DO NOT OPEN POUCH UNTIL READY TO USE.
DIRECTIONS: Apply one patch to a dry, clean, hairless portion of upper body or arms. Refer to Self-Help Guide for detailed directions.
DO NOT CUT PATCH. KEEP OUT OF REACH OF CHILDREN AND PETS. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patch by folding sticky ends together and putting in pouch.
Store at 20-25°C (68-77°F).
DO NOT USE IF INDIVIDUAL POUCH IS OPEN OR TORN, OR IF PATCH IS CUT.

Nicotine Transdermal System
PATCH 21 mg delivered over 24 hours
21 mg
STEP 1

Distributed by:
Dr. Reddy's Laboratories, Inc.
Princeton, NJ 08540

3 843598-448-71

300024595
Drug Facts

Active ingredient (in each patch) Purpose

Nicotine, 21 mg delivered over 24 hours... Stop smoking aid

Use

Stop smoking aid

Includes:

Behavior Support Program with self-help guide

TO INCREASE YOUR SUCCESS IN QUITTING:

1-800-585-8682

Call

Comments or Questions?

Weekdays (9am-8pm ET) or visit us at www.habitrol.com

Princeton, NJ 08540

Dr. Reddy's Laboratories, Inc.

Distributed by:

⚫ Use one patch daily according to directions.

⚫ To increase your success in quitting:

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Nicotine Transdermal System

PATCH 21 mg delivered over 24 hours
21 mg
Includes:
Behavior Support Program with self-help guide

If you smoke more than 10 cigarettes per day, start with Step 2.
If you smoke 10 or less cigarettes per day, start with Step 1.

The full course for Step 1 is 28 patches (4 weeks); this package contains 2 patches only. Read the enclosed self-help guide for additional information.

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

See self-help guide inside.

TO INCREASE YOUR SUCCESS IN QUITTING:
- Stop smoking a aid
- The risks to your child from this medicine are not fully known.

Ask a doctor before use if you have:
• heart disease, recent heart attack, or irregular heartbeat.
• an allergy to adhesive tape or have skin problems, because they may irritate your skin.
• a seizure disorder.
• history of seizures.
• if you have vivid dreams or other sleep disturbances remove the patch at bedtime.
• more than 10 cigarettes per day, or if you smoke 10 or less cigarettes per day.

TO USE:
- Use one patch daily according to directions.
- Follow the following schedule below:

Weekdays (9 am - 8 pm ET) or visit us at www.habitrol.com

1-800-585-8682

Dr. Reddy's Laboratories, Inc.
Princeton, NJ 08540

Distributed by:

Princeton, NJ 08540

Distributed by:

See Coupon inside

Final Labeling U/A  Pg. 12
Weeks 5 and 6 For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Notes and Caution: 

- If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider.
- Smoking can seriously harm your child.
- If you are allergic to nicotine, avoid using this medicine.

Instructions: 

- For Weeks 1-4, use one 21 mg patch per day.
- For Weeks 5-6, use one patch per day.
- Remove backing from patch and immediately press onto skin. Hold for 10 seconds.
- Wash hands after applying or removing patch.
- If you smoke at night, you may remove the patch at bedtime and apply a new one in the morning.
- Do not cut patch in half or into smaller pieces.
- Do not wear more than one patch at a time.
- Use patch with a behavioral support program, such as the one described in the enclosed booklet.
- If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
- If you have vivid dreams or other sleep disturbances, remove this patch at bedtime.
- If you have symptoms of an allergic reaction (such as difficulty breathing or rash), see your doctor or pharmacist.
- If irregular heartbeat or palpitations occur, stop using this product and see your doctor or pharmacist.

Side Effects: 

- If you have symptoms of an allergic reaction (such as difficulty breathing or rash), see your doctor or pharmacist.
- Poisons: Call 1-800-222-1222 right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.
- Keep out of reach of children and pets. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Dosage and Administration: 

- Use one patch per day.
- Remove backing from patch and immediately press onto skin. Hold for 10 seconds.
- Wash hands after applying or removing patch.
- If you smoke at night, you may remove the patch at bedtime and apply a new one in the morning.
- Do not cut patch in half or into smaller pieces.
- Do not wear more than one patch at a time.
- Use patch with a behavioral support program, such as the one described in the enclosed booklet.
- If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

Stop Use and Ask a Doctor: 

- If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
- If you have vivid dreams or other sleep disturbances, remove this patch at bedtime.
- If you have symptoms of an allergic reaction (such as difficulty breathing or rash), see your doctor or pharmacist.
- If irregular heartbeat or palpitations occur, stop using this product and see your doctor or pharmacist.

Drug Facts 

- Active ingredient (in each patch): Nicotine, 21 mg delivered over 24 hours.
- Purpose: Stop smoking aid.
- Includes: 21 mg nicotine transdermal system.
- 1 additional patch is supplied in case you need extra nicotine.
- When using this product, read the enclosed self-help guide for complete directions and other information.
- Do not use if individual pouch is open or torn.
- If you smoke more than 10 cigarettes per day, use one 21 mg patch per day.
- STEP 1: Start with STEP 1 if you smoke 1-10 cigarettes per day. Use one 14 mg patch per day for 7 days, then STEP 2 for 21 days.
- Use one 21 mg patch per day for 7 days, then STEP 3 for 21 days.
- Use one 7 mg patch per day for 7 days, then STEP 3 for 21 days.
- Do not leave patch in hot or cold areas for more than 24 hours because it may irritate your skin and loses strength after 24 hours.
- Before using this product, read the enclosed self-help guide for complete directions and other information.
- If you have symptoms of an allergic reaction (such as difficulty breathing or rash), see your doctor or pharmacist.
- If irregular heartbeat or palpitations occur, stop using this product and see your doctor or pharmacist.
- Do not use if individual pouch is open or torn.
- If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

TO INCREASE YOUR SUCCESS IN QUITTING:

- You must be motivated to quit.
- Use one patch daily according to directions.
- It is important to complete treatment.
- If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
- Use patch with a behavioral support program, such as the one described in the enclosed booklet.
**Drug Facts**

Active ingredient (in each patch) | Purpose
--- | ---
Nicotine, 21 mg delivered over 24 hours | **Stop smoking aid**

**Active ingredient**

Nicotine, 21 mg delivered over 24 hours.

**Purpose**

Reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

**Warning**

Do not use if you are pregnant or breast-feeding, or if you are taking a monoamine oxidase inhibitor (MAOI). This medicine is not for use in children under 18 years of age.

**Caution**

It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

**Precautions**

- Stop smoking before using this medicine.
- Do not use if you have a sensitivity reaction (such as difficulty breathing or rash) to nicotine.
- Do not use if you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
- Do not use if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not use if you have high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not use if you have heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- Do not use if you have stomach ulcer or diabetes.
- Do not use if you have a history of seizures.
- Do not use if you have taken a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

**Directions**

- **Start with Step 1** if you smoke 10 or less cigarettes per day, or if you have smoked less than 10 cigarettes per day for 30 days. If you are under 18 years of age, ask a doctor before use.
- **Start with Step 2** if you smoke more than 10 cigarettes per day. If you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat, stop using this product and get medical help or contact a poison control center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

**Storage**

- Store at 20-25°C (68-77°F) in closed container.

**Ingredients**

- Acrylate adhesive
- Aluminized polyester
- Cellulose paper
- Methacrylic acid copolymer

**Comments or Questions?**

Call Weekdays (9am-8pm ET) or visit us at www.habitrol.com 1-800-585-8682
**Drug Facts**

**Active ingredient (in each patch)**

Nicotine, 21 mg delivered over 24 hours

**Purpose**

Stop smoking aid

**Warnings**

- Do not apply to areas that have been injured, irritated, or sunburned.
- Do not apply over cuts, sores, or wounds.
- Do not apply over broken or inflamed skin.
- Do not apply to the genital area.
- Do not apply if you are pregnant or nursing.
- Do not apply if you are under the age of 18.
- Do not apply if you have a history of seizures.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply to areas that have been treated with radiation therapy, because nicotine can increase your risk of skin problems.
- Do not apply if you have a history of psychosis.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of seizures.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Do not apply if you have a history of high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- Do not apply if you have a history of stomach ulcer or diabetes.
- Do not apply if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.

**Step 1**

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

**Step 2**

- For your family's protection, patches are supplied in child-resistant pouches.
- Do not use if individual pouch is open or torn.
- See self-help guide inside.

**Step 3**

- For your family's protection, patches are supplied in child-resistant pouches.
- Do not use if individual pouch is open or torn.
- See self-help guide inside.

**Other information**

- The full treatment course for Step 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only.
- The full treatment course for Step 2 is 56 patches (8 weeks), this package contains 28 patches (4 week course) only.

**Inactive ingredients**

acrylate adhesive, laminarized paper, cellulose paper, methacrylic acid copolymer

**Comments or Questions?**

Call 1-800-585-8682 Monday through 1:00 am ET or visit us at www.habitrol.com

**See bottom panel for lot number and expiration date.**
TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Stop smoking aid
Nicotine Transdermal System PATCH
Nicotine, 21 mg delivered over 24 hours
STOP SMOKING AID
PATCH
21 mg
Includes:
Behavior Support Program with self-help guide

IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY: START WITH STEP 1
IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY: START WITH STEP 2

The full treatment course for STEP 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.

For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

See self-help guide inside.

See Coupon inside.
**Nicotine Transdermal System PATCH**  
21 mg delivered over 24 hours  
STOP SMOKING AID

**WARNING:** Use nicotine transdermal systems only as directed. Let your health care provider know if you smoke or have smoked in the past and if you have any of the following:  
- increased heart rate  
- palpitations  
- headaches  
- dizziness  
- blurred vision  
- nausea  
- tremors  
- nervousness  
- irritability  
- sleep difficulties  
- weight loss  
- constipation  
- rash or hives  

**Do not use**  
- if you have used a nicotine transdermal system in the past  
- if you have not been under constant medical supervision during nicotine withdrawal  
- if you have ever had hostility, aggressive behavior, or anxiety during nicotine withdrawal  

**If you**  
- become pregnant while using this product  
- are breast-feeding  
- have any unusual bleeding, bruising, or nosebleeds  

**Ask a doctor before use if you have**  
- a heart, blood vessel, or blood disease  
- diabetes  
- high blood pressure  
- thyroid disease  
- an allergy to adhesive tape or have skin problems, because you are more likely to get rashes  
- a seizure disorder  
- a history of seizures  
- high blood pressure not controlled with medication  
- heart disease, recent heart attack, or irregular heartbeat  

**See bottom panel for lot number and expiration date.** See self-help guide inside.

**Drug Facts**  
Active ingredient (in each patch) | Purpose  
--- | ---  
Nicotine, 21 mg delivered over 24 hours | Stop smoking aid  

**When using this product**  
- follow the directions on the label  
- do not leave patch on for more than 24 hours because it may irritate your skin and loses strength after 24 hours  
- do not wear more than one patch at a time  
- the used patch should be removed and a new one applied to a different skin site at the same time each day  
- wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.  
- remove backing from patch and immediately press onto skin. Hold for 10 seconds.  
- apply one new patch every 24 hours on skin that is dry, clean and hairless  
- do not use until the arm contains less than 8 mg of nicotine  
- do not use more than 14 mg nicotine per day  
- do not use two patches at the same time  

**Other information**  
- do not use if individual pouch is open or torn.

**SHOULD YOU HAVE QUESTIONS, SEE SELF-HELP GUIDE INSIDE.**

**STOP SMOKING AID**

**21 mg**

**Includes:**  
Behavior Support Program with self-help guide

**IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY:**  
START WITH STEP 1

**IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY:**  
START WITH STEP 2

The full treatment course for STEP 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.

**Nicotine Transdermal System PATCH**  
21 mg delivered over 24 hours  
STOP SMOKING AID

**MAIL "SUB CONTROL."**

**STOP SMOKING AID**

**21 mg**

**Includes:**  
Behavior Support Program with self-help guide

**IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY:**  
START WITH STEP 1

**IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY:**  
START WITH STEP 2

The full treatment course for STEP 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.

**Nicotine Transdermal System PATCH**  
21 mg delivered over 24 hours  
STOP SMOKING AID

**MAIL "SUB CONTROL."**

**STOP SMOKING AID**

**21 mg**

**Includes:**  
Behavior Support Program with self-help guide

**IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY:**  
START WITH STEP 1

**IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY:**  
START WITH STEP 2

The full treatment course for STEP 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.

**Nicotine Transdermal System PATCH**  
21 mg delivered over 24 hours  
STOP SMOKING AID

**MAIL "SUB CONTROL."**

**STOP SMOKING AID**

**21 mg**

**Includes:**  
Behavior Support Program with self-help guide

**IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY:**  
START WITH STEP 1

**IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY:**  
START WITH STEP 2

The full treatment course for STEP 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.

**Nicotine Transdermal System PATCH**  
21 mg delivered over 24 hours  
STOP SMOKING AID

**MAIL "SUB CONTROL."**

**STOP SMOKING AID**

**21 mg**

**Includes:**  
Behavior Support Program with self-help guide

**IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY:**  
START WITH STEP 1

**IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY:**  
START WITH STEP 2

The full treatment course for STEP 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.

**Nicotine Transdermal System PATCH**  
21 mg delivered over 24 hours  
STOP SMOKING AID

**MAIL "SUB CONTROL."**

**STOP SMOKING AID**

**21 mg**

**Includes:**  
Behavior Support Program with self-help guide

**IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY:**  
START WITH STEP 1

**IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY:**  
START WITH STEP 2

The full treatment course for STEP 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.

**Nicotine Transdermal System PATCH**  
21 mg delivered over 24 hours  
STOP SMOKING AID

**MAIL "SUB CONTROL."**

**STOP SMOKING AID**

**21 mg**

**Includes:**  
Behavior Support Program with self-help guide

**IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY:**  
START WITH STEP 1

**IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY:**  
START WITH STEP 2

The full treatment course for STEP 1 is 28 patches (4 weeks), this package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.
Drug Facts

Active ingredient (in each patch) Purpose
Nicotine, 21 mg delivered over 24 hours Stop smoking aid

Warnings

If you are pregnant or breast feeding, use this medicine only on the advice of your health care provider. Smoking can seriously harm your child.

Do not use if you have

- a history of drug or alcohol abuse
- high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
- had angina or other signs of heart disease, or you have had a stroke or have had a heart attack.
- have diabetes or have recently been told you have diabetes.

Ask a doctor before use if you have

- any reason to suspect you have or have had diabetes
- a history of seizures.
- an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- high blood pressure not controlled with medication. Nicotine can increase your blood pressure.

Tell your doctor if you have

- heart disease, high blood pressure, or diabetes.
- circulation problems in your hands or feet.
- a history of seizures.
- a lung disease such as asthma.
- have had seizures.
- have had a heart attack or stroke.
- have glaucoma, a medical condition of the eye.
- a history of blood clots in your muscles, resulting in muscle swelling.
- have a history of a heart condition called coronary artery disease.

Directions

Use

Nicotine Transdermal System
STOP SMOKING AID

For your family’s protection, patches are supplied in child-resistant pouches.

Do not use if individual pouch is open or torn.

Includes:
Behavior Support Program with self-help guide

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Step 1

21 mg delivered over 24 hours

PER DAY: START WITH STEP 1

IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY: START WITH STEP 1

IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY: START WITH STEP 2

Step 2

10 or less cigarettes per day, for 2 weeks

PER DAY: START WITH STEP 2

IF YOU SMOKE 10 OR LESS

Step 3

10 or less cigarettes per day, for 6 weeks, then Step 3

PER DAY: START WITH STEP 3

IF YOU SMOKE

See self-help guide inside.

Other information • see at 24(9)G M 4 (5 7 1 8)

nicotine ingredients • source where proof of age cannot be verified.
• Proof of age required.
• Special labels, child-resistant packages and other necessary measures where proof of age connection exists.

See bottom panel for lot number and expiration date.
TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Nicotine Transdermal System
Patch 21 mg delivered over 24 hours
Stop Smoking Aid

Includes: Behavior Support Program with self-help guide

For your family’s protection, patches are supplied in child-resistant pouches.
Do not use if individual pouch is open or torn.

Stop smoking aid reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

Drug Facts
Active ingredient (in each patch) Purpose
Nicotine, 21 mg delivered over 24 hours Stop smoking aid

Warnings
If you are pregnant or breast feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child and your baby’s health, even if you do not smoke until after your baby is born. The risks to the baby will normally be less if the mother begins to quit before she becomes pregnant.

Active ingredients may cause some skin reactions that may be serious. Call a doctor if you get any of the following symptoms:

• Itching, burning, or stinging
• A rash on the skin where you are using the patch
• A rash that is spreading and is more severe than the rash you had when you first started using the patch
• A rash that has pus or scabs
• A rash that may be caused by an allergy

If you get any of these symptoms, call your doctor or health care provider right away.

Use
Read the entire leaflet before you start using this medicine. Ask a doctor before use if you have:

• any medical condition
• a family history of seizures.
• a history of stomach ulcers or diabetes.
• an allergy to adhesive tape or have skin problems, because you are more likely to get rash
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure

See self-help guide inside.

You must be 18 years of age or older to use the nicotine patch.

Do not use if
• you are under 18 years of age
• you are pregnant or breast-feeding
• you already stop smoking without using any nicotine replacement medicine

• the medicine is not for use by anyone with a heart condition, unstable angina, or a stroke
• you have symptoms of an allergic reaction (such as difficulty breathing or rash)
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• your skin is broken or irritated
• you get nodes that are too close together
• you are not able to move the patch off your skin
• you smoke and use nicotine at the same time
• you have symptoms of nicotine withdrawal, such as anxiety, irritability, nervousness, or restlessness
• you feel a need to smoke to reduce stress or to handle anger
• your child could get this medicine

Do not use if you are sensitive to any of the ingredients in the nicotine patch.

Do not cut the patch in half or into smaller pieces.

Do not wear more than one patch at a time.

Do not leave the patch on for more than 24 hours because it may irritate your skin.

The patch should be applied to a different skin site at the same time each day.

Stop smoking aids are medicines to help you stop smoking. These medicines are not a cure for smoking. They are not a substitute for quitting smoking. The medicines are only part of a complete quit strategy. They can help you stop smoking when used properly.

It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

Try to stop smoking without using any nicotine replacement medicine.

This medicine is believed to be safer than smoking. However, the risks to your child are not fully known.

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider.

It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

Step 1
For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide

TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

OTC nicotine transdermal systems are for use under 50 years of age.

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Step 1
For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide

TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
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OTC nicotine transdermal systems are for use under 50 years of age.

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Step 1
For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide

TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

OTC nicotine transdermal systems are for use under 50 years of age.

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
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Step 1
For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide

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Step 1
For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide

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For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide

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5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Step 1
For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide

TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit.
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5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Step 1
For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide

TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit.
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5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Step 1
For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.

Includes: Behavior Support Program with self-help guide
Drug Facts

Active ingredient (in each patch) Purpose
Nicotine, 21 mg delivered over 24 hours
STOP SMOKING AID

Warnings

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child.

• To avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures.
• Nausea and vomiting may occur. If nausea becomes severe or does not go away after 24 hours, contact a doctor.
• Nicotine can increase your blood pressure.
• Do not use if you have had chest pain (angina) or a heart attack recently.
• Do not use if you have a history of seizures.
• Do not use if you have stomach ulcer or diabetes.
• Stop use and ask a doctor if you have symptoms of an allergic reaction (such as difficulty breathing or rash).
• Stop use and ask a doctor if you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
• Skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash.
• If you have vivid dreams or other sleep disturbances remove this patch at bedtime.
• Taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.

• Using a non-nicotine stop smoking drug.
• You have symptoms of withdrawal, including nicotine craving, associated with quitting smoking.
• You are under 18 years of age, ask a doctor before use

Instructions

• Begin using the patch on your quit day.
• You may begin using the patch sooner to help reduce withdrawal symptoms, including nicotine craving, associated with quitting smoking.
• Read the self-help guide inside.
• If you are under 18 years of age, ask a doctor before use.
• Before using this product, read the enclosed self-help guide for complete directions and other information.
• Stop using the patch if you are pregnant or breast-feeding.

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.

2. Use one patch daily according to directions.

3. It is important to complete treatment.

4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Comments or Questions?

Call 1-800-585-8682

See self-help guide inside.

Includes:

Behavior Support Program with self-help guide

If you smoke more than 10 cigarettes per day, start with Step 1

If you smoke 10 or less cigarettes per day, start with Step 2

Includes:

Behavior Support Program with self-help guide

If you smoke more than 10 cigarettes per day, start with Step 1

If you smoke 10 or less cigarettes per day, start with Step 2

28 PATCHES (4 WEEK KIT)
**Drug Facts**

**Active ingredient (in each patch)**
Nicotine, 21 mg delivered over 24 hours

**Purpose**
Stop smoking aid

**Warnings**

*If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. Smoking is not a safe substitute for using this medicine.*

*Ask a doctor before use if you have:
- High blood pressure or heart disease.
- Heart attack or irregular heartbeat.
- History of seizures.
*If you have any other medical condition, ask a doctor before use.*

*Ask a doctor or pharmacist before use if you are:
- Allergic to any ingredient of this medicine.
- Having certain medical conditions.*

*Ask your doctor what to do if you experience:
- Skin irritation from the patch.
- Skin rash or redness does not go away after 4 days.*

**Directions**

*For your safety, keep out of reach of children.*

*Begin using the patch on your quit day.*

*Start with Step 1 if you smoke 10 or less cigarettes per day, Step 2 if you smoke more than 10 cigarettes per day.**

*See the enclosed self-help guide for additional information.*

**Congratulations!**

*You have completed Step 1 of your program.*

*Step 1 lasts 2 weeks and is open-ended. Use one patch per day according to directions.*

**Step 2**

*Use one patch per day according to directions.*

*Begin using Step 2 on the 21st day of your program.*

**Step 3**

*Use one patch per day according to directions.*

*Begin using Step 3 on the 28th day of your program.*

**To Increase Your Success in Quitting:**

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

**BONUS 14 + 7 PACK**

**Nicotine Transdermal System PATCH 21 mg delivered over 24 hours STOP SMOKING AID**

**21 mg**

**Includes:**

- Behavior Support Program with self-help guide

**If you smoke more than 10 cigarettes per day**

**Per day: start with step 1**

**If you smoke 10 or less cigarettes per day**

**Per day: start with step 2**

**The full treatment course for step 1 is 28 patches (4 weeks), this package contains 21 patches (3 week course) only. Read the enclosed self-help guide for additional information.**

**See self-help guide inside.**

**Final labeling**

**For more information, visit:**

www.habitrol.com

**See bottom panel for lot number and expiration date.**

**See self-help guide inside.**

**Comments or Questions? Call 1-800-585-8682 Weekdays (9am-8pm ET) or visit us at www.habitrol.com**
### Drug Facts

<table>
<thead>
<tr>
<th>Active ingredient (in each patch)</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nicotine, 21 mg delivered over 24 hours</td>
<td>Stop smoking aid</td>
</tr>
</tbody>
</table>

### Warnings

If you are pregnant or breastfeeding, only use this medicine on the advice of your healthcare provider. Smoking can seriously harm your child.

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your healthcare provider.
5. Use the patch with a behavioral support program, such as the one described in the enclosed booklet.

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your healthcare provider.
5. Use the patch with a behavioral support program, such as the one described in the enclosed booklet.

### Directions

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your healthcare provider.
5. Use the patch with a behavioral support program, such as the one described in the enclosed booklet.

### Other information

- **Inactive ingredients**: succinyl succinate, ethyl laurate, cellulose powder, methacrylic acid copolymer
- **Comments or Questions?** Call 1-800-585-8682 Weekdays (9am-8pm ET) or visit us at www.habitrol.com
- **See bottom panel for lot number and expiration date.**

### Font & Format Specifications

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### Notes

- **Not for sale to persons under 18 years of age.**
- **Proof of age required.**
- **Not for sale in vending machines or from any source where proof of age cannot be verified.**
- **Not for sale in vending machines or from any self-checkout source.**
- **Not for sale to persons under 18 years of age.**
- **Proof of age required.**
- **Not for sale in vending machines or from any source where proof of age cannot be verified.**
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- **Not for sale in vending machines or from any source where proof of age cannot be verified.**
TWIN PACK
2 x 14ct PATCHES
DO NOT OPEN POUCH UNTIL READY TO USE.

DIRECTIONS: Apply one patch to a dry, clean, hairless portion of upper body or arms. Refer to Self-Help Guide for detailed directions.

DO NOT CUT PATCH. KEEP OUT OF REACH OF CHILDREN AND PETS. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patch by folding sticky ends together and putting in pouch.

Store at 20-25°C (68-77°F).

DO NOT USE IF INDIVIDUAL POUCH IS OPEN OR TORN, OR IF PATCH IS CUT.

Distributed by:
Dr. Reddy’s Laboratories, Inc.
Princeton, NJ 08540
Nicotine Transdermal System

Patch Transdermal System
14 mg delivered over 24 hours

Includes:
Behavior Support Program with self-help guide

If you smoke more than 10 cigarettes per day, use after completing Step 1
If you smoke 10 or less cigarettes per day, start with Step 2

The full course of treatment for STEP 2 is 2 or 6 weeks depending on how many cigarettes you smoke per day; this package contains 2 patches only. Read the enclosed self-help guide for complete directions and other information.

To increase your success in quitting:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

Weeks 7 and 8

Weeks 5 and 6

Weeks 1 thru 4

Comments or Questions?

Weekdays (9am-8pm ET) or visit us at www.habitrol.com

Princeton, NJ 08540

Dr. Reddy’s Laboratories, Inc.

Distributed by:

STOP SMOKING AID

Nicotine Transdermal System Paste
14 mg delivered over 24 hours

Includes:
Behavior Support Program with self-help guide

If you smoke more than 10 cigarettes per day, use after completing Step 1
If you smoke 10 or less cigarettes per day, start with Step 2

The full course of treatment for STEP 2 is 2 or 6 weeks depending on how many cigarettes you smoke per day; this package contains 2 patches only. Read the enclosed self-help guide for complete directions and other information.

To increase your success in quitting:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
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2. Use one patch daily according to directions.
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4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

If you are under 18 years of age, ask a doctor before use

• Not for sale to persons under 18 years of age.
• Not for sale in vending machines or from any
source where proof of age cannot be verified.
• Not for sale in vending machines or from any
source where proof of age cannot be verified.
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**Nicotine Transdermal System**

**PATCH**

**14 mg**

**Delivered over 24 hours**

**Includes:**

- Behavior Support Program with self-help guide

**If you smoke more than 10 cigarettes per day**

**Start with Step 1**

**Use one 21 mg patch/day**

**If you smoke 10 or less cigarettes per day,**

**Start with Step 2**

**Use one 14 mg patch/day**

**If you smoke more than 10 cigarettes per day,**

**Start with Step 3**

**Use one 7 mg patch/day**

**Includes:**

- 2 patches

- For step-by-step directions, see self-help guide inside.

**Drug Facts**

**Active ingredient**

- Nicotine (14 mg)

**Inactive ingredients**

- Ethyl Alcohol, Glycerin, Methylcellulose, Propylene Glycol, Purified Water

**Warnings**

- Do not use if individual pouch is opened or broken.

- Do not use if individual pouch is opened and resealed.

- Do not use if individual pouch is not supplied in child-resistant pouches.

**Directions**

- Apply one new patch every 24 hours on skin that is dry, clean and hairless, at bedtime and apply a new one in the morning.

- The used patch should be removed and a new one applied to a different skin site at the same time each day.

- If you have vivid dreams, you may remove the patch at bedtime to avoid possible burns.

- To increase your success in quitting:
  - If you smoke more than 10 cigarettes per day, this package contains 2 patches only. Read the enclosed self-help guide for other information.
  - MORE THAN 10 CIGARETTES
  - LESS CIGARETTES PER DAY: USE AFTER COMPLETING STEP 1

**Prescription Information**

- Not for sale in vending machines or from any source where proof of age cannot be verified.

- Not for sale to persons under 18 years of age.

- Ask a doctor before use if you have:
  - Heart disease, recent heart attack, or irregular heartbeat.
  - High blood pressure not controlled with medication. Nicotine can increase your blood pressure.
  - An allergy to adhesive tape or have skin problems, because nicotine patches may irritate your skin and lose strength after 24 hours.
  - Stomach ulcer or diabetes.

**Stop use and ask a doctor if**

- You get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.

**Other Information**

- To avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures.

- If you are under 18 years of age, ask a doctor before use.

**For additional information, see coupon inside.**

**贮存与处理**

- Store at 20-25°C (68-77°F).

**Comments or Questions?**

- Call 1-800-585-8682 weekdays (9 am-8 pm ET) or visit us at www.habitrol.com

**Distributed by**

- Dr. Hock's Laboratories, Inc., Princeton, NJ 08540
Nicotine Transdermal System

PATCH 14 mg delivered over 24 hours

Includes:
Behavior Support Program with self-help guide

IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY AFTER COMPLETING STEP 1

IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY: USE AFTER COMPLETING STEP 1

TO INCREASE YOUR SUCCESS IN QUITTING:

1. Before using this product, read the enclosed self-help guide for complete directions and other information.

2. Use one patch daily according to directions.

3. It is important to complete treatment.

4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

TO INCREASE YOUR SUCCESS IN QUITTING:

• 1.5 pt. of nicotine can increase your blood pressure.
• 2. Nicotine can increase your heart rate.
• 3. If you have vivid dreams or other sleep disturbances, remove the patch at bedtime and apply a new one in the morning.
• 4. If you have symptoms of nicotine overdose, such as nausea, vomiting, or chest pain, stop use and ask a doctor.
• 5. Do not wear more than one patch at a time.
• 6. Do not cut patch in half or into smaller pieces.
• 7. Do not use more than 1 patch in any 24-hour period.

DRUG FACTS

Active ingredient (in each patch) Purpose
Nicotine, 14 mg delivered over 24 hours Stop smoking aid

Use

Ask a doctor before use if you have:

• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• history of seizures.
• using a non-nicotine stop smoking drug
• taking a prescription medicine for depression or asthma.
• if you are pregnant or breast-feeding, only use this medicine on your child. Try to stop smoking without using any nicotine replacement products.
• if you smoke more than 10 cigarettes per day, this package contains 4 patches only. Read the enclosed self-help guide for additional information.

When using this product

• the used patch should be removed and a new one applied to a different skin site at the same time each day. If you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• if you have symptoms of an allergic reaction (such as difficulty breathing or rash) call 1-800-585-8682. Do not use this product again.

Precautions

You may experience the following:

• nausea
• vomiting
• skin redness caused by the patch does not go away after 4 days, or if your skin swells, or you get a rash
• skin irritation
• increased craving, associated with quitting smoking.
• skin irritation

Other information

Inactive ingredients used in this product include:
acrylate adhesive, aluminized polyester film, iron oxide, talc, water, ethyl alcohol, and 1-butanol.

COMMENTS OR QUESTIONS?

Princeton, NJ 08540

Dr. Reddy's Laboratories, Inc.

Call 1-800-585-8682 Weekdays (9am-8pm ET) or visit us at www.habitrol.com

For your family’s protection, patches are

 Orthodox Shor’ah Mitzvah

urchased or opened or torn. Pouches should be

used for patch disposal. Dispose of the used

patches by folding sticky ends together and putting in pouch.

Used patches have

NDC XXXXX-XXX-XX

comments or questions?
Nicotine Transdermal System

14 mg

Includes:
Behavior Support Program with self-help guide

IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY, USE AFTER COMPLETING STEP 1
IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY: USE AFTER COMPLETING STEP 1

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

If you are under 18 years of age, ask a doctor before use.

Directions

• before using this product, read the enclosed self-help guide for complete directions and other information.
• apply one new patch every 24 hours on skin that is dry, flexible, and not broken or irritated.
• remove backing from patch and immediately press onto skin. Hold for 10 seconds.
• the used patch should be removed and a new one applied to a different skin site at the same time each day.
• the used patch may irritate your skin and loses strength after 24 hours.
• do not cut patch in half or into smaller pieces.
• do not leave patch on for more than 24 hours because it can cause burns.
• to avoid possible burns, remove patch before undergoing magnetic resonance imaging (MRI) or other procedures requiring the use of powerful magnetic fields.
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• if you have skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash, stop using this product and ask a doctor.
• if you have symptoms of an allergic reaction (such as difficulty breathing, hives, swelling of the face, lips, or tongue), stop use and ask a doctor.
• save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.
• if you are pregnant or breast-feeding, only use this medicine on your child. Try to stop smoking without using any nicotine replacement product. If you are under 18 years of age, only use this medicine on your child.
• if you smoke more than 10 cigarettes per day, use the products for 2 or 6 weeks, then step down to 7 mg per day for 2 or 6 weeks, then step down to 14 mg per day for 2 or 6 weeks, then step down to 21 mg per day for 2 or 6 weeks, then stop using.

The full course of treatment for STEP 2 is 2 or 6 weeks (depending on how many cigarettes you smoke per day). Read the enclosed self-help guide for additional information.

Ingredients:

Active ingredient (in each patch) Purpose
Nicotine transdermal system nicotine replaces nicotine lost when you stop smoking
Acrylate adhesive, aluminized polyester, cellulose paper, methacrylic acid copolymer

Inactive ingredients

Use

• Not to be used by persons under 18 years of age. • Not for sale in vending machines or from any other source where proof of age cannot be verified. • Proof of age required.

Visit www.habitrol.com or call 1-800-585-8682.
TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

4. You feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Drug Facts
Active ingredient (in each patch) Purpose
Nicotine, 14 mg delivered over 24 hours Stop smoking aid

Dosage

Active Ingredient: nicotine, 14 mg delivered over 24 hours.

Directions
• to avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures
• do not leave patch on for more than 24 hours because it may irritate your skin and loses strength after 24 hours
• do not cut patch in half or into smaller pieces
• do not wear more than one patch at a time
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning
• the used patch should be removed and a new one applied to a different skin site at the same time each day
• wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.
• remove backing from patch and immediately press onto skin. Hold for 10 seconds.
• apply one new patch every 24 hours on skin that is dry, clean and hairless
• begin using the patch on your quit day
• before using this product, read the enclosed self-help guide for complete directions and other information
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• irregular heartbeat or palpitations occur
• if you have vivid dreams or other sleep disturbances remove this patch at bedtime
• taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.
• using a non-nicotine stop smoking drug
• history of seizures.
• stomach ulcer or diabetes.
• an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• the benefits of this product are not certain and there may be serious risks.
• the risks to your child from this medicine are not fully known.

Warning
• Not for sale to persons under 18 years of age.

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

4. You feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Nicotine Transdermal System PATCH
14 mg delivered over 24 hours

Includes: Behavior Support Program with self-help guide

STOP SMOKING AID

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

4. You feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.
Drug Facts

Active ingredient (in each patch) Purpose
Nicotine, 14 mg delivered over 24 hours Stop smoking aid

Warnings
• Nicotine is a drug. Nicotine can increase your heart rate.
• Nicotine can increase your blood pressure.
• Nicotine can increase your heart rate and make a heart attack more likely to occur.

Precautions:
• Drug Interactions:
• You should not use this product if you have:
  - heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
  - history of seizures.
  - stomach ulcer or diabetes.
  - high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
  - history of nicotine addiction. Smoking causes harm.

Directions
• You must be motivated to quit. TO INCREASE YOUR SUCCESS IN QUITTING:
  1. You must be motivated to quit.
  2. Use one patch daily according to directions.
  3. It is important to complete treatment.

• Proof of age required.
• Not for sale to persons under 18 years of age. Not for sale in vending machines or from any salespersons.
• Not for sale in certain states.
• Not for sale in certain countries.
• Not for sale in certain states or countries.
• Not for sale in certain states or counties.
• Not for sale in certain states or cities.
• Not for sale in certain states or localities.
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• Not for sale in certain states or wholesale franchises.
• Not for sale in certain states or retail franchises.
• Not for sale in certain states or wholesale franchises.
Drug Facts

Active ingredient (in each patch) Purpose
Nicotine, 14 mg delivered over 24 hours...STOP SMOKING AID

Directions

• you have symptoms of an allergic reaction (such as difficulty breathing or rash)
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• irregular heartbeat or palpitations occur
• skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
• if you have vivid dreams or other sleep disturbances remove this patch at bedtime
• if you smoke

Weeks 1 thru 4

1-800-585-8682

Call Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Poison Control Center

If you are allergic to any patch components, or if you develop a rash from using the patch, discontinue use and call 1-800-585-8682 right away. See full prescribing information for complete warning.

Warnings

• If you smoke

Final Labeling U/A  Pg. 8
TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Nicotine Transdermal System PATCH 14 mg delivered over 24 hours
STOP SMOKING AID

Includes:
Behavior Support Program with self-help guide

IF YOU SMOKE MORE THAN 10 CIGARETTES
PER DAY: USE AFTER COMPLETING STEP 1
IF YOU SMOKE 10 OR LESS CIGARETTES
PER DAY: START WITH STEP 2

Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Comments or Questions?

Inactive ingredients

Other information

• irritable heartbeat or palpitations occur
• taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.
• using a non-nicotine stop smoking drug
• an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
• heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
• not controlled with medication. Nicotine can increase your blood pressure.

• it is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
• to avoid possible harm, remove patch before undergoing any MRI (magnetic resonance imaging) procedures.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not cut patch in half or into smaller pieces.
• do not use more than one patch at a time.
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• the used patch should be removed and a new one applied to a different skin site at the same time each day.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not cut patches in half or into smaller pieces.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not wear more than one patch at a time.
• do not cut patches in half or into smaller pieces.
• do not use more than one patch at a time.
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
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• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not cut patches in half or into smaller pieces.
• do not use more than one patch at a time.
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not cut patches in half or into smaller pieces.
• do not use more than one patch at a time.
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not cut patches in half or into smaller pieces.
• do not use more than one patch at a time.
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• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
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• do not use more than one patch at a time.
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• do not use more than one patch at a time.
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not cut patches in half or into smaller pieces.
• do not use more than one patch at a time.
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• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
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• do not use more than one patch at a time.
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• do not use more than one patch at a time.
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not cut patches in half or into smaller pieces.
• do not use more than one patch at a time.
• if you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• do not leave patch on for more than 24 hours because it may irritate your skin and lose strength after 24 hours.
• do not cut patches in half or into smaller pieces.
• do not use more than one patch at a time.
• if you have vivid dream
Weeks 5 and 6

• Not for sale to persons under 18 years of age.

See bottom panel for lot number and expiration date.

Do not use if the pouch is open or torn.

If you smoke more than 10 cigarettes per day, use one 21 mg patch/day.

If you smoke 10 or less cigarettes per day, use one 14 mg patch/day.

If you smoke more than 10 cigarettes per day, use one 7 mg patch/day.

To increase your success in quitting:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Stop smoking aid

Nicotine Transdermal System PATCH
14 mg delivered over 24 hours
STOP SMOKING AID
14 mg

Includes:
Behavior Support Program with self-help guide

If you smoke MORE than 10 CIGARETTES per day: Use after completing Step 1
If you smoke 10 or LESS CIGARETTES per day: Start with Step 2

Directions

• You must be motivated to quit.
• Use one patch daily according to directions.
• It is important to complete treatment.
• If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
• Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Smoking can seriously harm your child.
If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. To stop smoking without using any nicotine replacement medicine, this medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Call 1-800-585-8682 weekdays (9am-8pm ET) or visit us at www.habitrol.com

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

Stop smoking aid

Nicotine Transdermal System PATCH
14 mg delivered over 24 hours
STOP SMOKING AID
14 mg

Includes:
Behavior Support Program with self-help guide

If you smoke MORE than 10 CIGARETTES per day: Use after completing Step 1
If you smoke 10 or LESS CIGARETTES per day: Start with Step 2

Directions

• You must be motivated to quit.
• Use one patch daily according to directions.
• It is important to complete treatment.
• If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
• Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Smoking can seriously harm your child.
If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child. To stop smoking without using any nicotine replacement medicine, this medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Call 1-800-585-8682 weekdays (9am-8pm ET) or visit us at www.habitrol.com

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Weeks 5 and 6

• Not for sale to persons under 18 years of age.

See bottom panel for lot number and expiration date.
Nicotine Transdermal System

14 mg

STOP SMOKING AID

Includes:

Behavior Support Program with self-help guide

If you smoke more than 10 cigarettes per day: Use after completing Step 1
If you smoke 10 or less cigarettes per day: Start with Step 2

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Use nicotine patches under 18 years of age.

• Proof of age required.

• For patches at smoking cessation or from any source where proof of age cannot be verified.

• Not for sale in vending machines or from any source where proof of age cannot be verified.

NDC XXXXX-XXX-XX

FOA

• Not for sale to persons under 18 years of age.

Final labeling U/A  Pg. 22
**Drug Facts**

**Active ingredient (in each patch)**

Nicotine, 14 mg delivered over 24 hours

**Purpose**

Stop smoking aid

**Use**

Reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

**Warnings**

If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child.

**Directions**

1. You must be motivated to quit.
2. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
3. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

**Inactive ingredients**

- acrylate adhesive, aluminum polyester, cellulose paper, methacrylic acid copolymer

See self-help guide inside.

**Comments or Questions?** Call 1-800-555-8888 (Weekdays). (2 WEEK KIT)

**Program**

2 STEP

**Behavior Support Program**

**self-help guide**

**For your family's**

**production, patches**

are supplied in child-resistant pouches.

**Do not use if**

individual pouch is open or torn.

**Includes:**

Behavior Support Program with self-help guide

**If you smoke MORE than 10 CIGARETTES per day: USE AFTER COMPLETING STEP 1**

**If you smoke 10 or LESS CIGARETTES per day: START WITH STEP 2**

**BONUS 7+7 PACK**

**STOP SMOKING AID**

**14 mg delivered over 24 hours**

**PATCH**

**NDC XXXXX-XXX-XX**

**See bottom panel for lot number and expiration date.**

**Not for sale in vending machines or from any source where proof of age cannot be verified.**

**Not for sale to persons under 18 years of age.**

**Final labeling U/A Pg. 15**

**Font & Format Specifications**

- **Font Name:** Helvetica Neue LT Std 57 Condensed
- **Font Size:** 1.5 pt.
- **Line Spacing:** 100%
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- **Font Name:** Helvetica Neue LT Std 77 Bold Condensed
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- **Line Spacing:** 6 point type
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- **Line Spacing:** 10 point type

**NDC No.**

48330 00151 9

**Source:**

Dr. Reddy's Laboratories, Inc.
Princeton, NJ 08540
DO NOT OPEN POUCH UNTIL READY TO USE.

DIRECTIONS: Apply one patch to a dry, clean, hairless portion of upper body or arms. Refer to Self-Help Guide for detailed directions.

DO NOT CUT PATCH. KEEP OUT OF REACH OF CHILDREN AND PETS. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal.

Dispose of the used patch by folding sticky ends together and putting in pouch.

Store at 20-25˚C (68-77˚F).

DO NOT USE IF INDIVIDUAL POUCH IS OPEN OR TORN, OR IF PATCH IS CUT.

Distributed by:
Dr. Reddy’s Laboratories, Inc.
Princeton, NJ 08540
Nicotine Transdermal System
PATCH
STOP SMOKING AID
7 mg
Includes:
Behavior Support Program with self-help guide
FOR USE AFTER COMPLETING STEP 2

The full course for STEP 3 is 14 patches (2 weeks); this package contains 2 patches only. Read the enclosed self-help guide for additional information.

FOR USE AFTER COMPLETING STEP 2

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Ask a doctor before use if you have a cold or flu or are pregnant or breast-feeding.

TO INCREASE YOUR SUCCESS IN QUITTING:

• Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Use: This medication is a nicotine replacement therapy to help you quit smoking. This patch reduces withdrawal symptoms that can occur when you stop smoking and helps keep you from smoking with less other medicines. This medicine is believed to be safer than smoking. However, smoking is harmful and can give you cancer, heart disease, and lung disease. This medicine helps you stop smoking but it does not cure the nicotine addiction.

Active ingredient (in each patch) Purpose
Nicotine, 7 mg delivered over 24 hours Stop smoking aid

Drug Facts
Directions
• Begin using the patch on your quit day
• if you smoke 10 or less cigarettes per day, start with
  one 7 mg patch/day
• if you smoke 11 to 20 cigarettes per day, start with
  one 14 mg patch/day
• if you smoke more than 20 cigarettes per day, start with
  one 21 mg patch/day
• apply one new patch every 24 hours on skin that is dry, clean and hairless
• remove backing from patch and immediately press onto
  the same location where the previous patch was used
• wash hands after applying or removing patch. Save pouch to
  use for patch disposal. Dispose of the used patches by
  folding sticky ends together and putting in pouch.
• do not cut patch in half or into smaller pieces
• do not leave patch on for more than 24 hours because it
  may irritate your skin and loses strength after 24 hours
• to avoid possible burns, remove patch before undergoing
  any MRI (magnetic resonance imaging) procedures
• the used patch should be removed and a new one applied to
  a different skin site at the same time each day
• if you have vivid dreams, you may remove the patch at
  bedtime
• do not cut patch in half or into smaller pieces
• do not leave patch on for more than 24 hours because it
  may irritate your skin and loses strength after 24 hours
• to avoid possible burns, remove patch before undergoing
  any MRI (magnetic resonance imaging) procedures
• the used patch should be removed and a new one applied to
  a different skin site at the same time each day
• if you have vivid dreams, you may remove the patch at
  bedtime
• do not cut patch in half or into smaller pieces
• do not leave patch on for more than 24 hours because it
  may irritate your skin and loses strength after 24 hours
• to avoid possible burns, remove patch before undergoing
  any MRI (magnetic resonance imaging) procedures
• the used patch should be removed and a new one applied to
  a different skin site at the same time each day
• if you have vivid dreams, you may remove the patch at
  bedtime

Warnings
Ask a doctor before use if you have
• a cold or flu
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure. If you have high blood pressure, consult your doctor before using this medicine.
• stomach ulcer or diabetes.
• a history of seizures.
• using a non-nicotine stop smoking drug
• taking a prescription medicine for depression or asthma.
• heart problems, such as irregular heartbeat or palpitations occur
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• you have symptoms of an allergic reaction (such as difficulty
  breathing or rash)
• to stop addiction to nicotine

See self-help booklet for complete directions and other information. When using this product:
• store at 20-25°C (68-77°F)
• keep out of reach of children and pets.

Inactive ingredients
acrylate adhesive, aluminized

This is a prescription drug
Distributed by:
Dr. Reddy's Laboratories, Inc.
Princeton, NJ 08540

NDC XXXXX-XXX-XX

Final Labeling
U/A Pg. 9
Nicotine Transdermal System PATCH
7 mg delivered over 24 hours

STOP SMOKING AID

Includes:
Behavior Support Program with self-help guide

FOR USE AFTER COMPLETING STEP 2

• Begin using the patch on your quit day
• Use one patch daily according to directions
• If you smoke 10 or less cigarettes per day, start with 7 mg patch/day
• If you smoke more than 10 cigarettes per day, begin with 14 mg patch/day
• Apply one new patch every 24 hours on skin that is dry, clean and hairless
• Use the patch for a longer period to keep from smoking, talk to your health care provider
• The used patch should be removed and a new one applied to a different skin site at the same time each day
• Wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.
• To avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures
• The risks to your child from this medicine are not fully known. This medicine is believed to be safer than smoking. However, smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement product
• The full course for STEP 3 is 14 patches (2 weeks), this package contains 2 patches only. Read the enclosed self-help guide for additional information.

Other information

Active ingredient
Nicotine, 7 mg delivered over 24 hours

Stop smoking aid

Inactive ingredients
Acrylate adhesive, aluminized polyester, cellulose paper, methacrylic acid copolymer

Drug Facts

Directions
Before using this product, read the enclosed self-help guide for complete directions and other information. See self-help guide inside.

Step 3 for 2 weeks
2 patches

Dosage
1.5 pt.

Ways to use
1. Begin using the patch on your quit day
2. Use one patch daily according to directions
3. It is important to complete treatment
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider

Available Dosage Forms
Patch

Dosage Range
7 mg delivered over 24 hours

Other Information

Comments or Questions?
Call 1-800-585-8682 weekdays (9am-8pm ET) or visit us at www.habitrol.com

Distributed by:
Dr. Reddy's Laboratories, Inc.
Princeton, NJ 08540
Nicotine Transdermal System
PATCH 7 mg delivered over 24 hours

STOP SMOKING AID

7 mg

Includes:
Behavior Support Program with self-help guide
FOR USE AFTER COMPLETING STEP 2

The full course for STEP 3 is 4 patches (2 weeks), this package contains 4 patches. See the enclosed self-help guide for additional information.

Distributed by:
Dr. Reddy's Laboratories, Inc.
Princeton, NJ 08540

Nicotine, 7 mg delivered over 24 hours...... Stop smoking aid

Active ingredient

Inactive ingredients

Drug Facts

Other information

Directions

Warnings

Precautions

Contraindications

Side effects

HOW TO USE

TO INCREASE YOUR SUCCESS IN QUITTING:

1. Begin using the patch on your quit day
2. Use one patch daily according to directions
3. It is important to complete treatment
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Ask a doctor before use if you have...

Additional information:
Ni<box>cient</box> Transdermal System
PATCH 7 mg delivered over 24 hours

7 mg
Includes:
Behavior Support Program with self-help guide
FOR USE AFTER COMPLETING STEP 2

The full course for STEP 3 is 14 patches (2 weeks), this package contains 4 patches. Use the enclosed self-help guide for additional information.

FOR YOUR FAMILY'S PROTECTION, PATCHES ARE SUPPLIED IN CHILD-RESISTANT POUCHES.

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

TO INCREASE YOUR SUCCESS IN QUITTING:

STOP SMOKING AID
7 mg delivered over 24 hours

• Not for sale in vending machines or from any
• Proof of age required.
• Not for sale to persons under 18 years of age.

See Coupon inside
### Drug Facts

**Active ingredient (in each patch)**

<table>
<thead>
<tr>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reduce withdrawal symptoms, including nicotine craving, associated with quitting smoking.</td>
</tr>
</tbody>
</table>

**Warnings**

- If you are pregnant or breastfeeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child.
- To stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

**Ask a doctor or pharmacist before use if you are**

- Heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
- High blood pressure not controlled with medications. Nicotine can increase your blood pressure.
- Allergic to nicotine or any of these ingredients. Nicotine can cause allergic reactions.
- History of certain medical problems, such as a seizure disorder.

**Do not use if**

- Individual pouch is open or torn.
- Individual pouch is not in child-resistant pouch.
- Pouch is not sealed.
- Patch is stuck to your clothing.
- Patch is stuck to your hair.
- Patch is stuck to your skin.
- Patch is not properly applied.
- Patch is applied to an area of your skin that is red, irritated, or broken.

**Ask a doctor or pharmacist if you are**

- Under 18 years of age.
- Allergic to any ingredients of this product.

**Before using this product**

- You have had a heart attack, stroke, or transient ischemic attack (TIA).
- You have a history of certain medical problems, such as a seizure disorder.
- You have had a heart attack, stroke, or transient ischemic attack (TIA).
- You have had a stroke or TIA.
- You have a history of certain medical problems, such as a seizure disorder.

**If you smoke**

- More than 10 cigarettes per day.

**STOP SMOKING AID**

<table>
<thead>
<tr>
<th>7 mg delivered over 24 hours</th>
</tr>
</thead>
</table>

**Directions**

1. Begin using the patch on your quit day.
2. If you smoke 10 or less cigarettes per day, start with Step 2 for 6 weeks, then Step 3 for 2 weeks.
3. If you smoke 15 or more cigarettes per day, start with Step 1 for 2 weeks, then Step 2 for 6 weeks, then Step 3 for 2 weeks.
4. If you smoke 10 to 15 cigarettes per day, start with Step 2 for 6 weeks, then Step 3 for 2 weeks.
5. If you smoke 16 to 20 cigarettes per day, start with Step 3 for 2 weeks.

**FOR USE AFTER COMPLETING STEP 2**

- The full treatment course for Step 3 is 14 patches (2 weeks). This package contains 7 patches (1 week course).
- Read the enclosed self-help guide for additional information.

**Nicotine Transdermal System PATCH**

**7 mg STOP SMOKING AID**

**Includes:**

- Behavior Support Program with self-help guide

**Recommendations**

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

**Comments or Questions?** Call 1-800-585-8682 weekdays (9am-8pm ET) or visit us at www.habitrol.com

**Stop use and ask a doctor if**

- You have symptoms of an allergic reaction (such as difficulty breathing or rash). STOP SMOKING AID

- You get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.

- Irregular heartbeat or palpitations occur.

- Skin redness caused by the patch does not go away after 4 days, or if your skin swells, or if you get a rash.

- It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

**Inactive ingredients**

- acrylate adhesive, aluminized polyester, cellulose paper, methacrylic acid copolymer

**Other information**

- Store at 20-25°C (68-77°F)

**For your family’s protection, patches are supplied in child-resistant pouches. Do not use if individual pouch is open or torn.**
Drug Facts

Active ingredient (in each patch) Purpose
Nicotine, 7 mg delivered over 24 hours. Stop smoking aid

Warnings
If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child.

Ask a doctor before use if you have:

• heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• an allergy to nicotine or any of its ingredients, such as the one described in the enclosed booklet.

Ask a doctor or pharmacist before use if you are:

• using any non-prescription sleep aid or stimulant. Your prescription dose may need to be adjusted.

When using this product:

• if you have child resistance to other sleep disturbances, this patch could irritate the skin.

Stop use and ask a doctor if:

• skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash.
• irregular heartbeat or palpitations occur.
• you get symptoms of an allergic reaction (such as difficulty breathing or rash).
• you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider.

Keep out of reach of children and pets. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Directions

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

COMPLETING STEP 2

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

FOR USE AFTER COMPLETING STEP 2

The full treatment course for STEP 3 is 14 patches (2 weeks). This package contains 7 patches (1 week course) only. Read the enclosed self-help guide for additional information.

Inactive ingredients:
- Acrylate adhesives, acrylic paper, cellulose paper, methylacrylic acid copolymer, methacrylic acid and copolymer

Comments or Questions? Call 1-800-585-8682 (Weekdays 9AM-8PM ET) or visit www.habitrol.com

Not for sale in vending machines or from any self-service dispensing device.

FPO: Distributed by Dr. Reddy's Laboratories, Inc., Princeton, NJ 08540

Font Name: Helvetica Neue LT Std 57 Condensed

See self-help guide inside.
Drug Facts
Active ingredient (in each patch) Purpose
Nicotine, 7 mg delivered over 24 hours Stop smoking aid
Reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

Warnings
• If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child.
• To stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Ask a doctor before use if you have
• heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
• diabetes.
• history of seizures.
• Ask a doctor or pharmacist before use if you are
• using a non-nicotine stop smoking drug.
• taking a prescription medicine for depression or anxiety. Your prescription dose may need to be adjusted.

Dosage and Administration
• Do not cut the patch in half or into smaller pieces.
• Do not wear more than one patch at a time.
• In the unlikely event that you have vivid dreams, you may remove the patch at bedtime and apply a new one in the morning.
• Remove backing from patch and immediately press onto skin. Hold for 10 seconds.
• Apply one new patch every 24 hours on skin that is dry, clean and hairless.

Before using this product
• Read the enclosed self-help guide for complete directions and other information.

During use
• Begin using the patch on your quit day.

After using
• Stop using the patch if you have symptoms of an allergic reaction (such as difficulty breathing or rash).
• If you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat, irregular heartbeat or palpitations occur.
• if skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash, remove patch promptly.
• If you smoke
• You have symptoms of an allergic reaction (such as difficulty breathing or rash).
• You get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
• Skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash.
• If you have symptoms of a rash, remove patch promptly.

• If you have any questions about this product, call 1-800-632-2712.

Other Information
• Follow the directions on the enclosed guide inside.
• Do not use if the patch is open or torn.
• Do not use if child-resistant pouches are supplied in child-resistant pouches.
• Use one patch daily according to directions.

Inactive ingredients: acrylic acid, Jeelac, glycerin, propylene glycol, silicic acid, benzyl alcohol, cetyl alcohol, cellulose, hydroxypropyl cellulose, ethyl alcohol, polysorbate 80, diethyl phthalate, purified water.

Comments or Questions? Call 1-800-585-8682 weekdays (9am-8pm ET) or visit us at www.habitrol.com

Final labeling U/A Pg. 23
Nicotine Transdermal System

STOP SMOKING AID

PATCH 7 mg delivered over 24 hours

STOP SMOKING AID

Nicotine Transdermal System

PATCH 7 mg delivered over 24 hours

STAGE 3

STEP 3

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

STEP 3

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

TO INCREASE YOUR SUCCESS IN QUITTING:

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TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
Weeks 5 and 6
See self-help guide inside.
For your family's protection, patches are supplied in child-resistant pouches.
Do not cut, peel, or remove the backing from patch.

Weeks 7 and 8
• Not for sale to persons under 18 years of age.
• Not for sale in vending machines or from any source where proof of age cannot be verified.

Final labeling U/A Pg. 32
See bottom panel for lot number and expiration date.

Stop use and ask a doctor if
• you have symptoms of an allergic reaction (such as difficulty breathing or rash)
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• irregular heartbeat or palpitations occur
• skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
• you have symptoms of anemia, which may include feeling tired or weak
• you have symptoms of a heart attack
• you have symptoms of a stroke
• you have symptoms of high blood pressure

Ask a doctor before use if you have
• a pre-existing heart condition
• a stroke
• a seizure
• high blood pressure that is not controlled with medication
• an allergy to aspirin or other nonsteroidal anti-inflammatory drugs
• a history of seizures.

TO INCREASE YOUR SUCCESS IN QUITCHING:
1. If you use nicotine, you must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you find you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Directions
1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

TO INCREASE YOUR SUCCESS IN QUITCHING:
1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you find you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.
Weeks 5 and 6

Weeks 7 and 8

See self-help guide inside.

For your family’s protection, patches are supplied in child-resistant pouches.

Do not cut, open or remove from pouch until you are ready to use patch.

• Not for sale in vending machines or from any source where proof of age cannot be verified.
• Not for sale to persons under 18 years of age.

Final labeling U/A  Pg. 24

See bottom panel for lot number and expiration date.

Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a poison control center (1-800-222-1222). Keep out of reach of children and pets.

Stop use and ask a doctor if

• you are under 18 years of age, ask a doctor before use
• you have symptoms of an allergic reaction (such as difficulty breathing or rash)
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• irregular heartbeat or palpitations occur
• skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
• if you have vivid dreams or other sleep disturbances remove this patch at bedtime
• taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.
• using a non-nicotine stop smoking drug
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.

Includes:
Behavior Support Program with self-help guide

FOR USE AFTER COMPLETING STEP 2

14 PATCHES (2 WEEK KIT)

Drug Facts

Nicotine, 7 mg delivered over 24 hours

NDC XXXXX-XXX-XX

Stop smoking aid

Behavior Support

Behavioral Support

STOP SMOKING AID

7 mg delivered over 24 hours

Safe and effective for use by ages 18 and older.

Asthma

Obstructive sleep apnea

Seizure disorder

High blood pressure

Heart disease

Recent heart attack

Irregular heartbeat

Pancreatic cancer

Sinus problems

Nasal polyps

Inhalation of smoke from this medicine is not recommended.

SAVE $3.00

PEEL AND SAVE INSTANT REDEEMABLE COUPON

3. It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Comments or Questions?

Inactive ingredients

Other information

See self help guide inside.
Drug Facts

Active ingredient (in each patch)
Nicotine, 7 mg delivered over 24 hours

Purpose
Stop smoking aid

Warnings
If you are pregnant or breast-feeding, only use this medicine on the advice of your health care provider. Smoking can seriously harm your child.

• Not for sale to persons under 18 years of age.
• Proof of age required.
• Not for sale in vending machines or from any
  source where proof of age cannot be verified.

Ask a doctor before use if you have
• heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• an allergy to adhesive tapes or have skin problems, because you are more likely to get rashes.
• history of seizures.

• Not for sale to persons under 18 years of age.
• Proof of age required.
• Not for sale in vending machines or from any
  source where proof of age cannot be verified.

Ask a doctor before use if you have
• using a non-nicotine stop smoking drug
• taking a prescription medicine for depression or severe anxiety. Your prescription dose may need to be adjusted.

When using this product
• if you have cold hands or other sleep disturbances remove this patch before bedtime

Stop use and ask a doctor if
• skin redness caused by the patch does not go away after four days, or if your skin swells, or you get a rash
• irregular heartbeat or palpitations occur
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• you have symptoms of an allergic reaction (such as difficulty breathing or rash).

Keep out of reach of children and pets.
Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Directions
• you have symptoms of an allergic reaction (such as difficulty breathing or rash)
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• irregular heartbeat or palpitations occur

• use the following schedule below:

TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Includes:
Behavior Support Program with self-help guide

Other information - Please see enclosed self-help guide for complete directions and other information.

See bottom panel for lot number and expiration date.

Comments or Questions? Call 1-800-556-0870 (Monday through Friday from 9am to 8pm ET) or visit us at www.habitrol.com

Final labeling

See self-help guide inside.
10 Steps to Success

1. Reducing the Urge to Smoke

Knowledge your "triggers"

Instead of taking those smoke breaks, try drinking water. It may be as simple as drinking water instead of having a smoke break. You will be amazed at how much you will save by doing this.

2. Replacing Smoking Habits

Have plenty of low-calorie snacks on hand so you don't end up snacking and smoking. One example for my children and me was to keep a container of nuts in the car, not your smoking chair).

3. Taming Your "Triggers"

• Sense of smell improves
• Breathing may get easier

4. Building Your Supporting Cast

To concentrate on some of your old habits, they'll be more likely to be replaced. For example, you may wear the same socks on your feet, the same shoes on your feet, or the same jeans on your feet. They will never smoke again.

5. Setting Your Quit Date

Termination Stage: you begin to imagine your life without smoking. This is called the "T" stage. Now that you are motivated to quit smoking, you need to set a quit date and commit to it. You are ready to try again right now, keep these dates in mind.

6. Contemplation

You are in the "C" stage. This is when you are considering quitting smoking. You are researching options and trying to decide if quitting is right for you.

7. Preparing for Your Quit Date

The "P" stage is when you are planning your quit date and making arrangements. You may need to plan your day so that you can work as a team.

8. Using This Guide

"R" stage. This is when you are ready for your quit date. You may have a few days or a few weeks before your quit date, depending on how long you are planning to quit.

9. Working Towards Success

"S" stage. This is when you are working towards success. You may have a few weeks or a few months before your quit date, depending on how long you are planning to quit.

10. Support Program Leads to Success

"E" stage. This is when you are enjoying the benefits of quitting smoking. You may have a few months or a few years before your quit date, depending on how long you are planning to quit.

It's important to start using the patch when you are motivated to quit smoking. This is called the "T" stage. Now that you are motivated to quit smoking, you need to set a quit date and commit to it. You are ready to try again right now, keep these dates in mind.

Ref-2: Call 1-888-HABITROL (1-888-422-4876).

Ref-3: www.habitrol.com. We'll be happy to answer any questions or need additional information.

Ref-4: It's important to start using the patch when you are motivated to quit smoking.

Ref-5: Termination Stage: you begin to imagine your life without smoking. This is called the "T" stage. Now that you are motivated to quit smoking, you need to set a quit date and commit to it. You are ready to try again right now, keep these dates in mind.

Ref-6: "S" stage. This is when you are working towards success. You may have a few weeks or a few months before your quit date, depending on how long you are planning to quit.

Ref-7: "E" stage. This is when you are enjoying the benefits of quitting smoking. You may have a few months or a few years before your quit date, depending on how long you are planning to quit.

Ref-8: "R" stage. This is when you are ready for your quit date. You may have a few days or a few weeks before your quit date, depending on how long you are planning to quit.

Ref-9: "P" stage is when you are planning your quit date and making arrangements. You may need to plan your day so that you can work as a team.

Ref-10: "C" stage. This is when you are considering quitting smoking. You are researching options and trying to decide if quitting is right for you.

Ref-11: "D" stage. This is when you are thinking about quitting smoking. You are considering whether or not quitting is right for you.

Ref-12: "A" stage. This is when you are aware that you are addicted to nicotine, how much you want to quit, and how much you want to quit, and how much you want to quit.

Ref-13: "H" stage. This is when you are aware that you are addicted to nicotine, how much you want to quit, and how much you want to quit.

Ref-14: "O" stage. This is when you are aware that you are addicted to nicotine, how much you want to quit, and how much you want to quit.
OFFER EXPIRES xx/xx/xxxx
NDC XXXX-XXXX-XX
1500XXXXX
SAVE $3.00
Follow the label for duration of use and talk to your health care provider if you feel you need to use the patch for a longer period to keep from smoking.

Consumer and Retailer:
Limit one (1) coupon per purchase of specified product and quantity stated. Not to be combined with any other coupon(s). Void if redeemed, reproduced, altered, copied, sold, purchased, transferred, or where prohibited or restricted by law. Any other use constitutes fraud. Consumer: You must have a valid prescription to redeem this coupon. Retailer: You must redeem this coupon by the date indicated on the coupon. Any coupon not redeemed by the expiration date will be returned to the manufacturer. This offer is valid only in the USA. Consumer: You may also send this coupon directly to the manufacturer. Mail to: P.O. Box 2150, Del Rio, TX 78840. Cash value 1/100¢. No cash back if coupon value exceeds selling price. Void only in the USA.

Nicotine Transdermal System PATCH
STOP SMOKING AID
Save redeemable Coupon

• Not for sale to persons under 18 years of age.
• Proof of age required.
• Not for sale in vending machines or from any source where proof of age cannot be verified.

STEP 1
use one 21 mg patch/day

STEP 2
use one 14 mg patch/day

STEP 3
use one 7 mg patch/day

FPO

Final Labeling U/A  Pg. 11