# Patient Counseling Document on Extended-Release / Long-Acting Opioid Analgesics

## Patient Name:

### The DOs and DON'Ts of Extended-Release / Long-Acting Opioid Analgesics

**DO:**
- Read the Medication Guide
- Take your medicine exactly as prescribed
- Store your medicine away from children and in a safe place
- Flush unused medicine down the toilet
- Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**Call 911 or your local emergency service right away if:**
- You take too much medicine
- You have trouble breathing, or shortness of breath
- A child has taken this medicine by accident

**Talk to your healthcare provider:**
- If the dose you are taking does not control your pain
- About any side effects you may be having
- About all the medicines you take, including over-the-counter medicines, vitamins, and dietary supplements

**DON'T:**
- Do not give your medicine to others
- Do not take medicine unless it was prescribed for you
- Do not stop taking your medicine without talking to your healthcare provider
- Do not cut, break, chew, crush, dissolve, snort, or inject your medicine. If you cannot swallow your medicine whole, talk to your healthcare provider.
- Do not drink alcohol while taking this medicine

For additional information on your medicine go to: [dailymed.nlm.nih.gov](https://dailymed.nlm.nih.gov)

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## Patient Specific Information

### Patient Name:

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### Take this card with you every time you see your healthcare provider and tell him/her:

- Your complete medical and family history, including any history of substance abuse or mental illness
- If you are pregnant or are planning to become pregnant
- The cause, severity, and nature of your pain
- Your treatment goals
- All the medicines you take, including over-the-counter (non-prescription) medicines, vitamins, and dietary supplements
- Any side effects you may be having

Take your opioid pain medicine exactly as prescribed by your healthcare provider.