

# RHA® 2

## Patient Information Brochure

Please read this document carefully before your treatment, it contains important information about RHA® 2.

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### 1. GLOSSARY

Note: the terms in the glossary are **bold** throughout the document.

**Allergic reaction:** allergic reactions occur when a person's immune system (needed to fight infections) over reacts to substances that are harmless for most people. Symptoms could include a rash, sneezing, itching, congestion or difficulty breathing

**Anaphylaxis:** a severe **allergic reaction** which needs medical treatment right away

**Anesthetic:** a medication that reduces pain; it can be added to a cream or a **dermal filler**; sometimes called a numbing medicine

**Anticoagulants:** medications that thin your blood

**Antiinflammatory:** a medicine which reduces pain, heat, redness, and swelling, which are symptoms of inflammation

**Common treatment reaction:** reactions which can be expected after injection of a **dermal filler**. It includes bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change in skin color, and itching

**Dermal filler:** material which is injected under the skin to help smooth and plump wrinkles and folds

**Dynamic:** able to move, not fixed in place, such as the skin on the face

**Granuloma:** localized hardening under the skin, like a lump, appearing weeks or months after the injection

**Herpes:** a virus which causes certain skin conditions, such as cold sores

**Hyaluronic Acid (HA):** a naturally occurring substance found in the human body which helps maintain skin structure and feel. The HA found in RHA® 2 is a different form than the HA found in the human body

**Immunosuppressive therapy:** medications that reduce the body's normal response to infections, allergens, anything not normally found in the body

**Keloid:** a thick tough scar

**Lidocaine:** a type of **anesthetic** medication which helps reduce pain

**Nasolabial folds (NLFs):** the medical term for the wrinkles and fold lines between the nose and the corners of the mouth

**Streptococcus equi:** a bacteria, which does not cause illness in people, used to make the **hyaluronic acid**

**Therapy:** treatment intended to reduce, heal or cure pain, disease or physical reaction

**Touch-up:** an additional injection, performed 2 to 4 weeks after the initial injection. Some patients may require a touch-up treatment to achieve the desired aesthetic results

## **2. PRODUCT DESCRIPTION**

### **What is RHA® 2?**

RHA® 2 is an injectable gel (also called a **dermal filler**) used to treat facial wrinkles and folds. It is injected in the moving (**dynamic**) area of the face especially between the nose and corners of the mouth (**nasolabial folds**) (see Figure 1). It is approved for use in adults over 22 years of age.

RHA® 2 is produced with **hyaluronic acid (HA)**, using an advanced technology to obtain a soft and long lasting injectable gel to smooth facial wrinkles and folds. The **HA** of the gel is made from a non-animal source.

RHA® 2 contains a small amount of an **anesthetic** medicine (**lidocaine**), to help reduce discomfort during injection

**Hyaluronic acid (HA)** is a naturally occurring substance found in the human body. Your body's own **HA** helps maintain the skin's structure and its natural feel.

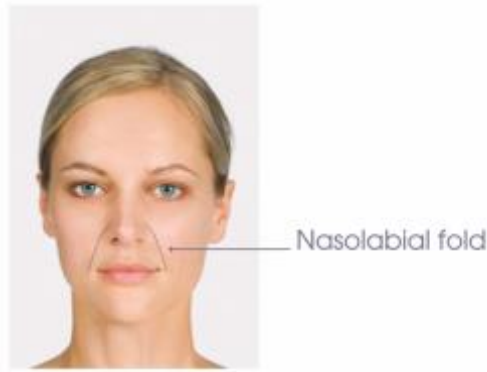


Figure 1: Location of **nasolabial folds**

### ***How does it work?***

RHA<sup>®</sup> 2 is injected into the skin with an ultrafine needle to plump the skin to fill in and smooth away wrinkles and folds such as the lines from your nose to the corners of your mouth. This smoothing effect has been shown to last 12 months in 85% of the patients (53 out of 62 patients) and lasted 15 months in 81% of the patients (38 out of 47 patients).

RHA<sup>®</sup> 2 is not a permanent gel. It slowly goes away as the body absorbs the gel. The smoothing and plumping effect will gradually disappear.

### **3. CONTRAINDICATIONS**

#### ***Are there any reasons why I should not receive RHA<sup>®</sup> 2?***

Your doctor will ask about your medical history to see if RHA<sup>®</sup> 2 is right for you. You should not use RHA<sup>®</sup> 2 if you have a history of:

- severe **allergic reactions (anaphylaxis)** or history or presence of multiple severe allergies. An injection of RHA<sup>®</sup> 2 may result in an **allergic reaction**.
- **allergic reactions** to the material (from ***Streptococcus equi***) used to make the **HA** in RHA<sup>®</sup> 2. An injection of RHA<sup>®</sup> 2 may result in an **allergic reaction**.
- **allergic reactions** to **lidocaine** or other similar substances used to reduce pain. An injection of RHA<sup>®</sup> 2 may result in an **allergic reaction**.
- bleeding disorders. Any injection, including RHA<sup>®</sup> 2 and other **dermal fillers**, may result in a higher risk of bruising or bleeding in the treated area.

### **4. PRECAUTIONS**

#### ***Are there precautions that I should discuss with my doctor?***

The following are important treatment considerations that you should discuss with your doctor. These hazards, if not avoided, could result in unsatisfactory results or complications.

- Tell your doctor if you are under 22 years of age. RHA® 2 has not been studied in people younger than 22 and the effects are not known.
- Tell your doctor if you are pregnant (or plan to be) or breastfeeding. RHA® 2 has not been studied in women who were pregnant or breastfeeding and the effects are not known.
- Tell your doctor if you are taking medicine that reduces your body's ability to fight infection (**immunosuppressive therapy**). Taking this type of medicine may increase the risk of infection following the injection of RHA® 2 or other **dermal fillers**.
- Be sure to tell your injecting doctor if you are using "blood thinners" (**anticoagulants**) or any other medications that affect bleeding. Do not stop taking them until you speak with the doctor who prescribed them for you. Tell your prescribing doctor that you are considering having your wrinkles treated with RHA® 2. These blood thinning medications may cause increased bleeding and/or bruising in the treated area.
- Tell your doctor if you have a history of cold sores (**herpes**). Any injection, including RHA® 2, in the general area may trigger a recurrence of your cold sores (**herpes**).
- Tell your doctor if you have an injury, or other skin condition near the injection site(s). Injection of a **dermal filler** in this situation may lead to a worsening of your condition or infection. You may have to wait until you are completely healed before using RHA® 2.
- Tell your doctor if you have ever developed a thick tough scar (**keloid**) or had problems with skin discoloration. It is possible that injection of any **dermal filler**, including RHA® 2, may make the skin thicker and change color. However, when RHA® 2 was studied in patients with different skin tones (pale to dark), there were no reports of this happening.
- Tell your doctor if you have already been injected with **dermal fillers** in the same area as the one(s) you are about to be treated for. This information helps your doctor decide when and whether you should get treatment with RHA® 2.
- Tell your doctor if you have recently had (within 6 months), or are considering, laser treatment, chemical peeling or any other facial procedure. Use of RHA® 2 with these skin treatments may lead to an increased severity of the **common treatment reactions** such as redness, swelling, heat or pain in the area.
- You should not take Vitamin E, aspirin, or **antiinflammatories** during the week prior to the injection. Taking these medications can thin your blood and may result in increased bleeding and/or more bruising in the treated area.

If you have any additional questions about any topic in this section, please discuss further with your doctor.

## **5. HOW WAS RHA® 2 STUDIED?**

RHA® 2 was tested in a clinical study to make sure it worked as intended, and was safe to use. The study assessed how well RHA® 2 performed when compared to another **dermal filler** already available in the United States. The study looked at how RHA® 2 smoothed away wrinkles and folds in the moving (**dynamic**) area of the face, from the nose to the corners of the mouth (**nasolabial folds**).

This study lasted 64 weeks (15 months) and involved 72 patients. The wrinkles to be treated were considered to be moderate or severe, based on their depth. The patients were injected with RHA® 2 on one side of their face and with the other **dermal filler** on the other side. Study patients were mostly females, with light to very dark skin color. The study took place at 5 different locations across the United States.

Two weeks after the initial injection, the study patients were examined by their doctor. If their doctor felt it was necessary, he / she injected more RHA® 2 (**touch-up**) to get the desired result.

Study patients kept a diary for 14 days after each injection to record **common treatment reactions** at the injection site. These diaries were then shared with their doctor.

Each patient saw their doctor at regular intervals for 12 to 15 months after the procedure. At each visit, the doctor measured the effects of the treatments and checked the patient to make sure there were no problems. Each patient was also examined by a doctor who did not know which side of their face was injected with RHA® 2. This allowed the new doctor to objectively assess changes in how the patient looked compared to before the first injection.

Patients also evaluated themselves for changes in the appearance of their wrinkles and folds. They looked at themselves in a mirror and compared how they looked now against their own picture taken before the first injection. They rated their results from improved to worse.

Patients reported their level of pain during and after injection using a scale from 0 to 100, with “0” meaning “no pain” and “100” meaning “the worst pain possible”. The pain was the most at the time of injection and was on average 15 out of 100. Five minutes after injection, the pain was on average 4 out of 100.

## **6. BENEFITS**

### ***What are the expected benefits of RHA® 2?***

RHA® 2 smooths wrinkles and folds in moving (**dynamic**) areas of the face, between the nose and the corners of the mouth (**nasolabial folds**). At 12 months, 62 patients were evaluated and at 15 months, 47 patients were evaluated. The evaluation was based on the depth of their wrinkles. In the clinical study, RHA® 2 was shown to last 12 months in 85% of patients (53 out of 62 patients). At the end of the study, 15 months, RHA® 2 was shown to last in 81% of patients (38 out of 47 patients).

At each office visit, a doctor who did not know which side of their face had RHA® 2 injected, examined the patient. He/she evaluated the changes in appearance of the treated wrinkles compared to their appearance in the patient's picture taken before the treatment. These doctors reported that 92% of the patients (57 out of 62 patients) showed improvement at 12 months and 87% at 15 months (41 out of 47 patients).

At each office visit, study patients were asked whether their appearance had improved or gotten worse. The patient compared the appearance of his/her treated wrinkles against their own picture taken before the first injection. More than 82% of the patients reported that their wrinkles and folds were improved at both 12 and 15 months (end of the study) after the first injection.

## 7. **RISKS**

### **What were the common treatment reactions seen in the clinical study?**

Most patients (85% or 61 out of 72 patients) experienced a **common treatment reaction** following their injection. Some patients experienced more than one. The expected reactions at the injection site are:

- Bruising
- Firmness
- Swelling
- Pain
- Tenderness
- Redness
- Lumps/bumps
- Change of skin color
- Itching

The duration of the **common treatment reactions** varied. The majority (69% or 210 of the 306 reactions) of the **common treatment reactions** were gone by 7 days after injection. Most (84% or 256 of the 306 reactions) of the **common treatment reactions** were gone by 14 days after injection.

For most of these reactions, patients reported that they were mild or moderate (94% or 287 of the 306 reactions). This means that the patient had little to no discomfort and their daily life was not affected. They may have used medication and/or make-up.

Table 1 gives the percentage of study patients who experienced each **common treatment reaction** following the injection.

*Table 1: **Common treatment reactions** observed in the clinical study*

<b>Common Treatment Reactions</b>	<b>Study patients who reported the common treatment reaction</b>
Skin firmness	64% (46 out of 72 patients)
Redness	63% (45 out of 72 patients)
Tenderness	61% (44 out of 72 patients)
Swelling	58% (42 out of 72 patients)
Lumps/Bumps	53% (38 out of 72 patients)
Bruising	50% (36 out of 72 patients)
Change in skin color	33% (24 out of 72 patients)
Pain	26% (19 out of 72 patients)
Itching	17% (12 out of 72 patients)

### **What other possible reactions could occur?**

Other possible reactions can occur after the injection of a **dermal filler** such as RHA® 2, although they were not observed in the clinical study. Possible reactions may be:

- Infection – Any time a **dermal filler** is injected under the skin there is a risk of infection at the site of injection. It may create hard and swollen lumps that may contain pus.
- Granuloma – Red raised lumps that may appear weeks or months after injection. They may need to be treated by a doctor to make them go away.
- Acne-like rashes – If you have a sensitive skin, the injection of a **dermal filler** may create an irritation or rash at the site of the treatment that can be compared to acne.
- Displacement of the gel - It is possible the injected gel may move out of the desired treatment area. Your appearance may be affected.
- Blisters – Any injection, including with RHA® 2, may lead to formation of blisters at the point of injection.
- Scars – With any type of injection, including with RHA® 2, scarring may occur.
- Scab - The injection of a **dermal filler**, such as RHA® 2, may result in the skin becoming dry and crusty.
- Skin peeling (shedding) – The skin may dry as a reaction to the cleansing agent. The dry skin may be stressed with the injection and result in peeling or shedding.

You should contact your doctor if you experience any of these reactions or if you notice anything unusual at the site of the treatment. Most of these reactions go away within a few days on their own but some may persist for more than 30 days. Your doctor may choose to treat them with medications.

Other serious reactions may occur following the injection of **dermal fillers** to smooth wrinkles. Contact your doctor immediately if any of these happen:

- One of the risks with using this product is unintentional injection into a blood vessel. The chances of this happening are very small, but if it does happen, the complications can be serious, and may be permanent. These complications, which have been reported for facial injections, can include vision abnormalities, blindness, stroke, temporary scabs, or permanent scarring of the skin. If you have changes in your vision, signs of a stroke (including sudden difficulty speaking, numbness or weakness in your face, arms, or legs, difficulty walking, face drooping, severe headache, dizziness, or confusion), white appearance of the skin, or unusual pain during or shortly after treatment, you should notify your health care practitioner immediately.
- Severe allergic reactions (anaphylaxis) - An **allergic reaction** to a material used to make a **dermal filler** that could occur shortly after the injection. Symptoms could include a rash, sneezing, itching, congestion or difficulty breathing.

You should discuss the potential treatment risks and benefits with your doctor before the injection.

## **8. PROCEDURE**

### ***What happens in the doctor's office before the treatment?***

Note that each doctor may have their own process for treating patients.

Before the injection procedure, your doctor will ask you questions about your medical history. He/she will ask about your treatment goals. Your doctor will discuss whether you are a good candidate for RHA<sup>®</sup> 2. He/she will review with you what to expect during and after treatment, including possible risks.

During this discussion, it is very important to tell your doctor about:

- all medications you are taking, both over the counter and prescription
- any previous facial treatment you may have received
- and any health conditions for which you are receiving medical attention

Your doctor will also examine your skin in and around the treatment area, and may take photos. The treatment area will be cleaned and prepared with a cleansing agent. Your doctor may use a pen to mark your face in the planned areas of injection.

### ***Do the injections hurt?***

Injections may cause some pain during and after the procedure. Your doctor will discuss different options for pain management with you. RHA<sup>®</sup> 2 contains an **anesthetic** medicine (**lidocaine**) to help reduce injection site pain. This pain is temporary, and usually lessens within a few minutes. To prevent or reduce pain from the injection, your doctor may use ice packs, or other **anesthetic**, both before and after the injection.

### ***What happens during the treatment?***

RHA<sup>®</sup> 2 is slowly injected into the facial skin in small amounts until your doctor sees the desired result which creates a more youthful appearance of the face. For most patients, the procedure only takes 15-30 minutes.

Once your doctor has finished injecting the treatment area, he/she may gently massage your face to help smooth and distribute the gel evenly.

Your doctor may also apply an ice pack to help decrease swelling and pain.

The amount of RHA<sup>®</sup> 2 used depends on the depth of your wrinkles and your treatment goals. The right amount to be injected will be decided by your doctor during the procedure. Injection of additional RHA<sup>®</sup> 2 (**touch-up** treatment) may be needed 2 to 4 weeks after initial treatment to achieve the desired aesthetic outcome. In the clinical study, 64% of the patients received a **touch-up** treatment 2 weeks after initial treatment to achieve their desired results. Your doctor will decide how much RHA<sup>®</sup> 2 is needed for the **touch-up** treatment.

### ***What happens after the treatment?***

Your doctor may advise you to apply cold compresses to the treated area to help reduce pain and swelling. In order to prevent injury, ask your doctor how long you can leave ice packs on the treated area.



Be aware that numbness, short term loss of touch or feeling, and tingling around the injection area may occur due to the numbing medicine (**anesthetic**). It usually goes away within a few hours. Due to this numbness, you may not have normal feeling of hot or cold in this area.

Ask your doctor about any limits for exercising and exposure to sun, cold or heat (sauna, steam room). Exposure to any of these for the first 24 hours may increase short term redness, swelling, and/or itching at the injection site.

You should ask your doctor when make-up may be applied after your treatment. Using make-up too soon may increase the risk of infection or change in skin color.

Most **common treatment reactions** like bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change of skin color and itching go away on their own within a few days, but your doctor may choose to treat them with medications. Refer to section 7, RISKS.

### ***When should I call my doctor?***

Call your doctor if you have any questions or concerns after your procedure.

Call your doctor immediately if you have:

- Signs of a stroke (including sudden difficulty speaking, numbness or weakness in your face, arms, or legs, difficulty walking, face drooping, severe headache, dizziness, or confusion)
- Changes in your vision
- Pain which increases after your treatment
- Significant pain away from the injection site
- White appearance of the skin
- Any treatment reaction other than bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change in skin color or itching, which occurs in the first two weeks
- Any treatment reaction in the treated area, including lump or hardening under the skin, that appears weeks or months after your injection.

The following are common reactions often seen after treatment with **dermal fillers**. They usually go away within 2 weeks. If you are concerned, or if they last more than 2 weeks, call your doctor:

- Bruising
- Firmness
- Swelling
- Pain
- Tenderness
- Redness
- Lumps/bumps
- Change in skin color
- Itching

## **9. ADDITIONAL INFORMATION**

In case you have any further questions, please contact Teoxane US Distributor at: (000) 000-00-00.  
[www.teoxane-us-distributor.com](http://www.teoxane-us-distributor.com)

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# RHA® 3

## Patient Information Brochure

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### 1. GLOSSARY

Note: the terms in the glossary are **bold** throughout the document.

**Allergic reaction:** allergic reactions occur when a person's immune system (needed to fight infections) over reacts to substances that are harmless for most people. Symptoms could include a rash, sneezing, itching, congestion or difficulty breathing

**Anaphylaxis:** a severe **allergic reaction** which needs medical treatment right away

**Anesthetic:** a medication that reduces pain; it can be added to a cream or a **dermal filler**; sometimes called a numbing medicine

**Anticoagulants:** medications that thin your blood

**Antiinflammatory:** a medicine which reduces pain, heat, redness, and swelling, which are symptoms of inflammation

**Common treatment reaction:** reactions which can be expected after injection of a **dermal filler**. It includes bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change in skin color, and itching

**Dermal filler:** material which is injected under the skin to help smooth and plump wrinkles and folds

**Dynamic:** able to move, not fixed in place, such as the skin on the face

**Granuloma:** localized hardening under the skin, like a lump, appearing weeks or months after the injection

**Herpes:** a virus which causes certain skin conditions, such as cold sores

**Hyaluronic Acid (HA):** a naturally occurring substance found in the human body which helps maintain skin structure and feel. The HA found in RHA® 3 is a different form than the HA found in the human body

**Immunosuppressive therapy:** medications that reduce the body's normal response to infections, allergens, anything not normally found in the body

**Keloid:** a thick tough scar

**Lidocaine:** a type of **anesthetic** medication which helps reduce pain

**Nasolabial folds (NLFs):** the medical term for the wrinkles and fold lines between the nose and the corners of the mouth

**Streptococcus equi:** a bacteria, which does not cause illness in people, used to make the **hyaluronic acid**

**Therapy:** treatment intended to reduce, heal or cure pain, disease or physical reaction

**Touch-up:** an additional injection, performed 2 to 4 weeks after the initial injection. Some patients may require a touch-up treatment to achieve the desired aesthetic results

## **2. PRODUCT DESCRIPTION**

### **What is RHA® 3?**

RHA® 3 is an injectable gel (also called a **dermal filler**) used to treat facial wrinkles and folds. It is injected in the moving (**dynamic**) area of the face especially between the nose and corners of the mouth (**nasolabial folds**) (see Figure 1). It is approved for use in adults over 22 years of age.

RHA® 3 is produced with **hyaluronic acid (HA)**, using an advanced technology to obtain a soft and long lasting injectable gel to smooth facial wrinkles and folds. The **HA** of the gel is made from a non-animal source.

RHA® 3 contains a small amount of an **anesthetic** medicine (**lidocaine**), to help reduce discomfort during injection.

**Hyaluronic acid (HA)**, is a naturally occurring substance found in the human body. Your body's own **HA** helps maintain the skin's structure and its natural feel.

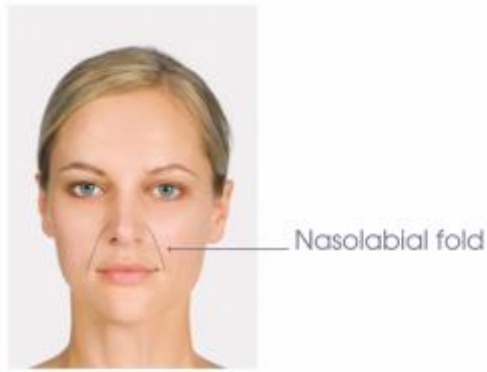


Figure 1: Location of **nasolabial folds**

### ***How does it work?***

RHA® 3 is injected into the skin with an ultrafine needle to plump the skin to fill in and smooth away wrinkles and folds such as the lines from your nose to the corners of your mouth. This smoothing effect has been shown to last 12 months in 75% of the patients (42 out of 56 patients) and lasted 15 months in 79% of the patients (37 out of 47 patients).

RHA® 3 is not a permanent gel. It slowly goes away as the body absorbs the gel. The smoothing and plumping effect will gradually disappear.

### **3. CONTRAINDICATIONS**

#### ***Are there any reasons why I should not receive RHA® 3?***

Your doctor will ask about your medical history to see if RHA® 3 is right for you. You should not use RHA® 3 if you have a history of:

- severe **allergic reactions (anaphylaxis)** or history or presence of multiple severe allergies. An injection of RHA® 3 may result in an **allergic reaction**.
- **allergic reactions** to the material (from ***Streptococcus equi***) used to make the **HA** in RHA® 3. An injection of RHA® 3 may result in an **allergic reaction**.
- **allergic reactions** to **lidocaine** or other similar substances used to reduce pain. An injection of RHA® 3 may result in an **allergic reaction**.
- bleeding disorders. Any injection, including RHA® 3 and other **dermal fillers**, may result in a higher risk of bruising or bleeding in the treated area.

### **4. PRECAUTIONS**

#### ***Are there precautions that I should discuss with my doctor?***

The following are important treatment considerations that you should discuss with your doctor. These hazards, if not avoided, could result in unsatisfactory results or complications.

- Tell your doctor if you are under 22 years of age. RHA® 3 has not been studied in people

younger than 22 and the effects are not known.

- Tell your doctor if you are pregnant (or plan to be) or breastfeeding. RHA® 3 has not been studied in women who were pregnant or breastfeeding and the effects are not known.
- Tell your doctor if you are taking medicine that reduces your body's ability to fight infection (**immunosuppressive therapy**). Taking this type of medicine may increase the risk of infection following the injection of RHA® 3 or other **dermal fillers**.
- Be sure to tell your injecting doctor if you are using "blood thinners" (**anticoagulants**) or any other medications that affect bleeding. Do not stop taking them until you speak with the doctor who prescribed them for you. Tell your prescribing doctor that you are considering having your wrinkles treated with RHA® 3. These blood thinning medications may cause increased bleeding and/or bruising in the treated area.
- Tell your doctor if you have a history of cold sores (**herpes**). Any injection, including RHA® 3, in the general area may trigger a recurrence of your cold sores (**herpes**).
- Tell your doctor if you have an injury, or other skin condition near the injection site(s). Injection of a **dermal filler** in this situation may lead to a worsening of your condition or infection. You may have to wait until you are completely healed before using RHA® 3.
- Tell your doctor if you have ever developed a thick tough scar (**keloid**) or had problems with skin discoloration. It is possible that injection of any **dermal filler**, including RHA® 3, may make the skin thicker and change color. However, when RHA® 3 was studied in patients with different skin tones (pale to dark), there were no reports of this happening.
- Tell your doctor if you have already been injected with **dermal fillers** in the same area, as the one(s) you are about to be treated for. This information helps your doctor decide when and whether you should get treatment with RHA® 3.
- Tell your doctor if you have recently had (within 6 months), or are considering, laser treatment, chemical peeling or any other facial procedure. Use of RHA® 3 with these skin treatments may lead to an increased severity of the **common treatment reactions** such as redness, swelling, heat or pain in the area.
- You should not take Vitamin E, aspirin, or **antiinflammatories** during the week prior to the injection. Taking these medications can thin your blood and may result in increased bleeding and/or more bruising in the treated area.

If you have any additional questions about any topic in this section, please discuss further with your doctor.

## **5. HOW WAS RHA® 3 STUDIED?**

RHA® 3 was tested in a clinical study to make sure it worked as intended, and was safe to use. The study assessed how well RHA® 3 performed when compared to another **dermal filler** already available in the United States. The study looked at how RHA® 3 smoothed away wrinkles and folds in the moving (**dynamic**) area of the face, from the nose to the corners of the mouth (**nasolabial folds**).

This study lasted 64 weeks (15 months) and involved 75 patients. The wrinkles to be treated were considered to be moderate or severe, based on their depth. The patients were injected with RHA®

3 on one side of their face and with the other **dermal filler** on the other side. Study patients were mostly females, with light to very dark skin color. The study took place at 5 different locations across the United States.

Two weeks after the initial injection, the study patients were examined by their doctor. If their doctor felt it was necessary, he / she injected more RHA® 3 (**touch-up**) to get the desired result.

Study patients kept a diary for 14 days after each injection to record **common treatment reactions** at the injection site. These diaries were then shared with their doctor.

Each patient saw their doctor at regular intervals for 12 to 15 months after the procedure. At each visit, the doctor measured the effects of the treatments and checked the patient to make sure there were no problems. Each patient was also examined by a doctor who did not know which side of their face was injected with RHA® 3. This allowed the new doctor to objectively assess changes in how the patient looked compared to before the first injection.

Patients also evaluated themselves for changes in the appearance of their wrinkles and folds. They looked at themselves in a mirror and compared how they looked now against their own picture taken before the first injection. They rated their results from improved to worse.

Patients reported their level of pain during and after injection using a scale from 0 to 100, with "0" meaning "no pain" and "100" meaning "the worst pain possible". The pain was the most at the time of injection and was on average 17 out of 100. Five minutes after injection, the pain was on average 4 out of 100.

## **6. BENEFITS**

### ***What are the expected benefits of RHA® 3?***

RHA® 3 smooths wrinkles and folds in moving (**dynamic**) areas of the face, between the nose and the corners of the mouth (**nasolabial folds**). At 12 months, 56 patients were evaluated and at 15 months, 47 patients were evaluated. The evaluation was based on the depth of their wrinkles. In the clinical study, RHA® 3 was shown to last 12 months in 75% of patients (42 out of 56 patients). At the end of the study, 15 months, RHA® 3 was shown to last in 79% of patients (37 out of 47 patients).

At each office visit, a doctor who did not know which side of their face had RHA® 3 injected, examined the patient. He/she evaluated the changes in appearance of the treated wrinkles compared to their appearance in the patient's picture taken before the treatment. These doctors reported that 82% of the patients (46 out of 56 patients) showed improvement at 12 months and 85% at 15 months (40 out of 47 patients).

At each office visit, study patients were asked whether their appearance had improved or gotten worse. The patient compared the appearance of his/her treated wrinkles against their own picture taken before the first injection. More than 81% of the patients reported that their wrinkles and folds were improved at both 12 and 15 months (end of study) after the first injection.

## 7. **RISKS**

### **What were the common treatment reactions seen in the clinical study?**

Most patients (87% or 65 out of 75 patients) experienced a **common treatment reaction** following their injection. Some patients experienced more than one. The expected reactions at the injection site are:

- Bruising
- Firmness
- Swelling
- Pain
- Tenderness
- Redness
- Lumps/bumps
- Change of skin color
- Itching

The duration of the **common treatment reactions** varied. The majority (71% or 236 of the 332 reactions) of the **common treatment reactions** were gone by 7 days after injection. Most (88% or 291 of the 332 reactions) of the **common treatment reactions** were gone by 14 days after injection.

For most of these reactions, patients reported that they were mild or moderate (85% or 283 of the 332 reactions). This means that the patient had little to no discomfort and their daily life was not affected. They may have used medication and/or make-up.

Table 1 gives the percentage of study patients who experienced each **common treatment reaction** following the injection.

*Table 1: **Common treatment reactions** observed in the clinical study*

<b>Common Treatment Reactions</b>	<b>Study patients who reported the common treatment reaction</b>
Lumps/Bumps	65% (49 out 75 patients)
Skin firmness	64% (48 out 75 patients)
Tenderness	59% (44 out 75 patients)
Redness	57% (43 out 75 patients)
Bruising	56% (42 out 75 patients)
Swelling	55% (41 out 75 patients)
Pain	40% (30 out 75 patients)
Change in skin color	29% (22 out 75 patients)
Itching	17% (13 out 75 patients)

### **What other possible reactions could occur?**

Other possible reactions can occur after the injection of a **dermal filler** such as RHA® 3, although they were not observed in the clinical study. Possible reactions may be:



- Infection – Any time a **dermal filler** is injected under the skin there is a risk of infection at the site of injection. It may create hard and swollen lumps that may contain pus.
- Granuloma – Red raised lumps that may appear weeks or months after injection. They may need to be treated by a doctor to make them go away.
- Acne-like rashes – If you have a sensitive skin, the injection of a **dermal filler** may create an irritation or rash at the site of the treatment that can be compared to acne.
- Displacement of the gel - It is possible the injected gel may move out of the desired treatment area. Your appearance may be affected.
- Blisters – Any injection, including with RHA® 3, may lead to formation of blisters at the point of injection.
- Scars – With any type of injection, including with RHA® 3, scarring may occur.
- Scab - The injection of a **dermal filler**, such as RHA® 3, may result in the skin becoming dry and crusty.
- Skin peeling (shedding) – The skin may dry as a reaction to the cleansing agent. The dry skin may be stressed with the injection and result in peeling or shedding.

You should contact your doctor if you experience any of these reactions or if you notice anything unusual at the site of the treatment. Most of these reactions go away within a few days on their own but some may persist for more than 30 days. Your doctor may choose to treat them with medications.

Other serious reactions may occur following the injection of **dermal fillers** to smooth wrinkles. Contact your doctor immediately if any of these happen:

- One of the risks with using this product is unintentional injection into a blood vessel. The chances of this happening are very small, but if it does happen, the complications can be serious, and may be permanent. These complications, which have been reported for facial injections, can include vision abnormalities, blindness, stroke, temporary scabs, or permanent scarring of the skin. If you have changes in your vision, signs of a stroke (including sudden difficulty speaking, numbness or weakness in your face, arms, or legs, difficulty walking, face drooping, severe headache, dizziness, or confusion), white appearance of the skin, or unusual pain during or shortly after treatment, you should notify your health care practitioner immediately.
- Severe allergic reactions (anaphylaxis) - An **allergic reaction** to a material used to make a **dermal filler** that could occur shortly after the injection. Symptoms could include a rash, sneezing, itching, congestion or difficulty breathing.

You should discuss the potential treatment risks and benefits with your doctor before the injection.

## **8. PROCEDURE**

### ***What happens in the doctor's office before the treatment?***

Note that each doctor may have their own process for treating patients.

Before the injection procedure, your doctor will ask you questions about your medical history. He/she will ask about your treatment goals. Your doctor will discuss whether you are a good candidate for RHA® 3. He/she will review with you what to expect during and after treatment, including possible risks.

During this discussion, it is very important to tell your doctor about:

- all medications you are taking, both over the counter and prescription
- any previous facial treatment you may have received
- and any health conditions for which you are receiving medical attention

Your doctor will also examine your skin in and around the treatment area, and may take photos. The treatment area will be cleaned and prepared with a cleansing agent. Your doctor may use a pen to mark your face in the planned areas of injection.

### ***Do the injections hurt?***

Injections may cause some pain during and after the procedure. Your doctor will discuss different options for pain management with you. RHA® 3 contains an **anesthetic** medicine (**lidocaine**) to help reduce injection site pain. This pain is temporary, and usually lessens within a few minutes. To prevent or reduce pain from the injection, your doctor may use ice packs, or other **anesthetic**, both before and after the injection.

### ***What happens during the treatment?***

RHA® 3 is slowly injected into the facial skin in small amounts until your doctor sees the desired result which creates a more youthful appearance of the face. For most patients, the procedure only takes 15-30 minutes.

Once your doctor has finished injecting the treatment area, he/she may gently massage your face to help smooth and distribute the gel evenly.

Your doctor may also apply an ice pack to help decrease swelling and pain.

The amount of RHA® 3 used depends on the depth of your wrinkles and your treatment goals. The right amount to be injected will be decided by your doctor during the procedure. Injection of additional RHA® 3 (**touch-up** treatment) may be needed 2 to 4 weeks after initial treatment to achieve the desired aesthetic outcome. In the clinical study, 68% of the patients received a **touch-up** treatment 2 weeks after initial treatment to achieve their desired results. Your doctor will decide how much RHA® 3 is needed for the **touch-up** treatment.

### ***What happens after the treatment?***

Your doctor may advise you to apply cold compresses to the treated area to help reduce pain and swelling. In order to prevent injury, ask your doctor how long you can leave ice packs on the treated area.

Be aware that numbness, short term loss of touch or feeling, and tingling around the injection area may occur due to the numbing medicine (**anesthetic**). It usually goes away within a few hours. Due to this numbness, you may not have normal feeling of hot or cold in this area.

Ask your doctor about any limits for exercising and exposure to sun, cold or heat (sauna, steam room). Exposure to any of these for the first 24 hours may increase short term redness, swelling, and/or itching at the injection site.

You should ask your doctor when make-up may be applied after your treatment. Using make-up too soon may increase the risk of infection or change in skin color.

Most **common treatment reactions** like bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change of skin color and itching go away on their own within a few days, but your doctor may choose to treat them with medications. Refer to section 7, RISKS.

### ***When should I call my doctor?***

Call your doctor if you have any questions or concerns after your procedure.

Call your doctor immediately if you have:

- Signs of a stroke (including sudden difficulty speaking, numbness or weakness in your face, arms, or legs, difficulty walking, face drooping, severe headache, dizziness, or confusion)
- Changes in your vision
- Pain which increases after your treatment
- Significant pain away from the injection site
- White appearance of the skin
- Any treatment reaction other than bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change in skin color or itching, which occurs in the first two weeks
- Any treatment reaction in the treated area, including lump or hardening under the skin, that appears weeks or months after your injection.

The following are common reactions often seen after treatment with **dermal fillers**. They usually go away within 2 weeks. If you are concerned, or if they last more than 2 weeks, call your doctor:

- Bruising
- Firmness
- Swelling
- Pain
- Tenderness
- Redness
- Lumps/bumps
- Change in skin color
- Itching

## **9. ADDITIONAL INFORMATION**

In case you have any further questions, please contact Teoxane US Distributor at: (000) 000-00-00.  
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# RHA® 4

## Patient Information Brochure

Please read this document carefully before your treatment, it contains important information about RHA® 4.

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### 1. GLOSSARY

Note: the terms in the glossary are **bold** throughout the document.

**Allergic reaction:** allergic reactions occur when a person's immune system (needed to fight infections) over reacts to substances that are harmless for most people. Symptoms could include a rash, sneezing, itching, congestion or difficulty breathing

**Anaphylaxis:** a severe **allergic reaction** which needs medical treatment right away

**Anesthetic:** a medication that reduces pain; it can be added to a cream or a **dermal filler**; sometimes called a numbing medicine

**Anticoagulants:** medications that thin your blood

**Antiinflammatory:** a medicine which reduces pain, heat, redness, and swelling, which are symptoms of inflammation

**Common treatment reaction:** reactions which can be expected after injection of a **dermal filler**. It includes bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change in skin color, and itching

**Dermal filler:** material which is injected under the skin to help smooth and plump wrinkles and folds

**Dynamic:** able to move, not fixed in place, such as the skin on the face

**Granuloma:** localized hardening under the skin, like a lump, appearing weeks or months after the injection

**Herpes:** a virus which causes certain skin conditions, such as cold sores

**Hyaluronic Acid (HA):** a naturally occurring substance found in the human body which helps maintain skin structure and feel. The HA found in RHA® 4 is a different form than the HA found in the human body

**Immunosuppressive therapy:** medications that reduce the body's normal response to infections, allergens, anything not normally found in the body

**Keloid:** a thick tough scar

**Lidocaine:** a type of **anesthetic** medication which helps reduce pain

**Nasolabial folds (NLFs):** the medical term for the wrinkles and fold lines between the nose and the corners of the mouth

**Streptococcus equi:** a bacteria, which does not cause illness in people, used to make the **hyaluronic acid**

**Therapy:** treatment intended to reduce, heal or cure pain, disease or physical reaction

**Touch-up:** an additional injection, performed 2 to 4 weeks after the initial injection. Some patients may require a touch-up treatment to achieve the desired aesthetic results

## **2. PRODUCT DESCRIPTION**

### **What is RHA® 4?**

RHA® 4 is an injectable gel (also called a **dermal filler**) used to treat facial wrinkles and folds. It is injected in the moving (**dynamic**) area of the face especially between the nose and corners of the mouth (**nasolabial folds**) (see Figure 1). It is approved for use in adults over 22 years of age.

RHA® 4 is produced with **hyaluronic acid (HA)**, using an advanced technology to obtain a soft and long lasting injectable gel to smooth facial wrinkles and folds. The **HA** of the gel is made from a non-animal source.

RHA® 4 contains a small amount of an **anesthetic** medicine (**lidocaine**), to help reduce discomfort during injection

**Hyaluronic acid (HA)** is a naturally occurring substance found in the human body. Your body's own **HA** helps maintain the skin's structure and its natural feel.

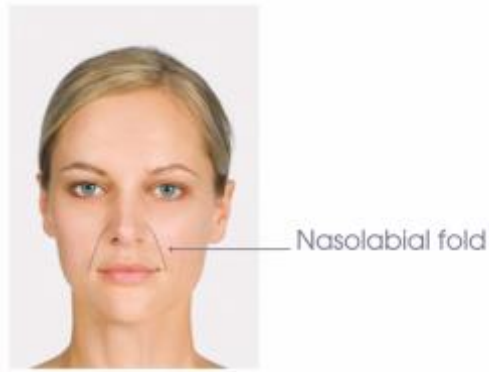


Figure 1: Location of **nasolabial folds**

### ***How does it work?***

RHA<sup>®</sup> 4 is injected into the skin with an ultrafine needle to plump the skin to fill in and smooth away wrinkles and folds such as the lines from your nose to the corners of your mouth. This smoothing effect has been shown to last 12 months in 87% of the patients (67 out of 77 patients) and lasted 15 months in 89% of the patients (58 out of 65 patients).

RHA<sup>®</sup> 4 is not a permanent gel. It slowly goes away as the body absorbs the gel. The smoothing and plumping effect will gradually disappear.

### **3. CONTRAINDICATIONS**

#### ***Are there any reasons why I should not receive RHA<sup>®</sup> 4?***

Your doctor will ask about your medical history to see if RHA<sup>®</sup> 4 is right for you. You should not use RHA<sup>®</sup> 4 if you have a history of:

- severe **allergic reactions (anaphylaxis)** or history or presence of multiple severe allergies. An injection of RHA<sup>®</sup> 4 may result in an **allergic reaction**.
- **allergic reactions** to the material (from ***Streptococcus equi***) used to make the **HA** in RHA<sup>®</sup> 4. An injection of RHA<sup>®</sup> 4 may result in an **allergic reaction**.
- **allergic reactions** to **lidocaine** or other similar substances used to reduce pain. An injection of RHA<sup>®</sup> 4 may result in an **allergic reaction**.
- bleeding disorders. Any injection, including RHA<sup>®</sup> 4 and other **dermal fillers**, may result in a higher risk of bruising or bleeding in the treated area.

### **4. PRECAUTIONS**

#### ***Are there precautions that I should discuss with my doctor?***

The following are important treatment considerations that you should discuss with your doctor. These hazards, if not avoided, could result in unsatisfactory results or complications:

- Tell your doctor if you are under 22 years of age. RHA<sup>®</sup> 4 has not been studied in people

younger than 22 and the effects are not known.

- Tell your doctor if you are pregnant (or plan to be) or breastfeeding. RHA® 4 has not been studied in women who were pregnant or breastfeeding and the effects are not known.
- Tell your doctor if you are taking medicine that reduces your body's ability to fight infection (**immunosuppressive therapy**). Taking this type of medicine may increase the risk of infection following the injection of RHA® 4 or other **dermal fillers**.
- Be sure to tell your injecting doctor if you are using "blood thinners" (**anticoagulants**), or any other medications that affect bleeding. Do not stop taking them until you speak with the doctor who prescribed them for you. Tell your prescribing doctor that you are considering having your wrinkles treated with RHA® 4. These blood thinning medications may cause increased bleeding and/or bruising in the treated area.
- Tell your doctor if you have a history of cold sores (**herpes**). Any injection, including RHA® 4, in the general area may trigger a recurrence of your cold sores (**herpes**).
- Tell your doctor if you have an injury, or other skin condition near the injection site(s). Injection of a **dermal filler** in this situation may lead to a worsening of your condition or infection. You may have to wait until you are completely healed before using RHA® 4.
- Tell your doctor if you have ever developed a thick tough scar (**keloid**) or had problems with skin discoloration. It is possible that injection of any **dermal filler**, including RHA® 4, may make the skin thicker and change color. However, when RHA® 4 was studied in patients with different skin tones (pale to dark), there were no reports of this happening.
- Tell your doctor if you have already been injected with **dermal fillers** in the same area as the one(s) you are about to be treated for. This information helps your doctor decide when and whether you should get treatment with RHA® 4.
- Tell your doctor if you have recently had (within 6 months), or are considering, laser treatment, chemical peeling or any other facial procedure. Use of RHA® 4 with these skin treatments may lead to an increased severity of the **common treatment reactions** such as redness, swelling, heat or pain in the area.
- You should not take Vitamin E, aspirin, or **antiinflammatories** during the week prior to the injection. Taking these medications can thin your blood and may result in increased bleeding and/or more bruising in the treated area.

If you have any additional questions about any topic in this section, please discuss further with your doctor.

## **5. HOW WAS RHA® 4 STUDIED?**

RHA® 4 was tested in a clinical study to make sure it worked as intended, and was safe to use. The study assessed how well RHA® 4 performed when compared to another **dermal filler** already available in the United States. The study looked at how RHA® 4 smoothed away wrinkles and folds in the moving (**dynamic**) area of the face from the nose to the corners of the mouth (**nasolabial folds**).

This study lasted 64 weeks (15 months) and involved 120 patients. The wrinkles to be treated were



considered to be moderate or severe, based on their depth. The patients were injected with RHA® 4 on one side of their face and with the other **dermal filler** on the other side. Study patients were mostly females, with light to very dark skin color. The study took place at 5 different locations across the United States.

Two weeks after the initial injection, the study patients were examined by their doctor. If their doctor felt it was necessary, he / she injected more RHA® 4 (**touch-up**) to get the desired result.

Study patients kept a diary for 14 days after each injection to record **common treatment reactions** at the injection site. These diaries were then shared with their doctor.

Each patient saw their doctor at regular intervals for 12 to 15 months after the procedure. At each visit, the doctor measured the effects of the treatments and checked the patient to make sure there were no problems. Each patient was also examined by a doctor who did not know which side of their face was injected with RHA® 4. This allowed the new doctor to objectively assess changes in how the patient looked compared to before the first injection.

Patients also evaluated themselves for changes in the appearance of their wrinkles and folds. They looked at themselves in a mirror and compared how they looked now against their own picture taken before the first injection. They rated their results from improved to worse.

Patients reported their level of pain during and after injection using a scale from 0 to 100, with "0" meaning "no pain" and "100" meaning "the worst pain possible". The pain was the most at the time of injection and was on average 23 out of 100. Five minutes after injection, the pain was on average 6 out of 100.

## **6. BENEFITS**

### ***What are the expected benefits of RHA® 4?***

RHA® 4 smooths wrinkles and folds in moving (**dynamic**) areas of the face between the nose and the corners of the mouth (**nasolabial folds**). At 12 months, 77 patients were evaluated and at 15 months, 65 patients were evaluated. The evaluation was based on the depth of their wrinkles. In the clinical study, RHA® 4 was shown to last 12 months in 87% of patients (67 out of 77 patients). At the end of the study, 15 months, RHA® 4 was shown to last in 89% of patients (58 out of 65 patients).

At each office visit, a doctor who did not know which side of their face had RHA® 4 injected, examined the patient. He/she evaluated the changes in appearance of the treated wrinkles compared to their appearance in the patient's picture taken before the treatment. These doctors reported that 84% of the patients (65 out of 77 patients) showed improvement at 12 months and 80% at 15 months (52 out of 65 patients).

At each office visit, study patients were asked whether their appearance had improved or gotten worse. The patient compared the appearance of his/her treated wrinkles against their own picture taken before the first injection. More than 87% of the patients reported that their wrinkles and folds were improved at both 12 and 15 months (end of the study) after the first injection.

## 7. **RISKS**

### **What were the common treatment reactions seen in the clinical study?**

Most patients (95% or 114 out of 120 patients) experienced a **common treatment reaction** following their injection. Some patients experienced more than one. The expected reactions at the injection site are:

- Bruising
- Firmness
- Swelling
- Pain
- Tenderness
- Redness
- Lumps/bumps
- Change of skin color
- Itching

The duration of the **common treatment reactions** varied. The majority (68% or 445 of the 659 reactions) of the **common treatment reactions** were gone by 7 days after injection. Most (80% or 527 of the 659 reactions) of the **common treatment reactions** were gone by 14 days after injection.

For most of these reactions, patients reported that they were mild or moderate (91% or 597 of the 659 reactions). This means that the patient had little to no discomfort and their daily life was not affected. They may have used medication and/or make-up.

Table 1 gives the percentage of study patients who experienced each **common treatment reaction** following the injection.

*Table 1: **Common treatment reactions** observed in the clinical study*

<b>Common Treatment Reactions</b>	<b>Study patients who reported the common treatment reaction</b>
Swelling	81% (97 out of 120 patients)
Skin firmness	76% (91 out of 120 patients)
Tenderness	75% (90 out of 120 patients)
Redness	70% (84 out of 120 patients)
Lumps/Bumps	68% (81 out of 120 patients)
Bruising	58% (70 out of 120 patients)
Pain	55% (66 out of 120 patients)
Change in skin color	42% (50 out of 120 patients)
Itching	25% (30 out of 120 patients)

### **What other possible reactions could occur?**

Other possible reactions can occur after the injection of a **dermal filler** such as RHA® 4, although they were not observed in the clinical study. Possible reactions may be:

- Infection – Any time a **dermal filler** is injected under the skin there is a risk of infection at the site of injection. It may create hard and swollen lumps that may contain pus.
- Granuloma – Red raised lumps that may appear weeks or months after injection. They may need to be treated by a doctor to make them go away.
- Acne-like rashes – If you have a sensitive skin, the injection of a **dermal filler** may create an irritation or rash at the site of the treatment that can be compared to acne.
- Displacement of the gel - It is possible the injected gel may move out of the desired treatment area. Your appearance may be affected.
- Blisters – Any injection, including with RHA® 4, may lead to formation of blisters at the point of injection.
- Scars – With any type of injection, including with RHA® 4, scarring may occur.
- Scab - The injection of a **dermal filler**, such as RHA® 4, may result in the skin becoming dry and crusty.
- Skin peeling (shedding) – The skin may dry as a reaction to the cleansing agent. The dry skin may be stressed with the injection and result in peeling or shedding.

You should contact your doctor if you experience any of these reactions or if you notice anything unusual at the site of the treatment. Most of these reactions go away within a few days on their own but some may persist for more than 30 days. Your doctor may choose to treat them with medications.

Other serious reactions may occur following the injection of **dermal fillers** to smooth wrinkles. Contact your doctor immediately if any of these happen:

- One of the risks with using this product is unintentional injection into a blood vessel. The chances of this happening are very small, but if it does happen, the complications can be serious, and may be permanent. These complications, which have been reported for facial injections, can include vision abnormalities, blindness, stroke, temporary scabs, or permanent scarring of the skin. If you have changes in your vision, signs of a stroke (including sudden difficulty speaking, numbness or weakness in your face, arms, or legs, difficulty walking, face drooping, severe headache, dizziness, or confusion), white appearance of the skin, or unusual pain during or shortly after treatment, you should notify your health care practitioner immediately.
- Severe allergic reactions (anaphylaxis) - An **allergic reaction** to a material used to make a **dermal filler** that could occur shortly after the injection. Symptoms could include a rash, sneezing, itching, congestion or difficulty breathing.

You should discuss the potential treatment risks and benefits with your doctor before the injection.

## **8. PROCEDURE**

### ***What happens in the doctor's office before the treatment?***

Note that each doctor may have their own process for treating patients.

Before the injection procedure, your doctor will ask you questions about your medical history. He/she will ask about your treatment goals. Your doctor will discuss whether you are a good candidate for RHA® 4. He/she will review with you what to expect during and after treatment, including possible risks.

During this discussion, it is very important to tell your doctor about:

- all medications you are taking, both over the counter and prescription
- any previous facial treatment you may have received
- and any health conditions for which you are receiving medical attention

Your doctor will also examine your skin in and around the treatment area, and may take photos. The treatment area will be cleaned and prepared with a cleansing agent. Your doctor may use a pen to mark your face in the planned areas of injection.

### ***Do the injections hurt?***

Injections may cause some pain during and after the procedure. Your doctor will discuss different options for pain management with you. RHA® 4 contains an **anesthetic** medicine (**lidocaine**) to help reduce injection site pain. This pain is temporary, and usually lessens within a few minutes. To prevent or reduce pain from the injection, your doctor may use ice packs, or other **anesthetic**, both before and after the injection

### ***What happens during the treatment?***

RHA® 4 is slowly injected into the facial skin in small amounts until your doctor sees the desired result which creates a more youthful appearance of the face. For most patients, the procedure only takes 15-30 minutes.

Once your doctor has finished injecting the treatment area, he/she may gently massage your face to help smooth and distribute the gel evenly.

Your doctor may also apply an ice pack to help decrease swelling and pain.

The amount of RHA® 4 used depends on the depth of your wrinkles and your treatment goals. The right amount to be injected will be decided by your doctor during the procedure. Injection of additional RHA® 4 (**touch-up** treatment) may be needed 2 to 4 weeks after initial treatment to achieve the desired aesthetic outcome. In the clinical study, 27% of the patients received a **touch-up** treatment 2 weeks after initial treatment to achieve their desired results. Your doctor will decide how much RHA® 4 is needed for the **touch-up** treatment.

### ***What happens after the treatment?***

Your doctor may advise you to apply cold compresses to the treated area to help reduce pain and swelling. In order to prevent injury, ask your doctor how long you can leave ice packs on the treated area.

Be aware that numbness, short term loss of touch or feeling, and tingling around the injection area may occur due to the numbing medicine (**anesthetic**). It usually goes away within a few hours. Due to this numbness, you may not have normal feeling of hot or cold in this area.

Ask your doctor about any limits for exercising and exposure to sun, cold or heat (sauna, steam room). Exposure to any of these for the first 24 hours may increase short term redness, swelling, and/or itching at the injection site.

You should ask your doctor when make-up may be applied after your treatment. Using make-up too soon may increase the risk of infection or change in skin color.

Most **common treatment reactions** like bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change of skin color and itching go away on their own within a few days, but your doctor may choose to treat them with medications. Refer to section 7, RISKS.

### ***When should I call my doctor?***

Call your doctor if you have any questions or concerns after your procedure.

Call your doctor immediately if you have:

- Signs of a stroke (including sudden difficulty speaking, numbness or weakness in your face, arms, or legs, difficulty walking, face drooping, severe headache, dizziness, or confusion)
- Changes in your vision
- Pain which increases after your treatment
- Significant pain away from the injection site
- White appearance of the skin
- Any treatment reaction other than bruising, firmness, swelling, pain, tenderness, redness, lumps/bumps, change in skin color or itching, which occurs in the first two weeks
- Any treatment reaction in the treated area, including lump or hardening under the skin, that appears weeks or months after your injection

The following are common reactions often seen after treatment with **dermal fillers**. They usually go away within 2 weeks. If you are concerned, or if they last more than 2 weeks, call your doctor:

- Bruising
- Firmness
- Swelling
- Pain
- Tenderness
- Redness
- Lumps/bumps
- Change in skin color
- Itching

## **9. ADDITIONAL INFORMATION**

In case you have any further questions, please contact Teoxane US Distributor at: (000) 000-00-00.  
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