QUICK TIPS for USING THE HUMIRA® PEN –
For complete instructions refer to the Patient Instructions for Use in the carton.

1. Pick
   - Pick an injection site.
   - Wipe clean with an alcohol swab.

2. Pull
   - Pull Gray Cap (Cap #1) off.
   - Pull Plumb Cap (Cap #2) off.

3. Place
   - Pluck skin together at injection site to create a raised area.
   - Place gray end of pen onto raised area of skin at a 90° angle.

4. Press
   - Press pen firmly against skin.
   - Push plumb button. You will hear a loud “click” at the start.
   - Hold pen firmly in place until the yellow indicator stops moving or wait 10 seconds.

Look in the carton for the Patient Instructions for Use.

Call 1-800-4HUMIRA for around-the-clock injection help.
(448-6472)
QUICK TIPS for USING THE HUMIRA® PEN –
For complete instructions refer to the Patient Instructions for Use in the carton.

1. Pick
   - Pick an injection site.
   - Wipe clean with an alcohol swab.

2. Pull
   - Pull Gray Cap (Cap #1) off.
   - Pull Plum Cap (Cap #2) off.

3. Place
   - Push skin together at injection site to create a raised dime.
   - Place gray end of pen onto raised area of skin at a 90° angle.

4. Press
   - Press pen firmly against skin.
   - Push plum button. You will hear a loud "click" at the start.
   - Hold pen firmly in place until the yellow indicator strip moves or until 10 seconds.

Look in the carton for the Patient Instructions for Use.

Call 1-800-4HUMIRA for around-the-clock injection help.
(448-6472)
TO OPEN
PEEL FROM
ONE CORNER
Return to
physician if
dose tray seal is
broken or missing
NDC 0074-4339-71
NOT FOR SALE
Single-use
Prefilled Pen
HUMIRA® PEN
adalimumab
40 mg/0.8 mL
FOR SUBCUTANEOUS USE ONLY
• Pre-filled pen for
  single use only.
• See package insert
  for full prescribing
  information.
• Do not use beyond
  expiration date.
• Store in refrigerator
  at 36°F to 46°F (2°C
to 8°C) in original
  carton to protect from light.
• DO NOT FREEZE.
• Needle Cover for
  Syringe Contains
  Dry Natural Rubber.

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