

K090503

### 510(k) Summary

807.92(c)

#### SPONSOR

807.92(a)(1)

Company Name: Sleeping Well, LLC

Company Address: PO Box 1240  
Shelburne, VT 05482

MAR 10 2009

Telephone: 802-985-3013  
888-978-4389

Fax:

Contact Person: Daniel A. Webster

Summary Preparation Date: January 20, 2009

#### DEVICE NAME

807.92(a)(2)

Trade Name: ZQuiet® Mouthpiece  
Common/Usual Name: Anti-Snoring Device/Mandibular Advancement Device  
Classification Name: Device, Anti-snoring  
Regulation Number: CFR21 872.5570  
Product Code: LRK  
Device Class: Class II

#### PREDICATE DEVICE

807.92(a)(3)

Legally Marketed Equivalent Device

<i>Company</i>	<i>Product</i>	<i>510(k) #</i>
Tomed Dr. Toussaint GmbH.	Anti-Snoring/Sleep Apnea Device	K061688

#### DEVICE DESCRIPTION

807.92(a)(4)

The ZQuiet ® Mouthpiece is an Anti-Snoring device consisting of :

- Two trayed plates fitted in front and between the upper and lower teeth and gums and integrated with each other with the same material as the upper and lower plates.
- The device is made of Thermoplastic elastomer
- May be used as supplied

#### DEVICE INTENDED USE

807.92(a)(5)

The ZQuiet Anti-Snoring device is intended for the treatment of nighttime snoring in adults.

18

Target Population: Adult patients

Environment of Use: Home and sleep laboratories

**COMPARISON OF TECHNICAL CHARACTERISTICS 807.92(a)(6)**

Similarities		
Device	New Device ZQuiet®	Predicate Device SomnoGuard Series
K Number		K061688
Classification Name	Device, Anti-Snoring	Device, Anti-Snoring
Product Code	LRK	LRK
<b>INTENDED USE</b>		
Mandibular Advancement device	Yes	Yes
Intended as an intraoral device	Yes	Yes
Intended to reduce snoring or help alleviate snoring	Yes	Yes
Indicated for single patient multi use	Yes	Yes
Indicated for use at home or sleep laboratories	Yes	Yes
Prescription device	Yes	Yes
<b>MATERIALS</b>		
Device material	Thermoplastic elastomer	Thermoplastic elastomer
Non-sterile	Yes	Yes
<b>THEORY OF OPERATION</b>		
Advancement of lower jaw to open upper airway	Yes	Yes
<b>DEVICE DESIGN</b>		
Ready-to-Use	Yes	Yes
Upper and lower trays	Yes	Yes
One piece design	Yes	Yes
Ready-to-use device	Yes	Yes
<b>PATIENT USE</b>		
Permits patient to breathe through the mouth	Yes	Yes
Placed in user's mouth each evening	Yes	Yes
Cleaned daily	Yes	Yes
Easily removed from the mouth	Yes	Yes
<b>DIFFERENCES</b>		
Boil and Bite fitting	No	Yes
Indicated for use with patients with mild to moderate OSA	No	Yes

**Substantial Equivalence Discussion**

ZQuiet Anti-Snoring Device is similar to the predicate device in intended use, materials and design and does not raise any new issues concerning safety and effectiveness.

**NONCLINICAL AND CLINICAL TEST**

**807.92(b)**

**SAFETY and EFFECTIVENESS**

**BIOCOMPATIBILITY**

**Non-Clinical Performance Data**

ZQuiet® Anti-Snoring Device has been evaluated for safety through *in vitro* tests and animal safety studies.

**CONCLUSION**

**807.92(b)(3)**

ZQuiet® Anti-Snoring Device is similar to the predicate device in intended use, materials and design and does not raise any new issues concerning safety and effectiveness.



DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

Food and Drug Administration  
9200 Corporate Boulevard  
Rockville MD 20850

Sleeping Well, LLC  
C/o Mr. Ned Devine  
Responsible Third Party Official  
Underwriters Laboratories Incorporated  
333 Pfingsten Road  
Northbrook, Illinois 60062

MAR 10 2009

Re: K090503  
Trade/Device Name: ZQuiet® Mouthpiece  
Regulation Number: 21 CFR 872.5570  
Regulation Name: Intraoral Devices for Snoring and Intraoral Devices for Snoring and  
Obstructive Sleep Apnea.  
Regulatory Class: II  
Product Code: LRK  
Dated: February 20, 2009  
Received: February 25, 2009

Dear Mr. Devine:

We have reviewed your Section 510(k) premarket notification of intent to market the device referenced above and have determined the device is substantially equivalent (for the indications for use stated in the enclosure) to legally marketed predicate devices marketed in interstate commerce prior to May 28, 1976, the enactment date of the Medical Device Amendments, or to devices that have been reclassified in accordance with the provisions of the Federal Food, Drug, and Cosmetic Act (Act) that do not require approval of a premarket approval application (PMA). You may, therefore, market the device, subject to the general controls provisions of the Act. The general controls provisions of the Act include requirements for annual registration, listing of devices, good manufacturing practice, labeling, and prohibitions against misbranding and adulteration.

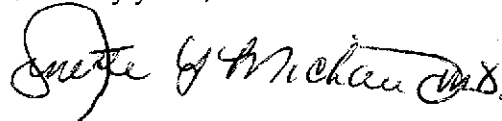
If your device is classified (see above) into either class II (Special Controls) or class III (PMA), it may be subject to such additional controls. Existing major regulations affecting your device can be found in the Code of Federal Regulations, Title 21, Parts 800 to 898. In addition, FDA may publish further announcements concerning your device in the Federal Register.

Please be advised that FDA's issuance of a substantial equivalence determination does not mean that FDA has made a determination that your device complies with other requirements of the Act or any Federal statutes and regulations administered by other Federal agencies. You must comply with all the Act's requirements, including, but not limited to: registration and listing (21 CFR Part 807); labeling (21 CFR Part 801); good manufacturing practice requirements as set forth in the quality systems (QS) regulation (21 CFR Part 820); and if applicable, the electronic product radiation control provisions (Sections 531-542 of the Act); 21 CFR 1000-1050.

This letter will allow you to begin marketing your device as described in your Section 510(k) premarket notification. The FDA finding of substantial equivalence of your device to a legally marketed predicate device results in a classification for your device and thus, permits your device to proceed to the market.

If you desire specific advice for your device on our labeling regulation (21 CFR Part 801), please contact the Center for Devices and Radiological Health's (CDRH's) Office of Compliance at (240) 276-0115. Also, please note the regulation entitled, "Misbranding by reference to premarket notification" (21CFR Part 807.97). For questions regarding postmarket surveillance, please contact CDRH's Office of Surveillance and Biometric's (OSB's) Division of Postmarket Surveillance at 240-276-3474. For questions regarding the reporting of device adverse events (Medical Device Reporting (MDR)), please contact the Division of Surveillance Systems at 240-276-3464. You may obtain other general information on your responsibilities under the Act from the Division of Small Manufacturers, International and Consumer Assistance at its toll-free number (800) 638-2041 or (240) 276-3150 or at its Internet address <http://www.fda.gov/cdrh/industry/support/index.html>.

Sincerely yours,



Ginette Y. Michaud, M.D.

Acting Director

Division of Anesthesiology, General Hospital,

Infection Control and Dental Devices

Office of Device Evaluation

Center for Devices and Radiological Health

Enclosure

## Indications for Use

510(k) Number (if known): K090503

Device Name: ZQuiet® Mouthpiece

### Indications for Use:

The ZQuiet mandibular advancement device is intended for the treatment of nighttime snoring in adults.

Prescription Use  (Part 21 AND/OR Over-The-Counter Use \_\_\_\_\_  
CFR 801 Subpart D) (21 CFR 801 Subpart C)

(PLEASE DO NOT WRITE BELOW THIS LINE-CONTINUE ON ANOTHER PAGE  
OF NEEDED)

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Concurrence of CDRH, Office of Device Evaluation (ODE)



(Division Sign-Off)

Division of Anesthesiology, General Hospital  
Infection Control, Dental Devices

Page 1 of 1

510(k) Number: K090503

16