

	 <p><b>Fluticasone Propionate (Glucocorticoid)</b>  <b>50 mcg Per Spray</b>  <b>Allergy Symptom Reliever Nasal Spray</b>          60 sprays 0.34 fl oz (9.9 mL)</p>	<p><b>IMPORTANT:</b> Read Drug Facts label and enclosed materials for important information. Children 4-11: 1 spray per nostril per day. Talk to a doctor if your child needs to use for longer than two months a year. Keep out of reach of children.          Only for use in the nose. do not spray into eyes.          Store between 4°-30°C (39°-86°F)</p>	<p>Shake gently before each use.          Dist. by: GSK Consumer Healthcare, L.P.          Moon Twp., PA 15108 Made in Canada          13-111ST</p>	<p>LOT XXXXX          EXP MMMYYYY</p>	
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	 <p><b>Fluticasone Propionate (Glucocorticoid)</b>  <b>50 mcg Per Spray</b>  <b>Allergy Symptom Reliever Nasal Spray</b>  120 sprays 0.54 fl oz (15.8 mL)</p>	<p><b>IMPORTANT:</b> Read Drug Facts label and enclosed materials for important information. Children 4-11: 1 spray per nostril per day. Talk to a doctor if your child needs to use for longer than two months a year. Keep out of reach of children.</p> <p>Only for use in the nose. do not spray into eyes.  Store between 4°-30°C (39°-86°F)</p>	<p>Shake gently before each use.  Distrib. by: GSK Consumer Healthcare, L.P.  Moon Twp., PA 15108 Made in Canada  13-114ST</p>  <p>000</p>	<p>LOT XXXXX  EXP MMMYYYY</p>	
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**NEW**

**FULL PRESCRIPTION STRENGTH • NON-DROWSY**

NDC 0135-0576-02



# FLONASE<sup>®</sup>

## ALLERGY RELIEF

Fluticasone Propionate (Glucocorticoid) 50 mcg Per Spray  
Allergy Symptom Reliever Nasal Spray

**24 Hour Relief of:**

- Itchy, Watery Eyes
- Nasal Congestion
- Runny Nose
- Itchy Nose
- Sneezing



**60**  
METERED SPRAYS  
0.34 fl oz (9.9 mL)



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13-113ST

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**NEW**

**FULL PRESCRIPTION STRENGTH • NON-DROWSY**

NDC 0135-0576-03



# FLONASE<sup>®</sup>

ALLERGY RELIEF

Fluticasone Propionate (Glucocorticoid) 50 mcg Per Spray  
Allergy Symptom Reliever Nasal Spray

**24 Hour Relief of:**

- Itchy, Watery Eyes
- Nasal Congestion
- Runny Nose
- Itchy Nose
- Sneezing



**120**  
METERED SPRAYS  
0.54 fl oz (15.8 mL)



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13-115ST

<b>GSK Regulatory Spec Box</b>		<b>Verified Date: 07.22.14</b>	
<b>Drug Facts Info</b>			
Drug Facts (Title)	Helvetica Neue 76 Bold Italic	8 point type	
Drug Facts (continued)	Helvetica Neue 76 Bold Italic	8 point type	
Headings	Helvetica Neue 76 Bold Italic	7 point type	
Subheadings	Helvetica Neue 75 Bold	6 point type	
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Bullets	Helvetica Neue 55 Roman	5 point type	
Bullets on same lines: end of statement separated from bulleted statement by two ems			
Spacing of the hair lines from edge of box - i.e. Minimum of 2 spaces either side of Drug Fact Box			
Tracking	0 to -3	Horizontal Scale:	82%-100%
Leading (Minimum space in body copy of Drug Facts)	6.3 pt.	Maximum Characters/Inch:	28
Barlines	1 pt.	Hairlines	.5 pt.
<b>Primary Display Panel Info</b>			
Font size of Net WVC contents (Smallest character height in inches)			
PDP dimensions (in square inches)			
Font size of Statement of Identity (if not live text, to be measured in Helvetica capital "M")			
Font size of Logo/Largest Copy on PDP (if not live text, to be measured in Helvetica capital "M")			
Ratio of Statement of Identity to Logo/Largest Copy on PDP			
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)			
		V NA	H NA



**IMPORTANT - Peel here**  
 for complete Drug Facts label. Children 4-11: do not use for more than 2 months a year.

Be sure to read the Quick Start Guide and Question & Answer Book<sup>®</sup> inside package

**Drug Facts**

**Active Ingredient.....Purpose (in each spray)**  
 Fluticasone propionate (glucocorticoid) 50 mcg.....Allergy symptom reliever

**TAMPER-EVIDENT features for your protection.**  
 The product is packaged in a sealed plastic container. Under the cap and nozzle, each bottle has an aluminum seal around bottle neck. Do not use if any of these features are torn or damaged.

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**GlaxoSmithKline**  
 Consumer Healthcare, L.P.  
 Moon Township, PA 15108  
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FPO

**Drug Facts (continued)**

**Uses**  
 Temporarily relieves these symptoms of hay fever or other upper respiratory allergies:

- nasal congestion
- itchy nose
- runny nose
- itchy, watery eyes
- sneezing

**Warnings**  
 Only for use in the nose. Do not spray into your eyes or mouth.

**Do not use**

- in children under 4 years of age
- to treat asthma
- if you have an injury or surgery to your nose that is not fully healed
- if you have ever had an allergic reaction to this product or any of the ingredients

**Ask a doctor before use if you have or had glaucoma or cataracts**

**Ask a doctor or pharmacist before use if you are taking**

- medicine for HIV infection (such as ritonavir)
- a steroid medicine for asthma, allergies or skin rash
- ketoconazole pills (medicine for fungal infection)

**Drug Facts (continued)**

**When using this product**

- the growth rate of some children may be slower
- stinging or sneezing may occur for a few seconds right after use
- do not share this bottle with anyone else as this may spread germs
- remember to tell your doctor about all the medicines you take, including this one

**Stop use and ask a doctor if**

- you have, or come into contact with someone who has, chicken pox, measles or tuberculosis
- your symptoms do not get better within 7 days of starting use or you get new symptoms such as severe facial pain or thick nasal discharge. You may have something more than allergies, such as an infection.
- you get a constant whistling sound from your nose. This may be a sign of damage inside your nose.
- you get an allergic reaction to this product. Seek medical help right away.
- you get new changes to your vision that develop after starting this product
- you have severe or frequent nosebleeds

**Drug Facts (continued)**

If pregnant or breast-feeding, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions**

- read the Quick Start Guide for how to:
- prime the bottle
- use the spray
- clean the spray nozzle
- shake gently before each use
- use this product only once a day
- do not use more than directed

**ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER**

- Week 1 - use 2 sprays in each nostril once daily
- Week 2 through 6 months - use 1 or 2 sprays in each nostril once daily, as needed to treat your symptoms
- After 6 months of daily use - ask your doctor if you can keep using

**Drug Facts (continued)**

**CHILDREN 4 TO 11 YEARS OF AGE**

- the growth rate of some children may be slower while using this product. Children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than two months a year.
- an adult should supervise use
- use 1 spray in each nostril once daily

**CHILDREN UNDER 4 YEARS OF AGE**

- do not use

**Other Information**

- you may start to feel relief the first day and full effect after several days of regular, once-a-day use
- store between 4° and 30°C (39° and 86°F)
- keep this label and enclosed materials. They contain important additional information.

**Inactive Ingredients**  
 benzalkonium chloride, dextrose, microcrystalline cellulose, phenylethylalcohol, polysorbate 80, purified water, sodium carboxymethylcellulose

**Questions or comments?**  
 call toll-free 1-844-FLONASE (1-844-356-6273) (English/Spanish) weekdays (9:00am-5:00pm ET)



These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.



Nasal symptoms



Eye symptoms



Outdoor allergens



Indoor allergens

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FULL PRESCRIPTION STRENGTH • NON-DROWSY



Fluticasone Propionate (Glucocorticoid) 50 mcg Per Spray  
Allergy Symptom Reliever Nasal Spray

**24 Hour Relief of:**

- Itchy, Watery Eyes
- Nasal Congestion
- Runny Nose
- Itchy Nose
- Sneezing



3 Bottles/0.54 fl oz (15.8 mL) each  
1.62 fl oz (47.4 mL) total

**3x120** METERED SPRAYS

**NEW**

NDC 0135-0576-04



**What problems can FLONASE Allergy Relief help with?**

FLONASE Allergy Relief helps relieve a broad range of uncomfortable symptoms like congestion and itchy eyes.



These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.



FULL PRESCRIPTION STRENGTH • NON-DROWSY



Fluticasone Propionate (Glucocorticoid) 50 mcg Per Spray  
Allergy Symptom Reliever Nasal Spray

See below for important information about use in children.

<p><b>Drug Facts</b> <b>Active Ingredient (in each spray)</b> Fluticasone propionate (glucocorticoid) 50 mcg ..... Allergy symptom reliever</p> <p><b>Uses</b> Temporarily relieves these symptoms of hay fever or other upper respiratory allergies: • nasal congestion • runny nose • sneezing • itchy nose • itchy, watery eyes</p> <p><b>Warnings</b> Only for use in the nose. Do not spray into your eyes or mouth. <b>Do not use</b> • in children under 4 years of age • to treat asthma • if you have an injury or surgery to your nose that is not fully healed • if you have ever had an allergic reaction to this product or any of the ingredients</p> <p><b>Ask a doctor before use if you have or had glaucoma or cataracts</b> • a steroid medicine for asthma, allergies or skin rash • ketoconazole pills (medicine for fungal infection)</p> <p><b>When using this product</b> • the growth rate of some children may be slower • stinging or sneezing may occur for a few seconds right after use • do not share this bottle with anyone else as this may spread germs • remember to tell your doctor about all the medicines you take, including this one</p> <p><b>Stop use and ask a doctor if</b> • you have, or come into contact with someone who has, chicken pox, measles or tuberculosis • your symptoms do not get better within 7 days of starting use or you get new symptoms such as severe facial pain or thick nasal discharge. You may have something more than allergies, such as an infection. • you get a constant whistling sound from your nose. This may be a sign of damage inside your nose. • you get an allergic reaction to this product. Seek medical help right away. • you get new changes to your vision that develop after starting this product • you have severe or frequent nosebleeds</p> <p><b>If pregnant or breast-feeding, ask a health professional before use.</b></p>	<p><b>Drug Facts (continued)</b> <b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away.</p> <p><b>Directions</b> • read the Quick Start Guide for how to: • prime the bottle • use the spray • clean the spray nozzle • shake gently before each use • use this product only once a day • do not use more than directed</p> <p><b>ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER</b> • Week 1 – use 2 sprays in each nostril once daily • Week 2 through 6 months – use 1 or 2 sprays in each nostril once daily, as needed to treat your symptoms • After 6 months of daily use – ask your doctor if you can keep using</p> <p><b>CHILDREN 4 TO 11 YEARS OF AGE</b> • the growth rate of some children may be slower while using this product. Children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than two months a year. • an adult should supervise use • use 1 spray in each nostril once daily</p> <p><b>CHILDREN UNDER 4 YEARS OF AGE</b> • do not use</p> <p><b>Other information</b> • you may start to feel relief the first day and full effect after several days of regular, once-a-day use • store between 4° and 30°C (39° and 86°F) • keep this label and enclosed materials. They contain important additional information.</p> <p><b>Inactive ingredients</b> benzalkonium chloride, dextrose, microcrystalline cellulose, polyethylene glycol, polysorbate 80, purified water, sodium carboxymethylcellulose</p> <p><b>Questions or comments?</b> call toll-free 1-844-FLONASE (1-844-356-6273) (English/Spanish) weekdays (9:00am-5:00pm ET)</p>
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**TAMPER-EVIDENT** features for your protection. The product is packaged in a sealed plastic container. Under the cap and nozzle, each bottle has an aluminum seal around bottle neck. Do not use if any of these features are torn or damaged.

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**Lot:**  
**Exp:**

<b>GSK Regulatory Spec Box</b>		<b>Verified Date: 7.22.14</b>
<b>Drug Facts Info</b>		
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<b>Drug Facts (continued)</b>	Font Name: Helvetica Neue 77 Bold Condensed Oblique/Helvetica Neue 57 Condensed	8.00 point type
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<b>Bullets</b>	Font Name: Helvetica Neue 55 Roman	5.00 point type
<b>Bullets on same lines: end of statement separated from bulleted statement by two ems</b>		Yes
<b>Spacing of the hair lines from edge of box – i.e. Minimum of 2 spaces either side of Drug Fact Box</b>		Yes
<b>Tracking</b>	0	Horizontal Scale: 94%-100%
<b>Leading (Minimum space in body copy of Drug Facts)</b>	7.50 pt.	Maximum Characters/Inch: 30
<b>Barlines</b>	1.00 pt.	Hairlines 0.50 pt.
<b>Primary Display Panel Info</b>		
<b>Font size of Net Wt/Contents (Smallest character height in inches)</b>		0.1742 in.
<b>PDP dimensions (in square inches)</b>		98.91 sq. in.
<b>Font size of Statement of Identity (if not live text, to be measured in Helvetica capital "M")</b>		V 0.00 pt. H 9.76 pt.
<b>Font size of Logo/Largest Copy on PDP (if not live text, to be measured in Helvetica capital "M")</b>		V 0.00 pt. H 57.09 pt.
<b>Ratio of Statement of Identity to Logo/Largest Copy on PDP</b>		
<b>Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)</b>		V 0% H 17%



## USE THE RIGHT DOSE

FLONASE<sup>®</sup> Allergy Relief works best when you use it daily. Here's how to get started.

### Children age 4-11

#### In adult should supervise use

Use one spray in each nostril once daily.



Don't use more than one spray in each nostril per day.

**If you miss a dose,** just use your regular dose the next day. Don't add an extra dose.

**Check with a doctor** if a child needs to use FLONASE for longer than two months a year.

### Users age 12 or older

**In your first week** Use two sprays in each nostril every day.



Don't use more than two sprays in each nostril per day.

**After your first week** If your symptoms are

under control, you may reduce to one spray in each nostril every day.

If your symptoms get worse, go back to two sprays in each nostril.

**If you miss a dose,** just use your regular dose the next day. Don't add an extra dose.



## KEEP IT CLEAN

A clean spray nozzle helps ensure a full dose. Clean it weekly, or if it's clogged. Don't try to unblock nozzle with pin or sharp object—that can damage it.

1



Remove spray nozzle by grasping at base and pulling up.

2



Rinse under running tap, and dry at room temperature.

3



Aim away from your face and gently replace spray nozzle until you hear a soft click.



**If spray nozzle is clogged,** soak in warm water. Then repeat steps 2 and 3.

### Inside

Directions for use, dosing, and cleaning



FLONASE<sup>®</sup> ALLERGY RELIEF

# QUICK START GUIDE

HOW TO START GETTING ALLERGY RELIEF RIGHT NOW



## GET THE RELIEF YOU NEED

FLONASE<sup>®</sup> Allergy Relief can relieve your allergy symptoms. For best results, it's important to get a full dose. Here's how, in five easy steps.

Dosing and Cleaning Instructions See other side

### 1 Shake



Gently shake spray bottle.



Remove green cap.

### 2 Prime

#### Do this when:

- Starting new bottle
- Haven't used it in a week
- Just cleaned nozzle

Otherwise go to step 3



Aim away from face. Grasp spray bottle as shown. Pump until fine mist appears.

Pumped six times and still no mist? Spray nozzle may be clogged. See **KEEP IT CLEAN**, other side.

### 3 Blow



Blow nose gently to clear nostrils.



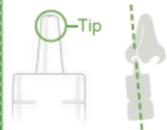
**Warning** Do not spray in your eyes. Only for use in your nose.

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### 4 Aim



Close one nostril and put tip of spray nozzle in other nostril.



Put just the tip into your nose.



Aim slightly away from center of nose.

### 5 Breathe and spray



While sniffing gently, press down on spray nozzle once or twice (according to dosing instructions). You'll feel a light mist in your nose. Breathe out through your mouth.

**Repeat in other nostril.**

Wipe spray nozzle with clean tissue and replace cap.

14-0032AWL



Question and Answer booklet will have alternate version without coupon information on front, back and inside back cover.

Reference ID: 3598183

**Valuable  
Coupon  
Inside!**

see page 35



**FLONASE® ALLERGY RELIEF**

# **QUESTION & ANSWER BOOK**

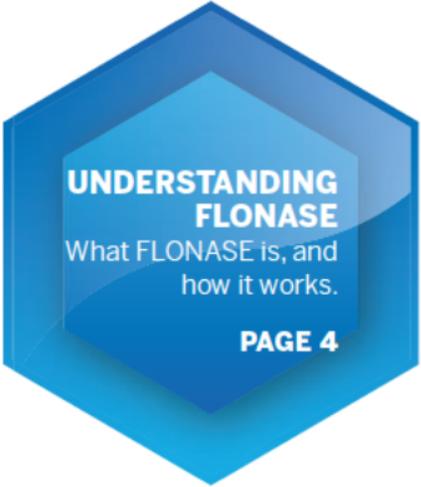
**WHAT FLONASE IS, HOW TO USE IT,  
AND WHAT TO EXPECT**



Reference ID: 3598183

**Welcome to a different kind of allergy relief! This book answers questions you may have about FLONASE® Allergy Relief.**

**Watch for purple color – it shows where there is different information for children ages 4-11, compared to users age 12 or older.**

A blue hexagonal graphic with a gradient from light blue to dark blue, containing text about understanding FLONASE.

**UNDERSTANDING  
FLONASE**

What FLONASE is, and  
how it works.

**PAGE 4**

A green hexagonal graphic with a gradient from light green to dark green, containing text about using FLONASE.

**USING FLONASE**

How to get the best  
results with FLONASE.

**PAGE 14**

An orange hexagonal graphic with a gradient from light orange to dark orange, containing text about what to expect from FLONASE.

**WHAT TO EXPECT**

What it's like to  
use FLONASE.

**PAGE 26**

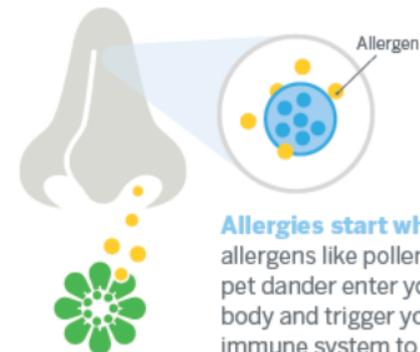


# UNDER- STANDING FLONASE

## What is FLONASE® Allergy Relief?

**FLONASE Allergy Relief is an effective, allergy medicine** that you can now buy without a prescription. It works directly in the nose to help block your allergic reactions. FLONASE relieves allergy symptoms caused by pollen, mold, dust and pets.

### What happens when you have allergies?



**Allergies start when** allergens like pollen or pet dander enter your body and trigger your immune system to respond.



**Your body's natural response** is to release multiple inflammatory substances, (also referred to as mediators) that cause your allergy symptoms.

### How does FLONASE® work?

**FLONASE Allergy Relief works right in your nose** to help block your allergic reaction at the source to relieve the symptoms that make you uncomfortable.



**FLONASE** acts on multiple inflammatory substances, including histamine, prostaglandins, cytokines, tryptases, chemokines and leukotrienes.

Most common OTC allergy pills act on histamine alone.

Because of the way it works, it may take several days for FLONASE to reach maximum effect. That's why it's best to use FLONASE regularly, once a day.

FLONASE not only relieves sneezing, itchy nose, runny nose and itchy, watery eyes, but also relieves nasal congestion.

### What problems can FLONASE® Allergy Relief help with?

Allergies can cause uncomfortable symptoms like congestion and itchy eyes. These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.

#### Symptoms



##### Nasal symptoms

- Congestion
- Runny nose
- Sneezing
- Itchy nose



##### Eye symptoms

- Itchy eyes
- Watery eyes

**FLONASE Allergy Relief helps relieve a broad range of symptoms** from many allergens.

For example, FLONASE helps with:

#### Triggers



##### Outdoor allergens

- Weed pollen
- Grass pollen
- Tree pollen
- Mold spores



##### Animal allergens

- Cats
- Dogs



##### Indoor allergens

- Dust
- Dust mites
- Mold

### What is the active ingredient in FLONASE® Allergy Relief?

**The active ingredient in FLONASE Allergy Relief is called fluticasone propionate.**

Fluticasone propionate is a glucocorticoid— a substance produced naturally by your body to help fight inflammation. It works in your nose to relieve your allergy symptoms. Barely any of it travels through your body. It's been prescribed by doctors for over 20 years, and used effectively by millions.

A glucocorticoid is a kind of steroid that is different from the anabolic (muscle-building) steroids sometimes misused by athletes. In fact, world class athletes are allowed to use glucocorticoids during competition to treat their allergies.

### Can I use FLONASE for asthma?

**No, FLONASE is not a treatment for asthma.** Ask your doctor what medicine to take for your asthma.

### Can I use FLONASE for colds?

**No, use FLONASE to treat only your allergies**—not your cold symptoms. If you're not sure whether your symptoms come from allergies or a cold, ask your doctor.

## UNDERSTANDING FLONASE

### Who should not use FLONASE® Allergy Relief?

For complete guidance, check the **Drug Facts** label on the back of the FLONASE Allergy Relief package.

### Who should check with a doctor first?

Some people should not use FLONASE, or need to check with a health professional first. This table offers a quick summary of these situations.



## QUESTION & ANSWER BOOK

If you...	Here's what to do...
<b>Are younger than 4</b>	Do not use FLONASE
<b>Are pregnant or breast-feeding</b>	Talk to a health professional before using FLONASE
<b>Have or had glaucoma or cataracts</b>	Talk to your doctor before using FLONASE
<b>Have an injury or surgery to your nose</b> that is not fully healed	Do not use FLONASE
<b>Have ever had an allergic reaction</b> to FLONASE or any of its ingredients	Do not use FLONASE
<b>Are taking medicine for HIV infection (such as ritonavir)</b>	Talk to your doctor or pharmacist before using FLONASE
<b>Are taking ketoconazole pills</b> (medicine for fungal infection)	Talk to your doctor or pharmacist before using FLONASE
<b>Are using a steroid medicine for asthma, allergies, skin rash, allergic reactions, inflammation or eye conditions</b>	Talk to your doctor or pharmacist before using FLONASE



# USING FLONASE

**Read the Drug Facts label on the back of the package or the Quick Start Guide that came in the package** for simple directions on using FLONASE Allergy Relief.

Remember there is a different dosing amount for children age 4-11 compared to users age 12 or older.

**If you still have questions** about using FLONASE after reading the Quick Start Guide, read this section for answers.



### What are the differences in the way children age 4-11 should use FLONASE Allergy Relief?

Children age 4-11 should use a **lower dose** of Flonase for a **shorter period of time**.

Ages	Children 4-11 years of age	Users 12 years of age and older
Dosage	1 spray in each nostril once daily	Up to 2 sprays in each nostril once daily
Duration before checking with a doctor	Up to 2 months of use a year	Up to 6 months of daily use

### Why is the use of FLONASE Allergy Relief for children age 4-11 limited to 2 months a year before checking with a doctor?

When used long-term, intranasal glucocorticoids like FLONASE may cause the growth rate of some children to be slower. Whether this will affect a child's ultimate height is not known. As a precaution, children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than 2 months a year.

### **I know how to use a nasal spray. Why do I have to follow the directions?**

**If you don't use the spray bottle correctly, you might not get a full dose.** Without a full dose each time, you might not get the relief you deserve.

**Follow the simple directions in the Quick Start Guide** that came in the package.

### **If my symptoms go away, should I stop using FLONASE® Allergy Relief?**

You may be tempted to stop using FLONASE Allergy Relief when you start to feel better.

**It's important you keep using FLONASE daily as long as you're exposed to allergens** that bother you, like pollen, mold, dust or pet dander. This way you'll keep feeling relief.

If you suffer allergy symptoms only during certain times, like when pollen levels are high, you may stop using FLONASE when that time ends. **If you are age 12 or older and need to use daily for longer than 6 months or age 4-11 and need to use for longer than 2 months a year, check with your doctor.**

### **Can I keep using FLONASE® Allergy Relief year round?**

Some people suffer from allergies all year. **If you are age 12 or older and have used FLONASE Allergy Relief steadily for six months or age 4-11 and have used for two months a year, check with your doctor to make sure it's OK to keep using FLONASE daily.**

In fact, it's a good idea for anyone with persistent allergies to talk with a doctor every so often about symptoms and medicines.

### What if I miss a dose by accident?

**If you miss a dose, just use your regular dose the next day.** Don't add an extra dose to make up for it.

### Won't I waste product by priming?

**It's not a waste to prime the pump, because it helps you get a full dose.** Getting a full dose is important for getting the relief you deserve. See the Quick Start Guide for when and how to prime the pump.

**Don't worry about running out due to priming.** There is enough medicine in the spray bottle to allow for priming sprays plus the number of sprays labeled on the bottle.

**Always point the spray bottle away from your face** when priming.

### Can I share my FLONASE® Allergy Relief?

**Do not share a bottle of FLONASE Allergy Relief.** Sharing the bottle can spread germs, because you insert the nozzle in your nose.

### Can I spray FLONASE in my eyes or mouth?

**No, FLONASE is meant to work only in your nose** to relieve your allergy symptoms, including itchy, watery, eyes.

**Never spray FLONASE in your eyes or your mouth.**



### How long should a bottle of FLONASE® Allergy Relief last?

**This table shows roughly how long your bottle will last.** It assumes you follow the instructions for priming the pump, and that those age 12 or older use two sprays in each nostril every day while children age 4-11 use one spray in each nostril every day.

After you've used the number of sprays shown on the label, each spray may not deliver a full dose—even if there is liquid left in the bottle.

If the label says...	The bottle should last age 12+...	The bottle should last age 4-11...
<b>30 sprays</b>	1 week	2 weeks
<b>60 sprays</b>	2 weeks	4 weeks
<b>120 sprays</b>	4 weeks	8 weeks
<b>150 sprays</b>	5 weeks	10 weeks*
		*Check with a doctor if a child 4-11 needs to use longer than 2 months a year

### Some decongestants may increase blood pressure. Does FLONASE® increase blood pressure?

When used as directed, Flonase does not increase blood pressure.

### Is FLONASE® Allergy Relief OK to use with other medicines?

You should tell your doctor about all the medicines you take, including FLONASE.

**FLONASE Allergy Relief can be used with most non-prescription and prescription medicines.** However, there are a few medicines to look out for because they may cause the level of FLONASE in your body to become too high.

**Just to be safe, check this table** to see if you're taking any of these medicines.

If you're taking...	Here's what to do...
<b>Medicines for HIV infection (such as ritonavir)</b>	Talk to your doctor or pharmacist before using FLONASE
<b>Medicines with glucocorticoids</b> Including some medicines for skin rash such as eczema, asthma, inflammation, allergic reactions, or eye conditions	Talk to your doctor or pharmacist before using FLONASE
<b>Ketoconazole</b> Pills for fungal infection	Talk to your doctor or pharmacist before using FLONASE



# WHAT TO EXPECT

## How soon will I get relief?

**You may start to feel relief the first day you use FLONASE® Allergy Relief.** Keep using it every day, though. It takes several days before FLONASE builds up to full effectiveness.

## How long will the relief last?

**FLONASE is meant to control your symptoms every day, all day and all night.** To help you get this lasting relief, it's important to use FLONASE regularly, once a day.

### Does FLONASE® Allergy Relief cause a “rebound” effect?

**No, FLONASE Allergy Relief does not cause a rebound effect.**

Some nasal decongestant sprays may cause your nasal passages to swell up even more when you use them too often or for longer than their label says you should (three days). This is sometimes called a “rebound effect.”

FLONASE is a different kind of medicine and does not cause any rebound effect. You can use FLONASE daily for up to six months if you are age 12 or older or up to two months a year if you are age 4-11 before checking with a doctor.

### Will FLONASE make me drowsy?

**No, FLONASE does not cause drowsiness.**

Some allergy medications can cause drowsiness, but FLONASE does not.

### Why does FLONASE have a smell?

**The light floral scent you may notice** comes from one of the important ingredients in the FLONASE formula. No fragrance is added to FLONASE.

### Does FLONASE® Allergy Relief have side effects?

**Serious side effects are rare** with FLONASE Allergy Relief because FLONASE works in your nose, and barely any of it travels through your

Side effect	What could happen
<b>Allergic reaction to the product</b>	<ul style="list-style-type: none"><li>• Sudden swelling of face or tongue</li><li>• A rash</li><li>• Wheezing or feeling faint</li></ul>
<b>Nose injury</b>	<ul style="list-style-type: none"><li>• Severe or frequent nosebleeds</li><li>• Constant whistling sound that does not go away</li></ul>
<b>Eye conditions</b> such as cataracts or glaucoma	<ul style="list-style-type: none"><li>• Cloudy vision</li><li>• Reduced vision</li></ul>
<b>Growth effects</b>	<ul style="list-style-type: none"><li>• Slower growth rate in some children while using product</li></ul>
<b>Other side effects</b>	<ul style="list-style-type: none"><li>• Headaches or sneezing</li><li>• Bad taste or smell</li><li>• Minor nosebleeds</li><li>• Dry or irritated nose or throat</li></ul>

body. However, like all medicines, FLONASE can cause side effects in some people.

Below are some side effects that have been reported when using FLONASE. If you have any concerns about side effects, talk with your doctor.

What to do
If you feel any of these symptoms, stop using FLONASE and see a doctor right away.
Apply pressure to your nose. Stop using FLONASE and see a doctor.
This could be a sign of damage to your nose. Stop using FLONASE and see a doctor right away.
Have a yearly eye exam to check for these conditions. Read the <i>Drug Facts</i> on the back of the FLONASE package for more details.
Talk to your doctor if you are concerned or if a child age 4-11 needs to use FLONASE for longer than two months a year.
Talk to your doctor or pharmacist if you are concerned.

## WHAT TO EXPECT

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### What if I feel stinging in my nose, or I sneeze?

Some people may feel a slight stinging, or may sneeze, after spraying FLONASE in their nostrils. **This feeling should go away** in a few seconds.

### What if I feel or taste the medicine in my throat?

**Generally, you can avoid this by taking a shallower breath** next time you spray FLONASE into your nostrils. For example, take the kind of breath you would use to smell a flower.

## QUESTION & ANSWER BOOK

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### What if little or nothing is spraying out?

**Try priming the spray bottle.** It may take a few pumps to get the dispenser spraying again.

If that doesn't work, the spray nozzle may be clogged. You can clean it following the directions in the Quick Start Guide that came in the package.



## WHAT TO EXPECT

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### What if I have chicken pox, measles or tuberculosis or come into contact with someone who does?

Stop using FLONASE Allergy Relief and ask your doctor.

### What if I'm having severe sinus pain?

If you feel severe pain in your face, have thick nasal discharge, or think you may have a sinus infection, **stop using FLONASE<sup>®</sup> Allergy Relief and see your doctor.** Your doctor may want to consider if other medicines are needed.

### What if my symptoms aren't better after one week?

If you have used FLONASE for a week and your allergy symptoms are not getting better, **stop use and ask your doctor.** You may have an infection.

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STILL HAVE  
QUESTIONS?

Call 1-844-FLONASE  
(1-844-356-6273)

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/s/  
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THERESA M MICHELE  
07/23/2014