

**HIGHLIGHTS OF PRESCRIBING INFORMATION**  
These highlights do not include all the information needed to use ADALIMUMAB safely and effectively. See full prescribing information for ADALIMUMAB.

ADALIMUMAB injection, for subcutaneous use  
Initial U.S. Approval: 2002  
This product is HUMIRA® (adalimumab).

**WARNING: SERIOUS INFECTIONS AND MALIGNANCY**  
*See full prescribing information for complete boxed warning.*

**SERIOUS INFECTIONS (5.1, 6.1):**

- Increased risk of serious infections leading to hospitalization or death, including tuberculosis (TB), bacterial sepsis, invasive fungal infections (such as histoplasmosis), and infections due to other opportunistic pathogens.
- Discontinue Adalimumab if a patient develops a serious infection or sepsis during treatment.
- Perform test for latent TB; if positive, start treatment for TB prior to starting Adalimumab.
- Monitor all patients for active TB during treatment, even if initial latent TB test is negative.

**MALIGNANCY (5.2):**

- Lymphoma and other malignancies, some fatal, have been reported in children and adolescent patients treated with TNF blockers including Adalimumab.
- Post-marketing cases of hepatosplenic T-cell lymphoma (HSTCL), a rare type of T-cell lymphoma, have occurred in adolescent and young adults with inflammatory bowel disease treated with TNF blockers including Adalimumab.

- INDICATIONS AND USAGE -----
- Adalimumab is a tumor necrosis factor (TNF) blocker indicated for:
- Rheumatoid Arthritis (RA) (1.1):** reducing signs and symptoms, inducing major clinical response, inhibiting the progression of structural damage, and improving physical function in adult patients with moderately to severely active RA.
  - Juvenile Idiopathic Arthritis (JIA) (1.2):** reducing signs and symptoms of moderately to severely active polyarticular JIA in patients 2 years of age and older.
  - Psoriatic Arthritis (PsA) (1.3):** reducing signs and symptoms, inhibiting the progression of structural damage, and improving physical function in adult patients with active PsA.
  - Ankylosing Spondylitis (AS) (1.4):** reducing signs and symptoms in adult patients with active AS.
  - Crohn's Disease (CD) (1.5):** treatment of moderately to severely active Crohn's disease in adults and pediatric patients 6 years of age and older.
  - Ulcerative Colitis (UC) (1.6):** treatment of moderately to severely active ulcerative colitis in adults and pediatric patients 5 years of age and older. Limitations of Use: Effectiveness has not been established in patients who have lost response to or were intolerant to TNF blockers.
  - Plaque Psoriasis (Ps) (1.7):** treatment of adult patients with moderate to severe chronic plaque psoriasis who are candidates for systemic therapy or phototherapy, and when other systemic therapies are medically less appropriate.
  - Hidradenitis Suppurativa (HS) (1.8):** treatment of moderate to severe hidradenitis suppurativa in patients 12 years of age and older.
  - Uveitis (UV) (1.9):** treatment of non-infectious intermediate, posterior, and panuveitis in adults and pediatric patients 2 years of age and older.

- DOSAGE AND ADMINISTRATION -----
- Administer by subcutaneous injection (2)
  - Rheumatoid Arthritis, Psoriatic Arthritis, Ankylosing Spondylitis (2.1):**
    - Adults: 40 mg every other week.
      - Some patients with RA not receiving methotrexate may benefit from increasing the dosage to 40 mg every week or 80 mg every other week.

**Juvenile Idiopathic Arthritis or Pediatric Uveitis (2.2):**

Pediatric Weight 2 Years of Age and Older	Recommended Dosage
10 kg (22 lbs) to less than 15 kg (33 lbs)	10 mg every other week
15 kg (33 lbs) to less than 30 kg (66 lbs)	20 mg every other week
30 kg (66 lbs) and greater	40 mg every other week

**Crohn's Disease (2.3):**

- Adults: 160 mg on Day 1 (given in one day or split over two consecutive days); 80 mg on Day 15; and 40 mg every other week starting on Day 29.
- Pediatric Patients 6 Years of Age and Older:

Pediatric Weight	Recommended Dosage	
	Days 1 and 15	Starting on Day 29
17 kg (37 lbs) to less than 40 kg (88 lbs)	Day 1: 80 mg Day 15: 40 mg	20 mg every other week
40 kg (88 lbs) and greater	Day 1: 160 mg (single dose or split over two consecutive days) Day 15: 80 mg	40 mg every other week

**Ulcerative Colitis (2.4):**

- Adults: 160 mg on Day 1 (given in one day or split over two consecutive days), 80 mg on Day 15 and 40 mg every other week starting on Day 29. Discontinue in patients without evidence of clinical remission by eight weeks (Day 57).
- Pediatric Patients 5 Years of Age and Older:

Pediatric Weight	Recommended Dosage	
	Days 1 through 15	Starting on Day 29*
20 kg (44 lbs) to less than 40 kg (88 lbs)	Day 1: 80 mg Day 8: 40 mg Day 15: 40 mg	40 mg every other week or 20 mg every week
40 kg (88 lbs) and greater	Day 1: 160 mg (single dose or split over two consecutive days) Day 8: 80 mg Day 15: 80 mg	80 mg every other week or 40 mg every week

- \* Continue the recommended pediatric dosage in patients who turn 18 years of age and who are well-controlled on their Adalimumab regimen.
- Plaque Psoriasis or Adult Uveitis (2.5):**
- Adults: 80 mg initial dose, followed by 40 mg every other week starting one week after initial dose.
- Hidradenitis Suppurativa (2.6):**
- Adults:
    - Day 1: 160 mg (given in one day or split over two consecutive days)
    - Day 15: 80 mg
    - Day 29 and subsequent doses: 40 mg every week or 80 mg every other week
  - Adolescents 12 years of age and older:

Adolescent Weight	Recommended Dosage
30 kg (66 lbs) to less than 60 kg (132 lbs)	Day 1: 80 mg Day 8 and subsequent doses: 40 mg every other week
60 kg (132 lbs) and greater	Day 1: 160 mg (given in one day or split over two consecutive days) Day 15: 80 mg Day 29 and subsequent doses: 40 mg every week or 80 mg every other week

- DOSAGE FORMS AND STRENGTHS -----
- Injection:
- Single-dose prefilled pen (Adalimumab Pen): 80 mg/0.8 mL, and 40 mg/0.4 mL (3)
  - Single-dose prefilled glass syringe: 40 mg/0.4 mL, 20 mg/0.2 mL, 10 mg/0.1 mL (3)

----- CONTRAINDICATIONS -----

None (4)

- WARNINGS AND PRECAUTIONS -----
- Serious infections:** Do not start Adalimumab during an active infection. If an infection develops, monitor carefully, and stop Adalimumab if infection becomes serious. (5.1)

- *Invasive fungal infections*: For patients who develop a systemic illness on Adalimumab, consider empiric antifungal therapy for those who reside or travel to regions where mycoses are endemic. (5.1)
- *Malignancies*: Incidence of malignancies was greater in Adalimumab-treated patients than in controls (5.2)
- *Anaphylaxis or serious hypersensitivity reactions* may occur (5.3)
- *Hepatitis B virus reactivation*: Monitor HBV carriers during and several months after therapy. If reactivation occurs, stop Adalimumab and begin anti-viral therapy. (5.4)
- *Demyelinating disease*: Exacerbation or new onset, may occur. (5.5)
- *Cytopenias, pancytopenia*: Advise patients to seek immediate medical attention if symptoms develop, and consider stopping Adalimumab. (5.6)
- *Heart failure*: Worsening or new onset, may occur. (5.8)
- *Lupus-like syndrome*: Stop Adalimumab if syndrome develops. (5.9)

#### ----- ADVERSE REACTIONS -----

Most common adverse reactions (>10%) are: infections (e.g. upper respiratory, sinusitis), injection site reactions, headache and rash. (6.1)

**To report SUSPECTED ADVERSE REACTIONS, contact AbbVie Inc. at 1-800-633-9110 or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch)**

#### ----- DRUG INTERACTIONS -----

- *Abatacept*: Increased risk of serious infection. (5.1, 5.11, 7.2)
- *Anakinra*: Increased risk of serious infection. (5.1, 5.7, 7.2)
- *Live vaccines*: Avoid use with Adalimumab. (5.10, 7.3)

**See 17 for PATIENT COUNSELING INFORMATION and Medication Guide.**

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## FULL PRESCRIBING INFORMATION

### WARNING: SERIOUS INFECTIONS AND MALIGNANCY

#### SERIOUS INFECTIONS

Patients treated with Adalimumab are at increased risk for developing serious infections that may lead to hospitalization or death [see *Warnings and Precautions (5.1)*]. Most patients who developed these infections were taking concomitant immunosuppressants such as methotrexate or corticosteroids.

Discontinue Adalimumab if a patient develops a serious infection or sepsis.

Reported infections include:

- Active tuberculosis (TB), including reactivation of latent TB. Patients with TB have frequently presented with disseminated or extrapulmonary disease. Test patients for latent TB before Adalimumab use and during therapy. Initiate treatment for latent TB prior to Adalimumab use.
- Invasive fungal infections, including histoplasmosis, coccidioidomycosis, candidiasis, aspergillosis, blastomycosis, and pneumocystosis. Patients with histoplasmosis or other invasive fungal infections may present with disseminated, rather than localized, disease. Antigen and antibody testing for histoplasmosis may be negative in some patients with active infection. Consider empiric anti-fungal therapy in patients at risk for invasive fungal infections who develop severe systemic illness.
- Bacterial, viral and other infections due to opportunistic pathogens, including *Legionella* and *Listeria*.

Carefully consider the risks and benefits of treatment with Adalimumab prior to initiating therapy in patients with chronic or recurrent infection.

Monitor patients closely for the development of signs and symptoms of infection during and after treatment with Adalimumab, including the possible development of TB in patients who tested negative for latent TB infection prior to initiating therapy [see *Warnings and Precautions (5.1)* and *Adverse Reactions (6.1)*].

#### MALIGNANCY

Lymphoma and other malignancies, some fatal, have been reported in children and adolescent patients treated with TNF blockers including Adalimumab [see *Warnings and Precautions (5.2)*]. Post-marketing cases of hepatosplenic T-cell lymphoma (HSTCL), a rare type of T-cell lymphoma, have been reported in patients treated with TNF blockers including Adalimumab. These cases have had a very aggressive disease course and have been fatal. The majority of reported TNF blocker cases have occurred in patients with Crohn's disease or ulcerative colitis and the majority were in adolescent and young adult males. Almost all these patients had received treatment with azathioprine or 6-mercaptopurine (6-MP) concomitantly with a TNF blocker at or prior to diagnosis. It is uncertain whether the occurrence of HSTCL is related to use of a TNF blocker or a TNF

**blocker in combination with these other immunosuppressants [see Warnings and Precautions (5.2)].**

## **1 INDICATIONS AND USAGE**

### **1.1 Rheumatoid Arthritis**

Adalimumab is indicated for reducing signs and symptoms, inducing major clinical response, inhibiting the progression of structural damage, and improving physical function in adult patients with moderately to severely active rheumatoid arthritis. Adalimumab can be used alone or in combination with methotrexate or other non-biologic disease-modifying anti-rheumatic drugs (DMARDs).

### **1.2 Juvenile Idiopathic Arthritis**

Adalimumab is indicated for reducing signs and symptoms of moderately to severely active polyarticular juvenile idiopathic arthritis in patients 2 years of age and older. Adalimumab can be used alone or in combination with methotrexate.

### **1.3 Psoriatic Arthritis**

Adalimumab is indicated for reducing signs and symptoms, inhibiting the progression of structural damage, and improving physical function in adult patients with active psoriatic arthritis. Adalimumab can be used alone or in combination with non-biologic DMARDs.

### **1.4 Ankylosing Spondylitis**

Adalimumab is indicated for reducing signs and symptoms in adult patients with active ankylosing spondylitis.

### **1.5 Crohn's Disease**

Adalimumab is indicated for the treatment of moderately to severely active Crohn's disease in adults and pediatric patients 6 years of age and older.

### **1.6 Ulcerative Colitis**

Adalimumab is indicated for the treatment of moderately to severely active ulcerative colitis in adults and pediatric patients 5 years of age and older.

#### Limitations of Use

The effectiveness of Adalimumab has not been established in patients who have lost response to or were intolerant to TNF blockers [see *Clinical Studies* (14.7, 14.8)].

### **1.7 Plaque Psoriasis**

Adalimumab is indicated for the treatment of adult patients with moderate to severe chronic plaque psoriasis who are candidates for systemic therapy or phototherapy, and when other systemic therapies are medically less appropriate. Adalimumab should only be administered to

patients who will be closely monitored and have regular follow-up visits with a physician [see *Warnings and Precautions* (5)].

### 1.8 Hidradenitis Suppurativa

Adalimumab is indicated for the treatment of moderate to severe hidradenitis suppurativa in patients 12 years of age and older.

### 1.9 Uveitis

Adalimumab is indicated for the treatment of non-infectious intermediate, posterior, and panuveitis in adults and pediatric patients 2 years of age and older.

## 2 DOSAGE AND ADMINISTRATION

### 2.1 Rheumatoid Arthritis, Psoriatic Arthritis, and Ankylosing Spondylitis

The recommended subcutaneous dosage of Adalimumab for adult patients with rheumatoid arthritis (RA), psoriatic arthritis (PsA), or ankylosing spondylitis (AS) is 40 mg administered every other week. Methotrexate (MTX), other non-biologic DMARDs, glucocorticoids, nonsteroidal anti-inflammatory drugs (NSAIDs), and/or analgesics may be continued during treatment with Adalimumab. In the treatment of RA, some patients not taking concomitant MTX may derive additional benefit from increasing the dosage of Adalimumab to 40 mg every week or 80 mg every other week.

### 2.2 Juvenile Idiopathic Arthritis or Pediatric Uveitis

The recommended subcutaneous dosage of Adalimumab for patients 2 years of age and older with polyarticular juvenile idiopathic arthritis (JIA) or pediatric uveitis is based on weight as shown below. MTX, glucocorticoids, NSAIDs, and/or analgesics may be continued during treatment with Adalimumab.

<b>Pediatric Weight (2 Years of Age and older)</b>	<b>Recommended Dosage</b>
10 kg (22 lbs) to less than 15 kg (33 lbs)	10 mg every other week
15 kg (33 lbs) to less than 30 kg (66 lbs)	20 mg every other week
30 kg (66 lbs) and greater	40 mg every other week

Adalimumab has not been studied in patients with polyarticular JIA or pediatric uveitis less than 2 years of age or in patients with a weight below 10 kg.

### 2.3 Crohn's Disease

#### Adults

The recommended subcutaneous dosage of Adalimumab for adult patients with Crohn's disease (CD) is 160 mg initially on Day 1 (given in one day or split over two consecutive days), followed by 80 mg two weeks later (Day 15). Two weeks later (Day 29) begin a dosage of 40 mg

every other week. Aminosalicylates and/or corticosteroids may be continued during treatment with Adalimumab. Azathioprine, 6-mercaptopurine (6-MP) [see *Warnings and Precautions* (5.2)] or MTX may be continued during treatment with Adalimumab if necessary.

### Pediatrics

The recommended subcutaneous dosage of Adalimumab for pediatric patients 6 years of age and older with Crohn's disease (CD) is based on body weight as shown below:

Pediatric Weight	Recommended Dosage	
	Days 1 through 15	Starting on Day 29
17 kg (37 lbs) to less than 40 kg (88 lbs)	Day 1: 80 mg Day 15: 40 mg	20 mg every other week
40 kg (88 lbs) and greater	Day 1: 160 mg (single dose or split over two consecutive days) Day 15: 80 mg	40 mg every other week

## 2.4 Ulcerative Colitis

### Adults

The recommended subcutaneous dosage of Adalimumab for adult patients with ulcerative colitis is 160 mg initially on Day 1 (given in one day or split over two consecutive days), followed by 80 mg two weeks later (Day 15). Two weeks later (Day 29) continue with a dosage of 40 mg every other week.

Discontinue Adalimumab in adult patients without evidence of clinical remission by eight weeks (Day 57) of therapy. Aminosalicylates and/or corticosteroids may be continued during treatment with Adalimumab. Azathioprine and 6-mercaptopurine (6-MP) [see *Warnings and Precautions* (5.2)] may be continued during treatment with Adalimumab if necessary.

### Pediatrics

The recommended subcutaneous dosage of Adalimumab for pediatric patients 5 years of age and older with ulcerative colitis is based on body weight as shown below:

Pediatric Weight	Recommended Dosage	
	Days 1 through 15	Starting on Day 29*
20 kg (44 lbs) to less than 40 kg (88 lbs)	Day 1: 80 mg Day 8: 40 mg Day 15: 40 mg	40 mg every other week or 20 mg every week
40 kg (88 lbs) and greater	Day 1: 160 mg (single dose or split over two consecutive days) Day 8: 80 mg Day 15: 80 mg	80 mg every other week or 40 mg every week

\* Continue the recommended pediatric dosage in patients who turn 18 years of age and who are well-controlled on their Adalimumab regimen.

## 2.5 Plaque Psoriasis or Adult Uveitis

The recommended subcutaneous dosage of Adalimumab for adult patients with plaque psoriasis (Ps) or Uveitis (UV) is an initial dose of 80 mg, followed by 40 mg given every other week starting one week after the initial dose. The use of Adalimumab in moderate to severe chronic Ps beyond one year has not been evaluated in controlled clinical studies.

## 2.6 Hidradenitis Suppurativa

### Adults

The recommended subcutaneous dosage of Adalimumab for adult patients with hidradenitis suppurativa (HS) is an initial dose of 160 mg (given in one day or split over two consecutive days), followed by 80 mg two weeks later (Day 15). Begin 40 mg weekly or 80 mg every other week dosing two weeks later (Day 29).

### Adolescents

The recommended subcutaneous dosage of Adalimumab for adolescent patients 12 years of age and older weighing at least 30 kg with hidradenitis suppurativa (HS) is based on body weight as shown below [*see Use in Specific Populations (8.4) and Clinical Pharmacology (12.3)*]:

Body Weight of Adolescent Patients (12 years of age and older)	Recommended Dosage
30 kg (66 lbs) to less than 60 kg (132 lbs)	<ul style="list-style-type: none"><li>• Day 1: 80 mg</li><li>• Day 8 and subsequent doses: 40 mg every other week</li></ul>
60 kg (132 lbs) and greater	<ul style="list-style-type: none"><li>• Day 1: 160 mg (given in one day or split over two consecutive days);</li><li>• Day 15: 80 mg</li><li>• Day 29 and subsequent doses: 40 mg every week or 80 mg every other week</li></ul>

## 2.7 Monitoring to Assess Safety

Prior to initiating Adalimumab and periodically during therapy, evaluate patients for active tuberculosis and test for latent infection [*see Warnings and Precautions (5.1)*].

## 2.8 General Considerations for Administration

Adalimumab is intended for use under the guidance and supervision of a physician. A patient may self-inject Adalimumab or a caregiver may inject Adalimumab using either the Adalimumab Pen or prefilled syringe if a physician determines that it is appropriate, and with medical follow-up, as necessary, after proper training in subcutaneous injection technique.

Adalimumab can be taken out of the refrigerator for 15 to 30 minutes before injecting to allow the liquid to come to room temperature. Do not remove the cap or cover while allowing it to reach room temperature. Carefully inspect the solution in the Adalimumab Pen, or prefilled syringe for particulate matter and discoloration prior to subcutaneous administration. If



particulates and discolorations are noted, do not use the product. Adalimumab does not contain preservatives; therefore, discard unused portions of drug remaining from the syringe.

Instruct patients using the Adalimumab Pen or prefilled syringe to inject the full amount in the syringe, according to the directions provided in the Instructions for Use [*see Instructions for Use*].

Injections should occur at separate sites in the thigh or abdomen. Rotate injection sites and do not give injections into areas where the skin is tender, bruised, red or hard.

If a dose is missed, administer the dose as soon as possible. Thereafter, resume dosing at the regular scheduled time.

### 3 DOSAGE FORMS AND STRENGTHS

Adalimumab is a clear and colorless solution available as:

- **Pen (Adalimumab Pen)**  
Injection: 80 mg/0.8 mL in a single-dose pen.  
Injection: 40 mg/0.4 mL in a single-dose pen.
- **Prefilled Syringe**  
Injection: 40 mg/0.4 mL in a single-dose prefilled glass syringe.  
Injection: 20 mg/0.2 mL in a single-dose prefilled glass syringe.  
Injection: 10 mg/0.1 mL in a single-dose prefilled glass syringe.

### 4 CONTRAINDICATIONS

None.

### 5 WARNINGS AND PRECAUTIONS

#### 5.1 Serious Infections

Patients treated with Adalimumab are at increased risk for developing serious infections involving various organ systems and sites that may lead to hospitalization or death. Opportunistic infections due to bacterial, mycobacterial, invasive fungal, viral, parasitic, or other opportunistic pathogens including aspergillosis, blastomycosis, candidiasis, coccidioidomycosis, histoplasmosis, legionellosis, listeriosis, pneumocystosis and tuberculosis have been reported with TNF blockers. Patients have frequently presented with disseminated rather than localized disease.

The concomitant use of a TNF blocker and abatacept or anakinra was associated with a higher risk of serious infections in patients with rheumatoid arthritis (RA); therefore, the concomitant use of Adalimumab and these biologic products is not recommended in the treatment of patients with RA [*see Warnings and Precautions (5.7, 5.11) and Drug Interactions (7.2)*].

Treatment with Adalimumab should not be initiated in patients with an active infection, including localized infections. Patients 65 years of age and older, patients with co-morbid



conditions and/or patients taking concomitant immunosuppressants (such as corticosteroids or methotrexate), may be at greater risk of infection. Consider the risks and benefits of treatment prior to initiating therapy in patients:

- with chronic or recurrent infection;
- who have been exposed to tuberculosis;
- with a history of an opportunistic infection;
- who have resided or traveled in areas of endemic tuberculosis or endemic mycoses, such as histoplasmosis, coccidioidomycosis, or blastomycosis; or
- with underlying conditions that may predispose them to infection.

### Tuberculosis

Cases of reactivation of tuberculosis and new onset tuberculosis infections have been reported in patients receiving Adalimumab, including patients who have previously received treatment for latent or active tuberculosis. Reports included cases of pulmonary and extrapulmonary (i.e., disseminated) tuberculosis. Evaluate patients for tuberculosis risk factors and test for latent infection prior to initiating Adalimumab and periodically during therapy.

Treatment of latent tuberculosis infection prior to therapy with TNF blocking agents has been shown to reduce the risk of tuberculosis reactivation during therapy. Prior to initiating Adalimumab, assess if treatment for latent tuberculosis is needed; and consider an induration of  $\geq 5$  mm a positive tuberculin skin test result, even for patients previously vaccinated with Bacille Calmette-Guerin (BCG).

Consider anti-tuberculosis therapy prior to initiation of Adalimumab in patients with a past history of latent or active tuberculosis in whom an adequate course of treatment cannot be confirmed, and for patients with a negative test for latent tuberculosis but having risk factors for tuberculosis infection. Despite prophylactic treatment for tuberculosis, cases of reactivated tuberculosis have occurred in patients treated with Adalimumab. Consultation with a physician with expertise in the treatment of tuberculosis is recommended to aid in the decision whether initiating anti-tuberculosis therapy is appropriate for an individual patient.

Strongly consider tuberculosis in the differential diagnosis in patients who develop a new infection during Adalimumab treatment, especially in patients who have previously or recently traveled to countries with a high prevalence of tuberculosis, or who have had close contact with a person with active tuberculosis.

### Monitoring

Closely monitor patients for the development of signs and symptoms of infection during and after treatment with Adalimumab, including the development of tuberculosis in patients who tested negative for latent tuberculosis infection prior to initiating therapy. Tests for latent tuberculosis infection may also be falsely negative while on therapy with Adalimumab.

Discontinue Adalimumab if a patient develops a serious infection or sepsis. For a patient who develops a new infection during treatment with Adalimumab, closely monitor them, perform a prompt and complete diagnostic workup appropriate for an immunocompromised patient, and initiate appropriate antimicrobial therapy.

### Invasive Fungal Infections

If patients develop a serious systemic illness and they reside or travel in regions where mycoses are endemic, consider invasive fungal infection in the differential diagnosis. Antigen and antibody testing for histoplasmosis may be negative in some patients with active infection. Consider appropriate empiric antifungal therapy, taking into account both the risk for severe fungal infection and the risks of antifungal therapy, while a diagnostic workup is being performed. To aid in the management of such patients, consider consultation with a physician with expertise in the diagnosis and treatment of invasive fungal infections.

## **5.2 Malignancies**

Consider the risks and benefits of TNF-blocker treatment including Adalimumab prior to initiating therapy in patients with a known malignancy other than a successfully treated non-melanoma skin cancer (NMSC) or when considering continuing a TNF blocker in patients who develop a malignancy.

### Malignancies in Adults

In the controlled portions of clinical trials of some TNF-blockers, including Adalimumab, more cases of malignancies have been observed among TNF-blocker-treated adult patients compared to control-treated adult patients. During the controlled portions of 39 global Adalimumab clinical trials in adult patients with rheumatoid arthritis (RA), psoriatic arthritis (PsA), ankylosing spondylitis (AS), Crohn's disease (CD), ulcerative colitis (UC), plaque psoriasis (Ps), hidradenitis suppurativa (HS) and uveitis (UV), malignancies, other than non-melanoma (basal cell and squamous cell) skin cancer, were observed at a rate (95% confidence interval) of 0.7 (0.48, 1.03) per 100 patient-years among 7973 Adalimumab-treated patients versus a rate of 0.7 (0.41, 1.17) per 100 patient-years among 4848 control-treated patients (median duration of treatment of 4 months for Adalimumab-treated patients and 4 months for control-treated patients). In 52 global controlled and uncontrolled clinical trials of Adalimumab in adult patients with RA, PsA, AS, CD, UC, Ps, HS and UV, the most frequently observed malignancies, other than lymphoma and NMSC, were breast, colon, prostate, lung, and melanoma. The malignancies in Adalimumab-treated patients in the controlled and uncontrolled portions of the studies were similar in type and number to what would be expected in the general U.S. population according to the SEER database (adjusted for age, gender, and race).<sup>1</sup>

In controlled trials of other TNF blockers in adult patients at higher risk for malignancies (i.e., patients with COPD with a significant smoking history and cyclophosphamide-treated patients with Wegener's granulomatosis), a greater portion of malignancies occurred in the TNF blocker group compared to the control group.

### *Non-Melanoma Skin Cancer*

During the controlled portions of 39 global Adalimumab clinical trials in adult patients with RA, PsA, AS, CD, UC, Ps, HS and UV, the rate (95% confidence interval) of NMSC was 0.8 (0.52, 1.09) per 100 patient-years among Adalimumab-treated patients and 0.2 (0.10, 0.59) per 100 patient-years among control-treated patients. Examine all patients, and in particular patients with a medical history of prior prolonged immunosuppressant therapy or psoriasis patients with a history of PUVA treatment for the presence of NMSC prior to and during treatment with Adalimumab.

### *Lymphoma and Leukemia*

In the controlled portions of clinical trials of all the TNF-blockers in adults, more cases of lymphoma have been observed among TNF-blocker-treated patients compared to control-treated patients. In the controlled portions of 39 global Adalimumab clinical trials in adult patients with RA, PsA, AS, CD, UC, Ps, HS and UV, 2 lymphomas occurred among 7973 Adalimumab-treated patients versus 1 among 4848 control-treated patients. In 52 global controlled and uncontrolled clinical trials of Adalimumab in adult patients with RA, PsA, AS, CD, UC, Ps, HS and UV with a median duration of approximately 0.7 years, including 24,605 patients and over 40,215 patient-years of Adalimumab, the observed rate of lymphomas was approximately 0.11 per 100 patient-years. This is approximately 3-fold higher than expected in the general U.S. population according to the SEER database (adjusted for age, gender, and race).<sup>1</sup> Rates of lymphoma in clinical trials of Adalimumab cannot be compared to rates of lymphoma in clinical trials of other TNF blockers and may not predict the rates observed in a broader patient population. Patients with RA and other chronic inflammatory diseases, particularly those with highly active disease and/or chronic exposure to immunosuppressant therapies, may be at a higher risk (up to several fold) than the general population for the development of lymphoma, even in the absence of TNF blockers. Post-marketing cases of acute and chronic leukemia have been reported in association with TNF-blocker use in RA and other indications. Even in the absence of TNF-blocker therapy, patients with RA may be at a higher risk (approximately 2-fold) than the general population for the development of leukemia.

#### Malignancies in Pediatric Patients and Young Adults

Malignancies, some fatal, have been reported among children, adolescents, and young adults who received treatment with TNF-blockers (initiation of therapy  $\leq$  18 years of age), of which Adalimumab is a member. Approximately half the cases were lymphomas, including Hodgkin's and non-Hodgkin's lymphoma. The other cases represented a variety of different malignancies and included rare malignancies usually associated with immunosuppression and malignancies that are not usually observed in children and adolescents. The malignancies occurred after a median of 30 months of therapy (range 1 to 84 months). Most of the patients were receiving concomitant immunosuppressants. These cases were reported post-marketing and are derived from a variety of sources including registries and spontaneous postmarketing reports.

Postmarketing cases of hepatosplenic T-cell lymphoma (HSTCL), a rare type of T-cell lymphoma, have been reported in patients treated with TNF blockers including Adalimumab. These cases have had a very aggressive disease course and have been fatal. The majority of reported TNF blocker cases have occurred in patients with Crohn's disease or ulcerative colitis and the majority were in adolescent and young adult males. Almost all of these patients had received treatment with the immunosuppressants azathioprine or 6-mercaptopurine (6-MP) concomitantly with a TNF blocker at or prior to diagnosis. It is uncertain whether the occurrence of HSTCL is related to use of a TNF blocker or a TNF blocker in combination with these other immunosuppressants. The potential risk with the combination of azathioprine or 6-mercaptopurine and Adalimumab should be carefully considered.

### **5.3 Hypersensitivity Reactions**

Anaphylaxis and angioneurotic edema have been reported following Adalimumab administration. If an anaphylactic or other serious allergic reaction occurs, immediately discontinue administration of Adalimumab and institute appropriate therapy. In clinical trials of

Adalimumab, hypersensitivity reactions (e.g., rash, anaphylactoid reaction, fixed drug reaction, non-specified drug reaction, urticaria) have been observed.

#### **5.4 Hepatitis B Virus Reactivation**

Use of TNF blockers, including Adalimumab, may increase the risk of reactivation of hepatitis B virus (HBV) in patients who are chronic carriers of this virus. In some instances, HBV reactivation occurring in conjunction with TNF blocker therapy has been fatal. The majority of these reports have occurred in patients concomitantly receiving other medications that suppress the immune system, which may also contribute to HBV reactivation. Evaluate patients at risk for HBV infection for prior evidence of HBV infection before initiating TNF blocker therapy. Exercise caution in prescribing TNF blockers for patients identified as carriers of HBV. Adequate data are not available on the safety or efficacy of treating patients who are carriers of HBV with anti-viral therapy in conjunction with TNF blocker therapy to prevent HBV reactivation. For patients who are carriers of HBV and require treatment with TNF blockers, closely monitor such patients for clinical and laboratory signs of active HBV infection throughout therapy and for several months following termination of therapy. In patients who develop HBV reactivation, stop Adalimumab and initiate effective anti-viral therapy with appropriate supportive treatment. The safety of resuming TNF blocker therapy after HBV reactivation is controlled is not known. Therefore, exercise caution when considering resumption of Adalimumab therapy in this situation and monitor patients closely.

#### **5.5 Neurologic Reactions**

Use of TNF blocking agents, including Adalimumab, has been associated with rare cases of new onset or exacerbation of clinical symptoms and/or radiographic evidence of central nervous system demyelinating disease, including multiple sclerosis (MS) and optic neuritis, and peripheral demyelinating disease, including Guillain-Barré syndrome. Exercise caution in considering the use of Adalimumab in patients with preexisting or recent-onset central or peripheral nervous system demyelinating disorders; discontinuation of Adalimumab should be considered if any of these disorders develop. There is a known association between intermediate uveitis and central demyelinating disorders.

#### **5.6 Hematological Reactions**

Rare reports of pancytopenia including aplastic anemia have been reported with TNF blocking agents. Adverse reactions of the hematologic system, including medically significant cytopenia (e.g., thrombocytopenia, leukopenia) have been infrequently reported with Adalimumab. The causal relationship of these reports to Adalimumab remains unclear. Advise all patients to seek immediate medical attention if they develop signs and symptoms suggestive of blood dyscrasias or infection (e.g., persistent fever, bruising, bleeding, pallor) while on Adalimumab. Consider discontinuation of Adalimumab therapy in patients with confirmed significant hematologic abnormalities.

#### **5.7 Increased Risk of Infection when Used with Anakinra**

Concurrent use of anakinra (an interleukin-1 antagonist) and another TNF-blocker, was associated with a greater proportion of serious infections and neutropenia and no added benefit

compared with the TNF-blocker alone in patients with RA. Therefore, the combination of Adalimumab and anakinra is not recommended [see *Drug Interactions* (7.2)].

### 5.8 Heart Failure

Cases of worsening congestive heart failure (CHF) and new onset CHF have been reported with TNF blockers. Cases of worsening CHF have also been observed with Adalimumab.

Adalimumab has not been formally studied in patients with CHF; however, in clinical trials of another TNF blocker, a higher rate of serious CHF-related adverse reactions was observed.

Exercise caution when using Adalimumab in patients who have heart failure and monitor them carefully.

### 5.9 Autoimmunity

Treatment with Adalimumab may result in the formation of autoantibodies and, rarely, in the development of a lupus-like syndrome. If a patient develops symptoms suggestive of a lupus-like syndrome following treatment with Adalimumab, discontinue treatment [see *Adverse Reactions* (6.1)].

### 5.10 Immunizations

In a placebo-controlled clinical trial of patients with RA, no difference was detected in anti-pneumococcal antibody response between Adalimumab and placebo treatment groups when the pneumococcal polysaccharide vaccine and influenza vaccine were administered concurrently with Adalimumab. Similar proportions of patients developed protective levels of anti-influenza antibodies between Adalimumab and placebo treatment groups; however, titers in aggregate to influenza antigens were moderately lower in patients receiving Adalimumab. The clinical significance of this is unknown. Patients on Adalimumab may receive concurrent vaccinations, except for live vaccines. No data are available on the secondary transmission of infection by live vaccines in patients receiving Adalimumab.

It is recommended that pediatric patients, if possible, be brought up to date with all immunizations in agreement with current immunization guidelines prior to initiating Adalimumab therapy. Patients on Adalimumab may receive concurrent vaccinations, except for live vaccines.

The safety of administering live or live-attenuated vaccines in infants exposed to Adalimumab *in utero* is unknown. Risks and benefits should be considered prior to vaccinating (live or live-attenuated) exposed infants [see *Use in Specific Populations* (8.1, 8.4)].

### 5.11 Increased Risk of Infection When Used with Abatacept

In controlled trials, the concurrent administration of TNF-blockers and abatacept was associated with a greater proportion of serious infections than the use of a TNF-blocker alone; the combination therapy, compared to the use of a TNF-blocker alone, has not demonstrated improved clinical benefit in the treatment of RA. Therefore, the combination of abatacept with TNF-blockers including Adalimumab is not recommended [see *Drug Interactions* (7.2)].

## 6 ADVERSE REACTIONS

The following clinically significant adverse reactions are described elsewhere in the labeling:

- Serious Infections [see *Warnings and Precautions* (5.1)]
- Malignancies [see *Warnings and Precautions* (5.2)]
- Hypersensitivity Reactions [see *Warnings and Precautions* (5.3)]
- Hepatitis B Virus Reactivation [see *Warnings and Precautions* (5.4)]
- Neurologic Reactions [see *Warnings and Precautions* (5.5)]
- Hematological Reactions [see *Warnings and Precautions* (5.6)]
- Heart Failure [see *Warnings and Precautions* (5.8)]
- Autoimmunity [see *Warnings and Precautions* (5.9)]

### 6.1 Clinical Trials Experience

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared to rates in the clinical trials of another drug and may not reflect the rates observed in practice.

The most common adverse reaction with Adalimumab was injection site reactions. In placebo-controlled trials, 20% of patients treated with Adalimumab developed injection site reactions (erythema and/or itching, hemorrhage, pain or swelling), compared to 14% of patients receiving placebo. Most injection site reactions were described as mild and generally did not necessitate drug discontinuation.

The proportion of patients who discontinued treatment due to adverse reactions during the double-blind, placebo-controlled portion of studies in patients with RA (i.e., Studies RA-I, RA-II, RA-III and RA-IV) was 7% for patients taking Adalimumab and 4% for placebo-treated patients. The most common adverse reactions leading to discontinuation of Adalimumab in these RA studies were clinical flare reaction (0.7%), rash (0.3%) and pneumonia (0.3%).

#### Infections

In the controlled portions of the 39 global Adalimumab clinical trials in adult patients with RA, PsA, AS, CD, UC, Ps, HS and UV, the rate of serious infections was 4.3 per 100 patient-years in 7973 Adalimumab-treated patients versus a rate of 2.9 per 100 patient-years in 4848 control-treated patients. Serious infections observed included pneumonia, septic arthritis, prosthetic and post-surgical infections, erysipelas, cellulitis, diverticulitis, and pyelonephritis [see *Warnings and Precautions* (5.1)].

#### *Tuberculosis and Opportunistic Infections*

In 52 global controlled and uncontrolled clinical trials in RA, PsA, AS, CD, UC, Ps, HS and UV that included 24,605 Adalimumab-treated patients, the rate of reported active tuberculosis was 0.20 per 100 patient-years and the rate of positive PPD conversion was 0.09 per 100 patient-years. In a subgroup of 10,113 U.S. and Canadian Adalimumab-treated patients, the rate of reported active TB was 0.05 per 100 patient-years and the rate of positive PPD conversion was 0.07 per 100 patient-years. These trials included reports of miliary, lymphatic, peritoneal, and pulmonary TB. Most of the TB cases occurred within the first eight months after initiation of therapy and may reflect recrudescence of latent disease. In these global clinical trials, cases of serious opportunistic infections have been reported at an overall rate of 0.05 per 100 patient-

years. Some cases of serious opportunistic infections and TB have been fatal [*see Warnings and Precautions (5.1)*].

### Autoantibodies

In the rheumatoid arthritis controlled trials, 12% of patients treated with Adalimumab and 7% of placebo-treated patients that had negative baseline ANA titers developed positive titers at week 24. Two patients out of 3046 treated with Adalimumab developed clinical signs suggestive of new-onset lupus-like syndrome. The patients improved following discontinuation of therapy. No patients developed lupus nephritis or central nervous system symptoms. The impact of long-term treatment with Adalimumab on the development of autoimmune diseases is unknown.

### Liver Enzyme Elevations

There have been reports of severe hepatic reactions including acute liver failure in patients receiving TNF-blockers. In controlled Phase 3 trials of Adalimumab (40 mg SC every other week) in patients with RA, PsA, and AS with control period duration ranging from 4 to 104 weeks, ALT elevations  $\geq 3 \times \text{ULN}$  occurred in 3.5% of Adalimumab-treated patients and 1.5% of control-treated patients. Since many of these patients in these trials were also taking medications that cause liver enzyme elevations (e.g., NSAIDs, MTX), the relationship between Adalimumab and the liver enzyme elevations is not clear. In a controlled Phase 3 trial of Adalimumab in patients with polyarticular JIA who were 4 to 17 years, ALT elevations  $\geq 3 \times \text{ULN}$  occurred in 4.4% of Adalimumab-treated patients and 1.5% of control-treated patients (ALT more common than AST); liver enzyme test elevations were more frequent among those treated with the combination of Adalimumab and MTX than those treated with Adalimumab alone. In general, these elevations did not lead to discontinuation of Adalimumab treatment. No ALT elevations  $\geq 3 \times \text{ULN}$  occurred in the open-label study of Adalimumab in patients with polyarticular JIA who were 2 to  $<4$  years.

In controlled Phase 3 trials of Adalimumab (initial doses of 160 mg and 80 mg, or 80 mg and 40 mg on Days 1 and 15, respectively, followed by 40 mg every other week) in adult patients with Crohn's Disease with a control period duration ranging from 4 to 52 weeks, ALT elevations  $\geq 3 \times \text{ULN}$  occurred in 0.9% of Adalimumab-treated patients and 0.9% of control-treated patients. In the Phase 3 trial of Adalimumab in pediatric patients with Crohn's disease which evaluated efficacy and safety of two body weight based maintenance dose regimens following body weight based induction therapy up to 52 weeks of treatment, ALT elevations  $\geq 3 \times \text{ULN}$  occurred in 2.6% (5/192) of patients, of whom 4 were receiving concomitant immunosuppressants at baseline; none of these patients discontinued due to abnormalities in ALT tests. In controlled Phase 3 trials of Adalimumab (initial doses of 160 mg and 80 mg on Days 1 and 15 respectively, followed by 40 mg every other week) in adult patients with UC with control period duration ranging from 1 to 52 weeks, ALT elevations  $\geq 3 \times \text{ULN}$  occurred in 1.5% of Adalimumab-treated patients and 1.0% of control-treated patients. In the controlled Phase 3 trial of Adalimumab in patients with pediatric ulcerative colitis (N=93), which evaluated efficacy and safety of a maintenance dose of 0.6 mg/kg (maximum of 40 mg) every other week (N=31) and a maintenance dose of 0.6 mg/kg (maximum of 40 mg) every week (N=32), following body weight based induction doses of 2.4 mg/kg (maximum of 160 mg) at Week 0 and Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2 (N=63), or an induction dose of 2.4 mg/kg (maximum of 160 mg) at Week 0, placebo at Week 1, and 1.2 mg/kg (maximum of 80 mg) at Week 2 (N=30), ALT elevations  $\geq 3 \times \text{ULN}$  occurred in 1.1% (1/93) of patients. In controlled Phase 3 trials of



Adalimumab (initial dose of 80 mg then 40 mg every other week) in patients with Ps with control period duration ranging from 12 to 24 weeks, ALT elevations  $\geq 3 \times$  ULN occurred in 1.8% of Adalimumab-treated patients and 1.8% of control-treated patients. In controlled trials of Adalimumab (initial doses of 160 mg at Week 0 and 80 mg at Week 2, followed by 40 mg every week starting at Week 4), in subjects with HS with a control period duration ranging from 12 to 16 weeks, ALT elevations  $\geq 3 \times$  ULN occurred in 0.3% of Adalimumab-treated subjects and 0.6% of control-treated subjects. In controlled trials of Adalimumab (initial doses of 80 mg at Week 0 followed by 40 mg every other week starting at Week 1) in adult patients with uveitis with an exposure of 165.4 PYs and 119.8 PYs in Adalimumab-treated and control-treated patients, respectively, ALT elevations  $\geq 3 \times$  ULN occurred in 2.4% of Adalimumab-treated patients and 2.4% of control-treated patients.

### Other Adverse Reactions

#### *Rheumatoid Arthritis Clinical Studies*

The data described below reflect exposure to Adalimumab in 2468 patients, including 2073 exposed for 6 months, 1497 exposed for greater than one year and 1380 in adequate and well-controlled studies (Studies RA-I, RA-II, RA-III, and RA-IV). Adalimumab was studied primarily in placebo-controlled trials and in long-term follow up studies for up to 36 months duration. The population had a mean age of 54 years, 77% were female, 91% were Caucasian and had moderately to severely active rheumatoid arthritis. Most patients received 40 mg Adalimumab every other week [see *Clinical Studies* (14.1)].

Table 1 summarizes reactions reported at a rate of at least 5% in patients treated with Adalimumab 40 mg every other week compared to placebo and with an incidence higher than placebo. In Study RA-III, the types and frequencies of adverse reactions in the second year open-label extension were similar to those observed in the one-year double-blind portion.

**Table 1. Adverse Reactions Reported by  $\geq 5\%$  of Patients Treated with Adalimumab During Placebo-Controlled Period of Pooled RA Studies (Studies RA-I, RA-II, RA-III, and RA-IV)**

	Adalimumab 40 mg subcutaneous Every Other Week	Placebo
	(N=705)	(N=690)
Adverse Reaction (Preferred Term)		
<b>Respiratory</b>		
Upper respiratory infection	17%	13%
Sinusitis	11%	9%
Flu syndrome	7%	6%
<b>Gastrointestinal</b>		
Nausea	9%	8%
Abdominal pain	7%	4%
<b>Laboratory Tests*</b>		

Laboratory test abnormal	8%	7%
Hypercholesterolemia	6%	4%
Hyperlipidemia	7%	5%
Hematuria	5%	4%
Alkaline phosphatase increased	5%	3%
<b>Other</b>		
Headache	12%	8%
Rash	12%	6%
Accidental injury	10%	8%
Injection site reaction **	8%	1%
Back pain	6%	4%
Urinary tract infection	8%	5%
Hypertension	5%	3%
* Laboratory test abnormalities were reported as adverse reactions in European trials		
** Does not include injection site erythema, itching, hemorrhage, pain or swelling		

#### Less Common Adverse Reactions in Rheumatoid Arthritis Clinical Studies

Other infrequent serious adverse reactions that do not appear in the Warnings and Precautions or Adverse Reaction sections that occurred at an incidence of less than 5% in Adalimumab-treated patients in RA studies were:

*Body As A Whole:* Pain in extremity, pelvic pain, surgery, thorax pain

*Cardiovascular System:* Arrhythmia, atrial fibrillation, chest pain, coronary artery disorder, heart arrest, hypertensive encephalopathy, myocardial infarct, palpitation, pericardial effusion, pericarditis, syncope, tachycardia

*Digestive System:* Cholecystitis, cholelithiasis, esophagitis, gastroenteritis, gastrointestinal hemorrhage, hepatic necrosis, vomiting

*Endocrine System:* Parathyroid disorder

*Hemic And Lymphatic System:* Agranulocytosis, polycythemia

*Metabolic And Nutritional Disorders:* Dehydration, healing abnormal, ketosis, paraproteinemia, peripheral edema

*Musculo-Skeletal System:* Arthritis, bone disorder, bone fracture (not spontaneous), bone necrosis, joint disorder, muscle cramps, myasthenia, pyogenic arthritis, synovitis, tendon disorder

*Neoplasia:* Adenoma

*Nervous System:* Confusion, paresthesia, subdural hematoma, tremor

*Respiratory System:* Asthma, bronchospasm, dyspnea, lung function decreased, pleural effusion

*Special Senses:* Cataract

*Thrombosis:* Thrombosis leg

*Urogenital System:* Cystitis, kidney calculus, menstrual disorder

#### Juvenile Idiopathic Arthritis Clinical Studies

In general, the adverse reactions in the Adalimumab-treated patients in the polyarticular juvenile idiopathic arthritis (JIA) trials (Studies JIA-I and JIA-II) [see *Clinical Studies* (14.2)] were similar in frequency and type to those seen in adult patients [see *Warnings and Precautions* (5), *Adverse Reactions* (6)]. Important findings and differences from adults are discussed in the following paragraphs.

In Study JIA-I, Adalimumab was studied in 171 patients who were 4 to 17 years of age, with polyarticular JIA. Severe adverse reactions reported in the study included neutropenia, streptococcal pharyngitis, increased aminotransferases, herpes zoster, myositis, metrorrhagia, and appendicitis. Serious infections were observed in 4% of patients within approximately 2 years of initiation of treatment with Adalimumab and included cases of herpes simplex, pneumonia, urinary tract infection, pharyngitis, and herpes zoster.

In Study JIA-I, 45% of patients experienced an infection while receiving Adalimumab with or without concomitant MTX in the first 16 weeks of treatment. The types of infections reported in Adalimumab-treated patients were generally similar to those commonly seen in polyarticular JIA patients who are not treated with TNF blockers. Upon initiation of treatment, the most common adverse reactions occurring in this patient population treated with Adalimumab were injection site pain and injection site reaction (19% and 16%, respectively). A less commonly reported adverse event in patients receiving Adalimumab was granuloma annulare which did not lead to discontinuation of Adalimumab treatment.

In the first 48 weeks of treatment in Study JIA-I, non-serious hypersensitivity reactions were seen in approximately 6% of patients and included primarily localized allergic hypersensitivity reactions and allergic rash.

In Study JIA-I, 10% of patients treated with Adalimumab who had negative baseline anti-dsDNA antibodies developed positive titers after 48 weeks of treatment. No patient developed clinical signs of autoimmunity during the clinical trial.

Approximately 15% of patients treated with Adalimumab developed mild-to-moderate elevations of creatine phosphokinase (CPK) in Study JIA-I. Elevations exceeding 5 times the upper limit of normal were observed in several patients. CPK concentrations decreased or returned to normal in all patients. Most patients were able to continue Adalimumab without interruption.

In Study JIA-II, Adalimumab was studied in 32 patients who were 2 to <4 years of age or 4 years of age and older weighing <15 kg with polyarticular JIA. The safety profile for this patient population was similar to the safety profile seen in patients 4 to 17 years of age with polyarticular JIA.

In Study JIA-II, 78% of patients experienced an infection while receiving Adalimumab. These included nasopharyngitis, bronchitis, upper respiratory tract infection, otitis media, and were mostly mild to moderate in severity. Serious infections were observed in 9% of patients

receiving Adalimumab in the study and included dental caries, rotavirus gastroenteritis, and varicella.

In Study JIA-II, non-serious allergic reactions were observed in 6% of patients and included intermittent urticaria and rash, which were all mild in severity.

#### Psoriatic Arthritis and Ankylosing Spondylitis Clinical Studies

Adalimumab has been studied in 395 patients with psoriatic arthritis (PsA) in two placebo-controlled trials and in an open label study and in 393 patients with ankylosing spondylitis (AS) in two placebo-controlled studies [see *Clinical Studies (14.3, 14.4)*]. The safety profile for patients with PsA and AS treated with Adalimumab 40 mg every other week was similar to the safety profile seen in patients with RA, Adalimumab Studies RA-I through IV.

#### Crohn's Disease Clinical Studies

*Adults:* The safety profile of Adalimumab in 1478 adult patients with Crohn's disease from four placebo-controlled and two open-label extension studies [see *Clinical Studies (14.5)*] was similar to the safety profile seen in patients with RA.

*Pediatric Patients 6 Years to 17 Years:* The safety profile of Adalimumab in 192 pediatric patients from one double-blind study (Study PCD-I) and one open-label extension study [see *Clinical Studies (14.6)*] was similar to the safety profile seen in adult patients with Crohn's disease.

During the 4-week open label induction phase of Study PCD-I, the most common adverse reactions occurring in the pediatric population treated with Adalimumab were injection site pain and injection site reaction (6% and 5%, respectively).

A total of 67% of children experienced an infection while receiving Adalimumab in Study PCD-I. These included upper respiratory tract infection and nasopharyngitis.

A total of 5% of children experienced a serious infection while receiving Adalimumab in Study PCD-I. These included viral infection, device related sepsis (catheter), gastroenteritis, H1N1 influenza, and disseminated histoplasmosis.

In Study PCD-I, allergic reactions were observed in 5% of children which were all non-serious and were primarily localized reactions.

#### Ulcerative Colitis Clinical Studies

*Adults:* The safety profile of Adalimumab in 1010 adult patients with ulcerative colitis (UC) from two placebo-controlled studies and one open-label extension study [see *Clinical Studies (14.7)*] was similar to the safety profile seen in patients with RA.

*Pediatric Patients 5 Years to 17 Years:* The safety profile of Adalimumab in 93 pediatric patients with ulcerative colitis from one double-blind study and one open-label extension study [see *Clinical Studies (14.8)*] was similar to the safety profile seen in adult patients with ulcerative colitis.

#### Plaque Psoriasis Clinical Studies

Adalimumab has been studied in 1696 subjects with plaque psoriasis (Ps) in placebo-controlled and open-label extension studies [see *Clinical Studies (14.9)*]. The safety profile for subjects

with Ps treated with Adalimumab was similar to the safety profile seen in subjects with RA with the following exceptions. In the placebo-controlled portions of the clinical trials in Ps subjects, Adalimumab-treated subjects had a higher incidence of arthralgia when compared to controls (3% vs. 1%).

Hidradenitis Suppurativa Clinical Studies

Adalimumab has been studied in 727 subjects with hidradenitis suppurativa (HS) in three placebo-controlled studies and one open-label extension study [see *Clinical Studies (14.10)*]. The safety profile for subjects with HS treated with Adalimumab weekly was consistent with the known safety profile of Adalimumab.

Flare of HS, defined as  $\geq 25\%$  increase from baseline in abscesses and inflammatory nodule counts and with a minimum of 2 additional lesions, was documented in 22 (22%) of the 100 subjects who were withdrawn from Adalimumab treatment following the primary efficacy timepoint in two studies.

Uveitis Clinical Studies

Adalimumab has been studied in 464 adult patients with uveitis (UV) in placebo-controlled and open-label extension studies and in 90 pediatric patients with uveitis (Study PUV-I) [see *Clinical Studies (14.11, 14.12)*]. The safety profile for patients with UV treated with Adalimumab was similar to the safety profile seen in patients with RA.

**6.2 Immunogenicity**

As with all therapeutic proteins, there is potential for immunogenicity. The detection of antibody formation is highly dependent on the sensitivity and specificity of the assay. Additionally, the observed incidence of antibody (including neutralizing antibody) positivity in an assay may be influenced by several factors including assay methodology, sample handling, timing of sample collection, concomitant medications, and underlying disease. For these reasons, comparison of the incidence of antibodies in the studies described below with the incidence of antibodies in other studies or to other adalimumab products may be misleading.

There are two assays that have been used to measure anti-adalimumab antibodies. With the ELISA, antibodies to adalimumab could be detected only when serum adalimumab concentrations were  $< 2$  mcg/mL. The ECL assay can detect anti-adalimumab antibody titers independent of adalimumab concentrations in the serum samples. The incidence of anti-adalimumab antibody (AAA) development in patients treated with Adalimumab are presented in Table 2.

**Table 2: Anti-Adalimumab Antibody Development Determined by ELISA and ECL Assay in Patients Treated with Adalimumab**

Indications	Study Duration	Anti-Adalimumab Antibody Incidence by ELISA (n/N)	Anti-Adalimumab Antibody Incidence by ECL Assay (n/N)

			In all patients who received adalimumab	In patients with serum adalimumab concentrations < 2 mcg/mL	
Rheumatoid Arthritis <sup>a</sup>		6 to 12 months	5% (58/1062)	NR	NA
Juvenile Idiopathic Arthritis (JIA)	4 to 17 years of age <sup>b</sup>	48 weeks	16% (27/171)	NR	NA
	2 to 4 years of age or ≥ 4 years of age and weighing < 15 kg	24 weeks	7% (1/15) <sup>c</sup>	NR	NA
Psoriatic Arthritis <sup>d</sup>		48 weeks <sup>e</sup>	13% (24/178)	NR	NA
Ankylosing Spondylitis		24 weeks	9% (16/185)	NR	NA
Adult Crohn's Disease		56 weeks	3% (7/269)	8% (7/86)	NA
Pediatric Crohn's Disease		52 weeks	3% (6/182)	10% (6/58)	NA
Adult Ulcerative Colitis		52 weeks	5% (19/360)	21% (19/92)	NA
Pediatric Ulcerative Colitis		52 weeks	3% (3/100)	13% (3/23)	33% (33/100) <sup>i</sup>
Plaque Psoriasis <sup>f</sup>		Up to 52 weeks <sup>g</sup>	8% (77/920)	21% (77/372)	NA
Hidradenitis Suppurativa		36 weeks	7% (30/461)	28% (58/207) <sup>h</sup>	61% (272/445) <sup>j</sup>
Non-infectious Uveitis		52 weeks	5% (12/249)	21% (12/57)	40% (99/249) <sup>k</sup>

n: number of patients with anti-adalimumab antibody; NR: not reported; NA: Not applicable (not performed)

<sup>a</sup> In patients receiving concomitant methotrexate (MTX), the incidence of anti-adalimumab antibody was 1% compared to 12% with Adalimumab monotherapy

<sup>b</sup> In patients receiving concomitant MTX, the incidence of anti-adalimumab antibody was 6% compared to 26% with Adalimumab monotherapy

<sup>c</sup> This patient received concomitant MTX

<sup>d</sup> In patients receiving concomitant MTX, the incidence of antibody development was 7% compared to 1% in RA

<sup>e</sup> Subjects enrolled after completing 2 previous studies of 24 weeks or 12 weeks of treatments.

<sup>f</sup> In plaque psoriasis patients who were on Adalimumab monotherapy and subsequently withdrawn from the treatment, the rate of antibodies to adalimumab after retreatment was similar to the rate observed prior to withdrawal

<sup>g</sup> One 12-week Phase 2 study and one 52-week Phase 3 study

<sup>h</sup> Among subjects in the 2 Phase 3 studies who stopped Adalimumab treatment for up to 24 weeks and in whom adalimumab serum levels subsequently declined to <2 mcg/mL (approximately 22% of total subjects studied)

<sup>i</sup> No apparent association between antibody development and safety was observed. The association of antibody development and efficacy outcome was not assessed due to limited number of subjects in each treatment group stratified by anti-adalimumab antibody titer.

<sup>j</sup> No apparent association between antibody development and safety was observed

<sup>k</sup> No correlation of antibody development to safety or efficacy outcomes was observed

*Rheumatoid Arthritis and Psoriatic Arthritis:* Patients in Studies RA-I, RA-II, and RA-III were tested at multiple time points for antibodies to adalimumab using the ELISA during the 6- to 12-month period. No apparent correlation of antibody development to adverse reactions was observed. With monotherapy, patients receiving every other week dosing may develop antibodies more frequently than those receiving weekly dosing. In patients receiving the recommended dosage of 40 mg every other week as monotherapy, the ACR 20 response was lower among antibody-positive patients than among antibody-negative patients. The long-term immunogenicity of Adalimumab is unknown.

### 6.3 Postmarketing Experience

The following adverse reactions have been identified during post-approval use of Adalimumab. Because these reactions are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to Adalimumab exposure.

*Gastrointestinal disorders:* Diverticulitis, large bowel perforations including perforations associated with diverticulitis and appendiceal perforations associated with appendicitis, pancreatitis

*General disorders and administration site conditions:* Pyrexia

*Hepato-biliary disorders:* Liver failure, hepatitis

*Immune system disorders:* Sarcoidosis

*Neoplasms benign, malignant and unspecified (including cysts and polyps):* Merkel Cell Carcinoma (neuroendocrine carcinoma of the skin)

*Nervous system disorders:* Demyelinating disorders (e.g., optic neuritis, Guillain-Barré syndrome), cerebrovascular accident

*Respiratory disorders:* Interstitial lung disease, including pulmonary fibrosis, pulmonary embolism

*Skin reactions:* Stevens Johnson Syndrome, cutaneous vasculitis, erythema multiforme, new or worsening psoriasis (all sub-types including pustular and palmoplantar), alopecia, lichenoid skin reaction

*Vascular disorders:* Systemic vasculitis, deep vein thrombosis

## 7 DRUG INTERACTIONS

### 7.1 Methotrexate

Adalimumab has been studied in rheumatoid arthritis (RA) patients taking concomitant methotrexate (MTX). Although MTX reduced the apparent adalimumab clearance, the data do not suggest the need for dose adjustment of either Adalimumab or MTX [*see Clinical Pharmacology (12.3)*].



## 7.2 Biological Products

In clinical studies in patients with RA, an increased risk of serious infections has been observed with the combination of TNF blockers with anakinra or abatacept, with no added benefit; therefore, use of Adalimumab with abatacept or anakinra is not recommended in patients with RA [see *Warnings and Precautions* (5.7, 5.11)]. A higher rate of serious infections has also been observed in patients with RA treated with rituximab who received subsequent treatment with a TNF blocker. There is insufficient information regarding the concomitant use of Adalimumab and other biologic products for the treatment of RA, PsA, AS, CD, UC, Ps, HS and UV. Concomitant administration of Adalimumab with other biologic DMARDs (e.g., anakinra and abatacept) or other TNF blockers is not recommended based upon the possible increased risk for infections and other potential pharmacological interactions.

## 7.3 Live Vaccines

Avoid the use of live vaccines with Adalimumab [see *Warnings and Precautions* (5.10)].

## 7.4 Cytochrome P450 Substrates

The formation of CYP450 enzymes may be suppressed by increased concentrations of cytokines (e.g., TNF $\alpha$ , IL-6) during chronic inflammation. It is possible for a molecule that antagonizes cytokine activity, such as adalimumab, to influence the formation of CYP450 enzymes. Upon initiation or discontinuation of Adalimumab in patients being treated with CYP450 substrates with a narrow therapeutic index, monitoring of the effect (e.g., warfarin) or drug concentration (e.g., cyclosporine or theophylline) is recommended and the individual dose of the drug product may be adjusted as needed.

# 8 USE IN SPECIFIC POPULATIONS

## 8.1 Pregnancy

### Risk Summary

Available studies with use of adalimumab during pregnancy do not reliably establish an association between adalimumab and major birth defects. Clinical data are available from the Organization of Teratology Information Specialists (OTIS)/MotherToBaby Adalimumab Pregnancy Registry in pregnant women with rheumatoid arthritis (RA) or Crohn's disease (CD). Registry results showed a rate of 10% for major birth defects with first trimester use of adalimumab in pregnant women with RA or CD and a rate of 7.5% for major birth defects in the disease-matched comparison cohort. The lack of pattern of major birth defects is reassuring and differences between exposure groups may have impacted the occurrence of birth defects (*see Data*).

Adalimumab is actively transferred across the placenta during the third trimester of pregnancy and may affect immune response in the *in-utero* exposed infant (*see Clinical Considerations*). In an embryo-fetal perinatal development study conducted in cynomolgus monkeys, no fetal harm or malformations were observed with intravenous administration of adalimumab during organogenesis and later in gestation, at doses that produced exposures up to approximately 373

times the maximum recommended human dose (MRHD) of 40 mg subcutaneous without methotrexate (*see Data*).

The estimated background risk of major birth defects and miscarriage for the indicated populations is unknown. All pregnancies have a background risk of birth defect, loss, or other adverse outcomes. In the U.S. general population, the estimated background risk of major birth defects and miscarriage in clinically recognized pregnancies is 2-4% and 15-20%, respectively.

### Clinical Considerations

#### *Disease-associated maternal and embryo/fetal risk*

Published data suggest that the risk of adverse pregnancy outcomes in women with RA or inflammatory bowel disease (IBD) is associated with increased disease activity. Adverse pregnancy outcomes include preterm delivery (before 37 weeks of gestation), low birth weight (less than 2500 g) infants, and small for gestational age at birth.

#### *Fetal/Neonatal Adverse Reactions*

Monoclonal antibodies are increasingly transported across the placenta as pregnancy progresses, with the largest amount transferred during the third trimester (*see Data*). Risks and benefits should be considered prior to administering live or live-attenuated vaccines to infants exposed to Adalimumab *in utero* [*see Use in Specific Populations (8.4)*].

### Data

#### *Human Data*

A prospective cohort pregnancy exposure registry conducted by OTIS/MotherToBaby in the U.S. and Canada between 2004 and 2016 compared the risk of major birth defects in live-born infants of 221 women (69 RA, 152 CD) treated with adalimumab during the first trimester and 106 women (74 RA, 32 CD) not treated with adalimumab.

The proportion of major birth defects among live-born infants in the adalimumab-treated and untreated cohorts was 10% (8.7% RA, 10.5% CD) and 7.5% (6.8% RA, 9.4% CD), respectively. The lack of pattern of major birth defects is reassuring and differences between exposure groups may have impacted the occurrence of birth defects. This study cannot reliably establish whether there is an association between adalimumab and major birth defects because of methodological limitations of the registry, including small sample size, the voluntary nature of the study, and the non-randomized design.

In an independent clinical study conducted in ten pregnant women with IBD treated with Adalimumab, adalimumab concentrations were measured in maternal serum as well as in cord blood (n=10) and infant serum (n=8) on the day of birth. The last dose of Adalimumab was given between 1 and 56 days prior to delivery. Adalimumab concentrations were 0.16-19.7 µg/mL in cord blood, 4.28-17.7 µg/mL in infant serum, and 0-16.1 µg/mL in maternal serum. In all but one case, the cord blood concentration of adalimumab was higher than the maternal serum concentration, suggesting adalimumab actively crosses the placenta. In addition, one infant had serum concentrations at each of the following: 6 weeks (1.94 µg/mL), 7 weeks (1.31 µg/mL), 8 weeks (0.93 µg/mL), and 11 weeks (0.53 µg/mL), suggesting adalimumab can be detected in the serum of infants exposed *in utero* for at least 3 months from birth.

### *Animal Data*

In an embryo-fetal perinatal development study, pregnant cynomolgus monkeys received adalimumab from gestation days 20 to 97 at doses that produced exposures up to 373 times that achieved with the MRHD without methotrexate (on an AUC basis with maternal IV doses up to 100 mg/kg/week). Adalimumab did not elicit harm to the fetuses or malformations.

## **8.2 Lactation**

### Risk Summary

Limited data from case reports in the published literature describe the presence of adalimumab in human milk at infant doses of 0.1% to 1% of the maternal serum concentration. Published data suggest that the systemic exposure to a breastfed infant is expected to be low because adalimumab is a large molecule and is degraded in the gastrointestinal tract. However, the effects of local exposure in the gastrointestinal tract are unknown. There are no reports of adverse effects of adalimumab on the breastfed infant and no effects on milk production. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for Adalimumab and any potential adverse effects on the breastfed child from Adalimumab or from the underlying maternal condition.

## **8.4 Pediatric Use**

The safety and effectiveness of Adalimumab have been established for:

- reducing signs and symptoms of moderately to severely active polyarticular JIA in pediatric patients 2 years of age and older.
- the treatment of moderately to severely active Crohn's disease in pediatric patients 6 years of age and older.
- the treatment of moderately to severely active ulcerative colitis in pediatric patients 5 years of age and older.
- the treatment of moderate to severe hidradenitis suppurativa in patients 12 years of age and older.
- the treatment of non-infectious intermediate, posterior, and panuveitis in pediatric patients 2 years of age and older.

Due to its inhibition of TNF $\alpha$ , Adalimumab administered during pregnancy could affect immune response in the *in utero*-exposed newborn and infant. Data from eight infants exposed to Adalimumab *in utero* suggest adalimumab crosses the placenta [see *Use in Specific Populations* (8.1)]. The clinical significance of elevated adalimumab concentrations in infants is unknown. The safety of administering live or live-attenuated vaccines in exposed infants is unknown. Risks and benefits should be considered prior to vaccinating (live or live-attenuated) exposed infants.

Post-marketing cases of lymphoma, including hepatosplenic T-cell lymphoma and other malignancies, some fatal, have been reported among children, adolescents, and young adults who received treatment with TNF-blockers including Adalimumab [see *Warnings and Precautions* (5.2)].

### Juvenile Idiopathic Arthritis

In Study JIA-I, Adalimumab was shown to reduce signs and symptoms of active polyarticular JIA in patients 4 to 17 years of age [see *Clinical Studies* (14.2)]. In Study JIA-II, the safety profile for patients 2 to <4 years of age was similar to the safety profile for patients 4 to 17 years of age with polyarticular JIA [see *Adverse Reactions* (6.1)]. Adalimumab has not been studied in patients with polyarticular JIA less than 2 years of age or in patients with a weight below 10 kg.

The safety of Adalimumab in patients in the polyarticular JIA trials was generally similar to that observed in adults with certain exceptions [see *Adverse Reactions* (6.1)].

The safety and effectiveness of Adalimumab have not been established in pediatric patients with JIA less than 2 years of age.

### Pediatric Crohn's Disease

The safety and effectiveness of Adalimumab for the treatment of moderately to severely active Crohn's disease have been established in pediatric patients 6 years of age and older. Use of Adalimumab for this indication is supported by evidence from adequate and well-controlled studies in adults with additional data from a randomized, double-blind, 52-week clinical study of two dose concentrations of Adalimumab in 192 pediatric patients (6 years to 17 years of age) [see *Adverse Reactions* (6.1), *Clinical Pharmacology* (12.2, 12.3), *Clinical Studies* (14.6)]. The adverse reaction profile in patients 6 years to 17 years of age was similar to adults.

The safety and effectiveness of Adalimumab have not been established in pediatric patients with Crohn's disease less than 6 years of age.

### Pediatric Ulcerative Colitis

The safety and effectiveness of Adalimumab for the treatment of moderately to severely active ulcerative colitis have been established in pediatric patients 5 years of age and older. Use of Adalimumab for this indication is supported by evidence from adequate and well-controlled studies in adults with additional data from a randomized, double-blind, 52-week clinical study of two dose concentrations of Adalimumab in 93 pediatric patients (5 years to 17 years of age) [see *Adverse Reactions* (6.1), *Clinical Pharmacology* (12.3), *Clinical Studies* (14.8)]. The adverse reaction profile in patients 5 years to 17 years of age was similar to adults.

The effectiveness of Adalimumab has not been established in patients who have lost response or were intolerant to TNF blockers.

The safety and effectiveness of Adalimumab have not been established in pediatric patients with ulcerative colitis less than 5 years of age.

### Pediatric Uveitis

The safety and effectiveness of Adalimumab for the treatment of non-infectious uveitis have been established in pediatric patients 2 years of age and older. The use of Adalimumab is supported by evidence from adequate and well-controlled studies of Adalimumab in adults and a 2:1 randomized, controlled clinical study in 90 pediatric patients [see *Clinical Studies* (14.12)]. The safety and effectiveness of Adalimumab have not been established in pediatric patients with uveitis less than 2 years of age.

### Hidradenitis Suppurativa

Use of Adalimumab in pediatric patients 12 years of age and older for HS is supported by evidence from adequate and well-controlled studies of Adalimumab in adult HS patients. Additional population pharmacokinetic modeling and simulation predicted that weight-based dosing of Adalimumab in pediatric patients 12 years of age and older can provide generally similar exposure to adult HS patients. The course of HS is sufficiently similar in adult and adolescent patients to allow extrapolation of data from adult to adolescent patients. The recommended dosage in pediatric patients 12 years of age or older is based on body weight [see *Dosage and Administration* (2.6), *Clinical Pharmacology* (12.3), and *Clinical Studies* (14.10)].

The safety and effectiveness of Adalimumab have not been established in patients less than 12 years of age with HS.

## 8.5 Geriatric Use

A total of 519 RA patients 65 years of age and older, including 107 patients 75 years of age and older, received Adalimumab in clinical studies RA-I through IV. No overall difference in effectiveness was observed between these patients and younger patients. The frequency of serious infection and malignancy among Adalimumab treated patients 65 years of age and older was higher than for those less than 65 years of age. Consider the benefits and risks of Adalimumab in patients 65 years of age and older. In patients treated with Adalimumab, closely monitor for the development of infection or malignancy [see *Warnings and Precautions* (5.1, 5.2)].

## 10 OVERDOSAGE

Doses up to 10 mg/kg have been administered to patients in clinical trials without evidence of dose-limiting toxicities. In case of overdose, it is recommended that the patient be monitored for any signs or symptoms of adverse reactions or effects and appropriate symptomatic treatment instituted immediately.

## 11 DESCRIPTION

Adalimumab is a tumor necrosis factor blocker. Adalimumab is a recombinant human IgG1 monoclonal antibody created using phage display technology resulting in an antibody with human derived heavy and light chain variable regions and human IgG1:k constant regions. Adalimumab is produced by recombinant DNA technology in a mammalian cell (Chinese Hamster Ovary (CHO)) expression system and is purified by a process that includes specific viral inactivation and removal steps. It consists of 1330 amino acids and has a molecular weight of approximately 148 kilodaltons.

Adalimumab injection is supplied as a sterile, preservative-free solution for subcutaneous administration. The drug product is supplied as either a single-dose, prefilled pen (Adalimumab Pen), or as a single-dose, 1 mL prefilled glass syringe. Enclosed within the pen is a single-dose, 1 mL prefilled glass syringe. The solution of Adalimumab is clear and colorless, with a pH of about 5.2.

Each 80 mg/0.8 mL prefilled pen delivers 0.8 mL (80 mg) of drug product. Each 0.8 mL of Adalimumab contains adalimumab (80 mg), mannitol (33.6 mg), polysorbate 80 (0.8 mg), and Water for Injection, USP.

Each 40 mg/0.4 mL prefilled syringe or prefilled pen delivers 0.4 mL (40 mg) of drug product. Each 0.4 mL of Adalimumab contains adalimumab (40 mg), mannitol (16.8 mg), polysorbate 80 (0.4 mg), and Water for Injection, USP.

Each 20 mg/0.2 mL prefilled syringe delivers 0.2 mL (20 mg) of drug product. Each 0.2 mL of Adalimumab contains adalimumab (20 mg), mannitol (8.4 mg), polysorbate 80 (0.2 mg), and Water for Injection, USP.

Each 10 mg/0.1 mL prefilled syringe delivers 0.1 mL (10 mg) of drug product. Each 0.1 mL of Adalimumab contains adalimumab (10 mg), mannitol (4.2 mg), polysorbate 80 (0.1 mg), and Water for Injection, USP.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

Adalimumab binds specifically to TNF-alpha and blocks its interaction with the p55 and p75 cell surface TNF receptors. Adalimumab also lyses surface TNF expressing cells *in vitro* in the presence of complement. Adalimumab does not bind or inactivate lymphotoxin (TNF-beta). TNF is a naturally occurring cytokine that is involved in normal inflammatory and immune responses. Elevated concentrations of TNF are found in the synovial fluid of patients with RA, JIA, PsA, and AS and play an important role in both the pathologic inflammation and the joint destruction that are hallmarks of these diseases. Increased concentrations of TNF are also found in psoriasis plaques. In Ps, treatment with Adalimumab may reduce the epidermal thickness and infiltration of inflammatory cells. The relationship between these pharmacodynamic activities and the mechanism(s) by which Adalimumab exerts its clinical effects is unknown.

Adalimumab also modulates biological responses that are induced or regulated by TNF, including changes in the concentrations of adhesion molecules responsible for leukocyte migration (ELAM-1, VCAM-1, and ICAM-1 with an  $IC_{50}$  of  $1-2 \times 10^{-10}M$ ).

### 12.2 Pharmacodynamics

After treatment with Adalimumab, a decrease in concentrations of acute phase reactants of inflammation (C-reactive protein [CRP] and erythrocyte sedimentation rate [ESR]) and serum cytokines (IL-6) was observed compared to baseline in patients with rheumatoid arthritis. A decrease in CRP concentrations was also observed in patients with Crohn's disease, ulcerative colitis and hidradenitis suppurativa. Serum concentrations of matrix metalloproteinases (MMP-1 and MMP-3) that produce tissue remodeling responsible for cartilage destruction were also decreased after Adalimumab administration.

For pediatric patients 5 years to 17 years with ulcerative colitis, the recommended dosage of Adalimumab is based on modeled dose/exposure-efficacy relationships and pharmacokinetic data. There are no anticipated clinically relevant differences in efficacy between the studied

higher dosage administered in the clinical trial (Weeks 0 to 52 in Study PUC-I) [see *Clinical Studies (14.8)*] and the recommended dosage [see *Dosage and Administration (2.4)*].

### 12.3 Pharmacokinetics

The pharmacokinetics of adalimumab were linear over the dose range of 0.5 to 10 mg/kg following administration of a single intravenous dose (Adalimumab is not approved for intravenous use). Following 20, 40, and 80 mg every other week and every week subcutaneous administration, adalimumab mean serum trough concentrations at steady state increased approximately proportionally with dose in RA patients. The mean terminal half-life was approximately 2 weeks, ranging from 10 to 20 days across studies. Healthy subjects and patients with RA displayed similar adalimumab pharmacokinetics.

Adalimumab exposure in patients treated with 80 mg every other week is estimated to be comparable with that in patients treated with 40 mg every week.

#### Absorption

The average absolute bioavailability of adalimumab following a single 40 mg subcutaneous dose was 64%. The mean time to reach the maximum concentration was 5.5 days ( $131 \pm 56$  hours) and the maximum serum concentration was  $4.7 \pm 1.6$  mcg/mL in healthy subjects following a single 40 mg subcutaneous administration of Adalimumab.

#### Distribution

The distribution volume ( $V_{ss}$ ) ranged from 4.7 to 6.0 L following intravenous administration of doses ranging from 0.25 to 10 mg/kg in RA patients.

#### Elimination

The single dose pharmacokinetics of adalimumab in RA patients were determined in several studies with intravenous doses ranging from 0.25 to 10 mg/kg. The systemic clearance of adalimumab is approximately 12 mL/hr. In long-term studies with dosing more than two years, there was no evidence of changes in clearance over time in RA patients.

#### Patient Population

*Rheumatoid Arthritis and Ankylosing Spondylitis:* In patients receiving 40 mg Adalimumab every other week, adalimumab mean steady-state trough concentrations were approximately 5 mcg/mL and 8 to 9 mcg/mL, without and with MTX concomitant treatment, respectively. Adalimumab concentrations in the synovial fluid from five rheumatoid arthritis patients ranged from 31 to 96% of those in serum. The pharmacokinetics of adalimumab in patients with AS were similar to those in patients with RA.

*Psoriatic Arthritis:* In patients receiving 40 mg every other week, adalimumab mean steady-state trough concentrations were 6 to 10 mcg/mL and 8.5 to 12 mcg/mL, without and with MTX concomitant treatment, respectively.

*Plaque Psoriasis:* Adalimumab mean steady-state trough concentration was approximately 5 to 6 mcg/mL during Adalimumab 40 mg every other week treatment.

*Adult Uveitis:* Adalimumab mean steady concentration was approximately 8 to 10 mcg/mL during Adalimumab 40 mg every other week treatment.



*Adult Hidradenitis Suppurativa:* Adalimumab trough concentrations were approximately 7 to 8 mcg/mL at Week 2 and Week 4, respectively, after receiving 160 mg on Week 0 followed by 80 mg on Week 2. Mean steady-state trough concentrations at Week 12 through Week 36 were approximately 7 to 11 mcg/mL during Adalimumab 40 mg every week treatment.

*Adult Crohn's Disease:* Adalimumab mean trough concentrations were approximately 12 mcg/mL at Week 2 and Week 4 after receiving 160 mg on Week 0 followed by 80 mg on Week 2. Mean steady-state trough concentrations were 7 mcg/mL at Week 24 and Week 56 during Adalimumab 40 mg every other week treatment.

*Adult Ulcerative Colitis:* Adalimumab mean trough concentrations were approximately 12 mcg/mL at Week 2 and Week 4 after receiving 160 mg on Week 0 followed by 80 mg on Week 2. Mean steady-state trough concentrations were approximately 8 mcg/mL and 15 mcg/mL at Week 52 after receiving a dose of Adalimumab 40 mg every other week and 40 mg every week, respectively.

#### Anti-Drug Antibody Effects on Pharmacokinetics

*Rheumatoid Arthritis:* A trend toward higher apparent clearance of adalimumab in the presence of anti-adalimumab antibodies was identified.

*Pediatric Ulcerative Colitis:* Antibodies to adalimumab by ECL assay were associated with reduced serum adalimumab concentrations in pediatric patients with moderately to severely active ulcerative colitis.

*Hidradenitis Suppurativa:* In subjects with moderate to severe HS, antibodies to adalimumab were associated with reduced serum adalimumab concentrations. In general, the extent of reduction in serum adalimumab concentrations is greater with increasing titers of antibodies to adalimumab.

#### Specific Populations

*Geriatric Patients:* A lower clearance with increasing age was observed in patients with RA aged 40 to >75 years.

*Pediatric Patients:*

##### Juvenile Idiopathic Arthritis:

- *4 years to 17 years of age:* The adalimumab mean steady-state trough concentrations were 6.8 mcg/mL and 10.9 mcg/mL in patients weighing <30 kg receiving 20 mg Adalimumab subcutaneously every other week as monotherapy or with concomitant MTX, respectively. The adalimumab mean steady-state trough concentrations were 6.6 mcg/mL and 8.1 mcg/mL in patients weighing ≥30 kg receiving 40 mg Adalimumab subcutaneously every other week as monotherapy or with MTX concomitant treatment, respectively.
- *2 years to <4 years of age or 4 years of age and older weighing <15 kg:* The adalimumab mean steady-state trough adalimumab concentrations were 6.0 mcg/mL and 7.9 mcg/mL in patients receiving Adalimumab subcutaneously every other week as monotherapy or with MTX concomitant treatment, respectively.

*Pediatric Hidradenitis Suppurativa:* Adalimumab concentrations in adolescent patients with HS receiving the recommended dosage regimens are predicted to be similar to those observed in adult subjects with HS based on population pharmacokinetic modeling and simulation.

*Pediatric Crohn's Disease:* Adalimumab mean  $\pm$  SD concentrations were  $15.7 \pm 6.5$  mcg/mL at Week 4 following 160 mg at Week 0 and 80 mg at Week 2, and  $10.5 \pm 6.0$  mcg/mL at Week 52 following 40 mg every other week dosing in patients weighing  $\geq 40$  kg. Adalimumab mean  $\pm$  SD concentrations were  $10.6 \pm 6.1$  mcg/mL at Week 4 following dosing 80 mg at Week 0 and 40 mg at Week 2, and  $6.9 \pm 3.6$  mcg/mL at Week 52 following 20 mg every other week dosing in patients weighing  $< 40$  kg.

*Pediatric Ulcerative Colitis:* The adalimumab mean steady-state trough concentration was  $5.0 \pm 3.3$  mcg/mL at Week 52 following subcutaneous administration of 0.6 mg/kg (maximum of 40 mg) every other week in pediatric UC patients 5 years to 17 years of age. In patients who received 0.6 mg/kg (maximum of 40 mg) every week, the mean steady-state trough concentration was  $15.7 \pm 5.6$  mcg/mL at Week 52 in pediatric UC patients 5 years to 17 years of age.

*Male and Female Patients:* No gender-related pharmacokinetic differences were observed after correction for a patient's body weight. Healthy subjects and patients with rheumatoid arthritis displayed similar adalimumab pharmacokinetics.

*Patients with Renal or Hepatic Impairment:* No pharmacokinetic data are available in patients with hepatic or renal impairment.

*Rheumatoid factor or CRP concentrations:* Minor increases in apparent clearance were predicted in RA patients receiving doses lower than the recommended dose and in RA patients with high rheumatoid factor or CRP concentrations. These increases are not likely to be clinically important.

#### Drug Interaction Studies:

*Methotrexate:* MTX reduced adalimumab apparent clearance after single and multiple dosing by 29% and 44% respectively, in patients with RA [see *Drug Interactions* (7.1)].

## **13 NONCLINICAL TOXICOLOGY**

### **13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility**

Long-term animal studies of Adalimumab have not been conducted to evaluate the carcinogenic potential or its effect on fertility.

## **14 CLINICAL STUDIES**

### **14.1 Rheumatoid Arthritis**

The efficacy and safety of Adalimumab were assessed in five randomized, double-blind studies in patients  $\geq 18$  years of age with active rheumatoid arthritis (RA) diagnosed according to American College of Rheumatology (ACR) criteria. Patients had at least 6 swollen and 9 tender joints. Adalimumab was administered subcutaneously in combination with methotrexate (MTX)

(12.5 to 25 mg, Studies RA-I, RA-III and RA-V) or as monotherapy (Studies RA-II and RA-V) or with other disease-modifying anti-rheumatic drugs (DMARDs) (Study RA-IV).

Study RA-I evaluated 271 patients who had failed therapy with at least one but no more than four DMARDs and had inadequate response to MTX. Doses of 20, 40 or 80 mg of Adalimumab or placebo were given every other week for 24 weeks.

Study RA-II evaluated 544 patients who had failed therapy with at least one DMARD. Doses of placebo, 20 or 40 mg of Adalimumab were given as monotherapy every other week or weekly for 26 weeks.

Study RA-III evaluated 619 patients who had an inadequate response to MTX. Patients received placebo, 40 mg of Adalimumab every other week with placebo injections on alternate weeks, or 20 mg of Adalimumab weekly for up to 52 weeks. Study RA-III had an additional primary endpoint at 52 weeks of inhibition of disease progression (as detected by X-ray results). Upon completion of the first 52 weeks, 457 patients enrolled in an open-label extension phase in which 40 mg of Adalimumab was administered every other week for up to 5 years.

Study RA-IV assessed safety in 636 patients who were either DMARD-naïve or were permitted to remain on their pre-existing rheumatologic therapy provided that therapy was stable for a minimum of 28 days. Patients were randomized to 40 mg of Adalimumab or placebo every other week for 24 weeks.

Study RA-V evaluated 799 patients with moderately to severely active RA of less than 3 years duration who were  $\geq 18$  years old and MTX naïve. Patients were randomized to receive either MTX (optimized to 20 mg/week by week 8), Adalimumab 40 mg every other week or Adalimumab/MTX combination therapy for 104 weeks. Patients were evaluated for signs and symptoms, and for radiographic progression of joint damage. The median disease duration among patients enrolled in the study was 5 months. The median MTX dose achieved was 20 mg.

### Clinical Response

The percent of Adalimumab treated patients achieving ACR 20, 50 and 70 responses in Studies RA-II and III are shown in Table 3.

**Table 3. ACR Responses in Studies RA-II and RA-III (Percent of Patients)**

	<b>Study RA-II Monotherapy (26 weeks)</b>			<b>Study RA-III Methotrexate Combination (24 and 52 weeks)</b>	
Response	Placebo	Adalimumab	Adalimumab	Placebo/MTX	Adalimumab/MTX
		40 mg every	40 mg weekly		40 mg every
		other week			other week
	N=110	N=113	N=103	N=200	N=207
<b>ACR20</b>					
Month 6	19%	46%*	53%*	30%	63%*
Month 12	NA	NA	NA	24%	59%*
<b>ACR50</b>					
Month 6	8%	22%*	35%*	10%	39%*

Month 12	NA	NA	NA	10%	42%*
<b>ACR70</b>					
Month 6	2%	12%*	18%*	3%	21%*
Month 12	NA	NA	NA	5%	23%*
* p<0.01, Adalimumab vs. placebo					

The results of Study RA-I were similar to Study RA-III; patients receiving Adalimumab 40 mg every other week in Study RA-I also achieved ACR 20, 50 and 70 response rates of 65%, 52% and 24%, respectively, compared to placebo responses of 13%, 7% and 3% respectively, at 6 months (p<0.01).

The results of the components of the ACR response criteria for Studies RA-II and RA-III are shown in Table 4. ACR response rates and improvement in all components of ACR response were maintained to week 104. Over the 2 years in Study RA-III, 20% of Adalimumab patients receiving 40 mg every other week achieved a major clinical response, defined as maintenance of an ACR 70 response over a 6-month period. ACR responses were maintained in similar proportions of patients for up to 5 years with continuous Adalimumab treatment in the open-label portion of Study RA-III.

**Table 4. Components of ACR Response in Studies RA-II and RA-III**

Parameter (median)	Study RA-II				Study RA-III			
	Placebo N=110		Adalimumab <sup>a</sup> N=113		Placebo/MTX N=200		Adalimumab <sup>a</sup> /MTX N=207	
	Baseline	Wk 26	Baseline	Wk 26	Baseline	Wk 24	Baseline	Wk 24
Number of tender joints (0-68)	35	26	31	16*	26	15	24	8*
Number of swollen joints (0-66)	19	16	18	10*	17	11	18	5*
Physician global assessment <sup>b</sup>	7.0	6.1	6.6	3.7*	6.3	3.5	6.5	2.0*
Patient global assessment <sup>b</sup>	7.5	6.3	7.5	4.5*	5.4	3.9	5.2	2.0*
Pain <sup>b</sup>	7.3	6.1	7.3	4.1*	6.0	3.8	5.8	2.1*
Disability index (HAQ) <sup>c</sup>	2.0	1.9	1.9	1.5*	1.5	1.3	1.5	0.8*
CRP (mg/dL)	3.9	4.3	4.6	1.8*	1.0	0.9	1.0	0.4*

<sup>a</sup> 40 mg Adalimumab administered every other week

<sup>b</sup> Visual analogue scale; 0 = best, 10 = worst

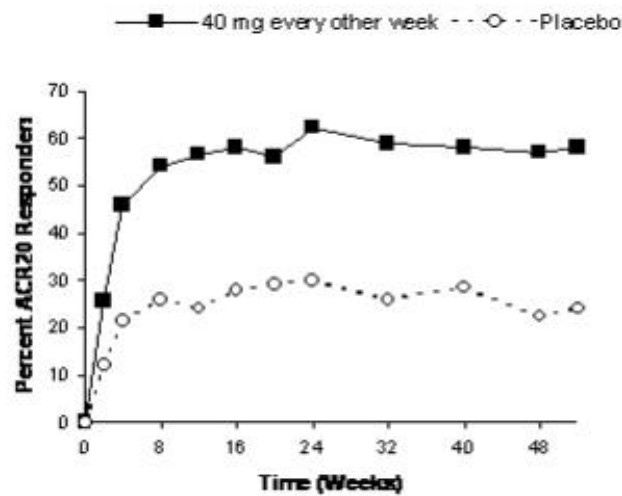
<sup>c</sup> Disability Index of the Health Assessment Questionnaire; 0 = best, 3 = worst, measures the patient's ability to perform the following: dress/groom, arise, eat, walk, reach, grip, maintain hygiene, and maintain daily activity

\* p<0.001, Adalimumab vs. placebo, based on mean change from baseline

The time course of ACR 20 response for Study RA-III is shown in Figure 1.

In Study RA-III, 85% of patients with ACR 20 responses at week 24 maintained the response at 52 weeks. The time course of ACR 20 response for Study RA-I and Study RA-II were similar.

Figure 1. Study RA-III ACR 20 Responses over 52 Weeks



In Study RA-IV, 53% of patients treated with Adalimumab 40 mg every other week plus standard of care had an ACR 20 response at week 24 compared to 35% on placebo plus standard of care ( $p<0.001$ ). No unique adverse reactions related to the combination of Adalimumab and other DMARDs were observed.

In Study RA-V with MTX naïve patients with recent onset RA, the combination treatment with Adalimumab plus MTX led to greater percentages of patients achieving ACR responses than either MTX monotherapy or Adalimumab monotherapy at Week 52 and responses were sustained at Week 104 (see Table 5).

Table 5. ACR Response in Study RA-V (Percent of Patients)

Response	MTX <sup>b</sup> N=257	Adalimumab <sup>c</sup> N=274	Adalimumab/MTX N=268
<b>ACR20</b>			
Week 52	63%	54%	73%
Week 104	56%	49%	69%
<b>ACR50</b>			
Week 52	46%	41%	62%
Week 104	43%	37%	59%
<b>ACR70</b>			
Week 52	27%	26%	46%
Week 104	28%	28%	47%
Major Clinical Response <sup>a</sup>	28%	25%	49%
<sup>a</sup> Major clinical response is defined as achieving an ACR70 response for a continuous six month period			
<sup>b</sup> $p<0.05$ , Adalimumab/MTX vs. MTX for ACR 20			

p<0.001, Adalimumab/MTX vs. MTX for ACR 50 and 70, and Major Clinical Response  
<sup>c</sup> p<0.001, Adalimumab/MTX vs. Adalimumab

At Week 52, all individual components of the ACR response criteria for Study RA-V improved in the Adalimumab/MTX group and improvements were maintained to Week 104.

### Radiographic Response

In Study RA-III, structural joint damage was assessed radiographically and expressed as change in Total Sharp Score (TSS) and its components, the erosion score and Joint Space Narrowing (JSN) score, at month 12 compared to baseline. At baseline, the median TSS was approximately 55 in the placebo and 40 mg every other week groups. The results are shown in Table 6.

Adalimumab/MTX treated patients demonstrated less radiographic progression than patients receiving MTX alone at 52 weeks.

**Table 6. Radiographic Mean Changes Over 12 Months in Study RA-III**

	Placebo/MTX	Adalimumab/MTX 40 mg every other week	Placebo/MTX- Adalimumab/MTX (95% Confidence Interval*)	P- value**
Total Sharp score	2.7	0.1	2.6 (1.4, 3.8)	<0.001
Erosion score	1.6	0.0	1.6 (0.9, 2.2)	<0.001
JSN score	1.0	0.1	0.9 (0.3, 1.4)	0.002
*95% confidence intervals for the differences in change scores between MTX and Adalimumab.				
**Based on rank analysis				

In the open-label extension of Study RA-III, 77% of the original patients treated with any dose of Adalimumab were evaluated radiographically at 2 years. Patients maintained inhibition of structural damage, as measured by the TSS. Fifty-four percent had no progression of structural damage as defined by a change in the TSS of zero or less. Fifty-five percent (55%) of patients originally treated with 40 mg Adalimumab every other week have been evaluated radiographically at 5 years. Patients had continued inhibition of structural damage with 50% showing no progression of structural damage defined by a change in the TSS of zero or less.

In Study RA-V, structural joint damage was assessed as in Study RA-III. Greater inhibition of radiographic progression, as assessed by changes in TSS, erosion score and JSN was observed in the Adalimumab/MTX combination group as compared to either the MTX or Adalimumab monotherapy group at Week 52 as well as at Week 104 (see Table 7).

**Table 7. Radiographic Mean Change\* in Study RA-V**

		MTX <sup>a</sup> N=257	Adalimumab <sup>a,b</sup> N=274	Adalimumab/MTX N=268
52 Weeks	Total Sharp score	5.7 (4.2, 7.3)	3.0 (1.7, 4.3)	1.3 (0.5, 2.1)
	Erosion score	3.7 (2.7, 4.8)	1.7 (1.0, 2.4)	0.8 (0.4, 1.2)
	JSN score	2.0 (1.2, 2.8)	1.3 (0.5, 2.1)	0.5 (0.0, 1.0)
104 Weeks	Total Sharp score	10.4 (7.7, 13.2)	5.5 (3.6, 7.4)	1.9 (0.9, 2.9)

	Erosion score	6.4 (4.6, 8.2)	3.0 (2.0, 4.0)	1.0 (0.4, 1.6)
	JSN score	4.1 (2.7, 5.4)	2.6 (1.5, 3.7)	0.9 (0.3, 1.5)
<p>* mean (95% confidence interval)</p> <p><sup>a</sup> p&lt;0.001, Adalimumab/MTX vs. MTX at 52 and 104 weeks and for Adalimumab/MTX vs. Adalimumab at 104 weeks</p> <p><sup>b</sup> p&lt;0.01, for Adalimumab/MTX vs. Adalimumab at 52 weeks</p>				

### Physical Function Response

In studies RA-I through IV, Adalimumab showed significantly greater improvement than placebo in the disability index of Health Assessment Questionnaire (HAQ-DI) from baseline to the end of study, and significantly greater improvement than placebo in the health-outcomes as assessed by The Short Form Health Survey (SF 36). Improvement was seen in both the Physical Component Summary (PCS) and the Mental Component Summary (MCS).

In Study RA-III, the mean (95% CI) improvement in HAQ-DI from baseline at week 52 was 0.60 (0.55, 0.65) for the Adalimumab patients and 0.25 (0.17, 0.33) for placebo/MTX (p<0.001) patients. Sixty-three percent of Adalimumab-treated patients achieved a 0.5 or greater improvement in HAQ-DI at week 52 in the double-blind portion of the study. Eighty-two percent of these patients maintained that improvement through week 104 and a similar proportion of patients maintained this response through week 260 (5 years) of open-label treatment. Mean improvement in the SF-36 was maintained through the end of measurement at week 156 (3 years).

In Study RA-V, the HAQ-DI and the physical component of the SF-36 showed greater improvement (p<0.001) for the Adalimumab/MTX combination therapy group versus either the MTX monotherapy or the Adalimumab monotherapy group at Week 52, which was maintained through Week 104.

## **14.2 Juvenile Idiopathic Arthritis**

The safety and efficacy of Adalimumab was assessed in two studies (Studies JIA-I and JIA-II) in patients with active polyarticular juvenile idiopathic arthritis (JIA).

### Study JIA-I

The safety and efficacy of Adalimumab were assessed in a multicenter, randomized, withdrawal, double-blind, parallel-group study in 171 patients who were 4 to 17 years of age with polyarticular JIA. In the study, the patients were stratified into two groups: MTX-treated or non-MTX-treated. All patients had to show signs of active moderate or severe disease despite previous treatment with NSAIDs, analgesics, corticosteroids, or DMARDs. Patients who received prior treatment with any biologic DMARDs were excluded from the study.

The study included four phases: an open-label lead in phase (OL-LI; 16 weeks), a double-blind randomized withdrawal phase (DB; 32 weeks), an open-label extension phase (OLE-BSA; up to 136 weeks), and an open-label fixed dose phase (OLE-FD; 16 weeks). In the first three phases of the study, Adalimumab was administered based on body surface area at a dose of 24 mg/m<sup>2</sup> up to a maximum total body dose of 40 mg subcutaneously (SC) every other week. In the OLE-FD phase, the patients were treated with 20 mg of Adalimumab SC every other week if their weight



was less than 30 kg and with 40 mg of Adalimumab SC every other week if their weight was 30 kg or greater. Patients remained on stable doses of NSAIDs and or prednisone ( $\leq 0.2$  mg/kg/day or 10 mg/day maximum).

Patients demonstrating a Pediatric ACR 30 response at the end of OL-LI phase were randomized into the double blind (DB) phase of the study and received either Adalimumab or placebo every other week for 32 weeks or until disease flare. Disease flare was defined as a worsening of  $\geq 30\%$  from baseline in  $\geq 3$  of 6 Pediatric ACR core criteria,  $\geq 2$  active joints, and improvement of  $>30\%$  in no more than 1 of the 6 criteria. After 32 weeks or at the time of disease flare during the DB phase, patients were treated in the open-label extension phase based on the BSA regimen (OLE-BSA), before converting to a fixed dose regimen based on body weight (OLE-FD phase).

### *Study JIA-I Clinical Response*

At the end of the 16-week OL-LI phase, 94% of the patients in the MTX stratum and 74% of the patients in the non-MTX stratum were Pediatric ACR 30 responders. In the DB phase significantly fewer patients who received Adalimumab experienced disease flare compared to placebo, both without MTX (43% vs. 71%) and with MTX (37% vs. 65%). More patients treated with Adalimumab continued to show pediatric ACR 30/50/70 responses at Week 48 compared to patients treated with placebo. Pediatric ACR responses were maintained for up to two years in the OLE phase in patients who received Adalimumab throughout the study.

### Study JIA-II

Adalimumab was assessed in an open-label, multicenter study in 32 patients who were 2 to  $<4$  years of age or 4 years of age and older weighing  $<15$  kg with moderately to severely active polyarticular JIA. Most patients (97%) received at least 24 weeks of Adalimumab treatment dosed 24 mg/m<sup>2</sup> up to a maximum of 20 mg every other week as a single SC injection up to a maximum of 120 weeks duration. During the study, most patients used concomitant MTX, with fewer reporting use of corticosteroids or NSAIDs. The primary objective of the study was evaluation of safety [see *Adverse Reactions* (6.1)].

## **14.3 Psoriatic Arthritis**

The safety and efficacy of Adalimumab was assessed in two randomized, double-blind, placebo controlled studies in 413 patients with psoriatic arthritis (PsA). Upon completion of both studies, 383 patients enrolled in an open-label extension study, in which 40 mg Adalimumab was administered every other week.

Study PsA-I enrolled 313 adult patients with moderately to severely active PsA ( $>3$  swollen and  $>3$  tender joints) who had an inadequate response to NSAID therapy in one of the following forms: (1) distal interphalangeal (DIP) involvement (N=23); (2) polyarticular arthritis (absence of rheumatoid nodules and presence of plaque psoriasis) (N=210); (3) arthritis mutilans (N=1); (4) asymmetric PsA (N=77); or (5) AS-like (N=2). Patients on MTX therapy (158 of 313 patients) at enrollment (stable dose of  $\leq 30$  mg/week for  $>1$  month) could continue MTX at the same dose. Doses of Adalimumab 40 mg or placebo every other week were administered during the 24-week double-blind period of the study.

Compared to placebo, treatment with Adalimumab resulted in improvements in the measures of disease activity (see Tables 8 and 9). Among patients with PsA who received Adalimumab, the

clinical responses were apparent in some patients at the time of the first visit (two weeks) and were maintained up to 88 weeks in the ongoing open-label study. Similar responses were seen in patients with each of the subtypes of psoriatic arthritis, although few patients were enrolled with the arthritis mutilans and ankylosing spondylitis-like subtypes. Responses were similar in patients who were or were not receiving concomitant MTX therapy at baseline.

Patients with psoriatic involvement of at least three percent body surface area (BSA) were evaluated for Psoriatic Area and Severity Index (PASI) responses. At 24 weeks, the proportions of patients achieving a 75% or 90% improvement in the PASI were 59% and 42% respectively, in the Adalimumab group (N=69), compared to 1% and 0% respectively, in the placebo group (N=69) ( $p<0.001$ ). PASI responses were apparent in some patients at the time of the first visit (two weeks). Responses were similar in patients who were or were not receiving concomitant MTX therapy at baseline.

**Table 8. ACR Response in Study PsA-I (Percent of Patients)**

	Placebo N=162	Adalimumab* N=151
<b>ACR20</b>		
Week 12	14%	58%
Week 24	15%	57%
<b>ACR50</b>		
Week 12	4%	36%
Week 24	6%	39%
<b>ACR70</b>		
Week 12	1%	20%
Week 24	1%	23%
* $p<0.001$ for all comparisons between Adalimumab and placebo		

**Table 9. Components of Disease Activity in Study PsA-I**

	Placebo N=162		Adalimumab* N=151	
Parameter: median	Baseline	24 weeks	Baseline	24 weeks
Number of tender joints <sup>a</sup>	23.0	17.0	20.0	5.0
Number of swollen joints <sup>b</sup>	11.0	9.0	11.0	3.0
Physician global assessment <sup>c</sup>	53.0	49.0	55.0	16.0
Patient global assessment <sup>c</sup>	49.5	49.0	48.0	20.0
Pain <sup>c</sup>	49.0	49.0	54.0	20.0
Disability index (HAQ) <sup>d</sup>	1.0	0.9	1.0	0.4
CRP (mg/dL) <sup>e</sup>	0.8	0.7	0.8	0.2
* $p<0.001$ for Adalimumab vs. placebo comparisons based on median changes				
<sup>a</sup> Scale 0-78				
<sup>b</sup> Scale 0-76				
<sup>c</sup> Visual analog scale; 0=best, 100=worst				
<sup>d</sup> Disability Index of the Health Assessment Questionnaire; 0=best, 3=worst; measures the patient's ability to perform the following: dress/groom, arise, eat, walk, reach, grip, maintain				

hygiene, and maintain daily activity.  
e Normal range: 0-0.287 mg/dL

Similar results were seen in an additional, 12-week study in 100 patients with moderate to severe psoriatic arthritis who had suboptimal response to DMARD therapy as manifested by  $\geq 3$  tender joints and  $\geq 3$  swollen joints at enrollment.

### Radiographic Response

Radiographic changes were assessed in the PsA studies. Radiographs of hands, wrists, and feet were obtained at baseline and Week 24 during the double-blind period when patients were on Adalimumab or placebo and at Week 48 when all patients were on open-label Adalimumab. A modified Total Sharp Score (mTSS), which included distal interphalangeal joints (i.e., not identical to the TSS used for rheumatoid arthritis), was used by readers blinded to treatment group to assess the radiographs.

Adalimumab-treated patients demonstrated greater inhibition of radiographic progression compared to placebo-treated patients and this effect was maintained at 48 weeks (see Table 10).

**Table 10. Change in Modified Total Sharp Score in Psoriatic Arthritis**

	<b>Placebo N=141</b>	<b>Adalimumab N=133</b>	
	Week 24	Week 24	Week 48
Baseline mean	22.1	23.4	23.4
Mean Change $\pm$ SD	0.9 $\pm$ 3.1	-0.1 $\pm$ 1.7	-0.2 $\pm$ 4.9*
* <0.001 for the difference between Adalimumab, Week 48 and Placebo, Week 24 (primary analysis)			

### Physical Function Response

In Study PsA-I, physical function and disability were assessed using the HAQ Disability Index (HAQ-DI) and the SF-36 Health Survey. Patients treated with 40 mg of Adalimumab every other week showed greater improvement from baseline in the HAQ-DI score (mean decreases of 47% and 49% at Weeks 12 and 24 respectively) in comparison to placebo (mean decreases of 1% and 3% at Weeks 12 and 24 respectively). At Weeks 12 and 24, patients treated with Adalimumab showed greater improvement from baseline in the SF-36 Physical Component Summary score compared to patients treated with placebo, and no worsening in the SF-36 Mental Component Summary score. Improvement in physical function based on the HAQ-DI was maintained for up to 84 weeks through the open-label portion of the study.

## **14.4 Ankylosing Spondylitis**

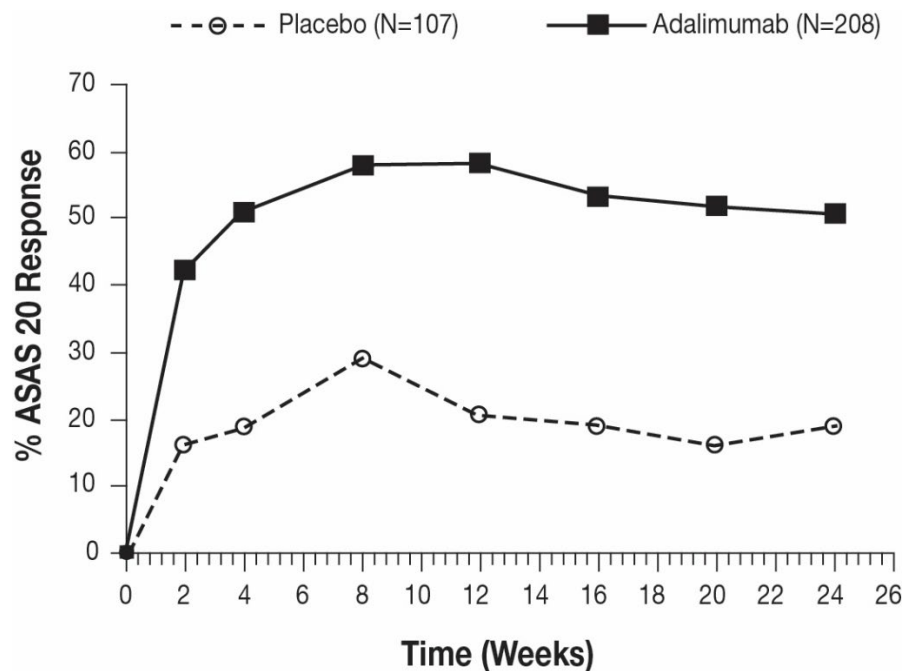
The safety and efficacy of Adalimumab 40 mg every other week was assessed in 315 adult patients in a randomized, 24 week double-blind, placebo-controlled study in patients with active ankylosing spondylitis (AS) who had an inadequate response to glucocorticoids, NSAIDs, analgesics, methotrexate or sulfasalazine. Active AS was defined as patients who fulfilled at least two of the following three criteria: (1) a Bath AS disease activity index (BASDAI) score  $\geq 4$  cm, (2) a visual analog score (VAS) for total back pain  $\geq 40$  mm, and (3) morning stiffness

≥ 1 hour. The blinded period was followed by an open-label period during which patients received Adalimumab 40 mg every other week subcutaneously for up to an additional 28 weeks.

Improvement in measures of disease activity was first observed at Week 2 and maintained through 24 weeks as shown in Figure 2 and Table 11.

Responses of patients with total spinal ankylosis (n=11) were similar to those without total ankylosis.

**Figure 2. ASAS 20 Response By Visit, Study AS-I**



At 12 weeks, the ASAS 20/50/70 responses were achieved by 58%, 38%, and 23%, respectively, of patients receiving Adalimumab, compared to 21%, 10%, and 5% respectively, of patients receiving placebo ( $p < 0.001$ ). Similar responses were seen at Week 24 and were sustained in patients receiving open-label Adalimumab for up to 52 weeks.

A greater proportion of patients treated with Adalimumab (22%) achieved a low level of disease activity at 24 weeks (defined as a value  $< 20$  [on a scale of 0 to 100 mm] in each of the four ASAS response parameters) compared to patients treated with placebo (6%).

**Table 11. Components of Ankylosing Spondylitis Disease Activity**

	Placebo N=107		Adalimumab N=208	
	Baseline mean	Week 24 mean	Baseline mean	Week 24 mean
<b>ASAS 20 Response Criteria*</b>				
Patient's Global Assessment of Disease Activity <sup>a*</sup>	65	60	63	38
Total back pain*	67	58	65	37
Inflammation <sup>b*</sup>	6.7	5.6	6.7	3.6

BASFI <sup>c</sup> *	56	51	52	34
BASDAI <sup>d</sup> score*	6.3	5.5	6.3	3.7
BASMI <sup>e</sup> score*	4.2	4.1	3.8	3.3
Tragus to wall (cm)	15.9	15.8	15.8	15.4
Lumbar flexion (cm)	4.1	4.0	4.2	4.4
Cervical rotation (degrees)	42.2	42.1	48.4	51.6
Lumbar side flexion (cm)	8.9	9.0	9.7	11.7
Intermalleolar distance (cm)	92.9	94.0	93.5	100.8
CRP <sup>f</sup> *	2.2	2.0	1.8	0.6
<sup>a</sup> Percent of subjects with at least a 20% and 10-unit improvement measured on a Visual Analog Scale (VAS) with 0 = “none” and 100 = “severe” <sup>b</sup> mean of questions 5 and 6 of BASDAI (defined in ‘d’) <sup>c</sup> Bath Ankylosing Spondylitis Functional Index <sup>d</sup> Bath Ankylosing Spondylitis Disease Activity Index <sup>e</sup> Bath Ankylosing Spondylitis Metrology Index <sup>f</sup> C-Reactive Protein (mg/dL) * statistically significant for comparisons between Adalimumab and placebo at Week 24				

A second randomized, multicenter, double-blind, placebo-controlled study of 82 patients with ankylosing spondylitis showed similar results.

Patients treated with Adalimumab achieved improvement from baseline in the Ankylosing Spondylitis Quality of Life Questionnaire (ASQoL) score (-3.6 vs. -1.1) and in the Short Form Health Survey (SF-36) Physical Component Summary (PCS) score (7.4 vs. 1.9) compared to placebo-treated patients at Week 24.

### 14.5 Adult Crohn’s Disease

The safety and efficacy of multiple doses of Adalimumab were assessed in adult patients with moderately to severely active Crohn’s disease, CD, (Crohn’s Disease Activity Index (CDAI)  $\geq$  220 and  $\leq$  450) in randomized, double-blind, placebo-controlled studies. Concomitant stable doses of aminosalicylates, corticosteroids, and/or immunomodulatory agents were permitted, and 79% of patients continued to receive at least one of these medications.

Induction of clinical remission (defined as CDAI < 150) was evaluated in two studies. In Study CD-I, 299 TNF-blocker naïve patients were randomized to one of four treatment groups: the placebo group received placebo at Weeks 0 and 2, the 160/80 group received 160 mg Adalimumab at Week 0 and 80 mg at Week 2, the 80/40 group received 80 mg at Week 0 and 40 mg at Week 2, and the 40/20 group received 40 mg at Week 0 and 20 mg at Week 2. Clinical results were assessed at Week 4.

In the second induction study, Study CD-II, 325 patients who had lost response to, or were intolerant to, previous infliximab therapy were randomized to receive either 160 mg Adalimumab at Week 0 and 80 mg at Week 2, or placebo at Weeks 0 and 2. Clinical results were assessed at Week 4.

Maintenance of clinical remission was evaluated in Study CD-III. In this study, 854 patients with active disease received open-label Adalimumab, 80 mg at week 0 and 40 mg at Week 2. Patients were then randomized at Week 4 to 40 mg Adalimumab every other week, 40 mg Adalimumab every week, or placebo. The total study duration was 56 weeks. Patients in clinical response (decrease in CDAI  $\geq 70$ ) at Week 4 were stratified and analyzed separately from those not in clinical response at Week 4.

#### Induction of Clinical Remission

A greater percentage of the patients treated with 160/80 mg Adalimumab achieved induction of clinical remission versus placebo at Week 4 regardless of whether the patients were TNF blocker naïve (CD-I), or had lost response to or were intolerant to infliximab (CD-II) (see Table 12).

**Table 12. Induction of Clinical Remission in Studies CD-I and CD-II (Percent of Patients)**

	<b>CD-I</b>		<b>CD-II</b>	
	<b>Placebo N=74</b>	<b>Adalimumab 160/80 mg N=76</b>	<b>Placebo N=166</b>	<b>Adalimumab 160/80 mg N=159</b>
Week 4				
Clinical remission	12%	36%*	7%	21%*
Clinical response	34%	58%**	34%	52%**
Clinical remission is CDAI score < 150; clinical response is decrease in CDAI of at least 70 points. * p<0.001 for Adalimumab vs. placebo pairwise comparison of proportions ** p<0.01 for Adalimumab vs. placebo pairwise comparison of proportions				

#### Maintenance of Clinical Remission

In Study CD-III at Week 4, 58% (499/854) of patients were in clinical response and were assessed in the primary analysis. At Weeks 26 and 56, greater proportions of patients who were in clinical response at Week 4 achieved clinical remission in the Adalimumab 40 mg every other week maintenance group compared to patients in the placebo maintenance group (see Table 13). The group that received Adalimumab therapy every week did not demonstrate significantly higher remission rates compared to the group that received Adalimumab every other week.

**Table 13. Maintenance of Clinical Remission in CD-III (Percent of Patients)**

	<b>Placebo</b>	<b>40 mg Adalimumab every other week</b>
	<b>N=170</b>	<b>N=172</b>
<b>Week 26</b>		
Clinical remission	17%	40%*
Clinical response	28%	54%*
<b>Week 56</b>		
Clinical remission	12%	36%*
Clinical response	18%	43%*

Clinical remission is CDAI score < 150; clinical response is decrease in CDAI of at least 70 points.

\*p<0.001 for Adalimumab vs. placebo pairwise comparisons of proportions

Of those in response at Week 4 who attained remission during the study, patients in the Adalimumab every other week group maintained remission for a longer time than patients in the placebo maintenance group. Among patients who were not in response by Week 12, therapy continued beyond 12 weeks did not result in significantly more responses.

#### 14.6 Pediatric Crohn's Disease

A randomized, double-blind, 52-week clinical study of 2 dose concentrations of Adalimumab (Study PCD-I) was conducted in 192 pediatric patients (6 to 17 years of age) with moderately to severely active Crohn's disease (defined as Pediatric Crohn's Disease Activity Index (PCDAI) score > 30). Enrolled patients had over the previous two year period an inadequate response to corticosteroids or an immunomodulator (i.e., azathioprine, 6-mercaptopurine, or methotrexate). Patients who had previously received a TNF blocker were allowed to enroll if they had previously had loss of response or intolerance to that TNF blocker.

Patients received open-label induction therapy at a dose based on their body weight ( $\geq 40$  kg and <40 kg). Patients weighing  $\geq 40$  kg received 160 mg (at Week 0) and 80 mg (at Week 2). Patients weighing <40 kg received 80 mg (at Week 0) and 40 mg (at Week 2). At Week 4, patients within each body weight category ( $\geq 40$  kg and <40 kg) were randomized 1:1 to one of two maintenance dose regimens (high dose and low dose). The high dose was 40 mg every other week for patients weighing  $\geq 40$  kg and 20 mg every other week for patients weighing <40 kg. The low dose was 20 mg every other week for patients weighing  $\geq 40$  kg and 10 mg every other week for patients weighing <40 kg.

Concomitant stable dosages of corticosteroids (prednisone dosage  $\leq 40$  mg/day or equivalent) and immunomodulators (azathioprine, 6-mercaptopurine, or methotrexate) were permitted throughout the study.

At Week 12, patients who experienced a disease flare (increase in PCDAI of  $\geq 15$  from Week 4 and absolute PCDAI > 30) or who were non-responders (did not achieve a decrease in the PCDAI of  $\geq 15$  from baseline for 2 consecutive visits at least 2 weeks apart) were allowed to dose-escalate (i.e., switch from blinded every other week dosing to blinded every week dosing); patients who dose-escalated were considered treatment failures.

At baseline, 38% of patients were receiving corticosteroids, and 62% of patients were receiving an immunomodulator. Forty-four percent (44%) of patients had previously lost response or were intolerant to a TNF blocker. The median baseline PCDAI score was 40.

Of the 192 patients total, 188 patients completed the 4 week induction period, 152 patients completed 26 weeks of treatment, and 124 patients completed 52 weeks of treatment. Fifty-one percent (51%) (48/95) of patients in the low maintenance dose group dose-escalated, and 38% (35/93) of patients in the high maintenance dose group dose-escalated.

At Week 4, 28% (52/188) of patients were in clinical remission (defined as PCDAI  $\leq 10$ ).



The proportions of patients in clinical remission (defined as PCDAI  $\leq 10$ ) and clinical response (defined as reduction in PCDAI of at least 15 points from baseline) were assessed at Weeks 26 and 52.

At both Weeks 26 and 52, the proportion of patients in clinical remission and clinical response was numerically higher in the high dose group compared to the low dose group (Table 14). The recommended maintenance regimen is 20 mg every other week for patients weighing  $< 40$  kg and 40 mg every other week for patients weighing  $\geq 40$  kg. Every week dosing is not the recommended maintenance dosing regimen [see *Dosage and Administration* (2.3)].

**Table 14. Clinical Remission and Clinical Response in Study PCD-I**

	<b>Low Maintenance Dose<sup>†</sup></b> <b>(20 or 10 mg every other week)</b> <b>N = 95</b>	<b>High Maintenance Dose<sup>#</sup></b> <b>(40 or 20 mg every other week)</b> <b>N = 93</b>
<b>Week 26</b>		
Clinical Remission <sup>‡</sup>	28%	39%
Clinical Response <sup>§</sup>	48%	59%
<b>Week 52</b>		
Clinical Remission <sup>‡</sup>	23%	33%
Clinical Response <sup>§</sup>	28%	42%
<sup>†</sup> The low maintenance dose was 20 mg every other week for patients weighing $\geq 40$ kg and 10 mg every other week for patients weighing $< 40$ kg. <sup>#</sup> The high maintenance dose was 40 mg every other week for patients weighing $\geq 40$ kg and 20 mg every other week for patients weighing $< 40$ kg. <sup>‡</sup> Clinical remission defined as PCDAI $\leq 10$ . <sup>§</sup> Clinical response defined as reduction in PCDAI of at least 15 points from baseline.		

## 14.7 Adult Ulcerative Colitis

The safety and efficacy of Adalimumab were assessed in adult patients with moderately to severely active ulcerative colitis (Mayo score 6 to 12 on a 12 point scale, with an endoscopy subscore of 2 to 3 on a scale of 0 to 3) despite concurrent or prior treatment with immunosuppressants such as corticosteroids, azathioprine, or 6-MP in two randomized, double-blind, placebo-controlled clinical studies (Studies UC-I and UC-II). Both studies enrolled TNF-blocker naïve patients, but Study UC-II also allowed entry of patients who lost response to or were intolerant to TNF-blockers. Forty percent (40%) of patients enrolled in Study UC-II had previously used another TNF-blocker.

Concomitant stable doses of aminosalicylates and immunosuppressants were permitted. In Studies UC-I and II, patients were receiving aminosalicylates (69%), corticosteroids (59%) and/or azathioprine or 6-MP (37%) at baseline. In both studies, 92% of patients received at least one of these medications.

Induction of clinical remission (defined as Mayo score  $\leq 2$  with no individual subscores  $> 1$ ) at Week 8 was evaluated in both studies. Clinical remission at Week 52 and sustained clinical remission (defined as clinical remission at both Weeks 8 and 52) were evaluated in Study UC-II.

In Study UC-I, 390 TNF-blocker naïve patients were randomized to one of three treatment groups for the primary efficacy analysis. The placebo group received placebo at Weeks 0, 2, 4 and 6. The 160/80 group received 160 mg Adalimumab at Week 0 and 80 mg at Week 2, and the 80/40 group received 80 mg Adalimumab at Week 0 and 40 mg at Week 2. After Week 2, patients in both Adalimumab treatment groups received 40 mg every other week.

In Study UC-II, 518 patients were randomized to receive either Adalimumab 160 mg at Week 0, 80 mg at Week 2, and 40 mg every other week starting at Week 4 through Week 50, or placebo starting at Week 0 and every other week through Week 50. Corticosteroid taper was permitted starting at Week 8.

In both Studies UC-I and UC-II, a greater percentage of the patients treated with 160/80 mg of Adalimumab compared to patients treated with placebo achieved induction of clinical remission. In Study UC-II, a greater percentage of the patients treated with 160/80 mg of Adalimumab compared to patients treated with placebo achieved sustained clinical remission (clinical remission at both Weeks 8 and 52) (Table 15).

**Table 15. Induction of Clinical Remission in Studies UC-I and UC-II and Sustained Clinical Remission in Study UC-II (Percent of Patients)**

	Study UC-I			Study UC-II		
	Placebo N=130	Adalimumab 160/80 mg N=130	Treatment Difference (95% CI)	Placebo N=246	Adalimumab 160/80 mg N=248	Treatment Difference (95% CI)
Induction of Clinical Remission (Clinical Remission at Week 8)	9.2%	18.5%	9.3%* (0.9%, 17.6%)	9.3%	16.5%	7.2%* (1.2%, 12.9%)
Sustained Clinical Remission (Clinical Remission at both Weeks 8 and 52)	N/A	N/A	N/A	4.1%	8.5%	4.4%* (0.1%, 8.6%)
Clinical remission is defined as Mayo score $\leq 2$ with no individual subscores $> 1$ . CI=Confidence interval * $p<0.05$ for Adalimumab vs. placebo pairwise comparison of proportions						

In Study UC-I, there was no statistically significant difference in clinical remission observed between the Adalimumab 80/40 mg group and the placebo group at Week 8.

In Study UC-II, 17.3% (43/248) in the Adalimumab group were in clinical remission at Week 52 compared to 8.5% (21/246) in the placebo group (treatment difference: 8.8%; 95% confidence interval (CI): [2.8%, 14.5%];  $p<0.05$ ).

In the subgroup of patients in Study UC-II with prior TNF-blocker use, the treatment difference for induction of clinical remission appeared to be lower than that seen in the whole study population, and the treatment differences for sustained clinical remission and clinical remission at Week 52 appeared to be similar to those seen in the whole study population. The subgroup of patients with prior TNF-blocker use achieved induction of clinical remission at 9% (9/98) in the Adalimumab group versus 7% (7/101) in the placebo group, and sustained clinical remission at

5% (5/98) in the Adalimumab group versus 1% (1/101) in the placebo group. In the subgroup of patients with prior TNF-blocker use, 10% (10/98) were in clinical remission at Week 52 in the Adalimumab group versus 3% (3/101) in the placebo group.

### 14.8 Pediatric Ulcerative Colitis

The safety and efficacy of Adalimumab were assessed in a multicenter, randomized, double-blind trial (Study PUC-I, NCT02065557) in 93 pediatric patients 5 years to 17 years of age with moderately to severely active ulcerative colitis (Mayo score 6 to 12 with endoscopy subscore of 2 to 3 points, confirmed by centrally read endoscopy) who had an inadequate response or intolerance to therapy with corticosteroids and/or an immunomodulator (i.e., azathioprine, 6-mercaptopurine, or methotrexate). Fifteen out of 93 patients (16%) in the study had prior experience with a TNF blocker. Patients who received corticosteroids at enrollment were allowed to taper their corticosteroid therapy after Week 4.

Seventy-seven patients were initially randomized 3:2 to receive double-blind treatment with one of two dosages of Adalimumab. Patients in both dosage groups received 2.4 mg/kg (maximum of 160 mg) at Week 0, 1.2 mg/kg (maximum of 80 mg) at Week 2, and 0.6 mg/kg (maximum of 40 mg) at Weeks 4 and 6. The higher dosage group also received an additional dosage of 2.4 mg/kg (maximum of 160 mg) at Week 1. Following an amendment to the study design, 16 additional patients were enrolled and received open-label treatment with Adalimumab at the higher dosage.

At Week 8, 62 patients who demonstrated clinical response per Partial Mayo Score (PMS; a subset of the Mayo score with no endoscopic component and defined as a decrease in PMS  $\geq 2$  points and  $\geq 30\%$  from baseline) were randomized equally to receive double-blind treatment with Adalimumab 0.6 mg/kg (maximum of 40 mg) every other week (lower dosage group), or 0.6 mg/kg (maximum of 40 mg) every week (higher dosage group). Prior to an amendment to the study design, 12 additional patients who demonstrated clinical response per PMS were randomized to receive placebo.

There are no anticipated clinically relevant differences in efficacy between the studied higher dosage administered during the 52-week PUC-I trial and the recommended dosage of Adalimumab [see *Dosage and Administration* (2.4), *Clinical Pharmacology* (12.2)].

Patients who met criteria for disease flare at or after Week 12 were randomized to receive a re-induction dose of 2.4 mg/kg (maximum of 160 mg) or a dose of 0.6 mg/kg (maximum of 40 mg) and then continued the dose to which they were randomized at Week 8.

The co-primary endpoints of the study were clinical remission per PMS (defined as PMS  $\leq 2$  and no individual subscore  $> 1$ ) at Week 8, and clinical remission per the Mayo Score (defined as Mayo Score  $\leq 2$  and no individual subscore  $> 1$ ) at Week 52 in patients who achieved clinical response per PMS at Week 8. Secondary endpoints included Mayo Score response (defined as a decrease in Mayo Score of  $\geq 3$  points and  $\geq 30\%$  from baseline) at Week 52 in Week 8 PMS responders, endoscopic improvement (defined as a Mayo endoscopy subscore  $\leq 1$ ) at Week 52 in Week 8 PMS responders, and Mayo Score remission at Week 52 in Week 8 PMS remitters.

#### *Week 8 Results*

At Week 8, PMS remission was achieved by 60% [28/47; 95% confidence interval (CI): (44%, 74%)] of patients in the higher dosage group (not including the 16 patients receiving open-label

higher dosage) and 43% [13/30; 95% CI: (25%, 63%)] of patients in the lower dosage group. Results from the higher dosage group are representative of the results expected with the recommended dosage [see *Dosage and Administration* (2.4), *Clinical Pharmacology* (12.2)].

#### Week 52 Results

At Week 52, endpoints were assessed in the population of patients who received double-blind placebo, Adalimumab 0.6 mg/kg (maximum of 40 mg) every other week, or Adalimumab 0.6 mg/kg (maximum of 40 mg) every week between Week 8 and Week 52 (Table 16).

**Table 16. Clinical Remission, Clinical Response and Endoscopic Improvement at Week 52 in Pediatric Patients with Ulcerative Colitis (Study PUC-1)**

	<b>Placebo<sup>a</sup></b>	<b>Adalimumab Maximum of 40 mg (0.6 mg/kg) every other week<sup>b</sup></b>	<b>Adalimumab Maximum of 40 mg (0.6 mg/kg) every week<sup>c</sup></b>
	<b>n/N (%), 95% CI</b>	<b>n/N (%), 95% CI</b>	<b>n/N (%), 95% CI</b>
Clinical remission in Week 8 PMS responders	4/12 (33%) (10%, 65%)	9/31 (29%) (14%, 48%)	14/31 (45%) (27%, 64%)
Clinical response in Week 8 PMS responders	4/12 (33%) (10%, 65%)	19/31 (61%) (42%, 78%)	21/31 (68%) (49%, 83%)
Endoscopic improvement in Week 8 PMS responders	4/12 (33%) (10%, 65%)	12/31 (39%) (22%, 58%)	16/31 (52%) (33%, 70%)
Clinical remission in Week 8 PMS remitters	3/8 (38%) (9%, 76%)	9/21 (43%) (22%, 66%)	10/22 (45%) (24%, 68%)
<p>CI=Confidence interval</p> <p><sup>a</sup> Twelve patients who demonstrated clinical response per PMS at Week 8 were randomized to receive placebo. There are limitations to the interpretability of the placebo data due to the small sample size.</p> <p><sup>b</sup> The every other week dosage studied during the 52-week PUC-I trial is a lower dosage than the recommended dosage of Adalimumab [see <i>Dosage and Administration</i> (2.4)].</p> <p><sup>c</sup> There are no anticipated clinically relevant differences in efficacy between the studied higher dosage administered during the 52-week PUC-I trial and the recommended dosage of Adalimumab.</p> <p>Note: Patients with missing values at Week 52 or who were randomized to receive re-induction or maintenance treatment due to disease flare were considered non-responders for Week 52 endpoints.</p>			

## 14.9 Plaque Psoriasis

The safety and efficacy of Adalimumab were assessed in randomized, double-blind, placebo-controlled studies in 1696 adult subjects with moderate to severe chronic plaque psoriasis (Ps) who were candidates for systemic therapy or phototherapy.

Study Ps-I evaluated 1212 subjects with chronic Ps with  $\geq 10\%$  body surface area (BSA) involvement, Physician's Global Assessment (PGA) of at least moderate disease severity, and Psoriasis Area and Severity Index (PASI)  $\geq 12$  within three treatment periods. In period A, subjects received placebo or Adalimumab at an initial dose of 80 mg at Week 0 followed by a dose of 40 mg every other week starting at Week 1. After 16 weeks of therapy, subjects who achieved at least a PASI 75 response at Week 16, defined as a PASI score improvement of at least 75% relative to baseline, entered period B and received open-label 40 mg Adalimumab every other week. After 17 weeks of open label therapy, subjects who maintained at least a PASI 75 response at Week 33 and were originally randomized to active therapy in period A were re-randomized in period C to receive 40 mg Adalimumab every other week or placebo for an additional 19 weeks. Across all treatment groups the mean baseline PASI score was 19 and the baseline Physician's Global Assessment score ranged from "moderate" (53%) to "severe" (41%) to "very severe" (6%).

Study Ps-II evaluated 99 subjects randomized to Adalimumab and 48 subjects randomized to placebo with chronic plaque psoriasis with  $\geq 10\%$  BSA involvement and PASI  $\geq 12$ . Subjects received placebo, or an initial dose of 80 mg Adalimumab at Week 0 followed by 40 mg every other week starting at Week 1 for 16 weeks. Across all treatment groups the mean baseline PASI score was 21 and the baseline PGA score ranged from "moderate" (41%) to "severe" (51%) to "very severe" (8%).

Studies Ps-I and II evaluated the proportion of subjects who achieved "clear" or "minimal" disease on the 6-point PGA scale and the proportion of subjects who achieved a reduction in PASI score of at least 75% (PASI 75) from baseline at Week 16 (see Table 17 and 18).

Additionally, Study Ps-I evaluated the proportion of subjects who maintained a PGA of "clear" or "minimal" disease or a PASI 75 response after Week 33 and on or before Week 52.

**Table 17. Efficacy Results at 16 Weeks in Study Ps-I Number of Subjects (%)**

	Adalimumab 40 mg every other week	Placebo
	N = 814	N = 398
PGA: <i>Clear</i> or <i>minimal</i> *	506 (62%)	17 (4%)
PASI 75	578 (71%)	26 (7%)
* Clear = no plaque elevation, no scale, plus or minus hyperpigmentation or diffuse pink or red coloration Minimal = possible but difficult to ascertain whether there is slight elevation of plaque above normal skin, plus or minus surface dryness with some white coloration, plus or minus up to red coloration		

**Table 18. Efficacy Results at 16 Weeks in Study Ps-II Number of Subjects (%)**

	Adalimumab 40 mg every other week	Placebo
	N = 99	N = 48

PGA: <i>Clear</i> or <i>minimal</i> *	70 (71%)	5 (10%)
PASI 75	77 (78%)	9 (19%)
<p>* Clear = no plaque elevation, no scale, plus or minus hyperpigmentation or diffuse pink or red coloration</p> <p>Minimal = possible but difficult to ascertain whether there is slight elevation of plaque above normal skin, plus or minus surface dryness with some white coloration, plus or minus up to red coloration</p>		

Additionally, in Study Ps-I, subjects on Adalimumab who maintained a PASI 75 were re-randomized to Adalimumab (N = 250) or placebo (N = 240) at Week 33. After 52 weeks of treatment with Adalimumab, more subjects on Adalimumab maintained efficacy when compared to subjects who were re-randomized to placebo based on maintenance of PGA of “clear” or “minimal” disease (68% vs. 28%) or a PASI 75 (79% vs. 43%).

A total of 347 stable responders participated in a withdrawal and retreatment evaluation in an open-label extension study. Median time to relapse (decline to PGA “moderate” or worse) was approximately 5 months. During the withdrawal period, no subject experienced transformation to either pustular or erythrodermic psoriasis. A total of 178 subjects who relapsed re-initiated treatment with 80 mg of Adalimumab, then 40 mg every other week beginning at week 1. At week 16, 69% (123/178) of subjects had a response of PGA “clear” or “minimal”.

A randomized, double-blind study (Study Ps-III) compared the efficacy and safety of Adalimumab versus placebo in 217 adult subjects. Subjects in the study had to have chronic plaque psoriasis of at least moderate severity on the PGA scale, fingernail involvement of at least moderate severity on a 5-point Physician’s Global Assessment of Fingernail Psoriasis (PGA-F) scale, a Modified Nail Psoriasis Severity Index (mNAPSI) score for the target-fingernail of  $\geq 8$ , and either a BSA involvement of at least 10% or a BSA involvement of at least 5% with a total mNAPSI score for all fingernails of  $\geq 20$ . Subjects received an initial dose of 80 mg Adalimumab followed by 40 mg every other week (starting one week after the initial dose) or placebo for 26 weeks followed by open-label Adalimumab treatment for an additional 26 weeks. This study evaluated the proportion of subjects who achieved “clear” or “minimal” assessment with at least a 2-grade improvement on the PGA-F scale and the proportion of subjects who achieved at least a 75% improvement from baseline in the mNAPSI score (mNAPSI 75) at Week 26.

At Week 26, a higher proportion of subjects in the Adalimumab group than in the placebo group achieved the PGA-F endpoint. Furthermore, a higher proportion of subjects in the Adalimumab group than in the placebo group achieved mNAPSI 75 at Week 26 (see Table 19).

**Table 19. Efficacy Results at 26 Weeks**

Endpoint	Adalimumab 40 mg every other week* N=109	Placebo N=108
PGA-F: $\geq 2$ -grade improvement and <i>clear</i> or <i>minimal</i>	49%	7%
mNAPSI 75	47%	3%

\*Subjects received 80 mg of Adalimumab at Week 0, followed by 40 mg every other week starting at Week 1.

Nail pain was also evaluated and improvement in nail pain was observed in Study Ps-III.

#### 14.10 Hidradenitis Suppurativa

Two randomized, double-blind, placebo-controlled studies (Studies HS-I and II) evaluated the safety and efficacy of Adalimumab in a total of 633 adult subjects with moderate to severe hidradenitis suppurativa (HS) with Hurley Stage II or III disease and with at least 3 abscesses or inflammatory nodules. In both studies, subjects received placebo or Adalimumab at an initial dose of 160 mg at Week 0, 80 mg at Week 2, and 40 mg every week starting at Week 4 and continued through Week 11. Subjects used topical antiseptic wash daily. Concomitant oral antibiotic use was allowed in Study HS-II.

Both studies evaluated Hidradenitis Suppurativa Clinical Response (HiSCR) at Week 12. HiSCR was defined as at least a 50% reduction in total abscess and inflammatory nodule count with no increase in abscess count and no increase in draining fistula count relative to baseline (see Table 18). Reduction in HS-related skin pain was assessed using a Numeric Rating Scale in patients who entered the study with an initial baseline score of 3 or greater on a 11 point scale.

In both studies, a higher proportion of Adalimumab- than placebo-treated subjects achieved HiSCR (see Table 20).

**Table 20. Efficacy Results at 12 Weeks in Subjects with Moderate to Severe Hidradenitis Suppurativa**

	HS Study I		HS Study II*	
	Placebo	Adalimumab 40 mg Weekly	Placebo	Adalimumab 40 mg Weekly
Hidradenitis Suppurativa Clinical Response (HiSCR)	N = 154 40 (26%)	N = 153 64 (42%)	N=163 45 (28%)	N=163 96 (59%)

\*19.3% of subjects in Study HS-II continued baseline oral antibiotic therapy during the study.

In both studies, from Week 12 to Week 35 (Period B), subjects who had received Adalimumab were re-randomized to 1 of 3 treatment groups (Adalimumab 40 mg every week, Adalimumab 40 mg every other week, or placebo). Subjects who had been randomized to placebo were assigned to receive Adalimumab 40 mg every week (Study HS-I) or placebo (Study HS-II).

During Period B, flare of HS, defined as  $\geq 25\%$  increase from baseline in abscesses and inflammatory nodule counts and with a minimum of 2 additional lesions, was documented in 22 (22%) of the 100 subjects who were withdrawn from Adalimumab treatment following the primary efficacy timepoint in two studies.

#### 14.11 Adult Uveitis

The safety and efficacy of Adalimumab were assessed in adult patients with non-infectious intermediate, posterior and panuveitis excluding patients with isolated anterior uveitis, in two randomized, double-masked, placebo-controlled studies (UV I and II). Patients received placebo or Adalimumab at an initial dose of 80 mg followed by 40 mg every other week starting one week after the initial dose. The primary efficacy endpoint in both studies was 'time to treatment failure'.



Treatment failure was a multi-component outcome defined as the development of new inflammatory chorioretinal and/or inflammatory retinal vascular lesions, an increase in anterior chamber (AC) cell grade or vitreous haze (VH) grade or a decrease in best corrected visual acuity (BCVA).

Study UV I evaluated 217 patients with active uveitis while being treated with corticosteroids (oral prednisone at a dose of 10 to 60 mg/day). All patients received a standardized dose of prednisone 60 mg/day at study entry followed by a mandatory taper schedule, with complete corticosteroid discontinuation by Week 15.

Study UV II evaluated 226 patients with inactive uveitis while being treated with corticosteroids (oral prednisone 10 to 35 mg/day) at baseline to control their disease. Patients subsequently underwent a mandatory taper schedule, with complete corticosteroid discontinuation by Week 19.

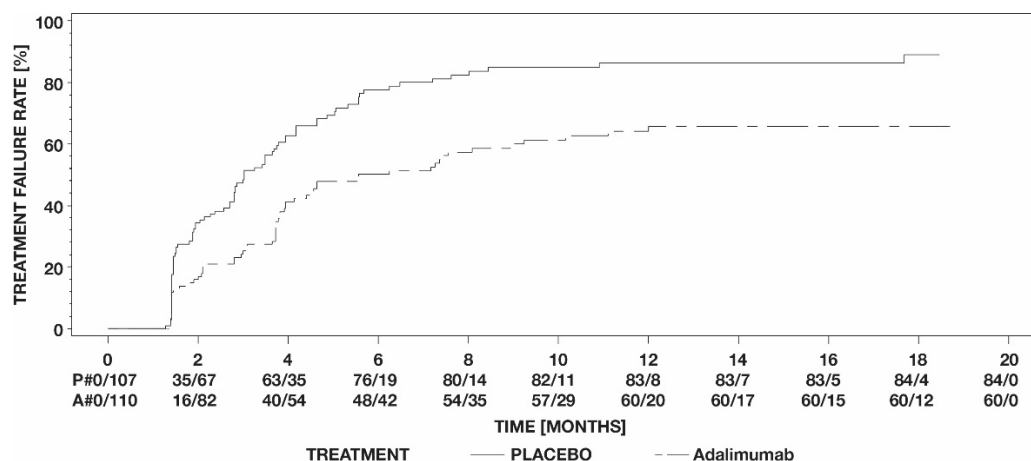
### Clinical Response

Results from both studies demonstrated statistically significant reduction of the risk of treatment failure in patients treated with Adalimumab versus patients receiving placebo. In both studies, all components of the primary endpoint contributed cumulatively to the overall difference between Adalimumab and placebo groups (Table 21).

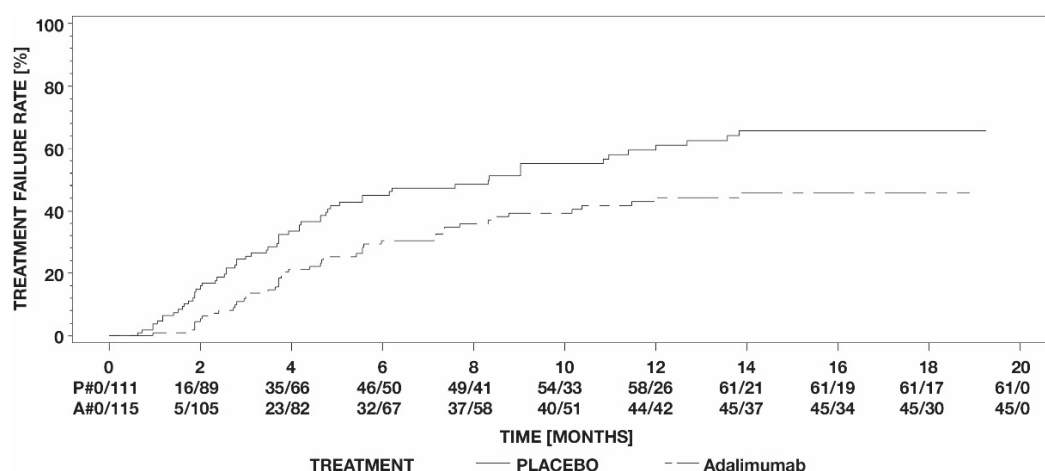
**Table 21. Time to Treatment Failure in Studies UV I and UV II**

	UV I			UV II		
	Placebo (N = 107)	Adalimumab (N = 110)	HR [95% CI] <sup>a</sup>	Placebo (N = 111)	Adalimumab (N = 115)	HR [95% CI] <sup>a</sup>
Failure <sup>b</sup> n (%)	84 (78.5)	60 (54.5)	0.50 [0.36, 0.70]	61 (55.0)	45 (39.1)	0.57 [0.39, 0.84]
Median Time to Failure (Months) [95% CI]	3.0 [2.7, 3.7]	5.6 [3.9, 9.2]	N/A	8.3 [4.8, 12.0]	NE <sup>c</sup>	N/A
<sup>a</sup> HR of Adalimumab versus placebo from proportional hazards regression with treatment as factor.						
<sup>b</sup> Treatment failure at or after Week 6 in Study UV I, or at or after Week 2 in Study UV II, was counted as event. Subjects who discontinued the study were censored at the time of dropping out.						
<sup>c</sup> NE = not estimable. Fewer than half of at-risk subjects had an event.						

**Figure 3: Kaplan-Meier Curves Summarizing Time to Treatment Failure on or after Week 6 (Study UV I) or Week 2 (Study UV II)**



### Study UV I



### Study UV II

Note: P# = Placebo (Number of Events/Number at Risk); A# = Adalimumab (Number of Events/Number at Risk).

## 14.12 Pediatric Uveitis

The safety and efficacy of Adalimumab were assessed in a randomized, double-masked, placebo-controlled study of 90 pediatric patients from 2 to < 18 years of age with active JIA-associated non-infectious uveitis (PUV-I). Patients received either placebo or 20 mg adalimumab (if < 30 kg) or 40 mg adalimumab (if  $\geq$  30 kg) every other week in combination with a dose of methotrexate. Concomitant dosages of corticosteroids were permitted at study entry followed by a mandatory reduction in topical corticosteroids within 3 months.

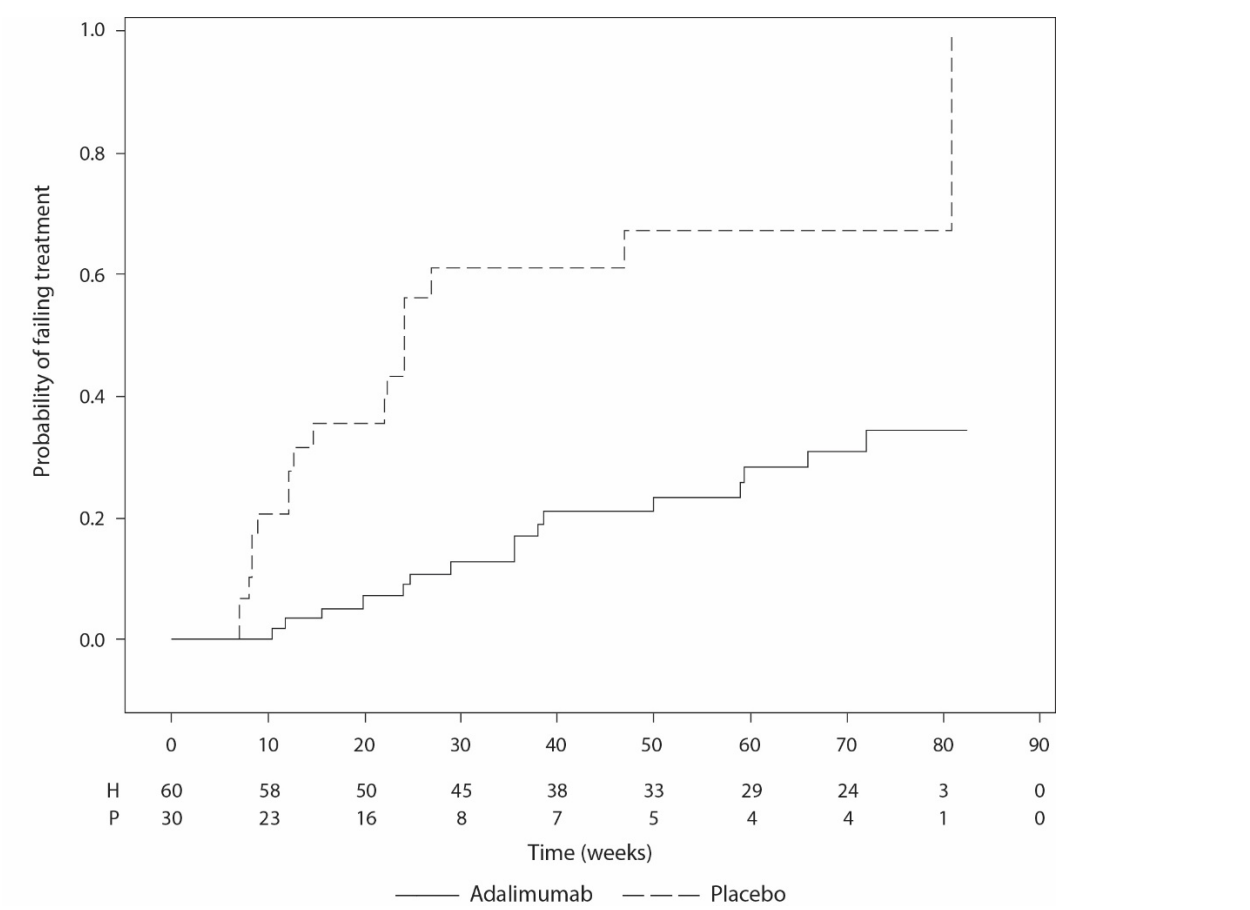
The primary endpoint was 'time to treatment failure'. The criteria determining treatment failure were worsening or sustained non-improvement in ocular inflammation, or worsening of ocular co-morbidities.

### Clinical Response

Adalimumab significantly decreased the risk of treatment failure by 75% relative to placebo (HR = 0.25 [95% CI: 0.12, 0.49]) (Table 22).

Table 22. Analysis Results of Time to Treatment Failure (Study PUV-I)			
	Placebo (N=30)	Adalimumab (N=60)	HR (95% CI) <sup>a</sup>
Failure (n[%])	18 (60%)	16 (26.7%)	0.25 (0.12, 0.49)
Median Time to Failure (Weeks) (95% CI) <sup>b</sup>	24.1 (12.4, 81.0)	NE <sup>c</sup>	
<sup>a</sup> HR of adalimumab versus placebo from proportional hazards regression with treatment as factor.			
<sup>b</sup> Estimated based on Kaplan-Meier curve.			
<sup>c</sup> NE = not estimable. Fewer than half of at-risk subjects had an event.			

Figure 4: Kaplan-Meier Curves Summarizing Time to Treatment Failure (Study PUV-I)



Study PUV-I

Note: P = Placebo (Number at Risk); H = Adalimumab (Number at Risk).

## 15 REFERENCES

1. National Cancer Institute. Surveillance, Epidemiology, and End Results Database (SEER) Program. SEER Incidence Crude Rates, 17 Registries, 2000-2007.

## 16 HOW SUPPLIED/STORAGE AND HANDLING

Adalimumab is supplied as a preservative-free, sterile, clear and colorless solution for subcutaneous administration. The following packaging configurations are available.

- **Adalimumab Pen Carton - 40 mg/0.4 mL**

Adalimumab is supplied in a carton containing two alcohol preps and two dose trays. Each dose tray consists of a single-dose pen, containing a 1 mL prefilled glass syringe with a fixed thin wall, ½ inch needle, providing 40 mg/0.4 mL of Adalimumab. The black needle cover is not made with natural rubber latex. The NDC number is 0074-4004-02.

- **Adalimumab Pen Carton – 80 mg/0.8 mL**

Adalimumab is supplied in a carton containing two alcohol preps and two dose trays. Each dose tray consists of a single-dose pen, containing a 1 mL prefilled glass syringe with a fixed thin wall, ½ inch needle, providing 80 mg/0.8 mL of Adalimumab. The black needle cover is not made with natural rubber latex. The NDC number is 0074-8008-02.

- **Prefilled Syringe Carton - 40 mg/0.4 mL**

Adalimumab is supplied in a carton containing two alcohol preps and two dose trays. Each dose tray consists of a single-dose, 1 mL prefilled glass syringe with a fixed thin wall, ½ inch needle, providing 40 mg/0.4 mL of Adalimumab. The black needle cover is not made with natural rubber latex. The NDC number is 0074-3358-02.

- **Prefilled Syringe Carton - 20 mg/0.2 mL**

Adalimumab is supplied in a carton containing two alcohol preps and two dose trays. Each dose tray consists of a single-dose, 1 mL prefilled glass syringe with a fixed thin wall, ½ inch needle, providing 20 mg/0.2 mL of Adalimumab. The black needle cover is not made with natural rubber latex. The NDC number is 0074-2329-02.

- **Prefilled Syringe Carton - 10 mg/0.1 mL**

Adalimumab is supplied in a carton containing two alcohol preps and two dose trays. Each dose tray consists of a single-dose, 1 mL prefilled glass syringe with a fixed thin wall, ½ inch needle, providing 10 mg/0.1 mL of Adalimumab. The black needle cover is not made with natural rubber latex. The NDC number is 0074-1232-02.

### Storage and Stability

Do not use beyond the expiration date on the container. Adalimumab must be refrigerated at 36°F to 46°F (2°C to 8°C). DO NOT FREEZE. Do not use if frozen even if it has been thawed.

Store in original carton until time of administration to protect from light.

If needed, for example when traveling, Adalimumab may be stored at room temperature up to a maximum of 77°F (25°C) for a period of up to 14 days, with protection from light. Adalimumab should be discarded if not used within the 14-day period. Record the date when Adalimumab is first removed from the refrigerator in the spaces provided on the carton and dose tray.

Do not store Adalimumab in extreme heat or cold.

## 17 PATIENT COUNSELING INFORMATION

Advise the patient or caregiver to read the FDA-approved patient labeling (Medication Guide and Instructions for Use).

### Infections

Inform patients that Adalimumab may lower the ability of their immune system to fight infections. Instruct patients of the importance of contacting their doctor if they develop any symptoms of infection, including tuberculosis, invasive fungal infections, and reactivation of hepatitis B virus infections [see *Warnings and Precautions* (5.1, 5.2, 5.4)].

### Malignancies

Counsel patients about the risk of malignancies while receiving Adalimumab [see *Warnings and Precautions* (5.2)]

### Hypersensitivity Reactions

Advise patients to seek immediate medical attention if they experience any symptoms of severe hypersensitivity reactions.

### Other Medical Conditions

Advise patients to report any signs of new or worsening medical conditions such as congestive heart failure, neurological disease, autoimmune disorders, or cytopenias. Advise patients to report any symptoms suggestive of a cytopenia such as bruising, bleeding, or persistent fever [see *Warnings and Precautions* (5.5, 5.6, 5.8, 5.9)].

### Instructions on Injection Technique

Inform patients that the first injection is to be performed under the supervision of a qualified health care professional. If a patient or caregiver is to administer Adalimumab, instruct them in injection techniques and assess their ability to inject subcutaneously to ensure the proper administration of Adalimumab [see *Instructions for Use*].

For patients who will use the Adalimumab Pen, tell them that they:

- Will hear a **loud ‘click’** when the plum-colored activator button is pressed. The loud click means the **start** of the injection.
- Must keep holding the Adalimumab Pen against their squeezed, raised skin until all of the medicine is injected. This can take up to 15 seconds.
- Will know that the injection has finished when the yellow marker fully appears in the window view and stops moving.

Instruct patients to dispose of their used needles and syringes or used Pen in a FDA-cleared sharps disposal container immediately after use. **Instruct patients not to dispose of loose needles and syringes or Pen in their household trash.** Instruct patients that if they do not have a FDA-cleared sharps disposal container, they may use a household container that is made of a heavy-duty plastic, can be closed with a tight-fitting and puncture-resistant lid without sharps being able to come out, upright and stable during use, leak-resistant, and properly labeled to warn of hazardous waste inside the container.

Instruct patients that when their sharps disposal container is almost full, they will need to follow their community guidelines for the correct way to dispose of their sharps disposal container. Instruct patients that there may be state or local laws regarding disposal of used needles and

syringes. Refer patients to the FDA's website at <http://www.fda.gov/safesharpsdisposal> for more information about safe sharps disposal, and for specific information about sharps disposal in the state that they live in.

**Instruct patients not to dispose of their used sharps disposal container in their household trash unless their community guidelines permit this. Instruct patients not to recycle their used sharps disposal container.**

AbbVie Inc.

North Chicago, IL 60064, U.S.A.

US License Number 1889

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**MEDICATION GUIDE**  
**Adalimumab (ada-LIM-u-mab)**  
**injection, for subcutaneous use**  
**This product is HUMIRA® (adalimumab).**

Read the Medication Guide that comes with Adalimumab before you start taking it and each time you get a refill. There may be new information. This Medication Guide does not take the place of talking with your doctor about your medical condition or treatment.

**What is the most important information I should know about Adalimumab?**

Adalimumab is a medicine that affects your immune system. Adalimumab can lower the ability of your immune system to fight infections. **Serious infections have happened in people taking Adalimumab. These serious infections include tuberculosis (TB) and infections caused by viruses, fungi or bacteria that have spread throughout the body. Some people have died from these infections.**

- Your doctor should test you for TB before starting Adalimumab.
- Your doctor should check you closely for signs and symptoms of TB during treatment with Adalimumab.

You should not start taking Adalimumab if you have any kind of infection unless your doctor says it is okay.

**Before starting Adalimumab, tell your doctor if you:**

- think you have an infection or have symptoms of an infection such as:
  - fever, sweats, or chills
  - muscle aches
  - cough
  - shortness of breath
  - blood in phlegm
  - warm, red, or painful skin or sores on your body
  - diarrhea or stomach pain
  - burning when you urinate or urinate more often than normal
  - feel very tired
  - weight loss
- are being treated for an infection.
- get a lot of infections or have infections that keep coming back.
- have diabetes.
- have TB, or have been in close contact with someone with TB.
- were born in, lived in, or traveled to countries where there is more risk for getting TB. Ask your doctor if you are not sure.
- live or have lived in certain parts of the country (such as the Ohio and Mississippi River valleys) where there is an increased risk for getting certain kinds of fungal infections (histoplasmosis, coccidioidomycosis, or blastomycosis). These infections may happen or become more severe if you use Adalimumab. Ask your doctor if you do not know if you have lived in an area where these infections are common.
- have or have had hepatitis B.
- use the medicine ORENCIA (abatacept), KINERET (anakinra), RITUXAN (rituximab), IMURAN (azathioprine), or PURINETHOL (6-mercaptopurine, 6-MP).
- are scheduled to have major surgery.

**After starting Adalimumab, call your doctor right away** if you have an infection, or any sign of an infection.

Adalimumab can make you more likely to get infections or make any infection that you may have worse.

**Cancer**

- For children and adults taking Tumor Necrosis Factor (TNF)-blockers, including Adalimumab, the chances of getting cancer may increase.

- There have been cases of unusual cancers in children, teenagers, and young adults using TNF-blockers.
- People with rheumatoid arthritis (RA), especially more serious RA, may have a higher chance for getting a kind of cancer called lymphoma.
- If you use TNF blockers including Adalimumab your chance of getting two types of skin cancer may increase (basal cell cancer and squamous cell cancer of the skin). These types of cancer are generally not life-threatening if treated. Tell your doctor if you have a bump or open sore that does not heal.
- Some people receiving TNF blockers including Adalimumab developed a rare type of cancer called hepatosplenic T-cell lymphoma. This type of cancer often results in death. Most of these people were male teenagers or young men. Also, most people were being treated for Crohn's disease or ulcerative colitis with another medicine called IMURAN (azathioprine) or PURINETHOL (6-mercaptopurine, 6-MP).

### What is Adalimumab?

Adalimumab is a medicine called a Tumor Necrosis Factor (TNF) blocker. Adalimumab is used:

- To reduce the signs and symptoms of:
  - **moderate to severe RA in adults.** Adalimumab can be used alone, with methotrexate, or with certain other medicines.
  - **moderate to severe polyarticular juvenile idiopathic arthritis (JIA) in children 2 years and older.** Adalimumab can be used alone or with methotrexate.
  - **psoriatic arthritis (PsA) in adults.** Adalimumab can be used alone or with certain other medicines.
  - **ankylosing spondylitis (AS) in adults.**
  - **moderate to severe hidradenitis suppurativa (HS) in people 12 years and older.**
- **To treat moderate to severe Crohn's disease (CD) in adults and children 6 years of age and older.**
- **To treat moderate to severe ulcerative colitis (UC) in adults and children 5 years of age and older.** It is not known if Adalimumab is effective in people who stopped responding to or could not tolerate TNF-blocker medicines.
- **To treat moderate to severe chronic (lasting a long time) plaque psoriasis (Ps) in adults** who have the condition in many areas of their body and who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet light alone or with pills).
- **To treat non-infectious intermediate, posterior, and panuveitis in adults and children 2 years of age and older.**

### What should I tell my doctor before taking Adalimumab?

Adalimumab may not be right for you. Before starting Adalimumab, tell your doctor about all of your medical conditions, including if you:

- have an infection. See **"What is the most important information I should know about Adalimumab?"**
- have or have had cancer.
- have any numbness or tingling or have a disease that affects your nervous system such as multiple sclerosis or Guillain-Barré syndrome.
- have or had heart failure.
- have recently received or are scheduled to receive a vaccine. You may receive vaccines, except for live vaccines while using Adalimumab. Children should be brought up to date with all vaccines before starting Adalimumab.
- are allergic to Adalimumab or to any of its ingredients. See the end of this Medication Guide for a list of ingredients in Adalimumab.



- are pregnant or plan to become pregnant, breastfeeding or plan to breastfeed. You and your doctor should decide if you should take Adalimumab while you are pregnant or breastfeeding.
- have a baby and you were using Adalimumab during your pregnancy. Tell your baby's doctor before your baby receives any vaccines.

**Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

**Especially tell your doctor if you use:**

- ORENCIA (abatacept), KINERET (anakinra), REMICADE (infliximab), ENBREL (etanercept), CIMZIA (certolizumab pegol) or SIMPONI (golimumab), because you should not use Adalimumab while you are also using one of these medicines.
- RITUXAN (rituximab). Your doctor may not want to give you Adalimumab if you have received RITUXAN (rituximab) recently.
- IMURAN (azathioprine) or PURINETHOL (6-mercaptopurine, 6-MP).

**Keep a list of your medicines with you to show your doctor and pharmacist each time you get a new medicine.**

**How should I take Adalimumab?**

- Adalimumab is given by an injection under the skin. Your doctor will tell you how often to take an injection of Adalimumab. This is based on your condition to be treated. **Do not inject Adalimumab more often than you were prescribed.**
- See the **Instructions for Use** inside the carton for complete instructions for the right way to prepare and inject Adalimumab.
- Make sure you have been shown how to inject Adalimumab before you do it yourself. You can call your doctor or 1-800-448-6472 if you have any questions about giving yourself an injection. Someone you know can also help you with your injection after they have been shown how to prepare and inject Adalimumab.
- **Do not** try to inject Adalimumab yourself until you have been shown the right way to give the injections. If your doctor decides that you or a caregiver may be able to give your injections of Adalimumab at home, you should receive training on the right way to prepare and inject Adalimumab.
- Do not miss any doses of Adalimumab unless your doctor says it is okay. If you forget to take Adalimumab, inject a dose as soon as you remember. Then, take your next dose at your regular scheduled time. This will put you back on schedule. In case you are not sure when to inject Adalimumab, call your doctor or pharmacist.
- If you take more Adalimumab than you were told to take, call your doctor.

**What are the possible side effects of Adalimumab?**

Adalimumab can cause serious side effects, including:

**See “What is the most important information I should know about Adalimumab?”**

• **Serious Infections.**

Your doctor will examine you for TB and perform a test to see if you have TB. If your doctor feels that you are at risk for TB, you may be treated with medicine for TB before you begin treatment with Adalimumab and during treatment with Adalimumab. Even if your TB test is negative your doctor should carefully monitor you for TB infections while you are taking Adalimumab. People who had a negative TB skin test before receiving Adalimumab have developed active TB. Tell your doctor if you have any of the following symptoms while taking or after taking Adalimumab:

- |                               |   |
|-------------------------------|---|
| ◦ cough that does not go away | ◦ weight loss                           |
| ◦ low grade fever             | ◦ loss of body fat and muscle (wasting) |

- **Hepatitis B infection in people who carry the virus in their blood.**

If you are a carrier of the hepatitis B virus (a virus that affects the liver), the virus can become active while you use Adalimumab. Your doctor should do blood tests before you start treatment, while you are using Adalimumab, and for several months after you stop treatment with Adalimumab. Tell your doctor if you have any of the following symptoms of a possible hepatitis B infection:

- muscle aches
- feel very tired
- dark urine
- skin or eyes look yellow
- little or no appetite
- vomiting
- clay-colored bowel movements
- fever
- chills
- stomach discomfort
- skin rash

- **Allergic reactions.** Allergic reactions can happen in people who use Adalimumab. Call your doctor or get medical help right away if you have any of these symptoms of a serious allergic reaction:

- hives
- trouble breathing
- swelling of your face, eyes, lips or mouth

- **Nervous system problems.** Signs and symptoms of a nervous system problem include: numbness or tingling, problems with your vision, weakness in your arms or legs, and dizziness.

- **Blood problems.** Your body may not make enough of the blood cells that help fight infections or help to stop bleeding. Symptoms include a fever that does not go away, bruising or bleeding very easily, or looking very pale.

- **New heart failure or worsening of heart failure you already have. Call your doctor right away** if you get new worsening symptoms of heart failure while taking Adalimumab, including:

- shortness of breath
- sudden weight gain
- swelling of your ankles or feet

- **Immune reactions including a lupus-like syndrome.** Symptoms include chest discomfort or pain that does not go away, shortness of breath, joint pain, or a rash on your cheeks or arms that gets worse in the sun. Symptoms may improve when you stop Adalimumab.

- **Liver problems.** Liver problems can happen in people who use TNF-blocker medicines. These problems can lead to liver failure and death. Call your doctor right away if you have any of these symptoms:

- feel very tired
- poor appetite or vomiting
- skin or eyes look yellow
- pain on the right side of your stomach (abdomen)

- **Psoriasis.** Some people using Adalimumab had new psoriasis or worsening of psoriasis they already had. Tell your doctor if you develop red scaly patches or raised bumps that are filled with pus. Your doctor may decide to stop your treatment with Adalimumab.

**Call your doctor or get medical care right away if you develop any of the above symptoms. Your treatment with Adalimumab may be stopped.**

**The most common side effects of Adalimumab include:**

- injection site reactions: redness, rash, swelling, itching, or bruising. These symptoms usually will go away within a few days. Call your doctor right away if you have pain, redness or swelling around the injection site that does not go away within a few days or gets worse.
- upper respiratory infections (including sinus infections).
- headaches.
- rash.

These are not all the possible side effects with Adalimumab. Tell your doctor if you have any side effect that bothers you or that does not go away. Ask your doctor or pharmacist for more information.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### **How should I store Adalimumab?**

- Store Adalimumab in the refrigerator at 36°F to 46°F (2°C to 8°C). Store Adalimumab in the original carton until use to protect it from light.
- **Do not freeze Adalimumab.** Do not use Adalimumab if frozen, even if it has been thawed.
- Refrigerated Adalimumab may be used until the expiration date printed on the Adalimumab carton, dose tray, Pen or prefilled syringe. Do not use Adalimumab after the expiration date.
- If needed, for example when you are traveling, you may also store Adalimumab at room temperature up to 77°F (25°C) for up to 14 days. Store Adalimumab in the original carton until use to protect it from light.
- Throw away Adalimumab if it has been kept at room temperature and not been used within 14 days.
- Record the date you first remove Adalimumab from the refrigerator in the spaces provided on the carton and dose tray.
- Do not store Adalimumab in extreme heat or cold.
- Do not use a Pen or prefilled syringe if the liquid is cloudy, discolored, or has flakes or particles in it.
- Do not drop or crush Adalimumab. The prefilled syringe is glass.

**Keep Adalimumab, injection supplies, and all other medicines out of the reach of children.**

#### **General information about the safe and effective use of Adalimumab.**

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use Adalimumab for a condition for which it was not prescribed. Do not give Adalimumab to other people, even if they have the same condition. It may harm them.

This Medication Guide summarizes the most important information about Adalimumab. If you would like more information, talk with your doctor. You can ask your pharmacist or doctor for information about Adalimumab that is written for health professionals.

#### **What are the ingredients in Adalimumab?**

**Active ingredient:** adalimumab

Adalimumab Pen 80 mg/0.8 mL, Adalimumab Pen 40 mg/0.4 mL, Adalimumab 40 mg/0.4 mL prefilled syringe, Adalimumab 20 mg/0.2 mL prefilled syringe and Adalimumab 10 mg/0.1 mL prefilled syringe:

**Inactive ingredients:** mannitol, polysorbate 80, and Water for Injection.

Manufactured by: AbbVie Inc., North Chicago, IL 60064, U.S.A.

For more information go to [www.ADALIMUMAB.com](http://www.ADALIMUMAB.com) or you can enroll in a patient support program by calling 1-800-448-6472.

US License Number 1889

This Medication Guide has been approved by the U.S. Food and Drug Administration.  
20081180

Revised 11/2023

## INSTRUCTIONS FOR USE

Adalimumab (ada-LIM-u-mab)

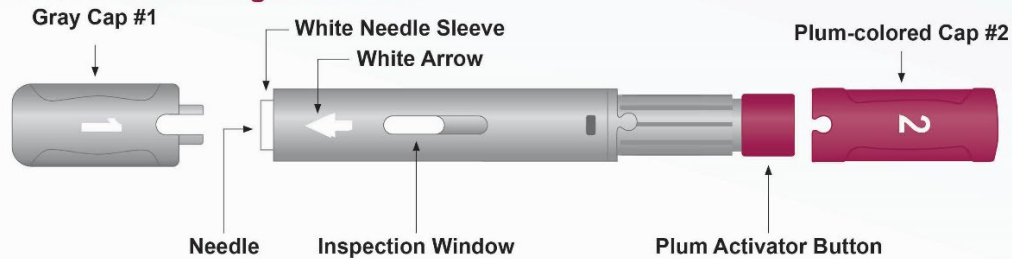
40 mg/0.4 mL

Single-Dose Pen

This product is HUMIRA® (adalimumab).

**Before Injecting:** Your healthcare provider should show you how to use Adalimumab before you use it for the first time. Call your healthcare provider or **1-800-448-6472** if you need help.

**Figure A: Adalimumab Single-Dose Pen**



### Important Information You Need to Know Before Injecting Adalimumab

**Do not** use the Pen and call your healthcare provider or pharmacist if:

- Liquid is cloudy, discolored, or has flakes or particles in it
- Liquid has been frozen (even if thawed) or left in direct sunlight
- Expiration date has passed
- The Pen has been dropped or crushed

**Keep the caps on until right before your injection.**

**How should I store Adalimumab?**

- Store Adalimumab in the refrigerator between 36°F to 46°F (2°C to 8°C).
- Store Adalimumab in the original carton until use to protect it from light.
- **Do not freeze**
- Refrigerated Adalimumab may be used until the expiration date printed on the Adalimumab carton, dose tray or Pen.
- If needed, for example when you are traveling, you may also store Adalimumab at room temperature up to 77°F (25°C) for up to **14** days.
- Throw away Adalimumab if it has been kept at room temperature and not used within **14** days.
- Record the date you first remove Adalimumab from the refrigerator in the spaces provided on the carton and dose tray.
- Do not store Adalimumab in extreme heat or cold.

**Keep Adalimumab, injection supplies, and all other medicines out of reach of children.**

**Read Instructions on All Pages Before Using the Adalimumab Pen**



**Take** Adalimumab out of the refrigerator. **Leave** Adalimumab at room temperature for **15 to 30 minutes** before injecting.

- **Do not** remove the Gray Cap (Cap #1) or Plum-colored Cap (Cap #2) while allowing Adalimumab to reach room temperature
- **Do not** warm Adalimumab in any other way. For example, **do not** warm it in a microwave or in hot water.
- **Do not** use the Pen if liquid has been frozen (even if thawed)



**Check** expiration date on the Pen label. **Do not** use the Pen if expiration date has passed.

**Place** the following on a clean, flat surface:

- 1 single-dose Pen and alcohol swab
- 1 cotton ball or gauze pad (not included)
- Puncture-resistant sharps disposal container (not included). See Step 9 at the end of this Instructions for Use for instructions on how to throw away (dispose of) your Adalimumab Pen

**Wash and dry** your hands.

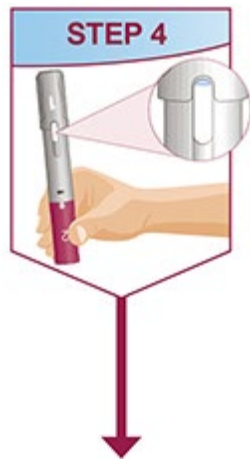


**Choose** an injection site:

- On the front of your thighs or
- Your abdomen (belly) at least 2 inches from your navel (belly button)
- Different from your last injection site

**Wipe** the injection site in a circular motion with the alcohol swab.

- **Do not** inject through clothes
- **Do not** inject into skin that is sore, bruised, red, hard, scarred, has stretch marks, or areas with psoriasis plaques



**Hold** the Pen with the Gray Cap #1 facing up.  
**Check** the window.

- It is normal to see 1 or more bubbles in the window
- Make sure the liquid is clear and colorless
- **Do not** use the Pen if the liquid is cloudy, discolored, or has flakes or particles in it
- **Do not** use the Pen if it has been dropped or crushed



**Pull** the Gray Cap #1 straight off.  
 Throw the cap away.

- It is normal to see a few drops of liquid come out of the needle

**Pull** the Plum-colored Cap #2 straight off.  
 Throw the cap away.

Turn the Pen so that the white arrow points toward the injection site.



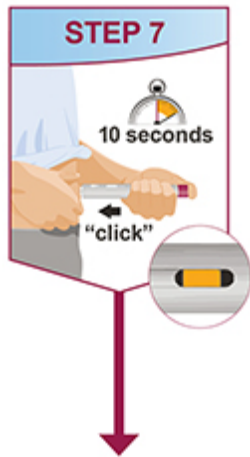
**Squeeze** the skin at your injection site to make a raised area and hold it firmly until the injection is complete.

**Point** the white arrow toward the injection site.

**Place** the white needle sleeve straight (**90° angle**) against the injection site.

**Hold** the Pen so that you can see the inspection window.

**Do not** press the plum activator button until you are ready to inject.



It is important that you firmly push the **Pen down** all the way against the injection site before starting the injection.

**Keep pushing down** to prevent the Pen from moving away from the skin during the injection.

**Press** the plum activator button and count slowly for **10** seconds.

- A loud “click” will signal the **start** of the injection
- **Keep pushing** the Pen **down firmly** against the injection site until the injection is complete
- Injection is complete when the yellow indicator has stopped moving

When the injection is completed, slowly pull the Pen from the skin. The white needle sleeve will cover the needle tip.

- A small amount of liquid on the injection site is normal

If there are more than a few drops of liquid on the injection site, call **1-800-448-6472** for help. After completing the injection, place a cotton ball or gauze pad on the skin of the injection site.

- **Do not** rub
- Slight bleeding at the injection site is normal

### How should I dispose of the used Adalimumab Pen?



- Put your used needles, Pens, and sharps in a FDA cleared sharps disposal container right away after use. **Do not throw away (dispose of) loose needles, syringes, and the Pen in the household trash.**
- If you do not have a FDA cleared sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic,
  - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out,
  - upright and stable during use,
  - leak-resistant, and
  - properly labeled to warn of hazardous waste inside the container.
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used needles and syringes. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: <http://www.fda.gov/safesharpsdisposal>.
- Do not dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. Do not recycle your used sharps disposal container.

The Pen caps, alcohol swab, cotton ball or gauze pad, dose tray, and packaging may be placed in your household trash.



## Questions About Using the Adalimumab Pen

### What if I have not received in person training from a healthcare provider?

- Call your healthcare provider or **1-800-448-6472** or visit [www.ADALIMUMAB.com](http://www.ADALIMUMAB.com) if you need help

### How do I know when the injection is complete?

- The yellow indicator has stopped moving. This takes up to **10** seconds.

### What should I do if there are more than a few drops of liquid on the injection site?

- Call **1-800-448-6472** for help

### What if I do not have an FDA-cleared sharps disposal container or proper household container?

- Call **1-800-448-6472** for a free FDA-cleared sharps disposal container

**Always** keep the Pen and the sharps disposal container out of reach of children.



Keep a record of the dates and locations of your injections. To help remember when to take Adalimumab, mark your calendar ahead of time.



This Instructions for Use has been approved  
by the U.S. Food and Drug Administration.

Revised 11/2023

Manufactured by AbbVie Inc. North Chicago, IL 60064 U.S.A.  
US License Number 1889 20081177

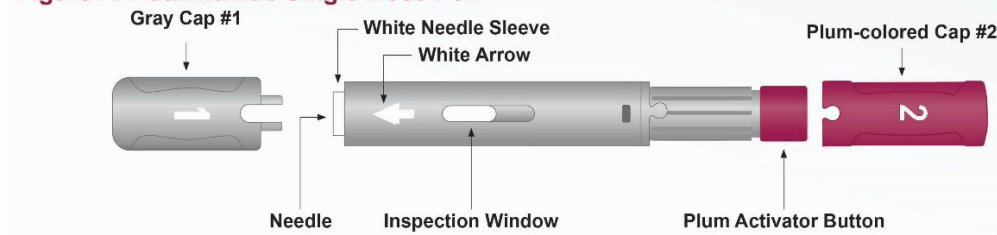
## INSTRUCTIONS FOR USE

**Adalimumab (ada-LIM-u-mab)**  
**Packages containing 80 mg/0.8 mL**  
**Single-Dose Pen**

**This product is HUMIRA® (adalimumab).**

**Before Injecting:** Your healthcare provider should show you how to use Adalimumab before you use it for the first time. Call your healthcare provider or **1-800-448-6472** if you need help.

**Figure A: Adalimumab Single-Dose Pen**



### Important Information You Need to Know Before Injecting Adalimumab

**Do not** use the Pen and call your healthcare provider or pharmacist if:

- Liquid is cloudy, discolored, or has flakes or particles in it
- Liquid has been frozen (even if thawed) or left in direct sunlight
- Expiration date has passed
- The Pen has been dropped or crushed

**Keep the caps on until right before your injection.**

**How should I store Adalimumab?**

- Store Adalimumab in the refrigerator between 36°F to 46°F (2°C to 8°C).
- Store Adalimumab in the original carton until use to protect it from light.
- **Do not freeze**
- Refrigerated Adalimumab may be used until the expiration date printed on the Adalimumab carton, dose tray or Pen.
- If needed, for example when you are traveling, you may also store Adalimumab at room temperature up to 77°F (25°C) for up to **14** days.
- Throw away Adalimumab if it has been kept at room temperature and not used within **14** days.
- Record the date you first remove Adalimumab from the refrigerator in the spaces provided on the carton and dose tray.
- Do not store Adalimumab in extreme heat or cold.

**Keep Adalimumab, injection supplies, and all other medicines out of reach of children.**

### Read Instructions on All Pages Before Using the Adalimumab Pen



**Take** Adalimumab out of the refrigerator. **Leave** Adalimumab at room temperature for **15 to 30 minutes** before injecting.

- **Do not** remove the Gray Cap (Cap #1) or Plum-colored Cap (Cap #2) while allowing Adalimumab to reach room temperature
- **Do not** warm Adalimumab in any other way. For example, **do not** warm it in a microwave or in hot water
- **Do not** use the Pen if liquid has been frozen (even if thawed)

**Check** expiration date on the Pen label. **Do not** use the Pen if expiration date has passed.

**Place** the following on a clean, flat surface:

- 1 single-dose Pen and alcohol swab
- 1 cotton ball or gauze pad (not included)
- Puncture-resistant sharps disposal container (not included). See Step 9 at the end of this Instructions for Use for instructions on how to throw away (dispose of) your Adalimumab Pen

**Wash and dry** your hands.

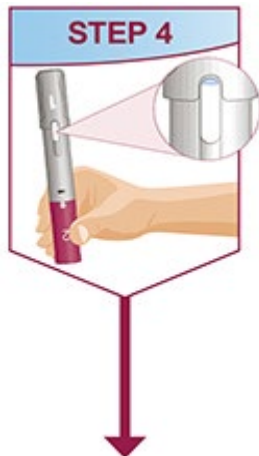


**Choose** an injection site:

- On the front of your thighs or
- Your abdomen (belly) at least 2 inches from your navel (belly button)
- Different from your last injection site

**Wipe** the injection site in a circular motion with the alcohol swab.

- **Do not** inject through clothes
- **Do not** inject into skin that is sore, bruised, red, hard, scarred, has stretch marks, or areas with psoriasis plaques



**Hold** the Pen with the Gray Cap #1 facing up.  
**Check** the window.

- It is normal to see 1 or more bubbles in the window
- Make sure the liquid is clear and colorless
- **Do not** use the Pen if the liquid is cloudy, discolored, or has flakes or particles in it
- **Do not** use the Pen if it has been dropped or crushed



**Pull** the Gray Cap #1 straight off.  
Throw the cap away.

- It is normal to see a few drops of liquid come out of the needle

**Pull** the Plum-colored Cap #2 straight off.  
Throw the cap away.

**Turn** the Pen so that the white arrow points toward the injection site.



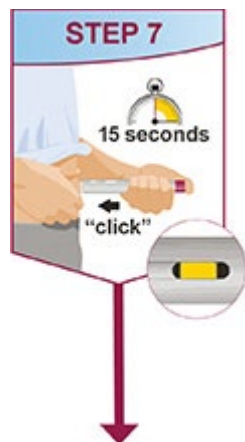
**Squeeze** the skin at your injection site to make a raised area and hold it firmly until the injection is complete.

**Point** the white arrow toward the injection site.

**Place** the white needle sleeve straight (**90° angle**) against the injection site.

**Hold** the Pen so that you can see the inspection window.

**Do not** press the plum activator button until you are ready to inject.



**It is important that you firmly push the Pen down** all the way against the injection site before starting the injection.

**Press** the plum activator button and count slowly for **15 seconds**.

- A loud “click” will signal the **start** of the injection
- **Keep pushing** the Pen **down firmly** against the injection site until the injection is complete
- Injection is complete when the yellow indicator has stopped moving



When the injection is completed, slowly pull the Pen from the skin. The white needle sleeve will cover the needle tip.

- A small amount of liquid on the injection site is normal

If there are more than a few drops of liquid on the injection site, call **1-800-448-6472** for help. After completing the injection, place a cotton ball or gauze pad on the skin of the injection site.

- **Do not** rub
- Slight bleeding at the injection site is normal

### How should I dispose of the used Adalimumab Pen?



- Put your used needles, Pens, and sharps in a FDA cleared sharps disposal container right away after use. **Do not throw away (dispose of) loose needles, syringes, and the Pen in the household trash.**
- If you do not have a FDA-cleared sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic,
  - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out,
  - upright and stable during use,
  - leak-resistant, and
  - properly labeled to warn of hazardous waste inside the container.
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used needles and syringes. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: <http://www.fda.gov/safesharpsdisposal>.
- Do not dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. Do not recycle your used sharps disposal container.

The Pen caps, alcohol swab, cotton ball or gauze pad, dose tray, and packaging may be placed in your household trash.

## Questions About Using the Adalimumab Pen

### What if I have not received in-person training from a healthcare provider?

- Call your healthcare provider or **1-800-448-6472** or visit [www.ADALIMUMAB.com](http://www.ADALIMUMAB.com) if you need help

### How do I know when the injection is complete?

- The yellow indicator has stopped moving. This takes up to **15** seconds.

### What should I do if there are more than a few drops of liquid on the injection site?

- Call **1-800-448-6472** for help

### What if I do not have an FDA-cleared sharps disposal container or proper household container?

- Call **1-800-448-6472** for a free FDA-cleared sharps disposal container

**Always** keep the Pen and the sharps disposal container out of reach of children.



Keep a record of the dates and locations of your injections. To help remember when to take Adalimumab, mark your calendar ahead of time.



This Instructions for Use has been approved by the U.S. Food and Drug Administration.

Revised 11/2023

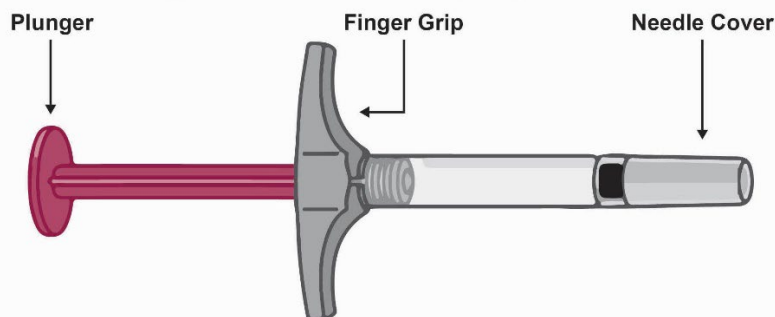
Manufactured by AbbVie Inc. North Chicago, IL 60064 U.S.A.  
US License Number 1889 20081178

## INSTRUCTIONS FOR USE

**Adalimumab (ada-LIM-u-mab)**  
**40 mg/0.4 mL, 20 mg/0.2 mL and 10 mg/0.1 mL**  
**Single-Dose Prefilled Syringe**  
**This product is HUMIRA® (adalimumab).**

**Before Injecting:** Your healthcare provider should show you how to use Adalimumab before you use it for the first time. Call your healthcare provider or **1-800-448-6472** if you need help.

**Figure A: Adalimumab Single-Dose Prefilled Syringe**



### Important Information You Need to Know Before Injecting Adalimumab

**Do not** use the prefilled syringe and call your healthcare provider or pharmacist if:

- Liquid is cloudy, discolored, or has flakes or particles in it
- Liquid has been frozen (even if thawed) or left in direct sunlight
- Expiration date has passed
- The prefilled syringe has been dropped or crushed

**Keep the needle cover on until right before your injection.**

**How should I store Adalimumab?**

- Store Adalimumab in the refrigerator between 36°F to 46°F (2°C to 8°C).
- Store Adalimumab in the original carton until use to protect it from light.
- **Do not freeze**
- Refrigerated Adalimumab may be used until the expiration date printed on the Adalimumab carton, dose tray or prefilled syringe.
- If needed, for example when you are traveling, you may also store Adalimumab at room temperature up to 77°F (25°C) for up to **14** days.
- Throw away Adalimumab if it has been kept at room temperature and not used within **14** days.
- Record the date you first remove Adalimumab from the refrigerator in the spaces provided on the carton and dose tray.
- Do not store Adalimumab in extreme heat or cold.

**Keep Adalimumab, injection supplies, and all other medicines out of reach of children.**  
**Read Instructions on All Pages Before Using the Adalimumab Single-Dose Prefilled Syringe**





**Take** Adalimumab out of the refrigerator. **Leave** Adalimumab at room temperature for **15 to 30 minutes** before injecting.

- **Do not** remove the needle cover while allowing Adalimumab to reach room temperature
- **Do not** warm Adalimumab in any other way. For example, **do not** warm it in a microwave or in hot water.
- **Do not** use the prefilled syringe if liquid has been frozen (even if thawed)

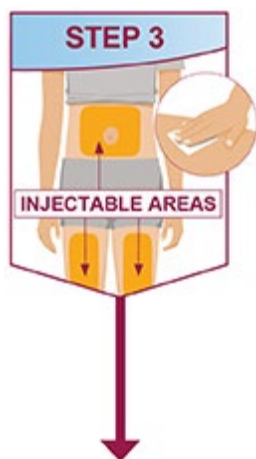


**Check** expiration date on the prefilled syringe label. **Do not** use the prefilled syringe if expiration date has passed.

**Place** the following on a clean, flat surface:

- 1 single-dose prefilled syringe and alcohol swab
- 1 cotton ball or gauze pad (not included)
- Puncture-resistant sharps disposal container (not included). See Step 9 at the end of this Instructions for Use for instructions on how to throw away (dispose of) your prefilled syringe

**Wash and dry** your hands.

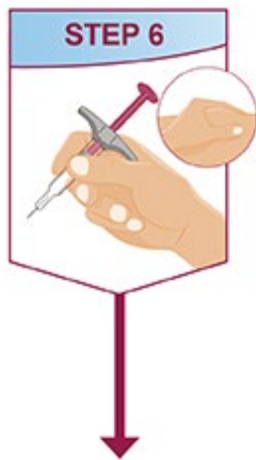


**Choose** an injection site:

- On the front of your thighs or
- Your abdomen (belly) at least 2 inches from your navel (belly button)
- Different from your last injection site

**Wipe** the injection site in a circular motion with the alcohol swab.

- **Do not** inject through clothes
- **Do not** inject into skin that is sore, bruised, red, hard, scarred, has stretch marks, or areas with psoriasis plaques



**Hold** the prefilled syringe in one hand.

**Gently pull** the needle cover straight off with the other hand.

- Throw the needle cover away
- **Do not** touch the needle with your fingers or let the needle touch anything

**Hold** the prefilled syringe with the needle facing up.

- **Hold** the prefilled syringe at eye level with one hand so you can see the air in the prefilled syringe
- Using your other hand, **slowly push** the plunger in to push the air out through the needle.
- You may see a drop of liquid at the end of the needle. This is normal.

**Hold** the body of the prefilled syringe in one hand between the thumb and index fingers. Hold the prefilled syringe in your hand like a pencil. **Do not** pull back on the plunger at any time.



**Gently squeeze** the area of cleaned skin at your injection site with your other hand. Hold the skin firmly.

**Insert** the needle into the skin at about a 45-degree angle using a quick, dart-like motion.

- After the needle is in, let go of the skin.

**Slowly push** the plunger all the way in until all of the liquid is injected and the prefilled syringe is empty.



When the injection is completed, slowly pull the needle out of the skin while keeping the prefilled syringe at the same angle.

After completing the injection, place a cotton ball or gauze pad on the skin of the injection site.

- **Do not** rub
- Slight bleeding at the injection site is normal

### How should I dispose of the used Adalimumab prefilled syringe?



- Put your used needles, syringes, and sharps in a FDA-cleared sharps disposal container right away after use. **Do not throw away (dispose of) loose needles and syringes in the household trash.**
- If you do not have a FDA-cleared sharps disposal container, you may use a household container that is:
  - made of a heavy-duty plastic,
  - can be closed with a tight-fitting, puncture-resistant lid, without sharps being able to come out,
  - upright and stable during use,
  - leak-resistant, and
  - properly labeled to warn of hazardous waste inside the container.
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used needles and syringes. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: <http://www.fda.gov/safesharpsdisposal>.
- Do not dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. Do not recycle your used sharps disposal container.

The needle cover, alcohol swab, cotton ball or gauze pad, dose tray, and packaging may be placed in your household trash.

### Questions About Using the Adalimumab Single-Dose Prefilled Syringe

#### What if I have not received in-person training from a healthcare provider?

- Call your healthcare provider or **1-800-448-6472** or visit [www.ADALIMUMAB.com](http://www.ADALIMUMAB.com) if you need help

#### What if I do not have an FDA-cleared sharps disposal container or proper household container?

- Call **1-800-448-6472** for a free FDA-cleared sharps disposal container

**Always** keep the prefilled syringe and the sharps disposal container out of the reach of children.



Keep a record of the dates and locations of your injections. To help remember when to take Adalimumab, mark your calendar ahead of time.



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