

1 **MEDICATION GUIDE**

2 **ADVAIR [ad'vair] DISKUS<sup>®</sup> 100/50**

3 **(fluticasone propionate 100 mcg and salmeterol 50 mcg inhalation powder)**

4 **ADVAIR DISKUS<sup>®</sup> 250/50**

5 **(fluticasone propionate 250 mcg and salmeterol 50 mcg inhalation powder)**

6 **ADVAIR DISKUS<sup>®</sup> 500/50**

7 **(fluticasone propionate 500 mcg and salmeterol 50 mcg inhalation powder)**

8  
9 Read the Medication Guide that comes with ADVAIR DISKUS before you start using it and  
10 each time you get a refill. There may be new information. This Medication Guide does not take  
11 the place of talking to your healthcare provider about your medical condition or treatment.

12  
13 **What is the most important information I should know about ADVAIR DISKUS?**

14 **ADVAIR DISKUS can cause serious side effects, including:**

- 15 1. **People with asthma who take long-acting beta<sub>2</sub>-adrenergic agonist (LABA) medicines,**  
16 **such as salmeterol (one of the medicines in ADVAIR DISKUS), have an increased risk**  
17 **of death from asthma problems.** It is not known whether fluticasone propionate, the other  
18 medicine in ADVAIR DISKUS, reduces the risk of death from asthma problems seen with  
19 salmeterol.
- 20 • **Call your healthcare provider if breathing problems worsen over time while using**  
21 **ADVAIR DISKUS.** You may need different treatment.
  - 22 • **Get emergency medical care if:**
    - 23 • breathing problems worsen quickly and
    - 24 • you use your rescue inhaler medicine, but it does not relieve your breathing problems.
- 25 2. ADVAIR DISKUS should be used only if your healthcare provider decides that your asthma  
26 is not well controlled with a long-term asthma control medicine, such as inhaled  
27 corticosteroids.
- 28 3. When your asthma is well controlled, your healthcare provider may tell you to stop taking  
29 ADVAIR DISKUS. Your healthcare provider will decide if you can stop ADVAIR DISKUS  
30 without loss of asthma control. Your healthcare provider may prescribe a different asthma  
31 control medicine for you, such as an inhaled corticosteroid.
- 32 4. Children and adolescents who take LABA medicines may have an increased risk of being  
33 hospitalized for asthma problems.

34  
35 **What is ADVAIR DISKUS?**

36 • ADVAIR DISKUS combines an inhaled corticosteroid medicine, fluticasone propionate (the  
37 same medicine found in FLOVENT<sup>®</sup>), and a LABA medicine, salmeterol (the same medicine  
38 found in SEREVENT<sup>®</sup>).

39 • Inhaled corticosteroids help to decrease inflammation in the lungs. Inflammation in the  
40 lungs can lead to asthma symptoms.

41 • LABA medicines are used in people with asthma and chronic obstructive pulmonary  
42 disease (COPD). LABA medicines help the muscles around the airways in your lungs  
43 stay relaxed to prevent symptoms, such as wheezing and shortness of breath. These  
44 symptoms can happen when the muscles around the airways tighten. This makes it hard  
45 to breathe. In severe cases, wheezing can stop your breathing and cause death if not  
46 treated right away.

47 • ADVAIR DISKUS is used for asthma and COPD as follows:

48 **Asthma:**

49 ADVAIR DISKUS is used to control symptoms of asthma and to prevent symptoms such as  
50 wheezing in adults and children aged 4 years and older.

51 ADVAIR DISKUS contains salmeterol (the same medicine found in SEREVENT). LABA  
52 medicines, such as salmeterol, increase the risk of death from asthma problems.

53 ADVAIR DISKUS is not for adults and children with asthma who are well controlled with  
54 an asthma control medicine, such as a low to medium dose of an inhaled corticosteroid  
55 medicine.

56 **COPD:**

57 COPD is a chronic lung disease that includes chronic bronchitis, emphysema, or both.

58 ADVAIR DISKUS 250/50 is used long term, 2 times each day to help improve lung function  
59 for better breathing in adults with COPD. ADVAIR DISKUS 250/50 has been shown to  
60 decrease the number of flare-ups and worsening of COPD symptoms (exacerbations).

61

62 **Who should not use ADVAIR DISKUS?**

63 Do not use ADVAIR DISKUS:

- 64 • to treat sudden, severe symptoms of asthma or COPD and  
65 • if you have a severe allergy to milk proteins. Ask your doctor if you are not sure.

66

67 **What should I tell my healthcare provider before using ADVAIR DISKUS?**

68 **Tell your healthcare provider about all of your health conditions, including if you:**

- 69 • **have heart problems**  
70 • **have high blood pressure**  
71 • **have seizures**

- 72 • **have thyroid problems**
- 73 • **have diabetes**
- 74 • **have liver problems**
- 75 • **have osteoporosis**
- 76 • **have an immune system problem**
- 77 • **are pregnant or planning to become pregnant.** It is not known if ADVAIR DISKUS may  
78 harm your unborn baby.
- 79 • **are breastfeeding.** It is not known if ADVAIR DISKUS passes into your milk and if it can  
80 harm your baby.
- 81 • **are allergic to any of the ingredients in ADVAIR DISKUS, any other medicines, or food**  
82 **products.** See the end of this Medication Guide for a complete list of the ingredients in  
83 ADVAIR DISKUS.
- 84 • **are exposed to chickenpox or measles**

85 Tell your healthcare provider about all the medicines you take including prescription and  
86 non-prescription medicines, vitamins, and herbal supplements. ADVAIR DISKUS and certain  
87 other medicines may interact with each other. This may cause serious side effects. Especially,  
88 tell your healthcare provider if you take ritonavir. The anti-HIV medicines NORVIR<sup>®</sup> (ritonavir  
89 capsules) Soft Gelatin, NORVIR (ritonavir oral solution), and KALETRA<sup>®</sup> (lopinavir/ritonavir)  
90 Tablets contain ritonavir.

91 Know the medicines you take. Keep a list and show it to your healthcare provider and pharmacist  
92 each time you get a new medicine.

93

#### 94 **How do I use ADVAIR DISKUS?**

95 **See the step-by-step instructions for using ADVAIR DISKUS at the end of this Medication**  
96 **Guide.** Do not use ADVAIR DISKUS unless your healthcare provider has taught you and you  
97 understand everything. Ask your healthcare provider or pharmacist if you have any questions.

98 • Children should use ADVAIR DISKUS with an adult's help, as instructed by the child's  
99 healthcare provider.

100 • Use ADVAIR DISKUS exactly as prescribed. **Do not use ADVAIR DISKUS more often**  
101 **than prescribed.** ADVAIR DISKUS comes in 3 strengths. Your healthcare provider has  
102 prescribed the one that is best for your condition.

103 • The usual dosage of ADVAIR DISKUS is 1 inhalation 2 times each day (morning and  
104 evening). The 2 doses should be about 12 hours apart. Rinse your mouth with water after  
105 using ADVAIR DISKUS.

106 • If you take more ADVAIR DISKUS than your doctor has prescribed, get medical help right  
107 away if you have any unusual symptoms, such as worsening shortness of breath, chest pain,  
108 increased heart rate, or shakiness.

- 109 • If you miss a dose of ADVAIR DISKUS, just skip that dose. Take your next dose at your  
110 usual time. Do not take 2 doses at one time.
- 111 • Do not use a spacer device with ADVAIR DISKUS.
- 112 • Do not breathe into ADVAIR DISKUS.
- 113 • **While you are using ADVAIR DISKUS 2 times each day, do not use other medicines**  
114 **that contain a LABA for any reason.** Ask your healthcare provider or pharmacist if any of  
115 your other medicines are LABA medicines.
- 116 • Do not stop using ADVAIR DISKUS or other asthma medicines unless told to do so by your  
117 healthcare provider because your symptoms might get worse. Your healthcare provider will  
118 change your medicines as needed.
- 119 • ADVAIR DISKUS does not relieve sudden symptoms. Always have a rescue inhaler  
120 medicine with you to treat sudden symptoms. If you do not have an inhaled, short-acting  
121 bronchodilator, call your healthcare provider to have one prescribed for you.
- 122 • Call your healthcare provider or get medical care right away if:
  - 123 • your breathing problems worsen with ADVAIR DISKUS
  - 124 • you need to use your rescue inhaler medicine more often than usual
  - 125 • your rescue inhaler medicine does not work as well for you at relieving symptoms
  - 126 • you need to use 4 or more inhalations of your rescue inhaler medicine for 2 or more days  
127 in a row
  - 128 • you use 1 whole canister of your rescue inhaler medicine in 8 weeks' time
  - 129 • your peak flow meter results decrease. Your healthcare provider will tell you the numbers  
130 that are right for you.
  - 131 • you have asthma and your symptoms do not improve after using ADVAIR DISKUS  
132 regularly for 1 week
- 133

#### 134 **What are the possible side effects with ADVAIR DISKUS?**

#### 135 **ADVAIR DISKUS can cause serious side effects, including:**

- 136 • **See “What is the most important information I should know about ADVAIR**  
137 **DISKUS?”**
- 138 • **serious allergic reactions.** Call your healthcare provider or get emergency medical care if  
139 you get any of the following symptoms of a serious allergic reaction:
  - 140 • rash
  - 141 • hives
  - 142 • swelling of the face, mouth, and tongue
  - 143 • breathing problems
- 144 • **sudden breathing problems immediately after inhaling your medicine**

- 145 • **effects on heart**
- 146 • increased blood pressure
- 147 • a fast and irregular heartbeat
- 148 • chest pain
- 149 • **effects on nervous system**
- 150 • tremor
- 151 • nervousness
- 152 • **reduced adrenal function (may result in loss of energy)**
- 153 • **changes in blood (sugar, potassium, certain types of white blood cells)**
- 154 • **weakened immune system and a higher chance of infections**
- 155 • **lower bone mineral density.** This may be a problem for people who already have a higher
- 156 chance of low bone density (osteoporosis).
- 157 • **eye problems including glaucoma and cataracts.** You should have regular eye exams
- 158 while using ADVAIR DISKUS.
- 159 • **slowed growth in children.** A child's growth should be checked often.
- 160 • **pneumonia.** People with COPD have a higher chance of getting pneumonia. ADVAIR
- 161 DISKUS may increase the chance of getting pneumonia. Call your healthcare provider if you
- 162 notice any of the following symptoms:
- 163 • increase in mucus (sputum) production
- 164 • change in mucus color
- 165 • fever
- 166 • chills
- 167 • increased cough
- 168 • increased breathing problems

169 **Common side effects of ADVAIR DISKUS include:**

170 **Asthma:**

- 171 • upper respiratory tract infection
- 172 • throat irritation
- 173 • hoarseness and voice changes
- 174 • thrush in the mouth and throat
- 175 • bronchitis
- 176 • cough
- 177 • headache
- 178 • nausea and vomiting

179 In children with asthma, infections in the ear, nose, and throat are common.

180 **COPD:**

- 181 • thrush in the mouth and throat
- 182 • throat irritation
- 183 • hoarseness and voice changes
- 184 • viral respiratory infections
- 185 • headache
- 186 • muscle and bone pain

187 Tell your healthcare provider about any side effect that bothers you or that does not go away.

188 These are not all the side effects with ADVAIR DISKUS. Ask your healthcare provider or  
189 pharmacist for more information.

190 Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-  
191 800-FDA-1088.

192

### 193 **How do I store ADVAIR DISKUS?**

- 194 • Store ADVAIR DISKUS at room temperature between 68° F to 77° F (20°C to 25° C). Keep  
195 in a dry place away from heat and sunlight.
- 196 • Safely discard ADVAIR DISKUS 1 month after you remove it from the foil pouch, or after  
197 the dose indicator reads “0”, whichever comes first.
- 198 • Keep ADVAIR DISKUS and all medicines out of the reach of children.

199

### 200 **General Information about ADVAIR DISKUS**

201 Medicines are sometimes prescribed for purposes not mentioned in a Medication Guide. Do not  
202 use ADVAIR DISKUS for a condition for which it was not prescribed. Do not give your  
203 ADVAIR DISKUS to other people, even if they have the same condition that you have. It may  
204 harm them.

205 This Medication Guide summarizes the most important information about ADVAIR DISKUS. If  
206 you would like more information, talk with your healthcare provider or pharmacist. You can ask  
207 your healthcare provider or pharmacist for information about ADVAIR DISKUS that was  
208 written for healthcare professionals. You can also contact the company that makes ADVAIR  
209 DISKUS (toll free) at 1-888-825-5249 or at [www.advair.com](http://www.advair.com).

210

### 211 **What are the ingredients in ADVAIR DISKUS?**

212 Active ingredients: fluticasone propionate, salmeterol xinafoate

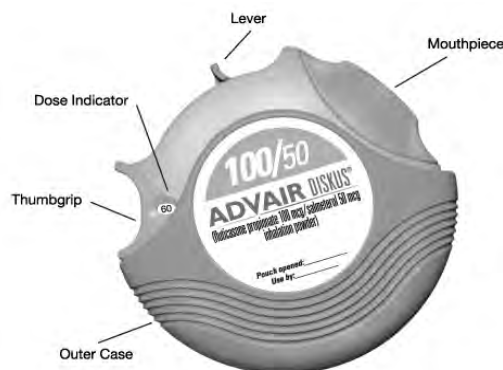
213 Inactive ingredient: lactose (contains milk proteins)

214

215

## Instructions for Using ADVAIR DISKUS

216 Follow the instructions below for using your ADVAIR DISKUS. **You will breathe in (inhale)**  
217 **the medicine from the DISKUS®**. If you have any questions, ask your healthcare provider or  
218 pharmacist.



219

220 Take ADVAIR DISKUS out of the box and foil pouch. Write the **“Pouch opened”** and **“Use**  
221 **by”** dates on the label on top of the DISKUS. **The “Use by” date is 1 month from date of**  
222 **opening the pouch.**

- 223 • The DISKUS will be in the closed position when the pouch is opened.
- 224 • The **dose indicator** on the top of the DISKUS tells you how many doses are left. The dose  
225 indicator number will decrease each time you use the DISKUS. After you have used 55 doses  
226 from the DISKUS, the numbers 5 to 0 will appear in **red** to warn you that there are only a  
227 few doses left (*see Figure 1*). If you are using a “sample” DISKUS, the numbers 5 to 0 will  
228 appear in red after 9 doses.



229

230

**Figure 1**

231 Taking a dose from the DISKUS requires the following 3 simple steps: Open, Click, Inhale.

232 **1. OPEN**

233 Hold the DISKUS in one hand and put the thumb of your other hand on the **thumbgrip**. Push  
234 your thumb away from you as far as it will go until the mouthpiece appears and snaps into  
235 position (*see Figure 2*).



236

237

**Figure 2**

238 **2. CLICK**

239 Hold the DISKUS in a level, flat position with the mouthpiece towards you. Slide the **lever**  
240 away from you as far as it will go until it **clicks** (*see Figure 3*). The DISKUS is now ready to  
241 use.



242

243

**Figure 3**

244 Every time the **lever** is pushed back, a dose is ready to be inhaled. This is shown by a  
245 decrease in numbers on the dose counter. **To avoid releasing or wasting doses once the**  
246 **DISKUS is ready:**

- 247
- **Do not close the DISKUS.**

- 248 • **Do not tilt the DISKUS.**
- 249 • **Do not play with the lever.**
- 250 • **Do not move the lever more than once.**

251 **3. INHALE**

252 Before inhaling your dose from the DISKUS, breathe out (exhale) fully while holding the  
253 DISKUS level and away from your mouth (*see Figure 4*). **Remember, never breathe out**  
254 **into the DISKUS mouthpiece.**



255

256

**Figure 4**

257 Put the mouthpiece to your lips (*see Figure 5*). Breathe in quickly and deeply through the  
258 DISKUS. Do not breathe in through your nose.



259

260

**Figure 5**

261 Remove the DISKUS from your mouth. Hold your breath for about 10 seconds, or for as long  
262 as is comfortable. Breathe out slowly.

263 The DISKUS delivers your dose of medicine as a very fine powder. Patients may or may not  
264 taste or feel the powder. Do not use an extra dose from the DISKUS if you do not feel or  
265 taste the medicine.

266 Rinse your mouth with water after breathing-in the medicine. Spit the water out. Do not  
267 swallow.

268 4. Close the DISKUS when you are finished taking a dose so that the DISKUS will be ready for  
269 you to take your next dose. Put your thumb on the thumbgrip and slide the thumbgrip back  
270 towards you as far as it will go (*see Figure 6*). The DISKUS will click shut. The lever will  
271 automatically return to its original position. The DISKUS is now ready for you to take your  
272 next scheduled dose, due in about 12 hours. (Repeat steps 1 to 4.)



273  
274 **Figure 6**

273

274

275

276

**Remember:**

277

- Never breathe into the DISKUS.

278

- Never take the DISKUS apart.

279

- Always ready and use the DISKUS in a level, flat position.

280

- Do not use the DISKUS with a spacer device.

281

- After each dose, rinse your mouth with water and spit the water out. Do not swallow.

282

- Never wash the mouthpiece or any part of the DISKUS. **Keep it dry.**

283

- Always keep the DISKUS in a dry place.

284

- Never take an extra dose, even if you did not taste or feel the medicine.

285

286 **This Medication Guide has been approved by the U.S. Food and Drug Administration.**

287

288 ADVAIR DISKUS, DISKUS, FLOVENT, and SEREVENT are registered trademarks of  
289 GlaxoSmithKline.

290 The other brands listed are trademarks of their respective owners and are not trademarks of  
291 GlaxoSmithKline. The makers of these brands are not affiliated with and do not endorse  
292 GlaxoSmithKline or its products.

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Month Year

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ADD:XMG