

The Starter Pack includes:

Read Me First
Up to 20 day supply (60 capsules)

For more information, visit www.myalli.com

alli
Orlistat Capsules
Weight Loss Aid
60 mg

60 capsules **Starter Pack**
SEE TOP FLAP FOR LISTING OF CONTENTS

alli
Orlistat Capsules
Weight Loss Aid
60 mg



FDA approved
non-prescription
weight loss aid
Helps you lose more
weight than dieting alone
60 CAPSULES

For more information and to learn more about **alli**, visit us at www.myalli.com

1-800-452-0051
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Made in India

222070

HALEON

Drug Facts

Active ingredient (in each sealed capsule)
Orlistat 60 mg

Purpose
Weight loss aid

Use
• for weight loss in overweight adults, 18 years and older, when used along with a reduced-calorie and low-fat diet

Warnings
Organ transplant alert:
Do not use if you have had an organ transplant. Orlistat interacts with the medications used to prevent transplant rejection.

Do not use
• if you are allergic to any of the ingredients in this medication
• if you are taking cyclosporine
• if you have been diagnosed with problems absorbing food
• if you are not overweight

Ask a doctor before use if you have ever had
gallbladder problems • kidney disease or kidney stones • pancreatitis

Ask a doctor or pharmacist if you are
taking any of the following prescription medications. Some prescription doses may need to be adjusted, or some medications may not work as well when used with orlistat.
• anticoagulants (blood thinning medicine)
• amiodarone (heart medicine)
• diabetes medicine
• thyroid disease medicine
• seizure medicine
• antiretroviral (HIV) medicine
• taking other weight loss products

When using this product
• take a multivitamin once a day, at bedtime. Orlistat can reduce the absorption of some vitamins.
• follow a well-balanced, reduced-calorie, low-fat diet. Try starting this diet before taking orlistat.
• orlistat works by preventing the absorption of some of the fat you eat. The fat passes out of your body, so you may have bowel changes. You may get:
• gas with oily spotting



Drug Facts (continued)

• loose stools
• more frequent stools that may be hard to control
• eating a low-fat diet lowers the chance of having these bowel changes
• for every 5 pounds you lose from diet alone, orlistat can help you lose 2-3 pounds more. In studies, most people lost 5-12 pounds over 6 months.

Stop use and ask a doctor if
• you develop blurry, yellow eyes or skin, dark urine or loss of appetite. There have been rare reports of liver injury in people taking orlistat.
• you develop severe pain in the back or groin, painful urination, blood in your urine, swelling of the legs or feet, or are urinating less often than normal. There have been rare reports of kidney injury in people taking orlistat.
• severe or continuous abdominal pain occurs. This may be a sign of a serious medical condition, if you are taking medicines for seizures and your seizures happen more often or get worse

If pregnant or breast-feeding, do not use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

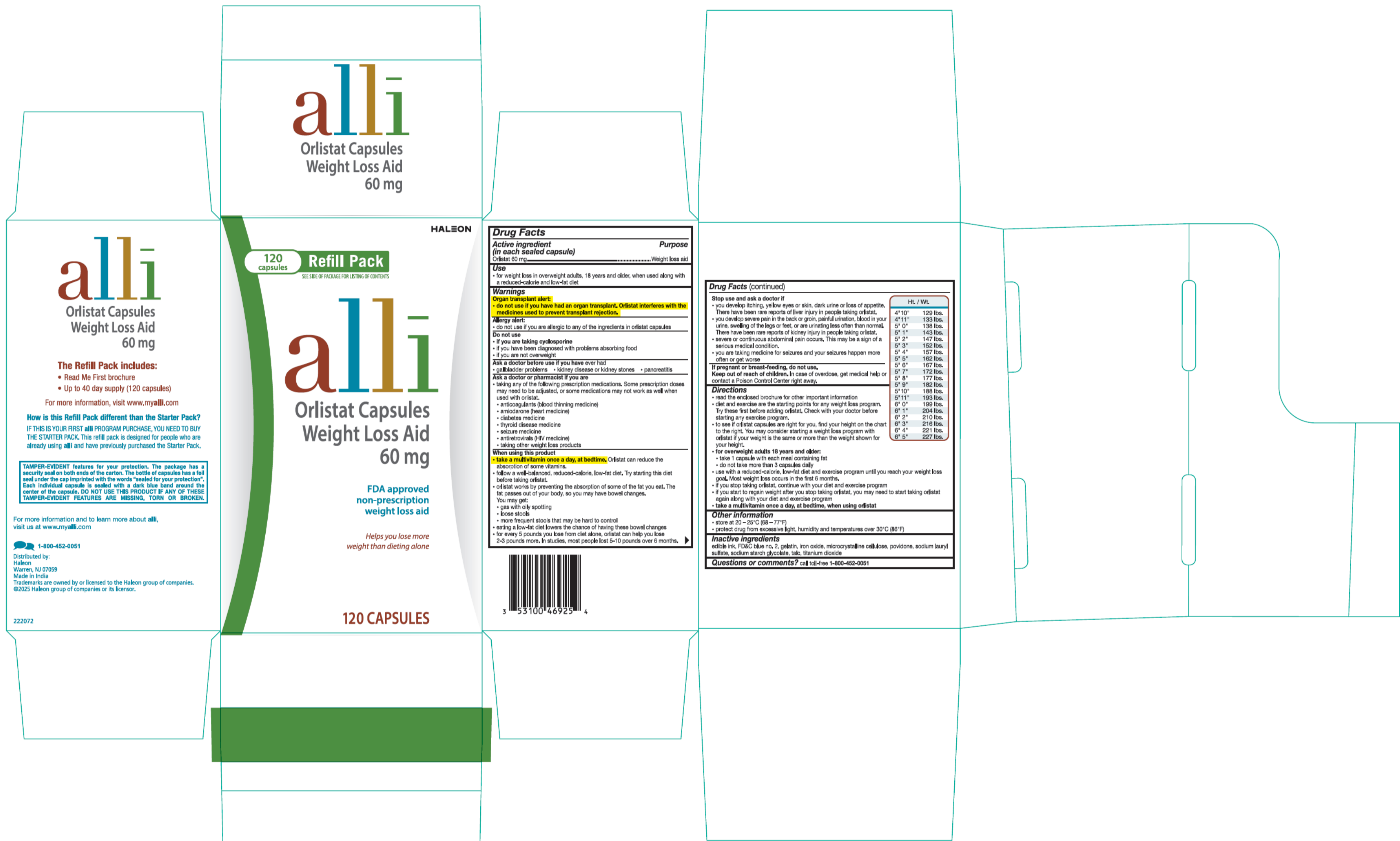
Directions
• read the enclosed brochure for other important information
• diet and exercise are the starting points for any weight loss program. Try these first before taking orlistat. Check with your doctor before starting any exercise program.
• to see if orlistat capsules are right for you, find your height on the chart to the right. You may consider starting a weight loss program with orlistat if your weight is the same or more than the weight shown for your height.
• for overweight adults 18 years and older:
• do not take more than 3 capsules daily
• take 1 capsule with each meal containing fat
• do not take more than 3 capsules daily
• use with reduced-calorie, low-fat diet and exercise program until you reach your weight loss goal. Most weight loss occurs in the first 6 months.
• if you start to regain weight after you stop taking orlistat, you may need to start taking orlistat again along with your diet and exercise program
• take a multivitamin once a day, at bedtime, when using orlistat

Height	Weight
4'10"	120 lbs.
4'11"	133 lbs.
5'0"	146 lbs.
5'1"	159 lbs.
5'2"	172 lbs.
5'3"	185 lbs.
5'4"	198 lbs.
5'5"	211 lbs.
5'6"	224 lbs.
5'7"	237 lbs.
5'8"	250 lbs.
5'9"	263 lbs.
5'10"	276 lbs.
5'11"	289 lbs.
6'0"	302 lbs.
6'1"	315 lbs.
6'2"	328 lbs.
6'3"	341 lbs.
6'4"	354 lbs.
6'5"	367 lbs.

Other information
• store at 20° to 25° C (68° to 77° F)
• protect drug from excessive light, humidity and temperatures over 30° C (86° F)

Inactive ingredients
white iron oxide, blue iron oxide, gelatin, iron oxide, microcrystalline cellulose, povidone, sodium lauryl sulfate, sodium starch glycolate, talc, titanium dioxide

Questions or comments? call 1-800-452-0051



alli
Orlistat Capsules
Weight Loss Aid
60 mg

The Refill Pack includes:

- Read Me First brochure
- Up to 40 day supply (120 capsules)

For more information, visit www.myalli.com

How is this Refill Pack different than the Starter Pack?
IF THIS IS YOUR FIRST **alli** PROGRAM PURCHASE, YOU NEED TO BUY THE STARTER PACK. This refill pack is designed for people who are already using **alli** and have previously purchased the Starter Pack.

TAMPER-EVIDENT features for your protection. The package has a security seal on both ends of the carton. The bottle of capsules has a foil seal under the cap imprinted with the words "sealed for your protection". Each individual capsule is sealed with a dark blue band around the center of the capsule. **DO NOT USE THIS PRODUCT IF ANY OF THESE TAMPER-EVIDENT FEATURES ARE MISSING, TORN OR BROKEN.**

For more information and to learn more about **alli**, visit us at www.myalli.com

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alli
Orlistat Capsules
Weight Loss Aid
60 mg

120 capsules **Refill Pack**
SEE SIDE OF PACKAGE FOR LISTING OF CONTENTS

alli
Orlistat Capsules
Weight Loss Aid
60 mg

FDA approved
non-prescription
weight loss aid

Helps you lose more
weight than dieting alone

120 CAPSULES

HALEON

Drug Facts

Active ingredient (in each sealed capsule) Orlistat 60 mg **Purpose** Weight loss aid

Use For weight loss in overweight adults, 18 years and older, when used along with a reduced-calorie and low-fat diet.

Warnings

Organ transplant alert: Do not use if you have had an organ transplant. Orlistat interferes with the medicines used to prevent transplant rejection.

Allergy alert: Do not use if you are allergic to any of the ingredients in orlistat capsules.

Do not use

• If you are taking cyclosporine

• If you have been diagnosed with problems absorbing food

• If you are not overweight

Ask a doctor before use if you have ever had

• gallbladder problems • kidney disease or kidney stones • pancreatitis

Ask a doctor or pharmacist if you are

• taking any of the following prescription medications. Some prescription doses may need to be adjusted, or some medications may not work as well when used with orlistat:

• anticoagulants (blood thinning medicine)

• amiodarone (heart medicine)

• diabetes medicine

• thyroid disease medicine

• seizure medicine

• antiretrovirals (HIV medicine)

• taking other weight loss products

When using this product

• **Take a multivitamin once a day, at bedtime.** Orlistat can reduce the absorption of some vitamins.

• Follow a well-balanced, reduced-calorie, low-fat diet. Try starting this diet before taking orlistat.

• Orlistat works by preventing the absorption of some of the fat you eat. The fat passes out of your body, so you may have bowel changes.

You may get:

• gas with oily spotting

• loose stools

• more frequent stools that may be hard to control

• eating a low-fat diet lowers the chance of having these bowel changes

• for every 5 pounds you lose from diet alone, orlistat can help you lose 2-3 pounds more. In studies, most people lost 5-10 pounds over 6 months.



Drug Facts (continued)

Stop use and ask a doctor if

- you develop itching, yellow eyes or skin, dark urine or loss of appetite.
- there have been rare reports of liver injury in people taking orlistat.
- you develop severe pain in the back or groin, painful urination, blood in your urine, swelling of the legs or feet, or are urinating less often than normal.
- there have been rare reports of kidney injury in people taking orlistat.
- severe or continuous abdominal pain occurs. This may be a sign of a serious medical condition.
- you are taking medicine for seizures and your seizures happen more often or get worse.

If pregnant or breast-feeding, do not use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions

• Read the enclosed brochure for other important information

• diet and exercise are the starting points for any weight loss program.

• Try these first before adding orlistat. Check with your doctor before starting any exercise program.

• To see if orlistat capsules are right for you, find your height on the chart to the right. You may consider starting a weight loss program with orlistat if your weight is the same or more than the weight shown for your height.

• **For overweight adults 18 years and older:**

• take 1 capsule with each meal containing fat

• do not take more than 3 capsules daily

• use with a reduced-calorie, low-fat diet and exercise program until you reach your weight loss goal. Most weight loss occurs in the first 6 months.

• if you stop taking orlistat, continue with your diet and exercise program

• if you stop to regain weight after you stop taking orlistat, you may need to start taking orlistat again along with your diet and exercise program

• **take a multivitamin once a day, at bedtime, when using orlistat**

Other information

• store at 20°–25° C (68°–77° F)

• protect drug from excessive light, humidity and temperatures over 30° C (86° F)

Inactive ingredients

croscellose, FD&C blue no. 2, gelatin, iron oxide, microcrystalline cellulose, polydioxane, sodium lauryl sulfate, sodium starch glycolate, talc, titanium dioxide

Questions or comments? call toll-free 1-800-452-0051

HL / WL

4'10" 120 lbs.

4'11" 133 lbs.

5' 0" 138 lbs.

5' 1" 143 lbs.

5' 2" 147 lbs.

5' 3" 162 lbs.

5' 4" 167 lbs.

5' 5" 172 lbs.

5' 6" 177 lbs.

5' 7" 182 lbs.

5' 8" 188 lbs.

5' 9" 193 lbs.

5' 10" 199 lbs.

5' 11" 204 lbs.

5' 12" 210 lbs.

5' 1" 216 lbs.

5' 2" 221 lbs.

5' 3" 227 lbs.

HALEON

alli

Orlistat Capsules
Weight Loss Aid
60 mg

120 CAPSULES

TAMPER-EVIDENT features for your protection. Do not use if bottle was not in a carton with security seals on both ends OR foil seal under cap. Imprinted with "sealed for your protection" OR dark blue band around the center of the capsule are missing, torn or broken.

Warnings

Organ transplant alert: • do not use if you have had an organ transplant rejection. Allergy alert: do not use if you are allergic to any of the ingredients in orlistat capsules Do not use • If you are taking cyclosporine • If you have been diagnosed with problems such as blood • If you are overweight Ask a doctor before use if you are pregnant or have a history of gallbladder disease or kidney stones • jaundice Ask a doctor or pharmacist if you are taking any of the following prescription medications. Some prescription doses may need to be adjusted, or some medications may not work as well when used with orlistat. • anticoagulants (blood thinning medicine) • antidiabetic (heart medicine) • diabetes medicine • thyroid disease medicine • seizure medicine • cholesterol medicine • hormone medicine • vitamin supplements • When using this product: • **Take a multivitamin once a day, all daylong.** Orlistat can reduce the absorption of some vitamins. • **Lowel changes may occur if you eat too much fat. You may get:** • gas with oily spotting • loose stools • more frequent stools that may be hard to control Stop use and ask a doctor if • you develop itching, below eyes or skin, dark urine or loss of appetite. There have been reports of severe eye pain, blurred vision, and changes in vision. • developing severe pain in the back or groin, painful urination, blood in your urine, swelling of the legs or feet, or are urinating less often than normal. There have been rare reports of kidney injury in people taking orlistat. • severe or continuous abdominal pain occurs. This may be a sign of a serious medical condition. • you are taking medicine for seizures and your seizures happen more often or get worse • you are pregnant or trying to get pregnant • you are a parent of children. In case of overdose, get medical help or contact a Poison Control Center right away.

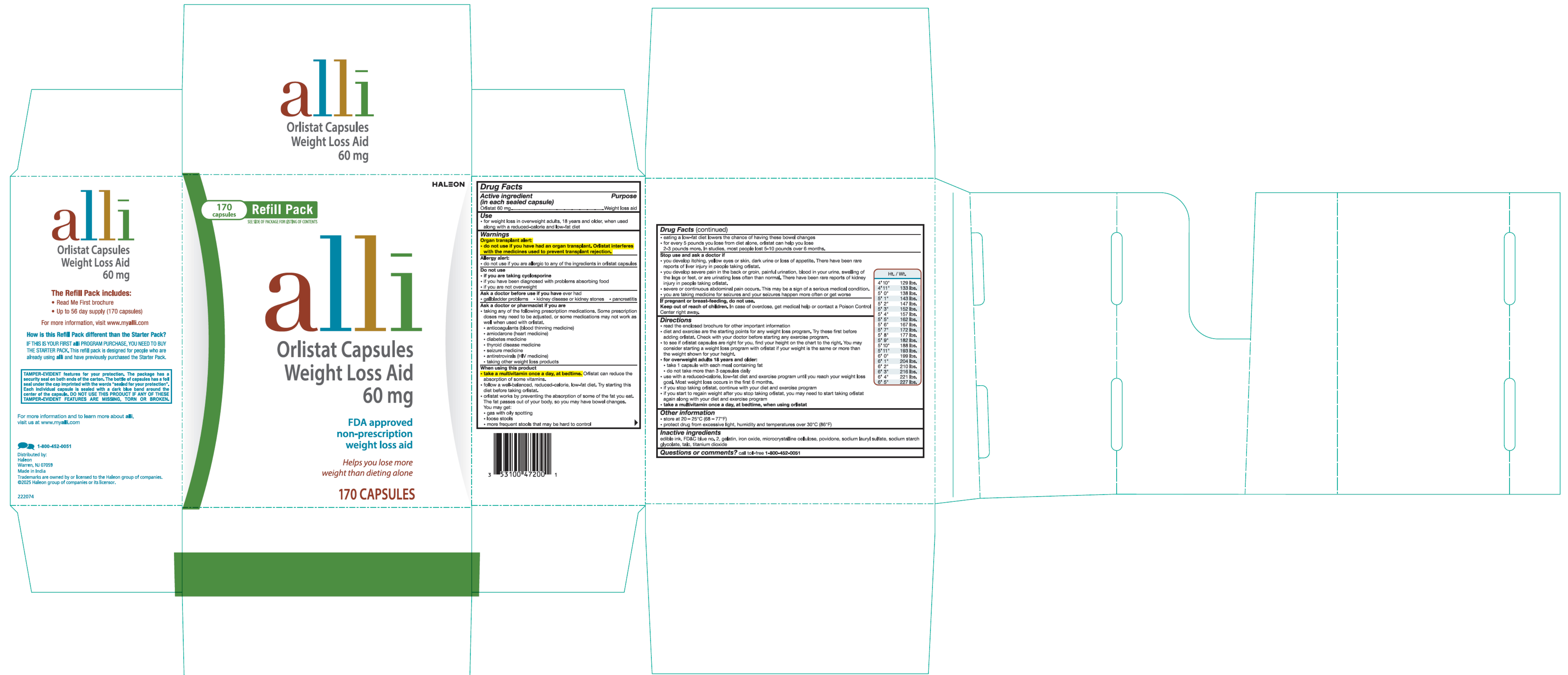
Directions: • for overweight adults 18 years and older • take 1 capsule with each meal containing fat • do not take more than 3 capsules daily

Other information: • store at 20-25°C (68-77°F) • product drug from excessive light, humidity and temperatures over 30°C (86°F)

Questions or comments? call toll-free 1-800-452-0051

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alli
Orlistat Capsules
Weight Loss Aid
60 mg

alli
Orlistat Capsules
Weight Loss Aid
60 mg

The Refill Pack includes:

- Read Me First brochure
- Up to 56 day supply (170 capsules)

For more information, visit www.myalli.com

How is this Refill Pack different than the Starter Pack?
IF THIS IS YOUR FIRST ALL PROGRAM PURCHASE, YOU NEED TO BUY THE STARTER PACK. The refill pack is designed for people who are already using **alli** and have previously purchased the Starter Pack.

TAMPER-EVIDENT features for your protection. The package has a security seal on both ends of the carton. The bottle of capsules has a foil seal under the cap inscribed with the words "tamper for your protection". Each individual capsule is sealed with a dark, laser-burned seal around the center of the capsule. **DO NOT USE THIS PRODUCT IF ANY OF THESE TAMPER-EVIDENT FEATURES ARE MISSING, TORN OR BROKEN.**

For more information and to learn more about **alli**, visit us at www.myalli.com

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170 Capsules Refill Pack
SEE SIDE OF PACKAGE FOR LISTING OF CONTENTS

alli
Orlistat Capsules
Weight Loss Aid
60 mg

**FDA approved
non-prescription
weight loss aid**

*Helps you lose more
weight than dieting alone*

170 CAPSULES

HALEON

Drug Facts
Active ingredient (in each sealed capsule) Orlistat 60 mg **Purpose** Weight loss aid

Use
• for weight loss in overweight adults, 18 years and older, when used along with a reduced-calorie and low-fat diet

Warnings
Organ transplant alert: Do not use if you have had an organ transplant. Orlistat interferes with the medicines used to prevent transplant rejection.

Do not use
• if you are taking cyclosporine
• if you have been diagnosed with problems absorbing food
• if you are not overweight

Ask a doctor before use if you have ever had:
• gallbladder problems • kidney disease or kidney stones • pancreatitis

Ask a doctor or pharmacist if you are:
• taking any of the following prescription medications. Some prescription doses may need to be adjusted, or some medications may not work as well when used with orlistat:
• anticoagulants (blood thinning medicine)
• amiodarone (heart medicine)
• diabetes medicine
• thyroid disease medicine
• seizure medicine
• antiretrovirals (HIV medicine)
• taking other weight loss products

When using this product
Take a multivitamin once a day, at bedtime. Orlistat can reduce the absorption of some vitamins.
• follow a well-balanced, reduced-calorie, low-fat diet. Try starting this diet before taking orlistat.
• orlistat works by preventing the absorption of some of the fat you eat. The fat passes out of your body, so you may have bowel changes. You may get:
• gas with oily spotting
• loose stools
• more frequent stools that may be hard to control

Other information
• store at 20° to 25° C (68° to 77° F)
• protect drug from excessive light, humidity and temperatures over 30° C (86° F)

Inactive ingredients
capsule in: FD&C blue no. 2, gelatin, iron oxide, microcrystalline cellulose, polydioxane, sodium lauryl sulfate, sodium starch glycolate, talc, titanium dioxide

Questions or comments? call toll-free 1-800-452-0051



Drug Facts (continued)
• eating a low-fat diet lowers the chance of having these bowel changes
• for every 5 pounds you lose from diet alone, orlistat can help you lose 2-3 pounds more. In studies, most people lost 5-10 pounds over 6 months.

How to use and ask a doctor if:
• you develop itching, yellow eyes or skin, dark urine or loss of appetite. There have been rare reports of liver injury in people taking orlistat.
• you develop severe pain in the back or groin, painful urination, blood in your urine, swelling of the legs or feet, or are urinating less often than normal. There have been rare reports of kidney injury in people taking orlistat.
• severe or continuous abdominal pain occurs. This may be a sign of a serious medical condition.
• you are taking medicine for seizures and your seizures happen more often or get worse.

If pregnant or breast-feeding, do not use.
Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions
• read the enclosed brochure for other important information
• diet and exercise are the starting points for any weight loss program. Try these first before adding orlistat. Check with your doctor before starting any exercise program.
• to see if orlistat capsules are right for you, find your height on the chart to the right. You may consider starting a weight loss program with orlistat if your weight is the same or more than the weight shown for your height.

for overweight adults, 18 years and older:
• take 3 capsules with each meal containing fat
• do not take more than 3 capsules only
• use with a reduced-calorie, low-fat diet and exercise program until you reach your weight loss goal. Most weight loss occurs in the first 6 months.
• if you stop taking orlistat, continue with your diet and exercise program
• if you start to regain weight after you stop taking orlistat, you may need to start taking orlistat again along with your diet and exercise program

Take a multivitamin once a day, at bedtime, when using orlistat

Other information
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Warnings

Open Tamper Alert - do not use if you have had an organ transplant, Orlistat interferes with low medicines used to prevent transplant rejection. Allergy alert: do not use if you are allergic to any of the ingredients in orlistat capsules. Do not use - if you are taking cyclosporine - if you have been diagnosed with problems absorbing food - if you are not overweight. Ask a doctor before use if you have ever had: • gallbladder problems • kidney disease or liver disease • pancreas problems • stomach problems • gallstones • taking any of the following prescription medications. Some prescription doses may need to be adjusted, or some medications may not work as well when used with orlistat. • anticoagulants (blood thinning medicine) • amiodarone (heart medicine) • diabetes medicine • thyroid disease medicine • seizure medicine • antiretrovirals (HIV medicine) • taking other weight loss products • cholesterol medicine • thyroid medicine • hormone therapy • birth control pills • Orlistat can reduce the absorption of some vitamins. • bowel changes may occur if you eat too much fat. You may get: • gas with oily spotting • loose stools • more frequent stools that may be hard to control. Stop use and ask a doctor if • you develop itching, yellow eyes or skin, dark urine or loss of appetite. There have been rare reports of liver injury in people taking orlistat. • you develop severe pain in the back, pain in the joints, or pain in the muscles. • you develop a rash or hives or other allergic reactions. • you develop a fever or other symptoms that are not like you. There have been rare reports of kidney injury in people taking orlistat. • severe or continuous abdominal pain occurs. This may be a sign of a serious medical condition. • you are taking medicine for seizures and your seizures happen more often or get worse if pregnant or breast-feeding, do not use. Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Directions - eat overweight adults 18 years and older - take 1 capsule with each meal containing fat - do not take more than 3 capsules daily.

Other information - store at 20-25°C (68-77°F) - protect from excessive light, humidity and temperatures over 30°C (86°F)

Questions or comments? call toll-free 1-800-452-4051

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