

**ZANTAC<sup>®</sup> 150**  
**(ranitidine hydrochloride)**  
**Tablets, USP**

**ZANTAC<sup>®</sup> 300**  
**(ranitidine hydrochloride)**  
**Tablets, USP**

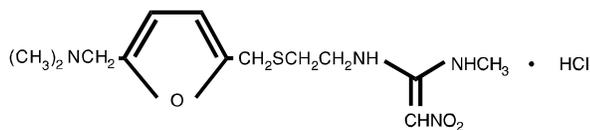
**ZANTAC<sup>®</sup> 25**  
**(ranitidine hydrochloride effervescent)**  
**EFFERdose<sup>®</sup> Tablets**

**ZANTAC<sup>®</sup> 150**  
**(ranitidine hydrochloride effervescent)**  
**EFFERdose<sup>®</sup> Tablets**

**ZANTAC<sup>®</sup>**  
**(ranitidine hydrochloride)**  
**Syrup, USP**

**DESCRIPTION**

The active ingredient in ZANTAC 150 Tablets, ZANTAC 300 Tablets, ZANTAC 25 EFFERdose Tablets, ZANTAC 150 EFFERdose Tablets, and ZANTAC Syrup is ranitidine hydrochloride (HCl), USP, a histamine H<sub>2</sub>-receptor antagonist. Chemically it is N[2-[[[5-[(dimethylamino)methyl]-2-furanyl]methyl]thio]ethyl]-N'-methyl-2-nitro-1,1-ethenediamine, HCl. It has the following structure:



The empirical formula is C<sub>13</sub>H<sub>22</sub>N<sub>4</sub>O<sub>3</sub>S•HCl, representing a molecular weight of 350.87.

Ranitidine HCl is a white to pale yellow, granular substance that is soluble in water. It has a slightly bitter taste and sulfurlike odor.

Each ZANTAC 150 Tablet for oral administration contains 168 mg of ranitidine HCl equivalent to 150 mg of ranitidine. Each tablet also contains the inactive ingredients

37 FD&C Yellow No. 6 Aluminum Lake, hypromellose, magnesium stearate,  
38 microcrystalline cellulose, titanium dioxide, triacetin, and yellow iron oxide.

39 Each ZANTAC 300 Tablet for oral administration contains 336 mg of ranitidine HCl  
40 equivalent to 300 mg of ranitidine. Each tablet also contains the inactive ingredients  
41 croscarmellose sodium, D&C Yellow No. 10 Aluminum Lake, hypromellose, magnesium  
42 stearate, microcrystalline cellulose, titanium dioxide, and triacetin.

43 ZANTAC 25 EFFERdose Tablets for oral administration is an effervescent  
44 formulation of ranitidine that must be dissolved in water before use. Each individual  
45 tablet contains 28 mg of ranitidine HCl equivalent to 25 mg of ranitidine and the  
46 following inactive ingredients: aspartame, monosodium citrate anhydrous, povidone, and  
47 sodium bicarbonate. Each tablet also contains sodium benzoate. The total sodium content  
48 of each tablet is 30.52 mg (1.33 mEq) per 25 mg of ranitidine.

49 ZANTAC 150 EFFERdose Tablets for oral administration is an effervescent  
50 formulation of ranitidine that must be dissolved in water before use. Each individual  
51 tablet contains 168 mg of ranitidine HCl equivalent to 150 mg of ranitidine and the  
52 following inactive ingredients: aspartame, monosodium citrate anhydrous, povidone, and  
53 sodium bicarbonate. Each tablet also contains sodium benzoate. The total sodium content  
54 of each tablet is 183.12 mg (7.96 mEq) per 150 mg of ranitidine.

55 Each 1 mL of ZANTAC Syrup contains 16.8 mg of ranitidine HCl equivalent to 15 mg  
56 of ranitidine. ZANTAC Syrup also contains the inactive ingredients alcohol (7.5%),  
57 butylparaben, dibasic sodium phosphate, hypromellose, peppermint flavor, monobasic  
58 potassium phosphate, propylparaben, purified water, saccharin sodium, sodium chloride,  
59 and sorbitol.

60

## 61 **CLINICAL PHARMACOLOGY**

62 ZANTAC is a competitive, reversible inhibitor of the action of histamine at the  
63 histamine H<sub>2</sub>-receptors, including receptors on the gastric cells. ZANTAC does not lower  
64 serum Ca<sup>++</sup> in hypercalcemic states. ZANTAC is not an anticholinergic agent.

### 65 **Pharmacokinetics:**

66 **Absorption:** ZANTAC is 50% absorbed after oral administration, compared to an  
67 intravenous (IV) injection with mean peak levels of 440 to 545 ng/mL occurring 2 to  
68 3 hours after a 150-mg dose. The syrup and EFFERdose formulations are bioequivalent to  
69 the tablets. Absorption is not significantly impaired by the administration of food or  
70 antacids. Propantheline slightly delays and increases peak blood levels of ZANTAC,  
71 probably by delaying gastric emptying and transit time. In one study, simultaneous  
72 administration of high-potency antacid (150 mmol) in fasting subjects has been reported  
73 to decrease the absorption of ZANTAC.

74 **Distribution:** The volume of distribution is about 1.4 L/kg. Serum protein binding  
75 averages 15%.

76 **Metabolism:** In humans, the N-oxide is the principal metabolite in the urine; however,  
 77 this amounts to <4% of the dose. Other metabolites are the S-oxide (1%) and the  
 78 desmethyl ranitidine (1%). The remainder of the administered dose is found in the stool.  
 79 Studies in patients with hepatic dysfunction (compensated cirrhosis) indicate that there  
 80 are minor, but clinically insignificant, alterations in ranitidine half-life, distribution,  
 81 clearance, and bioavailability.

82 **Excretion:** The principal route of excretion is the urine, with approximately 30% of  
 83 the orally administered dose collected in the urine as unchanged drug in 24 hours. Renal  
 84 clearance is about 410 mL/min, indicating active tubular excretion. The elimination half-  
 85 life is 2.5 to 3 hours. Four patients with clinically significant renal function impairment  
 86 (creatinine clearance 25 to 35 mL/min) administered 50 mg of ranitidine intravenously  
 87 had an average plasma half-life of 4.8 hours, a ranitidine clearance of 29 mL/min, and a  
 88 volume of distribution of 1.76 L/kg. In general, these parameters appear to be altered in  
 89 proportion to creatinine clearance (see DOSAGE AND ADMINISTRATION).

90 **Geriatrics:** The plasma half-life is prolonged and total clearance is reduced in the  
 91 elderly population due to a decrease in renal function. The elimination half-life is 3 to  
 92 4 hours. Peak levels average 526 ng/mL following a 150-mg twice daily dose and occur  
 93 in about 3 hours (see PRECAUTIONS: Geriatric Use and DOSAGE AND  
 94 ADMINISTRATION: Dosage Adjustment for Patients With Impaired Renal Function).

95 **Pediatrics:** There are no significant differences in the pharmacokinetic parameter  
 96 values for ranitidine in pediatric patients (from 1 month up to 16 years of age) and healthy  
 97 adults when correction is made for body weight. The average bioavailability of ranitidine  
 98 given orally to pediatric patients is 48% which is comparable to the bioavailability of  
 99 ranitidine in the adult population. All other pharmacokinetic parameter values ( $t_{1/2}$ ,  $V_d$ ,  
 100 and CL) are similar to those observed with intravenous ranitidine use in pediatric patients.  
 101 Estimates of  $C_{max}$  and  $T_{max}$  are displayed in Table 1.

102  
 103 **Table 1. Ranitidine Pharmacokinetics in Pediatric Patients Following Oral Dosing**

Population (age)	n	Dosage Form (dose)	$C_{max}$ (ng/mL)	$T_{max}$ (hours)
Gastric or duodenal ulcer (3.5 to 16 years)	12	Tablets (1 to 2 mg/kg)	54 to 492	2.0
Otherwise healthy requiring ZANTAC (0.7 to 14 years, Single dose)	10	Syrup (2 mg/kg)	244	1.61
Otherwise healthy requiring ZANTAC (0.7 to 14 years, Multiple dose)	10	Syrup (2 mg/kg)	320	1.66

104

105 Plasma clearance measured in 2 neonatal patients (less than 1 month of age) was  
 106 considerably lower (3 mL/min/kg) than children or adults and is likely due to reduced

107 renal function observed in this population (see PRECAUTIONS: Pediatric Use and  
108 DOSAGE AND ADMINISTRATION: Pediatric Use).

109 **Pharmacodynamics:** Serum concentrations necessary to inhibit 50% of stimulated  
110 gastric acid secretion are estimated to be 36 to 94 ng/mL. Following a single oral dose of  
111 150 mg, serum concentrations of ZANTAC are in this range up to 12 hours. However,  
112 blood levels bear no consistent relationship to dose or degree of acid inhibition.

113 In a pharmacodynamic comparison of the EFFERdose with the ZANTAC Tablets,  
114 during the first hour after administration, the EFFERdose tablet formulation gave a  
115 significantly higher intragastric pH, by approximately 1 pH unit, compared to the  
116 ZANTAC tablets.

117 **Antisecretory Activity: 1. Effects on Acid Secretion:** ZANTAC inhibits both daytime  
118 and nocturnal basal gastric acid secretions as well as gastric acid secretion stimulated by  
119 food, betazole, and pentagastrin, as shown in Table 2.

120

121 **Table 2. Effect of Oral ZANTAC on Gastric Acid Secretion**

	Time After Dose, h	% Inhibition of Gastric Acid Output by Dose, mg			
		75-80	100	150	200
Basal	Up to 4		99	95	
Nocturnal	Up to 13	95	96	92	
Betazole	Up to 3		97	99	
Pentagastrin	Up to 5	58	72	72	80
Meal	Up to 3		73	79	95

122

123 It appears that basal-, nocturnal-, and betazole-stimulated secretions are most sensitive  
124 to inhibition by ZANTAC, responding almost completely to doses of 100 mg or less,  
125 while pentagastrin- and food-stimulated secretions are more difficult to suppress.

126 **2. Effects on Other Gastrointestinal Secretions:**

127 **Pepsin:** Oral ZANTAC does not affect pepsin secretion. Total pepsin output is  
128 reduced in proportion to the decrease in volume of gastric juice.

129 **Intrinsic Factor:** Oral ZANTAC has no significant effect on  
130 pentagastrin-stimulated intrinsic factor secretion.

131 **Serum Gastrin:** ZANTAC has little or no effect on fasting or postprandial serum  
132 gastrin.

133 **Other Pharmacologic Actions:**

134 **a.** Gastric bacterial flora—increase in nitrate-reducing organisms, significance not  
135 known.

136 **b.** Prolactin levels—no effect in recommended oral or intravenous (IV) dosage, but  
137 small, transient, dose-related increases in serum prolactin have been reported after IV  
138 bolus injections of 100 mg or more.

139 *c.* Other pituitary hormones—no effect on serum gonadotropins, TSH, or GH. Possible  
140 impairment of vasopressin release.

141 *d.* No change in cortisol, aldosterone, androgen, or estrogen levels.

142 *e.* No antiandrogenic action.

143 *f.* No effect on count, motility, or morphology of sperm.

144 **Pediatrics:** Oral doses of 6 to 10 mg/kg per day in 2 or 3 divided doses maintain  
145 gastric pH>4 throughout most of the dosing interval.

146 **Clinical Trials: Active Duodenal Ulcer:** In a multicenter, double-blind, controlled, US  
147 study of endoscopically diagnosed duodenal ulcers, earlier healing was seen in the  
148 patients treated with ZANTAC as shown in Table 3.

149

150 **Table 3. Duodenal Ulcer Patient Healing Rates**

	ZANTAC*		Placebo*	
	Number Entered	Healed/Evaluable	Number Entered	Healed/Evaluable
Outpatients	195	69/182 (38%) <sup>†</sup>	188	31/164 (19%)
Week 2				
Week 4		137/187 (73%) <sup>†</sup>		76/168 (45%)

151 \*All patients were permitted p.r.n. antacids for relief of pain.

152 <sup>†</sup>P<0.0001.

153

154 In these studies, patients treated with ZANTAC reported a reduction in both daytime  
155 and nocturnal pain, and they also consumed less antacid than the placebo-treated patients.

156

157 **Table 4. Mean Daily Doses of Antacid**

	Ulcer Healed	Ulcer Not Healed
ZANTAC	0.06	0.71
Placebo	0.71	1.43

158

159 Foreign studies have shown that patients heal equally well with 150 mg b.i.d. and  
160 300 mg h.s. (85% versus 84%, respectively) during a usual 4-week course of therapy. If  
161 patients require extended therapy of 8 weeks, the healing rate may be higher for 150 mg  
162 b.i.d. as compared to 300 mg h.s. (92% versus 87%, respectively).

163 Studies have been limited to short-term treatment of acute duodenal ulcer. Patients  
164 whose ulcers healed during therapy had recurrences of ulcers at the usual rates.

165 **Maintenance Therapy in Duodenal Ulcer:** Ranitidine has been found to be effective  
166 as maintenance therapy for patients following healing of acute duodenal ulcers. In

167 2 independent, double-blind, multicenter, controlled trials, the number of duodenal ulcers  
 168 observed was significantly less in patients treated with ZANTAC (150 mg h.s.) than in  
 169 patients treated with placebo over a 12-month period.

170

171 **Table 5. Duodenal Ulcer Prevalence**

Double-Blind, Multicenter, Placebo-Controlled Trials					
Multicenter Trial	Drug	Duodenal Ulcer Prevalence			No. of Patients
		0-4 Months	0-8 Months	0-12 Months	
USA	RAN	20%*	24%*	35%*	138
	PLC	44%	54%	59%	139
Foreign	RAN	12%*	21%*	28%*	174
	PLC	56%	64%	68%	165

172 % = Life table estimate.

173 \* =  $P < 0.05$  (ZANTAC versus comparator).

174 RAN = ranitidine (ZANTAC).

175 PLC = placebo.

176

177 As with other H<sub>2</sub>-antagonists, the factors responsible for the significant reduction in  
 178 the prevalence of duodenal ulcers include prevention of recurrence of ulcers, more rapid  
 179 healing of ulcers that may occur during maintenance therapy, or both.

180 **Gastric Ulcer:** In a multicenter, double-blind, controlled, US study of endoscopically  
 181 diagnosed gastric ulcers, earlier healing was seen in the patients treated with ZANTAC as  
 182 shown in Table 6.

183

184 **Table 6. Gastric Ulcer Patient Healing Rates**

	ZANTAC*		Placebo*	
	Number Entered	Healed/Evaluable	Number Entered	Healed/Evaluable
Outpatients	92	16/83 (19%)	94	10/83 (12%)
Week 2				
Week 6		50/73 (68%) <sup>†</sup>		35/69 (51%)

185 \*All patients were permitted p.r.n. antacids for relief of pain.

186 <sup>†</sup> $P = 0.009$ .

187

188 In this multicenter trial, significantly more patients treated with ZANTAC became pain  
189 free during therapy.

190 ***Maintenance of Healing of Gastric Ulcers:*** In 2 multicenter, double-blind,  
191 randomized, placebo-controlled, 12-month trials conducted in patients whose gastric  
192 ulcers had been previously healed, ZANTAC 150 mg h.s. was significantly more effective  
193 than placebo in maintaining healing of gastric ulcers.

194 ***Pathological Hypersecretory Conditions (such as Zollinger-Ellison syndrome):***  
195 ZANTAC inhibits gastric acid secretion and reduces occurrence of diarrhea, anorexia,  
196 and pain in patients with pathological hypersecretion associated with Zollinger-Ellison  
197 syndrome, systemic mastocytosis, and other pathological hypersecretory conditions (e.g.,  
198 postoperative, "short-gut" syndrome, idiopathic). Use of ZANTAC was followed by  
199 healing of ulcers in 8 of 19 (42%) patients who were intractable to previous therapy.

200 ***Gastroesophageal Reflux Disease (GERD):*** In 2 multicenter, double-blind,  
201 placebo-controlled, 6-week trials performed in the United States and Europe, ZANTAC  
202 150 mg b.i.d. was more effective than placebo for the relief of heartburn and other  
203 symptoms associated with GERD. Ranitidine-treated patients consumed significantly less  
204 antacid than did placebo-treated patients.

205 The US trial indicated that ZANTAC 150 mg b.i.d. significantly reduced the frequency  
206 of heartburn attacks and severity of heartburn pain within 1 to 2 weeks after starting  
207 therapy. The improvement was maintained throughout the 6-week trial period. Moreover,  
208 patient response rates demonstrated that the effect on heartburn extends through both the  
209 day and night time periods.

210 In 2 additional US multicenter, double-blind, placebo-controlled, 2-week trials,  
211 ZANTAC 150 mg b.i.d. was shown to provide relief of heartburn pain within 24 hours of  
212 initiating therapy and a reduction in the frequency of severity of heartburn. In these trials,  
213 ZANTAC EFFERdose Tablets were shown to provide heartburn relief within 45 minutes  
214 of dosing.

215 ***Erosive Esophagitis:*** In 2 multicenter, double-blind, randomized, placebo-controlled,  
216 12-week trials performed in the United States, ZANTAC 150 mg q.i.d. was significantly  
217 more effective than placebo in healing endoscopically diagnosed erosive esophagitis and  
218 in relieving associated heartburn. The erosive esophagitis healing rates were as follows:  
219

220 **Table 7. Erosive Esophagitis Patient Healing Rates**

	Healed/Evaluable	
	Placebo* n = 229	ZANTAC 150 mg q.i.d.* n = 215
Week 4	43/198 (22%)	96/206 (47%) <sup>†</sup>
Week 8	63/176 (36%)	142/200 (71%) <sup>†</sup>
Week 12	92/159 (58%)	162/192 (84%) <sup>†</sup>

221 \*All patients were permitted p.r.n. antacids for relief of pain.

222 <sup>†</sup>P<0.001 versus placebo.

223

224 No additional benefit in healing of esophagitis or in relief of heartburn was seen with a  
225 ranitidine dose of 300 mg q.i.d.

226 **Maintenance of Healing of Erosive Esophagitis:** In 2 multicenter, double-blind,  
227 randomized, placebo-controlled, 48-week trials conducted in patients whose erosive  
228 esophagitis had been previously healed, ZANTAC 150 mg b.i.d. was significantly more  
229 effective than placebo in maintaining healing of erosive esophagitis.

230

231 **INDICATIONS AND USAGE**

232 ZANTAC is indicated in:

- 233 1. Short-term treatment of active duodenal ulcer. Most patients heal within 4 weeks.  
234 Studies available to date have not assessed the safety of ranitidine in uncomplicated  
235 duodenal ulcer for periods of more than 8 weeks.
- 236 2. Maintenance therapy for duodenal ulcer patients at reduced dosage after healing of  
237 acute ulcers. No placebo-controlled comparative studies have been carried out for  
238 periods of longer than 1 year.
- 239 3. The treatment of pathological hypersecretory conditions (e.g., Zollinger-Ellison  
240 syndrome and systemic mastocytosis).
- 241 4. Short-term treatment of active, benign gastric ulcer. Most patients heal within  
242 6 weeks and the usefulness of further treatment has not been demonstrated. Studies  
243 available to date have not assessed the safety of ranitidine in uncomplicated, benign  
244 gastric ulcer for periods of more than 6 weeks.
- 245 5. Maintenance therapy for gastric ulcer patients at reduced dosage after healing of acute  
246 ulcers. Placebo-controlled studies have been carried out for 1 year.
- 247 6. Treatment of GERD. Symptomatic relief commonly occurs within 24 hours after  
248 starting therapy with ZANTAC 150 mg b.i.d.
- 249 7. Treatment of endoscopically diagnosed erosive esophagitis. Symptomatic relief of  
250 heartburn commonly occurs within 24 hours of therapy initiation with ZANTAC  
251 150 mg q.i.d.

252 8. Maintenance of healing of erosive esophagitis. Placebo-controlled trials have been  
253 carried out for 48 weeks.

254 Concomitant antacids should be given as needed for pain relief to patients with active  
255 duodenal ulcer; active, benign gastric ulcer; hypersecretory states; GERD; and erosive  
256 esophagitis.

257

## 258 **CONTRAINDICATIONS**

259 ZANTAC is contraindicated for patients known to have hypersensitivity to the drug or  
260 any of the ingredients (see PRECAUTIONS).

261

## 262 **PRECAUTIONS**

263 **General:** 1. Symptomatic response to therapy with ZANTAC does not preclude the  
264 presence of gastric malignancy.

265 2. Since ZANTAC is excreted primarily by the kidney, dosage should be adjusted in  
266 patients with impaired renal function (see DOSAGE AND ADMINISTRATION).

267 Caution should be observed in patients with hepatic dysfunction since ZANTAC is  
268 metabolized in the liver.

269 3. Rare reports suggest that ZANTAC may precipitate acute porphyric attacks in  
270 patients with acute porphyria. ZANTAC should therefore be avoided in patients with a  
271 history of acute porphyria.

272 **Information for Patients: Phenylketonurics:** ZANTAC 25 EFFERdose Tablets contain  
273 phenylalanine 2.81 mg per 25 mg of ranitidine. ZANTAC 150 EFFERdose Tablets  
274 contain phenylalanine 16.84 mg per 150 mg of ranitidine.

275 **Laboratory Tests:** False-positive tests for urine protein with MULTISTIX<sup>®</sup> may occur  
276 during ZANTAC therapy, and therefore testing with sulfosalicylic acid is recommended.

277 **Drug Interactions:** Although ZANTAC has been reported to bind weakly to cytochrome  
278 P-450 in vitro, recommended doses of the drug do not inhibit the action of the  
279 cytochrome P-450-linked oxygenase enzymes in the liver. However, there have been  
280 isolated reports of drug interactions that suggest that ZANTAC may affect the  
281 bioavailability of certain drugs by some mechanism as yet unidentified (e.g., a  
282 pH-dependent effect on absorption or a change in volume of distribution).

283 Increased or decreased prothrombin times have been reported during concurrent use of  
284 ranitidine and warfarin. However, in human pharmacokinetic studies with dosages of  
285 ranitidine up to 400 mg/day, no interaction occurred; ranitidine had no effect on warfarin  
286 clearance or prothrombin time. The possibility of an interaction with warfarin at dosages  
287 of ranitidine higher than 400 mg/day has not been investigated.

288 In a ranitidine-triazolam drug-drug interaction study, triazolam plasma concentrations  
289 were higher during b.i.d. dosing of ranitidine than triazolam given alone. The mean area  
290 under the triazolam concentration-time curve (AUC) values in 18- to 60-year-old subjects  
291 were 10% and 28% higher following administration of 75-mg and 150-mg ranitidine

292 tablets, respectively, than triazolam given alone. In subjects older than 60 years of age,  
293 the mean AUC values were approximately 30% higher following administration of 75-mg  
294 and 150-mg ranitidine tablets. It appears that there were no changes in pharmacokinetics  
295 of triazolam and  $\alpha$ -hydroxytriazolam, a major metabolite, and in their elimination.  
296 Reduced gastric acidity due to ranitidine may have resulted in an increase in the  
297 availability of triazolam. The clinical significance of this triazolam and ranitidine  
298 pharmacokinetic interaction is unknown.

299 **Carcinogenesis, Mutagenesis, Impairment of Fertility:** There was no indication of  
300 tumorigenic or carcinogenic effects in life-span studies in mice and rats at dosages up to  
301 2,000 mg/kg per day.

302 Ranitidine was not mutagenic in standard bacterial tests (*Salmonella*, *Escherichia coli*)  
303 for mutagenicity at concentrations up to the maximum recommended for these assays.

304 In a dominant lethal assay, a single oral dose of 1,000 mg/kg to male rats was without  
305 effect on the outcome of 2 matings per week for the next 9 weeks.

306 **Pregnancy: Teratogenic Effects:** Pregnancy Category B. Reproduction studies have been  
307 performed in rats and rabbits at doses up to 160 times the human dose and have revealed  
308 no evidence of impaired fertility or harm to the fetus due to ZANTAC. There are,  
309 however, no adequate and well-controlled studies in pregnant women. Because animal  
310 reproduction studies are not always predictive of human response, this drug should be  
311 used during pregnancy only if clearly needed.

312 **Nursing Mothers:** ZANTAC is secreted in human milk. Caution should be exercised  
313 when ZANTAC is administered to a nursing mother.

314 **Pediatric Use:** The safety and effectiveness of ZANTAC have been established in the  
315 age-group of 1 month to 16 years for the treatment of duodenal and gastric ulcers,  
316 gastroesophageal reflux disease and erosive esophagitis, and the maintenance of healed  
317 duodenal and gastric ulcer. Use of ZANTAC in this age-group is supported by adequate  
318 and well-controlled studies in adults, as well as additional pharmacokinetic data in  
319 pediatric patients and an analysis of the published literature (see CLINICAL  
320 PHARMACOLOGY: Pediatrics and DOSAGE AND ADMINISTRATION: Pediatric  
321 Use).

322 Safety and effectiveness in pediatric patients for the treatment of pathological  
323 hypersecretory conditions or the maintenance of healing of erosive esophagitis have not  
324 been established.

325 Safety and effectiveness in neonates (less than 1 month of age) have not been  
326 established (see CLINICAL PHARMACOLOGY: Pediatrics).

327 **Geriatric Use:** Of the total number of subjects enrolled in US and foreign controlled  
328 clinical trials of oral formulations of ZANTAC, for which there were subgroup analyses,  
329 4,197 were 65 and over, while 899 were 75 and over. No overall differences in safety or  
330 effectiveness were observed between these subjects and younger subjects, and other  
331 reported clinical experience has not identified differences in responses between the

332 elderly and younger patients, but greater sensitivity of some older individuals cannot be  
333 ruled out.

334 This drug is known to be substantially excreted by the kidney and the risk of toxic  
335 reactions to this drug may be greater in patients with impaired renal function. Because  
336 elderly patients are more likely to have decreased renal function, caution should be  
337 exercised in dose selection, and it may be useful to monitor renal function (see  
338 CLINICAL PHARMACOLOGY: Pharmacokinetics: Geriatrics and DOSAGE AND  
339 ADMINISTRATION: Dosage Adjustment for Patients With Impaired Renal Function).

340

#### 341 **ADVERSE REACTIONS**

342 The following have been reported as events in clinical trials or in the routine  
343 management of patients treated with ZANTAC. The relationship to therapy with  
344 ZANTAC has been unclear in many cases. Headache, sometimes severe, seems to be  
345 related to administration of ZANTAC.

346 **Central Nervous System:** Rarely, malaise, dizziness, somnolence, insomnia, and vertigo.  
347 Rare cases of reversible mental confusion, agitation, depression, and hallucinations have  
348 been reported, predominantly in severely ill elderly patients. Rare cases of reversible  
349 blurred vision suggestive of a change in accommodation have been reported. Rare reports  
350 of reversible involuntary motor disturbances have been received.

351 **Cardiovascular:** As with other H<sub>2</sub>-blockers, rare reports of arrhythmias such as  
352 tachycardia, bradycardia, atrioventricular block, and premature ventricular beats.

353 **Gastrointestinal:** Constipation, diarrhea, nausea/vomiting, abdominal discomfort/pain,  
354 and rare reports of pancreatitis.

355 **Hepatic:** There have been occasional reports of hepatocellular, cholestatic, or mixed  
356 hepatitis, with or without jaundice. In such circumstances, ranitidine should be  
357 immediately discontinued. These events are usually reversible, but in rare circumstances  
358 death has occurred. Rare cases of hepatic failure have also been reported. In normal  
359 volunteers, SGPT values were increased to at least twice the pretreatment levels in 6 of  
360 12 subjects receiving 100 mg q.i.d. intravenously for 7 days, and in 4 of 24 subjects  
361 receiving 50 mg q.i.d. intravenously for 5 days.

362 **Musculoskeletal:** Rare reports of arthralgias and myalgias.

363 **Hematologic:** Blood count changes (leukopenia, granulocytopenia, and  
364 thrombocytopenia) have occurred in a few patients. These were usually reversible. Rare  
365 cases of agranulocytosis, pancytopenia, sometimes with marrow hypoplasia, and aplastic  
366 anemia and exceedingly rare cases of acquired immune hemolytic anemia have been  
367 reported.

368 **Endocrine:** Controlled studies in animals and man have shown no stimulation of any  
369 pituitary hormone by ZANTAC and no antiandrogenic activity, and cimetidine-induced  
370 gynecomastia and impotence in hypersecretory patients have resolved when ZANTAC  
371 has been substituted. However, occasional cases of gynecomastia, impotence, and loss of

372 libido have been reported in male patients receiving ZANTAC, but the incidence did not  
373 differ from that in the general population.

374 **Integumentary:** Rash, including rare cases of erythema multiforme. Rare cases of  
375 alopecia and vasculitis.

376 **Other:** Rare cases of hypersensitivity reactions (e.g., bronchospasm, fever, rash,  
377 eosinophilia), anaphylaxis, angioneurotic edema, and small increases in serum creatinine.

378

### 379 **OVERDOSAGE**

380 There has been limited experience with overdosage. Reported acute ingestions of up to  
381 18 g orally have been associated with transient adverse effects similar to those  
382 encountered in normal clinical experience (see ADVERSE REACTIONS). In addition,  
383 abnormalities of gait and hypotension have been reported.

384 When overdosage occurs, the usual measures to remove unabsorbed material from the  
385 gastrointestinal tract, clinical monitoring, and supportive therapy should be employed.

386 Studies in dogs receiving dosages of ZANTAC in excess of 225 mg/kg per day have  
387 shown muscular tremors, vomiting, and rapid respiration. Single oral doses of  
388 1,000 mg/kg in mice and rats were not lethal. Intravenous LD<sub>50</sub> values in mice and rats  
389 were 77 and 83 mg/kg, respectively.

390

### 391 **DOSAGE AND ADMINISTRATION**

392 **Active Duodenal Ulcer:** The current recommended adult oral dosage of ZANTAC for  
393 duodenal ulcer is 150 mg or 10 mL of syrup (2 teaspoonfuls of syrup equivalent to  
394 150 mg of ranitidine) twice daily. An alternative dosage of 300 mg or 20 mL of syrup  
395 (4 teaspoonfuls of syrup equivalent to 300 mg of ranitidine) once daily after the evening  
396 meal or at bedtime can be used for patients in whom dosing convenience is important.  
397 The advantages of one treatment regimen compared to the other in a particular patient  
398 population have yet to be demonstrated (see Clinical Trials: *Active Duodenal Ulcer*).  
399 Smaller doses have been shown to be equally effective in inhibiting gastric acid secretion  
400 in US studies, and several foreign trials have shown that 100 mg twice daily is as  
401 effective as the 150-mg dose.

402 Antacid should be given as needed for relief of pain (see CLINICAL  
403 PHARMACOLOGY: Pharmacokinetics).

404 **Maintenance of Healing of Duodenal Ulcers:** The current recommended adult oral  
405 dosage is 150 mg or 10 mL of syrup (2 teaspoonfuls of syrup equivalent to 150 mg of  
406 ranitidine) at bedtime.

407 **Pathological Hypersecretory Conditions (such as Zollinger-Ellison syndrome):** The  
408 current recommended adult oral dosage is 150 mg or 10 mL of syrup (2 teaspoonfuls of  
409 syrup equivalent to 150 mg of ranitidine) twice a day. In some patients it may be  
410 necessary to administer ZANTAC 150-mg doses more frequently. Dosages should be

411 adjusted to individual patient needs, and should continue as long as clinically indicated.  
412 Dosages up to 6 g/day have been employed in patients with severe disease.

413 **Benign Gastric Ulcer:** The current recommended adult oral dosage is 150 mg or 10 mL  
414 of syrup (2 teaspoonfuls of syrup equivalent to 150 mg of ranitidine) twice a day.

415 **Maintenance of Healing of Gastric Ulcers:** The current recommended adult oral dosage  
416 is 150 mg or 10 mL of syrup (2 teaspoonfuls of syrup equivalent to 150 mg of ranitidine)  
417 at bedtime.

418 **GERD:** The current recommended adult oral dosage is 150 mg or 10 mL of syrup  
419 (2 teaspoonfuls of syrup equivalent to 150 mg of ranitidine) twice a day.

420 **Erosive Esophagitis:** The current recommended adult oral dosage is 150 mg or 10 mL of  
421 syrup (2 teaspoonfuls of syrup equivalent to 150 mg of ranitidine) 4 times a day.

422 **Maintenance of Healing of Erosive Esophagitis:** The current recommended adult oral  
423 dosage is 150 mg or 10 mL of syrup (2 teaspoonfuls of syrup equivalent to 150 mg of  
424 ranitidine) twice a day.

425 **Pediatric Use:** The safety and effectiveness of ZANTAC have been established in the  
426 age-group of 1 month to 16 years. There is insufficient information about the  
427 pharmacokinetics of ZANTAC in neonatal patients (less than 1 month of age) to make  
428 dosing recommendations.

429 The following 3 subsections provide dosing information for each of the pediatric  
430 indications. Also, see the subsection on Preparation of ZANTAC 25 EFFERdose Tablets,  
431 below.

432 ***Treatment of Duodenal and Gastric Ulcers:*** The recommended oral dose for the  
433 treatment of active duodenal and gastric ulcers is 2 to 4 mg/kg twice daily to a maximum  
434 of 300 mg/day. This recommendation is derived from adult clinical studies and  
435 pharmacokinetic data in pediatric patients.

436 ***Maintenance of Healing of Duodenal and Gastric Ulcers:*** The recommended oral  
437 dose for the maintenance of healing of duodenal and gastric ulcers is 2 to 4 mg/kg once  
438 daily to a maximum of 150 mg/day. This recommendation is derived from adult clinical  
439 studies and pharmacokinetic data in pediatric patients.

440 ***Treatment of GERD and Erosive Esophagitis:*** Although limited data exist for these  
441 conditions in pediatric patients, published literature supports a dosage of 5 to 10 mg/kg  
442 per day, usually given as 2 divided doses.

443 **Dosage Adjustment for Patients With Impaired Renal Function:** On the basis of  
444 experience with a group of subjects with severely impaired renal function treated with  
445 ZANTAC, the recommended dosage in patients with a creatinine clearance <50 mL/min  
446 is 150 mg or 10 mL of syrup (2 teaspoonfuls of syrup equivalent to 150 mg of ranitidine)  
447 every 24 hours. Should the patient's condition require, the frequency of dosing may be  
448 increased to every 12 hours or even further with caution. Hemodialysis reduces the level  
449 of circulating ranitidine. Ideally, the dosing schedule should be adjusted so that the timing  
450 of a scheduled dose coincides with the end of hemodialysis.

451 Elderly patients are more likely to have decreased renal function, therefore caution  
452 should be exercised in dose selection, and it may be useful to monitor renal function (see  
453 CLINICAL PHARMACOLOGY: Pharmacokinetics: Geriatrics and PRECAUTIONS:  
454 Geriatric Use).

455 **Preparation of ZANTAC 25 EFFERdose Tablets:** Dissolve 1 tablet in no less than  
456 5 mL (1 teaspoonful) of water in an appropriate measuring cup. Wait until the tablet is  
457 completely dissolved before administering the solution to the infant/child. The solution  
458 may be administered by medicine dropper for infants.

459 **Preparation of ZANTAC 150 EFFERdose Tablets:** Dissolve each dose in  
460 approximately 6 to 8 oz of water before drinking.

461

#### 462 **HOW SUPPLIED**

463 ZANTAC 150 Tablets (ranitidine HCl equivalent to 150 mg of ranitidine) are peach,  
464 film-coated, 5-sided tablets embossed with "ZANTAC 150" on one side and "Glaxo" on  
465 the other. They are available in bottles of 60 (NDC 0173-0344-42), 180 (NDC 0173-  
466 0344-17), 500 (NDC 0173-0344-14), and 1,000 (NDC 0173-0344-12) tablets and unit  
467 dose packs of 100 (NDC 0173-0344-47) tablets.

468 ZANTAC 300 Tablets (ranitidine HCl equivalent to 300 mg of ranitidine) are yellow,  
469 film-coated, capsule-shaped tablets embossed with "ZANTAC 300" on one side and  
470 "Glaxo" on the other. They are available in bottles of 30 (NDC 0173-0393-40) and 250  
471 (NDC 0173-0393-06) tablets and unit dose packs of 100 (NDC 0173-0393-47) tablets.

472 **Store between 15° and 30°C (59° and 86°F) in a dry place. Protect from light.**  
473 **Replace cap securely after each opening.**

474 ZANTAC 25 EFFERdose Tablets (ranitidine HCl equivalent to 25 mg of ranitidine)  
475 are white to pale yellow, round, flat-faced, bevel-edged tablets embossed with "GS" on  
476 one side and "25C" on the other side.  
477 They are packaged in foil strips and are available in a carton of 60 (NDC 0173-0734-00)  
478 tablets.

479 ZANTAC 150 EFFERdose Tablets (ranitidine HCl equivalent to 150 mg of ranitidine)  
480 are white to pale yellow, round, flat-faced, bevel-edged tablets embossed with "ZANTAC  
481 150" on one side and "427" on the other. They are packaged individually in foil and are  
482 available in a carton of 60 (NDC 0173-0427-02) tablets.

483 **Store between 2° and 30°C (36° and 86°F).**

484 ZANTAC Syrup, a clear, peppermint-flavored liquid, contains 16.8 mg of ranitidine  
485 HCl equivalent to 15 mg of ranitidine per 1 mL (75 mg/5 mL) in bottles of 16 fluid  
486 ounces (1 pint) (NDC 0173-0383-54).

487 **Store between 4° and 25°C (39° and 77°F). Dispense in tight, light-resistant**  
488 **containers as defined in the USP/NF.**

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GlaxoSmithKline

Research Triangle Park, NC 27709

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(Date of Issue)

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PHARMA CODE No 3822

60 Tablets

25 mg

**Zantac 25**  
*(ranitidine hydrochloride effervescent)*  
EFFERdose Tablets

P20117A  
P20117A  
P20117A  
P20117A

**Zantac 25**  
*(ranitidine hydrochloride effervescent)*  
EFFERdose Tablets  
25 mg

Phenylketonurics: Contains phenylalanine 2.81 mg per 25 mg  
Do not swallow tablet. Dissolve before use.  
See prescribing information for dosage information.  
Store between 2° and 30°C (36° and 86° F).

**Zantac 25**  
*(ranitidine hydrochloride effervescent)*  
EFFERdose Tablets  
25 mg

LOT  
EXP.

NDC 0173-0734-00

gsk GlaxoSmithKline

**Zantac 25**  
*(ranitidine hydrochloride effervescent)*  
EFFERdose Tablets

Rx only

**Zantac 25**  
*(ranitidine hydrochloride effervescent)*  
EFFERdose Tablets  
25 mg

3 0173-0734-00 6

Each tablet contains 25 mg of ranitidine as ranitidine hydrochloride.

25 mg

60 Tablets

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GlaxoSmithKline  
Research Triangle Park, NC 27709  
Made in France

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4153812  
Rev. 11/03

PHARMA CODE No 3822

**Zantac<sup>®</sup> 25**  
(ranitidine hydrochloride effervescent)  
EFFERdose<sup>®</sup> Tablets  
25 mg

Sample—Not for Sale  
R<sub>x</sub> only  
NDC 0173-0734-01

NDC 0173-0734-01  
gsk GlaxoSmithKline

**Zantac<sup>®</sup> 25**  
(ranitidine hydrochloride effervescent)  
EFFERdose<sup>®</sup> Tablets  
25 mg

**Phenylketonurics: Contains phenylalanine 2.81 mg per 25 mg**  
**Do not swallow tablet. Dissolve before use.**  
See prescribing information for dosage information.  
Store between 2° and 30°C (36° and 86°F).  
Zantac and EFFERdose are registered trademarks of Warner-Lambert Company, used under license.

GlaxoSmithKline  
Research Triangle Park, NC 27709  
Made in France

LOT  
EXP.  


**Zantac<sup>®</sup> 25**  
(ranitidine hydrochloride effervescent)  
EFFERdose<sup>®</sup> Tablets  
25 mg

**Zantac<sup>®</sup> 25**  
(ranitidine hydrochloride effervescent)  
EFFERdose<sup>®</sup> Tablets  
25 mg

Each tablet contains 25 mg of ranitidine as ranitidine hydrochloride.

Sample—Not for Sale R<sub>x</sub> only

**5 Blisterpacks of 2 Tablets each**

**Zantac<sup>®</sup> 25**  
(ranitidine hydrochloride effervescent)  
EFFERdose<sup>®</sup> Tablets  
25 mg

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Rev. 11/03