

1 **BROVANA<sup>®</sup>**  
2 **(arformoterol tartrate) Inhalation Solution**  
3 **15 mcg\*/2 mL**

4 \*potency expressed as arformoterol

5

6 **For oral inhalation only**

7

8 **WARNING: ASTHMA RELATED DEATH**

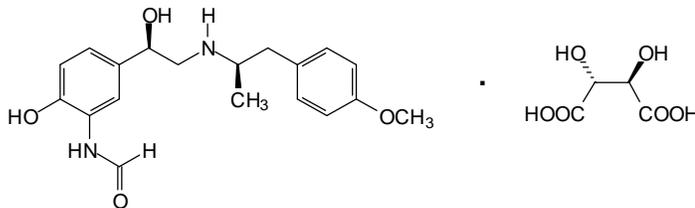
9 **Long-acting beta<sub>2</sub>-adrenergic agonists (LABA) increase the risk of asthma-related**  
10 **death. Data from a large placebo-controlled US study that compared the safety of**  
11 **another long-acting beta<sub>2</sub>-adrenergic agonist (salmeterol) or placebo added to usual**  
12 **asthma therapy showed an increase in asthma-related deaths in patients receiving**  
13 **salmeterol. This finding with salmeterol is considered a class effect of LABA,**  
14 **including arformoterol, the active ingredient in BROVANA (see [WARNINGS](#)). The**  
15 **safety and efficacy of BROVANA in patients with asthma have not been established.**  
16 **All LABA, including BROVANA, are contraindicated in patients with asthma**  
17 **without use of a long-term asthma control medication (see**  
18 **[CONTRAINDICATIONS](#)).**

19

20 **DESCRIPTION**

21 BROVANA (arformoterol tartrate) Inhalation Solution is a sterile, clear, colorless,  
22 aqueous solution of the tartrate salt of arformoterol, the (R,R)-enantiomer of formoterol.

23 Arformoterol is a selective beta<sub>2</sub>-adrenergic bronchodilator. The chemical name for  
24 arformoterol tartrate is formamide, N-[2-hydroxy-5-[(1R)-1-hydroxy-2-[[[(1R)-2-  
25 (4-methoxyphenyl)-1-methylethyl]amino]ethyl]phenyl]-, (2R,3R)-2,3-  
26 dihydroxybutanedioate (1:1 salt), and its established structural formula is as follows:



27

28 The molecular weight of *arformoterol tartrate* is 494.5 g/mol, and its empirical formula  
29 is C<sub>19</sub>H<sub>24</sub>N<sub>2</sub>O<sub>4</sub> · C<sub>4</sub>H<sub>6</sub>O<sub>6</sub> (1:1 salt). It is a white to off-white solid that is slightly soluble in  
30 water.

31 Arformoterol tartrate is the United States Adopted Name (USAN) for (R,R)-formoterol  
32 L-tartrate.

33 BROVANA is supplied as 2 mL of arformoterol tartrate solution packaged in 2.1 mL  
34 unit-dose, low-density polyethylene (LDPE) ready-to-use vials. Each ready-to-use vial  
35 contains 15 mcg of arformoterol (equivalent to 22 mcg of arformoterol tartrate) in a  
36 sterile, isotonic saline solution, pH-adjusted to 5.0 with citric acid and sodium citrate.

37 BROVANA requires no dilution before administration by nebulization. Like all other  
38 nebulized treatments, the amount delivered to the lungs will depend upon patient factors,  
39 the nebulizer used, and compressor performance. Using the PARI LC PLUS<sup>®</sup> nebulizer  
40 (with mouthpiece) connected to a PARI DURA-NEB<sup>®</sup> 3000 compressor under *in vitro*  
41 conditions, the mean delivered dose from the mouthpiece (% nominal) was  
42 approximately 4.1 mcg (27.6%) at a mean flow rate of 3.3 L/min. The mean nebulization  
43 time was 6 minutes or less. BROVANA should be administered from a standard jet  
44 nebulizer at adequate flow rates via face mask or mouthpiece (see **Dosage and**  
45 **Administration**).

46 Patients should be carefully instructed on the correct use of this drug product (please refer  
47 to the accompanying **Medication Guide**).

48

## 49 **CLINICAL PHARMACOLOGY**

### 50 **Mechanism of Action**

51 Arformoterol, the (R,R)-enantiomer of formoterol, is a selective long-acting beta<sub>2</sub>-  
52 adrenergic receptor agonist (beta<sub>2</sub>-agonist) that has two-fold greater potency than racemic  
53 formoterol (which contains both the (S,S) and (R,R)-enantiomers). The (S,S)-enantiomer  
54 is about 1,000-fold less potent as a beta<sub>2</sub>-agonist than the (R,R)-enantiomer. While it is  
55 recognized that beta<sub>2</sub>-receptors are the predominant adrenergic receptors in bronchial  
56 smooth muscle and beta<sub>1</sub>-receptors are the predominant receptors in the heart, data  
57 indicate that there are also beta<sub>2</sub>-receptors in the human heart comprising 10% to 50% of  
58 the total beta-adrenergic receptors. The precise function of these receptors has not been  
59 established, but they raise the possibility that even highly selective beta<sub>2</sub>-agonists may  
60 have cardiac effects.

61 The pharmacologic effects of beta<sub>2</sub>-adrenoceptor agonist drugs, including arformoterol,  
62 are at least in part attributable to stimulation of intracellular adenylyl cyclase, the enzyme  
63 that catalyzes the conversion of adenosine triphosphate (ATP) to cyclic-3',5'-adenosine  
64 monophosphate (cyclic AMP). Increased intracellular cyclic AMP levels cause  
65 relaxation of bronchial smooth muscle and inhibition of release of mediators of  
66 immediate hypersensitivity from cells, especially from mast cells.

67 *In vitro* tests show that arformoterol is an inhibitor of the release of mast cell mediators,  
68 such as histamine and leukotrienes, from the human lung. Arformoterol also inhibits  
69 histamine-induced plasma albumin extravasation in anesthetized guinea pigs and inhibits  
70 allergen-induced eosinophil influx in dogs with airway hyper-responsiveness. The  
71 relevance of these *in vitro* and animal findings to humans is unknown.

72 **Animal Pharmacology**

73 In animal studies investigating its cardiovascular effects, arformoterol induced dose-  
74 dependent increases in heart rate and decreases in blood pressure consistent with its  
75 pharmacology as a beta-adrenergic agonist. In dogs, at systemic exposures higher than  
76 anticipated clinically, arformoterol also induced exaggerated pharmacologic effects of a  
77 beta-adrenergic agonist on cardiac function as measured by electrocardiogram (sinus  
78 tachycardia, atrial premature beats, ventricular escape beats, PVCs).

79 Studies in laboratory animals (minipigs, rodents, and dogs) have demonstrated the  
80 occurrence of arrhythmias and sudden death (with histologic evidence of myocardial  
81 necrosis) when beta-agonists and methylxanthines are administered concurrently. The  
82 clinical significance of these findings is unknown.

83 **Pharmacokinetics**

84 The pharmacokinetics (PK) of arformoterol have been investigated in healthy subjects,  
85 elderly subjects, renally and hepatically impaired subjects, and chronic obstructive  
86 pulmonary disease (COPD) patients following the nebulization of the recommended  
87 therapeutic dose and doses up to 96 mcg.

88 **Absorption**

89 In COPD patients administered 15 mcg arformoterol every 12 hours for 14 days, the  
90 mean steady-state peak (R,R)-formoterol plasma concentration ( $C_{max}$ ) and systemic  
91 exposure ( $AUC_{0-12h}$ ) were 4.3 pg/mL and 34.5 pg\*hr/mL, respectively. The median  
92 steady-state peak (R,R)-formoterol plasma concentration time ( $t_{max}$ ) was observed  
93 approximately one half hour after drug administration.

94 Systemic exposure to (R,R)-formoterol increased linearly with dose in COPD patients  
95 following arformoterol doses of 5 mcg, 15 mcg, or 25 mcg twice daily for 2 weeks or  
96 15 mcg, 25 mcg, or 50 mcg once daily for 2 weeks.

97 In a crossover study in patients with COPD, when arformoterol 15 mcg inhalation  
98 solution and 12 and 24 mcg formoterol fumarate inhalation powder (Foradil<sup>®</sup>  
99 Aerolizer<sup>™</sup>) was administered twice daily for 2 weeks, the accumulation index was  
100 approximately 2.5 based on the plasma (R,R)-formoterol concentrations in all three  
101 treatments. At steady state, geometric means of systemic exposure ( $AUC_{0-12h}$ ) to  
102 (R,R)-formoterol following 15 mcg of arformoterol inhalation solution and 12 mcg of  
103 formoterol fumarate inhalation powder were 39.33 pg\*hr/mL and 33.93 pg\*hr/mL,  
104 respectively (ratio 1.16; 90% CI 1.00, 1.35), while the geometric means of the  $C_{max}$  were  
105 4.30 pg/mL and 4.75 pg/mL, respectively (ratio 0.91; 90% CI 0.76, 1.09).

106 In a study in patients with asthma, treatment with arformoterol 50 mcg with pre- and  
107 post-treatment with activated charcoal resulted in a geometric mean decrease in  
108 (R,R)-formoterol  $AUC_{0-6h}$  by 27% and  $C_{max}$  by 23% as compared to treatment with  
109 arformoterol 50 mcg alone. This suggests that a substantial portion of systemic drug  
110 exposure is due to pulmonary absorption.

111 **Distribution**

112 The binding of arformoterol to human plasma proteins *in vitro* was 52-65% at  
113 concentrations of 0.25, 0.5 and 1.0 ng/mL of radiolabeled arformoterol. The  
114 concentrations of arformoterol used to assess the plasma protein binding were higher than  
115 those achieved in plasma following inhalation of multiple doses of 50 mcg arformoterol.

116 **Metabolism**

117 *In vitro* profiling studies in hepatocytes and liver microsomes have shown that  
118 arformoterol is primarily metabolized by direct conjugation (glucuronidation) and  
119 secondarily by O-demethylation. At least five human uridine  
120 diphosphoglucuronosyltransferase (UGT) isozymes catalyze arformoterol  
121 glucuronidation *in vitro*. Two cytochrome P450 isozymes (CYP2D6 and secondarily  
122 CYP2C19) catalyze the O-demethylation of arformoterol.

123 Arformoterol did not inhibit CYP1A2, CYP2A6, CYP2C9/10, CYP2C19, CYP2D6,  
124 CYP2E1, CYP3A4/5, or CYP4A9/11 enzymes at >1,000-fold higher concentrations than  
125 the expected peak plasma concentrations following a therapeutic dose.

126 Arformoterol was almost entirely metabolized following oral administration of 35 mcg of  
127 radiolabeled arformoterol in eight healthy subjects. Direct conjugation of arformoterol  
128 with glucuronic acid was the major metabolic pathway. Most of the drug-related material  
129 in plasma and urine was in the form of glucuronide or sulfate conjugates of arformoterol.  
130 O-Desmethylation and conjugates of the O-desmethyl metabolite were relatively minor  
131 metabolites accounting for less than 17% of the dose recovered in urine and feces.

132 **Elimination**

133 After administration of a single oral dose of radiolabeled arformoterol to eight healthy  
134 male subjects, 63% of the total radioactive dose was recovered in urine and 11% in feces  
135 within 48 hours. A total of 89% of the total radioactive dose was recovered within  
136 14 days, with 67% in urine and 22% in feces. Approximately 1% of the dose was  
137 recovered as unchanged arformoterol in urine over 14 days. Renal clearance was 8.9 L/hr  
138 for unchanged arformoterol in these subjects.

139 In COPD patients given 15 mcg inhaled arformoterol twice a day for 14 days, the mean  
140 terminal half-life of arformoterol was 26 hours.

141 **Special Populations**

142 ***Gender***

143 A population PK analysis indicated that there was no effect of gender upon the  
144 pharmacokinetics of arformoterol.

145 ***Race***

146 The influence of race on arformoterol pharmacokinetics was assessed using a population  
147 PK analysis and data from healthy subjects. There was no clinically significant impact of  
148 race upon the pharmacokinetic profile of arformoterol.

149 ***Geriatric***

150 The pharmacokinetic profile of arformoterol in 24 elderly subjects (aged 65 years or  
151 older) was compared to a younger cohort of 24 subjects (18-45 years) that were matched  
152 for body weight and gender. No significant differences in systemic exposure (AUC and  
153  $C_{max}$ ) were observed when the two groups were compared.

154 ***Pediatric***

155 The pharmacokinetics of arformoterol have not been studied in pediatric subjects.

156 ***Hepatic Impairment***

157 The pharmacokinetic profile of arformoterol was assessed in 24 subjects with mild,  
158 moderate, and severe hepatic impairment. The systemic exposure ( $C_{max}$  and AUC) to  
159 arformoterol increased 1.3 to 2.4-fold in subjects with hepatic impairment compared to  
160 16 demographically matched healthy control subjects. No clear relationship between  
161 drug exposure and the severity of hepatic impairment was observed. BROVANA should  
162 be used cautiously in patients with hepatic impairment.

163 ***Renal Impairment***

164 The impact of renal disease upon the pharmacokinetics of arformoterol was studied in  
165 24 subjects with mild, moderate, or severe renal impairment. Systemic exposure  
166 (AUC and  $C_{max}$ ) to arformoterol was similar in renally impaired patients compared with  
167 demographically matched healthy control subjects.

168 **Pharmacogenetics**

169 Arformoterol is eliminated through the action of multiple drug metabolizing enzymes.  
170 Direct glucuronidation of arformoterol is mediated by several UGT enzymes and is the  
171 primary elimination route. O-Desmethylation is a secondary route catalyzed by the CYP  
172 enzymes CYP2D6 and CYP2C19. In otherwise healthy subjects with reduced CYP2D6  
173 and/or UGT1A1 enzyme activity, there was no impact on systemic exposure to  
174 arformoterol compared to subjects with normal CYP2D6 and/or UGT1A1 enzyme  
175 activities.

176 **Pharmacodynamics**

177 ***Systemic Safety and Pharmacokinetic/ Pharmacodynamic Relationships***

178 The predominant adverse effects of inhaled beta<sub>2</sub>-agonists occur as a result of excessive  
179 activation of systemic beta-adrenergic receptors. The most common adverse effects may  
180 include skeletal muscle tremor and cramps, insomnia, tachycardia, decreases in plasma  
181 potassium, and increases in plasma glucose.

182 Effects on Serum Potassium and Serum Glucose Levels

183 Changes in serum potassium and serum glucose were evaluated in a dose ranging study  
184 of twice daily (5 mcg, 15 mcg, or 25 mcg; 215 patients with COPD) and once daily  
185 (15 mcg, 25 mcg, or 50 mcg; 191 patients with COPD) BROVANA in COPD patients.  
186 At 2 and 6 hours post dose at week 0 (after the first dose), mean changes in serum  
187 potassium ranging from 0 to -0.3 mEq/L were observed in the BROVANA groups with  
188 similar changes observed after 2 weeks of treatment. Changes in mean serum glucose

189 levels, ranging from a decrease of 1.2 mg/dL to an increase of 32.8 mg/dL were observed  
190 for BROVANA dose groups at both 2 and 6 hours post dose, both after the first dose and  
191 14 days of daily treatment.

## 192 Electrophysiology

193 The effect of BROVANA on QT interval was evaluated in a dose ranging study  
194 following multiple doses of BROVANA 5 mcg, 15 mcg, or 25 mcg twice daily or  
195 15 mcg, 25 mcg, or 50 mcg once daily for 2 weeks in patients with COPD. ECG  
196 assessments were performed at baseline, time of peak plasma concentration and  
197 throughout the dosing interval. Different methods of correcting for heart rate were  
198 employed, including a subject-specific method and the Fridericia method.

199 Relative to placebo, the mean change in subject-specific QT<sub>c</sub> averaged over the dosing  
200 interval ranged from -1.8 to 2.7 msec, indicating little effect of BROVANA on cardiac  
201 repolarization after 2 weeks of treatment. The maximum mean change in subject-specific  
202 QT<sub>c</sub> for the BROVANA 15 mcg twice daily dose was 17.3 msec, compared with  
203 15.4 msec in the placebo group. No apparent correlation of QT<sub>c</sub> with arformoterol  
204 plasma concentration was observed.

## 205 **Electrocardiographic Monitoring in Patients with COPD**

206 The effect of different doses of BROVANA on cardiac rhythm was assessed using  
207 24-hour Holter monitoring in two 12-week double-blind, placebo-controlled studies of  
208 1,456 patients with COPD (873 received BROVANA at 15 or 25 mcg twice daily or  
209 50 mcg once daily doses; 293 received placebo; 290 received salmeterol). The 24-hour  
210 Holter monitoring occurred once at baseline, and up to 3 times during the 12-week  
211 treatment period. The rates of new-onset cardiac arrhythmias not present at baseline over  
212 the double-blind 12-week treatment period were similar (approximately 33-34%) for  
213 patients who received BROVANA 15 mcg twice daily to those who received placebo.  
214 There was a dose-related increase in new, treatment emergent arrhythmias seen in  
215 patients who received BROVANA 25 mcg twice daily and 50 mcg once daily, 37.6% and  
216 40.1 %, respectively. The frequencies of new treatment emergent events of non-  
217 sustained (3-10 beat run) and sustained (>10 beat run) ventricular tachycardia were 7.4%  
218 and 1.1% in BROVANA 15 mcg twice daily and 6.9% and 1.0% in placebo. In patients  
219 who received BROVANA 25 mcg twice daily and 50 mcg once daily the frequencies of  
220 non-sustained (6.2% and 8.2%, respectively) and sustained ventricular tachycardia (1.0%  
221 and 1.0%, respectively) were similar. Five cases of ventricular tachycardia were reported  
222 as adverse events (1 in BROVANA 15 mcg twice daily and 4 in placebo), with two of  
223 these events leading to discontinuation of treatment (2 in placebo).

224 There were no baseline occurrences of atrial fibrillation/ flutter observed on 24-hour  
225 Holter monitoring in patients treated with BROVANA 15 mcg twice daily or placebo.  
226 New, treatment emergent atrial fibrillation/ flutter occurred in 0.4% of patients who  
227 received BROVANA 15 mcg twice daily and 0.3% of patients who received placebo.  
228 There was a dose-related increase in the frequency of atrial fibrillation/ flutter reported in  
229 the BROVANA 25 mcg twice daily and 50 mcg once daily dose groups of 0.7% and  
230 1.4%, respectively. Two cases of atrial fibrillation/ flutter were reported as adverse  
231 events (1 in BROVANA 15 mcg twice daily and 1 in placebo).

232 Dose-related increases in mean maximum change in heart rate in the 12 hours after  
233 dosing were also observed following 12 weeks of dosing with BROVANA 15 mcg twice  
234 daily (8.8 bpm), 25 mcg twice daily (9.9 bpm) and 50 mcg once daily (12 bpm) versus  
235 placebo (8.5 bpm).

## 236 **Tachyphylaxis/ Tolerance**

237 In two placebo-controlled clinical trials in patients with COPD involving approximately  
238 725 patients in each, the overall efficacy of BROVANA was maintained throughout the  
239 12-week trial duration. However, tolerance to the bronchodilator effect of BROVANA  
240 was observed after 6 weeks of dosing, evidenced by a decrease in bronchodilator effect as  
241 measured by FEV<sub>1</sub>. FEV<sub>1</sub> improvement at the end of the 12-hour dosing interval  
242 decreased by approximately one third (22.1% mean improvement after the first dose  
243 compared to 14.6% at week 12). Tolerance to the FEV<sub>1</sub> bronchodilator effect of  
244 BROVANA was not accompanied by other clinical manifestations of tolerance in these  
245 trials.

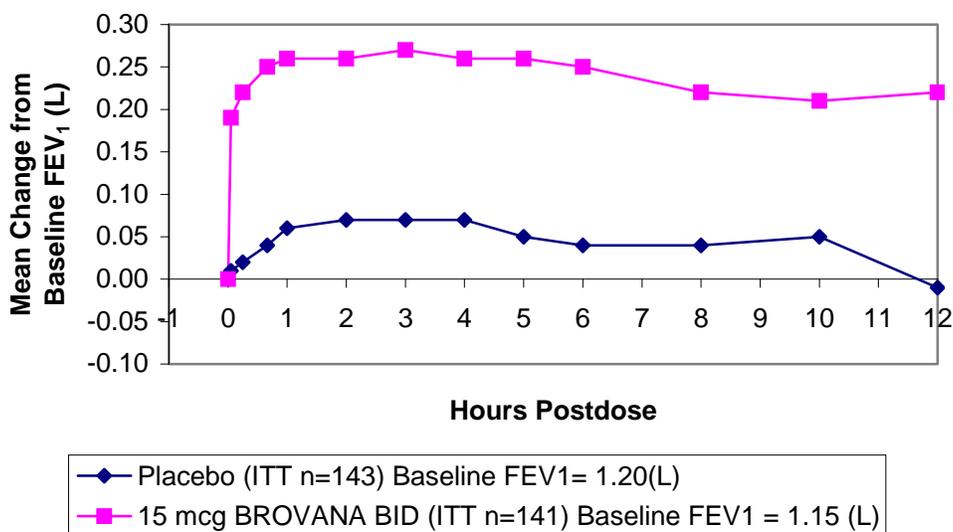
## 246 **CLINICAL TRIALS**

### 247 **Adult COPD Trials**

248 BROVANA (arformoterol tartrate) Inhalation Solution was studied in two identical,  
249 12-week, double-blind, placebo- and active-controlled, randomized, multi-center, parallel  
250 group trials conducted in the United States (Clinical Trial A and Clinical Trial B). A  
251 total of 1,456 adult patients (age range: 34 to 89 years; mean age: 63 years) with COPD  
252 who had a mean FEV<sub>1</sub> of 1.3 L (42% of predicted) were enrolled in the two clinical trials.  
253 The diagnosis of COPD was based on a prior clinical diagnosis of COPD, a smoking  
254 history (greater than 15 pack-years), age (at least 35 years), spirometry results (baseline  
255 FEV<sub>1</sub> ≤ 65% of predicted value and >0.70 L, and a FEV<sub>1</sub>/ forced vital capacity (FVC)  
256 ratio ≤70%). About 80% of patients in these studies had bronchodilator reversibility,  
257 defined as a 10% or greater increase FEV<sub>1</sub> after inhalation of 2 actuations (180 mcg  
258 racemic albuterol from a metered dose inhaler). Both trials compared BROVANA  
259 15 mcg twice daily (288 patients), 25 mcg twice daily (292 patients), 50 mcg once daily  
260 (293 patients) with placebo (293 subjects). Both trials included salmeterol inhalation  
261 aerosol, 42 mcg twice daily as an active comparator (290 patients).

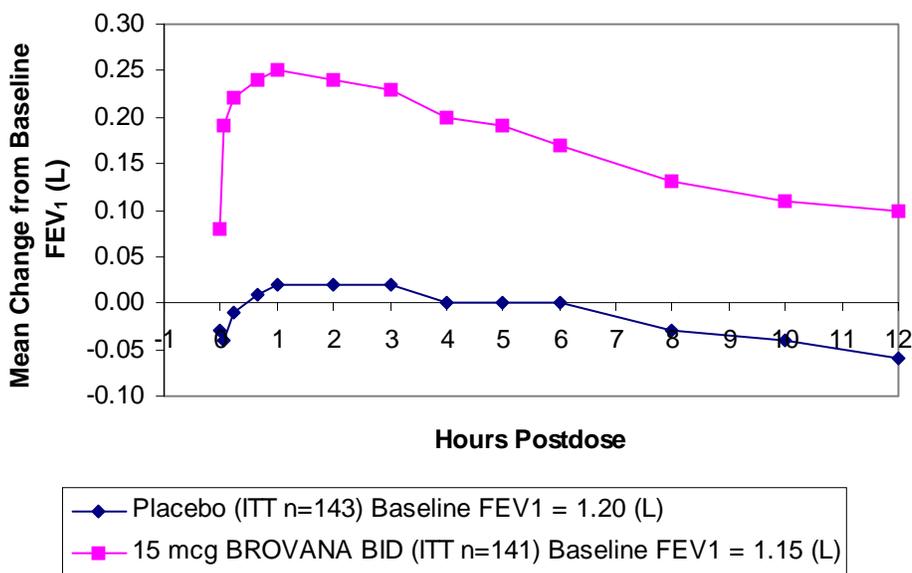
262 In both 12-week trials, BROVANA 15 mcg twice daily resulted in significantly greater  
263 post-dose bronchodilation (as measured by percent change from study baseline FEV<sub>1</sub> at  
264 the end of the dosing interval over the 12 weeks of treatment, the primary efficacy  
265 endpoint) compared to placebo. Compared to BROVANA 15 mcg twice daily,  
266 BROVANA 25 mcg twice daily and 50 mcg once daily did not provide sufficient  
267 additional benefit on a variety of endpoints, including FEV<sub>1</sub>, to support the use of higher  
268 doses. Plots of the mean change in FEV<sub>1</sub> values obtained over the 12 hours after dosing  
269 for the BROVANA 15 mcg twice daily dose group and for the placebo group are  
270 provided in [Figures 1](#) and [2](#) for Clinical Trial A, below. The plots include mean FEV<sub>1</sub>  
271 change observed after the first dose and after 12 weeks of treatment. The results from  
272 Clinical Trial B were similar.

**Figure 1 Mean Change in FEV<sub>1</sub> Over Time for Clinical Trial A at Week 0 (Day 1)**



273

**Figure 2 Mean Change in FEV<sub>1</sub> Over Time for Clinical Trial A at Week 12**



274

275 BROVANA 15 mcg twice daily significantly improved bronchodilation compared to  
 276 placebo over the 12 hours after dosing (FEV<sub>1</sub> AUC<sub>0-12h</sub>). This improvement was  
 277 maintained over the 12 week study period.

278 Following the first dose of BROVANA 15 mcg, the median time to onset of  
279 bronchodilation, defined by an FEV<sub>1</sub> increase of 15%, occurred at 6.7 min. When  
280 defined as an increase in FEV<sub>1</sub> of 12% and 200 mL, the time to onset of bronchodilation  
281 was 20 min after dosing. Peak bronchodilator effect was generally seen within 1-3 hours  
282 of dosing.

283 In both clinical trials, compared to placebo, patients treated with BROVANA  
284 demonstrated improvements in peak expiratory flow rates, supplemental ipratropium and  
285 rescue albuterol use.

## 286 **INDICATIONS AND USAGE**

287 BROVANA (arformoterol tartrate) Inhalation Solution is indicated for the long term,  
288 twice daily (morning and evening) maintenance treatment of bronchoconstriction in  
289 patients with chronic obstructive pulmonary disease (COPD), including chronic  
290 bronchitis and emphysema. BROVANA is for use by nebulization only.

## 291 **CONTRAINDICATIONS**

292 BROVANA (arformoterol tartrate) Inhalation Solution is contraindicated in patients with  
293 a history of hypersensitivity to arformoterol, racemic formoterol or to any other  
294 components of this product.

295 All LABA, including BROVANA, are contraindicated in patients with asthma without  
296 use of a long-term asthma control medication (see WARNINGS).

## 297 **WARNINGS**

### 298 • **ASTHMA RELATED DEATH**

299 **Long-acting beta<sub>2</sub>-adrenergic agonists increase the risk of asthma-related death.**  
300 **The safety and efficacy of BROVANA in patients with asthma have not been**  
301 **established. All LABA, including BROVANA, are contraindicated in patients**  
302 **with asthma without use of a long-term asthma control medication (see**  
303 **CONTRAINDICATIONS).**

304 ○ A 28-week, placebo-controlled US study comparing the safety of salmeterol  
305 with placebo, each added to usual asthma therapy, showed an increase in  
306 asthma-related deaths in patients receiving salmeterol (13/13,176 in patients  
307 treated with salmeterol vs. 3/13,179 in patients treated with placebo; RR 4.37,  
308 95% CI 1.25, 15.34). The increased risk of asthma-related death is considered  
309 a class effect of the long-acting beta<sub>2</sub>-adrenergic agonists, including  
310 BROVANA. No study adequate to determine whether the rate of asthma  
311 related death is increased in patients treated with BROVANA has been  
312 conducted.

313 Clinical studies with racemic formoterol (Foradil<sup>®</sup> Aerolizer<sup>™</sup>) suggested a  
314 higher incidence of serious asthma exacerbations in patients who received  
315 racemic formoterol than in those who received placebo. The sizes of these studies  
316 were not adequate to precisely quantify the differences in serious asthma  
317 exacerbation rates between treatment groups.

- 318 • The studies described above enrolled patients with asthma. Data are not  
319 available to determine whether the rate of death in patients with COPD is  
320 increased by long-acting beta<sub>2</sub>-adrenergic agonists.
- 321 • BROVANA is indicated for the long term, twice daily (morning and evening)  
322 maintenance treatment for bronchoconstriction in chronic obstructive  
323 pulmonary disease (COPD), and is not indicated for the treatment of acute  
324 episodes of bronchospasm, i.e., rescue therapy.
- 325 • BROVANA should not be initiated in patients with acutely deteriorating COPD,  
326 which may be a life-threatening condition. The use of BROVANA in this setting  
327 is inappropriate.
- 328 • BROVANA should not be used in children as the safety and efficacy of  
329 BROVANA have not been established in pediatric patients.
- 330 • BROVANA should not be used in conjunction with other inhaled, long-acting  
331 beta<sub>2</sub>-agonists. BROVANA should not be used with other medications  
332 containing long-acting beta<sub>2</sub>-agonists.
- 333 • When beginning treatment with BROVANA, patients who have been taking  
334 inhaled, short-acting beta<sub>2</sub>-agonists on a regular basis (e.g., four times a day)  
335 should be instructed to discontinue the regular use of these drugs and use them  
336 only for symptomatic relief of acute respiratory symptoms.
- 337 • See PRECAUTIONS, [Information for Patients](#) and the accompanying  
338 [Medication Guide](#).

### 339 **Paradoxical Bronchospasm**

340 As with other inhaled beta<sub>2</sub>-agonists, BROVANA can produce paradoxical bronchospasm  
341 that may be life-threatening. If paradoxical bronchospasm occurs, BROVANA should be  
342 discontinued immediately and alternative therapy instituted.

### 343 **Deterioration of Disease**

344 COPD may deteriorate acutely over a period of hours or chronically over several days or  
345 longer. If BROVANA no longer controls the symptoms of bronchoconstriction, or the  
346 patient's inhaled, short-acting beta<sub>2</sub>-agonist becomes less effective or the patient needs  
347 more inhalation of short-acting beta<sub>2</sub>-agonist than usual, these may be markers of  
348 deterioration of disease. In this setting, a re-evaluation of the patient and the COPD  
349 treatment regimen should be undertaken at once. Increasing the daily dosage of  
350 BROVANA beyond the recommended 15 mcg twice daily dose is not appropriate in this  
351 situation.

### 352 **Cardiovascular Effects**

353 BROVANA, like other beta<sub>2</sub>-agonists, can produce a clinically significant cardiovascular  
354 effect in some patients as measured by increases in pulse rate, blood pressure, and/or  
355 symptoms. Although such effects are uncommon after administration of BROVANA at  
356 the recommended dose, if they occur, the drug may need to be discontinued. In addition,  
357 beta-agonists have been reported to produce ECG changes, such as flattening of the

358 T wave, prolongation of the QT<sub>c</sub> interval, and ST segment depression. The clinical  
359 significance of these findings is unknown. BROVANA, as with other sympathomimetic  
360 amines, should be used with caution in patients with cardiovascular disorders, especially  
361 coronary insufficiency, cardiac arrhythmias, and hypertension (see **PRECAUTIONS,**  
362 **General**).

### 363 **Immediate Hypersensitivity Reactions**

364 Immediate hypersensitivity reactions may occur after administration of BROVANA as  
365 demonstrated by cases of anaphylactic reaction, urticaria, angioedema, rash and  
366 bronchospasm.

### 367 **Do Not Exceed Recommended Dose**

368 Fatalities have been reported in association with excessive use of inhaled  
369 sympathomimetic drugs. As with other inhaled beta<sub>2</sub>-adrenergic drugs, BROVANA  
370 should not be used more often, at higher doses than recommended, or with other long-  
371 acting beta-agonists.

## 372 **PRECAUTIONS**

### 373 **General**

374 BROVANA (arformoterol tartrate) Inhalation Solution should not be used to treat acute  
375 symptoms of COPD. BROVANA has not been studied in the relief of acute symptoms  
376 and extra doses should not be used for that purpose. When prescribing BROVANA, the  
377 physician should also provide the patient with an inhaled, short-acting beta<sub>2</sub>-agonist for  
378 treatment of COPD symptoms that occur acutely, despite regular twice-daily (morning  
379 and evening) use of BROVANA. Patients should also be cautioned that increasing  
380 inhaled beta<sub>2</sub>-agonist use is a signal of deteriorating disease for which prompt medical  
381 attention is indicated (see **Information for Patients** and the accompanying **Medication**  
382 **Guide**).

383 BROVANA, like other sympathomimetic amines, should be used with caution in patients  
384 with cardiovascular disorders, especially coronary insufficiency, cardiac arrhythmias, and  
385 hypertension; in patients with convulsive disorders or thyrotoxicosis; and in patients who  
386 are unusually responsive to sympathomimetic amines. Clinically significant changes in  
387 systolic and/or diastolic blood pressure, pulse rate and electrocardiograms have been seen  
388 infrequently in individual patients in controlled clinical studies with arformoterol tartrate.  
389 Doses of the related beta<sub>2</sub>-agonist albuterol, when administered intravenously, have been  
390 reported to aggravate preexisting diabetes mellitus and ketoacidosis.

391 Beta-agonist medications may produce significant hypokalemia in some patients,  
392 possibly though intracellular shunting, which has the potential to produce adverse  
393 cardiovascular effects. The decrease in serum potassium is usually transient, not  
394 requiring supplementation.

395 Clinically significant changes in blood glucose and/or serum potassium were infrequent  
396 during clinical studies with long-term administration of BROVANA at the recommended  
397 dose.

398 **Information for Patients**

399 **Patients should be instructed to read the accompanying Medication Guide with each**  
400 **new prescription and refill. The complete text of the Medication Guide is reprinted**  
401 **at the end of this document.** Patients should be given the following information:

- 402 1. Patients should be informed that long-acting beta<sub>2</sub>-adrenergic agonists, such as  
403 BROVANA, increase the risk of asthma-related death. All LABA, including  
404 BROVANA, should not be used in patients with asthma without use of a long-  
405 term asthma control medication (see [CONTRAINDICATIONS](#)).
- 406 2. BROVANA is not indicated to relieve acute respiratory symptoms and extra  
407 doses should not be used for that purpose. Acute symptoms should be treated  
408 with an inhaled, short-acting, beta<sub>2</sub>-agonist (the health-care provider should  
409 prescribe the patient with such medication and instruct the patient in how it  
410 should be used). Patients should be instructed to seek medical attention if their  
411 symptoms worsen, if BROVANA treatment becomes less effective, or if they  
412 need more inhalations of a short-acting beta<sub>2</sub>-agonist than usual. Patients should  
413 not inhale more than one dose at any one time. The daily dosage of BROVANA  
414 should not exceed one ready-to-use vial (15 mcg) by inhalation twice daily  
415 (30 mcg total daily dose).
- 416 3. Patients should be informed that treatment with beta<sub>2</sub>-agonists may lead to  
417 adverse events which include palpitations, chest pain, rapid heart rate, tremor, or  
418 nervousness.
- 419 4. Patients should be instructed to use BROVANA by nebulizer only and not to  
420 inject or swallow this inhalation solution.
- 421 5. Patients should protect BROVANA ready-to-use vials from light and excessive  
422 heat. The protective foil pouches should be stored under refrigeration between  
423 2°C and 8°C (36°–46°F). They should not be used after the expiration date  
424 stamped on the container. After opening the pouch, unused ready-to-use vials  
425 should be returned to, and stored in, the pouch. An opened ready-to-use vial  
426 should be used right away. Discard any ready-to-use vial if the solution is not  
427 colorless.
- 428 6. The drug compatibility (physical and chemical), efficacy and safety of  
429 BROVANA when mixed with other drugs in a nebulizer have not been  
430 established.
- 431 7. Women should be advised to contact their physician if they become pregnant or if  
432 they are nursing.
- 433 8. It is important that patients understand how to use BROVANA appropriately and  
434 how it should be used in relation to other medications to treat COPD they are  
435 taking (see the accompanying [Medication Guide](#) and the [Instructions for Using](#)  
436 [BROVANA](#)).

437 **Drug Interactions**

438 If additional adrenergic drugs are to be administered by any route, they should be used  
439 with caution because the pharmacologically predictable sympathetic effects of  
440 BROVANA may be potentiated.

441 When paroxetine, a potent inhibitor of CYP2D6, was co-administered with BROVANA  
442 at steady-state, exposure to either drug was not altered. Dosage adjustments of  
443 BROVANA are not necessary when the drug is given concomitantly with potent  
444 CYP2D6 inhibitors.

445 Concomitant treatment with methylxanthines (aminophylline, theophylline), steroids, or  
446 diuretics may potentiate any hypokalemic effect of adrenergic agonists.

447 The ECG changes and/or hypokalemia that may result from the administration of non-  
448 potassium sparing diuretics (such as loop or thiazide diuretics) can be acutely worsened  
449 by beta-agonists, especially when the recommended dose of the beta-agonist is exceeded.  
450 Although the clinical significance of these effects is not known, caution is advised in the  
451 co-administration of beta-agonists with non-potassium sparing diuretics.

452 BROVANA, as with other beta<sub>2</sub>-agonists, should be administered with extreme caution to  
453 patients being treated with monoamine oxidase inhibitors, tricyclic antidepressants, or  
454 drugs known to prolong the QT<sub>c</sub> interval because the action of adrenergic agonists on the  
455 cardiovascular system may be potentiated by these agents. Drugs that are known to  
456 prolong the QT<sub>c</sub> interval have an increased risk of ventricular arrhythmias. The  
457 concurrent use of intravenously or orally administered methylxanthines (e.g.,  
458 aminophylline, theophylline) by patients receiving BROVANA has not been completely  
459 evaluated. In two combined 12-week placebo controlled trials that included BROVANA  
460 doses of 15 mcg twice daily, 25 mcg twice daily, and 50 mcg once daily, 54 of 873  
461 BROVANA -treated subjects received concomitant theophylline at study entry. In a  
462 12-month controlled trial that included a 50 mcg once daily BROVANA dose, 30 of the  
463 528 BROVANA -treated subjects received concomitant theophylline at study entry. In  
464 these trials, heart rate and systolic blood pressure were approximately 2-3 bpm and  
465 6-8 mm Hg higher, respectively, in subjects on concomitant theophylline compared with  
466 the overall population.

467 Beta-adrenergic receptor antagonists (beta-blockers) and BROVANA may interfere with  
468 the effect of each other when administered concurrently. Beta-blockers not only block  
469 the therapeutic effects of beta-agonists, but may produce severe bronchospasm in COPD  
470 patients. Therefore, patients with COPD should not normally be treated with beta-  
471 blockers. However, under certain circumstances, e.g., as prophylaxis after myocardial  
472 infarction, there may be no acceptable alternatives to the use of beta-blockers in patients  
473 with COPD. In this setting, cardioselective beta-blockers could be considered, although  
474 they should be administered with caution.

475 **Carcinogenesis, Mutagenesis, Impairment of Fertility**

476 Long-term studies were conducted in mice using oral administration and rats using  
477 inhalation administration to evaluate the carcinogenic potential of arformoterol.

478 In a 24-month carcinogenicity study in CD-1 mice, arformoterol caused a dose-related  
479 increase in the incidence of uterine and cervical endometrial stromal polyps and stromal  
480 cell sarcoma in female mice at oral doses of 1 mg/kg and above (AUC exposure  
481 approximately 70 times adult exposure at the maximum recommended daily inhalation  
482 dose).

483 In a 24-month carcinogenicity study in Sprague-Dawley rats, arformoterol caused a  
484 statistically significant increase in the incidence of thyroid gland c-cell adenoma and  
485 carcinoma in female rats at an inhalation dose of 200 mcg/kg (AUC exposure  
486 approximately 130 times adult exposure at the maximum recommended daily inhalation  
487 dose). There were no tumor findings with an inhalation dose of 40 mcg/kg (AUC  
488 exposure approximately 55 times adult exposure at the maximum recommended daily  
489 inhalation dose).

490 Arformoterol was not mutagenic or clastogenic in the following tests: mutagenicity tests  
491 in bacteria, chromosome aberration analyses in mammalian cells, and micronucleus test  
492 in mice.

493 Arformoterol had no effects on fertility and reproductive performance in rats at oral doses  
494 up to 10 mg/kg (approximately 2700 times the maximum recommended daily inhalation  
495 dose in adults on a mg/m<sup>2</sup> basis).

#### 496 **Pregnancy: Teratogenic Effects**

##### 497 *Pregnancy Category C*

498 Arformoterol has been shown to be teratogenic in rats based upon findings of  
499 omphalocele (umbilical hernia), a malformation, at oral doses of 1 mg/kg and above  
500 (AUC exposure approximately 370 times adult exposure at the maximum recommended  
501 daily inhalation dose). Increased pup loss at birth and during lactation and decreased pup  
502 weights were observed in rats at oral doses of 5 mg/kg and above (AUC exposure  
503 approximately 1100 times adult exposure at the maximum recommended daily inhalation  
504 dose). Delays in development were evident with an oral dose of 10 mg/kg (AUC  
505 exposure approximately 2400 times adult exposure at the maximum recommended daily  
506 inhalation dose).

507 Arformoterol has been shown to be teratogenic in rabbits based upon findings of  
508 malpositioned right kidney, a malformation, at oral doses of 20 mg/kg and above (AUC  
509 exposure approximately 8400 times adult exposure at the maximum recommended daily  
510 inhalation dose). Malformations including brachydactyly, bulbous aorta, and liver cysts  
511 were observed at doses of 40 mg/kg and above (approximately 22,000 times the  
512 maximum recommended daily inhalation dose in adults on a mg/m<sup>2</sup> basis). Malformation  
513 including adactyly, lobular dysgenesis of the lung, and interventricular septal defect were  
514 observed at 80 mg/kg (approximately 43,000 times the maximum recommended daily  
515 inhalation dose in adults on a mg/m<sup>2</sup> basis). Embryo lethality was observed at  
516 80 mg/kg/day (approximately 43,000 times the maximum recommended daily inhalation  
517 dose in adults on a mg/m<sup>2</sup> basis). Decreased pup body weights were observed at doses of  
518 40 mg/kg/day and above (approximately 22,000 times the maximum recommended daily  
519 inhalation dose in adults on a mg/m<sup>2</sup> basis). There were no teratogenic findings in rabbits

520 with oral dose of 10 mg/kg and lower (AUC exposure approximately 4900 times adult  
521 exposure at the maximum recommended daily inhalation dose).

522 There are no adequate and well-controlled studies in pregnant women. BROVANA  
523 should be used during pregnancy only if the potential benefit justifies the potential risk to  
524 the fetus.

### 525 **Use in Labor and Delivery**

526 There are no human studies that have investigated the effects of BROVANA on preterm  
527 labor or labor at term.

528 Because beta-agonists may potentially interfere with uterine contractility, BROVANA  
529 should be used during labor and delivery only if the potential benefit justifies the  
530 potential risk.

### 531 **Nursing Mothers**

532 In reproductive studies in rats, arformoterol was excreted in the milk. It is not known  
533 whether arformoterol is excreted in human milk. Because many drugs are excreted in  
534 human milk, caution should be exercised when BROVANA is administered to a nursing  
535 woman.

### 536 **Pediatric**

537 BROVANA is approved for use in the long term maintenance treatment of  
538 bronchoconstriction associated with chronic obstructive pulmonary disease, including  
539 chronic bronchitis and emphysema. This disease does not occur in children. The safety  
540 and effectiveness of BROVANA in pediatric patients have not been established.

### 541 **Geriatric**

542 Of the 873 patients who received BROVANA in two placebo-controlled clinical studies  
543 in adults with COPD, 391 (45%) were 65 years of age or older while 96 (11%) were  
544 75 years of age or older. No overall differences in safety or effectiveness were observed  
545 between these subjects and younger subjects. Among subjects age 65 years and older,  
546 129 (33%) received BROVANA at the recommended dose of 15 mcg twice daily, while  
547 the remainder received higher doses. ECG alerts for ventricular ectopy in patients 65 to  
548  $\leq$  75 years of age were comparable among patients receiving 15 mcg twice daily, 25 mcg  
549 twice daily, and placebo (3.9%, 5.2%, and 7.1%, respectively). A higher frequency  
550 (12.4%) was observed when BROVANA was dosed at 50 mcg once daily. The clinical  
551 significance of this finding is not known. Other reported clinical experience has not  
552 identified differences in responses between the elderly and younger patients, but greater  
553 sensitivity of some older individuals cannot be ruled out.

## 554 **ADVERSE REACTIONS**

### 555 **Experience in Adult Patients with COPD**

556 Of the 1,456 COPD patients in the two 12-week, placebo-controlled trials, 288 were  
557 treated with BROVANA (arformoterol tartrate) Inhalation Solution 15 mcg twice daily  
558 and 293 were treated with placebo. Doses of 25 mcg twice daily and 50 mcg once daily

559 were also evaluated. The numbers and percent of patients who reported adverse events  
560 were comparable in the 15 mcg twice daily and placebo groups.

561 The following table shows adverse events where the frequency was greater than or equal  
562 to 2% in the BROVANA 15 mcg twice daily group and where the rates of adverse events  
563 in the BROVANA 15 mcg twice daily group exceeded placebo. Ten adverse events  
564 demonstrated a dose relationship: asthenia, fever, bronchitis, COPD, headache, vomiting,  
565 hyperkalemia, leukocytosis, nervousness, and tremor.

**Table 1: Number of Patients Experiencing Adverse Events from Two 12-Week, Double-Blind, Placebo Controlled Clinical Trials**

	BROVANA 15 mcg twice daily		Placebo	
	n	(%)	n	(%)
Total Patients	288	(100)	293	(100)
Pain	23	(8)	16	(5)
Chest Pain	19	(7)	19	(6)
Back Pain	16	(6)	6	(2)
Diarrhea	16	(6)	13	(4)
Sinusitis	13	(5)	11	(4)
Leg Cramps	12	(4)	6	(2)
Dyspnea	11	(4)	7	(2)
Rash	11	(4)	5	(2)
Flu Syndrome	10	(3)	4	(1)
Peripheral Edema	8	(3)	7	(2)
Lung Disorder*	7	(2)	2	(1)

\* Reported terms coded to “Lung Disorder” were predominantly pulmonary or chest congestion.

567 Adverse events occurring in patients treated with BROVANA 15 mcg twice daily with a  
568 frequency of <2%, but greater than placebo were as follows:

569 **Body as a Whole:** abscess, allergic reaction, digitalis intoxication, fever, hernia, injection  
570 site pain, neck rigidity, neoplasm, pelvic pain, retroperitoneal hemorrhage

571 **Cardiovascular:** arteriosclerosis, atrial flutter, AV block, congestive heart failure, heart  
572 block, myocardial infarct, QT interval prolonged, supraventricular tachycardia, inverted  
573 T-wave

574 **Digestive:** constipation, gastritis, melena, oral moniliasis, periodontal abscess, rectal  
575 hemorrhage

576 **Metabolic and Nutritional Disorders:** dehydration, edema, glucose tolerance decreased,  
577 gout, hyperglycemia, hyperlipemia, hypoglycemia, hypokalemia

578 **Musculoskeletal:** arthralgia, arthritis, bone disorder, rheumatoid arthritis, tendinous  
579 contracture

580 **Nervous:** agitation, cerebral infarct, circumoral paresthesia, hypokinesia, paralysis,  
581 somnolence, tremor

582 **Respiratory:** carcinoma of the lung, respiratory disorder, voice alteration

583 **Skin and Appendages:** dry skin, herpes simplex, herpes zoster, skin discoloration, skin  
584 hypertrophy

585 **Special Senses:** abnormal vision, glaucoma

586 **Urogenital:** breast neoplasm, calcium crystalluria, cystitis, glycosuria, hematuria, kidney  
587 calculus, nocturia, PSA increase, pyuria, urinary tract disorder, urine abnormality.

588 Overall, the frequency of all cardiovascular adverse events for BROVANA in the two  
589 placebo controlled trials was low and comparable to placebo (6.9% in BROVANA  
590 15 mcg twice daily and 13.3% in the placebo group). There were no frequently occurring  
591 specific cardiovascular adverse events for BROVANA (frequency  $\geq 1\%$  and greater than  
592 placebo). The rate of COPD exacerbations was also comparable between the  
593 BROVANA 15 mcg twice daily and placebo groups, 12.2% and 15.1%, respectively.

594 Other adverse reactions which may occur with selective beta<sub>2</sub>-adrenoceptor agonists such  
595 as BROVANA include: angina, hypertension or hypotension, tachycardia, arrhythmias,  
596 nervousness, headache, tremor, dry mouth, palpitation, muscle cramps, nausea, dizziness,  
597 fatigue, malaise, hypokalemia, hyperglycemia, metabolic acidosis and insomnia.

## 598 **Drug Abuse and Dependence**

599 There were no reported cases of abuse or evidence of drug dependence with the use of  
600 BROVANA in the clinical trials.

## 601 **OVERDOSAGE**

602 The expected signs and symptoms associated with overdosage of BROVANA  
603 (arformoterol tartrate) Inhalation Solution are those of excessive beta-adrenergic  
604 stimulation and/or occurrence or exaggeration of any of the signs and symptoms listed  
605 under **ADVERSE REACTIONS**, e.g., angina, hypertension or hypotension, tachycardia,

606 with rates up to 200 bpm, arrhythmias, nervousness, headache, tremor, dry mouth,  
607 palpitation, muscle cramps, nausea, dizziness, fatigue, malaise, hypokalemia,  
608 hyperglycemia, metabolic acidosis and insomnia. As with all inhaled sympathomimetic  
609 medications, cardiac arrest and even death may be associated with an overdose of  
610 BROVANA.

611 Treatment of overdose consists of discontinuation of BROVANA together with  
612 institution of appropriate symptomatic and/or supportive therapy. The judicious use of a  
613 cardioselective beta-receptor blocker may be considered, bearing in mind that such  
614 medication can produce bronchospasm. There is insufficient evidence to determine if  
615 dialysis is beneficial for overdose of BROVANA. Cardiac monitoring is  
616 recommended in cases of overdose.

617 Clinical signs in dogs included flushing of the body surface and facial area, reddening of  
618 the ears and gums, tremor, and increased heart rate. A death was reported in dogs after a  
619 single oral dose of 5 mg/kg (approximately 4500 times the maximum recommended daily  
620 inhalation dose in adults on a mg/m<sup>2</sup> basis). Death occurred for a rat that received  
621 arformoterol at a single inhalation dose of 1600 mcg/kg (approximately 430 times the  
622 maximum recommended daily inhalation dose in adults on a mg/m<sup>2</sup> basis).

## 623 **DOSAGE AND ADMINISTRATION**

624 The recommended dose of BROVANA (arformoterol tartrate) Inhalation Solution for  
625 COPD patients is 15 mcg administered twice a day (morning and evening) by  
626 nebulization. A total daily dose greater than 30 mcg (15 mcg twice daily) is not  
627 recommended. BROVANA should be administered by the inhaled route via a standard  
628 jet nebulizer connected to an air compressor (see the accompanying **Medication Guide**).  
629 BROVANA should not be swallowed. BROVANA<sup>®</sup> should be stored refrigerated in foil  
630 pouches. After opening the pouch, unused ready-to-use vials should be returned to, and  
631 stored in, the pouch. An opened ready-to-use vial should be used right away.

632 If the recommended maintenance treatment regimen fails to provide the usual response,  
633 medical advice should be sought immediately, as this is often a sign of destabilization of  
634 COPD. Under these circumstances, the therapeutic regimen should be re-evaluated and  
635 additional therapeutic options should be considered.

636 No dose adjustment is required for patients with renal or hepatic impairment. However,  
637 since the clearance of BROVANA is prolonged in patients with hepatic impairment, they  
638 should be monitored closely.

639 The drug compatibility (physical and chemical), efficacy, and safety of BROVANA  
640 when mixed with other drugs in a nebulizer have not been established.

641 The safety and efficacy of BROVANA have been established in clinical trials when  
642 administered using the PARI LC PLUS<sup>®</sup> nebulizers and PARI DURA-NEB<sup>®</sup> 3000  
643 compressors. The safety and efficacy of BROVANA when administered using other  
644 nebulizer systems has not been established.

645

646 **HOW SUPPLIED**

647 BROVANA (arformoterol tartrate) Inhalation Solution is supplied in a single strength  
648 (15 mcg of arformoterol, equivalent to 22 mcg of arformoterol tartrate) as 2 mL of a  
649 sterile solution in low-density polyethylene (LDPE) ready-to-use vials overwrapped in  
650 foil. BROVANA is available in a shelf-carton containing 30 or 60 ready-to-use vials.

651 NDC 63402-911-30: carton of 30 individually pouched ready-to-use vials.

652 NDC 63402-911-64: carton of 60 ready-to-use vials (15×4 ready-to-use vial pouches).

653

654 **CAUTION:** Federal law (U.S.) prohibits dispensing without prescription.

655 **Storage**

656 Store BROVANA in the protective foil pouch under refrigeration at 36°-46°F (2°-8°C).

657 Protect from light and excessive heat. After opening the pouch, unused ready-to-use

658 vials should be returned to, and stored in, the pouch. An opened ready-to-use vial should

659 be used right away. Discard any ready-to-use vial if the solution is not colorless.

660 Unopened foil pouches of BROVANA can also be stored at room temperature 68°-77°F,

661 (20°-25°C) for up to 6 weeks. If stored at room temperature, discard if not used after

662 6 weeks or if past the expiration date, whichever is sooner.

663



664

665 Manufactured for:

666 **Sepracor Inc.**

667 Marlborough, MA 01752 USA

668 For customer service, call 1-888-394-7377.

669 To report adverse events, call 1-877-737-7226.

670 For medical information, call 1-800-739-0565.

671

672 Month Year

673 901005R0X



38 **Do not use BROVANA if you:**

- 39 • have had a serious allergic reaction to arformoterol, formoterol, or any  
40 of the ingredients in BROVANA. Ask your healthcare provider if you are  
41 not sure. See the end of this Medication Guide for a complete list of  
42 ingredients in BROVANA.
- 43 • have asthma without using a long-term asthma control medicine.

44 **What should I tell my healthcare provider before using BROVANA?**

45 **Tell your healthcare provider about all of your health conditions,**  
46 **including if you:**

- 47 • have heart problems
- 48 • have high blood pressure
- 49 • have seizures
- 50 • have thyroid problems
- 51 • have diabetes
- 52 • have liver problems
- 53 • are pregnant or planning to become pregnant. It is not known if  
54 BROVANA can harm your unborn baby.
- 55 • are breastfeeding. It is not known if BROVANA passes into your milk  
56 and if it can harm your baby.

57 **Tell your healthcare provider about all the medicines you take**  
58 including prescription and non-prescription medicines, vitamins and herbal  
59 supplements. BROVANA and certain other medicines may interact with each  
60 other. This may cause serious side effects.

61 Know the medicines you take. Keep a list of them to show your healthcare  
62 provider and pharmacist each time you get a new medicine.

63 **How should I use BROVANA?**

64 **Read the step-by-step instructions for using BROVANA at the end of**  
65 **this Medication Guide.**

- 66 • Use BROVANA exactly as prescribed. One ready-to-use vial of BROVANA  
67 is one dose. The usual dose of BROVANA is 1 ready-to-use vial, twice a  
68 day (morning and evening) breathed in through your nebulizer machine.  
69 The 2 doses should be about 12 hours apart. **Do not use more than 2**  
70 **ready-to-use vials of BROVANA a day.**
- 71 • Do not swallow or inject BROVANA.

- 72 • BROVANA is for use with a standard jet nebulizer machine connected to  
73 an air compressor. Read the complete instructions for use at the end of  
74 this Medication Guide before starting BROVANA.
- 75 • Do not mix other medicines with BROVANA in your nebulizer machine.
- 76 • If you miss a dose of BROVANA. Just skip that dose. Take your next  
77 dose at your usual time. Do not take 2 doses at one time.
- 78 • While you are using BROVANA 2 times each day:
- 79 • **do not use** other medicines that contain a long-acting beta<sub>2</sub>-agonist  
80 (LABA) for any reason.
- 81 • **do not use** your short-acting beta<sub>2</sub>-agonist medicine on a regular  
82 basis (four times a day).
- 83 • **BROVANA does not relieve sudden symptoms of COPD.** Always have  
84 a rescue inhaler medicine with you to treat sudden symptoms. If you do  
85 not have a rescue inhaler medicine, call your healthcare provider to have  
86 one prescribed for you.
- 87 • Do not stop using BROVANA or other medicines to control or treat your  
88 COPD unless told to do so by your healthcare provider because your  
89 symptoms might get worse. Your healthcare provider will change your  
90 medicines as needed.
- 91 • **Do not use BROVANA:**
- 92 ○ **more often than prescribed**
- 93 ○ **more medicine than prescribed for you**
- 94 ○ **with other LABA medicines**
- 95 **Call your healthcare provider or get emergency medical care right**  
96 **away if:**
- 97 • your breathing problems worsen with BROVANA
- 98 • you need to use your rescue inhaler medicine more often than usual
- 99 • your rescue inhaler medicine does not work as well for you at relieving  
100 symptoms

101 **What are the possible side effects with BROVANA?**

102 **BROVANA can cause serious side effects, including:**

- 103 • **See “What is the most important information I should know about**  
104 **BROVANA?”**
- 105 • Sudden shortness of breath immediately after use of Brovana

- 106 • If your COPD symptoms worsen over time do not increase your dose of  
107 Brovana, instead call your healthcare provider.
- 108 • Increased blood pressure
- 109 • Fast or irregular heartbeat
- 110 • **serious allergic reactions including rash, hives, swelling of the**  
111 **face, mouth, and tongue, and breathing problems.** Call your  
112 healthcare provider or get emergency medical care if you get any  
113 symptoms of a serious allergic reaction.

114

115 **Common side effects of BROVANA include:**

- 116 • **chest or back pain**
- 117 • **diarrhea**
- 118 • **sinus congestion**
- 119 • **headache**
- 120 • **tremor**
- 121 • **nervousness**
- 122 • **leg cramps**
- 123 • **high blood potassium**
- 124 • **shortness of breath**
- 125 • **rash**
- 126 • **fever**
- 127 • **increased white blood cells**
- 128 • **vomiting**
- 129 • **tiredness**
- 130 • **leg swelling**
- 131 • **chest congestion or bronchitis**

132

133 Tell your healthcare provider if you get any side effect that bothers you or  
134 that does not go away.

135 These are not all the side effects with BROVANA. Ask your healthcare  
136 provider or pharmacist for more information. Call your doctor for medical  
137 advice about side effects. You may report side effects to FDA at 1-800-FDA-  
138 1088.

139 **How should I store BROVANA?**

- 140 • Store BROVANA in a refrigerator between 36° to 46°F (2° to 8°C) in the  
141 protective foil pouch. Protect from light and excessive heat. **Do not**  
142 **open a sealed pouch until you are ready to use a dose of**  
143 **BROVANA. After opening the pouch, unused ready-to-use vials**  
144 **should be returned to, and stored in, the pouch. An opened ready-**  
145 **to-use vial should be used right away.** BROVANA may be used  
146 directly from the refrigerator.
- 147 • BROVANA may also be stored at room temperature between 68°F to 77°F  
148 (20°C to 25°C) for up to 6 weeks (42 days). If stored at room  
149 temperature, discard BROVANA if it is not used after 6 weeks or if past  
150 the expiration date, whichever is sooner. Space is provided on the  
151 packaging to record room temperature storage times.
- 152 • Do not use BROVANA after the expiration date provided on the foil pouch  
153 and ready-to-use vial.
- 154 • BROVANA should be colorless. Discard BROVANA if it is not colorless.
- 155 • **Keep BROVANA and all medicines out of the reach of children.**

#### 156 **General Information about BROVANA**

157 Medicines are sometimes prescribed for purposes not mentioned in a  
158 Medication Guide. Do not use BROVANA for a condition for which it was not  
159 prescribed. Do not give BROVANA to other people, even if they have the  
160 same condition. It may harm them.

161 This Medication Guide summarizes the most important information about  
162 BROVANA. If you would like more information, talk with your healthcare  
163 provider. You can ask your healthcare provider or pharmacist for information  
164 about BROVANA that was written for healthcare professionals.

- 165 • For customer service, call 1-888-394-7377.
- 166 • To report side effects, call 1-877-737-7226.
- 167 • For medical information, call 1-800-739-0565.

168 **Instructions for Using BROVANA (arformoterol tartrate) Inhalation**  
169 **Solution**

170

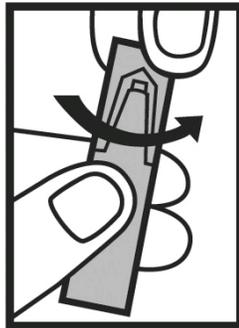
171 **BROVANA is used only in a standard jet nebulizer machine connected**  
172 **to an air compressor. Make sure you know how to use your nebulizer**  
173 **machine before you use it to breathe-in BROVANA or other**  
174 **medicines.**

175 **Do not mix BROVANA with other medicines in your nebulizer**  
176 **machine.**

177 BROVANA comes sealed in a foil pouch. Do not open a sealed pouch until  
178 you are ready to use a dose of BROVANA. After opening the pouch, unused  
179 ready-to-use vials should be returned to, and stored in, the pouch. An  
180 opened ready-to-use vial should be used right away.

181 1. Open the foil pouch by tearing on the rough edge along the seam of  
182 the pouch. Remove a ready-to-use vial of BROVANA.

183 2. Carefully twist open the top of the ready-to-use vial and use it right  
184 away (**Figure 1**).



**Figure 1**

185

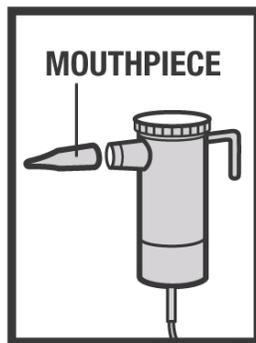
- 186 3. Squeeze all of the medicine from the ready-to-use vial into the  
187 nebulizer medicine cup (reservoir) (**Figure 2**).



**Figure 2**

188

- 189 4. Connect the nebulizer reservoir to the mouthpiece (**Figure 3**) or face  
190 mask (**Figure 4**).



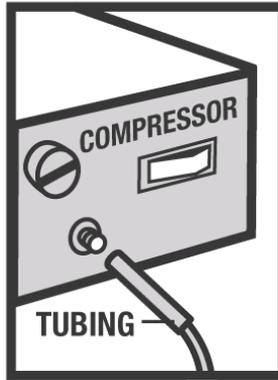
**Figure 3**



**Figure 4**

191

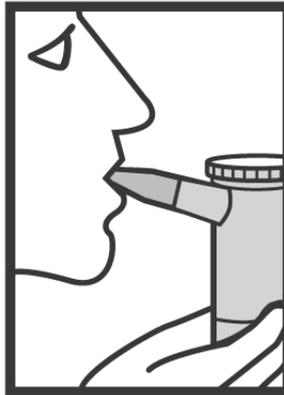
192 5. Connect the nebulizer to the compressor (**Figure 5**).



**Figure 5**

193

194 6. Sit in a comfortable, upright position. Place the mouthpiece in your  
195 mouth (**Figure 6**) (or put on the face mask) and turn on the  
196 compressor.



**Figure 6**

197

198 7. Breathe as calmly, deeply, and evenly as possible until no more mist is  
199 formed in the nebulizer reservoir. It takes about 5 to 10 minutes for  
200 each treatment.

201 8. Clean the nebulizer (see manufacturer's instructions).

202

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204

205

206 Rx Only

207 This Medication Guide has been approved by the Food and Drug  
208 Administration.



209

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213

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