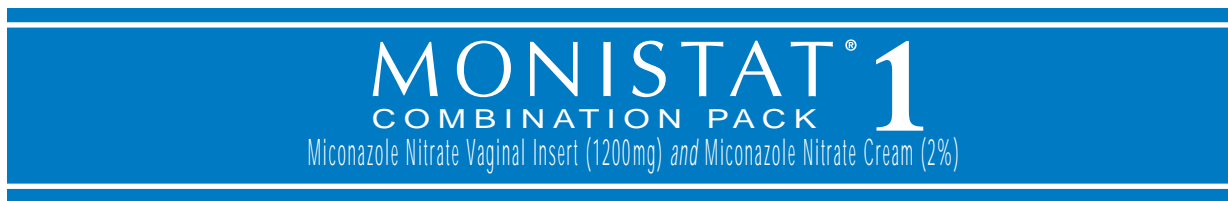




Consumer Information Leaflet

624-10-403-3



6-DIGIT  
BAR CODE  
1/2" HEIGHT

VAGINAL ANTIFUNGAL  
Cures Most Vaginal Yeast Infections  
and Relieves Associated External Itching and Irritation

**Why should I use MONISTAT® 1 Combination Pack?**

MONISTAT® 1 Combination Pack contains a 1-dose OVULE® Insert that cures most vaginal yeast infections, plus an external cream that can be used for relief of itching and irritation on the skin outside the vagina (vulva) due to a yeast infection. **Do not use MONISTAT® 1 Combination Pack if this is the first time you have vaginal discharge, itching, burning and discomfort. See your doctor or health professional first to find out the cause of your symptoms.** If a doctor has told you in the past that you had a vaginal yeast infection and you have the same symptoms now (such as vaginal discharge, itching or burning), then MONISTAT® 1 Combination Pack may work for you.

**What is a vaginal yeast infection?**

A vaginal yeast infection is a common condition caused by an overgrowth of yeast (Candida) that may normally live in the vagina. Your doctor may call this infection "monilia" or "candidiasis." Some women may have a yeast infection on the skin outside of the vagina (vulva) at the same time that they have a vaginal infection.

**Who can get a vaginal yeast infection?**

You can get a vaginal yeast infection at any age. It is most common during the childbearing years. Women who are pregnant or diabetic, taking antibiotics, birth control pills or steroids, or who have a weakened immune system are more likely to get repeated yeast infections that may not clear up easily with proper treatment.

Some medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is infection with the human immunodeficiency virus (HIV – the virus that causes AIDS). The HIV virus causes the body to be more likely to get infections, including vaginal yeast infections that may not clear up easily with proper treatment. If you may have been exposed to HIV and get repeated vaginal yeast infections, you should see your doctor right away. For more information on HIV infection, please contact your doctor or the CDC National AIDS HOTLINE. The CDC phone numbers are: 1-800-342-AIDS (English), 1-800-344-7432 (Spanish), or 1-800-243-7889 (hearing impaired, TDD).

**How can I tell if I have a vaginal yeast infection?**

When you have a vaginal yeast infection, you may have one or more of the following symptoms:

- vaginal itching
- vaginal discharge that may be thick, white, and lumpy like cottage cheese
- vaginal soreness, irritation, or burning
- rash or redness on the skin outside the vagina (vulva)
- burning on urination
- painful vaginal intercourse (sex)

Note: Vaginal yeast infections do NOT cause fever, chills, lower abdominal, back or shoulder pain, foul-smelling vaginal discharge, or a missed period. These may be signs of a sexually transmitted disease (STD) or a tubal pregnancy. If you have these symptoms, call your doctor right away.

**What are other causes of a vaginal discharge?**

It is normal to have a small amount of vaginal discharge at certain times of the month. This normal discharge may be clear or slightly white and does not cause itching, pain or a foul odor.

The most common cause of an abnormal vaginal discharge is an infection. These infections include bacterial vaginosis (BV), trichomoniasis (Trich), gonorrhea (GC) and/or chlamydia. All of these may be transmitted sexually and are called sexually transmitted diseases (STDs). If you have more questions about sexually transmitted diseases (STDs) call the CDC STD Hotline at 1-800-227-8922.

Although many of the infections mentioned above can cause symptoms similar to a vaginal yeast infection (vaginal discharge, irritation and itching), their diagnosis must be made by a doctor so that proper treatment can be given.

If these infections are not properly treated or if proper treatment is delayed, serious problems, such as pelvic inflammatory disease (PID) may result, which may prevent you from having children in the future. If you are pregnant and do not get the proper treatment, the infection may be passed to your baby before or during delivery and may cause your baby to have permanent damage. If you have multiple sex partners or a new sex partner, you should also ask a doctor before use to make sure you do not have an STD.

**Why do women get repeated vaginal yeast infections?**

Women may get repeated vaginal yeast infections that may not clear up easily with proper treatment. Listed below are some of the causes of repeated yeast infections:

- hormonal changes occurring a few days before the monthly period
- use of antibiotics
- use of some birth control pills
- pregnancy
- diabetes ("sugar" or "high blood sugar")
- clothing – wearing tight layers or moist clothing in the genital area
- weakened immune system – some drugs (such as chemotherapy or steroids) and medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is infection with the human immunodeficiency virus (HIV – the virus that causes AIDS). Infection with HIV causes the person to be more likely to get infections, including vaginal yeast infections.

If you get vaginal yeast infections often (such as once a month or 3 in 6 months), you should talk to a doctor.

**Are vaginal yeast infections sexually transmitted?**

Vaginal yeast infections are usually not spread by having intercourse (sex). However, if your partner has a rash, itching or discomfort in his genital area, he should contact a doctor to find out the cause of his symptoms and tell the doctor that you are treating your vaginal yeast infection with MONISTAT® 1 Combination Pack.

**How can I prevent repeated vaginal yeast infections?**

To lower your chances of getting another yeast infection:

- Try to keep the genital area cool and dry. Yeast grow well in warm, moist areas. The following suggestions may be helpful:
  - (1) Wear cotton underwear and loose-fitting clothes.
  - (2) Change out of damp clothes or a wet bathing suit as soon as possible.
  - (3) If you use minipads when you are not having a menstrual period, change the minipads often.
- Talk with your doctor about any drugs you are now taking. You are more likely to get a vaginal yeast infection if you are taking certain drugs such as antibiotics, steroids, or birth control pills. Do not stop taking these drugs without first asking your doctor. A doctor may need to see you to make sure that you do not have other medical conditions such as diabetes or a weakened immune system.

**Can I use MONISTAT® 1 Combination Pack during my menstrual period?**

Yes, this product can be used during your menstrual period. In fact, many women get vaginal yeast infections just before their period because of hormonal changes. Using MONISTAT® 1 Combination Pack during your period will not affect how well this product works. If you have started treatment and your period occurs, you should complete the full course of treatment.

Do not use tampons while using this product, because tampons may remove some of the drug from the vagina. Use deodorant-free sanitary napkins or pads instead, and change them often.

**Can I use other vaginal products with MONISTAT® 1 Combination Pack?**

This drug should not be used with other vaginal products.

- Douches and tampons may remove some of the OVULE® Insert from the vagina.
- Spermicides may interfere with MONISTAT® 1 Combination Pack.
- Condoms and diaphragms may be damaged by this product and fail to prevent pregnancy or sexually transmitted diseases (STDs).

<b>Brand</b>	- Monistat	<b>File name</b>	- Mon1 non prefilled Comboinsert	<b>Design Agency Reference</b>	- SEVEN
<b>Category</b>	- Vaginal Antifungal	<b>Dieline No.</b>	- n/a	<b>Project Name</b>	- Daytime
<b>Product Variant</b>	- non-Prefilled (Oval Insert) Combination	<b>Barcode No. (i-BWR &amp; Mag)</b>	- n/a	<b>Artwork program</b>	- Illustrator 8.0
<b>Component Type</b>	- Insert	<b>Seven Job No.</b>	- 6069/2314	<b>Lead Mktg. Country</b>	- USA
<b>Consumer Unit Contents</b>	-	<b>Formulation No.</b>	- n/a	<b>Sales Region</b>	- North America
<b>Copy &amp; Graphics Number</b>	- XXXXXX	<b>Printer</b>	- PCI Triline	<b>Manufacturing Site</b>	- PSGA
<b>Version#</b>	- 2	<b>No. of Colours</b>	- 2	<b>Library</b>	- Local Market Artwork
<b>Date</b>	- 8/17/04	<b>Print Method</b>	- offset	<b>Keywords (Market)</b>	- XXXXXX

<p><b>Johnson &amp; Johnson</b> 199 Grandview Road Skillman, NJ 08558-9418 908-874-1666 (Consumer Graphics Dept. Fax)</p> <p>✖ This proof indicates approximate color only! ✖ All colors print 100% unless otherwise indicated. ✖ All structure and holding lines do not print unless otherwise indicated. ✖ This is prepared as a color digital mechanical, no traps have been made. ✖ All trapping is the responsibility of the engraver and/or separator and/or printer.</p>	<p><b>ARTWORK SPECIFICS</b></p>	<p><b>Colors: 2</b> Note: All colors for reference only, printer to use pre-approved color drawdowns when printing.</p>	<p><b>Fonts:</b> Optima / MathPi / Helv. Condensed Helv. Neue / Helv. Neue Condensed Helv. Neue Extended, Helv. Condensed-Italic, Helv. Roman</p> <p><b>Consumer Graphics Manager: Bridgette Motley</b> <b>Phone: 908.874.2736</b></p>
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#### How can I get the best results when treating my infection?

- Use the OVULE<sup>®</sup> Insert, even during your menstrual period.
- Use the tube of cream externally only while symptoms are present. If you have symptoms (such as itching and irritation) on the skin outside the vagina (vulva), apply the cream externally 2 times a day, up to a total of 7 days, as needed.
- Dry the genital area thoroughly after a shower, bath or swim. Change out of a wet bathing suit or damp clothes as soon as possible. A dry area is less likely to lead to the overgrowth of yeast.
- Wear cotton underwear and loose-fitting clothes.
- Wipe from front to back after a bowel movement or after urination.
- Do not douche, because douching may wash the drug out of the vagina.
- Do not use tampons, because they remove some of the drug from the vagina. Use deodorant-free sanitary napkins or pads as needed.
- Do not use spermicides, as they may interfere with MONISTAT<sup>®</sup> 1 Combination Pack.
- Do not have vaginal intercourse while using MONISTAT<sup>®</sup> 1 Combination Pack.
- Do not scratch the skin outside the vagina. Scratching can cause more irritation and can spread the infection.
- **Tell your doctor about any drugs you are now taking.** Certain drugs such as antibiotics, steroids, and birth control pills, may make it more likely for you to get a vaginal yeast infection. If you are taking any of these drugs do not stop taking them without first asking a doctor.
- If you have any other medical questions or concerns about vaginal yeast infections, call your doctor.

#### What warnings should I know about when using MONISTAT<sup>®</sup> 1 Combination Pack?

For vaginal use only.

Do not use if you have never had a vaginal yeast infection diagnosed by a doctor.

Ask a doctor before use if you have:

- vaginal itching and discomfort for the first time. You may need a different treatment.
- lower abdominal, back or shoulder pain, fever, chills, nausea, vomiting, or foul-smelling vaginal discharge. You could have a more serious condition.
- vaginal yeast infections often (such as once a month or 3 in 6 months). You could be pregnant or have a serious underlying medical cause for your symptoms, including diabetes or a weakened immune system.
- been exposed to the human immunodeficiency virus (HIV) that causes AIDS.

Ask a doctor or pharmacist before use if you are taking the prescription blood thinning medicine, warfarin (coumadin), because bleeding or bruising may occur.

When using this product:

- do not use tampons, douches, spermicides, or other vaginal products. Condoms and diaphragms may be damaged and fail to prevent pregnancy or sexually transmitted diseases (STDs).
- do not have vaginal intercourse
- mild increase in vaginal burning, itching or irritation may occur

#### How Should I Use MONISTAT<sup>®</sup> 1 Combination Pack ?

This product is for adults and children 12 years of age and over. For children under 12 years, ask a doctor.

##### Directions for using the Applicator and the OVULE<sup>®</sup> Insert :

- 1** Open pouch and remove contents. (see picture).  
KEEP CONTENTS DRY BEFORE USE.
- 2** Separate the paper backing from blister pack by peeling back the cover from the corner. (see picture).
- 3** Place the OVULE<sup>®</sup> Insert firmly into the top (wider end) of the applicator so it will not fall out.
- 4** Hold the Applicator containing the OVULE<sup>®</sup> Insert by the opposite end from where the OVULE<sup>®</sup> Insert is located.
- 5** Gently insert the applicator into the vagina as far as it will go comfortably. This can be done while standing with your feet spread a few inches apart and your knees bent. Or, you can lie on your back with your knees bent, as shown in the picture.

- 6** With one hand holding the barrel, use the other hand to push the plunger all the way in to place the OVULE<sup>®</sup> Insert as far back in the vagina as possible. Then remove both parts of the applicator from the vagina.
- 7** Throw away applicator after use. Do not flush in toilet.

You may want to use deodorant-free pads or pantyshields to protect your clothing during the time that you are using MONISTAT<sup>®</sup> 1 Combination Pack. This is because the OVULE<sup>®</sup> Insert can leak or you may get some discharge. **Do not use tampons, douches, spermicides, condoms or diaphragms** until after you have completed the treatment and your symptoms are gone.

#### Directions for using the External Vulvar Cream

Use the cream twice daily, for up to 7 days as needed.

- 1** Open the tube by unscrewing the cap. The first time the tube is opened, press the sharp point of the cap into the sealed end of the tube. Push down firmly until the seal is open.
- 2** Squeeze a small amount of cream onto your fingertip.
- 3** Apply the cream onto the skin outside the vagina (vulva) that itches and is irritated.
- 4** Screw the cap back on the tube.
- 5** Repeat steps 2 – 4, up to two times daily, as needed.

#### Stop use and ask your doctor if:

- symptoms do not get better in 3 days
- symptoms last more than 7 days
- you get a rash or hives, abdominal pain, fever, chills, nausea, vomiting, or foul-smelling vaginal discharge.

These may be signs that this product is not working, or you may have a more serious condition or an allergic reaction.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

#### What side effects may occur with MONISTAT<sup>®</sup> 1 Combination Pack?

A mild increase in vaginal burning, itching, or irritation may occur when the OVULE<sup>®</sup> Insert is inserted. Abdominal cramping has also been reported.

Stop using MONISTAT<sup>®</sup> 1 Combination Pack and consult your doctor if you have abdominal pain, hives, skin rash, or if you have severe vaginal burning, itching, or irritation or swelling.

#### What should I do if I have questions about MONISTAT<sup>®</sup> 1 Combination Pack?

Questions of a medical nature should be taken up with your doctor. If you have any other questions or need more information on this product, call our toll-free number. Call between 8:00 AM and 5:00 PM Eastern time, Monday through Friday. A health care specialist will gladly answer your questions. Our toll-free number is 1-877-MONISTAT (1-877-666-4782).

#### Other Information:

- **TAMPER-EVIDENT UNIT – do not use if printed sealed pouch or sealed vaginal insert blister is torn, open or incompletely sealed.**
- do not use if tube seal has been punctured or embossed design □ symbol is not visible.
- store at 20° – 25° C (68° – 77° F)
- this is a 1-dose treatment. Most women do not get complete relief of their symptoms in just 1 day. Most women get some improvement in 1 day and complete relief by 7 days.

**Active ingredients:** OVULE<sup>®</sup> Insert: miconazole nitrate, 1200 mg. External Vulvar Cream – miconazole nitrate, 2%.

**Inactive ingredients:** OVULE<sup>®</sup> Insert: gelatin, glycerin, lecithin, mineral oil, titanium dioxide, white petrolatum. External Vulvar Cream: benzocaine, cetyl alcohol, isopropyl myristate, polysorbate 60, potassium hydroxide, propylene glycol, purified water, stearyl alcohol.

Distributed by:

**Personal Products Company**  
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Skillman, NJ 08558

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624-10-403-3

6-DIGIT  
BAR CODE  
1/2" HEIGHT

bar code area

**Drug Facts**

**Active ingredients**  
Miconazole nitrate 1200 mg (in vaginal insert).....Vaginal antifungal  
Miconazole nitrate 2% (external cream).....Vaginal antifungal

**Purpose**  
Vaginal antifungal

**Uses**  
■ treats vaginal yeast infections  
■ relieves external itching and irritation due to a vaginal yeast infection

**Warnings**  
For vaginal use only  
Do not use if you have never had a vaginal yeast infection diagnosed by a doctor  
Ask a doctor before use if you have  
■ vaginal itching and discomfort for the first time  
■ lower abdominal, back or shoulder pain, fever, chills, nausea, vomiting, or foul-smelling vaginal discharge. You may have a more serious condition.  
■ pregnant or have a serious underlying medical cause for your symptoms, including diabetes  
■ been exposed to the human immunodeficiency virus (HIV) that causes AIDS

Ask a doctor or pharmacist before use if you are taking the prescription blood thinning medicine warfarin, because bleeding or bruising may occur

When using this product  
■ do not use tampons, douches, spermicides or other vaginal products. Condoms and diaphragms may be damaged and fail to prevent pregnancy or sexually transmitted diseases (STDs).  
■ do not have vaginal intercourse  
■ mild increase in vaginal burning, itching or irritation may occur

**Drug Facts (continued)**  
Stop use and ask a doctor if  
■ symptoms do not get better in 3 days ■ symptoms last more than 7 days  
■ you get a rash or hives, abdominal pain, fever, chills, nausea, vomiting, or four-smelling vaginal discharge  
If pregnant or breast-feeding, ask a health professional before use.  
Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.  
Directions  
■ before using this product read the enclosed consumer information leaflet for complete directions and information  
■ adults and children 12 years of age and over:  
■ vaginal insert: with the applicator place the vaginal insert into the vagina. Throw applicator away after use.  
■ external cream: squeeze a small amount of cream onto your fingertip. Apply the cream onto the itchy, irritated skin outside the vagina. Use 2 times daily for up to 7 days, as needed.  
■ children under 12 years of age: ask a doctor

**Other information**  
do not use if printed sealed pouch is torn, open or incompletely sealed  
do not use if seal over tube opening has been punctured or embossed design is not visible  
do not purchase if carton is open  
store at 20°-25°C (68°-77°F)  
this is a 1-dose treatment. Most women do not get complete relief of their symptoms in just 1 day. Most women get some improvement in 1 day and complete relief by 7 days.

**Inactive ingredients**  
■ vaginal insert: gelatin, glycerin, lecithin, mineral oil, titanium dioxide, white petrolatum hydroxide, propylene glycol, purified water, stearyl alcohol  
■ external cream: benzocaine, cetyl alcohol, isopropyl myristate, polysorbate 60, potassium hydroxide, propylene glycol, purified water, stearyl alcohol

**Questions?** If you have any questions or comments, please call 1-877-666-4782

bar code area

1 - DAY TREATMENT CURES MOST VAGINAL YEAST INFECTIONS

VAGINAL ANTIFUNGAL

MONISTAT<sup>®</sup> COMBINATION PACK

Miconazole Nitrate Vaginal Insert (1200mg) and Miconazole Nitrate Cream (2%)

ONE TREATMENT  
OVULE<sup>®</sup> Insert Prefilled Applicator  
plus External Cream  
for Itch Relief

DAY OR NIGHT  
STAYS IN PLACE



MONISTAT<sup>®</sup> COMBINATION PACK 1

Miconazole Nitrate Vaginal Insert (1200mg) and Miconazole Nitrate Cream (2%)

VAGINAL ANTIFUNGAL

2 If you have any questions or comments, please call 1-877-MONISTAT (1-877-666-4782) or visit our website at [www.monistat.com](http://www.monistat.com)

MONISTAT<sup>®</sup> COMBINATION PACK  
VAGINAL ANTIFUNGAL  
LOCATION OF LOT # AND EXPIRATION DATE

NDC 62341-5411-2

CONVENIENT PREFILLED APPLICATOR

# MONISTAT<sup>®</sup> COMBINATION PACK 1

Miconazole Nitrate Vaginal Insert (1200mg) and Miconazole Nitrate Cream (2%)

VAGINAL ANTIFUNGAL

CURES MOST VAGINAL YEAST INFECTIONS AND RELIEVES ASSOCIATED EXTERNAL ITCHING AND IRRITATION

1 OVULE<sup>®</sup> Insert Prefilled Applicator plus External Cream

Net Wt. 1 OVULE<sup>®</sup> Insert + 0.32 oz. (9g) Tube

2 If you have any questions or comments, please call 1-877-MONISTAT (1-877-666-4782) or visit our website at [www.monistat.com](http://www.monistat.com)

3 8004-5411-00



FPO

Ortho logo

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720-90-4012  
718605  
Covered under patient number 5,514,698

MONISTAT<sup>®</sup> COMBINATION PACK  
VAGINAL ANTIFUNGAL







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Category	- Vaginal Anti Fungal	Dieline No.	- 33738R7	Project Name	- Cooling Updates
Product Variant	- Combo Pack	Barcode No.	- XXXXXX	Artwork program	- III.10
Component Type	- XXXXXX	AGTseven Job No.	- 60694/2314	Lead Mktg. Country	- USA
Consumer Unit Contents	- 1	Formulation No.	- n/a	Sales Region	- North America
Copy & Graphics Number	- XXXXXX	Printer	- PCI Services	Manufacturing Site	- PSGA
Version#	- XXXXXX/1	No. of Colours	- 6	Library	- Local Market Artwork
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**JOHNSON & JOHNSON**  
199 Grandview Road  
Skillman, NJ 08558-9418  
908-874-1666 (Consumer Graphics Dept. Fax)

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- All trapping is the responsibility of the engraver and/or separator and/or printer.

**ARTWORK SPECIFICS**

Colors: 6 Note: All colors for reference only, printer to use pre-approved color drawdowns when printing.

 Monistat Dark Blue	 PANTONE <sup>®</sup> 226	 PANTONE <sup>®</sup> 109
 PANTONE <sup>®</sup> Cool Grey 10	 PANTONE <sup>®</sup> Purple	 MATCH GOLD

Fonts: Helvetica, Trade Gothic Minion Bold, Helvetica Bold Helvetica Condensed Bold Zapf Humanist 601 BT Demi Helvetica 53 Extended Frutiger 65 Bold, OCR-B Arial Black, ITC Zapf Dingbats Didot

Consumer Graphics Manager: Bryan Petersen  
Phone: 908-874-2992

FDA STANDARD SIZES for Drug Facts

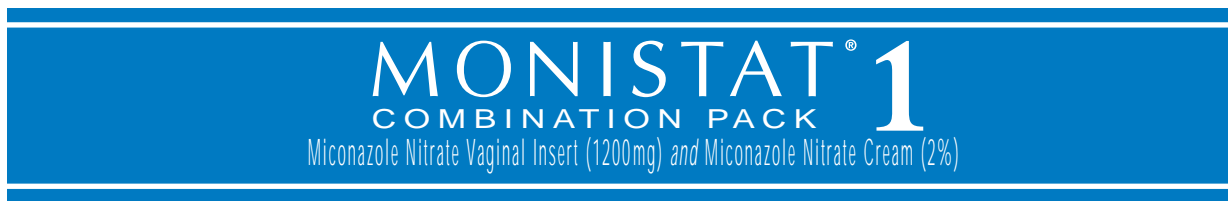
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Consumer Information Leaflet

624-10-403-3



6-DIGIT  
BAR CODE  
1/2" HEIGHT

VAGINAL ANTIFUNGAL  
Cures Most Vaginal Yeast Infections  
and Relieves Associated External Itching and Irritation

**Why should I use MONISTAT® 1 Combination Pack with Prefilled Applicator?**

MONISTAT® 1 Combination Pack with Prefilled Applicator contains a 1-dose OVULE® Insert that cures most vaginal yeast infections, plus an external cream that can be used for relief of itching and irritation on the skin outside the vagina (vulva) due to a yeast infection. **Do not use MONISTAT® 1 Combination Pack with Prefilled Applicator if this is the first time you have vaginal discharge, itching, burning and discomfort. See your doctor or health professional first to find out the cause of your symptoms.** If a doctor has told you in the past that you had a vaginal yeast infection and you have the same symptoms now (such as vaginal discharge, itching or burning), then MONISTAT® 1 Combination Pack with Prefilled Applicator may work for you.

**What is a vaginal yeast infection?**

A vaginal yeast infection is a common condition caused by an overgrowth of yeast (Candida) that may normally live in the vagina. Your doctor may call this infection "monilia" or "candidiasis." Some women may have a yeast infection on the skin outside of the vagina (vulva) at the same time that they have a vaginal infection.

**Who can get a vaginal yeast infection?**

You can get a vaginal yeast infection at any age. It is most common during the childbearing years. Women who are pregnant or diabetic, taking antibiotics, birth control pills or steroids, or who have a weakened immune system are more likely to get repeated yeast infections that may not clear up easily with proper treatment.

Some medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is infection with the human immunodeficiency virus (HIV – the virus that causes AIDS). The HIV virus causes the body to be more likely to get infections, including vaginal yeast infections that may not clear up easily with proper treatment. If you may have been exposed to HIV and get repeated vaginal yeast infections, you should see your doctor right away. For more information on HIV infection, please contact your doctor or the CDC National AIDS HOTLINE. The CDC phone numbers are: 1-800-342-AIDS (English), 1-800-344-7432 (Spanish), or 1-800-243-7889 (hearing impaired, TDD).

**How can I tell if I have a vaginal yeast infection?**

When you have a vaginal yeast infection, you may have one or more of the following symptoms:

- vaginal itching
- vaginal discharge that may be thick, white, and lumpy like cottage cheese
- vaginal soreness, irritation, or burning
- rash or redness on the skin outside the vagina (vulva)
- burning on urination
- painful vaginal intercourse (sex)

Note: Vaginal yeast infections do NOT cause fever, chills, lower abdominal, back or shoulder pain, foul-smelling vaginal discharge, or a missed period. These may be signs of a sexually transmitted disease (STD) or a tubal pregnancy. If you have these symptoms, call your doctor right away.

**What are other causes of a vaginal discharge?**

It is normal to have a small amount of vaginal discharge at certain times of the month. This normal discharge may be clear or slightly white and does not cause itching, pain or a foul odor.

The most common cause of an abnormal vaginal discharge is an infection. These infections include bacterial vaginosis (BV), trichomoniasis (Trich), gonorrhea (GC) and/or chlamydia. All of these may be transmitted sexually and are called sexually transmitted diseases (STDs). If you have more questions about sexually transmitted diseases (STDs) call the CDC STD Hotline at 1-800-227-8922.

Although many of the infections mentioned above can cause symptoms similar to a vaginal yeast infection (vaginal discharge, irritation and itching), their diagnosis must be made by a doctor so that proper treatment can be given.

If these infections are not properly treated or if proper treatment is delayed, serious problems, such as pelvic inflammatory disease (PID) may result, which may prevent you from having children in the future. If you are pregnant and do not get the proper treatment, the infection may be passed to your baby before or during delivery and may cause your baby to have permanent damage. If you have multiple sex partners or a new sex partner, you should also ask a doctor before use to make sure you do not have an STD.

**Why do women get repeated vaginal yeast infections?**

Women may get repeated vaginal yeast infections that may not clear up easily with proper treatment. Listed below are some of the causes of repeated yeast infections:

- hormonal changes occurring a few days before the monthly period
- use of antibiotics
- use of some birth control pills
- pregnancy
- diabetes ("sugar" or "high blood sugar")
- clothing – wearing tight layers or moist clothing in the genital area
- weakened immune system – some drugs (such as chemotherapy or steroids) and medical conditions can weaken the body's normal ability to fight infection. One of the most serious of these conditions is infection with the human immunodeficiency virus (HIV – the virus that causes AIDS). Infection with HIV causes the person to be more likely to get infections, including vaginal yeast infections.

If you get vaginal yeast infections often (such as once a month or 3 in 6 months), you should talk to a doctor.

**Are vaginal yeast infections sexually transmitted?**

Vaginal yeast infections are usually not spread by having intercourse (sex). However, if your partner has a rash, itching or discomfort in his genital area, he should contact a doctor to find out the cause of his symptoms and tell the doctor that you are treating your vaginal yeast infection with MONISTAT® 1 Combination Pack with Prefilled Applicator.

**How can I prevent repeated vaginal yeast infections?**

To lower your chances of getting another yeast infection:

- **Try to keep the genital area cool and dry.** Yeast grow well in warm, moist areas. The following suggestions may be helpful:
  - (1) Wear cotton underwear and loose-fitting clothes.
  - (2) Change out of damp clothes or a wet bathing suit as soon as possible.
  - (3) If you use minipads when you are not having a menstrual period, change the minipads often.
- **Talk with your doctor about any drugs you are now taking.** You are more likely to get a vaginal yeast infection if you are taking certain drugs such as antibiotics, steroids, or birth control pills. Do not stop taking these drugs without first asking your doctor. A doctor may need to see you to make sure that you do not have other medical conditions such as diabetes or a weakened immune system.

**Can I use MONISTAT® 1 Combination Pack with Prefilled Applicator during my menstrual period?**

Yes, this product can be used during your menstrual period. In fact, many women get vaginal yeast infections just before their period because of hormonal changes. Using MONISTAT® 1 Combination Pack with Prefilled Applicator during your period will not affect how well this product works. If you have started treatment and your period occurs, you should complete the full course of treatment.

Do not use tampons while using this product, because tampons may remove some of the drug from the vagina. Use deodorant-free sanitary napkins or pads instead, and change them often.

**Can I use other vaginal products with MONISTAT® 1 Combination Pack with Prefilled Applicator?**

This drug should **not** be used with other vaginal products.
 

- Douches and tampons may remove some of the OVULE® Insert from the vagina.
- Spermicides may interfere with MONISTAT® 1 Combination Pack with Prefilled Applicator.
- Condoms and diaphragms may be damaged by this product and fail to prevent pregnancy or sexually transmitted diseases (STDs).

<b>Brand</b>	- Monistat	<b>File name</b>	- Mon1ComboInser	<b>Design Agency Reference</b>	- SEVEN
<b>Category</b>	- Vaginal Antifungal	<b>Dieline No.</b>	- n/a	<b>Project Name</b>	- Daytime
<b>Product Variant</b>	- Prefilled (Ovual Insert) Combination	<b>Barcode No. (BMR &amp; Mag)</b>	- n/a	<b>Artwork program</b>	- Illustrator 8.0
<b>Component Type</b>	- Insert	<b>Seven Job No.</b>	- 6069/2314	<b>Lead Mktg. Country</b>	- USA
<b>Consumer Unit Contents</b>	-	<b>Formulation No.</b>	- n/a	<b>Sales Region</b>	- North America
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<b>Date</b>	- 8/17/04	<b>Print Method</b>	- offset	<b>Keywords (Market)</b>	- XXXXXX

**Johnson & Johnson**

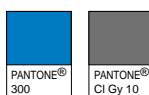
199 Grandview Road  
Skillman, NJ 08558-9418  
908-874-1666 (Consumer Graphics Dept. Fax)

- This proof indicates approximate color only!
- All colors print 100% unless otherwise indicated.
- All structure and holding lines do not print unless otherwise indicated.
- This is prepared as a color digital mechanical, no traps have been made.
- All trapping is the responsibility of the engraver and/or separator and/or printer.

ARTWORK SPECIFICS

**Colors: 2**

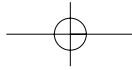
Note: All colors for reference only, printer to use pre-approved color drawdowns when printing.



**Fonts:**

Optima / MathPi / Helv. Condensed  
Helv. Neue / Helv. Neue Condensed  
Helv. Neue Extended, Helv. Condensed-Italic, Helv. Roman

**Consumer Graphics Manager: Bridgette Motley**  
**Phone: 908.874.2736**



#### How can I get the best results when treating my infection?

- Use the Applicator containing the OVULE® Insert, even during your menstrual period.
- Use the tube of cream externally only while symptoms are present. If you have symptoms (such as itching and irritation) on the skin outside the vagina (vulva), apply the cream externally 2 times a day, up to a total of 7 days, as needed.
- Dry the genital area thoroughly after a shower, bath or swim. Change out of a wet bathing suit or damp clothes as soon as possible. A dry area is less likely to lead to the overgrowth of yeast.
- Wear cotton underwear and loose-fitting clothes.
- Wipe from front to back after a bowel movement or after urination.
- Do not douche, because douching may wash the drug out of the vagina.
- Do not use tampons, because they remove some of the drug from the vagina. Use deodorant-free sanitary napkins or pads as needed.
- Do not use spermicides, as they may interfere with MONISTAT® 1 Combination Pack with Prefilled Applicator.
- Do not have vaginal intercourse while using MONISTAT® 1 Combination Pack with Prefilled Applicator.
- Do not scratch the skin outside the vagina. Scratching can cause more irritation and can spread the infection.
- **Tell your doctor about any drugs you are now taking.** Certain drugs such as antibiotics, steroids, and birth control pills, may make it more likely for you to get a vaginal yeast infection. If you are taking any of these drugs do not stop taking them without first asking a doctor.
- If you have any other medical questions or concerns about vaginal yeast infections, call your doctor.

#### What warnings should I know about when using MONISTAT® 1 Combination Pack with Prefilled Applicator?

##### For vaginal use only.

Do not use if you have never had a vaginal yeast infection diagnosed by a doctor.

##### Ask a doctor before use if you have:

- vaginal itching and discomfort for the first time. You may need a different treatment.
- lower abdominal, back or shoulder pain, fever, chills, nausea, vomiting, or foul-smelling vaginal discharge. You could have a more serious condition.
- vaginal yeast infections often (such as once a month or 3 in 6 months). You could be pregnant or have a serious underlying medical cause for your symptoms, including diabetes or a weakened immune system.
- been exposed to the human immunodeficiency virus (HIV) that causes AIDS.

Ask a doctor or pharmacist before use if you are taking the prescription blood thinning medicine, warfarin (coumadin), because bleeding or bruising may occur.

##### When using this product:

- do not use tampons, douches, spermicides, or other vaginal products. Condoms and diaphragms may be damaged and fail to prevent pregnancy or sexually transmitted diseases (STDs).
- do not have vaginal intercourse
- mild increase in vaginal burning, itching or irritation may occur

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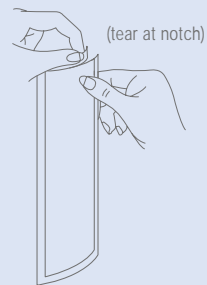
### How Should I Use MONISTAT® 1 Combination Pack with Prefilled Applicator?

This product is for adults and children 12 years of age and over. For children under 12 years, ask a doctor.

#### Directions for using the Applicator containing the OVULE® Insert :

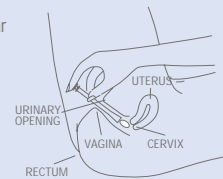
- 1 Open pouch and remove Prefilled Applicator. (see picture).

KEEP CONTENTS DRY BEFORE USE.



- 2 Hold the Applicator containing the OVULE® Insert by the opposite end from where the OVULE® Insert is located.

- 3 Gently insert the applicator into the vagina as far as it will go comfortably. This can be done while standing with your feet spread a few inches apart and your knees bent. Or, you can lie on your back with your knees bent, as shown in the picture.



- 4 With one hand holding the barrel, use the other hand to push the plunger all the way in to place the OVULE® Insert as far back in the vagina as possible. Then remove both parts of the applicator from the vagina.

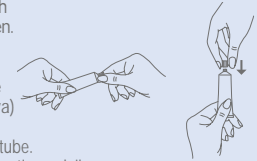
- 5 Throw away applicator after use. Do not flush in toilet.

You may want to use deodorant-free pads or pantyshields to protect your clothing during the time that you are using MONISTAT® 1 Combination Pack with Prefilled Applicator. This is because the OVULE® Insert can leak or you may get some discharge. **Do not use tampons, douches, spermicides, condoms or diaphragms** until after you have completed the treatment and your symptoms are gone.

#### Directions for using the External Vulvar Cream

Use the cream twice daily, for up to 7 days as needed.

1. Open the tube by unscrewing the cap. The first time the tube is opened, press the sharp point of the cap into the sealed end of the tube. Push down firmly until the seal is open.
2. Squeeze a small amount of cream onto your fingertip.
3. Apply the cream onto the skin outside the vagina (vulva) that itches and is irritated.
4. Screw the cap back on the tube.
5. Repeat steps 2 – 4, up to two times daily, as needed.



#### Stop use and ask your doctor if:

- symptoms do not get better in 3 days
- symptoms last more than 7 days
- you get a rash or hives, abdominal pain, fever, chills, nausea, vomiting, or foul-smelling vaginal discharge.

These may be signs that this product is not working, or you may have a more serious condition or an allergic reaction.

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. If swallowed, get medical help or contact a Poison Control Center right away.

#### What side effects may occur with MONISTAT® 1 Combination Pack with Prefilled Applicator?

A mild increase in vaginal burning, itching, or irritation may occur when the Applicator containing the OVULE® Insert is inserted. Abdominal cramping has also been reported.

Stop using MONISTAT® 1 Combination Pack with Prefilled Applicator and consult your doctor if you have abdominal pain, hives, skin rash, or if you have severe vaginal burning, itching, or irritation or swelling.

#### What should I do if I have questions about MONISTAT® 1 Combination Pack with Prefilled Applicator?

Questions of a medical nature should be taken up with your doctor. If you have any other questions or need more information on this product, call our toll-free number. Call between 8:00 AM and 5:00 PM Eastern time, Monday through Friday. A health care specialist will gladly answer your questions. Our toll-free number is 1-877-MONISTAT (1-877-666-4782).

#### Other Information:

- **TAMPER-EVIDENT UNIT – do not use if printed sealed pouch is torn, open or incompletely sealed.**
- do not use if tube seal has been punctured or embossed design symbol is not visible.
- store at 20° – 25° C (68° – 77° F)
- this is a 1-dose treatment. Most women do not get complete relief of their symptoms in just 1 day. Most women get some improvement in 1 day and complete relief by 7 days.

**Active ingredients:** OVULE® Insert: miconazole nitrate, 1200 mg. External Vulvar Cream – miconazole nitrate, 2%.

**Inactive ingredients:** OVULE® Insert: gelatin, glycerin, lecithin, mineral oil, titanium dioxide, white petrolatum. External Vulvar Cream: benzocaine, cetyl alcohol, isopropyl myristate, polysorbate 60, potassium hydroxide, propylene glycol, purified water, stearyl alcohol.

#### Distributed by:

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