

PAA091981

**READ AND KEEP CARTON FOR COMPLETE WARNINGS AND INFORMATION**

**Drug Facts**

**Active ingredients (in each caplet)**

Diphenhydramine citrate 38 mg.....Nighttime sleep-aid  
Ibuprofen 200 mg (NSAID).....Pain reliever  
Nonsteroidal anti-inflammatory drug

**Purposes**

**Uses** ■ For relief of occasional sleeplessness when associated with minor aches and pains ■ Helps you fall asleep and stay asleep

**Warnings**

**Warning alert:** Diphenramine may cause a severe allergic reaction, especially in people allergic to aspirin. Symptoms may include: ■ hives ■ facial swelling ■ asthma (wheezing) ■ shock ■ skin redness ■ rash ■ blisters

If an allergic reaction occurs, stop use and seek medical help right away.

**Stomach bleeding warning:** This product contains an NSAID, which may cause severe stomach bleeding. The chance is higher if you ■ are age 60 or older ■ have had stomach ulcers or bleeding problems ■ take a blood thinning (anticoagulant) or steroid drug ■ take other drugs containing prescription or nonprescription NSAIDs (aspirin, ibuprofen, naproxen, or others) ■ have 3 or more alcoholic drinks every day while using this product ■ take more or for a longer time than directed

**Drug Facts (continued)**

**Heart attack and stroke warning:** NSAIDs, except aspirin, increase the risk of heart attack, heart failure, and stroke. These can be fatal. The risks is higher if you use more than directed or for longer than directed.

**Do not use:** ■ If you have ever had an allergic reaction to any other pain reliever/fever reducer ■ unless you have time for a full night's sleep ■ in children under 12 years of age ■ right before or after heart surgery ■ with any other product containing diphenhydramine, even one used on skin ■ if you have sleeplessness without pain

**Ask a doctor before use if:** ■ stomach bleeding warning applies to you ■ you have problems or serious side effects from taking pain relievers or fever reducers ■ you have a history of stomach problems, such as heartburn ■ you have high blood pressure, heart disease, liver cirrhosis, kidney disease, asthma, or had a stroke ■ you are taking a diuretic ■ you have a breathing problem such as emphysema or chronic bronchitis ■ you have glaucoma ■ you have trouble urinating due to an enlarged prostate gland

**Ask a doctor or pharmacist before use if you are:** ■ taking sedatives or tranquilizers, or any other sleep-aid ■ under a doctor's care for any continuing medical illness ■ taking any other antihistamines ■ taking aspirin for heart attack or stroke, because ibuprofen may decrease this benefit of aspirin ■ taking any other drug

**When using this product:** ■ avoid alcoholic drinks ■ drowsiness will occur



**Drug Facts (continued)**

■ do not drive a motor vehicle or operate machinery ■ take with food or milk if stomach upset occurs

**Stop use and ask a doctor if:** ■ you experience any of the following signs of stomach bleeding: ■ feel faint ■ vomit blood ■ have bloody or black stools ■ have stomach pain that does not get better

■ you have symptoms of heart problems or stroke ■ chest pain ■ trouble breathing ■ weakness in one part or side of body ■ slurred speech ■ big swelling ■ pain gets worse or lasts more than 10 days ■ sleeplessness persists continuously for more than 2 weeks. Insomnia may be a symptom of a serious underlying medical illness. ■ redness or swelling is present in the painful area ■ any new symptoms appear

**If pregnant or breast-feeding:** ask a health professional before use. It is especially important not to use ibuprofen during the last 3 months of pregnancy, unless definitely directed to do so by a doctor, because it may cause problems in the unborn child or complications during delivery. **Keep out of reach of children.** In case of overdose, get medical help or contact a Poison Control Center right away.

**Directions** ■ do not take more than directed ■ adults and children 12 years and over: take 2 caplets at bedtime ■ do not take more than 2 caplets in 24 hours

**Other information** ■ read all warnings and directions before use. Keep carton. ■ store at 20-25°C (68-77°F)

**Drug Facts (continued)** ■ avoid excessive heat above 40°C (104°F)

**Inactive ingredients:** calcium stearate, carnauba wax, colloidal silicon dioxide, corn starch, croscarmellose sodium, FD&C blue no. 2 aluminum lake, glyceryl behenate, hypromellose, lactose monohydrate, microcrystalline cellulose, pharmaceutical ink, polydextrose, polyethylene glycol, pregelatinized starch, sodium lauryl sulfate, sodium starch glycolate, stearic acid, titanium dioxide

**Questions or comments?** Call weekdays 9 AM to 5 PM EST at 1-800-88-ADVIL

**Do Not Use if seal under bottle cap imprinted with "SEALED FOR YOUR PROTECTION" is broken or missing.**

For most recent product information, visit www.AdvIL.com. Pizer, Madison, NJ 07940 USA © 2016 Pizer Inc. U.S. Patent 8,263,647



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| DRUG FACTS MODIFIED TEXT DEFINED      | TYPE SIZE     |
|---------------------------------------|---------------|
| • DRUG FACTS TITLE                    | 8 pt          |
| • DRUG FACTS CONTINUED                | 7 pt          |
| • HEADINGS                            | 7 pt          |
| • SUBHEADINGS/BODY TEXT               | 6 pt          |
| • LEADING                             | 6.25 pt       |
| • # OF CHARACTERS PER INCH            | <39           |
| • BULLETS                             | 5 pt          |
| • SPACE BEFORE BULLET                 | 2 ems         |
| • BARLINES, HAIRLINES                 | 1.5 pt, .5 pt |
| • SPACE BETWEEN HAIRLINES AND BOX END | 2 spaces      |

Type size are observable and measurable

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**THIS IS A LIVE DIGICODE**



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/s/  
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KAREN M MAHONEY  
04/18/2018