

SAMPLES INSIDE!

READY TO FIGHT FREQUENT HEARTBURN?

Drug Facts	Purpose
Active Ingredient (in each tablet): Omeprazole (prilosec) delayed-release tablet, 20 mg (equivalent to 20 mg omeprazole)	Purpose: acid reducer
Use: ● Treat frequent heartburn (occurs 2 or more days a week) not for full effect.	
Warnings: ● Do not use if you are allergic to omeprazole. Do not use if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools. There may be signs of a serious condition. See your doctor.	
Ask a doctor before use if you have: ● heartburn with lightheadedness, sweating or dizziness ● heartburn with chest pain ● frequent chest pain ● pain spreading to arms, neck or shoulders or lightheadedness ● unexplained weight loss ● muscle or vomiting ● stomach pain	
Ask a doctor or pharmacist before use if you are taking: ● antacids (TUMS, Maalox, Mylanta) ● aspirin (including low-dose aspirin) ● blood thinners (warfarin, Coumadin, Xarelto, Pradaxa, etc.) ● diuretics (water pills) ● drugs to treat HIV/AIDS ● iron supplements ● insulin ● potassium supplements ● statins (cholesterol-lowering drugs) ● thyroid medicine ● tricyclic antidepressants ● vitamin K	
Stop use and ask a doctor if: ● you experience allergic reactions ● you need to take more than 1 course of treatment every 4 months	
Drug Facts (continued)	
Directions: ● If pregnant or breast-feeding, ask a health professional before use. Keep out of reach of children. In case of overdose, get medical help or contact a poison control center right away.	
Other important information: ● Do not use if you are pregnant or breastfeeding. ● Do not use if you are taking other acid-reducing drugs.	
14-Day Course of Treatment: ● Prilosec OTC with a STARTER kit of water before eating in the morning ● do not take more than 1 tablet a day ● do not chew or crush the tablets ● do not use for more than 14 days unless directed by your doctor	
Repeat 14-Day Course (if needed): ● you may repeat a 14-day course every 4 months unless directed by a doctor	
Other information: ● read the directions, warnings and package insert before use. ● store at 20-25°C (68-77°F). ● keep product out of high heat and humidity. ● protect product from moisture.	
Inactive Ingredients: glycerol monostearate, hydroxypropyl cellulose, hydroxypropyl methylcellulose, hydroxypropyl methylcellulose K100, polyvinylpyrrolidone, sodium stearyl fumarate, starch, sucrose, etc. Contains Shellac, Talc, and Titanium Dioxide	
Questions? 1-800-759-4841	
Product of Sweden Dist. by Procter & Gamble, Cincinnati, OH 45202	

* Heartburn 2 or more days a week.

- For more information call 1-800-759-4841
- Please read Drug Facts label before trying

• Prilosec OTC is to be used once a day (every 24 hours), every day for 14 days

TREATS FREQUENT HEARTBURN*

THE POWER IS IN YOUR HANDS.

FREE STARTER KIT of Prilosec

Treats Frequent Heartburn!

Prilosec OTC IT TREATS FREQUENT HEARTBURN.

Experience the first couple of days of your 14-day course of treatment!
Follow samples with a 14-day course of treatment. Read label on back before use.

- Prilosec OTC is to be used once a day (every 24 hours), every day for 14 days.
- Please read drug facts on the back of this card before trying.
- For more information call 1-800-759-4841

Drug Facts

Active ingredient (in each tablet)

Omeprazole magnesium delayed-release tablet 20.6 mg (equivalent to 20 mg omeprazole)..... Acid reducer

Purpose

■ treats frequent heartburn (occurs **2 or more** days a week)

■ not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect

Directions

■ adults 18 years of age and older

■ this product is to be used once a day (every 24 hours), every day for 14 days

■ it may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

14-Day Course of Treatment

- swallow 1 tablet with a glass of water before eating in the morning
- take every day for 14 days
- do not take more than 1 tablet a day
- do not chew or crush the tablets
- do not crush tablets in food
- do not use for more than 14 days unless directed by your doctor

Repeated 14-Day Courses (if needed)

- you may repeat a 14-day course every 4 months
- **do not take for more than 14 days or more often than every 4 months unless directed by a doctor**
- children under 18 years of age: ask a doctor

Other information

- read the directions, warnings and package insert before use
- keep the carton and package insert. They contain important information.
- store at 20-25°C (68-77°F)
- keep product out of high heat and humidity
- protect product from moisture

Inactive ingredients glyceryl monostearate, hydroxypropyl cellulose, hypromellose, iron oxide, magnesium stearate, methacrylic acid copolymer, microcrystalline cellulose, paraffin, polyethylene glycol 6000, polysorbate 80, polyvinylpyrrolidone, sodium stearyl fumarate, starch, sucrose, talc, titanium dioxide, triethyl citrate

Questions? 1-800-759-4841

Product of Sweden

Dist. by Procter & Gamble, Cincinnati, OH 45202

Drug Facts

Active ingredient (in each tablet)

Omeprazole magnesium delayed-release tablet 20.6 mg (equivalent to 20 mg omeprazole)..... Acid reducer

Purpose

■ treats frequent heartburn (occurs **2 or more** days a week)

■ not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect

Warnings

Allergy alert: Do not use if you are allergic to omeprazole

Do not use if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools.

These may be signs of a serious condition. See your doctor.

Ask a doctor before use if you have

- had heartburn over 3 months. This may be a sign of a more serious condition.
- heartburn with **lightheadedness, sweating or dizziness**
- chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness
- frequent **chest pain**
- frequent wheezing, particularly with heartburn
- unexplained weight loss
- nausea or vomiting ■ stomach pain

Ask a doctor or pharmacist before use if you are taking

- warfarin (blood-thinning medicine)
- prescription antifungal or anti-yeast medicines
- diazepam (anxiety medicine)
- digoxin (heart medicine)
- tacrolimus (immune system medicine)
- atazanavir (medicine for HIV infection)

Stop use and ask a doctor if

- your heartburn continues or worsens
- you need to take this product for more than 14 days
- you need to take more than 1 course of treatment every 4 months ▶

INDICATED FOR THE TREATMENT OF
FREQUENT HEARTBURN



FOR MORE INFORMATION, CALL 1-800-759-4841

269256 NDC 4100070003 3/07 Product of Sweden Dist. by Procter & Gamble, Cincinnati, OH 45202

Drug Facts	Warnings	Directions	Other Information	Questions 1-800-759-4841
<p>Drug Facts</p> <p>Use</p> <p>Treats frequent heartburn (occurs 2 or more days a week) only once a day for 14 days.</p> <p>Warnings</p> <p>Do not use if you are allergic to omeprazole.</p> <p>Directions</p> <p>Take 1 tablet with a glass of water before eating every day for 14 days.</p> <p>Other Information</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact Poison Control Center right away.</p>	<p>Warnings</p> <p>Do not use if you are allergic to omeprazole.</p> <p>Directions</p> <p>Take 1 tablet with a glass of water before eating every day for 14 days.</p> <p>Other Information</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact Poison Control Center right away.</p>	<p>Directions</p> <p>Take 1 tablet with a glass of water before eating every day for 14 days.</p> <p>Other Information</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact Poison Control Center right away.</p>	<p>Other Information</p> <p>Keep out of reach of children. In case of overdose, get medical help or contact Poison Control Center right away.</p>	<p>Questions 1-800-759-4841</p> <p>For more information, call 1-800-759-4841.</p>

PRILLOSEC OTC SAMPLE INSIDE

SAMPLE



FOR THE TREATMENT OF
FREQUENT HEARTBURN

Drug Facts

Active ingredient (in each tablet) Purpose

Omeprazole magnesium delayed-release tablet
20.6 mg (equivalent to 20 mg omeprazole).....Acid reducer

Use

- treats frequent heartburn (occurs **2 or more** days a week)
- not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect

Warnings

Allergy alert: Do not use if you are allergic to omeprazole

Do not use if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools. These may be signs of a serious condition. See your doctor.

Ask a doctor before use if you have

- had heartburn over 3 months. This may be a sign of a more serious condition.
- heartburn with **lightheadedness, sweating or dizziness**
- chest pain or shoulder pain with shortness of breath, sweating, pain spreading to arms, neck or shoulders; or lightheadedness
- frequent **chest pain**
- frequent wheezing, particularly with heartburn
- unexplained weight loss ■ nausea or vomiting ■ stomach pain

Ask a doctor or pharmacist before use if you are taking

- warfarin (blood-thinning medicine)
- prescription antifungal or anti-yeast medicines
- diazepam (anxiety medicine)
- digoxin (heart medicine)
- tacrolimus (immune system medicine)
- atazanavir (medicine for HIV infection)

Stop use and ask a doctor if

- your heartburn continues or worsens
- you need to take this product for more than 14 days
- you need to take more than 1 course of treatment every 4 months

If pregnant or breast-feeding, ask a health professional before use.

Drug Facts (continued)

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- adults 18 years of age and older
- this product is to be used once a day (every 24 hours), every day for 14 days
- it may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

14-Day Course of Treatment

- swallow 1 tablet with a glass of water before eating
- take every day for 14 days
- do not take more than 1 tablet a day
- do not chew or crush the tablets
- do not use for more than 14 days unless directed by your doctor

Repeated 14-Day Courses (if needed)

- you may repeat a 14-day course every 4 months
- **do not take for more than 4 days or more often than every 4 months unless directed by a doctor**
- children under 18 years of age: ask a doctor

Other information

- read the directions, warnings and package insert before use
- keep the carton and package insert. They contain important information.
- store at 20-25°C (68-77°F)
- keep product out of high heat and humidity
- protect product from moisture

Inactive ingredients glyceryl monoacetate, hydroxypropyl cellulose, hypromellose, iron oxide, magnesium stearate, methacrylic acid copolymer, microcrystalline cellulose, paraffin, polyethylene glycol 6000, polysorbate 80, polyvinylpyrrolidone, sodium stearyl fumarate, starch, sucrose, talc, titanium dioxide, triethyl citrate

Questions? 1-800-759-4841

Indicated for the treatment of frequent heartburn*

Instructions for patients

Prilosec OTC is to be used once a day (every 24 hours), every day for 14 days unless otherwise directed by your doctor. Read label on back before use.
*Heartburn 2 or more days a week.

FREE STARTER KIT OF Prilosec OTC

Experience the first couple of days of your 14-day course of treatment!

Follow samples with a 14-day course of treatment.
Read label on back before use.



INDICATED FOR THE TREATMENT OF FREQUENT HEARTBURN



Over The Counter.

Drug Facts (continued)
Inactive ingredients glyceryl monostearate, hydroxypropyl cellulose, hypromellose, iron oxide, magnesium stearate, methacrylic acid copolymer, microcrystalline cellulose, paraffin, polyethylene glycol 6000, polysorbate 80, polyvinylpyrrolidone, sodium stearyl fumarate, starch, sucrose, talc, titanium dioxide, triethyl citrate

14 TABLETS
 One 14-day course of treatment

Prilosec
 omeprazole delayed-release tablets
 20 mg / acid reducer
OTC

Treats Frequent Heartburn!

NDC 37000-455-02

Drug Facts (continued)
Questions? 1-800-289-9181
 Dist. by Procter & Gamble, Cincinnati, OH 45202
 Product of Sweden 000000000

Drug Facts (continued)
 ■ keep the carton and package insert. They contain important information.
 ■ store at 20-25°C (68-77°F)
 ■ keep product out of high heat and humidity ■ protect product from moisture

Safety Feature—Do not open or torn.
 use if tablet blister unit is

Prilosec OTC

100% SIZE TRUNCATED
 12 digit UPC (non-suppressed)
 For Position Only
 37000 35905 0

Drug Facts

Active ingredient (in each tablet) Purpose
 Omeprazole magnesium delayed-release tablet 20.6 mg
 (equivalent to 20 mg omeprazole).....Acid reducer

Use
 ■ treats frequent heartburn (occurs **2 or more** days a week)
 ■ not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect

Warnings
Allergy alert: Do not use if you are allergic to omeprazole
Do not use if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools.
 These may be signs of a serious condition. See your doctor.

Ask a doctor before use if you have
 ■ had heartburn over 3 months. This may be a sign of a more serious condition.
 ■ heartburn with **lightheadedness, sweating or dizziness**
 ■ chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness
 ■ frequent **chest pain**
 ■ frequent wheezing, particularly with heartburn
 ■ unexplained weight loss ■ nausea or vomiting ■ stomach pain

Ask a doctor or pharmacist before use if you are taking
 ■ warfarin (blood-thinning medicine)
 ■ prescription antifungal or anti-yeast medicines
 ■ diazepam (anxiety medicine)
 ■ digoxin (heart medicine)
 ■ tacrolimus (immune system medicine)
 ■ atazanavir (medicine for HIV infection)

Drug Facts (continued)

Stop use and ask a doctor if
 ■ your heartburn continues or worsens
 ■ you need to take this product for more than 14 days
 ■ you need to take more than 1 course of treatment every 4 months

If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions
 ■ adults 18 years of age and older
 ■ this product is to be used once a day (every 24 hours), every day for 14 days
 ■ it may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

14-Day Course of Treatment
 ■ swallow 1 tablet with a glass of water before eating in the morning
 ■ take every day for 14 days
 ■ do not take more than 1 tablet a day
 ■ do not chew or crush the tablets
 ■ do not crush tablets in food
 ■ do not use for more than 14 days unless directed by your doctor

Repeated 14-Day Courses (if needed)
 ■ you may repeat a 14-day course every 4 months
 ■ **do not take for more than 14 days or more often than every 4 months unless directed by a doctor**
 ■ children under 18 years of age: ask a doctor

Other information
 ■ read the directions, warnings and package insert before use

FPO 128 code

FPO 128 code

Drug Facts (continued)
Inactive ingredients glyceryl monostearate, hydroxypropyl cellulose, hypromellose, iron oxide, magnesium stearate, methacrylic acid copolymer, microcrystalline cellulose, paraffin, polyethylene glycol 6000, poly sorbate 80, polyvinylpyrrolidone, sodium stearyl fumarate, starch, sucrose, starch, titanium dioxide, triethyl citrate

14 TABLETS
One 14-day course of treatment

omeprazole delayed-release tablets 20 mg / acid reducer
OTC®

Prilosec

Treats Frequent Heartburn!

NDC 37000-456-02

Drug Facts (continued)
Questions? 1-800-289-9181
 Product of Sweden 000000000
 Dist. by Procter & Gamble, Cincinnati, OH 45202

Drug Facts (continued)
 ■ keep the carton and package insert. They contain important information.
 ■ store at 20-25°C (68-77°F)
 ■ keep product out of high heat and humidity ■ protect product from moisture

NOT FOR RESALE

Prilosec OTC

Safety Feature—Do not use if tablet blister is open or torn.

Drug Facts
Active ingredient (in each tablet) Purpose
 Omeprazole magnesium delayed-release tablet 20.6 mg (equivalent to 20 mg omeprazole).....Acid reducer

Use
 ■ treats frequent heartburn (occurs **2 or more** days a week)
 ■ not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect

Warnings
Allergy alert: Do not use if you are allergic to omeprazole
Do not use if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools. These may be signs of a serious condition. See your doctor.

Ask a doctor before use if you have
 ■ had heartburn over 3 months. This may be a sign of a more serious condition.
 ■ heartburn with **lightheadedness, sweating or dizziness**
 ■ chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness
 ■ frequent chest pain
 ■ frequent wheezing, particularly with heartburn
 ■ unexplained weight loss ■ nausea or vomiting ■ stomach pain

Ask a doctor or pharmacist before use if you are taking
 ■ warfarin (blood-thinning medicine)
 ■ prescription antifungal or anti-yeast medicines
 ■ diazepam (anxiety medicine)
 ■ digoxin (heart medicine)
 ■ tacrolimus (immune system medicine)
 ■ atazanavir (medicine for HIV infection)

Drug Facts (continued)
Stop use and ask a doctor if
 ■ your heartburn continues or worsens
 ■ you need to take this product for more than 14 days
 ■ you need to take more than 1 course of treatment every 4 months

If pregnant or breast-feeding, ask a health professional before use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions
 ■ adults 18 years of age and older
 ■ this product is to be used once a day (every 24 hours), every day for 14 days
 ■ it may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

14-Day Course of Treatment
 ■ swallow 1 tablet with a glass of water before eating in the morning
 ■ take every day for 14 days
 ■ do not take more than 1 tablet a day
 ■ do not chew or crush the tablets
 ■ do not crush tablets in food
 ■ do not use for more than 14 days unless directed by your doctor

Repeated 14-Day Courses (if needed)
 ■ you may repeat a 14-day course every 4 months
 ■ **do not take for more than 14 days or more often than every 4 months unless directed by a doctor**
 ■ children under 18 years of age: ask a doctor

Other information
 ■ read the directions, warnings and package insert before use

FPO 128 code

FPO 128 code

FPO 128 code

FPO 128 code

Drug Facts

Active ingredient (in each tablet) Purpose
Omeprazole magnesium delayed-release tablet 20.6 mg
(equivalent to 20 mg omeprazole).....Acid reducer

Use

- treats frequent heartburn (occurs **2 or more** days a week)
- not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect

Warnings

Allergy alert: Do not use if you are allergic to omeprazole

Do not use if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools. These may be signs of a serious condition. See your doctor.

Ask a doctor before use if you have

- had heartburn over 3 months. This may be a sign of a more serious condition.
- heartburn with **lightheadedness, sweating or dizziness**
- chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness
- frequent **chest pain**
- frequent wheezing, particularly with heartburn
- unexplained weight loss ■ nausea or vomiting ■ stomach pain

Ask a doctor or pharmacist before use if you are taking

- warfarin (blood-thinning medicine)
- prescription antifungal or anti-yeast medicines
- diazepam (anxiety medicine)
- digoxin (heart medicine)
- tacrolimus (immune system medicine)
- atazanavir (medicine for HIV infection)

Drug Facts (continued)

Stop use and ask a doctor if

- your heartburn continues or worsens
- you need to take this product for more than 14 days
- you need to take more than 1 course of treatment every 4 months

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- adults 18 years of age and older
- this product is to be used once a day (every 24 hours), every day for 14 days
- it may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

14-Day Course of Treatment

- swallow 1 tablet with a glass of water before eating in the morning
- take every day for 14 days
- do not take more than 1 tablet a day
- do not chew or crush the tablets
- do not crush tablets in food
- do not use for more than 14 days unless directed by your doctor

Repeated 14-Day Courses (if needed)

- you may repeat a 14-day course every 4 months
- **do not take for more than 14 days or more often than every 4 months unless directed by a doctor**
- children under 18 years of age: ask a doctor

Other information

- read the directions, warnings and package insert before use

Drug Facts (continued)

- keep the carton and package insert. They contain important information.
- store at 20-25°C (68-77°F)
- keep product out of high heat and humidity
- protect product from moisture

Inactive ingredients glyceryl monostearate, hydroxypropyl cellulose, hypromellose, iron oxide, magnesium stearate, methacrylic acid copolymer, microcrystalline cellulose, paraffin, polyethylene glycol 6000, polysorbate 80, polyvinylpyrrolidone, sodium stearyl fumarate, starch, sucrose, talc, titanium dioxide, triethyl citrate

Questions? 1-800-289-9181

Two 14-day courses of treatment
28 TABLETS

omeprazole delayed-release tablets
20 mg / acid reducer
OTC®

Prilosec

Treats Frequent Heartburn!

NDC 37000-455-03

Prilosec OTC

Prilosec OTC

Dist. by Preter & Gamble, Cincinnati, OH 45202
Product of Sweden 00000000

Safety Feature—
Do not use
if tablet blister
unit is open
or torn.

Prilosec OTC

100% SIZE
12 digit UPC
(non-suppressed)
For Position Only
37000 455906 7

Drug Facts

Active ingredient (in each tablet)

Omeprazole magnesium delayed-release tablet 20.6 mg (equivalent to 20 mg omeprazole);..... Acid reducer

Purpose

Acid reducer

Use

- treats frequent heartburn (occurs 2 or more days a week)
- not intended for immediate relief of heartburn; this drug may take 1 to 4 days for full effect

Warnings

Allergy alert: Do not use if you are allergic to omeprazole

Do not use if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools. These may be signs of a serious condition. See your doctor.

Ask a doctor before use if you have

- had heartburn over 3 months. This may be a sign of a more serious condition.
- heartburn with **lightheadedness, sweating or dizziness**
- chest pain or shoulder pain with shortness of breath, sweating, pain spreading to arms, neck or shoulders; or lightheadedness
- frequent **chest pain**
- frequent wheezing, particularly with heartburn
- unexplained weight loss ■ nausea or vomiting ■ stomach pain

Ask a doctor or pharmacist before use if you are taking

- warfarin (blood-thinning medicine)
- prescription antifungal or anti-yeast medicines
- diazepam (anxiety medicine)
- digoxin (heart medicine)
- tacrolimus (immune system medicine)
- atazanavir (medicine for HIV infection)

Drug Facts (continued)

Stop use and ask a doctor if

- your heartburn continues or worsens
- you need to take this product for more than 14 days
- you need to take more than 1 course of treatment every 4 months

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

- adults 18 years of age and older
- this product is to be used once a day (every 24 hours), every day for 14 days
- it may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours

14-Day Course of Treatment

- swallow 1 tablet with a glass of water before eating in the morning
- take every day for 14 days
- do not take more than 1 tablet a day
- do not chew or crush the tablets
- do not crush tablets in food
- do not use for more than 14 days unless directed by your doctor

Repeated 14-Day Courses (if needed)

- you may repeat a 14-day course every 4 months
- do not take for more than 14 days or more often than every 4 months unless directed by a doctor
- children under 18 years of age: ask a doctor

Other information

- read the directions, warnings and package insert before use



Prilosec OTC

Omeprazole magnesium delayed-release tablet 20.6 mg (equivalent to 20 mg omeprazole) Acid reducer

Please read all of this package insert before taking Prilosec OTC. Some risks to read, as you read.



How Prilosec OTC Works For Your Frequent Heartburn

Prilosec OTC works differently from other OTC heartburn products, such as antacids and other acid reducers. Prilosec OTC stops acid production at the source – the acid pump that produces stomach acid. Prilosec OTC is to be used once a day (every 24 hours), every day for 14 days.

What to Expect When Using Prilosec OTC

Prilosec OTC is a different type of medicine from antacids and other acid reducers. Prilosec OTC may take 1 to 4 days for full effect, although some people get complete relief of symptoms within 24 hours. Make sure you take the entire 14 days of dosing to treat your frequent heartburn.

Safety Record

For years, doctors have prescribed Prilosec to treat acid-related conditions in millions of people safely.

Who Should Take Prilosec OTC

This product is for adults (18 years and older) with frequent heartburn.

when you have heartburn 2 or more days a week.

- Prilosec OTC is not intended for those who have heartburn infrequently, one episode of heartburn a week or less, or for those who want immediate relief of heartburn.

How to Take Prilosec OTC

14-DAY Course of Treatment

- Swallow 1 tablet with a glass of water before eating in the morning.
- Take every day for 14 days.
- Do not take more than 1 tablet a day.
- Do not chew or crush the tablets.
- Do not use for more than 14 days unless directed by your doctor.
- It is important not to chew or crush these tablets, or crush the tablets in food. This decreases how well Prilosec OTC works.

When to Take Prilosec OTC Again

You may repeat a 14-day course of therapy every 4 months.

When to Talk to Your Doctor

Do not take for more than 14 days or more often than every 4 months unless directed by a doctor.

Warnings and When to Ask Your Doctor

Allergy alert: Do not use if you are allergic to omeprazole. Do not use if you have trouble or pain swallowing food, vomiting with blood, or bloody or black stools. These may be signs of a serious condition. See your doctor.

Ask a doctor before use if you have

- had heartburn over 3 months.
- This may be a sign of a more serious condition.
- heartburn with **lightheadedness, sweating or dizziness,**
- chest pain or shoulder pain with shortness of breath; sweating; pain spreading to arms, neck or shoulders; or lightheadedness
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- requent wheezing, particularly with heartburn
- unexplained weight loss
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- stomach pain

Ask a doctor or pharmacist before use if you are taking

- warfarin (blood-thinning medicine)
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- diazepam (anxiety medicine)
- digoxin (heart medicine)
- tacrolimus (immune system medicine)
- zalcitabine (medicine for HIV infection)

Stop use and ask a doctor if

- your heartburn continues or worsens
- you need to take this product for more than 14 days
- you need to take more than 1 course of treatment every 4 months

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Tips for Managing Heartburn

- Do not lie flat or bend over soon after eating.
- Do not eat late at night or just before bedtime.
- Certain foods or drinks are more likely to cause heartburn, such as rich, spicy, fatty and fried foods, chocolate, caffeine, alcohol and even some fruits and vegetables.
- Eat slowly and do not eat big meals.
- If you are overweight, lose weight.
- If you smoke, quit smoking.
- Raise the head of your bed.
- Wear loose-fitting clothing around your stomach.

How is Prilosec OTC Sold

Prilosec OTC is available in 14 tablet, 28 tablet and 42 tablet sizes. These sizes contain one, two, and three 14-day courses of treatment, respectively. Do not use for more than 14 days in a row unless directed by your doctor. For the 28 count (two 14-day courses) and the 42 count (three 14-day courses), you may repeat a 14-day course every 4 months.

For Questions or Comments About Prilosec OTC

Call 1-800-299-9181

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