

#### HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use VIREAD safely and effectively. See full prescribing information for VIREAD.

VIREAD® (tenofovir disoproxil fumarate) tablets, for oral use  
VIREAD® (tenofovir disoproxil fumarate) powder, for oral use  
Initial U.S. Approval: 2001

#### WARNING: POSTTREATMENT ACUTE EXACERBATION OF HEPATITIS B

See full prescribing information for complete boxed warning.

Severe acute exacerbations of hepatitis B virus (HBV) have been reported in HBV-infected patients who have discontinued anti-hepatitis B therapy, including VIREAD. Hepatic function should be monitored closely in HBV-infected patients who discontinue VIREAD. If appropriate, resumption of anti-hepatitis B therapy may be warranted. (5.1)

#### RECENT MAJOR CHANGES

Indications and Usage, Chronic Hepatitis B (1.2)	12/2018
Dosage and Administration (2.1, 2.2, 2.3, 2.4)	12/2018
Warnings and Precautions (5.1, 5.2, 5.5, 5.7)	12/2018
Early Virologic Failure	Removed 12/2018

#### INDICATIONS AND USAGE

VIREAD is a nucleotide analog HIV-1 reverse transcriptase inhibitor and an HBV reverse transcriptase inhibitor and is indicated:

- in combination with other antiretroviral agents for the treatment of HIV-1 infection in adults and pediatric patients 2 years of age and older weighing at least 10 kg. (1.1)
- for the treatment of chronic hepatitis B in adults and pediatric patients 2 years and older weighing at least 10 kg. (1.2)

#### DOSAGE AND ADMINISTRATION

- Testing: Prior to or when initiating VIREAD test for hepatitis B virus infection and HIV-1 infection. Prior to initiation and during use of VIREAD, on a clinically appropriate schedule, assess serum creatinine, estimated creatinine clearance, urine glucose, and urine protein in all patients. In patients with chronic kidney disease, also assess serum phosphorous. (2.1)
- Recommended tablet dosage in adults and pediatric patients weighing at least 35 kg: One VIREAD 300 mg tablet once daily taken orally without regard to food. (2.2)
- Recommended dosage in pediatric patients at least 2 years of age and adults:
  - Tablets: For patients weighing at least 17 kg who can swallow an intact tablet, one VIREAD tablet (150 mg, 200 mg, 250 mg, or 300 mg based on body weight) once daily taken orally without regard to food. (2.2)
  - Oral powder: For patients weighing at least 10 kg and unable to swallow a tablet, 8 mg per kg VIREAD oral powder (up to a maximum of 300 mg) taken once daily with food. (2.3)
- Recommended dosage in renally impaired adult patients:
  - Creatinine clearance (CrCl) 30–49 mL/min: 300 mg every 48 hours. (2.4)
  - CrCl 10–29 mL/min: 300 mg every 72 to 96 hours. (2.4)
  - Hemodialysis: 300 mg every 7 days or after approximately 12 hours of dialysis. (2.4)

#### DOSAGE FORMS AND STRENGTHS

- Tablets: 150 mg, 200 mg, 250 mg, and 300 mg of tenofovir disoproxil fumarate. (3)
- Oral Powder: 40 mg per 1 g of oral powder of tenofovir disoproxil fumarate. (3)

#### CONTRAINDICATIONS

None. (4)

#### WARNINGS AND PRECAUTIONS

- New onset or worsening renal impairment: Can include acute renal failure and Fanconi syndrome. Avoid administering VIREAD with concurrent or recent use of nephrotoxic drugs. (5.2)
- HIV testing: HIV antibody testing should be offered to all HBV-infected patients before initiating therapy with VIREAD. VIREAD should only be used as part of an appropriate antiretroviral combination regimen in HIV-infected patients with or without HBV coinfection. (5.3)
- Immune reconstitution syndrome: May necessitate further evaluation and treatment. (5.4)
- Decreases in bone mineral density (BMD): Consider assessment of BMD in patients with a history of pathologic fracture or other risk factors for osteoporosis or bone loss. (5.5)
- Lactic acidosis/severe hepatomegaly with steatosis: Discontinue treatment in patients who develop symptoms or laboratory findings suggestive of lactic acidosis or pronounced hepatotoxicity. (5.6)

#### ADVERSE REACTIONS

- In HIV-infected adult subjects: Most common adverse reactions (incidence greater than or equal to 10%, Grades 2–4) were rash, diarrhea, nausea, headache, pain, depression, and asthenia. (6.1)
- In HBV-infected subjects with compensated liver disease: Most common adverse reaction (all grades) was nausea (9%). (6.1)
- In HBV-infected subjects with decompensated liver disease: Most common adverse reactions (incidence greater than or equal to 10%, all grades) were abdominal pain, nausea, insomnia, pruritus, vomiting, dizziness, and pyrexia. (6.1)
- In pediatric subjects: Adverse reactions in pediatric subjects were consistent with those observed in adults. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Gilead Sciences, Inc. at 1-800-GILEAD-5 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch)

#### DRUG INTERACTIONS

- Tenofovir disoproxil fumarate increases didanosine concentrations. Dose reduction and close monitoring for didanosine toxicity are warranted. (7.2)
- Coadministration decreases atazanavir concentrations. When coadministered with VIREAD, use atazanavir given with ritonavir. (7.2)
- Coadministration of VIREAD with certain HIV-1 protease inhibitors or certain drugs to treat HCV increases tenofovir concentrations. Monitor for evidence of tenofovir toxicity. (7.2)
- Consult Full Prescribing Information prior to and during treatment for important drug interactions. (7.2)

#### USE IN SPECIFIC POPULATIONS

Lactation: Breastfeeding in HIV-1 infected mothers is not recommended due to the potential for HIV-1 transmission. (8.2)

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.

Revised: 12/2018

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## FULL PRESCRIBING INFORMATION

### **WARNING: POSTTREATMENT ACUTE EXACERBATION OF HEPATITIS B**

**Severe acute exacerbations of hepatitis B virus (HBV) have been reported in HBV-infected patients who have discontinued anti-hepatitis B therapy, including VIREAD. Hepatic function should be monitored closely with both clinical and laboratory follow-up for at least several months in HBV-infected patients who discontinue anti-hepatitis B therapy, including VIREAD. If appropriate, resumption of anti-hepatitis B therapy may be warranted [see *Warnings and Precautions (5.1)*].**

## 1 INDICATIONS AND USAGE

### 1.1 HIV-1 Infection

VIREAD is indicated in combination with other antiretroviral agents for the treatment of human immunodeficiency virus type 1 (HIV-1) infection in adults and pediatric patients 2 years of age and older weighing at least 10 kg.

### 1.2 Chronic Hepatitis B

VIREAD is indicated for the treatment of chronic hepatitis B virus (HBV) in adults and pediatric patients 2 years of age and older weighing at least 10 kg.

## 2 DOSAGE AND ADMINISTRATION

### 2.1 Testing Prior to Initiation of VIREAD for Treatment of HIV-1 Infection or Chronic Hepatitis B

Prior to or when initiating VIREAD, test patients for HBV infection and HIV-1 infection. VIREAD alone should not be used in patients with HIV-1 infection [see *Warnings and Precautions (5.3)*].

Prior to initiation and during use of VIREAD, on a clinically appropriate schedule, assess serum creatinine, estimated creatinine clearance, urine glucose and urine protein in all patients. In patients with chronic kidney disease, also assess serum phosphorus [see *Warnings and Precautions (5.2)*].

### 2.2 Recommended Tablet Dosage in Adults and Pediatric Patients 2 Years and Older Weighing at Least 17 kg

The recommended dosage of VIREAD in adults and pediatric patients weighing at least 35 kg is one 300 mg tablet taken orally once daily without regard to food. The dosage for VIREAD is the same for both HIV and HBV indications.

The recommended dosage of VIREAD tablet in adults and pediatric patients 2 years and older weighing at least 17 kg is 8 mg of tenofovir disoproxil fumarate (TDF) per kg of body weight (up to a maximum of 300 mg) once daily. Dosage for pediatric patients 2 years and older weighing between 17 kg and 35 kg and able to swallow an intact tablet is provided in Table 1. Weight should be monitored periodically and the VIREAD dose adjusted accordingly.

**Table 1 Recommended Dosing for Patients 2 Years and Older and Weighing at Least 17 kg Using VIREAD Tablets**

Body Weight (kg)	Dosing of VIREAD Tablets
17 to less than 22	one 150 mg tablet once daily
22 to less than 28	one 200 mg tablet once daily
28 to less than 35	one 250 mg tablet once daily
at least 35	one 300 mg tablet once daily

**2.3 Recommended Oral Powder Dosage in Adults and Pediatric Patients 2 Years and Older Weighing at Least 10 kg**

The recommended dosage of VIREAD oral powder in adults and pediatric patients 2 years and older weighing at least 10 kg who are unable to swallow a tablet is 8 mg of TDF per kg of body weight (up to a maximum of 300 mg) once daily administered as oral powder (see Table 2). Weight should be monitored periodically and the VIREAD dose adjusted accordingly.

VIREAD oral powder should be measured only with the supplied dosing scoop. One level scoop delivers 1 g of powder, which contains 40 mg of TDF. VIREAD oral powder should be mixed in a container with 2 to 4 ounces of soft food not requiring chewing (e.g., applesauce, baby food, yogurt). The entire mixture should be ingested immediately to avoid a bitter taste. Do not administer VIREAD oral powder in a liquid as the powder may float on top of the liquid even after stirring. Further patient instructions on how to administer VIREAD oral powder with the supplied dosing scoop are provided in the FDA-approved patient labeling (Patient Information).

**Table 2 Dosing for Patients 2 Years and Older Weighing at least 10 kg Using VIREAD Oral Powder**

Body Weight (kg)	Dosing of VIREAD Oral Powder	Total Daily Dosage (40 mg per scoop)
10 to less than 12	2 scoops once daily	80 mg
12 to less than 14	2.5 scoops once daily	100 mg
14 to less than 17	3 scoops once daily	120 mg
17 to less than 19	3.5 scoops once daily	140 mg
19 to less than 22	4 scoops once daily	160 mg
22 to less than 24	4.5 scoops once daily	180 mg
24 to less than 27	5 scoops once daily	200 mg
27 to less than 29	5.5 scoops once daily	220 mg
29 to less than 32	6 scoops once daily	240 mg
32 to less than 34	6.5 scoops once daily	260 mg
34 to less than 35	7 scoops once daily	280 mg
at least 35	7.5 scoops once daily	300 mg

## 2.4 Dosage Adjustment in Patients with Renal Impairment

Significant increase in drug exposures occurred when VIREAD was administered to subjects with moderate to severe renal impairment (creatinine clearance below 50 mL/min). Table 3 provides dosage interval adjustment for patients with renal impairment. No dosage adjustment of VIREAD tablets 300 mg is necessary for patients with mild renal impairment (creatinine clearance 50–80 mL/min) [see *Warnings and Precautions (5.3)*, *Use in Specific Populations (8.6)*, and *Clinical Pharmacology (12.3)*].

**Table 3 Dosage Interval Adjustment for Adult Patients with Altered Creatinine Clearance**

	Creatinine Clearance (mL/min) <sup>a</sup>			Hemodialysis Patients
	50 or greater	30–49	10–29	
<b>Recommended 300 mg Dosing Interval</b>	Every 24 hours	Every 48 hours	Every 72 to 96 hours	Every 7 days or after a total of approximately 12 hours of dialysis <sup>b</sup>

a. Calculated using ideal (lean) body weight.

b. Generally once weekly assuming 3 hemodialysis sessions a week of approximately 4 hours' duration. VIREAD should be administered following completion of dialysis.

No data are available to make dosage recommendations in patients with creatinine clearance below 10 mL/min who are not on hemodialysis.

No data are available to make dosage recommendations in pediatric patients with renal impairment.

## 3 DOSAGE FORMS AND STRENGTHS

VIREAD is available as tablets in four dose strengths or as an oral powder.

- 150 mg Tablets: 150 mg of tenofovir disoproxil fumarate (TDF) (equivalent to 123 mg of tenofovir disoproxil): triangle shaped, white, film coated, debossed with “GSI” on one side and with “150” on the other side.
- 200 mg Tablets: 200 mg of TDF (equivalent to 163 mg of tenofovir disoproxil): round shaped, white, film coated, debossed with “GSI” on one side and with “200” on the other side.
- 250 mg Tablets: 250 mg of TDF (equivalent to 204 mg of tenofovir disoproxil): capsule shaped, white, film coated, debossed with “GSI” on one side and with “250” on the other side.
- 300 mg Tablets: 300 mg of TDF (equivalent to 245 mg of tenofovir disoproxil): almond shaped, light blue, film coated, debossed with “GILEAD” and “4331” on one side and with “300” on the other side.
- Oral Powder: white, taste-masked, coated granules containing 40 mg of TDF (equivalent to 33 mg of tenofovir disoproxil) per level scoop. Each level scoop contains 1 gram of oral powder.

## 4 CONTRAINDICATIONS

None.

## 5 WARNINGS AND PRECAUTIONS

### 5.1 Severe Acute Exacerbation of Hepatitis B in Patients with HBV Infection

All patients should be tested for the presence of chronic hepatitis B virus (HBV) before or when initiating VIREAD [see *Dosage and Administration (2.1)*].

Discontinuation of anti-HBV therapy, including VIREAD, may be associated with severe acute exacerbations of hepatitis B. Patients infected with HBV who discontinue VIREAD should be closely monitored with both clinical and laboratory follow-up for at least several months after stopping treatment. If appropriate, resumption of anti-hepatitis B therapy may be warranted, especially in patients with advanced liver disease or cirrhosis, since posttreatment exacerbation of hepatitis may lead to hepatic decompensation and liver failure.

### 5.2 New Onset or Worsening Renal Impairment

Tenofovir is principally eliminated by the kidney. Renal impairment, including cases of acute renal failure and Fanconi syndrome (renal tubular injury with severe hypophosphatemia), has been reported with the use of VIREAD [see *Adverse Reactions (6.2)*].

Prior to initiation and during use of VIREAD, on a clinically appropriate schedule, assess serum creatinine, estimated creatinine clearance, urine glucose, and urine protein in all patients. In patients with chronic kidney disease, also assess serum phosphorus.

Dosing interval adjustment of VIREAD and close monitoring of renal function are recommended in all patients with creatinine clearance below 50 mL/min [see *Dosage and Administration (2.4)*]. No safety or efficacy data are available in patients with renal impairment who received VIREAD using these dosing guidelines, so the potential benefit of VIREAD therapy should be assessed against the potential risk of renal toxicity.

VIREAD should be avoided with concurrent or recent use of a nephrotoxic agent (e.g., high-dose or multiple non-steroidal anti-inflammatory drugs [NSAIDs]) [see *Drug Interactions (7.1)*]. Cases of acute renal failure after initiation of high-dose or multiple NSAIDs have been reported in HIV-infected patients with risk factors for renal dysfunction who appeared stable on TDF. Some patients required hospitalization and renal replacement therapy. Alternatives to NSAIDs should be considered, if needed, in patients at risk for renal dysfunction.

Persistent or worsening bone pain, pain in extremities, fractures and/or muscular pain or weakness may be manifestations of proximal renal tubulopathy and should prompt an evaluation of renal function in patients at risk of renal dysfunction.

### 5.3 Patients Coinfected with HIV-1 and HBV

Due to the risk of development of HIV-1 resistance, VIREAD should only be used in HIV-1 and HBV coinfecting patients as part of an appropriate antiretroviral combination regimen.

HIV-1 antibody testing should be offered to all HBV-infected patients before initiating therapy with VIREAD. It is also recommended that all patients with HIV-1 be tested for the presence of chronic hepatitis B before initiating treatment with VIREAD.

## 5.4 Immune Reconstitution Syndrome

Immune reconstitution syndrome has been reported in HIV-1 infected patients treated with combination antiretroviral therapy, including VIREAD. During the initial phase of combination antiretroviral treatment, HIV-1 infected patients whose immune system responds may develop an inflammatory response to indolent or residual opportunistic infections (such as *Mycobacterium avium* infection, cytomegalovirus, *Pneumocystis jirovecii* pneumonia [PCP], or tuberculosis), which may necessitate further evaluation and treatment.

Autoimmune disorders (such as Graves' disease, polymyositis, and Guillain-Barré syndrome) have also been reported to occur in the setting of immune reconstitution; however, the time to onset is more variable, and can occur many months after initiation of treatment.

## 5.5 Bone Loss and Mineralization Defects

### *Bone Mineral Density*

In clinical trials in HIV-1 infected adults, VIREAD was associated with slightly greater decreases in bone mineral density (BMD) and increases in biochemical markers of bone metabolism, suggesting increased bone turnover relative to comparators [see *Adverse Reactions (6.1)*]. Serum parathyroid hormone levels and 1,25 Vitamin D levels were also higher in subjects receiving VIREAD.

Clinical trials evaluating VIREAD in pediatric subjects were conducted. Under normal circumstances, BMD increases rapidly in pediatric patients. In HIV-1 infected subjects 2 years to less than 18 years of age, bone effects were similar to those observed in adult subjects and suggest increased bone turnover. Total body BMD gain was less in the VIREAD-treated HIV-1 infected pediatric subjects as compared to the control groups. Similar trends were observed in chronic HBV-infected pediatric subjects 2 years to less than 18 years of age. In all pediatric trials, normal skeletal growth (height) was not affected for the duration of the clinical trials [see *Adverse Reactions (6.1)*].

The effects of VIREAD-associated changes in BMD and biochemical markers on long-term bone health and future fracture risk in adults and pediatric subjects 2 years and older are unknown. The long-term effect of lower spine and total body BMD on skeletal growth in pediatric patients, and in particular, the effects of long-duration exposure in younger children is unknown.

Although the effect of supplementation with calcium and vitamin D was not studied, such supplementation may be beneficial. Assessment of BMD should be considered for adult and pediatric patients who have a history of pathologic bone fracture or other risk factors for osteoporosis or bone loss. If bone abnormalities are suspected, appropriate consultation should be obtained.

### *Mineralization Defects*

Cases of osteomalacia associated with proximal renal tubulopathy, manifested as bone pain or pain in extremities and which may contribute to fractures, have been reported in association with VIREAD use [see *Adverse Reactions (6.2)*]. Arthralgia and muscle pain or weakness have also been reported in cases of proximal renal tubulopathy. Hypophosphatemia and osteomalacia secondary to proximal renal tubulopathy should be considered in patients at risk of renal dysfunction who present with persistent or worsening bone or muscle symptoms while receiving TDF-containing products [see *Warnings and Precautions (5.2)*].

## 5.6 Lactic Acidosis/Severe Hepatomegaly with Steatosis

Lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported with the use of nucleoside analogs, including TDF, alone or in combination with other antiretrovirals. Treatment with VIREAD should be suspended in any patient who develops clinical or laboratory findings suggestive of lactic acidosis or pronounced hepatotoxicity (which may include hepatomegaly and steatosis even in the absence of marked transaminase elevations).

## 5.7 Risk of Adverse Reactions Due to Drug Interactions

The concomitant use of VIREAD and other drugs may result in known or potentially significant drug interactions, some of which may lead to possible clinically significant adverse reactions from greater exposures of concomitant drugs [see *Drug Interactions (7.2)*].

See Table 12 for steps to prevent or manage these possible and known significant drug interactions, including dosing recommendations. Consider the potential for drug interactions prior to and during therapy with VIREAD; review concomitant medications during therapy with VIREAD; and monitor for adverse reactions associated with the concomitant drugs.

## 6 ADVERSE REACTIONS

The following adverse reactions are discussed in other sections of the labeling:

- Severe Acute Exacerbation of Hepatitis B in Patients with HBV Infection [see *Warnings and Precautions (5.1)*].
- New Onset or Worsening Renal Impairment [see *Warnings and Precautions (5.2)*].
- Immune Reconstitution Syndrome [see *Warnings and Precautions (5.4)*].
- Bone Loss and Mineralization Defects [see *Warnings and Precautions (5.5)*].
- Lactic Acidosis/Severe Hepatomegaly with Steatosis [see *Warnings and Precautions (5.6)*].

### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

#### Adverse Reactions from Clinical Trials Experience in HIV-1 Infected Adults

More than 12,000 subjects have been treated with VIREAD alone or in combination with other antiretroviral medicinal products for periods of 28 days to 215 weeks in clinical trials and expanded access programs. A total of 1,544 subjects have received VIREAD 300 mg once daily in clinical trials; over 11,000 subjects have received VIREAD in expanded access programs.

The most common adverse reactions (incidence greater than or equal to 10%, Grades 2–4) identified from any of the 3 large controlled clinical trials include rash, diarrhea, headache, pain, depression, asthenia, and nausea.

#### *Clinical Trials in Treatment-Naïve HIV-1 Infected Adult Subjects*

In Trial 903, 600 antiretroviral-naïve subjects received VIREAD (N=299) or stavudine (d4T) (N=301) administered in combination with lamivudine (3TC) and efavirenz (EFV) for 144 weeks. The most

common adverse reactions were mild to moderate gastrointestinal events and dizziness. Mild adverse reactions (Grade 1) were common with a similar incidence in both arms and included dizziness, diarrhea, and nausea. Table 4 provides the treatment-emergent adverse reactions (Grades 2–4) occurring in greater than or equal to 5% of subjects treated in any treatment group.

**Table 4 Selected Adverse Reactions<sup>a</sup> (Grades 2–4) Reported in ≥5% in Any Treatment Group in Trial 903 (0–144 Weeks)**

	VIREAD+3TC+EFV	d4T+3TC+EFV
	N=299	N=301
Rash event <sup>b</sup>	18%	12%
Headache	14%	17%
Pain	13%	12%
Diarrhea	11%	13%
Depression	11%	10%
Back pain	9%	8%
Nausea	8%	9%
Fever	8%	7%
Abdominal pain	7%	12%
Asthenia	6%	7%
Anxiety	6%	6%
Vomiting	5%	9%
Insomnia	5%	8%
Arthralgia	5%	7%
Pneumonia	5%	5%
Dyspepsia	4%	5%
Dizziness	3%	6%
Myalgia	3%	5%
Lipodystrophy <sup>c</sup>	1%	8%
Peripheral neuropathy <sup>d</sup>	1%	5%

- a. Frequencies of adverse reactions are based on all treatment-emergent adverse events, regardless of relationship to study drug.
- b. Rash event includes rash, pruritus, maculopapular rash, urticaria, vesiculobullous rash, and pustular rash.
- c. Lipodystrophy represents a variety of investigator-described adverse events not a protocol-defined syndrome.
- d. Peripheral neuropathy includes peripheral neuritis and neuropathy.

**Laboratory Abnormalities:** Table 5 provides a list of laboratory abnormalities (Grades 3–4) observed in Trial 903. With the exception of fasting cholesterol and fasting triglyceride elevations that were more common in the d4T group (40% and 9%) compared with the VIREAD group (19% and 1%), respectively, laboratory abnormalities observed in this trial occurred with similar frequency in the VIREAD and d4T treatment arms.

**Table 5 Grades 3–4 Laboratory Abnormalities Reported in ≥1% of VIREAD-Treated Subjects in Trial 903 (0–144 Weeks)**

	VIREAD+3TC+EFV	d4T+3TC+EFV
	N=299	N=301
Any ≥ Grade 3 Laboratory Abnormality	36%	42%
Fasting Cholesterol (>240 mg/dL)	19%	40%
Creatine Kinase (M: >990 U/L; F: >845 U/L)	12%	12%
Serum Amylase (>175 U/L)	9%	8%
AST (M: >180 U/L; F: >170 U/L)	5%	7%
ALT (M: >215 U/L; F: >170 U/L)	4%	5%
Hematuria (>100 RBC/HPF)	7%	7%
Neutrophils (<750/mm <sup>3</sup> )	3%	1%
Fasting Triglycerides (>750 mg/dL)	1%	9%

*Changes in Bone Mineral Density:* In HIV-1 infected adult subjects in Trial 903, there was a significantly greater mean percentage decrease from baseline in BMD at the lumbar spine in subjects receiving VIREAD + 3TC + EFV ( $-2.2\% \pm 3.9$ ) compared with subjects receiving d4T + 3TC + EFV ( $-1.0\% \pm 4.6$ ) through 144 weeks. Changes in BMD at the hip were similar between the two treatment groups ( $-2.8\% \pm 3.5$  in the VIREAD group vs.  $-2.4\% \pm 4.5$  in the d4T group). In both groups, the majority of the reduction in BMD occurred in the first 24–48 weeks of the trial and this reduction was sustained through Week 144. Twenty-eight percent of VIREAD-treated subjects vs. 21% of d4T-treated subjects lost at least 5% of BMD at the spine or 7% of BMD at the hip. Clinically relevant fractures (excluding fingers and toes) were reported in 4 subjects in the VIREAD group and 6 subjects in the d4T group. In addition, there were significant increases in biochemical markers of bone metabolism (serum bone-specific alkaline phosphatase, serum osteocalcin, serum C telopeptide, and urinary N telopeptide) and higher serum parathyroid hormone levels and 1,25 Vitamin D levels in the VIREAD group relative to the d4T group; however, except for bone-specific alkaline phosphatase, these changes resulted in values that remained within the normal range [see *Warnings and Precautions (5.5)*].

In Trial 934, 511 antiretroviral-naïve subjects received efavirenz (EFV) administered in combination with either emtricitabine (FTC) + VIREAD (N=257) or zidovudine (AZT)/lamivudine (3TC) (N=254) for 144 weeks. The most common adverse reactions (incidence greater than or equal to 10%, all grades) included diarrhea, nausea, fatigue, headache, dizziness, depression, insomnia, abnormal dreams, and rash. Table 6 provides the treatment-emergent adverse reactions (Grades 2–4) occurring in greater than or equal to 5% of subjects treated in any treatment group.

**Table 6 Selected Adverse Reactions<sup>a</sup> (Grades 2–4) Reported in ≥5% in Any Treatment Group in Trial 934 (0–144 Weeks)**

	VIREAD <sup>b</sup> +FTC+EFV	AZT/3TC+EFV
	N=257	N=254
Fatigue	9%	8%
Depression	9%	7%
Nausea	9%	7%
Diarrhea	9%	5%
Dizziness	8%	7%
Upper respiratory tract infections	8%	5%
Sinusitis	8%	4%
Rash event <sup>c</sup>	7%	9%
Headache	6%	5%
Insomnia	5%	7%
Nasopharyngitis	5%	3%
Vomiting	2%	5%

- a. Frequencies of adverse reactions are based on all treatment-emergent adverse events, regardless of relationship to study drug.  
b. From Weeks 96 to 144 of the trial, subjects received TRUVADA with EFV in place of VIREAD + FTC with EFV.  
c. Rash event includes rash, exfoliative rash, rash generalized, rash macular, rash maculopapular, rash pruritic, and rash vesicular.

**Laboratory Abnormalities:** Laboratory abnormalities observed in this trial were generally consistent with those seen in previous trials (Table 7).

**Table 7 Significant Laboratory Abnormalities Reported in ≥1% of Subjects in Any Treatment Group in Trial 934 (0–144 Weeks)**

	VIREAD+FTC+EFV <sup>a</sup>	AZT/3TC+EFV
	N=257	N=254
Any ≥ Grade 3 Laboratory Abnormality	30%	26%
Fasting Cholesterol (>240 mg/dL)	22%	24%
Creatine Kinase (M: >990 U/L; F: >845 U/L)	9%	7%
Serum Amylase (>175 U/L)	8%	4%
Alkaline Phosphatase (>550 U/L)	1%	0%
AST (M: >180 U/L; F: >170 U/L)	3%	3%
ALT (M: >215 U/L; F: >170 U/L)	2%	3%
Hemoglobin (<8.0 mg/dL)	0%	4%
Hyperglycemia (>250 mg/dL)	2%	1%
Hematuria (>75 RBC/HPF)	3%	2%
Glycosuria (≥3+)	<1%	1%
Neutrophils (<750/mm <sup>3</sup> )	3%	5%
Fasting Triglycerides (>750 mg/dL)	4%	2%

- a. From Weeks 96 to 144 of the trial, subjects received TRUVADA with EFV in place of VIREAD + FTC with EFV.

*Clinical Trials in Treatment-Experienced HIV-1 Infected Adult Subjects*

In Trial 907, the adverse reactions seen in HIV-1 infected treatment-experienced subjects were generally consistent with those seen in treatment-naïve subjects, including mild to moderate gastrointestinal events, such as nausea, diarrhea, vomiting, and flatulence. Less than 1% of subjects discontinued participation in the clinical trials due to gastrointestinal adverse reactions. Table 8 provides the treatment-emergent adverse reactions (Grades 2–4) occurring in greater than or equal to 3% of subjects treated in any treatment group.

**Table 8 Selected Adverse Reactions<sup>a</sup> (Grades 2–4) Reported in ≥3% in Any Treatment Group in Trial 907 (0–48 Weeks)**

	<b>VIREAD N=368 (Week 0–24)</b>	<b>Placebo N=182 (Week 0–24)</b>	<b>VIREAD N=368 (Week 0–48)</b>	<b>Placebo Crossover to VIREAD N=170 (Week 24–48)</b>
<b>Body as a Whole</b>				
Asthenia	7%	6%	11%	1%
Pain	7%	7%	12%	4%
Headache	5%	5%	8%	2%
Abdominal pain	4%	3%	7%	6%
Back pain	3%	3%	4%	2%
Chest pain	3%	1%	3%	2%
Fever	2%	2%	4%	2%
<b>Digestive System</b>				
Diarrhea	11%	10%	16%	11%
Nausea	8%	5%	11%	7%
Vomiting	4%	1%	7%	5%
Anorexia	3%	2%	4%	1%
Dyspepsia	3%	2%	4%	2%
Flatulence	3%	1%	4%	1%
<b>Respiratory</b>				
Pneumonia	2%	0%	3%	2%
<b>Nervous System</b>				
Depression	4%	3%	8%	4%
Insomnia	3%	2%	4%	4%
Peripheral neuropathy <sup>b</sup>	3%	3%	5%	2%
Dizziness	1%	3%	3%	1%
<b>Skin and Appendage</b>				
Rash event <sup>c</sup>	5%	4%	7%	1%
Sweating	3%	2%	3%	1%
<b>Musculoskeletal</b>				
Myalgia	3%	3%	4%	1%
<b>Metabolic</b>				
Weight loss	2%	1%	4%	2%

- a. Frequencies of adverse reactions are based on all treatment-emergent adverse events, regardless of relationship to study drug.
- b. Peripheral neuropathy includes peripheral neuritis and neuropathy.
- c. Rash event includes rash, pruritus, maculopapular rash, urticaria, vesiculobullous rash, and pustular rash.

**Laboratory Abnormalities:** Table 9 provides a list of Grade 3–4 laboratory abnormalities observed in Trial 907. Laboratory abnormalities occurred with similar frequency in the VIREAD and placebo groups.

**Table 9 Grades 3–4 Laboratory Abnormalities Reported in ≥1% of VIREAD-Treated Subjects in Trial 907 (0–48 Weeks)**

	VIREAD N=368 (Week 0–24)	Placebo N=182 (Week 0–24)	VIREAD N=368 (Week 0–48)	Placebo Crossover to VIREAD N=170 (Week 24–48)
Any ≥ Grade 3 Laboratory Abnormality	25%	38%	35%	34%
Triglycerides (>750 mg/dL)	8%	13%	11%	9%
Creatine Kinase (M: >990 U/L; F: >845 U/L)	7%	14%	12%	12%
Serum Amylase (>175 U/L)	6%	7%	7%	6%
Glycosuria (≥3+)	3%	3%	3%	2%
AST (M: >180 U/L; F: >170 U/L)	3%	3%	4%	5%
ALT (M: >215 U/L; F: >170 U/L)	2%	2%	4%	5%
Serum Glucose (>250 U/L)	2%	4%	3%	3%
Neutrophils (<750/mm <sup>3</sup> )	1%	1%	2%	1%

### Adverse Reactions from Clinical Trials Experience in HIV-1 Infected Pediatric Subjects 2 Years and Older

Assessment of adverse reactions is based on two randomized trials (Trials 352 and 321) in 184 HIV-1 infected pediatric subjects (2 years to less than 18 years of age) who received treatment with VIREAD (N=93) or placebo/active comparator (N=91) in combination with other antiretroviral agents for 48 weeks [see *Clinical Studies (14.3)*]. The adverse reactions observed in subjects who received treatment with VIREAD were consistent with those observed in clinical trials in adults.

In Trial 352, 89 pediatric subjects (2 years to less than 12 years of age) received VIREAD for a median exposure of 104 weeks. Of these, 4 subjects discontinued from the trial due to adverse reactions consistent with proximal renal tubulopathy. Three of these 4 subjects presented with hypophosphatemia and also had decreases in total body or spine BMD Z-score [see *Warnings and Precautions (5.5)*].

**Changes in Bone Mineral Density:** In Trial 321 (12 years to less than 18 years of age), the mean rate of BMD gain at Week 48 was less in the VIREAD group compared to the placebo group. Six VIREAD-treated subjects and one placebo-treated subject had significant (greater than 4%) lumbar spine BMD loss at Week 48. Changes from baseline BMD Z-scores were –0.341 for lumbar spine and –0.458 for total body in the 28 subjects who were treated with VIREAD for 96 weeks. In Trial 352 (2 years to less than 12 years of age), the mean rate of BMD gain in lumbar spine at Week 48 was similar between the VIREAD and the d4T or AZT treatment groups. Total body BMD gain was less in the VIREAD

group compared to the d4T or AZT treatment group. One VIREAD-treated subject and none of the d4T- or AZT-treated subjects experienced significant (greater than 4%) lumbar spine BMD loss at Week 48. Changes from baseline in BMD Z-scores were -0.012 for lumbar spine and -0.338 for total body in the 64 subjects who were treated with VIREAD for 96 weeks. In both trials, skeletal growth (height) appeared to be unaffected for the duration of the clinical trials [see *Warnings and Precautions* (5.5)].

### Adverse Reactions from Clinical Trials Experience in HBV-Infected Adults

#### *Clinical Trials in Adult Subjects with Chronic Hepatitis B and Compensated Liver Disease*

In controlled clinical trials in 641 subjects with chronic hepatitis B (0102 and 0103), more subjects treated with VIREAD during the 48-week double-blind period experienced nausea: 9% with VIREAD versus 2% with HEPSERA. Other treatment-emergent adverse reactions reported in more than 5% of subjects treated with VIREAD included: abdominal pain, diarrhea, headache, dizziness, fatigue, nasopharyngitis, back pain, and skin rash.

In Trials 0102 and 0103, during the open-label phase of treatment with VIREAD (weeks 48–384), 2% of subjects (13/585) experienced a confirmed increase in serum creatinine of 0.5 mg/dL from baseline. No significant change in the tolerability profile was observed with continued treatment for up to 384 weeks.

*Laboratory Abnormalities:* Table 10 provides a list of Grade 3–4 laboratory abnormalities through Week 48. Grades 3–4 laboratory abnormalities were similar in subjects continuing VIREAD treatment for up to 384 weeks in these trials.

**Table 10      Grades 3–4 Laboratory Abnormalities Reported in ≥1% of VIREAD-Treated Subjects in Trials 0102 and 0103 (0–48 Weeks)**

	<b>VIREAD N=426</b>	<b>HEPSERA N=215</b>
Any ≥ Grade 3 Laboratory Abnormality	19%	13%
Creatine Kinase (M: >990 U/L; F: >845 U/L)	2%	3%
Serum Amylase (>175 U/L)	4%	1%
Glycosuria (≥3+)	3%	<1%
AST (M: >180 U/L; F: >170 U/L)	4%	4%
ALT (M: >215 U/L; F: >170 U/L)	10%	6%

The overall incidence of on-treatment ALT flares (defined as serum ALT greater than 2 × baseline and greater than 10 × ULN, with or without associated symptoms) was similar between VIREAD (2.6%) and HEPSERA (2%). ALT flares generally occurred within the first 4 to 8 weeks of treatment and were accompanied by decreases in HBV DNA levels. No subject had evidence of decompensation. ALT flares typically resolved within 4 to 8 weeks without changes in study medication.

The adverse reactions observed in subjects with chronic hepatitis B and lamivudine resistance who received treatment with VIREAD were consistent with those observed in other HBV clinical trials in adults.

### *Clinical Trials in Adult Subjects with Chronic Hepatitis B and Decompensated Liver Disease*

In Trial 0108, a small randomized, double-blind, active-controlled trial, subjects with chronic HBV and decompensated liver disease received treatment with VIREAD or other antiviral drugs for up to 48 weeks [see *Clinical Studies (14.4)*]. Among the 45 subjects receiving VIREAD, the most frequently reported treatment-emergent adverse reactions of any severity were abdominal pain (22%), nausea (20%), insomnia (18%), pruritus (16%), vomiting (13%), dizziness (13%), and pyrexia (11%). Two of 45 (4%) subjects died through Week 48 of the trial due to progression of liver disease. Three of 45 (7%) subjects discontinued treatment due to an adverse event. Four of 45 (9%) subjects experienced a confirmed increase in serum creatinine of 0.5 mg/dL (1 subject also had a confirmed serum phosphorus less than 2 mg/dL through Week 48). Three of these subjects (each of whom had a Child-Pugh score greater than or equal to 10 and MELD score greater than or equal to 14 at entry) developed renal failure. Because both VIREAD and decompensated liver disease may have an impact on renal function, the contribution of VIREAD to renal impairment in this population is difficult to ascertain.

One of 45 subjects experienced an on-treatment hepatic flare during the 48-week trial.

### Adverse Reactions from Clinical Trials Experience in HBV-Infected Pediatric Subjects 2 Years and Older

Assessment of adverse reactions in pediatric subjects infected with chronic HBV is based on two randomized trials: Trial GS-US-174-0115 in 106 subjects (12 years to less than 18 years of age) receiving treatment with VIREAD (N=52) or placebo (N=54) for 72 weeks and Trial GS-US-174-0144 in 89 subjects (2 years to less than 12 years of age) receiving treatment with VIREAD (N=60) or placebo (N=29) for 48 weeks [see *Clinical Studies (14.5)*]. The adverse reactions observed in pediatric subjects who received treatment with VIREAD were consistent with those observed in clinical trials of VIREAD in adults.

In Trial 115 (12 years to less than 18 years of age) and Trial 144 (2 years to less than 12 years of age), both the VIREAD and placebo treatment arms experienced an overall increase in mean lumbar spine and total body BMD over 72 and 48 weeks, respectively, as expected for a pediatric population (Table 11). In Trial 115, the mean percentage BMD gains from baseline to Week 72 in lumbar spine and total body BMD in VIREAD-treated subjects were less than the mean percentage BMD gains observed in placebo-treated subjects (Table 11). Three subjects (6%) in the VIREAD group and two subjects (4%) in the placebo group had significant (greater than or equal to 4%) lumbar spine BMD loss at Week 72. In Trial 144 (2 years to less than 12 years of age), mean percentage BMD gains from baseline to Week 48 in lumbar spine and total body BMD in VIREAD-treated subjects were less than the mean percentage BMD gains observed in placebo-treated subjects. At Week 48, the cumulative percentage of subjects with greater than or equal to 4% decreases in spine or whole body BMD was numerically higher for subjects in the TDF group compared with the placebo group (Table 11). As observed in pediatric studies of HIV-infected subjects, normal skeletal growth (height) was not affected for the duration of the clinical trial [see *Warnings and Precautions (5.5)*].

**Table 11 Change in Bone Mineral Density from Baseline in Pediatric Subjects 2 Years to <12 Years of Age (Trials 115 and 144)**

	Trial 115 (Week 72)		Trial 144 (Week 48)	
	VIREAD (N=52)	Placebo (N=54)	VIREAD (N=60)	Placebo (N=29)
Mean percentage change in BMD				
Lumbar spine	+5%	+8%	+4%	+8%
Total body	+3%	+5%	+5%	+9%
Cumulative incidence of ≥4% decrease in BMD				
Lumbar spine	6%	4%	18%	7%
Total body	0%	2%	7%	0%
Baseline BMD Z-score (mean)				
Lumbar spine	-0.43	-0.28	+0.02	-0.29
Total body	-0.20	-0.26	+0.11	-0.05
Mean change in BMD Z-score				
Lumbar spine	-0.05	+0.07	-0.12	+0.14
Total body	-0.15	+0.06	-0.18	+0.22

The effects of VIREAD-associated changes in BMD and biochemical markers on long-term bone health and future fracture risk in pediatric patients 2 years and older are unknown. The long-term effect of lower spine and total body BMD on skeletal growth in pediatric patients 2 years and older, and in particular, the effects of long-duration exposure in younger children is unknown [see *Warnings and Precautions (5.5)*].

## 6.2 Postmarketing Experience

The following adverse reactions have been identified during postapproval use of VIREAD. Because postmarketing reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

### *Immune System Disorders*

allergic reaction, including angioedema

### *Metabolism and Nutrition Disorders*

lactic acidosis, hypokalemia, hypophosphatemia

### *Respiratory, Thoracic, and Mediastinal Disorders*

dyspnea

### *Gastrointestinal Disorders*

pancreatitis, increased amylase, abdominal pain

### *Hepatobiliary Disorders*

hepatic steatosis, hepatitis, increased liver enzymes (most commonly AST, ALT gamma GT)

### *Skin and Subcutaneous Tissue Disorders*

rash

#### *Musculoskeletal and Connective Tissue Disorders*

rhabdomyolysis, osteomalacia (manifested as bone pain and which may contribute to fractures), muscular weakness, myopathy

#### *Renal and Urinary Disorders*

acute renal failure, renal failure, acute tubular necrosis, Fanconi syndrome, proximal renal tubulopathy, interstitial nephritis (including acute cases), nephrogenic diabetes insipidus, renal insufficiency, increased creatinine, proteinuria, polyuria

#### *General Disorders and Administration Site Conditions*

asthenia

The following adverse reactions, listed under the body system headings above, may occur as a consequence of proximal renal tubulopathy: rhabdomyolysis, osteomalacia, hypokalemia, muscular weakness, myopathy, hypophosphatemia.

## **7 DRUG INTERACTIONS**

### **7.1 Drugs Affecting Renal Function**

Tenofovir is primarily eliminated by the kidneys [see *Clinical Pharmacology (12.3)*]. Coadministration of VIREAD with drugs that are eliminated by active tubular secretion may increase concentrations of tenofovir and/or the coadministered drug. Some examples include, but are not limited to, acyclovir, cidofovir, ganciclovir, valacyclovir, valganciclovir, aminoglycosides (e.g., gentamicin), and high-dose or multiple NSAIDs [see *Warnings and Precautions (5.2)*]. Drugs that decrease renal function may increase concentrations of tenofovir.

In the treatment of chronic hepatitis B, VIREAD should not be administered in combination with HEPSERA (adefovir dipivoxil).

### **7.2 Established and Significant Interactions**

Table 12 provides a listing of established or clinically significant drug interactions. The drug interactions described are based on studies conducted with TDF [see *Clinical Pharmacology (12.3)*].

**Table 12 Established and Significant<sup>a</sup> Drug Interactions: Alteration in Dose or Regimen May Be Recommended Based on Drug Interaction Trials**

Concomitant Drug Class: Drug Name	Effect on Concentration <sup>b</sup>	Clinical Comment
<b>NRTI:</b> didanosine	↑ didanosine	<p>Patients receiving VIREAD and didanosine should be monitored closely for didanosine-associated adverse reactions. Discontinue didanosine in patients who develop didanosine-associated adverse reactions. Higher didanosine concentrations could potentiate didanosine-associated adverse reactions, including pancreatitis, and neuropathy. Suppression of CD4+ cell counts has been observed in patients receiving VIREAD with didanosine 400 mg daily.</p> <p>In patients weighing greater than 60 kg, reduce the didanosine dose to 250 mg when it is coadministered with VIREAD. In patients weighing less than 60 kg, reduce the didanosine dose to 200 mg when it is coadministered with VIREAD. When coadministered, VIREAD and Videx EC may be taken under fasted conditions or with a light meal (less than 400 kcal, 20% fat).</p>
<b>HIV-1 Protease Inhibitors:</b> atazanavir  lopinavir/ritonavir atazanavir/ritonavir darunavir/ritonavir	↓ atazanavir  ↑ tenofovir	<p>When coadministered with VIREAD, atazanavir 300 mg should be given with ritonavir 100 mg.</p> <p>Monitor patients receiving VIREAD concomitantly with lopinavir/ritonavir, ritonavir-boosted atazanavir, or ritonavir-boosted darunavir for TDF-associated adverse reactions. Discontinue VIREAD in patients who develop TDF-associated adverse reactions.</p>
<b>Hepatitis C Antiviral Agents:</b> sofosbuvir/velpatasvir sofosbuvir/velpatasvir/voxilaprevir  ledipasvir/sofosbuvir	↑ tenofovir	<p>Monitor patients receiving VIREAD concomitantly with EPCLUSA<sup>®</sup> (sofosbuvir/velpatasvir) for adverse reactions associated with TDF.</p> <p>Monitor patients receiving VIREAD concomitantly with HARVONI<sup>®</sup> (ledipasvir/sofosbuvir) without an HIV-1 protease inhibitor/ritonavir or an HIV-1 protease inhibitor/cobicistat combination, for adverse reactions associated with TDF. In patients receiving VIREAD concomitantly with HARVONI and an HIV-1 protease inhibitor/ritonavir or an HIV-1 protease inhibitor/cobicistat combination, consider an alternative HCV or antiretroviral therapy, as the safety of increased tenofovir concentrations in this setting has not been established. If coadministration is necessary, monitor for adverse reactions associated with TDF.</p>

- a. This table is not all inclusive.  
b. ↑=Increase, ↓=Decrease

## 8 USE IN SPECIFIC POPULATIONS

### 8.1 Pregnancy

#### Pregnancy Exposure Registry

There is a pregnancy exposure registry that monitors pregnancy outcomes in women exposed to VIREAD during pregnancy. Healthcare providers are encouraged to register patients by calling the Antiretroviral Pregnancy Registry (APR) at 1-800-258-4263.

## Risk Summary

Available data from the APR show no increase in the overall risk of major birth defects with first trimester exposure for tenofovir disoproxil fumarate (TDF) (2.1%) compared with the background rate for major birth defects of 2.7% in a U.S. reference population of the Metropolitan Atlanta Congenital Defects Program (MACDP) (*see Data*). The rate of miscarriage for individual drugs is not reported in the APR. In the U.S. general population, the estimated background risk of miscarriage in clinically recognized pregnancies is 15–20%.

In animal reproduction studies, no adverse developmental effects were observed when TDF was administered at doses/exposures  $\geq 14$  (TDF) and 2.7 (tenofovir) times those of the recommended daily dose of VIREAD (*see Data*).

## Data

### *Human Data*

Based on prospective reports from the APR exposures to TDF-containing regimens during pregnancy resulting in live births (including 3,342 exposed in the first trimester and 1,475 exposed in the second/third trimester), there was no increase in overall major birth defects with TDF compared with the background birth defect rate of 2.7% in a U.S. reference population of the MACDP. The prevalence of major birth defects in live births was 2.3% (95% CI: 1.8% to 2.8%) with first trimester exposure to TDF-containing regimens, and 2.1% (95% CI: 1.4% to 3.0%) with the second/third trimester exposure to TDF-containing regimens.

Prospective reports from the APR of overall major birth defects in pregnancies exposed to TDF are compared with a U.S. background major birth defect rate. Methodological limitations of the APR include the use of MACDP as the external comparator group. Limitations of using an external comparator include differences in methodology and populations, as well as confounding due to the underlying disease.

### *Animal Data*

TDF was administered orally to pregnant rats (at 0, 50, 150, or 450 mg/kg/day) and rabbits (at 0, 30, 100, or 300 mg/kg/day) through organogenesis (on gestation days 7 through 17, and 6 through 18, respectively). No significant toxicological effects were observed in embryo-fetal toxicity studies performed with TDF in rats at doses up to 14 times the human dose based on body surface area comparisons and in rabbits at doses up to 19 times the human dose based on body surface area comparisons. In a pre/postnatal development study in rats, TDF was administered orally through lactation at doses up to 600 mg/kg/day; no adverse effects were observed in the offspring at tenofovir exposures of approximately 2.7 times higher than human exposures at the recommended daily dose of VIREAD.

## **8.2 Lactation**

### Risk Summary

Based on published data, tenofovir has been shown to be present in human breast milk (*see Data*). It is not known if tenofovir affects milk production or has effects on the breastfed child.

#### *Treatment of HIV-1 infection:*

The Centers for Disease Control and Prevention recommend that HIV-1 infected mothers not breastfeed their infants to avoid risking postnatal transmission of HIV-1.

Because of the potential for: (1) HIV transmission (in HIV-negative infants); (2) developing viral resistance (in HIV-positive infants); and (3) adverse reactions in a breastfed infant similar to those seen in adults, instruct mothers not to breastfeed if they are taking VIREAD for the treatment of HIV-1.

#### *Treatment of HBV infection:*

The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for VIREAD and any potential adverse effects on the breastfed infant from VIREAD or from the underlying maternal condition.

#### Data

In a study of 50 breastfeeding women on a tenofovir-containing regimen between 1 and 24 weeks postpartum (median 13 weeks), after 7 days of treatment, tenofovir was undetectable in the plasma of most infants. There were no serious adverse events.

### **8.4 Pediatric Use**

#### *Pediatric Patients 2 Years and Older with HIV-1 Infection*

The safety and effectiveness of VIREAD in pediatric patients 2 years to less than 18 years of age is supported by data from two randomized trials. Trial 352 was a randomized controlled trial in 92 HIV-1 treatment experienced subjects 2 years to less than 12 years of age who were virologically suppressed on a stavudine- or zidovudine-containing regimen and were randomized to either switch to a VIREAD-containing regimen (N=44) or stay on their original regimen (N=48) for 48 weeks. At Week 48, 89% of subjects in the VIREAD treatment group and 90% of subjects in the d4T or AZT treatment group had HIV-1 RNA concentrations <400 copies/mL. Trial 321 was a placebo-controlled trial in 87 HIV-1 treatment experienced subjects 12 years to less than 18 years of age who were treated with VIREAD (N=45) or placebo (N=42) in combination with an optimized background regimen for 48 weeks. Overall, the trial failed to show a difference in virologic response between the VIREAD and placebo groups. Subgroup analyses suggest the lack of difference in virologic response may be attributable to imbalances between treatment arms in baseline viral susceptibility to VIREAD and OBR [see *Adverse Reactions (6.1) and Clinical Studies (14.3)*].

Although changes in HIV-1 RNA in these highly treatment-experienced subjects in Trial 321 were less than anticipated, the pharmacokinetic profile of tenofovir in patients 2 years to less than 18 years of age at the recommended doses was similar to that found to be safe and effective in adult clinical trials [see *Clinical Pharmacology (12.3)*].

The effects of VIREAD-associated changes in BMD and biochemical markers on long-term bone health and future fracture risk in HIV-1 pediatric patients 2 years and older are unknown. The long-term effect of lower spine and total body BMD on skeletal growth in pediatric patients 2 years and older, and in particular, the effects of long-duration exposure in younger children is unknown [see *Warnings and Precautions (5.5), Adverse Reactions (6.1)*].

Safety and effectiveness of VIREAD in pediatric patients younger than 2 years of age and weighing less than 10 kg with HIV-1 infection have not been established.

### Pediatric Patients 2 Years of Age and Older with Chronic Hepatitis B

The safety and effectiveness of VIREAD in pediatric patients 2 years to less than 18 years of age is supported by data from two randomized trials (Trial 115 and Trial 144) in which VIREAD was administered to HBV-infected treatment-experienced subjects.

In Trial 115, 106 HBeAg negative (9%) and positive (91%) subjects 12 years to less than 18 years of age with chronic HBV infection were randomized to receive blinded treatment with VIREAD or placebo for 72 weeks. At Week 72, 88% of subjects in the VIREAD group and 0% of subjects in the placebo group had HBV DNA <400 copies/mL (69 IU/mL). In Trial 144, 89 HBeAg positive (96%) and negative (4%) subjects 2 years to less than 12 years of age were treated with VIREAD 8 mg/kg up to maximum dose of 300 mg or placebo once daily for 48 weeks. At Week 48, 77% of subjects in the VIREAD group and 7% of subjects in the placebo group had HBV DNA <400 copies/mL (69 IU/mL).

The effects of VIREAD-associated changes in BMD and biochemical markers on long-term bone health and future fracture risk in chronic HBV-infected pediatric patients 2 years and older are unknown. The long-term effect of lower spine and total body BMD on skeletal growth in pediatric patients 2 years and older, and in particular, the effects of long-duration exposure in younger children is unknown [see *Warnings and Precautions* (5.5), *Adverse Reactions* (6.1)].

Safety and effectiveness of VIREAD in chronic HBV-infected pediatric patients younger than 2 years of age and weighing less than 10 kg have not been established.

#### **8.5 Geriatric Use**

Clinical trials of VIREAD did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. In general, dose selection for the elderly patient should be cautious, keeping in mind the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy.

#### **8.6 Renal Impairment**

The dosing interval for VIREAD should be modified in adult patients with estimated creatinine clearance below 50 mL/min or in patients with end stage renal disease requiring dialysis [see *Dosage and Administration* (2.4) and *Clinical Pharmacology* (12.3)].

### **10 OVERDOSAGE**

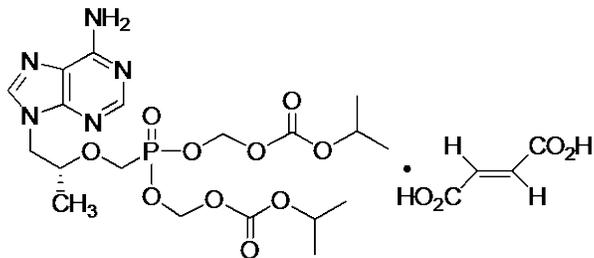
If overdose occurs, the patient must be monitored for evidence of toxicity, and standard supportive treatment applied as necessary.

Tenofovir is efficiently removed by hemodialysis with an extraction coefficient of approximately 54%. Following a single 300 mg dose of VIREAD, a four-hour hemodialysis session removed approximately 10% of the administered tenofovir dose.

### **11 DESCRIPTION**

VIREAD is the brand name for tenofovir disoproxil fumarate (TDF) (a prodrug of tenofovir) which is a fumaric acid salt of bis-isopropoxycarbonyloxymethyl ester derivative of tenofovir. TDF is converted in vivo to tenofovir, an acyclic nucleoside phosphonate (nucleotide) analog of adenosine 5'-monophosphate. Tenofovir exhibits activity against HIV-1 reverse transcriptase.

The chemical name of TDF is 9-[(R)-2-[[bis[[[(isopropoxycarbonyl)oxy]methoxy]phosphinyl]methoxy]propyl]adenine fumarate (1:1). It has a molecular formula of  $C_{19}H_{30}N_5O_{10}P \cdot C_4H_4O_4$  and a molecular weight of 635.52. It has the following structural formula:



Tenofovir disoproxil fumarate is a white to off-white crystalline powder with a solubility of 13.4 mg/mL in distilled water at 25 °C. It has an octanol/phosphate buffer (pH 6.5) partition coefficient (log p) of 1.25 at 25 °C.

VIREAD is available as tablets or as an oral powder.

VIREAD tablets are for oral administration and are available in the following strengths: 150 mg, 200 mg, 250 mg, and 300 mg of TDF (equivalent to 123 mg, 163 mg, 204 mg, and 245 mg of tenofovir disoproxil, respectively).

All strengths of VIREAD tablets contain the following inactive ingredients: croscarmellose sodium, lactose monohydrate, magnesium stearate, microcrystalline cellulose, and pregelatinized starch. The 300 mg strength tablets are coated with Opadry II Y-30-10671-A, which contains FD&C blue #2 aluminum lake, hypromellose 2910, lactose monohydrate, titanium dioxide, and triacetin. The 150 mg, 200 mg, and 250 mg strength tablets are coated with Opadry II 32K-18425, which contains hypromellose 2910, lactose monohydrate, titanium dioxide, and triacetin.

VIREAD oral powder is available for oral administration as white, taste-masked, coated granules containing 40 mg of TDF per gram of oral powder (equivalent to 33 mg of tenofovir disoproxil). The oral powder contains the following inactive ingredients: mannitol, hydroxypropyl cellulose, ethylcellulose, and silicon dioxide.

In this insert, all dosages are expressed in terms of TDF except where otherwise noted.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

Tenofovir disoproxil fumarate is an antiviral drug [see *Microbiology* (12.4)].

### 12.3 Pharmacokinetics

The pharmacokinetics of TDF have been evaluated in healthy volunteers and HIV-1 infected individuals. Tenofovir pharmacokinetics are similar between these populations.

#### *Absorption*

VIREAD is a water soluble diester prodrug of the active ingredient tenofovir. The oral bioavailability of tenofovir from VIREAD in fasted subjects is approximately 25%. Following oral administration of a single dose of VIREAD 300 mg to HIV-1 infected subjects in the fasted state, maximum serum

concentrations ( $C_{max}$ ) are achieved in  $1.0 \pm 0.4$  hrs.  $C_{max}$  and AUC values are  $0.30 \pm 0.09$   $\mu\text{g/mL}$  and  $2.29 \pm 0.69$   $\mu\text{g}\cdot\text{hr/mL}$ , respectively.

The pharmacokinetics of tenofovir are dose proportional over a VIREAD dose range of 75 to 600 mg and are not affected by repeated dosing.

In a single-dose bioequivalence study conducted under non-fasted conditions (dose administered with 4 oz. applesauce) in healthy adult volunteers, the mean  $C_{max}$  of tenofovir was 26% lower for the oral powder relative to the tablet formulation. Mean AUC of tenofovir was similar between the oral powder and tablet formulations.

### *Distribution*

In vitro binding of tenofovir to human plasma or serum proteins is less than 0.7 and 7.2%, respectively, over the tenofovir concentration range 0.01 to 25  $\mu\text{g/mL}$ . The volume of distribution at steady-state is  $1.3 \pm 0.6$  L/kg and  $1.2 \pm 0.4$  L/kg, following intravenous administration of tenofovir 1.0 mg/kg and 3.0 mg/kg.

### *Metabolism and Elimination*

In vitro studies indicate that neither tenofovir disoproxil nor tenofovir are substrates of CYP enzymes. Following IV administration of tenofovir, approximately 70–80% of the dose is recovered in the urine as unchanged tenofovir within 72 hours of dosing. Following single dose, oral administration of VIREAD, the terminal elimination half-life of tenofovir is approximately 17 hours. After multiple oral doses of VIREAD 300 mg once daily (under fed conditions),  $32 \pm 10\%$  of the administered dose is recovered in urine over 24 hours.

Tenofovir is eliminated by a combination of glomerular filtration and active tubular secretion. There may be competition for elimination with other compounds that are also renally eliminated.

### *Effects of Food on Oral Absorption*

Administration of VIREAD 300 mg tablets following a high-fat meal (~700 to 1,000 kcal containing 40 to 50% fat) increases the oral bioavailability, with an increase in tenofovir  $\text{AUC}_{0-\infty}$  of approximately 40% and an increase in  $C_{max}$  of approximately 14%. However, administration of VIREAD with a light meal did not have a significant effect on the pharmacokinetics of tenofovir when compared to fasted administration of the drug. Food delays the time to tenofovir  $C_{max}$  by approximately 1 hour.  $C_{max}$  and AUC of tenofovir are  $0.33 \pm 0.12$   $\mu\text{g/mL}$  and  $3.32 \pm 1.37$   $\mu\text{g}\cdot\text{hr/mL}$  following multiple doses of VIREAD 300 mg once daily in the fed state, when meal content was not controlled.

### *Specific Populations*

#### Race

There were insufficient numbers from racial and ethnic groups other than Caucasian to adequately determine potential pharmacokinetic differences among these populations.

#### Gender

Tenofovir pharmacokinetics are similar in male and female subjects.

#### Pediatric Patients

**2 Years and Older:** Steady-state pharmacokinetics of tenofovir were evaluated in 31 HIV-1 infected pediatric subjects 2 years to less than 18 years of age (Table 13). Tenofovir exposure achieved in

these pediatric subjects receiving oral once daily doses of VIREAD 300 mg (tablet) or 8 mg/kg of body weight (powder) up to a maximum dose of 300 mg was similar to exposures achieved in adults receiving once-daily doses of VIREAD 300 mg.

**Table 13 Mean ( $\pm$  SD) Tenofovir Pharmacokinetic Parameters by Age Groups for HIV-1 infected Pediatric Patients 2 years and older for the Tablet and Oral Powder**

Dose and Formulation	300 mg Tablet	8 mg/kg Oral Powder
	12 Years to <18 Years (N=8)	2 Years to <12 Years (N=23)
C <sub>max</sub> ( $\mu$ g/mL)	0.38 $\pm$ 0.13	0.24 $\pm$ 0.13
AUC <sub>tau</sub> ( $\mu$ g•hr/mL)	3.39 $\pm$ 1.22	2.59 $\pm$ 1.06

Tenofovir exposures in HBV-infected pediatric subjects (12 years to less than 18 years of age) receiving oral once-daily doses of VIREAD 300 mg tablet and pediatric subjects 2 years to less than 12 years of age receiving VIREAD 8 mg/kg of body weight (tablet or powder) up to a maximum dose of 300 mg were comparable to exposures achieved in HIV-1 infected adult subjects receiving identical doses.

### Geriatric Patients

Pharmacokinetic trials have not been performed in the elderly (65 years and older).

### Patients with Renal Impairment

The pharmacokinetics of tenofovir are altered in subjects with renal impairment [see *Warnings and Precautions* (5.2)]. In subjects with creatinine clearance below 50 mL/min or with end-stage renal disease (ESRD) requiring dialysis, C<sub>max</sub>, and AUC<sub>0-∞</sub> of tenofovir were increased (Table 14).

**Table 14 Pharmacokinetic Parameters (Mean  $\pm$  SD) of Tenofovir<sup>a</sup> in Subjects with Varying Degrees of Renal Function**

Baseline Creatinine Clearance (mL/min)	>80 N=3	50–80 N=10	30–49 N=8	12–29 N=11
C <sub>max</sub> ( $\mu$ g/mL)	0.34 $\pm$ 0.03	0.33 $\pm$ 0.06	0.37 $\pm$ 0.16	0.60 $\pm$ 0.19
AUC <sub>0-∞</sub> ( $\mu$ g•hr/mL)	2.18 $\pm$ 0.26	3.06 $\pm$ 0.93	6.01 $\pm$ 2.50	15.98 $\pm$ 7.22
CL/F (mL/min)	1043.7 $\pm$ 115.4	807.7 $\pm$ 279.2	444.4 $\pm$ 209.8	177.0 $\pm$ 97.1
CL <sub>renal</sub> (mL/min)	243.5 $\pm$ 33.3	168.6 $\pm$ 27.5	100.6 $\pm$ 27.5	43.0 $\pm$ 31.2

a. 300 mg, single dose of VIREAD

### Patients with Hepatic Impairment

The pharmacokinetics of tenofovir following a 300 mg single dose of VIREAD have been studied in non-HIV infected subjects with moderate to severe hepatic impairment. There were no substantial alterations in tenofovir pharmacokinetics in subjects with hepatic impairment compared with unimpaired subjects. No change in VIREAD dosing is required in patients with hepatic impairment.

### Assessment of Drug Interactions

At concentrations substantially higher (~300-fold) than those observed in vivo, tenofovir did not inhibit in vitro drug metabolism mediated by any of the following human CYP isoforms: CYP3A4, CYP2D6, CYP2C9, or CYP2E1. However, a small (6%) but statistically significant reduction in metabolism of

CYP1A substrate was observed. Based on the results of in vitro experiments and the known elimination pathway of tenofovir, the potential for CYP-mediated interactions involving tenofovir with other medicinal products is low.

VIREAD has been evaluated in healthy volunteers in combination with other antiretroviral and potential concomitant drugs. Tables 15 and 16 summarize pharmacokinetic effects of coadministered drug on tenofovir pharmacokinetics and effects of VIREAD on the pharmacokinetics of coadministered drug.

TDF is a substrate of P-glycoprotein (P-gp) and breast cancer resistance protein (BCRP) transporters. When TDF is coadministered with an inhibitor of these transporters, an increase in absorption may be observed.

No clinically significant drug interactions have been observed between VIREAD and efavirenz, methadone, nelfinavir, oral contraceptives, ribavirin, or sofosbuvir.

**Table 15 Drug Interactions: Changes in Pharmacokinetic Parameters for Tenofovir<sup>a</sup> in the Presence of the Coadministered Drug**

Coadministered Drug	Dose of Coadministered Drug (mg)	N	% Change of Tenofovir Pharmacokinetic Parameters <sup>b</sup> (90% CI)		
			C <sub>max</sub>	AUC	C <sub>min</sub>
Atazanavir <sup>c</sup>	400 once daily × 14 days	33	↑ 14 (↑ 8 to ↑ 20)	↑ 24 (↑ 21 to ↑ 28)	↑ 22 (↑ 15 to ↑ 30)
Atazanavir/ Ritonavir <sup>c</sup>	300/100 once daily	12	↑ 34 (↑ 20 to ↑ 51)	↑ 37 (↑ 30 to ↑ 45)	↑ 29 (↑ 21 to ↑ 36)
Darunavir/ Ritonavir <sup>d</sup>	300/100 twice daily	12	↑ 24 (↑ 8 to ↑ 42)	↑ 22 (↑ 10 to ↑ 35)	↑ 37 (↑ 19 to ↑ 57)
Indinavir	800 three times daily × 7 days	13	↑ 14 (↓ 3 to ↑ 33)	↔	↔
Ledipasvir/ Sofosbuvir <sup>e,f</sup>	90/400 once daily × 10 days	24	↑ 47 (↑ 37 to ↑ 58)	↑ 35 (↑ 29 to ↑ 42)	↑ 47 (↑ 38 to ↑ 57)
Ledipasvir/ Sofosbuvir <sup>e,g</sup>		23	↑ 64 (↑ 54 to ↑ 74)	↑ 50 (↑ 42 to ↑ 59)	↑ 59 (↑ 49 to ↑ 70)
Ledipasvir/ Sofosbuvir <sup>h</sup>	90/400 once daily × 14 days	15	↑ 79 (↑ 56 to ↑ 104)	↑ 98 (↑ 77 to ↑ 123)	↑ 163 (↑ 132 to ↑ 197)
Lopinavir/ Ritonavir	400/100 twice daily × 14 days	24	↔	↑ 32 (↑ 25 to ↑ 38)	↑ 51 (↑ 37 to ↑ 66)
Saquinavir/ Ritonavir	1000/100 twice daily × 14 days	35	↔	↔	↑ 23 (↑ 16 to ↑ 30)
Sofosbuvir <sup>i</sup>	400 single dose	16	↑ 25 (↑ 8 to ↑ 45)	↔	↔
Sofosbuvir/ Velpatasvir <sup>i</sup>	400/100 once daily	24	↑ 44 (↑ 33 to ↑ 55)	↑ 40 (↑ 34 to ↑ 46)	↑ 84 (↑ 76 to ↑ 92)

Sofosbuvir/ Velpatasvir <sup>k</sup>	400/100 once daily	30	↑ 46 (↑ 39 to ↑ 54)	↑ 40 (↑ 34 to ↑ 45)	↑ 70 (↑ 61 to ↑ 79)
Sofosbuvir/ Velpatasvir/ Voxilaprevir <sup>l</sup>	400/100/100 + Voxilaprevir <sup>m</sup> 100 once daily	29	↑ 48 (↑ 36 to ↑ 61)	↑ 39 (↑ 32 to ↑ 46)	↑ 47 (↑ 38 to ↑ 56)
Tacrolimus	0.05 mg/kg twice daily × 7 days	21	↑ 13 (↑ 1 to ↑ 27)	↔	↔
Tipranavir/ Ritonavir <sup>n</sup>	500/100 twice daily	22	↓ 23 (↓ 32 to ↓ 13)	↓ 2 (↓ 9 to ↑ 5)	↑ 7 (↓ 2 to ↑ 17)
	750/200 twice daily (23 doses)	20	↓ 38 (↓ 46 to ↓ 29)	↑ 2 (↓ 6 to ↑ 10)	↑ 14 (↑ 1 to ↑ 27)

- a. Subjects received VIREAD 300 mg once daily.
- b. Increase = ↑; Decrease = ↓; No Effect = ↔
- c. Reyataz Prescribing Information.
- d. Prezista Prescribing Information.
- e. Data generated from simultaneous dosing with HARVONI (ledipasvir/sofosbuvir). Staggered administration (12 hours apart) provided similar results.
- f. Comparison based on exposures when administered as atazanavir/ritonavir + FTC/TDF.
- g. Comparison based on exposures when administered as darunavir/ritonavir + FTC/TDF.
- h. Study conducted with ATRIPLA (EFV/FTC/TDF) coadministered with HARVONI; coadministration with HARVONI also results in comparable increases in tenofovir exposure when TDF is administered as COMPLERA (FTC/rilpivirine/TDF), or TRUVADA + dolutegravir.
- i. Study conducted with ATRIPLA coadministered with SOVALDI<sup>®</sup> (sofosbuvir).
- j. Study conducted with COMPLERA coadministered with EPCLUSA; coadministration with EPCLUSA also results in comparable increases in tenofovir exposures when TDF is administered as ATRIPLA, STRIBILD (elvitegravir/cobicistat/FTC/TDF), TRUVADA + atazanavir/ritonavir, or TRUVADA + darunavir/ritonavir.
- k. Administered as raltegravir + FTC/TDF.
- l. Comparison based on exposures when administered as darunavir + ritonavir + FTC/TDF.
- m. Study conducted with additional voxilaprevir 100 mg to achieve voxilaprevir exposures expected in HCV-infected patients.
- n. Aptivus Prescribing Information.

No effect on the pharmacokinetic parameters of the following coadministered drugs was observed with VIREAD: abacavir, didanosine (buffered tablets), emtricitabine, entecavir, and lamivudine.

**Table 16 Drug Interactions: Changes in Pharmacokinetic Parameters for Coadministered Drug in the Presence of VIREAD**

Coadministered Drug	Dose of Coadministered Drug (mg)	N	% Change of Coadministered Drug Pharmacokinetic Parameters <sup>a</sup> (90% CI)		
			C <sub>max</sub>	AUC	C <sub>min</sub>
Abacavir	300 once	8	↑ 12 (↓ 1 to ↑ 26)	↔	NA
Atazanavir <sup>b</sup>	400 once daily × 14 days	34	↓ 21 (↓ 27 to ↓ 14)	↓ 25 (↓ 30 to ↓ 19)	↓ 40 (↓ 48 to ↓ 32)
Atazanavir <sup>b</sup>	Atazanavir/ Ritonavir 300/100 once daily × 42 days	10	↓ 28 (↓ 50 to ↑ 5)	↓ 25 <sup>c</sup> (↓ 42 to ↓ 3)	↓ 23 <sup>c</sup> (↓ 46 to ↑ 10)
Darunavir <sup>d</sup>	Darunavir/Ritonavir 300/100 once daily	12	↑ 16 (↓ 6 to ↑ 42)	↑ 21 (↓ 5 to ↑ 54)	↑ 24 (↓ 10 to ↑ 69)
Didanosine <sup>e</sup>	250 once, simultaneously with VIREAD and a light meal <sup>f</sup>	33	↓ 20 <sup>g</sup> (↓ 32 to ↓ 7)	↔ <sup>g</sup>	NA
Emtricitabine	200 once daily × 7 days	17	↔	↔	↑ 20 (↑ 12 to ↑ 29)
Entecavir	1 mg once daily × 10 days	28	↔	↑ 13 (↑ 11 to ↑ 15)	↔
Indinavir	800 three times daily × 7 days	12	↓ 11 (↓ 30 to ↑ 12)	↔	↔
Lamivudine	150 twice daily × 7 days	15	↓ 24 (↓ 34 to ↓ 12)	↔	↔
Lopinavir Ritonavir	Lopinavir/Ritonavir 400/100 twice daily × 14 days	24	↔ ↔	↔ ↔	↔ ↔
Saquinavir Ritonavir	Saquinavir/Ritonavir 1000/100 twice daily × 14 days	32	↑ 22 (↑ 6 to ↑ 41) ↔	↑ 29 <sup>h</sup> (↑ 12 to ↑ 48) ↔	↑ 47 <sup>h</sup> (↑ 23 to ↑ 76) ↑ 23 (↑ 3 to ↑ 46)
Tacrolimus	0.05 mg/kg twice daily × 7 days	21	↔	↔	↔
Tipranavir <sup>i</sup>	Tipranavir/Ritonavir 500/100 twice daily	22	↓ 17 (↓ 26 to ↓ 6)	↓ 18 (↓ 25 to ↓ 9)	↓ 21 (↓ 30 to ↓ 10)
	Tipranavir/Ritonavir 750/200 twice daily (23 doses)	20	↓ 11 (↓ 16 to ↓ 4)	↓ 9 (↓ 15 to ↓ 3)	↓ 12 (↓ 22 to 0)

- a. Increase = ↑; Decrease = ↓; No Effect = ↔; NA = Not Applicable
- b. Reyataz Prescribing Information.
- c. In HIV-infected subjects, addition of TDF to atazanavir 300 mg plus ritonavir 100 mg, resulted in AUC and C<sub>min</sub> values of atazanavir that were 2.3- and 4-fold higher than the respective values observed for atazanavir 400 mg when given alone.
- d. Prezista Prescribing Information.
- e. Videx EC Prescribing Information. Subjects received didanosine enteric-coated capsules.
- f. 373 kcal, 8.2 g fat
- g. Compared with didanosine (enteric-coated) 400 mg administered alone under fasting conditions.
- h. Increases in AUC and C<sub>min</sub> are not expected to be clinically relevant; hence no dose adjustments are required when TDF and ritonavir-boosted saquinavir are coadministered.
- i. Aptivus Prescribing Information.

## 12.4 Microbiology

### *Mechanism of Action*

Tenofovir disoproxil fumarate is an acyclic nucleoside phosphonate diester analog of adenosine monophosphate. Tenofovir disoproxil fumarate requires initial diester hydrolysis for conversion to tenofovir and subsequent phosphorylations by cellular enzymes to form tenofovir diphosphate (TFV-DP), an obligate chain terminator. Tenofovir diphosphate inhibits the activity of HIV-1 reverse transcriptase (RT) and HBV RT by competing with the natural substrate deoxyadenosine 5'-triphosphate and, after incorporation into DNA, by DNA chain termination. Tenofovir diphosphate is a weak inhibitor of mammalian DNA polymerases  $\alpha$ ,  $\beta$ , and mitochondrial DNA polymerase  $\gamma$ .

### Activity against HIV

#### *Antiviral Activity*

The antiviral activity of tenofovir against laboratory and clinical isolates of HIV-1 was assessed in lymphoblastoid cell lines, primary monocyte/macrophage cells and peripheral blood lymphocytes. The EC<sub>50</sub> (50% effective concentration) values for tenofovir were in the range of 0.04  $\mu$ M to 8.5  $\mu$ M. In drug combination studies, tenofovir was not antagonistic with HIV-1 NRTIs (abacavir, didanosine, lamivudine, stavudine, zidovudine), NNRTIs (efavirenz, nevirapine), and protease inhibitors (amprenavir, indinavir, nelfinavir, ritonavir, saquinavir). Tenofovir displayed antiviral activity in cell culture against HIV-1 clades A, B, C, D, E, F, G, and O (EC<sub>50</sub> values ranged from 0.5  $\mu$ M to 2.2  $\mu$ M) and strain-specific activity against HIV-2 (EC<sub>50</sub> values ranged from 1.6  $\mu$ M to 5.5  $\mu$ M).

#### *Resistance*

HIV-1 isolates with reduced susceptibility to tenofovir have been selected in cell culture. These viruses expressed a K65R substitution in RT and showed a 2- to 4-fold reduction in susceptibility to tenofovir. In addition, a K70E substitution in HIV-1 RT has been selected by tenofovir and results in low-level reduced susceptibility to tenofovir.

In Trial 903 of treatment-naïve subjects (VIREAD+3TC+EFV versus d4T+3TC+EFV) [see *Clinical Studies (14.2)*], genotypic analyses of isolates from subjects with virologic failure through Week 144 showed development of EFV and 3TC resistance-associated substitutions to occur most frequently and with no difference between the treatment arms. The K65R substitution occurred in 8/47 (17%) of analyzed patient isolates in the VIREAD arm and in 2/49 (4%) of analyzed patient isolates in the d4T arm. Of the 8 subjects whose virus developed K65R in the VIREAD arm through 144 weeks, 7 occurred in the first 48 weeks of treatment and one at Week 96. One patient in the VIREAD arm developed the K70E substitution in the virus. Other substitutions resulting in resistance to VIREAD were not identified in this trial.

In Trial 934 of treatment-naïve subjects (VIREAD+FTC+EFV versus AZT/3TC+EFV) [see *Clinical Studies (14.2)*], genotypic analysis performed on HIV-1 isolates from all confirmed virologic failure subjects with >400 copies/mL of HIV-1 RNA at Week 144 or early discontinuation showed development of EFV resistance-associated substitutions occurred most frequently and was similar between the two treatment arms. The M184V substitution, associated with resistance to FTC and 3TC, was observed in 2/19 of analyzed subject isolates in the VIREAD+FTC group and in 10/29 of analyzed subject isolates in the AZT/3TC group. Through 144 weeks of Trial 934, no subjects have developed a detectable K65R substitution in their HIV-1 as analyzed through standard genotypic analysis.

### *Cross Resistance*

Cross resistance among certain HIV-1 NRTIs has been recognized. The K65R and K70E substitutions selected by tenofovir are also selected in some HIV-1 infected subjects treated with abacavir or didanosine. HIV-1 isolates with this substitution also show reduced susceptibility to FTC and 3TC. Therefore, cross resistance among these drugs may occur in patients whose virus harbors the K65R or K70E substitution. HIV-1 isolates from subjects (N=20) whose HIV-1 expressed a mean of three AZT-associated RT substitutions (M41L, D67N, K70R, L210W, T215Y/F, or K219Q/E/N), showed a 3.1-fold decrease in the susceptibility to tenofovir.

In Trials 902 and 907 conducted in treatment-experienced subjects (VIREAD + Standard Background Therapy (SBT) compared to placebo + SBT) [see *Clinical Studies (14.2)*], 14/304 (5%) of the VIREAD-treated subjects with virologic failure through Week 96 had >1.4-fold (median 2.7-fold) reduced susceptibility to tenofovir. Genotypic analysis of the baseline and failure isolates showed the development of the K65R substitution in the HIV-1 RT gene.

The virologic response to VIREAD therapy has been evaluated with respect to baseline viral genotype (N=222) in treatment-experienced subjects participating in Trials 902 and 907. In these clinical trials, 94% of the participants evaluated had baseline HIV-1 isolates expressing at least one NRTI substitution. Virologic responses for subjects in the genotype substudy were similar to the overall trial results.

Several exploratory analyses were conducted to evaluate the effect of specific substitutions and substitutional patterns on virologic outcome. Because of the large number of potential comparisons, statistical testing was not conducted. Varying degrees of cross resistance of VIREAD to pre-existing AZT resistance-associated substitutions (M41L, D67N, K70R, L210W, T215Y/F, or K219Q/E/N) were observed and appeared to depend on the type and number of specific substitutions. VIREAD-treated subjects whose HIV-1 expressed 3 or more AZT resistance-associated substitutions that included either the M41L or L210W RT substitution showed reduced responses to VIREAD therapy; however, these responses were still improved compared with placebo. The presence of the D67N, K70R, T215Y/F, or K219Q/E/N substitution did not appear to affect responses to VIREAD therapy. Subjects whose virus expressed an L74V substitution without AZT resistance-associated substitutions (N=8) had reduced response to VIREAD. Limited data are available for subjects whose virus expressed a Y115F substitution (N=3), Q151M substitution (N=2), or T69 insertion (N=4), all of whom had a reduced response.

In the protocol defined analyses, virologic response to VIREAD was not reduced in subjects with HIV-1 that expressed the abacavir/FTC/3TC resistance-associated M184V substitution. HIV-1 RNA responses among these subjects were durable through Week 48.

### *Trials 902 and 907 Phenotypic Analyses*

Phenotypic analysis of baseline HIV-1 from treatment-experienced subjects (N=100) demonstrated a correlation between baseline susceptibility to VIREAD and response to VIREAD therapy. Table 17 summarizes the HIV-1 RNA response by baseline VIREAD susceptibility.

**Table 17 HIV-1 RNA Response at Week 24 by Baseline VIREAD Susceptibility (Intent-To-Treat)<sup>a</sup>**

Baseline VIREAD Susceptibility <sup>b</sup>	Change in HIV-1 RNA <sup>c</sup> (N)
<1	-0.74 (35)
>1 and ≤3	-0.56 (49)
>3 and ≤4	-0.3 (7)
>4	-0.12 (9)

a. Tenofovir susceptibility was determined by recombinant phenotypic Antivirogram assay (Virco).

b. Fold change in susceptibility from wild-type.

c. Average HIV-1 RNA change from baseline through Week 24 (DAVG<sub>24</sub>) in log<sub>10</sub> copies/mL.

## Activity against HBV

### *Antiviral Activity*

The antiviral activity of tenofovir against HBV was assessed in the HepG2 2.2.15 cell line. The EC<sub>50</sub> values for tenofovir ranged from 0.14 to 1.5 μM, with CC<sub>50</sub> (50% cytotoxicity concentration) values >100 μM. In cell culture combination antiviral activity studies of tenofovir with HBV NrtIs entecavir, lamivudine, and telbivudine, and with the HIV-1 NRTI emtricitabine, no antagonistic activity was observed.

### *Resistance*

Cumulative VIREAD genotypic resistance has been evaluated annually for up to 384 weeks in Trials 0102, 0103, 0106, 0108, and 0121 [see *Clinical Studies (14.4)*] with the paired HBV rt amino acid sequences of the pretreatment and on-treatment isolates from subjects who received at least 24 weeks of VIREAD monotherapy and remained viremic with HBV DNA ≥400 copies/mL (69 IU/mL) at the end of each study year (or at discontinuation of VIREAD monotherapy) using an as-treated analysis. In the nucleotide-naïve population from Trials 0102 and 0103, HBeAg-positive subjects had a higher baseline viral load than HBeAg-negative subjects and a significantly higher proportion of the subjects remained viremic at their last time point on VIREAD monotherapy (15% versus 5%, respectively).

HBV isolates from these subjects who remained viremic showed treatment-emergent substitutions (Table 18); however, no specific substitutions occurred at a sufficient frequency to be associated with resistance to VIREAD (genotypic and phenotypic analyses).

**Table 18 Amino Acid Substitutions in Viremic Subjects across HBV Trials of VIREAD**

	Compensated Liver Disease			Decompensated Liver Disease (N=39) <sup>d</sup>
	Nucleotide-Naïve (N=417) <sup>a</sup>	HEPSERA-Experienced (N=247) <sup>b</sup>	Lamivudine-Resistant (N=136) <sup>c</sup>	
Viremic at Last Time Point on VIREAD	38/417 (9%)	37/247 (15%)	9/136 (7%)	7/39 (18%)
Treatment-Emergent Amino Acid Substitutions <sup>e</sup>	18 <sup>f</sup> /32 (56%)	11 <sup>g</sup> /31 (35%)	6 <sup>h</sup> /8 (75%)	3/5 (60%)

- Nucleotide-naïve subjects from Trials 0102 (N=246) and 0103 (N=171) receiving up to 384 weeks of treatment with VIREAD.
- HEPSERA-experienced subjects from Trials 0102/0103 (N=195) and 0106 (N=52) receiving up to 336 weeks of treatment with VIREAD after switching to VIREAD from HEPSEARA. Trial 0106, a randomized, double-blind, 168-week Phase 2 trial, has been completed.
- Lamivudine-resistant subjects from Trial 0121 (N=136) receiving up to 96 weeks of treatment with VIREAD after switching to VIREAD from lamivudine.
- Subjects with decompensated liver disease from Trial 0108 (N=39) receiving up to 48 weeks of treatment with VIREAD.
- Denominator includes those subjects who were viremic at last time point on VIREAD monotherapy and had evaluable paired genotypic data.
- Of the 18 subjects with treatment-emergent amino acid substitutions during Trials 0102 and 0103, 5 subjects had substitutions at conserved sites and 13 subjects had substitutions only at polymorphic sites, and 8 subjects had only transient substitutions that were not detected at the last time point on VIREAD.
- Of the 11 HEPSEARA-experienced subjects with treatment-emergent amino acid substitutions, 2 subjects had substitutions at conserved sites and 9 had substitutions only at polymorphic sites.
- Of the 6 lamivudine-resistant subjects with treatment-emergent substitutions during Trial 0121, 3 subjects had substitutions at conserved sites and 3 had substitutions only at polymorphic sites.

### Cross Resistance

Cross resistance has been observed between HBV NrtIs.

In cell based assays, HBV strains expressing the rtV173L, rtL180M, and rtM204I/V substitutions associated with resistance to lamivudine (3TC) and telbivudine showed a susceptibility to tenofovir ranging from 0.7- to 3.4-fold that of wild type virus. The rtL180M and rtM204I/V double substitutions conferred 3.4-fold reduced susceptibility to tenofovir.

HBV strains expressing the rtL180M, rtT184G, rtS202G/I, rtM204V, and rtM250V substitutions associated with resistance to entecavir showed a susceptibility to tenofovir ranging from 0.6- to 6.9-fold that of wild type virus.

HBV strains expressing the adefovir resistance-associated substitutions rtA181V and/or rtN236T showed reductions in susceptibility to tenofovir ranging from 2.9- to 10-fold that of wild type virus. Strains containing the rtA181T substitution showed changes in susceptibility to tenofovir ranging from 0.9- to 1.5-fold that of wild type virus.

One hundred fifty-two subjects initiating VIREAD therapy in Trials 0102, 0103, 0106, 0108, and 0121 harbored HBV with known resistance substitutions to HBV NrtIs: 14 with adefovir resistance-associated substitutions (rtA181S/T/V and/or rtN236T), 135 with 3TC resistance-associated substitutions (rtM204I/V), and 3 with both adefovir and 3TC resistance-associated substitutions. Following up to 384 weeks of VIREAD treatment, 10 of the 14 subjects with adefovir-resistant HBV, 124 of the 135 subjects with 3TC-resistant HBV, and 2 of the 3 subjects with both adefovir- and 3TC-resistant HBV achieved and maintained virologic suppression (HBV DNA <400 copies/mL [69

IU/mL]). Three of the 5 subjects whose virus harbored both the rtA181T/V and rtN236T substitutions remained viremic.

## 13 NONCLINICAL TOXICOLOGY

### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

#### *Carcinogenesis*

Long-term oral carcinogenicity studies of TDF in mice and rats were carried out at exposures up to approximately 16 times (mice) and 5 times (rats) those observed in humans at the therapeutic dose for HIV-1 infection. At the high dose in female mice, liver adenomas were increased at exposures 16 times that in humans. In rats, the study was negative for carcinogenic findings at exposures up to 5 times that observed in humans at the therapeutic dose.

#### *Mutagenesis*

Tenofovir disoproxil fumarate was mutagenic in the in vitro mouse lymphoma assay and negative in an in vitro bacterial mutagenicity test (Ames test). In an in vivo mouse micronucleus assay, TDF was negative when administered to male mice.

#### *Impairment of Fertility*

There were no effects on fertility, mating performance or early embryonic development when TDF was administered to male rats at a dose equivalent to 10 times the human dose based on body surface area comparisons for 28 days prior to mating and to female rats for 15 days prior to mating through day seven of gestation. There was, however, an alteration of the estrous cycle in female rats.

### 13.2 Animal Toxicology and/or Pharmacology

Tenofovir and TDF administered in toxicology studies to rats, dogs, and monkeys at exposures (based on AUCs) greater than or equal to 6 fold those observed in humans caused bone toxicity. In monkeys the bone toxicity was diagnosed as osteomalacia. Osteomalacia observed in monkeys appeared to be reversible upon dose reduction or discontinuation of tenofovir. In rats and dogs, the bone toxicity manifested as reduced bone mineral density. The mechanism(s) underlying bone toxicity is unknown.

Evidence of renal toxicity was noted in 4 animal species. Increases in serum creatinine, BUN, glycosuria, proteinuria, phosphaturia, and/or calciuria and decreases in serum phosphate were observed to varying degrees in these animals. These toxicities were noted at exposures (based on AUCs) 2–20 times higher than those observed in humans. The relationship of the renal abnormalities, particularly the phosphaturia, to the bone toxicity is not known.

## 14 CLINICAL STUDIES

### 14.1 Overview of Clinical Trials

The efficacy and safety of VIREAD in adults and pediatric subjects were evaluated in the trials summarized in Table 19.

**Table 19 Trials Conducted with VIREAD in Adults and Pediatric Subjects for HIV-1 Treatment and Chronic HBV Treatment**

Trial	Population	Study Arms (N) <sup>a</sup>	Timepoint (Week)
Trial 903 <sup>b</sup> (NCT00158821)	HIV-1 treatment-naïve adults	VIREAD+lamivudine+efavirenz (299) stavudine+lamivudine+efavirenz (301)	144
Trial 934 <sup>c</sup> (NCT00112047)		emtricitabine+VIREAD+efavirenz (257) zidovudine/lamivudine+efavirenz (254)	144
Trial 907 <sup>d</sup> (NCT00002450)	HIV-1 treatment-experienced adults	VIREAD (368) Placebo (182)	24
Trial 0102 <sup>b</sup> (NCT00117676)	HBeAg-negative adults with chronic HBV	VIREAD (250) HEPSERA (125)	48
Trial 0103 <sup>b</sup> (NCT00116805)	HBeAg-positive adults with chronic HBV	VIREAD (176) HEPSERA (90)	48
Trial 121 <sup>b</sup> (NCT00737568)	Adults with lamivudine-resistant chronic HBV	VIREAD (141)	96
Trial 0108 <sup>b</sup> (NCT00298363)	Adults with chronic HBV and decompensated liver disease	VIREAD (45)	48
Trial 352 <sup>c</sup> (NCT00528957)	HIV-1 treatment experienced pediatric subjects 2 years to <12 years	VIREAD (44) stavudine or zidovudine (48)	48
Trial 321 <sup>d</sup> (NCT00352053)	HIV-1 treatment-experienced pediatric subjects 12 years to <18 years	VIREAD (45) Placebo (42)	48
Trial 115 <sup>d</sup> (NCT00734162)	Pediatric subjects 12 years to <18 years with chronic HBV	VIREAD (52) Placebo (54)	72
Trial 144 <sup>d</sup> (NCT01651403)	Pediatric subjects 2 years to <12 years with chronic HBV	VIREAD (60) Placebo (29)	48

- a. Randomized and dosed.
- b. Randomized, double-blind, active-controlled trial.
- c. Randomized, open-label active-controlled trial.
- d. Randomized, double-blind, placebo-controlled trial.

## 14.2 Clinical Trial Results in Adults with HIV-1 Infection

### Treatment-Naïve Subjects: Trial 903

Data through 144 weeks are reported for Trial 903, a double-blind, active-controlled multicenter trial comparing VIREAD (300 mg once daily) administered in combination with lamivudine (3TC) and efavirenz (EFV) versus stavudine (d4T), 3TC, and EFV in 600 antiretroviral-naïve subjects. Subjects had a mean age of 36 years (range 18–64); 74% were male, 64% were Caucasian, and 20% were Black. The mean baseline CD4+ cell count was 279 cells/mm<sup>3</sup> (range 3–956) and median baseline plasma HIV-1 RNA was 77,600 copies/mL (range 417–5,130,000). Subjects were stratified by baseline HIV-1 RNA and CD4+ cell count. Forty-three percent of subjects had baseline viral loads >100,000 copies/mL and 39% had CD4+ cell counts <200 cells/mm<sup>3</sup>. Table 20 provides treatment outcomes through 48 and 144 weeks.

**Table 20 Outcomes of Randomized Treatment at Week 48 and 144 (Trial 903)**

Outcomes	At Week 48		At Week 144	
	VIREAD+3TC +EFV (N=299)	d4T+3TC +EFV (N=301)	VIREAD+3TC +EFV (N=299)	d4T+3TC +EFV (N=301)
Responder <sup>a</sup>	79%	82%	68%	62%
Virologic failure <sup>b</sup>	6%	4%	10%	8%
Rebound	5%	3%	8%	7%
Never suppressed	0%	1%	0%	0%
Added an antiretroviral agent	1%	1%	2%	1%
Death	<1%	1%	<1%	2%
Discontinued due to adverse event	6%	6%	8%	13%
Discontinued for other reasons <sup>c</sup>	8%	7%	14%	15%

a. Subjects achieved and maintained confirmed HIV-1 RNA <400 copies/mL through Week 48 and 144.

b. Includes confirmed viral rebound and failure to achieve confirmed <400 copies/mL through Week 48 and 144.

c. Includes lost to follow-up, subject's withdrawal, noncompliance, protocol violation and other reasons.

Achievement of plasma HIV-1 RNA concentrations of <400 copies/mL at Week 144 was similar between the two treatment groups for the population stratified at baseline on the basis of HIV-1 RNA concentration (> or ≤100,000 copies/mL) and CD4+ cell count (< or ≥200 cells/mm<sup>3</sup>). Through 144 weeks of therapy, 62% and 58% of subjects in the VIREAD and d4T arms, respectively, achieved and maintained confirmed HIV-1 RNA <50 copies/mL. The mean increase from baseline in CD4+ cell count was 263 cells/mm<sup>3</sup> for the VIREAD arm and 283 cells/mm<sup>3</sup> for the d4T arm.

Through 144 weeks, 11 subjects in the VIREAD group and 9 subjects in the d4T group experienced a new CDC Class C event.

#### Treatment-Naïve Subjects: Trial 934

Data through 144 weeks are reported for Trial 934, a randomized, open-label, active-controlled multicenter trial comparing emtricitabine (FTC) + VIREAD administered in combination with efavirenz (EFV) versus zidovudine (AZT)/lamivudine (3TC) fixed-dose combination administered in combination with EFV in 511 antiretroviral-naïve subjects. From Weeks 96 to 144 of the trial, subjects received a fixed-dose combination of FTC and TDF with EFV in place of FTC + VIREAD with EFV. Subjects had a mean age of 38 years (range 18–80); 86% were male, 59% were Caucasian, and 23% were Black. The mean baseline CD4+ cell count was 245 cells/mm<sup>3</sup> (range 2–1191) and median baseline plasma HIV-1 RNA was 5.01 log<sub>10</sub> copies/mL (range 3.56–6.54). Subjects were stratified by baseline CD4+ cell count (< or ≥200 cells/mm<sup>3</sup>); 41% had CD4+ cell counts <200 cells/mm<sup>3</sup> and 51% of subjects had baseline viral loads >100,000 copies/mL. Table 21 provides treatment outcomes through 48 and 144 weeks for those subjects who did not have EFV resistance at baseline.

**Table 21 Outcomes of Randomized Treatment at Week 48 and 144 (Trial 934)**

Outcomes	At Week 48		At Week 144	
	FTC +VIREAD +EFV (N=244)	AZT/3TC +EFV (N=243)	FTC +VIREAD +EFV (N=227) <sup>a</sup>	AZT/3TC +EFV (N=229) <sup>a</sup>
Responder <sup>b</sup>	84%	73%	71%	58%
Virologic failure <sup>c</sup>	2%	4%	3%	6%
Rebound	1%	3%	2%	5%
Never suppressed	0%	0%	0%	0%
Change in antiretroviral regimen	1%	1%	1%	1%
Death	<1%	1%	1%	1%
Discontinued due to adverse event	4%	9%	5%	12%
Discontinued for other reasons <sup>d</sup>	10%	14%	20%	22%

- a. Subjects who were responders at Week 48 or Week 96 (HIV-1 RNA <400 copies/mL) but did not consent to continue the trial after Week 48 or Week 96 were excluded from analysis.
- b. Subjects achieved and maintained confirmed HIV-1 RNA <400 copies/mL through Weeks 48 and 144.
- c. Includes confirmed viral rebound and failure to achieve confirmed <400 copies/mL through Weeks 48 and 144.
- d. Includes lost to follow-up, subject withdrawal, noncompliance, protocol violation and other reasons.

Through Week 48, 84% and 73% of subjects in the FTC + VIREAD group and the AZT/3TC group, respectively, achieved and maintained HIV-1 RNA <400 copies/mL (71% and 58% through Week 144). The difference in the proportion of subjects who achieved and maintained HIV-1 RNA <400 copies/mL through 48 weeks largely results from the higher number of discontinuations due to adverse events and other reasons in the AZT/3TC group in this open-label trial. In addition, 80% and 70% of subjects in the FTC + VIREAD group and the AZT/3TC group, respectively, achieved and maintained HIV-1 RNA <50 copies/mL through Week 48 (64% and 56% through Week 144). The mean increase from baseline in CD4+ cell count was 190 cells/mm<sup>3</sup> in the FTC + VIREAD group and 158 cells/mm<sup>3</sup> in the AZT/3TC group at Week 48 (312 and 271 cells/mm<sup>3</sup> at Week 144).

Through 48 weeks, 7 subjects in the FTC + VIREAD group and 5 subjects in the AZT/3TC group experienced a new CDC Class C event (10 and 6 subjects through 144 weeks).

#### Treatment-Experienced Subjects: Trial 907

Trial 907 was a 24-week, double-blind, placebo-controlled multicenter trial of VIREAD added to a stable background regimen of antiretroviral agents in 550 treatment-experienced subjects. After 24 weeks of blinded trial treatment, all subjects continuing on trial were offered open-label VIREAD for an additional 24 weeks. Subjects had a mean baseline CD4+ cell count of 427 cells/mm<sup>3</sup> (range 23–1,385), median baseline plasma HIV-1 RNA of 2,340 (range 50–75,000) copies/mL, and mean duration of prior HIV-1 treatment was 5.4 years. Mean age of the subjects was 42 years; 85% were male, 69% Caucasian, 17% Black, and 12% Hispanic.

Table 22 provides the percent of subjects with HIV-1 RNA <400 copies/mL and outcomes of subjects through 48 weeks.

**Table 22 Outcomes of Randomized Treatment (Trial 907)**

Outcomes	0–24 weeks		0–48 weeks	24–48 weeks
	VIREAD (N=368)	Placebo (N=182)	VIREAD (N=368)	Placebo Crossover to VIREAD (N=170)
HIV-1 RNA <400 copies/mL <sup>a</sup>	40%	11%	28%	30%
Virologic failure <sup>b</sup>	53%	84%	61%	64%
Discontinued due to adverse event	3%	3%	5%	5%
Discontinued for other reasons <sup>c</sup>	3%	3%	5%	1%

a. Subjects with HIV-1 RNA <400 copies/mL and no prior study drug discontinuation at Week 24 and 48, respectively.

b. Subjects with HIV-1 RNA ≥400 copies/mL efficacy failure or missing HIV-1 RNA at Week 24 and 48, respectively.

c. Includes lost to follow-up, subject withdrawal, noncompliance, protocol violation, and other reasons.

At 24 weeks of therapy, there was a higher proportion of subjects in the VIREAD arm compared to the placebo arm with HIV-1 RNA <50 copies/mL (19% and 1%, respectively). Mean change in absolute CD4+ cell counts by Week 24 was +11 cells/mm<sup>3</sup> for the VIREAD group and –5 cells/mm<sup>3</sup> for the placebo group. Mean change in absolute CD4+ cell counts by Week 48 was +4 cells/mm<sup>3</sup> for the VIREAD group.

Through Week 24, one subject in the VIREAD group and no subjects in the placebo group experienced a new CDC Class C event.

### 14.3 Clinical Trial Results in Pediatric Subjects with HIV-1 Infection

In Trial 352, 92 treatment-experienced subjects 2 years to less than 12 years of age with stable, virologic suppression on a stavudine (d4T)- or zidovudine (AZT)-containing regimen were randomized to either replace d4T or AZT with VIREAD (N=44) or continue their original regimen (N=48) for 48 weeks. Five additional subjects over the age of 12 years were enrolled and randomized (VIREAD N=4, original regimen N=1) but are not included in the efficacy analysis. After 48 weeks, all eligible subjects were allowed to continue in the trial receiving open-label VIREAD. At Week 48, 89% of subjects in the VIREAD treatment group and 90% of subjects in the d4T or AZT treatment group had HIV-1 RNA concentrations <400 copies/mL. During the 48-week randomized phase of the trial, 1 subject in the VIREAD group discontinued the trial prematurely because of virologic failure/lack of efficacy and 3 subjects (2 subjects in the VIREAD group and 1 subject in the d4T or AZT group) discontinued for other reasons.

In Trial 321, 87 treatment-experienced subjects 12 years to less than 18 years of age were treated with VIREAD (N=45) or placebo (N=42) in combination with an optimized background regimen (OBR) for 48 weeks. The mean baseline CD4 cell count was 374 cells/mm<sup>3</sup> and the mean baseline plasma HIV-1 RNA was 4.6 log<sub>10</sub> copies/mL. At baseline, 90% of subjects harbored NRTI resistance-associated substitutions in their HIV-1 isolates. Overall, the trial failed to show a difference in virologic response between the VIREAD and placebo groups. Subgroup analyses suggest the lack of difference in virologic response may be attributable to imbalances between treatment arms in baseline viral susceptibility to VIREAD and OBR.

Although changes in HIV-1 RNA in these highly treatment-experienced subjects were less than anticipated, the comparability of the pharmacokinetic and safety data to that observed in adults supports the use of VIREAD in pediatric patients 12 years and older who weigh at least 35 kg and whose HIV-1 isolate is expected to be sensitive to VIREAD [see *Warnings and Precautions (5.5)*, *Adverse Reactions (6.1)*, and *Clinical Pharmacology (12.3)*].

#### 14.4 Clinical Trial Results in Adults with Chronic Hepatitis B

##### HBeAg-Negative Chronic HBV Subjects: Trial 0102

Trial 0102 was a Phase 3, randomized, double-blind, active-controlled trial of VIREAD 300 mg compared to HEPSERA 10 mg in 375 HBeAg- (anti-HBe+) subjects with compensated liver function, the majority of whom were nucleoside-naïve. The mean age of subjects was 44 years; 77% were male, 25% were Asian, 65% were Caucasian, 17% had previously received alpha-interferon therapy, and 18% were nucleoside-experienced (16% had prior lamivudine experience). At baseline, subjects had a mean Knodell necroinflammatory score of 7.8; mean plasma HBV DNA was 6.9 log<sub>10</sub> copies/mL; and mean serum ALT was 140 U/L.

##### HBeAg-Positive Chronic HBV Subjects: Trial 0103

Trial 0103 was a Phase 3, randomized, double-blind, active-controlled trial of VIREAD 300 mg compared to HEPSERA 10 mg in 266 HBeAg+ nucleoside-naïve subjects with compensated liver function. The mean age of subjects was 34 years; 69% were male, 36% were Asian, 52% were Caucasian, 16% had previously received alpha-interferon therapy, and <5% were nucleoside experienced. At baseline, subjects had a mean Knodell necroinflammatory score of 8.4; mean plasma HBV DNA was 8.7 log<sub>10</sub> copies /mL; and mean serum ALT was 147 U/L.

The primary data analysis was conducted after all subjects reached 48 weeks of treatment and results are summarized below.

The primary efficacy endpoint in both trials was complete response to treatment defined as HBV DNA <400 copies/mL (69 IU/mL) and Knodell necroinflammatory score improvement of at least 2 points, without worsening in Knodell fibrosis at Week 48 (see Table 23).

**Table 23**      **Histological, Virological, Biochemical, and Serological Response at Week 48 (Trials 0102 and 0103)**

	0102 (HBeAg-)		0103 (HBeAg+)	
	VIREAD (N=250)	HEPSERA (N=125)	VIREAD (N=176)	HEPSERA (N=90)
<b>Complete Response</b>	71%	49%	67%	12%
<b>Histology</b> Histological Response <sup>a</sup>	72%	69%	74%	68%
<b>HBV DNA</b> <400 copies/mL (<69 IU/mL)	93%	63%	76%	13%
<b>ALT</b> Normalized ALT <sup>b</sup>	76%	77%	68%	54%
<b>Serology</b> HBeAg Loss/ Seroconversion	NA <sup>c</sup>	NA <sup>c</sup>	20%/19%	16%/16%
HBsAg Loss/ Seroconversion	0/0	0/0	3%/1%	0/0

- a. Knodell necroinflammatory score improvement of at least 2 points without worsening in Knodell fibrosis.  
b. The population used for analysis of ALT normalization included only subjects with ALT above ULN at baseline.  
c. NA = Not Applicable

*Treatment Beyond 48 Weeks: Trials 0102 and 0103*

In Trials 0102 (HBeAg-negative) and 0103 (HBeAg-positive), subjects who completed double-blind treatment (389 and 196 subjects who were originally randomized to VIREAD and HEPSERA, respectively) were eligible to roll over to open-label VIREAD with no interruption in treatment.

In Trial 0102, 266 of 347 subjects who entered the open-label period (77%) continued in the trial through Week 384. Among subjects randomized to VIREAD followed by open-label treatment with VIREAD, 73% had HBV DNA <400 copies/ml (69 IU/ml), and 63% had ALT normalization at Week 384. Among subjects randomized to HEPSERA followed by open-label treatment with VIREAD, 80% had HBV DNA <400 copies/mL (69 IU/mL) and 70% had ALT normalization through Week 384. At Week 384, both HBsAg loss and seroconversion were approximately 1% in both treatment groups.

In Trial 0103, 146 of 238 subjects who entered the open-label period (61%) continued in the trial through Week 384. Among subjects randomized to VIREAD, 49% had HBV DNA <400 copies/mL (69 IU/mL), 42% had ALT normalization, and 20% had HBeAg loss (13% seroconversion to anti-HBe antibody) through Week 384. Among subjects randomized to HEPSERA followed by open-label treatment with VIREAD, 56% had HBV DNA <400 copies/mL (69 IU/mL), 50% had ALT normalization, and 28% had HBeAg loss (19% seroconversion to anti-HBe antibody) through Week 384. At Week 384, HBsAg loss and seroconversion were 11% and 8%, respectively, in subjects initially randomized to VIREAD and 12% and 10%, respectively, in subjects initially randomized to HEPSERA.

Of the originally randomized and treated 641 subjects in the two trials, liver biopsy data from 328 subjects who received continuing open-label treatment with VIREAD monotherapy were available for analysis at baseline, Week 48, and Week 240. There were no apparent differences between the subset of subjects who had liver biopsy data at Week 240 and those subjects remaining on open-label VIREAD without biopsy data that would be expected to affect histological outcomes at Week 240. Among the 328 subjects evaluated, the observed histological response rates were 80% and 88% at Week 48 and Week 240, respectively. In the subjects without cirrhosis at baseline (Ishak fibrosis score 0–4), 92% (216/235) and 95% (223/235) had either improvement or no change in Ishak fibrosis score at Week 48 and Week 240, respectively. In subjects with cirrhosis at baseline (Ishak fibrosis score 5–6), 97% (90/93) and 99% (92/93) had either improvement or no change in Ishak fibrosis score at Week 48 and Week 240, respectively. Twenty-nine percent (27/93) and 72% (67/93) of subjects with cirrhosis at baseline experienced regression of cirrhosis by Week 48 and Week 240, respectively, with a reduction in Ishak fibrosis score of at least 2 points. No definitive conclusions can be established about the remaining study population who were not part of this subset analysis.

#### Lamivudine-Resistant Chronic HBV Subjects: Trial 121

Trial 121 was a randomized, double-blind, active-controlled trial evaluating the safety and efficacy of VIREAD compared to an unapproved antiviral regimen in subjects with chronic hepatitis B, persistent viremia (HBV DNA  $\geq 1,000$  IU/mL), and genotypic evidence of lamivudine resistance (rtM204I/V +/- rtL180M). One hundred forty-one adult subjects were randomized to the VIREAD treatment arm. The mean age of subjects randomized to VIREAD was 47 years (range 18–73); 74% were male, 59% were Caucasian, and 37% were Asian. At baseline, 54% of subjects were HBeAg-negative, 46% were HBeAg-positive, and 56% had abnormal ALT. Subjects had a mean HBV DNA of 6.4 log<sub>10</sub> copies/mL and mean serum ALT of 71 U/L at baseline.

After 96 weeks of treatment, 126 of 141 subjects (89%) randomized to VIREAD had HBV DNA <400 copies/mL (69 IU/mL), and 49 of 79 subjects (62%) with abnormal ALT at baseline had ALT normalization. Among the HBeAg-positive subjects randomized to VIREAD, 10 of 65 subjects (15%) experienced HBeAg loss and 7 of 65 subjects (11%) experienced anti-HBe seroconversion through Week 96. The proportion of subjects with HBV DNA concentrations below 400 copies/mL (69 IU/mL) at Week 96 was similar between the VIREAD monotherapy and the comparator arms.

Across the combined chronic hepatitis B treatment trials, the number of subjects with adefovir-resistance associated substitutions at baseline was too small to establish efficacy in this subgroup.

#### Chronic HBV and Decompensated Liver Disease Subjects: Trial 0108

Trial 0108 was a small randomized, double-blind, active-controlled trial evaluating the safety of VIREAD compared to other antiviral drugs in subjects with chronic hepatitis B and decompensated liver disease through 48 weeks.

Forty-five adult subjects (37 males and 8 females) were randomized to the VIREAD treatment arm. At baseline, 69% of subjects were HBeAg-negative and 31% were HBeAg-positive. Subjects had a mean Child-Pugh score of 7, a mean MELD score of 12, mean HBV DNA of 5.8 log<sub>10</sub> copies/mL, and mean serum ALT of 61 U/L at baseline. Trial endpoints were discontinuation due to an adverse event and confirmed increase in serum creatinine  $\geq 0.5$  mg/dL or confirmed serum phosphorus of <2 mg/dL [see *Adverse Reactions* (6.1)].

At 48 weeks, 31/44 (70%) and 12/26 (46%) VIREAD-treated subjects achieved an HBV DNA <400 copies/mL (69 IU/mL), and normalized ALT, respectively. The trial was not designed to evaluate

treatment impact on clinical endpoints such as progression of liver disease, need for liver transplantation, or death.

#### 14.5 Clinical Trial Results in Pediatric Subjects with Chronic Hepatitis B

##### *Pediatric Subjects 12 Years to less than 18 Years of Age with Chronic HBV*

In Trial 115, 106 HBeAg negative (9%) and positive (91%) subjects aged 12 to less than 18 years with chronic HBV infection were randomized to receive blinded treatment with VIREAD 300 mg (N=52) or placebo (N=54) for 72 weeks. At trial entry, the mean HBV DNA was 8.1 log<sub>10</sub> copies/mL and mean ALT was 101 U/L. Of 52 subjects treated with VIREAD, 20 subjects were nucleos(t)ide-naïve and 32 subjects were nucleos(t)ide-experienced. Thirty-one of the 32 nucleos(t)ide-experienced subjects had prior lamivudine experience. At Week 72, 88% (46/52) of subjects in the VIREAD group and 0% (0/54) of subjects in the placebo group had HBV DNA <400 copies/mL (69 IU/mL). Among subjects with abnormal ALT at baseline, 74% (26/35) of subjects receiving VIREAD had normalized ALT at Week 72 compared to 31% (13/42) in the placebo group. One VIREAD-treated subject experienced sustained HBsAg-loss and seroconversion to anti-HBs during the first 72 weeks of trial participation.

##### *Pediatric Subjects 2 Years to less than 12 Years of Age with Chronic HBV*

In Trial 144, 89 HBeAg positive (96%) and negative (4%) subjects 2 years to less than 12 years of age with chronic HBV infection were treated with VIREAD 8 mg/kg up to a maximum dose of 300 mg (N=60) or placebo (N=29) once daily for 48 weeks. At trial entry, the mean HBV DNA was 8.1 log<sub>10</sub> IU/mL and mean ALT was 123 U/L. There was an overall higher proportion in the VIREAD group with HBV DNA <400 copies/mL (69 IU/mL) and ALT normalization rate at Week 48 compared to the placebo group (Table 24). There was no difference between treatment groups in those who achieved HBeAg loss or HBeAg seroconversion.

**Table 24 Outcomes of Randomized Treatment (Trial 144) in Children 2 Years to <12 Years of Age**

Endpoint at Week 48	VIREAD N=60	Placebo N=29
HBV DNA <400 copies/mL (69 IU/ml)	46/60 (77%)	2/29 (7%)
ALT Normalization <sup>a</sup>	38/58 (66%)	4/27 (15%)
HBeAg loss <sup>b</sup>	17/56 (30%)	8/29 (28%)
HBeAg seroconversion <sup>b</sup>	14/56 (25%)	7/29 (24%)

a. Normal ALT was defined as ≤ 34 U/L for females 2-15 years or males 1-9 years old, and ≤ 43 U/L for males 10-15 years. The ALT Normalization analysis excluded 4 treated subjects who had normal ALT at baseline.

b. The analysis excluded 4 subjects who were HBeAg negative and HBeAb positive at baseline.

In Trials 115 and 144, sequencing data from paired baseline and on treatment HBV isolates from subjects who received VIREAD were available for 14 of 15 subjects who had plasma HBV DNA ≥400 copies/mL. No amino acid substitutions associated with resistance to VIREAD were identified in these isolates by Week 72 (Trial 115) or Week 48 (Trial 144).

## 16 HOW SUPPLIED/STORAGE AND HANDLING

VIREAD tablets are available in bottles containing 30 tablets with child-resistant closure as follows:

- 150 mg of TDF (equivalent to 123 mg of tenofovir disoproxil): tablets are triangle-shaped, white, film-coated, and debossed with “GSI” on one side and with “150” on the other side. (NDC 61958-0404-1)
- 200 mg of TDF (equivalent to 163 mg of tenofovir disoproxil): tablets are round-shaped, white, film-coated, and debossed with “GSI” on one side and with “200” on the other side. (NDC 61958-0405-1)
- 250 mg of TDF (equivalent to 204 mg of tenofovir disoproxil): tablets are capsule-shaped, white, film-coated and debossed with “GSI” on one side and with “250” on the other side. (NDC 61958-0406-1)
- 300 mg of TDF (equivalent to 245 mg of tenofovir disoproxil): tablets are almond-shaped, light-blue, film-coated, and debossed with “GILEAD” and “4331” on one side and with “300” on the other side. (NDC 61958-0401-1)

VIREAD oral powder consists of white, coated granules containing 40 mg of TDF (equivalent to 33 mg of tenofovir disoproxil) per gram of powder and is available in multi-use bottles containing 60 grams of oral powder, closed with a child-resistant closure, and co-packaged with a dosing scoop. (NDC 61958-0403-1)

Store VIREAD tablets and oral powder at 25 °C (77 °F), excursions permitted to 15-30 °C (59-86 °F) (see USP Controlled Room Temperature).

- Keep container tightly closed.
- Dispense only in original container.
- Do not use if seal over bottle opening is broken or missing.

## 17 PATIENT COUNSELING INFORMATION

Advise the patient to read the FDA-approved patient labeling (Patient Information and Instructions for Use).

### Severe Acute Exacerbation of Hepatitis B in Patients Infected with HBV

Inform patients that severe acute exacerbations of hepatitis B have been reported in patients infected with hepatitis B virus (HBV) and have discontinued VIREAD. Advise patients not to discontinue VIREAD without first informing their healthcare provider. All patients should be tested for HBV infection before or when starting VIREAD and those who are infected with HBV need close medical follow-up for several months after stopping VIREAD to monitor for exacerbations of hepatitis [see *Warnings and Precautions (5.1)*].

### New Onset or Worsening Renal Impairment

Inform patients that renal impairment, including cases of acute renal failure and Fanconi syndrome, has been reported in association with the use of VIREAD. Advise patients to avoid VIREAD with concurrent or recent use of a nephrotoxic agent (e.g., high-dose or multiple NSAIDs) [see *Warnings and Precautions (5.2)*]. The dosing interval of VIREAD may need adjustment in HIV-1 infected patients with renal impairment.

### Immune Reconstitution Syndrome

Inform patients that in some patients with advanced HIV infection (AIDS) signs and symptoms of inflammation from previous infections may occur soon after anti-HIV treatment is started. It is believed that these symptoms are due to an improvement in the body's immune response, enabling the body to fight infections that may have been present with no obvious symptoms. Advise patients to inform their healthcare provider immediately of any symptoms of infection [see *Warnings and Precautions (5.4)*].

### Bone Loss and Mineralization Defects

Inform patients that decreases in bone mineral density have been observed with the use of VIREAD. Consider bone monitoring in patients who have a history of pathologic bone fracture or at risk for osteopenia [see *Warnings and Precautions (5.5)*].

### Lactic Acidosis and Severe Hepatomegaly

Inform patients that lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported. Treatment with VIREAD should be suspended in any patient who develops clinical symptoms suggestive of lactic acidosis or pronounced hepatotoxicity [see *Warnings and Precautions (5.6)*].

### Drug Interactions

Advise patients that VIREAD may interact with many drugs; therefore, advise patients to report to their healthcare provider the use of any other medication, including other HIV drugs and drugs for treatment of hepatitis C virus [see *Warnings and Precautions (5.7)* and *Drug Interactions (7)*].

### Dosing Recommendations

Inform patients that it is important to take VIREAD on a regular dosing schedule with or without food and to avoid missing doses as it can result in development of resistance [see *Dosage and Administration (2)*].

### Pregnancy Registry

Inform patients that there is an antiretroviral pregnancy registry to monitor fetal outcomes of pregnant women exposed to VIREAD [see *Use in Specific Populations (8.1)*].

### Lactation

Instruct mothers not to breastfeed if they are taking VIREAD for the treatment of HIV-1 infection because of the risk of passing the HIV-1 virus to the baby [see *Use in Specific Populations (8.2)*].

### Treatment Duration

Advise patients that in the treatment of chronic hepatitis B, the optimal duration of treatment is unknown. The relationship between response and long-term prevention of outcomes such as hepatocellular carcinoma is not known.

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21356-GS-040

## Patient Information

VIREAD® (VEER-ee-ad)  
(tenofovir disoproxil fumarate)  
tablets

VIREAD® (VEER-ee-ad)  
(tenofovir disoproxil fumarate)  
oral powder

Read this Patient Information before you start taking VIREAD and each time you get a refill. There may be new information. This information does not take the place of talking with your healthcare provider about your medical condition or treatment.

### What is the most important information I should know about VIREAD?

VIREAD can cause serious side effects, including:

- **Worsening of Hepatitis B virus infection (HBV).** Your healthcare provider will test you for HBV and HIV before starting treatment with VIREAD. **If you have HBV infection and take VIREAD your HBV may get worse (flare-up) if you stop taking VIREAD.** A “flare-up” is when your HBV infection suddenly returns in a worse way than before.
  - **Do not** run out of VIREAD. Refill your prescription or talk to your healthcare provider before your VIREAD is all gone.
  - **Do not** stop taking VIREAD without first talking to your healthcare provider.
  - If you stop taking VIREAD, your healthcare provider will need to check your health often and do blood tests regularly to check your HBV infection. Tell your healthcare provider about any new or unusual symptoms you may have after you stop taking VIREAD.

**For more information about side effects, see “What are the possible side effects of VIREAD?”**

### What is VIREAD?

VIREAD is a prescription medicine that is used to:

- treat HIV-1 infection when used with other anti-HIV-1 medicines in adults and children 2 years of age and older who weigh at least 22 pounds (10 kg). HIV is the virus that causes AIDS (Acquired Immune Deficiency Syndrome).
- treat HBV infection in adults and children 2 years of age and older who weigh at least 22 pounds (10 kg). It is not known if VIREAD is safe and effective in children under 2 years of age.

### What should I tell my healthcare provider before taking VIREAD?

Before you take VIREAD, tell your healthcare provider about all of your medical conditions, including if you:

- have liver problems, including HBV infection
- have kidney problems or receive kidney dialysis treatment
- have bone problems
- have HIV infection
- are pregnant or plan to become pregnant. Tell your healthcare provider if you become pregnant during treatment with VIREAD.

**Pregnancy Registry.** There is a pregnancy registry for women who take VIREAD during pregnancy. The purpose of this registry is to collect information about the health of you and your baby. Talk to your healthcare provider about how you can take part in this registry.

- are breastfeeding or plan to breastfeed. VIREAD can pass to your baby in your breast milk.
  - **Do not** breastfeed if you have HIV-1 because of the risk of passing HIV-1 to your baby.
  - If you take VIREAD for treatment of HBV infection, talk with your healthcare provider about the best way to feed your baby.

**Tell your healthcare provider about all the medicines you take**, including prescription and non-prescription medicines, vitamins, and herbal supplements.

Some medicines may interact with VIREAD. Keep a list of your medicines and show it to your healthcare provider and pharmacist when you get a new medicine.

- You can ask your healthcare provider or pharmacist for a list of medicines that interact with VIREAD.
- Do not start a new medicine without telling your healthcare provider. Your healthcare provider can tell you if it is safe to take VIREAD with other medicines.

### How should I take VIREAD?

- Take VIREAD exactly as your healthcare provider tells you to take it.
- **Do not** change your dose or stop taking VIREAD without first talking with your healthcare provider. Stay under a healthcare provider’s care when taking VIREAD.
- Take VIREAD at the same time every day.

- For adults and children 2 years of age and older who weigh at least 77 pounds (35 kg), the usual dose of VIREAD is one 300 mg tablet each day.
- For children 2 years of age and older who weigh between 37 pounds (17 kg) and 77 pounds (35 kg), your healthcare provider will prescribe the right dose of VIREAD tablets based on your child's body weight.
- Adults and children 2 years of age and older who weigh at least 22 pounds (10 kg) and who are unable to swallow VIREAD tablets whole, may take VIREAD powder. Your healthcare provider will prescribe the right dose of VIREAD powder based on your or your child's body weight.
- Tell your healthcare provider if you or your child has problems with swallowing tablets.
- If your healthcare provider prescribes VIREAD powder for you or your child, see the "**Instructions for Use**" that comes with your VIREAD powder for information about the right way to measure and take VIREAD powder.
- Take VIREAD tablets by mouth, with or without food.
- **Do not** miss a dose of VIREAD. Missing a dose lowers the amount of medicine in your blood. Refill your VIREAD prescription before you run out of medicine.
- If you take too much VIREAD, call your local poison control center or go right away to the nearest hospital emergency room.

#### What are the possible side effects of VIREAD?

##### VIREAD may cause serious side effects, including:

- **See "What is the most important information I should know about VIREAD?"**
- **New or worse kidney problems, including kidney failure.** Your healthcare provider should do blood and urine tests to check your kidneys before you start and during treatment with VIREAD. Your healthcare provider may tell you to take VIREAD less often, or to stop taking VIREAD if you get new or worse kidney problems.
- **Changes in your immune system (Immune Reconstitution Syndrome)** can happen when an HIV-1 infected person starts taking HIV medicines. Your immune system may get stronger and begin to fight infections that have been hidden in your body for a long time. Tell your healthcare provider right away if you start having new symptoms after starting your VIREAD for the treatment of HIV-1 infection.
- **Bone problems** can happen in some children or adults who take VIREAD. Bone problems include bone pain, or softening or thinning of bones, which may lead to fractures. Your healthcare provider may need to do tests to check your bones or your child's bones.
- **Too much lactic acid in your blood (lactic acidosis).** Too much lactic acid is a serious but rare medical emergency that can lead to death. Tell your healthcare provider right away if you get these symptoms: weakness or being more tired than usual, unusual muscle pain, being short of breath or fast breathing, stomach pain with nausea and vomiting, cold or blue hands and feet, feel dizzy or lightheaded, or a fast or abnormal heartbeat.
- **Severe liver problems.** In rare cases, severe liver problems can happen that can lead to death. Tell your healthcare provider right away if you get these symptoms: skin or the white part of your eyes turns yellow, dark "tea-colored" urine, light-colored stools, loss of appetite for several days or longer, nausea, or stomach-area pain.

The most common side effects in all people taking VIREAD are:

- nausea
- rash
- diarrhea
- headache
- pain
- depression
- weakness

In some people with advanced HBV-infection, other common side effects may include:

- fever
- itching
- vomiting
- stomach-area pain
- dizziness
- sleeping problems

These are not all the possible side effects of VIREAD.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### How should I store VIREAD?

- Store VIREAD tablets or powder at room temperature between 68°F to 77°F (20°C to 25°C).
- Keep VIREAD in the original container.
- Keep the bottle tightly closed.
- **Do not** use VIREAD if the seal over the bottle opening is broken or missing.

**Keep VIREAD and all medicines out of the reach of children.**

**General information about the safe and effective use of VIREAD.**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use VIREAD for a condition for which it was not prescribed. Do not give VIREAD to other people, even if they have the same condition you have. It may harm them. You can ask your pharmacist or healthcare provider for information about VIREAD that is written for health professionals.

A vaccine is available to protect people at risk for becoming infected with HBV. You can ask your healthcare provider for information about this vaccine.

**What are the ingredients in VIREAD?**

**Active ingredient:** tenofovir disoproxil fumarate

**Inactive ingredients:**

VIREAD tablets: croscarmellose sodium, lactose monohydrate, magnesium stearate, microcrystalline cellulose, and pregelatinized starch.

VIREAD powder: mannitol, hydroxypropyl cellulose, ethylcellulose, and silicon dioxide.

**Tablet coating:**

VIREAD tablets 300 mg: Opadry II Y-30-10671-A, which contains FD&C blue #2 aluminum lake, hypromellose 2910, lactose monohydrate, titanium dioxide, and triacetin.

VIREAD tablets 150, 200, and 250 mg: Opadry II 32K-18425, which contains hypromellose 2910, lactose monohydrate, titanium dioxide, and triacetin.

Manufactured for and distributed by: Gilead Sciences, Inc. Foster City, CA 94404

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For more information, go to [www.viread.com](http://www.viread.com) or call Gilead Sciences, Inc. at 1-800-GILEAD-5 (1-800-445-3235).

This Patient Information has been approved by the U.S. Food and Drug Administration.

Revised: December 2018

**Instructions for Use**  
VIREAD® (VEER-ee-ad)  
(tenofovir disoproxil fumarate)  
powder  
for oral use

Read the Patient Information that comes with VIREAD powder for important information about VIREAD. Read this Instructions for Use before you give VIREAD for the first time. Be sure you understand and follow the instructions. If you have any questions, ask your healthcare provider or pharmacist.

**Important information**

- VIREAD powder comes in a box that has a bottle of VIREAD and a dosing scoop (see Figure A).



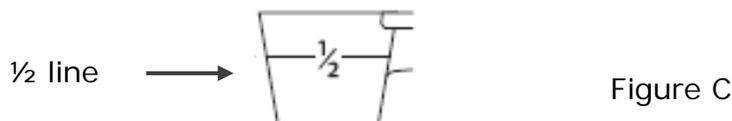
- **Only use the dosing scoop to measure VIREAD powder.**
- **Only mix VIREAD powder with soft foods** that can be swallowed without chewing. Examples of soft foods you can use are: applesauce, baby food, or yogurt.
- **Do not mix VIREAD powder with liquid.** The powder may float to the top even after stirring.
- **Give the entire dose right away after mixing** to avoid a bad taste.

**How do I prepare and give a dose of VIREAD powder?**

1. Wash your hands well with soap and water, and dry them.
2. Measure  $\frac{1}{4}$  to  $\frac{1}{2}$  cup of soft food such as applesauce, baby food, or yogurt into a cup or bowl.
3. To open a new bottle of powder, press down on the bottle lid and turn to remove (see picture on the top of the bottle cap). Peel off the foil.
4. Measure the number of scoops prescribed by your healthcare provider.
  - For each full scoop prescribed:
    - Fill the dosing scoop to the top.
    - Use the flat edge of clean knife to make the powder even with the top of the scoop (see Figure B).



- For  $\frac{1}{2}$  scoop:
  - Fill the dosing scoop up to the " $\frac{1}{2}$  line" on the side (see Figure C).



5. Sprinkle the VIREAD powder on the soft food. Stir with a spoon until well mixed. **Give the entire dose right away after mixing to avoid a bad taste.**

6. Close the bottle of VIREAD tightly.
7. Wash and dry the dosing scoop. **Do not** store the dosing scoop in the bottle.

**How should I store VIREAD powder?**

- Store VIREAD powder at room temperature between 68 °F to 77 °F (20 °C to 25 °C).
- Keep VIREAD powder in the original container.
- Keep the bottle tightly closed.
- Do not use VIREAD powder if the seal over the bottle opening is broken or missing.

**Keep VIREAD and all medicines out of the reach of children.**

This Instructions for Use has been approved by the U.S. Food and Drug Administration.

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