The Refill Pack includes:
• Read Me First brochure
• Up to 56 day supply (170 capsules)

For more information, visit www.myalli.com

How is this different than the Starter Pack?
The Starter Pack contains a convenient carrying case and additional materials designed to support healthy lifestyle changes.

Drug Facts
• 1 capsule contains: 60 mg orlistat (active ingredient)

Active Ingredient
orlistat (60 mg)

Purpose
• Weight loss: in overweight or obese adults

Dose
• Take orlistat with each main meal or snack

Dosage Information
• Adults: Take 3 capsules daily, one with each main meal or snack

Directions
• Store at 25°C (77°F) [see USP: Controlled Room Temperature]

Warnings
• This drug is not a weight loss medication. Diet and exercise are the cornerstone of any weight loss program.

Use
• orlistat is not a replacement for balanced nutrition and regular physical activity.

How is this different than the Starter Pack?
The Starter Pack contains a convenient carrying case and additional materials designed to support healthy lifestyle changes.

Drug Facts (continued)

Do not use:
• orlistat with an antacid or other products that contain aluminum, calcium, iron, magnesium, or iron.

When using this product:
• Adult: 1 capsule every 12 hours

Overdose
• The consequences of overdosing orlistat are not known.

Other Information
• Keep out of reach of children.

Questions or comments? Call 1-800-471-8366

For more information and a statement about this product, visit www.myalli.com

TAMPER-EVIDENT feature for your protection: This package has a tamper-evident foil seal near the center of the carton. Be sure to remove the foil before opening the carton. To open the carton, pull the foil tab down. If the foil is not intact, this may be a sign that the product has been tampered with. If you discover a tampered product, please return it to the pharmacist.

Precautions:
• Monitor your weight carefully while taking orlistat.

Warning:
• Do not exceed the recommended dosage.

Intended for:
• Adults: 1 capsule every 12 hours

Note:
• This is not a weight loss medication. Diet and exercise are the cornerstone of any weight loss program.

Warnings:
• orlistat is not a replacement for balanced nutrition and regular physical activity.

References:
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