



July 14, 2019

Resonea, Inc.
% Melissa Walker
President & CTO
Graematter Inc
1324 Clarkson Clayton Center #332
St Louis, Missouri 63011

Re: K173974

Trade/Device Name: Drowzle sleep apnea prescreening device
Regulation Number: 21 CFR 868.2375
Regulation Name: Breathing Frequency Monitor
Regulatory Class: Class II
Product Code: MNR
Dated: June 16, 2019
Received: June 18, 2019

Dear Melissa Walker:

We have reviewed your Section 510(k) premarket notification of intent to market the device referenced above and have determined the device is substantially equivalent (for the indications for use stated in the enclosure) to legally marketed predicate devices marketed in interstate commerce prior to May 28, 1976, the enactment date of the Medical Device Amendments, or to devices that have been reclassified in accordance with the provisions of the Federal Food, Drug, and Cosmetic Act (Act) that do not require approval of a premarket approval application (PMA). You may, therefore, market the device, subject to the general controls provisions of the Act. Although this letter refers to your product as a device, please be aware that some cleared products may instead be combination products. The 510(k) Premarket Notification Database located at <https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfpmn/pmn.cfm> identifies combination product submissions. The general controls provisions of the Act include requirements for annual registration, listing of devices, good manufacturing practice, labeling, and prohibitions against misbranding and adulteration. Please note: CDRH does not evaluate information related to contract liability warranties. We remind you, however, that device labeling must be truthful and not misleading.

If your device is classified (see above) into either class II (Special Controls) or class III (PMA), it may be subject to additional controls. Existing major regulations affecting your device can be found in the Code of Federal Regulations, Title 21, Parts 800 to 898. In addition, FDA may publish further announcements concerning your device in the Federal Register.

Please be advised that FDA's issuance of a substantial equivalence determination does not mean that FDA has made a determination that your device complies with other requirements of the Act or any Federal statutes and regulations administered by other Federal agencies. You must comply with all the Act's requirements, including, but not limited to: registration and listing (21 CFR Part 807); labeling (21 CFR Part

801); medical device reporting (reporting of medical device-related adverse events) (21 CFR 803) for devices or postmarketing safety reporting (21 CFR 4, Subpart B) for combination products (see <https://www.fda.gov/combination-products/guidance-regulatory-information/postmarketing-safety-reporting-combination-products>); good manufacturing practice requirements as set forth in the quality systems (QS) regulation (21 CFR Part 820) for devices or current good manufacturing practices (21 CFR 4, Subpart A) for combination products; and, if applicable, the electronic product radiation control provisions (Sections 531-542 of the Act); 21 CFR 1000-1050.

Also, please note the regulation entitled, "Misbranding by reference to premarket notification" (21 CFR Part 807.97). For questions regarding the reporting of adverse events under the MDR regulation (21 CFR Part 803), please go to <https://www.fda.gov/medical-devices/medical-device-safety/medical-device-reporting-mdr-how-report-medical-device-problems>.

For comprehensive regulatory information about medical devices and radiation-emitting products, including information about labeling regulations, please see Device Advice (<https://www.fda.gov/medical-devices/device-advice-comprehensive-regulatory-assistance>) and CDRH Learn (<https://www.fda.gov/training-and-continuing-education/cdrh-learn>). Additionally, you may contact the Division of Industry and Consumer Education (DICE) to ask a question about a specific regulatory topic. See the DICE website (<https://www.fda.gov/medical-devices/device-advice-comprehensive-regulatory-assistance/contact-us-division-industry-and-consumer-education-dice>) for more information or contact DICE by email (DICE@fda.hhs.gov) or phone (1-800-638-2041 or 301-796-7100).

Sincerely,

James Lee
Assistant Director
DHT1C: Division of ENT, Sleep Disordered
Breathing, Respiratory and
Anesthesia Devices
OHT1: Office of Ophthalmic, Anesthesia,
Respiratory, ENT and Dental Devices
Office of Product Evaluation and Quality
Center for Devices and Radiological Health

Enclosure

Indications for Use

510(k) Number (if known)
K173974

Device Name
DROWZLE sleep apnea prescreening device

Indications for Use (Describe)

DROWZLE is indicated to record a patient's respiratory pattern during sleep for the purpose of prescreening patients for obstructive sleep apnea (OSA) syndrome. The device is designed for use in home-screening of adults with suspected possible sleep breathing disorders. Results are used to assist the healthcare professional in determining the need for further diagnosis and evaluation.

The system is not intended as a substitute for full polysomnography when additional parameters such as sleep stages, limb movements, or EEG activity are required

Type of Use (Select one or both, as applicable)

Prescription Use (Part 21 CFR 801 Subpart D)

Over-The-Counter Use (21 CFR 801 Subpart C)

CONTINUE ON A SEPARATE PAGE IF NEEDED.

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DROWZLE Substantial Equivalence - 510(k) Summary

Submitter's information

Resonea, Inc
11445 E Via Linda, Suite 2
Box 224
Scottsdale AZ 85259

Contact: Melissa Walker
11445 E Via Linda, Suite 2
Box 224
Scottsdale AZ 85259
(314) 753-7790
Date: July 12, 2019

Device/ classification name

The new device trade name and common name are:

- Trade Name: DROWZLE sleep apnea prescreening device
- Common Name: Ventilatory Effort Recorder

21 CFR Reference	Product Code	Class	Generic Device Name	Classification Description
§868.2375	MNR	2	Ventilatory Effort Recorder	Breathing frequency monitor

Predicate device(s)

The predicate device for the DROWZLE screening device is described in the table below.

K Number	Product Code	Class	Device Name	Indications for Use
K112822	MNR	2	Sleep Strip II	The SleepStrip II is intended to measure apnea hypopnea events during sleep for the purpose of prescreening patients for sleep apnea syndrome. The device is intended to be used by adult patients as prescribed by a physician in either home, hospital or facility use settings.

Device description

DROWZLE is a mobile software used to collect symptom data for sleep apnea risk, including severity of daytime sleepiness and personal chronic disease risk factors. DROWZLE also records sleep breathing patterns and sends the sound files to secure servers in the cloud. DROWZLE then analyzes and interprets the sleep breathing results, along with the profile data provided by the individual, to measure and track sleep-related health risks over time.

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DROWZLE Substantial Equivalence Summary, Continued

Indications for use DROWZLE is indicated to record a patient’s respiratory pattern during sleep for the purpose of prescreening patients for obstructive sleep apnea (OSA) syndrome. The device is designed for use in home-screening of adults with suspected possible sleep breathing disorders. Results are used to assist the healthcare professional in determining the need for further diagnosis and evaluation.

The system is not intended as a substitute for full polysomnography when additional parameters such as sleep stages, limb movements, or EEG activity are required.

Technology DROWZLE is a stand-alone software medical device. It operates on a mobile computing device with an Apple iPhone 7, iPhone 8 or iPhone X using iOS v10.0 or later.

Breathing sounds during sleep are recorded using the microphone within the mobile device. The sound file is uploaded to a cloud server for analysis using the results of standard questionnaires and a proprietary algorithm. A report is generated and provided to the individual and/or their healthcare provider. Reports are provided within the mobile application and/or via email.

Function:	Predicate Device K112822 Sleep Strip II	New Device DROWZLE	Reference Device K963597 Silent Night 1
Intended Use	Home-use device for screening patients with possible sleep disorders	Home-use device for screening patients with possible sleep disorders	Home-use device for screening patients with possible sleep disorders
Indications for Use	The SleepStrip II is intended to measure apnea hypopnea events during sleep for the purpose of prescreening patients for sleep apnea syndrome. The device is intended to be used by adult patients as prescribed by a physician in either home, hospital or facility use settings.	DROWZLE is indicated to record a patient’s respiratory pattern during sleep for the purpose of prescreening patients for obstructive sleep apnea (OSA) syndrome. The device is designed for use in home-screening of adults with suspected possible sleep breathing disorders. Results are used to assist the healthcare professional in determining the need for further diagnosis and evaluation.	The Silent Night I is indicated for use in the diagnostic evaluation of adults with possible Obstructive Sleep Apnea. It is intended to record a patient’s respiratory pattern. The device is designed for use in home screening of adults with possible sleep disorders.

Function:	Predicate Device K112822 Sleep Strip II	New Device DROWZLE	Reference Device K963597 Silent Night 1
		The system is not intended as a substitute for full polysomnography when additional parameters such as sleep stages, limb movements, or EEG activity are required.	
Trade/Device Name	SleepStrip II	DROWZLE	Silent Night I
Regulation Number	§868.2375	§868.2375	§868.2375
Regulation Name	Ventilatory Effort Recorder	Ventilatory Effort Recorder	Ventilatory Effort Recorder
Product Code	MNR	MNR	MNR
Target Population	Adults	Adults	Adults
Intended Environment for Use	Home environment	Home environment	Home environment
Method of Measurement	Pressure/flow sensor; thermal sensor	Acoustic analysis of breathing sound	Acoustic analysis of breathing sound
Mode of Action	Analyzes airflow and temperature	Analyzes sound to identify respiratory events indicative of sleep apnea or other disorders	Analyzes sound to identify respiratory events indicative of sleep apnea or other disorders
Sensor placement site	Rests over the lip, under the nose	Smartphone placed within 24 inches of pillow	Microphone #1 is placed near the patient to capture breathing sounds. Microphone #2 is contained in the device to sense ambient room noise.
Sensor elements	3 prongs – two nasal and one oral	Microphone(s) native to smartphone	Microphones
Patient Contact	Yes	Software only. No direct patient contact.	No patient contact during use. Contact with the recording device during set up.
Portability	Yes	Yes	Yes
Recording device	Contained in the device	Mobile device records sound and uploads them into a cloud-based server	Recording device is housed in a metal box consisting of hardware and software.
Measured variable	Oral and nasal airflow	Oral and nasal breath sounds	Oral and nasal breath sounds
Breathing events	Respiration amplitude drops >10 seconds	Breath sound gaps >10 seconds	

Function:	Predicate Device K112822 Sleep Strip II	New Device DROWZLE	Reference Device K963597 Silent Night 1
Sensor attachment	Stick-on adhesive-backed	NA	NA
Display type	LED display	Smartphone display	Liquid crystal display
Breathing Indicator	Blinking light display	None	Not described
Signal loss indicator	Yes, on display	NA	Not described
Breathing interruption counter	126 per hour maximum	No maximum	Not described
Generates a calculated index based on breathing	AHI per sleep period	<ul style="list-style-type: none"> • Counts gaps in breathing sounds • Calculates Resonea Index 	<ul style="list-style-type: none"> • Counts “Disordered Breathing Events” • Calculates “Respiratory Disturbance Index (RDI)”
Reported Metrics	Counts apnea/hypopnea events	Output: <ul style="list-style-type: none"> • Number of breathing sound gaps >10 seconds • Average number of >10 second breathing sound gaps per hour • Risk classification based on standard questionnaires: <ul style="list-style-type: none"> • STOP-BANG • Epworth Sleepiness Scale • Calculated Resonea Index 	Output: <ul style="list-style-type: none"> • Cumulative count of Disordered Breathing Events including snoring, hypopnea, and apnea.
Display function	Result display element	Results are reported to the clinician and patient <ul style="list-style-type: none"> • Within the mobile device software and • PDF format for printing via email 	Results reported on a liquid crystal display. There is no printing capability.
Sleep night use	Single night monitoring	Can be used multiple nights	Single night monitoring
Maximum run-time	5 hours	No maximum run time	Not described
Minimum time required	3 hours	2 hours	Not described
Controller	Hardware and firmware	Smartphone microprocessor	Internal to the box
Airflow signal conditioning	Filtered and digitized	NA	Not described

Function:	Predicate Device K112822 Sleep Strip II	New Device DROWZLE	Reference Device K963597 Silent Night 1
Sampling method	Analog to digital conversion	NA	Not described
Sample rate	10 per second continuous	NA	Not described
Breathing interruption detection criterion	Signal decrease 10 seconds or longer	Breath sounds absent 10 seconds or longer	Not described
Monitor application	Patient self-applied	NA	NA
Download	None – display readout only	Wireless transmission of data to cloud storage for report generation	None – display readout only
Physical Characteristics	Small, non-tether monitor	Software runs on user's smartphone	Box with 2 microphones. 23 cm wide X 17 cm deep X 7.5 cm high
Power	Battery	Smartphone plugged into wall outlet with built-in battery backup	Plugged into wall outlet
Clinical Studies	Clinically tested against PSG	Clinically tested against PSG	Clinically tested against PSG

Non-clinical performance data

As a stand-alone software device non-clinical testing included software verification and validation testing. Usability testing demonstrated the ability of the users to understand the labeling; correctly use the software for recording; and correctly interpret the report.

The DROWZLE software runs on a user-provided mobile device. No biocompatibility testing, electrical safety, or electromagnetic compatibility testing was required.

Clinical performance data

Sound recordings from 242 individuals ≥ 21 years of age undergoing clinically indicated sleep study to assess sleep disordered breathing were collected as part of an IRB-approved clinical study. The study was conducted from 2015-2016 in three AASM accredited laboratories in the United States (NCT03288376).

Each subject had sound recordings from one or more consumer mobile computing device placed on the bedside during PSG. Recordings were made using the standard audio recording function of each device. Separate recording cohorts were used to develop and validate the algorithm used in DROWZLE.

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DROWZLE Substantial Equivalence Summary, Continued

**Substantial
Equivalence
discussion**

The new device has the same intended use as the predicate device. Both are intended to be used for identification of adults who may be at risk for sleep apnea and may require further clinical assessment and diagnosis.

The new device relies on a different technological assessment to assess the risk of sleep apnea. The predicate device measures nasal and oral air flow and the new device uses the sound generated by that air flow to identify breathing events. Information about a cleared device using the same technology is provided in the comparison table above.

The new device was tested against the results of in-lab PSG, providing a sensitivity of 93.7% and specificity of 63% (AHI>15). The inclusion of the results from validated sleep apnea risk questionnaires reinforces the effectiveness by providing additional means of assessing risk, further reducing the potential for false negative results.

Conclusions

Based on the similarity in function and clinical performance, it is concluded that DROWZLE is substantially equivalent to the predicate device.
