

# Cleocin HCl®

clindamycin hydrochloride capsules, USP

PHARMACIA

To reduce the development of drug-resistant bacteria and maintain the effectiveness of CLEOCIN HCl and other antibacterial drugs, CLEOCIN HCl should be used only to treat or prevent infections that are proven or strongly suspected to be caused by bacteria.

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### WARNING

**Pseudomembranous colitis has been reported with nearly all antibacterial agents, including clindamycin, and may range in severity from mild to life-threatening. Therefore, it is important to consider this diagnosis in patients who present with diarrhea subsequent to the administration of antibacterial agents.**

Because clindamycin therapy has been associated with severe colitis which may end fatally, it should be reserved for serious infections where less toxic antimicrobial agents are inappropriate, as described in the INDICATIONS AND USAGE section. It should not be used in patients with nonbacterial infections such as most upper respiratory tract infections. Treatment with antibacterial agents alters the normal flora of the colon and may permit overgrowth of clostridia. Studies indicate that a toxin produced by *Clostridium difficile* is one primary cause of "antibiotic-associated colitis".

After the diagnosis of pseudomembranous colitis has been established, therapeutic measures should be initiated. Mild cases of pseudomembranous colitis usually respond to drug discontinuation alone. In moderate to severe cases, consideration should be given to management with fluids and electrolytes, protein supplementation, and treatment with an antibacterial drug clinically effective against *C. difficile* colitis.

Diarrhea, colitis, and pseudomembranous colitis have been observed to begin up to several weeks following cessation of therapy with clindamycin.

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Hemodialysis and peritoneal dialysis are not effective in removing clindamycin from the serum.

Concentrations of clindamycin in the serum increased linearly with increased dose. Serum levels exceed the MIC (minimum inhibitory concentration) for most indicated organisms for at least six hours following administration of the usually recommended doses. Clindamycin is widely distributed in body fluids and tissues (including bones). The average biological half-life is 2.4 hours. Approximately 10% of the bioactivity is excreted in the urine and 3.6% in the feces; the remainder is excreted as bioinactive metabolites.

Doses of up to 2 grams of clindamycin per day for 14 days have been well tolerated by healthy volunteers, except that the incidence of gastrointestinal side effects is greater with the higher doses.

No significant levels of clindamycin are attained in the cerebrospinal fluid, even in the presence of inflamed meninges.

Pharmacokinetic studies in elderly volunteers (61-79 years) and younger adults (18-39 years) indicate that age alone does not alter clindamycin pharmacokinetics (clearance, elimination half-life, volume of distribution, and area under the serum concentration-time curve) after IV administration of clindamycin phosphate. After oral administration of clindamycin hydrochloride, elimination half-life is increased to approximately 4.0 hours (range 3.4-5.1 h) in the elderly compared to 3.2 hours (range 2.1-4.2 h) in younger adults. The extent of absorption, however, is not different between age groups and no dosage alteration is necessary for the elderly with normal hepatic function and normal (age-adjusted) renal function.

**Microbiology:** Clindamycin inhibits bacterial protein synthesis by binding to the 50S subunit of the ribosome. It has activity against Gram-positive aerobes and anaerobes as well as the Gram-negative anaerobes. Clindamycin is bacteriostatic. Cross-resistance between clindamycin and lincomycin is complete. Antagonism *in vitro* has been demonstrated between clindamycin and erythromycin.

Clindamycin has been shown to be active against most of the isolates of the following microorganisms, both *in vitro* and in clinical infections, as described in the INDICATIONS AND USAGE section.

**Gram-positive aerobes**  
*Staphylococcus aureus* (methicillin-susceptible strains)  
*Streptococcus pneumoniae* (penicillin-susceptible strains)  
*Streptococcus pyogenes*  
**Anaerobes**  
*Prevotella melaninogenica*  
*Fusobacterium necrophorum*  
*Fusobacterium nucleatum*  
*Peptostreptococcus anaerobius*  
*Clostridium perfringens*

The following *in vitro* data are available, but their clinical significance is unknown. At least 90% of the following microorganisms exhibit an *in vitro* minimum inhibitory concentration (MIC) less than or equal to the susceptible breakpoint for clindamycin. However, the safety and effectiveness of clindamycin in treating clinical infections due to these microorganisms have not been established in adequate and well-controlled clinical trials.

**Gram-positive aerobes**  
*Staphylococcus epidermidis* (methicillin-susceptible strains)  
*Streptococcus agalactiae*  
*Streptococcus anginosus*  
*Streptococcus oralis*  
*Streptococcus mitis*  
**Anaerobes**  
*Prevotella intermedia*  
*Prevotella bivia*  
*Propionibacterium acnes*  
*Micromonas* ("Peptostreptococcus") *micros*  
*Fingoldia* ("Peptostreptococcus") *magna*  
*Actinomyces israelii*  
*Clostridium clostridioforme*  
*Eubacterium lentum*

**SUSCEPTIBILITY TESTING METHODS:**  
**NOTE:** Susceptibility testing by dilution methods requires the use of clindamycin susceptibility powder. When available, the results of *in vitro* susceptibility tests should be provided to the physician as periodic reports that describe the susceptibility profile of nosocomial and community-acquired pathogens. These reports should aid the physician in selecting the most effective antimicrobial.

**Dilution Techniques:** Quantitative methods are used to determine antimicrobial minimum inhibitory concentrations (MICs). These MICs provide estimates of the susceptibility of bacteria to antimicrobial compounds. The MICs should be determined using a standardized procedure. Standardized procedures are based on a dilution method (broth and agar)<sup>1,2,3</sup> or equivalent with stan-

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dardized inoculum concentrations and standardized concentrations of clindamycin powder. The MIC values should be interpreted according to the criteria provided in Table 1.

**Diffusion Techniques:** Quantitative methods that require the measurement of zone diameters also provide reproducible estimates of the susceptibility of bacteria to antimicrobial compounds. One such standardized procedure<sup>2,3</sup> requires the use of standardized inoculum concentrations. This procedure uses paper disks impregnated with 2 mcg of clindamycin to test the susceptibility of microorganisms to clindamycin. The disk diffusion interpretive criteria are provided in Table 1.

Table 1. Susceptibility Interpretive Criteria for Clindamycin

Pathogen	Susceptibility Interpretive Criteria					
	Minimal Inhibitory Concentrations (MIC in mcg/mL)			Disk Diffusion (Zone Diameters in mm)		
	S	I	R	S	I	R
<i>Staphylococcus</i> spp.	≤0.5	1-2	≥4	≥21	15-20	≤14
<i>Streptococcus pneumoniae</i> and other <i>Streptococcus</i> spp.	≤0.25 <sup>a</sup>	0.5	≥1	≥19 <sup>b</sup>	16-18	≤15
Anaerobic Bacteria <sup>c</sup>	≤2	4	≥8	NA	NA	NA

<sup>a</sup> These interpretive standards for *S. pneumoniae* and other *Streptococcus* spp. are applicable only to tests performed by broth microdilution using cation-adjusted Mueller-Hinton broth with 2 to 5% lysed horse blood inoculated with a direct colony suspension and incubated in ambient air at 35°C for 20 to 24 hours.  
<sup>b</sup> These zone diameter interpretive standards are applicable only to tests performed using Mueller-Hinton agar supplemented with 5% sheep blood inoculated with a direct colony suspension and incubated in 5% CO<sub>2</sub> at 35°C for 20 to 24 hours.  
<sup>c</sup> These interpretive criteria are for all anaerobic bacterial pathogens; no organism specific interpretive criteria are available. NA-not applicable

A report of "Susceptible" indicates that the pathogen is likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable. A report of "Intermediate" indicates that the result should be considered equivocal, and, if the microorganism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone that prevents small, uncontrolled technical factors from causing major discrepancies in interpretation. A report of "Resistant" indicates that the pathogen is not likely to be inhibited if the antimicrobial compound in the blood reaches the concentrations usually achievable; other therapy should be selected.

**Quality Control**  
Standardized susceptibility test procedures require the use of quality control microorganisms to control the technical aspects of the test procedures. Standard clindamycin powder should provide the following range of values noted in Table 2. **NOTE:** Quality control microorganisms are specific strains of organisms with intrinsic biological properties relating to resistance mechanisms and their genetic expression within bacteria; the specific strains used for microbiological quality control are not clinically significant.

Table 2. Acceptable Quality Control Ranges for Clindamycin to be Used in Validation of Susceptibility Test Results

QC Strain	Acceptable Quality Control Ranges	
	Minimum Inhibitory Concentration (MIC in mcg/mL)	Disk Diffusion (Zone Diameters in mm)
<b>When Testing Aerobic Pathogens</b>		
<i>Staphylococcus aureus</i> ATCC 29213	0.06-0.25	NA
<i>Staphylococcus aureus</i> ATCC 25923	NA	24-30
<i>Streptococcus pneumoniae</i> ATCC 49619 <sup>d</sup>	0.03-0.12 <sup>e</sup>	19-25 <sup>f</sup>

(continued)

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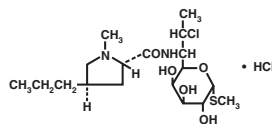
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### DESCRIPTION

Clindamycin hydrochloride is the hydrated hydrochloride salt of clindamycin. Clindamycin is a semisynthetic antibiotic produced by a 7(S)-chloro-substitution of the 7(R)-hydroxyl group of the parent compound lincomycin. CLEOCIN HCl Capsules contain clindamycin hydrochloride equivalent to 75 mg, 150 mg or 300 mg of clindamycin.

Inactive ingredients: 75 mg—corn starch, FD&C blue no. 1, FD&C yellow no. 5, gelatin, lactose, magnesium stearate and talc; 150 mg—corn starch, FD&C blue no. 1, FD&C yellow no. 5, gelatin, lactose, magnesium stearate, talc and titanium dioxide; 300 mg—corn starch, FD&C blue no. 1, gelatin, lactose, magnesium stearate, talc and titanium dioxide.

The structural formula is represented below:



The chemical name for clindamycin hydrochloride is Methyl 7-chloro-6,7,8-trideoxy-6-(1-methyl-trans-4-propyl-L-2-pyrrolidinedicarboxamido)-1-thio-L-threo-α-D-galacto-octopyranoside monohydrochloride.

### CLINICAL PHARMACOLOGY

**Human Pharmacology:** Serum level studies with a 150 mg oral dose of clindamycin hydrochloride in 24 normal adult volunteers showed that clindamycin was rapidly absorbed after oral administration. An average peak serum level of 2.50 mcg/mL was reached in 45 minutes; serum levels averaged 1.51 mcg/mL at 3 hours and 0.70 mcg/mL at 6 hours. Absorption of an oral dose is virtually complete (90%), and the concomitant administration of food does not appreciably modify the serum concentrations; serum levels have been uniform and predictable from person to person and dose to dose. Serum level studies following multiple doses of CLEOCIN HCl for up to 14 days show no evidence of accumulation or altered metabolism of drug.

Serum half-life of clindamycin is increased slightly in patients with markedly reduced renal function.



Composition Unit 2566

Black

COMPOSITION ORDER # <b>22685</b>	PRODUCT <b>CLEOCIN HCL</b>	COPY CODE # <b>810 570 928</b>	
CCS # <b>0225-01</b>	NDIC # <b>0009-0225-01</b>	EDP # <b>692851</b>	ITEM <b>Insert</b>
BOTTLE #	SIZE <b>10 x 10"</b>	FOLDED SIZE <b>2.5 x 1"</b>	DRAWING # <b>PD2364</b>
ADDITIONAL INFORMATION <b>spine 4" from bottom</b>		DATE <b>12/09/03</b>	TYPESET BY <b>KL/DHUFF</b>









