

Drug Facts panel:

<p><b>Drug Facts</b></p> <p><b>Active ingredient (in each patch)</b>      <b>Purpose</b>                  Nicotine, 21 mg delivered over 24 hours..... Stop smoking aid</p> <p><b>Use</b> reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking</p> <p><b>Warnings</b>  <b>If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider.</b> Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.</p> <p><b>Do not use</b></p> <ul style="list-style-type: none"> <li>• if you continue to smoke, chew tobacco, use snuff, or use a nicotine gum or other nicotine containing products</li> </ul> <p><b>Ask a doctor before use if you have</b></p> <ul style="list-style-type: none"> <li>• heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.</li> <li>• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.</li> <li>• an allergy to adhesive tape or have skin problems because you are more likely to get rashes</li> </ul> <p><b>Ask a doctor or pharmacist before use if you are</b></p> <ul style="list-style-type: none"> <li>• using a non-nicotine stop smoking drug</li> <li>• taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.</li> </ul> <p><b>When using this product</b></p> <ul style="list-style-type: none"> <li>• do not smoke even when not wearing the patch. The nicotine in your skin will still be entering your blood stream for several hours after you take off the patch.</li> <li>• if you have vivid dreams or other sleep disturbances remove this patch at bedtime</li> </ul> <p><b>Stop use and ask a doctor if</b></p> <ul style="list-style-type: none"> <li>• skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash</li> <li>• irregular heartbeat or palpitations occur</li> <li>• you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, weakness and rapid heartbeat</li> </ul> <p><b>Keep out of reach of children and pets.</b> Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Dispose of the used patches by folding sticky ends together. Replace in pouch and discard. ▶</p>	<p><b>Drug Facts (continued)</b></p> <p><b>Directions</b></p> <ul style="list-style-type: none"> <li>• <b>if you are under 18 years of age, ask a doctor before use</b></li> <li>• before using this product, read the enclosed User's Guide for complete directions and other information</li> <li>• stop smoking completely when you begin using the patch</li> <li>• <b>if you smoke more than 10 cigarettes per day, use according to the following 10 week schedule:</b></li> </ul> <table border="1" style="margin: 10px auto; border-collapse: collapse; text-align: center;"> <tr> <td style="background-color: #008000; color: white; padding: 5px;"><b>STEP 1</b></td> <td style="background-color: #000080; color: white; padding: 5px;"><b>STEP 2</b></td> <td style="background-color: #800000; color: white; padding: 5px;"><b>STEP 3</b></td> </tr> <tr> <td style="background-color: #008000; color: white; padding: 5px;"><b>Use one 21 mg patch/day</b></td> <td style="background-color: #000080; color: white; padding: 5px;"><b>Use one 14 mg patch/day</b></td> <td style="background-color: #800000; color: white; padding: 5px;"><b>Use one 7 mg patch/day</b></td> </tr> <tr> <td style="background-color: #008000; color: white; padding: 5px;"><b>Weeks 1-6</b></td> <td style="background-color: #000080; color: white; padding: 5px;"><b>Weeks 7-8</b></td> <td style="background-color: #800000; color: white; padding: 5px;"><b>Weeks 9-10</b></td> </tr> </table> <ul style="list-style-type: none"> <li>• if you smoke <b>10 or less cigarettes per day</b>, do not use <b>STEP 1 (21 mg)</b>. Start with <b>STEP 2 (14 mg)</b> for 6 weeks, then <b>STEP 3 (7 mg)</b> for 2 weeks and then stop.</li> <li>• steps 2 and 3 allow you to gradually reduce your level of nicotine. Completing the full program will increase your chances of quitting successfully.</li> <li>• apply one new patch every 24 hours on skin that is dry, clean and hairless. Save pouch for disposing of the patch after use.</li> <li>• remove backing from patch and immediately press onto skin. Hold for 10 seconds.</li> <li>• wash hands after applying or removing patch. Throw away the patch by folding sticky ends together. Replace in its pouch and discard. See enclosed User's Guide for safety and handling.</li> <li>• you may wear the patch for 16 or 24 hours</li> <li>• if you crave cigarettes when you wake up, wear the patch for 24 hours</li> <li>• if you have vivid dreams or other sleep disturbances, you may remove the patch at bedtime and apply a new one in the morning</li> <li>• to avoid possible burns, remove the patch before undergoing any MRI (magnetic resonance imaging) procedures</li> <li>• the used patch should be removed and a new one applied to a different skin site at the same time each day</li> <li>• do not wear more than one patch at a time</li> <li>• do not cut patch in half or into smaller pieces</li> <li>• do not leave patch on for more than 24 hours because it may irritate your skin and loses strength after 24 hours</li> <li>• stop using the patch at the end of 10 weeks. If you started with <b>STEP 2</b>, stop using the patch at the end of 8 weeks. If you still feel the need to use the patch talk to your doctor.</li> </ul> <p><b>Other information</b> store at 20-25°C(68-77°F)</p> <p><b>Inactive ingredients</b> ethylene vinyl acetate-copolymer, polyisobutylene and high density polyethylene between pigmented and clear polyester backings</p> <p><b>Questions or comments?</b> call toll-free (English/Spanish) <b>1-800-834-5895</b> weekdays (9:00 a.m. - 4:30 p.m. ET)</p>	<b>STEP 1</b>	<b>STEP 2</b>	<b>STEP 3</b>	<b>Use one 21 mg patch/day</b>	<b>Use one 14 mg patch/day</b>	<b>Use one 7 mg patch/day</b>	<b>Weeks 1-6</b>	<b>Weeks 7-8</b>	<b>Weeks 9-10</b>
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User's Guide: (MRI warning appears on pages 5 and 10)

## KEYS TO SUCCESS

- 1) You must really want to quit smoking for **NicoDerm® CQ®** to help you.
- 2) Complete the full treatment program, applying a new patch every day.
- 3) **NicoDerm CQ** works best when used together with a support program. See page 3 for details. To request a free audio CD containing tips to make quitting easier, call the toll free number listed below.
- 4) If you have trouble using **NicoDerm CQ**, ask your doctor or pharmacist or call GlaxoSmithKline at 1-800-834-5895 (English/Spanish) weekdays (9:00 a.m. - 4:30 p.m. ET).

### Table of Contents

So You've Decided to Quit . . . . .	2	Plan Ahead . . . . .	8
Where to Get Help. . . . .	3	How NicoDerm CQ Works . . . . .	9
Let's Get Organized . . . . .	3	How To Use NicoDerm CQ Patches . . . . .	10
What You're Up Against . . . . .	4	Tips To Make Quitting Easier . . . . .	14
Some Important Warnings . . . . .	4	What To Expect . . . . .	16
Let's Get Started . . . . .	5	When the Struggle is Over . . . . .	18
Directions . . . . .	6	Questions and Answers . . . . .	18
The NicoDerm CQ Program. . . . .	7		

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1

**Ask a doctor or pharmacist before use if you are**

- using a non-nicotine stop smoking drug.
- taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

**When using this product**

- do not smoke even when not wearing the patch. The nicotine in your skin will still be entering your bloodstream for several hours after you take off the patch.
- if you have vivid dreams or other sleep disturbances remove this patch at bedtime.
- to avoid possible burns, remove the patch before undergoing any MRI (magnetic resonance imaging) procedures (for opaque NicoDerm CQ patch only).

**Stop use and ask a doctor if**

- skin redness caused by the patch does not go away after four days, or if your skin

swells, or you get a rash.

- irregular heartbeat or palpitations occur.
- you get symptoms of nicotine overdose such as nausea, vomiting, dizziness, weakness and rapid heartbeat.

**Keep out of reach of children and pets.**

Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Dispose of the used patch by folding sticky ends together. Replace in its pouch and discard.

**LET'S GET STARTED.**

**If you are under 18 years of age, ask a doctor before use.**

Becoming a non-smoker starts today. Your first step is to read through this entire User's Guide carefully.

**First, check that you bought the right**

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5

Because NicoDerm CQ does not contain the tar or carbon monoxide of cigarette smoke, it does not have the same health dangers as tobacco. However, it still delivers nicotine, the addictive part of cigarette smoke. Nicotine can cause side effects such as headache, nausea, upset stomach, and dizziness.

### **HOW TO USE NICODERM CQ PATCHES.**

Read all the following instructions, and the instructions on the outer carton, before using NicoDerm CQ. Refer to them often to make sure you're using NicoDerm CQ correctly. Please refer to the compact disc for additional help.

- 1) Stop smoking completely before you start using NicoDerm CQ.
- 2) To reduce nicotine craving and other withdrawal symptoms, use NicoDerm CQ according to the directions on pages 6-8.

- 3) Fold sticky ends of used NicoDerm CQ patch together. Replace in its pouch. Discard safely away from children and pets.

### **When to apply and remove NicoDerm CQ patches.**

Each day apply a new patch to a different place on skin that is dry, clean and hairless.

**You can wear a NicoDerm CQ patch for either 16 or 24 hours.** If you crave cigarettes when you wake up, wear the patch for 24 hours. If you begin to have vivid dreams or other disruptions of your sleep while wearing the patch 24 hours, try taking the patch off at bedtime (after about 16 hours) and putting on a new one when you get up the next day. To avoid possible burns, remove the patch before undergoing any MRI (magnetic resonance imaging) procedures (for opaque NicoDerm CQ patch only).