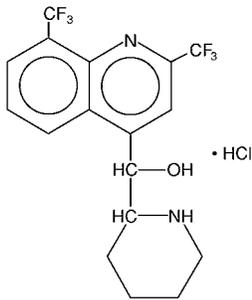


**LARIAM®****brand of****mefloquine hydrochloride****TABLETS**R_x ONLY**DESCRIPTION**

Lariam (mefloquine hydrochloride) is an antimalarial agent available as 250-mg tablets of mefloquine hydrochloride (equivalent to 228.0 mg of the free base) for oral administration.

Mefloquine hydrochloride is a 4-quinolinemethanol derivative with the specific chemical name of (R*, S*)-(±)-α-2-piperidinyl-2,8-bis (trifluoromethyl)-4-quinolinemethanol hydrochloride. It is a 2-aryl substituted chemical structural analog of quinine. The drug is a white to almost white crystalline compound, slightly soluble in water.

Mefloquine hydrochloride has a calculated molecular weight of 414.78 and the following structural formula:



The inactive ingredients are ammonium-calcium alginate, corn starch, crospovidone, lactose, magnesium stearate, microcrystalline cellulose, poloxamer #331, and talc.

CLINICAL PHARMACOLOGY***Pharmacokinetics*****Absorption**

The absolute oral bioavailability of mefloquine has not been determined since an intravenous formulation is not available. The bioavailability of the tablet formation compared with an oral solution was over 85%. The presence of food significantly enhances the rate and extent of absorption, leading to about a 40% increase in bioavailability. In healthy volunteers, plasma concentrations peak 6 to 24 hours (median, about 17 hours) after a single dose of Lariam. In a similar group of volunteers, maximum plasma concentrations in µg/L are roughly equivalent to the dose in milligrams (for example, a single 1000 mg dose produces a maximum concentration of about 1000 µg/L). In healthy volunteers, a dose of 250 mg once weekly produces maximum steady-state plasma concentrations of 1000 to 2000 µg/L, which are reached after 7 to 10 weeks.

Distribution

In healthy adults, the apparent volume of distribution is approximately 20 L/kg, indicating extensive tissue distribution. Mefloquine may accumulate in parasitized erythrocytes. Experiments conducted in vitro with human blood using concentrations between 50 and 1000 mg/mL showed a relatively constant erythrocyte-to-plasma concentration ratio of about 2 to 1. The equilibrium reached in less than 30 minutes was found to be reversible. Protein binding is about 98%.

Mefloquine crosses the placenta. Excretion into breast milk appears to be minimal (see

PRECAUTIONS: [Nursing Mothers](#)).

Metabolism

Mefloquine is extensively metabolized in the liver by the cytochrome P450 system. In vitro and in vivo studies strongly suggested that CYP3A4 is the major isoform involved.

Two metabolites of mefloquine have been identified in humans. The main metabolite, 2,8-bis-trifluoromethyl-4-quinoline carboxylic acid, is inactive in *Plasmodium falciparum*. In a study in healthy volunteers, the carboxylic acid metabolite appeared in plasma 2 to 4 hours after a single oral dose. Maximum plasma concentrations of the metabolite, which were about 50% higher than those of mefloquine, were reached after 2 weeks. Thereafter, plasma levels of the main metabolite and mefloquine declined at a similar rate. The area under the plasma concentration-time curve (AUC) of the main metabolite was 3 to 5 times larger than that of the parent drug. The other metabolite, an alcohol, was present in minute quantities only.

Elimination

In several studies in healthy adults, the mean elimination half-life of mefloquine varied between 2 and 4 weeks, with an average of about 3 weeks. Total clearance, which is essentially hepatic, is in the order of 30 mL/min. There is evidence that mefloquine is excreted mainly in the bile and feces. In volunteers, urinary excretion of unchanged mefloquine and its main metabolite under steady-state condition accounted for about 9% and 4% of the dose, respectively. Concentrations of other metabolites could not be measured in the urine.

Pharmacokinetics in Special Clinical Situations

Children and the Elderly

No relevant age-related changes have been observed in the pharmacokinetics of mefloquine. Therefore, the dosage for children has been extrapolated from the recommended adult dose.

No pharmacokinetic studies have been performed in patients with renal insufficiency since only a small proportion of the drug is eliminated renally. Mefloquine and its main metabolite are not appreciably removed by hemodialysis. No special chemoprophylactic dosage adjustments are indicated for dialysis patients to achieve concentrations in plasma similar to those in healthy persons.

Although clearance of mefloquine may increase in late pregnancy, in general, pregnancy has no clinically relevant effect on the pharmacokinetics of mefloquine.

The pharmacokinetics of mefloquine may be altered in acute malaria.

Pharmacokinetic differences have been observed between various ethnic populations. In practice, however, these are of minor importance compared with host immune status and sensitivity of the parasite.

During long-term prophylaxis (>2 years), the trough concentrations and the elimination half-life of mefloquine were similar to those obtained in the same population after 6 months of drug use, which is when they reached steady state.

In vitro and in vivo studies showed no hemolysis associated with glucose-6-phosphate dehydrogenase deficiency (see [ANIMAL TOXICOLOGY](#)).

Microbiology

Mechanism of Action

Mefloquine is an antimalarial agent which acts as a blood schizonticide. Its exact mechanism of action is not known.

Activity In Vitro and In Vivo

Mefloquine is active against the erythrocytic stages of *Plasmodium* species (see [INDICATIONS AND USAGE](#)). However, the drug has no effect against the exoerythrocytic (hepatic) stages of the parasite. Mefloquine is effective against malaria parasites resistant to chloroquine (see [INDICATIONS AND USAGE](#)).

Drug Resistance

Strains of *P. falciparum* with decreased susceptibility to mefloquine can be selected in vitro or in vivo. Resistance of *P. falciparum* to mefloquine has been reported in areas of multi-drug resistance in South East Asia. Increased incidences of resistance have also been reported in other parts of the world.

Cross-Resistance

Cross-resistance between mefloquine and halofantrine and cross-resistance between mefloquine and quinine have been observed in some regions.

INDICATIONS AND USAGE

Treatment of Acute Malaria Infections

Lariam is indicated for the treatment of mild to moderate acute malaria caused by mefloquine-susceptible strains of *P. falciparum* (both chloroquine-susceptible and resistant strains) or by *Plasmodium vivax*. There are insufficient clinical data to document the effect of mefloquine in malaria caused by *P. ovale* or *P. malariae*.

Note: Patients with acute *P. vivax* malaria, treated with Lariam, are at high risk of relapse because Lariam does not eliminate exoerythrocytic (hepatic phase) parasites. To avoid relapse, after initial treatment of the acute infection with Lariam, patients should subsequently be treated with an 8-aminoquinoline derivative (eg, primaquine).

Prevention of Malaria

Lariam is indicated for the prophylaxis of *P. falciparum* and *P. vivax* malaria infections, including prophylaxis of chloroquine-resistant strains of *P. falciparum*.

CONTRAINDICATIONS

Use of Lariam is contraindicated in patients with a known hypersensitivity to mefloquine or related compounds (eg, quinine and quinidine) or to any of the excipients contained in the formulation. Lariam should not be prescribed for prophylaxis in patients with active depression, a recent history of depression, generalized anxiety disorder, psychosis, or schizophrenia or other major psychiatric disorders, or with a history of convulsions.

WARNINGS

In case of life-threatening, serious or overwhelming malaria infections due to *P. falciparum*, patients should be treated with an intravenous antimalarial drug. Following completion of intravenous treatment, Lariam may be given to complete the course of therapy.

Halofantrine should not be administered with Lariam or within 15 weeks of the last dose of Lariam due to the risk of a potentially fatal prolongation of the QTc interval (see CLINICAL PHARMACOLOGY: Pharmacokinetics: [Elimination](#)).

Ketoconazole should not be administered with Lariam or within 15 weeks of the last dose of Lariam due to the risk of a potentially fatal prolongation of the QTc interval. Ketoconazole increases plasma concentrations and elimination half-life of mefloquine following co-administration (see CLINICAL PHARMACOLOGY: Pharmacokinetics: [Elimination](#) and PRECAUTIONS: [Drug Interactions](#)).

Mefloquine may cause psychiatric symptoms in a number of patients, ranging from anxiety, paranoia, and depression to hallucinations and psychotic behavior. On occasions, these symptoms have been reported to continue long after mefloquine has been stopped. Rare cases of suicidal ideation and suicide have been reported though no relationship to drug administration has been confirmed. To minimize the chances of these adverse events, mefloquine should not be taken for prophylaxis in patients with active depression or with a recent history of depression, generalized anxiety disorder, psychosis, or schizophrenia or other major psychiatric disorders. Lariam should be used with caution in patients with a previous history of depression.

During prophylactic use, if psychiatric symptoms such as acute anxiety, depression, restlessness or confusion occur, these may be considered prodromal to a more serious event. In these cases, the drug must be discontinued and an alternative medication should be substituted.

Concomitant administration of Lariam and quinine or quinidine may produce electrocardiographic abnormalities.

Concomitant administration of Lariam and quinine or chloroquine may increase the risk of convulsions.

PRECAUTIONS

Hypersensitivity Reactions

Hypersensitivity reactions ranging from mild cutaneous events to anaphylaxis cannot be predicted.

In patients with epilepsy, Lariam may increase the risk of convulsions. The drug should therefore be prescribed only for curative treatment in such patients and only if there are compelling medical reasons for its use (see **PRECAUTIONS: [Drug Interactions](#)**).

Central and Peripheral Nervous System Effects

Caution should be exercised with regard to activities requiring alertness and fine motor coordination such as driving, piloting aircraft, operating machinery, and deep-sea diving, as dizziness or vertigo, a loss of balance, or other disorders of the central or peripheral nervous system have been reported during and following the use of Lariam. These effects may occur after therapy is discontinued due to the long half-life of the drug. In a small number of patients, dizziness or vertigo and loss of balance have been reported to continue for months after discontinuation of the drug (see **ADVERSE REACTIONS: [Postmarketing](#)**).

Lariam should be used with caution in patients with psychiatric disturbances because mefloquine use has been associated with emotional disturbances (see **ADVERSE REACTIONS**).

Use in Patients with Hepatic Impairment

In patients with impaired liver function the elimination of mefloquine may be prolonged, leading to higher plasma levels.

Long-Term Use

This drug has been administered for longer than 1 year. If the drug is to be administered for a prolonged period, periodic evaluations including liver function tests should be performed.

Although retinal abnormalities seen in humans with long-term chloroquine use have not been observed with mefloquine use, long-term feeding of mefloquine to rats resulted in dose-related ocular lesions (retinal degeneration, retinal edema and lenticular opacity at 12.5 mg/kg/day and higher) (see **ANIMAL TOXICOLOGY**). Therefore, periodic ophthalmic examinations are recommended.

Cardiac Effects

Parenteral studies in animals show that mefloquine, a myocardial depressant, possesses 20% of the anti-fibrillatory action of quinidine and produces 50% of the increase in the PR interval reported with quinine. The effect of mefloquine on the compromised cardiovascular system has not been evaluated. However, transitory and clinically silent ECG alterations have been reported during the use of mefloquine. Alterations included sinus bradycardia, sinus arrhythmia, first degree AV-block, prolongation of the QTc interval and abnormal T waves (see also cardiovascular effects under **PRECAUTIONS: [Drug Interactions](#)** and **ADVERSE REACTIONS**). The benefits of Lariam therapy should be weighed against the possibility of adverse effects in patients with cardiac disease.

Laboratory Tests

Periodic evaluation of hepatic function should be performed during prolonged prophylaxis.

Information for Patients

Medication Guide: As required by law, a Lariam Medication Guide is supplied to patients when Lariam is dispensed. An information wallet card is also supplied to patients when Lariam is dispensed. Patients should be instructed to read the Medication Guide when Lariam is received and to carry the information wallet card with them when they are taking Lariam. The complete texts of the Medication Guide and information wallet card are reprinted at the end of this document.

Patients should be advised:

- that malaria can be a life-threatening infection in the traveler;
- that Lariam is being prescribed to help prevent or treat this serious infection;
- that in a small percentage of cases, patients are unable to take this medication because of side effects, including dizziness or vertigo and loss of balance, and it may be necessary to change medications. Although side effects of dizziness or vertigo and loss of balance are usually mild and do not cause people to stop taking the medication, in a small number of patients it has been reported that these symptoms may continue for months after discontinuation of the drug;
- that when used as prophylaxis, the first dose of Lariam should be taken 1 week prior to arrival in an endemic area;
- that if the patients experience psychiatric symptoms such as acute anxiety, depression, restlessness or confusion, these may be considered prodromal to a more serious event. In these cases, the drug must be discontinued and an alternative medication should be substituted;
- that no chemoprophylactic regimen is 100% effective, and protective clothing, insect repellents, and bednets are important components of malaria prophylaxis;
- to seek medical attention for any febrile illness that occurs after return from a malarious area and to inform their physician that they may have been exposed to malaria.

Drug Interactions

Drug-drug interactions with Lariam have not been explored in detail. There is one report of cardiopulmonary arrest, with full recovery, in a patient who was taking a beta blocker (propranolol) (see **PRECAUTIONS: [Cardiac Effects](#)**). The effects of mefloquine on the compromised cardiovascular system have not been evaluated. The benefits of Lariam therapy should be weighed against the possibility of adverse effects in patients with cardiac disease.

Halofantrine and Other Antimalarials

Halofantrine should not be administered with Lariam or within 15 weeks of the last dose of Lariam due to the risk of a potentially fatal prolongation of the QTc interval (see **[WARNINGS](#)**).

Concomitant administration of Lariam and other related antimalarial compounds (eg, quinine, quinidine and chloroquine) may produce electrocardiographic abnormalities and increase the risk of convulsions (see **[WARNINGS](#)**). If these drugs are to be used in the initial treatment of severe malaria, Lariam administration should be delayed at least 12 hours after the last dose. Clinically significant QTc prolongation has not been found with mefloquine alone.

Ketoconazole (Potent Inhibitor of CYP3A4)

Co-administration of a single 500 mg oral dose of Lariam with 400 mg of ketoconazole once daily for 10 days in 8 healthy volunteers resulted in an increase in the mean C_{max} and AUC of mefloquine by

64% and 79%, respectively, and an increase in the mean elimination half-life of mefloquine from 322 hours to 448 hours. Ketoconazole should not be administered with Lariam or within 15 weeks of the last dose of Lariam due to the risk of a potentially fatal prolongation of the QTc interval (see [WARNINGS](#)).

Other Drugs that Prolong the QTc Interval

Co-administration of other drugs known to alter cardiac conduction (eg, anti-arrhythmic or beta-adrenergic blocking agents, calcium channel blockers, antihistamines or H₁-blocking agents, tricyclic antidepressants and phenothiazines) might also contribute to a prolongation of the QTc interval. There are no data that conclusively establish whether the concomitant administration of mefloquine and the above listed agents has an effect on cardiac function.

Anticonvulsants

In patients taking an anticonvulsant (eg, valproic acid, carbamazepine, phenobarbital or phenytoin), the concomitant use of Lariam may reduce seizure control by lowering the plasma levels of the anticonvulsant. Therefore, patients concurrently taking antiseizure medication and Lariam should have the blood level of their antiseizure medication monitored and the dosage adjusted appropriately (see [PRECAUTIONS](#)).

Vaccines

When Lariam is taken concurrently with oral live typhoid vaccines, attenuation of immunization cannot be excluded. Vaccinations with attenuated live bacteria should therefore be completed at least 3 days before the first dose of Lariam.

Rifampin (Potent Inducer of CYP3A4)

Co-administration of a single 500 mg oral dose of Lariam and 600 mg of rifampin once daily for 7 days in 7 healthy Thai volunteers resulted in a decrease in the mean C_{max} and AUC of mefloquine by 19% and 68%, respectively, and a decrease in the mean elimination half-life of mefloquine from 305 hours to 113 hours. Rifampin should be used cautiously in patients taking Lariam.

Inhibitors and Inducers of CYP3A4

Mefloquine does not inhibit or induce the CYP 450 enzyme system. Thus, concomitant administration of Lariam and substrates of the CYP 450 enzyme system is not expected to result in a drug interaction. However, co-administration of CYP 450 inhibitors or inducers may increase or decrease mefloquine plasma concentrations, respectively.

Substrates and Inhibitors of P-glycoprotein

It has been shown in vitro that mefloquine is a substrate and an inhibitor of P-glycoprotein. Therefore, drug-drug interactions could also occur with drugs that are substrates or are known to modify the expression of this transporter. The clinical relevance of these interactions is not known to date.

Other Potential Interactions

No other drug interactions are known. Nevertheless, the effects of Lariam on travelers receiving co-medication, particularly diabetics or patients using anticoagulants, should be checked before departure.

In clinical trials, the concomitant administration of sulfadoxine and pyrimethamine did not alter the adverse reaction profile of mefloquine.

Carcinogenesis, Mutagenesis, Impairment of Fertility

Carcinogenesis

The carcinogenic potential of mefloquine was studied in rats and mice in 2-year feeding studies at doses of up to 30 mg/kg/day. No treatment-related increases in tumors of any type were noted.

Mutagenesis

The mutagenic potential of mefloquine was studied in a variety of assay systems including: Ames test, a host-mediated assay in mice, fluctuation tests and a mouse micronucleus assay. Several of these assays were performed with and without prior metabolic activation. In no instance was evidence obtained for the mutagenicity of mefloquine.

Impairment of Fertility

Fertility studies in rats at doses of 5, 20, and 50 mg/kg/day of mefloquine have demonstrated adverse effects on fertility in the male at the high dose of 50 mg/kg/day, and in the female at doses of 20 and 50 mg/kg/day. Histopathological lesions were noted in the epididymides from male rats at doses of 20 and 50 mg/kg/day. Administration of 250 mg/week of mefloquine (base) in adult males for 22 weeks failed to reveal any deleterious effects on human spermatozoa.

Pregnancy

Teratogenic Effects

Pregnancy Category C. Mefloquine has been demonstrated to be teratogenic in rats and mice at a dose of 100 mg/kg/day. In rabbits, a high dose of 160 mg/kg/day was embryotoxic and teratogenic, and a dose of 80 mg/kg/day was teratogenic but not embryotoxic. There are no adequate and well-controlled studies in pregnant women. However, clinical experience with Lariam has not revealed an embryotoxic or teratogenic effect. Mefloquine should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. Women of childbearing potential who are traveling to areas where malaria is endemic should be warned against becoming pregnant. Women of childbearing potential should also be advised to practice contraception during malaria prophylaxis with Lariam and for up to 3 months thereafter. However, in the case of unplanned pregnancy, malaria chemoprophylaxis with Lariam is not considered an indication for pregnancy termination.

Nursing Mothers

Mefloquine is excreted in human milk in small amounts, the activity of which is unknown. Based on a study in a few subjects, low concentrations (3% to 4%) of mefloquine were excreted in human milk following a dose equivalent to 250 mg of the free base. Because of the potential for serious adverse

reactions in nursing infants from mefloquine, a decision should be made whether to discontinue the drug, taking into account the importance of the drug to the mother.

Pediatric Use

Use of Lariam to treat acute, uncomplicated *P. falciparum* malaria in pediatric patients is supported by evidence from adequate and well-controlled studies of Lariam in adults with additional data from published open-label and comparative trials using Lariam to treat malaria caused by *P. falciparum* in patients younger than 16 years of age. The safety and effectiveness of Lariam for the treatment of malaria in pediatric patients below the age of 6 months have not been established.

In several studies, the administration of Lariam for the treatment of malaria was associated with early vomiting in pediatric patients. Early vomiting was cited in some reports as a possible cause of treatment failure. If a second dose is not tolerated, the patient should be monitored closely and alternative malaria treatment considered if improvement is not observed within a reasonable period of time (see [DOSAGE AND ADMINISTRATION](#)).

Geriatric Use

Clinical studies of Lariam did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. Since electrocardiographic abnormalities have been observed in individuals treated with Lariam (see [PRECAUTIONS](#)) and underlying cardiac disease is more prevalent in elderly than in younger patients, the benefits of Lariam therapy should be weighed against the possibility of adverse cardiac effects in elderly patients.

ADVERSE REACTIONS

Clinical

At the doses used for treatment of acute malaria infections, the symptoms possibly attributable to drug administration cannot be distinguished from those symptoms usually attributable to the disease itself.

Among subjects who received mefloquine for prophylaxis of malaria, the most frequently observed adverse experience was vomiting (3%). Dizziness, syncope, extrasystoles and other complaints affecting less than 1% were also reported.

Among subjects who received mefloquine for treatment, the most frequently observed adverse experiences included: dizziness, myalgia, nausea, fever, headache, vomiting, chills, diarrhea, skin rash, abdominal pain, fatigue, loss of appetite, and tinnitus. Those side effects occurring in less than 1% included bradycardia, hair loss, emotional problems, pruritus, asthenia, transient emotional disturbances and telogen effluvium (loss of resting hair). Seizures have also been reported.

Two serious adverse reactions were cardiopulmonary arrest in one patient shortly after ingesting a single prophylactic dose of mefloquine while concomitantly using propranolol (see [PRECAUTIONS: Drug Interactions](#)), and encephalopathy of unknown etiology during prophylactic mefloquine administration. The relationship of encephalopathy to drug administration could not be clearly established.

Postmarketing

Postmarketing surveillance indicates that the same kind of adverse experiences are reported during prophylaxis, as well as acute treatment. Because these experiences are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to Lariam exposure.

The most frequently reported adverse events are nausea, vomiting, loose stools or diarrhea, abdominal pain, dizziness or vertigo, loss of balance, and neuropsychiatric events such as headache, somnolence, and sleep disorders (insomnia, abnormal dreams). These are usually mild and may decrease despite continued use. In a small number of patients it has been reported that dizziness or vertigo and loss of balance may continue for months after discontinuation of the drug.

Occasionally, more severe neuropsychiatric disorders have been reported such as: sensory and motor neuropathies (including paresthesia, tremor and ataxia), convulsions, agitation or restlessness, anxiety, depression, mood swings, panic attacks, memory impairment, confusion, hallucinations, aggression, psychotic or paranoid reactions and encephalopathy. Rare cases of suicidal ideation and suicide have been reported though no relationship to drug administration has been confirmed.

Other less frequently reported adverse events include:

Cardiovascular Disorders: circulatory disturbances (hypotension, hypertension, flushing, syncope), chest pain, tachycardia or palpitation, bradycardia, irregular heart rate, extrasystoles, A-V block, and other transient cardiac conduction alterations

Skin Disorders: rash, exanthema, erythema, urticaria, pruritus, edema, hair loss, erythema multiforme, and Stevens-Johnson syndrome

Musculoskeletal Disorders: muscle weakness, muscle cramps, myalgia, and arthralgia

Respiratory Disorders: dyspnea, pneumonitis of possible allergic etiology

Other Symptoms: visual disturbances, vestibular disorders including tinnitus and hearing impairment, asthenia, malaise, fatigue, fever, hyperhidrosis, chills, dyspepsia and loss of appetite

Laboratory

The most frequently observed laboratory alterations which could be possibly attributable to drug administration were decreased hematocrit, transient elevation of transaminases, leukopenia and thrombocytopenia. These alterations were observed in patients with acute malaria who received treatment doses of the drug and were attributed to the disease itself.

During prophylactic administration of mefloquine to indigenous populations in malaria-endemic areas, the following occasional alterations in laboratory values were observed: transient elevation of transaminases, leukocytosis or thrombocytopenia.

Because of the long half-life of mefloquine, adverse reactions to Lariam may occur or persist up to several weeks after discontinuation of the drug.

OVERDOSAGE

Symptoms and Signs

In cases of overdosage with Lariam, the symptoms mentioned under [ADVERSE REACTIONS](#) may be more pronounced.

Treatment

Patients should be managed by symptomatic and supportive care following Lariam overdose. There are no specific antidotes. Monitor cardiac function (if possible by ECG) and neuropsychiatric status for at least 24 hours. Provide symptomatic and intensive supportive treatment as required, particularly for cardiovascular disturbances.

DOSAGE AND ADMINISTRATION (SEE [INDICATIONS AND USAGE](#))

Adult Patients

Treatment of mild to moderate malaria in adults caused by *P. vivax* or mefloquine-susceptible strains of *P. falciparum*

Five tablets (1250 mg) mefloquine hydrochloride to be given as a single oral dose. The drug should not be taken on an empty stomach and should be administered with at least 8 oz (240 mL) of water.

If a full-treatment course with Lariam does not lead to improvement within 48 to 72 hours, Lariam should not be used for retreatment. An alternative therapy should be used. Similarly, if previous prophylaxis with mefloquine has failed, Lariam should not be used for curative treatment.

Note: Patients with acute *P. vivax* malaria, treated with Lariam, are at high risk of relapse because Lariam does not eliminate exoerythrocytic (hepatic phase) parasites. To avoid relapse after initial treatment of the acute infection with Lariam, patients should subsequently be treated with an 8-aminoquinoline derivative (eg, primaquine).

Malaria Prophylaxis

One 250 mg Lariam tablet once weekly.

Prophylactic drug administration should begin 1 week before arrival in an endemic area. Subsequent weekly doses should be taken regularly, always on the same day of each week, preferably after the main meal. To reduce the risk of malaria after leaving an endemic area, prophylaxis must be continued for 4 additional weeks to ensure suppressive blood levels of the drug when merozoites emerge from the liver. Tablets should not be taken on an empty stomach and should be administered with at least 8 oz (240 mL) of water.

In certain cases, eg, when a traveler is taking other medication, it may be desirable to start prophylaxis 2 to 3 weeks prior to departure, in order to ensure that the combination of drugs is well tolerated (see **PRECAUTIONS: [Drug Interactions](#)**).

When prophylaxis with Lariam fails, physicians should carefully evaluate which antimalarial to use for therapy.

Pediatric Patients

Treatment of mild to moderate malaria in pediatric patients caused by mefloquine-susceptible strains of *P. falciparum*

Twenty (20) to 25 mg/kg body weight. Splitting the total therapeutic dose into 2 doses taken 6 to 8 hours apart may reduce the occurrence or severity of adverse effects. Experience with Lariam in pediatric patients weighing less than 20 kg is limited. The drug should not be taken on an empty stomach and should be administered with ample water. The tablets may be crushed and suspended in a small amount of water, milk or other beverage for administration to small children and other persons unable to swallow them whole.

If a full-treatment course with Lariam does not lead to improvement within 48 to 72 hours, Lariam should not be used for retreatment. An alternative therapy should be used. Similarly, if previous prophylaxis with mefloquine has failed, Lariam should not be used for curative treatment.

In pediatric patients, the administration of Lariam for the treatment of malaria has been associated with early vomiting. In some cases, early vomiting has been cited as a possible cause of treatment failure (see **PRECAUTIONS**). If a significant loss of drug product is observed or suspected because of vomiting, a second full dose of Lariam should be administered to patients who vomit less than 30 minutes after receiving the drug. If vomiting occurs 30 to 60 minutes after a dose, an additional half-dose should be given. If vomiting recurs, the patient should be monitored closely and alternative malaria treatment considered if improvement is not observed within a reasonable period of time.

The safety and effectiveness of Lariam to treat malaria in pediatric patients below the age of 6 months have not been established.

Malaria Prophylaxis

The recommended prophylactic dose of Lariam is approximately 5 mg/kg body weight once weekly. One 250 mg Lariam tablet should be taken once weekly in pediatric patients weighing over 45 kg. In pediatric patients weighing less than 45 kg, the weekly dose decreases in proportion to body weight:

30 to 45 kg: 3/4 tablet

20 to 30 kg: 1/2 tablet

Experience with Lariam in pediatric patients weighing less than 20 kg is limited.

HOW SUPPLIED

Lariam is available as scored, white, round tablets, containing 250 mg of mefloquine hydrochloride in unit-dose packages of 25 (NDC 0004-0172-02). Imprint on tablets: LARIAM 250 ROCHE

Tablets should be stored at 25°C (77°F); excursions permitted to 15° to 30°C (59° to 86°F).

ANIMAL TOXICOLOGY

Ocular lesions were observed in rats fed mefloquine daily for 2 years. All surviving rats given 30 mg/kg/day had ocular lesions in both eyes characterized by retinal degeneration, opacity of the lens, and retinal edema. Similar but less severe lesions were observed in 80% of female and 22% of male rats fed 12.5 mg/kg/day for 2 years. At doses of 5 mg/kg/day, only corneal lesions were observed. They occurred in 9% of rats studied.

Revised: Month/Year



MEDICATION GUIDE

Lariam (LAH-ree-am)

**(mefloquine hydrochloride)
Tablets**

Read this entire Medication Guide before you start taking Lariam and each time you get a refill. There may be new information. This information does not take the place of talking to your doctor about your medical condition or your treatment.

What is the most important information I should know about Lariam?

Your doctor or pharmacist will give you an Information Wallet Card along with this Medication Guide. It has important information about Lariam and should be carried with you at all times while you take Lariam.

Lariam can cause serious mental problems.

- Some people who take Lariam have sudden serious mental problems, including:
 - severe anxiety
 - paranoia (feelings of mistrust towards others)
 - hallucinations (seeing or hearing things that are not there)
 - depression
 - feeling restless
 - unusual behavior
 - feeling confused

In some patients these serious side effects can go on after Lariam is stopped.

- Some people who take Lariam think about suicide (putting an end to their life). Some people who were taking Lariam committed suicide. It is not known whether Lariam was responsible for those suicides.

If you have any of these serious mental problems, or you develop other serious side effects or mental problems, you should call your doctor right away as it may be necessary to stop taking Lariam and use another medicine to prevent malaria.

You need to take malaria prevention medicine before you travel to a malaria area, while you are in a malaria area, and after you return from a malaria area.

If you are told by a doctor to stop taking Lariam because of the side effects or for other reasons, you will need to take another malaria medicine.

If you do not have access to a doctor or to another medicine and have to stop taking Lariam, leave the malaria area and contact a doctor as soon as possible because leaving the malaria area may not protect you from getting malaria. You will still need to take a malaria prevention medicine for another 4 weeks.

- Do not take halofantrine (used to treat malaria) or ketoconazole (used for fungal infections) with Lariam or within 15 weeks of your last dose of Lariam. You may have serious heart problems that can lead to death. Do not take quinine (Qualaquin) or quinidine (used to treat malaria or irregular heart beat) with Lariam. You may have serious heart problems.
- Do not take quinine (Qualaquin) or chloroquine (Aralen) (used to treat malaria) with Lariam. You may have a greater risk for convulsions (seizures).

What is Lariam?

Lariam is a prescription medicine used to prevent and treat malaria. Malaria can be a life-threatening infection. Lariam does not work for all types of malaria.

It is not known if Lariam is safe and effective in children under 6 months old for the treatment of malaria.

It is not known how well Lariam works to prevent malaria in infants weighing less than 44 lbs (20 kg).

Who should not take Lariam?

Do not take Lariam if you have:

- depression or had depression recently
- had recent mental problems, including anxiety disorder, schizophrenia, or psychosis (losing touch with reality)
- seizures or had seizures (epilepsy or convulsions)
- an allergy to quinine, quinidine, Lariam or any ingredients in Lariam. See the end of this Medication Guide for a complete list of ingredients in Lariam.

Talk to your doctor before you take Lariam if you have any of the conditions listed above.

What should I tell my doctor before taking Lariam?

Before taking Lariam, tell your doctor about all your medical conditions, including if you have:

- heart disease
- liver problems
- seizures or epilepsy
- diabetes
- blood clotting problems or take blood thinner medicines (anticoagulants)
- mental problems
- are pregnant or plan to become pregnant. It is not known if Lariam will harm your unborn baby. Talk to you doctor if you are pregnant or plan to become pregnant.

- use birth control while you take Lariam and for 3 months after you stop Lariam. If you have an unplanned pregnancy, talk to your doctor right away.
- are breast-feeding or plan to breast-feed. Lariam can pass through your milk and may harm your baby. Ask your doctor whether you will need to stop breast-feeding or use another medicine.

After leaving a malaria area, if you have a fever contact your doctor right away.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Lariam and other medicines may affect each other causing side effects.

Know the medicines you take. Keep a list of them and show it to your doctor and pharmacist when you get a new medicine.

Especially tell your doctor if you take:

- ketoconazole used to treat fungal infections
- halofantrine, quinine (Qualaquin), quinidine, chloroquine (Aralen) or other medicines used to treat malaria
- anti-arrhythmic medicines, beta-adrenergic blocking medicines and calcium channel blockers used to treat heart problems or high blood pressure
- antihistamines or H₁-blocking agents used to treat allergies
- tricyclic antidepressants used to treat depression
- phenothiazines used to treat mental problems
- anticonvulsants used to treat seizures
- vaccines containing live bacteria. Your doctor may want you to finish receiving your vaccines at least 3 days before you start Lariam.
- rifampin and rifampin-containing products (Rifadin, Rifamate, Rifater, Rimactane) used to treat infections

Ask your doctor or pharmacist for a list of these medicines if you are not sure.

How should I take Lariam?

- Take Lariam exactly as your doctor tells you to take it. Your doctor will tell you how many Lariam to take and when to take them.
- You will start taking Lariam to prevent malaria between 1 to 3 weeks before you travel to a malaria area.
- Take Lariam just after eating your main meal and with at least one cup (8 ounces) of water.
- Do not take Lariam on an empty stomach.
- If you vomit after taking Lariam, call your healthcare provider to see if you should take another dose.
- Continue taking Lariam for 4 weeks after returning from a malaria area.
- Lariam tablets may be crushed and mixed with a small amount of water, milk or other beverage for children or other people unable to swallow Lariam whole. Your doctor will tell you the correct dose for your child based on your child's weight.
- If you take Lariam for a year or longer, your doctor should check your
 - eyes, especially if you have trouble seeing while you take Lariam
 - liver function to see if there has been damage to your liver

- Use protective clothing, insect repellents, and bednets to protect you from being bitten by mosquitoes. Medicine alone does not always stop you from catching malaria from mosquito bites.

What should I avoid while taking Lariam?

Avoid activities such as driving a car or using heavy machinery or other activities needing alertness and careful movements (fine motor coordination) until you know how Lariam affects you. You may feel dizzy or lose your balance. This could happen for months after you stop taking Lariam. See “What are the possible side effects of Lariam?”

What are the possible side effects of Lariam?

Also see “What is the most important information I should know about Lariam?”

Lariam may cause serious side effects, including:

- convulsions (seizures)
- liver problems
- heart problems

The most common side effects of Lariam include:

- nausea
- vomiting
- diarrhea
- abdominal pain
- dizziness or loss of balance (vertigo), which may continue for months after Lariam is stopped
- headache
- sleeping problems (sleepiness, unable to sleep, bad dreams)

The most common side effects in people who take Lariam for treatment include:

- muscle pain
- fever
- chills
- skin rash
- fatigue
- loss of appetite
- ringing in the ears
- irregular heart beat

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of Lariam. For more information, ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store Lariam?

- Store Lariam between 59°F to 86°F (15°C to 30°C)
- Safely throw away medicine that is out of date or no longer needed.

Keep Lariam and all medicines out of the reach of children.

General information about the safe and effective use of Lariam.

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use Lariam for a condition for which it was not prescribed. Do not give Lariam to other people, even if they have the same symptoms that you have. It may harm them.

This Medication Guide summarizes the most important information about Lariam. If you would like more information, talk with your doctor. You can ask your pharmacist or doctor for information about Lariam that is written for health professionals.

If you have any questions or would like more information about Lariam, you can call Roche, the manufacturer of Lariam, at 1-800-526-6367.

What are the ingredients in Lariam?

Active ingredients: mefloquine hydrochloride

Inactive ingredients: ammonium-calcium alginate, corn starch, crospovidone, lactose, magnesium stearate, microcrystalline cellulose, poloxamer #331, and talc.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Reprint of information wallet card:



Information Wallet Card

Lariam® (mefloquine hydrochloride) Tablets

It is important that you read the entire Medication Guide for additional information on Lariam.

Carry this wallet card with you when you are taking Lariam.

You need to take malaria prevention medicine before you travel to a malaria area, while you are in a malaria area, and after you return from a malaria area.

Lariam can cause serious mental problems in some people. If you take Lariam and you have sudden signs of serious mental problems (such as: severe anxiety, feelings of mistrust towards others, seeing or hearing things that are not there, depression, feeling restless, unusual behavior or feeling confused), you should contact a doctor right away as it may be necessary to stop taking Lariam and take different medicine to prevent malaria.

Other side effects from Lariam may include: convulsions, liver problems, and heart problems. The most common side effects of Lariam include nausea, vomiting, diarrhea, abdominal pain, dizziness or loss of balance (vertigo) which may continue for months after Lariam is stopped, headache, and sleeping problems (sleepiness, unable to sleep, bad dreams).

While you take Lariam, do not take:

- **Halofantrine (used to treat malaria)**
- **Ketoconazole (used for fungal infections)**
- **Quinine (Qualaquin) or quinidine (used to treat malaria or irregular heart beat)**
- **Chloroquine (Aralen) (used to treat malaria)**

Avoid activities such as driving a car or using heavy machinery or other activities needing alertness and careful movements (fine motor coordination) until you know how Lariam affects you.

Other medicines are approved in the United States for malaria prevention. However, not all malaria medicines work equally well in different malaria areas. Before you travel, talk to your doctor about your travel plans.

If you have any serious side effects, and cannot get another medicine, leave the malaria area and contact a doctor as soon as possible because leaving the malaria area may not protect you from getting malaria. You will still need to take a malaria prevention medicine.

Call your doctor for medical advice about side effects.

You may report side effects to FDA at 1-800-FDA-1088.

Card Revised: Month/Year

Manufactured by:

NDA 19-591/S-026

NDA 19-591/S-028

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F. HOFFMANN-LA ROCHE LTD
Basel, Switzerland

Distributed by:



Roche Laboratories Inc.
340 Kingsland Street
Nutley, New Jersey 07110-1199

Revised: Month/Year

LMT_215998_MG_MMYYYY_N

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Appendix A: Medication Guide REMS Document

NDA 19-591 Lariam® (mefloquine hydrochloride) Tablets

Antimalarial Agent for the Treatment and Prevention of Malaria

**Hoffmann-La Roche Inc.
340 Kingsland Street
Nutley, New Jersey 07110-1199
Roche Pharmaceuticals Service Center Telephone Contact Number:
1-800-526-6367**

RISK EVALUATION AND MITIGATION STRATEGY (REMS)

I. GOAL: To inform patients about the serious risks associated with the use of Lariam (mefloquine hydrochloride).

II. REMS ELEMENTS:

A. Medication Guide

A Medication Guide will be dispensed with each Lariam prescription in accordance with 21 CFR 208.

Pursuant to 21 CFR 208.24, the Medication Guide will be made available in sufficient numbers to US Lariam distributors. US distributors will provide the Medication Guide with every pharmacy shelf carton of Lariam to ensure its availability for dispensing to patients who are dispensed Lariam. The label of each container or package of Lariam will include a prominent instruction to authorized dispensers to provide a Medication Guide to each patient to whom the drug is dispensed, and state how the Medication Guide is provided.

See appended Medication Guide.

B. Timetable for Submission of Assessments

The timetable for submission of assessments of the REMS will be 18 months, 3 years, and 7th years after the REMS is initially approved. The reporting interval covered by each assessment will conclude no earlier than 60 days before the submission date for that assessment.



MEDICATION GUIDE

Lariam (LAH-ree-am) (mefloquine hydrochloride) Tablets

Read this entire Medication Guide before you start taking Lariam and each time you get a refill. There may be new information. This information does not take the place of talking to your doctor about your medical condition or your treatment.

What is the most important information I should know about Lariam?

Your doctor or pharmacist will give you an Information Wallet Card along with this Medication Guide. It has important information about Lariam and should be carried with you at all times while you take Lariam.

Lariam can cause serious mental problems.

- Some people who take Lariam have sudden serious mental problems, including:
 - severe anxiety
 - paranoia (feelings of mistrust towards others)
 - hallucinations (seeing or hearing things that are not there)
 - depression
 - feeling restless
 - unusual behavior
 - feeling confused

In some patients these serious side effects can go on after Lariam is stopped.

- Some people who take Lariam think about suicide (putting an end to their life). Some people who were taking Lariam committed suicide. It is not known whether Lariam was responsible for those suicides.

If you have any of these serious mental problems, or you develop other serious side effects or mental problems, you should call your doctor right away as it may be necessary to stop taking Lariam and use another medicine to prevent malaria.

You need to take malaria prevention medicine before you travel to a malaria area, while you are in a malaria area, and after you return from a malaria area.

If you are told by a doctor to stop taking Lariam because of the side effects or for other reasons, you will need to take another malaria medicine.

If you do not have access to a doctor or to another medicine and have to stop taking Lariam, leave the malaria area and contact a doctor as soon as possible because leaving

the malaria area may not protect you from getting malaria. You will still need to take a malaria prevention medicine for another 4 weeks.

- Do not take halofantrine (used to treat malaria) or ketoconazole (used for fungal infections) with Lariam or within 15 weeks of your last dose of Lariam. You may have serious heart problems that can lead to death. Do not take quinine (Qualaquin) or quinidine (used to treat malaria or irregular heart beat) with Lariam. You may have serious heart problems.
- Do not take quinine (Qualaquin) or chloroquine (Aralen) (used to treat malaria) with Lariam. You may have a greater risk for convulsions (seizures).

What is Lariam?

Lariam is a prescription medicine used to prevent and treat malaria. Malaria can be a life-threatening infection. Lariam does not work for all types of malaria.

It is not known if Lariam is safe and effective in children under 6 months old for the treatment of malaria.

It is not known how well Lariam works to prevent malaria in infants weighing less than 44 lbs (20 kg).

Who should not take Lariam?

Do not take Lariam if you have:

- depression or had depression recently
- had recent mental problems, including anxiety disorder, schizophrenia, or psychosis (losing touch with reality)
- seizures or had seizures (epilepsy or convulsions)
- an allergy to quinine, quinidine, Lariam or any ingredients in Lariam. See the end of this Medication Guide for a complete list of ingredients in Lariam.

Talk to your doctor before you take Lariam if you have any of the conditions listed above.

What should I tell my doctor before taking Lariam?

Before taking Lariam, tell your doctor about all your medical conditions, including if you have:

- heart disease
- liver problems
- seizures or epilepsy
- diabetes
- blood clotting problems or take blood thinner medicines (anticoagulants)
- mental problems
- are pregnant or plan to become pregnant. It is not known if Lariam will harm your unborn baby. Talk to you doctor if you are pregnant or plan to become pregnant.
- use birth control while you take Lariam and for 3 months after you stop Lariam. If you have an unplanned pregnancy, talk to your doctor right away.

- are breast-feeding or plan to breast-feed. Lariam can pass through your milk and may harm your baby. Ask your doctor whether you will need to stop breast-feeding or use another medicine.

After leaving a malaria area, if you have a fever contact your doctor right away.

Tell your doctor about all the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. Lariam and other medicines may affect each other causing side effects.

Know the medicines you take. Keep a list of them and show it to your doctor and pharmacist when you get a new medicine.

Especially tell your doctor if you take:

- ketoconazole used to treat fungal infections
- halofantrine, quinine (Qualaquin), quinidine, chloroquine (Aralen) or other medicines used to treat malaria
- anti-arrhythmic medicines, beta-adrenergic blocking medicines and calcium channel blockers used to treat heart problems or high blood pressure
- antihistamines or H₁-blocking agents used to treat allergies
- tricyclic antidepressants used to treat depression
- phenothiazines used to treat mental problems
- anticonvulsants used to treat seizures
- vaccines containing live bacteria. Your doctor may want you to finish receiving your vaccines at least 3 days before you start Lariam.
- rifampin and rifampin-containing products (Rifadin, Rifamate, Rifater, Rimactane) used to treat infections

Ask your doctor or pharmacist for a list of these medicines if you are not sure.

How should I take Lariam?

- Take Lariam exactly as your doctor tells you to take it. Your doctor will tell you how many Lariam to take and when to take them.
- You will start taking Lariam to prevent malaria between 1 to 3 weeks before you travel to a malaria area.
- Take Lariam just after eating your main meal and with at least one cup (8 ounces) of water.
- Do not take Lariam on an empty stomach.
- If you vomit after taking Lariam, call your healthcare provider to see if you should take another dose.
- Continue taking Lariam for 4 weeks after returning from a malaria area.
- Lariam tablets may be crushed and mixed with a small amount of water, milk or other beverage for children or other people unable to swallow Lariam whole. Your doctor will tell you the correct dose for your child based on your child's weight.
- If you take Lariam for a year or longer, your doctor should check your
 - eyes, especially if you have trouble seeing while you take Lariam
 - liver function to see if there has been damage to your liver

- Use protective clothing, insect repellents, and bednets to protect you from being bitten by mosquitoes. Medicine alone does not always stop you from catching malaria from mosquito bites.

What should I avoid while taking Lariam?

Avoid activities such as driving a car or using heavy machinery or other activities needing alertness and careful movements (fine motor coordination) until you know how Lariam affects you. You may feel dizzy or lose your balance. This could happen for months after you stop taking Lariam. See “What are the possible side effects of Lariam?”

What are the possible side effects of Lariam?

Also see “What is the most important information I should know about Lariam?”

Lariam may cause serious side effects, including:

- convulsions (seizures)
- liver problems
- heart problems

The most common side effects of Lariam include:

- nausea
- vomiting
- diarrhea
- abdominal pain
- dizziness or loss of balance (vertigo), which may continue for months after Lariam is stopped
- headache
- sleeping problems (sleepiness, unable to sleep, bad dreams)

The most common side effects in people who take Lariam for treatment include:

- muscle pain
- fever
- chills
- skin rash
- fatigue
- loss of appetite
- ringing in the ears
- irregular heart beat

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of Lariam. For more information, ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store Lariam?

- Store Lariam between 59°F to 86°F (15°C to 30°C)
- Safely throw away medicine that is out of date or no longer needed.

Keep Lariam and all medicines out of the reach of children.

General information about the safe and effective use of Lariam.

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use Lariam for a condition for which it was not prescribed. Do not give Lariam to other people, even if they have the same symptoms that you have. It may harm them.

This Medication Guide summarizes the most important information about Lariam. If you would like more information, talk with your doctor. You can ask your pharmacist or doctor for information about Lariam that is written for health professionals.

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Active ingredients: mefloquine hydrochloride

Inactive ingredients: ammonium-calcium alginate, corn starch, crospovidone, lactose, magnesium stearate, microcrystalline cellulose, poloxamer #331, and talc.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Reprint of information wallet card:



Information Wallet Card

Lariam® (mefloquine hydrochloride) Tablets

It is important that you read the entire Medication Guide for additional information on Lariam.

Carry this wallet card with you when you are taking Lariam.

You need to take malaria prevention medicine before you travel to a malaria area, while you are in a malaria area, and after you return from a malaria area.

Lariam can cause serious mental problems in some people. If you take Lariam and you have sudden signs of serious mental problems (such as: severe anxiety, feelings of mistrust towards others, seeing or hearing things that are not there, depression, feeling restless, unusual behavior or feeling confused), you should contact a doctor right away as it may be necessary to stop taking Lariam and take different medicine to prevent malaria.

Other side effects from Lariam may include: convulsions, liver problems, and heart problems. The most common side effects of Lariam include nausea, vomiting, diarrhea, abdominal pain, dizziness or loss of balance (vertigo) which may continue for months after Lariam is stopped, headache, and sleeping problems (sleepiness, unable to sleep, bad dreams).

While you take Lariam, do not take:

- **Halofantrine (used to treat malaria)**
- **Ketoconazole (used for fungal infections)**
- **Quinine (Qualaquin) or quinidine (used to treat malaria or irregular heart beat)**
- **Chloroquine (Aralen) (used to treat malaria)**

Avoid activities such as driving a car or using heavy machinery or other activities needing alertness and careful movements (fine motor coordination) until you know how Lariam affects you.

Other medicines are approved in the United States for malaria prevention. However, not all malaria medicines work equally well in different malaria areas. Before you travel, talk to your doctor about your travel plans.

If you have any serious side effects, and cannot get another medicine, leave the malaria area and contact a doctor as soon as possible because leaving the malaria area may not protect you from getting malaria. You will still need to take a malaria prevention medicine.

Call your doctor for medical advice about side effects.

You may report side effects to FDA at 1-800-FDA-1088.

Card Revised: Month/Year

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Basel, Switzerland

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Nutley, New Jersey 07110-1199

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