

**HIGHLIGHTS OF PRESCRIBING INFORMATION**

These highlights do not include all the information needed to use RELENZA safely and effectively. See full prescribing information for RELENZA.

**RELENZA (zanamivir) Inhalation Powder, for oral inhalation**  
Initial U.S. Approval: 1999

**RECENT MAJOR CHANGES**

Contraindications (4) 12/2011

**INDICATIONS AND USAGE**

RELENZA, an influenza neuraminidase inhibitor, is indicated for:

**Treatment of influenza** in patients aged 7 years and older who have been symptomatic for no more than 2 days. (1.1)

**Prophylaxis of influenza** in patients aged 5 years and older. (1.2)

**Important Limitations on Use of RELENZA:**

**Not recommended for treatment or prophylaxis of influenza in:**

- Individuals with underlying airways disease. (5.1)

**Not proven effective for:**

- Treatment in individuals with underlying airways disease. (1.3)
- Prophylaxis in nursing home residents. (1.3)

**Not a substitute for annual influenza vaccination. (1.3)**

**Consider available information on influenza drug susceptibility patterns and treatment effects when deciding whether to use RELENZA. (1.3)**

**DOSAGE AND ADMINISTRATION**

Indication	Dose
Treatment of Influenza (2.2)	10 mg twice daily for 5 days
Prophylaxis: (2.3)	
Household Setting	10 mg once daily for 10 days
Community Outbreaks	10 mg once daily for 28 days

**Note:** The 10-mg dose is provided by 2 inhalations (one 5-mg blister per inhalation). (2.1)

**DOSAGE FORMS AND STRENGTHS**

Blister for oral inhalation: 5 mg. Four 5-mg blisters of powder on a ROTADISK® for oral inhalation via DISKHALER®. Packaged in carton containing 5 ROTADISKS (total of 10 doses) and 1 DISKHALER inhalation device. (3)

**CONTRAINDICATIONS**

Do not use in patients with history of allergic reaction to any ingredient of RELENZA, including milk proteins. (4)

**WARNINGS AND PRECAUTIONS**

- **Bronchospasm:** Serious, sometimes fatal, cases have occurred. Not recommended in individuals with underlying airways disease. Discontinue RELENZA if bronchospasm or decline in respiratory function develops. (5.1)
- **Allergic Reactions:** Discontinue RELENZA and initiate appropriate treatment if an allergic reaction occurs or is suspected. (5.2)
- **Neuropsychiatric Events:** Patients with influenza, particularly pediatric patients, may be at an increased risk of seizures, confusion, or abnormal behavior early in their illness. Monitor for signs of abnormal behavior. (5.3)
- **High-risk Underlying Medical Conditions:** Safety and effectiveness have not been demonstrated in these patients. (5.4)

**ADVERSE REACTIONS**

The most common adverse events reported in >1.5% of patients treated with RELENZA and more commonly than in patients treated with placebo are:

- Treatment Studies – sinusitis, dizziness.
- Prophylaxis Studies – fever and/or chills, arthralgia and articular rheumatism. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact GlaxoSmithKline at 1-888-825-5249 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

**DRUG INTERACTIONS**

Live attenuated influenza vaccine, intranasal (7):

- Do not administer until 48 hours following cessation of RELENZA.
- Do not administer RELENZA until 2 weeks following administration of the live attenuated influenza vaccine, unless medically indicated.

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.

Revised: 12/2011

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\*Sections or subsections omitted from the full prescribing information are not listed.

1 **FULL PRESCRIBING INFORMATION**

2 **1 INDICATIONS AND USAGE**

3 **1.1 Treatment of Influenza**

4 RELENZA<sup>®</sup> (zanamivir) Inhalation Powder is indicated for treatment of uncomplicated  
5 acute illness due to influenza A and B virus in adults and pediatric patients aged 7 years and  
6 older who have been symptomatic for no more than 2 days.

7 **1.2 Prophylaxis of Influenza**

8 RELENZA is indicated for prophylaxis of influenza in adults and pediatric patients aged  
9 5 years and older.

10 **1.3 Important Limitations on Use of RELENZA**

- 11 • RELENZA is not recommended for treatment or prophylaxis of influenza in individuals with  
12 underlying airways disease (such as asthma or chronic obstructive pulmonary disease) due to  
13 risk of serious bronchospasm [*see Warnings and Precautions (5.1)*].
- 14 • RELENZA has not been proven effective for treatment of influenza in individuals with  
15 underlying airways disease.
- 16 • RELENZA has not been proven effective for prophylaxis of influenza in the nursing home  
17 setting.
- 18 • RELENZA is not a substitute for early influenza vaccination on an annual basis as  
19 recommended by the Centers for Disease Control's Immunization Practices Advisory  
20 Committee.
- 21 • Influenza viruses change over time. Emergence of resistance mutations could decrease drug  
22 effectiveness. Other factors (for example, changes in viral virulence) might also diminish  
23 clinical benefit of antiviral drugs. Prescribers should consider available information on  
24 influenza drug susceptibility patterns and treatment effects when deciding whether to use  
25 RELENZA.
- 26 • There is no evidence for efficacy of zanamivir in any illness caused by agents other than  
27 influenza virus A and B.
- 28 • Patients should be advised that the use of RELENZA for treatment of influenza has not been  
29 shown to reduce the risk of transmission of influenza to others.

30 **2 DOSAGE AND ADMINISTRATION**

31 **2.1 Dosing Considerations**

- 32 • RELENZA is for administration to the respiratory tract by *oral inhalation only*, using the  
33 DISKHALER device provided [*see Warnings and Precautions (5.6)*].
- 34 • The 10-mg dose is provided by 2 inhalations (one 5-mg blister per inhalation).
- 35 • Patients should be instructed in the use of the delivery system. Instructions should include a  
36 demonstration whenever possible. If RELENZA is prescribed for children, it should be used  
37 only under adult supervision and instruction, and the supervising adult should first be  
38 instructed by a healthcare professional [*see Patient Counseling Information (17.4)*].

- 39 • Patients scheduled to use an inhaled bronchodilator at the same time as RELENZA should  
40 use their bronchodilator before taking RELENZA [see Patient Counseling Information  
41 (17.2)].

## 42 **2.2 Treatment of Influenza**

- 43 • The recommended dose of RELENZA for treatment of influenza in adults and pediatric  
44 patients aged 7 years and older is 10 mg twice daily (approximately 12 hours apart) for  
45 5 days.
- 46 • Two doses should be taken on the first day of treatment whenever possible provided there is  
47 at least 2 hours between doses.
- 48 • On subsequent days, doses should be about 12 hours apart (e.g., morning and evening) at  
49 approximately the same time each day.
- 50 • The safety and efficacy of repeated treatment courses have not been studied.

## 51 **2.3 Prophylaxis of Influenza**

### 52 Household Setting:

- 53 • The recommended dose of RELENZA for prophylaxis of influenza in adults and pediatric  
54 patients aged 5 years and older in a household setting is 10 mg once daily for 10 days.
- 55 • The dose should be administered at approximately the same time each day.
- 56 • There are no data on the effectiveness of prophylaxis with RELENZA in a household setting  
57 when initiated more than 1.5 days after the onset of signs or symptoms in the index case.

### 58 Community Outbreaks:

- 59 • The recommended dose of RELENZA for prophylaxis of influenza in adults and adolescents  
60 in a community setting is 10 mg once daily for 28 days.
- 61 • The dose should be administered at approximately the same time each day.
- 62 • There are no data on the effectiveness of prophylaxis with RELENZA in a community  
63 outbreak when initiated more than 5 days after the outbreak was identified in the community.
- 64 • The safety and effectiveness of prophylaxis with RELENZA have not been evaluated for  
65 longer than 28 days' duration.

## 66 **3 DOSAGE FORMS AND STRENGTHS**

67 Blister for oral inhalation: 5 mg. Four 5-mg blisters of powder on a ROTADISK for oral  
68 inhalation via DISKHALER. Packaged in carton containing 5 ROTADISKS (total of 10 doses)  
69 and 1 DISKHALER inhalation device [see How Supplied/Storage and Handling (16)].

## 70 **4 CONTRAINDICATIONS**

71 Do not use in patients with history of allergic reaction to any ingredient of RELENZA  
72 including milk proteins [see Warnings and Precautions (5.2), Description (11)].

## 73 **5 WARNINGS AND PRECAUTIONS**

### 74 **5.1 Bronchospasm**

75 RELENZA is not recommended for treatment or prophylaxis of influenza in individuals  
76 with underlying airways disease (such as asthma or chronic obstructive pulmonary disease).

77 Serious cases of bronchospasm, including fatalities, have been reported during treatment  
78 with RELENZA in patients with and without underlying airways disease. Many of these cases  
79 were reported during postmarketing and causality was difficult to assess.

80 RELENZA should be discontinued in any patient who develops bronchospasm or decline  
81 in respiratory function; immediate treatment and hospitalization may be required.

82 Some patients without prior pulmonary disease may also have respiratory abnormalities  
83 from acute respiratory infection that could resemble adverse drug reactions or increase patient  
84 vulnerability to adverse drug reactions.

85 Bronchospasm was documented following administration of zanamivir in 1 of 13 patients  
86 with mild or moderate asthma (but without acute influenza-like illness) in a Phase I study. In a  
87 Phase III study in patients with acute influenza-like illness superimposed on underlying asthma  
88 or chronic obstructive pulmonary disease, 10% (24 of 244) of patients on zanamivir and 9% (22  
89 of 237) on placebo experienced a greater than 20% decline in FEV<sub>1</sub> following treatment for  
90 5 days.

91 If use of RELENZA is considered for a patient with underlying airways disease, the  
92 potential risks and benefits should be carefully weighed. If a decision is made to prescribe  
93 RELENZA for such a patient, this should be done only under conditions of careful monitoring of  
94 respiratory function, close observation, and appropriate supportive care including availability of  
95 fast-acting bronchodilators.

## 96 **5.2 Allergic Reactions**

97 Allergic-like reactions, including oropharyngeal edema, serious skin rashes, and  
98 anaphylaxis have been reported in postmarketing experience with RELENZA. RELENZA  
99 should be stopped and appropriate treatment instituted if an allergic reaction occurs or is  
100 suspected.

## 101 **5.3 Neuropsychiatric Events**

102 Influenza can be associated with a variety of neurologic and behavioral symptoms which  
103 can include events such as seizures, hallucinations, delirium, and abnormal behavior, in some  
104 cases resulting in fatal outcomes. These events may occur in the setting of encephalitis or  
105 encephalopathy but can occur without obvious severe disease.

106 There have been postmarketing reports (mostly from Japan) of delirium and abnormal  
107 behavior leading to injury in patients with influenza who were receiving neuraminidase  
108 inhibitors, including RELENZA. Because these events were reported voluntarily during clinical  
109 practice, estimates of frequency cannot be made, but they appear to be uncommon based on  
110 usage data for RELENZA. These events were reported primarily among pediatric patients and  
111 often had an abrupt onset and rapid resolution. The contribution of RELENZA to these events  
112 has not been established. Patients with influenza should be closely monitored for signs of  
113 abnormal behavior. If neuropsychiatric symptoms occur, the risks and benefits of continuing  
114 treatment should be evaluated for each patient.

## 115 **5.4 Limitations of Populations Studied**

116 Safety and efficacy have not been demonstrated in patients with high-risk underlying  
117 medical conditions. No information is available regarding treatment of influenza in patients with  
118 any medical condition sufficiently severe or unstable to be considered at imminent risk of  
119 requiring inpatient management.

## 120 **5.5 Bacterial Infections**

121 Serious bacterial infections may begin with influenza-like symptoms or may coexist with  
122 or occur as complications during the course of influenza. RELENZA has not been shown to  
123 prevent such complications.

## 124 **5.6 Importance of Proper Route of Administration**

125 RELENZA Inhalation Powder must not be made into an extemporaneous solution for  
126 administration by nebulization or mechanical ventilation. There have been reports of hospitalized  
127 patients with influenza who received a solution made with RELENZA Inhalation Powder  
128 administered by nebulization or mechanical ventilation, including a fatal case where it was  
129 reported that the lactose in this formulation obstructed the proper functioning of the equipment.  
130 RELENZA Inhalation Powder must only be administered using the device provided [*see Dosage  
131 and Administration (2.1)*].

## 132 **5.7 Importance of Proper Use of DISKHALER**

133 Effective and safe use of RELENZA requires proper use of the DISKHALER to inhale  
134 the drug. Prescribers should carefully evaluate the ability of young children to use the delivery  
135 system if use of RELENZA is considered [*see Use in Specific Populations (8.4)*].

## 136 **6 ADVERSE REACTIONS**

137 See Warnings and Precautions for information about risk of serious adverse events such  
138 as bronchospasm (5.1) and allergic-like reactions (5.2), and for safety information in patients  
139 with underlying airways disease (5.1).

### 140 **6.1 Clinical Trials Experience**

141 Because clinical trials are conducted under widely varying conditions, adverse reaction  
142 rates observed in the clinical trials of a drug cannot be directly compared with rates in the  
143 clinical trials of another drug and may not reflect the rates observed in practice.

144 The placebo used in clinical studies consisted of inhaled lactose powder, which is also the  
145 vehicle for the active drug; therefore, some adverse events occurring at similar frequencies in  
146 different treatment groups could be related to lactose vehicle inhalation.

147 Treatment of Influenza: Clinical Trials in Adults and Adolescents: Adverse events  
148 that occurred with an incidence  $\geq 1.5\%$  in treatment studies are listed in Table 1. This table shows  
149 adverse events occurring in patients aged  $\geq 12$  years receiving RELENZA 10 mg inhaled twice  
150 daily, RELENZA in all inhalation regimens, and placebo inhaled twice daily (where placebo  
151 consisted of the same lactose vehicle used in RELENZA).

152

153 **Table 1. Summary of Adverse Events  $\geq 1.5\%$  Incidence During Treatment in Adults and**  
 154 **Adolescents**

Adverse Event	RELENZA		Placebo (Lactose Vehicle) (n = 1,520)
	10 mg b.i.d. <b>Inhaled</b> (n = 1,132)	All Dosing Regimens <sup>a</sup> (n = 2,289)	
<b>Body as a whole</b>			
Headaches	2%	2%	3%
<b>Digestive</b>			
Diarrhea	3%	3%	4%
Nausea	3%	3%	3%
Vomiting	1%	1%	2%
<b>Respiratory</b>			
Nasal signs and symptoms	2%	3%	3%
Bronchitis	2%	2%	3%
Cough	2%	2%	3%
Sinusitis	3%	2%	2%
Ear, nose, and throat infections	2%	1%	2%
<b>Nervous system</b>			
Dizziness	2%	1%	<1%

155 <sup>a</sup> Includes studies where RELENZA was administered intranasally (6.4 mg 2 to 4 times per day  
 156 in addition to inhaled preparation) and/or inhaled more frequently (q.i.d.) than the currently  
 157 recommended dose.

158  
 159 Additional adverse reactions occurring in less than 1.5% of patients receiving RELENZA  
 160 included malaise, fatigue, fever, abdominal pain, myalgia, arthralgia, and urticaria.

161 The most frequent laboratory abnormalities in Phase III treatment studies included elevations  
 162 of liver enzymes and CPK, lymphopenia, and neutropenia. These were reported in similar  
 163 proportions of zanamivir and lactose vehicle placebo recipients with acute influenza-like illness.

164 *Clinical Trials in Pediatric Patients:* Adverse events that occurred with an incidence  
 165  $\geq 1.5\%$  in children receiving treatment doses of RELENZA in 2 Phase III studies are listed in  
 166 Table 2. This table shows adverse events occurring in pediatric patients aged 5 to 12 years  
 167 receiving RELENZA 10 mg inhaled twice daily and placebo inhaled twice daily (where placebo  
 168 consisted of the same lactose vehicle used in RELENZA).

169

170 **Table 2. Summary of Adverse Events  $\geq 1.5\%$  Incidence During Treatment in Pediatric**  
 171 **Patients<sup>a</sup>**

Adverse Event	RELENZA 10 mg b.i.d. Inhaled (n = 291)	Placebo (Lactose Vehicle) (n = 318)
<b>Respiratory</b>		
Ear, nose, and throat infections	5%	5%
Ear, nose, and throat hemorrhage	<1%	2%
Asthma	<1%	2%
Cough	<1%	2%
<b>Digestive</b>		
Vomiting	2%	3%
Diarrhea	2%	2%
Nausea	<1%	2%

172 <sup>a</sup> Includes a subset of patients receiving RELENZA for treatment of influenza in a prophylaxis  
 173 study.  
 174

175 In 1 of the 2 studies described in Table 2, some additional information is available from  
 176 children (aged 5 to 12 years) without acute influenza-like illness who received an investigational  
 177 prophylaxis regimen of RELENZA; 132 children received RELENZA and 145 children received  
 178 placebo. Among these children, nasal signs and symptoms (zanamivir 20%, placebo 9%), cough  
 179 (zanamivir 16%, placebo 8%), and throat/tonsil discomfort and pain (zanamivir 11%, placebo  
 180 6%) were reported more frequently with RELENZA than placebo. In a subset with chronic  
 181 pulmonary disease, lower respiratory adverse events (described as asthma, cough, or viral  
 182 respiratory infections which could include influenza-like symptoms) were reported in 7 of 7  
 183 zanamivir recipients and 5 of 12 placebo recipients.

184 Prophylaxis of Influenza: Family/Household Prophylaxis Studies: Adverse events  
 185 that occurred with an incidence of  $\geq 1.5\%$  in the 2 prophylaxis studies are listed in Table 3. This  
 186 table shows adverse events occurring in patients aged  $\geq 5$  years receiving RELENZA 10 mg  
 187 inhaled once daily for 10 days.  
 188

189 **Table 3. Summary of Adverse Events  $\geq 1.5\%$  Incidence During 10-Day Prophylaxis Studies**  
 190 **in Adults, Adolescents, and Children<sup>a</sup>**

Adverse Event	Contact Cases	
	RELENZA (n = 1,068)	Placebo (n = 1,059)
<b>Lower respiratory</b>		
Viral respiratory infections	13%	19%
Cough	7%	9%
<b>Neurologic</b>		
Headaches	13%	14%
<b>Ear, nose, and throat</b>		
Nasal signs and symptoms	12%	12%
Throat and tonsil discomfort and pain	8%	9%
Nasal inflammation	1%	2%
<b>Musculoskeletal</b>		
Muscle pain	3%	3%
<b>Endocrine and metabolic</b>		
Feeding problems (decreased or increased appetite and anorexia)	2%	2%
<b>Gastrointestinal</b>		
Nausea and vomiting	1%	2%
<b>Non-site specific</b>		
Malaise and fatigue	5%	5%
Temperature regulation disturbances (fever and/or chills)	5%	4%

191 <sup>a</sup> In prophylaxis studies, symptoms associated with influenza-like illness were captured as  
 192 adverse events; subjects were enrolled during a winter respiratory season during which time  
 193 any symptoms that occurred were captured as adverse events.

194  
 195 *Community Prophylaxis Studies:* Adverse events that occurred with an incidence of  
 196  $\geq 1.5\%$  in 2 prophylaxis studies are listed in Table 4. This table shows adverse events occurring  
 197 in patients aged  $\geq 5$  years receiving RELENZA 10 mg inhaled once daily for 28 days.



198  
199  
200

**Table 4. Summary of Adverse Events  $\geq 1.5\%$  Incidence During 28-Day Prophylaxis Studies in Adults, Adolescents, and Children<sup>a</sup>**

Adverse Event	RELENZA (n = 2,231)	Placebo (n = 2,239)
<b>Neurologic</b>		
Headaches	24%	26%
<b>Ear, nose, and throat</b>		
Throat and tonsil discomfort and pain	19%	20%
Nasal signs and symptoms	12%	13%
Ear, nose, and throat infections	2%	2%
<b>Lower respiratory</b>		
Cough	17%	18%
Viral respiratory infections	3%	4%
<b>Musculoskeletal</b>		
Muscle pain	8%	8%
Musculoskeletal pain	6%	6%
Arthralgia and articular rheumatism	2%	<1%
<b>Endocrine and metabolic</b>		
Feeding problems (decreased or increased appetite and anorexia)	4%	4%
<b>Gastrointestinal</b>		
Nausea and vomiting	2%	3%
Diarrhea	2%	2%
<b>Non-site specific</b>		
Temperature regulation disturbances (fever and/or chills)	9%	10%
Malaise and fatigue	8%	8%

201 <sup>a</sup> In prophylaxis studies, symptoms associated with influenza-like illness were captured as  
202 adverse events; subjects were enrolled during a winter respiratory season during which time  
203 any symptoms that occurred were captured as adverse events.

204

## 205 **6.2 Postmarketing Experience**

206 In addition to adverse events reported from clinical trials, the following events have been  
207 identified during postmarketing use of zanamivir (RELENZA). Because they are reported  
208 voluntarily from a population of unknown size, estimates of frequency cannot be made. These  
209 events have been chosen for inclusion due to a combination of their seriousness, frequency of  
210 reporting, or potential causal connection to zanamivir (RELENZA).

211 Allergic Reactions: Allergic or allergic-like reaction, including oropharyngeal edema  
212 [see *Warnings and Precautions* (5.2)].

213            **Psychiatric:** Delirium, including symptoms such as altered level of consciousness,  
214 confusion, abnormal behavior, delusions, hallucinations, agitation, anxiety, nightmares [*see*  
215 *Warnings and Precautions (5.3)*].  
216            **Cardiac:** Arrhythmias, syncope.  
217            **Neurologic:** Seizures. Vasovagal-like episodes have been reported shortly following  
218 inhalation of zanamivir.  
219            **Respiratory:** Bronchospasm, dyspnea [*see Warnings and Precautions (5.1)*].  
220            **Skin:** Facial edema; rash, including serious cutaneous reactions (e.g., erythema  
221 multiforme, Stevens-Johnson syndrome, toxic epidermal necrolysis); urticaria [*see Warnings and*  
222 *Precautions (5.2)*].

## 223 **7        DRUG INTERACTIONS**

224            Zanamivir is not a substrate nor does it affect cytochrome P450 (CYP) isoenzymes  
225 (CYP1A1/2, 2A6, 2C9, 2C18, 2D6, 2E1, and 3A4) in human liver microsomes. No clinically  
226 significant pharmacokinetic drug interactions are predicted based on data from in vitro studies.

227            The concurrent use of RELENZA with live attenuated influenza vaccine (LAIV)  
228 intranasal has not been evaluated. However, because of potential interference between these  
229 products, LAIV should not be administered within 2 weeks before or 48 hours after  
230 administration of RELENZA, unless medically indicated. The concern about possible  
231 interference arises from the potential for antiviral drugs to inhibit replication of live vaccine  
232 virus.

233            Trivalent inactivated influenza vaccine can be administered at any time relative to use of  
234 RELENZA [*see Clinical Pharmacology (12.4)*].

## 235 **8        USE IN SPECIFIC POPULATIONS**

### 236 **8.1      Pregnancy**

237            Pregnancy Category C. There are no adequate and well-controlled studies of zanamivir in  
238 pregnant women. Zanamivir should be used during pregnancy only if the potential benefit  
239 justifies the potential risk to the fetus.

240            Embryo/fetal development studies were conducted in rats (dosed from days 6 to 15 of  
241 pregnancy) and rabbits (dosed from days 7 to 19 of pregnancy) using the same IV doses (1, 9,  
242 and 90 mg/kg/day). Pre- and post-natal developmental studies were performed in rats (dosed  
243 from day 16 of pregnancy until litter day 21 to 23). No malformations, maternal toxicity, or  
244 embryotoxicity were observed in pregnant rats or rabbits and their fetuses. Because of  
245 insufficient blood sampling timepoints in rat and rabbit reproductive toxicity studies, AUC  
246 values were not available. In a subchronic study in rats at the 90 mg/kg/day IV dose, the AUC  
247 values were greater than 300 times the human exposure at the proposed clinical dose.

248            An additional embryo/fetal study, in a different strain of rat, was conducted using  
249 subcutaneous administration of zanamivir, 3 times daily, at doses of 1, 9, or 80 mg/kg during  
250 days 7 to 17 of pregnancy. There was an increase in the incidence rates of a variety of minor  
251 skeleton alterations and variants in the exposed offspring in this study. Based on AUC

252 measurements, the 80-mg/kg dose produced an exposure greater than 1,000 times the human  
253 exposure at the proposed clinical dose. However, in most instances, the individual incidence rate  
254 of each skeletal alteration or variant remained within the background rates of the historical  
255 occurrence in the strain studied.

256 Zanamivir has been shown to cross the placenta in rats and rabbits. In these animals, fetal  
257 blood concentrations of zanamivir were significantly lower than zanamivir concentrations in the  
258 maternal blood.

### 259 **8.3 Nursing Mothers**

260 Studies in rats have demonstrated that zanamivir is excreted in milk. However, nursing  
261 mothers should be instructed that it is not known whether zanamivir is excreted in human milk.  
262 Because many drugs are excreted in human milk, caution should be exercised when RELENZA  
263 is administered to a nursing mother.

### 264 **8.4 Pediatric Use**

265 Treatment of Influenza: Safety and effectiveness of RELENZA for treatment of  
266 influenza have not been assessed in pediatric patients younger than 7 years, but were studied in a  
267 Phase III treatment study in pediatric patients, where 471 children aged 5 to 12 years received  
268 zanamivir or placebo [see *Clinical Studies (14.1)*]. Adolescents were included in the 3 principal  
269 Phase III adult treatment studies. In these studies, 67 patients were aged 12 to 16 years. No  
270 definite differences in safety and efficacy were observed between these adolescent patients and  
271 young adults.

272 In a Phase I study of 16 children aged 6 to 12 years with signs and symptoms of  
273 respiratory disease, 4 did not produce a measurable peak inspiratory flow rate (PIFR) through the  
274 DISKHALER (3 with no adequate inhalation on request, 1 with missing data), 9 had measurable  
275 PIFR on each of 2 inhalations, and 3 achieved measurable PIFR on only 1 of 2 inhalations.  
276 Neither of two 6-year-olds and one of two 7-year-olds produced measurable PIFR. Overall, 8 of  
277 the 16 children (including all those younger than 8 years) either did not produce measurable  
278 inspiratory flow through the DISKHALER or produced peak inspiratory flow rates below the  
279 60 L/min considered optimal for the device under standardized in vitro testing; lack of  
280 measurable flow rate was related to low or undetectable serum concentrations [see *Clinical*  
281 *Pharmacology (12.3)*, *Clinical Studies (14.1)*]. Prescribers should carefully evaluate the ability  
282 of young children to use the delivery system if prescription of RELENZA is considered.

283 Prophylaxis of Influenza: The safety and effectiveness of RELENZA for prophylaxis of  
284 influenza have been studied in 4 Phase III studies where 273 children aged 5 to 11 years and  
285 239 adolescents aged 12 to 16 years received RELENZA. No differences in safety and  
286 effectiveness were observed between pediatric and adult subjects [see *Clinical Studies (14.2)*].

### 287 **8.5 Geriatric Use**

288 Of the total number of patients in 6 clinical studies of RELENZA for treatment of  
289 influenza, 59 patients were aged 65 years and older, while 24 patients were aged 75 years and  
290 older. Of the total number of patients in 4 clinical studies of RELENZA for prophylaxis of  
291 influenza in households and community settings, 954 patients were aged 65 years and older,

292 while 347 patients were aged 75 years and older. No overall differences in safety or effectiveness  
293 were observed between these patients and younger patients, and other reported clinical  
294 experience has not identified differences in responses between the elderly and younger patients,  
295 but greater sensitivity of some older individuals cannot be ruled out. Elderly patients may need  
296 assistance with use of the device.

297 In 2 additional studies of RELENZA for prophylaxis of influenza in the nursing home  
298 setting, efficacy was not demonstrated [see *Indications and Usage (1.3)*].

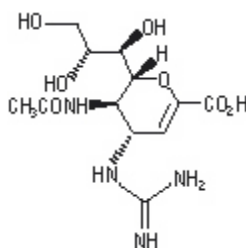
## 299 **10 OVERDOSAGE**

300 There have been no reports of overdose from administration of RELENZA.

## 301 **11 DESCRIPTION**

302 The active component of RELENZA is zanamivir. The chemical name of zanamivir is 5-  
303 (acetylamino)-4-[(aminoiminomethyl)-amino]-2,6-anhydro-3,4,5-trideoxy-D-glycero-D-galacto-  
304 non-2-enonic acid. It has a molecular formula of  $C_{12}H_{20}N_4O_7$  and a molecular weight of 332.3.  
305 It has the following structural formula:

306



307

308 Zanamivir is a white to off-white powder for oral inhalation with a solubility of  
309 approximately 18 mg/mL in water at 20°C.

310 RELENZA is for administration to the respiratory tract by oral inhalation only. Each  
311 RELENZA ROTADISK contains 4 regularly spaced double-foil blisters with each blister  
312 containing a powder mixture of 5 mg of zanamivir and 20 mg of lactose (which contains milk  
313 proteins). The contents of each blister are inhaled using a specially designed breath-activated  
314 plastic device for inhaling powder called the DISKHALER. After a RELENZA ROTADISK is  
315 loaded into the DISKHALER, a blister that contains medication is pierced and the zanamivir is  
316 dispersed into the air stream created when the patient inhales through the mouthpiece. The  
317 amount of drug delivered to the respiratory tract will depend on patient factors such as  
318 inspiratory flow. Under standardized in vitro testing, RELENZA ROTADISK delivers 4 mg of  
319 zanamivir from the DISKHALER device when tested at a pressure drop of 3 kPa (corresponding  
320 to a flow rate of about 62 to 65 L/min) for 3 seconds.

## 321 **12 CLINICAL PHARMACOLOGY**

### 322 **12.1 Mechanism of Action**

323 Zanamivir is an antiviral drug [see *Clinical Pharmacology (12.4)*].

### 324 **12.3 Pharmacokinetics**

325 Absorption and Bioavailability: Pharmacokinetic studies of orally inhaled zanamivir  
326 indicate that approximately 4% to 17% of the inhaled dose is systemically absorbed. The peak  
327 serum concentrations ranged from 17 to 142 ng/mL within 1 to 2 hours following a 10-mg dose.  
328 The area under the serum concentration versus time curve ( $AUC_{\infty}$ ) ranged from 111 to  
329 1,364 ng•hr/mL.

330 Distribution: Zanamivir has limited plasma protein binding (<10%).

331 Metabolism: Zanamivir is renally excreted as unchanged drug. No metabolites have  
332 been detected in humans.

333 Elimination: The serum half-life of zanamivir following administration by oral inhalation  
334 ranges from 2.5 to 5.1 hours. It is excreted unchanged in the urine with excretion of a single dose  
335 completed within 24 hours. Total clearance ranges from 2.5 to 10.9 L/hr. Unabsorbed drug is  
336 excreted in the feces.

337 Impaired Hepatic Function: The pharmacokinetics of zanamivir have not been studied  
338 in patients with impaired hepatic function.

339 Impaired Renal Function: After a single intravenous dose of 4 mg or 2 mg of zanamivir  
340 in volunteers with mild/moderate or severe renal impairment, respectively, significant decreases  
341 in renal clearance (and hence total clearance: normals 5.3 L/hr, mild/moderate 2.7 L/hr, and  
342 severe 0.8 L/hr; median values) and significant increases in half-life (normals 3.1 hr,  
343 mild/moderate 4.7 hr, and severe 18.5 hr; median values) and systemic exposure were observed.  
344 Safety and efficacy have not been documented in the presence of severe renal insufficiency. Due  
345 to the low systemic bioavailability of zanamivir following oral inhalation, no dosage adjustments  
346 are necessary in patients with renal impairment. However, the potential for drug accumulation  
347 should be considered.

348 Pediatric Patients: The pharmacokinetics of zanamivir were evaluated in pediatric  
349 patients with signs and symptoms of respiratory illness. Sixteen patients, aged 6 to 12 years,  
350 received a single dose of 10 mg zanamivir dry powder via DISKHALER. Five patients had either  
351 undetectable zanamivir serum concentrations or had low drug concentrations (8.32 to  
352 10.38 ng/mL) that were not detectable after 1.5 hours. Eleven patients had  $C_{max}$  median values of  
353 43 ng/mL (range: 15 to 74) and  $AUC_{\infty}$  median values of 167 ng•hr/mL (range: 58 to 279). Low  
354 or undetectable serum concentrations were related to lack of measurable PIFR in individual  
355 patients [see *Use in Specific Populations (8.4), Clinical Studies (14.1)*].

356 Geriatric Patients: The pharmacokinetics of zanamivir have not been studied in patients  
357 older than 65 years [see *Use in Specific Populations (8.5)*].

358 Gender, Race, and Weight: In a population pharmacokinetic analysis in patient  
359 studies, no clinically significant differences in serum concentrations and/or pharmacokinetic  
360 parameters ( $V/F$ ,  $CL/F$ ,  $k_a$ ,  $AUC_{0-3}$ ,  $C_{max}$ ,  $T_{max}$ ,  $CL_r$ , and % excreted in urine) were observed  
361 when demographic variables (gender, age, race, and weight) and indices of infection (laboratory  
362 evidence of infection, overall symptoms, symptoms of upper respiratory illness, and viral titers)  
363 were considered. There were no significant correlations between measures of systemic exposure  
364 and safety parameters.

365 **12.4 Microbiology**

366 Mechanism of Action: Zanamivir is an inhibitor of influenza virus neuraminidase  
367 affecting release of viral particles.

368 Antiviral Activity: The antiviral activity of zanamivir against laboratory and clinical  
369 isolates of influenza virus was determined in cell culture assays. The concentrations of zanamivir  
370 required for inhibition of influenza virus were highly variable depending on the assay method  
371 used and virus isolate tested. The 50% and 90% effective concentrations (EC<sub>50</sub> and EC<sub>90</sub>) of  
372 zanamivir were in the range of 0.005 to 16.0 μM and 0.05 to >100 μM, respectively  
373 (1 μM = 0.33 mcg/mL). The relationship between the cell culture inhibition of influenza virus by  
374 zanamivir and the inhibition of influenza virus replication in humans has not been established.

375 Resistance: Influenza viruses with reduced susceptibility to zanamivir have been  
376 selected in cell culture by multiple passages of the virus in the presence of increasing  
377 concentrations of the drug. Genetic analysis of these viruses showed that the reduced  
378 susceptibility in cell culture to zanamivir is associated with mutations that result in amino acid  
379 changes in the viral neuraminidase or viral hemagglutinin or both. Resistance mutations selected  
380 in cell culture which result in neuraminidase amino acid substitutions include E119G/A/D and  
381 R292K. Mutations selected in cell culture in hemagglutinin include: K68R, G75E, E114K,  
382 N145S, S165N, S186F, N199S, and K222T.

383 In an immunocompromised patient infected with influenza B virus, a variant virus  
384 emerged after treatment with an investigational nebulized solution of zanamivir for 2 weeks.  
385 Analysis of this variant showed a hemagglutinin substitution (T198I) which resulted in a reduced  
386 affinity for human cell receptors, and a substitution in the neuraminidase active site (R152K)  
387 which reduced the enzyme's activity to zanamivir by 1,000-fold. Insufficient information is  
388 available to characterize the risk of emergence of zanamivir resistance in clinical use.

389 Cross-Resistance: Cross-resistance has been observed between some  
390 zanamivir-resistant and some oseltamivir-resistant influenza virus mutants generated in cell  
391 culture. However, some of the in cell culture zanamivir-induced resistance mutations,  
392 E119G/A/D and R292K, occurred at the same neuraminidase amino acid positions as in the  
393 clinical isolates resistant to oseltamivir, E119V and R292K. No studies have been performed to  
394 assess risk of emergence of cross-resistance during clinical use.

395 Influenza Vaccine Interaction Study: An interaction study (n = 138) was conducted to  
396 evaluate the effects of zanamivir (10 mg once daily) on the serological response to a single dose  
397 of trivalent inactivated influenza vaccine, as measured by hemagglutination inhibition titers.  
398 There was no difference in hemagglutination inhibition antibody titers at 2 weeks and 4 weeks  
399 after vaccine administration between zanamivir and placebo recipients.

400 Influenza Challenge Studies: Antiviral activity of zanamivir was supported for  
401 infection with influenza A virus, and to a more limited extent for infection with influenza B  
402 virus, by Phase I studies in volunteers who received intranasal inoculations of challenge strains  
403 of influenza virus, and received an intranasal formulation of zanamivir or placebo starting before  
404 or shortly after viral inoculation.

405 **13 NONCLINICAL TOXICOLOGY**

406 **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

407 Carcinogenesis: In 2-year carcinogenicity studies conducted in rats and mice using a  
408 powder formulation administered through inhalation, zanamivir induced no statistically  
409 significant increases in tumors over controls. The maximum daily exposures in rats and mice  
410 were approximately 23 to 25 and 20 to 22 times, respectively, greater than those in humans at the  
411 proposed clinical dose based on AUC comparisons.

412 Mutagenesis: Zanamivir was not mutagenic in in vitro and in vivo genotoxicity assays  
413 which included bacterial mutation assays in *S. typhimurium* and *E. coli*, mammalian mutation  
414 assays in mouse lymphoma, chromosomal aberration assays in human peripheral blood  
415 lymphocytes, and the in vivo mouse bone marrow micronucleus assay.

416 Impairment of Fertility: The effects of zanamivir on fertility and general reproductive  
417 performance were investigated in male (dosed for 10 weeks prior to mating, and throughout  
418 mating, gestation/lactation, and shortly after weaning) and female rats (dosed for 3 weeks prior  
419 to mating through Day 19 of pregnancy, or Day 21 post partum) at IV doses 1, 9, and  
420 90 mg/kg/day. Zanamivir did not impair mating or fertility of male or female rats, and did not  
421 affect the sperm of treated male rats. The reproductive performance of the F1 generation born to  
422 female rats given zanamivir was not affected. Based on a subchronic study in rats at a  
423 90 mg/kg/day IV dose, AUC values ranged between 142 and 199 mcg•hr/mL (>300 times the  
424 human exposure at the proposed clinical dose).

425 **14 CLINICAL STUDIES**

426 **14.1 Treatment of Influenza**

427 Adults and Adolescents: The efficacy of RELENZA 10 mg inhaled twice daily for  
428 5 days in the treatment of influenza has been evaluated in placebo-controlled studies conducted  
429 in North America, the Southern Hemisphere, and Europe during their respective influenza  
430 seasons. The magnitude of treatment effect varied between studies, with possible relationships to  
431 population-related factors including amount of symptomatic relief medication used.

432 Populations Studied: The principal Phase III studies enrolled 1,588 patients aged  
433 12 years and older (median age 34 years, 49% male, 91% Caucasian), with uncomplicated  
434 influenza-like illness within 2 days of symptom onset. Influenza was confirmed by culture,  
435 hemagglutination inhibition antibodies, or investigational direct tests. Of 1,164 patients with  
436 confirmed influenza, 89% had influenza A and 11% had influenza B. These studies served as the  
437 principal basis for efficacy evaluation, with more limited Phase II studies providing supporting  
438 information where necessary. Following randomization to either zanamivir or placebo (inhaled  
439 lactose vehicle), all patients received instruction and supervision by a healthcare professional for  
440 the initial dose.

441 Principal Results: The definition of time to improvement in major symptoms of  
442 influenza included no fever and self-assessment of “none” or “mild” for headache, myalgia,  
443 cough, and sore throat. A Phase II and a Phase III study conducted in North America (total of

444 over 600 influenza-positive patients) suggested up to 1 day of shortening of median time to this  
445 defined improvement in symptoms in patients receiving zanamivir compared with placebo,  
446 although statistical significance was not reached in either of these studies. In a study conducted  
447 in the Southern Hemisphere (321 influenza-positive patients), a 1.5-day difference in median  
448 time to symptom improvement was observed. Additional evidence of efficacy was provided by  
449 the European study.

450 **Other Findings:** There was no consistent difference in treatment effect in patients  
451 with influenza A compared with influenza B; however, these trials enrolled smaller numbers of  
452 patients with influenza B and thus provided less evidence in support of efficacy in influenza B.

453 In general, patients with lower temperature (e.g., 38.2°C or less) or investigator-rated as  
454 having less severe symptoms at entry derived less benefit from therapy.

455 No consistent treatment effect was demonstrated in patients with underlying chronic  
456 medical conditions, including respiratory or cardiovascular disease [*see Warnings and*  
457 *Precautions (5.4)*].

458 No consistent differences in rate of development of complications were observed  
459 between treatment groups.

460 Some fluctuation of symptoms was observed after the primary study endpoint in both  
461 treatment groups.

462 **Pediatric Patients:** The efficacy of RELENZA 10 mg inhaled twice daily for 5 days in  
463 the treatment of influenza in pediatric patients has been evaluated in a placebo-controlled study  
464 conducted in North America and Europe, enrolling 471 patients, aged 5 to 12 years (55% male,  
465 90% Caucasian), within 36 hours of symptom onset. Of 346 patients with confirmed influenza,  
466 65% had influenza A and 35% had influenza B. The definition of time to improvement included  
467 no fever and parental assessment of no or mild cough and absent/minimal muscle and joint aches  
468 or pains, sore throat, chills/feverishness, and headache. Median time to symptom improvement  
469 was 1 day shorter in patients receiving zanamivir compared with placebo. No consistent  
470 differences in rate of development of complications were observed between treatment groups.  
471 Some fluctuation of symptoms was observed after the primary study endpoint in both treatment  
472 groups.

473 Although this study was designed to enroll children aged 5 to 12 years, the product is  
474 indicated only for children aged 7 years and older. This evaluation is based on the combination  
475 of lower estimates of treatment effect in 5- and 6-year-olds compared with the overall study  
476 population, and evidence of inadequate inhalation through the DISKHALER in a  
477 pharmacokinetic study [*see Use in Specific Populations (8.4), Clinical Pharmacology (12.3)*].

## 478 **14.2 Prophylaxis of Influenza**

479 The efficacy of RELENZA in preventing naturally occurring influenza illness has been  
480 demonstrated in 2 post-exposure prophylaxis studies in households and 2 seasonal prophylaxis  
481 studies during community outbreaks of influenza. The primary efficacy endpoint in these studies  
482 was the incidence of symptomatic, laboratory-confirmed influenza, defined as the presence of 2  
483 or more of the following symptoms: oral temperature  $\geq 100^{\circ}\text{F}/37.8^{\circ}\text{C}$  or feverishness, cough,



484 headache, sore throat, and myalgia; and laboratory confirmation of influenza A or B by culture,  
485 PCR, or seroconversion (defined as a 4-fold increase in convalescent antibody titer from  
486 baseline).

487 **Household Prophylaxis Studies:** Two studies assessed post-exposure prophylaxis in  
488 household contacts of an index case. Within 1.5 days of onset of symptoms in an index case,  
489 each household (including all family members aged  $\geq 5$  years) was randomized to RELENZA  
490 10 mg inhaled once daily or placebo inhaled once daily for 10 days. In the first study only, each  
491 index case was randomized to RELENZA 10 mg inhaled twice daily for 5 days or inhaled  
492 placebo twice daily for 5 days. In this study, the proportion of households with at least 1 new  
493 case of symptomatic laboratory-confirmed influenza was reduced from 19.0% (32 of  
494 168 households) for the placebo group to 4.1% (7 of 169 households) for the group receiving  
495 RELENZA.

496 In the second study, index cases were not treated. The incidence of symptomatic  
497 laboratory-confirmed influenza was reduced from 19.0% (46 of 242 households) for the placebo  
498 group to 4.1% (10 of 245 households) for the group receiving RELENZA.

499 **Seasonal Prophylaxis Studies:** Two seasonal prophylaxis studies assessed RELENZA  
500 10 mg inhaled once daily versus placebo inhaled once daily for 28 days during community  
501 outbreaks. The first study enrolled subjects aged 18 years or older (mean age 29 years) from 2  
502 university communities. The majority of subjects were unvaccinated (86%). In this study, the  
503 incidence of symptomatic laboratory-confirmed influenza was reduced from 6.1% (34 of 554)  
504 for the placebo group to 2.0% (11 of 553) for the group receiving RELENZA.

505 The second seasonal prophylaxis study enrolled subjects aged 12 to 94 years (mean age  
506 60 years) with 56% of them older than 65 years. Sixty-seven percent of the subjects were  
507 vaccinated. In this study, the incidence of symptomatic laboratory-confirmed influenza was  
508 reduced from 1.4% (23 of 1,685) for the placebo group to 0.2% (4 of 1,678) for the group  
509 receiving RELENZA.

## 510 **16 HOW SUPPLIED/STORAGE AND HANDLING**

511 RELENZA is supplied in a circular double-foil pack (a ROTADISK) containing 4 blisters  
512 of the drug. Five ROTADISKS are packaged in a white polypropylene tube. The tube is  
513 packaged in a carton with 1 blue and gray DISKHALER inhalation device (NDC 0173-0681-01).

514 **Store at 25°C (77°F); excursions permitted to 15° to 30°C (59° to 86°F) (see USP**  
515 **Controlled Room Temperature).** Keep out of reach of children. Do not puncture any  
516 RELENZA ROTADISK blister until taking a dose using the DISKHALER.

## 517 **17 PATIENT COUNSELING INFORMATION**

518 *See FDA-approved patient labeling (Patient Information and Instructions for Use).*

### 519 **17.1 Bronchospasm**

520 **Patients should be advised of the risk of bronchospasm, especially in the setting of**  
521 **underlying airways disease, and should stop RELENZA and contact their physician if they**  
522 **experience increased respiratory symptoms during treatment such as worsening wheezing,**

523 **shortness of breath, or other signs or symptoms of bronchospasm [see Warnings and**  
524 **Precautions (5.1)]. If a decision is made to prescribe RELENZA for a patient with asthma**  
525 **or chronic obstructive pulmonary disease, the patient should be made aware of the risks**  
526 **and should have a fast-acting bronchodilator available.**

527 **17.2 Concomitant Bronchodilator Use**

528 Patients scheduled to take inhaled bronchodilators at the same time as RELENZA should  
529 be advised to use their bronchodilators before taking RELENZA.

530 **17.3 Neuropsychiatric Events**

531 Patients with influenza (the flu), particularly children and adolescents, may be at an  
532 increased risk of seizures, confusion, or abnormal behavior early in their illness. These events  
533 may occur after beginning RELENZA or may occur when flu is not treated. These events are  
534 uncommon but may result in accidental injury to the patient. Therefore, patients should be  
535 observed for signs of unusual behavior and a healthcare professional should be contacted  
536 immediately if the patient shows any signs of unusual behavior [see Warnings and Precautions  
537 (5.3)].

538 **17.4 Instructions for Use**

539 Patients should be instructed in use of the delivery system. Instructions should include a  
540 demonstration whenever possible. For the proper use of RELENZA, the patient should read and  
541 follow carefully the accompanying Instructions for Use.

542 **If RELENZA is prescribed for children, it should be used only under adult**  
543 **supervision and instruction, and the supervising adult should first be instructed by a**  
544 **healthcare professional [see Dosage and Administration (2.1)].**

545 **17.5 Risk of Influenza Transmission to Others**

546 Patients should be advised that the use of RELENZA for treatment of influenza has not  
547 been shown to reduce the risk of transmission of influenza to others.

548  
549 RELENZA, DISKHALER, and ROTADISK are registered trademarks of GlaxoSmithKline.

550  
551



552  
553 GlaxoSmithKline  
554 Research Triangle Park, NC 27709

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558 December 2011

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561 **Patient Information**

562  
563 **RELENZA<sup>®</sup> (zanamivir) Inhalation Powder**

564  
565 This leaflet contains important patient information about RELENZA (zanamivir)  
566 Inhalation Powder, and should be read completely before beginning treatment. It does not,  
567 however, take the place of discussions with your healthcare provider about your medical  
568 condition or your treatment. This summary does not list all benefits and risks of RELENZA. The  
569 medication described here can only be prescribed and dispensed by a licensed healthcare  
570 provider, who has information about your medical condition and more information about the  
571 drug, including how to take it, what to expect, and potential side effects. If you have any  
572 questions about RELENZA, talk with your healthcare provider.

573  
574 **What is RELENZA?**

575 RELENZA (ruh-LENS-uh) is a medicine for the treatment of influenza (flu, infection  
576 caused by influenza virus) and for reducing the chance of getting the flu in community and  
577 household settings. It belongs to a group of medicines called neuraminidase inhibitors. These  
578 medications attack the influenza virus and prevent it from spreading inside your body.  
579 RELENZA treats the cause of influenza at its source, rather than simply masking the symptoms.

580  
581 **Important Safety Information About RELENZA**

582 Some patients have had bronchospasm (wheezing) or serious breathing problems when  
583 they used RELENZA. Many but not all of these patients had previous asthma or chronic  
584 obstructive pulmonary disease. RELENZA has not been shown to shorten the duration of  
585 influenza in people with these diseases. Because of the risk of side effects and because it has not  
586 been shown to help them, RELENZA is not recommended for people with chronic respiratory  
587 disease such as asthma or chronic obstructive pulmonary disease.

588 If you develop worsening respiratory symptoms such as wheezing or shortness of breath,  
589 stop using RELENZA and contact your healthcare provider right away.

590 If you have chronic respiratory disease such as asthma and chronic obstructive pulmonary  
591 disease and your healthcare provider has prescribed RELENZA, you should have a fast-acting,  
592 inhaled bronchodilator available for your use. If you are scheduled to use an inhaled  
593 bronchodilator at the same time as RELENZA, use the inhaled bronchodilator **before** using  
594 RELENZA.

595 Read the rest of this leaflet for more information about side effects and risks.

596 Other kinds of infections can appear like influenza or occur along with influenza, and  
597 need different kinds of treatment. Contact your healthcare provider if you feel worse or develop  
598 new symptoms during or after treatment, or if your influenza symptoms do not start to get better.

599  
600 **Who should not take RELENZA?**

601 RELENZA is not recommended for people who have chronic lung disease such as  
602 asthma or chronic obstructive pulmonary disease. RELENZA has not been shown to shorten the  
603 duration of influenza in people with these diseases, and some people have had serious side  
604 effects of bronchospasm and worsening lung function. (See the section of this Patient  
605 Information entitled “**Important Safety Information About RELENZA.**”)

606 You should not take RELENZA if you are allergic to zanamivir or any other ingredient of  
607 RELENZA. Also tell your healthcare provider if you have any type of chronic condition  
608 including lung or heart disease, if you are allergic to any other medicines, milk proteins, or other  
609 food products, or if you are pregnant.

610 RELENZA was not effective in reducing the chance of getting the flu in 2 studies in  
611 nursing home patients.

612 RELENZA does not treat flu-like illness that is not caused by influenza virus.

613

#### 614 **Who should consider taking RELENZA?**

615 Adult and pediatric patients at least 7 years of age who have influenza symptoms that  
616 appeared within the previous day or two. Typical symptoms of influenza include sudden onset of  
617 fever, cough, headache, fatigue, muscular weakness, and sore throat.

618 RELENZA can also help reduce the chance of getting the flu in adults and children at  
619 least 5 years of age who have a higher chance of getting the flu because they spend time with  
620 someone who has the flu. RELENZA can also reduce the chance of getting the flu if there is a flu  
621 outbreak in the community.

622 The use of RELENZA for the treatment of flu has not been shown to reduce the risk of  
623 spreading the virus to others.

624

#### 625 **Can I take other medications with RELENZA?**

626 RELENZA has been shown to have an acceptable safety profile when used as labeled,  
627 with minimal risk of drug interactions. Your healthcare provider may recommend taking other  
628 medications, including over-the-counter medications, to reduce fever or other symptoms while  
629 you are taking RELENZA. Before starting treatment, make sure that your healthcare provider  
630 knows if you are taking other medicines. If you are scheduled to use an inhaled bronchodilator at  
631 the same time as RELENZA, you should use the inhaled bronchodilator **before** using  
632 RELENZA.

633 Before taking RELENZA, please let your healthcare provider know if you received live  
634 attenuated influenza vaccine (FLUMIST<sup>®</sup>) intranasal in the past 2 weeks.

635

#### 636 **How and when should I take RELENZA?**

637 RELENZA is packaged in medicine disks called ROTADISKS<sup>®</sup> and is inhaled by mouth  
638 using a delivery device called a DISKHALER<sup>®</sup>. Each ROTADISK contains 4 blisters. Each  
639 blister contains 5 mg of active drug and 20 mg of lactose powder (which contains milk proteins).

640 You should receive a demonstration on how to use RELENZA in the DISKHALER from  
641 a healthcare provider. Before taking RELENZA, read the “Patient Instructions for Use.” Make  
642 sure that you understand these instructions and talk to your healthcare provider if you have any  
643 questions. Children who use RELENZA should always be supervised by an adult who  
644 understands how to use RELENZA. Proper use of the DISKHALER to inhale the drug is  
645 necessary for safe and effective use of RELENZA.

646 If you have the flu the usual dose for treatment is 2 inhalations of RELENZA (1 blister  
647 per inhalation) twice daily (in the morning and evening) for 5 days. It is important that you begin  
648 your treatment with RELENZA as soon as possible from the first appearance of your flu  
649 symptoms. Take 2 doses on the first day of treatment whenever possible if there are at least  
650 2 hours between doses.

651 To reduce the chance of getting the flu, the usual dose is 2 inhalations of RELENZA  
652 (1 blister per inhalation) once daily for 10 or 28 days as prescribed by your healthcare provider.

653 Never share RELENZA with anyone, even if they have the same symptoms. If you feel  
654 worse or develop new symptoms during treatment with RELENZA, or if your flu symptoms do  
655 not start to get better, stop using the medicine and contact your healthcare provider.

656

#### 657 **What if I miss a dose?**

658 If you forget to take your medicine at any time, take the missed dose as soon as you  
659 remember, except if it is near the next dose (within 2 hours). Then continue to take RELENZA at  
660 the usual times. You do not need to take a double dose. If you have missed several doses, inform  
661 your healthcare provider and follow the advice given to you.

662

#### 663 **What are important or common possible side effects of taking RELENZA?**

664 Some patients have had breathing problems while taking RELENZA. This can be very  
665 serious and need treatment right away. Most of the patients who had this problem had asthma or  
666 chronic obstructive pulmonary disease, but some did not. If you have trouble breathing or have  
667 wheezing after your dose of RELENZA, stop taking RELENZA and get medical attention.

668 In studies, the most common side effects with RELENZA have been headaches; diarrhea;  
669 nausea; vomiting; nasal irritation; bronchitis; cough; sinusitis; ear, nose, and throat infections;  
670 and dizziness. Other side effects that have been reported, but were not as common, include  
671 rashes and allergic reactions, some of which were severe.

672 People with influenza (the flu), particularly children and adolescents, may be at an  
673 increased risk of seizures, confusion, or abnormal behavior early in their illness. These events  
674 may occur after beginning RELENZA or may occur when flu is not treated. These events are  
675 uncommon but may result in accidental injury to the patient. Therefore, patients should be  
676 observed for signs of unusual behavior and a healthcare professional should be contacted  
677 immediately if the patient shows any signs of unusual behavior.

678 If you are not feeling well when you take RELENZA, you may faint or become  
679 lightheaded after inhaling RELENZA. You should sit down in a relaxed position before inhaling

680 the dose of RELENZA, and you should only hold your breath for as long as is comfortable after  
681 inhaling the dose.

682 If you are not feeling well, you are advised to have someone with you while you are  
683 inhaling the dose of RELENZA.

684 This list of side effects is not complete. Your healthcare provider or pharmacist can  
685 discuss with you a more complete list of possible side effects with RELENZA. Talk to your  
686 healthcare provider promptly about any side effects you have.

687 Please refer to the section entitled **“Important Safety Information About RELENZA”**  
688 for additional information.

689

#### 690 **Should I get a flu shot?**

691 RELENZA is not a substitute for a flu shot. You should receive an annual flu shot  
692 according to guidelines on immunization practices that your healthcare provider can share with  
693 you.

694

#### 695 **What if I am pregnant or nursing?**

696 If you are pregnant or planning to become pregnant while taking RELENZA, talk to your  
697 healthcare provider before taking this medication. RELENZA is normally not recommended for  
698 use during pregnancy or nursing, as the effects on the unborn child or nursing infant are  
699 unknown.

700

#### 701 **How and where should I store RELENZA?**

702 RELENZA should be stored at room temperature below 77°F (25°C). RELENZA is not  
703 in a childproof container. Keep RELENZA out of the reach of children. Discard the  
704 DISKHALER after finishing your treatment.

705

706

## INSTRUCTIONS FOR USE



707

708

**IMPORTANT: Read Step-by-Step Instructions  
before using the DISKHALER®.**

709

710

711

**Be sure to take the dose your healthcare provider has prescribed.**

712

713

### **BEFORE YOU START:**

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**Please read the entire Patient Information leaflet for important information about the effects of RELENZA including the section “Important Safety Information About RELENZA” for information about the risk of breathing difficulties.**

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**If RELENZA is prescribed for a child, dosing should be supervised by an adult who understands how to use RELENZA and has been instructed in its use by a healthcare provider.**

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## Parts of the DISKHALER:

### COVER

keeps the DISKHALER clean and free of foreign matter; replace cover when not in use

### WHITE MOUTHPIECE

where the medicine is inhaled by mouth

### DARK BROWN WHEEL

rotates to the next plister of medicine

### WHITE TRAY

pulls in and out of DISKHALER body

### RAISED RIDGES

help you pull out the tray for loading

### NEEDLE

punctures the plister to release medicine

### DISKHALER BODY

### HALF-CIRCLE FLAP

lifts up and down to operate plastic needle

### SILVER MEDICINE DISK

contains 4 plisters of medicine; the disk fits into the dark brown wheel inside the DISKHALER



722 **Step-by-step instructions for using the DISKHALER®**

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724 **Step A: Load the medicine into the DISKHALER**

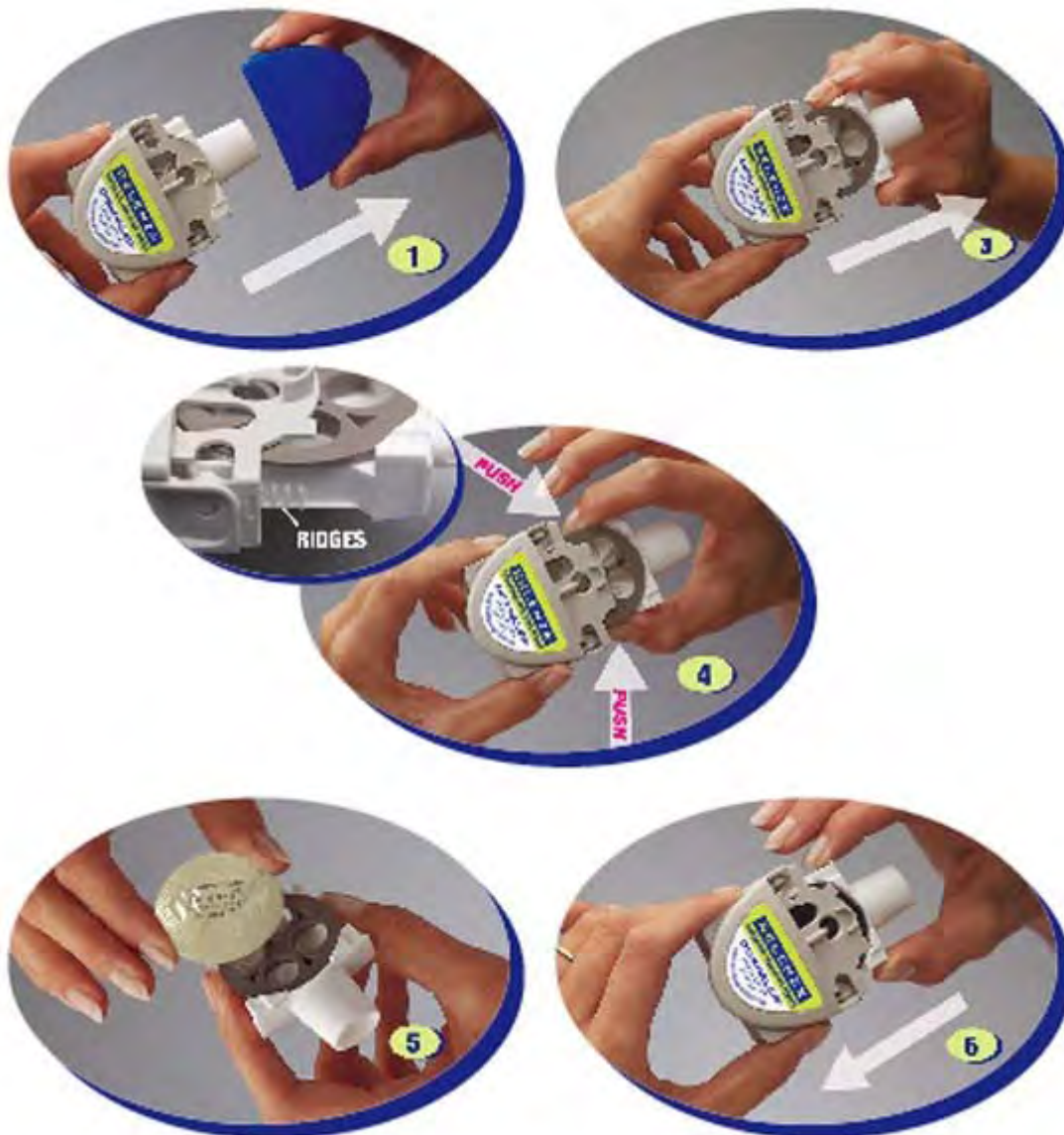
725

726 1. Start by pulling off the blue cover.

727



- 728 2. **Always check inside the mouthpiece to make sure it is clear before each use. If foreign**  
729 **objects are in the mouthpiece, they could be inhaled and cause serious harm.**  
730
- 731 3. Pull the white mouthpiece by the edges to extend the white tray all the way.  
732
- 733 4. Once the white tray is extended all the way, find the raised ridges on each side of it. Press in  
734 these ridges, both sides at the same time, and **pull the whole white tray out of the**  
735 **DISKHALER body.**  
736
- 737 5. Place one silver medicine disk onto the dark brown wheel, flat side up. The four silver  
738 blisters on the underside of the medicine disk will drop neatly into the four holes in the  
739 wheel.  
740
- 741 6. Push in the white tray as far as it will go. Now the DISKHALER is loaded with medicine.  
742



743

744 **Step B: Puncture the blister**

745

746 **Be sure to keep the DISKHALER level.**

747

748 **The DISKHALER punctures one blister of medicine at a time so you can inhale the right**  
 749 **amount. It does not matter which blister you start with. Check to make sure that the silver**  
 750 **foil is unbroken.**

751

752 1. Be sure to keep the DISKHALER level so the medicine does not spill out.

753

754 2. Locate the half-circle flap with the name “RELENZA” on top of the DISKHALER.

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3. Lift this flap from the outer edge until it cannot go any farther. Flap must be **straight up** for the plastic needle to puncture both the **top** and **bottom** of the silver medicine disk inside.
4. Keeping the DISKHALER level, click the flap down into place.



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### Step C: Inhale

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1. Before putting the white mouthpiece into your mouth, breathe all the way out (exhale).

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**Then put the white mouthpiece into your mouth. Be sure to keep the DISKHALER level so the medicine does not spill out.**

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770  
771

2. Close your lips firmly around the mouthpiece. Be sure not to cover the small holes on either side of it.

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3. Breathe in through your mouth steadily and as deeply as you can. Your breath pulls the medicine into your airways and lungs.

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4. Hold your breath for a few seconds to help RELENZA stay in your lungs where it can work.

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**To take another inhalation, move to the next blister by following Step D below.**

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**Once you've inhaled the number of blisters prescribed by your healthcare provider, replace the cover until your next dose.**



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**Step D: Move the medicine disk to the next blister**

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1. **Pull** the mouthpiece to extend the white tray, without removing it.

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2. Then **push** it back until it clicks. This pull-push motion rotates the medicine disk to the next blister.

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3. To take your next inhalation, repeat Steps B and C.

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**If all 4 blisters in the medicine disk have been used, you are ready to start a new medicine disk (see Step A). Check to make sure that the silver foil is unbroken each time you are ready to puncture the next blister.**

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**IMPORTANT INSTRUCTIONS**

Read this entire leaflet before using RELENZA. Even if you have had a previous prescription for RELENZA, read this leaflet to see if any information has changed.

If you have the flu, the usual dose is 2 inhalations twice daily. To reduce the chance of getting the flu, the usual dose is 2 inhalations once daily. However, you must take the

number of inhalations your healthcare provider has prescribed.

If you feel worse or develop new symptoms during or after treatment, or if your flu symptoms do not start to improve, stop using the medicine and contact your healthcare provider.

Keep out of reach of children.

Always check inside the mouthpiece to make sure it is clear before each use. If foreign objects are in the mouthpiece, they could be inhaled and cause serious harm.

Always replace the cover after each use.

Throw away the DISKHALER after treatment is completed.

This DISKHALER is for use only with RELENZA. Do not use the RELENZA DISKHALER device with FLOVENT<sup>®</sup> (fluticasone propionate) and do not use RELENZA with the FLOVENT DISKHALER device.

Store at 25°C (77°F); excursions permitted to 15° to 30°C (59° to 86°F) (see USP Controlled Room Temperature).

**REMEMBER:** This medicine has been prescribed for you by your healthcare provider. **DO NOT** give this medicine to anyone else.

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RLZ:PIL

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**This is a representation of an electronic record that was signed electronically and this page is the manifestation of the electronic signature.**  
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/s/  
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KENDALL A MARCUS  
12/20/2011