hepatitis B and Decompensated Liver Disease*

VIREAD was studied in a small randomized, double blind, active-controlled trial evaluating the safety of VIREAD compared to other antiviral drugs in subjects with CHB and decompensated liver disease through 48 weeks.

Forty-five adult subjects (37 males and 8 females) were randomized to the VIREAD treatment arm. At baseline, 69% subjects were HBeAg-positive, and 31% were HBeAg-negative. Subjects had a mean Child-Pugh score of 7, a mean MELD score of 12, mean HBV DNA of 5.8 log<sub>10</sub> copies/mL and mean serum ALT of 61 U/L at baseline. Study endpoints were discontinuation due to an adverse event and confirmed increase in serum creatinine ≥ 0.5 mg/dL or confirmed serum phosphorus of < 2 mg/dL. [See *Adverse Reactions* (6.1)].

At 48 weeks, 31/44 (70%) and 12/26 (46%) Viread-treated subjects achieved an HBV DNA < 400 copies/mL, and normalized ALT, respectively. The trial was not designed to evaluate treatment impact on clinical endpoints such as progression of liver disease, need for liver transplantation, or death.

## **16 HOW SUPPLIED/STORAGE AND HANDLING**

The almond-shaped, light blue, film-coated tablets contain 300 mg of tenofovir disoproxil fumarate, which is equivalent to 245 mg of tenofovir disoproxil, are debossed with “GILEAD” and “4331” on one side and with “300” on the other side, and are available in unit of use bottles (containing a desiccant [silica gel canister or sachet] and closed with a child-resistant closure) of:

- 30 tablets (NDC 61958–0401–1)

Store at 25 °C (77 °F), excursions permitted to 15–30 °C (59–86 °F) (see USP Controlled Room Temperature).

**Do not use if seal over bottle opening is broken or missing.**

## **17 PATIENT COUNSELING INFORMATION AND FDA-APPROVED PATIENT LABELING**

### **Information for Patients**

Patients should be advised that:

- VIREAD is not a cure for HIV-1 infection and patients may continue to experience illnesses associated with HIV-1 infection, including opportunistic infections. Patients should remain under the care of a physician when using VIREAD.
- The use of VIREAD has not been shown to reduce the risk of transmission of HIV-1 or HBV to others through sexual contact or blood contamination. Patients should be advised to continue to practice safer sex and to use latex or polyurethane condoms to lower the chance of sexual contact with any body fluids such as semen, vaginal secretions or blood. Patients should be advised never to re-use or share needles.
- The long term effects of VIREAD are unknown.
- VIREAD Tablets are for oral ingestion only.
- VIREAD should not be discontinued without first informing their physician.
- If you have HIV-1 infection, with or without HBV coinfection, it is important to take VIREAD with combination therapy.
- It is important to take VIREAD on a regular dosing schedule and to avoid missing doses.
- Lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported. Treatment with VIREAD should be suspended in any patient who develops clinical symptoms suggestive of lactic acidosis or pronounced hepatotoxicity (including nausea, vomiting, unusual or unexpected stomach discomfort, and weakness) [*See Warnings and Precautions (5.1)*].

- Patients with HIV-1 should be tested for Hepatitis B virus (HBV) before initiating antiretroviral therapy [See *Warnings and Precautions (5.5)*].
- Severe acute exacerbations of hepatitis have been reported in patients who are infected with HBV or coinfecting with HBV and HIV-1 and have discontinued VIREAD [See *Warnings and Precautions (5.2)*].
- In patients with chronic hepatitis B, it is important to obtain HIV antibody testing prior to initiating VIREAD [See *Warnings and Precautions (5.5)*].
- Renal impairment, including cases of acute renal failure and Fanconi syndrome, has been reported. VIREAD should be avoided with concurrent or recent use of a nephrotoxic agent [See *Warnings and Precautions (5.3)*]. Dosing interval of VIREAD may need adjustment in patients with renal impairment [See *Dosage and Administration (2.3)*].
- VIREAD should not be coadministered with the fixed-dose combination products TRUVADA and ATRIPLA since it is a component of these products [See *Warnings and Precautions (5.4)*].
- VIREAD should not be administered in combination with HEPSERA [See *Warnings and Precautions (5.4)*].
- Decreases in bone mineral density have been observed with the use of VIREAD in patients with HIV. Bone mineral density monitoring should be considered in patients who have a history of pathologic bone fracture or at risk for osteopenia [See *Warnings and Precautions (5.6)*].
- In the treatment of chronic hepatitis B, the optimal duration of treatment is unknown. The relationship between response and long-term prevention of outcomes such as hepatocellular carcinoma is not known.

**PATIENT INFORMATION**  
**VIREAD® (VEER-ee-ad)**  
**(tenofovir disoproxil fumarate)**  
**Tablets**

Read this leaflet before you start taking VIREAD and each time you get a refill. There may be new information. This information does not take the place of talking with your healthcare provider about your medical condition or treatment.

**What is the most important information I should know about VIREAD?**

**VIREAD can cause serious side effects, including:**

**1. Build-up of an acid in your blood (lactic acidosis).** Lactic acidosis can happen in some people who take VIREAD or similar (nucleoside analog) medicines. **Lactic acidosis** is a serious medical emergency that can lead to death.

Lactic acidosis can be hard to identify early, because the symptoms could seem like symptoms of other health problems. **Call your healthcare provider right away if you get the following symptoms which could be signs of lactic acidosis:**

- feeling very weak or tired
- have unusual (not normal) muscle pain
- have trouble breathing
- have stomach pain with
  - nausea (feel sick to your stomach)
  - vomiting
- feel cold, especially in your arms and legs
- feel dizzy or lightheaded
- have a fast or irregular heartbeat

**2. Severe liver problems.** Severe liver problems can happen in people who take VIREAD or similar medicines. In some cases these liver problems can lead to death. Your liver may become large (hepatomegaly) and you may develop fat in your liver (steatosis) when you take VIREAD.

**Call your healthcare provider right away if you have any of the following symptoms of liver problems:**

- Your skin or the white part of your eyes turns yellow (jaundice).
- dark "tea-colored" urine
- light-colored bowel movements (stools)
- loss of appetite for several days or longer
- nausea
- stomach pain

**You may be more likely to get lactic acidosis or severe liver problems if you are female, very overweight (obese), or have been taking VIREAD or a similar medicine for a long time.**

**3. Worsening of your Hepatitis B infection.** Your hepatitis B Virus (HBV) infection may become worse (flare-up) if you take VIREAD and then stop it. A “flare-up” is when your HBV infection suddenly returns in a worse way than before.

- Do not let your VIREAD run out. Refill your prescription or talk to your healthcare provider before your VIREAD is all gone.
- Do not stop taking VIREAD without first talking to your healthcare provider.
- If you stop taking VIREAD, your healthcare provider will need to check your health often and do regular blood tests to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking VIREAD.

**4. Talk to your doctor about taking an HIV test before starting treatment with VIREAD for chronic hepatitis B. You should also get a test for HBV if you are taking VIREAD for treatment of HIV.**

### **What is VIREAD?**

VIREAD is a prescription medicine used:

- with other antiviral medicines to treat Human Immunodeficiency Virus (HIV) in adults and pediatric patients 12 years of age and older. HIV is the virus that causes AIDS (Acquired Immune Deficiency Syndrome). VIREAD does not cure HIV or AIDS. People taking VIREAD may still get infections common in people with HIV (opportunistic infections). It is very important that you stay under the care of your healthcare provider.
- to treat chronic hepatitis B virus (HBV) in adults. VIREAD will not cure HBV.
- VIREAD may lower the amount of HBV in your body.
- VIREAD may lower the ability of HBV to multiply and infect new liver cells.
- VIREAD may improve the condition of your liver.

The long-term effects of taking VIREAD for treatment of chronic hepatitis B infection are not known.

It is not known if VIREAD is safe and effective for treatment of chronic hepatitis B in children under the age of 18 years.

### **What should I tell my healthcare provider before taking VIREAD?**

**Before you take VIREAD, tell your healthcare provider if you:**

- have liver problems, including hepatitis B (HBV) infection
- have kidney problems
- have bone problems
- have any other medical conditions, including HIV infection
- are pregnant or plan to become pregnant. It is not known if VIREAD will harm your unborn baby.

**Pregnancy Registry.** There is a pregnancy registry for women who take antiviral medicines during pregnancy. Its purpose is to collect information about the health of you and your baby. Talk to your healthcare provider about how you can take part in this registry.

- are breast-feeding or plan to breast-feed. You should not breast-feed if you have HIV infection or AIDS. The virus that causes HIV can pass through your breast milk to your baby. It is not known if VIREAD can pass through your breast milk and harm your baby. Talk to your healthcare provider about the best way to feed your baby.

**Tell your healthcare provider about all the medicines you take**, including prescription and non-prescription medicines, vitamins and herbal supplements. VIREAD may affect the way other medicines work, and other medicines may affect how VIREAD works.

**Do not take VIREAD if you also take:**

- other medicines that contain tenofovir (TRUVADA, ATRIPLA)
- adefovir (HEPSERA)

Especially tell your healthcare provider if you take the following medications, as the dose of these other medications may need to be changed:

- didanosine (VIDEX, VIDEX EC)
- atazanavir (REYATAZ)
- lopinavir with ritonavir (KALETRA)

Know the medicines you take. Keep a list of them to show your healthcare provider or pharmacist when you get a new medicine.

**How should I take VIREAD?**

- See “What is the most important information I should know about VIREAD?”
- Take VIREAD exactly as your healthcare provider tells you to take it.
- Take VIREAD at the same time every day.
- The usual dose of VIREAD is 1 tablet each day. If you are an adult and have kidney problems, your healthcare provider may tell you to take VIREAD less often.
- Take VIREAD by mouth, with or without food.
- Do not miss a dose of VIREAD. If you miss a dose of VIREAD, take the missed dose as soon as you remember. If it is almost time for your next dose of VIREAD, do not take the missed dose. Take the next dose of VIREAD at your regular time.
- If you take too much VIREAD, call your local poison control center or go right away to the nearest hospital emergency room.

**What are the possible side effects of VIREAD?**

**Viread may cause serious side effects, including:**

- **See “What is the most important information I should know about VIREAD”?**
- **New or worse kidney problems** can happen in some people who take VIREAD. If you have had kidney problems in the past or need to take another

medicine that can cause kidney problems, your healthcare provider may need to do blood tests to check your kidneys during your treatment with VIREAD.

- **Bone problems** can happen in some people who take VIREAD. Bone problems include bone pain, softening or thinning (which may lead to fractures). Your healthcare provider may need to do additional tests to check your bones.
- **Changes in body fat** can happen in some people who take antiviral medicines. These changes may include increased amount of fat in the upper back and neck (“buffalo hump”), breast, and around the main part of your body (trunk). Loss of fat from the legs, arms, and face may also happen. The cause and long-term health effects of these conditions are not known.
- **Changes in your immune system (Immune Reconstitution Syndrome)** can happen when you start taking HIV medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your doctor if you start having new symptoms after starting your HIV medicine.

The most common side effects of VIREAD are:

- nausea
- rash
- diarrhea
- headache
- pain
- depression
- weakness

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of VIREAD. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### **How do I store VIREAD?**

- Store VIREAD at 59°F to 86°F (15°C to 30°C).
- Do not use VIREAD if the seal over the bottle opening is broken or missing.

**Keep VIREAD and all medicines out of the reach of children.**

#### **General information about VIREAD:**

Medicines are sometimes prescribed for purposes other than those listed in the patient leaflet. Do not use VIREAD for a condition for which it was not prescribed. Do not give VIREAD to other people, even if they have the same condition you have. It may harm them.

Viread does not reduce the risk of passing HIV-1 or HBV to others through sexual contact or blood contamination. Continue to practice safer sex and do not use or share dirty needles. Do not share personal items that can have blood or body fluids on them, like toothbrushes or razor blades. A shot (vaccine) is available to protect people at risk for becoming infected with HBV.

This leaflet summarizes the most important information about VIREAD. If you would like more information, talk with your healthcare provider. You can ask your

pharmacist or healthcare provider for information about VIREAD that is written for health professionals.

For more information, go to [www.viread.com](http://www.viread.com) or call Gilead Sciences, Inc. at 1-800-GILEAD-5 (1-800-445-3235).

**What are the ingredients in VIREAD?**

**Active Ingredient:** tenofovir disoproxil fumarate

**Inactive Ingredients:** croscarmellose sodium, lactose monohydrate, magnesium stearate, microcrystalline cellulose, and pregelatinized starch.

**Tablet Coating:** Opadry II Y-30-10671-A, which contains FD&C blue #2 aluminum lake, hydroxypropyl methylcellulose 2910, lactose monohydrate, titanium dioxide, and triacetin.

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