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*Today*  
**SPONGE**  
12 Vaginal Contraceptive Sponges

# *Today*<sup>®</sup>

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# **SPONGE**

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*Intended for the  
Prevention of Pregnancy*

*12 Vaginal  
Contraceptive Sponges*

**Nonoxynol 9 Containing  
Vaginal Contraceptive**

*Today*  
**SPONGE**

*Today*<sup>®</sup> Vaginal Contraceptive Sponge is a soft polyurethane sponge containing a spermicide used by women for more than 10 years than other forms of intra-vaginal contraceptive products.

*Today*<sup>®</sup> Sponge has a long history of effective protection against pregnancy hormones.

1. *Today*<sup>®</sup> Sponge releases an effective spermicide which quickly kills sperm.
2. *Today*<sup>®</sup> Sponge prevents the penetration of the sperm.
3. *Today*<sup>®</sup> Sponge prevents the attachment of the sperm to the egg.

INC.

Made in U.S.A.  
J.S. Pat. 4393871

934MYP012US



VOID OF COLOR AND AQUEOUS

**Drug Facts**

**Active Ingredient** (in each sponge) **Purpose**  
Nonoxynol 9 (1000mg).....Vaginal contraceptive

**Use** prevents pregnancy

**Warnings**

**For vaginal use only**

**Toxic Shock Syndrome:** Some cases of Toxic Shock Syndrome (TSS) have been reported in women using barrier contraceptives, including the sponge. TSS is a rare, but serious disease that may cause death. Warning signs of TSS include fever, nausea, vomiting, diarrhea, muscle pain, dizziness, faintness, or a sunburn-like rash on face or body. If you have any of these signs, remove the sponge and get medical help right away.

**Allergy alert:**

• this product contains sodium metabisulfite which may cause severe allergic reactions in some people. Do not use if you are allergic to sulfites  
• do not use if you have ever had an allergic reaction to nonoxynol 9 or to this product.

**Sexually transmitted diseases alert:**

This product does **not** protect against the AIDS virus (HIV) or other STDs.

**Do not use**

• within the first six weeks after giving birth • if you have had Toxic Shock Syndrome • during your menstrual period

**Ask a doctor before use if you have**

• recently had a miscarriage or an abortion • been told that you should not become pregnant • a vaginal or uterine condition, such as a vaginal septum or uterine prolapse, which may keep the product from working • a new partner, multiple sex partners, or unprotected sex. Frequent use (more than once a day) of this product can increase vaginal irritation, which may increase the risk of getting the AIDS virus (HIV) or other STDs from infected partners. Ask a doctor or health professional for your best birth control method.

**Stop use and ask a doctor if**

• you or your partner get burning, itching, a rash, or other irritation of the vagina or penis • you or your partner have difficult or painful urination  
• you get abdominal pain, fever, chills, or foul-smelling vaginal discharge • you become pregnant

**Keep out of reach of children.** If swallowed, get medical help or contact a Poison Control Center right away.

**Directions**

• before using, read enclosed consumer information leaflet for complete directions and information • wet the sponge thoroughly with clean water, squeeze gently until sponge is very sudsy • with the dimple side inside, fold sponge. With string loop on bottom end, insert the sponge deep into the vagina (see diagram in enclosed leaflet) • protection begins right away and lasts for 24 hours even with repeated acts of intercourse • wait 6 hours after last intercourse before removing sponge • **do not leave sponge in vagina for longer than 30 hours.** • if you have trouble removing or remove only part of the sponge from vagina, contact the *Today's Women Care* (1-888-343-4499) or a health professional right away.

**Other information**

• in clinical studies about 1 out of 10 women (9-11%) got pregnant during the first year of use when using this product correctly all the time. The possibility of getting pregnant increases to about 1 out of 7 women (13-16%) when this product was not used correctly • correct use of a latex condom by your partner with every sexual act will help reduce the risk of transmission of the AIDS virus (HIV) and many STDs • store at 20-25° C (68-77°F)

**Inactive ingredients** benzoic acid, citric acid, sodium dihydrogen citrate, sodium metabisulfite, sorbic acid, water in a polyurethane foam sponge

**Questions or comments?** call toll free 24 hour hotline 1-888-343-4499 (*Today's Women Care*)

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Subheadings-  
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Text-  
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