

1	<b>HIGHLIGHTS OF PRESCRIBING INFORMATION</b>	33	
2	These highlights do not include all the information	34	-----CONTRAINDICATIONS-----
3	needed to use CAYSTON safely and effectively. See full	35	• Do not administer to patients with a known allergy to
4	prescribing information for CAYSTON.	36	aztreonam. (4)
5		37	
6	<b>CAYSTON® (aztreonam for inhalation solution)</b>	38	-----WARNINGS AND PRECAUTIONS-----
7	<b>Initial U.S. Approval: 1986</b>	39	• Allergic reaction to CAYSTON was seen in clinical
8		40	trials. Stop treatment if an allergic reaction occurs. Use
9	To reduce the development of drug-resistant bacteria and	41	caution when CAYSTON is administered to patients
10	maintain the effectiveness of CAYSTON and other	42	with a known allergic reaction to beta-lactams. (5.1)
11	antibacterial drugs, CAYSTON should be used only to treat	43	• Bronchospasm has been reported with CAYSTON.
12	patients with cystic fibrosis (CF) known to have	44	Stop treatment if chest tightness develops during
13	<i>Pseudomonas aeruginosa</i> in the lungs.	45	nebulizer use. (5.2)
14		46	
15	-----INDICATIONS AND USAGE-----	47	-----ADVERSE REACTIONS-----
16	CAYSTON is a monobactam antibacterial indicated to improve	48	• Common adverse reactions (more than 5%)
17	respiratory symptoms in cystic fibrosis (CF) patients with	49	occurring more frequently in CAYSTON patients are
18	<i>Pseudomonas aeruginosa</i> . Safety and effectiveness have not	50	cough, nasal congestion, wheezing, pharyngolaryngeal
19	been established in pediatric patients below the age of 7 years,	51	pain, pyrexia, chest discomfort, abdominal pain and
20	patients with FEV <sub>1</sub> <25% or >75% predicted, or patients	52	vomiting. (6.1)
21	colonized with <i>Burkholderia cepacia</i> . (1)	53	
22		54	<b>To report SUSPECTED ADVERSE REACTIONS,</b>
23	-----DOSAGE AND ADMINISTRATION-----	55	<b>contact Gilead Sciences, Inc. at 1-800-GILEAD5,</b>
24	• Administer one dose (one single use vial and one ampule	56	<b>option 3 or FDA at 1-800-FDA-1088 or</b>
25	of diluent) 3 times a day for 28 days. (2.1)	57	<b>www.fda.gov/medwatch.</b>
26	• Use dose immediately after reconstitution. (2.2)	58	
27	• Administer only with the Altera® Nebulizer System. Do	59	<b>See 17 for PATIENT COUNSELING INFORMATION</b>
28	not administer with any other type of nebulizer. (2.3)	60	<b>and FDA-Approved Patient Labeling</b>
29		61	
30	-----DOSAGE FORMS AND STRENGTHS-----	62	
31	• Lyophilized aztreonam (75 mg/vial) (3)	63	
32	• Diluent (0.17% sodium chloride): 1 mL/ampule (3)		
64			<b>Revised: February 2010</b>
65		89	
66	<b>FULL PRESCRIBING INFORMATION:</b>	90	
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86	8.1 Pregnancy	110	prescribing information are not listed
87	8.3 Nursing Mothers		
88			
111			
112			

113 **1 INDICATIONS AND USAGE**

114

115 CAYSTON<sup>®</sup> is indicated to improve respiratory symptoms in cystic  
116 fibrosis (CF) patients with *Pseudomonas aeruginosa*. Safety and  
117 effectiveness have not been established in pediatric patients below the  
118 age of 7 years, patients with FEV<sub>1</sub> <25% or >75% predicted, or  
119 patients colonized with *Burkholderia cepacia* [see *Clinical Studies*  
120 (14)].

121

122 To reduce the development of drug-resistant bacteria and maintain the  
123 effectiveness of CAYSTON and other antibacterial drugs, CAYSTON  
124 should be used only to treat patients with CF known to have  
125 *Pseudomonas aeruginosa* in the lungs.

126

127 **2 DOSAGE AND ADMINISTRATION**

128

129 **2.1 Dosing Information**

130

131 The recommended dose of CAYSTON for both adults and  
132 pediatric patients 7 years of age and older is one single-use vial  
133 (75 mg of aztreonam) reconstituted with 1 mL of sterile diluent  
134 administered 3 times a day for a 28-day course (followed by  
135 28 days off CAYSTON therapy). Dosage is not based on weight  
136 or adjusted for age. Doses should be taken at least 4 hours apart.

137

138 CAYSTON is administered by inhalation using an Altera<sup>®</sup> Nebulizer  
139 System. Patients should use a bronchodilator before administration of  
140 CAYSTON.

141

142 **2.2 Instructions for CAYSTON Reconstitution**

143

144 *CAYSTON should be administered immediately after*  
145 *reconstitution. Do not reconstitute CAYSTON until ready to*  
146 *administer a dose.*

147

148 Take one amber glass vial containing CAYSTON and one diluent  
149 ampule from the carton. To open the glass vial, carefully remove the  
150 metal ring by pulling the tab and remove the gray rubber stopper.  
151 Twist the tip off the diluent ampule and squeeze the liquid into the  
152 glass vial. Replace the rubber stopper, then gently swirl the vial until  
153 contents have completely dissolved.

154

155 The empty vial, stopper, and diluent ampule should be disposed of  
156 properly upon completion of dosing.

157

158 **2.3 Instructions for CAYSTON Administration**

159  
160 CAYSTON is administered by inhalation using an Altera  
161 Nebulizer System. CAYSTON should not be administered with  
162 any other nebulizer. CAYSTON should not be mixed with any  
163 other drugs in the Altera Nebulizer Handset.  
164

165 CAYSTON is not for intravenous or intramuscular administration.  
166

167 Patients should use a bronchodilator before administration of  
168 CAYSTON. Short-acting bronchodilators can be taken between  
169 15 minutes and 4 hours prior to each dose of CAYSTON.

170 Alternatively, long-acting bronchodilators can be taken between  
171 30 minutes and 12 hours prior to administration of CAYSTON.  
172 For patients taking multiple inhaled therapies, the recommended  
173 order of administration is as follows: bronchodilator, mucolytics,  
174 and lastly, CAYSTON.  
175

176 To administer CAYSTON, pour the reconstituted solution into the  
177 handset of the nebulizer system. Turn the unit on. Place the  
178 mouthpiece of the handset in your mouth and breathe normally only  
179 through your mouth. Administration typically takes between 2 and 3  
180 minutes. Further patient instructions on how to administer CAYSTON  
181 are provided in the [FDA-approved patient labeling](#). Instructions on  
182 testing nebulizer functionality and cleaning the handset are provided in  
183 the Instructions for Use included with the nebulizer system.  
184

### 185 **3 DOSAGE FORMS AND STRENGTHS**

186

187 A dose of CAYSTON consists of a single-use vial of sterile,  
188 lyophilized aztreonam (75 mg) reconstituted with a 1 mL ampule  
189 of sterile diluent (0.17% sodium chloride). Reconstituted  
190 CAYSTON is administered by inhalation.  
191

### 192 **4 CONTRAINDICATIONS**

193

194 CAYSTON is contraindicated in patients with a known allergy to  
195 aztreonam.  
196

### 197 **5 WARNINGS AND PRECAUTIONS**

198

#### 199 **5.1 Allergic Reactions**

200

201 Severe allergic reactions have been reported following  
202 administration of aztreonam for injection to patients with no  
203 known history of exposure to aztreonam. In addition, allergic  
204 reaction with facial rash, facial swelling, and throat tightness was

205 reported with CAYSTON in clinical trials. If an allergic reaction to  
206 CAYSTON occurs, stop administration of CAYSTON and initiate  
207 treatment as appropriate.

208

209 Caution is advised when administering CAYSTON to patients if  
210 they have a history of beta-lactam allergy, although patients with a  
211 known beta-lactam allergy have received CAYSTON in clinical  
212 trials and no severe allergic reactions were reported. A history of  
213 allergy to beta-lactam antibiotics, such as penicillins,  
214 cephalosporins, and/or carbapenems, may be a risk factor, since  
215 cross-reactivity may occur.

216

## 217 **5.2 Bronchospasm**

218

219 Bronchospasm is a complication associated with nebulized  
220 therapies, including CAYSTON. Reduction of 15% or more in  
221 forced expiratory volume in 1 second (FEV<sub>1</sub>) immediately  
222 following administration of study medication after pretreatment  
223 with a bronchodilator was observed in 3% of patients treated with  
224 CAYSTON.

225

## 226 **5.3 Decreases in FEV<sub>1</sub> After 28-Day Treatment Cycle**

227

228 In clinical trials, patients with increases in FEV<sub>1</sub> during a 28-day  
229 course of CAYSTON were sometimes treated for pulmonary  
230 exacerbations when FEV<sub>1</sub> declined after the treatment period.  
231 Healthcare providers should consider a patient's baseline FEV<sub>1</sub>  
232 measured prior to CAYSTON therapy and the presence of other  
233 symptoms when evaluating whether post-treatment changes in  
234 FEV<sub>1</sub> are caused by a pulmonary exacerbation.

235

## 236 **5.4 Development of Drug-Resistant Bacteria**

237

238 Prescribing CAYSTON in the absence of known *Pseudomonas*  
239 *aeruginosa* infection in patients with CF is unlikely to provide  
240 benefit and increases the risk of development of drug-resistant  
241 bacteria.

242

## 243 **6 ADVERSE REACTIONS**

244

### 245 **6.1 Clinical Trials Experience**

246

247 Because clinical trials are conducted under widely varying  
248 conditions, adverse reaction rates observed in the clinical trials of  
249 drugs cannot be directly compared to rates in the clinical trials of  
250 another drug and may not reflect the rates observed in practice.

251  
252 The safety of CAYSTON was evaluated in 344 patients from two  
253 placebo-controlled trials and one open-label follow-on trial. In  
254 controlled trials, 146 patients with CF received 75 mg CAYSTON  
255 3 times a day for 28 days.

256  
257 **Table 1** displays adverse reactions reported in more than 5% of  
258 patients treated with CAYSTON 3 times a day in placebo-  
259 controlled trials. The listed adverse reactions occurred more  
260 frequently in CAYSTON-treated patients than in placebo-treated  
261 patients.

262  
263 **Table 1. Adverse Reactions Reported in more than 5% of Patients**  
264 **Treated with CAYSTON in the Placebo-Controlled Trials**

Event (Preferred Term)	Placebo (N = 160) n (%)	CAYSTON 75 mg 3 times a day (N = 146) n (%)
Cough	82 (51%)	79 (54%)
Nasal congestion	19 (12%)	23 (16%)
Wheezing	16 (10%)	23 (16%)
Pharyngolaryngeal pain	17 (11%)	18 (12%)
Pyrexia	9 (6%)	19 (13%)
Chest discomfort	10 (6%)	11 (8%)
Abdominal Pain	8 (5%)	10 (7%)
Vomiting	7 (4%)	9 (6%)

265  
266 Adverse reactions that occurred in less than 5% of patients treated  
267 with CAYSTON were bronchospasm (3%) [see *Warnings and*  
268 *Precautions (5.2)*] and rash (2%).

## 269 **7 DRUG INTERACTIONS**

270  
271  
272 No formal clinical studies of drug interactions with CAYSTON have  
273 been conducted.

## 274 **8 USE IN SPECIFIC POPULATIONS**

### 275 **8.1 Pregnancy**

#### 276 *Pregnancy Category B*

277  
278  
279 No reproductive toxicology studies have been conducted with  
280 CAYSTON. However, studies were conducted with aztreonam for  
281 injection. Aztreonam has been shown to cross the placenta and enter  
282 fetal circulation. No evidence of embryo or fetotoxicity or  
283

284 teratogenicity has been shown in studies with pregnant rats and  
285 rabbits. In rats receiving aztreonam for injection during late gestation  
286 and lactation, no drug induced changes in maternal, fetal or neonatal  
287 parameters were observed. These animal reproduction and  
288 developmental toxicity studies used parenteral routes of administration  
289 that would provide systemic exposures far in excess of the average  
290 peak plasma levels measured in humans following CAYSTON  
291 therapy.

292

293 No adequate and well-controlled studies of aztreonam for injection or  
294 CAYSTON in pregnant women have been conducted. Because animal  
295 reproduction studies are not always predictive of human response,  
296 CAYSTON should be used during pregnancy only if clearly needed.

297

### 298 **8.3 Nursing Mothers**

299

300 Following administration of aztreonam for injection, aztreonam is  
301 excreted in human milk at concentrations that are less than one percent  
302 of those determined in simultaneously obtained maternal serum. Peak  
303 plasma concentrations of aztreonam following administration of  
304 CAYSTON (75 mg) are approximately 1% of peak concentrations  
305 observed following IV aztreonam (500 mg). Therefore, use of  
306 CAYSTON during breastfeeding is unlikely to pose a risk to infants.

307

### 308 **8.4 Pediatric Use**

309

310 Patients 7 years and older were included in clinical trials with  
311 CAYSTON. Fifty-five patients under 18 years of age received  
312 CAYSTON in placebo-controlled trials. No dose adjustments  
313 were made for pediatric patients. Pyrexia was more commonly  
314 reported in pediatric patients than in adult patients. Safety and  
315 effectiveness in pediatric patients below the age of 7 years have  
316 not been established.

317

### 318 **8.5 Geriatric Use**

319

320 Clinical trials of CAYSTON did not include CAYSTON-treated  
321 patients aged 65 years of age and older to determine whether they  
322 respond differently from younger patients.

323

### 324 **8.6 Use in Patients with Renal Impairment**

325

326 Aztreonam is known to be excreted by the kidney. Placebo-controlled  
327 clinical trials with CAYSTON excluded patients with abnormal  
328 baseline renal function (defined as serum creatinine greater than  
329 2 times the upper limit of normal range). Given the low systemic

330 exposure of aztreonam following administration of CAYSTON,  
331 clinically relevant accumulation of aztreonam is unlikely to occur in  
332 patients with renal impairment. Therefore, CAYSTON may be  
333 administered to patients with mild, moderate and severe renal  
334 impairment with no dosage adjustment.

335

## 336 **10 OVERDOSAGE**

337

338 No overdoses have been reported with CAYSTON in clinical trials to  
339 date. In clinical trials, 225 mg doses of CAYSTON via inhalation  
340 were associated with higher rates of drug-related respiratory adverse  
341 reactions, particularly cough. Since the peak plasma concentration of  
342 aztreonam following administration of CAYSTON (75 mg) is  
343 approximately 0.6 mcg/mL, compared to a serum concentration of 54  
344 mcg/mL following administration of aztreonam for injection (500 mg),  
345 no systemic safety issues associated with CAYSTON overdose are  
346 anticipated.

347

## 348 **11 DESCRIPTION**

349

350 A dose of CAYSTON consists of a 2 mL amber glass vial  
351 containing lyophilized aztreonam (75 mg) and lysine (46.7 mg),  
352 and a low-density polyethylene ampule containing 1 mL sterile  
353 diluent (0.17% sodium chloride). The reconstituted solution is for  
354 inhalation. The formulation contains no preservatives or arginine.

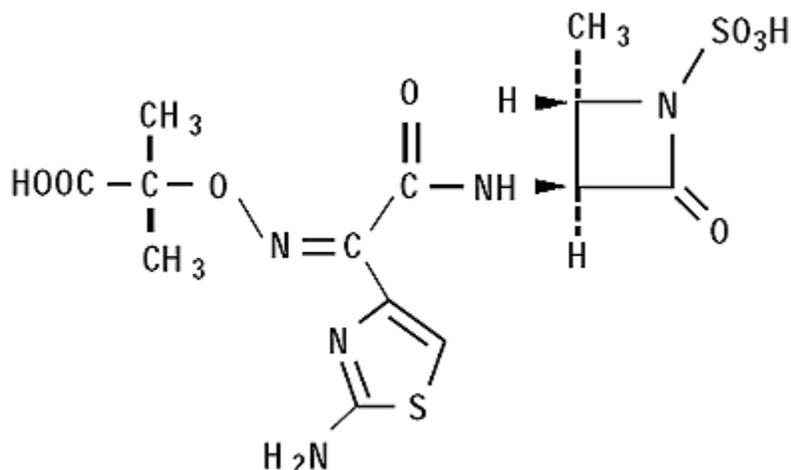
355

356 The active ingredient in CAYSTON is aztreonam, a monobactam  
357 antibacterial. The monobactams are structurally different from  
358 beta-lactam antibiotics (e.g., penicillins, cephalosporins,  
359 carbapenems) due to a monocyclic nucleus. This nucleus contains  
360 several side chains; sulfonic acid in the 1-position activates the  
361 nucleus, an aminothiazolyl oxime side chain in the 3-position  
362 confers specificity for aerobic Gram-negative bacteria including  
363 *Pseudomonas spp.*, and a methyl group in the 4-position enhances  
364 beta-lactamase stability.

365

366 Aztreonam is designated chemically as (Z)-2-[[[(2-amino-4-  
367 thiazolyl)[[(2S,3S)-2-methyl-4-oxo-1-sulfo-3-  
368 azetidiny]carbamoyl]methylene]amino]oxy]-2-methylpropionic  
369 acid. The structural formula is presented below:

370



371  
372

373 CAYSTON is a white to off-white powder. CAYSTON is sterile,  
374 hygroscopic, and light sensitive. Once reconstituted with the  
375 supplied diluent, the pH range is 4.5 to 6.0.

376

## 377 12 CLINICAL PHARMACOLOGY

378

### 379 12.1 Mechanism of Action

380

381 Aztreonam is an antibacterial drug [*see Clinical Pharmacology*  
382 (12.4)].

383

### 384 12.3 Pharmacokinetics

385

#### 386 *Sputum Concentrations*

387

388 Sputum aztreonam concentrations exhibited considerable  
389 variability between patients receiving CAYSTON (75 mg) in  
390 clinical trials. The mean sputum concentration 10 minutes  
391 following the first dose of CAYSTON (n = 195 patients with CF)  
392 was 726 mcg/g. Mean sputum concentrations of aztreonam in  
393 patients receiving CAYSTON 3 times a day for 28 days were 984  
394 mcg/g, 793 mcg/g, and 715 mcg/g 10 minutes after dose  
395 administration on Days 0, 14, and 28, respectively, indicating no  
396 accumulation of aztreonam in sputum.

396

#### 397 *Plasma Concentrations*

398

399 Plasma aztreonam concentrations exhibited considerable variability  
400 between patients receiving CAYSTON (75 mg) in the clinical trials.  
401 The mean plasma concentration one hour following the first dose of  
402 CAYSTON (at approximately the peak plasma concentration) was  
403 0.59 mcg/mL. Mean peak plasma concentrations in patients receiving  
404 CAYSTON 3 times a day for 28 days were 0.55 mcg/mL, 0.67  
mcg/mL, and 0.65 mcg/mL on Days 0, 14, and 28, respectively,

405 indicating no systemic accumulation of aztreonam. In contrast, the  
406 serum concentration of aztreonam following administration of  
407 aztreonam for injection (500 mg) is approximately 54 mcg/mL.

408

#### 409 *Absorption*

410 Evaluation of plasma and urine aztreonam concentrations following  
411 administration of CAYSTON indicates low systemic absorption of  
412 aztreonam. Approximately 10% of the total CAYSTON dose is  
413 excreted in the urine as unchanged drug, as compared to 60–65%  
414 following intravenous administration of aztreonam for injection.

415

#### 416 *Distribution*

417 The protein binding of aztreonam in serum is approximately 56% and  
418 is independent of dose.

419

#### 420 *Metabolism*

421 Following intramuscular administration of aztreonam for injection  
422 500 mg every 8 hours for 7 days, approximately 6% of the dose  
423 was excreted as a microbiologically inactive open  $\beta$ -lactam ring  
424 hydrolysis product in an 8-hour urine collection on the last day of  
425 multiple dosing.

426

#### 427 *Excretion*

428 The elimination half-life of aztreonam from plasma is approximately  
429 2.1 hours following administration of CAYSTON to adult patients  
430 with CF, similar to what has been reported for aztreonam for injection.  
431 Approximately 10% of the total CAYSTON dose is excreted in the  
432 urine as unchanged drug. Systemically absorbed aztreonam is  
433 eliminated about equally by active tubular secretion and glomerular  
434 filtration. Following administration of a single intravenous dose of  
435 radiolabeled aztreonam for injection, about 12% of the dose was  
436 recovered in the feces.

437

## 438 **12.4 Microbiology**

439

#### 440 *Mechanism of Action*

441

442 Aztreonam exhibits activity *in vitro* against Gram-negative aerobic  
443 pathogens including *P. aeruginosa*. Aztreonam binds to penicillin-  
444 binding proteins of susceptible bacteria, which leads to inhibition of  
445 bacterial cell wall synthesis and death of the cell. Aztreonam activity is  
446 not decreased in the presence of CF lung secretions.

447

#### 448 *Susceptibility Testing*

449

450 A single sputum sample from a patient with CF may contain multiple  
451 morphotypes of *P. aeruginosa* and each morphotype may have a  
452 different level of *in vitro* susceptibility to aztreonam. There are no *in*  
453 *vitro* susceptibility test interpretive criteria for isolates of *P.*  
454 *aeruginosa* obtained from the sputum of CF patients.<sup>1</sup>

#### 455 456 *Development of Resistance*

457  
458 No changes in the susceptibility of *P. aeruginosa* to aztreonam were  
459 observed following a 28-day course of CAYSTON in the placebo-  
460 controlled trials.

#### 461 462 *Cross-Resistance*

463  
464 No cross-resistance to other classes of antibiotics, including  
465 aminoglycosides, quinolones, and beta-lactams, was observed  
466 following a 28-day course of CAYSTON in the Phase 3 placebo-  
467 controlled trials or in an open-label follow-on trial of up to nine 28-day  
468 courses of 75 mg CAYSTON 3 times a day.

#### 469 470 *Other*

471  
472 No trends in the treatment-emergent isolation of other bacterial  
473 respiratory pathogens (*Burkholderia cepacia*, *Stenotrophomonas*  
474 *maltophilia*, *Achromobacter xylosoxidans*, and *Staphylococcus aureus*)  
475 were observed in clinical trials. There was a slight increase in the  
476 isolation of *Candida spp.* following up to nine 28-day courses of  
477 CAYSTON therapy.

## 478 479 **13 NONCLINICAL TOXICOLOGY**

### 480 481 **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

482  
483 A 104-week rat inhalation toxicology study to assess the  
484 carcinogenic potential of aztreonam demonstrated no drug-related  
485 increase in the incidence of tumors. Rats were exposed to  
486 aztreonam for up to 4 hours per day. Peak plasma levels of  
487 aztreonam averaging approximately 6.8 mcg/mL were measured in  
488 rats at the highest dose level. This is approximately 12-fold higher  
489 than the average peak plasma level measured in humans following  
490 CAYSTON therapy.

491  
492 Genetic toxicology studies performed *in vitro* demonstrated that  
493 aztreonam did not induce structural chromosome aberrations in  
494 CHO cells and did not induce mutations at the TK locus in mouse  
495 lymphoma L5178Y TK<sup>+/+</sup> cells. Likewise, genetic toxicology

496 studies performed *in vivo* did not reveal evidence of mutagenic  
497 potential.

498  
499 Aztreonam did not impair the fertility of rats when administered at  
500 doses that would provide systemic exposures far in excess of peak  
501 plasma levels measured in humans following CAYSTON therapy.

## 502 503 **14 CLINICAL STUDIES**

504  
505 CAYSTON was evaluated over a period of 28 days of treatment in a  
506 randomized, double-blind, placebo-controlled, multicenter trial that  
507 enrolled patients with CF and *P. aeruginosa*. This trial was designed  
508 to evaluate improvement in respiratory symptoms. Patients 7 years of  
509 age and older and with FEV<sub>1</sub> of 25% to 75% predicted were enrolled.  
510 All patients received CAYSTON or placebo on an outpatient basis  
511 administered with the Altera Nebulizer System. All patients were  
512 required to take a dose of an inhaled bronchodilator (beta-agonist)  
513 prior to taking a dose of CAYSTON or placebo. Patients were  
514 receiving standard care for CF, including drugs for obstructive airway  
515 diseases.

516  
517 The trial enrolled 164 patients with CF and *P. aeruginosa*. The mean  
518 age was 30 years, and the mean baseline FEV<sub>1</sub> % predicted was 55%;  
519 43% were females and 96% were Caucasian. These patients were  
520 randomized in a 1:1 ratio to receive either CAYSTON (75 mg) or  
521 volume-matched placebo administered by inhalation 3 times a day for  
522 28 days. Patients were required to have been off antibiotics for at least  
523 28 days before treatment with study drug. The primary efficacy  
524 endpoint was improvement in respiratory symptoms on the last day of  
525 treatment with CAYSTON or placebo. Respiratory symptoms were  
526 also assessed two weeks after the completion of treatment with  
527 CAYSTON or placebo. Changes in respiratory symptoms were  
528 assessed using a questionnaire that asks patients to report on symptoms  
529 like cough, wheezing, and sputum production.

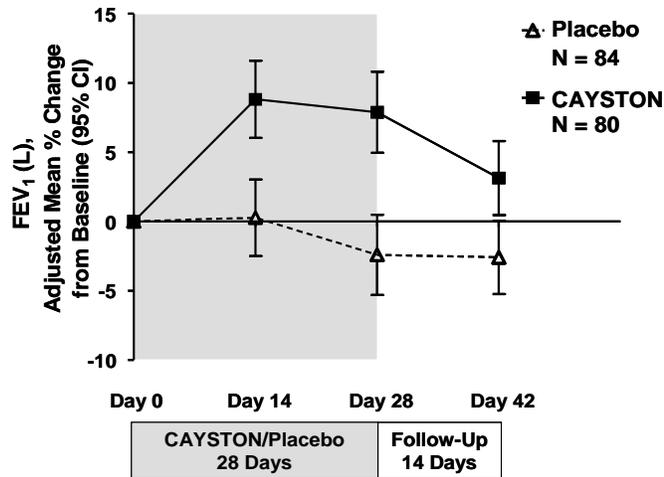
530  
531 Improvement in respiratory symptoms was noted for CAYSTON-  
532 treated patients relative to placebo-treated patients on the last day of  
533 drug treatment. Statistically significant improvements were seen in  
534 both adult and pediatric patients, but were substantially smaller in  
535 adult patients. Two weeks after completion of treatment, a difference  
536 in respiratory symptoms between treatment groups was still present,  
537 though the difference was smaller.

538  
539 Pulmonary function, as measured by FEV<sub>1</sub> (L), increased from  
540 baseline in patients treated with CAYSTON (see Figure 1). The  
541 treatment difference at Day 28 between CAYSTON-treated and

542 placebo-treated patients for percent change in FEV<sub>1</sub> (L) was  
543 statistically significant at 10% (95% CI: 6%, 14%). Improvements in  
544 FEV<sub>1</sub> were comparable between adult and pediatric patients. Two  
545 weeks after completion of drug treatment, the difference in FEV<sub>1</sub>  
546 between CAYSTON and placebo groups had decreased to 6% (95%  
547 CI: 2%, 9%).

548

549 **Figure 1. Adjusted Mean Percent Change in FEV<sub>1</sub> from Baseline**  
550 **to Study End (Days 0-42).**



551  
552

553 **15 REFERENCES**

554

- 555 1. Clinical and Laboratory Standards Institute (CLSI). Methods for  
556 Dilution Antimicrobial Susceptibility Tests for Bacteria that Grow  
557 Aerobically—Eighth Edition; Approved Standard. CLSI  
558 Document M7-A8. CLSI, Wayne, PA 19087. January, 2009.

559

560 **16 HOW SUPPLIED/STORAGE AND HANDLING**

561

562 Each kit for a 28-day course of CAYSTON contains 84 sterile vials of  
563 CAYSTON and 88 ampules of sterile diluent packed in 2 cartons, each  
564 carton containing a 14-day supply. The four additional diluent  
565 ampules are provided in case of spillage.

566

Package Configuration	Dosage Strength	NDC No.
28-Day Kit	75 mg	61958-0901-1

567

568 CAYSTON vials and diluent ampules should be stored in the  
569 refrigerator at 2 °C to 8 °C (36 °F to 46 °F) until needed. Once  
570 removed from the refrigerator, CAYSTON and diluent may be  
571 stored at room temperature (up to 25 °C/77 °F) for up to 28 days.  
572 Do not separate the CAYSTON vials from the diluent ampules.  
573 CAYSTON should be protected from light.

574

575 Do not use CAYSTON if it has been stored at room temperature  
576 for more than 28 days. Do not use CAYSTON beyond the  
577 expiration date stamped on the vial. Do not use diluent beyond the  
578 expiration date embossed on the ampule.

579

580 CAYSTON should be used immediately upon reconstitution. Do  
581 not reconstitute more than one dose at a time.

582

583 Do not use diluent or reconstituted CAYSTON if it is cloudy or if  
584 there are particles in the solution.

585

586 **17 PATIENT COUNSELING INFORMATION**

587

588 *See FDA-Approved Patient Labeling*

589

590 Patients should be advised that CAYSTON is for inhalation use  
591 only and that CAYSTON should only be administered using the  
592 Altera Nebulizer System. Patients should be instructed only to  
593 reconstitute CAYSTON with the provided diluent and not mix  
594 other drugs with CAYSTON in the Altera Nebulizer System.

595

596 Patients should be advised to complete the full 28-day course of  
597 CAYSTON even if they are feeling better. Inform the patient that  
598 if they miss a dose, they should take all 3 daily doses as long as the  
599 doses are at least 4 hours apart.

600

601 Patients should be advised to use a bronchodilator prior to  
602 administration of CAYSTON. Patients taking several inhaled  
603 medications should be advised to use the medications in the  
604 following order of administration: bronchodilator, mucolytics, and  
605 lastly, CAYSTON.

606

607 Patients should be advised to tell their doctor if they have new or  
608 worsening symptoms. Patients who believe they are experiencing  
609 an allergic reaction to CAYSTON should be advised to contact  
610 their doctor immediately.

611

612 Patients should be counseled that antibacterial drugs including  
613 CAYSTON should only be used to treat bacterial infections. They  
614 do not treat viral infection (e.g., the common cold). When  
615 CAYSTON is prescribed to treat a bacterial infection, patients  
616 should be told that although it is common to feel better early in the  
617 course of therapy, the medication should be taken as directed.  
618 Skipping doses or not completing the full course of therapy may  
619 (1) decrease the effectiveness of the immediate treatment and  
620 (2) increase the likelihood that bacteria will develop resistance and  
621 will not be treatable by CAYSTON or other antibacterial drugs in  
622 the future.

623

624 Manufactured by: Gilead Sciences, Inc., Foster City, CA 94404

625

626 CAYSTON is a trademark of Gilead Sciences, Inc. All other  
627 trademarks referenced herein are the property of their respective  
628 owners.

629

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631 [50-814-DGS-002](#)

632 **FDA-Approved Patient Labeling**

633  
634 **Patient Information**

635  
636 **CAYSTON<sup>®</sup> (kay-stun)**  
637 **(aztreonam for inhalation solution)**  
638

639 **Read this Patient Information before you start taking CAYSTON**  
640 **and each time you get a refill. This information does not take the**  
641 **place of talking with your doctor about your medical condition or**  
642 **your treatment.**  
643

644 **What is CAYSTON?**

645 CAYSTON is a prescription inhaled antibiotic. CAYSTON is used to  
646 improve breathing symptoms in people with cystic fibrosis (CF) who  
647 have *Pseudomonas aeruginosa* (*P. aeruginosa*) in their lungs.  
648

649 CAYSTON is only for infections caused by bacteria. It is not for  
650 infections caused by viruses, such as the common cold.  
651

652 CAYSTON is used only with the Altera<sup>®</sup> Nebulizer System.  
653

654 It is not known if CAYSTON is safe and effective in children under  
655 the age of 7.  
656

657 **Who should not take CAYSTON?**

658 Do not take CAYSTON if you are allergic to aztreonam  
659 (AZACTAM<sup>®</sup>).  
660

661 **What should I tell my doctor before taking CAYSTON?**

662 Before taking CAYSTON, tell your doctor if you:

- 663 • are allergic to any antibiotics.
- 664 • are pregnant or plan to become pregnant.
- 665 • are breast-feeding or plan to breast feed. Talk to your doctor  
666 about the best way to breast feed your baby if you take  
667 CAYSTON.

668  
669 Tell your doctor about all the medicine you take, including  
670 prescription and non-prescription medicines, vitamins and herbal  
671 supplements.  
672

673 Know the medicines you take. Keep a list of them to show your  
674 doctor and pharmacist when you get a new medicine.  
675

676 **How should I take CAYSTON?**

- 677 • Take CAYSTON exactly as prescribed by your doctor.

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- The dose of CAYSTON for both adults and children 7 years of age and older is one vial of CAYSTON, mixed with one ampule of saline (diluent) 3 times a day.
  - Doses of CAYSTON should be taken at least 4 hours apart (for example: morning, after school, and before bed).
  - CAYSTON should be taken for 28 days.
  - CAYSTON is taken as a breathing treatment (inhalation) with the Altera Nebulizer System. Do not use any other nebulizer for your CAYSTON treatment.
  - You should use an inhaled bronchodilator (a type of medicine used to relax and open your airways) before taking a dose of CAYSTON. If you do not have an inhaled bronchodilator, ask your doctor to prescribe one for you.
  - If you are taking several medicines or treatments to treat your cystic fibrosis, you should take your medicines or other treatments in this order:
    - 1) bronchodilator
    - 2) mucolytics (medicines to help clear mucus from your lungs)
    - 3) CAYSTON
  - You should take CAYSTON as prescribed, in courses of 28 days on CAYSTON, followed by at least 28 days off CAYSTON, as directed by your doctor.
  - Do not mix CAYSTON with any other medicines in your Altera Nebulizer System.
  - Do not mix CAYSTON with the saline until right before you are ready to use it. Do not mix more than one dose of CAYSTON at a time.
  - Each treatment should take about 2 to 3 minutes.
  - If you miss a dose of CAYSTON, you can still take all 3 daily doses as long as they are at least 4 hours apart.
  - It is important for you to finish taking the full 28-day course of CAYSTON even if you are feeling better. If you skip doses or do not finish the full 28-day course of CAYSTON, your infection may not be fully treated and CAYSTON may not work as well as a treatment for infections in the future.
  - See the end of this Patient Information leaflet for the Patient Instructions for Use on how to take CAYSTON the right way.

717 **What are the possible side effects of CAYSTON?**

718 CAYSTON can cause serious side effects, including:

- 719
- 720
- 721
- 722
- 723
- **Severe allergic reactions. Stop your treatment with CAYSTON and call your doctor right away if you have any symptoms of an allergic reaction, including:**
    - Rash or swelling of your face
    - Throat tightness

- 724       • **Trouble breathing right after treatment with CAYSTON**  
725       **(bronchospasm).** To decrease the chance of this happening,  
726       be sure to use your inhaled bronchodilator medicine before  
727       each treatment with CAYSTON. See “How should I take  
728       CAYSTON?”  
729

730       **Common side effects of CAYSTON include:**

- 731       • Cough  
732       • Nasal congestion  
733       • Wheezing  
734       • Sore throat  
735       • Fever. Fever may be more common in children than in adults.  
736       • Chest discomfort  
737       • Stomach area (abdominal) pain  
738       • Vomiting  
739

740       Tell your doctor if you have any new or worsening symptoms while  
741       taking CAYSTON. Tell your doctor about any side effect that bothers  
742       you or that does not go away.  
743

744       These are not all the possible side effects of CAYSTON. For more  
745       information, ask your doctor or pharmacist.  
746

747       Call your doctor for medical advice about side effects. You may  
748       report side effects to FDA at 1-800-FDA-1088.  
749

750       **How should I store CAYSTON?**

- 751       • Each CAYSTON kit contains enough vials of CAYSTON and  
752       ampules of saline for 28 days of treatment. There are 4 extra  
753       saline ampules in case some saline spills.  
754       • Always keep your CAYSTON and saline together.  
755       • Store CAYSTON and saline in the refrigerator at 36 °F to 46  
756       °F (2 °C to 8 °C) until needed.  
757       • When you remove CAYSTON and saline from the refrigerator,  
758       they may be stored at room temperature (less than 77 °F) for up  
759       to 28 days. Do not use any CAYSTON that has been stored at  
760       room temperature for more than 28 days.  
761       • Keep CAYSTON away from light.  
762       • Do not use CAYSTON after the expiration date on the vial.  
763       Do not use the saline after the expiration date on the ampule.  
764

765       **Keep CAYSTON and all medicines out of the reach of**  
766       **children.**  
767

768       **General information about CAYSTON**

769 Medicines are sometimes prescribed for purposes other than those  
770 listed in a Patient Information leaflet. Do not use CAYSTON for a  
771 condition for which it was not prescribed. Do not give CAYSTON to  
772 other people, even if they have the same symptoms that you have. It  
773 may harm them.  
774

775 This Patient Information leaflet summarizes the most important  
776 information about CAYSTON. If you would like more information,  
777 talk with your doctor. You can ask your pharmacist or doctor for  
778 information about CAYSTON that is written for health professionals.  
779

780 For more information, call 1-877-7CAYSTON (1-877-722-9786).

781

### 782 **What are the ingredients in CAYSTON?**

783 Active ingredient: aztreonam

784 Inactive ingredient: sodium chloride (diluent)

785

786

787

788

789

### **Patient Instructions for Use**

790

791

### **CAYSTON®**

792

### **(aztreonam for inhalation solution)**

793

794 Be sure that you read, understand and follow the Patient Instructions  
795 for Use below for the right way to take CAYSTON. If you have any  
796 questions, ask your doctor or pharmacist.

797

798 You will need the following supplies (Figure 1):

799

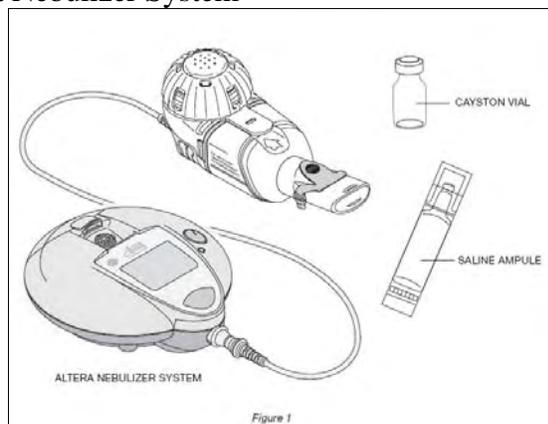
- 1 amber colored CAYSTON vial

800

- 1 ampule of saline (diluent)

801

- Altera Nebulizer System



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803

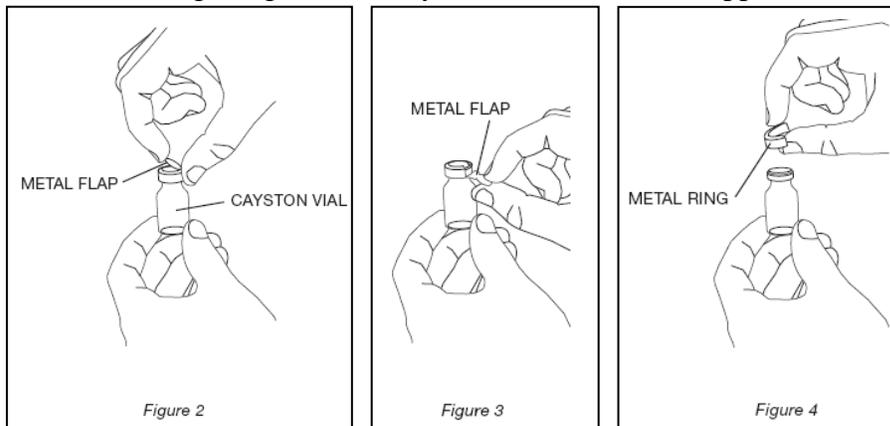
804 **Check to make sure that your Altera Nebulizer System works**  
805 **properly before starting your treatment with CAYSTON. See the**  
806 **manufacturer’s instructions for use that comes with your Altera**  
807 **Nebulizer System. This should have complete information about**  
808 **how to put together (assemble), prepare, use, and care for your**  
809 **Altera Nebulizer System.**

810

### 811 **Step 1 Preparing your CAYSTON for inhalation**

812

- 813 1. Mix (reconstitute) CAYSTON with the saline only when ready to  
814 take a dose. Take one amber vial of CAYSTON and one ampule  
815 of saline from the carton. Separate the saline ampules by gently  
816 pulling apart.
- 817
- 818 2. Look at the ampule of saline. If it looks cloudy do not use it.  
819 Throw away this ampule and get another ampule of saline.
- 820
- 821 3. Gently tap the vial so that the powder settles to the bottom of the  
822 vial. This helps you get the proper dose of medicine. Open the  
823 amber drug vial by lifting up the metal flap on the top (Figure 2)  
824 and pulling down (Figure 3) to carefully remove the entire metal  
825 ring from the vial (Figure 4). Safely dispose of the ring in  
826 household garbage. Carefully remove the rubber stopper.



827

828

- 829 4. Open the ampule of saline by twisting off the tip. Squeeze out the  
830 contents completely into the vial (Figure 5). Next, close the vial  
831 with the rubber stopper and gently swirl the vial until the powder  
832 has completely dissolved and the liquid is clear.

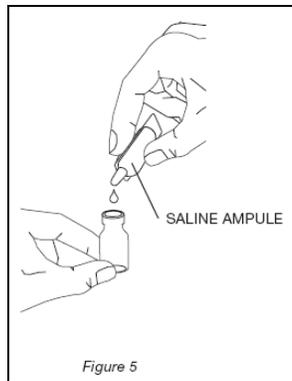


Figure 5

833

834

835 5. After mixing CAYSTON with the saline, check to make sure the  
 836 diluted medicine is clear. If it is cloudy or has particles in it, do not  
 837 use this medicine. Throw away this dose of medicine and start over  
 838 again with a new vial of CAYSTON and a new ampule of saline.

839

840 6. Use CAYSTON right away after you mix with the saline.

841

842 **Step 2 Taking your CAYSTON treatment**

843

844 **See the manufacturer’s instructions for use that comes with your**  
 845 **Altera Nebulizer System for complete instructions on taking a**  
 846 **treatment, and how to clean and disinfect your Altera Nebulizer**  
 847 **Handset.**

848

849 7. Make sure the handset is on a flat, stable surface.

850

851 8. Remove the rubber stopper from the vial, then pour all of the  
 852 mixed CAYSTON and saline into the Medication Reservoir of  
 853 the handset (Figure 6). Be sure to completely empty the vial,  
 854 gently tapping the vial against the side of the Medication  
 855 Reservoir if necessary. Close the Medication Reservoir (Figure  
 856 7).

857

858

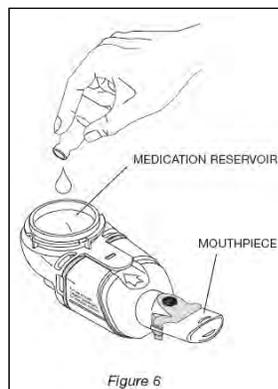


Figure 6

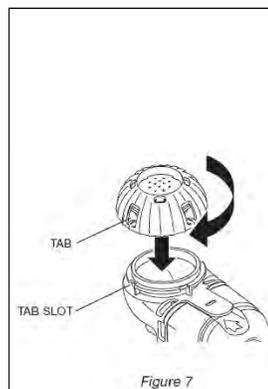


Figure 7

- 859 9. Begin your treatment by sitting in a relaxed, upright position.  
860 Hold the handset level, and place the Mouthpiece in your mouth.  
861 Close your lips around the Mouthpiece (Figure 8).



- 862  
863  
864 10. Breathe in and out normally (inhale and exhale) through the  
865 Mouthpiece. **Avoid breathing through your nose.** Continue to  
866 inhale and exhale comfortably until the treatment is finished.  
867  
868 11. The empty vial, stopper and saline ampule should be disposed of  
869 in household garbage upon completion of dosing.

870  
871 Manufactured by: Gilead Sciences, Inc., Foster City, CA 94404

872  
873 CAYSTON is a trademark of Gilead Sciences, Inc. All other  
874 trademarks referenced herein are the property of their respective  
875 owners.

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