

PRESCRIBING INFORMATION

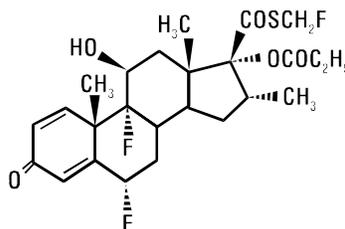
FLONASE[®]
(fluticasone propionate)
Nasal Spray, 50 mcg

For Intranasal Use Only.

**SHAKE GENTLY
BEFORE USE.**

DESCRIPTION

Fluticasone propionate, the active component of FLONASE Nasal Spray, is a synthetic corticosteroid having the chemical name S-(fluoromethyl)6 α ,9-difluoro-11 β -17-dihydroxy-16 α -methyl-3-oxoandrosta-1,4-diene-17 β -carbothioate, 17-propionate and the following chemical structure:



Fluticasone propionate is a white to off-white powder with a molecular weight of 500.6, and the empirical formula is C₂₅H₃₁F₃O₅S. It is practically insoluble in water, freely soluble in dimethyl sulfoxide and dimethylformamide, and slightly soluble in methanol and 95% ethanol.

FLONASE Nasal Spray, 50 mcg is an aqueous suspension of microfine fluticasone propionate for topical administration to the nasal mucosa by means of a metering, atomizing spray pump. FLONASE Nasal Spray also contains microcrystalline cellulose and carboxymethylcellulose sodium, dextrose, 0.02% w/w benzalkonium chloride, polysorbate 80, and 0.25% w/w phenylethyl alcohol, and has a pH between 5 and 7.

It is necessary to prime the pump before first use or after a period of non-use (1 week or more). After initial priming (6 actuations), each actuation delivers 50 mcg of fluticasone propionate in 100 mg of formulation through the nasal adapter. Each 16-g bottle of FLONASE Nasal Spray provides 120 metered sprays. After 120 metered sprays, the amount of fluticasone propionate delivered per actuation may not be consistent and the unit should be discarded.

CLINICAL PHARMACOLOGY

Mechanism of Action: Fluticasone propionate is a synthetic, trifluorinated corticosteroid with anti-inflammatory activity. In vitro dose response studies on a cloned human glucocorticoid receptor system involving binding and gene expression afforded 50% responses at 1.25 and 0.17 nM concentrations, respectively. Fluticasone propionate was 3-fold to 5-fold more potent than dexamethasone in these assays. Data from the McKenzie vasoconstrictor assay in man also support its potent glucocorticoid activity.

35 In preclinical studies, fluticasone propionate revealed progesterone-like activity similar to the
36 natural hormone. However, the clinical significance of these findings in relation to the low
37 plasma levels (see Pharmacokinetics) is not known.

38 The precise mechanism through which fluticasone propionate affects allergic rhinitis
39 symptoms is not known. Corticosteroids have been shown to have a wide range of effects on
40 multiple cell types (e.g., mast cells, eosinophils, neutrophils, macrophages, and lymphocytes)
41 and mediators (e.g., histamine, eicosanoids, leukotrienes, and cytokines) involved in
42 inflammation. In 7 trials in adults, FLONASE Nasal Spray has decreased nasal mucosal
43 eosinophils in 66% (35% for placebo) of patients and basophils in 39% (28% for placebo) of
44 patients. The direct relationship of these findings to long-term symptom relief is not known.

45 FLONASE Nasal Spray, like other corticosteroids, is an agent that does not have an
46 immediate effect on allergic symptoms. A decrease in nasal symptoms has been noted in some
47 patients 12 hours after initial treatment with FLONASE Nasal Spray. Maximum benefit may not
48 be reached for several days. Similarly, when corticosteroids are discontinued, symptoms may not
49 return for several days.

50 **Pharmacokinetics: Absorption:** The activity of FLONASE Nasal Spray is due to the parent
51 drug, fluticasone propionate. Indirect calculations indicate that fluticasone propionate delivered
52 by the intranasal route has an absolute bioavailability averaging less than 2%. After intranasal
53 treatment of patients with allergic rhinitis for 3 weeks, fluticasone propionate plasma
54 concentrations were above the level of detection (50 pg/mL) only when recommended doses
55 were exceeded and then only in occasional samples at low plasma levels. Due to the low
56 bioavailability by the intranasal route, the majority of the pharmacokinetic data was obtained via
57 other routes of administration. Studies using oral dosing of radiolabeled drug have demonstrated
58 that fluticasone propionate is highly extracted from plasma and absorption is low. Oral
59 bioavailability is negligible, and the majority of the circulating radioactivity is due to an inactive
60 metabolite.

61 **Distribution:** Following intravenous administration, the initial disposition phase for
62 fluticasone propionate was rapid and consistent with its high lipid solubility and tissue binding.
63 The volume of distribution averaged 4.2 L/kg.

64 The percentage of fluticasone propionate bound to human plasma proteins averaged 91% with
65 no obvious concentration relationship. Fluticasone propionate is weakly and reversibly bound to
66 erythrocytes and freely equilibrates between erythrocytes and plasma. Fluticasone propionate is
67 not significantly bound to human transcortin.

68 **Metabolism:** The total blood clearance of fluticasone propionate is high (average,
69 1,093 mL/min), with renal clearance accounting for less than 0.02% of the total. The only
70 circulating metabolite detected in man is the 17 β -carboxylic acid derivative of fluticasone
71 propionate, which is formed through the cytochrome P450 3A4 pathway. This inactive
72 metabolite had less affinity (approximately 1/2,000) than the parent drug for the glucocorticoid
73 receptor of human lung cytosol in vitro and negligible pharmacological activity in animal

74 studies. Other metabolites detected in vitro using cultured human hepatoma cells have not been
75 detected in man.

76 **Elimination:** Following intravenous dosing, fluticasone propionate showed polyexponential
77 kinetics and had a terminal elimination half-life of approximately 7.8 hours. Less than 5% of a
78 radiolabeled oral dose was excreted in the urine as metabolites, with the remainder excreted in
79 the feces as parent drug and metabolites.

80 **Special Populations:** Fluticasone propionate nasal spray was not studied in any special
81 populations, and no gender-specific pharmacokinetic data have been obtained.

82 **Drug Interactions:** Fluticasone propionate is a substrate of cytochrome P450 3A4.
83 Coadministration of fluticasone propionate and the highly potent cytochrome P450 3A4 inhibitor
84 ritonavir is not recommended based upon a multiple-dose, crossover drug interaction study in 18
85 healthy subjects. Fluticasone propionate aqueous nasal spray (200 mcg once daily) was
86 coadministered for 7 days with ritonavir (100 mg twice daily). Plasma fluticasone propionate
87 concentrations following fluticasone propionate aqueous nasal spray alone were undetectable
88 (<10 pg/mL) in most subjects, and when concentrations were detectable peak levels (C_{max}
89 averaged 11.9 pg/mL [range, 10.8 to 14.1 pg/mL] and $AUC_{(0-\tau)}$ averaged 8.43 pg•hr/mL [range,
90 4.2 to 18.8 pg•hr/mL]). Fluticasone propionate C_{max} and $AUC_{(0-\tau)}$ increased to 318 pg/mL (range,
91 110 to 648 pg/mL) and 3,102.6 pg•hr/mL (range, 1,207.1 to 5,662.0 pg•hr/mL), respectively,
92 after coadministration of ritonavir with fluticasone propionate aqueous nasal spray. This
93 significant increase in plasma fluticasone propionate exposure resulted in a significant decrease
94 (86%) in plasma cortisol area under the plasma concentration versus time curve (AUC).

95 Caution should be exercised when other potent cytochrome P450 3A4 inhibitors are
96 coadministered with fluticasone propionate. In a drug interaction study, coadministration of orally
97 inhaled fluticasone propionate (1,000 mcg) and ketoconazole (200 mg once daily) resulted in
98 increased fluticasone propionate exposure and reduced plasma cortisol AUC, but had no effect
99 on urinary excretion of cortisol.

100 In another multiple-dose drug interaction study, coadministration of orally inhaled fluticasone
101 propionate (500 mcg twice daily) and erythromycin (333 mg 3 times daily) did not affect
102 fluticasone propionate pharmacokinetics.

103 **Pharmacodynamics:** In a trial to evaluate the potential systemic and topical effects of
104 FLONASE Nasal Spray on allergic rhinitis symptoms, the benefits of comparable drug blood
105 levels produced by FLONASE Nasal Spray and oral fluticasone propionate were compared. The
106 doses used were 200 mcg of FLONASE Nasal Spray, the nasal spray vehicle (plus oral placebo),
107 and 5 and 10 mg of oral fluticasone propionate (plus nasal spray vehicle) per day for 14 days.
108 Plasma levels were undetectable in the majority of patients after intranasal dosing, but present at
109 low levels in the majority after oral dosing. FLONASE Nasal Spray was significantly more
110 effective in reducing symptoms of allergic rhinitis than either the oral fluticasone propionate or
111 the nasal vehicle. This trial demonstrated that the therapeutic effect of FLONASE Nasal Spray
112 can be attributed to the topical effects of fluticasone propionate.

113 In another trial, the potential systemic effects of FLONASE Nasal Spray on the
114 hypothalamic-pituitary-adrenal (HPA) axis were also studied in allergic patients. FLONASE
115 Nasal Spray given as 200 mcg once daily or 400 mcg twice daily was compared with placebo or
116 oral prednisone 7.5 or 15 mg given in the morning. FLONASE Nasal Spray at either dose for 4
117 weeks did not affect the adrenal response to 6-hour cosyntropin stimulation, while both doses of
118 oral prednisone significantly reduced the response to cosyntropin.

119 **Clinical Trials:** A total of 13 randomized, double-blind, parallel-group, multicenter, vehicle
120 placebo-controlled clinical trials were conducted in the United States in adults and pediatric
121 patients (4 years of age and older) to investigate regular use of FLONASE Nasal Spray in
122 patients with seasonal or perennial allergic rhinitis. The trials included 2,633 adults (1,439 men
123 and 1,194 women) with a mean age of 37 (range, 18 to 79 years). A total of 440 adolescents (405
124 boys and 35 girls), mean age of 14 (range, 12 to 17 years), and 500 children (325 boys and 175
125 girls), mean age of 9 (range, 4 to 11 years) were also studied. The overall racial distribution was
126 89% white, 4% black, and 7% other. These trials evaluated the total nasal symptom scores
127 (TNSS) that included rhinorrhea, nasal obstruction, sneezing, and nasal itching in known allergic
128 patients who were treated for 2 to 24 weeks. Subjects treated with FLONASE Nasal Spray
129 exhibited significantly greater decreases in TNSS than vehicle placebo-treated patients. Nasal
130 mucosal basophils and eosinophils were also reduced at the end of treatment in adult studies;
131 however, the clinical significance of this decrease is not known.

132 There were no significant differences between fluticasone propionate regimens whether
133 administered as a single daily dose of 200 mcg (two 50-mcg sprays in each nostril) or as
134 100 mcg (one 50-mcg spray in each nostril) twice daily in 6 clinical trials. A clear dose response
135 could not be identified in clinical trials. In 1 trial, 200 mcg/day was slightly more effective than
136 50 mcg/day during the first few days of treatment; thereafter, no difference was seen.

137 Two randomized, double-blind, parallel-group, multicenter, vehicle placebo-controlled 28-day
138 trials were conducted in the United States in 732 patients (243 given FLONASE) 12 years of age
139 and older to investigate “as-needed” use of FLONASE Nasal Spray (200 mcg) in patients with
140 seasonal allergic rhinitis. Patients were instructed to take the study medication only on days
141 when they thought they needed the medication for symptom control, not to exceed 2 sprays per
142 nostril on any day, and not more than once daily. “As-needed” use was prospectively defined as
143 average use of study medication no more than 75% of study days. Average use of study
144 medications was 57% to 70% of days for all treatment arms. The studies demonstrated
145 significantly greater reduction in TNSS (sum of nasal congestion, rhinorrhea, sneezing, and nasal
146 itching) with FLONASE Nasal Spray 200 mcg compared to placebo. The relative difference in
147 efficacy with as-needed use as compared to regularly administered doses was not studied.

148 Three randomized, double-blind, parallel-group, vehicle placebo-controlled trials were
149 conducted in 1,191 patients to investigate regular use of FLONASE Nasal Spray in patients with
150 perennial nonallergic rhinitis. These trials evaluated the patient-rated TNSS (nasal obstruction,
151 postnasal drip, rhinorrhea) in patients treated for 28 days of double-blind therapy and in 1 of the
152 3 trials for 6 months of open-label treatment. Two of these trials demonstrated that patients

153 treated with FLONASE Nasal Spray at a dose of 100 mcg twice daily exhibited statistically
154 significant decreases in TNSS compared with patients treated with vehicle.

155 **Individualization of Dosage:** Patients should use FLONASE Nasal Spray at regular intervals
156 for optimal effect.

157 Adult patients may be started on a 200-mcg once-daily regimen (two 50-mcg sprays in each
158 nostril once daily). An alternative 200-mcg/day dosage regimen can be given as 100 mcg twice
159 daily (one 50-mcg spray in each nostril twice daily).

160 Individual patients will experience a variable time to onset and different degree of symptom
161 relief. In 4 randomized, double-blind, vehicle placebo-controlled, parallel-group allergic rhinitis
162 studies and 2 studies of patients in an outdoor “park” setting (park studies), a decrease in nasal
163 symptoms in treated subjects compared to placebo was shown to occur as soon as 12 hours after
164 treatment with a 200-mcg dose of FLONASE Nasal Spray. Maximum effect may take several
165 days. Regular-use patients who have responded may be able to be maintained (after 4 to 7 days)
166 on 100 mcg/day (1 spray in each nostril once daily).

167 Some patients (12 years of age and older) with seasonal allergic rhinitis may find as-needed
168 use of FLONASE Nasal Spray (not to exceed 200 mcg daily) effective for symptom control (see
169 Clinical Trials). Greater symptom control may be achieved with scheduled regular use. Efficacy
170 of as-needed use of FLONASE Nasal Spray has not been studied in pediatric patients under 12
171 years of age with seasonal allergic rhinitis, or patients with perennial allergic or nonallergic
172 rhinitis.

173 Pediatric patients (4 years of age and older) should be started with 100 mcg (1 spray in each
174 nostril once daily). Treatment with 200 mcg (2 sprays in each nostril once daily or 1 spray in
175 each nostril twice daily) should be reserved for pediatric patients not adequately responding to
176 100 mcg daily. Once adequate control is achieved, the dosage should be decreased to 100 mcg (1
177 spray in each nostril) daily.

178 Maximum total daily doses should not exceed 2 sprays in each nostril (total dose,
179 200 mcg/day). There is no evidence that exceeding the recommended dose is more effective.

180 **INDICATIONS AND USAGE**

181 FLONASE Nasal Spray is indicated for the management of the nasal symptoms of seasonal
182 and perennial allergic and nonallergic rhinitis in adults and pediatric patients 4 years of age and
183 older.

184 Safety and effectiveness of FLONASE Nasal Spray in children below 4 years of age have not
185 been adequately established.

186 **CONTRAINDICATIONS**

187 FLONASE Nasal Spray is contraindicated in patients with a hypersensitivity to any of its
188 ingredients.

189 **WARNINGS**

190 The replacement of a systemic corticosteroid with a topical corticosteroid can be accompanied
191 by signs of adrenal insufficiency, and in addition some patients may experience symptoms of
192 withdrawal, e.g., joint and/or muscular pain, lassitude, and depression. Patients previously
193 treated for prolonged periods with systemic corticosteroids and transferred to topical
194 corticosteroids should be carefully monitored for acute adrenal insufficiency in response to
195 stress. In those patients who have asthma or other clinical conditions requiring long-term
196 systemic corticosteroid treatment, too rapid a decrease in systemic corticosteroids may cause a
197 severe exacerbation of their symptoms.

198 The concomitant use of intranasal corticosteroids with other inhaled corticosteroids could
199 increase the risk of signs or symptoms of hypercorticism and/or suppression of the HPA axis.

200 A drug interaction study in healthy subjects has shown that ritonavir (a highly potent
201 cytochrome P450 3A4 inhibitor) can significantly increase plasma fluticasone propionate
202 exposure, resulting in significantly reduced serum cortisol concentrations (see CLINICAL
203 PHARMACOLOGY: Drug Interactions and PRECAUTIONS: Drug Interactions). During
204 postmarketing use, there have been reports of clinically significant drug interactions in patients
205 receiving fluticasone propionate and ritonavir, resulting in systemic corticosteroid effects
206 including Cushing syndrome and adrenal suppression. Therefore, coadministration of fluticasone
207 propionate and ritonavir is not recommended unless the potential benefit to the patient
208 outweighs the risk of systemic corticosteroid side effects.

209 Persons who are using drugs that suppress the immune system are more susceptible to
210 infections than healthy individuals. Chickenpox and measles, for example, can have a more
211 serious or even fatal course in susceptible children or adults using corticosteroids. In children or
212 adults who have not had these diseases or been properly immunized, particular care should be
213 taken to avoid exposure. How the dose, route, and duration of corticosteroid administration affect
214 the risk of developing a disseminated infection is not known. The contribution of the underlying
215 disease and/or prior corticosteroid treatment to the risk is also not known. If exposed to
216 chickenpox, prophylaxis with varicella zoster immune globulin (VZIG) may be indicated. If
217 exposed to measles, prophylaxis with pooled intramuscular immunoglobulin (IG) may be
218 indicated. (See the respective package inserts for complete VZIG and IG prescribing
219 information.) If chickenpox develops, treatment with antiviral agents may be considered.

220 Avoid spraying in eyes.

221 **PRECAUTIONS**

222 **General:** Intranasal corticosteroids may cause a reduction in growth velocity when administered
223 to pediatric patients (see PRECAUTIONS: Pediatric Use).

224 Rarely, immediate hypersensitivity reactions or contact dermatitis may occur after the
225 administration of FLONASE Nasal Spray. Rare instances of wheezing, nasal septum perforation,
226 cataracts, glaucoma, and increased intraocular pressure have been reported following the
227 intranasal application of corticosteroids, including fluticasone propionate.

228 Use of excessive doses of corticosteroids may lead to signs or symptoms of hypercorticism
229 and/or suppression of HPA function.

230 Although systemic effects have been minimal with recommended doses of FLONASE Nasal
231 Spray, potential risk increases with larger doses. Therefore, larger than recommended doses of
232 FLONASE Nasal Spray should be avoided.

233 When used at higher than recommended doses or in rare individuals at recommended doses,
234 systemic corticosteroid effects such as hypercorticism and adrenal suppression may appear. If
235 such changes occur, the dosage of FLONASE Nasal Spray should be discontinued slowly
236 consistent with accepted procedures for discontinuing oral corticosteroid therapy.

237 In clinical studies with fluticasone propionate administered intranasally, the development of
238 localized infections of the nose and pharynx with *Candida albicans* has occurred only rarely.
239 When such an infection develops, it may require treatment with appropriate local therapy and
240 discontinuation of treatment with FLONASE Nasal Spray. Patients using FLONASE Nasal
241 Spray over several months or longer should be examined periodically for evidence of *Candida*
242 infection or other signs of adverse effects on the nasal mucosa.

243 Intranasal corticosteroids should be used with caution, if at all, in patients with active or
244 quiescent tuberculous infections of the respiratory tract; untreated local or systemic fungal or
245 bacterial infections; systemic viral or parasitic infections; or ocular herpes simplex.

246 Because of the inhibitory effect of corticosteroids on wound healing, patients who have
247 experienced recent nasal septal ulcers, nasal surgery, or nasal trauma should not use a nasal
248 corticosteroid until healing has occurred.

249 **Information for Patients:** Patients being treated with FLONASE Nasal Spray should receive
250 the following information and instructions. This information is intended to aid them in the safe
251 and effective use of this medication. It is not a disclosure of all possible adverse or intended
252 effects.

253 Patients should be warned to avoid exposure to chickenpox or measles and, if exposed, to
254 consult their physician without delay.

255 Patients should use FLONASE Nasal Spray at regular intervals for optimal effect. Some
256 patients (12 years of age and older) with seasonal allergic rhinitis may find as-needed use of
257 200 mcg once daily effective for symptom control (see Clinical Trials).

258 A decrease in nasal symptoms may occur as soon as 12 hours after starting therapy with
259 FLONASE Nasal Spray. Results in several clinical trials indicate statistically significant
260 improvement within the first day or two of treatment; however, the full benefit of FLONASE
261 Nasal Spray may not be achieved until treatment has been administered for several days. The
262 patient should not increase the prescribed dosage but should contact the physician if symptoms
263 do not improve or if the condition worsens.

264 For the proper use of FLONASE Nasal Spray and to attain maximum improvement, the
265 patient should read and follow carefully the patient's instructions accompanying the product.

266 **Drug Interactions:** Fluticasone propionate is a substrate of cytochrome P450 3A4. A drug
267 interaction study with fluticasone propionate aqueous nasal spray in healthy subjects has shown

268 that ritonavir (a highly potent cytochrome P450 3A4 inhibitor) can significantly increase plasma
269 fluticasone propionate exposure, resulting in significantly reduced serum cortisol concentrations
270 (see CLINICAL PHARMACOLOGY: Drug Interactions). During postmarketing use, there have
271 been reports of clinically significant drug interactions in patients receiving fluticasone propionate
272 and ritonavir, resulting in systemic corticosteroid effects including Cushing syndrome and
273 adrenal suppression. Therefore, coadministration of fluticasone propionate and ritonavir is not
274 recommended unless the potential benefit to the patient outweighs the risk of systemic
275 corticosteroid side effects.

276 In a placebo-controlled, crossover study in 8 healthy volunteers, coadministration of a single
277 dose of orally inhaled fluticasone propionate (1,000 mcg; 5 times the maximum daily intranasal
278 dose) with multiple doses of ketoconazole (200 mg) to steady state resulted in increased plasma
279 fluticasone propionate exposure, a reduction in plasma cortisol AUC, and no effect on urinary
280 excretion of cortisol. Caution should be exercised when FLONASE Nasal Spray is
281 coadministered with ketoconazole and other known potent cytochrome P450 3A4 inhibitors.

282 **Carcinogenesis, Mutagenesis, Impairment of Fertility:** Fluticasone propionate
283 demonstrated no tumorigenic potential in mice at oral doses up to 1,000 mcg/kg (approximately
284 20 times the maximum recommended daily intranasal dose in adults and approximately 10 times
285 the maximum recommended daily intranasal dose in children on a mcg/m² basis) for 78 weeks or
286 in rats at inhalation doses up to 57 mcg/kg (approximately 2 times the maximum recommended
287 daily intranasal dose in adults and approximately equivalent to the maximum recommended daily
288 intranasal dose in children on a mcg/m² basis) for 104 weeks.

289 Fluticasone propionate did not induce gene mutation in prokaryotic or eukaryotic cells
290 in vitro. No significant clastogenic effect was seen in cultured human peripheral lymphocytes
291 in vitro or in the mouse micronucleus test.

292 No evidence of impairment of fertility was observed in reproductive studies conducted in
293 male and female rats at subcutaneous doses up to 50 mcg/kg (approximately 2 times the
294 maximum recommended daily intranasal dose in adults on a mcg/m² basis). Prostate weight was
295 significantly reduced at a subcutaneous dose of 50 mcg/kg.

296 **Pregnancy: Teratogenic Effects:** Pregnancy Category C. Subcutaneous studies in the
297 mouse and rat at 45 and 100 mcg/kg, respectively (approximately equivalent to and 4 times the
298 maximum recommended daily intranasal dose in adults on a mcg/m² basis, respectively) revealed
299 fetal toxicity characteristic of potent corticosteroid compounds, including embryonic growth
300 retardation, omphalocele, cleft palate, and retarded cranial ossification.

301 In the rabbit, fetal weight reduction and cleft palate were observed at a subcutaneous dose of
302 4 mcg/kg (less than the maximum recommended daily intranasal dose in adults on a mcg/m²
303 basis). However, no teratogenic effects were reported at oral doses up to 300 mcg/kg
304 (approximately 25 times the maximum recommended daily intranasal dose in adults on a mcg/m²
305 basis) of fluticasone propionate to the rabbit. No fluticasone propionate was detected in the
306 plasma in this study, consistent with the established low bioavailability following oral
307 administration (see CLINICAL PHARMACOLOGY).

308 Fluticasone propionate crossed the placenta following oral administration of 100 mcg/kg to
309 rats or 300 mcg/kg to rabbits (approximately 4 and 25 times, respectively, the maximum
310 recommended daily intranasal dose in adults on a mcg/m² basis).

311 There are no adequate and well-controlled studies in pregnant women. Fluticasone propionate
312 should be used during pregnancy only if the potential benefit justifies the potential risk to the
313 fetus.

314 Experience with oral corticosteroids since their introduction in pharmacologic, as opposed to
315 physiologic, doses suggests that rodents are more prone to teratogenic effects from
316 corticosteroids than humans. In addition, because there is a natural increase in corticosteroid
317 production during pregnancy, most women will require a lower exogenous corticosteroid dose
318 and many will not need corticosteroid treatment during pregnancy.

319 **Nursing Mothers:** It is not known whether fluticasone propionate is excreted in human breast
320 milk. However, other corticosteroids have been detected in human milk. Subcutaneous
321 administration to lactating rats of 10 mcg/kg of tritiated fluticasone propionate (less than the
322 maximum recommended daily intranasal dose in adults on a mcg/m² basis) resulted in
323 measurable radioactivity in the milk. Since there are no data from controlled trials on the use of
324 intranasal fluticasone propionate by nursing mothers, caution should be exercised when
325 FLONASE Nasal Spray is administered to a nursing woman.

326 **Pediatric Use:** Six hundred fifty (650) patients aged 4 to 11 years and 440 patients aged 12 to
327 17 years were studied in US clinical trials with fluticasone propionate nasal spray. The safety and
328 effectiveness of FLONASE Nasal Spray in children below 4 years of age have not been
329 established.

330 Controlled clinical studies have shown that intranasal corticosteroids may cause a reduction in
331 growth velocity in pediatric patients. This effect has been observed in the absence of laboratory
332 evidence of HPA axis suppression, suggesting that growth velocity is a more sensitive indicator
333 of systemic corticosteroid exposure in pediatric patients than some commonly used tests of HPA
334 axis function. The long-term effects of this reduction in growth velocity associated with
335 intranasal corticosteroids, including the impact on final adult height, are unknown. The potential
336 for “catch-up” growth following discontinuation of treatment with intranasal corticosteroids has
337 not been adequately studied. The growth of pediatric patients receiving intranasal corticosteroids,
338 including FLONASE Nasal Spray, should be monitored routinely (e.g., via stadiometry). The
339 potential growth effects of prolonged treatment should be weighed against the clinical benefits
340 obtained and the risks/benefits of treatment alternatives. To minimize the systemic effects of
341 intranasal corticosteroids, including FLONASE Nasal Spray, each patient should be titrated to
342 the lowest dose that effectively controls his/her symptoms.

343 A 1-year placebo-controlled clinical growth study was conducted in 150 pediatric patients
344 (ages 3 to 9 years) to assess the effect of FLONASE Nasal Spray (single daily dose of 200 mcg,
345 the maximum approved dose) on growth velocity. From the primary population of 56 patients
346 receiving FLONASE Nasal Spray and 52 receiving placebo, the point estimate for growth
347 velocity with FLONASE Nasal Spray was 0.14 cm/year lower than that noted with placebo (95%

348 confidence interval ranging from 0.54 cm/year lower than placebo to 0.27 cm/year higher than
349 placebo). Thus, no statistically significant effect on growth was noted compared to placebo. No
350 evidence of clinically relevant changes in HPA axis function or bone mineral density was
351 observed as assessed by 12-hour urinary cortisol excretion and dual-energy x-ray absorptiometry,
352 respectively.

353
354 The potential for FLONASE Nasal Spray to cause growth suppression in susceptible patients
355 or when given at higher doses cannot be ruled out.

356
357 **Geriatric Use:** A limited number of patients 65 years of age and older (n = 129) or 75 years of
358 age and older (n = 11) have been treated with FLONASE Nasal Spray in US and non-US clinical
359 trials. While the number of patients is too small to permit separate analysis of efficacy and
360 safety, the adverse reactions reported in this population were similar to those reported by
361 younger patients.

362 **ADVERSE REACTIONS**

363 In controlled US studies, more than 3,300 patients with seasonal allergic, perennial allergic, or
364 perennial nonallergic rhinitis received treatment with intranasal fluticasone propionate. In
365 general, adverse reactions in clinical studies have been primarily associated with irritation of the
366 nasal mucous membranes, and the adverse reactions were reported with approximately the same
367 frequency by patients treated with the vehicle itself. The complaints did not usually interfere
368 with treatment. Less than 2% of patients in clinical trials discontinued because of adverse events;
369 this rate was similar for vehicle placebo and active comparators.

370 Systemic corticosteroid side effects were not reported during controlled clinical studies up to
371 6 months' duration with FLONASE Nasal Spray. If recommended doses are exceeded, however,
372 or if individuals are particularly sensitive or taking FLONASE Nasal Spray in conjunction with
373 administration of other corticosteroids, symptoms of hypercorticism, e.g., Cushing syndrome,
374 could occur.

375 The following incidence of common adverse reactions (>3%, where incidence in fluticasone
376 propionate-treated subjects exceeded placebo) is based upon 7 controlled clinical trials in which
377 536 patients (57 girls and 108 boys aged 4 to 11 years, 137 female and 234 male adolescents and
378 adults) were treated with FLONASE Nasal Spray 200 mcg once daily over 2 to 4 weeks and 2
379 controlled clinical trials in which 246 patients (119 female and 127 male adolescents and adults)
380 were treated with FLONASE Nasal Spray 200 mcg once daily over 6 months. Also included in
381 the table are adverse events from 2 studies in which 167 children (45 girls and 122 boys aged 4
382 to 11 years) were treated with FLONASE Nasal Spray 100 mcg once daily for 2 to 4 weeks.

383

384 **Overall Adverse Experiences With >3% Incidence on Fluticasone Propionate in Controlled**
 385 **Clinical Trials With FLONASE Nasal Spray in Patients ≥4 Years With Seasonal or**
 386 **Perennial Allergic Rhinitis**

Adverse Experience	Vehicle Placebo (n = 758) %	FLONASE 100 mcg Once Daily (n = 167) %	FLONASE [®] 200 mcg Once Daily (n = 782) %
Headache	14.6	6.6	16.1
Pharyngitis	7.2	6.0	7.8
Epistaxis	5.4	6.0	6.9
Nasal burning/nasal irritation	2.6	2.4	3.2
Nausea/vomiting	2.0	4.8	2.6
Asthma symptoms	2.9	7.2	3.3
Cough	2.8	3.6	3.8

387
 388 Other adverse events that occurred in ≤3% but ≥1% of patients and that were more common
 389 with fluticasone propionate (with uncertain relationship to treatment) included: blood in nasal
 390 mucus, runny nose, abdominal pain, diarrhea, fever, flu-like symptoms, aches and pains,
 391 dizziness, bronchitis.

392 **Observed During Clinical Practice:** In addition to adverse events reported from clinical
 393 trials, the following events have been identified during postapproval use of intranasal fluticasone
 394 propionate in clinical practice. Because they are reported voluntarily from a population of
 395 unknown size, estimates of frequency cannot be made. These events have been chosen for
 396 inclusion due to either their seriousness, frequency of reporting, or causal connection to
 397 fluticasone propionate or a combination of these factors.

398 **General:** Hypersensitivity reactions, including angioedema, skin rash, edema of the face and
 399 tongue, pruritus, urticaria, bronchospasm, wheezing, dyspnea, and anaphylaxis/anaphylactoid
 400 reactions, which in rare instances were severe.

401 **Ear, Nose, and Throat:** Alteration or loss of sense of taste and/or smell and, rarely, nasal
 402 septal perforation, nasal ulcer, sore throat, throat irritation and dryness, cough, hoarseness, and
 403 voice changes.

404 **Eye:** Dryness and irritation, conjunctivitis, blurred vision, glaucoma, increased intraocular
 405 pressure, and cataracts.

406 Cases of growth suppression have been reported for intranasal corticosteroids, including
 407 FLONASE (see PRECAUTIONS: Pediatric Use).

408 **OVERDOSAGE**

409 Chronic overdosage may result in signs/symptoms of hypercorticism (see PRECAUTIONS).
 410 Intranasal administration of 2 mg (10 times the recommended dose) of fluticasone propionate
 411 twice daily for 7 days to healthy human volunteers was well tolerated. Single oral doses up to

412 16 mg have been studied in human volunteers with no acute toxic effects reported. Repeat oral
413 doses up to 80 mg daily for 10 days in volunteers and repeat oral doses up to 10 mg daily for
414 14 days in patients were well tolerated. Adverse reactions were of mild or moderate severity, and
415 incidences were similar in active and placebo treatment groups. Acute overdosage with this
416 dosage form is unlikely since 1 bottle of FLONASE Nasal Spray contains approximately 8 mg of
417 fluticasone propionate.

418 The oral and subcutaneous median lethal doses in mice and rats were >1,000 mg/kg (>20,000
419 and >41,000 times, respectively, the maximum recommended daily intranasal dose in adults and
420 >10,000 and >20,000 times, respectively, the maximum recommended daily intranasal dose in
421 children on a mg/m² basis).

422 **DOSAGE AND ADMINISTRATION**

423 Patients should use FLONASE Nasal Spray at regular intervals for optimal effect.

424 **Adults:** The recommended starting dosage in **adults** is 2 sprays (50 mcg of fluticasone
425 propionate each) in each nostril once daily (total daily dose, 200 mcg). The same dosage divided
426 into 100 mcg given twice daily (e.g., 8 a.m. and 8 p.m.) is also effective. After the first few days,
427 patients may be able to reduce their dosage to 100 mcg (1 spray in each nostril) once daily for
428 maintenance therapy. Some patients (12 years of age and older) with seasonal allergic rhinitis
429 may find as-needed use of 200 mcg once daily effective for symptom control (see Clinical
430 Trials). Greater symptom control may be achieved with scheduled regular use.

431 **Adolescents and Children (4 Years of Age and Older):** Patients should be started with
432 100 mcg (1 spray in each nostril once daily). Patients not adequately responding to 100 mcg may
433 use 200 mcg (2 sprays in each nostril). Once adequate control is achieved, the dosage should be
434 decreased to 100 mcg (1 spray in each nostril) daily.

435 The maximum total daily dosage should not exceed 2 sprays in each nostril (200 mcg/day).
436 (See Individualization of Dosage and Clinical Trials sections.)

437 FLONASE Nasal Spray is not recommended for children under 4 years of age.

438 **Directions for Use:** Illustrated patient's instructions for proper use accompany each package
439 of FLONASE Nasal Spray.

440 **HOW SUPPLIED**

441 FLONASE Nasal Spray 50 mcg is supplied in an amber glass bottle fitted with a white
442 metering atomizing pump, white nasal adapter, and green dust cover in a box of 1 (NDC 0173-
443 0453-01) with patient's instructions for use. Each bottle contains a net fill weight of 16 g and
444 will provide 120 actuations. Each actuation delivers 50 mcg of fluticasone propionate in 100 mg
445 of formulation through the nasal adapter. The correct amount of medication in each spray cannot
446 be assured after 120 sprays even though the bottle is not completely empty. The bottle should be
447 discarded when the labeled number of actuations has been used.

448 **Store between 4° and 30°C (39° and 86°F).**

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Flonase[®]

(fluticasone propionate)

Nasal Spray, 50 mcg

Please read this leaflet carefully before you start to take your medicine. It provides a summary of information on your medicine.

For further information ask your doctor or pharmacist.

WHAT YOU SHOULD KNOW ABOUT RHINITIS

Rhinitis is a word that means inflammation of the lining of the nose. If you suffer from rhinitis, your nose becomes stuffy and runny. Rhinitis can also make your nose itchy, and you may sneeze a lot. Rhinitis can be caused by allergies to pollen, animals, molds, or other materials—or it may have a nonallergic cause.

WHAT YOU SHOULD KNOW ABOUT FLONASE NASAL SPRAY

Your doctor has prescribed FLONASE Nasal Spray, a medicine that can help treat your rhinitis. FLONASE Nasal Spray contains fluticasone propionate, which is a synthetic corticosteroid. Corticosteroids are natural substances found in the body that help fight inflammation. When you spray FLONASE into your nose, it helps to reduce the symptoms of allergic reactions and the stuffiness, runniness, itching, and sneezing that can bother you.

THINGS TO REMEMBER ABOUT FLONASE NASAL SPRAY

1. Shake gently before using.
2. Use your nasal spray as directed by your doctor. The directions are on the pharmacy label.
3. Keep your nasal spray **out of the reach of children**.

BEFORE USING YOUR NASAL SPRAY

- ❖ If you are pregnant (or intending to become pregnant),
- ❖ If you are breastfeeding a baby,
- ❖ If you are allergic to FLONASE Nasal Spray or any other nasal corticosteroid,
- ❖ If you are taking a medicine containing ritonavir (commonly used to treat HIV infection or AIDS),

TELL YOUR DOCTOR BEFORE STARTING TO TAKE THIS MEDICINE. In some circumstances, this medicine may not be suitable and your doctor may wish to give you a different medicine. Make sure that your doctor knows what other medicines you are taking.

USING YOUR NASAL SPRAY

- ❖ Follow the instructions shown in the rest of this leaflet. If you have any problems, tell your doctor or pharmacist.
- ❖ It is important that you use it as directed by your doctor. The pharmacist's label will usually tell you what dose to take and how often. If it doesn't, or you are not sure, ask your doctor or pharmacist.

DOSAGE

- ❖ For **ADULTS**, the usual starting dosage is **2 sprays in each nostril**

once daily. Sometimes your doctor may recommend using 1 spray in each nostril twice a day (morning and evening). You should not use more than a total of 2 sprays in each nostril daily. After you have begun to feel better, 1 spray in each nostril daily may be adequate for you.

For **ADOLESCENTS and CHILDREN** (4 years of age and older), the usual starting dosage is **1 spray in each nostril once daily.** Sometimes your doctor may recommend using 2 sprays in each nostril daily. Then, after you have begun to feel better, 1 spray in each nostril daily may be adequate for you.

- ❖ DO NOT use more of your medicine or take it more often than your doctor advises.
- ❖ FLONASE may begin to work within 12 hours of the first dose, but it takes several days of regular use to reach its greatest effect. It is important that you use FLONASE Nasal Spray as prescribed by your doctor. Best results will be obtained by using the spray on a regular basis. If symptoms disappear, contact your doctor for further instructions.
- ❖ If you also have itchy, watery eyes, you should tell your doctor. You may be given an additional medicine to treat your eyes. Be careful not to confuse them, particularly if the second medicine is an eye drop.
- ❖ If you miss a dose, just take your regularly scheduled next dose when it is due. DO NOT DOUBLE the dose.

HOW TO USE YOUR NASAL SPRAY



FIGURE 1

Read the complete instructions carefully and use only as directed.

BEFORE USING

- 1.** Shake the bottle gently and then remove the dust cover (Figure 1).



FIGURE 2

- It is necessary to prime the pump into the air the first time it is used, or when you have not used it for a week or more. To prime the pump, hold the bottle as shown with the nasal applicator pointing away from you and with your forefinger and middle finger on either side of the nasal applicator and your thumb underneath the bottle. When you prime the pump for the first time, press down and release the pump 6 times. (Figure 2).

The pump is now ready for use. If the pump is not used for 7 days, prime until a fine spray appears.



FIGURE 3

USING THE SPRAY

- Blow your nose to clear your nostrils.
- Close one nostril. Tilt your head forward slightly and, keeping the bottle upright, carefully insert the nasal applicator into the other nostril (Figure 3).



FIGURE 4

- Start to breathe in through your nose, and WHILE BREATHING IN press firmly and quickly down once on the applicator to release the spray. To get a full actuation, use your forefinger and middle finger to spray while supporting the base of the bottle with your thumb. Avoid spraying in eyes. Breathe gently inwards through the nostril (Figure 4).

- Breathe out through your mouth.

- If a second spray is required in that nostril, repeat steps 4 through 6.

- Repeat steps 4 through 7 in the other nostril.

- Wipe the nasal applicator with a clean tissue and replace the dust cover (Figure 5).



FIGURE 5

- Do not use this bottle for more than the labeled number of sprays even though the bottle is not completely empty. Before you throw the bottle away, you should consult your doctor to see if a refill is needed. Do not take extra doses or stop taking FLONASE Nasal Spray without consulting your doctor.

CLEANING

Your nasal spray should be cleaned at least once a week. To do this:

- Remove the dust cover and then gently pull upwards to free the nasal applicator.
- Wash the applicator and dust cover under warm tap water. Allow to dry at room temperature, then place the applicator and dust cover back on the bottle.
- If the nasal applicator becomes blocked, it can be removed as above and left to soak in warm water. Rinse with cold tap water, dry, and refit. **Do not try to unblock the nasal applicator by inserting a pin or other sharp object.**

STORING YOUR NASAL SPRAY

- Keep your FLONASE Nasal Spray **out of the reach of children.**
- Avoid spraying in eyes.
- Store between 4° and 30°C (39° and 86°F).
- Do not use your FLONASE Nasal Spray after the date shown as "EXP" on the label or box.

REMEMBER: This medicine has been prescribed for you by your doctor. DO NOT give this medicine to anyone else.

FURTHER INFORMATION

This leaflet does not contain the complete information about your medicine. *If you have any questions, or are not sure about something, then you should ask your doctor or pharmacist.*

You may want to read this leaflet again. Please **DO NOT THROW IT AWAY** until you have finished your medicine.



GlaxoSmithKline
Research Triangle Park, NC 27709

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PRESCRIBING INFORMATION

FLOVENT[®] 44 mcg
(fluticasone propionate, 44 mcg)
Inhalation Aerosol

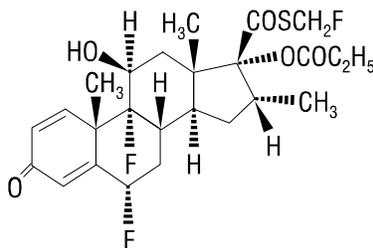
FLOVENT[®] 110 mcg
(fluticasone propionate, 110 mcg)
Inhalation Aerosol

FLOVENT[®] 220 mcg
(fluticasone propionate, 220 mcg)
Inhalation Aerosol

For Oral Inhalation Only

DESCRIPTION

The active component of FLOVENT 44 mcg Inhalation Aerosol, FLOVENT 110 mcg Inhalation Aerosol, and FLOVENT 220 mcg Inhalation Aerosol is fluticasone propionate, a glucocorticoid having the chemical name *S*-(fluoromethyl)6 α ,9-difluoro-11 β ,17-dihydroxy-16 α -methyl-3-oxoandrosta-1,4-diene-17 β -carbothioate, 17-propionate and the following chemical structure:



Fluticasone propionate is a white to off-white powder with a molecular weight of 500.6. It is practically insoluble in water, freely soluble in dimethyl sulfoxide and dimethylformamide, and slightly soluble in methanol and 95% ethanol.

FLOVENT 44 mcg Inhalation Aerosol, FLOVENT 110 mcg Inhalation Aerosol, and FLOVENT 220 mcg Inhalation Aerosol are pressurized, metered-dose aerosol units intended for oral inhalation only. Each unit contains a microcrystalline suspension of fluticasone propionate (micronized) in a mixture of 2 chlorofluorocarbon propellants (trichlorofluoromethane and dichlorodifluoromethane) with soya lecithin. Each actuation of the inhaler delivers 50, 125, or 250 mcg of fluticasone propionate from the valve and 44, 110, or 220 mcg, respectively, of fluticasone propionate from the actuator.

34 **CLINICAL PHARMACOLOGY**

35 Fluticasone propionate is a synthetic, trifluorinated glucocorticoid with potent
36 anti-inflammatory activity. In vitro assays using human lung cytosol preparations have
37 established fluticasone propionate as a human glucocorticoid receptor agonist with an affinity 18
38 times greater than dexamethasone, almost twice that of beclomethasone-17-monopropionate
39 (BMP), the active metabolite of beclomethasone dipropionate, and over 3 times that of
40 budesonide. Data from the McKenzie vasoconstrictor assay in man are consistent with these
41 results.

42 The precise mechanisms of glucocorticoid action in asthma are unknown. Inflammation is
43 recognized as an important component in the pathogenesis of asthma. Glucocorticoids have been
44 shown to inhibit multiple cell types (e.g., mast cells, eosinophils, basophils, lymphocytes,
45 macrophages, and neutrophils) and mediator production or secretion (e.g., histamine,
46 eicosanoids, leukotrienes, and cytokines) involved in the asthmatic response. These
47 anti-inflammatory actions of glucocorticoids may contribute to their efficacy in asthma.

48 Though highly effective for the treatment of asthma, glucocorticoids do not affect asthma
49 symptoms immediately. However, improvement following inhaled administration of fluticasone
50 propionate can occur within 24 hours of beginning treatment, although maximum benefit may
51 not be achieved for 1 to 2 weeks or longer after starting treatment. When glucocorticoids are
52 discontinued, asthma stability may persist for several days or longer.

53 **Pharmacokinetics: Absorption:** The activity of FLOVENT Inhalation Aerosol is due to the
54 parent drug, fluticasone propionate. Studies using oral dosing of labeled and unlabeled drug have
55 demonstrated that the oral systemic bioavailability of fluticasone propionate is negligible (<1%),
56 primarily due to incomplete absorption and presystemic metabolism in the gut and liver. In
57 contrast, the majority of the fluticasone propionate delivered to the lung is systemically
58 absorbed. The systemic bioavailability of fluticasone propionate inhalation aerosol in healthy
59 volunteers averaged about 30% of the dose delivered from the actuator.

60 Peak plasma concentrations after an 880-mcg inhaled dose ranged from 0.1 to 1.0 ng/mL.

61 **Distribution:** Following intravenous administration, the initial disposition phase for
62 fluticasone propionate was rapid and consistent with its high lipid solubility and tissue binding.
63 The volume of distribution averaged 4.2 L/kg. The percentage of fluticasone propionate bound to
64 human plasma proteins averaged 91%. Fluticasone propionate is weakly and reversibly bound to
65 erythrocytes. Fluticasone propionate is not significantly bound to human transcortin.

66 **Metabolism:** The total clearance of fluticasone propionate is high (average, 1,093 mL/min),
67 with renal clearance accounting for less than 0.02% of the total. The only circulating metabolite
68 detected in man is the 17 β -carboxylic acid derivative of fluticasone propionate, which is formed
69 through the cytochrome P450 3A4 pathway. This metabolite had approximately 2,000 times less
70 affinity than the parent drug for the glucocorticoid receptor of human lung cytosol in vitro and
71 negligible pharmacological activity in animal studies. Other metabolites detected in vitro using
72 cultured human hepatoma cells have not been detected in man.

73 **Excretion:** Following intravenous dosing, fluticasone propionate showed polyexponential
74 kinetics and had a terminal elimination half-life of approximately 7.8 hours. Less than 5% of a
75 radiolabeled oral dose was excreted in the urine as metabolites, with the remainder excreted in
76 the feces as parent drug and metabolites.

77 **Special Populations:** Formal pharmacokinetic studies using fluticasone propionate were
78 not carried out in any special populations. In a clinical study using fluticasone propionate
79 inhalation powder, trough fluticasone propionate plasma concentrations were collected in 76
80 males and 74 females after inhaled administration of 100 and 500 mcg twice daily. Full
81 pharmacokinetic profiles were obtained from 7 female patients and 13 male patients at these
82 doses, and no overall differences in pharmacokinetic behavior were found.

83 **Drug Interactions:** Fluticasone propionate is a substrate of cytochrome P450 3A4.
84 Coadministration of fluticasone propionate and the highly potent cytochrome P450 3A4 inhibitor
85 ritonavir is not recommended based upon a multiple-dose, crossover drug interaction study in 18
86 healthy subjects. Fluticasone propionate aqueous nasal spray (200 mcg once daily) was
87 coadministered for 7 days with ritonavir (100 mg twice daily). Plasma fluticasone propionate
88 concentrations following fluticasone propionate aqueous nasal spray alone were undetectable
89 (<10 pg/mL) in most subjects, and when concentrations were detectable peak levels (C_{max}
90 averaged 11.9 pg/mL [range, 10.8 to 14.1 pg/mL] and $AUC_{(0-\tau)}$ averaged 8.43 pg•hr/mL [range,
91 4.2 to 18.8 pg•hr/mL]). Fluticasone propionate C_{max} and $AUC_{(0-\tau)}$ increased to 318 pg/mL (range,
92 110 to 648 pg/mL) and 3,102.6 pg•hr/mL (range, 1,207.1 to 5,662.0 pg•hr/mL), respectively,
93 after coadministration of ritonavir with fluticasone propionate aqueous nasal spray. This
94 significant increase in plasma fluticasone propionate exposure resulted in a significant decrease
95 (86%) in plasma cortisol area under the plasma concentration versus time curve (AUC).

96 Caution should be exercised when other potent cytochrome P450 3A4 inhibitors are
97 coadministered with fluticasone propionate. In a drug interaction study, coadministration of
98 orally inhaled fluticasone propionate (1,000 mcg) and ketoconazole (200 mg once daily) resulted
99 in increased plasma fluticasone propionate exposure and reduced plasma cortisol AUC, but had
100 no effect on urinary excretion of cortisol.

101 In another multiple-dose drug interaction study, coadministration of orally inhaled fluticasone
102 propionate (500 mcg twice daily) and erythromycin (333 mg 3 times daily) did not affect
103 fluticasone propionate pharmacokinetics.

104 **Pharmacodynamics:** To confirm that systemic absorption does not play a role in the clinical
105 response to inhaled fluticasone propionate, a double-blind clinical study comparing inhaled and
106 oral fluticasone propionate was conducted. Doses of 100 and 500 mcg twice daily of fluticasone
107 propionate inhalation powder were compared to oral fluticasone propionate, 20,000 mcg given
108 once daily, and placebo for 6 weeks. Plasma levels of fluticasone propionate were detectable in
109 all 3 active groups, but the mean values were highest in the oral group. Both doses of inhaled
110 fluticasone propionate were effective in maintaining asthma stability and improving lung
111 function while oral fluticasone propionate and placebo were ineffective. This demonstrates that

112 the clinical effectiveness of inhaled fluticasone propionate is due to its direct local effect and not
113 to an indirect effect through systemic absorption.

114 The potential systemic effects of inhaled fluticasone propionate on the
115 hypothalamic-pituitary-adrenal (HPA) axis were also studied in patients with asthma.
116 Fluticasone propionate given by inhalation aerosol at doses of 220, 440, 660, or 880 mcg twice
117 daily was compared with placebo or oral prednisone 10 mg given once daily for 4 weeks. For
118 most patients, the ability to increase cortisol production in response to stress, as assessed by
119 6-hour cosyntropin stimulation, remained intact with inhaled fluticasone propionate treatment.
120 No patient had an abnormal response (peak less than 18 mcg/dL) after dosing with placebo or
121 220 mcg twice daily. Ten percent (10%) to 16% of patients treated with fluticasone propionate at
122 doses of 440 mcg or more twice daily had an abnormal response as compared to 29% of patients
123 treated with prednisone.

124 **CLINICAL TRIALS**

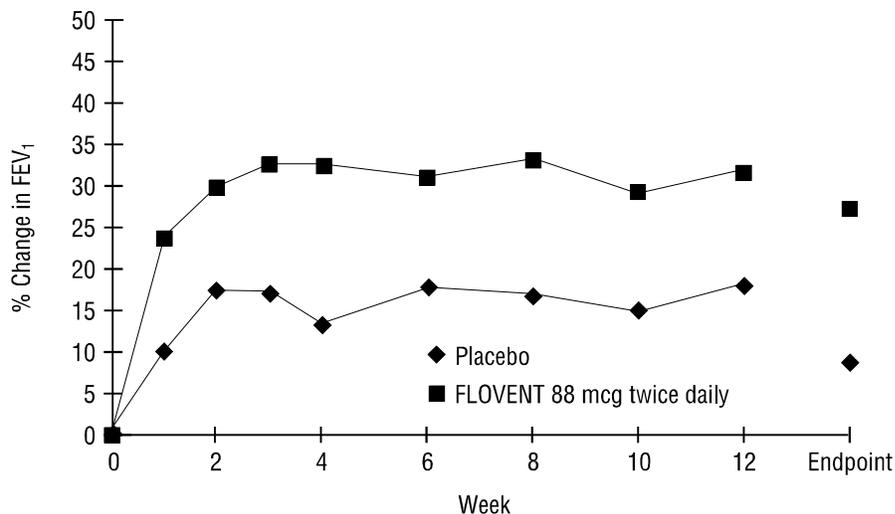
125 Double-blind, parallel-group, placebo-controlled, US clinical trials were conducted in 1,818
126 adolescent and adult patients with asthma to assess the efficacy and/or safety of FLOVENT
127 Inhalation Aerosol in the treatment of asthma. Fixed doses ranging from 22 to 880 mcg twice
128 daily were compared to placebo to provide information about appropriate dosing to cover a range
129 of asthma severity. Patients with asthma included in these studies were those not adequately
130 controlled with beta-agonists alone, those already maintained on daily inhaled corticosteroids,
131 and those requiring oral corticosteroid therapy. In all efficacy trials, at all doses, measures of
132 pulmonary function (forced expiratory volume in 1 second [FEV₁] and morning peak expiratory
133 flow [AM PEF]) were statistically significantly improved as compared with placebo.

134 In 2 clinical trials of 660 patients with asthma inadequately controlled on bronchodilators
135 alone, FLOVENT Inhalation Aerosol was evaluated at doses of 44 and 88 mcg twice daily. Both
136 doses of FLOVENT Inhalation Aerosol improved asthma control significantly as compared with
137 placebo.

138 Figure 1 displays results of pulmonary function tests for the recommended starting dosage of
139 FLOVENT Inhalation Aerosol (88 mcg twice daily) and placebo from a 12-week trial in patients
140 with asthma inadequately controlled on bronchodilators alone. Because this trial used
141 predetermined criteria for lack of efficacy, which caused more patients in the placebo group to be
142 withdrawn, pulmonary function results at Endpoint, which is the last evaluable FEV₁ result and
143 includes most patients' lung function data, are also provided. Pulmonary function improved
144 significantly with FLOVENT Inhalation Aerosol compared with placebo by the second week of
145 treatment, and this improvement was maintained over the duration of the trial.

146

147 **Figure 1. A 12-Week Clinical Trial in Patients Inadequately**
148 **Controlled on Bronchodilators Alone: Mean Percent Change**
149 **From Baseline in FEV₁ Prior to AM Dose**
150

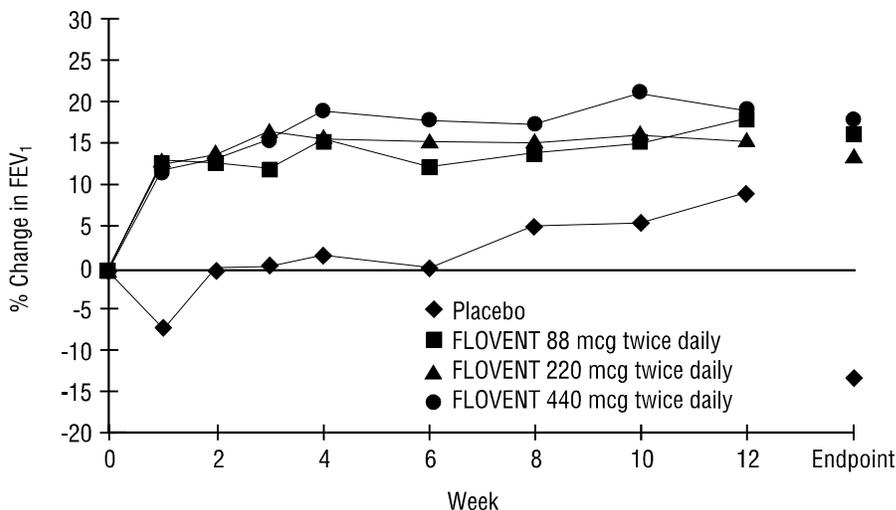


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153 In clinical trials of 924 patients with asthma already receiving daily inhaled corticosteroid
154 therapy (doses of at least 336 mcg/day of beclomethasone dipropionate) in addition to as-needed
155 albuterol and theophylline (46% of all patients), 22- to 440-mcg twice-daily doses of FLOVENT
156 Inhalation Aerosol were also evaluated. All doses of FLOVENT Inhalation Aerosol were
157 efficacious when compared to placebo on major endpoints including lung function and symptom
158 scores. Patients treated with FLOVENT Inhalation Aerosol were also less likely to discontinue
159 study participation due to asthma deterioration (as defined by predetermined criteria for lack of
160 efficacy including lung function and patient-recorded variables such as AM PEF, albuterol use,
161 and nighttime awakenings due to asthma).

162 Figure 2 displays results of pulmonary function from a 12-week clinical trial in patients with
163 asthma already receiving daily inhaled corticosteroid therapy (beclomethasone dipropionate 336
164 to 672 mcg/day). The mean percent change from baseline in lung function results for FLOVENT
165 Inhalation Aerosol dosages of 88, 220, and 440 mcg twice daily and placebo are shown over the
166 12-week trial. Because this trial also used predetermined criteria for lack of efficacy, which
167 caused more patients in the placebo group to be withdrawn, pulmonary function results at
168 Endpoint are included. Pulmonary function improved significantly with FLOVENT Inhalation
169 Aerosol compared with placebo by the first week of treatment, and the improvement was
170 maintained over the duration of the trial. Analysis of the endpoint results that adjusted for
171 differential withdrawal rates indicated that pulmonary function significantly improved with
172 FLOVENT Inhalation Aerosol compared with placebo treatment. Similar improvements in lung
173 function were seen in the other 2 trials in patients treated with inhaled corticosteroids at baseline.
174

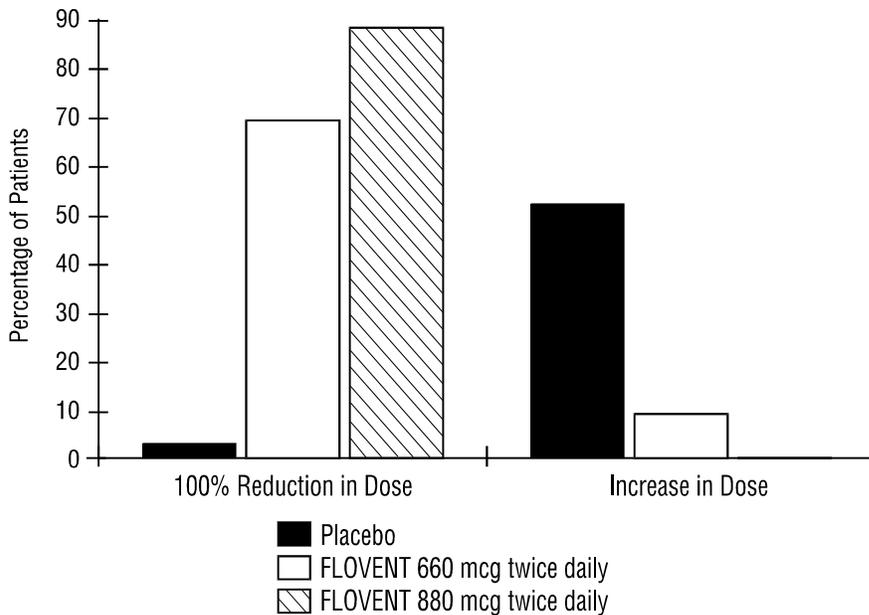
175 **Figure 2. A 12-Week Clinical Trial With Patients Already**
176 **Receiving Inhaled Corticosteroids: Mean Percent Change**
177 **From Baseline in FEV₁ Prior to AM Dose**
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In a clinical trial of 96 patients with severe asthma requiring chronic oral prednisone therapy (average baseline daily prednisone dose was 10 mg), twice-daily doses of 660 and 880 mcg of FLOVENT Inhalation Aerosol were evaluated. Both doses enabled a statistically significantly larger percentage of patients to wean successfully from oral prednisone as compared with placebo (69% of the patients on 660 mcg twice daily and 88% of the patients on 880 mcg twice daily as compared with 3% of patients on placebo). Accompanying the reduction in oral corticosteroid use, patients treated with FLOVENT Inhalation Aerosol had significantly improved lung function and fewer asthma symptoms as compared with the placebo group.

190 **Figure 3. A 16-Week Clinical Trial in Patients Requiring**
191 **Chronic Oral Prednisone Therapy: Change in Maintenance**
192 **Prednisone Dose**



194
195

196 **INDICATIONS AND USAGE**

197 FLOVENT Inhalation Aerosol is indicated for the maintenance treatment of asthma as
198 prophylactic therapy. It is also indicated for patients requiring oral corticosteroid therapy for
199 asthma. Many of these patients may be able to reduce or eliminate their requirement for oral
200 corticosteroids over time.

201 FLOVENT Inhalation Aerosol is NOT indicated for the relief of acute bronchospasm.

202 **CONTRAINDICATIONS**

203 FLOVENT Inhalation Aerosol is contraindicated in the primary treatment of status
204 asthmaticus or other acute episodes of asthma where intensive measures are required.

205 Hypersensitivity to any of the ingredients of these preparations contraindicates their use (see
206 DESCRIPTION).

207 **WARNINGS**

208 Particular care is needed for patients who are transferred from systemically active
209 corticosteroids to FLOVENT Inhalation Aerosol because deaths due to adrenal insufficiency
210 have occurred in patients with asthma during and after transfer from systemic corticosteroids to
211 less systemically available inhaled corticosteroids. After withdrawal from systemic
212 corticosteroids, a number of months are required for recovery of HPA function.

213 Patients who have been previously maintained on 20 mg or more per day of prednisone (or its
214 equivalent) may be most susceptible, particularly when their systemic corticosteroids have been
215 almost completely withdrawn. During this period of HPA suppression, patients may exhibit signs
216 and symptoms of adrenal insufficiency when exposed to trauma, surgery, or infection
217 (particularly gastroenteritis) or other conditions associated with severe electrolyte loss. Although
218 FLOVENT Inhalation Aerosol may provide control of asthma symptoms during these episodes,
219 in recommended doses it supplies less than normal physiological amounts of glucocorticoid
220 systemically and does NOT provide the mineralocorticoid activity that is necessary for coping
221 with these emergencies.

222 During periods of stress or a severe asthma attack, patients who have been withdrawn from
223 systemic corticosteroids should be instructed to resume oral corticosteroids (in large doses)
224 immediately and to contact their physicians for further instruction. These patients should also be
225 instructed to carry a warning card indicating that they may need supplementary systemic
226 corticosteroids during periods of stress or a severe asthma attack.

227 A drug interaction study in healthy subjects has shown that ritonavir (a highly potent
228 cytochrome P450 3A4 inhibitor) can significantly increase plasma fluticasone propionate
229 exposure, resulting in significantly reduced serum cortisol concentrations (see CLINICAL
230 PHARMACOLOGY: Drug Interactions and PRECAUTIONS: Drug Interactions). During
231 postmarketing use, there have been reports of clinically significant drug interactions in patients
232 receiving fluticasone propionate and ritonavir, resulting in systemic corticosteroid effects
233 including Cushing syndrome and adrenal suppression. Therefore, coadministration of fluticasone
234 propionate and ritonavir is not recommended unless the potential benefit to the patient
235 outweighs the risk of systemic corticosteroid side effects.

236 Patients requiring oral corticosteroids should be weaned slowly from systemic corticosteroid
237 use after transferring to FLOVENT Inhalation Aerosol. In a trial of 96 patients, prednisone
238 reduction was successfully accomplished by reducing the daily prednisone dose by 2.5 mg on a
239 weekly basis during transfer to inhaled fluticasone propionate. Successive reduction of
240 prednisone dose was allowed only when lung function, symptoms, and as-needed beta-agonist
241 use were better than or comparable to that seen before initiation of prednisone dose reduction.
242 Lung function (FEV₁ or AM PEF), beta-agonist use, and asthma symptoms should be carefully
243 monitored during withdrawal of oral corticosteroids. In addition to monitoring asthma signs and
244 symptoms, patients should be observed for signs and symptoms of adrenal insufficiency such as
245 fatigue, lassitude, weakness, nausea and vomiting, and hypotension.

246 Transfer of patients from systemic corticosteroid therapy to FLOVENT Inhalation Aerosol
247 may unmask conditions previously suppressed by the systemic corticosteroid therapy, e.g.,
248 rhinitis, conjunctivitis, eczema, and arthritis.

249 Persons who are on drugs that suppress the immune system are more susceptible to infections
250 than healthy individuals. Chickenpox and measles, for example, can have a more serious or even
251 fatal course in susceptible children or adults on corticosteroids. In such children or adults who
252 have not had these diseases, particular care should be taken to avoid exposure. How the dose,

253 route, and duration of corticosteroid administration affect the risk of developing a disseminated
254 infection is not known. The contribution of the underlying disease and/or prior corticosteroid
255 treatment to the risk is also not known. If exposed to chickenpox, prophylaxis with varicella
256 zoster immune globulin (VZIG) may be indicated. If exposed to measles, prophylaxis with
257 pooled intramuscular immunoglobulin (IG) may be indicated. (See the respective package inserts
258 for complete VZIG and IG prescribing information.) If chickenpox develops, treatment with
259 antiviral agents may be considered.

260 FLOVENT Inhalation Aerosol is not to be regarded as a bronchodilator and is not indicated
261 for rapid relief of bronchospasm.

262 As with other inhaled asthma medications, bronchospasm may occur with an immediate
263 increase in wheezing after dosing. If bronchospasm occurs following dosing with FLOVENT
264 Inhalation Aerosol, it should be treated immediately with a fast-acting inhaled bronchodilator.
265 Treatment with FLOVENT Inhalation Aerosol should be discontinued and alternative therapy
266 instituted.

267 Patients should be instructed to contact their physicians immediately when episodes of asthma
268 that are not responsive to bronchodilators occur during the course of treatment with FLOVENT
269 Inhalation Aerosol. During such episodes, patients may require therapy with oral corticosteroids.

270 **PRECAUTIONS**

271 **General:** During withdrawal from oral corticosteroids, some patients may experience symptoms
272 of systemically active corticosteroid withdrawal, e.g., joint and/or muscular pain, lassitude, and
273 depression, despite maintenance or even improvement of respiratory function.

274 Fluticasone propionate will often permit control of asthma symptoms with less suppression of
275 HPA function than therapeutically equivalent oral doses of prednisone. Since fluticasone
276 propionate is absorbed into the circulation and can be systemically active at higher doses, the
277 beneficial effects of FLOVENT Inhalation Aerosol in minimizing HPA dysfunction may be
278 expected only when recommended dosages are not exceeded and individual patients are titrated
279 to the lowest effective dose. A relationship between plasma levels of fluticasone propionate and
280 inhibitory effects on stimulated cortisol production has been shown after 4 weeks of treatment
281 with FLOVENT Inhalation Aerosol. Since individual sensitivity to effects on cortisol production
282 exists, physicians should consider this information when prescribing FLOVENT Inhalation
283 Aerosol.

284 Because of the possibility of systemic absorption of inhaled corticosteroids, patients treated
285 with these drugs should be observed carefully for any evidence of systemic corticosteroid effects.
286 Particular care should be taken in observing patients postoperatively or during periods of stress
287 for evidence of inadequate adrenal response.

288 It is possible that systemic corticosteroid effects such as hypercorticism and adrenal
289 suppression (including adrenal crisis) may appear in a small number of patients, particularly
290 when FLOVENT Inhalation Aerosol is administered at higher than recommended doses over
291 prolonged periods of time. If such effects occur, fluticasone propionate inhalation aerosol should

292 be reduced slowly, consistent with accepted procedures for reducing systemic corticosteroids and
293 for management of asthma symptoms.

294 A reduction of growth velocity in children or teenagers may occur as a result of inadequate
295 control of chronic diseases such as asthma or from use of corticosteroids for treatment.

296 Physicians should closely follow the growth of adolescents taking corticosteroids by any route
297 and weigh the benefits of corticosteroid therapy and asthma control against the possibility of
298 growth suppression if an adolescent's growth appears slowed.

299 The long-term effects of fluticasone propionate in human subjects are not fully known. In
300 particular, the effects resulting from chronic use of fluticasone propionate on developmental or
301 immunologic processes in the mouth, pharynx, trachea, and lung are unknown. Some patients
302 have received fluticasone propionate inhalation aerosol on a continuous basis for periods of
303 3 years or longer. In clinical studies with patients treated for nearly 2 years with inhaled
304 fluticasone propionate, no apparent differences in the type or severity of adverse reactions were
305 observed after long- versus short-term treatment.

306 Rare instances of glaucoma, increased intraocular pressure, and cataracts have been reported
307 following the inhaled administration of corticosteroids, including fluticasone propionate.

308 In clinical studies with inhaled fluticasone propionate, the development of localized infections
309 of the pharynx with *Candida albicans* has occurred. When such an infection develops, it should
310 be treated with appropriate local or systemic (i.e., oral antifungal) therapy while remaining on
311 treatment with FLOVENT Inhalation Aerosol, but at times therapy with FLOVENT Inhalation
312 Aerosol may need to be interrupted.

313 Inhaled corticosteroids should be used with caution, if at all, in patients with active or
314 quiescent tuberculosis infection of the respiratory tract; untreated systemic fungal, bacterial, viral
315 or parasitic infections; or ocular herpes simplex.

316 **Eosinophilic Conditions:** In rare cases, patients on inhaled fluticasone propionate may
317 present with systemic eosinophilic conditions, with some patients presenting with clinical
318 features of vasculitis consistent with Churg-Strauss syndrome, a condition that is often treated
319 with systemic corticosteroid therapy. These events usually, but not always, have been associated
320 with the reduction and/or withdrawal of oral corticosteroid therapy following the introduction of
321 fluticasone propionate. Cases of serious eosinophilic conditions have also been reported with
322 other inhaled corticosteroids in this clinical setting. Physicians should be alert to eosinophilia,
323 vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy
324 presenting in their patients. A causal relationship between fluticasone propionate and these
325 underlying conditions has not been established (see ADVERSE REACTIONS).

326 **Information for Patients:** Patients being treated with FLOVENT Inhalation Aerosol should
327 receive the following information and instructions. This information is intended to aid them in
328 the safe and effective use of this medication. It is not a disclosure of all possible adverse or
329 intended effects.

330 Patients should use FLOVENT Inhalation Aerosol at regular intervals as directed. Results of
331 clinical trials indicated significant improvement may occur within the first day or two of

332 treatment; however, the full benefit may not be achieved until treatment has been administered
333 for 1 to 2 weeks or longer. The patient should not increase the prescribed dosage but should
334 contact the physician if symptoms do not improve or if the condition worsens.

335 After inhalation, rinse the mouth with water without swallowing.

336 Patients should be warned to avoid exposure to chickenpox or measles and, if they are
337 exposed, to consult the physician without delay.

338 For the proper use of FLOVENT Inhalation Aerosol and to attain maximum improvement, the
339 patient should read and follow carefully the Patient's Instructions for Use accompanying the
340 product.

341 **Drug Interactions:** Fluticasone propionate is a substrate of cytochrome P450 3A4. A drug
342 interaction study with fluticasone propionate aqueous nasal spray in healthy subjects has shown
343 that ritonavir (a highly potent cytochrome P450 3A4 inhibitor) can significantly increase plasma
344 fluticasone propionate exposure, resulting in significantly reduced serum cortisol concentrations
345 (see CLINICAL PHARMACOLOGY: Drug Interactions). During postmarketing use, there have
346 been reports of clinically significant drug interactions in patients receiving fluticasone propionate
347 and ritonavir, resulting in systemic corticosteroid effects including Cushing syndrome and
348 adrenal suppression. Therefore, coadministration of fluticasone propionate and ritonavir is not
349 recommended unless the potential benefit to the patient outweighs the risk of systemic
350 corticosteroid side effects.

351 In a placebo-controlled, crossover study in 8 healthy volunteers, coadministration of a single
352 dose of orally inhaled fluticasone propionate (1,000 mcg) with multiple doses of ketoconazole
353 (200 mg) to steady state resulted in increased mean plasma fluticasone propionate exposure, a
354 reduction in plasma cortisol AUC, and no effect on urinary excretion of cortisol. Caution should
355 be exercised when FLOVENT Inhalation Aerosol is coadministered with ketoconazole and other
356 known potent cytochrome P450 3A4 inhibitors.

357 **Carcinogenesis, Mutagenesis, Impairment of Fertility:** Fluticasone propionate
358 demonstrated no tumorigenic potential in studies of oral doses up to 1,000 mcg/kg
359 (approximately 2 times the maximum human daily inhalation dose based on mcg/m^2) for
360 78 weeks in the mouse or inhalation of up to 57 mcg/kg (approximately 1/4 the maximum human
361 daily inhalation dose based on mcg/m^2) for 104 weeks in the rat.

362 Fluticasone propionate did not induce gene mutation in prokaryotic or eukaryotic cells in
363 vitro. No significant clastogenic effect was seen in cultured human peripheral lymphocytes in
364 vitro or in the mouse micronucleus test when administered at high doses by the oral or
365 subcutaneous routes. Furthermore, the compound did not delay erythroblast division in bone
366 marrow.

367 No evidence of impairment of fertility was observed in reproductive studies conducted in rats
368 dosed subcutaneously with doses up to 50 mcg/kg (approximately 1/4 the maximum human daily
369 inhalation dose based on mcg/m^2) in males and females. However, prostate weight was
370 significantly reduced in rats.

371 **Pregnancy: Teratogenic Effects:** Pregnancy Category C. Subcutaneous studies in the
372 mouse and rat at 45 and 100 mcg/kg, respectively (approximately 1/10 and 1/2 the maximum
373 human daily inhalation dose based on mcg/m², respectively), revealed fetal toxicity characteristic
374 of potent glucocorticoid compounds, including embryonic growth retardation, omphalocele, cleft
375 palate, and retarded cranial ossification.

376 In the rabbit, fetal weight reduction and cleft palate were observed following subcutaneous
377 doses of 4 mcg/kg (approximately 1/25 the maximum human daily inhalation dose based on
378 mcg/m²). However, following oral administration of up to 300 mcg/kg (approximately 3 times
379 the maximum human daily inhalation dose based on mcg/m²) of fluticasone propionate to the
380 rabbit, there were no maternal effects nor increased incidence of external, visceral, or skeletal
381 fetal defects. No fluticasone propionate was detected in the plasma in this study, consistent with
382 the established low bioavailability following oral administration (see CLINICAL
383 PHARMACOLOGY).

384 Less than 0.008% of the administered dose crossed the placenta following oral administration
385 of 100 mcg/kg to rats or 300 mcg/kg to rabbits (approximately 1/2 and 3 times the maximum
386 human daily inhalation dose based on mcg/m², respectively).

387 There are no adequate and well-controlled studies in pregnant women. FLOVENT Inhalation
388 Aerosol should be used during pregnancy only if the potential benefit justifies the potential risk
389 to the fetus.

390 Experience with oral glucocorticoids since their introduction in pharmacologic, as opposed to
391 physiologic, doses suggests that rodents are more prone to teratogenic effects from
392 glucocorticoids than humans. In addition, because there is a natural increase in glucocorticoid
393 production during pregnancy, most women will require a lower exogenous glucocorticoid dose
394 and many will not need glucocorticoid treatment during pregnancy.

395 **Nursing Mothers:** It is not known whether fluticasone propionate is excreted in human breast
396 milk. Subcutaneous administration of 10 mcg/kg tritiated drug to lactating rats (approximately
397 1/20 the maximum human daily inhalation dose based on mcg/m²) resulted in measurable
398 radioactivity in both plasma and milk. Because glucocorticoids are excreted in human milk,
399 caution should be exercised when fluticasone propionate inhalation aerosol is administered to a
400 nursing woman.

401 **Pediatric Use:** One hundred thirty-seven (137) patients between the ages of 12 and 16 years
402 were treated with FLOVENT Inhalation Aerosol in the US pivotal clinical trials. The safety and
403 effectiveness of FLOVENT Inhalation Aerosol in children below 12 years of age have not been
404 established. Oral corticosteroids have been shown to cause a reduction in growth velocity in
405 children and teenagers with extended use. If a child or teenager on any corticosteroid appears to
406 have growth suppression, the possibility that they are particularly sensitive to this effect of
407 corticosteroids should be considered (see PRECAUTIONS).

408 **Geriatric Use:** Five hundred seventy-four (574) patients 65 years of age or older have been
409 treated with FLOVENT Inhalation Aerosol in US and non-US clinical trials. There were no
410 differences in adverse reactions compared to those reported by younger patients.

411 **ADVERSE REACTIONS**

412 The incidence of common adverse events in Table 1 is based upon 7 placebo-controlled US
413 clinical trials in which 1,243 patients (509 female and 734 male adolescents and adults
414 previously treated with as-needed bronchodilators and/or inhaled corticosteroids) were treated
415 with FLOVENT Inhalation Aerosol (doses of 88 to 440 mcg twice daily for up to 12 weeks) or
416 placebo.

417
418 **Table 1. Overall Adverse Events With >3% Incidence in US Controlled Clinical Trials**
419 **With FLOVENT Inhalation Aerosol in Patients Previously Receiving Bronchodilators and/or**
420 **Inhaled Corticosteroids**

Adverse Event	Placebo (N = 475) %	FLOVENT 88 mcg Twice Daily (N = 488) %	FLOVENT 220 mcg Twice Daily (N = 95) %	FLOVENT 440 mcg Twice Daily (N = 185) %
Ear, nose, and throat				
Pharyngitis	7	10	14	14
Nasal congestion	8	8	16	10
Sinusitis	4	3	6	5
Nasal discharge	3	5	4	4
Dysphonia	1	4	3	8
Allergic rhinitis	4	5	3	3
Oral candidiasis	1	2	3	5
Respiratory				
Upper respiratory infection	12	15	22	16
Influenza	2	3	8	5
Neurological				
Headache	14	17	22	17
Average duration of exposure (days)	44	66	64	59

421
422 Table 1 includes all events (whether considered drug-related or nondrug-related by the
423 investigator) that occurred at a rate of over 3% in groups treated with FLOVENT Inhalation
424 Aerosol and were more common than in the placebo group. In considering these data, differences
425 in average duration of exposure should be taken into account.

426 These adverse reactions were mostly mild to moderate in severity, with $\leq 2\%$ of patients
427 discontinuing the studies because of adverse events. Rare cases of immediate and delayed
428 hypersensitivity reactions, including urticaria and rash and other rare events of angioedema and
429 bronchospasm, have been reported.

430 Systemic glucocorticoid side effects were not reported during controlled clinical trials with
431 FLOVENT Inhalation Aerosol. If recommended doses are exceeded, however, or if individuals
432 are particularly sensitive, symptoms of hypercorticism, e.g., Cushing syndrome, could occur.

433 Other adverse events that occurred in these clinical trials using FLOVENT Inhalation Aerosol
434 with an incidence of 1% to 3% and that occurred at a greater incidence than with placebo were:

435 **Ear, Nose, and Throat:** Pain in nasal sinus(es), rhinitis.

436 **Eye:** Irritation of the eye(s).

437 **Gastrointestinal:** Nausea and vomiting, diarrhea, dyspepsia and stomach disorder.

438 **Miscellaneous:** Fever.

439 **Mouth and Teeth:** Dental problem.

440 **Musculoskeletal:** Pain in joint, sprain/strain, aches and pains, pain in limb.

441 **Neurological:** Dizziness/giddiness.

442 **Respiratory:** Bronchitis, chest congestion.

443 **Skin:** Dermatitis, rash/skin eruption.

444 **Urogenital:** Dysmenorrhea.

445 In a 16-week study in patients with asthma requiring oral corticosteroids, the effects of
446 FLOVENT Inhalation Aerosol, 660 mcg twice daily (N = 32) and 880 mcg twice daily (N = 32),
447 were compared with placebo. Adverse events (whether considered drug-related or
448 nondrug-related by the investigator) reported by more than 3 patients in either group treated with
449 FLOVENT Inhalation Aerosol and that were more common with FLOVENT than placebo are
450 shown below:

451 **Ear, Nose, and Throat:** Pharyngitis (9% and 25%), nasal congestion (19% and 22%),
452 sinusitis (19% and 22%), nasal discharge (16% and 16%), dysphonia (19% and 9%), pain in
453 nasal sinus(es) (13% and 0%), Candida-like oral lesions (16% and 9%), oropharyngeal
454 candidiasis (25% and 19%).

455 **Respiratory:** Upper respiratory infection (31% and 19%), influenza (0% and 13%).

456 **Other:** Headache (28% and 34%), pain in joint (19% and 13%), nausea and vomiting (22%
457 and 16%), muscular soreness (22% and 13%), malaise/fatigue (22% and 28%), insomnia (3%
458 and 13%).

459 **Observed During Clinical Practice:** In addition to adverse events reported from clinical
460 trials, the following events have been identified during postapproval use of fluticasone
461 propionate. Because they are reported voluntarily from a population of unknown size, estimates
462 of frequency cannot be made. These events have been chosen for inclusion due to either their
463 seriousness, frequency of reporting, or causal connection to fluticasone propionate or a
464 combination of these factors.

465 **Ear, Nose, and Throat:** Aphonia, facial and oropharyngeal edema, hoarseness, laryngitis,
466 and throat soreness and irritation.

467 **Endocrine and Metabolic:** Cushingoid features, growth velocity reduction in
468 children/adolescents, hyperglycemia, osteoporosis, and weight gain.

469 **Eye:** Cataracts.

470 **Non-Site Specific:** Very rare anaphylactic reaction.

471 **Psychiatry:** Agitation, aggression, depression, and restlessness.

472 **Respiratory:** Asthma exacerbation, bronchospasm, chest tightness, cough, dyspnea,
473 immediate bronchospasm, paradoxical bronchospasm, pneumonia, and wheeze.

474 **Skin:** Contusions, cutaneous hypersensitivity reactions, ecchymoses, and pruritus.

475 **Eosinophilic Conditions:** In rare cases, patients on inhaled fluticasone propionate may
476 present with systemic eosinophilic conditions, with some patients presenting with clinical
477 features of vasculitis consistent with Churg-Strauss syndrome, a condition that is often treated
478 with systemic corticosteroid therapy. These events usually, but not always, have been associated
479 with the reduction and/or withdrawal of oral corticosteroid therapy following the introduction of
480 fluticasone propionate. Cases of serious eosinophilic conditions have also been reported with
481 other inhaled corticosteroids in this clinical setting. Physicians should be alert to eosinophilia,
482 vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy
483 presenting in their patients. A causal relationship between fluticasone propionate and these
484 underlying conditions has not been established (see PRECAUTIONS: Eosinophilic Conditions).

485 **OVERDOSAGE**

486 Chronic overdosage may result in signs/symptoms of hypercorticism (see PRECAUTIONS).
487 Inhalation by healthy volunteers of a single dose of 1,760 or 3,520 mcg of fluticasone propionate
488 inhalation aerosol was well tolerated. Fluticasone propionate given by inhalation aerosol at doses
489 of 1,320 mcg twice daily for 7 to 15 days to healthy human volunteers was also well tolerated.
490 Repeat oral doses up to 80 mg daily for 10 days in healthy volunteers and repeat oral doses up to
491 20 mg daily for 42 days in patients were well tolerated. Adverse reactions were of mild or
492 moderate severity, and incidences were similar in active and placebo treatment groups. The oral
493 and subcutaneous median lethal doses in rats and mice were >1,000 mg/kg (>2,000 times the
494 maximum human daily inhalation dose based on mg/m²).

495 **DOSAGE AND ADMINISTRATION**

496 FLOVENT Inhalation Aerosol should be administered by the orally inhaled route in patients
497 12 years of age and older. Individual patients will experience a variable time to onset and degree
498 of symptom relief. Generally, FLOVENT Inhalation Aerosol has a relatively rapid onset of
499 action for an inhaled glucocorticoid. Improvement in asthma control following inhaled
500 administration of fluticasone propionate can occur within 24 hours of beginning treatment,
501 although maximum benefit may not be achieved for 1 to 2 weeks or longer after starting
502 treatment.

503 After asthma stability has been achieved (see Table 2), it is always desirable to titrate to the
504 lowest effective dosage to reduce the possibility of side effects. For patients who do not respond
505 adequately to the starting dosage after 2 weeks of therapy, higher dosages may provide
506 additional asthma control. The safety and efficacy of FLOVENT Inhalation Aerosol when
507 administered in excess of recommended dosages have not been established.

508 The recommended starting dosage and the highest recommended dosage of FLOVENT
509 Inhalation Aerosol, based on prior antiasthma therapy, are listed in Table 2.

510

511 **Table 2. Recommended Dosages of FLOVENT Inhalation Aerosol**

Previous Therapy	Recommended Starting Dosage	Highest Recommended Dosage
Bronchodilators alone	88 mcg twice daily	440 mcg twice daily
Inhaled corticosteroids	88-220 mcg twice daily*	440 mcg twice daily
Oral corticosteroids [†]	880 mcg twice daily	880 mcg twice daily

512 * Starting dosages above 88 mcg twice daily may be considered for patients with poorer asthma
513 control or those who have previously required doses of inhaled corticosteroids that are in the
514 higher range for that specific agent.

515 **NOTE:** In all patients, it is desirable to titrate to the lowest effective dosage once asthma
516 stability is achieved.

517 [†] **For Patients Currently Receiving Chronic Oral Corticosteroid Therapy:** Prednisone
518 should be reduced no faster than 2.5 mg/day on a weekly basis, beginning after at least
519 1 week of therapy with FLOVENT Inhalation Aerosol. Patients should be carefully monitored
520 for signs of asthma instability, including serial objective measures of airflow, and for signs of
521 adrenal insufficiency (see WARNINGS). Once prednisone reduction is complete, the dosage
522 of fluticasone propionate should be reduced to the lowest effective dosage.

523

524 **Geriatric Use:** In studies where geriatric patients (65 years of age or older, see
525 PRECAUTIONS) have been treated with FLOVENT Inhalation Aerosol, efficacy and safety did
526 not differ from that in younger patients. Consequently, no dosage adjustment is recommended.

527 **Directions for Use:** Illustrated Patient's Instructions for Use accompany each package of
528 FLOVENT Inhalation Aerosol.

529 **HOW SUPPLIED**

530 FLOVENT 44 mcg Inhalation Aerosol is supplied in 7.9-g canisters containing 60 metered
531 inhalations in institutional pack boxes of 1 (NDC 0173-0497-00) and in 13-g canisters containing
532 120 metered inhalations in boxes of 1 (NDC 0173-0491-00). Each canister is supplied with a
533 dark orange oral actuator with a peach strapcap and patient's instructions. Each actuation of the
534 inhaler delivers 44 mcg of fluticasone propionate from the actuator.

535 FLOVENT 110 mcg Inhalation Aerosol is supplied in 7.9-g canisters containing 60 metered
536 inhalations in institutional pack boxes of 1 (NDC 0173-0498-00) and in 13-g canisters containing
537 120 metered inhalations in boxes of 1 (NDC 0173-0494-00). Each canister is supplied with a
538 dark orange oral actuator with a peach strapcap and patient's instructions. Each actuation of the
539 inhaler delivers 110 mcg of fluticasone propionate from the actuator.

540 FLOVENT 220 mcg Inhalation Aerosol is supplied in 7.9-g canisters containing 60 metered
541 inhalations in institutional pack boxes of 1 (NDC 0173-0499-00) and in 13-g canisters containing
542 120 metered inhalations in boxes of 1 (NDC 0173-0495-00). Each canister is supplied with a

543 dark orange oral actuator with a peach strapcap and patient's instructions. Each actuation of the
544 inhaler delivers 220 mcg of fluticasone propionate from the actuator.

545 FLOVENT canisters are for use with FLOVENT Inhalation Aerosol actuators only. The
546 actuators should not be used with other aerosol medications.

547 The correct amount of medication in each inhalation cannot be assured after 60 inhalations
548 from the 7.9-g canister or 120 inhalations from the 13-g canister even though the canister is not
549 completely empty. The canister should be discarded when the labeled number of actuations has
550 been used.

551 Store between 2° and 30°C (36° and 86°F). Store canister with mouthpiece down. Protect
552 from freezing temperatures and direct sunlight.

553 Avoid spraying in eyes. Contents under pressure. Do not puncture or incinerate. Do not store
554 at temperatures above 120°F. Keep out of reach of children. For best results, the canister should
555 be at room temperature before use. Shake well before using.

556

557 **Note:** The indented statement below is required by the Federal Government's Clean Air Act for
558 all products containing or manufactured with chlorofluorocarbons (CFCs).

559

560 **WARNING:** Contains trichlorofluoromethane and dichlorodifluoromethane, substances that
561 harm public health and environment by destroying ozone in the upper atmosphere.

562

563 A notice similar to the above WARNING has been placed in the patient information leaflet of
564 this product pursuant to EPA regulations.

565

566



567

568 GlaxoSmithKline

569 Research Triangle Park, NC 27709

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572

573 Month Year

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FLOVENT® 44 mcg
(fluticasone propionate, 44 mcg)
Inhalation Aerosol
FLOVENT® 110 mcg
(fluticasone propionate, 110 mcg)
Inhalation Aerosol
FLOVENT® 220 mcg
(fluticasone propionate, 220 mcg)
Inhalation Aerosol

Please read this leaflet carefully before you start to take your medicine. It provides a summary of information on your medicine. **For further information ask your doctor or pharmacist.**

WHAT YOU SHOULD KNOW ABOUT FLOVENT® INHALATION AEROSOL

Your doctor has prescribed FLOVENT 44 mcg Inhalation Aerosol, FLOVENT 110 mcg Inhalation Aerosol, or FLOVENT 220 mcg Inhalation Aerosol. It contains a medicine called fluticasone propionate, which is a synthetic glucocorticoid. Glucocorticoids are natural substances found in the body that help fight inflammation. They are used to treat asthma because they reduce the swelling and irritation in the walls of the small air passages in the lungs and ease breathing problems. When inhaled regularly, glucocorticoids also help to prevent attacks of asthma.

IMPORTANT POINTS TO REMEMBER ABOUT FLOVENT INHALATION AEROSOL

- 1 **MAKE SURE** that this medicine is suitable for you (see "BEFORE USING YOUR INHALER" below).
- 2 It is important that you inhale each dose as your doctor has advised. If you are not sure, ask your doctor or pharmacist.
- 3 Use your inhaler as directed by your doctor. **DO NOT STOP THE TREATMENT EVEN IF YOU FEEL BETTER** unless told to do so by your doctor.
- 4 **DO NOT** inhale more doses or use this inhaler more often than instructed by your doctor.

- 5 This medicine is **NOT** intended to provide rapid relief of your breathing difficulties during an asthma attack. It must be taken at regular intervals as recommended by your doctor, and not as an emergency measure.
- 6 Your doctor may prescribe additional medicine (such as bronchodilators) for emergency relief if an acute asthma attack occurs. Please contact your doctor if:
 - an asthma attack does not respond to the additional medicine
 - you require more of the additional medicine than usual.
- 7 If you also use another medicine by inhalation, you should consult your doctor for instructions on when to use it in relation to using FLOVENT Inhalation Aerosol.

BEFORE USING YOUR INHALER

TELL YOUR DOCTOR BEFORE STARTING TO TAKE THIS MEDICINE:

- ◆ if you are pregnant (or intending to become pregnant),
- ◆ if you are breastfeeding a baby,
- ◆ if you are allergic to FLOVENT Inhalation Aerosol, or any other orally inhaled glucocorticoid,
- ◆ if you are taking a medicine containing ritonavir (commonly used to treat HIV infection or AIDS).

In some circumstances, this medicine may not be suitable and your doctor may wish to give you a

different medicine. Make sure that your doctor knows what other medicines you are taking.

USING YOUR INHALER

- ◆ Follow the instructions shown on the next few pages. If you have any problems, tell your doctor or pharmacist.
- ◆ It is important that you inhale each dose as directed by your doctor. The label will usually tell you what dose to take and how often. If it doesn't, or you are not sure, ask your doctor or pharmacist.

DOSAGE

- ◆ Use as directed by your doctor.
- ◆ It is **VERY IMPORTANT** that you follow your doctor's instructions as to how many inhalations to inhale and how often to use your inhaler.
- ◆ **DO NOT** inhale more doses or use your inhaler more often than your doctor advises.
- ◆ It may take 1 to 2 weeks or longer for this medicine to work and it is **VERY IMPORTANT THAT YOU USE IT REGULARLY. DO NOT STOP TREATMENT EVEN IF YOU ARE FEELING BETTER** unless told to do so by your doctor.
- ◆ If you miss a dose, just take your regularly scheduled next dose when it is due. **DO NOT DOUBLE** the dose.

HOW TO USE YOUR INHALER

Read the complete instructions carefully and use only as directed.

1 SHAKE THE INHALER WELL for 15 seconds immediately before each use (see Figure 1).



Figure 1

2 REMOVE THE CAP FROM THE MOUTHPIECE (see Figure 2); the strap on the cap will stay attached to the actuator. If the strap is removed from the actuator and lost, the inhaler mouthpiece should be inspected for the presence of foreign objects before each use. Make sure the canister is fully and firmly inserted into the actuator.

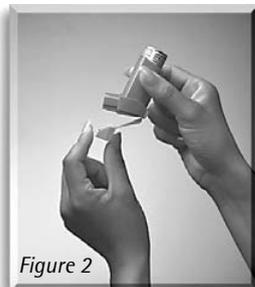


Figure 2

As with all aerosol medicine, it is recommended to “test spray” the inhaler. Do this by spraying 4 times into the air before using for the first time and when the inhaler has not been used for 4 weeks or longer. You should also spray once into the air before using when the inhaler has not been used for 1 to 3 weeks.

Avoid spraying in eyes.

3 BREATHE OUT THROUGH THE MOUTH (see Figure 3a). Place the mouthpiece in the mouth, holding the inhaler in the position shown in Figure 3a and closing the lips around it. Alternatively, the inhaler may be positioned 1 to 2 inches away from the open mouth (see Figure 3b).

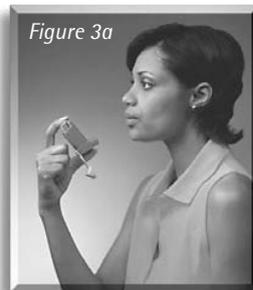


Figure 3a

4 WHILE BREATHING IN DEEPLY AND SLOWLY THROUGH THE MOUTH, PRESS DOWN FIRMLY AND FULLY ON THE TOP OF THE METAL CANISTER with your index finger (see Figure 4).

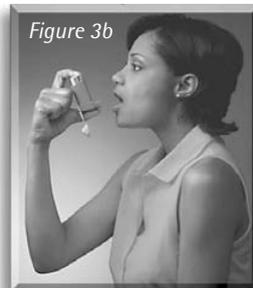


Figure 3b

5 CONTINUE TO INHALE AND TRY TO HOLD YOUR BREATH FOR 10 SECONDS. Before breathing out, remove the inhaler from your mouth and release your finger from the canister.

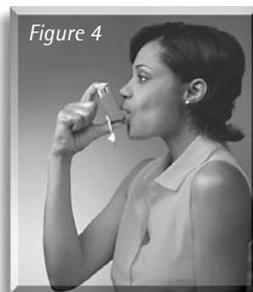


Figure 4

6 WAIT ABOUT 30 SECONDS AND SHAKE the inhaler again. Repeat steps 3 through 5 for each inhalation prescribed by your doctor.

7 REPLACE THE MOUTHPIECE CAP AFTER EACH USE.

8 RINSE YOUR MOUTH with water after you finish taking a dose. Do not swallow.

9 CLEANSE THE INHALER THOROUGHLY AND FREQUENTLY. Remove the metal canister and cleanse the plastic case and cap by rinsing thoroughly in warm, running water at least once a day. After thoroughly drying the plastic case and cap, gently replace the canister into the case with a twisting motion and replace the cap.

10 DISCARD THE CANISTER AFTER YOU HAVE USED THE LABELED NUMBER OF INHALATIONS. The correct amount of medicine in each inhalation cannot be assured after this point. You should keep track of the number of actuations used from each canister of FLOVENT Inhalation Aerosol, and discard the canister after 120 actuations from the 13-g canister or 60 actuations from the 7.9-g canister.

STORING YOUR INHALER

- ◆ Keep your inhaler **out of the reach of children.**
- ◆ Store between 2° and 30°C (36° and 86°F). Store canister with mouthpiece down. Protect from freezing temperatures and direct sunlight.
- ◆ For best results, the canister should be at room temperature before use.
- ◆ FLOVENT canisters are for use with FLOVENT Inhalation Aerosol actuators only. The actuator should not be used with other aerosol medicines.

◆ **DO NOT** use after the date shown as “EXP” on the label or box.

REMEMBER: This medicine has been prescribed for you by your doctor. DO NOT give this medicine to anyone else.

FURTHER INFORMATION

This leaflet does not contain the complete information about your medicine. *If you have any questions, or are not sure about something, then you should ask your doctor or pharmacist.*

You may want to read this leaflet again. Please **DO NOT THROW IT AWAY** until you have finished your medicine.

Note: The indented statement below is required by the Federal Government’s Clean Air Act for all products containing or manufactured with chlorofluorocarbons (CFCs).

This product contains trichlorofluoromethane and dichlorodifluoromethane, substances which harm the environment by depleting ozone in the upper atmosphere.

Your doctor has determined that this product is likely to help your personal health. **USE THIS PRODUCT AS DIRECTED, UNLESS INSTRUCTED TO DO OTHERWISE BY YOUR DOCTOR.** If you have any questions about alternatives, consult with your doctor.



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Research Triangle Park, NC 27709
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July 2003

RL-2022

PRESCRIBING INFORMATION

FLOVENT[®] ROTADISK[®] 50 mcg
(fluticasone propionate inhalation powder, 50 mcg)

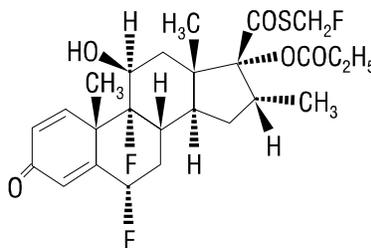
FLOVENT[®] ROTADISK[®] 100 mcg
(fluticasone propionate inhalation powder, 100 mcg)

FLOVENT[®] ROTADISK[®] 250 mcg
(fluticasone propionate inhalation powder, 250 mcg)

For Oral Inhalation Only
For Use With the DISKHALER[®] Inhalation Device

DESCRIPTION

The active component of FLOVENT ROTADISK 50 mcg, FLOVENT ROTADISK 100 mcg, and FLOVENT ROTADISK 250 mcg is fluticasone propionate, a corticosteroid having the chemical name S-(fluoromethyl)6 α ,9-difluoro-11 β ,17-dihydroxy-16 α -methyl-3-oxoandrost-1,4-diene-17 β -carbothioate, 17-propionate and the following chemical structure:



Fluticasone propionate is a white to off-white powder with a molecular weight of 500.6, and the empirical formula is C₂₅H₃₁F₃O₅S. It is practically insoluble in water, freely soluble in dimethyl sulfoxide and dimethylformamide, and slightly soluble in methanol and 95% ethanol.

FLOVENT ROTADISK 50 mcg, FLOVENT ROTADISK 100 mcg, and FLOVENT ROTADISK 250 mcg contain a dry powder presentation of fluticasone propionate intended for oral inhalation only. Each double-foil ROTADISK contains 4 blisters. Each blister contains a mixture of 50, 100, or 250 mcg of microfine fluticasone propionate blended with lactose (which contains milk proteins) to a total weight of 25 mg. The contents of each blister are inhaled using a specially designed plastic device for inhaling powder called the DISKHALER. After a fluticasone propionate ROTADISK is loaded into the DISKHALER, a blister containing medication is pierced and the fluticasone propionate is dispersed into the air stream created when the patient inhales through the mouthpiece.

The amount of drug delivered to the lung will depend on patient factors such as inspiratory flow. Under standardized in vitro testing, FLOVENT ROTADISK delivers 44, 88, or 220 mcg

35 of fluticasone propionate from FLOVENT ROTADISK 50 mcg, FLOVENT ROTADISK
36 100 mcg, or FLOVENT ROTADISK 250 mcg, respectively, when tested at a flow rate of
37 60 L/min for 3 seconds. In adult and adolescent patients with asthma, mean peak inspiratory
38 flow (PIF) through the DISKHALER was 123 L/min (range, 88 to 159 L/min), and in pediatric
39 patients 4 to 11 years of age with asthma, mean PIF was 110 L/min (range, 43 to 175 L/min).

40 **CLINICAL PHARMACOLOGY**

41 Fluticasone propionate is a synthetic, trifluorinated corticosteroid with potent
42 anti-inflammatory activity. In vitro assays using human lung cytosol preparations have
43 established fluticasone propionate as a human glucocorticoid receptor agonist with an affinity 18
44 times greater than dexamethasone, almost twice that of beclomethasone-17-monopropionate
45 (BMP), the active metabolite of beclomethasone dipropionate, and over 3 times that of
46 budesonide. Data from the McKenzie vasoconstrictor assay in man are consistent with these
47 results.

48 The precise mechanisms of fluticasone propionate action in asthma are unknown.
49 Inflammation is recognized as an important component in the pathogenesis of asthma.
50 Corticosteroids have been shown to inhibit multiple cell types (e.g., mast cells, eosinophils,
51 basophils, lymphocytes, macrophages, and neutrophils) and mediator production or secretion
52 (e.g., histamine, eicosanoids, leukotrienes, and cytokines) involved in the asthmatic response.
53 These anti-inflammatory actions of corticosteroids may contribute to their efficacy in asthma.

54 Though highly effective for the treatment of asthma, corticosteroids do not affect asthma
55 symptoms immediately. However, improvement following inhaled administration of fluticasone
56 propionate can occur within 24 hours of beginning treatment, although maximum benefit may
57 not be achieved for 1 to 2 weeks or longer after starting treatment. When corticosteroids are
58 discontinued, asthma stability may persist for several days or longer.

59 **Pharmacokinetics: Absorption:** The activity of FLOVENT ROTADISK Inhalation Powder
60 is due to the parent drug, fluticasone propionate. Studies using oral dosing of labeled and
61 unlabeled drug have demonstrated that the oral systemic bioavailability of fluticasone propionate
62 is negligible (<1%), primarily due to incomplete absorption and presystemic metabolism in the
63 gut and liver. In contrast, the majority of the fluticasone propionate delivered to the lung is
64 systemically absorbed. The systemic bioavailability of fluticasone propionate inhalation powder
65 in healthy volunteers averaged about 13.5% of the nominal dose.

66 Peak plasma concentrations after a 1,000-mcg dose of fluticasone propionate inhalation
67 powder ranged from 0.1 to 1.0 ng/mL.

68 **Distribution:** Following intravenous administration, the initial disposition phase for
69 fluticasone propionate was rapid and consistent with its high lipid solubility and tissue binding.
70 The volume of distribution averaged 4.2 L/kg. The percentage of fluticasone propionate bound
71 to human plasma proteins averaged 91%.

72 Fluticasone propionate is weakly and reversibly bound to erythrocytes. Fluticasone
73 propionate is not significantly bound to human transcortin.

74 **Metabolism:** The total clearance of fluticasone propionate is high (average, 1,093 mL/min),
75 with renal clearance accounting for less than 0.02% of the total. The only circulating metabolite
76 detected in man is the 17 β -carboxylic acid derivative of fluticasone propionate, which is formed
77 through the cytochrome P450 3A4 pathway. This metabolite had approximately 2,000 times less
78 affinity than the parent drug for the glucocorticoid receptor of human lung cytosol in vitro and
79 negligible pharmacological activity in animal studies. Other metabolites detected in vitro using
80 cultured human hepatoma cells have not been detected in man.

81 In a multiple-dose drug interaction study, coadministration of fluticasone propionate
82 (500 mcg twice daily) and erythromycin (333 mg 3 times daily) did not affect fluticasone
83 propionate pharmacokinetics.

84 In a drug interaction study, coadministration of fluticasone propionate (1,000 mcg) and
85 ketoconazole (200 mg once daily) resulted in increased fluticasone propionate concentrations, a
86 reduction in plasma cortisol AUC, and no effect on urinary excretion of cortisol.

87 **Excretion:** Following intravenous dosing, fluticasone propionate showed polyexponential
88 kinetics and had a terminal elimination half-life of approximately 7.8 hours. Less than 5% of a
89 radiolabeled oral dose was excreted in the urine as metabolites, with the remainder excreted in
90 the feces as parent drug and metabolites.

91 **Special Populations:** Formal pharmacokinetic studies using fluticasone propionate were
92 not carried out in any special populations. In a clinical study using fluticasone propionate
93 inhalation powder, trough fluticasone propionate plasma concentrations were collected in 76
94 males and 74 females after inhaled administration of 100 and 500 mcg twice daily. Full
95 pharmacokinetic profiles were obtained from 7 female patients and 13 male patients at these
96 doses, and no overall differences in pharmacokinetic behavior were found.

97 Plasma concentrations of fluticasone propionate were measured 20 and 40 minutes after
98 dosing from 29 children aged 4 to 11 years who were taking either 50 or 100 mcg twice daily of
99 fluticasone propionate inhalation powder. Plasma concentration values ranged from below the
100 limit of quantitation (25 pg/mL) to 117 pg/mL (50-mcg dose) or 154 pg/mL (100-mcg dose). In a
101 study with adults taking the 100-mcg twice-daily dose, the plasma concentrations observed
102 ranged from below the limit of quantitation to 73.1 pg/mL. The median fluticasone propionate
103 plasma concentrations for the 100-mcg dose in children was 58.7 pg/mL; in adults the median
104 plasma concentration was 39.5 pg/mL.

105 **Drug Interactions:** Fluticasone propionate is a substrate of cytochrome P450 3A4.
106 Coadministration of fluticasone propionate and the highly potent cytochrome P450 3A4 inhibitor
107 ritonavir is not recommended based upon a multiple-dose, crossover drug interaction study in 18
108 healthy subjects. Fluticasone propionate aqueous nasal spray (200 mcg once daily) was
109 coadministered for 7 days with ritonavir (100 mg twice daily). Plasma fluticasone propionate
110 concentrations following fluticasone propionate aqueous nasal spray alone were undetectable
111 (<10 pg/mL) in most subjects, and when concentrations were detectable peak levels (C_{max}
112 averaged 11.9 pg/mL [range, 10.8 to 14.1 pg/mL] and $AUC_{(0-\tau)}$ averaged 8.43 pg•hr/mL [range,
113 4.2 to 18.8 pg•hr/mL]). Fluticasone propionate C_{max} and $AUC_{(0-\tau)}$ increased to 318 pg/mL (range,

114 110 to 648 pg/mL) and 3,102.6 pg•hr/mL (range, 1,207.1 to 5,662.0 pg•hr/mL), respectively,
115 after coadministration of ritonavir with fluticasone propionate aqueous nasal spray. This
116 significant increase in plasma fluticasone propionate exposure resulted in a significant decrease
117 (86%) in plasma cortisol area under the plasma concentration versus time curve (AUC).

118 Caution should be exercised when other potent cytochrome P450 3A4 inhibitors are
119 coadministered with fluticasone propionate. In a drug interaction study, coadministration of
120 orally inhaled fluticasone propionate (1,000 mcg) and ketoconazole (200 mg once daily) resulted
121 in increased plasma fluticasone propionate exposure and reduced plasma cortisol AUC, but had
122 no effect on urinary excretion of cortisol.

123 In another multiple-dose drug interaction study, coadministration of orally inhaled fluticasone
124 propionate (500 mcg twice daily) and erythromycin (333 mg 3 times daily) did not affect
125 fluticasone propionate pharmacokinetics.

126 **Pharmacodynamics:** To confirm that systemic absorption does not play a role in the clinical
127 response to inhaled fluticasone propionate, a double-blind clinical study comparing inhaled and
128 oral fluticasone propionate was conducted. Doses of 100 and 500 mcg twice daily of fluticasone
129 propionate inhalation powder were compared to oral fluticasone propionate, 20,000 mcg given
130 once daily, and placebo for 6 weeks. Plasma levels of fluticasone propionate were detectable in
131 all 3 active groups, but the mean values were highest in the oral group. Both doses of inhaled
132 fluticasone propionate were effective in maintaining asthma stability and improving lung
133 function while oral fluticasone propionate and placebo were ineffective. This demonstrates that
134 the clinical effectiveness of inhaled fluticasone propionate is due to its direct local effect and not
135 to an indirect effect through systemic absorption.

136 The potential systemic effects of inhaled fluticasone propionate on the
137 hypothalamic-pituitary-adrenal (HPA) axis were also studied in patients with asthma.
138 Fluticasone propionate given by inhalation aerosol at doses of 220, 440, 660, or 880 mcg twice
139 daily was compared with placebo or oral prednisone 10 mg given once daily for 4 weeks. For
140 most patients, the ability to increase cortisol production in response to stress, as assessed by
141 6-hour cosyntropin stimulation, remained intact with inhaled fluticasone propionate treatment.
142 No patient had an abnormal response (peak serum cortisol <18 mcg/dL) after dosing with
143 placebo or fluticasone propionate 220 mcg twice daily. For patients treated with 440, 660, and
144 880 mcg twice daily, 10%, 16%, and 12%, respectively, had an abnormal response as compared
145 to 29% of patients treated with prednisone.

146 In clinical trials with fluticasone propionate inhalation powder, using doses up to and
147 including 250 mcg twice daily, occasional abnormal short cosyntropin tests (peak serum cortisol
148 <18 mcg/dL) were noted in patients receiving fluticasone propionate or placebo. The incidence
149 of abnormal tests at 500 mcg twice daily was greater than placebo. In a 2-year study carried out
150 in 64 patients randomized to fluticasone propionate 500 mcg twice daily or placebo, 1 patient
151 receiving fluticasone propionate (4%) had an abnormal response to 6-hour cosyntropin infusion
152 at 1 year; repeat testing at 18 months and 2 years was normal. Another patient receiving

153 fluticasone propionate (5%) had an abnormal response at 2 years. No patient on placebo had an
154 abnormal response at 1 or 2 years.

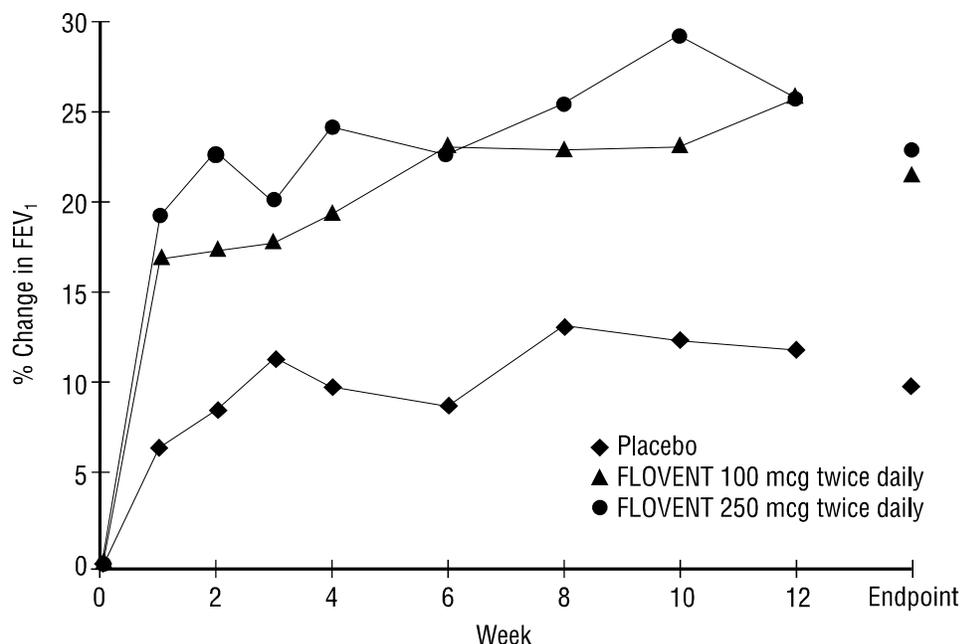
155 **CLINICAL TRIALS**

156 Double-blind, parallel-group, placebo-controlled, US clinical trials were conducted in 1,197
157 adolescent and adult patients with asthma to assess the efficacy and safety of FLOVENT
158 ROTADISK in the treatment of asthma. Fixed doses of 50, 100, 250, and 500 mcg twice daily
159 were compared to placebo to provide information about appropriate dosing to cover a range of
160 asthma severity. Patients with asthma included in these studies were those not adequately
161 controlled with beta-agonists alone, and those already maintained on daily inhaled
162 corticosteroids. In these efficacy trials, at all doses, measures of pulmonary function (forced
163 expiratory volume in 1 second [FEV₁] and morning peak expiratory flow [AM PEF]) were
164 statistically significantly improved as compared with placebo. All doses were delivered by
165 inhalation of the contents of 1 or 2 blisters from the DISKHALER twice daily.

166 Figure 1 displays results of pulmonary function tests for 2 recommended dosages of
167 FLOVENT ROTADISK (100 and 250 mcg twice daily) and placebo from a 12-week trial in 331
168 adolescent and adult patients with asthma (baseline FEV₁ = 2.63 L/sec) inadequately controlled
169 on bronchodilators alone. Because this trial used predetermined criteria for lack of efficacy,
170 which caused more patients in the placebo group to be withdrawn, pulmonary function results at
171 Endpoint, which is the last evaluable FEV₁ result and includes most patients' lung function data,
172 are also provided. Pulmonary function at both dosages of FLOVENT ROTADISK improved
173 significantly compared with placebo by the first week of treatment, and this improvement was
174 maintained over the duration of the trial.

175

176 **Figure 1. A 12-Week Clinical Trial in Patients Inadequately Controlled**
177 **on Bronchodilators Alone: Mean Percent Change From Baseline**
178 **in FEV₁ Prior to AM Dose**
179

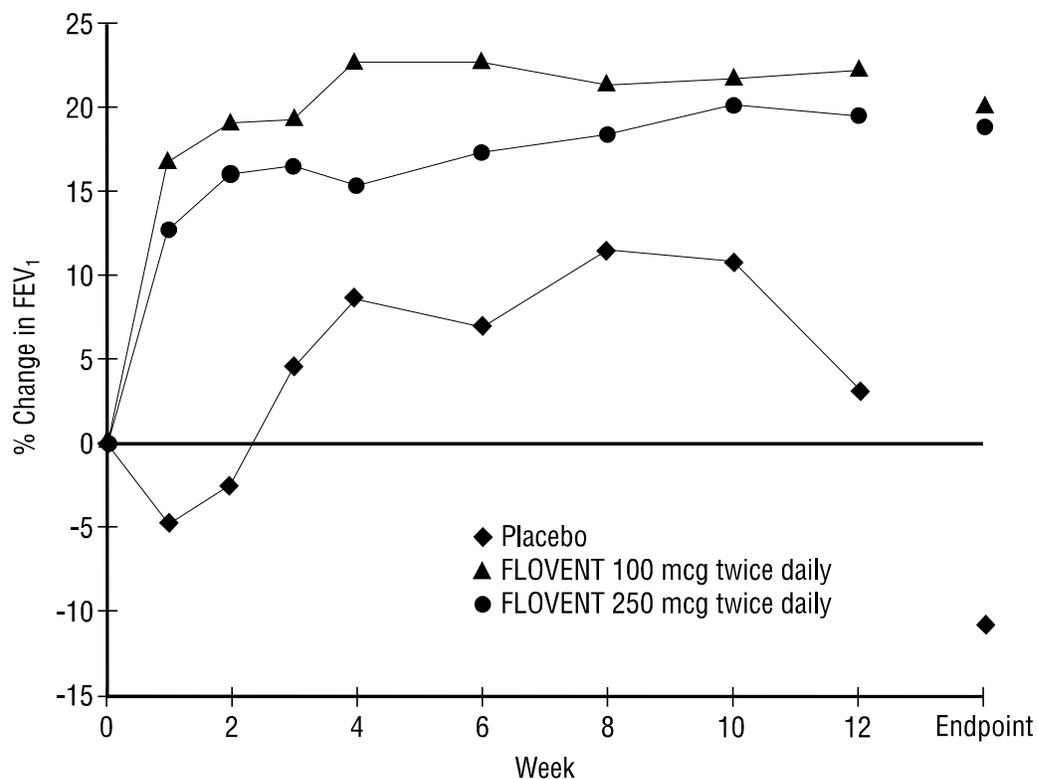


180
181

182 In a second clinical study of 75 patients, 500 mcg twice daily was evaluated in a similar
183 population. In this trial FLOVENT ROTADISK significantly improved pulmonary function as
184 compared with placebo.

185 Figure 2 displays results of pulmonary function tests for 2 recommended dosages of
186 FLOVENT ROTADISK (100 and 250 mcg twice daily) and placebo from a 12-week trial in 342
187 adolescent and adult patients with asthma (baseline FEV₁ = 2.49 L/sec) already receiving daily
188 inhaled corticosteroid therapy (≥336 mcg/day of beclomethasone dipropionate or ≥800 mcg/day
189 of triamcinolone acetonide) in addition to as-needed albuterol and theophylline (38% of all
190 patients). Because this trial also used predetermined criteria for lack of efficacy, which caused
191 more patients in the placebo group to be withdrawn, pulmonary function results at Endpoint are
192 included. Pulmonary function at both dosages of FLOVENT ROTADISK improved significantly
193 compared with placebo by the first week of treatment, and the improvement was maintained over
194 the duration of the trial.
195

196 **Figure 2. A 12-Week Clinical Trial in Patients Already Receiving Inhaled**
197 **Corticosteroids: Mean Percent Change From Baseline in FEV₁ Prior to**
198 **AM Dose**
199



200
201

202 In a second clinical study of 139 patients, treatment with 500 mcg twice daily was evaluated
203 in a similar patient population. In this trial FLOVENT ROTADISK significantly improved
204 pulmonary function as compared with placebo.

205 In the 4 trials described above, all dosages of FLOVENT ROTADISK were efficacious;
206 however, at higher dosages, patients were less likely to discontinue study participation due to
207 asthma deterioration (as defined by predetermined criteria for lack of efficacy including lung
208 function and patient-recorded variables such as AM PEF, albuterol use, and nighttime
209 awakenings due to asthma).

210 In a clinical trial of 96 patients with severe asthma requiring chronic oral prednisone therapy
211 (average baseline daily prednisone dose was 10 mg), fluticasone propionate given by inhalation
212 aerosol at doses of 660 and 880 mcg twice daily was evaluated. Both doses enabled a
213 statistically significantly larger percentage of patients to wean successfully from oral prednisone
214 as compared with placebo (69% of the patients on 660 mcg twice daily and 88% of the patients
215 on 880 mcg twice daily as compared with 3% of patients on placebo). Accompanying the
216 reduction in oral corticosteroid use, patients treated with fluticasone propionate had significantly
217 improved lung function and fewer asthma symptoms as compared with the placebo group. These
218 data were obtained from a clinical study using fluticasone propionate inhalation aerosol; no

219 direct assessment of the clinical comparability of equal nominal doses for the FLOVENT
220 ROTADISK and FLOVENT Inhalation Aerosol formulations in this population has been
221 conducted.

222 **Pediatric Experience:** In a 12-week, placebo-controlled clinical trial of 263 patients aged
223 4 to 11 years inadequately controlled on bronchodilators alone (baseline morning peak
224 expiratory flow = 200 L/min), fluticasone propionate inhalation powder doses of 50 and
225 100 mcg twice daily significantly improved morning peak expiratory flow (28% and 34%
226 change from baseline at Endpoint, respectively) compared to placebo (11% change). In a second
227 placebo-controlled, 52-week trial of 325 patients aged 4 to 11 years, approximately half of
228 whom were receiving inhaled corticosteroids at baseline, doses of fluticasone propionate
229 inhalation powder of 50 and 100 mcg twice daily improved lung function by the first week of
230 treatment, and the improvement continued over 1 year compared to placebo. In both studies,
231 patients on active treatment were significantly less likely to discontinue treatment due to lack of
232 efficacy.

233 **INDICATIONS AND USAGE**

234 FLOVENT ROTADISK is indicated for the maintenance treatment of asthma as prophylactic
235 therapy in patients 4 years of age and older. It is also indicated for patients requiring oral
236 corticosteroid therapy for asthma. Many of these patients may be able to reduce or eliminate
237 their requirement for oral corticosteroids over time.

238 FLOVENT ROTADISK is NOT indicated for the relief of acute bronchospasm.

239 **CONTRAINDICATIONS**

240 FLOVENT ROTADISK is contraindicated in the primary treatment of status asthmaticus or
241 other acute episodes of asthma where intensive measures are required.

242 Hypersensitivity to any of the ingredients of these preparations contraindicates their use (see
243 DESCRIPTION and ADVERSE REACTIONS: Observed During Clinical Practice: *Non-Site*
244 *Specific*).

245 **WARNINGS**

246 Particular care is needed for patients who are transferred from systemically active
247 corticosteroids to FLOVENT ROTADISK because deaths due to adrenal insufficiency have
248 occurred in patients with asthma during and after transfer from systemic corticosteroids to less
249 systemically available inhaled corticosteroids. After withdrawal from systemic corticosteroids, a
250 number of months are required for recovery of HPA function.

251 Patients who have been previously maintained on 20 mg or more per day of prednisone (or its
252 equivalent) may be most susceptible, particularly when their systemic corticosteroids have been
253 almost completely withdrawn. During this period of HPA suppression, patients may exhibit signs
254 and symptoms of adrenal insufficiency when exposed to trauma, surgery, or infection
255 (particularly gastroenteritis) or other conditions associated with severe electrolyte loss. Although
256 FLOVENT ROTADISK may provide control of asthma symptoms during these episodes, in

257 recommended doses it supplies less than normal physiological amounts of corticosteroid
258 systemically and does NOT provide the mineralocorticoid activity that is necessary for coping
259 with these emergencies.

260 During periods of stress or a severe asthma attack, patients who have been withdrawn from
261 systemic corticosteroids should be instructed to resume oral corticosteroids (in large doses)
262 immediately and to contact their physicians for further instruction. These patients should also be
263 instructed to carry a warning card indicating that they may need supplementary systemic
264 corticosteroids during periods of stress or a severe asthma attack.

265 A drug interaction study in healthy subjects has shown that ritonavir (a highly potent
266 cytochrome P450 3A4 inhibitor) can significantly increase plasma fluticasone propionate
267 exposure, resulting in significantly reduced serum cortisol concentrations (see CLINICAL
268 PHARMACOLOGY: Drug Interactions and PRECAUTIONS: Drug Interactions). During
269 postmarketing use, there have been reports of clinically significant drug interactions in patients
270 receiving fluticasone propionate and ritonavir, resulting in systemic corticosteroid effects
271 including Cushing syndrome and adrenal suppression. Therefore, coadministration of fluticasone
272 propionate and ritonavir is not recommended unless the potential benefit to the patient
273 outweighs the risk of systemic corticosteroid side effects.

274 Patients requiring oral corticosteroids should be weaned slowly from systemic corticosteroid
275 use after transferring to FLOVENT ROTADISK. In a clinical trial of 96 patients, prednisone
276 reduction was successfully accomplished by reducing the daily prednisone dose by 2.5 mg on a
277 weekly basis during transfer to inhaled fluticasone propionate. Successive reduction of
278 prednisone dose was allowed only when lung function, symptoms, and as-needed beta-agonist
279 use were better than or comparable to that seen before initiation of prednisone dose reduction.
280 Lung function (FEV₁ or AM PEF), beta-agonist use, and asthma symptoms should be carefully
281 monitored during withdrawal of oral corticosteroids. In addition to monitoring asthma signs and
282 symptoms, patients should be observed for signs and symptoms of adrenal insufficiency such as
283 fatigue, lassitude, weakness, nausea and vomiting, and hypotension.

284 Transfer of patients from systemic corticosteroid therapy to FLOVENT ROTADISK may
285 unmask conditions previously suppressed by the systemic corticosteroid therapy, e.g., rhinitis,
286 conjunctivitis, eczema, arthritis.

287 Persons who are on drugs that suppress the immune system are more susceptible to infections
288 than healthy individuals. Chickenpox and measles, for example, can have a more serious or even
289 fatal course in susceptible children or adults on corticosteroids. In such children or adults who
290 have not had these diseases, particular care should be taken to avoid exposure. How the dose,
291 route, and duration of corticosteroid administration affect the risk of developing a disseminated
292 infection is not known. The contribution of the underlying disease and/or prior corticosteroid
293 treatment to the risk is also not known. If exposed to chickenpox, prophylaxis with varicella
294 zoster immune globulin (VZIG) may be indicated. If exposed to measles, prophylaxis with
295 pooled intramuscular immunoglobulin (IG) may be indicated. (See the respective package

296 inserts for complete VZIG and IG prescribing information.) If chickenpox develops, treatment
297 with antiviral agents may be considered.

298 FLOVENT ROTADISK is not to be regarded as a bronchodilator and is not indicated for
299 rapid relief of bronchospasm.

300 As with other inhaled asthma medications, bronchospasm may occur with an immediate
301 increase in wheezing after dosing. If bronchospasm occurs following dosing with FLOVENT
302 ROTADISK, it should be treated immediately with a fast-acting inhaled bronchodilator.
303 Treatment with FLOVENT ROTADISK should be discontinued and alternative therapy
304 instituted.

305 Patients should be instructed to contact their physicians immediately when episodes of
306 asthma that are not responsive to bronchodilators occur during the course of treatment with
307 FLOVENT ROTADISK. During such episodes, patients may require therapy with oral
308 corticosteroids.

309 **PRECAUTIONS**

310 **General:** During withdrawal from oral corticosteroids, some patients may experience
311 symptoms of systemically active corticosteroid withdrawal, e.g., joint and/or muscular pain,
312 lassitude, and depression, despite maintenance or even improvement of respiratory function.

313 Fluticasone propionate will often permit control of asthma symptoms with less suppression of
314 HPA function than therapeutically equivalent oral doses of prednisone. Since fluticasone
315 propionate is absorbed into the circulation and can be systemically active at higher doses, the
316 beneficial effects of FLOVENT ROTADISK in minimizing HPA dysfunction may be expected
317 only when recommended dosages are not exceeded and individual patients are titrated to the
318 lowest effective dose. A relationship between plasma levels of fluticasone propionate and
319 inhibitory effects on stimulated cortisol production has been shown after 4 weeks of treatment
320 with FLOVENT Inhalation Aerosol. Since individual sensitivity to effects on cortisol production
321 exists, physicians should consider this information when prescribing FLOVENT ROTADISK.

322 Because of the possibility of systemic absorption of inhaled corticosteroids, patients treated
323 with these drugs should be observed carefully for any evidence of systemic corticosteroid
324 effects. Particular care should be taken in observing patients postoperatively or during periods of
325 stress for evidence of inadequate adrenal response.

326 It is possible that systemic corticosteroid effects such as hypercorticism and adrenal
327 suppression (including adrenal crisis) may appear in a small number of patients, particularly
328 when FLOVENT ROTADISK is administered at higher than recommended doses over
329 prolonged periods of time. If such effects occur, FLOVENT ROTADISK should be reduced
330 slowly, consistent with accepted procedures for reducing systemic corticosteroids and for
331 management of asthma symptoms.

332 A reduction of growth velocity in children or adolescents may occur as a result of poorly
333 controlled asthma or from the therapeutic use of corticosteroids, including inhaled
334 corticosteroids. A 52-week placebo-controlled study to assess the potential growth effects of

335 FLOVENT ROTADISK at 50 and 100 mcg twice daily was conducted in the US in 325
336 prepubescent children (244 males and 81 females) 4 to 11 years of age. The mean growth
337 velocities at 52 weeks observed in the intent-to-treat population were 6.32 cm/year in the placebo
338 group (n = 76), 6.07 cm/year in the 50-mcg group (n = 98), and 5.66 cm/year in the 100-mcg
339 group (n = 89). An imbalance in the proportion of children entering puberty between groups and
340 a higher dropout rate in the placebo group due to poorly controlled asthma may be confounding
341 factors in interpreting these data. A separate subset analysis of children who remained
342 prepubertal during the study revealed growth rates at 52 weeks of 6.10 cm/year in the placebo
343 group (n = 57), 5.91 cm/year in the 50-mcg group (n = 74), and 5.67 cm/year in the 100-mcg
344 group (n = 79). The clinical significance of these growth data is not certain. In children 8.5 years
345 of age, the mean age of children in this study, the range for expected growth velocity is: boys –
346 3rd percentile = 3.8 cm/year, 50th percentile = 5.4 cm/year, and 97th percentile = 7.0 cm/year;
347 girls – 3rd percentile = 4.2 cm/year, 50th percentile = 5.7 cm/year, and 97th
348 percentile = 7.3 cm/year. The effects of long-term treatment of children with inhaled
349 corticosteroids, including fluticasone propionate, on final adult height are not known. Physicians
350 should closely follow the growth of children and adolescents taking corticosteroids by any route,
351 and weigh the benefits of corticosteroid therapy against the possibility of growth suppression if
352 growth appears slowed. Patients should be maintained on the lowest dose of inhaled
353 corticosteroid that effectively controls their asthma.

354 The long-term effects of fluticasone propionate in human subjects are not fully known. In
355 particular, the effects resulting from chronic use of fluticasone propionate on developmental or
356 immunologic processes in the mouth, pharynx, trachea, and lung are unknown. Some patients
357 have received inhaled fluticasone propionate on a continuous basis for periods of 3 years or
358 longer. In clinical studies with patients treated for 2 years with inhaled fluticasone propionate,
359 no apparent differences in the type or severity of adverse reactions were observed after long-
360 versus short-term treatment.

361 Rare instances of glaucoma, increased intraocular pressure, and cataracts have been reported
362 following the inhaled administration of corticosteroids, including fluticasone propionate.

363 In clinical studies with inhaled fluticasone propionate, the development of localized
364 infections of the pharynx with *Candida albicans* has occurred. When such an infection develops,
365 it should be treated with appropriate local or systemic (i.e., oral antifungal) therapy while
366 remaining on treatment with FLOVENT ROTADISK, but at times therapy with FLOVENT
367 ROTADISK may need to be interrupted.

368 Inhaled corticosteroids should be used with caution, if at all, in patients with active or
369 quiescent tuberculous infections of the respiratory tract; untreated systemic fungal, bacterial,
370 viral, or parasitic infections; or ocular herpes simplex.

371 **Eosinophilic Conditions:** In rare cases, patients on inhaled fluticasone propionate may
372 present with systemic eosinophilic conditions, with some patients presenting with clinical
373 features of vasculitis consistent with Churg-Strauss syndrome, a condition that is often treated
374 with systemic corticosteroid therapy. These events usually, but not always, have been associated

375 with the reduction and/or withdrawal of oral corticosteroid therapy following the introduction of
376 fluticasone propionate. Cases of serious eosinophilic conditions have also been reported with
377 other inhaled corticosteroids in this clinical setting. Physicians should be alert to eosinophilia,
378 vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy
379 presenting in their patients. A causal relationship between fluticasone propionate and these
380 underlying conditions has not been established (see ADVERSE REACTIONS).

381 **Information for Patients:** Patients being treated with FLOVENT ROTADISK should receive
382 the following information and instructions. This information is intended to aid them in the safe
383 and effective use of this medication. It is not a disclosure of all possible adverse or intended
384 effects.

385 Patients should use FLOVENT ROTADISK at regular intervals as directed. Results of
386 clinical trials indicated significant improvement may occur within the first day or two of
387 treatment; however, the full benefit may not be achieved until treatment has been administered
388 for 1 to 2 weeks or longer. The patient should not increase the prescribed dosage but should
389 contact the physician if symptoms do not improve or if the condition worsens.

390 Patients should be warned to avoid exposure to chickenpox or measles and, if they are
391 exposed, to consult their physicians without delay.

392 For the proper use of FLOVENT ROTADISK and to attain maximum improvement, the
393 patient should read and follow carefully the Patient's Instructions for Use accompanying the
394 product.

395 **Drug Interactions:** Fluticasone propionate is a substrate of cytochrome P450 3A4. A drug
396 interaction study with fluticasone propionate aqueous nasal spray in healthy subjects has shown
397 that ritonavir (a highly potent cytochrome P450 3A4 inhibitor) can significantly increase plasma
398 fluticasone propionate exposure, resulting in significantly reduced serum cortisol concentrations
399 (see CLINICAL PHARMACOLOGY: Drug Interactions). During postmarketing use, there have
400 been reports of clinically significant drug interactions in patients receiving fluticasone propionate
401 and ritonavir, resulting in systemic corticosteroid effects including Cushing syndrome and
402 adrenal suppression. Therefore, coadministration of fluticasone propionate and ritonavir is not
403 recommended unless the potential benefit to the patient outweighs the risk of systemic
404 corticosteroid side effects.

405 In a placebo-controlled, crossover study in 8 healthy volunteers, coadministration of a single
406 dose of orally inhaled fluticasone propionate (1,000 mcg) with multiple doses of ketoconazole
407 (200 mg) to steady state resulted in increased plasma fluticasone propionate exposure, a
408 reduction in plasma cortisol AUC, and no effect on urinary excretion of cortisol. Caution should
409 be exercised when FLOVENT ROTADISK is coadministered with ketoconazole and other
410 known potent cytochrome P450 3A4 inhibitors.

411 **Carcinogenesis, Mutagenesis, Impairment of Fertility:** Fluticasone propionate
412 demonstrated no tumorigenic potential in mice at oral doses up to 1,000 mcg/kg (approximately
413 2 times the maximum recommended daily inhalation dose in adults and approximately 10 times
414 the maximum recommended daily inhalation dose in children on a mcg/m² basis) for 78 weeks

415 or in rats at inhalation doses up to 57 mcg/kg (approximately 1/4 the maximum recommended
416 daily inhalation dose in adults and comparable to the maximum recommended daily inhalation
417 dose in children on a mcg/m² basis) for 104 weeks.

418 Fluticasone propionate did not induce gene mutation in prokaryotic or eukaryotic cells in
419 vitro. No significant clastogenic effect was seen in cultured human peripheral lymphocytes in
420 vitro or in the mouse micronucleus test when administered at high doses by the oral or
421 subcutaneous routes. Furthermore, the compound did not delay erythroblast division in bone
422 marrow.

423 No evidence of impairment of fertility was observed in reproductive studies conducted in
424 male and female rats at subcutaneous doses up to 50 mcg/kg (approximately 1/5 the maximum
425 recommended daily inhalation dose in adults on a mcg/m² basis). Prostate weight was
426 significantly reduced at a subcutaneous dose of 50 mcg/kg.

427 **Pregnancy: Teratogenic Effects:** Pregnancy Category C. Subcutaneous studies in the
428 mouse and rat at 45 and 100 mcg/kg, respectively (approximately 1/10 and 1/3, respectively, the
429 maximum recommended daily inhalation dose in adults on a mcg/m² basis), revealed fetal
430 toxicity characteristic of potent corticosteroid compounds, including embryonic growth
431 retardation, omphalocele, cleft palate, and retarded cranial ossification.

432 In the rabbit, fetal weight reduction and cleft palate were observed at a subcutaneous dose of
433 4 mcg/kg (approximately 1/30 the maximum recommended daily inhalation dose in adults on a
434 mcg/m² basis). However, no teratogenic effects were reported at oral doses up to 300 mcg/kg
435 (approximately 2 times the maximum recommended daily inhalation dose in adults on a mcg/m²
436 basis) of fluticasone propionate. No fluticasone propionate was detected in the plasma in this
437 study, consistent with the established low bioavailability following oral administration (see
438 CLINICAL PHARMACOLOGY).

439 Fluticasone propionate crossed the placenta following oral administration of 100 mcg/kg to
440 rats or 300 mcg/kg to rabbits (approximately 1/3 and 2 times, respectively, the maximum
441 recommended daily inhalation dose in adults on a mcg/m² basis).

442 There are no adequate and well-controlled studies in pregnant women. FLOVENT
443 ROTADISK should be used during pregnancy only if the potential benefit justifies the potential
444 risk to the fetus.

445 Experience with oral corticosteroids since their introduction in pharmacologic, as opposed to
446 physiologic, doses suggests that rodents are more prone to teratogenic effects from
447 corticosteroids than humans. In addition, because there is a natural increase in corticosteroid
448 production during pregnancy, most women will require a lower exogenous corticosteroid dose
449 and many will not need corticosteroid treatment during pregnancy.

450 **Nursing Mothers:** It is not known whether fluticasone propionate is excreted in human breast
451 milk. Subcutaneous administration to lactating rats of 10 mcg/kg tritiated fluticasone propionate
452 (approximately 1/25 the maximum recommended daily inhalation dose in adults on a mcg/m²
453 basis) resulted in measurable radioactivity in milk. Because other corticosteroids are excreted in

454 human milk, caution should be exercised when FLOVENT ROTADISK is administered to a
455 nursing woman.

456 **Pediatric Use:** Two hundred fourteen (214) patients 4 to 11 years of age and 142 patients 12 to
457 16 years of age were treated with FLOVENT ROTADISK in US clinical trials. The safety and
458 effectiveness of FLOVENT ROTADISK Inhalation Powder in children below 4 years of age
459 have not been established.

460 Inhaled corticosteroids, including fluticasone propionate, may cause a reduction in growth in
461 children and adolescents (see PRECAUTIONS). If a child or adolescent on any corticosteroid
462 appears to have growth suppression, the possibility that they are particularly sensitive to this
463 effect of corticosteroids should be considered. Patients should be maintained on the lowest dose
464 of inhaled corticosteroid that effectively controls their asthma.

465 **Geriatric Use:** Safety data have been collected on 280 patients (FLOVENT[®] DISKUS[®]
466 N = 83, FLOVENT ROTADISK N = 197) 65 years of age or older and 33 patients (FLOVENT
467 DISKUS N = 14, FLOVENT ROTADISK N = 19) 75 years of age or older who have been
468 treated with fluticasone propionate inhalation powder in US and non-US clinical trials. There
469 were no differences in adverse reactions compared to those reported by younger patients. In
470 addition, there were no apparent differences in efficacy between patients 65 years of age or older
471 and younger patients. Fifteen patients 65 years of age or older and 1 patient 75 years of age or
472 older were included in the efficacy evaluation of US clinical studies.

473 **ADVERSE REACTIONS**

474 The incidence of common adverse events in Table 1 is based upon 6 placebo-controlled
475 clinical trials in which 1,384 patients ≥ 4 years of age (520 females and 864 males) previously
476 treated with as-needed bronchodilators and/or inhaled corticosteroids were treated with
477 FLOVENT ROTADISK (doses of 50 to 500 mcg twice daily for up to 12 weeks) or placebo.
478

479 **Table 1. Overall Adverse Events With >3% Incidence in Controlled Clinical Trials With**
480 **FLOVENT ROTADISK in Patients ≥4 Years Previously Receiving Bronchodilators and/or**
481 **Inhaled Corticosteroids**

Adverse Event	Placebo (N = 438) %	FLOVENT 50 mcg Twice Daily (N = 255) %	FLOVENT 100 mcg Twice Daily (N = 331) %	FLOVENT 250 mcg Twice Daily (N = 176) %	FLOVENT 500 mcg Twice Daily (N = 184) %
Ear, nose, and throat					
Pharyngitis	7	6	8	8	13
Nasal congestion	5	4	4	7	7
Sinusitis	4	5	4	6	4
Rhinitis	4	4	9	2	3
Dysphonia	0	<1	4	6	4
Oral candidiasis	1	3	3	4	11
Respiratory					
Upper respiratory infection	13	16	17	22	16
Influenza	2	3	3	3	4
Bronchitis	2	4	2	1	2
Other					
Headache	11	11	9	14	15
Diarrhea	1	2	2	0	4
Back problems	<1	<1	1	1	4
Fever	3	4	4	2	2
Average duration of exposure (days)	53	77	68	78	60

482

483 Table 1 includes all events (whether considered drug-related or nondrug-related by the
484 investigator) that occurred at a rate of over 3% in any of the groups treated with FLOVENT
485 ROTADISK and were more common than in the placebo group. In considering these data,
486 differences in average duration of exposure should be taken into account.

487 These adverse reactions were mostly mild to moderate in severity, with <2% of patients
488 discontinuing the studies because of adverse events. Rare cases of immediate and delayed
489 hypersensitivity reactions, including rash and other rare events of angioedema and
490 bronchospasm, have been reported.

491 Other adverse events that occurred in these clinical trials using FLOVENT ROTADISK with
492 an incidence of 1% to 3% and that occurred at a greater incidence than with placebo were:

493 **Ear, Nose, and Throat:** Otitis media, tonsillitis, nasal discharge, earache, laryngitis,
494 epistaxis, sneezing.

495 **Eye:** Conjunctivitis.

496 **Gastrointestinal:** Abdominal pain, viral gastroenteritis, gastroenteritis/colitis, abdominal
497 discomfort.

498 **Miscellaneous:** Injury.

499 **Mouth and Teeth:** Mouth irritation.

500 **Musculoskeletal:** Sprain/strain, pain in joint, disorder/symptoms of neck, muscular
501 soreness, aches and pains.

502 **Neurological:** Migraine, nervousness.

503 **Respiratory:** Chest congestion, acute nasopharyngitis, dyspnea, irritation due to inhalant.

504 **Skin:** Dermatitis, urticaria.

505 **Urogenital:** Dysmenorrhea, candidiasis of vagina, pelvic inflammatory disease,
506 vaginitis/vulvovaginitis, irregular menstrual cycle.

507 There were no clinically relevant differences in the pattern or severity of adverse events in
508 children compared with those reported in adults.

509 FLOVENT Inhalation Aerosol (660 or 880 mcg twice daily) was administered for 16 weeks
510 to patients with asthma requiring oral corticosteroids. Adverse events reported more frequently
511 in these patients compared to patients not on oral corticosteroids included sinusitis, nasal
512 discharge, oropharyngeal candidiasis, headache, joint pain, nausea and vomiting, muscular
513 soreness, malaise/fatigue, and insomnia.

514 **Observed During Clinical Practice:** In addition to adverse events reported from clinical
515 trials, the following events have been identified during postapproval use of fluticasone
516 propionate in clinical practice. Because they are reported voluntarily from a population of
517 unknown size, estimates of frequency cannot be made. These experiences have been chosen for
518 inclusion due to either their seriousness, frequency of reporting, or causal connection to
519 fluticasone propionate or a combination of these factors.

520 **Ear, Nose, and Throat:** Aphonia, facial and oropharyngeal edema, hoarseness, and throat
521 soreness and irritation.

522 **Endocrine and Metabolic:** Cushingoid features, growth velocity reduction in
523 children/adolescents, hyperglycemia, osteoporosis, and weight gain.

524 **Eye:** Cataracts.

525 **Non-Site Specific:** Very rare anaphylactic reaction, very rare anaphylactic reaction in
526 patients with severe milk protein allergy.

527 **Psychiatry:** Agitation, aggression, depression, and restlessness.

528 **Respiratory:** Asthma exacerbation, bronchospasm, chest tightness, cough, immediate
529 bronchospasm, paradoxical bronchospasm, pneumonia, and wheeze.

530 **Skin:** Contusions, ecchymoses, and pruritus.

531 **Eosinophilic Conditions:** In rare cases, patients on inhaled fluticasone propionate may
532 present with systemic eosinophilic conditions, with some patients presenting with clinical
533 features of vasculitis consistent with Churg-Strauss syndrome, a condition that is often treated
534 with systemic corticosteroid therapy. These events usually, but not always, have been associated
535 with the reduction and/or withdrawal of oral corticosteroid therapy following the introduction of

536 fluticasone propionate. Cases of serious eosinophilic conditions have also been reported with
537 other inhaled corticosteroids in this clinical setting. Physicians should be alert to eosinophilia,
538 vasculitic rash, worsening pulmonary symptoms, cardiac complications, and/or neuropathy
539 presenting in their patients. A causal relationship between fluticasone propionate and these
540 underlying conditions has not been established (see PRECAUTIONS: Eosinophilic Conditions).

541 **OVERDOSAGE**

542 Chronic overdosage may result in signs/symptoms of hypercorticism (see PRECAUTIONS).
543 Inhalation by healthy volunteers of a single dose of 4,000 mcg of fluticasone propionate
544 inhalation powder or single doses of 1,760 or 3,520 mcg of fluticasone propionate inhalation
545 aerosol was well tolerated. Fluticasone propionate given by inhalation aerosol at doses of
546 1,320 mcg twice daily for 7 to 15 days to healthy human volunteers was also well tolerated.
547 Repeat oral doses up to 80 mg daily for 10 days in healthy volunteers and repeat oral doses up to
548 20 mg daily for 42 days in patients were well tolerated. Adverse reactions were of mild or
549 moderate severity, and incidences were similar in active and placebo treatment groups. The oral
550 and subcutaneous median lethal doses in mice and rats were >1,000 mg/kg (>2,000 and >4,100
551 times, respectively, the maximum recommended daily inhalation dose in adults and >9,600 and
552 >19,000 times, respectively, the maximum recommended daily inhalation dose in children on a
553 mg/m² basis).

554 **DOSAGE AND ADMINISTRATION**

555 FLOVENT ROTADISK should be administered by the orally inhaled route in patients 4
556 years of age and older. Individual patients will experience a variable time to onset and degree of
557 symptom relief. Generally, FLOVENT ROTADISK has a relatively rapid onset of action for an
558 inhaled corticosteroid. Improvement in asthma control following inhaled administration of
559 fluticasone propionate can occur within 24 hours of beginning treatment, although maximum
560 benefit may not be achieved for 1 to 2 weeks or longer after starting treatment.

561 After asthma stability has been achieved (see Table 2), it is always desirable to titrate to the
562 lowest effective dosage to reduce the possibility of side effects. Dosages as low as 50 mcg twice
563 daily have been shown to be effective in some patients. For patients who do not respond
564 adequately to the starting dosage after 2 weeks of therapy, higher dosages may provide
565 additional asthma control. The safety and efficacy of FLOVENT ROTADISK when
566 administered in excess of recommended dosages have not been established.

567 Rinsing the mouth after inhalation is advised.

568 The recommended starting dosage and the highest recommended dosage of FLOVENT
569 ROTADISK, based on prior anti-asthma therapy, are listed in Table 2.

570

571 **Table 2. Recommended Dosages of FLOVENT ROTADISK**

Previous Therapy	Recommended Starting Dosage	Highest Recommended Dosage
Adults and Adolescents		
Bronchodilators alone	100 mcg twice daily	500 mcg twice daily
Inhaled corticosteroids	100-250 mcg twice daily [*]	500 mcg twice daily
Oral corticosteroids [†]	1,000 mcg twice daily [‡]	1,000 mcg twice daily [‡]
Children 4 to 11 Years		
Bronchodilators alone	50 mcg twice daily	100 mcg twice daily
Inhaled corticosteroids	50 mcg twice daily	100 mcg twice daily

572 ^{*} Starting dosages above 100 mcg twice daily for adults and adolescents and 50 mcg twice daily
573 for children 4 to 11 years of age may be considered for patients with poorer asthma control or
574 those who have previously required doses of inhaled corticosteroids that are in the higher
575 range for that specific agent.

576 **NOTE:** In all patients, it is desirable to titrate to the lowest effective dosage once asthma
577 stability is achieved.

578 [†] **For Patients Currently Receiving Chronic Oral Corticosteroid Therapy:** Prednisone
579 should be reduced no faster than 2.5 mg/day on a weekly basis, beginning after at least
580 1 week of therapy with FLOVENT ROTADISK. Patients should be carefully monitored for
581 signs of asthma instability, including serial objective measures of airflow, and for signs of
582 adrenal insufficiency (see WARNINGS). Once prednisone reduction is complete, the dosage
583 of fluticasone propionate should be reduced to the lowest effective dosage.

584 [‡] This dosing recommendation is based on clinical data from a study conducted using
585 FLOVENT Inhalation Aerosol. No clinical trials have been conducted in patients on oral
586 corticosteroids using FLOVENT ROTADISK; no direct assessment of the clinical
587 comparability of equal nominal doses for FLOVENT ROTADISK and FLOVENT Inhalation
588 Aerosol in this population has been conducted.

589
590 **Geriatric Use:** In studies where geriatric patients (65 years of age or older, see
591 PRECAUTIONS) have been treated with FLOVENT ROTADISK, efficacy and safety did not
592 differ from that in younger patients. Consequently, no dosage adjustment is recommended.

593 **Directions for Use:** Illustrated Patient's Instructions for Use accompany each package of
594 FLOVENT ROTADISK.

595 **HOW SUPPLIED**

596 FLOVENT ROTADISK 50 mcg is a circular double-foil pack containing 4 blisters of the
597 drug. Fifteen (15) ROTADISKS are packaged in a white polypropylene tube, and the tube is
598 packaged in a plastic-coated, moisture-protective foil pouch. A carton contains the foil pouch of
599 15 ROTADISKS and 1 dark orange and peach DISKHALER inhalation device (NDC 0173-
600 0511-00).

601 FLOVENT ROTADISK 100 mcg is a circular double-foil pack containing 4 blisters of the
602 drug. Fifteen (15) ROTADISKS are packaged in a white polypropylene tube, and the tube is
603 packaged in a plastic-coated, moisture-protective foil pouch. A carton contains the foil pouch of
604 15 ROTADISKS and 1 dark orange and peach DISKHALER inhalation device (NDC 0173-
605 0509-00).

606 FLOVENT ROTADISK 250 mcg is a circular double-foil pack containing 4 blisters of the
607 drug. Fifteen (15) ROTADISKS are packaged in a white polypropylene tube, and the tube is
608 packaged in a plastic-coated, moisture-protective foil pouch. A carton contains the foil pouch of
609 15 ROTADISKS and 1 dark orange and peach DISKHALER inhalation device (NDC 0173-
610 0504-00).

611 **Store at controlled room temperature (see USP), 20° to 25°C (68° to 77°F) in a dry place.**
612 **Keep out of reach of children. Do not puncture any fluticasone propionate ROTADISK**
613 **blister until taking a dose using the DISKHALER.**

614 **Use the ROTADISK blisters within 2 months after opening of the moisture-protective**
615 **foil overwrap or before the expiration date, whichever comes first. Place the sticker**
616 **provided with the product on the tube and enter the date the foil overwrap is opened and**
617 **the 2-month use date.**

618
619



620
621 GlaxoSmithKline
622 Research Triangle Park, NC 27709

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625

626 Month Year

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Patient's Instructions for Use

FLOVENT® ROTADISK® 50 mcg
(fluticasone propionate inhalation powder, 50 mcg)

FLOVENT® ROTADISK® 100 mcg
(fluticasone propionate inhalation powder, 100 mcg)

FLOVENT® ROTADISK® 250 mcg
(fluticasone propionate inhalation powder, 250 mcg)

Please read this leaflet carefully before you start to take your medicine. It provides a summary of information on your medicine. **For further information ask your doctor or pharmacist.**

What You Should Know About FLOVENT® ROTADISK®

Your doctor has prescribed FLOVENT ROTADISK 50 mcg, FLOVENT ROTADISK 100 mcg, or FLOVENT ROTADISK 250 mcg. Each ROTADISK® contains a medicine called fluticasone propionate, which is a synthetic corticosteroid. Corticosteroids are natural substances found in the body that help fight inflammation. They are used to treat asthma because they reduce the swelling and irritation in the walls of the small air passages in the lungs and ease breathing problems. When inhaled regularly, corticosteroids also help to prevent attacks of asthma.

Important Points to Remember About FLOVENT ROTADISK

- 1. MAKE SURE** that this medicine is suitable for you (see "Before Using Your FLOVENT ROTADISK" below).
- It is important that you inhale each dose as your doctor has advised. If you are not sure, ask your doctor or pharmacist.
- Use your ROTADISK as directed by your doctor. **DO NOT STOP THE TREATMENT EVEN IF YOU FEEL BETTER** unless told to do so by your doctor.
- DO NOT** inhale more doses or use the ROTADISK more often than instructed by your doctor.
- This medicine is **NOT** intended to provide rapid relief of your breathing difficulties during an asthma attack. It must be taken at regular intervals as recommended by your doctor, and not as an emergency measure.
- Your doctor may prescribe additional medicine (such as bronchodilators) for emergency relief if an acute asthma attack occurs. Please contact your doctor if:
 - an asthma attack does not respond to the additional medicine
 - you require more of the additional medicine than usual.
- If you also use another medicine by inhalation, you should consult your doctor for instructions on when to use it in relation to using FLOVENT ROTADISK.

Before Using Your FLOVENT ROTADISK

TELL YOUR DOCTOR BEFORE STARTING TO TAKE THIS MEDICINE:

- If you are pregnant (or intending to become pregnant),
- If you are breastfeeding a baby,
- If you are allergic to FLOVENT ROTADISK, any other medicines, or food products. In some circumstances, this medicine may not be suitable and your doctor may wish to give you a different medicine. Make sure that your doctor knows what other medicines you are taking.
- If you are taking a medicine containing ritonavir (commonly used to treat HIV infection or AIDS).

Using Your FLOVENT ROTADISK

- Follow the instructions below. If you have any problems, tell your doctor or pharmacist.
- It is important that you inhale each dose as directed by your doctor. The label will usually tell you what dose to take and how often. If it doesn't, or you are not sure, ask your doctor or pharmacist.

DOSAGE

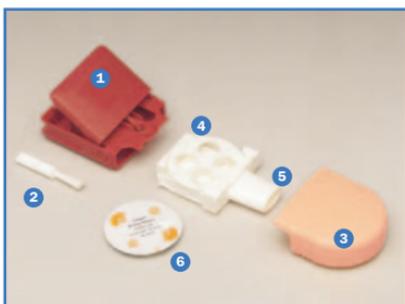
- Use as directed by your doctor.
- It is **VERY IMPORTANT** that you follow your doctor's instructions as to how many inhalations to inhale and how often to use your FLOVENT ROTADISK.
- DO NOT** inhale more doses or use your FLOVENT ROTADISK more often than your doctor advises.
- It may take 1 to 2 weeks or longer for this medicine to work and it is **VERY IMPORTANT THAT YOU USE IT REGULARLY. DO NOT STOP TREATMENT EVEN IF YOU ARE FEELING BETTER** unless told to do so by your doctor.
- If you miss a dose, just take your regularly scheduled next dose when it is due. **DO NOT DOUBLE** the dose.

How to Use Your FLOVENT ROTADISK

This leaflet shows you how to use FLOVENT ROTADISK. The medicine comes in small circular foil disks. There are 4 blisters around the edge of each disk, and these blisters each contain a measured dose of your medicine as a powder that you breathe by using a specially designed plastic device called the DISKHALER®. The medicine is available in several different strengths, and your doctor has chosen the one most suitable for you.

The DISKHALER has a number of parts:

- outer body with a hinged lid and piercing needle
- cleaning brush that fits into a space at the rear of the body
- mouthpiece cover
- white wheel on which the disk is placed
- white sliding tray with mouthpiece fitted to the wheel
- foil disk



Loading a Disk into the DISKHALER®



Figure 1

- Remove the mouthpiece cover and check to make sure that the mouthpiece is clean (see Figure 1). Inspect the mouthpiece for the presence of foreign objects before each use.
- Hold the corners of the white tray and pull out gently until you can see all the plastic ridges on the sides of the tray (see Figure 2).
- Put your finger and thumb on the ridges, squeeze inward, and gently pull the tray out of the body of the DISKHALER (see Figure 3).
- Place a disk on the wheel with the numbers facing up, and then slide the tray back into the DISKHALER (see Figure 4).



Figure 2



Figure 3



Figure 4

Getting Ready for the First Dose

5. Hold the corners of the tray (see Figure 5) and slide the tray out and in. This will rotate the disk.
6. Continue until the number "4" appears in the small window (see Figure 6). The disk is now ready for use. As you use each dose, the number of doses remaining is shown in the window.



Figure 5



Figure 6

Opening the Blister to Release a Dose

7. Keep the DISKHALER level. Lift up the back of the lid as far as it will go until it is fully upright (see Figure 7). (**IMPORTANT:** The lid must be raised until fully upright to pierce both the top and bottom of the blister.) Then close the lid. The DISKHALER is now ready for use.



Figure 7

Inhaling Your Medicine

8. Breathe out as far as comfortable (see Figure 8).
9. Keep the DISKHALER level and raise it to your mouth. Place the mouthpiece between your teeth and close your lips firmly around it but do not bite down on it (see Figure 9). **Do not cover** the small air holes on either side of the mouthpiece.
10. Breathe in through your mouth steadily and as deeply as you can.
11. Hold your breath and remove the DISKHALER from your mouth (see Figure 10). Continue to hold your breath for up to 10 seconds or as long as is comfortable.



Figure 8



Figure 9



Figure 10

Getting Ready for the Next Dose



Figure 11

12. Turn the disk to the next number ("3") by gently pulling out the tray and pushing it in once (see Figure 11). **Do not** pierce the blister until you are ready to take the next dose.

When you need to take another dose, repeat steps 7 through 12.
Always replace the mouthpiece cover after use.

Replacing the Disk When it is Empty

Each disk has 4 blisters. As you use up each blister, the blister numbers appearing in the small window of the tray will count backwards (i.e., "4", "3", "2", "1"). When the number "4" reappears after you have taken 4 inhalations from the DISKHALER, the disk is empty and should be replaced. To take out the old disk and put in the new one, repeat steps 2 through 4.

Cleaning Your DISKHALER

Clean your DISKHALER at least once a week as follows:

1. Remove the tray from the body of the DISKHALER.
2. Hold the wheel between your forefinger and thumb and pull upwards to separate it from the tray.
3. There is a brush in the small space under the lid at the rear of the body of the DISKHALER. Brush away any powder left behind on the parts of the DISKHALER.
4. Replace the wheel and push it down firmly until it snaps into place.
5. Replace the tray and mouthpiece cover.

You may also separate the parts of the DISKHALER as described above and rinse them with warm water. Let the parts air dry before putting back together.

Storing Your FLOVENT ROTADISK

- Keep out of reach of children.
- Store at 20° to 25°C (68° to 77°F) in a dry place.
- Use the ROTADISK blisters within 2 months after opening of the moisture-protective foil overwrap or before the expiration date, whichever comes first. Place the sticker provided with the product on the tube containing the ROTADISK blisters and fill in the date you opened the foil overwrap and the 2-month use date.
- Do not puncture any fluticasone propionate ROTADISK blister until taking a dose using the DISKHALER.

REMEMBER: This medicine has been prescribed for you by your doctor. **DO NOT** give this medicine to anyone else.

FURTHER INFORMATION

This leaflet does not contain the complete information about your medicine. If you have any questions, or are not sure about something, then you should ask your doctor or pharmacist.

You may want to read this leaflet again. Please **DO NOT THROW IT AWAY** until you have finished your medicine.

Your doctor has determined that this product is likely to help your personal health. **USE THIS PRODUCT AS DIRECTED, UNLESS INSTRUCTED TO DO OTHERWISE BY YOUR DOCTOR.** If you have any questions about alternatives, consult with your doctor.



GlaxoSmithKline
Research Triangle Park, NC 27709

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