What you should know about
MAXIMUM STRENGTH
Zantac
RANITIDINE TABLETS 150 mg
ACID REDUCER
(2017-10-03)
Excellence Safety
Record

What is MAXIMUM STRENGTH
Zantac 150?

MAXIMUM STRENGTH Zantac 150 contains 150 mg of ranitidine (as ranitidine hydrochloride, 166 mg), a medicine that doctors have prescribed more than 200 million times worldwide.

The active ingredient in MAXIMUM STRENGTH Zantac 150, ranitidine, has been prescribed by doctors for years to treat millions of patients safely and effectively. The active ingredient in MAXIMUM STRENGTH Zantac 150 has been taken safely by many frequently prescribed medications.

MAXIMUM STRENGTH Zantac 150 tablets are sodium and sugar free.

What symptoms does
MAXIMUM STRENGTH
Zantac 150 relieve and prevent?

- Heartburn associated with acid indigestion and sour stomach.
- Certain foods or beverages, and even lying down to sleep can cause heartburn associated with acid indigestion and sour stomach. It is normal for the stomach to produce acid, especially after consuming food or beverages. However, acid in the wrong place, such as the esophagus, or too much acid, can cause burning pain and discomfort.

- To relieve symptoms, swallow 1 tablet with a glass of water.
- To prevent symptoms, swallow 1 tablet with a glass of water 30 to 60 minutes before eating food or drinking beverages that cause heartburn.
- This medicine can be used up to twice daily (do not take more than 2 tablets in 24 hours).

MAXIMUM STRENGTH Zantac 150 should not be given to children under 12 years old unless directed by a doctor.

Allergy alert: Do not use if you are allergic to ranitidine or other acid reducers.

How does
MAXIMUM STRENGTH
Zantac 150 work?

MAXIMUM STRENGTH Zantac 150 reduces the production of stomach acid. This is what makes MAXIMUM STRENGTH Zantac 150 different from antacids, which neutralize the acid already in your stomach. Antacids do not reduce the production of acid.

- Do not lie flat or bend over soon after eating.
- Do not eat late at night, just before bedtime.
- Certain foods or drinks are more likely to cause heartburn, such as rich, spicy, fatty, and fried foods, chocolate, coffee, alcohol, even some fruits and vegetables.
- Eat slowly and do not eat big meals.
- If you are overweight, lose weight.
- If you smoke, quit smoking.
- Raise the head of your bed.
- Wear loose-fitting clothing around your stomach.
- Do not use:
  - If you have trouble or pain swallowing food, swelling with blood, or bloody or black stools. These may be signs of a serious condition. See your doctor.
  - With other acid reducers.
  - If you have kidney disease, except under the advice and supervision of a doctor.

When should I see a doctor?

- Heartburn that lasts more than 7 days.
- Heartburn that is worse than before.
- Heartburn that isn’t relieved after 4 weeks.
- Heartburn is worse when you bend over or lie down.
- Heartburn goes away and comes back later.
- Heartburn is accompanied by other symptoms, such as chest pain, shortness of breath, sweating, pain spreading to arms, neck or shoulders, or such symptoms as frequent chest pain, frequent wheezing, particularly with heartburn, unexplained weight loss, nausea or vomiting, stomach pain.

Stop use and ask a doctor if:

- Your heartburn continues or worsens.
- You need to take this product for more than 14 days.
- You have not seen improvement after 4 weeks.
- You are pregnant or breast-feeding.
- Keep out of reach of children.

Questions? Call 1-888-285-0159 (English/Spanish)
M-F 8:30 AM to 5:00 PM EST or visit www.zantac.com

BOTTLES: Best if used with paper liner under cap.
Do not use if paper liner is open or torn.
BLISTERS: Do not use if the individual blister packet is open or torn.
HELB. PACKAGE: Do not use if the individual helb. package is open or torn.

Boehringer Ingelheim Consumer Healthcare Products Division of Boehringer Ingelheim Pharmaceuticals, Inc., Kingwood, TX 77346-2300, USA

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Reference ID: 3964426
What you should know about Zantac 75

Regular Strength

Zantac 75

(Regular Strength Tablets 75 mg)

Zantac 75 tablets contain 75 mg of ranitidine hydrochloride, an antacid that helps prevent heartburn associated with acid indigestion and sour stomach.

How to take Zantac 75?

1. Take orally. Swallow tablet with a glass of water.
2. To prevent symptoms, swallow 1 tablet 1 hour before eating.
3. Do not chew tablet.
4. Zantac 75 should not be given to children under 12 years old unless directed by a doctor.
5. Do not use for more than 12 weeks unless directed by a doctor.

What is Zantac 75?

Ranitidine is an antacid that helps prevent heartburn associated with acid indigestion and sour stomach.

Excellent Safety Record

Zantac 75 is well tolerated and has a low incidence of side effects.

What symptoms does Zantac 75 relieve and prevent?

Zantac 75 relieves and prevents heartburn associated with acid indigestion and sour stomach. Certain foods or beverages, and eating or drinking when you are hungry, may cause heartburn.

How should I store Zantac 75?

Zantac 75 should be stored at 25°C (77°F), except as directed by a doctor.

Additional tips for managing heartburn

1. Avoid eating spicy, fatty, or high acid foods.
2. Eat slowly and do not eat hot snacks.
3. If you are overweight, lose weight.
4. If you smoke, quit smoking.
5. Wear loose fitting clothing around your stomach.

When should I see a doctor?

Do not use:
- If you have heartburn or pain following food, vomiting with blood, or bloody or black stools.
- If symptoms persist for 12 weeks, or if symptoms occur at night or very early in the morning.

Clinical studies prove Zantac 75 is significantly better than placebo pills.

In clinical studies, Zantac 75 was significantly better than placebo pills at reducing the number of heartburn episodes and preventing heartburn.

When should I see a doctor?

- If you have heartburn or pain following food, vomiting with blood, or bloody or black stools.
- If symptoms persist for 12 weeks, or if symptoms occur at night or very early in the morning.
- If symptoms are severe and occur daily.
- If symptoms are severe and occur daily and worsen over time.

How does Zantac 75 work?

Zantac 75 tablets contain 75 mg of ranitidine hydrochloride, an antacid that helps prevent heartburn associated with acid indigestion and sour stomach.

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/s/

KAREN M MAHONEY
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