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ERYTHROMYCIN ETHYLSUCCINATE TABLETS, USP ℞ only

To reduce the development of drug-resistant bacteria and maintain the effectiveness of erythromycin ethylsuccinate tablets and other antibacterial drugs, erythromycin ethylsuccinate tablets should be used only to treat or prevent infections that are proven or strongly suspected to be caused by bacteria.

DESCRIPTION

Erythromycin is produced by a strain of *Saccharopolyspora erythraea*. Erythromycin is crystalmycin and belongs to the macrolide group of antibiotics. It is basic and readily forms salts with acids. The salts are water-soluble and the esters are poorly soluble in water. Erythromycin ethylsuccinate is an ester of erythromycin suitable for oral administration. Erythromycin ethylsuccinate is known chemically as erythromycin 2′-(ethylsuccinate).

Erythromycin ethylsuccinate Tablets, USP for administration are intended primarily for adults or older children. Each tablet contains erythromycin ethylsuccinate equivalent to 400 mg of erythromycin activity. The molecular formula is $C_{43}H_{75}NO_{16}$, and the molecular weight is 862.06. The structural formula is:

Inactive Ingredients:

Confectioner's sugar (contains corn starch), corn starch, FD&C Red No. 40, magnesium stearate, polacrilin potassium and sodium citrate.

CLINICAL PHARMACOLOGY

Orally administered erythromycin ethylsuccinate tablets are readily and reliably absorbed. Comparable serum levels of erythromycin are achieved in the fasting state and nonfasting state.

Erythromycin diffuses readily into most body fluids. Only low concentrations are normally achieved in the spinal fluid, but passage of the drug across the bloodbrain barrier increases in meningitis. In the presence of normal hepatic function, erythromycin is concentrated in the liver and is excreted in bile. The drug is partially demethylated. An excretion of erythromycin by the liver into the bile is not known. Less than 5 percent of the orally administered dose of erythromycin is excreted in active form in the urine.

Erythromycin crosses the placental barrier, but fetal plasma levels are low. The drug is excreted in human milk.

Microbiology

Mechanism of Action

Erythromycin acts by inhibition of protein synthesis by binding 50S ribosomal subunit of susceptible organisms. It does not affect nucleic acid synthesis.

Mechanism of Resistance

The major route of resistance is modification of the 23S rRNA in the 50S ribosomal subunit to insensitivity while retaining its functional activity.

Interaction with Other Antibiotics

Antagonism has been shown between erythromycin and clindamycin in, lincomycin, and chloramphenicol.

Erythromycin has been shown to be active against most isolates of the following bacteria both in vitro and in clinical infections as described in the INDICATIONS AND USAGE section.

Gram-positive Bacteria:

Staphylococcus aureus
Corynebacterium minutissimum
Listeria monocytogenes
Staphylococcus aureus (resistant organisms may emerge during treatment)
Streptococcus pneumoniae
Streptococcus pyogenes

Gram-negative Bacteria:

Bordetella pertussis
Haemophilus influenzae
Legionella pneumophila
Neisseria gonorrhoeae

Other Microorganisms:

Chlamydia trachomatis
Entamoeba histolytica
Mycoplasma pneumoniae
Treponema pallidum
Ureaplasma urealyticum

The following in vitro data are available, **but their clinical significance is unknown.**

At least 90% of the following bacteria exhibit an in vitro minimum inhibitory concentration (MIC) less than or equal to the susceptible breakpoint for erythromycin. However, the safety and effectiveness of erythromycin in treating clinical infections due to these bacteria have not been established in adequate and well controlled clinical trials.

Gram-positive Bacteria:

Viridans group streptococci

Gram-negative Bacteria:

Moraxella catarrhalis

Susceptibility Test Methods

When available the clinical microbiology laboratory should provide the results of *in vitro* susceptibility test results for antimicrobial drug products used in resident hospital or practice areas to the physician as periodic reports that describe the susceptibility profile of nosocomial and community-acquired pathogens. These reports should aid the physician in selecting an antibacterial drug product for treatment.

Dilution Techniques

Quantitative methods are used to determine antimicrobial minimum inhibitory concentrations (MIC's). These MICs provide estimates of the susceptibility of bacteria to antimicrobial compounds. The MICs should be determined using a standardized test method[1,3] (broth and/or agar). The MICs values should be interpreted according to criteria provided in **Table 1**.

Diffusion techniques

Quantitative methods that require measurement of zone diameters also provide reproducible estimates of the susceptibility of bacteria to antimicrobial compounds. The zone size provides an estimate of the susceptibility of bacteria to antimicrobial compounds. The zone size should be determined using a standardized test method[2,3] that requires the use of standardized inoculum. The erythromycin is test the susceptibility of microorganisms to erythromycin. The disc diffusion interpretive criteria are provided in **Table 1**.

Table 1. *In Vitro* Susceptibility Test Interpretive Criteria for Erythromycin

Pathogen	Minimum Inhibitory Concentrations (mcg/mL) S	I	R	Disk Diffusion (zone diameters in mm) S	I	R
Staphylococcus aureus	≤0.5	1-4	≥8	≥23	14-22	≤13
Streptococcus pneumoniae	≤0.25	0.5	≥1	≥21	16-20	≤15
Streptococcus pyogenes	≤0.25	0.5	≥1	≥21	16-20	≤15

A report of "Susceptible" indicates that the antimicrobial is likely to inhibit growth of the pathogen if the antimicrobial compound reaches the concentrations at the site of infection necessary to inhibit growth of the pathogen. A report of "Intermediate" indicates that the result should be considered equivocal, and, if the microorganism is not fully susceptible to alternative, clinically feasible drugs, the test should be repeated. This category implies possible clinical applicability in body sites where the drug is physiologically concentrated or in situations where high dosage of drug can be used. This category also provides a buffer zone which prevents small uncontrolled technical factors from causing major discrepancies in interpretations. A report of "Resistant" indicates that the microorganism is not likely to inhibit growth of the pathogen if the antimicrobial compound reaches the concentrations usually achievable at the infection site; other therapy should be selected.

Quality Control

Standardized susceptibility test procedures require the use of laboratory controls to monitor and assure the accuracy and precision of supplies and reagents used in the assay. Standard erythromycin powder should provide the following MIC values noted in **Table 2**. For the diffusion technique using the 15 mcg disk, the criteria in **Table 2** should be achieved.

Table 2. Acceptable Quality Control Ranges for Erythromycin

QC Strain	Minimum Inhibitory Concentrations (mcg/mL)	Disk Diffusion (zone diameters in mm)
Staphylococcus aureus ATCC 29213	0.25-1	NA
Staphylococcus aureus ATCC 25923	NA	22-30
Enterococcus faecalis ATCC 29212	1-4	NA
Streptococcus pneumoniae ATCC 49619	0.03-0.12	25-30

INDICATIONS AND USAGE

To reduce the development of drug-resistant bacteria and maintain the effectiveness of erythromycin ethylsuccinate tablets, USP and other antibacterial drugs, erythromycin ethylsuccinate tablets, USP should be used only to treat or prevent infections that are proven or strongly suspected to be caused by susceptible bacteria. When culture and susceptibility information are available, they should be considered in selecting or modifying antibacterial therapy. In the absence of such data, local epidemiology and susceptibility patterns may contribute to the empiric selection of therapy.

Erythromycin ethylsuccinate tablets, USP are indicated in the treatment of infections caused by susceptible strains of the designated microorganisms in the conditions listed:

Upper respiratory tract infections of mild to moderate degree caused by *Streptococcus pyogenes*, *Streptococcus pneumoniae*, or *Haemophilus influenzae* (when used concomitantly with adequate doses of sulfonamides, since many strains of *H. influenzae* are not susceptible to the erythromycin concentrations ordinarily achieved, the sulfonamide component should be given the preceding information).

Lower-respiratory tract infections of mild to moderate severity caused by *Streptococcus pneumoniae* or *Streptococcus pyogenes*.

Whooping cough caused by *Bordetella monocytogenes*.

Pertussis (whooping cough) caused by *Bordetella pertussis*. Erythromycin is effective in eliminating the organism from the nasopharynx of infected individuals rendering them noninfectious. Some clinical studies suggest that the drug may be effective in the prophylaxis of pertussis in exposed susceptible individuals.

Respiratory tract infections due to *Mycoplasma pneumoniae*.

Skin and skin structure infections of mild to moderate severity caused by *Staphylococcus aureus*, *Streptococcus pyogenes* or *Streptococcus anginosus* (resistant staphylococci may emerge during treatment).

Diphtheria: Infections due to *Corynebacterium diphtheriae*, as an adjunct to antitoxin, to prevent establishment of the carrier state and to eradicate the organism.

Erythrasma: In the treatment of infections due to *Corynebacterium minutissimum*.

Intestinal amebiasis caused by *Entamoeba histolytica* (oral erythromycins only). Extraenteric amebiasis requires additional therapy.

Acne: pelvic inflammatory disease caused by *Neisseria gonorrhoeae*. As an alternative drug in treatment of acute pelvic inflammatory disease caused by *N. gonorrhoeae* in female patients with a history of sensitivity to penicillin. When this organism is proven or suspected, the recommended regimen is treatment of gonorrhea and a follow-up serologic test for syphilis after 3 months.

Syphilis caused by *Treponema pallidum*. Erythromycin is an alternate choice of treatment for primary syphilis in patients allergic to the penicillins. Serum concentrations should be adequate to treat spirochetemia. Appropriate serologic tests for syphilis should be performed before and after therapy.

Erythromycin are indicated for the treatment of the following infections caused by *Chlamydia trachomatis*: conjunctivitis of the newborn, pneumonia of infancy, and urogenital infection during pregnancy. When tetracyclines are contraindicated in pregnant women, erythromycin is the drug of choice for the treatment of uncomplicated, endocervical, or rectal infection in adults due to *Chlamydia trachomatis*.

When tetracyclines are contraindicated or not tolerated, erythromycin is indicated for the treatment of nongonococcal urethritis caused by *Chlamydia trachomatis*.

Legionnaires' Disease caused by *Legionella pneumophila*. Although uncontrolled clinical efficacy studies have been conducted, *in vitro* and limited preliminary clinical data suggest that erythromycin may be effective in treating *Legionnaires' Disease*.

Prophylaxis:

Prevention of Initial Attacks of Rheumatic Fever

Penicillin is considered by the American Heart Association to be the drug of choice in the prevention of initial attacks of rheumatic fever (treatment of *Streptococcus pyogenes* infections of the upper respiratory tract, e.g., tonsillitis or pharyngitis). For penicillin-allergic patients, oral erythromycin of penicillin-allergic patients.[4] The therapeutic dose should be administered for 10 days.

Prevention of Recurrent Attacks of Rheumatic Fever

Penicillin or sulfonamides are considered by the American Heart Association to be the drugs of choice in the prevention of recurrent attacks of rheumatic fever. In patients who are allergic to these drugs, oral erythromycin and oral erythromycin is recommended by the American Heart Association in the long-term prophylaxis of streptococcal pharyngitis (or the prevention of recurrent attacks of rheumatic fever).[4]

CONTRAINDICATIONS

Erythromycin is contraindicated in patients with known hypersensitivity to this drug.

Erythromycin is contraindicated in patients taking terfenadine, astemizole, pimozide, or cisapride. (See **PRECAUTIONS** - *Drug Interactions*.)

WARNINGS

Hepatotoxicity

There have been reports of hepatic dysfunction, including increased liver enzymes, and hepatocellular and/or cholestatic hepatitis, with or without jaundice, occurring at any dosage and in oral erythromycin.

QT Prolongation

Erythromycin has been associated with prolongation of the QT interval and infrequent cases of arrhythmia. Cases of ventricular dysrhythmia have been spontaneously reported during postmarketing surveillance in patients receiving erythromycin. Fatalities have been reported. Erythromycin should be avoided in patients with known prolongation of the QT interval, patients with ongoing proarrhythmic conditions such as uncorrected hypokalemia or hypomagnesemia, clinically significant bradycardia, patients receiving Class IA (quinidine, procainamide) or Class III (dofetilide, amiodarone, sotalol) antiarrhythmic agents. Elderly patients may be more susceptible to drug-associated effects on the QT interval.

Clostridium difficile Associated Diarrhea

There have been reports suggesting that erythromycin does not reach the brain in adequate concentration to prevent meningeal syphilis. Infants born to women treated during pregnancy with oral erythromycin for early syphilis should be treated with an appropriate penicillin regimen.

Clostridium difficile Associated Diarrhea

Clostridium difficile associated diarrhea (CDAD) has been reported with use of nearly all antibacterial agents, including Erythromycin Ethylsuccinate Tablets, USP, and may range in severity from mild diarrhea to fatal colitis. Treatment with antibacterial agents alters the normal flora of the colon and may permit overgrowth of *C. difficile*. *C. difficile* produces toxins A and B which contribute to the development of CDAD. Hypertoxin producing strains of *C. difficile* cause increased morbidity and mortality, as these infections can be refractory to antimicrobial therapy and may require colectomy. CDAD must be considered in all patients who present with diarrhea following antibacterial use. Careful medical history is necessary since CDAD has been reported to occur over two months after the administration of antibacterial agents.

If CDAD is suspected or confirmed, ongoing antibiotic use not directed against *C. difficile* may need to be discontinued. Appropriate fluid and electrolyte management, protein supplementation, antibiotic treatment of *C. difficile*, and surgical evaluation should be instituted as clinically indicated.

Drug Interactions

Serious drug interactions have been reported in patients taking erythromycin concomitantly with CYP3A substrates. These include cholestatic toxicity with cholestatic cholelithotomy with simvastatin, lovastatin, and atorvastatin, and hypotension with calcium channel blockers metabolized by CYP3A4 (e.g., verapamil, amlodipine, diltiazem) (see **PRECAUTIONS-Drug Interactions**).

Fatal cases of rhabdomyolysis have been reported in patients receiving erythromycin and colchicine concomitantly. This interaction is potentially life-threatening, and may occur within several days of their concomitant dosing (see **PRECAUTIONS-Drug Interactions**).

Fatal cases of hepatic failure with jaundice and pancreatitis have been reported in patients receiving erythromycin concomitantly with lovastatin. Therefore, patients receiving concomitant lovastatin and erythromycin should be carefully monitored for creatine kinase (CK) and serum transaminase levels. (See package insert for lovastatin.)

PRECAUTIONS

General

Prescribing erythromycin ethylsuccinate tablets in the absence of a proven or strongly suspected bacterial infection or a prophylactic indication is unlikely to provide benefit to the patient and increases the risk of the development of drug-resistant bacteria.

Since erythromycin is principally excreted by the

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