

**NEW** GENTLE MIST • SCENT FREE • ALCOHOL FREE

NDC 0000-0000-00



**AGES  
2  
YEARS  
& OLDER**

**CHILDREN'S  
FLONASE<sup>®</sup>  
SENSIMIST<sup>™</sup>  
ALLERGY RELIEF**

Fluticasone Furoate Nasal Spray 27.5 mcg Per Spray  
— Allergy Symptom Reliever —  
(Glucocorticoid)\*

- Full Prescription Strength  
Non-Drowsy 24 Hour Relief of:**
- Nasal Congestion
  - Runny Nose
  - Itchy Nose
  - Sneezing



**NO COPY  
Cutout  
Area**

\*Fluticasone furoate is a steroid medicine known as a glucocorticoid.

16-008CHFS



2 Bottles / 0.34 fl oz (9.9 mL) each  
0.68 fl oz (19.8 mL) total

**Two bottles  
60 sprays per bottle**

**GSK Regulatory Spec Box**

**Verified Date: 9.13.16**

**Drug Facts Info**

Drug Facts (Title)	Font Name: N/A	N/A
Drug Facts (continued)	Font Name: N/A	N/A
Headings	Font Name: N/A	N/A
Subheadings	Font Name: N/A	N/A
Body text	Font Name: N/A	N/A
Bullets	Font Name: N/A	N/A
Bullets on same lines: end of statement separated from bulleted statement by two ems		
Spacing of the hair lines from edge of box – i.e. Minimum of 2 spaces either side of Drug Fact Box		
Tracking	N/A	Horizontal Scale: N/A
Leading (Minimum space in body copy of Drug Facts)	N/A	Maximum Characters/Inch: N/A
Barlines	N/A	Hairlines: N/A

**Primary Display Panel Info**

Font size of Net Wt/Contents (Smallest character height in inches)	0.1875 in.
PDP dimensions (in square inches)	98.91 sq. in.
Font size of Statement of Identity (If not live text, to be measured in Helvetica capital "M")	V 0.00 pt. H 9.29 pt.
Font size of Logo/Largest Copy on PDP (If not live text, to be measured in Helvetica capital "M")	V 0.00 pt. H 56.5 pt.
Ratio of Statement of Identity to Logo/Largest Copy on PDP	
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)	V 0% H 16%

GENTLE MIST • SCENT FREE • ALCOHOL FREE



Fluticasone Furoate Nasal Spray 27.5 mcg Per Spray  
Allergy Symptom Reliever  
(Glucocorticoid)\*

**What problems can CHILDREN'S FLONASE® SENSIMIST™ Allergy Relief help with?**

CHILDREN'S FLONASE SENSIMIST Allergy Relief helps relieve a broad range of uncomfortable symptoms like congestion and itchy eyes\*.



Nasal symptoms



Eye symptoms†

These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.



Outdoor allergens



Animal allergens



Indoor allergens

†for ages 12 and older.

See below for important information about use in children.

\*Fluticasone furoate is a steroid medicine known as a glucocorticoid.

<b>Drug Facts</b>		<b>Drug Facts</b> (continued)
<b>Active ingredient (in each spray)</b> Fluticasone furoate 27.5 mcg (glucocorticoid)*	<b>Purpose</b> Allergy symptom reliever	<b>Keep out of reach of children.</b> In case of overdose, get medical help or contact a Poison Control Center right away.
<b>Uses</b> Temporarily relieves these symptoms of hay fever or other upper respiratory allergies: • nasal congestion • runny nose • sneezing • itchy nose • itchy, watery eyes (for ages 12 and older)		<b>Directions</b> • read the Quick Start Guide for how to: • shake vigorously before each use • prime the bottle • use the spray • sniff gently after each spray • clean the spray nozzle with a clean dry tissue • use the product only once a day • do not use more than directed
<b>Warnings</b> Only for use in the nose. Do not spray into your eyes or mouth. <b>Do not use</b> • in children under 2 years of age • to treat asthma • if you have an injury or surgery to your nose that is not fully healed • if you have ever had an allergic reaction to this product or any of the ingredients <b>Ask a doctor before use if you have or had glaucoma or cataracts</b>		<b>ADULTS AND CHILDREN 12 YEARS OF AGE AND OLDER</b> • Week 1 – use 2 sprays in each nostril once daily • Week 2 through 6 months – use 1 or 2 sprays in each nostril once daily, as needed to treat your symptoms • After 6 months of daily use – ask your doctor if you can keep using
<b>Ask a doctor or pharmacist before use if you are taking</b> • medicine for HIV infection (such as ritonavir) • a steroid medicine for asthma, allergies or skin rash • ketoconazole pills (medicine for fungal infection)		<b>CHILDREN 2 TO 11 YEARS OF AGE</b> • the growth rate of some children may be slower while using this product. <b>Children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than two months a year.</b> • an adult should supervise use • use 1 spray in each nostril once daily
<b>When using this product</b> • the growth rate of some children may be slower • stinging or sneezing may occur for a few seconds right after use • do not share this bottle with anyone else as this may spread germs • remember to tell your doctor about all the medicines you take, including this one		<b>CHILDREN UNDER 2 YEARS OF AGE</b> <b>do not use</b>
<b>Stop use and ask a doctor if</b> • you have, or come into contact with someone who has, chicken pox, measles or tuberculosis • your symptoms do not get better within 7 days of starting use or you get new symptoms such as severe facial pain or thick nasal discharge. You may have something more than allergies, such as an infection. • you get a constant whistling sound from your nose. This may be a sign of damage inside your nose. • you get an allergic reaction to this product. Seek medical help right away. • you get new changes to your vision that develop after starting this product • you have severe or frequent nosebleeds		<b>Other information</b> • you may start to feel relief the first day and full effect after several days of regular, once-a-day use • store between 15° - 30°C (59° - 86°F) • do not refrigerate or freeze • keep this label and enclosed materials. They contain important additional information.
<b>If pregnant or breast-feeding, ask a health professional before use.</b>		<b>Inactive ingredients</b> benzalkonium chloride solution, carboxymethylcellulose sodium, dextrose anhydrous, edetate disodium, microcrystalline cellulose, polysorbate 80, purified water
		<b>Questions or comments?</b> call toll-free 1-844-FLONASE (1-844-356-6273)



**TAMPER-EVIDENT features for your protection.** The product is packaged in a sealed plastic container. The bottle is housed within a plastic dispenser that prevents direct access to the bottle. **Do not use if the container or any part of the plastic dispenser, including the dispenser bottom, is damaged or broken.**

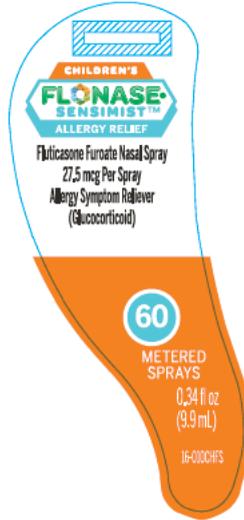
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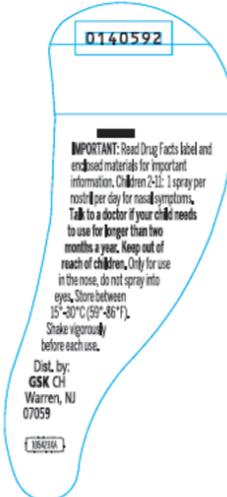
Lot:  
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<b>GSK Regulatory Spec Box</b>		<b>Verified Date: 9.13.16</b>
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<b>Drug Facts (Title)</b>	Font Name: Helvetica Neue 77 Bold Condensed Oblique	10.0 point type
<b>Drug Facts (continued)</b>	Font Name: Helvetica Neue 77 Bold Condensed Oblique/Helvetica Neue 57 Condensed	8.00 point type
<b>Headings</b>	Font Name: Helvetica Neue 77 Bold Condensed Oblique	8.00 point type
<b>Subheadings</b>	Font Name: Helvetica Neue 77 Bold Condensed	7.00 point type
<b>Body text</b>	Font Name: Helvetica Neue 57 Condensed/Helvetica Neue 77 Bold Condensed	7.00 point type
<b>Bullets</b>	Font Name: Helvetica Neue 55 Roman	5.00 point type
Bullets on same lines: end of statement separated from bulleted statement by two ems		Yes
Spacing of the hair lines from edge of box – i.e. Minimum of 2 spaces either side of Drug Fact Box		Yes
<b>Tracking</b>	0	<b>Horizontal Scale:</b> 94%-100%
<b>Leading (Minimum space in body copy of Drug Facts)</b>	8 pt.	<b>Maximum Characters/Inch:</b> 30
<b>Barlines</b>	1.00 pt.	<b>Hairlines</b> 0.50 pt.
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PDP dimensions (in square inches)		98
Font size of Statement of Identity (if not live text, to be measured in Helvetica capital "M")		V N/A H 9.87 pt.
Font size of Logo/Largest Copy on PDP (if not live text, to be measured in Helvetica capital "M")		V N/A H 78.5 pt.
Ratio of Statement of Identity to Logo/Largest Copy on PDP		
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)		V N/A H 12%



GSK Regulatory Spec Box		Verified Date: 09.30.16
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<b>Drug Facts (continued)</b>	Font Name:	N/A
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<b>Tracking</b>	N/A	<b>Horizontal Scale:</b> N/A
<b>Leading (Minimum space in body copy of Drug Facts)</b>	N/A	<b>Maximum Characters/Inch:</b> N/A
<b>Barlines</b>	N/A	<b>Hairlines</b> N/A
<b>Primary Display Panel Info</b>		
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PDP dimensions (in square inches)		3.21 sq. in.
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Font size of Logo/Largest Copy on PDP (If not live text, to be measured in Helvetica capital "M")	V 9.1 pt.	H 0.00 pt.
Ratio of Statement of Identity to Logo/Largest Copy on PDP		
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)	V 65%	H 0%



GSK Regulatory Spec Box		Verified Date: 05.19.16
<b>Drug Facts Info</b>		
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Drug Facts (continued)	Font Name: N/A	N/A
Headings	Font Name: N/A	N/A
Subheadings	Font Name: BentonSansComp Medium	6.00 pt.
Body text	Font Name: BentonSansComp Book/BentonSansComp Medium	6.00 pt.
Bullets	Font Name: N/A	N/A
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Spacing of the hair lines from edge of box – i.e. Minimum of 2 spaces either side of Drug Fact Box		
Tracking	0	Horizontal Scale: 69%
Leading (Minimum space in body copy of Drug Facts)	6.25 pt.	Maximum Characters/Inch: N/A
Barlines	N/A	Hairlines: N/A
<b>Primary Display Panel Info</b>		
Font size of Net Wt/Contents (Smallest character height in inches)	N/A	
PDP dimensions (in square inches)	3.21 sq. in.	
Font size of Statement of Identity (If not live text, to be measured in Helvetica capital "M")	V N/A	H N/A
Font size of Logo/Largest Copy on PDP (If not live text, to be measured in Helvetica capital "M")	V N/A	H N/A
Ratio of Statement of Identity to Logo/Largest Copy on PDP		
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)	V N/A	H N/A

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<b>Market or Pack Owner:</b> CH-United States-USA		<b>Market Trade Name:</b> Flonase - LBL BACK FLONASE SENSIMIST AR_US	<b>Colour Standard Reference Number:</b> N/A
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# QUESTION & ANSWER BOOK

WHAT FLONASE® SENSIMIST™ IS,  
HOW TO USE IT,  
AND WHAT TO EXPECT



Welcome to a different kind of allergy relief and nasal spray experience! This book answers questions you may have about **FLONASE® SENSIMIST™ Allergy Relief.**

Watch for purple color – it shows where there is different information for children ages 2-11, compared to users age 12 or older.

## **UNDERSTANDING FLONASE® SENSIMIST™**

What FLONASE SENSIMIST is, and how it works.

**PAGE 4**

## **USING FLONASE® SENSIMIST™**

How to get the best results with FLONASE SENSIMIST.

**PAGE 14**

## **WHAT TO EXPECT**

What it's like to use FLONASE SENSIMIST.

**PAGE 26**



# UNDER- STANDING FLONASE<sup>®</sup> SENSIMIST<sup>™</sup>

## QUESTION & ANSWER BOOK

### What is FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief?

**FLONASE SENSIMIST Allergy Relief is an effective allergy medicine** that you can now buy without a prescription. It works directly in the nose to help block your allergic reactions. FLONASE SENSIMIST relieves allergy symptoms caused by pollen, mold, dust and pets.

### How does FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief differ from FLONASE<sup>®</sup> Allergy Relief?

**Both products contain the same type of allergy medicine** and work the same way to relieve allergy symptoms.

The important difference between the two products is that FLONASE SENSIMIST offers a different type of spray experience so you can pick the experience you prefer. For example, the FLONASE SENSIMIST pump is on the side of the bottle and is squeezed to produce a spray instead of being pressed down. Also FLONASE SENSIMIST delivers a different kind of spray feeling because it has a fine mist and has no smell.

## What happens when you have allergies?



**Allergies start when** allergens like pollen or pet dander enter your body and trigger your immune system to respond.



**Your body's natural response** is to release multiple inflammatory substances, (also referred to as mediators) that cause your allergy symptoms.

## How does FLONASE® SENSIMIST™ work?

**FLONASE SENSIMIST Allergy Relief works right in your nose** to help block your allergic reaction at the source to relieve the symptoms that make you uncomfortable.



**FLONASE SENSIMIST** acts on multiple inflammatory substances, including histamine, prostaglandins, cytokines, tryptases, chemokines and leukotrienes.

Most common OTC allergy pills act on histamine alone.

Because of the way it works, it may take several days for FLONASE SENSIMIST to reach maximum effect. That's why it's best to use FLONASE SENSIMIST regularly, once a day.

FLONASE SENSIMIST not only relieves sneezing, itchy nose, runny nose and itchy, watery eyes\*, but also relieves nasal congestion.

## What problems can FLONASE® SENSIMIST™ Allergy Relief help with?

Allergies can cause uncomfortable symptoms like congestion and itchy eyes\*. These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.

### Symptoms



#### Nasal symptoms

- Congestion
- Runny nose
- Itchy nose



#### Eye symptoms\*

- Itchy eyes\*
- Watery eyes\*

**FLONASE SENSIMIST Allergy Relief helps relieve a broad range of symptoms** from many allergens.

For example, FLONASE SENSIMIST helps with:

### Triggers



#### Outdoor allergens

- Weed pollen
- Grass pollen
- Tree pollen
- Mold spores



#### Animal allergens

- Cats
- Dogs



#### Indoor allergens

- Dust
- Dust mites
- Mold

## What is the active ingredient in FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief?

**The active ingredient in FLONASE SENSIMIST Allergy Relief is called fluticasone furoate.** Fluticasone furoate is a glucocorticoid. It works in your nose to relieve your allergy symptoms. Barely any of it travels through your body. It's been prescribed by doctors for years and used effectively by millions.

Glucocorticoids are substances produced by your body to help fight inflammation. A glucocorticoid is a kind of steroid that is different from the anabolic (muscle-building) steroids sometimes misused by athletes. In fact, world class athletes are allowed to use glucocorticoids during competition to treat their allergies.

## Can I use FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> for asthma?

**No, FLONASE SENSIMIST is not a treatment for asthma.** Ask your doctor what medicine to take for your asthma.

## Can I use FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> for colds?

**No, use FLONASE SENSIMIST to treat only your allergies —** not your cold symptoms. If you're not sure whether your symptoms come from allergies or a cold, ask your doctor.

## UNDERSTANDING FLONASE® SENSIMIST™

### Who should not use FLONASE® SENSIMIST™ Allergy Relief?

For complete guidance, check the **Drug Facts** label on the back of the FLONASE SENSIMIST Allergy Relief package.

### Who should check with a doctor first?

Some people should not use FLONASE SENSIMIST, or need to check with a health professional first. This table offers a quick summary of these situations.



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## QUESTION & ANSWER BOOK

If you...	Here's what to do with FLONASE SENSIMIST
<b>Are younger than 2</b>	Do not use
<b>Are pregnant or breast-feeding</b>	Talk to a health professional before using
<b>Have or had glaucoma or cataracts</b>	Talk to your doctor before using
<b>Have an injury or surgery to your nose</b> that is not fully healed	Do not use
<b>Have ever had an allergic reaction</b> to FLONASE SENSIMIST or any of its ingredients	Do not use
<b>Are taking medicine for HIV infection</b> (such as ritonavir)	Talk to your doctor or pharmacist before using
<b>Are taking ketoconazole pills</b> (medicine for fungal infection)	Talk to your doctor or pharmacist before using
<b>Are using a steroid medicine for asthma, allergies, skin rash, allergic reactions, inflammation or eye conditions</b>	Talk to your doctor or pharmacist before using



**USING  
FLONASE<sup>®</sup>  
SENSIMIST<sup>™</sup>**

**QUESTION & ANSWER BOOK**

**Read the Drug Facts label on the back of the package or the Quick Start Guide that came in the package** for simple directions on using FLONASE SENSIMIST Allergy Relief.

Remember there is a different dosing amount for children ages 2-11 compared to users age 12 or older.

**If you still have questions** about using FLONASE SENSIMIST after reading the Quick Start Guide, read this section for answers.



## What are the differences in the way children ages 2-11 should use FLONASE® SENSIMIST™ Allergy Relief?

Children age 2-11 should use a **lower dose** of FLONASE SENSIMIST for a **shorter period of time**.

Ages	Children 2-11 years of age	Users 12 years of age and older
Dosage	1 spray in each nostril once daily	Up to 2 sprays in each nostril once daily
Duration before checking with a doctor	Up to 2 months of use a year	Up to 6 months of daily use

## Why is the use of FLONASE® SENSIMIST™ Allergy Relief for children ages 2-11 limited to 2 months a year before checking with a doctor?

When used long-term, intranasal glucocorticoids like FLONASE SENSIMIST may cause the growth rate of some children to be slower. Whether this will affect a child's ultimate height is not known. As a precaution, children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than 2 months a year.

## Why is FLONASE® SENSIMIST™ labeled to relieve itchy, watery eyes only for ages 12 and older?

The ability of FLONASE SENSIMIST to relieve itchy, watery eyes in those ages 2 to 11 has not been sufficiently studied.

### **I know how to use a nasal spray. Why do I have to follow the directions?**

**If you don't use the spray bottle correctly, you might not get a full dose.** Without a full dose each time, you might not get the relief you deserve.

**Follow the simple directions in the Quick Start Guide** that came in the package.

### **If my symptoms go away, should I stop using FLONASE® SENSIMIST™ Allergy Relief?**

You may be tempted to stop using FLONASE SENSIMIST Allergy Relief when you start to feel better. **It's important you keep using FLONASE SENSIMIST daily as long as you're exposed to allergens** that bother you, like pollen, mold, dust or pet dander. This way you'll keep feeling relief.

If you suffer allergy symptoms only during certain times, like when pollen levels are high, you may stop using FLONASE SENSIMIST when that time ends. **If you are ages 12 or older and need to use daily for longer than 6 months or age 2-11 and need to use for longer than 2 months a year, check with your doctor.**

### **Can I keep using FLONASE® SENSIMIST™ Allergy Relief year round?**

Some people suffer from allergies all year. **If you are ages 12 or older and have used FLONASE SENSIMIST Allergy Relief steadily for six months or age 2-11 and have used for two months a year, check with your doctor to make sure it's OK to keep using FLONASE SENSIMIST daily.**

In fact, it's a good idea for anyone with persistent allergies to talk with a doctor every so often about symptoms and medicines.

### What if I miss a dose by accident?

If you miss a dose, just use your regular dose the next day. Don't add an extra dose to make up for it.

### Won't I waste product by priming?

It's not a waste to prime the pump, because it helps you get a full dose. Getting a full dose is important for getting the relief you deserve. See the Quick Start Guide for when and how to prime the pump.

Don't worry about running out due to priming. There is enough medicine in the spray bottle to allow for priming sprays plus the number of sprays labeled on the bottle.

Always point the spray bottle away from your face when priming.

### Can I share my FLONASE® SENSIMIST™ Allergy Relief?

Do not share a bottle of FLONASE SENSIMIST Allergy Relief. Sharing the bottle can spread germs, because you insert the nozzle in your nose.

### Can I spray FLONASE® SENSIMIST™ in my eyes or mouth?

No, FLONASE SENSIMIST is meant to work only in your nose to relieve your allergy symptoms, including itchy, watery eyes\*.

Never spray FLONASE SENSIMIST in your eyes or your mouth.



## How long should a bottle of FLONASE® SENSIMIST™ Allergy Relief last?

**This table shows roughly how long your bottle will last.** It assumes you follow the instructions for priming the pump, and that those age 12 or older use two sprays in each nostril every day while children ages 2-11 use one spray in each nostril every day.

After you've used the number of sprays shown on the label, each spray may not deliver a full dose—even if there is liquid left in the bottle.

If the label says...	The bottle should last age 12+...	The bottle should last ages 2-11...
30 sprays	1 week	2 weeks
60 sprays	2 weeks	4 weeks
120 sprays	4 weeks	8 weeks

## USING FLONASE® SENSIMIST™

### Some decongestants may increase blood pressure. Does FLONASE® SENSIMIST™ increase blood pressure?

When used as directed, FLONASE SENSIMIST does not increase blood pressure.

### Is FLONASE® SENSIMIST™ Allergy Relief OK to use with other medicines?

You should tell your doctor about all the medicines you take, including FLONASE SENSIMIST.

FLONASE SENSIMIST Allergy Relief can be used with most non-prescription and prescription medicines. However, there are a few medicines to look out for because they may cause the level of FLONASE SENSIMIST in your body to become too high.

Just to be safe, check this table to see if you're taking any of these medicines.

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## QUESTION & ANSWER BOOK

### If you're taking...

### Here's what to do...

#### Medicines for HIV infection (such as ritonavir)

Talk to your doctor or pharmacist before using FLONASE SENSIMIST

#### Medicines with glucocorticoids including some medicines for skin rash such as eczema, asthma, inflammation, allergic reactions, or eye conditions

Talk to your doctor or pharmacist before using FLONASE SENSIMIST

#### Ketoconazole pills for fungal infection

Talk to your doctor or pharmacist before using FLONASE SENSIMIST

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# WHAT TO EXPECT

## QUESTION & ANSWER BOOK

### How soon will I get relief?

**You may start to feel relief the first day you use FLONASE® SENSIMIST™ Allergy Relief.**

Keep using it every day, though, as it takes several days before FLONASE SENSIMIST builds up to full effectiveness.

### How long will the relief last?

**FLONASE® SENSIMIST™ is meant to control your symptoms every day, all day and all night.** To help you get this lasting relief, it's important to use FLONASE SENSIMIST regularly, once a day.

## WHAT TO EXPECT

### Does FLONASE® SENSIMIST™ Allergy Relief cause a “rebound effect”?

**No, FLONASE SENSIMIST Allergy Relief does not cause a rebound effect.**

Some nasal decongestant sprays may cause your nasal passages to swell up even more when you use them too often or for longer than their label says you should (three days). This is sometimes called a “rebound effect.”

FLONASE SENSIMIST is a different kind of medicine and does not cause any rebound effect. You can use FLONASE SENSIMIST daily for up to six months if you are ages 12 or older or up to two months a year if you are age 2-11 before checking with a doctor.

## QUESTION & ANSWER BOOK

### Will FLONASE® SENSIMIST™ make me drowsy?

**No, FLONASE SENSIMIST does not cause drowsiness.** Some allergy medications can cause drowsiness, but FLONASE SENSIMIST does not.

## WHAT TO EXPECT

### Does FLONASE® SENSIMIST™ Allergy Relief have side effects?

**Serious side effects are rare** with FLONASE SENSIMIST because FLONASE SENSIMIST works in your nose, and barely any of it travels through your body. However, like all medicines,

Side effect	What could happen
<b>Allergic reaction to the product</b>	<ul style="list-style-type: none"><li>• Sudden swelling of face or tongue</li><li>• A rash</li><li>• Wheezing or feeling faint</li></ul>
<b>Nose injury</b>	<ul style="list-style-type: none"><li>• Severe or frequent nosebleeds</li><li>• Constant whistling sound that does not go away</li></ul>
<b>Eye conditions</b> such as cataracts or glaucoma	<ul style="list-style-type: none"><li>• Cloudy vision</li><li>• Reduced vision</li></ul>
<b>Growth effects</b>	<ul style="list-style-type: none"><li>• Slower growth rate in some children while using product</li></ul>
<b>Other side effects</b>	<ul style="list-style-type: none"><li>• Headaches or sneezing</li><li>• Minor nosebleeds</li><li>• Dry or irritated nose or throat</li></ul>

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## QUESTION & ANSWER BOOK

FLONASE SENSIMIST can cause side effects in some people.

Below are some side effects that have been reported when using FLONASE SENSIMIST. If you have any concerns about side effects, talk with your doctor.

### What to do

If you feel any of these symptoms, stop using FLONASE SENSIMIST and see a doctor right away.

Apply pressure to your nose. Stop using FLONASE SENSIMIST and see a doctor.

This could be a sign of damage to your nose. Stop using FLONASE SENSIMIST and see a doctor right away.

Have a yearly eye exam to check for these conditions. Read the *Drug Facts* on the back of the FLONASE SENSIMIST package for more details.

Talk to your doctor if you are concerned or if a child age 2-11 needs to use FLONASE SENSIMIST for longer than two months a year.

Talk to your doctor or pharmacist if you are concerned.

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## WHAT TO EXPECT

### What will FLONASE® SENSIMIST™ feel like inside my nose?

You may feel a very gentle mist, but the mist is so fine you may not even notice it. Even if you do not feel the mist, do not use more than 2 sprays in each nostril per day for users age 12 or older and 1 spray in each nostril per day for children ages 2-11.

See complete directions for use.

### What if I feel stinging in my nose or I sneeze?

Although uncommon, some people may feel a slight stinging, or may sneeze, after spraying FLONASE SENSIMIST in their nostrils. **This feeling should go away in a few seconds.**

## QUESTION & ANSWER BOOK

### What if nothing is spraying out?

**Try priming the spray bottle.** It may take a few pumps to get the dispenser spraying again.

If that doesn't work, the spray nozzle may be clogged. You can clean it following the directions in the Quick Start Guide that came in the package.



## WHAT TO EXPECT

### What if I have chicken pox, measles or tuberculosis or come into contact with someone who does?

Stop using FLONASE® SENSIMIST™ Allergy Relief and ask your doctor.

### What if I'm having severe sinus pain?

If you feel severe pain in your face, have thick nasal discharge, or think you may have a sinus infection, **stop using FLONASE® SENSIMIST™ Allergy Relief and see your doctor.** Your doctor may want to consider if other medicines are needed.

### What if my symptoms aren't better after one week?

If you have used FLONASE SENSIMIST for a week and your allergy symptoms are not getting better, **stop use and ask your doctor.** You may have an infection.

STILL HAVE  
QUESTIONS?

Call **1-844-FLONASE**  
(1-844-356-6273)



**1-844-FLONASE**  
**(1-844-356-6273)**



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FRONT TRI-FOLD



**USE THE RIGHT DOSE**

FLONASE® SENSIMIST™ Allergy Relief works best when you use it daily. Here's how to get started.

**Children age 2-11**

**An adult should supervise use**  
Use one spray in each nostril once daily.

**1x 1x**  
Don't use more than one spray in each nostril per day.

**Users age 12 or older**

**In your first week**  
Use two sprays in each nostril every day.

**2x 2x**  
Don't use more than two sprays in each nostril per day.

**After your first week**  
If your symptoms are

**If you miss a dose,** just use your regular dose the next day. Don't add an extra dose.

**Check with a doctor** if a child needs to use FLONASE SENSIMIST for longer than two months a year.

under control, you may reduce to one spray in each nostril every day.

**If your symptoms get worse,** go back to two sprays in each nostril. **If you miss a dose,** just use your regular dose the next day. Don't add an extra dose.



**KEEP IT CLEAN**

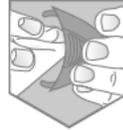
A clean spray nozzle helps ensure a full dose. Don't try to unblock nozzle with pin or sharp object — that can damage it.

**1 After each use**



Wipe the nozzle with a clean, dry tissue. Never try to clean the nozzle with a pin or anything sharp because this will damage the nozzle. **Do not use water to clean the nozzle.**

**2 Once a week**



Clean the inside of the cap with a clean, dry tissue. This will help keep the nozzle from getting blocked.

**Inside**  
Directions for use, dosing, and cleaning



**FLONASE® SENSIMIST™**  
ALLERGY RELIEF

**QUICK START GUIDE**

HOW TO START GETTING ALLERGY RELIEF RIGHT NOW



Data Matrix  
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CCL DATA MATRIX  
QUIET ZONE

INSIDE TRI-FOLD



**GET THE RELIEF YOU NEED**

FLONASE® SENSIMIST™ Allergy Relief can relieve your allergy symptoms. For best results, it's important to get a full dose. Here's how, in five easy steps.

**1 Shake**



The nasal spray needs to be shaken vigorously with cap on. This is important to make the medicine a liquid that will spray.



Remove the cap by gently squeezing the sides of the cap with your thumb and forefinger and pulling it straight off.

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**2 Prime**

**Do this when:**  
• Starting new bottle  
• Haven't used for 30 days  
• Cap has been left off for 5 days or more  
• Device does not seem to be working right

**Otherwise go to step 3**



Aim away from face. Grasp spray bottle as shown. Pump until fine mist appears. Pumped six times and still no mist? Spray nozzle may be clogged. See **KEEP IT CLEAN**, other side.

**3 Blow**



Blow nose gently to clear nostrils.



**Warning**  
Do not spray in your eyes. Only for use in your nose.

**NOTE:** There is enough medicine in the bottle to allow for priming sprays plus the number of sprays labeled on the bottle.

**4 Aim**



Put the tip of spray nozzle into nostril and **tilt head forward while keeping bottle upright.**



Put just the tip into your nose. Aim slightly away from center of nose.

**Dosing and Cleaning Instructions**  
See other side

**5 Breathe and spray**



While sniffing gently, press button in all the way once or twice (according to dosing instructions). You may feel a light mist in your nose. Breathe out through your mouth.

**Repeat in other nostril.**  
Wipe spray nozzle with clean tissue and replace cap.

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CCL will strip in their DM Code

# FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> ALLERGY RELIEF QUESTIONS & ANSWERS

## WHAT FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> IS, HOW TO USE IT, AND WHAT TO EXPECT



### UNDERSTANDING FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> IS, AND HOW IT WORKS

**What is FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief?** FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief is an effective allergy medicine that you can now buy without a prescription. It works directly in the nose to help block your allergic reactions. FLONASE SENSIMIST relieves allergy symptoms caused by pollen, mold, dust and pets.

**What is the active ingredient in FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief?** The active ingredient in FLONASE SENSIMIST Allergy Relief is called **fluticasone furoate**. Fluticasone furoate is a glucocorticoid. It works in your nose to relieve your allergy symptoms. Barely any of it travels through your body. It's been prescribed by doctors for years and used effectively by millions. Glucocorticoids are substances produced by your body to help fight inflammation. A glucocorticoid is a kind of steroid that is different from the anabolic (muscle-building) steroids sometimes misused by athletes. In fact, world class athletes are allowed to use glucocorticoids during competition to treat their allergies.

**How does FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief differ from FLONASE<sup>®</sup> Allergy Relief?** Both products contain the same type of allergy medicine and work the same way to relieve allergy symptoms. The important difference between the two products is that FLONASE SENSIMIST offers a different type of spray experience so you can pick the experience you prefer. For example, the FLONASE SENSIMIST pump is on the side of the bottle and is squeezed to produce a spray instead of a pressed-down action. Also FLONASE SENSIMIST delivers a different kind of spray because it has a finer mist and has no smell.

**Can I use FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> for asthma?** No, FLONASE SENSIMIST is not a treatment for asthma. Ask your doctor what medicine to take for your asthma.

**Can I use FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> for colds?** No, use FLONASE SENSIMIST to treat only your allergies — not your cold symptoms. If you're not sure whether your symptoms come from allergies or a cold, ask your doctor.

**What happens when you have allergies?** Allergies start when allergens like pollen or pet dander enter your body and trigger your immune system to respond. Your body's natural response is to release multiple inflammatory substances (also referred to as mediators) that cause your allergy symptoms.

**How does FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> work?** FLONASE SENSIMIST Allergy Relief works right in your nose to help block your allergic reaction at the source to relieve the symptoms that make you uncomfortable.

**What problems can FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief help with?** Allergies can cause uncomfortable symptoms like congestion and itchy eyes. These symptoms can be triggered by allergens like pollen, mold, dust or pet dander.

**FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> acts on multiple inflammatory substances, including histamine, prostaglandins, cytokines, tryptase, chemokines and leukotrienes.**

**Most common OTC allergy pills act on histamine alone.** Because of the way it works, it may take several days for FLONASE SENSIMIST to reach maximum effect. That's why it's best to use FLONASE SENSIMIST regularly, once a day. FLONASE SENSIMIST not only relieves sneezing, itchy nose, runny nose and watery, itchy eyes, but also relieves nasal congestion.

**Who should not use FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief?** For complete guidance, check the Drug Facts box on the back of the FLONASE SENSIMIST Allergy Relief package.

**Who should check with a doctor first?** Some people should not use FLONASE SENSIMIST, or need to check with a health professional first. This table offers a quick summary of these situations.

Who should check with a doctor first?	Who's best to talk to?
Are you pregnant or breastfeeding?	1.8 to health professional before using.
Have you had an allergic reaction to FLONASE SENSIMIST or any of its ingredients?	1.8 to your doctor or pharmacist before using.
Are you taking medicine for HIV infection (such as ritonavir)?	1.8 to your doctor or pharmacist before using.
Are you taking medicine for asthma, cold or other respiratory conditions?	1.8 to your doctor or pharmacist before using.
Are you using a nasal inhaler (such as a steroid)?	1.8 to your doctor or pharmacist before using.
Are you using a nasal spray (such as a steroid)?	1.8 to your doctor or pharmacist before using.
Are you using a nasal spray (such as a steroid)?	1.8 to your doctor or pharmacist before using.

**USING FLONASE<sup>®</sup> SENSIMIST<sup>™</sup>**

**How to get the best results with FLONASE SENSIMIST.**

**Read the Drug Facts label on the back of the package or the Quick Start Guide that came in the package for simple directions on using FLONASE SENSIMIST Allergy Relief.** Watch for purple color — it shows where there is different information for children ages 2-11, compared to users age 12 or older.

**If you still have questions about using FLONASE SENSIMIST after reading the Quick Start Guide, read this section for answers.**

**Why is FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> labeled to relieve itchy, watery eyes only for ages 12 and older?** The ability of FLONASE SENSIMIST to relieve itchy, watery eyes in those ages 2 to 11 has not been sufficiently studied.

**I know how to use a nasal spray. Why do I have to follow the directions? If you don't use the spray bottle correctly, you might not get a full dose.** Without a full dose each time, you might not get the relief you need. Follow the simple directions in the Quick Start Guide on the other side.

**If my symptoms go away, should I stop using FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief?** You may be tempted to stop using FLONASE SENSIMIST Allergy Relief when you start to feel better. It's important you keep using FLONASE SENSIMIST daily as long as you're exposed to allergens that bother you, like pollen, mold, dust or pet dander. This way you'll keep feeling relief. If you suffer allergy symptoms only during certain times, like when pollen levels are high, you may stop using FLONASE SENSIMIST when that time ends. If you are age 12 or older and need to use daily for longer than 2 months or age 2-11 and need to use for longer than 2 months a year, check with your doctor.

**Can I keep using FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief year-round? Some people suffer from allergies year-round. If you are age 12 or older and need to use FLONASE SENSIMIST Allergy Relief daily for six months or age 2-11 and have used for two months a year, check with your doctor to make sure it's OK to keep using FLONASE SENSIMIST daily. In fact, it's a good idea for anyone with persistent allergies to talk with a doctor every so often about symptoms and medicines.**

**What if I miss a dose by accident? If you miss a dose, just use your regular dose the next day. Don't add an extra dose to make up for it.**

**Can I share my FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief? Do not share a bottle of FLONASE SENSIMIST Allergy Relief. Sharing the bottle can spread germs, because you insert the nozzle in your nose.**

**Can I spray FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> in my eyes or mouth? No, FLONASE SENSIMIST is meant to work only in your nose to relieve your allergy symptoms, including itchy, watery eyes. Never spray FLONASE SENSIMIST in your eyes or your mouth.**

**Some decongestants may increase blood pressure. Does FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> increase blood pressure? When used as directed, FLONASE SENSIMIST does not increase blood pressure.**

**How long should a bottle of FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief last?** This table shows roughly how long your bottle will last. It assumes you follow the instructions for priming the pump, and that those age 12 or older use two sprays in each nostril every day while children age 2-11 use one spray in each nostril every day. After you know the number of sprays shown on the label, each spray may not deliver a full dose—even if there is liquid left in the bottle.

How long should a bottle of FLONASE <sup>®</sup> SENSIMIST <sup>™</sup> Allergy Relief last?	How long should a bottle of FLONASE <sup>®</sup> SENSIMIST <sup>™</sup> Allergy Relief last?	How long should a bottle of FLONASE <sup>®</sup> SENSIMIST <sup>™</sup> Allergy Relief last?
30 sprays	2 weeks	2 weeks
60 sprays	2 weeks	4 weeks
120 sprays	4 weeks	8 weeks

**What are the differences in the way children age 2-11 should use FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief? Children age 2-11 should use a lower dose of FLONASE SENSIMIST for a shorter period of time.**

**Why is the use of FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief for children age 2-11 limited to 2 months a year before checking with a doctor? When used long-term, intranasal glucocorticoids like FLONASE SENSIMIST may cause the growth rate of some children to be slower. Whether this will affect a child's ultimate height is not known. As a precaution, children should use for the shortest amount of time necessary to achieve symptom relief. Talk to your child's doctor if your child needs to use the spray for longer than 2 months a year.**

**Will FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> make me drowsy? No, FLONASE SENSIMIST does not cause drowsiness. Some allergy medications can cause drowsiness, but FLONASE SENSIMIST does not.**

**What will FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> feel like inside my nose? You may feel a very gentle mist, but the mist is so fine you may not even notice it. Even if you do not feel the mist, do not use more than 2 sprays in each nostril per day for users age 12 or older and 1 spray in each nostril per day for children age 2-11. See complete directions for use.**

**What if my symptoms aren't better after one week? If you have used FLONASE SENSIMIST**

**for a week and your allergy symptoms are not getting better, stop use and ask your doctor. You may have an infection.**

**What if I feel stinging in my nose or I sneeze? Although uncommon, some people may feel a slight stinging, or may sneeze, after spraying FLONASE SENSIMIST in their nostrils. This feeling should go away in a few seconds.**

**What if nothing is spraying out? Try priming the spray bottle. It may take a few pumps to get the dispenser spraying again. If that doesn't work, the spray nozzle may be clogged. You can clean it following the directions in the Quick Start Guide that came in the package.**

**What if I have chicken pox, measles or tuberculosis or come into contact with someone who does? Stop using FLONASE SENSIMIST Allergy Relief and ask your doctor.**

**What if I'm having severe sinus pain? If you feel severe pain in your face, have thick nasal discharge, or think you may have a sinus infection, stop using FLONASE SENSIMIST Allergy Relief and see your doctor. Your doctor may want to consider if other medicines are needed.**

**WHAT TO EXPECT**

**What it's like to use FLONASE<sup>®</sup> SENSIMIST<sup>™</sup>.**

**How soon will I get relief? You may start to feel relief the first day you use FLONASE SENSIMIST<sup>™</sup> Allergy Relief.** Keep using it every day, though, as it takes several days before FLONASE SENSIMIST builds up to full effectiveness.

**How long will the relief last? FLONASE SENSIMIST<sup>™</sup> is meant to control your symptoms every day, all day and all night.** To help you get this lasting relief, it's important to use FLONASE SENSIMIST regularly, once a day.

**Does FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief cause a "rebound effect"? No, FLONASE SENSIMIST Allergy Relief does not cause a rebound effect. Some nasal decongestant sprays may cause your nasal passages to swell up even more when you use them too often or for longer than their label says you should (three days). This is sometimes called a "rebound effect." FLONASE SENSIMIST is a different kind of medicine and does not cause any rebound effect. You can use FLONASE SENSIMIST daily for up to six months if you are age 12 or older or up to two months a year if you are age 2-11 before checking with a doctor.**

**Does FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief have side effects? Serious side effects are rare with FLONASE SENSIMIST because FLONASE SENSIMIST works in your nose, and barely any of it travels through your body.**

**What side effects can FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief cause? Below are some side effects that have been reported when using FLONASE SENSIMIST. If you have any unusual side effects, talk with your doctor.**

**What if I have chicken pox, measles or tuberculosis or come into contact with someone who does? Stop using FLONASE SENSIMIST Allergy Relief and ask your doctor.**

**What if I'm having severe sinus pain? If you feel severe pain in your face, have thick nasal discharge, or think you may have a sinus infection, stop using FLONASE SENSIMIST Allergy Relief and see your doctor. Your doctor may want to consider if other medicines are needed.**

Side effect	What could happen	What to do
Allergic reaction to the product	Sudden swelling of face or tongue Itchiness, wheezing or redness	If you feel any of these symptoms, stop using FLONASE SENSIMIST and see a doctor right away.
Nose injury	Severe or frequent nosebleeds	Apply pressure to your nose. Stop using FLONASE SENSIMIST and see a doctor.
Eye conditions such as conjunctivitis or dryness	Constant watery/itchy/red eyes that does not go away	This could be a sign of damage to your eyes. Stop using FLONASE SENSIMIST and see a doctor right away.
Growth effects	Slower growth in some children while using product	Have a yearly eye exam to check for these conditions. Read the Drug Facts on the back of the FLONASE SENSIMIST package for more details.
Other side effects	Headaches or sneezing Minor nosebleeds Dry or irritated nose or throat	Talk to your doctor if you are concerned or if you are concerned. Talk to your doctor or pharmacist if you are concerned.

**Does FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief have side effects? Serious side effects are rare with FLONASE SENSIMIST because FLONASE SENSIMIST works in your nose, and barely any of it travels through your body.**

**What side effects can FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> Allergy Relief cause? Below are some side effects that have been reported when using FLONASE SENSIMIST. If you have any unusual side effects, talk with your doctor.**

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## Save \$3.00

on any (1) FLONASE<sup>®</sup> or FLONASE<sup>®</sup> SENSIMIST<sup>™</sup> 120 count spray

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/s/  
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THERESA M MICHELE  
04/05/2017