

1 (List Nos.: 4317, 4314, 4315)

2

3 **NEW**

4

5 **Zemplar<sup>®</sup>**

6 (paricalcitol) Capsules

7 R<sub>x</sub> only

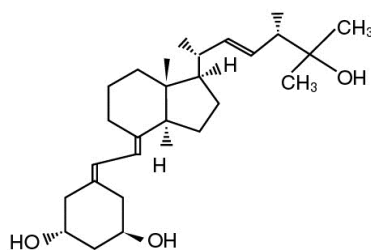
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9 **DESCRIPTION**

10 Paricalcitol, USP, the active ingredient in Zemplar Capsules, is a synthetically  
11 manufactured analog of calcitriol, the metabolically active form of vitamin D indicated  
12 for the prevention and treatment of secondary hyperparathyroidism in chronic kidney  
13 disease. Zemplar is available as soft gelatin capsules for oral administration containing  
14 1 microgram, 2 micrograms or 4 micrograms of paricalcitol. Each capsule also contains  
15 medium chain triglycerides, alcohol, and butylated hydroxytoluene. The medium chain  
16 triglycerides are fractionated from coconut oil or palm kernel oil. The capsule shell is  
17 composed of gelatin, glycerin, titanium dioxide, iron oxide red (2 microgram capsules  
18 only), iron oxide yellow (2 microgram and 4 microgram capsules), iron oxide black (1  
19 microgram capsules only), and water.

20

21 Paricalcitol is a white, crystalline powder with the empirical formula of C<sub>27</sub>H<sub>44</sub>O<sub>3</sub>, which  
22 corresponds to a molecular weight of 416.64. Paricalcitol is chemically designated as  
23 19-nor-1 $\alpha$ ,3 $\beta$ ,25-trihydroxy-9,10-secoergosta-5(Z),7(E),22(E)-triene and has the  
24 following structural formula:



25

26

27 **CLINICAL PHARMACOLOGY**

28 Secondary hyperparathyroidism is characterized by an elevation in parathyroid hormone  
29 (PTH) associated with inadequate levels of active vitamin D hormone. The source of  
30 vitamin D in the body is from synthesis in the skin and from dietary intake. Vitamin D  
31 requires two sequential hydroxylations in the liver and the kidney to bind to and to

32 activate the vitamin D receptor (VDR). The endogenous VDR activator, calcitriol  
33 [1,25(OH)<sub>2</sub> D<sub>3</sub>], is a hormone that binds to VDRs that are present in the parathyroid  
34 gland, intestine, kidney, and bone to maintain parathyroid function and calcium and  
35 phosphorus homeostasis, and to VDRs found in many other tissues, including prostate,  
36 endothelium and immune cells. VDR activation is essential for the proper formation and  
37 maintenance of normal bone. In the diseased kidney, the activation of vitamin D is  
38 diminished, resulting in a rise of PTH, subsequently leading to secondary  
39 hyperparathyroidism and disturbances in the calcium and phosphorus homeostasis.<sup>1</sup>  
40 Decreased levels of 1,25(OH)<sub>2</sub> D<sub>3</sub> have been observed in early stages of chronic kidney  
41 disease. The decreased levels of 1,25(OH)<sub>2</sub> D<sub>3</sub> and resultant elevated PTH levels, both  
42 of which often precede abnormalities in serum calcium and phosphorus, affect bone  
43 turnover rate and may result in renal osteodystrophy.

44

#### 45 **Mechanism of Action**

46 Paricalcitol is a synthetic, biologically active vitamin D analog of calcitriol with  
47 modifications to the side chain (D<sub>2</sub>) and the A (19-nor) ring. Preclinical and *in vitro*  
48 studies have demonstrated that paricalcitol's biological actions are mediated through  
49 binding of the VDR, which results in the selective activation of vitamin D responsive  
50 pathways. Vitamin D and paricalcitol have been shown to reduce parathyroid hormone  
51 levels by inhibiting PTH synthesis and secretion.

52

#### 53 **Pharmacokinetics**

##### 54 **Absorption**

55 Paricalcitol is well absorbed. In healthy subjects, following oral administration of  
56 paricalcitol at 0.24 mcg/kg, the mean absolute bioavailability was approximately 72%;  
57 the mean maximum plasma concentration (C<sub>max</sub>), time to C<sub>max</sub> (T<sub>max</sub>), and area under the  
58 concentration time curve (AUC<sub>0-∞</sub>) were 0.630 ng/mL, 3 hours and 5.25 ng•h/mL,  
59 respectively. A food effect study in healthy subjects indicated that the C<sub>max</sub> and AUC<sub>0-∞</sub>  
60 were unchanged when paricalcitol was administered with a high fat meal compared to  
61 fasting. Food delays T<sub>max</sub> about 2 hours. The AUC<sub>0-∞</sub> of paricalcitol increased  
62 proportionally over the dose range of 0.06 to 0.48 mcg/kg in healthy subjects. Following  
63 multiple dosing, as once daily in CKD Stage 4 patients, the exposure (AUC) was slightly  
64 lower than that obtained after a single dose administration.

65

##### 66 **Distribution**

67 Paricalcitol is extensively bound to plasma proteins (≥99.8%). The mean apparent  
68 volume of distribution following a 0.24 mcg/kg dose of paricalcitol in healthy subjects

69 was 34 L. The mean apparent volume of distribution following a 4 mcg dose of  
70 paricalcitol in CKD Stage 3 and 3 mcg dose in CKD Stage 4 patients is between 44 and  
71 46 L.

72

### 73 Metabolism

74 After oral administration of a 0.48 mcg/kg dose of <sup>3</sup>H-paricalcitol, parent drug was  
75 extensively metabolized, with only about 2% of the dose eliminated unchanged in the  
76 feces, and no parent drug found in the urine. Several metabolites were detected in both  
77 the urine and feces. Most of the systemic exposure was from the parent drug. Two minor  
78 metabolites, relative to paricalcitol, were detected in human plasma. One metabolite was  
79 identified as 24(R)-hydroxy paricalcitol, while the other metabolite was unidentified.  
80 The 24(R)-hydroxy paricalcitol is less active than paricalcitol in an *in vivo* rat model of  
81 PTH suppression.

82

83 *In vitro* data suggest that paricalcitol is metabolized by multiple hepatic and non-hepatic  
84 enzymes, including mitochondrial CYP24, as well as CYP3A4 and UGT1A4. The  
85 identified metabolites include the product of 24(R)-hydroxylation, 24,26- and 24,28-  
86 dihydroxylation and direct glucuronidation.

87

### 88 Elimination

89 Paricalcitol is eliminated primarily via hepatobiliary excretion; approximately 70% of the  
90 radiolabeled dose is recovered in the feces and 18% is recovered in the urine. In healthy  
91 subjects, the mean elimination half-life of paricalcitol is 4 to 6 hours over the studied  
92 dose range of 0.06 to 0.48 mcg/kg. The pharmacokinetics of paricalcitol capsule have  
93 been studied in patients with chronic kidney disease (CKD) Stage 3 and 4 patients. After  
94 administration of 4 mcg paricalcitol capsule in CKD Stage 3 patients, the mean  
95 elimination half-life of paricalcitol is 17 hours. The mean half-life of paricalcitol is 20  
96 hours in CKD Stage 4 patients when given 3 mcg of paricalcitol capsule.

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**Table 1. Paricalcitol Capsule Pharmacokinetic Characteristics in CKD Stage 3 and 4 Patients**

Pharmacokinetic Parameters	CKD Stage 3 n=15*	CKD Stage 4 n=14*
C <sub>max</sub> (ng/mL)	0.11 ± 0.04	0.06 ± 0.01
AUC <sub>0-∞</sub> (ng•h/mL)	2.42 ± 0.61	2.13 ± 0.73
CL/F (L/h)	1.77 ± 0.50	1.52 ± 0.36
V/F (L)	43.7 ± 14.4	46.4 ± 12.4
t <sub>1/2</sub>	16.8 ± 2.65	19.7 ± 7.2

100 \* Four mcg paricalcitol capsule was given to CKD Stage 3 patients; three mcg paricalcitol capsule was  
101 given to CKD Stage 4 patients.

102  
103

### Special Populations

104  
105

#### *Geriatric*

106 The pharmacokinetics of paricalcitol have not been investigated in geriatric patients  
107 greater than 65 years (see **PRECAUTIONS**).

108  
109

#### *Pediatric*

110 The pharmacokinetics of paricalcitol have not been investigated in patients less than  
111 18 years of age.

112  
113

#### *Gender*

114 The pharmacokinetics of paricalcitol following single doses over 0.06 to 0.48 mcg/kg  
115 dose range were gender independent.

116  
117

#### *Hepatic Impairment*

118 The disposition of paricalcitol (0.24 mcg/kg) was compared in patients with mild (n = 5)  
119 and moderate (n = 5) hepatic impairment (as indicated by the Child-Pugh method) and  
120 subjects with normal hepatic function (n = 10). The pharmacokinetics of unbound  
121 paricalcitol were similar across the range of hepatic function evaluated in this study. No  
122 dosing adjustment is required in patients with mild and moderate hepatic impairment.  
123 The influence of severe hepatic impairment on the pharmacokinetics of paricalcitol has  
124 not been evaluated.

125

126 *Renal Impairment*

127 Following administration of Zemplar Capsules, the pharmacokinetic profile of  
128 paricalcitol for CKD Stage 5 on hemodialysis (HD) or peritoneal dialysis (PD) was  
129 comparable to that in CKD 3 or 4 patients. Therefore, no special dosing adjustments are  
130 required other than those recommended in the Dosage and Administration section (see  
131 **DOSAGE AND ADMINISTRATION**).

132

133 **Drug Interactions**

134 An *in vitro* study indicates that paricalcitol is not an inhibitor of CYP1A2, CYP2A6,  
135 CYP2B6, CYP2C8, CYP2C9, CYP2C19, CYP2D6, CYP2E1 or CYP3A at  
136 concentrations up to 50 nM (21 ng/mL) (approximately 20-fold greater than that obtained  
137 after highest tested dose). In fresh primary cultured hepatocytes, the induction observed  
138 at paricalcitol concentrations up to 50 nM was less than two-fold for CYP2B6, CYP2C9  
139 or CYP3A, where the positive controls rendered a six- to nineteen-fold induction. Hence,  
140 paricalcitol is not expected to inhibit or induce the clearance of drugs metabolized by  
141 these enzymes.

142

143 Omeprazole: The pharmacokinetic interaction between paricalcitol capsule (16 mcg) and  
144 omeprazole (40 mg; oral) was investigated in a single dose, crossover study in healthy  
145 subjects. The pharmacokinetics of paricalcitol were unaffected when omeprazole was  
146 administered approximately 2 hour prior to the paricalcitol dose.

147

148 Ketoconazole: The effect of multiple doses of ketoconazole administered as 200 mg BID  
149 for 5 days on the pharmacokinetics of paricalcitol capsule has been studied in healthy  
150 subjects. The  $C_{max}$  of paricalcitol was minimally affected, but  $AUC_{0-\infty}$  approximately  
151 doubled in the presence of ketoconazole. The mean half-life of paricalcitol was 17.0  
152 hours in the presence of ketoconazole as compared to 9.8 hours, when paricalcitol was  
153 administered alone (See **PRECAUTIONS**).

154

155 **CLINICAL STUDIES**

156 The safety and efficacy of Zemplar Capsules were evaluated in three, 24-week, double  
157 blind, placebo-controlled, randomized, multicenter, Phase 3 clinical studies in CKD Stage  
158 3 and 4 patients. Two studies used an identical three times a week dosing design, and  
159 one study used a daily dosing design. A total of 107 patients received Zemplar Capsules  
160 and 113 patients received placebo. The mean age of the patients was 63 years, 68% were  
161 male, 71% were Caucasian, and 26% were African-American. The average baseline iPTH  
162 was 274 pg/mL (range: 145-856 pg/mL). The average duration of CKD prior to study

163 entry was 5.7 years. At study entry 22% were receiving calcium based phosphate binders  
164 and/or calcium supplements. Baseline 25-hydroxyvitamin D levels were not measured.

165  
166 The initial dose of Zemplar Capsules was based on baseline iPTH. If iPTH was  
167  $\leq 500$  pg/mL, Zemplar Capsules were administered 1 mcg daily or 2 mcg three times a  
168 week, not more than every other day. If iPTH was  $>500$  pg/mL, Zemplar Capsules were  
169 administered 2 mcg daily or 4 mcg three times a week, not more than every other day.  
170 The dose was titrated by 1 mcg daily or 2 mcg three times a week every 2 to 4 weeks  
171 until iPTH levels were reduced by at least 30% from baseline. The overall average  
172 weekly dose of Zemplar Capsules was 9.6 mcg/week in the daily regimen and  
173 9.5 mcg/week in the three times a week regimen.

174  
175 In the clinical studies, doses were titrated for any of the following reasons: if iPTH fell to  
176  $<60$  pg/mL, or decreased  $>60\%$  from baseline, the dose was reduced or temporarily  
177 withheld; if iPTH decreased  $<30\%$  from baseline and serum calcium was  $\leq 10.3$  mg/dL  
178 and serum phosphorus was  $\leq 5.5$  mg/dL, the dose was increased; and if iPTH decreased  
179 between 30 to 60% from baseline and serum calcium and phosphorus were  $\leq 10.3$  mg/dL  
180 and  $\leq 5.5$  mg/dL, respectively, the dose was maintained. Additionally, if serum calcium  
181 was between 10.4 to 11.0 mg/dL, the dose was reduced irrespective of iPTH, and the  
182 dose was withheld if serum calcium was  $>11.0$  mg/dL. If serum phosphorus was  
183  $> 5.5$  mg/dL, dietary counseling was provided, and phosphate binders could have been  
184 initiated or increased. If the elevation persisted, the Zemplar Capsules dose was  
185 decreased. Seventy-seven percent (77%) of the Zemplar Capsules treated patients and  
186 82% of the placebo treated patients completed the 24-week treatment. The primary  
187 efficacy endpoint of at least two consecutive  $\geq 30\%$  reductions from baseline iPTH was  
188 achieved by 91% of Zemplar Capsules treated patients and 13% of the placebo treated  
189 patients ( $p<0.001$ ). The proportion of Zemplar Capsules treated patients achieving two  
190 consecutive  $\geq 30\%$  reductions was similar between the daily and the three times a week  
191 regimens (daily: 30/33, 91%; three times a week: 62/68, 91%).

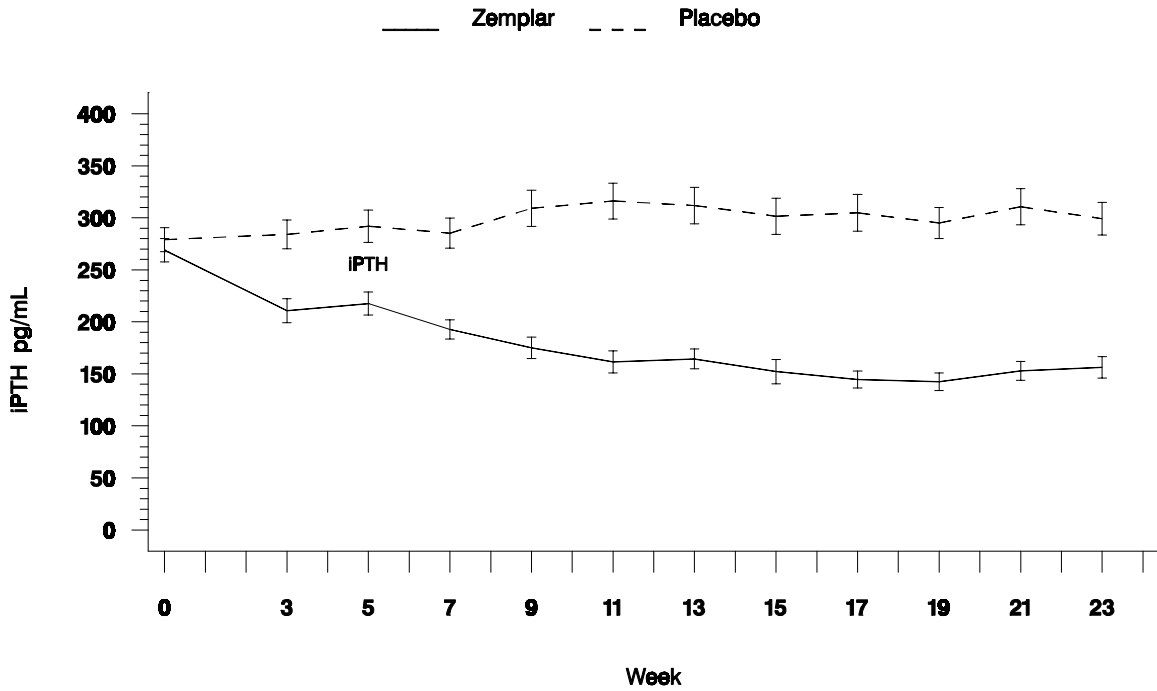
192  
193 The incidences of hypercalcemia (defined as two consecutive serum calcium values  
194  $>10.5$  mg/dL), hyperphosphatemia and elevated Ca x P product in Zemplar Capsules  
195 treated patients was similar to placebo. There were no treatment related adverse events  
196 associated with hypercalcemia or hyperphosphatemia in the Zemplar Capsules group. No  
197 increases in urinary calcium or phosphorous were detected in Zemplar Capsules treated  
198 patients compared to placebo.

199  
200 The pattern of change in the mean values for serum iPTH during the studies are shown in  
201 Figure 1.

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**Figure 1. Mean Values for Serum iPTH Over Time in the Three Double-Blind, Placebo-Controlled, Phase 3, CKD Stage 3 and 4 Studies Combined**



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The mean changes from baseline to final treatment visit in serum iPTH, calcium, phosphorus, calcium-phosphorus product (Ca×P), and bone-specific alkaline phosphatase are shown in Table 2.

221 **Table 2. Mean Changes from Baseline to Final Treatment Visit in Serum**  
 222 **iPTH, Bone Specific Alkaline Phosphatase, Calcium, Phosphorus,**  
 223 **and Calcium x Phosphorus Product in Three Double-Blind,**  
 224 **Placebo-Controlled, Phase 3, CKD Stage 3 and 4 Studies**  
 225 **Combined**

	Zemlar Capsules	Placebo
<b>iPTH</b> (pg/mL)	n = 104	n = 110
Mean Baseline Value	266	279
Mean Final Treatment Value	162	315
Mean Change from Baseline (SE)	-104 (9.2)	+35 (9.0)
<b>Bone Specific Alkaline Phosphatase</b> (mcg/L)	n = 101	n = 107
Mean Baseline	17.1	18.8
Mean Final Treatment Value	9.2	17.4
Mean Change from Baseline (SE)	-7.9 (0.76)	-1.4 (0.74)
<b>Calcium</b> (mg/dL)	n = 104	n = 110
Mean Baseline	9.3	9.4
Mean Final Treatment Value	9.5	9.3
Mean Change from Baseline (SE)	+0.2 (0.04)	-0.1 (0.04)
<b>Phosphorus</b> (mg/dL)	n = 104	n = 110
Mean Baseline	4.0	4.0
Mean Final Treatment Value	4.3	4.3
Mean Change from Baseline (SE)	+0.3 (0.08)	+0.3 (0.08)
<b>Calcium x Phosphorus Product</b> (mg <sup>2</sup> /dL <sup>2</sup> )	n = 104	n = 110
Mean Baseline	36.7	36.9
Mean Final Treatment Value	40.7	39.7
Mean Change from Baseline (SE)	+4.0 (0.74)	+2.9 (0.72)

226  
 227 **INDICATIONS AND USAGE**

228 Zemlar Capsules are indicated for the prevention and treatment of secondary  
 229 hyperparathyroidism associated with chronic kidney disease (CKD) Stage 3 and 4.

230  
 231 **CONTRAINDICATIONS**

232 Zemlar Capsules should not be given to patients with evidence of vitamin D toxicity,  
 233 hypercalcemia, or hypersensitivity to any ingredient in this product (see **WARNINGS**).

234  
 235 **WARNINGS**

236 Excessive administration of vitamin D compounds, including Zemlar Capsules, can  
 237 cause over suppression of PTH, hypercalcemia, hypercalciuria, hyperphosphatemia, and  
 238 adynamic bone disease. Progressive hypercalcemia due to overdosage of vitamin D and



239 its metabolites may be so severe as to require emergency attention. Acute hypercalcemia  
240 may exacerbate tendencies for cardiac arrhythmias and seizures and may potentiate the  
241 action of digitalis. Chronic hypercalcemia can lead to generalized vascular calcification  
242 and other soft-tissue calcification. High intake of calcium and phosphate concomitant  
243 with vitamin D compounds may lead to similar abnormalities and patient monitoring and  
244 individualized dose titration is required.

245

246 Pharmacologic doses of vitamin D and its derivatives should be withheld during Zemplar  
247 treatment to avoid hypercalcemia.

248

## 249 **PRECAUTIONS**

250

### 251 **General**

252 Digitalis toxicity is potentiated by hypercalcemia of any cause, so caution should be  
253 applied when digitalis compounds are prescribed concomitantly with Zemplar Capsules.

254

### 255 **Information for Patients**

256 The patient or guardian should be informed about compliance with dosage instructions,  
257 adherence to instructions about diet and phosphorus restriction, and avoidance of the use  
258 of unapproved nonprescription drugs. Phosphate-binding agents may be needed to  
259 control serum phosphorus levels in patients, but excessive use of aluminum containing  
260 compounds should be avoided. Patients also should be informed about the symptoms of  
261 elevated calcium (see **ADVERSE REACTIONS**).

262

### 263 **Laboratory Tests**

264 During the initial dosing or following any dose adjustment of medication, serum calcium,  
265 serum phosphorus, and serum or plasma iPTH should be monitored at least every two  
266 weeks for 3 months after initiation of Zemplar therapy or following dose-adjustments in  
267 Zemplar therapy, then monthly for 3 months, and every 3 months thereafter.

268

### 269 **Drug Interactions**

270 Paricalcitol is not expected to inhibit the clearance of drugs metabolized by cytochrome  
271 P450 enzymes CYP1A2, CYP2A6, CYP2B6, CYP2C8, CYP2C9, CYP2C19, CYP2D6  
272 CYP2E1 or CYP3A nor induce the clearance of drugs metabolized by CYP2B6, CYP2C9  
273 or CYP3A.

274

275 A multiple dose drug-drug interaction study demonstrated that ketoconazole  
276 approximately doubled paricalcitol  $AUC_{0-\infty}$  (see **CLINICAL PHARMACOLOGY**).

277 Since paricalcitol is partially metabolized by CYP3A and ketoconazole is known to be a  
278 strong inhibitor of cytochrome P450 3A enzyme, care should be taken while dosing  
279 paricalcitol with ketoconazole and other strong P450 3A inhibitors including atazanavir,  
280 clarithromycin, indinavir, itraconazole, nefazodone, nelfinavir, ritonavir, saquinavir,  
281 telithromycin or voriconazole. Dose adjustment of Zemlar Capsules may be required,  
282 and iPTH and serum calcium concentrations should be closely monitored if a patient  
283 initiates or discontinues therapy with a strong CYP3A4 inhibitor such as ketoconazole.

284

285 Drugs that impair intestinal absorption of fat-soluble vitamins, such as cholestyramine,  
286 may interfere with the absorption of Zemlar Capsules.

287

### 288 **Carcinogenesis, Mutagenesis, Impairment of Fertility**

289 In a 104-week carcinogenicity study in CD-1 mice, an increased incidence of uterine  
290 leiomyoma and leiomyosarcoma was observed at subcutaneous doses of 1, 3, 10 mcg/kg  
291 given three times weekly (2 to 15 times the AUC at a human dose of 14 mcg, equivalent  
292 to 0.24 mcg/kg based on AUC). The incidence rate of uterine leiomyoma was  
293 significantly different than the control group at the highest dose of 10 mcg/kg. In a 104-  
294 week carcinogenicity study in rats, there was an increased incidence of benign adrenal  
295 pheochromocytoma at subcutaneous doses of 0.15, 0.5, 1.5 mcg/kg (< 1 to 7 times the  
296 exposure following a human dose of 14 mcg, equivalent to 0.24 mcg/kg based on AUC).  
297 The increased incidence of pheochromocytomas in rats may be related to the alteration of  
298 calcium homeostasis by paricalcitol. Paricalcitol did not exhibit genetic toxicity *in vitro*  
299 with or without metabolic activation in the microbial mutagenesis assay (Ames Assay),  
300 mouse lymphoma mutagenesis assay (L5178Y), or a human lymphocyte cell  
301 chromosomal aberration assay. There was also no evidence of genetic toxicity in an *in*  
302 *vivo* mouse micronucleus assay. Paricalcitol had no effect on fertility (male or female) in  
303 rats at intravenous doses up to 20 mcg/kg/dose (equivalent to 13 times a human dose of  
304 14 mcg based on surface area, mcg/m<sup>2</sup>).

305 **Pregnancy**

306 *Pregnancy category C*

307

308 Paricalcitol has been shown to cause minimal decreases in fetal viability (5%) when  
309 administered daily to rabbits at a dose 0.5 times a human dose of 14 mcg or 0.24 mcg/kg  
310 (based on body surface area, mcg/m<sup>2</sup>), and when administered to rats at a dose two times  
311 the 0.24 mcg/kg human dose (based on body surface area, mcg/m<sup>2</sup>). At the highest dose  
312 tested, 20 mcg/kg administered three times per week in rats (13 times the 14 mcg human  
313 dose based on surface area, mcg/m<sup>2</sup>), there was a significant increase in the mortality of  
314 newborn rats at doses that were maternally toxic and are known to produce  
315 hypercalcemia in rats. No other effects on offspring development were observed.  
316 Paricalcitol was not teratogenic at the doses tested.

317

318 Paricalcitol (20 mcg/kg) has been shown to cross the placental barrier in rats.  
319 There are no adequate and well-controlled clinical studies in pregnant women. Zemplar  
320 Capsules should be used during pregnancy only if the potential benefit to the mother  
321 justifies the potential risk to the fetus.

322

323 **Nursing Mothers**

324 Studies in rats have shown that paricalcitol is present in the milk. It is not known whether  
325 paricalcitol is excreted in human milk. In the nursing patient, a decision should be made  
326 whether to discontinue nursing or to discontinue the drug, taking into account the  
327 importance of the drug to the mother.

328

329 **Geriatric Use**

330 Of the total number (n = 220) of patients in clinical studies of Zemplar Capsules, 49%  
331 were 65 and over, while 17% were 75 and over. No overall differences in safety and  
332 effectiveness were observed between these patients and younger patients, and other  
333 reported clinical experience has not identified differences in responses between the  
334 elderly and younger patients, but greater sensitivity of some older individuals cannot be  
335 ruled out.

336

337 **Pediatric Use**

338 Safety and efficacy of Zemplar Capsules in pediatric patients have not been established.

339

340 **ADVERSE REACTIONS**

341 The safety of Zemplar Capsules has been evaluated in three 24-week (approximately six-  
 342 month), double-blind, placebo-controlled, multicenter clinical studies involving 220 CKD  
 343 Stage 3 and 4 patients. Six percent (6%) of Zemplar Capsules treated patients and 4% of  
 344 placebo treated patients discontinued from clinical studies due to an adverse event. All  
 345 reported adverse events occurring in at least 2% in either treatment group are presented in  
 346 Table 3.

347  
 348 **Table 3. Treatment - Emergent Adverse Events by Body System Occurring**  
 349 **in 2% of Subjects in the Zemplar-Treated Group of Three,**  
 350 **Double-Blind, Placebo-Controlled, Phase 3, CKD Stage 3 and 4**  
 351 **Studies; All Treated Patients**

Body System <sup>a</sup> COSTART V Term	Number (%) of Subjects			
	Zemplar Capsules (n = 107)		Placebo (n = 113)	
<b>Overall</b>	<b>88</b>	<b>(82%)</b>	<b>86</b>	<b>(76%)</b>
<b>Body as a Whole</b>	<b>49</b>	<b>(46%)</b>	<b>40</b>	<b>(35%)</b>
Accidental Injury	10	(9%)	8	(7%)
Pain	8	(7%)	7	(6%)
Viral Infection	8	(7%)	8	(7%)
Allergic Reaction	6	(6%)	2	(2%)
Headache	5	(5%)	5	(4%)
Abdominal Pain	4	(4%)	2	(2%)
Back Pain	4	(4%)	1	(1%)
Infection	4	(4%)	4	(4%)
Asthena	3	(3%)	2	(2%)
Chest Pain	3	(3%)	1	(1%)
Fever	3	(3%)	1	(1%)
Infection Fungal	3	(3%)	0	(0%)
Cyst	2	(2%)	0	(0%)
Flu Syndrome	2	(2%)	1	(1%)
Infection Bacterial	2	(2%)	1	(1%)
<b>Cardiovascular</b>	<b>27</b>	<b>(25%)</b>	<b>19</b>	<b>(17%)</b>
Hypertension	7	(7%)	4	(4%)
Hypotension	5	(5%)	3	(3%)
Syncope	3	(3%)	1	(1%)
Cardiomyopathy	2	(2%)	0	(0%)
Congestive Heart Failure	2	(2%)	5	(4%)
Myocardial Infarct	2	(2%)	0	(0%)
Postural Hypotension	2	(2%)	0	(0%)
<b>Digestive</b>	<b>29</b>	<b>(27%)</b>	<b>31</b>	<b>(27%)</b>
Diarrhea	7	(7%)	5	(4%)
Nausea	6	(6%)	4	(4%)
Vomiting	6	(6%)	5	(4%)
Constipation	4	(4%)	4	(4%)

Gastroenteritis	3	(3%)	3	(3%)
Dyspepsia	2	(2%)	2	(2%)
Gastritis	2	(2%)	4	(4%)
Rectal Disorder	2	(2%)	0	(0%)
<b>Hemic and Lymphatic System</b>	<b>4</b>	<b>(4%)</b>	<b>10</b>	<b>(9%)</b>
Hypervolemia	2	(2%)	4	(4%)
Ecchymosis	2	(2%)	4	(4%)
<b>Metabolic and Nutritional Disorders</b>	<b>24</b>	<b>(22%)</b>	<b>34</b>	<b>(30%)</b>
Edema	7	(7%)	5	(4%)
Uremia	7	(7%)	9	(8%)
Gout	4	(4%)	6	(5%)
Dehydration	3	(3%)	1	(1%)
Acidosis	2	(2%)	1	(1%)
Hyperkalemia	2	(2%)	3	(3%)
Hyperphosphatemia	2	(2%)	4	(4%)
Hypoglycemia	2	(2%)	4	(4%)
Hypokalemia	2	(2%)	1	(1%)
<b>Musculoskeletal</b>	<b>12</b>	<b>(11%)</b>	<b>9</b>	<b>(8%)</b>
Arthritis	5	(5%)	1	(1%)
Leg Cramps	3	(3%)	0	(0%)
Myalgia	2	(2%)	5	(4%)
<b>Nervous</b>	<b>18</b>	<b>(17%)</b>	<b>12</b>	<b>(11%)</b>
Dizziness	5	(5%)	5	(4%)
Vertigo	5	(5%)	0	(0%)
Depression	3	(3%)	0	(0%)
Insomnia	2	(2%)	2	(2%)
Neuropathy	2	(2%)	1	(1%)
<b>Respiratory</b>	<b>26</b>	<b>(24%)</b>	<b>25</b>	<b>(22%)</b>
Pharyngitis	11	(10%)	12	(11%)
Rhinitis	5	(5%)	4	(4%)
Bronchitis	3	(3%)	1	(1%)
Cough Increased	3	(3%)	2	(2%)
Sinusitis	3	(3%)	1	(1%)
Epistaxis	2	(2%)	1	(1%)
Pneumonia	2	(2%)	0	(0%)
<b>Skin and Appendages</b>	<b>17</b>	<b>(16%)</b>	<b>10</b>	<b>(9%)</b>
Rash	6	(6%)	3	(3%)
Pruritus	3	(3%)	3	(3%)
Skin Ulcer	3	(3%)	0	(0%)
Skin Hypertrophy	2	(2%)	0	(0%)
Vesiculobullous Rash	2	(2%)	1	(1%)
<b>Special Senses</b>	<b>9</b>	<b>(8%)</b>	<b>11</b>	<b>(10%)</b>
Amblyopia	2	(2%)	0	(0%)
Retinal Disorder	2	(2%)	0	(0%)
<b>Urogenital System</b>	<b>10</b>	<b>(9%)</b>	<b>10</b>	<b>(9%)</b>
Urinary Tract Infection	3	(3%)	1	(1%)
Kidney Function Abnormal	2	(2%)	1	(1%)

352 a. Includes all patients with events in that body system.

353

354

355 Potential adverse effects of Zemplar Capsules are, in general, similar to those  
356 encountered with excessive vitamin D intake. The early and late signs and symptoms of  
357 hypercalcemia associated with vitamin D overdoses include:

358  
359 *Early:* Weakness, headache, somnolence, nausea, vomiting, dry mouth, constipation,  
360 muscle pain, bone pain, and metallic taste.

361  
362 *Late:* Anorexia, weight loss, conjunctivitis (calcific), pancreatitis, photophobia,  
363 rhinorrhea, pruritus, hyperthermia, decreased libido, elevated BUN,  
364 hypercholesterolemia, elevated AST and ALT, ectopic calcification, hypertension,  
365 cardiac arrhythmias, somnolence, death, and, rarely, overt psychosis.

366  
367

## **OVERDOSAGE**

368 Excessive administration of Zemplar Capsules can cause hypercalcemia, hypercalciuria,  
369 and hyperphosphatemia, and over suppression of PTH. (See **WARNINGS**.)

370  
371

### **Treatment of Overdosage**

372 The treatment of acute overdosage of Zemplar Capsules should consist of general  
373 supportive measures. If drug ingestion is discovered within a relatively short time,  
374 induction of emesis or gastric lavage may be of benefit in preventing further absorption.  
375 If the drug has passed through the stomach, the administration of mineral oil may  
376 promote its fecal elimination. Serial serum electrolyte determinations (especially  
377 calcium), rate of urinary calcium excretion, and assessment of electrocardiographic  
378 abnormalities due to hypercalcemia should be obtained. Such monitoring is critical in  
379 patients receiving digitalis. Discontinuation of supplemental calcium and institution of a  
380 low-calcium diet are also indicated in accidental overdosage. Due to the relatively short  
381 duration of the pharmacological action of paricalcitol, further measures are probably  
382 unnecessary. If persistent and markedly elevated serum calcium levels occur, there are a  
383 variety of therapeutic alternatives that may be considered depending on the patient's  
384 underlying condition. These include the use of drugs such as phosphates and  
385 corticosteroids, as well as measures to induce an appropriate forced diuresis.

386  
387

## **DOSAGE AND ADMINISTRATION**

388 Zemplar Capsules may be administered daily or three times a week. When dosing three  
389 times weekly, the dose should be administered no more frequently than every other day.  
390 The average weekly doses for both daily and three times a week dosage regimens are  
391 similar (See **CLINICAL STUDIES**).

392

393 Zemplar Capsules may be taken without regard to food. No dosing adjustment is  
 394 required in patients with mild and moderate hepatic impairment.

395  
 396 **Initial Dose**

397 The initial dose of Zemplar Capsules is based on baseline intact parathyroid hormone  
 398 (iPTH) levels.

399

Baseline iPTH Level	Daily Dose	Three Times a Week Dose*
≤ 500 pg/mL	1 mcg	2 mcg
> 500 pg/mL	2 mcg	4 mcg

\* To be administered not more often than every other day

400

401 **Dose Titration**

402

403 Dosing must be individualized and based on serum or plasma iPTH levels, with  
 404 monitoring of serum calcium and serum phosphorus. The following is a suggested  
 405 approach in titration.

406

iPTH Level Relative to Baseline	Zemplar Capsule Dose	Dose Adjustment at 2 to 4 Week Intervals	
		Daily Dosage	Three Times a Week Dosage*
The same or increased	Increase	1 mcg	2 mcg
Decreased by < 30%			
Decreased by ≥30%, ≤60%	Maintain		
Decreased > 60%	Decrease	1 mcg	2 mcg
iPTH < 60 pg/mL			

407

\* To be administered not more often than every other day

408


409 If a patient is taking the lowest dose on the daily regimen and a dose reduction is needed,  
 410 the dose can be decreased to 1 mcg three times a week. If a further dose reduction is  
 411 required, the drug should be withheld as needed and can be restarted at a lower dose. If a  
 412 patient is on a calcium-based phosphate binder, the binder dose may be decreased or  
 413 withheld, or the patient may be switched to a non-calcium-based phosphate binder. If  
 414 hypercalcemia or an elevated Ca×P is observed, the dose of Zemplar should be reduced  
 415 or interrupted until these parameters are normalized.

416


417 Serum calcium and phosphorus levels should be closely monitored after initiation of  
418 Zemplar Capsules and during dose titration periods and coadministration with strong  
419 P450 3A inhibitors (see **CLINICAL PHARMACOLOGY** and **PRECAUTIONS**).  
420

## 421 **HOW SUPPLIED**


422 Zemplar Capsules are available as 1 mcg, 2 mcg, and 4 mcg capsules.

423 The 1 mcg capsule is an oval, gray, soft gelatin capsule imprinted with  and ZA, and is  
424 available in the following package size:

425  
426 Bottles of 30 (NDC 0074-4317-30)  
427

428 The 2 mcg capsule is an oval, orange-brown, soft gelatin capsule imprinted with  and  
429 ZF, and is available in the following package size:

430  
431 Bottles of 30 (NDC 0074-4314-30)  
432

433 The 4 mcg capsule is an oval, gold soft gelatin capsule imprinted with  and ZK, and is  
434 available in the following package size:

435  
436 Bottles of 30 (NDC 0074-4315-30)  
437

## 438 **Storage**

439 Store Zemplar Capsules at 25°C (77°F). Excursions permitted between 15°- 30°C (59°-  
440 86°F). See USP Controlled Room Temperature.

441  
442 U.S. patents: 5,246,925; 5,587,497  
443

## 444 **REFERENCES**

- 445 1. K/DOQI Clinical Practice Guidelines for Bone Metabolism and Disease in  
446 Chronic Kidney Disease. Am J Kidney Dis 2003; Volume 42(4): Supplement 3.

447  
448 NEW

449  
450 Revised: NEW



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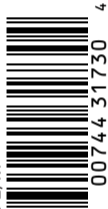
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452

Exp.

Lot

02-8986-2/R1

Store at  
25°C (77°F)  
(see insert).



30 Capsules

Rx only



**Abbott**

NDC 0074-4317-30

# Zemplar<sup>®</sup> (paricalcitol) Capsules

1 mcg

Dispense in a USP tight container. Do not accept if seal over bottle opening is broken or missing.

Each capsule contains:  
1 mcg Paricalcitol, USP  
See package insert for full prescribing information.

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North Chicago, IL 60064, USA



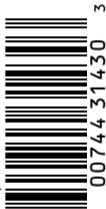


Exp.

Lot

02-8987-2/R1

Store at  
25°C (77°F)  
(see insert).



30 Capsules

Rx only



**Abbott**

NDC 0074-4314-30

# Zemplar<sup>®</sup> (paricalcitol) Capsules

**2 mcg**

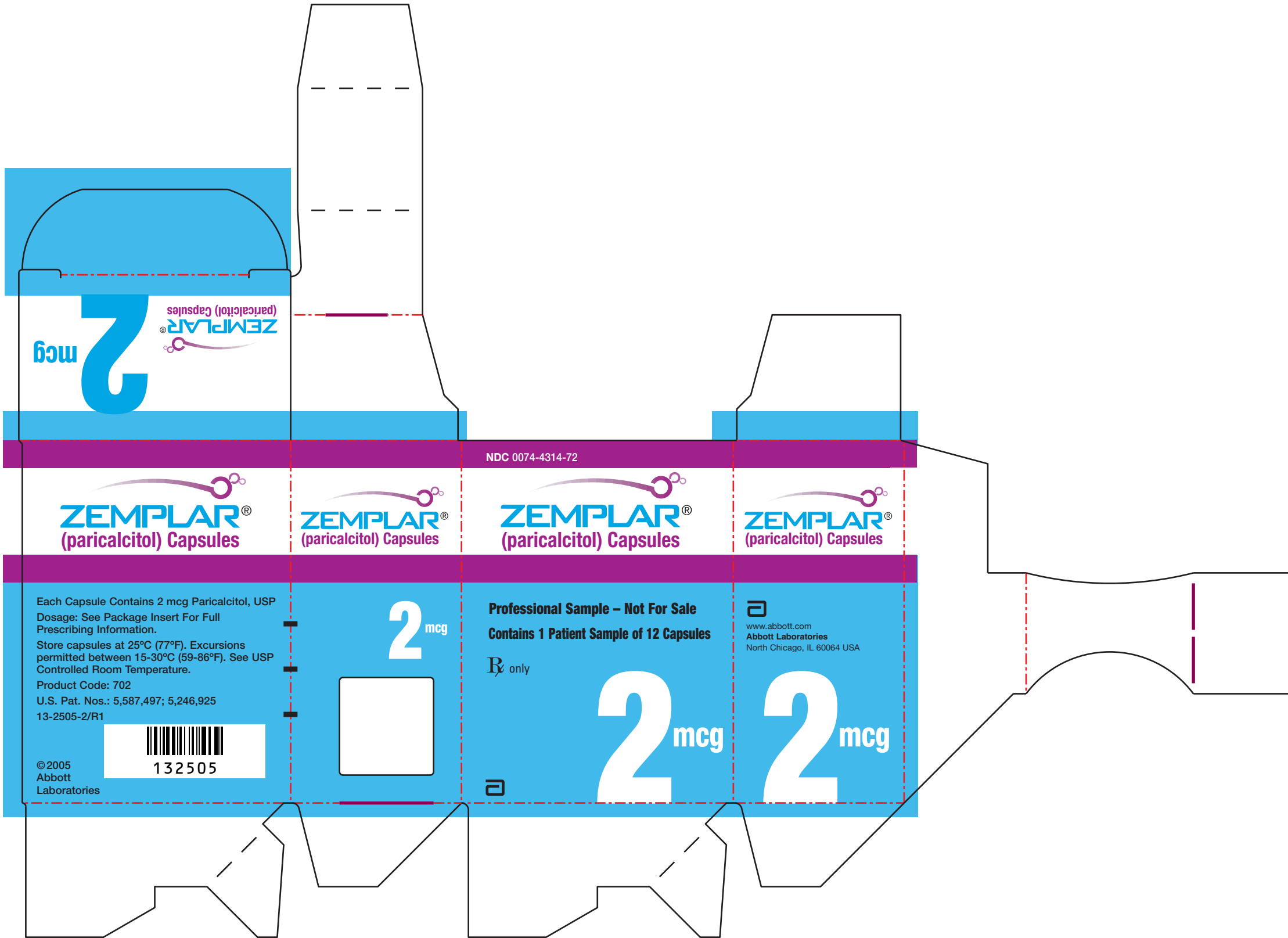
Dispense in a USP tight container. Do not accept if seal over bottle opening is broken or missing.

Each capsule contains:  
2 mcg Paricalcitol, USP  
See package insert for full prescribing information.

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North Chicago, IL 60064, USA





2 mcg  
ZEMPLAR®  
(paricalcitol) Capsules

NDC 0074-4314-72

ZEMPLAR®  
(paricalcitol) Capsules

ZEMPLAR®  
(paricalcitol) Capsules

ZEMPLAR®  
(paricalcitol) Capsules

ZEMPLAR®  
(paricalcitol) Capsules

Each Capsule Contains 2 mcg Paricalcitol, USP  
Dosage: See Package Insert For Full  
Prescribing Information.

Store capsules at 25°C (77°F). Excursions  
permitted between 15-30°C (59-86°F). See USP  
Controlled Room Temperature.

Product Code: 702

U.S. Pat. Nos.: 5,587,497; 5,246,925

13-2505-2/R1



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Laboratories

2 mcg



**Professional Sample - Not For Sale**  
**Contains 1 Patient Sample of 12 Capsules**

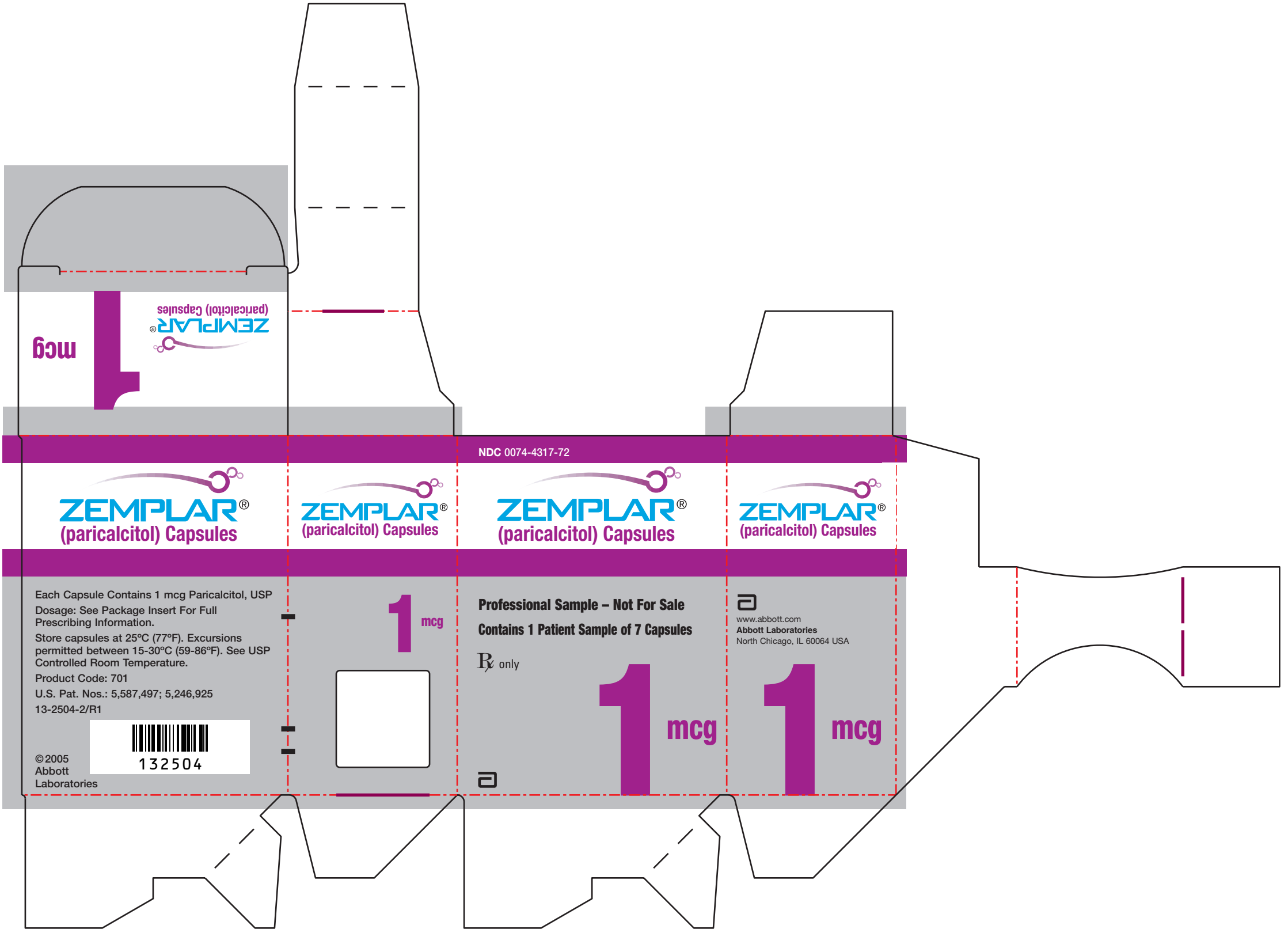
Rx only

  
www.abbott.com  
Abbott Laboratories  
North Chicago, IL 60064 USA

2 mcg

2 mcg





mcg

ZEMPLAR®  
(paricalcitol) Capsules

NDC 0074-4317-72

ZEMPLAR®  
(paricalcitol) Capsules

ZEMPLAR®  
(paricalcitol) Capsules

ZEMPLAR®  
(paricalcitol) Capsules

ZEMPLAR®  
(paricalcitol) Capsules

Each Capsule Contains 1 mcg Paricalcitol, USP  
Dosage: See Package Insert For Full  
Prescribing Information.

Store capsules at 25°C (77°F). Excursions  
permitted between 15-30°C (59-86°F). See USP  
Controlled Room Temperature.

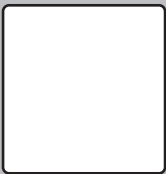
Product Code: 701

U.S. Pat. Nos.: 5,587,497; 5,246,925  
13-2504-2/R1



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Laboratories

1 mcg



Professional Sample – Not For Sale  
Contains 1 Patient Sample of 7 Capsules

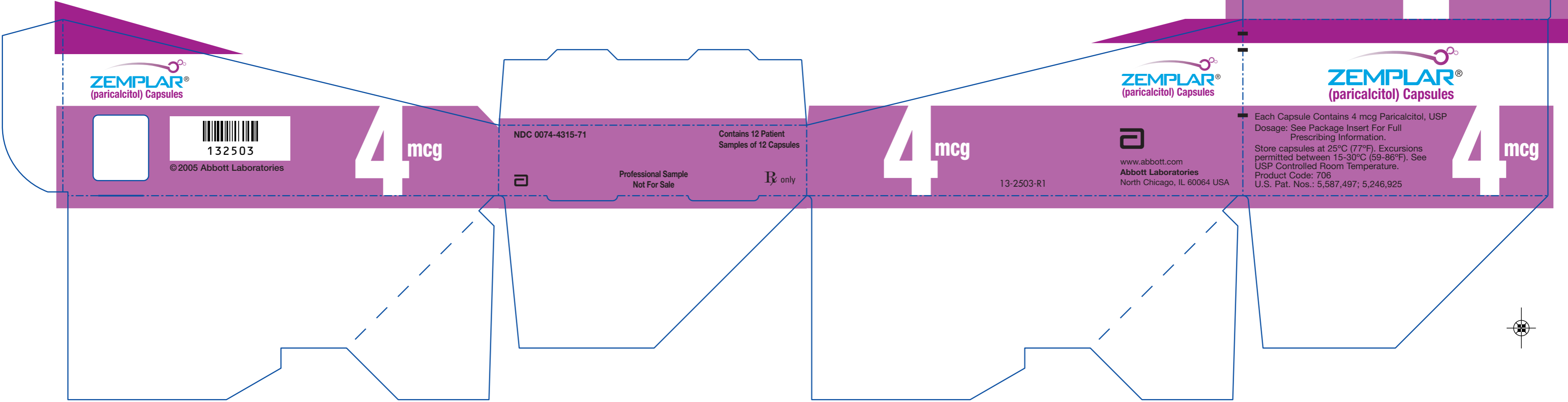
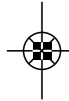
Rx only

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North Chicago, IL 60064 USA

1 mcg

1 mcg





ZEMPLAR®  
(paricalcitol) Capsules



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4 mcg

NDC 0074-4315-71



Professional Sample  
Not For Sale

Contains 12 Patient  
Samples of 12 Capsules

Rx only

4 mcg

13-2503-R1

ZEMPLAR®  
(paricalcitol) Capsules



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Abbott Laboratories  
North Chicago, IL 60064 USA

ZEMPLAR®  
(paricalcitol) Capsules

Each Capsule Contains 4 mcg Paricalcitol, USP  
Dosage: See Package Insert For Full  
Prescribing Information.  
Store capsules at 25°C (77°F). Excursions  
permitted between 15-30°C (59-86°F). See  
USP Controlled Room Temperature.  
Product Code: 706  
U.S. Pat. Nos.: 5,587,497; 5,246,925

4 mcg

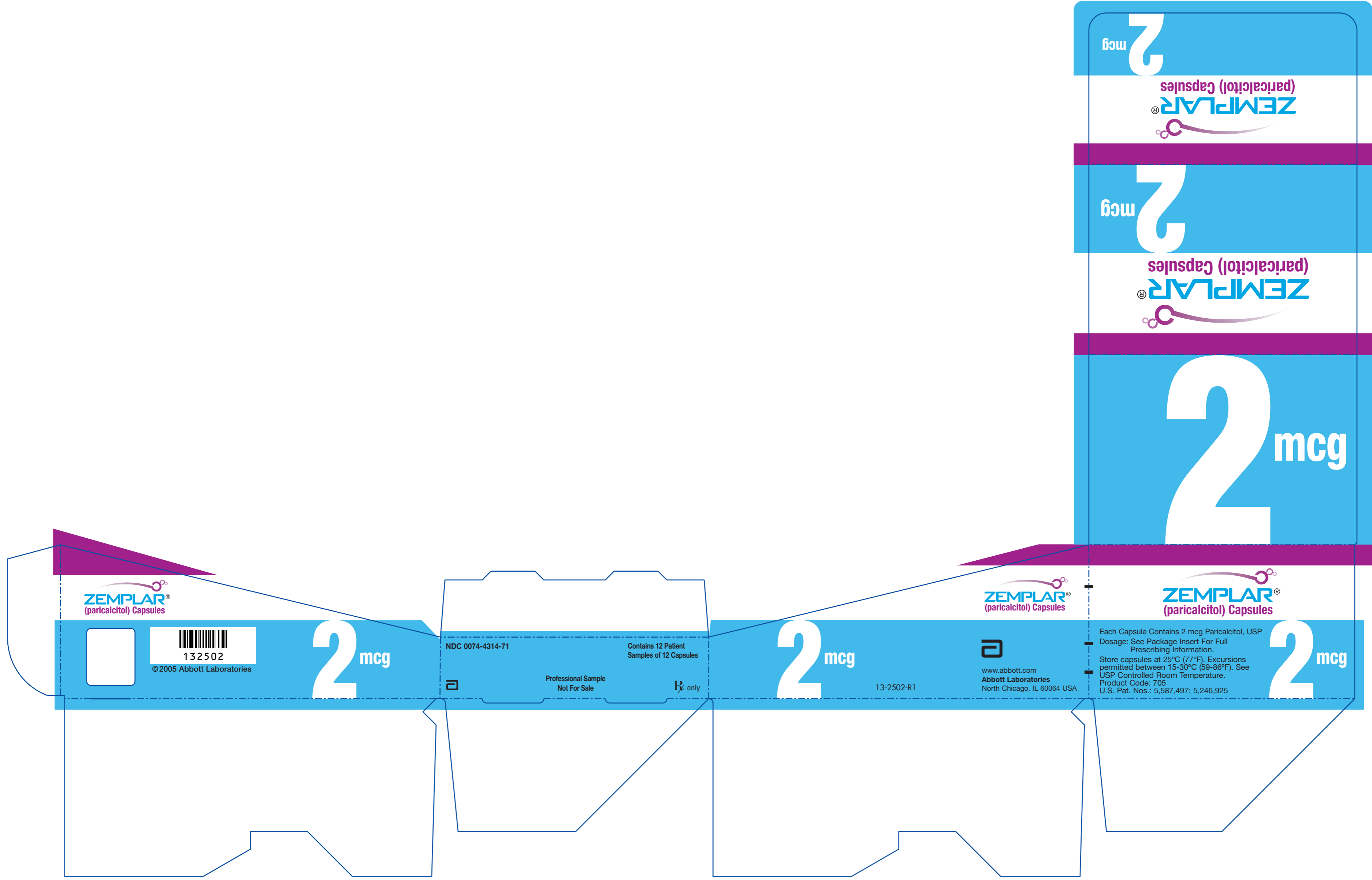
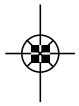
4 mcg

ZEMPLAR®  
(paricalcitol) Capsules

4 mcg

ZEMPLAR®  
(paricalcitol) Capsules

4 mcg



**ZEMPLAR**<sup>®</sup>  
(paricalcitol) Capsules



132502  
© 2005 Abbott Laboratories

**2** mcg

NDC 0074-4314-71

Contains 12 Patient  
Samples of 12 Capsules



Professional Sample  
Not For Sale

Rx only

**2** mcg

13-2502-R1



**ZEMPLAR**<sup>®</sup>  
(paricalcitol) Capsules

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**Abbott Laboratories**  
North Chicago, IL 60064 USA

Each Capsule Contains 2 mcg Paricalcitol, USP  
Dosage: See Package Insert For Full  
Prescribing Information.  
Store capsules at 25°C (77°F). Excursions  
permitted between 15-30°C (59-86°F). See  
USP Controlled Room Temperature.  
Product Code: 705  
U.S. Pat. Nos.: 5,587,497; 5,246,925

**2** mcg

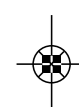
**2** mcg

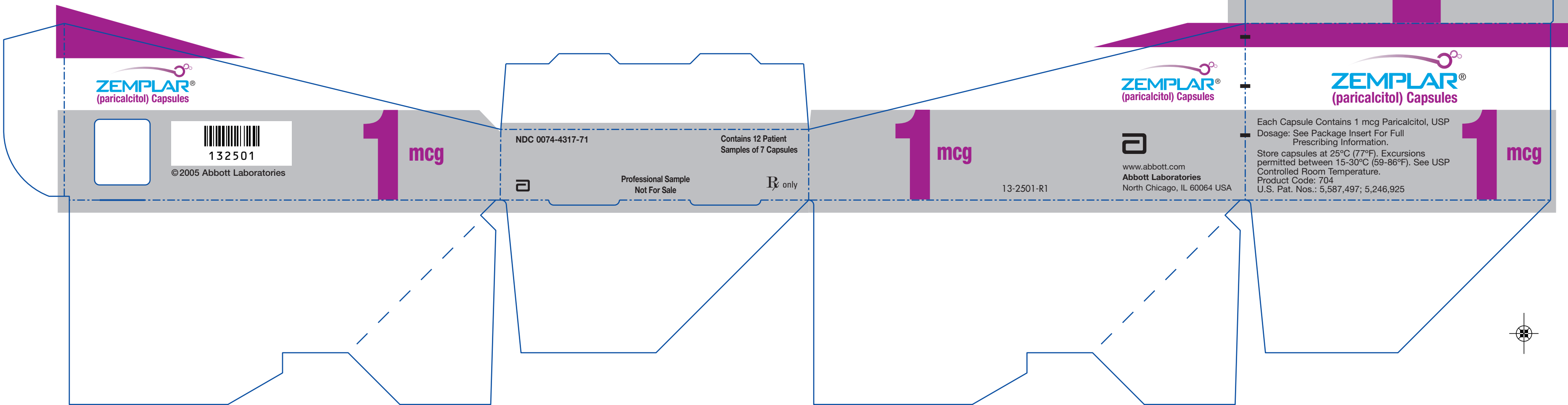
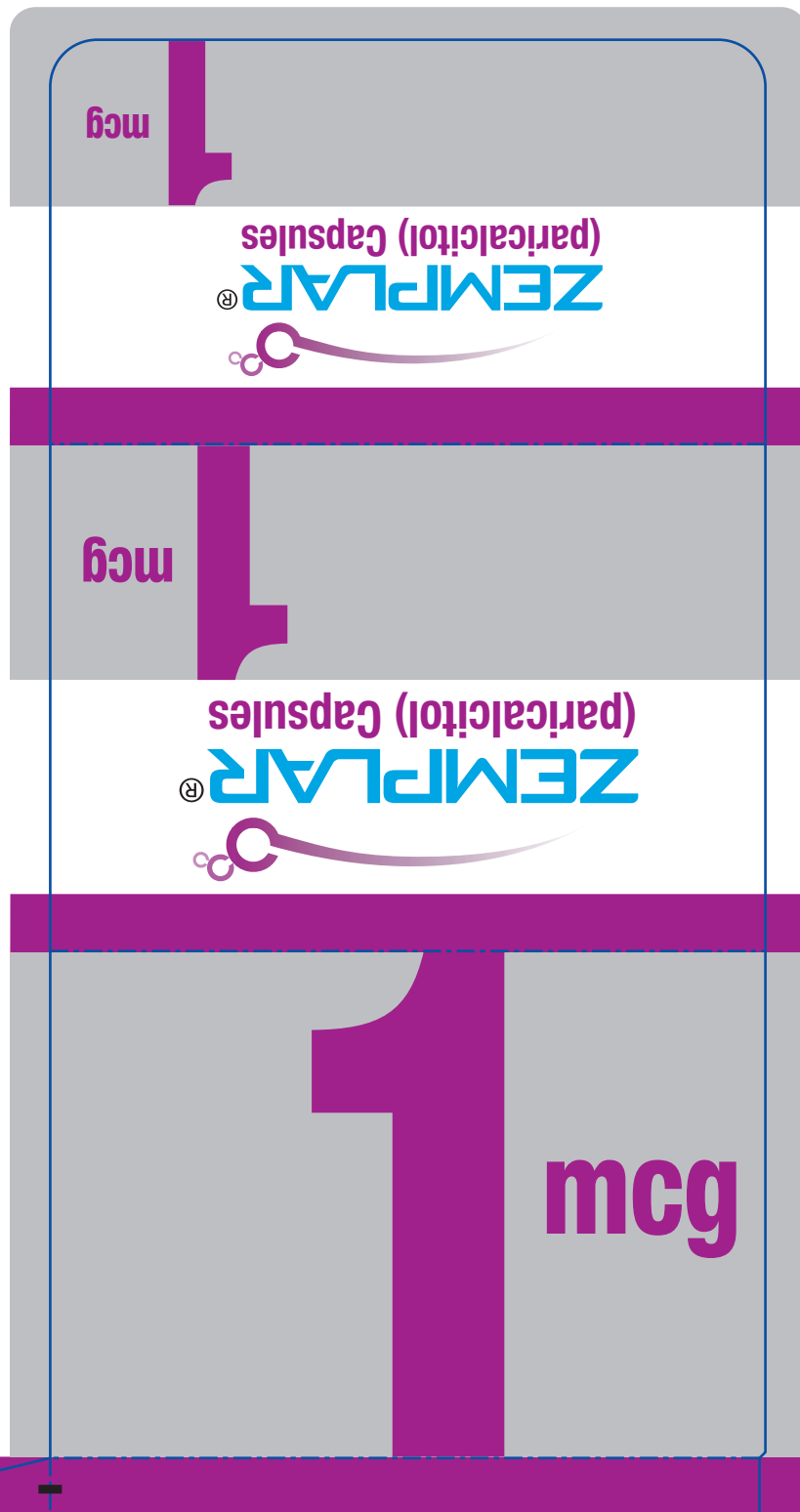
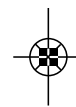
**ZEMPLAR**<sup>®</sup>  
(paricalcitol) Capsules

**2** mcg

**ZEMPLAR**<sup>®</sup>  
(paricalcitol) Capsules

**2** mcg





**ZEMPLAR**<sup>®</sup>  
(paricalcitol) Capsules



132501  
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**1 mcg**

NDC 0074-4317-71



Professional Sample  
Not For Sale

Contains 12 Patient  
Samples of 7 Capsules

R<sub>x</sub> only

**1 mcg**

13-2501-R1

**ZEMPLAR**<sup>®</sup>  
(paricalcitol) Capsules



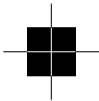
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**ZEMPLAR**<sup>®</sup>  
(paricalcitol) Capsules

Each Capsule Contains 1 mcg Paricalcitol, USP  
Dosage: See Package Insert For Full  
Prescribing Information.  
Store capsules at 25°C (77°F). Excursions  
permitted between 15-30°C (59-86°F). See USP  
Controlled Room Temperature.  
Product Code: 704  
U.S. Pat. Nos.: 5,587,497; 5,246,925

**1 mcg**





Exp.

Lot  
02-9149-2/R1

NDC 0074-4315-71 12 Capsules

**Zemplar<sup>®</sup>**  
**(paricalcitol) Capsules**

**4 mcg**

Professional Sample – Not for Sale

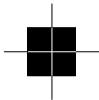
Rx only



Do not accept if seal over  
bottle opening is broken or  
missing. Store at 25°C  
(77°F) (see insert).

Each capsule contains:  
4 mcg Paricalcitol, USP  
See package insert for full  
prescribing information.  
Abbott Laboratories  
N. Chicago, IL 60064, USA





Exp.

Lot  
02-9148-2/R1

NDC 0074-4314-71 12 Capsules

**Zemplar<sup>®</sup>**  
(paricalcitol) Capsules

**2 mcg**

Professional Sample – Not for Sale

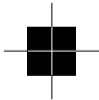
Rx only

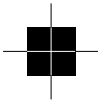


Do not accept if seal over  
bottle opening is broken or  
missing. Store at 25°C  
(77°F) (see insert).

Each capsule contains:  
2 mcg Paricalcitol, USP  
See package insert for full  
prescribing information.

Abbott Laboratories  
N. Chicago, IL 60064, USA





Exp.

Lot  
02-9147-2/R1

NDC 0074-4317-71 7 Capsules

**Zemplar<sup>®</sup>**  
**(paricalcitol) Capsules**

**1 mcg**

Professional Sample – Not for Sale

Rx only



Do not accept if seal over  
bottle opening is broken or  
missing. Store at 25°C  
(77°F) (see insert).

Each capsule contains:  
1 mcg Paricalcitol, USP  
See package insert for full  
prescribing information.

Abbott Laboratories  
N. Chicago, IL 60064, USA





Exp.

Lot  
02-8991-2/R1

NDC 0074-4315-72 12 Capsules

**Zemplar<sup>®</sup>**  
(paricalcitol) Capsules

**4 mcg**

Professional Sample – Not for Sale

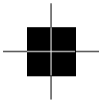
Rx only



Do not accept if seal over  
bottle opening is broken or  
missing. Store at 25°C  
(77°F) (see insert).

Each capsule contains:  
4 mcg Paricalcitol, USP  
See package insert for full  
prescribing information.  
Abbott Laboratories  
N. Chicago, IL 60064, USA





Exp.

Lot  
02-8990-2/R1

NDC 0074-4314-72 12 Capsules

**Zemplar<sup>®</sup>**  
**(paricalcitol) Capsules**

**2 mcg**

Professional Sample – Not for Sale

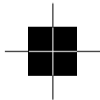
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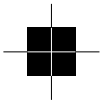


Do not accept if seal over  
bottle opening is broken or  
missing. Store at 25°C  
(77°F) (see insert).

Each capsule contains:  
2 mcg Paricalcitol, USP  
See package insert for full  
prescribing information.

Abbott Laboratories  
N. Chicago, IL 60064, USA





Exp.

Lot  
02-8989-2/R1

NDC 0074-4317-72 7 Capsules

**Zemplar<sup>®</sup>**  
**(paricalcitol) Capsules**

**1 mcg**

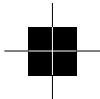
Professional Sample – Not for Sale

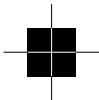
Rx only



Do not accept if seal over  
bottle opening is broken or  
missing. Store at 25°C  
(77°F) (see insert).

Each capsule contains:  
1 mcg Paricalcitol, USP  
See package insert for full  
prescribing information.  
Abbott Laboratories  
N. Chicago, IL 60064, USA



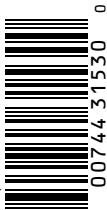


Exp.

Store at  
25°C (77°F)  
(see insert).

Lot

02-8988-2/R1



3

30 Capsules

Rx only



Abbott

NDC 0074-4315-30

# Zemplar<sup>®</sup> (paricalcitol) Capsules

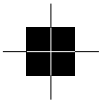
4 mcg

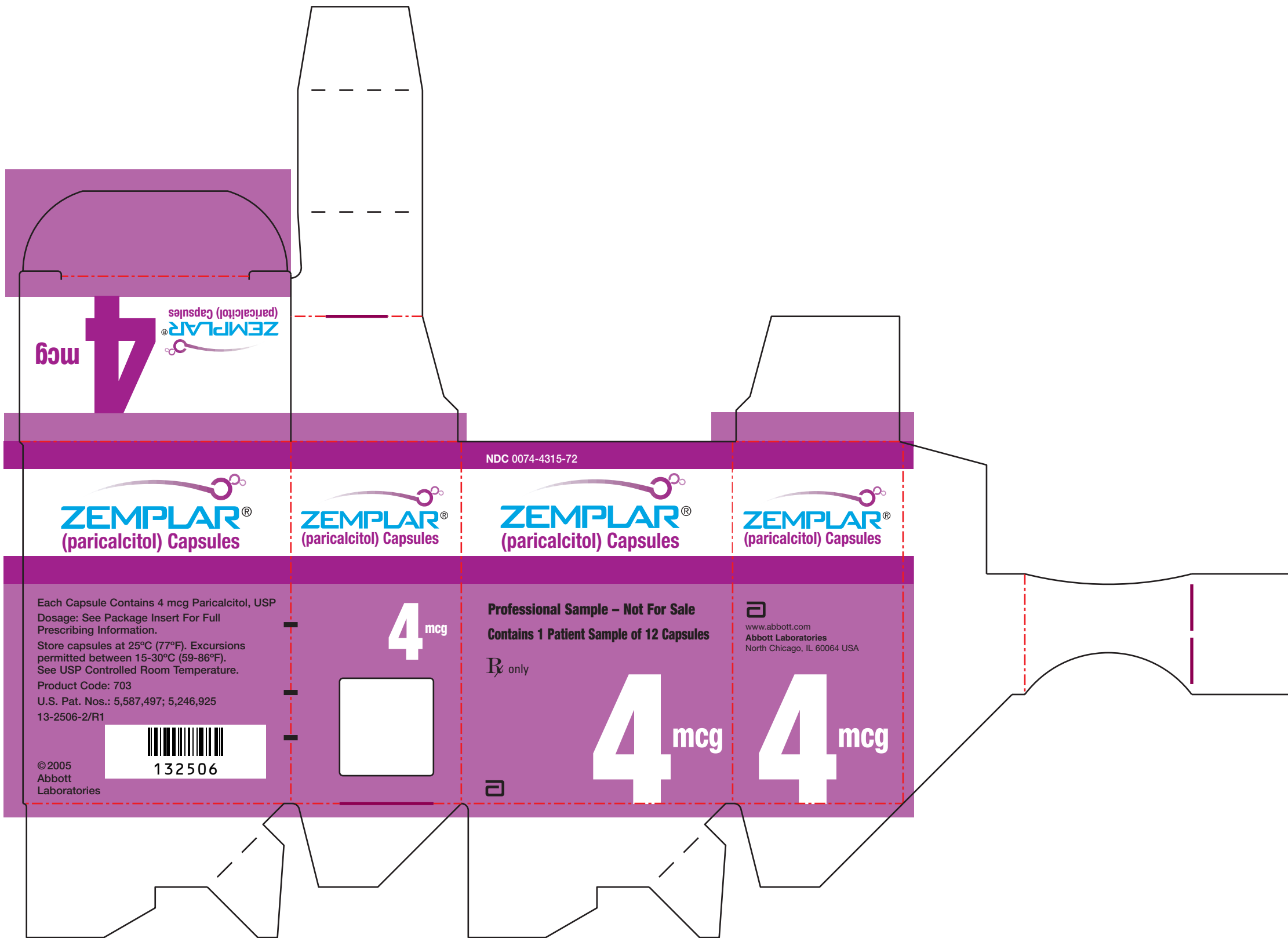
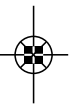
Dispense in a USP tight container. Do not accept if seal over bottle opening is broken or missing.

Each capsule contains: 4 mcg Paricalcitol, USP  
See package insert for full prescribing information.

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4 mcg  
ZEMPLAR®  
(paricalcitol) Capsules

NDC 0074-4315-72

ZEMPLAR®  
(paricalcitol) Capsules

ZEMPLAR®  
(paricalcitol) Capsules

ZEMPLAR®  
(paricalcitol) Capsules

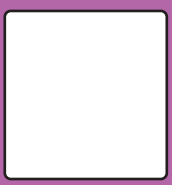
ZEMPLAR®  
(paricalcitol) Capsules

Each Capsule Contains 4 mcg Paricalcitol, USP  
Dosage: See Package Insert For Full  
Prescribing Information.  
Store capsules at 25°C (77°F). Excursions  
permitted between 15-30°C (59-86°F).  
See USP Controlled Room Temperature.  
Product Code: 703  
U.S. Pat. Nos.: 5,587,497; 5,246,925  
13-2506-2/R1



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Laboratories

4 mcg



**Professional Sample - Not For Sale**  
**Contains 1 Patient Sample of 12 Capsules**

Rx only

  
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4 mcg

4 mcg

