1. **IMPORTANT INFORMATION**

1. Read entire insert before using Rhinocort® Allergy Spray. For complete instructions on how to get a bottle ready for use, priming, how to use the spray bottle, and how to clean the spray neck, see 2. Steps to Get a Bottle Ready for Use (Primed).

2. **2. STEPS TO GET A BOTTLE READY FOR USE (PRIMED)**

   Before first use, a new bottle must be primed. To prime Rhinocort® Allergy Spray:
   1. **Remove protective cap** as shown in Figure A.
   2. **Hold bottle firmly**, as shown in Figure B.

3. **3. INSTRUCTIONS FOR USE**

   Follow these instructions for daily use of Rhinocort® Allergy Spray:
   1. Gently shake well before each use.
   2. **Remove protective cap** and remove cap.
   3. **Hold bottle firmly**. (See Figure B.)
   4. Insert spray tip into nostril (tip should not touch hair on nose). Close oral/nasal with a finger and lean head slightly forward so the spray will go toward the back of nose. (See Figure C.)
   5. **Do Not** spray towards nasal septum (nasal septum between two nostrils). (See Figure D.)

4. **TABLE 1: DIRECTIONS FOR USE**

   Before first use, you must get a new bottle ready to be primed. (See Section 2.) If bottle is not used for two consecutive days, reprime the pump until a fine spray appears.

   *If bottle is not used for more than two weeks, use the spray tip of the pump using the cleaning steps listed in Section 2.*

   If a second spray is needed in the same nostril, repeat steps 3 through 5. For complete dosing instructions, see Table 7 "Directions for Use".

   **ADULTS AND CHILDREN 12 YEARS AND OLDER**:

   Spray into each nostril of the same side for 15 MINUTES. After using Rhinocort® Allergy Spray, wipe spray tip with a clean tissue (See Figure E), and replace outer cap. Store the bottle in an upright position.

5. **4. HOW TO CLEAN YOUR RHINOCORT® ALLERGY SPRAY**

   House cap and spray tip regularly. To do this:

6. **INDOOR ALLERGEN TIPS**

   From the makers of Rhinocort® Allergy Spray.

   **Filter your air.**

   **Use High Efficiency Particulate Air (HEPA) filters.** Filters can be used in air conditioning systems and vacuums to trap small allergens. Molds, dust mite matter, and animal dander can be1. removed from your home using HEPA filters.

   **Minimize dust mite matter.**

   The household surface contains with zipped dust cover, covers, sheets, and blankets to help reduce dust mite matter. Stay off the grass.

   **If possible, exercise or shampoo ormone, at beaches or other outdoor activities to control contact with pollen from grass and weeds.**

   **Dry clothes instead.**

   Don’t hang your clothing or linens outside to dry. Hanging them inside helps prevent getting pollen on your clean laundry.**

   **For additional information**

   For additional information about Rhinocort® Allergy Spray, please call the Nuffield Consumer Care Center at 1-800-346-8169 or visit www.nufl.com/usa/ Rhinocort® Allergy Spray).

   **INSTRUCTIONS FOR USE**

   Before first use, you must get a new bottle ready to use. (See Section 2.)

   *If bottle is not used for two consecutive days, reprime the pump until a fine spray appears.*

   *If bottle is not used for more than two weeks, use the spray tip of the pump using the cleaning steps listed in Section 2.*

   If a second spray is needed in the same nostril, repeat steps 3 through 5. For complete dosing instructions, see Table 7 "Directions for Use".

   **ADULTS AND CHILDREN 12 YEARS AND OLDER**:

   Spray into each nostril of the same side for 15 MINUTES. After using Rhinocort® Allergy Spray, wipe spray tip with a clean tissue (See Figure E), and replace outer cap. Store the bottle in an upright position.

   **Table 1: DIRECTIONS FOR USE**

   Before first use, you must get a new bottle ready to be primed. (See Section 2.)

   *If bottle is not used for two consecutive days, reprime the pump until a fine spray appears.*

   *If bottle is not used for more than two weeks, use the spray tip of the pump using the cleaning steps listed in Section 2.*

   If a second spray is needed in the same nostril, repeat steps 3 through 5. For complete dosing instructions, see Table 7 "Directions for Use".

   **ADULTS AND CHILDREN 12 YEARS AND OLDER**:

   Spray into each nostril of the same side for 15 MINUTES. After using Rhinocort® Allergy Spray, wipe spray tip with a clean tissue (See Figure E), and replace outer cap. Store the bottle in an upright position.

   **Table 1: DIRECTIONS FOR USE**

   Before first use, you must get a new bottle ready to be primed. (See Section 2.)

   *If bottle is not used for two consecutive days, reprime the pump until a fine spray appears.*

   *If bottle is not used for more than two weeks, use the spray tip of the pump using the cleaning steps listed in Section 2.*

   If a second spray is needed in the same nostril, repeat steps 3 through 5. For complete dosing instructions, see Table 7 "Directions for Use".

   **ADULTS AND CHILDREN 12 YEARS AND OLDER**:

   Spray into each nostril of the same side for 15 MINUTES. After using Rhinocort® Allergy Spray, wipe spray tip with a clean tissue (See Figure E), and replace outer cap. Store the bottle in an upright position.

   **Table 1: DIRECTIONS FOR USE**

   Before first use, you must get a new bottle ready to be primed. (See Section 2.)

   *If bottle is not used for two consecutive days, reprime the pump until a fine spray appears.*

   *If bottle is not used for more than two weeks, use the spray tip of the pump using the cleaning steps listed in Section 2.*

   If a second spray is needed in the same nostril, repeat steps 3 through 5. For complete dosing instructions, see Table 7 "Directions for Use".

   **ADULTS AND CHILDREN 12 YEARS AND OLDER**:

   Spray into each nostril of the same side for 15 MINUTES. After using Rhinocort® Allergy Spray, wipe spray tip with a clean tissue (See Figure E), and replace outer cap. Store the bottle in an upright position.
This is a representation of an electronic record that was signed electronically and this page is the manifestation of the electronic signature.

/s/

CHARLES J GANLEY
08/24/2016
Signing for Dr. Michele