

## HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use MULTAQ safely and effectively. See full prescribing information for MULTAQ.

### MULTAQ (dronedarone) Tablets

Initial U.S. Approval: 2009

#### WARNING: HEART FAILURE

MULTAQ is contraindicated in patients with NYHA Class IV heart failure or NYHA Class II - III heart failure with a recent decompensation requiring hospitalization or referral to a specialized heart failure clinic (4).

In a placebo-controlled study in patients with severe heart failure requiring recent hospitalization or referral to a specialized heart failure clinic for worsening symptoms (the ANDROMEDA Study), patients given dronedarone had a greater than two-fold increase in mortality. Such patients should not be given dronedarone (14.3).

#### INDICATIONS AND USAGE

MULTAQ is an antiarrhythmic drug indicated to reduce the risk of cardiovascular hospitalization in patients with paroxysmal or persistent atrial fibrillation (AF) or atrial flutter (AFL), with a recent episode of AF/AFL and associated cardiovascular risk factors (i.e., age >70, hypertension, diabetes, prior cerebrovascular accident, left atrial diameter  $\geq$ 50 mm or left ventricular ejection fraction [LVEF] <40%), who are in sinus rhythm or who will be cardioverted (1, 14).

#### DOSAGE AND ADMINISTRATION

One tablet of 400 mg twice a day with morning and evening meals (2)

#### DOSAGE FORMS AND STRENGTHS

400 mg film-coated tablets (3)

#### CONTRAINDICATIONS

- Class IV heart failure or symptomatic heart failure with a recent decompensation (Boxed Warning, 4)
- Second- or third- degree atrioventricular (AV) block or sick sinus syndrome (except when used in conjunction with a functioning pacemaker) (4)
- Bradycardia <50 bpm (4)
- Concomitant use of a strong CYP3A inhibitor (4)
- Concomitant use of drugs or herbal products that prolong the QT interval and may induce Torsade de Pointes (4)
- QTc Bazett interval  $\geq$ 500 ms (4)
- Severe hepatic impairment (4)

- Pregnancy (4, 8.1)
- Nursing mothers (4, 8.3)

#### WARNINGS AND PRECAUTIONS

- Heart failure: If heart failure develops or worsens, consider the suspension or discontinuation of MULTAQ (5.1)
- Hypokalemia and hypomagnesemia: Maintain potassium and magnesium levels within the normal range (5.2)
- QT prolongation: Stop MULTAQ if QTc Bazett  $\geq$ 500ms (5.3)
- Increase in creatinine: Within a week, MULTAQ causes a small increase in serum creatinine that does not reflect a change in underlying renal function (5.4)
- Teratogen: Women of childbearing potential should use effective contraception while using MULTAQ (5.5)

#### ADVERSE REACTIONS

Most common adverse reactions ( $\geq$ 2%) are diarrhea, nausea, abdominal pain, vomiting, and asthenia (6)

To report SUSPECTED ADVERSE REACTIONS, contact sanofi-aventis U.S. LLC at 1-800-633-1610 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch)

#### DRUG INTERACTIONS

Dronedarone is metabolized by CYP 3A and is a moderate inhibitor of CYP 3A and CYP 2D6 and has potentially important pharmacodynamic interactions (7)

- Antiarrhythmics: Avoid concomitant use (4, 7.1)
- Digoxin: Consider discontinuation or halve dose of digoxin before treatment and monitor (7.1, 7.3)
- Calcium channel blockers (CCB): Initiate CCB with low dose and increase after ECG verification of tolerability (7.1, 7.2, 7.3)
- Beta-blockers: May provoke excessive bradycardia, Initiate with low dose and increase after ECG verification of tolerability (7.1, 7.3)
- CYP 3A inducers: Avoid concomitant use (7.2)
- Grapefruit juice: Avoid concomitant use (7.2)
- Statins: Follow label recommendations for concomitant use of certain statins with a CYP 3A and P-gP inhibitor like dronedarone (7.3)
- CYP 3A substrates with a narrow therapeutic index (e.g., sirolimus and tacrolimus): Monitor and adjust dosage of concomitant drug as needed when used with MULTAQ (7.3)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved Medication Guide.

Revised: 7/2009

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## FULL PRESCRIBING INFORMATION

### WARNING: HEART FAILURE

**MULTAQ is contraindicated in patients with NYHA Class IV heart failure, or NYHA Class II - III heart failure with a recent decompensation requiring hospitalization or referral to a specialized heart failure clinic [see Contraindications (4)].**

**In a placebo-controlled study in patients with severe heart failure requiring recent hospitalization or referral to a specialized heart failure clinic for worsening symptoms (the ANDROMEDA Study), patients given dronedarone had a greater than two-fold increase in mortality. Such patients should not be given dronedarone [see Clinical Studies (14.3)].**

## 1 INDICATIONS AND USAGE

MULTAQ<sup>®</sup> is indicated to reduce the risk of cardiovascular hospitalization in patients with paroxysmal or persistent atrial fibrillation (AF) or atrial flutter (AFL), with a recent episode of AF/AFL and associated cardiovascular risk factors (i.e., age >70, hypertension, diabetes, prior cerebrovascular accident, left atrial diameter  $\geq 50$  mm or left ventricular ejection fraction [LVEF] <40%), who are in sinus rhythm or who will be cardioverted [see Clinical Studies (14)].

## 2 DOSAGE AND ADMINISTRATION

The only recommended dosage of MULTAQ is 400 mg twice daily in adults. MULTAQ should be taken as one tablet with the morning meal and one tablet with the evening meal.

Treatment with Class I or III antiarrhythmics (e.g., amiodarone, flecainide, propafenone, quinidine, disopyramide, dofetilide, sotalol) or drugs that are strong inhibitors of CYP3A (e.g., ketoconazole) must be stopped before starting MULTAQ [see Contraindications (4)].

## 3 DOSAGE FORMS AND STRENGTHS

MULTAQ 400 mg tablets are provided as white film-coated tablets for oral administration, oblong-shaped, engraved with a double wave marking on one side and “4142” code on the other side.

## 4 CONTRAINDICATIONS

MULTAQ is contraindicated in patients with:

- NYHA Class IV heart failure or NYHA Class II - III heart failure with a recent decompensation requiring hospitalization or referral to a specialized heart failure clinic [see Boxed Warning and Clinical Studies (14.3)]
- Second- or third-degree atrioventricular (AV) block or sick sinus syndrome (except when used in conjunction with a functioning pacemaker)
- Bradycardia <50 bpm

- Concomitant use of strong CYP 3A inhibitors, such as ketoconazole, itraconazole, voriconazole, cyclosporine, telithromycin, clarithromycin, nefazodone, and ritonavir [*see Drug Interactions (7.2)*]
- Concomitant use of drugs or herbal products that prolong the QT interval and might increase the risk of Torsade de Pointes, such as phenothiazine anti-psychotics, tricyclic antidepressants, certain oral macrolide antibiotics, and Class I and III antiarrhythmics
- QTc Bazett interval  $\geq 500$  ms or PR interval  $> 280$  ms
- Severe hepatic impairment
- Pregnancy (Category X): MULTAQ may cause fetal harm when administered to a pregnant woman. MULTAQ is contraindicated in women who are or may become pregnant. If this drug is used during pregnancy, or if the patient becomes pregnant while taking this drug, the patient should be apprised of the potential hazard to a fetus [*see Use in Specific Populations (8.1)*].
- Nursing mothers [*see Use in Specific Populations (8.3)*]

## 5 WARNINGS AND PRECAUTIONS

### 5.1 Patients with New or Worsening Heart Failure during Treatment

Advise patients to consult a physician if they develop signs or symptoms of heart failure, such as weight gain, dependent edema, or increasing shortness of breath. There are limited data available for AF/AFL patients who develop worsening heart failure during treatment with MULTAQ. If heart failure develops or worsens, consider the suspension or discontinuation of MULTAQ.

### 5.2 Hypokalemia and Hypomagnesemia with Potassium-Depleting Diuretics

Hypokalemia or hypomagnesemia may occur with concomitant administration of potassium-depleting diuretics. Potassium levels should be within the normal range prior to administration of MULTAQ and maintained in the normal range during administration of MULTAQ.

### 5.3 QT Interval Prolongation

Dronedarone induces a moderate (average of about 10 ms but much greater effects have been observed) QTc (Bazett) prolongation [*see Clinical Pharmacology (12.2) and Clinical Studies (14.1)*]. If the QTc Bazett interval is  $\geq 500$  ms, MULTAQ should be stopped [*see Contraindications (4)*].

### 5.4 Increase in Creatinine after Treatment Initiation

Serum creatinine levels increase by about 0.1 mg/dL following dronedarone treatment initiation. The elevation has a rapid onset, reaches a plateau after 7 days and is reversible after discontinuation. If an increase in serum creatinine occurs and plateaus, this increased value should be used as the patient's new baseline. The change in creatinine levels has been shown to be the result of an inhibition of creatinine's tubular secretion, with no effect upon the glomerular filtration rate.

### 5.5 Women of Childbearing Potential

Pre-menopausal women who have not undergone a hysterectomy or oophorectomy must use effective contraception while using MULTAQ. Dronedarone caused fetal harm in animal studies

at doses equivalent to recommended human doses. Women of childbearing potential should be counseled regarding appropriate contraceptive choices taking into consideration their underlying medical conditions and lifestyle preferences [see *Use in Specific Populations (8.1)*].

## 6 ADVERSE REACTIONS

The following safety concerns are described elsewhere in the label:

- New or worsening heart failure [see *Warnings and Precautions (5.1)*]
- Hypokalemia and hypomagnesemia with potassium-depleting diuretics [see *Warnings and Precautions (5.2)*]
- QT prolongation [see *Warnings and Precautions (5.3)*]

The safety evaluation of dronedarone 400 mg twice daily in patients with AF or AFL is based on 5 placebo controlled studies, ATHENA, EURIDIS, ADONIS, ERATO and DAFNE. In these studies, a total of 6285 patients were randomized and treated, 3282 patients with MULTAQ 400 mg twice daily, and 2875 with placebo. The mean exposure across studies was 12 months. In ATHENA, the maximum follow-up was 30 months.

In clinical trials, premature discontinuation because of adverse reactions occurred in 11.8% of the dronedarone-treated patients and in 7.7% of the placebo-treated group. The most common reasons for discontinuation of therapy with MULTAQ were gastrointestinal disorders (3.2 % versus 1.8% in the placebo group) and QT prolongation (1.5% versus 0.5% in the placebo group).

The most frequent adverse reactions observed with MULTAQ 400 mg twice daily in the 5 studies were diarrhea, nausea, abdominal pain, vomiting, and asthenia.

Table 1 displays adverse reactions more common with dronedarone 400 mg twice daily than with placebo in AF or AFL patients, presented by system organ class and by decreasing order of frequency. Adverse laboratory and ECG effects are presented separately in Table 2.

**Table 1: Adverse Drug Reactions that Occurred in at Least 1% of Patients and Were More Frequent than Placebo**

	<b>Placebo</b> (N=2875)	<b>Dronedarone</b> <b>400 mg twice</b> <b>daily</b> (N=3282)
<b><u>Gastrointestinal</u></b>		
Diarrhea	6%	9%
Nausea	3%	5%
Abdominal pain	3%	4%
Vomiting	1%	2%
Dyspeptic signs and symptoms	1%	2%
<b><u>General</u></b>		
Asthenic conditions	5%	7%
<b><u>Cardiac</u></b>		
Bradycardia	1%	3%
<b><u>Skin and subcutaneous tissue</u></b>		
Including rashes (generalized, macular, maculo-papular, erythematous), pruritus, eczema, dermatitis, dermatitis allergic	3%	5%

Photosensitivity reaction and dysgeusia have also been reported at an incidence less than 1% in patients treated with MULTAQ.

The following laboratory data/ECG parameters were reported with MULTAQ 400 mg twice daily.

**Table 2: Laboratory data/ECG parameters not necessarily reported as adverse events**

	<b>Placebo</b>	<b>MULTAQ</b> <b>400 mg twice daily</b>
	<b>(N=2875)</b>	<b>(N=3282)</b>
Serum creatinine increased $\geq 10\%$ five days after treatment initiation	21%	51%
	<b>(N=2237)</b>	<b>(N=2701)</b>
QTc Bazett prolonged (>450 ms in males >470 ms in females)	19%	28%

Assessment of demographic factors such as gender or age on the incidence of treatment-emergent adverse events did not suggest an excess of adverse events in any particular sub-group.

## 7 DRUG INTERACTIONS

Dronedarone is metabolized primarily by CYP 3A and is a moderate inhibitor of CYP 3A and CYP 2D6 [see *Clinical Pharmacology (12.3)*]. Dronedarone's blood levels can therefore be affected by inhibitors and inducers of CYP 3A, and dronedarone can interact with drugs that are substrates of CYP 3A and CYP 2D6.

Dronedarone has no significant potential to inhibit CYP 1A2, CYP 2C9, CYP 2C19, CYP 2C8 and CYP 2B6. It has the potential to inhibit P-glycoprotein (P-gP) transport. Pharmacodynamic interactions can be expected with beta-blockers; calcium antagonists and digoxin [see *Drug Interactions (7.1)*].

In clinical trials, patients treated with dronedarone received concomitant medications including beta-blockers, digoxin, calcium antagonists (including those with heart rate-lowering effects), statins and oral anticoagulants.

## **7.1 Pharmacodynamic Interactions**

**Drugs prolonging the QT interval (inducing Torsade de Pointes)**

Co-administration of drugs prolonging the QT interval (such as certain phenothiazines, tricyclic antidepressants, certain macrolide antibiotics, and Class I and III antiarrhythmics) is contraindicated because of the potential risk of Torsade de Pointes-type ventricular tachycardia [see *Contraindications (4)*].

### **Digoxin**

Digoxin can potentiate the electrophysiologic effects of dronedarone (such as decreased AV-node conduction). In clinical trials, increased levels of digoxin were observed when dronedarone was co-administered with digoxin. Gastrointestinal disorders were also increased.

Because of the pharmacokinetic interaction [see *Drug Interaction (7.3)*] and possible pharmacodynamic interaction, reconsider the need for digoxin therapy. If digoxin treatment is continued, halve the dose of digoxin, monitor serum levels closely, and observe for toxicity.

### **Calcium channel blockers**

Calcium channel blockers with depressant effects on the sinus and AV nodes could potentiate dronedarone's effects on conduction.

Give low doses of calcium channel blockers initially and increase only after ECG verification of good tolerability [see *Drug Interactions (7.3)*].

### **Beta-blockers**

In clinical trials, bradycardia was more frequently observed when dronedarone was given in combination with beta-blockers.

Give low dose of beta-blockers initially, and increase only after ECG verification of good tolerability [see *Drug Interactions (7.3)*].

## 7.2 Effects of Other Drugs on Dronedarone

### Ketoconazole and other potent CYP 3A inhibitors

Repeated doses of ketoconazole, a strong CYP 3A inhibitor, resulted in a 17-fold increase in dronedarone exposure and a 9-fold increase in  $C_{max}$ . Concomitant use of ketoconazole as well as other potent CYP 3A inhibitors such as itraconazole, voriconazole, ritonavir, clarithromycin, and nefazodone is contraindicated [see *Contraindications (4)*].

### Grapefruit juice

Grapefruit juice, a moderate inhibitor of CYP 3A, resulted in a 3-fold increase in dronedarone exposure and a 2.5-fold increase in  $C_{max}$ . Therefore, patients should avoid grapefruit juice beverages while taking MULTAQ.

### Rifampin and other CYP 3A inducers

Rifampin decreased dronedarone exposure by 80%. Avoid rifampin or other CYP 3A inducers such as phenobarbital, carbamazepine, phenytoin, and St John's wort with dronedarone because they decrease its exposure significantly.

### Calcium channel blockers

Verapamil and diltiazem are moderate CYP 3A inhibitors and increase dronedarone exposure by approximately 1.4-to 1.7-fold [see *Drug Interactions (7.1, 7.3)*].

### Pantoprazole

Pantoprazole, a drug that increases gastric pH, did not have a significant effect on dronedarone pharmacokinetics.

## 7.3 Effects of Dronedarone on Other Drugs

### Statins

Dronedarone increased simvastatin/simvastatin acid exposure by 4- and 2-fold, respectively. Because of multiple mechanisms of interaction with statins (CYPs and transporters), follow statin label recommendations for use with CYP 3A and P-gP inhibitors such as dronedarone.

### Calcium channel blockers

Dronedarone increases calcium channel blocker (verapamil, diltiazem or nifedipine) exposure by 1.4- to 1.5-fold [see *Drug Interactions (7.1)*].

### Sirolimus, tacrolimus, and other CYP3A substrates with narrow therapeutic range

Dronedarone can increase plasma concentrations of tacrolimus, sirolimus, and other CYP 3A substrates with a narrow therapeutic range when given orally. Monitor plasma concentrations and adjust dosage appropriately.

### Beta-blockers and other CYP 2D6 substrates

Dronedarone increased propranolol exposure by approximately 1.3-fold following single dose administration. Dronedarone increased metoprolol exposure by 1.6-fold following multiple dose administration [see *Drug Interaction (7.1)*]. Other CYP 2D6 substrates, including other beta-

blockers, tricyclic antidepressants, and selective serotonin reuptake inhibitors (SSRIs) may have increased exposure upon co-administration with dronedarone.

#### Digoxin and P-glycoprotein substrates

Dronedarone increased digoxin exposure by 2.5-fold by inhibiting the P-gP transporter [*see Drug Interactions (7.1)*]. Other P-gP substrates are expected to have increased exposure when coadministered with dronedarone.

#### Warfarin and losartan (CYP 2C9 substrates)

In healthy subjects, dronedarone at a dose of 600 mg twice daily increased S-warfarin exposure by 1.2-fold with no change in R-warfarin and with no clinically significant increase in INR. In clinical trials in patients with AF/AFL, there was no observed excess risk of bleeding compared to placebo when dronedarone was co-administered with oral anticoagulants. Monitor INR per the warfarin label.

No interaction was observed between dronedarone and losartan.

#### Theophylline (CYP 1A2 substrate)

Dronedarone does not increase steady state theophylline exposure.

#### Oral contraceptives

No decreases in ethinylestradiol and levonorgestrel concentrations were observed in healthy subjects receiving dronedarone concomitantly with oral contraceptives.

## 8 USE IN SPECIFIC POPULATIONS

### 8.1 Pregnancy

Pregnancy Category X [*see Contraindications (4)*]

MULTAQ may cause fetal harm when administered to a pregnant woman. In animal studies, dronedarone was teratogenic in rats at the maximum recommended human dose (MRHD), and in rabbits at half the MRHD. If this drug is used during pregnancy or if the patient becomes pregnant while taking this drug, the patient should be apprised of the potential hazard to the fetus.

When pregnant rats received dronedarone at oral doses greater than or equal to the MRHD (on a  $\text{mg}/\text{m}^2$  basis), fetuses had increased rates of external, visceral and skeletal malformations (cranioschisis, cleft palate, incomplete evagination of pineal body, brachygnathia, partially fused carotid arteries, truncus arteriosus, abnormal lobation of the liver, partially duplicated inferior vena cava, brachydactyly, ectrodactyilia, syndactyilia, and anterior and/or posterior club feet).

When pregnant rabbits received dronedarone, at a dose approximately half the MRHD (on a  $\text{mg}/\text{m}^2$  basis), fetuses had an increased rate of skeletal abnormalities (anomalous ribcage and vertebrae, pelvic asymmetry) at doses  $\geq 20$  mg/kg (the lowest dose tested and approximately half the MRHD on a  $\text{mg}/\text{m}^2$  basis).

Actual animal doses: rat ( $\geq 80$  mg/kg/day); rabbit ( $\geq 20$  mg/kg)

### **8.3 Nursing Mothers**

It is not known whether MULTAQ is excreted in human milk. Dronedarone and its metabolites are excreted in rat milk. During a pre- and post-natal study in rats, maternal dronedarone administration was associated with minor reduced body-weight gain in the offspring. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants from MULTAQ, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother [see *Contraindications (4)*].

### **8.4 Pediatric Use**

Safety and efficacy in children below the age of 18 years have not been established.

### **8.5 Geriatric Use**

More than 4500 patients with AF or AFL aged 65 years or above were included in the MULTAQ clinical program (of whom more than 2000 patients were 75 years or older). Efficacy and safety were similar in elderly and younger patients.

### **8.6 Renal Impairment**

Patients with renal impairment were included in clinical studies. Because renal excretion of dronedarone is minimal [see *Clinical Pharmacology (12.3)*], no dosing alteration is needed.

### **8.7 Hepatic Impairment**

Dronedarone is extensively metabolized by the liver. There is little clinical experience with moderate hepatic impairment and none with severe impairment. No dosage adjustment is recommended for moderate hepatic impairment [see *Contraindications (4) and Clinical Pharmacology (12.3)*].

## **10 OVERDOSAGE**

In the event of overdosage, monitor the patient's cardiac rhythm and blood pressure. Treatment should be supportive and based on symptoms.

It is not known whether dronedarone or its metabolites can be removed by dialysis (hemodialysis, peritoneal dialysis or hemofiltration). There is no specific antidote available.

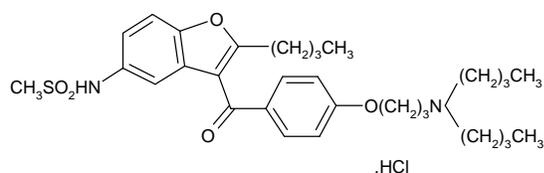
## **11 DESCRIPTION**

Dronedarone HCl is a benzofuran derivative with the following chemical name:

N-{2-butyl-3-[4-(3-dibutylaminopropoxy)benzoyl]benzofuran-5-yl} methanesulfonamide, hydrochloride.

Dronedarone HCl is a white fine powder that is practically insoluble in water and freely soluble in methylene chloride and methanol.

Its empirical formula is C<sub>31</sub>H<sub>44</sub>N<sub>2</sub>O<sub>5</sub> S, HCl with a relative molecular mass of 593.2. Its structural formula is:



MULTAQ is provided as tablets for oral administration.

Each tablet of MULTAQ contains 400 mg of dronedarone (expressed as base).

The inactive ingredients are:

Core of the tablets- hypromellose, starch, crospovidone, poloxamer 407, lactose monohydrate, colloidal silicon dioxide, magnesium stearate.

Coating / polishing of the tablets- hypromellose, polyethylene glycol 6000, titanium dioxide, carnauba wax.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

The mechanism of action of dronedarone is unknown. Dronedarone has antiarrhythmic properties belonging to all four Vaughan-Williams classes, but the contribution of each of these activities to the clinical effect is unknown.

### 12.2 Pharmacodynamics

#### Electrophysiological effects

Dronedarone exhibits properties of all four Vaughn-Williams antiarrhythmic classes, although it is unclear which of these are important in producing dronedarone's clinical effects. The effect of dronedarone on 12-lead ECG parameters (heart rate, PR, and QTc) was investigated in healthy subjects following repeated oral doses up to 1600 mg once daily or 800 mg twice daily for 14 days and 1600 mg twice daily for 10 days. In the dronedarone 400 mg twice daily group, there was no apparent effect on heart rate; a moderate heart rate lowering effect (about 4 bpm) was noted at 800 mg twice daily. There was a clear dose-dependent effect on PR-interval with an increase of +5 ms at 400 mg twice daily and up to +50 ms at 1600 mg twice daily. There was a moderate dose related effect on the QTc-interval with an increase of +10 ms at 400 mg twice daily and up to +25 ms with 1600 mg twice daily.

#### DAFNE study

DAFNE was a dose-response study in patients with recurrent AF, evaluating the effect of dronedarone in comparison with placebo in maintaining sinus rhythm. The doses of dronedarone in this study were 400, 600, and 800 mg twice a day. In this small study, doses above 400 mg were not more effective and were less well tolerated.

### 12.3 Pharmacokinetics

Dronedarone is extensively metabolized and has low systemic bioavailability; its bioavailability is increased by meals. Its elimination half life is 13-19 hours.

### Absorption

Because of presystemic first pass metabolism the absolute bioavailability of dronedarone without food is low, about 4%. It increases to approximately 15% when dronedarone is administered with a high fat meal. After oral administration in fed conditions, peak plasma concentrations of dronedarone and the main circulating active metabolite (N-debutyl metabolite) are reached within 3 to 6 hours. After repeated administration of 400 mg twice daily, steady state is reached within 4 to 8 days of treatment and the mean accumulation ratio for dronedarone ranges from 2.6 to 4.5. The steady state  $C_{max}$  and exposure of the main N-debutyl metabolite is similar to that of the parent compound. The pharmacokinetics of dronedarone and its N-debutyl metabolite both deviate moderately from dose proportionality: a 2-fold increase in dose results in an approximate 2.5- to 3.0- fold increase with respect to  $C_{max}$  and AUC.

### Distribution

The *in vitro* plasma protein binding of dronedarone and its N-debutyl metabolite is >98 % and not saturable. Both compounds bind mainly to albumin. After intravenous (IV) administration the volume of distribution at steady state is about 1400 L.

### Metabolism

Dronedarone is extensively metabolized, mainly by CYP 3A. The initial metabolic pathway includes N-debutylation to form the active N-debutyl metabolite, oxidative deamination to form the inactive propanoic acid metabolite, and direct oxidation. The metabolites undergo further metabolism to yield over 30 uncharacterized metabolites. The N-debutyl metabolite exhibits pharmacodynamic activity but is 1/10 to 1/3 as potent as dronedarone

### Excretion/Elimination

In a mass balance study with orally administered dronedarone ( $^{14}C$ -labeled) approximately 6% of the labeled dose was excreted in urine, mainly as metabolites (no unchanged compound excreted in urine), and 84% was excreted in feces, mainly as metabolites. Dronedarone and its N-debutyl active metabolite accounted for less than 15% of the resultant radioactivity in the plasma.

After IV administration the plasma clearance of dronedarone ranges from 130 to 150 L/h. The elimination half-life of dronedarone ranges from 13 to 19 hours.

### Special populations

#### *Gender*

Dronedarone exposures are on average 30% higher in females than in males.

#### *Race*

Pharmacokinetic differences related to race were not formally assessed. However, based on a cross study comparison, following single dose administration (400 mg), Asian males (Japanese) have about a 2-fold higher exposure than Caucasian males. The pharmacokinetics of dronedarone in other races has not been assessed.

### *Elderly*

Of the total number of subjects in clinical studies of dronedarone, 73% were 65 years of age and over and 34% were 75 and over. In patients aged 65 years old and above, dronedarone exposures are 23% higher than in patients less than 65 years old [*see Use in Specific Populations (8.5)*].

### *Hepatic impairment*

In subjects with moderate hepatic impairment, the mean dronedarone exposure increased by 1.3-fold relative to subjects with normal hepatic function and the mean exposure of the N-debutyl metabolite decreased by about 50%. Pharmacokinetic data were significantly more variable in subjects with moderate hepatic impairment.

The effect of severe hepatic impairment on the pharmacokinetics of dronedarone was not assessed [*see Contraindications (4)*].

### *Renal impairment*

Consistent with the low renal excretion of dronedarone, no pharmacokinetic difference was observed in subjects with mild or moderate renal impairment compared to subjects with normal renal function [*see Use in Specific Populations (8.6)*]. No pharmacokinetic difference was observed in patients with mild to severe renal impairment in comparison with patients with normal renal function.

## **13 NONCLINICAL TOXICOLOGY**

### **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

In studies in which dronedarone was administered to rats and mice for up to 2 years at doses of up to 70 mg/kg/day and 300 mg/kg/day, respectively, there was an increased incidence of histiocytic sarcomas in dronedarone-treated male mice (300 mg/kg/day or 5X the maximum recommended human dose based on AUC comparisons), mammary adenocarcinomas in dronedarone-treated female mice (300 mg/kg/day or 8X MRHD based on AUC comparisons) and hemangiomas in dronedarone-treated male rats (70 mg/kg/day or 5X MRHD based on AUC comparisons).

Dronedarone did not demonstrate genotoxic potential in the in vivo mouse micronucleus test, the Ames bacterial mutation assay, the unscheduled DNA synthesis assay, or an in vitro chromosomal aberration assay in human lymphocytes. S-9 processed dronedarone, however, was positive in a V79 transfected Chinese hamster V79 assay.

In fertility studies conducted with female rats, dronedarone given prior to breeding and implantation caused an increase in irregular estrus cycles and cessation of cycling at doses  $\geq 10$ mg/kg (equivalent to 0.12X the MRHD on a mg/m<sup>2</sup> basis).

Corpora lutea, implantations and live fetuses were decreased at 100 mg/kg (equivalent to 1.2X the MRHD on a mg/m<sup>2</sup> basis). There were no reported effects on mating behavior or fertility of male rats at doses of up to 100 mg/kg/day.

### 13.3 Developmental Toxicity

Dronedarone was teratogenic in rats given oral doses  $\geq 80$  mg/kg/day (a dose equivalent to the maximum recommended human dose [MHRD] on a  $\text{mg}/\text{m}^2$  basis), with fetuses showing external, visceral and skeletal malformations (cranioschisis, cleft palate, incomplete evagination of pineal body, brachygnathia, partially fused carotid arteries, truncus arteriosus, abnormal lobation of the liver, partially duplicated inferior vena cava, brachydactyly, ectrodactyly, syndactyly, and anterior and/or posterior club feet). In rabbits, dronedarone caused an increase in skeletal abnormalities (anomalous ribcage and vertebrae, pelvic asymmetry) at doses  $\geq 20$  mg/kg (the lowest dose tested and approximately half the MRHD on a  $\text{mg}/\text{m}^2$  basis).

## 14 CLINICAL STUDIES

### 14.1 ATHENA Study

ATHENA was a multicenter, multinational, double blind, and randomized placebo-controlled study of dronedarone in 4628 patients with a recent history of AF/AFL who were in sinus rhythm or who were to be converted to sinus rhythm. The objective of the study was to determine whether dronedarone could delay death from any cause or hospitalization for cardiovascular reasons.

Initially patients were to be  $\geq 70$  years old, or  $< 70$  years old with at least one risk factor (including hypertension, diabetes, prior cerebrovascular accident, left atrial diameter  $\geq 50$  mm or  $\text{LVEF} < 0.40$ ). The inclusion criteria were later changed such that patients were to be  $\geq 75$  years old, or  $\geq 70$  years old with at least one risk factor. Patients had to have both AF/AFL and sinus rhythm documented within the previous 6 months. Patients could have been in AF/AFL or in sinus rhythm at the time of randomization, but patients not in sinus rhythm were expected to be either electrically or chemically converted to normal sinus rhythm after anticoagulation.

Subjects were randomized and treated for up to 30 months (median follow-up: 22 months) with either MULTAQ 400 mg twice daily (2301 patients) or placebo (2327 patients), in addition to conventional therapy for cardiovascular diseases that included beta-blockers (71%), ACE inhibitors or angiotensin II receptor blockers (ARBs)(69%), digoxin (14%), calcium antagonists (14%), statins (39%), oral anticoagulants (60%), aspirin (44%), other chronic antiplatelet therapy (6%) and diuretics (54%).

The primary endpoint of the study was the time to first hospitalization for cardiovascular reasons or death from any cause. Time to death from any cause, time to first hospitalization for cardiovascular reasons, and time to cardiovascular death and time to all causes of death were also explored.

Patients ranged in age from 23 to 97 years; 42% were 75 years old or older. Forty-seven percent (47%) of patients were female and a majority was Caucasian (89%). Approximately seventy percent (71%) of those enrolled had no history of heart failure. The median ejection fraction was 60%. Twenty-nine percent (29%) of patients had heart failure, mostly NYHA class II (17%) The majority had hypertension (86%) and structural heart disease (60%).

Results are shown in Table 3. MULTAQ reduced the combined endpoint of cardiovascular hospitalization or death from any cause by 24.2% when compared to placebo. This difference was entirely attributable to its effect on cardiovascular hospitalization, principally hospitalization related to AF.

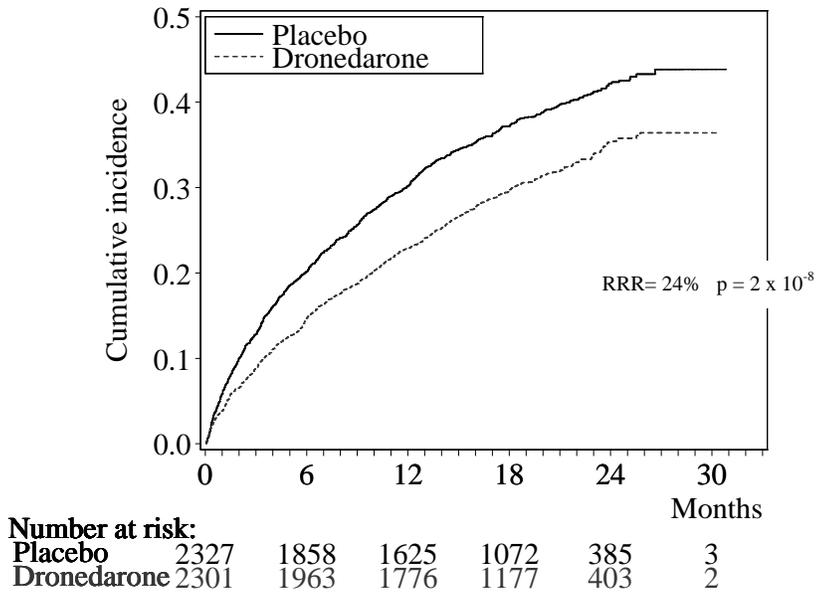
Other endpoints, death from any cause and first hospitalization for cardiovascular reasons, are shown in Table 3. Secondary endpoints count all first events of a particular type, whether or not they were preceded by a different type of event.

**Table 3: Incidence of Endpoint Events**

	<b>Placebo (N= 2327)</b>	<b>MULTAQ 400mg BID (N= 2301)</b>	<b>HR</b>	<b>95% CI</b>	<b>p-Value</b>
<b>Primary endpoint</b>					
Cardiovascular hospitalization or death from any cause	913 (39.2%)	727 (31.6%)	0.76	[0.68 - 0.83]	<0.0001
<b>Components of the endpoint (as first event)</b>					
• Cardiovascular hospitalization	856 (36.8%)	669 (29.1%)			
• Death from any cause	57 (2.4%)	58 (2.5%)			
<b>Secondary endpoints (any time in study)</b>					
Death from any cause	135 (5.8%)	115 (5.0%)	0.86	[0.67 - 1.11]	0.24
Cardiovascular hospitalization	856 (36.8%)	669 (29.1%)	0.74	[0.67 - 0.82]	<0.0001
<b>Components of the cardiovascular hospitalization endpoint (as first event)</b>					
• AF and other supraventricular rhythm disorders	456 (19.6%)	292 (12.7%)	0.61	[0.53 - 0.71]	<0.0001
• Other	400 (17.2%)	377 (16.4%)	0.89	[0.77 - 1.03]	0.11

The Kaplan-Meier cumulative incidence curves showing the time to first event are displayed in Figure 1. The event curves separated early and continued to diverge over the 30 month follow-up period.

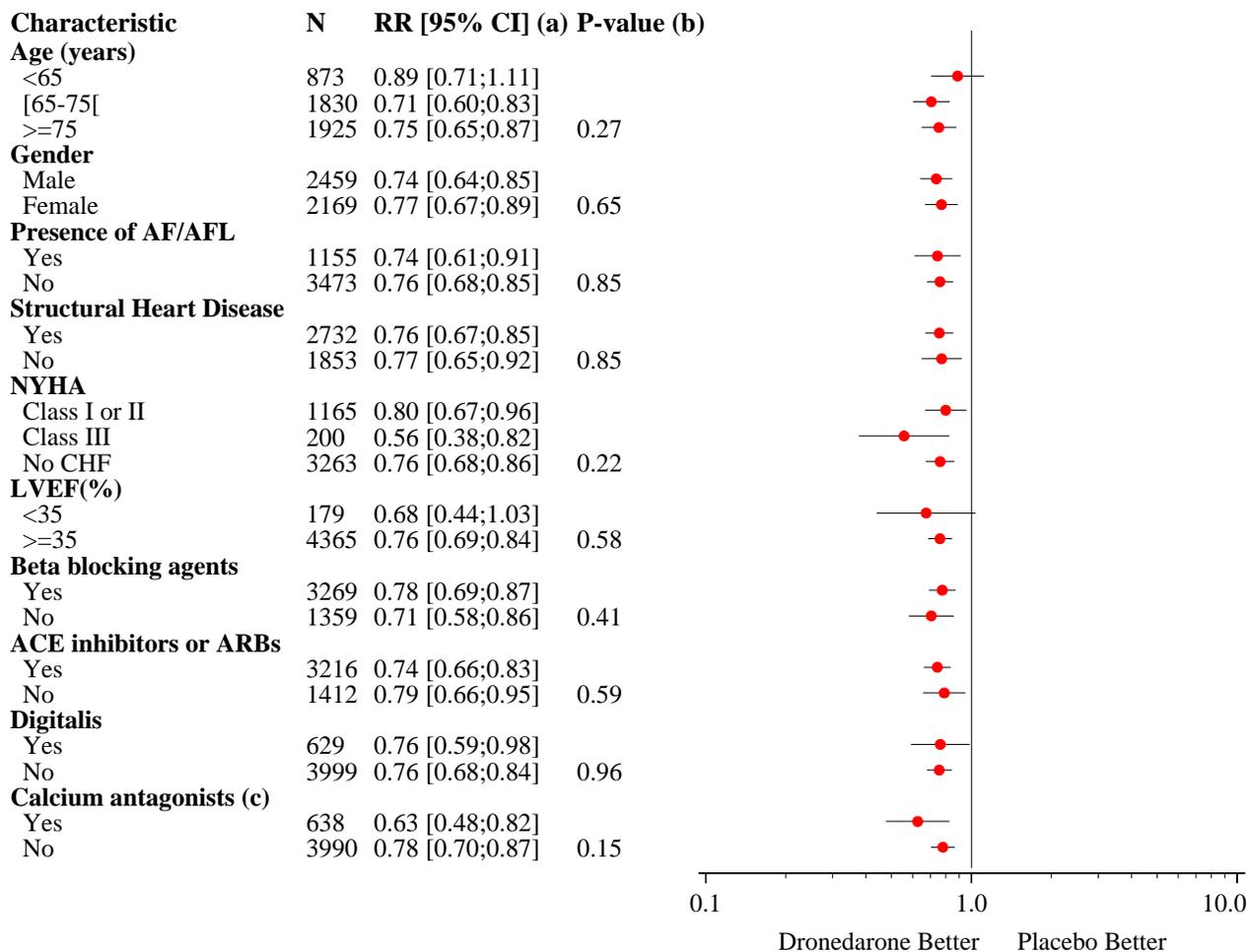
**Figure 1: Kaplan-Meier Cumulative Incidence Curves from Randomization to First Cardiovascular Hospitalization or Death from any Cause**



Reasons for hospitalization included major bleeding (1% in both groups), syncope (1% in both groups), and ventricular arrhythmia (<1% in both groups).

The reduction in cardiovascular hospitalization or death from any cause was generally consistent in all subgroups based on baseline characteristics or medications (ACE inhibitors or ARBs; beta-blockers, digoxin, statins, calcium channel blockers, diuretics) (see Figure 2).

**Figure 2: Relative Risk (MULTAQ versus placebo) Estimates with 95% Confidence Intervals According to Selected Baseline Characteristics: First Cardiovascular Hospitalization or Death from any Cause.**



a Determined from Cox regression model

b P-value of interaction between baseline characteristics and treatment based on Cox regression model

c Calcium antagonists with heart rate lowering effects restricted to diltiazem, verapamil and bepridil

## 14.2 EURIDIS and ADONIS Studies

In EURIDIS and ADONIS, a total of 1237 patients in sinus rhythm with a prior episode of AF or AFL were randomized in an outpatient setting and treated with either MULTAQ 400 mg twice daily (n=828) or placebo (n=409) on top of conventional therapies (including oral anticoagulants, beta-blockers, ACE inhibitors or ARBs, chronic antiplatelet agents, diuretics, statins, digoxin, and calcium channel blockers). Patients had at least one ECG-documented AF/AFL episode during the 3 months prior to study entry but were in sinus rhythm for at least one hour. Patients ranged in age from 20 to 88 years, with the majority being Caucasian (97%), male (70%) patients. The most common co-morbidities were hypertension (56.8%) and structural heart disease (41.5%), including coronary heart disease (21.8%). Patients were followed for 12 months.

In the pooled data from EURIDIS and ADONIS as well as in the individual trials, dronedarone delayed the time to first recurrence of AF/AFL (primary endpoint), lowering the risk of first AF/AFL recurrence during the 12-month study period by about 25%, with an absolute difference in recurrence rate of about 11% at 12 months.

### **14.3 ANDROMEDA Study (Increased Mortality in Patients with Severe Heart Failure)**

Patients recently hospitalized with symptomatic heart failure and severe left ventricular systolic dysfunction (wall motion index  $\leq 1.2$ ) were randomized to either MULTAQ 400 mg twice daily or matching placebo, with a primary composite end point of all-cause mortality or hospitalization for heart failure. After enrollment of 627 of 1000 planned patients (310 and 317 in the dronedarone and placebo groups, respectively), and a median follow-up of 63 days, the trial was terminated because of excess mortality in the dronedarone group. Twenty-five (25) patients in the dronedarone group (8.1%) versus 12 patients in the placebo group (3.8%) had died, hazard ratio 2.13; 95% CI: 1.07 to 4.25;  $p=0.027$ . The main reason for death was worsening heart failure. There were also excess hospitalizations for cardiovascular reasons in the dronedarone group (71 versus 51 for placebo) [see *Boxed Warning and Contraindications (4)*].

The populations enrolled in the ANDROMEDA and ATHENA studies were significantly different. The patients enrolled in ANDROMEDA had relatively severe heart failure and had been hospitalized, or referred to a specialty heart failure clinic, for worsening symptoms of heart failure, notably shortness of breath. Note that these patients may have been clinically improved at the time of enrollment and it is the history of decompensation that characterized them. Patients enrolled into ANDROMEDA were predominantly NYHA Class II (40%) and III (57%), and only 38% had a history of AF/AFL (25% had AF at randomization). In contrast, in ATHENA, 71% of patients had no heart failure, 25% were NYHA Class I or II, and only 4% were Class III. All patients had a history of AF/AFL.

## **16 HOW SUPPLIED/STORAGE AND HANDLING**

MULTAQ 400-mg tablets are provided as white film-coated tablets for oral administration, oblong-shaped, engraved with a double wave marking on one side and “4142” code on the other side in:

- Bottles of 60 tablets, NDC 0024-4142-60
- Bottles of 180 tablets, NDC 0024-4142-18
- Bottles of 500 tablets NDC 0024-4142-50
- Box of 10 blisters (10 tablets per blister) NDC 0024-4142-10

Store at 25°C (77°F); excursions permitted to 15-30°C (59-86°F), [see USP controlled room temperature].

## **17 PATIENT COUNSELING INFORMATION**

### **17.1 Information for Patients**

*See Medication Guide (17.2)*

MULTAQ should be administered with a meal. Warn patients not to take MULTAQ with grapefruit juice.

If a dose is missed, patients should take the next dose at the regularly scheduled time and should not double the dose.

Advise patients to consult a physician if they develop signs or symptoms of worsening heart failure such as acute weight gain, dependent edema, or increasing shortness of breath.

Advise patients to inform their physician of any history of heart failure, rhythm disturbance other than atrial fibrillation or flutter or predisposing conditions such as uncorrected hypokalemia.

MULTAQ may interact with some drugs; therefore, advise patients to report to their doctor the use of any other prescription, non-prescription medication or herbal products, particularly St. John's wort.

## **17.2 Medication Guide**

### **Medication Guide**

#### **MULTAQ (MUL-tak)**

#### **(dronedarone) Tablets**

#### **Rx only**

Read this Medication Guide before you start taking MULTAQ and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment.

#### **What is the most important information I should know before taking MULTAQ?**

**MULTAQ is not for people with severe heart failure. People with severe heart failure who take MULTAQ have an increased chance of dying.** Heart failure means your heart does not pump blood through your body as well as it should.

#### **Do not take MULTAQ if you have severe heart failure:**

- **where any physical activity causes shortness of breath or you have shortness of breath while at rest or after a small amount of exercise.**
- **if you were hospitalized for heart failure within the last month even if you are better now.**

Call your doctor right away if you have any signs and symptoms of worsening heart failure:

- shortness of breath or wheezing at rest
- wheezing, chest tightness or coughing up frothy sputum at rest, nighttime or after minor exercise
- trouble sleeping or waking up at night because of breathing problems
- using more pillows to prop yourself up at night so you can breathe more easily
- gaining more than 5 pounds quickly
- increasing swelling of feet or legs

### **What is MULTAQ?**

MULTAQ is a prescription medicine used to lower the chance that you would need to go into the hospital for heart problems. It is meant for people who have had an abnormal heart rhythm called atrial fibrillation or atrial flutter in the last six months but who do not have that abnormal rhythm now or are about to be converted to a normal rhythm. It may be safely used for people who have had atrial fibrillation and atrial flutter who also have medical problems such as high blood pressure, stroke or diabetes.

It is not known if MULTAQ is safe and effective in children younger than age 18 years old.

### **Who should not take MULTAQ?**

See “What is the most important information I should know about taking MULTAQ?”

**Do not take MULTAQ if:**

- **You have severe heart failure or have recently been in the hospital for heart failure, even if you are better now.**
- **You have severe liver problems.**
- **You take certain medicines that can change the amount of MULTAQ that gets into your body. Do not use these medicines with MULTAQ:**
  - Nefazodone for depression
  - Norvir<sup>®</sup> (ritonavir) for HIV infection
  - Nizoral<sup>®</sup> (ketoconazole), and Sporanox<sup>®</sup> (itraconazole), and Vfend<sup>®</sup> (voriconazole) for fungal infections
  - Ketek<sup>®</sup> (telithromycin), Biaxin<sup>®</sup> (clarithromycin) for bacterial infections
  - Cyclosporine for organ transplant
- **You take certain medicines that can lead to a dangerous abnormal heart rhythm:**
  - Some medicines for mental illness called phenothiazines
  - Some medicines for depression called tricyclic antidepressants
  - Some medicines for abnormal heart rhythm or fast heartbeat
  - Some medicines for bacterial infection

Ask your doctor if you are not sure if your medicine is one that is listed above.

- **You are pregnant or plan to become pregnant.** It is not known if MULTAQ will harm your unborn baby. Talk to your doctor if you are pregnant or plan to become pregnant.
- **You are breast-feeding or plan to breastfeed.** It is not known if MULTAQ passes into your breast milk. You and your doctor should decide if you will take MULTAQ or breastfeed. You should not do both.

### **What should I tell my doctor before starting MULTAQ?**

- If you have any other heart problems
- Tell your doctor about all the medicines you take, including any new medicines. Include all prescription and non-prescription medicines, vitamins and herbal remedies. MULTAQ and certain other medicines can react with each other, causing serious side effects.

**Know the medicines you take.** Keep a list of them and show it to your doctor and pharmacist when you get a new medicine.

**Be sure to tell your doctor and pharmacist if you take:**

- medicine for high blood pressure, chest pain, or other heart conditions
- statin medicine to lower blood cholesterol
- medicine for TB (tuberculosis)
- medicine for seizures
- medicine for organ transplant
- herbal supplement called St. John's wort

Some of these medicines could keep MULTAQ from working well or make it more likely for you to have side effects.

**How should I take MULTAQ?**

- Take MULTAQ exactly as your doctor tells you.
- Take MULTAQ two times a day with food, once with your morning meal and once with your evening meal.
- Do not stop taking MULTAQ even if you are feeling well for a long time. The medicine may be working.
- If you miss a dose, wait and take your next dose at your regular time. Do not take 2 doses at the same time. Do not try to make up for a missed dose.

**What should I avoid while taking MULTAQ?**

Do not drink grapefruit juice while you take MULTAQ. Grapefruit juice can increase the amount of MULTAQ in your blood and increase the likelihood that you will have a side effect of MULTAQ.

**What are the possible side effects of MULTAQ?**

- slowed heartbeat (bradycardia)
- stomach problems such as
  - diarrhea
  - nausea
  - vomiting
  - stomach area (abdominal) pain
  - indigestion
- feeling tired and weak
- skin problems such as redness, rash, and itching

Tell your doctor about any side effect that bothers you or that does not go away. These are not all the possible side effects of MULTAQ. For more information ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store MULTAQ?**

Store MULTAQ at room temperature (59-86°F, or 15-30°C).

**Keep MULTAQ and all medicines out of the reach of children.**

## **General information about MULTAQ**

Medicines are sometimes used for purposes not mentioned in a Medication Guide. Do not use MULTAQ for a condition for which it was not prescribed. Do not give MULTAQ to other people, even if they have the same symptoms or condition. It may harm them.

This Medication Guide summarizes the most important information about MULTAQ. If you would like more information:

- Talk with your doctor
- Ask your doctor or pharmacist for information about MULTAQ that was written for health-care professionals
- For the latest information and Medication Guide, visit [www.sanofi-aventis.us](http://www.sanofi-aventis.us) or call sanofi-aventis Medical Information Services at 1-800-633-1610 option 1. The Medication Guide may have changed since this copy was printed.

## **What are the ingredients in MULTAQ?**

**Active ingredient:** dronedarone

**Inactive ingredients:** hypromellose, starch, crospovidone, poloxamer 407, lactose monohydrate, colloidal silicon dioxide, magnesium stearate polyethylene glycol 6000, titanium dioxide, carnauba wax

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Rx only

July 2009

Manufactured by Sanofi Winthrop Industrie

1, rue de la Vierge

33440 Ambares, France

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sanofi-aventis U.S. LLC

Bridgewater, NJ 08807



sanofi-aventis U.S.  
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## **RISK EVALUATION AND MITIGATION STRATEGY (REMS)**

### **NDA 22-425 Multaq<sup>®</sup> (dronedarone)**

Date of this report: 09-June-2009

Version: 7.0

Status: Final

Total no. of pages: 18

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NDA 22-425 Multaq<sup>®</sup> (dronedarone)

sanofi-aventis U.S. 55 Corporate Boulevard  
Bridgewater, New Jersey 08807

RISK EVALUATION AND MITIGATION STRATEGY (REMS)

**I. GOALS**

- To prevent Multaq<sup>®</sup> use in patients with NYHA Class IV heart failure or NYHA Class II-III heart failure with recent decompensation requiring hospitalization or referral to a specialized heart failure clinic by educating prescribers about increased mortality when Multaq<sup>®</sup> is used in this patient population.
- To inform patients about the serious risks of Multaq<sup>®</sup>, including increased mortality in patients with severe unstable heart failure.

**II. REMS ELEMENTS**

**A. MEDICATION GUIDE**

In accordance with 21 CFR 208.24, sanofi-aventis will ensure that the Medication Guide is available for distribution to patients by providing sufficient numbers to distributors, packers, or authorized dispensers in order to provide a Medication Guide to each patient receiving a sample or a prescription of Multaq<sup>®</sup>. Sanofi-aventis will institute the following measures:

- The label of each container or package of Multaq<sup>®</sup> will include a prominent instruction to authorized dispensers to provide a Medication Guide to each patient to whom the drug is dispensed.
- One copy of the Full Prescribing Information that includes a Medication Guide will be provided with each 60-count unit-of-use bottle of Multaq<sup>®</sup> (a monthly usual supply). Additional Medication Guides will be provided for the 180-count and 500-count bottles as follows:
  - A minimum of 3 Medication Guides will be provided with each 180-count bottle
  - A minimum of 9 Medication Guides will be provided with each 500-count bottle

Medication Guides will be available via sales and/or medical representatives, the product website and through the Sponsor's Medical Information Services Department.

The Medication Guide is appended to this document (see Appendix 1).

## **B. COMMUNICATION PLAN**

In accordance with FDCA 505-1(e) (3), sanofi-aventis will implement a Communication Plan to health care professionals (HCPs) to support implementation of this REMS. The purpose of the Communication Plan is to educate health care professionals on risks associated with the use of Multaq<sup>®</sup>, the safe and appropriate prescribing information, and the goals of the REMS.

The Elements of the Communication Plan include:

### *1. Health Care Professional Information Sheet*

- a. Sanofi-aventis will issue a *Health Care Professional Information Sheet* to targeted health care professionals (key stakeholders and secondary stakeholders as defined below) within 60 days of the REMS approval. This Information Sheet highlights the goals of the Multaq<sup>®</sup> REMS and actions to ensure appropriate use. Sanofi-aventis will distribute the *Health Care Professional Information Sheet* through hardcopy mailings. In addition, this information will be available through electronic communication (Health Care Notification Network [HCNN]) and made available on the product website.
- b. The *Health Care Professional Information Sheet*, Multaq<sup>®</sup> Package Insert and Medication Guide will be distributed to HCPs at product launch. These materials will be disseminated every 18 months for at least 3 years. This element of the REMS is not intended to continue over the lifetime of the product; it will function only to inform prescribers of the goals of the Multaq<sup>®</sup> REMS for a period of 3 years.

The *Health Care Professional Information Sheet* is appended to this document (see Appendix 2).

### **2. REMS Print Advertising in Professional Society Journals**

- a. Sanofi-aventis will issue REMS Print Advertisements in the following professional society journals, monthly for 24 months, following approval of the REMS:
  - i. Journal of the American College of Cardiology
  - ii. Circulation
  - iii. Annals of Internal Medicine

The REMS Print Advertisement is appended to this document (see Appendix 3).

The intended audience for the Communication Plan is:

1. Key stakeholders: Health care professionals, including cardiologists, electrophysiologists, hospitalists, internal medicine and family practice physicians who regularly prescribe antiarrhythmic agents will be targeted. Members of relevant professional societies will also be targeted.
2. Secondary stakeholders: Nurse practitioners and physician assistants who work in offices of the above-mentioned physicians will also be targeted as secondary stakeholders for education.

**C. ELEMENTS TO ASSURE SAFE USE**

Multaq<sup>®</sup> can be approved without Elements to Assure Safe Use.

**D. IMPLEMENTATION SYSTEM**

Multaq<sup>®</sup> can be used without Elements to Assure Safe Use; therefore, an implementation system is not required.

**E. TIMETABLE FOR SUBMISSION OF ASSESSMENTS**

Formal assessments of the REMS performance will be provided to the Food and Drug Administration (FDA) annually, years 1-5 and at year 7 post-launch. The first assessment interval will be from August 2009 (product launch) to June 2010. All assessment reports will be submitted to the Agency on the due date as indicated below.

<b>Assessment number</b>	<b>Submission Due Date</b>
1	August 31, 2010
2	August 31, 2011
3	August 31, 2012
4	August 31, 2013
5	August 31, 2014
6	August 31, 2016

## **APPENDICES OF REMS**

- 1. Multaq<sup>®</sup> Medication Guide**
- 2. Health Care Professional Information Sheet**
- 3. REMS Print Advertisement**

## **1. MULTAQ<sup>®</sup> MEDICATION GUIDE**

## 17.2 Medication Guide

### Medication Guide

#### MULTAQ (MUL-tak)

#### (dronedarone) Tablets

#### Rx only

Read this Medication Guide before you start taking MULTAQ and each time you get a refill. There may be new information. This information does not take the place of talking with your doctor about your medical condition or your treatment.

#### What is the most important information I should know before taking MULTAQ?

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- **where any physical activity causes shortness of breath or you have shortness of breath while at rest or after a small amount of exercise.**
- **if you were hospitalized for heart failure within the last month even if you are better now.**

Call your doctor right away if you have any signs and symptoms of worsening heart failure:

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MULTAQ is a prescription medicine used to lower the chance that you would need to go into the hospital for heart problems. It is meant for people who have had an abnormal heart rhythm called atrial fibrillation or atrial flutter in the last six months but who do not have that abnormal rhythm now or are about to be converted to a normal rhythm. It may be safely used for people who have had atrial fibrillation and atrial flutter who also have medical problems such as high blood pressure, stroke or diabetes.

It is not known if MULTAQ is safe and effective in children younger than age 18 years old.

## Who should not take MULTAQ?

See “What is the most important information I should know about taking MULTAQ?”

### Do not take MULTAQ if:

- **You have severe heart failure or have recently been in the hospital for heart failure, even if you are better now.**
- **You have severe liver problems.**
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  - Nefazodone for depression
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  - Nizoral<sup>®</sup> (ketoconazole), and Sporanox<sup>®</sup> (itraconazole), and Vfend<sup>®</sup> (voriconazole) for fungal infections
  - Ketek<sup>®</sup> (telithromycin), Biaxin<sup>®</sup> (clarithromycin) for bacterial infections
  - Cyclosporine for organ transplant
- **You take certain medicines that can lead to a dangerous abnormal heart rhythm:**
  - Some medicines for mental illness called phenothiazines
  - Some medicines for depression called tricyclic antidepressants
  - Some medicines for abnormal heart rhythm or fast heartbeat
  - Some medicines for bacterial infection

Ask your doctor if you are not sure if your medicine is one that is listed above.

- **You are pregnant or plan to become pregnant.** It is not known if MULTAQ will harm your unborn baby. Talk to your doctor if you are pregnant or plan to become pregnant.
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### **Be sure to tell your doctor and pharmacist if you take:**

- medicine for high blood pressure, chest pain, or other heart conditions
- statin medicine to lower blood cholesterol
- medicine for TB (tuberculosis)
- medicine for seizures
- medicine for organ transplant
- herbal supplement called St. John's wort

Some of these medicines could keep MULTAQ from working well or make it more likely for you to have side effects.

### **How should I take MULTAQ?**

- Take MULTAQ exactly as your doctor tells you.
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- Do not stop taking MULTAQ even if you are feeling well for a long time. The medicine may be working.
- If you miss a dose, wait and take your next dose at your regular time. Do not take 2 doses at the same time. Do not try to make up for a missed dose.

### **What should I avoid while taking MULTAQ?**

Do not drink grapefruit juice while you take MULTAQ. Grapefruit juice and grapefruit can increase the amount of MULTAQ in your blood and increase the likelihood that you will have a side effect of MULTAQ.

### **What are the possible side effects of MULTAQ?**

- Slowed heartbeat (bradycardia)
- Stomach problems such as
  - diarrhea
  - nausea
  - vomiting

- stomach area (abdominal) pain
- indigestion
- feeling tired and weak
- skin problems such as redness, rash, and itching

Tell your doctor about any side effect that bothers you or that does not go away. These are not all the possible side effects of MULTAQ. For more information ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

### **How should I store MULTAQ?**

Store MULTAQ at room temperature (59-86°F, or 15-30°C).

**Keep MULTAQ and all medicines out of the reach of children.**

### **General information about MULTAQ**

Medicines are sometimes used for purposes not mentioned in a Medication Guide. Do not use MULTAQ for a condition for which it was not prescribed. Do not give MULTAQ to other people, even if they have the same symptoms or condition. It may harm them.

This Medication Guide summarizes the most important information about MULTAQ. If you would like more information:

- Talk with your doctor
- Ask your doctor or pharmacist for information about MULTAQ that was written for health-care professionals
- For the latest information and Medication Guide, visit [www.sanofi-aventis.us](http://www.sanofi-aventis.us) or call sanofi-aventis Medical Information Services at 1-800-633-1610 option 1. The Medication Guide may have changed since this copy was printed.

### **What are the ingredients in MULTAQ?**

**Active ingredient:** dronedarone

**Inactive ingredients:** hypromellose, starch, crospovidone, poloxamer 407, lactose monohydrate, colloidal silicon dioxide, magnesium stearate polyethylene glycol 6000, titanium dioxide, carnauba wax

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Rx only

Issued month/year

Manufactured by Sanofi Winthrop Industrie

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sanofi-aventis U.S. LLC  
Bridgewater, NJ 08807

## **2. MULTAQ<sup>®</sup> HEALTH CARE PROFESSIONAL INFORMATION SHEET**

MULTAQ is an antiarrhythmic drug indicated to reduce the risk of cardiovascular hospitalization in patients with paroxysmal or persistent atrial fibrillation (AFib) or atrial flutter (AFL), with a recent episode of AFib/AFL and associated cardiovascular risk factors (i.e., age >70, hypertension, diabetes, prior cerebrovascular accident, left atrial diameter  $\geq$ 50 mm or left ventricular ejection fraction [LVEF] <40%), who are in sinus rhythm or who will be cardioverted.

**Do not prescribe MULTAQ for patients with NYHA Class IV heart failure (HF) or NYHA Class II–III HF with recent decompensation requiring hospitalization or referral to a specialized HF clinic**

**WARNING: HEART FAILURE**

**MULTAQ is contraindicated in patients with NYHA Class IV heart failure, or NYHA Class II–III heart failure with a recent decompensation requiring hospitalization or referral to a specialized heart failure clinic.**

**In a placebo-controlled study in patients with severe heart failure requiring recent hospitalization or referral to a specialized heart failure clinic for worsening symptoms (the ANDROMEDA Study), patients given dronedarone had a greater than two-fold increase in mortality. Such patients should not be given dronedarone.**

**Prescribers should also be aware of other important contraindications, including:**

- Coadministration of strong CYP3A4 inhibitors, medicinal products inducing Torsade de Pointes, or Class I or III antiarrhythmic agents
- Second- or third-degree atrioventricular block, sick sinus syndrome (except when used in conjunction with a functioning pacemaker), or bradycardia of <50 bpm
- QTc Bazett  $\geq$ 500 ms or PR interval >280 ms
- Severe hepatic impairment
- Pregnancy or nursing mothers

## Please consider the following *Steps for Ensuring Appropriate Use* when prescribing MULTAQ for your patients:

### 1. Initiate MULTAQ in appropriate patients

- Screen patients for severity and stability of heart failure; MULTAQ should not be initiated in patients with NYHA Class IV heart failure or NYHA Class II–III heart failure with recent decompensation requiring hospitalization or referral to a specialized heart failure clinic
- Treatment may be initiated in an outpatient or an inpatient setting
- Discontinue use of other Class I or Class III antiarrhythmic therapies
- The dosage of certain cardiovascular medications may need to be adjusted and certain laboratory test changes may occur

### 2. Counsel patients to report changes in their symptoms and their medications

- Advise patients to consult a physician if they develop signs or symptoms of worsening heart failure such as weight gain, dependent edema, and/or increasing shortness of breath
- Advise patients that MULTAQ should not be taken with certain other medications and to consult with their physicians before starting any new drugs as the dosage of certain cardiovascular medications may need to be adjusted
- Refer patients to the Medication Guide and address any additional questions

### 3. Check patients for changes in their symptoms or certain lab tests

- Observe patients regularly for signs or symptoms of heart failure that may require additional treatment and/or MULTAQ discontinuation
- Be aware that within a week, MULTAQ causes a small change in serum creatinine that does not reflect a change in underlying renal function

***In patients with developing or worsening heart failure during treatment, use clinical judgment to guide the management of each patient based on individual benefit/risk assessment, and consider the suspension or discontinuation of MULTAQ therapy.***

Please refer to the enclosed Prescribing Information for complete safety information before prescribing MULTAQ.

#### **Serious Adverse Events:**

Health care professionals should report any serious adverse events thought to be associated with MULTAQ use to:

- Sanofi-aventis at 1-800-633-1610 option 2
- FDA's MedWatch reporting system
  - By phone (1-800-FDA-1088)
  - By facsimile (1-800-FDA-0178)
  - Online (<https://www.accessdata.fda.gov/scripts/medwatch/>)
  - By mail (using the MedWatch Voluntary Reporting form 3500, to the FDA Safety Information and Adverse Event Reporting Program: Food and Drug Administration, 5600 Fishers Lane, Rockville, MD 20852-9787)

#### **Additional Resources**

For additional information:

- Talk to your sanofi-aventis sales representative or call the sanofi-aventis Medical Information Services department at 1-800-633-1610 option 1
- Visit [www.MULTAQ.com](http://www.MULTAQ.com)
- Refer patients to the MULTAQ Medication Guide

### **3. MULTAQ<sup>®</sup> REMS PRINT ADVERTISEMENT**

## Important Information on the Use of MULTAQ<sup>®</sup> (dronedarone)

**Do not prescribe MULTAQ for patients with NYHA Class IV heart failure (HF) or NYHA Class II–III HF with recent decompensation requiring hospitalization or referral to a specialized HF clinic**

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### **MULTAQ is an antiarrhythmic drug indicated to:**

- Reduce the risk of cardiovascular hospitalization in patients with paroxysmal or persistent atrial fibrillation (AFib) or atrial flutter (AFL), with a recent episode of AFib/AFL and associated cardiovascular risk factors (i.e., age >70, hypertension, diabetes, prior cerebrovascular accident, left atrial diameter  $\geq$ 50 mm or left ventricular ejection fraction [LVEF] <40%), who are in sinus rhythm or who will be cardioverted

### **Sanofi-aventis is committed to appropriate patient care and treatment**

The mPACT Program has been developed for health care professionals who will prescribe MULTAQ, in an effort to help ensure appropriate patient selection.

Visit [www.MULTAQ.com](http://www.MULTAQ.com) for more information.

Please see accompanying Brief Summary before prescribing MULTAQ.