

1 **Patient Information**

2
3 **VERAMYST® [VAIR-uh-mist]**
4 **(fluticasone furoate)**
5 **Nasal Spray**

6 **For Intranasal Use Only**
7

8 Read the Patient Information that comes with VERAMYST Nasal Spray carefully
9 before you start using it and each time you get a refill. There may be new
10 information. Keep the leaflet for reference because it gives you a summary of
11 important information about VERAMYST Nasal Spray. This leaflet does not take the
12 place of talking to your healthcare provider about your medical condition or your
13 treatment.
14

15 **What is VERAMYST Nasal Spray?**

16 VERAMYST Nasal Spray is a medicine that treats seasonal and year-round allergy
17 symptoms in adults and children 2 years old and older.

18 VERAMYST Nasal Spray contains fluticasone furoate, which is a man-made
19 (synthetic) corticosteroid. Corticosteroids are natural substances found in the body
20 that reduce inflammation. When you spray VERAMYST Nasal Spray into your nose,
21 it helps reduce the nasal symptoms of allergic rhinitis (inflammation of the lining of
22 the nose), such as stuffy nose, runny nose, itching, and sneezing. VERAMYST Nasal
23 Spray may also help red, itchy, and watery eyes in adults and teenagers with
24 seasonal allergic rhinitis.

25 Your healthcare provider has prescribed VERAMYST Nasal Spray to treat your
26 symptoms of allergic rhinitis.

27 It is not known if VERAMYST Nasal Spray is safe and effective in children under 2
28 years of age.
29

30 **Who should not use VERAMYST Nasal Spray?**

31 **Do not use** VERAMYST Nasal Spray if you are allergic to fluticasone furoate or any
32 of the ingredients in VERAMYST Nasal Spray. See the end of this Patient
33 Information leaflet for a complete list of ingredients in VERAMYST Nasal Spray.
34

35 **What should I tell my healthcare provider before taking VERAMYST Nasal**
36 **Spray?**

37 **Tell your healthcare provider about all of your medical conditions,**
38 **including if you are:**

- 39 • exposed to chickenpox or measles

- 40 • feeling unwell or have any symptoms that you do not understand
- 41 • are pregnant or plan to become pregnant. It is not known if VERAMYST Nasal
- 42 Spray will harm your unborn baby. Talk to your healthcare provider if you are
- 43 pregnant or plan to become pregnant.
- 44 • are breastfeeding or plan to breastfeed. It is not known if VERAMYST Nasal
- 45 Spray can pass into your breast milk. Talk to your healthcare provider about the
- 46 best way to feed your baby if you take VERAMYST Nasal Spray.

47 **Tell your healthcare provider about all the medicines you take**, including
48 prescription and non-prescription medicines, vitamins, and herbal products.
49 VERAMYST Nasal Spray and other medicines may affect each other, causing side
50 effects. **Be certain to tell your healthcare provider if you are taking a**
51 **medicine that contains ritonavir (commonly used to treat HIV infection or**
52 **AIDS).**

53

54 **How should I use VERAMYST Nasal Spray?**

- 55 • This medicine is for use in the nose only. Do not spray it in your eyes or mouth.
- 56 • An adult should help a young child use this medicine.
- 57 • This medicine has been prescribed for you by your healthcare provider. Do not
- 58 give this medicine to anyone else.
- 59 • Use VERAMYST Nasal Spray exactly as your healthcare provider tells you to. Do
- 60 not take more of your medicine or take it more often than your healthcare
- 61 provider tells you. The prescription label will usually tell you how many sprays to
- 62 take and how often. If it does not or if you are not sure, ask your healthcare
- 63 provider or pharmacist.
- 64 • **For people aged 12 years and older**, the usual starting dosage is **2 sprays**
- 65 **in each nostril, 1 time a day**. After you begin to feel better, your healthcare
- 66 provider may tell you that 1 spray in each nostril 1 time a day may be enough
- 67 for you.
- 68 • **For children aged 2 to 11 years**, the usual starting dosage is **1 spray in**
- 69 **each nostril, 1 time a day**. Your healthcare provider may tell you to take 2
- 70 sprays in each nostril 1 time a day. After you begin to feel better, your
- 71 healthcare provider may change the dosage to 1 spray in each nostril 1 time a
- 72 day. An adult should help a young child use this medicine.
- 73 • Do not use VERAMYST Nasal Spray after 120 sprays (plus the initial priming
- 74 sprays) have been used or after the expiration date, whichever comes first. (The
- 75 sample bottle contains 30 sprays.) The bottle may not be completely empty. The
- 76 expiration date is printed as “EXP” on the product label and box. Before you
- 77 throw away VERAMYST Nasal Spray, talk to your healthcare provider to see if

78 you need a refill of your prescription. If your healthcare provider tells you to
79 continue using VERAMYST Nasal Spray, throw away the empty or expired bottle
80 and use a new bottle of VERAMYST Nasal Spray. Follow the **Instructions for**
81 **Use** below.

- 82 • Do not take extra doses or stop taking VERAMYST Nasal Spray without telling
83 your healthcare provider.
- 84 • VERAMYST Nasal Spray may begin to work within 24 hours after you take your
85 first dose. It may take several days before it has its greatest effect.
- 86 • You will get the best results if you keep using VERAMYST Nasal Spray regularly
87 each day without missing a dose. If you miss a dose by several hours, just take
88 your next dose at the usual time. Do not take an extra dose.

89

90 **What are the possible side effects of VERAMYST Nasal Spray?**

91 **VERAMYST Nasal Spray may cause serious side effects, including:**

- 92 • **thrush (candida), a fungal infection in your mouth and throat.** Tell your
93 healthcare provider if you have any redness or white colored patches in your
94 mouth or throat.
- 95 • **hole in the cartilage in the nose (nasal septal perforation).** Symptoms of
96 nasal septal perforation may include:
 - 97 • crusting in the nose
 - 98 • nosebleeds
 - 99 • runny nose
 - 100 • whistling sound when you breathe
- 101 • **slow wound healing.** You should not use VERAMYST Nasal Spray until your
102 nose has healed if you have a sore in your nose, have had surgery on your nose,
103 or if your nose has been injured.
- 104 • **eye problems such as glaucoma and cataracts.** If you have a history of
105 glaucoma or cataracts or have a family history of these eye problems, you
106 should have regular eye exams while you use VERAMYST Nasal Spray.
- 107 • **serious allergic reactions.** Serious allergic reactions can happen with
108 VERAMYST Nasal Spray. **Stop using VERAMYST Nasal Spray and call your**
109 **healthcare provider right away if you have any of the following signs of**
110 **a serious allergic reaction:**
 - 111 • shortness of breath or trouble breathing
 - 112 • skin rash, redness, or swelling
 - 113 • severe itching
 - 114 • swelling of the lips, tongue, or face

115 • **immune system problems that may increase your risk of infections.** You
116 are more likely to get infections if you take medicines that may weaken your
117 body's ability to fight infections. Avoid contact with people who have contagious
118 diseases such as chicken pox or measles while you use VERAMYST Nasal Spray.
119 Symptoms of an infection may include:

- 120 • fever
- 121 • pain
- 122 • aches
- 123 • chills
- 124 • feeling tired
- 125 • nausea
- 126 • vomiting

127 • **adrenal insufficiency.** Adrenal insufficiency is a condition in which the adrenal
128 glands do not make enough steroid hormones. Symptoms of adrenal
129 insufficiency may include:

- 130 • tiredness
- 131 • weakness
- 132 • dizziness
- 133 • nausea
- 134 • vomiting

135 • **slowed or delayed growth in children.** A child's growth should be checked
136 regularly while using VERAMYST Nasal Spray.

137 **The most common side effects of VERAMYST Nasal Spray include:**

138 • **adults and adolescents 12 years of age and older**

- 139 • headaches
- 140 • nose bleeds
- 141 • sore throat
- 142 • nose sores
- 143 • back pain

144 • **children 2 to 12 years of age**

- 145 • headaches
- 146 • sore throat
- 147 • nose bleeds
- 148 • fever
- 149 • cough

150 Tell your healthcare provider if you have any side effect that bothers you or does
151 not go away.

152 These are not all of the possible side effects of VERAMYST Nasal Spray. For more
153 information, ask your healthcare provider or pharmacist.

154 Call your doctor for medical advice about side effects. You may report side effects
155 to FDA at 1-800-FDA-1088.

156

157 **What should I know about allergic rhinitis?**

158 "Rhinitis" means inflammation of the lining of the nose. It is sometimes called "hay
159 fever." Allergic rhinitis can be caused by allergies to pollen, animal dander, house
160 dust mite, and mold spores. If you have allergic rhinitis, your nose becomes stuffy,
161 runny, and itchy. You may also sneeze a lot. You may also have red, itchy, watery
162 eyes; itchy throat; or blocked, itchy ears.

163

164 **What are the ingredients in VERAMYST Nasal Spray?**

165 Active ingredient: fluticasone furoate

166 Inactive ingredients: 0.015% w/w benzalkonium chloride, dextrose anhydrous,
167 edetate disodium, microcrystalline cellulose, carboxymethylcellulose sodium,
168 polysorbate 80, and purified water

169

170

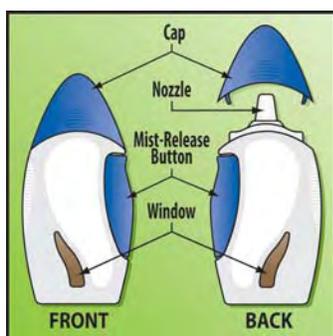
Instructions for Use

171 Read this leaflet carefully before you start to use VERAMYST Nasal Spray. If you
172 have any questions, ask your healthcare provider or pharmacist.

173

174 **The parts of the VERAMYST Nasal Spray**

175 VERAMYST Nasal Spray comes in a brown glass bottle inside a nasal device. It
176 contains 120 sprays (or 30 sprays if it is a sample) plus the first priming sprays. Be
177 careful not to drop it. If you accidentally drop the device, check it for damage. If
178 the device is damaged, return it to your pharmacist.



The **Cap** has a tab that keeps the **Mist-Release Button** from being pressed accidentally. It also helps keep the nozzle clean. Do not throw the cap away. Always keep the cap on the device when you are not using it.

The **Nozzle** is small and short, so it will fit inside your nose. The medicine comes out of the nozzle.

Pressing the **Mist-Release Button** sprays a measured amount of medicine from the nozzle as a gentle, fine mist. Because the button is on the side of the device, you can keep the nozzle in the right place in your nose while you press the button.

The **Window** lets you see if there is medicine left in the bottle when you hold it in front of a bright light. (You may not be able to see the medicine in a full bottle

because the liquid level is above the window.)

How to prime your VERAMYST Nasal Spray

Priming helps to make sure you always get the same full dose of medicine. You need to prime VERAMYST Nasal Spray:

- before you use a new bottle for the first time.
- if you have not used your VERAMYST Nasal Spray for 30 days or longer.
- if the cap has been left off the bottle for 5 days or longer.
- if the device does not seem to be working right.

To prime VERAMYST Nasal Spray:



Figure 1

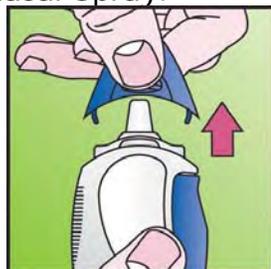


Figure 2



Figure 3

1. With the cap on, shake the device well (Figure 1). This is important to make the medicine a liquid that will spray.
2. Take the cap off by **squeezing** the finger grips and pulling it straight off (Figure 2).
3. Hold the device with the nozzle pointing up and away from you. Place your thumb or fingers on the button. Press the button all the way in 6 times or until a fine mist sprays from the nozzle (Figure 3). Your VERAMYST Nasal Spray is now ready to use.

How to use your VERAMYST Nasal Spray

Follow the instructions below. If you have any questions, ask your healthcare provider or pharmacist.

Before taking a dose of VERAMYST Nasal Spray, gently blow your nose to clear your nostrils. Shake the bottle well. Then do these 3 simple steps: **Place, Press, Repeat.**



Figure 4



Figure 5

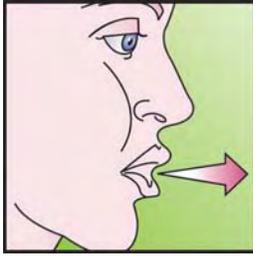


Figure 6

1. PLACE

Tilt your head forward a little bit. Hold the device upright. **PLACE** the nozzle in one of your nostrils (Figure 4).

Point the end of the nozzle toward the side of your nose, away from the center of your nose (septum). This helps get the medicine to the right part of your nose.

2. PRESS

PRESS the button all the way in 1 time to spray the medicine in your nose while you are breathing in (Figure 5).

Do not get any spray in your eyes. If you do, rinse your eyes well with water.

Take the nozzle out of your nose. Breathe out through your mouth (Figure 6).

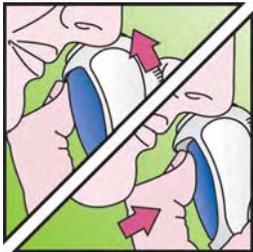


Figure 7

3. REPEAT

To deliver the medicine to the other nostril, **REPEAT** Steps 1 and 2 in the other nostril (Figure 7).

If your healthcare provider has told you to take 2 sprays in each nostril, do Steps 1-3 again.

Put the cap back on the device after you have finished taking your dose.

How to clean your VERAMYST Nasal Spray



Figure 8

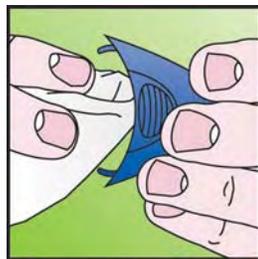


Figure 9

After each use: wipe the nozzle with a clean, dry tissue (Figure 8). **Never try to clean the nozzle with a pin or anything sharp because this will damage the nozzle.** Do not use water to clean the nozzle.

Once a week: clean the inside of the cap with a clean, dry tissue (Figure 9). This will help keep the nozzle from getting blocked.

How to store your VERAMYST Nasal Spray

- Keep your VERAMYST Nasal Spray and all medicines out of the reach of children.

- Store between 59°F and 86°F (15°C and 30°C). Do not refrigerate or freeze.
- Store with the cap on.
- Store in an upright position.

This Patient Information has been approved by the U.S. Food and Drug Administration.



GlaxoSmithKline
Research Triangle Park, NC 27709

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August 2011
VRM: xPIL

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use VERAMYST safely and effectively. See full prescribing information for VERAMYST.

VERAMYST (fluticasone furoate) Nasal Spray
Initial U.S. Approval: 2007

INDICATIONS AND USAGE

VERAMYST Nasal Spray is a corticosteroid indicated for treatment of symptoms of seasonal and perennial allergic rhinitis in adults and children ≥ 2 years. (1.1)

DOSAGE AND ADMINISTRATION

For intranasal use only. Usual starting dosages:

- Adults and adolescents ≥ 12 years: 110 mcg (2 sprays per nostril) once daily. (2.1)
- Children 2-11 years: 55 mcg (1 spray per nostril) once daily. (2.2)
- Priming information: Prime VERAMYST Nasal Spray before using for the first time, when not used for more than 30 days, or if the cap has been left off the bottle for 5 days or longer. (2)

DOSAGE FORMS AND STRENGTHS

Nasal spray: 27.5 mcg of fluticasone furoate in each 50-microliter spray. (3)
Supplied in 10-g bottle containing 120 sprays. (16)

CONTRAINDICATIONS

Hypersensitivity to ingredients. (4)

WARNINGS AND PRECAUTIONS

- Epistaxis, nasal ulceration, *Candida albicans* infection, nasal septal perforation, impaired wound healing. Monitor patients periodically for signs of adverse effects on the nasal mucosa. Avoid use in patients with recent nasal ulcers, nasal surgery, or nasal trauma. (5.1)
- Development of glaucoma or posterior subcapsular cataracts. Monitor patients closely with a change in vision or with a history of increased intraocular pressure, glaucoma, and/or cataracts. (5.2)
- Hypersensitivity reactions, including anaphylaxis, angioedema, rash, and

urticaria, may occur after administration of VERAMYST Nasal Spray. (5.3)

- Potential worsening of existing tuberculosis; fungal, bacterial, viral, or parasitic infections; or ocular herpes simplex. More serious or even fatal course of chickenpox or measles in susceptible patients. Use caution in patients with the above because of the potential for worsening of these infections. (5.4)
- Hypercorticism and adrenal suppression with very high dosages or at the regular dosage in susceptible individuals. If such changes occur, discontinue VERAMYST Nasal Spray slowly. (5.5)
- Potential reduction in growth velocity in children. Monitor growth routinely in pediatric patients receiving VERAMYST Nasal Spray. (5.7, 8.4)

ADVERSE REACTIONS

The most common adverse reactions ($>1\%$ incidence) included headache, epistaxis, pharyngolaryngeal pain, nasal ulceration, back pain, pyrexia, and cough. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact GlaxoSmithKline at 1-888-825-5249 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

DRUG INTERACTIONS

Potent inhibitors of cytochrome P450 3A4 (CYP3A4) may increase exposure to fluticasone furoate.

- Coadministration of ritonavir is not recommended. (5.6, 7)
- Use caution with coadministration of other potent CYP3A4 inhibitors, such as ketoconazole. (5.6, 7)

USE IN SPECIFIC POPULATIONS

Hepatic impairment may increase exposure to fluticasone furoate. Use with caution in patients with severe hepatic impairment. (8.6)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.

Revised: 02/2011

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*Sections or subsections omitted from the full prescribing information are not listed.

1 FULL PRESCRIBING INFORMATION

2 1 INDICATIONS AND USAGE

3 1.1 Treatment of Allergic Rhinitis

4 VERAMYST[®] (fluticasone furoate) Nasal Spray is indicated for the treatment of the

5 symptoms of seasonal and perennial allergic rhinitis in patients aged 2 years and older.

6 **2 DOSAGE AND ADMINISTRATION**

7 Administer VERAMYST Nasal Spray by the intranasal route only. Prime VERAMYST
8 Nasal Spray before using for the first time by shaking the contents well and releasing 6 sprays
9 into the air away from the face. When VERAMYST Nasal Spray has not been used for more
10 than 30 days or if the cap has been left off the bottle for 5 days or longer, prime the pump again
11 until a fine mist appears. Shake VERAMYST Nasal Spray well before each use.

12 **2.1 Adults and Adolescents Aged 12 Years and Older**

13 The recommended starting dosage is 110 mcg once daily administered as 2 sprays (27.5
14 mcg/spray) in each nostril. Titrate an individual patient to the minimum effective dosage to
15 reduce the possibility of side effects. When the maximum benefit has been achieved and
16 symptoms have been controlled, reducing the dosage to 55 mcg (1 spray in each nostril) once
17 daily may be effective in maintaining control of allergic rhinitis symptoms.

18 **2.2 Children Aged 2 to 11 Years**

19 The recommended starting dosage in children is 55 mcg once daily administered as 1
20 spray (27.5 mcg/spray) in each nostril. Children not adequately responding to 55 mcg may use
21 110 mcg (2 sprays in each nostril) once daily. Once symptoms have been controlled, the dosage
22 may be decreased to 55 mcg once daily.

23 **3 DOSAGE FORMS AND STRENGTHS**

24 VERAMYST Nasal Spray is a nasal spray suspension. Each spray (50 microliters)
25 delivers 27.5 mcg of fluticasone furoate.

26 **4 CONTRAINDICATIONS**

27 VERAMYST Nasal Spray is contraindicated in patients with hypersensitivity to any of its
28 ingredients [*see Warnings and Precautions (5.3)*].

29 **5 WARNINGS AND PRECAUTIONS**

30 **5.1 Local Nasal Effects**

31 Epistaxis and Nasal Ulceration: In clinical studies of 2 to 52 weeks' duration, epistaxis
32 and nasal ulcerations were observed more frequently and some epistaxis events were more
33 severe in patients treated with VERAMYST Nasal Spray than those who received placebo [*see*
34 *Adverse Reactions (6.1)*].

35 Candida Infection: Evidence of localized infections of the nose with *Candida albicans*
36 was seen on nasal exams in 7 of 2,745 patients treated with VERAMYST Nasal Spray during
37 clinical trials and was reported as an adverse event in 3 patients. When such an infection
38 develops, it may require treatment with appropriate local therapy and discontinuation of
39 VERAMYST Nasal Spray. Therefore, patients using VERAMYST Nasal Spray over several
40 months or longer should be examined periodically for evidence of *Candida* infection or other
41 signs of adverse effects on the nasal mucosa.

42 Nasal Septal Perforation: Instances of nasal septal perforation have been reported in
43 patients following the intranasal application of corticosteroids. There were no instances of nasal
44 septal perforation observed in clinical studies with VERAMYST Nasal Spray.

45 Impaired Wound Healing: Because of the inhibitory effect of corticosteroids on wound
46 healing, patients who have experienced recent nasal ulcers, nasal surgery, or nasal trauma should
47 not use VERAMYST Nasal Spray until healing has occurred.

48 **5.2 Glaucoma and Cataracts**

49 Nasal and inhaled corticosteroids may result in the development of glaucoma and/or
50 cataracts. Therefore, close monitoring is warranted in patients with a change in vision or with a
51 history of increased intraocular pressure, glaucoma, and/or cataracts.

52 Glaucoma and cataract formation was evaluated with intraocular pressure measurements
53 and slit lamp examinations in 1 controlled 12-month study in 806 adolescent and adult patients
54 aged 12 years and older and in 1 controlled 12-week study in 558 children aged 2 to 11 years.
55 The patients had perennial allergic rhinitis and were treated with either VERAMYST Nasal
56 Spray (110 mcg once daily in adult and adolescent patients and 55 or 110 mcg once daily in
57 pediatric patients) or placebo. Intraocular pressure remained within the normal range (<21
58 mmHg) in ≥98% of the patients in any treatment group in both studies. However, in the 12-
59 month study in adolescents and adults, 12 patients, all treated with VERAMYST Nasal Spray
60 110 mcg once daily, had intraocular pressure measurements that increased above normal levels
61 (≥21 mmHg). In the same study, 7 patients (6 treated with VERAMYST Nasal Spray 110 mcg
62 once daily and 1 patient treated with placebo) had cataracts identified during the study that were
63 not present at baseline.

64 **5.3 Hypersensitivity Reactions, Including Anaphylaxis**

65 Hypersensitivity reactions, including anaphylaxis, angioedema, rash, and urticaria, may
66 occur after administration of VERAMYST Nasal Spray. Discontinue VERAMYST Nasal Spray
67 if such reactions occur [*see Contraindications (4)*].

68 **5.4 Immunosuppression**

69 Persons who are using drugs that suppress the immune system are more susceptible to
70 infections than healthy individuals. Chickenpox and measles, for example, can have a more
71 serious or even fatal course in susceptible children or adults using corticosteroids. In children or
72 adults who have not had these diseases or have not been properly immunized, particular care
73 should be taken to avoid exposure. How the dose, route, and duration of corticosteroid
74 administration affect the risk of developing a disseminated infection is not known. The
75 contribution of the underlying disease and/or prior corticosteroid treatment to the risk is also not
76 known. If a patient is exposed to chickenpox, prophylaxis with varicella zoster immune globulin
77 (VZIG) may be indicated. If a patient is exposed to measles, prophylaxis with pooled
78 intramuscular immunoglobulin (IG) may be indicated. (See the respective package inserts for
79 complete VZIG and IG prescribing information.) If chickenpox or measles develops, treatment
80 with antiviral agents may be considered.

81 Corticosteroids should be used with caution, if at all, in patients with active or quiescent

82 tuberculous infections of the respiratory tract, untreated local or systemic fungal or bacterial
83 infections, systemic viral or parasitic infections, or ocular herpes simplex because of the
84 potential for worsening of these infections.

85 **5.5 Hypothalamic-Pituitary-Adrenal Axis Effects**

86 Hypercorticism and Adrenal Suppression: When intranasal steroids are used at higher
87 than recommended dosages or in susceptible individuals at recommended dosages, systemic
88 corticosteroid effects such as hypercorticism and adrenal suppression may appear. If such
89 changes occur, the dosage of VERAMYST Nasal Spray should be discontinued slowly,
90 consistent with accepted procedures for discontinuing oral corticosteroid therapy.

91 The replacement of a systemic corticosteroid with a topical corticosteroid can be
92 accompanied by signs of adrenal insufficiency. In addition, some patients may experience
93 symptoms of corticosteroid withdrawal, e.g., joint and/or muscular pain, lassitude, depression.
94 Patients previously treated for prolonged periods with systemic corticosteroids and transferred to
95 topical corticosteroids should be carefully monitored for acute adrenal insufficiency in response
96 to stress. In those patients who have asthma or other clinical conditions requiring long-term
97 systemic corticosteroid treatment, rapid decreases in systemic corticosteroid dosages may cause a
98 severe exacerbation of their symptoms.

99 **5.6 Use of Cytochrome P450 3A4 Inhibitors**

100 Coadministration with ritonavir is not recommended because of the risk of systemic
101 effects secondary to increased exposure to fluticasone furoate. Use caution with the
102 coadministration of VERAMYST Nasal Spray and other potent cytochrome P450 3A4
103 (CYP3A4) inhibitors, such as ketoconazole [*see Drug Interactions (7)*].

104 **5.7 Effect on Growth**

105 Corticosteroids may cause a reduction in growth velocity when administered to pediatric
106 patients. Monitor the growth routinely of pediatric patients receiving VERAMYST Nasal Spray.
107 To minimize the systemic effects of intranasal corticosteroids, including VERAMYST Nasal
108 Spray, titrate each patient's dose to the lowest dosage that effectively controls his/her symptoms
109 [*see Use in Specific Populations (8.4)*].

110 **6 ADVERSE REACTIONS**

111 Systemic and local corticosteroid use may result in the following:

- 112 • Epistaxis, ulcerations, *Candida albicans* infection, impaired wound healing [*see Warnings*
113 *and Precautions (5.1)*]
- 114 • Cataracts and glaucoma [*see Warnings and Precautions (5.2)*]
- 115 • Immunosuppression [*see Warnings and Precautions (5.4)*]
- 116 • Hypothalamic-pituitary-adrenal (HPA) axis effects, including growth reduction [*see*
117 *Warnings and Precautions (5.5), Use in Specific Populations (8.4)*]

118 **6.1 Clinical Trials Experience**

119 The safety data described below reflect exposure to VERAMYST Nasal Spray in 1,563
120 patients with seasonal or perennial allergic rhinitis in 9 controlled clinical trials of 2 to 12 weeks'

121 duration. The data from adults and adolescents are based upon 6 clinical trials in which
 122 768 patients with seasonal or perennial allergic rhinitis (473 females and 295 males aged 12
 123 years and older) were treated with VERAMYST Nasal Spray 110 mcg once daily for 2 to 6
 124 weeks. The racial distribution of adult and adolescent patients receiving VERAMYST Nasal
 125 Spray was 82% white, 5% black, and 13% other. The data from pediatric patients are based upon
 126 3 clinical trials in which 795 children with seasonal or perennial rhinitis (352 females and 443
 127 males aged 2 to 11 years) were treated with VERAMYST Nasal Spray 55 or 110 mcg once daily
 128 for 2 to 12 weeks. The racial distribution of pediatric patients receiving VERAMYST Nasal
 129 Spray was 75% white, 11% black, and 14% other.

130 Because clinical trials are conducted under widely varying conditions, adverse reaction
 131 rates observed in the clinical trials of a drug cannot be directly compared with rates in the
 132 clinical trials of another drug and may not reflect the rates observed in practice.

133 Adults and Adolescents Aged 12 Years and Older: Overall adverse reactions were
 134 reported with approximately the same frequency by patients treated with VERAMYST Nasal
 135 Spray and those receiving placebo. Less than 3% of patients in clinical trials discontinued
 136 treatment because of adverse reactions. The rate of withdrawal among patients receiving
 137 VERAMYST Nasal Spray was similar or lower than the rate among patients receiving placebo.

138 Table 1 displays the common adverse reactions (>1% in any patient group receiving
 139 VERAMYST Nasal Spray) that occurred more frequently in patients aged 12 years and older
 140 treated with VERAMYST Nasal Spray compared with placebo-treated patients.

141

142 **Table 1. Adverse Reactions With >1% Incidence in Controlled Clinical Trials of**
 143 **2 to 6 Weeks' Duration With VERAMYST Nasal Spray in Adult and Adolescent**
 144 **Patients With Seasonal or Perennial Allergic Rhinitis**

Adverse Event	Adult and Adolescent Patients Aged 12 Years and Older	
	Vehicle Placebo (n = 774)	VERAMYST Nasal Spray 110 mcg Once Daily (n = 768)
Headache	54 (7%)	72 (9%)
Epistaxis	32 (4%)	45 (6%)
Pharyngolaryngeal pain	8 (1%)	15 (2%)
Nasal ulceration	3 (<1%)	11 (1%)
Back pain	7 (<1%)	9 (1%)

145

146 There were no differences in the incidence of adverse reactions based on gender or race.
 147 Clinical trials did not include sufficient numbers of patients aged 65 years and older to determine
 148 whether they respond differently from younger subjects.

149 Pediatric Patients Aged 2 to 11 Years: In the 3 clinical trials in pediatric patients aged
 150 2 to <12 years, overall adverse reactions were reported with approximately the same frequency

151 by patients treated with VERAMYST Nasal Spray and those receiving placebo. Table 2 displays
 152 the common adverse reactions (>3% in any patient group receiving VERAMYST Nasal Spray),
 153 that occurred more frequently in patients aged 2 to 11 years treated with VERAMYST Nasal
 154 Spray compared with placebo-treated patients.

155

156 **Table 2. Adverse Reactions With >3% Incidence in Controlled Clinical Trials of 2 to 12**
 157 **Weeks' Duration With VERAMYST Nasal Spray in Pediatric Patients With Seasonal or**
 158 **Perennial Allergic Rhinitis**

Adverse Event	Pediatric Patients Aged 2 to <12 Years		
	Vehicle Placebo (n = 429)	VERAMYST Nasal Spray 55 mcg Once Daily (n = 369)	VERAMYST Nasal Spray 110 mcg Once Daily (n = 426)
Headache	31 (7%)	28 (8%)	33 (8%)
Nasopharyngitis	21 (5%)	20 (5%)	21 (5%)
Epistaxis	19 (4%)	17 (5%)	17 (4%)
Pyrexia	7 (2%)	17 (5%)	19 (4%)
Pharyngolaryngeal pain	14 (3%)	16 (4%)	12 (3%)
Cough	12 (3%)	12 (3%)	16 (4%)

159

160 There were no differences in the incidence of adverse reactions based on gender or race.
 161 Pyrexia occurred more frequently in children aged 2 to <6 years compared with children aged 6
 162 to <12 years.

163 **Long-Term (52-Week) Safety Trial:** In a 52-week, placebo-controlled, long-term safety
 164 trial, 605 patients (307 females and 298 males aged 12 years and older) with perennial allergic
 165 rhinitis were treated with VERAMYST Nasal Spray 110 mcg once daily for 12 months and 201
 166 were treated with placebo nasal spray. While most adverse reactions were similar in type and rate
 167 between the treatment groups, epistaxis occurred more frequently in patients who received
 168 VERAMYST Nasal Spray (123/605, 20%) than in patients who received placebo (17/201, 8%).
 169 Epistaxis tended to be more severe in patients treated with VERAMYST Nasal Spray. All 17
 170 reports of epistaxis that occurred in patients who received placebo were of mild intensity, while
 171 83, 39, and 1 of the total 123 epistaxis events in patients treated with VERAMYST Nasal Spray
 172 were of mild, moderate, and severe intensity, respectively. No patient experienced a nasal septal
 173 perforation during this trial.

174 **6.2 Postmarketing Experience**

175 In addition to adverse reactions reported from clinical trials, the following adverse
 176 reactions have been identified during postmarketing use of VERAMYST Nasal Spray. Because
 177 these reactions are reported voluntarily from a population of uncertain size, it is not always
 178 possible to reliably estimate their frequency or establish a causal relationship to drug exposure.
 179 These events have been chosen for inclusion due to either their seriousness, frequency of

180 reporting, or causal connection to fluticasone furoate or a combination of these factors.
181 Immune System Disorders: Hypersensitivity reactions, including anaphylaxis,
182 angioedema, rash, and urticaria.

183 **7 DRUG INTERACTIONS**

184 Fluticasone furoate is cleared by extensive first-pass metabolism mediated by CYP3A4.
185 In a drug interaction study of intranasal fluticasone furoate and the CYP3A4 inhibitor
186 ketoconazole given as a 200-mg once-daily dose for 7 days, 6 of 20 subjects receiving
187 fluticasone furoate and ketoconazole had measurable but low levels of fluticasone furoate
188 compared with 1 of 20 receiving fluticasone furoate and placebo. Based on this study and the
189 low systemic exposure, there was a 5% reduction in 24-hour serum cortisol levels with
190 ketoconazole compared with placebo. The data from this study should be carefully interpreted
191 because the study was conducted with ketoconazole 200 mg once daily rather than 400 mg,
192 which is the maximum recommended dosage. Therefore, caution is required with the
193 coadministration of VERAMYST Nasal Spray and ketoconazole or other potent CYP3A4
194 inhibitors.

195 Based on data with another glucocorticoid, fluticasone propionate, metabolized by
196 CYP3A4, coadministration of VERAMYST Nasal Spray with the potent CYP3A4 inhibitor
197 ritonavir is not recommended because of the risk of systemic effects secondary to increased
198 exposure to fluticasone furoate. High exposure to corticosteroids increases the potential for
199 systemic side effects, such as cortisol suppression.

200 Enzyme induction and inhibition data suggest that fluticasone furoate is unlikely to
201 significantly alter the cytochrome P450-mediated metabolism of other compounds at clinically
202 relevant intranasal dosages.

203 **8 USE IN SPECIFIC POPULATIONS**

204 **8.1 Pregnancy**

205 Teratogenic Effects: Pregnancy Category C. Corticosteroids have been shown to be
206 teratogenic in laboratory animals when administered systemically at relatively low dosage levels.

207 There were no teratogenic effects in rats and rabbits at inhaled fluticasone furoate
208 dosages of up to 91 and 8 mcg/kg/day, respectively (approximately 7 and 1 times, respectively,
209 the maximum recommended daily intranasal dose in adults on a mcg/m² basis). There was also
210 no effect on pre- or post-natal development in rats treated with up to 27 mcg/kg/day by
211 inhalation during gestation and lactation (approximately 2 times the maximum recommended
212 daily intranasal dose in adults on a mcg/m² basis).

213 There are no adequate and well-controlled studies in pregnant women. VERAMYST
214 Nasal Spray should be used during pregnancy only if the potential benefit justifies the potential
215 risk to the fetus.

216 Nonteratogenic Effects: Hypoadrenalism may occur in infants born of mothers
217 receiving corticosteroids during pregnancy. Such infants should be carefully monitored.

218 **8.3 Nursing Mothers**

219 It is not known whether fluticasone furoate is excreted in human breast milk. However,
220 other corticosteroids have been detected in human milk. Since there are no data from controlled
221 trials on the use of intranasal fluticasone furoate by nursing mothers, caution should be exercised
222 when VERAMYST Nasal Spray is administered to a nursing woman.

223 **8.4 Pediatric Use**

224 Controlled clinical trials with VERAMYST Nasal Spray included 1,224 patients aged 2
225 to 11 years and 344 adolescent patients aged 12 to 17 years [see *Clinical Studies (14)*]. The
226 safety and effectiveness of VERAMYST Nasal Spray in children younger than 2 years have not
227 been established.

228 Controlled clinical studies have shown that intranasal corticosteroids may cause a
229 reduction in growth velocity in pediatric patients. This effect has been observed in the absence of
230 laboratory evidence of HPA axis suppression, suggesting that growth velocity is a more sensitive
231 indicator of systemic corticosteroid exposure in pediatric patients than some commonly used
232 tests of HPA axis function. The long-term effects of reduction in growth velocity associated with
233 intranasal corticosteroids, including the impact on final adult height, are unknown. The potential
234 for “catch-up” growth following discontinuation of treatment with intranasal corticosteroids has
235 not been adequately studied. The growth of pediatric patients receiving intranasal corticosteroids,
236 including VERAMYST Nasal Spray, should be monitored routinely (e.g., via stadiometry). The
237 potential growth effects of prolonged treatment should be weighed against the clinical benefits
238 obtained and the risks/benefits of treatment alternatives. To minimize the systemic effects of
239 intranasal corticosteroids, including VERAMYST Nasal Spray, each patient’s dose should be
240 titrated to the lowest dosage that effectively controls his/her symptoms.

241 The potential for VERAMYST Nasal Spray to cause growth suppression in susceptible
242 patients or when given at higher than recommended dosages cannot be ruled out.

243 **8.5 Geriatric Use**

244 Clinical studies of VERAMYST Nasal Spray did not include sufficient numbers of
245 subjects aged 65 years and older to determine whether they respond differently from younger
246 subjects. Other reported clinical experience has not identified differences in responses between
247 the elderly and younger patients. In general, dose selection for an elderly patient should be
248 cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of
249 decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

250 **8.6 Hepatic Impairment**

251 Use VERAMYST Nasal Spray with caution in patients with severe hepatic impairment
252 [see *Clinical Pharmacology (12.3)*].

253 **8.7 Renal Impairment**

254 No dosage adjustment is required in patients with renal impairment [see *Clinical*
255 *Pharmacology (12.3)*].

256 **10 OVERDOSAGE**

257 Chronic overdosage may result in signs/symptoms of hypercorticism [see *Warnings and*

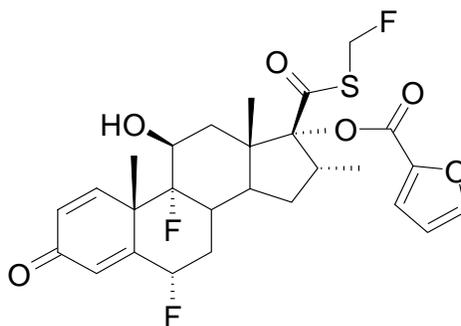
258 *Precautions (5.4)*]. There are no data on the effects of acute or chronic overdose with
259 VERAMYST Nasal Spray. Because of low systemic bioavailability and an absence of acute
260 drug-related systemic findings in clinical studies (with dosages of up to 440 mcg/day for 2 weeks
261 [4 times the maximum recommended daily dose]), overdose is unlikely to require any therapy
262 other than observation.

263 Intranasal administration of up to 2,640 mcg/day (24 times the recommended adult dose)
264 of fluticasone furoate was administered to healthy human volunteers for 3 days. Single- and
265 repeat-dose studies with orally inhaled fluticasone furoate doses of 50 to 4,000 mcg have shown
266 decreased mean serum cortisol at doses of 500 mcg or higher. The oral median lethal dose in
267 mice and rats was >2,000 mg/kg (approximately 74,000 and 147,000 times, respectively, the
268 maximum recommended daily intranasal dose in adults and 52,000 and 105,000 times,
269 respectively, the maximum recommended daily intranasal dose in children, on a mcg/m² basis).

270 Acute overdose with the intranasal dosage form is unlikely since 1 bottle of
271 VERAMYST Nasal Spray contains approximately 3 mg of fluticasone furoate, and the
272 bioavailability of fluticasone furoate is <1% for 2.64 mg/day given intranasally and 1% for
273 2 mg/day given as an oral solution.

274 11 DESCRIPTION

275 Fluticasone furoate, the active component of VERAMYST Nasal Spray, is a synthetic
276 fluorinated corticosteroid having the chemical name (6 α ,11 β ,16 α ,17 α)-6,9-difluoro-17-
277 [(fluoro-methyl)thio]carbonyl]-11-hydroxy-16-methyl-3-oxoandrosta-1,4-dien-17-yl 2-
278 furancarboxylate and the following chemical structure:



280
281
282 Fluticasone furoate is a white powder with a molecular weight of 538.6, and the empirical
283 formula is C₂₇H₂₉F₃O₆S. It is practically insoluble in water.

284 VERAMYST Nasal Spray is an aqueous suspension of micronized fluticasone furoate for
285 topical administration to the nasal mucosa by means of a metering (50 microliters), atomizing
286 spray pump. After initial priming [*see Dosage and Administration (2)*], each actuation delivers
287 27.5 mcg of fluticasone furoate in a volume of 50 microliters of nasal spray suspension.
288 VERAMYST Nasal Spray also contains 0.015% w/w benzalkonium chloride, dextrose
289 anhydrous, edetate disodium, microcrystalline cellulose and carboxymethylcellulose sodium,

290 polysorbate 80, and purified water. It has a pH of approximately 6.

291 **12 CLINICAL PHARMACOLOGY**

292 **12.1 Mechanism of Action**

293 Fluticasone furoate is a synthetic trifluorinated corticosteroid with potent anti-
294 inflammatory activity. The precise mechanism through which fluticasone furoate affects rhinitis
295 symptoms is not known. Corticosteroids have been shown to have a wide range of actions on
296 multiple cell types (e.g., mast cells, eosinophils, neutrophils, macrophages, lymphocytes) and
297 mediators (e.g., histamine, eicosanoids, leukotrienes, cytokines) involved in inflammation.
298 Specific effects of fluticasone furoate demonstrated in in vitro and in vivo models included
299 activation of the glucocorticoid response element, inhibition of pro-inflammatory transcription
300 factors such as NFκB, and inhibition of antigen-induced lung eosinophilia in sensitized rats.

301 Fluticasone furoate has been shown in vitro to exhibit a binding affinity for the human
302 glucocorticoid receptor that is approximately 29.9 times that of dexamethasone and 1.7 times
303 that of fluticasone propionate. The clinical relevance of these findings is unknown.

304 **12.2 Pharmacodynamics**

305 Adrenal Function: The effects of VERAMYST Nasal Spray on adrenal function have
306 been evaluated in 4 controlled clinical trials in patients with perennial allergic rhinitis. Two 6-
307 week clinical trials were designed specifically to assess the effect of VERAMYST Nasal Spray
308 on the HPA axis with assessments of both 24-hour urinary cortisol excretion and serum cortisol
309 levels in domiciled patients. In addition, one 52-week safety study and one 12-week safety and
310 efficacy study included assessments of 24-hour urinary cortisol excretion. Details of the studies
311 and results are described below. In all 4 studies, since serum fluticasone determinations were
312 generally below the limit of quantification, compliance was assured by efficacy assessments.

313 *Clinical Trials Specifically Designed to Assess Hypothalamic-Pituitary-Adrenal*
314 *Axis Effect:* In a 6-week randomized, double-blind, parallel-group study in adult and adolescent
315 patients aged 12 years and older with perennial allergic rhinitis, VERAMYST Nasal Spray 110
316 mcg was compared with both placebo nasal spray and prednisone as a positive-control group that
317 received prednisone 10 mg orally once daily for the final 7 days of the treatment period. Adrenal
318 function was assessed by 24-hour urinary cortisol excretion before and after 6 weeks of treatment
319 and by serial serum cortisol levels. Patients were domiciled for collection of 24-hour urinary
320 cortisol. After 6 weeks of treatment, there was a change from baseline in the mean 24-hour
321 urinary cortisol excretion in the group treated with VERAMYST Nasal Spray (n = 43) of -1.16
322 mcg/day compared with -3.48 mcg/day in the placebo group (n = 42). The difference from
323 placebo in the group treated with VERAMYST Nasal Spray was 2.32 mcg/day (95% CI: -6.76,
324 11.39). Urinary cortisol data were not available for the positive-control (prednisone) treatment
325 group. For serum cortisol levels, after 6 weeks of treatment there was a change from baseline in
326 the mean (0-24 hours) of -0.38 and 0.08 mcg/dL for the group treated with VERAMYST Nasal
327 Spray (n = 43) and the placebo group (n = 44), respectively, with a difference between the group
328 treated with VERAMYST Nasal Spray and the placebo group of -0.47 mcg/dL (95% CI: -1.31,

329 0.37). For comparison, in the positive-control (prednisone, n = 12) treatment group, there was a
330 change in mean serum cortisol (0-24 hours) from baseline of -4.49 mcg/dL with a difference
331 between the prednisone and placebo group of -4.57 mcg/dL (95% CI: -5.83, -3.31).

332 The second 6-week study conducted in children aged 2 to 11 years was of similar design
333 to the adult study, including adrenal function assessments, but did not include a prednisone
334 positive-control arm. Patients were treated once daily with VERAMYST Nasal Spray 110 mcg
335 or placebo nasal spray. After 6 weeks of treatment, there was a change in the mean 24-hour
336 urinary cortisol excretion in the group treated with VERAMYST Nasal Spray (n = 43) of
337 0.49 mcg/day compared with 1.92 mcg/day in the placebo group (n = 41), with a difference
338 between the group treated with VERAMYST Nasal Spray and the placebo group of -1.43
339 mcg/day (95% CI: -5.21, 2.35). For serum cortisol levels, after 6 weeks, there was a change from
340 baseline in mean (0-24 hours) of -0.34 and -0.23 mcg/dL for the group treated with VERAMYST
341 Nasal Spray (n = 48) and for the placebo group (n = 47), respectively, with a difference between
342 the group treated with VERAMYST Nasal Spray and the placebo group of -0.11 mcg/dL (95%
343 CI: -0.88, 0.66).

344 Additional Hypothalamic-Pituitary-Adrenal Axis Assessments: In the 52-week
345 safety trial in adolescents and adults aged 12 years and older with perennial allergic rhinitis,
346 VERAMYST Nasal Spray 110 mcg (n = 605) was compared with placebo nasal spray (n = 201).
347 Adrenal function was assessed by 24-hour urinary cortisol excretion in a subset of patients who
348 received VERAMYST Nasal Spray (n = 370) or placebo (n = 120) before and after 52 weeks of
349 treatment. After 52 weeks of treatment, the mean change from baseline 24-hour urinary cortisol
350 excretion was 5.84 mcg/day in the group treated with VERAMYST Nasal Spray and 3.34
351 mcg/day in the placebo group. The difference from placebo in mean change from baseline 24-
352 hour urinary cortisol excretion was 2.50 mcg/day (95% CI: -5.49, 10.49).

353 In the 12-week safety and efficacy trial in children aged 2 to 11 years with perennial
354 allergic rhinitis, VERAMYST Nasal Spray 55 mcg (n = 185) and VERAMYST Nasal Spray 110
355 mcg (n = 185) were compared with placebo nasal spray (n = 188). Adrenal function was assessed
356 by measurement of 24-hour urinary free cortisol in a subset of patients who were aged 6 to 11
357 years (103 to 109 patients per group) before and after 12 weeks of treatment. After 12 weeks of
358 treatment, there was a decrease in mean 24-hour urinary cortisol excretion from baseline in the
359 group treated with VERAMYST Nasal Spray 55 mcg (n = 109) of -2.93 mcg/day and in the
360 group treated with VERAMYST Nasal Spray 110 mcg (n = 103) of -2.07 mcg/day compared
361 with an increase in the placebo group (n = 107) of 0.08 mcg/day. The difference from placebo in
362 mean change from baseline in 24-hour urinary cortisol excretion for the group treated with
363 VERAMYST Nasal Spray 55 mcg was -3.01 mcg/day (95% CI: -6.16, 0.13) and -2.14 mcg/day
364 (95% CI: -5.33, 1.04) for the group treated with VERAMYST Nasal Spray 110 mcg.

365 When the results of the HPA axis assessments described above are taken as a whole, an
366 effect of intranasal fluticasone furoate on adrenal function cannot be ruled out, especially in
367 pediatric patients.

368 Cardiac Effects: A QT/QTc study did not demonstrate an effect of fluticasone furoate

369 administration on the QTc interval. The effect of a single dose of 4,000 mcg of orally inhaled
370 fluticasone furoate on the QTc interval was evaluated over 24 hours in 40 healthy male and
371 female subjects in a placebo and positive (a single dose of 400 mg oral moxifloxacin) controlled
372 cross-over study. The QTcF maximal mean change from baseline following fluticasone furoate
373 was similar to that observed with placebo with a treatment difference of 0.788 msec (90% CI:
374 -1.802, 3.378). In contrast, moxifloxacin given as a 400-mg tablet resulted in prolongation of the
375 QTcF maximal mean change from baseline compared with placebo with a treatment difference
376 of 9.929 msec (90% CI: 7.339, 12.520). While a single dose of fluticasone furoate had no effect
377 on the QTc interval, the effects of fluticasone furoate may not be at steady state following single
378 dose. The effect of fluticasone furoate on the QTc interval following multiple dose
379 administration is unknown.

380 **12.3 Pharmacokinetics**

381 Absorption: Following intranasal administration of fluticasone furoate, most of the dose
382 is eventually swallowed and undergoes incomplete absorption and extensive first-pass
383 metabolism in the liver and gut, resulting in negligible systemic exposure. At the highest
384 recommended intranasal dosage of 110 mcg once daily for up to 12 months in adults and up to
385 12 weeks in children, plasma concentrations of fluticasone furoate are typically not quantifiable
386 despite the use of a sensitive HPLC-MS/MS assay with a lower limit of quantification (LOQ) of
387 10 pg/mL. However, in a few isolated cases (<0.3%) fluticasone furoate was detected in high
388 concentrations above 500 pg/mL, and in a single case the concentration was as high as 1,430
389 pg/mL in the 52-week study. There was no relationship between these concentrations and
390 cortisol levels in these subjects. The reasons for these high concentrations are unknown.

391 Absolute bioavailability was evaluated in 16 male and female subjects following
392 supratherapeutic dosages of fluticasone furoate (880 mcg given intranasally at 8-hour intervals
393 for 10 doses, or 2,640 mcg/day). The average absolute bioavailability was 0.50% (90% CI:
394 0.34%, 0.74%).

395 Due to the low bioavailability by the intranasal route, the majority of the pharmacokinetic
396 data was obtained via other routes of administration. Studies using oral solution and intravenous
397 dosing of radiolabeled drug have demonstrated that at least 30% of fluticasone furoate is
398 absorbed and then rapidly cleared from plasma. Oral bioavailability is on average 1.26%, and the
399 majority of the circulating radioactivity is due to inactive metabolites.

400 Distribution: Following intravenous administration, the mean volume of distribution at
401 steady state is 608 L.

402 Binding of fluticasone furoate to human plasma proteins is greater than 99%.

403 Metabolism: In vivo studies have revealed no evidence of cleavage of the furoate moiety
404 to form fluticasone. Fluticasone furoate is cleared (total plasma clearance of 58.7 L/h) from
405 systemic circulation principally by hepatic metabolism via CYP3A4. The principal route of
406 metabolism is hydrolysis of the S-fluoromethyl carbothioate function to form the inactive 17 β -
407 carboxylic acid metabolite.

408 Elimination: Fluticasone furoate and its metabolites are eliminated primarily in the feces,

409 accounting for approximately 101% and 90% of the orally and intravenously administered dose,
410 respectively. Urinary excretion accounted for approximately 1% and 2% of the orally and
411 intravenously administered dose, respectively. The elimination phase half-life averaged 15.1
412 hours following intravenous administration.

413 Population Pharmacokinetics: Fluticasone furoate is typically not quantifiable in
414 plasma following intranasal dosing of 110 mcg once daily with the exception of isolated cases of
415 very high plasma levels (see Absorption). Overall, quantifiable levels (>10 pg/mL) were
416 observed in <31% of patients aged 12 years and older and in <16% of children (aged 2 to 11
417 years) following intranasal dosing of 110 mcg once daily and in <7% of children following
418 intranasal dosing of 55 mcg once daily. There was no evidence to suggest that the presence or
419 absence of detectable levels of fluticasone furoate was related to gender, age, or race.

420 Hepatic Impairment: Reduced liver function may affect the elimination of
421 corticosteroids. Since fluticasone furoate undergoes extensive first-pass metabolism by the
422 hepatic CYP3A4, the pharmacokinetics of fluticasone furoate may be altered in patients with
423 hepatic impairment. A study of a single 400-mcg dose of orally inhaled fluticasone furoate in
424 patients with moderate hepatic impairment (Child-Pugh Class B) resulted in increased C_{max}
425 (42%) and $AUC_{(0-\infty)}$ (172%), resulting in an approximately 20% reduction in serum cortisol level
426 in patients with hepatic impairment compared with healthy subjects. The systemic exposure
427 would be expected to be higher than that observed had the study been conducted after multiple
428 doses and/or in patients with severe hepatic impairment. Therefore, use VERAMYST Nasal
429 Spray with caution in patients with severe hepatic impairment.

430 Renal Impairment: Fluticasone furoate is not detectable in urine from healthy subjects
431 following intranasal dosing. Less than 1% of dose-related material is excreted in urine. No
432 dosage adjustment is required in patients with renal impairment.

433 **13 NONCLINICAL TOXICOLOGY**

434 **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

435 Fluticasone furoate produced no treatment-related increases in the incidence of tumors in
436 2-year inhalation studies in rats and mice at doses of up to 9 and 19 mcg/kg/day, respectively
437 (less than the maximum recommended daily intranasal dose in adults and children on a mcg/m²
438 basis).

439 Fluticasone furoate did not induce gene mutation in bacteria or chromosomal damage in a
440 mammalian cell mutation test in mouse lymphoma L5178Y cells in vitro. There was also no
441 evidence of genotoxicity in the in vivo micronucleus test in rats.

442 No evidence of impairment of fertility was observed in reproductive studies conducted in
443 male and female rats at inhaled fluticasone furoate doses of up to 24 and 91 mcg/kg/day,
444 respectively (approximately 2 and 7 times, respectively, the maximum recommended daily
445 intranasal dose in adults on a mcg/m² basis).

446 **14 CLINICAL STUDIES**

447 **14.1 Seasonal and Perennial Allergic Rhinitis**

448 Adult and Adolescent Patients Aged 12 Years and Older: The efficacy and safety of
449 VERAMYST Nasal Spray was evaluated in 5 randomized, double-blind, parallel-group,
450 multicenter, placebo-controlled clinical trials of 2 to 4 weeks' duration in adult and adolescent
451 patients aged 12 years and older with symptoms of seasonal or perennial allergic rhinitis. The 5
452 clinical trials included one 2-week dose-ranging trial in patients with seasonal allergic rhinitis,
453 three 2-week confirmatory efficacy trials in patients with seasonal allergic rhinitis, and one 4-
454 week efficacy trial in patients with perennial allergic rhinitis. These trials included 1,829 patients
455 (697 males and 1,132 females). About 75% of patients were Caucasian, and the mean age was 36
456 years. Of these patients, 722 received VERAMYST Nasal Spray 110 mcg once daily
457 administered as 2 sprays in each nostril.

458 Assessment of efficacy was based on total nasal symptom score (TNSS). TNSS is
459 calculated as the sum of the patients' scoring of the 4 individual nasal symptoms (rhinorrhea,
460 nasal congestion, sneezing, and nasal itching) on a 0 to 3 categorical severity scale (0 = absent, 1
461 = mild, 2 = moderate, 3 = severe) as reflective (rTNSS) or instantaneous (iTNS). rTNSS
462 required the patients to record symptom severity over the previous 12 hours; iTNS required
463 patients to record symptom severity at the time immediately prior to the next dose. Morning and
464 evening rTNSS scores were averaged over the treatment period and the difference from placebo
465 in the change from baseline rTNSS was the primary efficacy endpoint. The morning iTNS (AM
466 iTNS) reflects the TNSS at the end of the 24-hour dosing interval and is an indication of
467 whether the effect was maintained over the 24-hour dosing interval.

468 Additional secondary efficacy variables were assessed, including the total ocular
469 symptom score (TOSS) and the Rhinoconjunctivitis Quality of Life Questionnaire (RQLQ).
470 TOSS is calculated as the sum of the patients' scoring of the 3 individual ocular symptoms
471 (itching/burning, tearing/watering, and redness) on a 0 to 3 categorical severity scale (0 = absent,
472 1 = mild, 2 = moderate, 3 = severe) as reflective (rTOSS) or instantaneous scores (iTOSS). To
473 assess efficacy, rTOSS and AM iTOSS were evaluated as described above for the TNSS.
474 Patients' perceptions of disease-specific quality of life were evaluated through use of the RQLQ,
475 which assesses the impact of allergic rhinitis treatment through 28 items in 7 domains (activities,
476 sleep, non-nose/eye symptoms, practical problems, nasal symptoms, eye symptoms, and
477 emotional) on a 7-point scale where 0 = no impairment and 6 = maximum impairment. An
478 overall RQLQ score is calculated from the mean of all items in the instrument. An absolute
479 difference of ≥ 0.5 in mean change from baseline over placebo is considered the minimally
480 important difference (MID) for the RQLQ.

481 *Dose-Ranging Trial:* The dose-ranging trial was a 2-week trial that evaluated the
482 efficacy of 4 dosages of fluticasone furoate nasal spray (440, 220, 110, and 55 mcg) in patients
483 with seasonal allergic rhinitis. In this trial, each of the 4 dosages of fluticasone furoate nasal
484 spray demonstrated greater decreases in the rTNSS than placebo, and the difference was
485 statistically significant (Table 3).

486

487 **Table 3. Mean Change From Baseline in Reflective Total Nasal Symptom Score Over 2**

488 **Weeks in Patients With Seasonal Allergic Rhinitis**

Treatment	n	Baseline (AM + PM)	Change From Baseline	Difference From Placebo		
				LS Mean	95% CI	P Value
Fluticasone furoate 440 mcg	130	9.6	-4.02	-2.19	-2.75, -1.62	<0.001
Fluticasone furoate 220 mcg	129	9.5	-3.19	-1.36	-1.93, -0.79	<0.001
Fluticasone furoate 110 mcg	127	9.5	-3.84	-2.01	-2.58, -1.44	<0.001
Fluticasone furoate 55 mcg	125	9.6	-3.50	-1.68	-2.25, -1.10	<0.001
Placebo	128	9.6	-1.83			

489
 490 Each of the 4 dosages of fluticasone furoate nasal spray also demonstrated greater
 491 decreases in the AM iTNSS than placebo, and the difference between each of the 4 fluticasone
 492 furoate treatment groups and placebo was statistically significant, indicating that the effect was
 493 maintained over the 24-hour dosing interval.

494 **Seasonal Allergic Rhinitis Trials:** Three clinical trials were designed to evaluate the
 495 efficacy of VERAMYST Nasal Spray 110 mcg once daily compared with placebo in patients
 496 with seasonal allergic rhinitis over a 2-week treatment period. In all 3 trials, VERAMYST Nasal
 497 Spray 110 mcg demonstrated a greater decrease from baseline in the rTNSS and AM iTNSS than
 498 placebo, and the difference from placebo was statistically significant. In terms of ocular
 499 symptoms, in all 3 seasonal allergic rhinitis trials, VERAMYST Nasal Spray 110 mcg
 500 demonstrated a greater decrease from baseline in the rTOSS than placebo and the difference
 501 from placebo was statistically significant. For the RQLQ in all 3 seasonal allergic rhinitis trials,
 502 VERAMYST Nasal Spray 110 mcg demonstrated greater decrease from baseline in the overall
 503 RQLQ than placebo, and the difference from placebo was statistically significant. The difference
 504 in the overall RQLQ score mean change from baseline between the groups treated with
 505 VERAMYST Nasal Spray and placebo ranged from -0.60 to -0.70 in the 3 trials, meeting the
 506 minimally important difference criterion. Table 4 displays the efficacy results from a
 507 representative trial in patients with seasonal allergic rhinitis.

508 **Perennial Allergic Rhinitis Trials:** One clinical trial was designed to evaluate the
 509 efficacy of VERAMYST Nasal Spray 110 mcg once daily compared with placebo in patients
 510 with perennial allergic rhinitis over a 4-week treatment period. VERAMYST Nasal Spray 110
 511 mcg demonstrated a greater decrease from baseline in the rTNSS and AM iTNSS than placebo,
 512 and the difference from placebo was statistically significant. Similar to patients with seasonal
 513 allergic rhinitis, the improvement of nasal symptoms with VERAMYST Nasal Spray in patients
 514 with perennial allergic rhinitis persisted for a full 24 hours, as evaluated by AM iTNSS
 515 immediately prior to the next dose. However, unlike the trials in patients with seasonal allergic
 516 rhinitis, patients with perennial allergic rhinitis who were treated with VERAMYST Nasal Spray
 517 110 mcg did not demonstrate statistically significant improvement from baseline in rTOSS or in
 518 disease-specific quality of life as measured by the RQLQ compared with placebo. In addition,
 519 the overall RQLQ score mean change from baseline difference between the group treated with

520 VERAMYST Nasal Spray and the placebo group was -0.23, which did not meet the minimally
 521 important difference of ≥ 0.5 . Table 4 displays the efficacy results from the clinical trial in
 522 patients with perennial allergic rhinitis.

523

524 **Table 4. Mean Changes in Efficacy Variables in Adult and Adolescent Patients With**
 525 **Seasonal or Perennial Allergic Rhinitis**

Treatment	n	Baseline	Change From Baseline – LS Mean	Difference From Placebo		
				LS Mean	95% CI	P Value
Reflective Total Nasal Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 110 mcg	151	9.6	-3.55	-1.47	-2.01, -0.94	<0.001
Placebo	147	9.9	-2.07			
Perennial allergic rhinitis trial						
Fluticasone furoate 110 mcg	149	8.6	-2.78	-0.71	-1.20, -0.21	0.005
Placebo	153	8.7	-2.08			
Instantaneous Total Nasal Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 110 mcg	151	9.4	-2.90	-1.38	-1.90, -0.85	<0.001
Placebo	147	9.3	-1.53			
Perennial allergic rhinitis trial						
Fluticasone furoate 110 mcg	149	8.2	-2.45	-0.71	-1.20, -0.21	0.006
Placebo	153	8.3	-1.75			
Reflective Total Ocular Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 110 mcg	151	6.6	-2.23	-0.60	-1.01, -0.19	0.004
Placebo	147	6.5	-1.63			
Perennial allergic rhinitis trial						
Fluticasone	149	4.8	-1.39	-0.15	-0.52, 0.22	0.428

furoate 110 mcg Placebo	153	5.0	-1.24			
Rhinoconjunctivitis Quality of Life Questionnaire						
Seasonal allergic rhinitis trial						
Fluticasone furoate 110 mcg	144	3.9	-1.77	-0.60	-0.93, -0.28	<0.001
Placebo	144	3.9	-1.16			
Perennial allergic rhinitis trial						
Fluticasone furoate 110 mcg	143	3.5	-1.41	-0.23	-0.59, 0.13	0.214
Placebo	151	3.4	-1.18			

526

527

Onset of action was evaluated by frequent instantaneous TNSS assessments after the first dose in the clinical trials in patients with seasonal allergic rhinitis and perennial allergic rhinitis.

529

Onset of action was generally observed within 24 hours in patients with seasonal allergic rhinitis.

530

In patients with perennial rhinitis, onset of action was observed after 4 days of treatment.

531

Continued improvement in symptoms was observed over approximately 1 and 3 weeks in

532

patients with seasonal or perennial allergic rhinitis, respectively.

533

Pediatric Patients Aged 2 to 11 Years: The efficacy and safety of VERAMYST Nasal

534

Spray were evaluated in 1,112 children (633 boys and 479 girls), mean age of 8 years with

535

seasonal or perennial allergic rhinitis in 2 controlled clinical trials. The pediatric patients were

536

treated with VERAMYST Nasal Spray 55 or 110 mcg once daily for 2 to 12 weeks (n = 369 for

537

each dose). The trials were similar in design to the trials conducted in adolescents and adults;

538

however, the efficacy determination was made from patient- or parent/guardian-reported TNSS

539

for children aged 6 to <12 years. Children treated with VERAMYST Nasal Spray generally

540

exhibited greater decreases in nasal symptoms than placebo-treated patients. In seasonal allergic

541

rhinitis, the difference in rTNSS was statistically significant only for the 110-mcg dose. In

542

perennial allergic rhinitis, the difference in rTNSS was statistically significant only for the 55-

543

mcg dose. Changes in rTOSS in the seasonal allergic rhinitis trial were not statistically

544

significant compared with placebo for either dose. rTOSS was not assessed in the perennial

545

allergic rhinitis trial. Table 5 displays the efficacy results from the clinical trials in patients with

546

perennial allergic rhinitis and seasonal allergic rhinitis in children aged 6 to <12 years. Efficacy

547

in children aged 2 to <6 years was supported by a numerical decrease in the rTNSS.

548

549 **Table 5. Mean Changes in Efficacy Variables in Pediatric Patients Aged 6 to <12 Years**
 550 **With Seasonal or Perennial Allergic Rhinitis**

Treatment	n	Baseline	Change From Baseline – LS Mean	Difference From Placebo		
				LS Mean	95% CI	P Value
Reflective Total Nasal Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 55 mcg	151	8.6	-2.71	-0.16	-0.69, 0.37	0.553
Fluticasone furoate 110 mcg	146	8.5	-3.16	-0.62	-1.15, -0.08	0.025
Placebo	149	8.4	-2.54			
Perennial allergic rhinitis trial						
Fluticasone furoate 55 mcg	144	8.5	-4.16	-0.75	-1.24, -0.27	0.003
Fluticasone furoate 110 mcg	140	8.6	-3.86	-0.45	-0.95, 0.04	0.073
Placebo	147	8.5	-3.41			
Instantaneous Total Nasal Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 55 mcg	151	8.4	-2.37	-0.23	-0.77, 0.30	0.389
Fluticasone furoate 110 mcg	146	8.3	-2.80	-0.67	-1.21, -0.13	0.015
Placebo	149	8.4	-2.13			
Perennial allergic rhinitis trial						
Fluticasone furoate 55 mcg	144	8.3	-3.62	-0.75	-1.24, -0.27	0.002
Fluticasone furoate 110 mcg	140	8.3	-3.52	-0.65	-1.14, -0.16	0.009
Placebo	147	8.3	-2.87			
Reflective Total Ocular Symptom Scores						
Seasonal allergic rhinitis trial						
Fluticasone furoate 55 mcg	151	4.4	-1.26	0.04	-0.33, 0.41	0.826

Fluticasone furoate 110 mcg	146	4.1	-1.45	-0.15	-0.52, 0.22	0.426
Placebo	149	3.8	-1.30			

551 **16 HOW SUPPLIED/STORAGE AND HANDLING**

552 VERAMYST Nasal Spray, 27.5 mcg per spray, is supplied in a brown glass bottle
553 enclosed in a nasal device with a nozzle and a mist-release button to actuate the spray in a box of
554 1 (NDC 0173-0753-00) with FDA-Approved Patient Labeling (see Patient Instructions for Use
555 for proper actuation of the device). Each bottle contains a net fill weight of 10 g of white, liquid
556 suspension and will provide 120 metered sprays. After priming [see *Dosage and Administration*
557 (2)], each spray delivers a fine mist containing 27.5 mcg of fluticasone furoate in 50 microliters
558 of formulation through the nozzle. The contents of the bottle can be viewed through an indicator
559 window. Shake the contents well before each use. The correct amount of medication in each
560 spray cannot be assured before the initial priming and after 120 sprays have been used, even
561 though the bottle is not completely empty. The nasal device should be discarded after 120 sprays
562 have been used.

563 **Store the device in the upright position with the cap in place between 15° and 30°C**
564 **(59° and 86°F). Do not freeze or refrigerate.**

565 **17 PATIENT COUNSELING INFORMATION**

566 See FDA-Approved Patient Labeling.

567 **17.1 Local Nasal Effects**

568 Patients should be informed that treatment with VERAMYST Nasal Spray may lead to
569 adverse reactions, which include epistaxis and nasal ulceration. *Candida* infection may also
570 occur with treatment with VERAMYST Nasal Spray. In addition, nasal corticosteroids are
571 associated with nasal septal perforation and impaired wound healing. Patients who have
572 experienced recent nasal ulcers, nasal surgery, or nasal trauma should not use VERAMYST
573 Nasal Spray until healing has occurred [see *Warnings and Precautions (5.1)*].

574 **17.2 Cataracts and Glaucoma**

575 Patients should be informed that glaucoma and cataracts are associated with nasal and
576 inhaled corticosteroid use. Patients should inform his/her health care provider if a change in
577 vision is noted while using VERAMYST Nasal Spray [see *Warnings and Precautions (5.2)*].

578 **17.3 Hypersensitivity Reactions, Including Anaphylaxis**

579 Patients should be aware that hypersensitivity reactions, including anaphylaxis,
580 angioedema, rash, and urticaria, may occur after administration of VERAMYST Nasal Spray. If
581 such reactions occur, patients should discontinue use of VERAMYST Nasal Spray [see
582 *Warnings and Precautions (5.3)*].

583 **17.4 Immunosuppression**

584 Patients who are on immunosuppressant doses of corticosteroids should be warned to
585 avoid exposure to chickenpox or measles and, if exposed, to consult their physician without

586 delay. Patients should be informed of potential worsening of existing tuberculosis, fungal,
587 bacterial, viral or parasitic infections, or ocular herpes simplex [see *Warnings and Precautions*
588 (5.4)].

589 **17.5 Use Daily for Best Effect**

590 Patients should use VERAMYST Nasal Spray on a regular once-daily basis for optimal
591 effect. VERAMYST Nasal Spray, like other corticosteroids, does not have an immediate effect
592 on rhinitis symptoms. Although significant improvement is usually achieved within 24 hours in
593 patients with seasonal allergic rhinitis and 4 days in patients with perennial allergic rhinitis,
594 maximum benefit may not be reached for several days. The patient should not increase the
595 prescribed dosage but should contact the physician if symptoms do not improve or if the
596 condition worsens.

597 **17.6 Keep Spray Out of Eyes**

598 Patients should be informed to avoid spraying VERAMYST Nasal Spray in their eyes.

599 **17.7 Potential Drug Interactions**

600 Patients should be advised that coadministration of VERAMYST Nasal Spray and
601 ritonavir is not recommended and to be cautious if coadministering with ketoconazole.
602
603



604
605 GlaxoSmithKline
606 Research Triangle Park, NC 27709

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610 February 2011
611 VRM:6PI