Weeks 5 and 6
- Not for sale to persons under 18 years of age.

Weeks 7 and 8
- To increase your success in quitting:
  1. You must be motivated to quit
  2. Use one patch daily according to directions
  3. Use patch with a behavioral support program, such as the one described in the enclosed booklet

STEP 1

STOP SMOKING AID

Nicotine Transdermal System Patch

21 mg
Includes:
Behavior Support Program with self-help guide

7 Patches
(1 Week Kit)

The full treatment course for STEP 1 is 28 days. (In starting this package contains 7 patches. For your family's protection, patches are supplied in child resistant pouches.) The full treatment course for STEP 1 is 28 days. (In starting this package contains 7 patches. For your family's protection, patches are supplied in child resistant pouches.)

STEP 2

STOP SMOKING AID

Nicotine Transdermal System Patch

21 mg
Includes:
Behavior Support Program with self-help guide

7 Patches
(1 Week Kit)

The full treatment course for STEP 1 is 28 days. (In starting this package contains 7 patches. For your family's protection, patches are supplied in child resistant pouches.) The full treatment course for STEP 1 is 28 days. (In starting this package contains 7 patches. For your family's protection, patches are supplied in child resistant pouches.)

STEP 3

STEP 3

STOP SMOKING AID

Nicotine Transdermal System Patch

21 mg
Includes:
Behavior Support Program with self-help guide

7 Patches
(1 Week Kit)

The full treatment course for STEP 1 is 28 days. (In starting this package contains 7 patches. For your family's protection, patches are supplied in child resistant pouches.) The full treatment course for STEP 1 is 28 days. (In starting this package contains 7 patches. For your family's protection, patches are supplied in child resistant pouches.)

Active ingredient (in each patch) Purpose
Nicotine, 21 mg delivered over 24 hours Stop smoking aid

Drug Facts

Active ingredient (in each patch) Purpose
Nicotine, 21 mg delivered over 24 hours Stop smoking aid

Nicotine Transdermal System Patch

1. You must be motivated to quit
2. Use one patch daily according to directions
3. Use patch with a behavioral support program, such as the one described in the enclosed booklet

Warnings

- If you are pregnant or breastfeeding, only use this medicine on the advice of your healthcare provider. Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is a stop smoking aid.
- Ask a doctor before use if you have:
  1. High blood pressure not controlled with medicine
  2. An allergy to adhesive tape or have skin problems, because you are more likely to get rashes
  3. Stomach ulcer or diabetes
  4. History of seizures
- Ask a doctor or pharmacist before use if you are:
  1. Taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted
  2. If you have vivid dreams or other sleep disturbances, remove this patch at bedtime.
  3. Skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash
  4. You get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
  5. You have symptoms of an allergic reaction (such as difficulty breathing or rash)
- IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY: START WITH STEP 1
- IF YOU SMOKE 10 OR LESS CIGARETTES PER DAY: START WITH STEP 2
- IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY: START WITH STEP 2
- IF YOU SMOKE MORE THAN 10 CIGARETTES PER DAY: START WITH STEP 2
- Keep out of reach of children and pets. Keep in a cool, dry place.

Management of caregivers:

- Provide this medicine only by prescription. Management of caregivers should be limited to caregivers or patients who are expected to be in charge of the medicine the patient needs. Management of caregivers should be limited to caregivers or patients who are expected to be in charge of the medicine the patient needs.
- Management of caregivers should be limited to caregivers or patients who are expected to be in charge of the medicine the patient needs.

Management of pharmacies:

- Management of pharmacies should be limited to pharmacies or patients who are expected to be in charge of the medicine the patient needs.
- Management of pharmacies should be limited to pharmacies or patients who are expected to be in charge of the medicine the patient needs.

How to apply the patch:

- Apply the patch to a dry, clean, hairless skin site. Avoid using locations that are sensitive to pressure. Wash hands after applying or removing the patch.
- Do not use the patch on skin that has been scalded or injured. Apply the patch to skin that is dry, clean, and hairless.
- Do not use more than one patch at a time. Do not cut the patch in half or into smaller pieces. Do not leave the patch on for more than 24 hours.
- To avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures.
- It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit
2. Use one patch daily according to directions
3. Use patch with a behavioral support program, such as the one described in the enclosed booklet

FOR YOUR FAMILY'S PROTECTION, Patches ARE SUPPLIED IN CHILD RESISTANT POUCHES.
Drug Facts
Active ingredient (in each patch)
Purpose
Nicotine, 21 mg delivered over 24 hours
Stop smoking aid

Directions
• If you are under 18 years of age, ask a doctor before use
• begin using the patch on your quit day
• if you smoke more than 10 cigarettes per day, use the following schedule below:
  • Step 1 for 6 weeks, then Step 2 for 2 weeks
• if you smoke 10 or less cigarettes per day, start with Step 2 for 6 weeks, then Step 1 for 2 weeks
• apply one new patch every 24 hours on skin that is dry, clean and hairless
• remove backing from patch and immediately press onto skin, hold for 10 seconds
• wash hands after applying or removing patch

Warnings
• Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is a stop smoking aid when used with a behavioral support program, such as the one described in the enclosed self-help guide.
• Use patch with a behavioral support program, such as the one described in the enclosed self-help guide.
• If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

Drug Facts

If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

Use patch with a behavioral support program, such as the one described in the enclosed self-help guide.

TO INCREASE YOUR SUCCESS IN QUITTING:
1. You may be more likely to quit if you:
   a. You think about how bad smoking makes you feel.
   b. You think about how much you would enjoy being free of smoking.
   c. You think about how much you would enjoy being free of the money you spend on smoking.
   d. You think about how much you would enjoy smoking-free days.
   e. You think about how smoking affects your friends, family, and other people you care about.

2. You may be more likely to quit if you:
   a. Stop smoking nicotine products.
   b. Use one patch daily according to directions.
   c. Incompliant to complete treatment.

3. It is important to complete treatment.

4. If you want to increase the chances that you will quit smoking, talk to your health care provider.

5. Use patch with a behavioral support program, such as the one described in the enclosed self-help guide.

NDC 43598 448 70

1 800 585 8682
Weekdays (9am 8pm ET) or visit us at www.habitrol.com

Appendix A
The full treatment course for Step 1 is 28 patches (4 weeks). This package contains 7 patches (1 week course) only. Read the enclosed self-help guide for additional information.

For your family's protection, patches are supplied in child resistant pouches.

Comments or Questions?
Call 1 800 585 8682 Weekdays (9am 8pm ET) or visit us at www.habitrol.com

See self-help guide inside.

nicotine Transdermal System PATCH
STOP SMOKING AID

21 mg
21 mg
STOP SMOKING AID
21 mg delivered over 24 hours
STOP SMOKING AID

1 800 585 8682
Weekdays (9am 8pm ET) or visit us at www.habitrol.com
Comments or Questions?
Call 1 800 585 8682 Weekdays (9am-8pm ET) or visit us at www.habitrol.com

The full treatment course for STEP 1 is 28 patches (4 weeks). This package contains 7 patches (1 week course) only. Read the enclosed self-help guide for additional information.

For your family's protection, patches are supplied in child resistant pouches.

Comments or Questions?
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See self-help guide inside.

nicotine Transdermal System PATCH
STOP SMOKING AID

21 mg
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21 mg delivered over 24 hours
STOP SMOKING AID

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Weekdays (9am 8pm ET) or visit us at www.habitrol.com
Comments or Questions?
Call 1 800 585 8682 Weekdays (9am-8pm ET) or visit us at www.habitrol.com

The full treatment course for STEP 1 is 28 patches (4 weeks). This package contains 7 patches (1 week course) only. Read the enclosed self-help guide for additional information.

For your family's protection, patches are supplied in child resistant pouches.

Comments or Questions?
Call 1 800 585 8682 Weekdays (9am 8pm ET) or visit us at www.habitrol.com

See self-help guide inside.

nicotine Transdermal System PATCH
STOP SMOKING AID

21 mg
21 mg
STOP SMOKING AID
21 mg delivered over 24 hours
STOP SMOKING AID

1 800 585 8682
Weekdays (9am 8pm ET) or visit us at www.habitrol.com
Comments or Questions?
Call 1 800 585 8682 Weekdays (9am-8pm ET) or visit us at www.habitrol.com

The full treatment course for STEP 1 is 28 patches (4 weeks). This package contains 7 patches (1 week course) only. Read the enclosed self-help guide for additional information.

For your family's protection, patches are supplied in child resistant pouches.

Comments or Questions?
Call 1 800 585 8682 Weekdays (9am 8pm ET) or visit us at www.habitrol.com

See self-help guide inside.

nicotine Transdermal System PATCH
STOP SMOKING AID

21 mg
21 mg
STOP SMOKING AID
21 mg delivered over 24 hours
STOP SMOKING AID

1 800 585 8682
Weekdays (9am 8pm ET) or visit us at www.habitrol.com
Comments or Questions?
Call 1 800 585 8682 Weekdays (9am-8pm ET) or visit us at www.habitrol.com

The full treatment course for STEP 1 is 28 patches (4 weeks). This package contains 7 patches (1 week course) only. Read the enclosed self-help guide for additional information.

For your family's protection, patches are supplied in child resistant pouches.
TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

CARES INFORMATION:

Active ingredient (in each patch) Purpose
Nicotine, 21 mg Delivered over 24 hours Stop smoking aid

Warnings:

• Ask a doctor before use if you have high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• Ask a doctor or pharmacist before use if you are using a non-nicotine stop smoking drug. Your prescription dose may need to be adjusted.
• If you are under 18 years of age, ask a doctor before use.

When using this product:

• Skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash.
• Irregular heartbeat or palpitations occur.
• You get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
• You have symptoms of an allergic reaction (such as difficulty breathing or rash).

Keep out of reach of children and pets.

More help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

HABITROL® TAKE CONTROL™ SUPPORT PROGRAM

Includes:

2. The full treatment course for STEP 1 is 28 weeks; this package contains 24 patches (2 weeks) and 1 less cigarette per day.
3. Start with Step 1 for 6 weeks, then move to Step 2 for 2 weeks.

Active ingredient (in each patch) Purpose
Nicotine, 21 mg Delivered over 24 hours Stop smoking aid

Inactive ingredients: acrylate adhesive, aluminized polyester, cellulose paper, methacrylic acid copolymer, sodium acetate, solvent.
TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit
2. You can use nicotine patches for a longer period to help prevent smoking.
3. Use patch with a behavioral support program, such as the one described in the enclosed self-help guide.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. It is important to complete treatment such as the one described in the enclosed booklet.

Drug Facts

Active ingredient (in each patch) Purpose
Nicotine, 21 mg delivered over 24 hours Stop smoking aid

Use
Reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

WARNINGS

- If you are pregnant or breast feeding, only use this medicine on the advice of your health care provider.
- Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking, but the risks to your baby from this medicine are not fully known.
- Ask a doctor before use if you have:
  - high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
  - an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
  - stomach ulcer or diabetes.
  - a history of seizures.

When using this product:
- If you have vivid dreams or other sleep disturbances, remove this patch at bedtime.
- Stop use and ask a doctor if:
  - skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash.
  - irregular heartbeat or palpitations occur.
  - you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
  - you have symptoms of an allergic reaction (such as difficulty breathing or rash).

- Keep out of reach of children and pets. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky side together and putting in pouch.

- Directions

  • If you are under 18 years of age, ask a doctor before use.

  • If you smoke more than 10 cigarettes per day, use the following schedule below:
    - Weeks 1 thru 4: Start with Step 2
    - Weeks 5 and 6: Step 3
    - Weeks 7 and 8: Step 4

  • To avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures.

  Other information:

  • Store at 20-25°C (68-77°F).

  • The full treatment course for Step 1 is 28 patches. This package contains 14 patches (2 week course) only. Read the enclosed self-help guide for additional information.
**Drug Facts**

**Active ingredient (in each patch) Purpose**

<table>
<thead>
<tr>
<th>Active Ingredient</th>
<th>Purpose</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nicotine, 21 mg</td>
<td>Stop smoking aid</td>
</tr>
</tbody>
</table>

**To increase your success in quitting:**

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed self-help guide.

**Drug Use**

**Directions**

- **If you are under 18 years of age, ask a doctor before use.**
- **Before using this product, read the enclosed self-help guide for complete directions and other information.**

**Behavior Support Program with self-help guide**

**Comments or Questions?** Call 1-800-585-8682

**How to use the patch**

- Apply one new patch daily to skin that is dry, clean and hairless.
- The patch should be applied to a different skin site at the same time each day.
- Do not wear more than one patch at a time.
- Do not cut patch in half or into smaller pieces.
- When using this product, if you have vivid dreams or other sleep disturbances remove this patch at bedtime.
- Stop use and ask a doctor if skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash.
- Stop use and see a doctor if: irregular heartbeat or palpitations occur; you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat; you have symptoms of an allergic reaction (such as difficulty breathing or rash).

**Other information**

- Store at 20° to 25°C (68° to 77°F).
- To avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures.
- The used patch should be removed and a new one applied to a different skin site at the same time each day.
- The used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

**Warnings**

- If you are pregnant or breastfeeding, only use this medicine on the advice of your health care provider.
- Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine.
- Ask a doctor before use if you have:
  - Heart disease, recent heart attack, or irregular heartbeat.
  - High blood pressure not controlled with medication.
  - Stomach ulcer or diabetes.
  - History of seizures.
  - If you are using a non-nicotine stop smoking drug.
  - If you are taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.
- If you smoke more than 10 cigarettes per day, use the following schedule below:
  - Step 1: 28 patches (4 week kit) if you smoke 10 or fewer cigarettes per day. Start with Step 1.
  - Step 2: 14 patches (2 week kit) if you smoke 10 or fewer cigarettes per day. Start with Step 2.
  - Step 3: 7 patches (1 week kit) if you smoke 10 or fewer cigarettes per day. Start with Step 3.

**How to use the patch**

- Before application:
  - Remove backing from patch and immediately press onto skin. Hold for 10 seconds.
  - Wash hands after applying or removing patch.
- After application:
  - Remove patch before undergoing any MRI (magnetic resonance imaging) procedures.
- Patches have enough nicotine to poison children and pets.
- If swallowed, get medical help or contact a Poison Control Center right away.
- See self-help guide inside.
TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

Drug Facts

Active ingredient (in each patch) Purpose
Nictotine, 14 mg delivered over 24 hours Stop smoking aid

Use reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

Other information

- If you are pregnant or breastfeeding, only use this medicine on the advice of your health care provider.
- If you have a high blood pressure not controlled with medication, nicotine can increase your blood pressure.
- Ask a doctor before use if you have an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- If you are smoking more than 10 cigarettes per day, ask your doctor about using another product.
- Other information: Call 1-800-585-8682 for more information.

Environmental impact

- Do not dispose of in landfills.
- Do not contaminate water, food, or household waste.

Warnings

Read the enclosed self-help guide for complete directions and other information.
Weeks 5 and 6
• Not for sale to persons under 18 years of age.

TO INCREASE YOUR SUCCESS IN QUITTING:
1. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. Use patch with a behavioral support program, such as the one described in the enclosed self-help guide.

Drug Facts
Active ingredient (in each patch) Purpose
Nicotine, 14 mg delivered over 24 hours Stop smoking aid

Warnings
If you are pregnant or breastfeeding, only use this medicine on the advice of your health care provider.

Smoking can seriously harm your child. Try to stop smoking with or without any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known. Ask a doctor before use if you have:
• Heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
• High blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• An allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
• Stomach ulcer or diabetes.
• History of seizures.
• Using a non-nicotine stop smoking drug.

Other information
• If you have vivid dreams or other sleep disturbances, remove this patch at bedtime.
• Skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash, stop using the patch and call your doctor.
• Irregular heartbeat or palpitations occur.

Keep out of reach of children and pets. Help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Directions
For your family's protection, patches are supplied in child resistant pouches.

TO USE:
• Before using this product, read the enclosed self-help guide for complete directions and other information.

1. If you smoke more than 10 cigarettes per day,:
   a. Start with 21 mg patch/day.
   b. After 6 weeks, change to 14 mg.
   c. After 2 weeks, change to 7 mg.

2. If you smoke 10 or less cigarettes per day,:
   a. Start with 14 mg patch/day.
   b. After 2 weeks, change to 7 mg.

3. For more information, contact Habitrol Customer Care, 1-800-892-5433, or visit us at www.habitrol.com.

To avoid accidental overdose:
• Do not use if the individual pouch is open or torn.
• Do not use if the patch is not dry, clean, or hairless.
• Do not wear more than one patch at a time.
• Do not cut patch in half or into smaller pieces.
• Do not leave patch on for more than 24 hours because it may irritate your skin and reduce strength after 24 hours.

Drug Interactions
• The full course of treatment for STEP 2 is 2 or 6 weeks (depending on how many cigarettes you smoke per day).

Other information:
• Store at 20°-25°C (68°-77°F).
• Keep this product out of reach of children.
• The full course of treatment for STEP 1 is 1 to 2 weeks (depending on how many cigarettes you smoke per day). The full course of treatment for STEP 2 is 2 or 6 weeks (depending on how many cigarettes you smoke per day). This package contains 7 patches (1 week course) only. Read the enclosed self-help guide for additional information.

Comments or Questions?
TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
3. Use patch with a behavioral support program, such as the one described in the enclosed booklet.

**Drug Facts**

Nicotine, 14 mg delivered over 24 hours

Stop smoking aid reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.

**Indications**

Nicotine Transdermal System Patch is indicated for use as an aid to self-help programs in the treatment of nicotine addiction in persons 18 years of age or older who have tried to quit smoking with these programs without success.

**Usages**

Use this product exactly as directed.

**Dosages**

**If you smoke more than 10 cigarettes per day:**

Step 1: Use 21 mg patch for 4 weeks, then
Step 2: Use 14 mg patch for 6 weeks, then
Step 3: Use 7 mg patch for 6 weeks.

**If you smoke 10 or fewer cigarettes per day:**

Start with 14 mg patch for 6 weeks, then
Step 2: Use 7 mg patch for 6 weeks.

**If you smoke more than 10 cigarettes per day,**

Start with 21 mg patch for 4 weeks, then
Step 2: Use 14 mg patch for 6 weeks, then
Step 3: Use 7 mg patch for 6 weeks.

**If you smoke 10 or fewer cigarettes per day,**

Start with 14 mg patch for 6 weeks.

**Directions**

Read the enclosed self-help guide for complete directions and other information.

**Other Information**

Store at 20°–25°C (68°–77°F).

See bottom panel for lot number and expiration date.

**Warnings**

- In patients with heart disease, recent heart attack, or irregular heartbeat, nicotine can increase your heart rate.
- In patients with high blood pressure not controlled with medication, nicotine can increase your blood pressure.
- Patients with an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
- Patients using a non-nicotine stop smoking drug, ask a doctor before use.
- Patients with vivid dreams or other sleep disturbances, remove this patch at bedtime and apply a new one in the morning.
- Patients who have symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness, and rapid heartbeat.
- Patients who have symptoms of an allergic reaction (such as difficulty breathing or rash).

**Usage**

- Before using this product, read the enclosed self-help guide for complete directions and other information.
- Do not use if individual pouch is open or torn.
- Do not cut patch in half or into smaller pieces.
- Do not leave patch on for more than 24 hours because it may irritate your skin and decrease strength after 24 hours.
- To avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures.
- It is important to complete treatment.
- If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

**When using this product**

- If you have vivid dreams or other sleep disturbances, remove this patch at bedtime and apply a new one in the morning.
- Skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash.
- Irregular heartbeat or palpitations occur.
- You get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
- You have symptoms of an allergic reaction (such as difficulty breathing or rash).

**Directions**

- If you are under 18 years of age, ask a doctor before use.
- Stop use and ask a doctor if:
  - You get skin rashes, or if your skin sweats, or you get a rash.
  - You have symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
  - You have symptoms of an allergic reaction (such as difficulty breathing or rash).

**How to dispose of used patches**

Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

**How to use**

- Remove backing from patch and immediately press onto skin. Hold for 10 seconds.
- Wash hands after applying or removing patch. Save pouch to use or patch disposal.
- The used patch should be removed and a new one applied to a different skin site at the same time each day.
- Do not wear more than one patch at a time.

**Other information**

- Store at 20°–25°C (68°–77°F).

**Comments or Questions?**

- Call 1-800-585-8682, weekdays (9am–8pm ET) or visit us at www.habitrol.com

**Distributed by:**

Distributed by:

Dr. Reddy's Laboratories, Inc.
Princeton, NJ 08540

Comments or Questions? Call 1-800-585-8682, weekdays (9am–8pm ET) or visit us at www.habitrol.com

See bottom panel for lot number and expiration date.
TO INCREASE YOUR SUCCESS IN QUITTING:
1. You must be motivated to quit
2. Use the patch as directed
3. It is important to complete treatment
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider
5. Use patch with a behavioral support program, such as the one described in the enclosed self-help guide

Drug Facts

NDC 43598 447 74

Active ingredient (in each patch) Purpose
Ncotine, 14 mg delivered over 24 hours Stop smoking aid

Use
Reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking

Warnings
If you are pregnant or breast feeding, only use this medicine on the advice of your healthcare provider.

Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known.

Ask a doctor before use if you have:
• Heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate
• High blood pressure not controlled with medication. Nicotine can increase your blood pressure
• An allergy to adhesive tape or have skin problems, because you are more likely to get rashes

Nicotine Transdermal System

Ask a doctor before use if you are:
• Using a non-nicotine stop smoking drug
• Taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted

When using this product:
• If you have vivid dreams or other sleep disturbances, remove this patch at bedtime
• Skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash
• Irregular heartbeat or palpitations occur
• You get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• You have symptoms of an allergic reaction (such as difficulty breathing or rash)

Keep out of reach of children and pets. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Directions

• If you are under 18 years of age, ask a doctor before use
• Before using this product, read the enclosed self-help guide for complete directions and other information

For your family’s continued success, patches are negotiable. Add nicotine pouches. Do not use if individual pouch is open or torn.

Step 1

If you smoke more than 10 cigarettes per day:
1. Start with Step 2
2. If you smoke 10 or less cigarettes per day, Start with Step 2

Step 2

For 6 weeks:
1. Use one 21 mg patch/day
2. Use one 14 mg patch/day
3. Use one 7 mg patch/day

Step 3

For 2 weeks:
1. Use one 14 mg patch/day

Behavior Support Program

Includes:
Behavior Support Program with self-help guide

See self-help guide inside.

Includes:
Behavior Support Program with self-help guide

See self-help guide inside.

See bottom panel for lot number and expiration date.
**Drug Facts**

**Active ingredient (in each patch)**

**NDC 55741 446 70**

- **N**icotine, 7 mg delivered over 24 hours

**Purpose**

Stop smoking aid

**Use reduces withdrawal symptoms, including nicotine craving, associated with quitting smoking.**

**Warnings**

- If you are pregnant or breast feeding, only use this medicine on the advice of your health care provider.

- Ask a doctor before use if you have:
  - heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
  - high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
  - an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
  - stomach ulcer or diabetes.
  - history of seizures.

- Stop using this medicine and call your doctor right away if:
  - you become dizzy, light-headed, or weak.
  - you have symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness, and rapid heartbeat.
  - you have symptoms of an allergic reaction (such as difficulty breathing or rash).

- Keep out of reach of children and pets. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

**Directions**

- Before using this product, read the enclosed self-help guide for complete directions and other information. 
- Start using the patch on your quit day.
- If you smoke more than 10 cigarettes per day, use the following schedule below:
  - **Weeks 1 thru 4**: use one 21 mg patch/day
  - **Weeks 5 and 6**: use one 14 mg patch/day
  - **Weeks 7 and 8**: use one 7 mg patch/day

**FOR USE AFTER COMPLETING STEP 2**

**Includes:** 

- **Behavior Support Program** with self-help guide

**FOR USE AFTER COMPLETING STEP 2**

- **7 Patches** (1 Week Kit)

**See self-help guide inside.**

**See bottom panel for lot number and expiration date.**

**Other information**

- Store at 20–25°C (68–77°F).

**Inactive ingredients**

- See self-help guide inside.

**Comments or Questions? Call 1-800-585-8682 (Weekdays 9am–8pm ET) or visit us at www.habitrol.com**

**Habitrol® TAKE CONTROL® SUPPORT PROGRAM**

**Distributed by:**

- Dr. Reddy’s Laboratories, Inc.
- Princeton, NJ 08540

**See bottom panel for lot number and expiration date.**

**Weeks 1 thru 4**

- **STEP 1**
  - Begin using the patch on your quit day.
- **STEP 2**
  - If you smoke more than 10 cigarettes per day, use the following schedule below:
  - **Weeks 1 thru 4**: use one 21 mg patch/day
  - **Weeks 5 and 6**: use one 14 mg patch/day
  - **Weeks 7 and 8**: use one 7 mg patch/day

**FOR USE AFTER COMPLETING STEP 2**

- **Includes:** 
  - **Behavior Support Program** with self-help guide

**FOR USE AFTER COMPLETING STEP 2**

- **7 Patches** (1 Week Kit)

**See self-help guide inside.**

**See bottom panel for lot number and expiration date.**

**Other information**

- Store at 20–25°C (68–77°F).

**Inactive ingredients**

- See self-help guide inside.
TO INCREASE YOUR SUCCESS IN QUITTING:
1. Use one patch daily according to directions.
2. Use patch with a behavioral support program, such as the one described in the enclosed booklet.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch to quit smoking.

Drug Facts
Active ingredient (in each patch) Purpose
N 7 mg delivered over 24 hours Stop smoking aid
Active ingredient: nicotine, 7 mg delivered over 24 hours

Warnings
Stop smoking aid
If you are pregnant or breastfeeding, only use this medication on the advice of your health care provider.
Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medication. This medication is believed to be safer than smoking. However, the risks to your child from this medication are not fully known.
Ask a doctor before use if you have:
• an allergy to adhesive tape or have skin problems, because you are more likely to get rashes
• stomach ulcer or diabetes
• history of seizures
• if you have vivid dreams or other sleep disturbances
• skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash
• irregular heartbeat or palpitations occur
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat
• you have symptoms of an allergic reaction (such as difficulty breathing or rash)

Keep out of reach of children and pets. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Directions
Before using, be sure the skin patch is on your quit day. It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider. Use patch with a behavioral support program, as described in the enclosed booklet. For your family's protection, patches are supplied in child resistant pouches.

1. Use one patch daily according to directions.
2. Use patch with a behavioral support program, such as the one described in the enclosed booklet.
3. It is important to complete treatment.
4. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch to quit smoking.

Other information:
For use after completing Step 2.

Comments or Questions?
Call weekdays (9am-8pm ET) or visit us at www.habitrol.com
See bottom panel for lot number and expiration date.

See self-help guide inside.
For your family's protection, patches are supplied in child resistant pouches. Do not use if individual pouch is open or torn.

See self-help guide inside.
The full treatment course for Step 3 is 14 patches (2 weeks); this package contains 7 patches (1 week course) only. Read the enclosed self-help guide for additional information.

NDC 43598 446 70

Weeks 5 and 6
Weeks 7 and 8
Not for sale to persons under 18 years of age.
TO INCREASE YOUR SUCCESS IN QUITTING:

1. You must be motivated to quit.
2. Use one patch daily according to directions.
3. Use patch with a behavioral support program, such as the one described in the enclosed booklet.
4. If you feel you need to use the patch for a longer period of time, talk to your health care provider.

Active ingredient (in each patch) Purpose
Nicotine Transdermal System Patch
7 mg delivered over 24 hours
STOP SMOKING AID
Believed to be safer than smoking, however, the risks to your child from this medicine are not fully known.

User Information

Warnings

If you are pregnant or breastfeeding, only use this medicine on the advice of your health care provider.

Ask a doctor before use if you have:
• heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• an allergy to adhesive tape or have skin problems, because you are more likely to get rashes.
• stomach ulcer or diabetes.
• history of seizures.
• using a non-nicotine stop smoking drug.
• taking a prescription medicine for depression or asthma. Your prescription dose may need to be increased.

Other Information

• when using this product:
  • stop use and ask a doctor if:
    • skin redness caused by the patch does not go away after 4 days, or if your skin swells, or you get a rash.
    • irregular heartbeat or palpitations occur.
    • you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
    • you have symptoms of an allergic reaction (such as difficulty breathing or rash).

Used patches have enough nicotine to poison children and pets. If swallowed, get medical help immediately. Keep out of reach of children and pets.

Other information

Store at 20-25°C (68-77°F). See bottom panel for lot number and expiration date.

Comments or Questions? Call 1 800 585 8682 (2 Week Kit)

See self-help guide inside.
Drug Facts

Active ingredient (in each patch)
Nicotine Transdermal System PATCH
7 mg delivered over 24 hours
STOP SMOKING AID

Purpose
Smoking Cessation Aid

Uses
If you are pregnant or breast feeding, only use this medicine on the advice of your health care provider.

Symptoms
Smoking can seriously harm your child. Try to stop smoking without using any nicotine replacement medicine. This medicine is believed to be safer than smoking. However, the risks to your child from this medicine are not fully known. Ask a doctor before use if you have:

• heart disease, recent heart attack, or irregular heartbeat. Nicotine can increase your heart rate.
• high blood pressure not controlled with medication. Nicotine can increase your blood pressure.
• stomach ulcer or diabetes.
• history of seizures.

Do not use if:

• using a non-nicotine stop smoking drug.

Ask a doctor or pharmacist before use if you are:

• taking a prescription medicine for depression or asthma. Your prescription dose may need to be adjusted.
• if you have vivid dreams or other sleep disturbances remove this patch at bedtime and apply a new one in the morning.

Stop using and ask a doctor if:

• skin redness caused by the patch does not go away after four days, or if your skin sweats, or you get a rash.
• you get symptoms of nicotine overdose, such as nausea, vomiting, dizziness, weakness and rapid heartbeat.
• you have symptoms of an allergic reaction (such as difficulty breathing or rash).

A child or pet could be poisoned by this patch. Used patches have enough nicotine to poison children and pets. If swallowed, get medical help or contact a Poison Control Center right away. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

Directions

• Follow the directions on the enclosed self-help guide for complete directions and other information.
• Start using the patches on your quit day. If you smoke more than 10 or fewer cigarettes per day, use the following schedule below:

<table>
<thead>
<tr>
<th>Step</th>
<th>Nicotine (mg)</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>21</td>
<td>3 weeks</td>
</tr>
<tr>
<td>2</td>
<td>14</td>
<td>2 weeks</td>
</tr>
<tr>
<td>3</td>
<td>7</td>
<td>2 weeks</td>
</tr>
</tbody>
</table>

• Apply one new patch every 24 hours on skin that is dry, clean and hairless. If you smoke more than 10 or fewer cigarettes per day, use the following schedule below:

<table>
<thead>
<tr>
<th>Step</th>
<th>Nicotine (mg)</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
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<td>2</td>
<td>21</td>
<td>2 weeks</td>
</tr>
<tr>
<td>3</td>
<td>7</td>
<td>2 weeks</td>
</tr>
</tbody>
</table>

• Remove backing from patch and immediately press onto skin. Hold for 10 seconds.
• Wash hands after applying or removing patch. Save pouch to use for patch disposal. Dispose of the used patches by folding sticky ends together and putting in pouch.

• To avoid possible burns, remove patch before undergoing any MRI (magnetic resonance imaging) procedures.
• It is important to complete treatment. If you feel you need to use the patch for a longer period to keep from smoking, talk to your health care provider.

See self-help guide inside.

TO INCREASE YOUR SUCCESS IN QUITTING:
1. You may be more likely to quit if you:
2. Use one patch daily according to directions.
3. It is important to complete treatment.
4. You should talk to use the patch for a longer period to keep from smoking, talk to your health care provider.
5. Use patch with a behavioral support program, such as the one described in the enclosed self-help guide.

For your family's protection, patches are supplied in child resistant pouches.

Other information

• Store at 20° to 25°C (68° to 77°F)

Inactive ingredients

NDC 43598 446 74

For use after completing Step 2

Nicotine Transdermal System PATCH
7 mg delivered over 24 hours
STOP SMOKING AID

Includes:
Behavior Support Program with self-help guide

FOR USE AFTER
(2 WEEK KIT)

14 PATCHES

Distributed by:
Dr. Reddy's Laboratories, Inc
Princeton, NJ 08540

Comments or Questions?
Comments or Questions? Call 1 800 585 8682 weekdays (9am to 8pm ET) or visit us at www.habitrol.com

See bottom panel for lot number and expiration date.
This is a representation of an electronic record that was signed electronically. Following this are manifestations of any and all electronic signatures for this electronic record.

/s/

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THERESA M MICHELE
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