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# HUMALOG<sup>®</sup> Mix75/25<sup>™</sup>

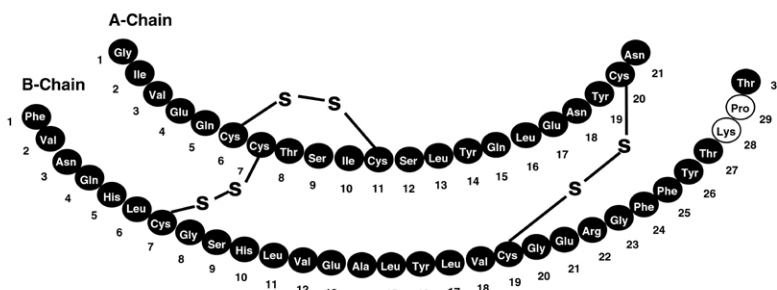
## 75% INSULIN LISPRO PROTAMINE SUSPENSION AND 25% INSULIN LISPRO INJECTION (rDNA ORIGIN) 100 UNITS PER ML (U-100)

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### DESCRIPTION

9 Humalog<sup>®</sup> Mix75/25<sup>™</sup> [75% insulin lispro protamine suspension and 25% insulin lispro  
10 injection, (rDNA origin)] is a mixture of insulin lispro solution, a rapid-acting blood glucose-  
11 lowering agent and insulin lispro protamine suspension, an intermediate-acting blood glucose-  
12 lowering agent. Chemically, insulin lispro is Lys(B28), Pro(B29) human insulin analog, created  
13 when the amino acids at positions 28 and 29 on the insulin B-chain are reversed. Insulin lispro is  
14 synthesized in a special non-pathogenic laboratory strain of *Escherichia coli* bacteria that has  
15 been genetically altered to produce insulin lispro. Insulin lispro protamine suspension (NPL  
16 component) is a suspension of crystals produced from combining insulin lispro and protamine  
17 sulfate under appropriate conditions for crystal formation.

Insulin lispro has the following primary structure:



18  
19 Insulin lispro has the empirical formula  $C_{257}H_{383}N_{65}O_{77}S_6$  and a molecular weight of 5808,  
20 both identical to that of human insulin.

21 Humalog Mix75/25 vials and Pens contain a sterile suspension of insulin lispro protamine  
22 suspension mixed with soluble insulin lispro for use as an injection.

23 Each milliliter of Humalog Mix75/25 injection contains insulin lispro 100 units, 0.28 mg  
24 protamine sulfate, 16 mg glycerin, 3.78 mg dibasic sodium phosphate, 1.76 mg Metacresol, zinc  
25 oxide content adjusted to provide 0.025 mg zinc ion, 0.715 mg phenol, and Water for Injection.  
26 Humalog Mix75/25 has a pH of 7.0 to 7.8. Hydrochloric acid 10% and/or sodium hydroxide 10%  
27 may have been added to adjust pH.

28

### CLINICAL PHARMACOLOGY

29

#### Antidiabetic Activity

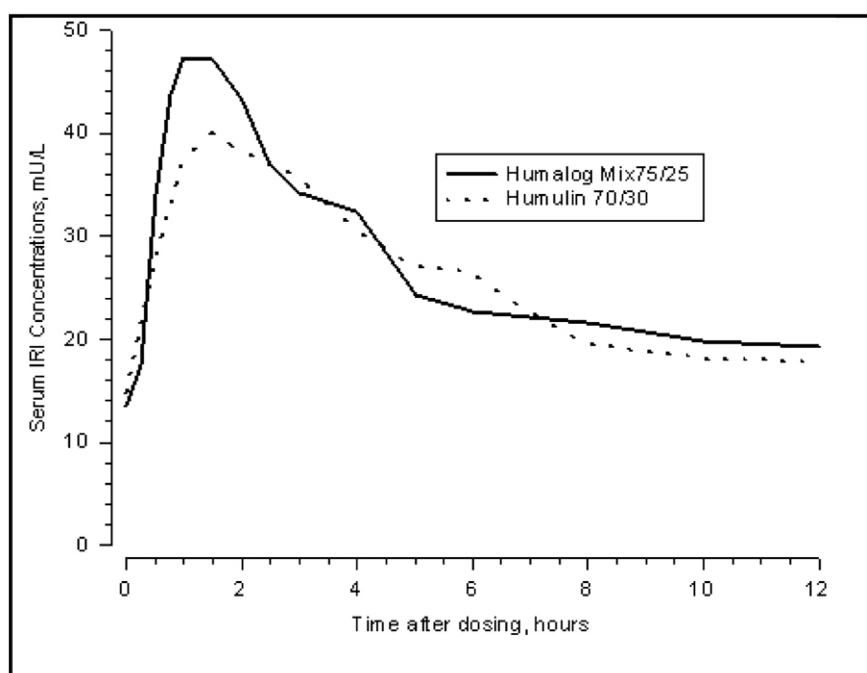
30 The primary activity of insulin, including Humalog Mix75/25, is the regulation of glucose  
31 metabolism. In addition, all insulins have several anabolic and anti-catabolic actions on many  
32 tissues in the body. In muscle and other tissues (except the brain), insulin causes rapid transport  
33 of glucose and amino acids intracellularly, promotes anabolism, and inhibits protein catabolism.  
34 In the liver, insulin promotes the uptake and storage of glucose in the form of glycogen, inhibits  
35 gluconeogenesis, and promotes the conversion of excess glucose into fat.

36 Insulin lispro, the rapid-acting component of Humalog Mix75/25, has been shown to be  
37 equipotent to Regular human insulin on a molar basis. One unit of Humalog<sup>®</sup> has the same

38 glucose-lowering effect as one unit of Regular human insulin, but its effect is more rapid and of  
 39 shorter duration. Humalog Mix75/25 has a similar glucose-lowering effect as compared with  
 40 Humulin<sup>®</sup> 70/30 on a unit for unit basis.

#### 41 **Pharmacokinetics**

42 *Absorption* — Studies in nondiabetic subjects and patients with type 1 (insulin-dependent)  
 43 diabetes demonstrated that Humalog, the rapid-acting component of Humalog Mix75/25, is  
 44 absorbed faster than Regular human insulin (U-100). In nondiabetic subjects given subcutaneous  
 45 doses of Humalog ranging from 0.1 to 0.4 U/kg, peak serum concentrations were observed 30 to  
 46 90 minutes after dosing. When nondiabetic subjects received equivalent doses of Regular human  
 47 insulin, peak insulin concentrations occurred between 50 to 120 minutes after dosing. Similar  
 48 results were seen in patients with type 1 diabetes.



49 **Figure 1: Serum Immunoreactive Insulin (IRI) Concentrations, After Subcutaneous**  
 50 **Injection of Humalog Mix75/25 or Humulin 70/30 in Healthy Nondiabetic Subjects.**

51 Humalog Mix75/25 has two phases of absorption. The early phase represents insulin lispro and  
 52 its distinct characteristics of rapid onset. The late phase represents the prolonged action of insulin  
 53 lispro protamine suspension. In 30 healthy nondiabetic subjects given subcutaneous doses  
 54 (0.3 U/kg) of Humalog Mix75/25, peak serum concentrations were observed 30 to 240 minutes  
 55 (median, 60 minutes) after dosing (*see* Figure 1). Identical results were found in patients with  
 56 type 1 diabetes. The rapid absorption characteristics of Humalog are maintained with Humalog  
 57 Mix75/25 (*see* Figure 1).

58 Figure 1 represents serum insulin concentration versus time curves of Humalog Mix75/25 and  
 59 Humulin 70/30. Humalog Mix75/25 has a more rapid absorption than Humulin 70/30, which has  
 60 been confirmed in patients with type 1 diabetes.

61 *Distribution* — Radiolabeled distribution studies of Humalog Mix75/25 have not been  
 62 conducted. However, the volume of distribution following injection of Humalog is identical to  
 63 that of Regular human insulin, with a range of 0.26 to 0.36 L/kg.

64 *Metabolism* — Human metabolism studies of Humalog Mix75/25 have not been conducted.  
 65 Studies in animals indicate that the metabolism of Humalog, the rapid-acting component of  
 66 Humalog Mix75/25, is identical to that of Regular human insulin.

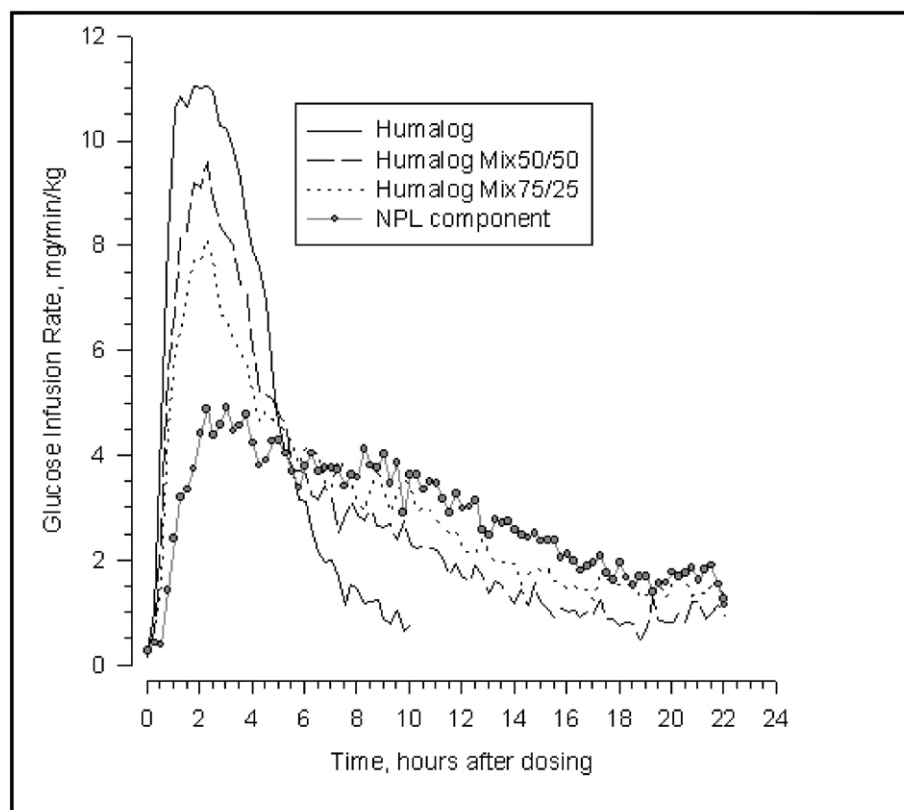
67 *Elimination* — Humalog Mix75/25 has two absorption phases, a rapid and a prolonged phase,  
68 representative of the insulin lispro and insulin lispro protamine suspension components of the  
69 mixture. As with other intermediate-acting insulins, a meaningful terminal phase half-life cannot  
70 be calculated after administration of Humalog Mix75/25 because of the prolonged insulin lispro  
71 protamine suspension absorption.

## 72 **Pharmacodynamics**

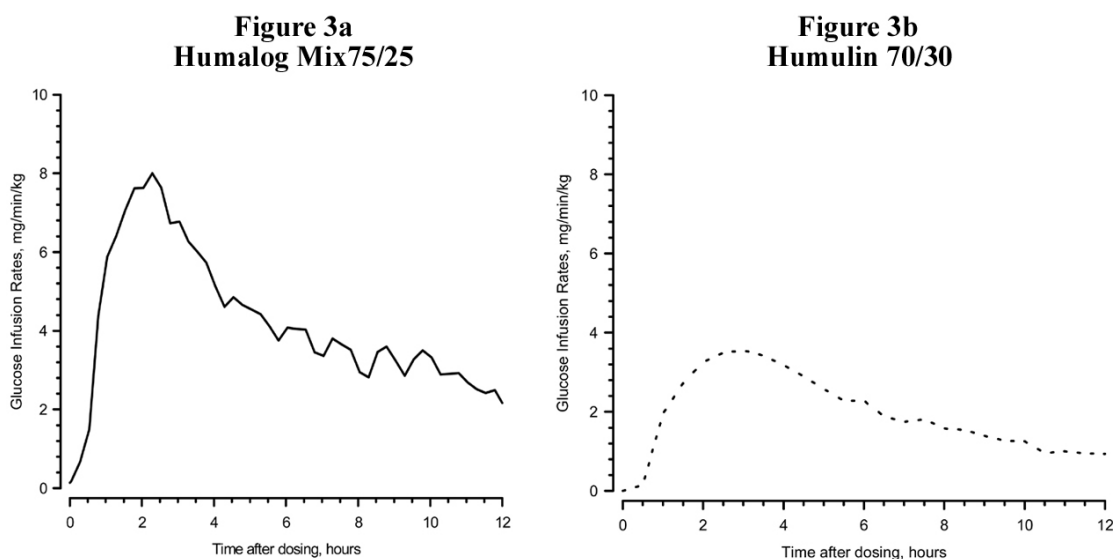
73 Studies in nondiabetic subjects and patients with diabetes demonstrated that Humalog has a  
74 more rapid onset of glucose-lowering activity, an earlier peak for glucose-lowering, and a shorter  
75 duration of glucose-lowering activity than Regular human insulin. The early onset of activity of  
76 Humalog Mix75/25 is directly related to the rapid absorption of Humalog. The time course of  
77 action of insulin and insulin analogs, such as Humalog (and hence Humalog Mix75/25), may  
78 vary considerably in different individuals or within the same individual. The parameters of  
79 Humalog Mix75/25 activity (time of onset, peak time, and duration) as presented in Figures 2  
80 and 3 should be considered only as general guidelines. The rate of insulin absorption and  
81 consequently the onset of activity is known to be affected by the site of injection, exercise, and  
82 other variables (*see General under PRECAUTIONS*).

83 In a glucose clamp study performed in 30 nondiabetic subjects, the onset of action and glucose-  
84 lowering activity of Humalog, Humalog<sup>®</sup> Mix50/50<sup>™</sup>, Humalog Mix75/25, and insulin lispro  
85 protamine suspension (NPL component) were compared (*see* Figure 2). Graphs of mean glucose  
86 infusion rate versus time showed a distinct insulin activity profile for each formulation. The  
87 rapid onset of glucose-lowering activity characteristic of Humalog was maintained in Humalog  
88 Mix75/25.

89 In separate glucose clamp studies performed in nondiabetic subjects, pharmacodynamics of  
90 Humalog Mix75/25 and Humulin 70/30 were assessed and are presented in Figure 3. Humalog  
91 Mix75/25 has a duration of activity similar to that of Humulin 70/30.



92 **Figure 2: Insulin Activity After Injection of Humalog, Humalog Mix50/50, Humalog**  
 93 **Mix75/25, or Insulin Lispro Protamine Suspension (NPL Component) in 30 Nondiabetic**  
 94 **Subjects.**  
 95



96 **Figure 3: Insulin Activity After Injection of Humalog Mix75/25 and Humulin 70/30 in**  
 97 **Nondiabetic Subjects.**

98 Figures 2 and 3 represent insulin activity profiles as measured by glucose clamp studies in  
 99 healthy nondiabetic subjects.

100 Figure 2 shows the time activity profiles of Humalog, Humalog Mix50/50, Humalog  
 101 Mix75/25, and insulin lispro protamine suspension (NPL component).

102 Figure 3 is a comparison of the time activity profiles of Humalog Mix75/25 (*see* Figure 3a) and  
 103 of Humulin 70/30 (*see* Figure 3b) from two different studies.

#### 104 Special Populations

105 *Age and Gender* — Information on the effect of age on the pharmacokinetics of Humalog  
 106 Mix75/25 is unavailable. Pharmacokinetic and pharmacodynamic comparisons between men and  
 107 women administered Humalog Mix75/25 showed no gender differences. In large Humalog  
 108 clinical trials, sub-group analysis based on age and gender demonstrated that differences between  
 109 Humalog and Regular human insulin in postprandial glucose parameters are maintained across  
 110 sub-groups.

111 *Smoking* — The effect of smoking on the pharmacokinetics and pharmacodynamics of  
 112 Humalog Mix75/25 has not been studied.

113 *Pregnancy* — The effect of pregnancy on the pharmacokinetics and pharmacodynamics of  
 114 Humalog Mix75/25 has not been studied.

115 *Obesity* — The effect of obesity and/or subcutaneous fat thickness on the pharmacokinetics  
 116 and pharmacodynamics of Humalog Mix75/25 has not been studied. In large clinical trials,  
 117 which included patients with Body Mass Index up to and including 35 kg/m<sup>2</sup>, no consistent  
 118 differences were observed between Humalog and Humulin<sup>®</sup> R with respect to postprandial  
 119 glucose parameters.

120 *Renal Impairment* — The effect of renal impairment on the pharmacokinetics and  
 121 pharmacodynamics of Humalog Mix75/25 has not been studied. In a study of 25 patients with  
 122 type 2 diabetes and a wide range of renal function, the pharmacokinetic differences between  
 123 Humalog and Regular human insulin were generally maintained. However, the sensitivity of the

124 patients to insulin did change, with an increased response to insulin as the renal function  
125 declined. Careful glucose monitoring and dose reductions of insulin, including Humalog  
126 Mix75/25, may be necessary in patients with renal dysfunction.

127 *Hepatic Impairment* — Some studies with human insulin have shown increased circulating  
128 levels of insulin in patients with hepatic failure. The effect of hepatic impairment on the  
129 pharmacokinetics and pharmacodynamics of Humalog Mix75/25 has not been studied. However,  
130 in a study of 22 patients with type 2 diabetes, impaired hepatic function did not affect the  
131 subcutaneous absorption or general disposition of Humalog when compared with patients with  
132 no history of hepatic dysfunction. In that study, Humalog maintained its more rapid absorption  
133 and elimination when compared with Regular human insulin. Careful glucose monitoring and  
134 dose adjustments of insulin, including Humalog Mix75/25, may be necessary in patients with  
135 hepatic dysfunction.

### 136 **INDICATIONS AND USAGE**

137 Humalog Mix75/25, a mixture of 75% insulin lispro protamine suspension and 25% insulin  
138 lispro injection, (rDNA origin), is indicated in the treatment of patients with diabetes mellitus for  
139 the control of hyperglycemia. Humalog Mix75/25 has a more rapid onset of glucose-lowering  
140 activity compared with Humulin 70/30 while having a similar duration of action. This profile is  
141 achieved by combining the rapid onset of Humalog with the intermediate action of insulin lispro  
142 protamine suspension.

### 143 **CONTRAINDICATIONS**

144 Humalog Mix75/25 is contraindicated during episodes of hypoglycemia and in patients  
145 sensitive to insulin lispro or any of the excipients contained in the formulation.

### 146 **WARNINGS**

147 **Humalog differs from Regular human insulin by its rapid onset of action as well as a**  
148 **shorter duration of activity. Therefore, the dose of Humalog Mix75/25 should be given**  
149 **within 15 minutes before a meal.**

150 **Hypoglycemia is the most common adverse effect associated with the use of insulins,**  
151 **including Humalog Mix75/25. As with all insulins, the timing of hypoglycemia may differ**  
152 **among various insulin formulations. Glucose monitoring is recommended for all patients**  
153 **with diabetes.**

154 **Any change of insulin should be made cautiously and only under medical supervision.**  
155 **Changes in insulin strength, manufacturer, type (e.g., Regular, NPH, analog), species, or**  
156 **method of manufacture may result in the need for a change in dosage.**

### 157 **PRECAUTIONS**

#### 158 **General**

159 Hypoglycemia and hypokalemia are among the potential clinical adverse effects associated  
160 with the use of all insulins. Because of differences in the action of Humalog Mix75/25 and other  
161 insulins, care should be taken in patients in whom such potential side effects might be clinically  
162 relevant (e.g., patients who are fasting, have autonomic neuropathy, or are using potassium-  
163 lowering drugs or patients taking drugs sensitive to serum potassium level). Lipodystrophy and  
164 hypersensitivity are among other potential clinical adverse effects associated with the use of all  
165 insulins.

166 As with all insulin preparations, the time course of Humalog Mix75/25 action may vary in  
167 different individuals or at different times in the same individual and is dependent on site of  
168 injection, blood supply, temperature, and physical activity.

169 Adjustment of dosage of any insulin may be necessary if patients change their physical activity  
170 or their usual meal plan. Insulin requirements may be altered during illness, emotional  
171 disturbances, or other stress.

172 **Hypoglycemia** — As with all insulin preparations, hypoglycemic reactions may be associated  
173 with the administration of Humalog Mix75/25. Rapid changes in serum glucose concentrations  
174 may induce symptoms of hypoglycemia in persons with diabetes, regardless of the glucose value.  
175 Early warning symptoms of hypoglycemia may be different or less pronounced under certain  
176 conditions, such as long duration of diabetes, diabetic nerve disease, use of medications such as  
177 beta-blockers, or intensified diabetes control.

178 **Renal Impairment** — As with other insulins, the requirements for Humalog Mix75/25 may be  
179 reduced in patients with renal impairment.

180 **Hepatic Impairment** — Although impaired hepatic function does not affect the absorption or  
181 disposition of Humalog, careful glucose monitoring and dose adjustments of insulin, including  
182 Humalog Mix75/25, may be necessary.

183 **Allergy** — Local Allergy — As with any insulin therapy, patients may experience redness,  
184 swelling, or itching at the site of injection. These minor reactions usually resolve in a few days to  
185 a few weeks. In some instances, these reactions may be related to factors other than insulin, such  
186 as irritants in the skin cleansing agent or poor injection technique.

187 Systemic Allergy — Less common, but potentially more serious, is generalized allergy to  
188 insulin, which may cause rash (including pruritus) over the whole body, shortness of breath,  
189 wheezing, reduction in blood pressure, rapid pulse, or sweating. Severe cases of generalized  
190 allergy, including anaphylactic reaction, may be life threatening. Localized reactions and  
191 generalized myalgias have been reported with the use of cresol as an injectable excipient.

192 Antibody Production — In clinical trials, antibodies that cross-react with human insulin and  
193 insulin lispro were observed in both human insulin mixtures and insulin lispro mixtures  
194 treatment groups.

## 195 **Information for Patients**

196 Patients should be informed of the potential risks and advantages of Humalog Mix75/25 and  
197 alternative therapies. Patients should not mix Humalog Mix75/25 with any other insulin. They  
198 should also be informed about the importance of proper insulin storage, injection technique,  
199 timing of dosage, adherence to meal planning, regular physical activity, regular blood glucose  
200 monitoring, periodic hemoglobin A<sub>1c</sub> testing, recognition and management of hypo- and  
201 hyperglycemia, and periodic assessment for diabetes complications.

202 Patients should be advised to inform their physician if they are pregnant or intend to become  
203 pregnant.

204 Refer patients to the Patient Information leaflet for information on normal appearance, timing  
205 of dosing (within 15 minutes before a meal), storing, and common adverse effects.

206 *For Patients Using Insulin Pen Delivery Devices:* Before starting therapy, patients should read  
207 the Patient Information leaflet that accompanies the drug product and the User Manual that  
208 accompanies the delivery device and re-read them each time the prescription is renewed. Patients  
209 should be instructed on how to properly use the delivery device, prime the Pen to a stream of  
210 insulin, and properly dispose of needles. Patients should be advised not to share their Pens with  
211 others.

## 212 **Laboratory Tests**

213 As with all insulins, the therapeutic response to Humalog Mix75/25 should be monitored by  
214 periodic blood glucose tests. Periodic measurement of hemoglobin A<sub>1c</sub> is recommended for the  
215 monitoring of long-term glycemic control.

## 216 **Drug Interactions**

217 Insulin requirements may be increased by medications with hyperglycemic activity such as  
218 corticosteroids, isoniazid, certain lipid-lowering drugs (e.g., niacin), estrogens, oral  
219 contraceptives, phenothiazines, and thyroid replacement therapy.

220 Insulin requirements may be decreased in the presence of drugs that increase insulin sensitivity  
 221 or have hypoglycemic activity, such as oral antidiabetic agents, salicylates, sulfa antibiotics,  
 222 certain antidepressants (monoamine oxidase inhibitors), angiotensin-converting-enzyme  
 223 inhibitors, angiotensin II receptor blocking agents, beta-adrenergic blockers, inhibitors of  
 224 pancreatic function (e.g., octreotide), and alcohol. Beta-adrenergic blockers may mask the  
 225 symptoms of hypoglycemia in some patients.

### 226 **Carcinogenesis, Mutagenesis, Impairment of Fertility**

227 Long-term studies in animals have not been performed to evaluate the carcinogenic potential of  
 228 Humalog, Humalog Mix75/25, or Humalog Mix50/50. Insulin lispro was not mutagenic in a  
 229 battery of *in vitro* and *in vivo* genetic toxicity assays (bacterial mutation tests, unscheduled DNA  
 230 synthesis, mouse lymphoma assay, chromosomal aberration tests, and a micronucleus test).  
 231 There is no evidence from animal studies of impairment of fertility induced by insulin lispro.

### 232 **Pregnancy**

233 *Teratogenic Effects — Pregnancy Category B* — Reproduction studies with insulin lispro have  
 234 been performed in pregnant rats and rabbits at parenteral doses up to 4 and 0.3 times,  
 235 respectively, the average human dose (40 units/day) based on body surface area. The results have  
 236 revealed no evidence of impaired fertility or harm to the fetus due to insulin lispro. There are,  
 237 however, no adequate and well-controlled studies with Humalog, Humalog Mix75/25, or  
 238 Humalog Mix50/50 in pregnant women. Because animal reproduction studies are not always  
 239 predictive of human response, this drug should be used during pregnancy only if clearly needed.

### 240 **Nursing Mothers**

241 It is unknown whether insulin lispro is excreted in significant amounts in human milk. Many  
 242 drugs, including human insulin, are excreted in human milk. For this reason, caution should be  
 243 exercised when Humalog Mix75/25 is administered to a nursing woman. Patients with diabetes  
 244 who are lactating may require adjustments in Humalog Mix75/25 dose, meal plan, or both.

### 245 **Pediatric Use**

246 Safety and effectiveness of Humalog Mix75/25 in patients less than 18 years of age have not  
 247 been established.

### 248 **Geriatric Use**

249 Clinical studies of Humalog Mix75/25 did not include sufficient numbers of patients aged 65  
 250 and over to determine whether they respond differently than younger patients. In general, dose  
 251 selection for an elderly patient should take into consideration the greater frequency of decreased  
 252 hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy in this  
 253 population.

## 254 **ADVERSE REACTIONS**

255 Clinical studies comparing Humalog Mix75/25 with human insulin mixtures did not  
 256 demonstrate a difference in frequency of adverse events between the two treatments.

257 Adverse events commonly associated with human insulin therapy include the following:

258 **Body as a Whole** — allergic reactions (*see* PRECAUTIONS).

259 **Skin and Appendages** — injection site reaction, lipodystrophy, pruritus, rash.

260 **Other** — hypoglycemia (*see* WARNINGS and PRECAUTIONS).

## 261 **OVERDOSAGE**

262 Hypoglycemia may occur as a result of an excess of insulin relative to food intake, energy  
 263 expenditure, or both. Mild episodes of hypoglycemia usually can be treated with oral glucose.  
 264 Adjustments in drug dosage, meal patterns, or exercise, may be needed. More severe episodes  
 265 with coma, seizure, or neurologic impairment may be treated with intramuscular/subcutaneous

266 glucagon or concentrated intravenous glucose. Sustained carbohydrate intake and observation  
267 may be necessary because hypoglycemia may recur after apparent clinical recovery.

## 268 **DOSAGE AND ADMINISTRATION**

269 **Table 1\*: Summary of Pharmacodynamic Properties of Insulin Products (Pooled Cross-  
270 Study Comparison)**

Insulin Products	Dose, U/kg	Time of Peak Activity, Hours After Dosing	Percent of Total Activity Occurring in the First 4 Hours
Humalog	0.3	2.4 (0.8 - 4.3)	70% (49 - 89%)
Humulin R	0.32 (0.26 - 0.37)	4.4 (4.0 - 5.5)	54% (38 - 65%)
Humalog Mix75/25	0.3	2.6 (1.0 - 6.5)	35% (21 - 56%)
Humulin 70/30	0.3	4.4 (1.5 - 16)	32% (14 - 60%)
Humalog Mix50/50	0.3	2.3 (0.8 - 4.8)	45% (27 - 69%)
Humulin 50/50	0.3	3.3 (2.0 - 5.5)	44% (21 - 60%)
NPH	0.32 (0.27 - 0.40)	5.5 (3.5 - 9.5)	14% (3.0 - 48%)
NPL component	0.3	5.8 (1.3 - 18.3)	22% (6.3 - 40%)

272 \* The information supplied in Table 1 indicates when peak insulin activity can be expected and the percent of the  
273 total insulin activity occurring during the first 4 hours. The information was derived from 3 separate glucose clamp  
274 studies in nondiabetic subjects. Values represent means, with ranges provided in parentheses.  
275

276 Humalog Mix75/25 is intended only for subcutaneous administration. Humalog Mix75/25  
277 should not be administered intravenously. Dosage regimens of Humalog Mix75/25 will vary  
278 among patients and should be determined by the healthcare provider familiar with the patient's  
279 metabolic needs, eating habits, and other lifestyle variables. Humalog has been shown to be  
280 equipotent to Regular human insulin on a molar basis. One unit of Humalog has the same  
281 glucose-lowering effect as one unit of Regular human insulin, but its effect is more rapid and of  
282 shorter duration. Humalog Mix75/25 has a similar glucose-lowering effect as compared with  
283 Humulin 70/30 on a unit for unit basis. The quicker glucose-lowering effect of Humalog is  
284 related to the more rapid absorption rate of insulin lispro from subcutaneous tissue.

285 Humalog Mix75/25 starts lowering blood glucose more quickly than Regular human insulin,  
286 allowing for convenient dosing immediately before a meal (within 15 minutes). In contrast,  
287 mixtures containing Regular human insulin should be given 30 to 60 minutes before a meal.

288 The rate of insulin absorption and consequently the onset of activity are known to be affected  
289 by the site of injection, exercise, and other variables. As with all insulin preparations, the time  
290 course of action of Humalog Mix75/25 may vary considerably in different individuals or within  
291 the same individual. Patients must be educated to use proper injection techniques.

292 Humalog Mix75/25 should be inspected visually before use. Humalog Mix75/25 should be  
293 used only if it appears uniformly cloudy after mixing. Humalog Mix75/25 should not be used  
294 after its expiration date.



**HOW SUPPLIED**

295  
 296 Humalog Mix75/25 [75% insulin lispro protamine suspension and 25% insulin lispro injection,  
 297 (rDNA origin)] is available in the following package sizes: each presentation containing 100  
 298 units insulin lispro per mL (U-100).  
 299

10 mL vials	NDC 0002-7511-01 (VL-7511)
5 x 3 mL prefilled insulin delivery devices (Pen)	NDC 0002-8794-59 (HP-8794)
5 x 3 mL prefilled insulin delivery devices (KwikPen™)	NDC 0002-8797-59 (HP-8797)

300  
 301 *Storage* — Humalog Mix75/25 should be stored in a refrigerator [2° to 8°C (36° to 46°F)], but  
 302 not in the freezer. Do not use Humalog Mix75/25 if it has been frozen. Unrefrigerated [below  
 303 30°C (86°F)] vials must be used within 28 days or be discarded, even if they still contain  
 304 Humalog Mix75/25. Unrefrigerated [below 30°C (86°F)] Pens, and KwikPens must be used  
 305 within 10 days or be discarded, even if they still contain Humalog Mix75/25. Protect from direct  
 306 heat and light. See table below:  
 307

	<b>Not In-Use (Unopened) Room Temperature [Below 30°C (86°F)]</b>	<b>Not In-Use (Unopened) Refrigerated</b>	<b>In-Use (Opened) Room Temperature [Below 30°C (86°F)]</b>
10 mL Vial	28 days	Until expiration date	28 days, refrigerated/room temperature.
3 mL Pen and KwikPen (prefilled)	10 days	Until expiration date	10 days. <b>Do not refrigerate.</b>

308  
 309 Literature revised Month dd, yyyy

310 **KwikPens manufactured by**  
 311 **Eli Lilly and Company, Indianapolis, IN 46285, USA**  
 312 **Pens manufactured by**  
 313 **Eli Lilly and Company, Indianapolis, IN 46285, USA or**  
 314 **Lilly France, F-67640 Fegersheim, France**  
 315 **Vials manufactured by**  
 316 **Eli Lilly and Company, Indianapolis, IN 46285, USA or**  
 317 **Lilly France, F-67640 Fegersheim, France**  
 318  
 319 **for Eli Lilly and Company, Indianapolis, IN 46285, USA**  
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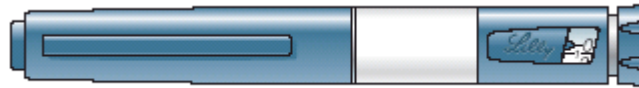
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323  
 324 **PRINTED IN USA**

# Humalog<sup>®</sup> Mix75/25<sup>™</sup> KwikPen<sup>™</sup>

75% insulin lispro protamine suspension and  
25% insulin lispro injection (rDNA origin)



Disposable Insulin Delivery Device  
User Manual

*Lilly*

## Introduction

**Humalog<sup>®</sup> Mix75/25<sup>™</sup> KwikPen<sup>™</sup>** (“Pen”) is designed for ease of use. It is a disposable insulin delivery device (“insulin Pen”) containing 3 mL (300 units) of U-100 Humalog<sup>®</sup> Mix75/25<sup>™</sup> [75% insulin lispro protamine suspension and 25% insulin lispro injection (rDNA origin)] insulin. You can inject from 1 to 60 units of Humalog Mix75/25 in one injection. You can dial your dose one unit at a time. If you dial too many units, you can dial backwards to correct the dose without wasting any insulin.

**Before using Humalog Mix75/25 KwikPen, read the entire manual completely and follow the directions carefully. If you do not follow these directions completely, you may get too much or too little insulin.**

**Do not share your Humalog Mix75/25 KwikPen or needles with anyone else. You may give an infection to them or get an infection from them.**

**DO NOT USE your KwikPen if any part appears broken or damaged. Contact Lilly at 1-800-Lilly-Rx (1-800-545-5979) or your healthcare professional for a replacement Pen. Always carry an extra Pen in case yours is lost or damaged.**

**This Pen is not recommended for use by the blind or visually impaired persons without the assistance of a person trained in the proper use of the product.**

## Preparing Humalog Mix75/25 KwikPen

### Important Notes

- Read and follow the directions provided in the *Patient Information Leaflet*.
- Check the label on your Pen before each injection for the expiration date and to make sure you are using the correct type of insulin.

- Your healthcare professional has prescribed the best type of insulin for you. **Any changes in insulin therapy should be made only under medical supervision.**
- **KwikPen** is recommended for use with Becton, Dickinson and Company pen needles.
- Be sure the needle is completely attached to the Pen before use.
- Do not share your Pen or needles.
- Keep these directions for future reference.

### Frequently Asked Questions about Preparing Humalog Mix75/25 KwikPen

- **What should my insulin look like?** Humalog Mix75/25 should be cloudy or milky after mixing well. If your Humalog Mix75/25 has solid particles or clumps in it, return it to your pharmacy for a replacement. Be sure to refer to your *Patient Information Leaflet* for the appearance of your specific insulin.
- **Why should I use a new needle for each injection?** This will help ensure sterility. If needles are reused, you may get the wrong amount of insulin, a clogged needle or a jammed Pen.
- **What should I do if I am not sure how much insulin remains in my cartridge?** Hold the Pen with the needle end pointing down. The scale on the clear Cartridge Holder shows an estimate of the number of units remaining. **These numbers should NOT be used for measuring an insulin dose.**

### Priming Humalog Mix75/25 KwikPen

#### Important Notes

- **Prime every time.** The Pen must be primed to a stream of insulin before each injection to make sure the Pen is ready to dose.
- **If you do not prime, you may get too much or too little insulin.**

#### Frequently Asked Questions about Priming

- **Why should I prime my KwikPen before each dose?**
  1. Ensures that the Pen is ready to dose.
  2. Confirms that a stream of insulin comes out of the tip of the needle when you push the Dose Knob in.
  3. Removes air that may collect in the needle or insulin cartridge during normal use.
- **What should I do if I cannot completely push in the Dose Knob when priming the KwikPen?**
  1. Attach a new needle.
  2. Prime the Pen.
- **What should I do if I see an air bubble in the cartridge?** You need to prime the Pen. Remember, do not store the Pen with the needle attached as this may cause air bubbles to collect in the insulin cartridge. A small air bubble will not affect your dose and you can continue to take your dose as usual.

## Injecting Your Dose

### Important Notes

- Follow the instructions for sanitary injection technique recommended by your healthcare professional.
- Make sure you receive your complete dose by pushing and holding the dose knob in and **count to 5 slowly** before removing the needle. If insulin is leaking from the Pen you may not have held it in your skin long enough.
- The Pen will not allow you to dial more than the number of units left in the Pen.
- If your dose is greater than the number of units left in the Pen, you may either inject the amount remaining in your current Pen and then use a new Pen to complete your dose OR inject the full dose with a new Pen.
- Do not attempt to inject your insulin by *turning* the Dose Knob. You will NOT receive your insulin by turning the Dose Knob. **You must PUSH the Dose Knob straight in for the dose to be delivered.**
- Do not attempt to change the dose while injecting.
- The directions regarding needle handling are not intended to replace local, healthcare professional or institutional policies.
- Remove the needle after completing each injection.

### Frequently Asked Questions about Injecting Your Dose

- **Why is it difficult to push the Dose Knob when I try to inject?**
  1. Your needle may be clogged. Try attaching a new needle. When you do this you may see insulin come out of the needle. Then prime the Pen.
  2. Pressing the Dose Knob quickly may make the Dose Knob harder to push. Pressing the Dose Knob more slowly may make it easier.
  3. Using a larger diameter needle will make it easier to push the Dose Knob during your injection. See your healthcare professional to determine which needle size is best for you.
  4. If the Dose Knob continues to be difficult to push after following the steps above, try the steps below under “What should I do if my **KwikPen** is jammed?”.
- **What should I do if my KwikPen is jammed?** Your Pen may be jammed if it is difficult to inject a dose or dial a dose. To clear the jam:
  1. Attach a new needle. When you do this you may see insulin come out of the needle.
  2. Prime the Pen.
  3. Dial your dose and inject.
  4. If the Dose Knob is still difficult to push, contact Lilly at 1-800-Lilly-Rx (1-800-545-5979).

- **Why is insulin leaking from the needle after I finished injecting my dose?** You may have removed the needle from your skin too quickly.
  1. Make sure you see a 0 in the Dose Window to confirm you received the complete dose.
  2. For the next dose, **push and hold** the Dose Knob in and **count to 5 slowly** before removing the needle.
- **What should I do if my dose is dialed and the Dose Knob is accidentally pushed in without a needle attached?**
  1. Dial back to zero.
  2. Attach a new needle. When you do this you may see insulin come out of the needle.
  3. Prime the Pen.
  4. Dial your dose and inject.
- **What should I do if I dial a wrong dose (too high or too low)?** Turn the Dose Knob backward or forward to correct the dose before injecting.
- **What should I do if I see insulin leaking from the KwikPen needle while dialing the dose or correcting the dose?** Do not inject the dose because you may not get your complete dose. Dial the Pen down to zero and prime the Pen again (see “Priming Humalog Mix75/25 KwikPen” steps 2 B-D). Dial your dose and inject.
- **What should I do if my full dose cannot be dialed?** The Pen will not allow you to dial a dose greater than the number of insulin units remaining in the cartridge. For example, if you need 31 units and only 25 units remain in the cartridge you will not be able to dial past 25. Do not attempt to dial past this point. You may either:
  1. Inject the partial dose and then inject the remaining dose using a new Pen.
  - or
  2. Inject the full dose with a new Pen.
- **Why can I not dial the dose to use the small amount of insulin that remains in my cartridge?** The Pen is designed to deliver at least 300 units of insulin. The Pen design prevents the cartridge from being completely emptied because the small amount of insulin that remains in the cartridge cannot be delivered.

## Storage and Disposal

### Important Notes

- Refer to the *Patient Information Leaflet* for complete insulin storage instructions.
- Pens that have not been used should be stored in a refrigerator but not in a freezer. Do not use a Pen if it has been frozen.

- Do not store the Pen with the needle attached. If the needle remains attached, insulin may leak from the Pen, insulin may dry inside the needle causing the needle to clog, or air bubbles may form inside the cartridge.
- The Pen you are currently using should be kept at room temperature and away from heat and light.
- Keep the Pen out of the reach of children.
- Dispose of used needles in a puncture-resistant container or as directed by your healthcare professional.
- Dispose of used Pens as instructed by your healthcare professional and without the needle attached.

Use the space below to keep track of how long you should use each Pen in the carton. Once you start using a **KwikPen** it must be thrown out after the number of days listed in your *Patient Information Leaflet*, even if there is insulin remaining in the Pen. Record the date you start using a Pen, find the number of days that **KwikPen** should be used in the *Patient Information Leaflet* and determine the date the Pen should be thrown out. Record the dates in the space provided below.

**Example:**

Pen 1 - First used on \_\_\_\_\_ + Number of days you should = Throw out on \_\_\_\_\_  
 Date use **KwikPen** (from *Patient Information Leaflet*) Date

Pen 1 - First used on _____ Date	+	Throw out on _____ Date
Pen 2 - First used on _____ Date	+	Throw out on _____ Date
Pen 3 - First used on _____ Date	+	Throw out on _____ Date
Pen 4 - First used on _____ Date	+	Throw out on _____ Date
Pen 5 - First used on _____ Date	+	Throw out on _____ Date

**If you have any questions or problems with your Humalog Mix75/25 KwikPen, contact Lilly at 1-800-Lilly-Rx (1-800-545-5979) or your healthcare professional for assistance.**

For more information on **Humalog Mix75/25 KwikPen** and insulin, please visit our website at **www.humalog.com**

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**Humalog Mix75/25 KwikPen** meets the current dose accuracy and functional requirements of ISO 11608-1:2000.

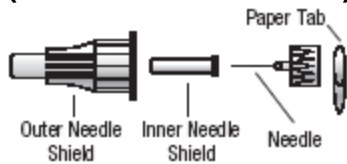
## Getting Ready

Make sure you have the following items:

- Humalog<sup>®</sup> Mix75/25<sup>™</sup> KwikPen<sup>™</sup>
- New Pen Needle
- Alcohol Swab

## Pen Parts KwikPen, and Needle\* Assembly \*sold separately

### Pen Needle Parts (Needles Not Included)



### KwikPen Parts



Follow these instructions for each injection

## 1. Preparing Humalog Mix75/25 KwikPen

A.



Pull Pen Cap to remove.

Be sure to check your insulin for:

- Type
- Expiration date
- Appearance

Use an alcohol swab to wipe the Rubber Seal on the end of the Cartridge Holder.

B.



### For Humalog Mix75/25 insulin:

Gently roll the Pen ten times and invert the Pen ten times. The insulin should look evenly mixed.



C.



Remove Paper Tab from Outer Needle Shield.

D.



Push capped needle **straight** onto the Pen.

Screw needle on until secure.



## 2. Priming Humalog Mix75/25 KwikPen

**Caution: If you do not prime before each injection, you may get too much or too little insulin.**

**A.**



Pull off Outer Needle Shield. **Do not** throw away.

Pull off Inner Needle Shield and throw away.

**B.**



**Dial 2 Units** by turning the Dose Knob.

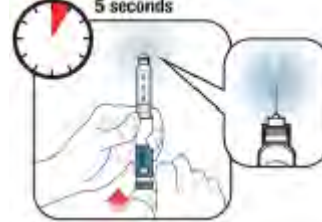
**C.**



Point Pen up.

Tap Cartridge Holder to collect air at top.

**D.**



With needle pointing up, push Dose Knob in until it stops and 0 is seen in the Dose Window.

Hold Dose Knob in and **count to 5 slowly**.

Priming is complete when a stream of insulin appears from the needle tip **and** you have **counted to 5 slowly**.

If a stream of insulin does not appear, repeat priming steps 2 B-D up to four times. If the Pen still does not prime, change the needle and repeat the priming steps above.

**Note:** If you do not see a stream of insulin from the tip of the needle and the Dose Knob becomes hard to push, then change the needle and prime the Pen.

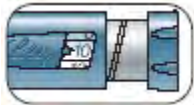
### 3. Injecting Your Dose

A.

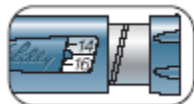


Turn Dose Knob to the number of units you need to inject. If you dial too many units, you can correct the dose by dialing backwards.

**Example:** 10 units shown.



**Example:** 15 units shown.



The **even** numbers are printed on the dial. The **odd** numbers, after the number one, are shown as full lines.

B.



Insert needle into skin using injection technique recommended by your healthcare professional.

Place your thumb on the Dose Knob and push firmly until the Dose Knob stops.

**Note:** The Pen will not allow you to dial more than the number of units left in the Pen.



To deliver the full dose, hold Dose Knob in and **count to 5 slowly**. Remove needle from skin.

**Note:** Check to make sure you see 0 in the Dose Window to confirm you received the complete dose.

C.



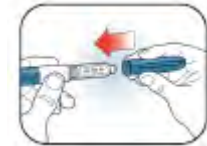
Carefully replace the Outer Needle Shield.

**Note:** Remove the needle after each injection to keep air out of the cartridge. Do not store the Pen with the needle attached.

D.



Unscrew the capped needle and dispose of as directed by your healthcare professional.



Replace Pen Cap.

Literature revised October 28, 2011