

K091175

**510(k) SUMMARY**

**Ranir, LLC's  
Grind No More Version 2 and Grind No More Version 3**

MAY - 8 2009

**Submitter's Name, Address, Telephone Number, Contact Person and Date Prepared**

Jonathan S. Kahan  
Regulatory Counsel to Ranir, LLC  
Hogan & Hartson LLP  
555 Thirteenth Street, N.W.  
Washington, DC 20004

Phone: (202) 637-5794  
Facsimile: (202) 637-5910

Date Prepared: April 22, 2009

**Name of Device and Name/Address of Sponsor**

Grind No More Version 2 and Grind No More Version 3

Ranir, LLC  
4701 East Paris Avenue SE  
Grand Rapids, MI 49512  
Phone: (616) 698-8880  
Facsimile: (616) 656-7650

**Common or Usual Name**

Nightguard

**Classification Name**

Mouthguard, Over-the-Counter

**Classification Product Code**

OBR

## **Predicate Devices**

Placontrol, Inc.'s Grind No More (K082301)  
DenTek Oral Care, Inc.'s Comfort Fit NightGuard (K072147)

## **Purpose of the Special 510(k) notice.**

The Grind No More Version 2 and Grind No More Version 3 are modifications to Placontrol's Grind No More (K082301).

## **Intended Use**

Grind No More Version 2 and Grind No More Version 3 are indicated for use for protection against bruxism or nighttime teeth grinding. The devices are intended to reduce damage to the teeth and to prevent the noise associated with bruxing or grinding.

## **Technological Characteristics**

Grind No More 2 and Grind No More 3 are a posterior-only occlusive nightguards, consisting of two molar bite plates connected by a buccal retention band. Similarly, the predicate devices consist of two molar bite areas connected by a retaining band; therefore, the Grind No More 2 and Grind No More 3 devices are technologically similar to the predicate devices. As with the predicate Grind No More 1, the molar bite plates are grooved with vertical positioners to engage the natural anatomy of the teeth for enhanced retention.

## **Substantial Equivalence**

Grind No More 2 and Grind No More 3 are as safe and effective as the predicate devices. Grind No More 2 and Grind No More 3 have the same intended uses and similar indications, technological characteristics, and principles of operation as the predicate devices. The minor technological differences between Grind No More 2, Grind No More 3, and the predicate devices raise no new questions of safety or effectiveness. Thus, Grind No More 2 and Grind No More 3 are substantially equivalent.



DEPARTMENT OF HEALTH & HUMAN SERVICES

Public Health Service

MAY - 8 2009

Food and Drug Administration  
9200 Corporate Boulevard  
Rockville MD 20850

Ranir LLC  
C/O Mr. Jonathan S. Kahan  
Regulatory Counsel  
Hogan and Hartson LLP  
555 Thirteenth Street, N.W.  
Washington, District of Columbia 20004

Re: K091175  
Trade/Device Name: Grind No More Version 2 and Grind No More Version 3  
Regulation Number: Unclassified  
Regulation Name: None  
Regulatory Class: None  
Product Code: OBR  
Dated: April 22, 2009  
Received: April 22, 2009

Dear Mr. Kahan:

We have reviewed your Section 510(k) premarket notification of intent to market the device referenced above and have determined the device is substantially equivalent (for the indications for use stated in the enclosure) to legally marketed predicate devices marketed in interstate commerce prior to May 28, 1976, the enactment date of the Medical Device Amendments, or to devices that have been reclassified in accordance with the provisions of the Federal Food, Drug, and Cosmetic Act (Act) that do not require approval of a premarket approval application (PMA). You may, therefore, market the device, subject to the general controls provisions of the Act. The general controls provisions of the Act include requirements for annual registration, listing of devices, good manufacturing practice, labeling, and prohibitions against misbranding and adulteration.

If your device is classified (see above) into either class II (Special Controls) or class III (PMA), it may be subject to additional controls. Existing major regulations affecting your device can be found in the Code of Federal Regulations, Title 21, Parts 800 to 898. In addition, FDA may publish further announcements concerning your device in the Federal Register.

Please be advised that FDA's issuance of a substantial equivalence determination does not mean that FDA has made a determination that your device complies with other requirements of the Act or any Federal statutes and regulations administered by other Federal agencies. You must comply with all the Act's requirements, including, but not limited to: registration and listing (21 CFR Part 807); labeling (21 CFR Part 801); medical device reporting (reporting of medical device-related adverse events) (21 CFR 803); good manufacturing practice requirements as set forth in the quality systems (QS) regulation (21 CFR Part 820); and if applicable, the electronic product radiation control provisions (Sections 531-542 of the Act); 21 CFR 1000-1050.

If you desire specific advice for your device on our labeling regulation (21 CFR Part 801), please contact the Center for Devices and Radiological Health's (CDRH's) Office of Compliance at (240) 276-0115. Also, please note the regulation entitled, "Misbranding by reference to premarket notification" (21CFR Part 807.97). For questions regarding the reporting of adverse events under the MDR regulation (21 CFR Part 803), please contact the CDRH/Office of Surveillance and Biometrics/Division of Postmarket Surveillance at 240-276-3464. For more information regarding the reporting of adverse events, please go to <http://www.fda.gov/cdrh/mdr/>.

You may obtain other general information on your responsibilities under the Act from the Division of Small Manufacturers, International and Consumer Assistance at its toll-free number (800) 638-2041 or (240) 276-3150 or at its Internet address <http://www.fda.gov/cdrh/industry/support/index.html>.

Sincerely yours,



Susan Runner, D.D.S., M.A.

Acting Director

Division of Anesthesiology, General Hospital,

Infection Control and Dental Devices

Office of Device Evaluation

Center for Devices and

Radiological Health

Enclosure

K091175

**Indications for Use Statement**

510(k) Number (if known): \_\_\_\_\_

Device Name: Grind No More Version 2 and Grind No More Version 3

**Indications for Use:**

The Grind No More Version 2 and Grind No More Version 3 are indicated for use for protection against bruxism or nighttime teeth grinding. The devices are intended to reduce damage to the teeth and to prevent the noise associated with bruxing or grinding.

Prescription Use \_\_\_\_\_  
(Per 21 C.F.R. 801.109)

AND/OR

Over-The-Counter Use X  
(Per 21 C.F.R. 807 Subpart C)

(PLEASE DO NOT WRITE BELOW THIS LINE -- CONTINUE ON ANOTHER PAGE IF NEEDED)

\_\_\_\_\_  
Concurrence of CDRH, Office of Device Evaluation (ODE)



(Signature Sign-Off)

Division of Anesthesiology, General Hospital  
Infection Control, Dental Devices

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